

# The Cumulative Effect of Gene–Gene Interactions Between *GSTM1*, *CHRNA3*, *CHRNA5* and *SOD3* Gene Polymorphisms Combined with Smoking on COPD Risk

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**Background:** Chronic obstructive pulmonary disease (COPD) is a multifactorial disorder which is affected by external and internal risk factors. People with no external risk factors may be significantly affected and develop pulmonary disease. The study aimed to define gene–gene and gene–environmental effects on COPD.

**Methods:** A case control study involved 181 COPD patients and 292 healthy individuals, with peripheral blood sampling and adequate questionnaires. Genotyping was done with various types of PCR design for *GSTM1* (null del), *GSTT1* (null del), *EPHX1* (rs2234922 and rs1051740), *GSTP1* (rs1695 and rs1138272), *CHRNA3* (rs1051730 and rs12914385), *CHRNA5* (rs16969968 and rs17486278), and *SOD3* (rs1799895 and rs699473) gene polymorphisms. Gene–gene and gene–environmental interactions were investigated using multi-dimensional regression analysis.

**Results:** Frequency of risk alleles of rs1051730 ( $p = 0.001$ ), rs16969968 ( $p < 0.001$ ), and rs1799895 ( $p < 0.001$ ) polymorphisms were significant in univariate analysis. For gene–gene interaction, *GSTM1* null, rs1051730, rs16969968, and rs1799895 polymorphisms independently contributed to risk of COPD and any combinations of the risk genotypes have a higher risk of disease. A cumulative effect of the four risk polymorphisms increased the risk of COPD for the smoking index (cOR = 13.6,  $p < 0.001$ ), cigarettes per day (cOR = 32.08,  $p < 0.01$ ), nicotine dependence (cOR = 12.0,  $p < 0.01$ ), and smoking status (cOR = 17.02,  $p < 0.01$ ) for gene–environmental interaction.

**Conclusion:** Several pivotal genes showed distinct effects for COPD, and some synergistic effects affected the disease progression. The development of COPD was synergistically increased with gene–gene and gene–environmental risk factors.

**Keywords:** COPD, MDR, genotyping, risk factor, smoking

## Introduction

Chronic obstructive pulmonary disease (COPD) is the most prevalent non-communicable respiratory disease and the third leading cause of mortality worldwide.<sup>1</sup> According to WHO estimates, there were 3.23 million COPD deaths in 2019, corresponding to 6% of all deaths worldwide. More than 80% of COPD deaths occur in low and middle-income countries.<sup>2</sup> The prevalence and burden of COPD are expected to increase in the coming decades due to smoking, air pollution, and other factors in low and middle-income countries.<sup>3</sup>

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The development of COPD involves a complex interplay among exposure to environmental factors and genetic susceptibility. Smoking is a leading environmental risk factor for COPD, however, only 10–20% of all chronic smokers will have COPD in their lifetime. Discordance between prevalence of COPD and lower chronic smokers could be explained by genetic susceptibility. Few studies defined the relevance of smoking with genetic factors.<sup>4–7</sup> Researchers found additive interactions between rs8004738 SNP of serine protein inhibitor A1 (*SERPINA1*) gene and smoking for COPD in the Chinese population.<sup>6</sup> As for the polygenic disease, it is clear that one gene cannot be responsible for the COPD progress. Two- and three-way gene–gene interaction models for lung function-related quantitative traits use multifactor dimensionality reduction (MDR) analysis. Microsomal epoxide hydrolase (*EPHX1*) and glutathione-S-transferase (GST) *P1*, *SERPINA2* and transforming growth factor beta 1 (*TGFβ1*) two-way gene–gene interaction for forced expiratory volume in the first second (FEV<sub>1</sub>)/forced vital capacity (FVC) and FEV<sub>1</sub>.<sup>8</sup>

Genetic variations on multiple genes, such as *GSTM1*, *GSTP1*, *EPHX1*, *GSTT1* and superoxide dismutase (*SOD3*), which are encoding the proteins that detoxify xenobiotic products found in cigarette smoke, may contribute to the development of COPD.<sup>9</sup> Recent studies suggested that several polymorphisms of *EPHX1*, *GSTP1* and deletion (null) of *GSTM1*, *GSTT1* genes affect enzymatic activity or its efficiency. Reduced or lacked excretion of glutathione S transferase may lead to dysfunction of the detoxifying process, resulting in an excess of oxidants and free radicals in lung tissue. It promotes the inflammation of airway tissue, which may cause bronchitis, emphysema, and COPD. Chinese researchers found that *GSTM1*, *GSTP1*, *EPHX1* gene polymorphisms are associated with COPD development, especially with FEV<sub>1</sub> trait. In 2011, the *GSTM1* null genotype is significantly associated with increased risk of COPD in the Indian population.<sup>10</sup> And meta-analysis of other populations repeated the result as *GSTM1*, *GSTT1* null genotypes significantly increase the risk of COPD.<sup>11</sup>

A meta-analysis of *EPHX1* gene polymorphisms was associated with COPD susceptibility. Therefore, studies have shown that the polymorphisms in cholinergic receptor nicotinic alpha 3, 5 (*CHRNA3*, *CHRNA5*) genes, encoding the subunits of nicotinic receptors, associated with the number of cigarettes per day, nicotine dependence and COPD risk. And rs1051730 and rs16969968

polymorphisms were related to higher risk of COPD.<sup>12</sup> Also, association has been found between above-mentioned polymorphisms of *CHRNA3*, *CHRNA5* genes and number of cigarettes per day (CPD) with nicotine addiction.<sup>13</sup> Currently, there is no evidence for the synergism of the genetic variations and cigarette smoking on the development of COPD. We hypothesized combined or positive interactions between *GSTM1*, *GSTP1*, *EPHX1*, *GSTT1*, *CHRNA3*, and *CHRNA5* gene polymorphisms and cigarette smoking, which may increase the risk of COPD.

