

pISSN 2288-6575 • eISSN 2288-6796 https://doi.org/10.4174/astr.2025.108.3.177 Annals of Surgical Treatment and Research

A single center experience on clinical outcome of fundoplication in pediatric patients: a retrospective cohort study

Yuyoung Oh^{1,2}, Joong Kee Youn^{1,2}, Hee-Beom Yang^{2,3}, Hyun-Young Kim^{1,2}, Dayoung Ko^{1,2}

¹Department of Pediatric Surgery, Seoul National University Children's Hospital, Seoul, Korea

Purpose: The study aimed to evaluate the characteristics and operative-related factors in children who underwent fundoplication, analyze surgical outcomes categorized by disease entity and surgical indication, and identify prognostic factors for reoperation risk.

Methods: A total of 109 pediatric patients who underwent fundoplication between 2008 and 2022 were retrospectively analyzed. Patients were grouped by disease entity and surgical indication. Underlying diseases, comorbidities, sex, gestational age, birth weight, preoperative symptoms, and operation-related factors were examined. Outcomes were classified as short-term and long-term adverse events. We investigated differences in clinical outcomes according to disease entity and surgical indication. Then we statistically identified preoperative predictors for the risk of reoperation.

Results: The most common disease entity was neurological impairment (n = 92). Pulmonary comorbidity (42.2%) and aspiration/regurgitation (87.2%) were the most common. Most surgeries were performed laparoscopically (86.2%). There were 12 short-term and 25 long-term adverse events, with long-term events occurred more frequently in the neurological impairment (NIP) group compared to the non-NIP group (P = 0.04). None of the factors showed a significant relationship with the risk of reoperation.

Conclusion: Neurologically impaired children were more likely to experience long-term adverse events postfundoplication. However, no significant predictors for reoperation risk were identified.

[Ann Surg Treat Res 2025;108(3):177-185]

Key Words: Child, Fundoplication, Gastroesophageal reflux, Pediatrics

INTRODUCTION

Nissen fundoplication is the most common antireflux surgery performed in pediatric patients. Almost all pediatric patients undergoing fundoplication have medically intractable gastroesophageal reflux disease (GERD) with other comorbidities [1,2]. Meanwhile, a few patients without GERD

undergo fundoplication for prophylactic purposes, and some studies suggest that fundoplication is effective even in cases of mild GERD, where the symptoms are relatively mild [3]. For those undergoing fundoplication due to medically refractory GERD, the procedure aims to control GERD symptoms, prevent related complications, and ensure adequate nutrition for growth [4]. In fact, 5%-7% of children suffer from GERD, and notably,

Received November 11, 2024, Revised December 3, 2024, Accepted December 17, 2024

Corresponding Author: Dayoung Ko

Department of Pediatric Surgery, Seoul National University Children's Hospital, Seoul National University College of Medicine, 101 Daehak-ro, Jongno-gu, Seoul 03080, Korea

Tel: +82-2-2072-2478, **Fax:** +82-2-747-5130

E-mail: kodayoung@snu.ac.kr

ORCID: https://orcid.org/0000-0002-6090-1906

Copyright 2025, the Korean Surgical Society

(CC) Annals of Surgical Treatment and Research is an Open Access Journal. All articles are distributed under the terms of the Creative Commons Attribution Non-Commercial License (http://creativecommons.org/licenses/by-nc/4.0/) which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited.

²Department of Surgery, Seoul National University College of Medicine, Seoul, Korea

³Department of Surgery, Seoul National University Bundang Hospital, Seongnam, Korea



26%-91% of children with neurological impairment (NIP) are known to have GERD [5-7]. Since GERD-related aspiration pneumonia is the most significant cause of death in children with NIP, fundoplication, as an anti-reflux surgery to address it, should be treated with importance.

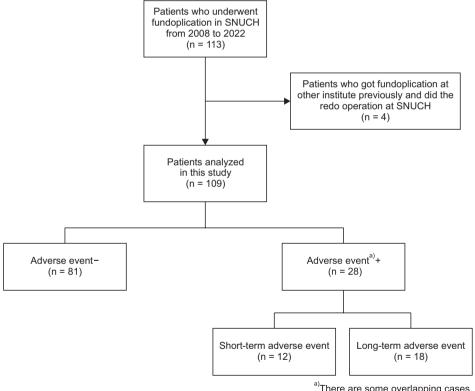
Although Nissen fundoplication is commonly performed for both GERD and prophylactic purposes, little is known about the long-term outcomes and effectiveness. In addition, according to previous studies, the subsets of patients with a higher operation failure rate include those with associated respiratory conditions, NIPs, esophageal atresia, and infants under the age of 1 year [8-11]. Some literature suggests these medical conditions may lead to a greater likelihood of surgical failure; there is also research showing that if the preoperative response to proton pump inhibitors is good, the surgical outcome is significantly better [12]; however, few studies provide definitive answers on whether these preexisting conditions or initial surgical approaches affect the clinical outcome.

