

Dietary supplementation of microalgae mitigates the negative effects of heat stress in broilers

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ABSTRACT Heat stress in poultry is a serious concern, affecting their health and productivity. To effectively address the issue of heat stress, it is essential to include antioxidant-rich compounds in the poultry diet to ensure the proper functioning of the redox system. Microalgae (*Spirulina platensis*) are rich in antioxidants and have several health benefits in humans and animals. However, its role in health and production and the underlying mechanism in heat-stressed broilers are poorly understood. This study aimed to determine the effect of microalgae supplementation on the health and production of heat-stressed broilers. Cobb500 day-old chicks ($N = 144$) were raised in litter floor pens (6 pens/treatment and 8 birds/pen). The treatment groups were: 1) no heat stress (NHS), 2) heat stress (HS), and 3) heat stress + 3% microalgae (HS+MAG). The broilers in the HS+MAG group were fed a diet supplemented with 3% microalgae, whereas NHS and HS groups were fed a standard broiler diet. Broilers in the NHS were raised under standard temperature (20°C–24°C), while HS and HS+MAG broilers were subjected to cyclic heat stress

from d 22 to 35 (32°C–33°C for 8 h). Heat stress significantly decreased the final body weight, whereas the supplementation of microalgae increased the final body weight of broilers ($P < 0.05$). The expressions of ileal antioxidant (*GPX3*), immune-related (*IL4*), and tight-junction (*CLDN2*) genes were increased in microalgae-supplemented broilers compared to heat-stressed broilers ($P < 0.05$). The ileal villus height to crypt depth ratio was improved in microalgae-supplemented broilers ($P < 0.05$). In addition, microbial alpha, and beta diversities were higher in the HS+MAG group compared to the HS group ($P < 0.05$). There was an increase in volatile fatty acid-producing bacteria at the genus level, such as *Ruminococcus*, *Ocillospira*, *Lactobacillus*, *Oscillobacter*, *Flavonifractor*, and *Colidextribacter* in the group that received microalgae supplementation. In conclusion, dietary supplementation of microalgae improved the growth performances of heat-stressed broilers by improving their physiogenomics. Thus, the dietary inclusion of microalgae can potentially mitigate heat stress in broilers.

Key words: broiler, heat stress, microalgae, antioxidant, health

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INTRODUCTION

The world's population is growing exponentially, causing a rise in demand for animal-based protein. To meet the meat demand, broiler chickens have been genetically selected for higher feed efficiency and high muscle yield. As a result, these broiler chickens produce a high amount of metabolic body heat and are highly susceptible to heat stress (HS), especially during the summer. Moreover, chickens lack sweat glands and have feather covers, which make them extremely sensitive to heat stress. Exposure to

heat stress disrupts the thermoregulatory mechanism of chickens, leading to an imbalance in their physiological redox status. Consequently, heat stress can adversely impact broilers' health and production. Therefore, the increasing environmental temperature during the summer and amid global warming is an apparent concern of the poultry industry, leading to heat stress and severe economic loss (Wasti et al., 2020). To combat the harmful impact of heat stress on chickens, various nutritional, managerial, and genetic strategies have been implemented (Saeed et al., 2019; Abbas et al., 2022). Mitigating heat stress using managerial and genetic strategies is expensive and time-consuming. Therefore, reducing the impact of heat stress in chickens is more viable by application of nutritional strategy which entails phytochemicals, probiotics, prebiotics, vitamins, and minerals. Phytochemicals, such as antioxidants, antibacterial, antiviral, and antineoplastic, are becoming increasingly

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popular and have health remedial action in heat-stressed poultry (Kumar et al., 2021). It is of utmost importance to develop a sustainable strategy for the poultry industry to combat heat stress. Thus, exploring new feed supplements with heat stress-alleviating functional properties is critically necessary.

Microalgae (*Spirulina platensis*) are sustainable sources of energy and are available commercially across the world. Microalgae are filamentous photosynthetic cyanobacteria abundant in protein (~65%), carbohydrates (~25%), essential fatty acids (~18%), vitamins, and minerals (Brito et al., 2020; Pestana et al., 2020). In addition to nutritional abundancy, microalgae are also rich in functional bioactive compounds such as phycobiliproteins (β -phycocyanin and C-phycocyanin), β -carotene, phenolic acid, flavonoid, γ -linolenic acid (Frag et al., 2016; Wu et al., 2016). Microalgae also possess alkaloids, glycosides, tannins, steroids, and saponins (Zeweil et al., 2016). These biomolecules are associated with several health benefits in humans and animals and act as; scavengers of reactive oxygen species (ROS), reactive nitrogen species (RNS), inhibitors of neoplasia, inflammatory mediators, and suppressors of pathogenic bacteria (Dillard and German, 2000). Microalgae supplementation in the diet improves the production of key antioxidant enzymes and confers cellular protection (Mirzaie et al., 2018; Liu et al., 2021; Moustafa et al., 2021). However, the role of microalgae in health and production, along with the underlying mechanism in heat-stressed broilers, is not completely explored. Based on the biochemical properties and health benefits of microalgae, we hypothesized that supplementation of microalgae to heat-stressed broilers' diet might improve growth performances by affecting underlying health-associated mechanisms. Therefore, this study aimed to investigate the effect of microalgae supplementation in broilers' diets on underlying gut health parameters (expression of antioxidants, heat shock, immune, and tight-junction genes), ileal histomorphometry, volatile fatty acid production, cecal microbiota, and growth performances.

MATERIALS AND METHODS

Experimental Birds, Husbandry, and Diet

The animal experimentation was accomplished at the Magoon Research Station of the College of Tropical Agriculture and Human Resources, University of Hawaii at Manoa. The animal activities were approved by the Institutional Animal Care and Use Committee (Approval No.: 17-2605-6), University of Hawaii at Manoa. Day-old chicks (Cobb500, $N = 144$, average body weight = 35 g) were raised on litter floor pens (6 replicates/treatment and 8 birds/replicate) in 3 treatment groups: 1) No heat stress fed with basal diet (NHS), 2) Heat stress fed with basal diet (HS), and 3) Heat stress supplemented with 3% microalgae (HS+MAG). Broilers in the NHS were raised in standard condition (18°C–24°C) throughout the experiment, while HS and HS+MAG broilers were subjected to cyclic heat stress using electric heaters (32°C–33°C for

10 h, 8 am–6 pm), which mimics the natural cycle of heat from d 22 to 35. The birds were allowed ad libitum access to fresh feed and water. RH was kept at $50 \pm 5\%$, and a photoperiodic condition of 23L:1D was sustained until the end of the experiment. The pens were arranged into a completely randomized design. The size of each pen was 1 m \times 0.61 m, and the stocking density was 0.08 m²/bird. The experimental house had an appropriate ventilation system. Birds were monitored thrice a day to assess their behavioral and health conditions.

The broilers were fed a corn-soybean meal-based (SBM) mash diet in 2 phases (starter and finisher). National Research Council recommended nutritional requirement of commercial broilers was met for the starter (d 0–21) and finisher diet (d 22–35) (NRC, 1994). The energy and protein requirements were adjusted based on the growth stage of the birds (Cobb-Vantress, 2018). The broilers' diet in the HS+MAG supplemented with 3% microalgae, whereas broilers in NHS and HS groups were fed with a standard diet (Table 1). The HS+MAG group received microalgae-supplemented diet throughout the experimental period. Average daily gain (ADG), average daily feed intake (ADFI), and feed conversion ratio (FCR) were calculated based on the body weight and feed intake data recorded every week. The phytochemical composition of *Spirulina* is presented in Table S2, and the nutritional and fatty acid profile is in supplementary Table S2.

Sample Collection

The birds were euthanized using CO₂ gas, and ileal tissues were collected ($n = 6$ birds/treatment; 1 bird/pen) as previously described (Wasti et al., 2021). To isolate total RNA, ileal segments were flushed with distilled water to remove any remaining digesta. Additionally, ileal sections were collected in 10% neutral buffered formalin for histomorphology. The cecal digesta were also collected for volatile fatty acid (VFA) and microbial metagenomics analysis. The samples for gene expression, VFA, and microbiome analysis were snap-frozen in liquid nitrogen and stored at -80°C until further analysis (Sah et al., 2018).