This study aimed to investigate interaction of polymorphisms of *GSTM1* (null del), *GSTT1* (null del), *EPHX1* (rs2234922, rs1051740), *GSTP1* (rs1695, rs1138272), *CHRNA3* (rs1051730, rs12914385), *CHRNA5* (rs16969968, rs17486278), and *SOD3* (rs1799895, rs699473) genes and to assess their potential interactions with cigarette smoking in the risk of COPD among the Mongolian population.

## Materials and Methods

### Study Population

All participants approved and signed the written informed consent to participate in the study. This study was approved by the Research Ethics Committee of Mongolian National University of Medical Science in accordance with the Declaration of Helsinki. A case-control study conducted with 181 patients for the case group and enrolled from October 2016 to February 2019, who had been referred to the First, Second, and Third Central Hospital of Ulaanbaatar, Mongolia and diagnosed with COPD. Inclusion criteria for the COPD group were applied in line with the Global Initiative for Chronic Obstructive Lung Disease, 2015 (GOLD). The criteria were as follows: a chronic or recurrent cough or sputum production for 3 months,  $\geq 40$  age, an FEV<sub>1</sub> <70% of predicted, an FEV<sub>1</sub>/FVC ratio of <0.70 and an increase in FEV<sub>1</sub> of <12% 15 min after the inhalation of 400  $\mu$ g Ventolin (albuterol sulfate).

A total of 292 unrelated, age-matched healthy volunteers, who had no known medical illness or family disorders and were taking no medications, enrolled for the control group. Exclusion criteria were that patients had been previously or currently diagnosed with any other disease of the respiratory system, such as asthma, lung cancer, sarcoidosis, tuberculosis, and lung fibrosis, which may affect lung function.

The CDQ and FTND questionnaires were fulfilled and spirometer was performed for all subjects. Ex-smokers were excluded from the study. Tobacco consumption was estimated in the group of current smokers with cigarettes smoked per day (CPD). Current smokers were divided into two groups: heavy smokers who smoked 20 or more cigarettes per day and light smokers who smoked fewer than 20 cigarettes per day. Age at onset of daily smoking was evaluated retrospectively among ever-smoking participants who were dichotomized into early-onset (at age 16 or younger) and late-onset (at age 17 or older). Nicotine dependence (ND) was assessed in the group of current smokers with the Fagerström Test for Nicotine Dependence (FTND) score range of 0–10. Current smokers were divided into low-dependence (0–3 scores) and high-dependence (4–10 scores) according to this scale.<sup>14</sup>

## SNP Genotyping

Genomic DNA was extracted, purified from whole blood using a DNeasy Blood and Tissue Kit (QIAGEN, Germany) according to the manufacturer's protocol and used for PCR directly. Samples were kept at  $-20^{\circ}\text{C}$  for long-term storage. The null genotypes of *GSTM1* and *GSTT1* were detected by multiplex polymerase chain reaction (PCR), which was performed as previously described.<sup>14</sup> Single nucleotide variations rs1051740 and rs2234922 of *EPHX1* gene, rs1695 of *GSTP1* gene, were determined by RFLP as previously described.<sup>15,16</sup> List of the primers, the restriction enzymes and size of products are shown in [Supplementary Table 1](#). PCR reactions were carried out using the AccuPower<sup>®</sup> PCR PreMix Kit (BioNeer Corporation, Korea) according to the manufacturer's protocol. The products were analyzed by electrophoresis with an agarose gel (Promega Corporation, USA) and visualized with ethidium-bromide staining.

## Statistical Analysis

Analyses were performed using STATA 13.0 (StataCorp, USA) and Microsoft Excel (Microsoft Corporation, USA) software. Comparisons of numerical variables including age, body mass index (BMI), FEV<sub>1</sub>, FVC, and FEV<sub>1</sub>/FVC ratio were analyzed by the Student's *t*-test, ANOVA, or Mann–Whitney *U*-test. A Pearson's chi-squared test ( $\chi^2$ ) for 2x2, 2x3, or 2x4 contingency tables and the Fisher's exact test were used to analyze the distribution of allele and genotype frequency. For all univariate analysis, a p-value of 0.05 was considered statistically significant. The Online Encyclopedia for Genetic

Epidemiology calculator was used to test the Hardy–Weinberg equilibrium. Selection among the genetic models was performed by a four-model strategy described by Horita and Kaneko.<sup>17</sup> MDR analysis was performed using MDR 3.0.2 software to identify the gene–gene combined effect on the COPD risk. To reduce the chance of false positives, data were generated using a 10-fold cross-validation procedure. The best model was selected based on maximum cross-validation consistency (CVC), training balance accuracy (TrBA) and testing balance accuracy (TeBA). Possible additive interactions between gene–environment or environment–environment in association with COPD were examined by relative excess risk due to interaction (RERI), synergy index (S) and the proportion attributable of interaction (AP), formulas described by Knol et al.<sup>18</sup> A logistic regression analysis was performed to detect the association between COPD risk and each potential factors. Crude (cOR) for the univariate model and adjusted odds ratios (aOR) for the multivariate model with a 95% confidence interval (CI) were calculated by logistic regression. P values for multivariate model was corrected by Bonferroni correction. The statistical power was calculated by post-hoc test, to estimate the level of association.