Therefore, in our study, we aimed to retrospectively analyze

the clinical outcomes of pediatric patients who underwent Nissen fundoplication at Seoul National University Children's Hospital. First, we evaluated the general characteristics of children who underwent fundoplication and investigated operation-related factors. We examined the clinical outcomes of fundoplication and analyzed surgical results among patients categorized by disease entity and indication for surgery. As a secondary aim, we also sought predictive factors that could be used to forecast post-fundoplication outcomes.

METHODS

We conducted a retrospective study of pediatric patients who underwent Nissen fundoplication. The study included 113 patients who underwent Nissen fundoplication between 2008 and 2022. All data collection and analysis were performed after obtaining approval from the Institutional Review Board of Seoul National University Hospital (No. 1707-119-872). Informed consent was not required because of the retrospective nature of



^{a)}There are some overlapping cases.

Definition of adverse event

- · Short term adverse event: immediate postop
- complication occurred within postoperative 2 wk
- · Long-term adverse event:
- Loosening of fundoplication wrap
- Hiatal hernia
- Aspiration pneumonia
- Ileus
- Redo fundoplication

Follw-up period, year 3.3±3.0 (max = 11 yr)

Fig. 1. Flow diagram. The total number of patients analyzed, along with the inclusion and exclusion criteria, were described. Additionally, a brief description of the clinical outcomes and the definition of adverse events were provided. SNUCH, Seoul National University Children's Hospital.

this study.

Four patients who had undergone fundoplication at another institute previously and then underwent a redo fundoplication at our institute were excluded (Fig. 1). A total of 109 patients were analyzed in this study. The mean follow-up period was 3.3 \pm 3.0 years (mean \pm standard deviation) with a maximum of 11-year follow-up.

The data collected for each patient included underlying disease (classified as neurological [NIP], muscular, or others), demographics (sex, gestational age, or birth weight), comorbidity,

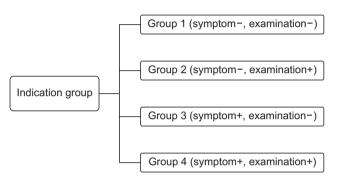


Fig. 2. Definition of indication group. The definition of the indication group, classified by preoperative symptoms and results of preoperative examinations, was provided. Symptom: aspiration, regurgitation, or vomiting (representative symptoms of gastroesophageal reflux [GER]). Examination: upper gastrointestinal series or pH monitoring found GER.

preoperative symptoms, and preoperative evaluations (upper gastrointestinal series [UGIS] and/or 24-hour pH monitoring). Details also encompassed operation-related statistics such as age and body weight at the time of operation, duration of operation, anesthesia time, and surgical methods (open and laparoscopy), along with concurrent procedures (gastrostomy with timing and pyloroplasty).

Patients were categorized into disease groups: NIP, muscular disease, and others. Based on the presence or absence of preoperative symptoms and results of preoperative tests, patients were divided into 4 indication groups, as depicted in Fig. 2. Group 1 included patients without preoperative gastroesophageal reflux (GER) symptoms, with no confirmation of GER on preoperative examination, undergoing fundoplication for prophylactic purposes, especially for those bedridden and at risk of future GERD. Group 2 consisted of patients without preoperative GER symptoms but diagnosed with GER during examinations; these individuals were often scheduled for other surgeries like tracheostomy or gastrostomy, where GER was incidentally detected. Group 3 encompassed patients presenting with preoperative GER symptoms yet without confirmation by tests. Group 4 included patients with confirmed GER by examinations, accompanied by symptoms.