Total RNA Isolation and Real-Time qPCR

Total RNAs were isolated from the ileal tissues (~100 mg) using TRIzol reagent (Invitrogen, Carlsbad, CA) following the manufacturer's instructions. Then, the total RNA concentration was determined using NanoDrop One (Thermo Fisher Scientific, Madison, WI), and the quality was determined using gel electrophoresis. RNAs were reverse transcribed to synthesize complementary DNA (cDNA) using a High-Capacity Reverse Transcription Kit (Applied Biosystems, Foster City, CA). The expressions of the target genes were analyzed using real-time qPCR as previously described (Wasti, 2020). Specific primers were obtained from NCBI Primer-Blast to perform qPCR using PowerUp SYBR Green Master Mix (Applied Biosystems) on QuantStudio 3 real-time PCR system (Applied

Table 1. Ingredients and nutrient composition of the experimental diet.

Ingredients, %	Starter diet (1–21 d)		Finisher diet (22–35 d)	
	Standard	3% Microalgae	Standard	3% Microalgae
Corn	53.67	52.83	60.84	60.5
SBM	38	36	31	29
Microalgae	0	3	0	3
Soybean oil	5	4.9	5.5	5
Limestone	1.35	1.35	1.2	1.1
Monocalcium phosphate	0.75	0.75	0.44	0.44
Lysine	0.18	0.13	0.1	0.04
Methionine	0.18	0.17	0.13	0.13
Threonine	0.04	0.04	0	0
NaCl	0.2	0.2	0.18	0.18
Sodium bicarbonate	0.12	0.12	0.1	0.1
Vitamin-mineral premix*	0.5	0.5	0.5	0.5
Total	100	100	100	100
Calculated nutrient contents, %				
AMEn, kcal/kg	3040	3044	3165	3147
CP	21.47	21.46	18.54	18.56
Ca	0.91	0.91	0.77	0.74
Total P	0.71	0.71	0.61	0.62
Available P	0.45	0.45	0.37	0.37
Lysine	1.32	1.32	1.09	1.08
Methionine	0.52	0.55	0.44	0.48
Cysteine	0.42	0.41	0.40	0.38
Threonine	0.87	0.92	0.73	0.78
Tryptophan	0.31	0.33	0.27	0.28
Methionine+cysteine	0.92	0.88	0.82	0.79
Arginine	1.55	1.48	1.35	1.28
Valine	1.18	1.13	1.05	1.00
Isoleucine	0.90	0.95	0.78	0.84
Leucine	1.82	1.90	1.66	1.74
NDF	8.86	8.57	8.73	8.49
CF	3.84	3.68	3.51	3.36
Na	0.16	0.16	0.14	0.14
Cl	0.16	0.16	0.15	0.15
Choline (mg/kg)	1370.53	1310.71	1223.82	1167.09
Dig lysine %	1.17	1.08	0.95	0.86
Dig methionine %	0.48	0.46	0.40	0.39
Dig threonine %	0.67	0.64	0.55	0.52

Includes the following (per kg of diet): vitamin A (trans-retinyl acetate), 10,000 IU; vitamin D3 (cholecalciferol), 3,000 IU; vitamin E (all-rac-tocopherol-acetate), 30 mg; vitamin B1, 2 mg; vitamin B2, 8 mg; vitamin B6, 4 mg; vitamin B12 (cyanocobalamin), 0.025 mg; vitamin K3 (bisulfate menadione complex), 3 mg; choline (choline chloride), 250 mg; nicotinic acid, 60 mg; pantothenic acid (D-calcium pantothenate), 15 mg; folic acid, 1.5 mg; betaine anhydrous, 80 mg; D-biotin, 0.15 mg; zinc (ZnO), 80 mg; manganese (MnO), 70 mg iron (FeCO₃), 60 mg; copper (CuSO₄·5H₂O), 8 mg; iodine (KI), 2 mg; selenium (Na₂SeO₃), 0.2 mg.

Biosystems, Foster City, CA). The qPCR plate preparation included PCR master mix, which consisted of 3 μ L cDNA, 5 μ L SYBR Green, and 1 μ L of primers (forward and reverse, 5 μ mol), making the final volume of 10 μ L. Finally, the target genes were amplified following the standard protocol as previously described (Sah et al., 2018). To select the suitable housekeeping gene for the normalization of target genes, tissue samples were also analyzed with 3 housekeeping genes: *glyceraldehyde 3-phosphate dehydrogenase* (*GAPDH*), *beta-actin* (*β -actin*), and *TATA-box binding protein* (*TBP*), in triplicate. *β -Actin* was the most stable housekeeping gene in the ileum and was selected to normalize the target gene, and the fold change was calculated using the formula $2^{-\Delta\Delta C_t}$. The gene primers used in this analysis are listed in [supplementary Table S3](#).

Ileum Histomorphometry

The ileal tissues were fixed in 10% neutral buffered formalin, paraffin-embedded after dehydration in a series of ethanol solutions as previously described

(Wasti, 2020). The embedded tissues were sectioned at a thickness of 6 μ m and then stained with hematoxylin and eosin (H&E). All the ileal sections were visualized under an Olympus microscope (U-TV0.63XC, Tokyo, Japan). A total of 6 intact, well-oriented villus-crypts units were selected in triplicate (18/sample), and images were taken. Villus height (VH; distance from the tip of the villus to the crypt), crypt depth (CD; distance from the villus base to the submucosa), and the ratio of villus height to crypt depth (VH: CD) were assessed by using Infinity Analyze software (Lumenera Corporation, Ottawa, ON, Canada). The villus surface area (VSA) was measured by using a formula, $VSA = 2 \times 3.14 \times (VW/2) \times VH$, as previously determined (Sakamoto et al., 2000).

Volatile Fatty Acids Analysis

Approximately 200 mg of cecal digesta were used to determine major VFAs (acetate, propionate, and butyrate) as previously described (Singh et al., 2021).

Deionized water (1,100 μL), trimethyl acetic acid (100 μL), and metaphosphoric acid (100 μL) were added to make the final volume of 1,500 μL . Then, samples were vortexed to homogenize and centrifuged at 15,000 rpm at 4°C for 10 min. Supernatants (1,000 μL) were used to analyze VFA using a gas chromatography system (TRACE 1300; Thermo Scientific, Waltham, MA). Helium was used as a carrier gas at a rate of 15.5 mL/min. The run time for the individual sample was set as 17.5 min with a sample injection of 0.5 μL . The initial temperature program was 120°C for 4 min and then increased to 160°C at 4°C/min. The standard stock solution mix containing formic, acetic, propionic, isobutyric, butyric, isovaleric, valeric, isocaproic, hexanoic, and n-caproic acids were used at the rate 0.1, 0.5, 1, 2, 4, 6, 8, 10, 12, and 14 mM. Data were processed on GC using Chromeleon 7.2 software (Thermo Scientific, Waltham, MA).

Enzyme-Linked Immunosorbent Assay (ELISA)

The chicken plasma immunoglobulins, IgA and IgY, were determined using the commercial ELISA Kit (Bethyl Laboratories, Montgomery, TX) following the manufacturer's protocol. Ten standards gradients (1,000, 333, 111, 37.04, 12.35, 4.12, 1.37, 0.456, 0.152, and 0) for IgA and 12 standard gradients (500, 166.67, 55.56, 18.52, 6.17, 2.06, 0.69, 0.23, 0.08, 0.03, 0.009, and 0 ng/mL) for IgY were prepared by serial dilutions. The plasma samples were diluted using Dilution Buffer B; IgA at 1:1,000 and 1:2,000, and IgY at 1:100,000 and 1:200,000. Then, 100 μL of each standard and sample was pipetted in the wells of the ELISA plate in duplicate, precoated with antichick antibodies. The plate was incubated for an hour at room temperature, followed by washing. Then, 100 μL of Chicken IgA or IgY Detection Antibody was added to each well, incubated for 1 h, and washed again. The colorimetric reaction was catalyzed for 30 min by adding streptavidin-conjugated horseradish peroxidase with TMB substrate. Finally, the reaction was terminated by adding 100 μL of Stop Solution, and the absorbance was measured using a multimode ELISA plate reader (SynergyLX, Biotek, Santa Clara, CA) at 450 nm.