## Results

### General Characteristics of Study Participants

A total of 473 participants (181 COPD patients and 292 controls) were included in the analysis. The baseline demographic data of the study groups are summarized in [Table 1](#). No significant differences were observed for age, gender, BMI, education level, occupational exposure to dust, and smoking years between groups. On the other hand, the number of current or never smokers, cigarettes per day, pack-years of smoking, spirometer measurements were significantly different between COPD patients, and control group individuals.

All participants were divided into three or four subgroups by smoking status, pack years of smoking, cigarettes per day, nicotine dependence, and age at onset of daily smoking, to examine significant differences between the groups ([Table 2](#)). The univariate model showed a significantly higher risk of COPD, for a current smoker (cOR = 1.68; 95% CI, 1.08–2.64,  $p = 0.02$ ), participants who had early onset of daily smoking (cOR = 2.19; 95% CI, 1.17–4.09,  $p = 0.014$ ) compared with never smokers. Pack years of smoking (cOR = 2.85; 95% CI, 1.62–5.01,

**Table 1** Baseline Characteristics of the Groups

Characteristics	Case Group N=181	Healthy Controls N=292	P value
Age (years)	63.57±9.66	63.23±9.33	0.702 <sup>a</sup>
Gender			
Male	119 (65.7)	175 (59.9)	0.205 <sup>b</sup>
Female	62 (34.3)	117 (40.1)	
BMI (kg/m <sup>2</sup> )	25.3±2.41	25.48±2.36	0.426 <sup>a</sup>
Education			
Primary education	41 (22.7)	54 (18.5)	0.362 <sup>b</sup>
Secondary education or college/senior	39 (21.5)	77 (26.4)	
Tertiary education	101 (55.8)	161 (55.1)	
Occupational condition/exposure to dust			
Yes	91 (50.3)	138 (47.3)	0.524 <sup>b</sup>
No	90 (49.7)	154 (52.7)	
Current smoker			
Yes	146 (80.7)	208 (71.2)	0.022 <sup>b</sup>
No	35 (19.3)	84 (28.8)	
Cigarettes per day (number)	18.38±9.57	14.94±7.55	0.0002 <sup>a</sup>
Smoking duration (years)	34.63±13.17	32.43±11.82	0.087 <sup>a</sup>
Pack years (number x years/20)	33.03±22.1	25.05±16.41	0.00076 <sup>c</sup>
Spirometric parameters			
FEV <sub>1</sub> (L)	1.36±0.54	2.86±0.41	<0.0001 <sup>c</sup>
FEV <sub>1</sub> (%)	48.41±14.92	89.91±7.23	<0.0001 <sup>c</sup>
FVC (L)	2.82±0.88	3.59±0.58	<0.0001 <sup>c</sup>
FVC (%)	77.03±18.84	87.70±10.54	<0.0001 <sup>c</sup>
FEV <sub>1</sub> /FVC	0.49±0.12	0.80±0.12	<0.0001 <sup>c</sup>
GOLD Stage			
Mild	5 (2.8)	–	
Moderate	85 (47.0)	–	
Severe	71 (39.2)	–	
Very severe	20 (11.0)	–	

**Notes:** The values are given as number (proportion) or mean ± standard deviation. P value was calculated by <sup>a</sup>Student's t-test, <sup>b</sup>Chi square ( $\chi^2$ ) test or <sup>c</sup>Mann–Whitney U-test.

$p = 0.0002$ ), ND (cOR = 2.32; 95% CI, 1.43–3.79,  $p = 0.0006$ ), and CPD (cOR = 2.9; 95% CI, 1.73–4.88,  $p < 0.001$ ) were also significantly different in groups. The multivariate-logistic regression analysis has shown that heavy smokers ( $\geq 20$  CPD, aOR = 2.87; 95% CI, 1.67–4.94,  $p = 0.002$ ), who had pack years  $\geq 40$  (aOR = 3.02; 95% CI, 1.64–5.57,  $p = 0.004$ ), had 3-fold higher risk for COPD compared with never-smokers. In addition, participants who were assessed by FTND as having nicotine high-dependency, have a higher risk (aOR = 2.18; 95% CI, 1.32–3.59,  $p = 0.031$ ) for COPD.

## Alleles and Genotypes of SNP Polymorphisms

Distribution of the genetic polymorphisms among all subjects was found in accordance with those expected by Hardy–Weinberg equilibrium ( $p > 0.05$ ). Prevalence of alleles and genotypes of rs2234922, rs1051740, rs1695, rs1138272, rs12914385, rs17486278, and rs699473 did not differ between COPD patients and controls. Frequency of risk alleles of rs1051730 (cOR = 1.91; 95% CI, 1.30–2.81,  $p = 0.001$ ), rs16969968 (cOR = 1.89; 95% CI, 1.32–2.70,  $p < 0.001$ ) and rs1799895 (cOR = 2.36; 95% CI, 1.60–3.47,