We assessed whether concurrent procedures like gastrostomy (noting the timing as pre-, post-, or intraoperative) and pyloroplasty were performed simultaneously with

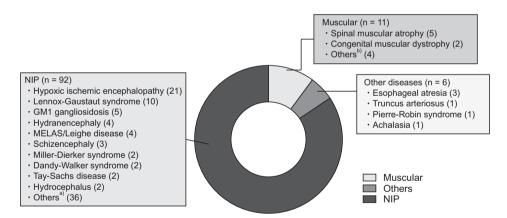


Fig. 3. Disease entity. The main disease group of patients is depicted in a graph, classified into neurological, muscular, and other diseases. Additionally, the lists of each disease entity and the number of patients were provided. GM1, ganglioside monosialic acid 1; MELAS, mitochondrial encephalomyopathy, lactic acidosis, and stroke-like episodes. ^aOthers (neurological impairment) include Dravet syndrome, Charcot-Marie-Tooth disease, Beare-Stevenson syndrome, Phelan-McDermid syndrome, Krabbe disease, fetal alcohol syndrome, Pelizaeus-Merzbacher disease, Schaaf-Yang syndrome, GNA01 encephalopathy, glycine encephalopathy, Coffin-Siris syndrome, Allan-Herdon-Dudley syndrome, febrile infection-related epilepsy syndrome, Wolf-Hirshhorn syndrome, ATRX syndrome, methyl-CpG-binding protein 2 duplication syndrome, West syndrome, metachromatic leukodystrophy, Menkes disease, radiotherapy-induced encephalopathy, X-linked adrenoleukodystrophy, acute disseminated encephalomyelitis, q23.1 deletion syndrome, CASK-related developmental and epileptic encephalopathy and brain atrophy, ventriculomegaly, holoprosencephaly, El12AK2 het c.325G>Tp.Alal09Ser *de novo* confirmed microcephaly simplified gyral pattern, neonatal periventricular leukomalacia, DYNC1H1 missense p.Lys4406Gln de novo (not in Human Gene Mutation Database), 3q26.1q26.2 deletion, Chr 22q22.33q11.1 8.60b deletion, TWE 513 RNA polymerase III subunit A, p.Leu617Pro/c.1771-6C>G comhet confirmed (tramn), central hypotonia, anaplastic ependymoma, Down syndrome with status epilepticus, neuro-regression of unknown etiology. ^bOthers (muscular disease) include Fukuyama congenital muscular dystrophy, Duchenne muscular dystrophy, nemalin rod myopathy, SPG11-related neuromuscular disease.



fundoplication. Clinical outcomes of fundoplication were examined and categorized as short-term outcomes and long-term outcomes, with adverse events during each period investigated.

In terms of postoperative outcomes, we investigated the occurrence of adverse events and the cases that required reoperation. Adverse events were defined as follows: short-term adverse events were those that occurred during the hospitalization period, usually within 2 weeks after surgery. Long-term adverse events were defined as events such as loosening, hiatal hernia, aspiration pneumonia, and ileus that occurred after discharge. Long-term adverse events were those that occurred after discharge and required rehospitalization.

We explored potential differences in clinical outcomes based on disease entity and indication groups (groups 1 to 4). We also examined whether demographic or operation-related variables might influence the clinical outcome of fundoplication. We conducted the Fisher exact test and calculated the odds ratio with P-value for variables. To assess differences among more than 3 variables, we conducted an analysis of variance test. Statistical analysis was completed using IBM SPSS Statistics for Windows, ver. 7.1 (IBM Corp.). In all reported P-values, <0.05

were considered significant.

RESULTS

Disease entity and demographic statistics for 109 patients were summarized in Fig. 3 and Table 1. The most common comorbidity was pulmonary disease, often necessitating tracheostomy formation for conditions such as bronchopulmonary dysplasia, persistent asthma, recurrent pneumonia, and oxygen supplementation needs. Gastrointestinal and cardiologic comorbidities were more prevalent in the non-NIP group than in the NIP group, with significant statistical differences (12.0% vs. 35.3%, P=0.025; 7.6% vs. 29.4%, P=0.020). The gastrointestinal comorbidities included conditions like esophageal atresia and intestinal malrotation.

Preoperative symptoms such as aspiration/regurgitation were the most common, followed by respiratory distress and vomiting. Aspiration/regurgitation was more frequent in the NIP group, while vomiting prevailed in the non-NIP group (P = 0.045 and P = 0.016, respectively).