DNA Extraction and Microbial Metagenomics

Cecal microbial DNA was extracted using the QIAamp DNA Stool Mini Kit (Qiagen, Hilden, Germany), and the concentrations were assessed on NanoDrop One (Thermo Fisher Scientific, Madison, WI). Using this DNA, V3 to V4 hypervariable region of the 16S rRNA gene was amplified following Illumina using primer 5'-CCTACGGGNGGCWGCAG-3' and 5'-GACTACHVGGGTATCTAATCC-3' (Klindworth et al., 2013). After quantification and purification, the amplicons were pooled, and pair-end sequenced using an Illumina MiSeq (Illumina, San Diego, CA). The final

sequences were analyzed in CLC Genomics Workbench 22.0.2 (Qiagen, Hilden, Germany). The selected reads were clustered as operational taxonomical units (OTUs) with 97% sequence similarity against the reference database of Greengenes v13_8 97%. Then, the alpha diversity was established by Chao 1, Simpson's index, and Shannon entropy and demonstrated on a boxplot. Beta diversity was established by Bray-Curtis, Weighted, and Unweighted UniFrac on principal coordinate analysis.

Statistical Analysis

The data were analyzed using 1-way ANOVA in GraphPad Software (GraphPad Software, San Diego, CA) and RStudio (R version 4.2.2, RStudio PBC, Boston, MA). All the results are presented as mean \pm SEM. The differences in the mean between treatment groups were assessed using Tukey's post hoc test. The CLC Workbench Genomics module employed a pairwise Kruskal-Wallis test for alpha diversity and a PERMANOVA test for beta diversity. The relationship between differentially enriched microbiota and other parameters was assessed by conducting Spearman rank correlation analysis in GraphPad. The differences were considered statistically significant at $P < 0.05$.

RESULTS

Growth Performance

The effects of microalgae supplementation on the growth performances of the heat-stressed broilers are shown in Figure 1. The treatment groups fed with basal diet had similar body weights until d 21, whereas heat-stressed broilers supplemented with microalgae had higher body weights at the concurrent time points ($P < 0.05$). The exposure to cyclic heat stress significantly decreased the final body weight compared to the control, whereas dietary supplementation of microalgae increased the final body weight of the heat-stressed broilers. Heat stress reduced the ADG, whereas microalgae supplementation improved the ADG throughout the study period. Although insignificant, the trend shows that final ADFI was decreased when the birds were exposed to heat stress, whereas supplementation of microalgae improved the ADFI. The supplementation of microalgae resulted in an improved FCR and became evident when 2 HS groups were compared.

Ileal Gene Expression

The effects of microalgae supplementation on the expressions of antioxidants, heat shock, immune, and tight-junction genes were analyzed using qPCR. The genes that are expressed differently are presented in Figure 2. The mRNA expression of *GPX3* was not changed in the HS group compared to the NHS group, whereas supplementation of microalgae significantly

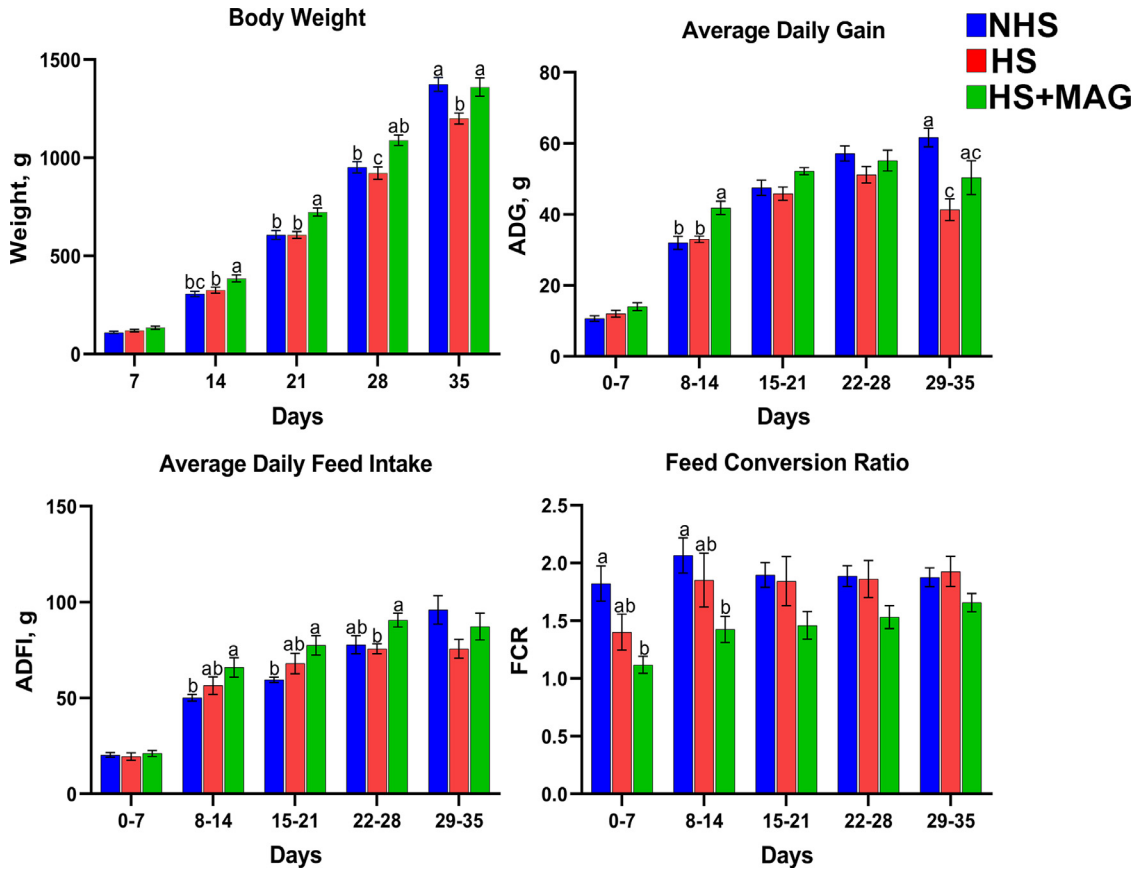


Figure 1. Effects of microalgae supplementation on the growth performances of the heat-stressed broilers: body weight, average daily gain, average daily feed intake, and feed conversion ratio. Different letters indicate a significant difference between treatments at $P < 0.05$.