**Table 2** Association Between Cigarette Smoking-Related Phenotypes and COPD Risk

Category	Case Group N=181	Healthy Controls N=292	cOR (95% CI)	P value	Power	aOR (95% CI)	P value	Power
Never smoker	35 (19.3)	84 (28.8)	1.0	–	–	–	–	–
Current smoker	146 (80.7)	208 (71.2)	1.68 (1.08–2.64)	0.02	64.3%	1.51 (0.96–2.39)	0.233	36.3%
CPD (number)								
Never smoker	35 (19.3)	84 (28.8)	1.0	–	–	1.0	–	–
<20	71 (39.2)	146 (50.0)	1.17 (0.72–1.89)	0.532	63.1%	1.06 (0.65–1.74)	0.931	35.8%
≥20	75 (41.5)	62 (21.2)	2.90 (1.73–4.88)	<0.001	99.7%	2.87 (1.67–4.94)	0.002*	97.9%
ND								
Never smoker	35 (19.3)	84 (28.8)	1.0	–	–	1.0	–	–
Low-dependence	55 (30.4)	114 (39.0)	1.16 (0.69–1.93)	0.572	47.5%	1.07 (0.63–1.81)	0.977	22.1%
High-dependence	91 (50.3)	94 (32.2)	2.32 (1.43–3.79)	0.001	97.5%	2.18 (1.32–3.59)	0.031	87.8%
Age at smoking initiation								
Never smoker	35 (19.3)	84 (28.8)	1.0	–	–	1.0	–	–
>16 years	115 (63.6)	174 (59.6)	1.59 (1.00–2.51)	0.046	13.6%	1.47 (0.92–2.35)	0.579	3.6%
≤16 years	31 (17.1)	34 (11.6)	2.19 (1.17–4.09)	0.014	39.7%	2.01 (1.04–3.89)	0.192	17.7%
Pack years (year x number/20)								
Never smoker	35 (19.3)	84 (28.8)	1.0	–	–	1.0	–	–
<20	48 (26.5)	101 (34.6)	1.14 (0.68–1.92)	0.622	45.3%	1.06 (0.62–1.81)	0.821	20.4%
20–39	47 (26.0)	64 (21.9)	1.76 (1.02–3.04)	0.041	17.7%	1.68 (0.96–2.94)	0.437	5.4%
≥40	51 (28.2)	43 (14.7)	2.85 (1.62–5.01)	<0.001	94%	3.02 (1.64–5.57)	0.004*	81.2%

**Notes:** The values were given as number (proportion). Odds's ratio and confidence interval were calculated by logistic regression. Adjusted for age, gender, BMI, education level, occupational exposure of dust, smoking status. \*Significance remained after the Bonferroni correction.

$p < 0.001$ ) polymorphisms were significant in univariate analysis (Table 3).

For *GSTM1* gene, null genotype was significantly the most prevalent genotype among COPD patients (cOR = 2.43; 95% CI, 1.66–3.56,  $p < 0.001$ ). In multivariate analysis, the same significance was shown for *GSTM1* null genotype (aOR = 2.19; 95% CI, 1.41–3.39,  $p < 0.001$ ). *GSTT1* null genotype was more frequent in the case group but a statistical difference was not observed between groups for the genotype. The genotype distribution in genetic models showed that rs1799895 (G/G+G/C vs C/C, aOR = 2.87; 95% CI, 1.71–4.80,  $p = 0.0006$ ) and rs16969968 (A/A+G/A vs G/G, aOR = 2.24; 95% CI, 1.40–3.57,  $p = 0.0046$ ) were significant to increased risk of COPD in the dominant model. Comparisons of all genotype frequencies between the groups are shown in Table 4.

## Gene–Gene Interactions

The entropy-based gene–gene interaction network is shown in Figure 1. The *GSTM1* null (3.29%), rs1799895 (3.07%), rs16969968 (2.27%), and rs1051730 (1.93%)

polymorphisms were found to contribute the highest independent effect among all genetic factors. A high degree of synergistic interaction was detected between rs2234922 and rs1695. Also, moderate synergistic interaction was found between rs1138272 and rs17486278, whereas interactions of *GSTM1*, *CHRNA5*, and *CHRNA3* gene polymorphisms were detected as redundancy.

Gene–gene interaction analysis was performed among only *GSTM1* null, rs1051730, rs16969968, and rs1799895 polymorphisms, which were associated with COPD risk. Best interaction models identified MDR from 10-fold cross-validation for COPD, are listed in Table 5. Significant associations were found for the combined genotype frequencies of *GSTM1* and *SOD3* genes between the groups (shown in Table 6). Participant who carried null (aOR = 2.24; 95% CI, 1.32–3.82,  $p = 0.041$ ), non CC (aOR = 2.84; 95% CI, 1.36–5.92,  $p = 0.001$ ) genotypes or both of them (aOR = 6.50; 95% CI, 2.89–14.64,  $p < 0.001$ ) have a higher risk of COPD compared with participants without any of the risk genotypes (Table 6).

The three-gene cumulative effect of *GSTM1* null, rs1051730, and rs1799895 polymorphisms indicates that



**Table 3** Association Between Allele Frequencies of SNPs and COPD

Gene	RefSNP ID	Alleles	Location	Amino Acid Change	Risk Allele	RAF		cOR	95% CI	P value	Power
						Case N=362	Control N=584				
EPHX1	rs2234922	A/G	Exon	His/Arg	A	0.807	0.769	1.25	0.91–1.73	0.171	27.8%
EPHX1	rs1051740	T/C	Exon	Tyr/His	C	0.273	0.265	1.04	0.77–1.39	0.785	4.6%
GSTP1	rs1695	A/G	Exon	Ile/Val	G	0.334	0.298	1.18	0.89–1.57	0.241	21.4%
GSTP1	rs1138272	C/T	Exon	Ala/Val	C	0.718	0.695	1.12	0.84–1.49	0.451	11.2%
CHRNA3	rs1051730	G/A	Exon	Tyr/Tyr	A	0.171	0.097	1.91	1.30–2.81	0.001	90.6%
CHRNA3	rs12914385	C/T	Intron	–	T	0.326	0.295	1.16	0.87–1.54	0.308	17.1%
CHRNA5	rs16969968	G/A	Exon	Asp/Asn	A	0.204	0.119	1.89	1.32–2.70	<0.001	93.5%
CHRNA5	rs17486278	A/C	Intron	–	A	0.702	0.693	1.04	0.78–1.38	0.791	4.7%
SOD3	rs1799895	C/G	Exon	Arg/Gly	G	0.191	0.091	2.36	1.60–3.47	<0.001	99.1%
SOD3	rs699473	C/T	Upstream	–	C	0.666	0.640	1.12	0.85–1.47	0.427	12.5%