For indication groups, only 4 cases in group 1 underwent

Table 1. Baseline descriptive characteristics

Characteristic	Total	NIP group	Non-NIP group	P-value
No. of patients	109	92	17	
Gestational age (wk)	37.01 ± 4.41	37.19 ± 4.31	33.80 ± 5.26	0.510
Male sex	71 (65.1)	62 (67.4)	9 (52.9)	0.191
Birth weight (kg)	2.75 ± 0.84	2.80 ± 0.85	2.21 ± 0.69	0.144
Comorbidity				
Pulmonary	46 (42.2)	8 (40.2)	9 (52.9)	0.238
Gastrointestinal	17 (15.6)	11 (12.0)	6 (35.3)	0.025*
Cardiologic	12 (11.0)	7 (7.6)	5 (29.4)	0.020*
Musculoskeletal	12 (11.0)	12 (13)	0 (0)	-
Endocrine	10 (9.2)	8 (8.7)	2 (11.8)	0.484
Other anomalies	24 (22.0)	20 (21.7)	4 (23.5)	0.545
Preoperative symptom				
Aspiration/regurgitation	95 (87.2)	75 (81.5)	10 (58.8)	0.045*
Respiratory distress	46 (42.2)	42 (45.7)	4 (23.5)	0.074
Vomiting	36 (33.0)	26 (28.3)	10 (58.8)	0.016*
POI/feeding difficulty	22 (20.2)	19 (20.7)	3 (17.6)	0.537
Weight loss	3 (2.8)	2 (2.2)	1 (5.9)	0.402
Preoperative medication				
No	50 (45.9)	45 (48.9)	5 (29.4)	
Yes	59 (54.1)	47 (51.1)	12 (70.6)	0.111
Duration of medication (day), range	23-3,562	23-3,562	52-1,684	0.319
Indication group				0.742
Group 1	4 (3.7)	3 (3.3)	1 (5.9)	
Group 2	7 (6.4)	5 (5.4)	2 (11.8)	
Group 3	21 (19.3)	17 (18.5)	4 (23.5)	
Group 4	63 (57.8)	13 (14.1)	9 (52.9)	
No exam done preoperatively	14 (12.8)	13 (14.1)	1 (5.9)	

Values are presented as number only, mean ± standard deviation, or number (%) unless otherwise specified. NIP, neurological impairment; POI, poor oral intake.

^{*}P < 0.05, statistically significant.

fundoplication for purely prophylactic purposes. Seven cases in group 2 were incidentally diagnosed with GER during examinations without definitive symptoms. Twenty-one cases in group 3 underwent fundoplication due to symptoms inconsistent with examination results. Group 4 was the most common, including 63 patients. However, 14 cases had neither UGIS nor 24-hour pH monitoring conducted preoperatively. There was no statistically significant difference in the composition of indication groups between the NIP and non-NIP groups (group 1, 3.3% vs. 5.9%; group 2, 5.4% vs. 11.8%; group 3, 18.5% vs. 23.5%; group 4, 14.1% vs. 52.9%; P = 0.742).

Operation-related statistics

Details of operation-related statistics, including comparison between the NIP and non-NIP groups, are summarized in Table 2. For those who underwent fundoplication, there was no statistically significant difference in operation-related variables between the NIP and non-NIP groups. However, among the operation methods, 15 cases (13.8%) utilized the open method, including 2 conversions to open due to adhesion. 9.8% of procedures in the NIP group were open, compared to 35.3% in the non-NIP group, showing a statistically significant difference (P = 0.013).

In 102 out of 109 cases (93.6%), gastrostomy was performed either simultaneously with fundoplication, before it, or afterward. In the NIP group, 76 patients underwent simultaneous gastrostomy with fundoplication, while in the non-NIP group, 14 patients had gastrostomy with fundoplication. This difference was statistically significant (P = 0.001).

Outcomes post-fundoplication

As detailed in Table 3, a total of 12 short-term adverse events occurred, with 10 happening in the NIP group. However, the frequency of short-term adverse events did not show a statistically significant difference depending on the disease

Long-term adverse events occurred in a total of 25 for 18 patients, including 9 cases of loosening of the fundoplication wrap, 7 of hiatal hernia, 6 of long-term aspiration pneumonia, and 3 of ileus. Among these 18 patients, 17 were in the NIP group while only 1 long-term adverse event occurred in the non-NIP group. Long-term adverse events tended to occur more frequently in the NIP group, showing statistical significance (P = 0.043).