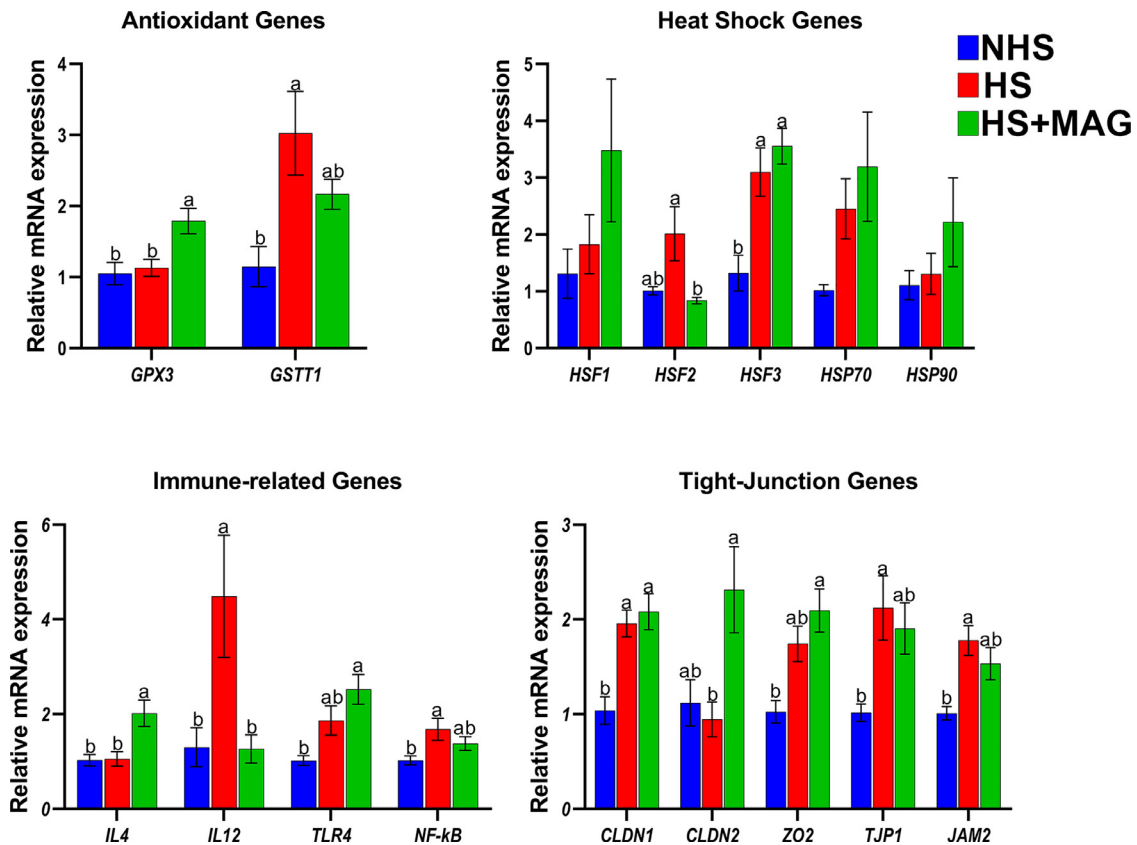


Figure 2. Effects of microalgae supplementation on the relative mRNA expression of the heat-stressed broilers: antioxidant, heat shock, immune, and tight-junction genes. Different letters indicate a significant difference between treatments at $P < 0.05$.

increased its expression in the HS+MAG group ($P < 0.05$). The mRNA expression of *GSTT1* was significantly increased in the HS group than in the NHS group; however, microalgae supplementation decreased its expression more than in the HS group ($P < 0.05$). Heat stress had no significant effect on the mRNA expression of *HSF2* compared to the NHS group, whereas microalgae supplementation decreased its expression ($P < 0.05$). Similarly, *HSF3* mRNA expression was significantly higher ($P < 0.05$) in the HS and HS+MAG groups, whereas there was no difference between the HS and HS+MAG groups. Other heat shock genes such as *HSF1*, *HSP70*, and *HSP90* exhibited an increasing trend with microalgae supplementation.

Proinflammatory cytokine gene *IL4* was not affected by heat stress compared to the control; however, it was significantly upregulated in the microalgae-supplemented group than in the HS group ($P < 0.05$). The mRNA expression of the *IL12* gene was significantly higher in heat-stressed birds than in others ($P < 0.05$). The expression of *TLR4* mRNA showed no significant difference with heat stress, whereas supplementation of microalgae significantly increased its expression compared to the NHS group ($P < 0.05$). Similarly, the expression of the *NF- κ B* gene was significantly increased after heat stress, whereas supplementation of microalgae had no significant effect ($P < 0.05$).

The tight-junction gene *CLDN1* expression was significantly higher in the HS and HS+MAG than in the NHS group, but there was no difference between HS and HS+MAG groups ($P < 0.05$). The mRNA expression of *CLDN2* was significantly higher ($P < 0.05$) in the

microalgae-supplemented group than in others. Microalgae supplementation increased the expression of *ZO2* mRNA in the HS+MAG group than in the NHS; however, there was no apparent change between HS and HS+MAG groups ($P < 0.05$). The expressions of *TJP1* and *JAM2* were increased in the birds subjected to heat stress, whereas the microalgae supplementation had no significant effect compared to the HS group but increased than the control group ($P < 0.05$).

Ileal Histomorphometry

Heat stress did not affect VH, whereas the supplementation of microalgae showed significant improvement in the VH of the HS+MAG group ($P < 0.05$). Heat stress significantly increased the CD than NHS birds ($P < 0.05$); however, CD slightly decreased with microalgae supplementation, although insignificant. The VH: CD ratio was significantly decreased in heat-stressed birds, whereas microalgae supplementation significantly improved the VH: CD ratio ($P < 0.05$). Supplementation of microalgae in heat-stressed birds showed improvement in VSA, but not statistically significant, as shown in Figure 3.

Production of Volatile Fatty Acids

The production of VFAs such as acetate, propionate, butyrate, and total VFAs was decreased in the cecal digesta of the heat-stressed group, whereas the supplementation of microalgae increased the concentration of

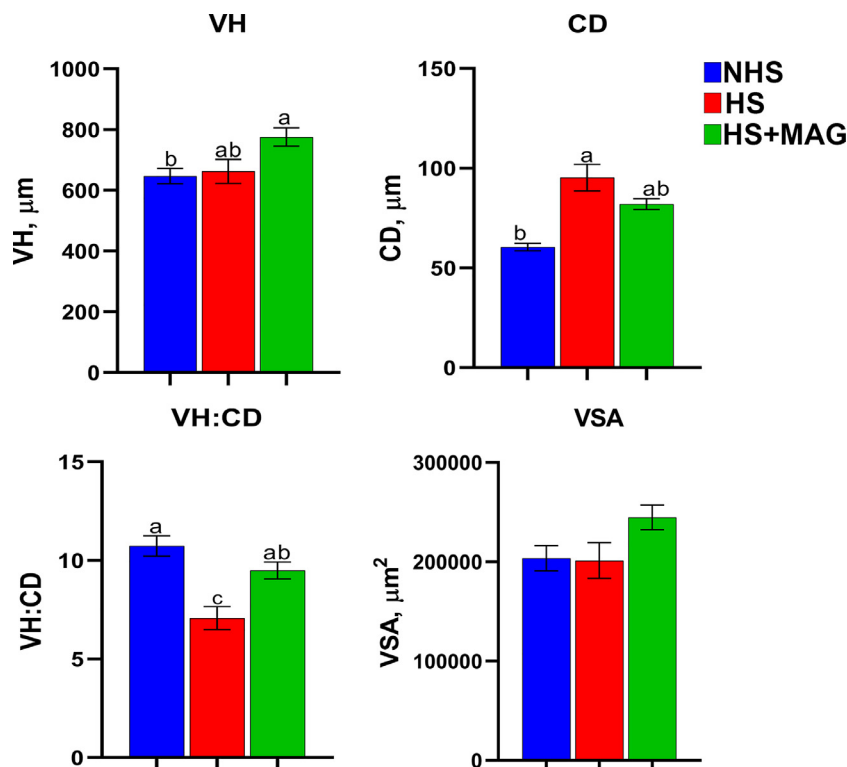


Figure 3. Effects of microalgae supplementation on ileum histomorphology of the heat-stressed broilers: VH, CD, VH: CD, and VSA. Different letters indicate a significant difference between treatments at $P < 0.05$.

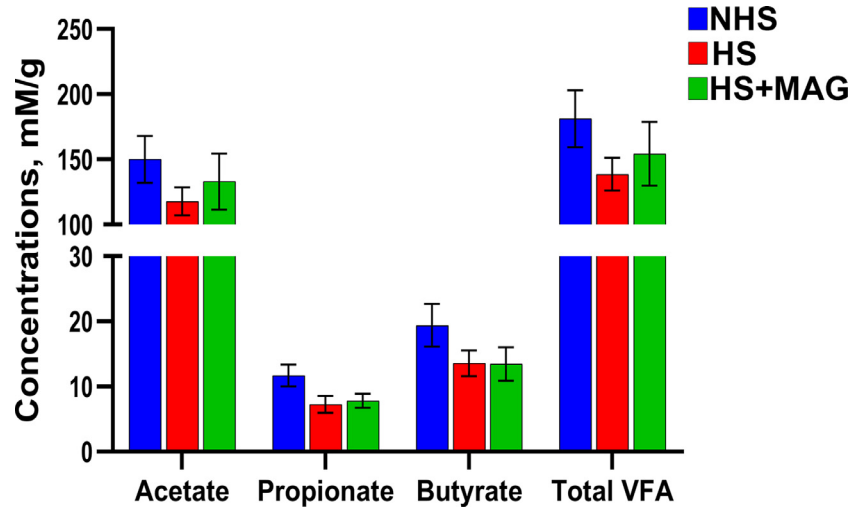


Figure 4. Effects of microalgae supplementation on cecal volatile fatty acids production of heat-stressed broilers: acetate, propionate, butyrate, and total VFAs.

acetate and total VFAs, but the changes were insignificant ($P > 0.05$) as shown in Figure 4.