**Notes:** The values were given as frequency. P value by two-tailed Chi square ( $\chi^2$ ) test. Odds ratio and confidence interval were calculated by logistic regression  
**Abbreviation:** RAF, Risk allele frequency.

participants who carry any combination of risk genotypes have an extremely higher risk of COPD (Table 6). We found that the frequency of the combination that was null for *GSTMI*, G/A for rs1051730, G/G or G/C for rs1799895, was significantly different between the study groups in univariate (cOR = 18.6; 95% CI, 3.93–88.03,  $p < 0.001$ ) and multivariate (aOR = 17.46; 95% CI, 3.64–83.72,  $p = 0.0003$ ) analysis. It shows that carriers of these three risk genotypes together had a significantly higher risk of COPD compared with participants without any of these risk genotypes.

According to the four-gene interaction model, as shown in Table 6, we compared the combinations of risk genotypes of four genes among cases and controls. We found that men

who carried a combination of four-risk genotypes have an extremely higher risk of COPD (aOR = 36.01; 95% CI, 4.34–298.93,  $p = 0.0003$ ). Our findings showed that *GSTMI* null, rs1051730, rs16969968, and rs1799895 polymorphisms independently contributed to the risk of COPD. However, any combinations of the risk genotypes have a higher risk of COPD, which indicates that additive interactions exist among the polymorphisms.

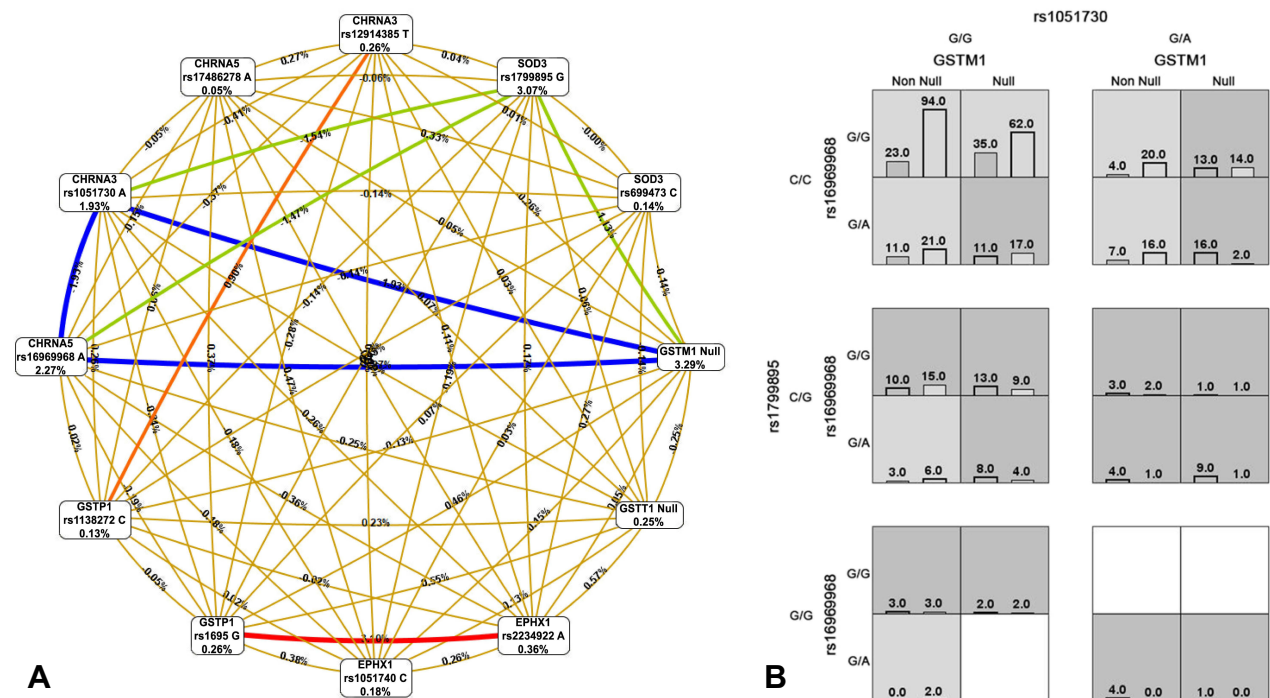
### Gene–Environmental Interactions

This result suggests that there is some positive-additive interaction existing between of *GSTMI*, *CHRNA3*, *CHRNA5* genes, and cigarette smoking-related factors for COPD risk. The stepwise analyses were focused on