In this study, among long-term adverse events, the loosening of the fundoplication wrap and hiatal hernia were considered significant due to their strong association with the risk of reoperation. There were 9 cases of loosening and 7 cases of hiatal hernia, with 4 cases experiencing both simultaneously, resulting in a total of 12 significant adverse events.

Of the patients who underwent Nissen fundoplication at our institute, 4 required reoperation. Table 4 summarizes these reoperation cases. Additionally, there were 9 cases of expiry, but no operation-related deaths occurred during the study period. The cause of death was the exacerbation of the underlying disease.

In addition, we analyzed whether there was a difference in adverse events among the defined indication groups, finding no statistically significant difference in short- and long-term adverse events between these 4 groups as described in Table 5.

Table 6 displays the results of Fisher exact test comparing the risk of reoperation, choosing significant adverse events as outcome variables. According to the statistical analysis, sex, preterm birth, and underweight birth (less than 2.5 kg) demonstrated no statistically significant relationship with the risk of significant adverse events, nor did the presence or absence

Table 2. Comparison of operation-related factors between the NIP and non-NIP groups

Factor	Total $(n = 109)$	NIP group $(n = 92)$	Non-NIP group $(n = 17)$	P-value
Age at operation (mo)	72.0 ± 68.9	82.2 ± 69.6	81.2 ± 95.1	0.060
Body weight at operation (kg)	15.3 ± 9.2	17.0 ± 8.7	14.53 ± 13.2	0.068
BMI at operation (kg/m ²)	13.79 ± 8.62	15.24 ± 3.45	13.25 ± 2.48	0.477
Operation time (min)	120 ± 57.7	121 ± 60.2	114 ± 18.6	0.256
Anesthetic time (min)	163 ± 61.3	160 ± 64.0	178 ± 47.4	0.225
Operation method				0.013*
Open ^{a)}	15 (13.8)	9 (9.8)	6 (35.3)	
Laparoscopy	94 (86.2)	83 (90.2)	11 (64.7)	
Gastrostomy	102 (93.6)	88 (95.7)	14 (82.4)	0.001*
With fundoplication	87 (79.8)	76 (82.6)	11 (64.7)	
Before fundoplication	13 (11.9)	12 (13.0)	1 (5.9)	
After fundoplication	2 (1.8)	0 (0)	2 (11.8)	
Pyloroplasty	7 (6.4)	4 (4.3)	3 (17.6)	0.075

NIP, neurological impairment; BMI, body mass index.

^{a)}There were 2 open conversion cases due to adhesion.

^{*}P < 0.05, statistically significant.



Table 3. Clinical outcome of Nissen fundoplication according to the disease entity

Variable	Total $(n = 109)$	NIP group $(n = 92)$	Non-NIP group $(n = 17)$	P-value
Short-term outcome				
Adverse event	12 (11.0)	10 (10.9)	2 (11.8)	0.341
Reintubation	5	5	0	-
Pleural effusion ^{a)}	1	1	0	-
Aspiration pneumonia	1	1	0	-
GI bleeding	1	0	1	-
Stroke	1	1	0	-
Rhabdomyolysis	1	1	0	-
Dumping syndrome	1	0	1	-
GED ^{b)}	1	1	0	-
Long-term outcome				
Adverse event ^{c)}	18 (16.5)	17 (18.5)	1 (5.9)	0.043*
Loosening of fundoplication ^{d)}	9	8	1	0.245
Hiatal hernia ^{d)}	7	7	0	-
Aspiration pneumonia	6	6	0	-
Ileus	3	3	0	-
Redo fundoplication	4	3	1	0.498

Values are presented as number (%) or number only.

NIP, neurological impairment; GI, gastrointestinal; GED, gastric emptying delay.

Table 4. Summary of reoperation cases

Variable	Case 1	Case 2	Case 3	Case 4
Age at the first operation (mo)	3	185	7	43
Interval between the first operation and reoperation (mo)	25	23	26	17
Symptom requiring reoperation	Aspiration	Aspiration	Aspiration	Aspiration
UGIS finding	Hiatal hernia and wrap loosening	Loosening of wrap	Hiatal hernia and wrap loosening	Hiatal hernia and wrap loosening
Intraoperative findings during reoperation	Hiatal hernia repair and wrap reinforcement done	Open conversion due to severe adhesion and esophagus tear Wrap reinforcement done	Hiatal hernia repair and wrap reinforcement done	Hiatal hernia repair and wrap reinforcement done
Follow-up after reoperation	Relief of symptom Mild loosening at UGIS	Intermittent vomiting Mild loosening at UGIS	Relief of symptom	Relief of symptom

UGIS, upper gastrointestinal series.

of preoperative symptoms and the surgical method used.