Plasma Immunoglobulins

As shown in Figure 5, microalgae supplementation had no significant effects on the plasma immunoglobulin (IgA and IgY) concentration ($P > 0.05$). However, microalgae supplementation tended to increase plasma IgA in heat-stressed birds.

Microbial Alpha and Beta Diversity

Alpha diversity refers to the number and abundance of microbial species within a treatment measured by Chao 1, Shannon entropy, and Simpson's index at $P < 0.05$. The Chao1 index estimates the species' richness (i.e., the number of species present) in a treatment. Simpson's index measures microbial richness or evenness, while Shannon entropy measures species richness and community's evenness in a sample or within a treatment. Chao 1, Shannon entropy, and Simpson's index

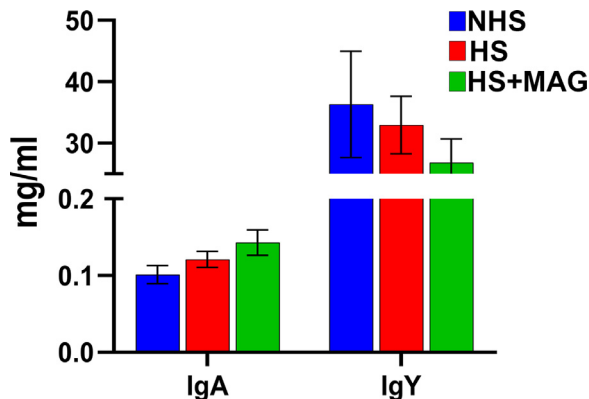


Figure 5. Effects of microalgae supplementation on plasma IgA and IgY of the heat-stressed broilers.

were significantly increased in the microalgae-supplemented group relative to the HS group (Figure 6).

Beta diversity estimates the degree of dissimilarity in microbial community composition between different environments/treatments. In our study, the principal component analysis (PCoA) showed a significant difference in the Bray-Curtis ($P = 0.04856$), Weighted ($P = 0.04491$), and Unweighted ($P = 0.00015$) UniFrac of microbial composition as shown in Figure 6.

Microbial Enrichments

The microbial composition was determined at phylum, class, order, family, and genus level (Figure 7). The most dominant phyla include Firmicutes and Proteobacteria across treatment groups. The abundance of *Firmicutes* and *Proteobacteria* varied in the NHS (95 and 5%, respectively), HS (81 and 19%, respectively), and HS+MAG (62 and 38%, respectively) groups.

The cecal microbial composition, at class level, was dominated by *Clostridia*, *Gamma-Proteobacteria*, and *Bacilli*, and their composition varied in NHS (92, 5, and 3%, respectively), HS (76, 20, and 4%, respectively), and HS+MAG (61, 37, and 2%, respectively) groups.

The *Clostridiales*, *Enterobacteriales*, and *Turicibacterales* were the most abundant orders, and they were present at different proportions in NHS (92, 5, and 3%, respectively), HS (78, 14, and 3%, respectively), and HS+MAG (61, 37, and 2%, respectively) groups.

The *Enterobacteriaceae*, *Lachnospiraceae*, and *Ruminococcaceae* were most abundant in bacterial families and present in various proportions in NHS (4, 26, and 20%, respectively), HS (19, 16, and 9%, respectively), and HS+MAG (37, 15, and 23%, respectively) groups.

The *Oscillospira*, *Ruminococcus*, and *Turicibacter* were the most abundant genera, and they were present at different proportions in NHS (46, 17, and 12%, respectively), HS (30, 18, and 20%, respectively), and HS+MAG (58, 20, and 5%, respectively) groups.

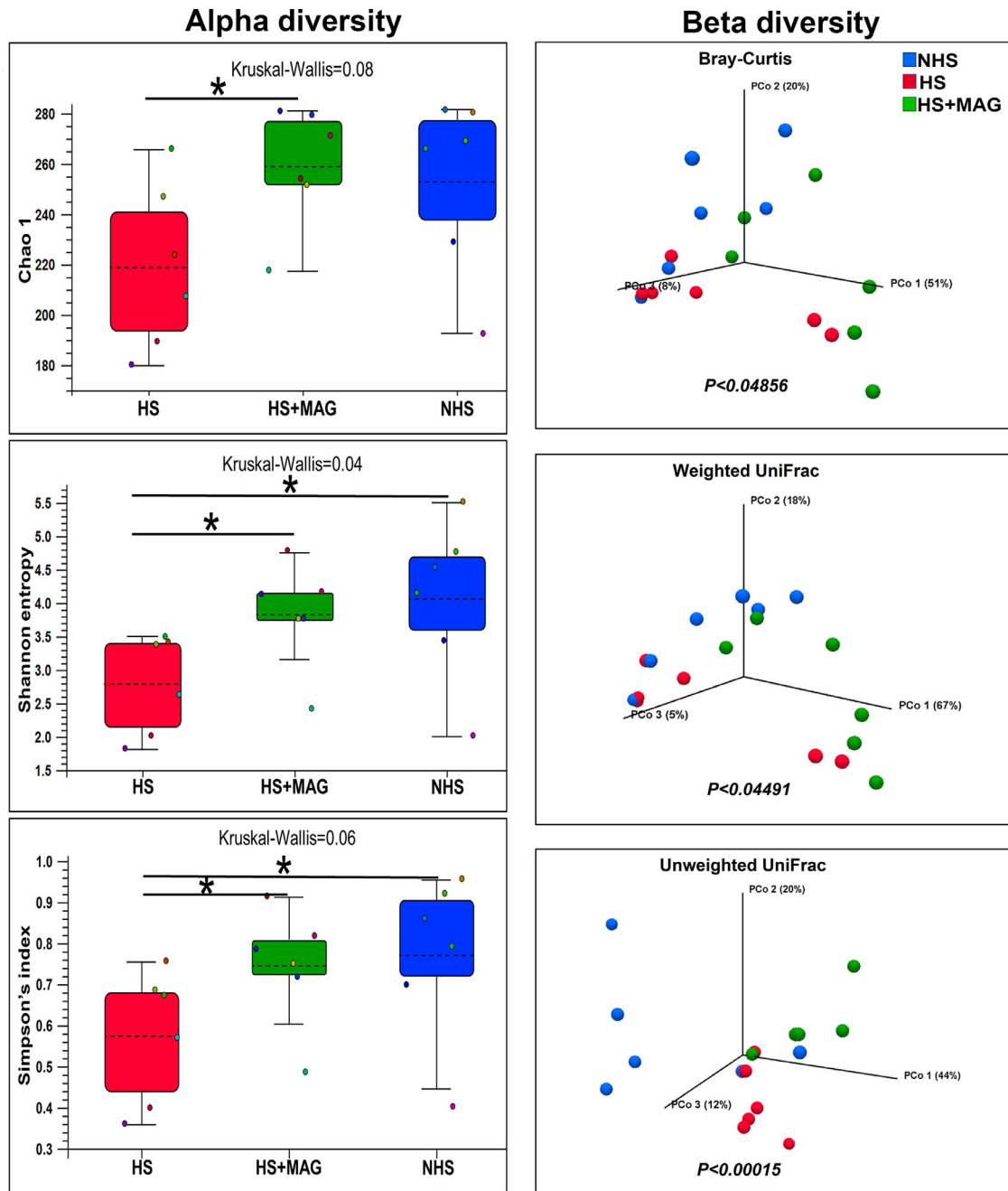


Figure 6. Effects of microalgae supplementation on microbial alpha diversity: Chao 1, Shannon entropy, Simpson's index, and beta diversity: Bray-Curtis, Weighted, and Unweighted UniFrac, in heat-stressed broilers. The effect of treatment was statistically different at $P < 0.05$.