**Table 4** Genotype Frequencies of SNPs in Selected Genetic Models Among Groups

RefSNP ID	Genetic Model	Risk Genotypes	Genotype Frequency		cOR (95% CI)	P value	Power	aOR (95% CI)	P value	Power
			Case N = 181	Control N = 292						
Null deletion	Recessive	Null	0.602	0.383	2.43 (1.66–3.56)	<0.001	99.7%	2.19 (1.40–3.42)	0.004*	97.9%
Null deletion	Recessive	Null	0.453	0.339	1.27 (0.88–1.86)	0.205	69.7%	1.36 (0.88–2.12)	0.149	43.2%
rs2234922	Recessive	A/A	0.646	0.575	1.35 (0.92–1.98)	0.124	33.3%	1.24 (0.79–1.94)	0.203	12.9%
rs1051740	Recessive	C/C	0.133	0.106	1.29 (0.73–2.27)	0.387	14.8%	1.70 (0.89–3.24)	0.120	4.2%
rs1695	Recessive	G/G	0.088	0.062	1.48 (0.73–2.97)	0.279	19.4%	2.23 (0.95–5.22)	0.091	6.3%
rs1138272	Dominant	C/C+C/T	0.939	0.918	1.38 (0.66–2.89)	0.381	12.5%	1.44 (0.59–3.52)	0.218	3.1%
rs1051730	Dominant	A/A+G/A	0.343	0.195	2.15 (1.41–3.28)	<0.001	94.5%	1.91 (1.18–3.10)	0.027	82.3%
rs12914385	Recessive	T/T	0.088	0.058	1.57 (0.77–3.19)	0.216	24.7%	2.35 (0.93–5.96)	0.095	8.9%
rs16969968	Dominant	A/A+G/A	0.409	0.239	2.19 (1.47–3.27)	<0.001	97.2%	2.24 (1.40–3.57)	0.005*	89.1%
rs17486278	Recessive	A/A	0.453	0.432	1.09 (0.75–1.58)	0.647	6.5%	1.08 (0.70–1.68)	0.254	1.4%
rs1799895	Dominant	G/G+G/C	0.337	0.158	2.72 (1.75–4.22)	<0.001	99.3%	2.87 (1.71–4.80)	0.001*	96.4%
rs699473	Dominant	C/C+C/T	0.939	0.932	1.14 (0.53–2.43)	0.741	4.6%	1.03 (0.40–2.62)	0.264	0.9%

**Notes:** The values were given as frequency. P value by two-tailed Chi square ( $\chi^2$ ) test. Odds ratio and confidence interval was calculated by logistic regression. Adjusted for age, gender, BMI, education level, occupational exposure of dust, smoking years. \*Significance remained after the Bonferroni correction.



**Figure 1** (A) Entropy-based SNP-SNP interaction network of 12 polymorphisms of the genes in case and control subjects. The percent of the entropy for independent factors as well as their interactions are represented in the graph where positive percentage of entropy denotes synergistic interaction while negative percentage denotes redundancy. The best MDR model for gene-gene interaction. Here, the red and orange colors indicate synergistic interaction, gold color denotes the mid-point, green color represents moderate redundancy while blue color denotes the highest. (B) The best model is composed of *GSTM1* null deletion, rs1051730, rs16969968, and rs1799895. In each cell, the left bar represents a positive score, and the right bar a negative score. High-risk cells are indicated by gray shading, low-risk cells by light shading, and empty cells by no shading. The patterns of high-risk and low-risk cells differ across each of the different multi-locus dimensions, presenting evidence of epistasis.

interactions between genetic polymorphism and smoking-related phenotypic measures in COPD. As a result, we found some significant interactions between the risk factors. Sample number for estimation of gene-smoking was reduced due to lack of smoking information for some individuals. Among *GSTM1* null genotype carriers, smokers with 20 or more pack-years, had a higher risk of COPD (cOR = 4.02; 95% CI, 2.17–7.57, p <0.001, RERI = 1.562; AP = 0.389, S = 2.072). The result has shown that heavy smokers, who were carrying null genotype of *GSTM1*, had nearly 7-fold higher risk for COPD compared with light smokers (cOR = 6.56; 95% CI, 3.32–12.97, p <0.001, RERI = 4.122; AP = 0.628, S = 3.86). As

shown in Table 7, risk of COPD was 4-fold higher for heavy smokers with G/A genotype of *CHRNA3* than light smokers with G/G genotype (cOR = 4.28; 95% CI, 2.18–8.40, p <0.001, RERI = 1.592; AP = 0.372, S = 1.942). In heavy smokers, carriers of rs1799895 non-C/C (C/G or G/G) had 6-fold increased ORs compared with C/C carriers (cOR = 6.43; 95% CI, 3.17–13.06, p <0.001, RERI = 4.078; AP = 0.634, S = 4.015). In participants who are addicted to nicotine, with either G/A genotype of rs1051730, increased COPD risk has been observed (cOR = 4.16, 95% CI, 2.11–8.22, p <0.001). The combination of C/G+G/G alleles of *SOD3* gene polymorphism has been shown as a higher risk for the age at onset of

**Table 5** Best Models of Gene-Gene Interactions Among the Four COPD Associated Polymorphisms

Models	Training Bal.Acc.	Testing Bal.Acc.	Sign test (p)	CVC	Chi-Square
<i>GSTM1</i> null deletion	0.6107	0.6093	3.418E-06	9/10	21.4596
<i>GSTM1</i> null deletion+rs1799895	0.6343	0.6343	3.429E-08	10/10	42.4296
<i>GSTM1</i> null deletion+rs1051730+rs1799895	0.6457	0.6052	8.472E-10	10/10	63.4422
<i>GSTM1</i> null deletion+rs1051730+rs16969968+rs1799895	0.6512	0.6142	1.198E-09	9/10	77.8238

**Note:** The best model speculated by MDR is composed of *GSTM1* null deletion, rs1051730, rs16969968, and rs1799895.

**Abbreviations:** Training Bal. ACC, Training Balanced Accuracy; Testing Bal. ACC, Testing Balanced Accuracy; CV, Cross Validation Consistency.