DISCUSSION

In this study, we explored the incidence of several complications and factors that could influence the clinical outcome of Nissen fundoplication. Previous studies analyzing the clinical outcome of fundoplication were limited by the large heterogeneity of the patient groups, making them difficult to categorize. Martin et al. [13], in their critical review, noted

that most studies involving pediatric patients undergoing fundoplication are of low quality and suffer from significant heterogeneity, which limits the ability to pool outcomes. Therefore, in our study, the indication group was divided into 4 based on the major preoperative symptoms (vomiting, aspiration, or regurgitation) and the presence or absence of GER in the examination. This approach is noteworthy as it constitutes the first study to demonstrate no significant difference in the occurrence of postoperative adverse events between these indication groups.

^{a)}Pleural effusion requiring thoracentesis. ^{b)}GED requiring percutaneous endoscopic jejunostomy insertion. ^{c)}n = 25 for 18 patients.

dLoosening of fundoplication and hiatal hernia are termed 'significant' adverse events.

^{*}P < 0.05, statistically significant.

Table 5. Clinical outcome of Nissen fundoplication according to indication group

Variable	Group 1 $(n = 4)$	Group 2 $(n = 7)$	Group 3 (n = 21)	Group 4 (n = 63)	P-value
Short-term outcome					
Adverse event	0 (0)	1 (14.3)	4 (19.0)	5 (7.9)	0.580
Reintubation	0	0	1	4	
Pleural effusion ^{a)}	0	1	0	0	
Aspiration pneumonia	0	0	0	0	
GI bleeding	0	0	1	0	
Stroke	0	0	1	0	
Rhabdomyolysis	0	0	0	0	
Dumping syndrome	0	0	0	1	
GED ^{b)}	0	0	1	0	
Long-term outcome					
Adverse event ^{c)}	0 (0)	1 (14.3)	3 (14.3)	14 (22.7)	0.696
Loosening of fundoplication ^{d)}	0	1	1	7	
Hiatal hernia ^{d)}	0	1	0	6	
Aspiration pneumonia	0	0	1	5	
Ileus	0	0	1	2	
Redo fundoplication	0	0	0	4	

Values are presented as number (%) or number only.

Refer to Fig. 2 for group definitions.

GI, gastrointestinal; GED, gastric emptying delay.

Table 6. Fisher exact test results comparing the risk for reoperation

Variable	Proportion of significant adverse events ^{a)} (%)	Odds ratio	P-value
Sex			
Female	33.3	1 (Reference)	
Male	66.7	1.079	0.590
Prematurity			
Full term	72.7	1 (Reference)	
Premature	27.3	0.990	0.648
Birth weight			
Normal	63.6	1 (Reference)	
Low birth weight	36.4	1.500	0.380
Preoperative symptom ^{b)}			
Vomiting	50	2.233	0.158
Cough	16.7	0.371	0.172
Reflux/aspiration	75	0.829	0.519
Respiratory distress	33.3	0.655	0.368
Fever	16.7	0.406	0.210
POI/feeding difficulty	16.7	0.770	0.548
Weight loss	0	-	-
Hematemesis	8.3	8.727	0.209
Operation method			
Laparoscopy	91.7	1 (Reference)	
Open	8.3	0.539	0.483

POI, poor oral intake.

In addition to previous studies primarily focusing on fundoplication in patients with medically intractable GERD, we also aimed to analyze a smaller subset undergoing this procedure for prophylactic reasons. As studies indicate, several demographic features vary among different disease entities. First, gastrointestinal and cardiologic comorbidity exhibited

^{a)}Pleural effusion requiring thoracentesis. ^{b)}GED requiring percutaneous endoscopic jejunostomy insertion. ^{c)}n = 25 for 18 patients. d)Loosening of fundoplication and hiatal hernia are termed 'significant' adverse events.

^{a)}Significant adverse events mean either of loosening of fundoplication wrap or hiatal hernia (which are highly related to reoperation risk). b)Reference: no specific symptoms.