Microbial Correlation With Measured Parameters

The Spearman's rank correlation between the microbial genus and measured parameters was significantly changed (Table 2). The expression of antioxidant genes (*GPX3*) positively correlated with *Lactobacillus*, whereas *PRDX1*, *CAT*, and *SOD2* were negatively correlated with *Ruminococcus*, *Lachnospiraceae*, *Flavonifractor*, and *Anaerotruncus*. Similarly, the heat shock genes *HSF3*, *HSP70*, and *HSP90* were negatively correlated with *Romboutsia* and *Lachnospiraceae* unclutured genus. The genes related to immunity, such as

TLR4, *IL1 β* , *AvBD4*, *IL4*, and *NF-kB* were negatively correlated with *Romboutsia*, *Blautia*, *Lachnospiraceae* unclutured genus, *Lachnospiraceae*, and *Eisenbergiella*. The genes *NF-kB* and *IL4* were also positively correlated with *Flavonifractor* and *Oscillibacter*, respectively. The expressions of tight-junction-related genes (*ZO2*, *CLDN1*, *CLDN2*, and *OCN*) were negatively correlated with *Romboutsia*, *Christensenellaceae* R-7 group, and *Lachnospiraceae*. There was a negative association between *SGLT1* and *Lactobacillus*, and *Anaerotruncus*. The appetite-related intestinal genes; *GLP1R*, *GLP2R*, and *Galanin* also negatively correlated with *Ruminococcus*, *Blautia*, *Flavonifractor*, and

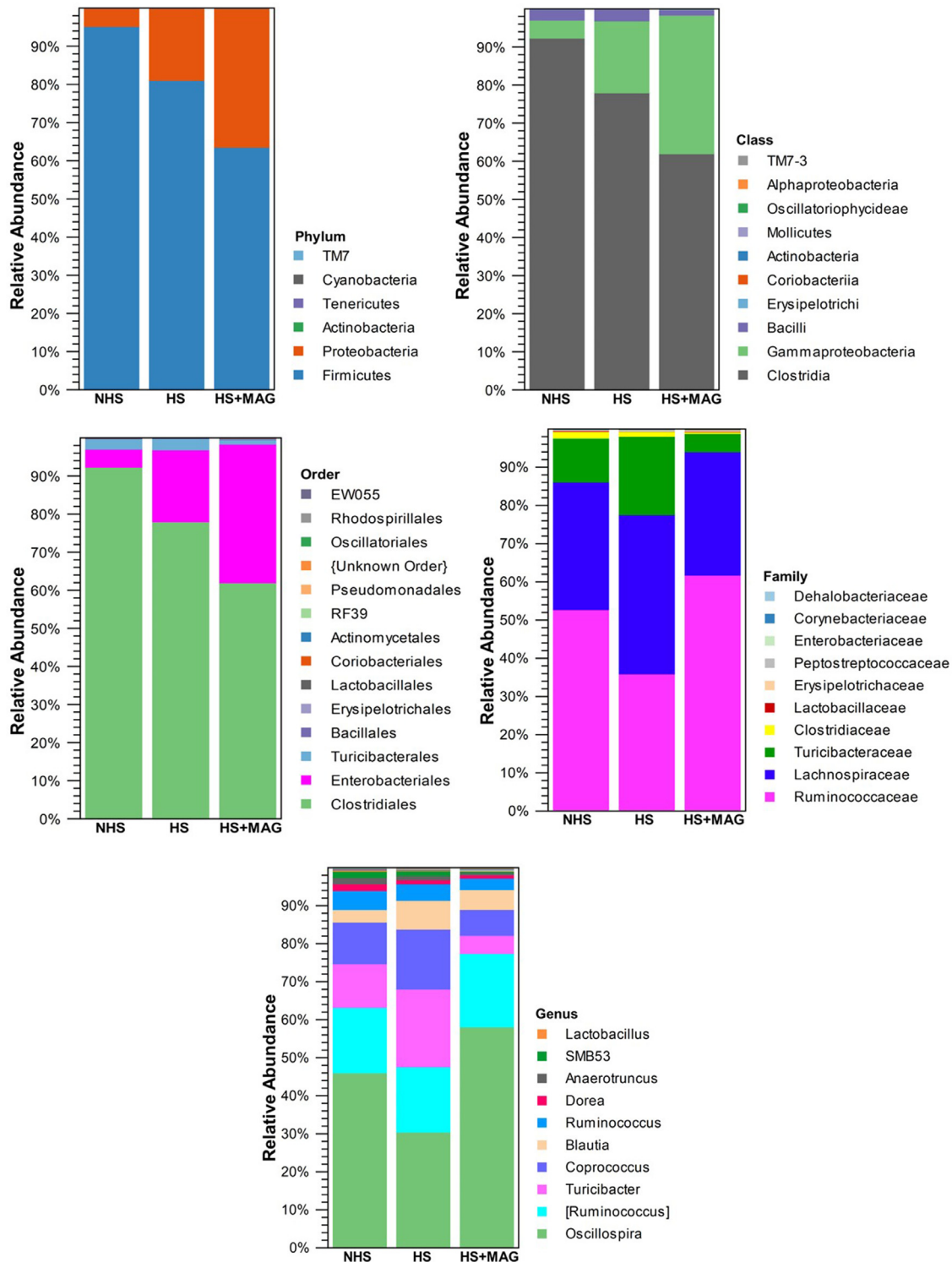


Figure 7. Relative abundance of microbiota at phylum, class, order, family, and genus level.

Oscillibacter. The body weight was negatively correlated with *Turicibacter*, and VH: CD ratio was positively correlated with *Clostridia* UCG-014.

DISCUSSION

Broiler chickens are a great source of animal-sourced protein for human consumption. However, high

environmental temperatures negatively impact broilers' health and production, resulting in severe economic loss in the broilers industry (Lara and Rostagno, 2013; Nawab et al., 2018; Humam et al., 2019). Therefore, it is crucial to mitigate heat stress in broilers using sustainable strategies. This study found that cyclic heat stress decreased the final body weight, ADG, and ADFI while increasing FCR in broilers. However, dietary microalgae supplementation increased final body weight, ADG, and

Table 2. Spearman correlation between different parameters and most abundant microbial species.