**Table 6** Cumulative Effect of Best Models of Gene–Gene Interactions on COPD

Gene x Gene		Case N = 181	Control N = 292	cOR	95% CI	P value	aOR	95% CI	P value
Two-way model									
GSTM1 (Null deletion)									
SOD3 (rs1799895)	C/C	45 (0.249) 75 (0.414)	151 (0.517) 95 (0.326)	1 2.65	– 1.69–4.15	– <0.001	1 2.24	– 1.32–3.82	– 0.0408
	Non C/C	27 (0.149) 34 (0.188)	29 (0.099) 17 (0.058)	3.12 6.71	1.68–5.81 3.43–13.12	0.0003 <0.001	2.84 6.50	1.36–5.92 2.89–14.64	0.001* <0.001*
Three-way model (GSTM1 null deletion, rs1051730 and rs1799895)									
Number of risk genotypes									
0		34 (0.188)	115 (0.394)	1	–	–	1	–	–
1		73 (0.403)	141 (0.483)	1.75	1.09–2.82	0.0191	1.47	0.84–2.57	0.2191
2		63 (0.348)	34 (0.116)	6.27	3.56–11.04	<0.001	6.25	3.51–11.12	<0.001*
3		11 (0.061)	2 (0.007)	18.6	3.93–88.03	<0.001	17.46	3.64–83.72	0.0003*
Four-way model (GSTM1 null deletion, rs1051730, rs16969968 and rs1799895)									
Number of risk genotypes									
0		23 (0.127)	94 (0.322)	1	–	–	1	–	–
1		63 (0.348)	121 (0.414)	2.13	1.23–3.68	0.0055	2.03	1.17–3.53	0.2114
2		52 (0.287)	68 (0.233)	3.13	1.75–5.59	0.0001	2.98	1.64–5.39	0.0024*
3		33 (0.183)	8 (0.028)	16.86	6.88–41.34	<0.001	16.99	6.74–42.85	<0.001*
4		10 (0.055)	1 (0.003)	40.87	4.98–335.63	0.0006	36.01	4.34–298.93	<0.001*

**Notes:** The values are given as number (frequency). Odds ratio and confidence interval were calculated by logistic regression. Adjusted for age, gender, BMI, education level, occupational exposure of dust, smoking status. \*Significance remained after the Bonferroni correction.



**Table 7** Possible Interaction of Smoking-Related Factors with *GSTM1*, *CHRNA3*, *CHRNA5* and *SOD3* Genes Polymorphisms in COPD

Risk Factors		Case Group (n=146)	Control Group (n=208)	cOR	95% CI	P value	RERI	AP	S
Smoking Related Factor	GenoType								
<b>Smoking index</b>		<b><i>GSTM1</i> gene</b>							
1–399	Non null	22	61	1	–	–	<b>1.562</b>	<b>0.389</b>	<b>2.072</b>
	Null	26	40	1.80	0.90–3.61	0.096			
≥400	Non null	40	67	1.66	0.89–3.09	0.114			
	Null	58	40	<b>4.02</b>	<b>2.14–7.57</b>	<b>&lt;0.001</b>			
<b>CPD (number)</b>		<b><i>GSTM1</i> gene</b>							
<20	Non null	32	84	1	–	–	<b>4.122</b>	<b>0.628</b>	<b>3.86</b>
	Null	39	62	1.65	0.93–2.92	0.085			
≥20	Non null	30	44	1.79	0.97–3.32	0.065			
	Null	45	18	<b>6.56</b>	<b>3.32–12.97</b>	<b>&lt;0.001</b>			
		<b><i>CHRNA3</i> gene (rs1051730)</b>							
<20	G/G	51	116	1	–	–	<b>1.592</b>	<b>0.372</b>	<b>1.942</b>
	G/A	20	30	1.52	0.79–2.92	0.213			
≥20	G/G	43	45	2.17	1.28–3.70	0.004			
	G/A	32	17	<b>4.28</b>	<b>2.18–8.40</b>	<b>&lt;0.001</b>			
		<b><i>SOD3</i> gene (rs1799895)</b>							
<20	C/C	54	122	1	–	–	<b>4.078</b>	<b>0.634</b>	<b>4.015</b>
	C/G+G/G	17	24	1.60	0.79–3.22	0.1874			
≥20	C/C	38	49	1.75	1.03–2.98	0.0385			
	C/G+G/G	<b>37</b>	<b>13</b>	<b>6.43</b>	<b>3.17–13.06</b>	<b>&lt;0.001</b>			
<b>ND</b>		<b><i>CHRNA3</i> gene (rs1051730)</b>							
Low dependence	G/G	37	86	1	–	–	<b>1.899</b>	<b>0.456</b>	<b>2.506</b>
	G/A	18	28	1.49	0.74–3.03	0.265			
High dependence	G/G	57	75	1.77	1.05–2.96	0.031			
	G/A	34	19	<b>4.16</b>	<b>2.11–8.22</b>	<b>&lt;0.001</b>			
<b>Age at onset smoking</b>		<b><i>SOD3</i> gene (rs1799895)</b>							
>16	C/C	78	141	1	–	–	<b>5.812</b>	<b>0.757</b>	<b>7.678</b>
	C/G+G/G	37	33	2.03	1.18–3.49	0.011			
≤16	C/C	14	30	0.84	0.42–1.69	0.63			
	C/G+G/G	<b>17</b>	<b>4</b>	<b>7.68</b>	<b>2.49–23.63</b>	<b>0.0004</b>			
		<b><i>CHRNA3</i> gene (rs1051730)</b>							
>16	G/G	78	135	1	–	–	<b>1.538</b>	<b>0.474</b>	<b>3.175</b>
	G/A	37	39	1.64	0.97–2.79	0.0662			
≤16	G/G	16	26	1.07	0.54–2.11	0.8563			
	G/A	15	8	<b>3.25</b>	<b>1.32–7.99</b>	<b>0.0105</b>			
<b>Smoking status</b>		<b><i>SOD3</i> gene (rs1799895)</b>							
Never smoker	C/C	28	75	1	–	–	<b>1.385</b>	<b>0.354</b>	<b>1.908</b>
	C/G+G/G	7	9	2.08	0.71–6.13	0.1824			
Current smoker	C/C	92	171	1.44	0.87–2.38	0.1542			
	C/G+G/G	54	37	<b>3.91</b>	<b>2.14–7.14</b>	<b>&lt;0.001</b>			

**Notes:** The values are given as number (frequency). Odds ratio and confidence interval were calculated by logistic regression.