ASTR

a higher incidence in the non-NIP group compared to the NIP group. This is because patients in the non-NIP group who underwent fundoplication predominantly had severe GERD due to congenital anomalies and combined syndromes such as esophageal atresia and CHARGE (coloboma, heart defects, atresia choanae, retarded growth and development, genital abnormalities, ear abnormalities and/or deafness) syndrome. Moreover, while aspiration was more common in the NIP group, vomiting was predominant in the non-NIP group, as it includes patients with esophageal atresia and achalasia, whose representative symptom is vomiting. Furthermore, the non-NIP group tends to prefer laparotomy over laparoscopy for surgical methods. This preference is likely due to the characteristics of our center, the period of surgery, and the expanded indications for fundoplication. In the non-NIP group, all 5 of the 6 open cases occurred before 2015. Before 2015, most children undergoing fundoplication had severe GERD rather than NIP, with a shift in the indications for fundoplication to include patients in the NIP group occurring thereafter. In other words, the observed statistical difference appears to stem from the predominance of open surgery before 2015, during which time fundoplication was less common in patients in the NIP group.

Several previous retrospective studies have suggested that patients with NIP experience higher complications or operation failure rates than those in the normal neurology group (NN group) [14-16]. Martin et al. [13] reported that the reoperation rate in patients with NIP was 15.4 \pm 4.2% compared to 7.0 \pm 3.3% in patients with NN, with this difference being statistically significant (P = 0.003). Conversely, a prospective cohort study by Stellato et al. [17] revealed no correlation between the presence of NIP and the severity of postoperative reflux recurrence. In our study, 17 of the 18 cases of long-term adverse events occurred in the NIP group, aligning more with Martin et al's findings [14] than with Stellato et al.'s [17], and there continues to be debate over the influence of NIP on surgical outcomes in pediatric patients. Furthermore, a study by Pascoe et al. [18] found no significant correlation between the presence of comorbidity and outcomes. Additionally, infants under the age of 1 year did not show a higher reoperation rate, corroborating our research results.

For short-term adverse events, it is noteworthy that all 5 cases of respiratory complications requiring reintubation occurred only in the NIP group. Among these 5 reintubation cases, one was an 'extubation failure' necessitating immediate reintubation, while the other 4 were due to desaturation events or stridor occurring after a certain period post-extubation. There were instances where difficulty with extubation resulted in tracheostomy formation.

In our study, long-term adverse events occurred more frequently in the NIP group. We suggest 2 reasons for this observation: firstly, aspiration is primarily symptomatic in the NIP group preoperation; secondly, the rigidity in the NIP group tends to facilitate the development of hiatal hernias more readily than in the non-NIP group. However, whether the NIP group is more prone to loosening of the fundoplication wrap compared to the NN group remains controversial, necessitating additional research.

However, our study has some limitations. Interpretations of surgical success vary among studies, and there is a lack of well-defined outcomes or endpoints. Additionally, there is insufficient prior investigation into whether optimal medical management was employed before surgery. Moreover, in terms of adverse event, distinguishing whether an event is genuinely related to surgery or simply occurred naturally due to an underlying disease or other factors unrelated to the surgery is extremely challenging. For example, in the case of longterm adverse events like aspiration pneumonia, it is difficult to determine whether it resulted from reflux recurrence after fundoplication or was merely a simple aspiration event (possibly due to underlying conditions such as laryngomalacia or other predispositions to aspiration). Due to the retrospective nature of this study, it is particularly challenging to differentiate—based solely on chart reviews—whether the etiology of aspiration pneumonia is related to the surgery or whether it is an event that could occur in patients with NIP regardless of the surgical intervention.

Additionally, despite a detailed exploration of reoperation cases, interim to reoperation, and subsequent follow-up, the indication for reoperation was not clearly articulated. Indeed, the reoperation rate varies significantly from study to study, underscoring the need for more research as there is no consensus yet on the indications for reoperation.

Speaking of reoperation, as described in Table 6, there were no preoperative variables that could predict the risk of reoperation. However, the fact that there were only 4 cases of reoperation out of 109 cases makes it difficult to define the odds ratio, which is also a limitation of this study.

Finally, this study is retrospective and monocentric, with its inevitable limitation being the small sample size.

In conclusion, this study analyzed clinical outcomes of fundoplication based on disease entities and groups classified by surgical indications. Long-term adverse events were more prevalent in the NIP group than in the non-NIP group. Clinical outcomes showed no differences among indication groups. We also determined that the correlation between various factors and the risk of reoperation did not achieve statistical significance.