Variables	Differential microbiota	<i>P</i>	<i>r</i>
<i>GPX3</i>	<i>Lactobacillus</i>	0.0422	0.4832
<i>SGLT1</i>	<i>Lactobacillus</i>	0.0260	-0.5229
<i>PRDX1</i>	<i>Ruminococcus</i>	0.0389	-0.4902
<i>GLP1R</i>	<i>Ruminococcus</i>	0.0052	-0.6285
<i>HSF3</i>	<i>Romboutsia</i>	0.0007	-0.7214
<i>HSP70</i>	<i>Romboutsia</i>	0.0186	-0.5480
<i>ZO2</i>	<i>Romboutsia</i>	0.0162	-0.5576
<i>CLDN1</i>	<i>Romboutsia</i>	0.0024	-0.6698
<i>TLR4</i>	<i>Romboutsia</i>	0.0001	-0.7785
<i>CASP3</i>	<i>Romboutsia</i>	0.0090	-0.5996
<i>IL1B</i>	<i>Romboutsia</i>	0.0180	-0.5521
<i>AvBD4</i>	<i>Blautia</i>	0.0270	-0.5191
<i>GLP2R</i>	<i>Blautia</i>	0.0440	-0.4799
<i>HSF3</i>	<i>Lachnospiraceae_uncultured genus</i>	0.0027	-0.6636
<i>HSP70</i>	<i>Lachnospiraceae_uncultured genus</i>	0.0186	-0.5480
<i>HSP90</i>	<i>Lachnospiraceae_uncultured genus</i>	0.0335	-0.5026
<i>TLR-4</i>	<i>Lachnospiraceae_uncultured genus</i>	0.0057	-0.6236
<i>ZO2</i>	<i>Lachnospiraceae_uncultured genus</i>	0.0219	-0.5359
<i>NF-kB</i>	<i>Lachnospiraceae_uncultured genus</i>	0.0500	-0.4654
<i>IL-4</i>	<i>Lachnospiraceae_uncultured genus</i>	0.0182	-0.5493
<i>OCN</i>	<i>Lachnospiraceae_uncultured genus</i>	0.0100	-0.5913
<i>CADHERIN</i>	<i>Lachnospiraceae_uncultured genus</i>	0.0350	-0.4997
<i>CAT</i>	<i>Lachnospiraceae_uncultured genus</i>	0.0250	-0.5273
<i>GLP2R</i>	<i>Flavonifractor</i>	0.0080	-0.6071
<i>NF-kB</i>	<i>Flavonifractor</i>	0.0241	0.5287
<i>SOD2</i>	<i>Flavonifractor</i>	0.0360	0.4977
<i>SGLT1</i>	<i>Anaerotruncus</i>	0.0230	-0.5323
<i>SOD2</i>	<i>Anaerotruncus</i>	0.0460	-0.4755
<i>Galanin</i>	<i>Oscillibacter</i>	0.0500	-0.0918
<i>IL-4</i>	<i>Oscillibacter</i>	0.0322	0.5059
<i>CLDN2</i>	<i>Christensenellaceae R-7 group</i>	0.0004	0.7482
<i>IL-4</i>	<i>Eisenbergiella</i>	0.0024	-0.6680
Body weight	<i>Turicibacter</i>	0.0399	-0.0627
VH: CD	<i>Clostridia UCG-014</i>	0.0388	0.4904

The correlations are statistically significant at $P < 0.005$.

ADFI, and improved FCR. Further, this study revealed that the dietary supplementation of microalgae improved the redox system, intestinal integrity, and gut microbiome of heat-stressed broilers. This positive outcome of the study suggests that microalgae could be a beneficial supplement in broilers for combating the negative effects of heat stress.

Broilers that experience heat stress are prone to oxidative stress, as their endogenous antioxidant system cannot effectively eliminate cellular free radicals (Wasti et al., 2020). To understand the mechanism by which microalgae supplementation improved the redox system, we analyzed the expressions of several antioxidant-related genes in the ileum. The expression of the *GPX3* was improved in heat-stressed broilers supplemented with microalgae, which is attributed to the antioxidant properties of microalgae. The increased expression of the *GSTT1* in the heat-stressed group indicates the acclimatization of broilers to chronic heat stress. Free radicals, ROS/RNS, are normally maintained at physiological levels. However, heat stress causes excessive generation of free radicals and disrupts the redox dynamic leading to oxidative damage to proteins, lipids, and nucleic acids (Arnaud et al., 2002). These free radicals are scavenged by the integrated action of antioxidant genes, including superoxide dismutase, glutathione peroxidase, and catalase. Superoxide dismutase is considered the forefront

enzyme as it catalyzes the superoxides to H_2O_2 , which are neutralized to H_2O and O_2 by glutathione peroxidase and catalases (Surai, 2016; Surai et al., 2018). Glutathione S-transferases, including *GSTT1*, inhibit the Jun N-terminal kinase and confers protection against H_2O -induced cellular damage (Sheehan et al., 2001). Therefore, heat stress damages intestinal epithelium by inducing oxidative stress, compromising intestinal integrity and nutrient absorption, which was improved by microalgae supplementation.

Heat shock proteins (HSPs) are produced in response to oxidative stress and act as molecular chaperones in protecting the cells from oxidative damage. Reactive oxygen species produced due to oxidative stress interact with cellular proteins and impair their functions. Thus, HSPs are produced as a downstream mechanism to facilitate protein scaffolding and prevent protein aggregation (Sikora and Grzesiuk, 2007). Transcriptional factors such as heat shock factors (*HSF1-4*) bind to heat shock regulatory elements to increase the biosynthesis of heat shock proteins (Fujimoto and Nakai, 2010). This study demonstrated that microalgae supplementation improved the production of *HSP70*, *HSP90*, *HSF1*, and *HSF3*. In avian species, *HSF1* and *HSF3* are key transcriptional regulators for producing substantial heat shock proteins (Inouye et al., 2003; Cedraz et al., 2017). *HSF1* is believed to activate at medium thermal stress, whereas *HSF3* is activated at chronic thermal stress (Cedraz et al., 2017). With the minimal role of *HSF2* in heat stress, it is responsible for the developmental process and activated during spermatogenesis, embryogenesis, and neurogenesis (Pirkkala et al., 2001). Therefore, supplementation of microalgae in heat-stressed broilers showed a promising result by increasing the expression of protective heat shock proteins.

The immune status of a flock is an indispensable factor in poultry production as it protects birds from endogenous and exogenous pathogens. Heat stress compromises immunity by disturbing the proper development of the immune organs and reducing the immunocompetence of birds to pathogens (Chegini et al., 2018; Hirakawa et al., 2020). Once pattern recognition receptors recognize the notorious substances, the *TLR4-NF-kB* signaling pathway leads to the production of proinflammatory cytokines (Shibata et al., 2011; Tang et al., 2021). Cytokines are immune regulatory proteins secreted by a wide variety of cells that are important in stimulating the immune response in birds. Heat stress alters the expression of these immune markers, weakens the immune system, and makes it harder for the body to fight off infections. However, a significant upregulation of the *IL12* gene in the heat-stressed birds symbolizes the acclimatization of birds to chronic heat stress. *IL12* activates natural killer cells and induces the production of *interferon-γ* (Balu et al., 2011). In this study, the mRNA expressions of immune genes such as *TLR4*, *NF-kB*, *IL4*, and *IL12* were increased in the birds supplemented with microalgae. The increased expressions of these genes are associated with enhanced immunity in microalgae-supplemented birds related to the immunostimulatory effect of microalgae.

Intact intestinal mucosal integrity is paramount for the efficient absorption of nutrients and for preventing paracellular diffusion of notorious antigens. The tight-junction proteins are dynamic structures formed by the interaction of multimeric proteins (Aijaz et al., 2007), which create a seal between adjacent epithelial cells (Farquhar and Palade, 1963). The junctional transmembrane proteins, *occludins* (*OCLN*), *claudins* (*CLDN*), junctional adhesion molecule (*JAM*), and tricellulin interact with intracellular scaffold protein called *zona occludens* (*ZO*), which anchors with the actin cytoskeleton (Lee, 2015). However, heat stress damages the gut epithelial lining and disrupts the barrier function. However, heat stress-induced oxidative damage can impair the digestion and absorption of nutrients in poultry (Mishra and Jha, 2019). In this study, *CLDN1*, *CLDN2*, *ZO2*, *TJP1*, and *JAM2* expressions were increased in the heat-stressed birds supplemented with microalgae. The upregulation of tight-junction genes indicates the adaptation of the birds to chronic heat stress. The increased expression of tight-junction genes with microalgae supplementation is ascribed to the protective roles of bioactive compounds. Small intestines are accountable for digestion and absorption of nutrients and, ultimately, the final growth.

In addition to the underlying health markers, the intestinal mucosal microstructures are extremely important for efficient nutrient absorption and comprise finger-like projections known as villi. Villi are further composed of minuscule structures called microvilli. Villi increase the small intestine's surface area, which is essential for nutrient absorption (Noy et al., 2001). However, many factors can impact intestinal health, altering the villi length and thus reducing the absorption potential of the small intestine, such as heat stress (Burkholder et al., 2008). This study showed that ileal villi height increased, and crypt depth decreased with microalgae supplementation in heat-stressed birds. Consequently, microalgae supplementation significantly increased the ratio of villi height to crypt depth, which is fundamental for efficient nutrient absorption. Better absorption of nutrients leads to better growth of a bird.