**Table 8** Cumulative Effect of Four Risk Polymorphisms with Smoking Related Factors on COPD

Number of Risk Genotypes		Case (n = 146)	Control (n = 208)	cOR (95% CI)	P value	Power	aOR (95% CI)	P value	Power
Risk genotypes of the polymorphisms	Smoking index	9 (0.062)	1 (0.005)	13.6 (1.70–108.56)	0.001	85.5%	15.11 (1.86–122.68)	0.0049*	72.2%
	CPD	10 (0.068)	0 (0.00)	32.08 (1.86–551.9)	0.0015	94.4%	33.2 (1.92–581.3)	0.0072*	87%
	ND	8 (0.055)	1 (0.005)	12.0 (1.48–97.02)	0.0025	80.2%	13.58 (1.64–112.4)	0.0094*	64.8%

**Notes:** *GSTM1* null deletion, rs1051730, rs16969968 and rs1799895 polymorphisms were involved in four gene variations. Risk genotypes were defined from the genetic model analysis of rs1051730 (G/A, A/A), rs16969968 (G/A, A/A) and rs1799895 (G/G, G/C). The values were given as number (frequency). Odds ratio and confidence interval was calculated by logistic regression. Adjusted for age, gender, BMI, education level. \*Significance remained after the Bonferroni correction.

smoking after 16 years (cOR = 7.68, 95% CI, 2.49–23.63,  $p < 0.0004$ ) and the same genotype variant has been a high risk for the current smoker (cOR = 3.91, 95% CI, 2.14–7.14,  $p < 0.001$ ).

A cumulative effect of the four risk polymorphisms has been increased risk of COPD for the smoking index (cOR = 13.6, 95% CI, 1.70–108.56,  $p < 0.001$ ), cigarettes per day (cOR = 32.08, 95% CI, 1.86–551.9,  $p < 0.01$ ) and nicotine dependence (cOR = 12.0, 95% CI, 1.48–97.02,  $p < 0.01$ ) as shown in Table 8.

## Discussion

Polymorphisms of *GSTM1*, *CHRNA3*, *CHRNA5* and *SOD3* genes are well-studied genetic variations as risk factors for COPD. Nevertheless, few studies consider gene-gene or gene-environment interaction with the genetic factors in COPD susceptibility. In this case-control study, we studied 12 polymorphisms among 181 COPD patients and 292 controls. We evaluated association of genetic polymorphism and smoking-related phenotypic factors with COPD risk.

*GSTM1*, encoding Glutathione S Transferase Mu 1, is the protein class of the highly polymorphic, cytosolic and membrane bound glutathione S-transferase, of which the null variation has been linked to COPD and lung cancer, due to increased susceptibility to toxins and carcinogens.<sup>10,19</sup> Our result showed null deletion genotype showed high risk of COPD as described elsewhere. *CHRNA3/CHRNA5*, encoding alpha 3 or 5 subunit of nicotinic acetylcholine receptor, more likely related to nicotine dependence of smoking.<sup>12</sup> Allelic distribution of two polymorphisms on the exon of *CHRNA3* and *CHRNA5* showed association between case and control groups. Genotype variants of these two SNPs showed higher risk of COPD. *SOD3*, encoding superoxide dismutase, is the protein that catalyses superoxide radicals, which protects the lung from oxidative stress. *GSTM1*

null, rs1051730, rs16969968, and rs1799895 polymorphisms contribute to the COPD risk, independently.

The highest gene-gene interaction was observed between *EPHX1* and *GSTP1* gene polymorphisms indicating that alteration of the combined detoxifying system affects COPD development. Moderate effect of gene-gene interaction between *GSTP1* and *CHRNA5* is burdensome. However, independently both gene polymorphisms result in a high risk of lung cancer, which may explain the indirect connection of glutathione S transferase and acetyl cholinergic systems. Combined genotype of *GSTM1* and *SOD3* genes were highest in two-way analysis, indicating a synergist effect of complex detoxification function through cellular membrane. With three and four gene analysis, all polymorphisms were shown to be highly interconnected and increased the risk of COPD in univariate and multivariate analysis.

Cigarette smoking is a preventable common risk factor of non-communicable diseases including COPD, lung cancer, diabetes, and heart diseases. It is important to understand how cigarette use has been measured before getting into details about how we can determine how much of cigarette use is attributed to genes, the environment, and their interactions.<sup>20,21</sup> In this study, we used common phenotypic measures of cigarette consumption such as adolescent smoking/early onset of smoking, cigarettes per day, nicotine dependence, and smoking cessation. The findings showed that COPD risk from the smoking phenotypic measures was similar to previously reported data from recent studies. Gene-environment interaction analysis proved that highly toxic compounds of cigarettes are damaging to lung tissue and interaction between genes of the detoxifying system and nicotine dependence results in a further entangling in COPD. However, while we had chosen causative gene polymorphisms, the limitation of this study was the small sample size that lowers the statistical power of the study.

## Conclusion

We suggest the development of COPD can be driven with gene–gene interaction between *GSTM1*, *CHRNA3*, *CHRNA5*, and *SOD3* genes. The effect of interaction is believed to be synergistic for all two-, three- and four-way gene models, which states polygenic condition of COPD. Additively, gene–environmental interaction proved that smoking leads to an increased susceptibility to lung disease.

## Ethics

This study was approved by the Research Ethics Committee of Mongolian National University of Medical Science.

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## Disclosure

The authors declare no conflicts of interest.

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