The birds' performance also depends on the cecal volatile fatty acids (acetate, propionate, and butyrate). VFAs regulate gut development, barrier integrity, and immunity of birds (Kihara and Sakata, 1997; Yang et al., 2020). VFAs maintain a suitable milieu in the gut, influence the growth of epithelial cells, stimulate mineral absorption, maintain pH, and limit the invasion of pathogenic microorganisms (Walugembe et al., 2015). Most importantly, VFAs produce energy through glycolysis, and gluconeogenesis, and act as major fuel for colonocytes (Jha et al., 2019). In addition, VFA, mainly butyrate helps to minimize the pathogenic bacterial colonization of the intestine (Jha and Mishra, 2021). This study did not find remarkable changes in the cecal VFAs; however, acetate and total VFA showed an increasing trend in microalgae supplemented group.

Plasma immunoglobulins are the potential markers of immune status in birds. In this study, microalgae

supplementation did not impact plasma IgA and IgY across the treatment groups. In the previous study, *Spirulina* supplementation in heat-stressed broilers did not affect plasma IgA and IgY immunoglobulin levels (Elbaz et al., 2022). Chickens are the only avian species with 3 major antibody classes: IgA, IgM, and IgY. Environmental factors such as heat stress can affect the birds' immune status and circulating antibody titers. However, there is a dearth of scientific evidence, and need more investigations to explain the baseline mechanism of heat stress on the immune physiology of birds.

The poultry gut is acclimatized for harboring complex microbial communities, including beneficial bacteria and pathogens (Barnes, 1979). As the chicks are hatched, their guts are colonized by various microorganisms and form an intricate relationship with the host. The gut microbiota has a vital role in gut development and maturation, fermenting polysaccharides, producing energy in the form of amino acids and VFAs, and immune establishment (Oakley and Kogut, 2016). Microbiota has bidirectional interplay with several organs affecting their physiology, such as the microbiota-gut-brain axis (Mullaney et al., 2022) and microbiota-gut-liver axis (Compare et al., 2012). However, heat stress disrupts the cecal microbial homeostasis leading to comorbidity and compromised growth performance. This study revealed that dietary supplementation of microalgae improved the microbial richness and diversity in heat-stressed broilers. Beta diversity determined with Weighted and Unweighted UniFrac showed a significant difference in microbial metagenomics. The changes in the bacterial diversities may be ascribed to the microalgal richness of polysaccharides acting as prebiotics and bioactive compounds. However, further investigations are required to explain the underlying reasons that may be associated with the effect of microalgal components on cecal microbiota.

Unlike other food animals, the anatomic peculiarity of the poultry gut (with a shorter intestinal tract and faster digesta transit) has a selective effect on microbial diversity (Pan and Yu, 2014). The cecum is the primary fermentation site harboring complex microbiota in poultry. These microbes affect intestinal villi morphology and potentially affect gut physiology by altering enzyme activities, tight junctions, and immune response. However, microbial species and their role are yet to be understood. In this study, OTU alignment in CLC Workbench revealed that *Firmicutes*, *Proteobacteria*, *Actinobacteria*, and *Tenericutes* were major phyla across the treatment groups making *Firmicutes* the most dominant phylum. This finding was consistent with the results of several previous studies (Sohail et al., 2015; Xiao et al., 2017; Wasti et al., 2021). *Firmicutes* include many genera of bacteria beneficial for gut health (Mancabelli et al., 2016).

The major microbial genera across the different groups were *Oscillospira*, *Ruminococcus*, *Turicibacter*, *Coproccoccus*, *Blautia*, *Dorea*, and *Anaerotruncus*. *Oscillospira* is associated with producing volatile fatty acids, enhancing mucin production, maintaining intestinal integrity,

and reducing tissue damage (Duncan et al., 2002). The exposure of birds to heat stress reduced the *Oscillospira* population, which is consistent with the finding of previous studies (Shi et al., 2019). However, the dietary supplementation of microalgae increased the abundance of *Oscillospira*. *Ruminococcus* is one of the dominant bacteria with a dietary fiber fermenting role in producing volatile fatty acids such as butyrate, which is crucial in reducing inflammation and maintaining gut epithelial health (Lakshmanan et al., 2022). Moreover, *Ruminococcus* is also associated with the production of neurometabolites such as serotonin, norepinephrine, and N-acetyl aspartate, potentially affecting brain function and behavior (Mudd et al., 2017; Lukić et al., 2019). In the present study, the abundance of other genera of bacteria, *Turicibacter*, *Coproccoccus*, *Blautia*, *Dorea*, and *Anaerotruncus* was increased in the heat-stressed birds and decreased in the microalgae-supplemented groups. *Turicibacter* influences the body's fat composition by affecting the bile acids and lipid metabolisms (Lynch et al., 2022). In addition, studies have shown that other genera of bacteria, such as *Coproccoccus*, *Blautia*, *Dorea*, and *Anaerotruncus* are linked with the maintenance of gut microbial homeostasis, generation of crucial VFAs and vitamin B-complexes, and host immunity (Liu et al., 2021; Nogal et al., 2021; Palmnäs-Bédard et al., 2022). However, the role of most of the bacteria present in the birds' ceca is not clear. Knowing and understanding the nature and effect of those bacteria on the bird's gut health can have further implications in the poultry industry.

Microbiome and host interaction have a significant influence on several biological processes. Gut microbial richness with beneficial bacteria can result in a useful impact; on the other hand, gut dysbiosis can be inimical, resulting in an undesirable effect on the health and performance of a bird (Singh et al., 2021). Though microbiota's impact on birds' health has not been clearly illustrated, a correlation study can estimate the nexus between gut microbiota and several health parameters. The correlation study exhibited that several genes were significantly correlated with cecal microbiota. The expression of ileal *GPX3* was positively correlated. In contrast, sodium-dependent glucose transporter 1 (*SGLT1*) was negatively correlated with *Lactobacillus*. These bacteria are important in maintaining a healthy gut through intestinal homeostasis, fermentation, and immune modulation (Leal et al., 2023). *Ruminococcus* negatively correlated with *peroxiredoxin 1* (*PRDX1*) and *glucagon-like peptide 1 receptor* (*GLP1R*). Several genes (*HSF3*, *HSP70*, *ZO2*, *CLDN1*, *TLR4*, *CASP3*, and *IL1β*) were negatively correlated with *Romboutsia* and are assumed to have a potential role in the regulation of lipid and cholesterol metabolism (Yin et al., 2023). Metagenomic analysis correlated *Lachnospirillum* with several beneficial roles in intestinal health, such as acetate production (Nogal et al., 2021) and also associated with atherosclerosis in mice (Cai et al., 2022). *Lachnospirillum* was negatively correlated with *ZO2*, *NF-κB*, *IL4*, *OCN*, *CAT*, and *Cadherin*. *Flavonifractor* regulate inflammation in obese mice and are linked with the metabolism of flavonoids

such as catechins and quercetin (Mikami et al., 2020; Rodriguez-Castaño et al., 2020). *Flavonifractor* showed a negative correlation with *GLP2R* and a positive correlation with *NF-κB* and *SOD2*. *Anerotruncus*, negatively correlated with *SGLT1* and *SOD2* genes, are the bacteria that stimulate the regulatory T-cells and decrease inflammation in mouse models. Thus, these bacteria may play a significant role in immune modulation, improving birds' performances.

In conclusion, the dietary supplementation of microalgae to heat-stressed birds improved the final body weight, intestinal histomorphology, and expressions of antioxidant, immune-related, and tight-junction genes. Moreover, microbial diversity and beneficial bacteria were highly enriched in the microalgae-supplemented group. These findings suggest that microalgae can potentially be used as a natural and effective dietary supplement to mitigate heat stress in broilers, thereby improving the health and production performance of broiler chickens.

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Data Availability: The metagenomics sequence data used in this study have been submitted to the NCBI database (accession no: PRJNA961296).

DISCLOSURES

The authors declare that they have no competing interests.

SUPPLEMENTARY MATERIALS

Supplementary material associated with this article can be found, in the online version, at [doi:10.1016/j.psj.2023.102958](https://doi.org/10.1016/j.psj.2023.102958).

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