Consensus on surgical indications, criteria for reoperation, and definitions of surgical failure in fundoplication patients need to be established more broadly, and a wider range of prospective studies is recommended.

ACKNOWLEDGEMENTS

Fund/Grant Support

None.

Conflict of Interest

Hee-Beom Yang, serving as an member of the Editorial Board of Annals of Surgical Treatment and Research, did not participate in the review process of this article. No other potential conflicts of interest pertinent to this article were reported.

ORCID iD

Yuyoung Oh: https://orcid.org/0009-0000-2950-9212

Joong Kee Youn: https://orcid.org/0000-0002-6345-5745 Hee-Beom Yang: https://orcid.org/0000-0002-5343-0448 Hyun-Young Kim: https://orcid.org/0000-0003-0106-9969 Dayoung Ko: https://orcid.org/0000-0002-6090-1906

Author Contribution

Conceptualization: YO, HYK, DK Formal analysis: All authors Investigation: YO Methodology: YO. DK Project Administration: DK Writing - Orignial Draft: YO Writing – Review & Editing: All authors

REFERENCES

- 1. National Institute for Health and Care Excellence (NICE). Gastro-oesophageal reflux disease in children and young people: diagnosis and management [Internet]. NICE; 2015 [updated 2019 Oct; cited 2024 Nov 8]. Available from: https:// www.nice.org.uk/guidance/ng1
- 2. Andrew MJ, Parr JR, Sullivan PB. Feeding difficulties in children with cerebral palsy. Arch Dis Child Educ Pract Ed 2012:97:222-9.
- 3. Park JM, Chi KC. Antireflux surgery is equally beneficial in nonerosive and erosive gastroesophageal reflux disease. Ann Surg Treat Res 2018;95:94-9.
- 4. Sullivan PB, Lambert B, Rose M, Ford-Adams M. Johnson A. Griffiths P. Prevalence and severity of feeding and nutritional problems in children with neurological impairment: Oxford Feeding Study. Dev Med Child Neurol 2000;42:674-
- 5. Quitadamo P, Thapar N, Staiano A. Borrelli O. Gastrointestinal and nutritional problems in neurologically impaired children. Eur J Paediatr Neurol 2016;20:810-5.
- 6. Viswanath N, Wong D, Channappa D, Kukkady A, Brown S, Samarakkody U. Is prophylactic fundoplication necessary in neurologically impaired children? Eur J

- Pediatr Surg 2010;20:226-9.
- 7. Williams MD. Skertich N. Sullivan GA. Harmon K, Madonna MB, Pillai S, et al. Prophylactic antireflux procedures are not necessary in neurologically impaired children undergoing gastrostomy placement. Pediatr Surg Int 2023;39:122.
- 8. Mattioli G, Esposito C, Lima M, Garzi A, Montinaro L, Cobellis G, et al. Italian multicenter survey on laparoscopic treatment of gastro-esophageal reflux disease in children. Surg Endosc 2002:16:1666-8.
- 9. Curtis JL, Wong G, Gutierrez I, Gollin G. Pledgeted mattress sutures reduce recurrent reflux after laparoscopic Nissen fundoplication. J Pediatr Surg 2010;45:1159-64.
- 10. Longis B, Grousseau D, Alain JL, Terrier G. Laparoscopic fundoplication in children: our first 30 cases. J Laparoendosc Surg 1996;6 Suppl 1:S21-9.
- 11. Thompson WR, Hicks BA, Guzzetta PC Jr. Laparoscopic Nissen fundoplication in the infant. J Laparoendosc Surg 1996;6 Suppl 1:S5-7.
- 12. Park JM, Kim BJ, Kim JG, Chi KC. Factors predicting outcomes of laparoscopic Nissen fundoplication for gastroesophageal reflux disease: experience at a single institution in

- Korea. Ann Surg Treat Res 2017;92:184-90.
- 13. Martin K, Deshaies C, Emil S. Outcomes of pediatric laparoscopic fundoplication: a critical review of the literature. Can J Gastroenterol Hepatol 2014;28:97-102.
- 14. Pimpalwar A, Najmaldin A. Results of laparoscopic antireflux procedures in neurologically impaired children. Semin Laparosc Surg 2002;9:190-6.
- 15. Hassall E. Decisions in diagnosing and managing chronic gastroesophageal reflux disease in children. J Pediatr 2005;146(3 Suppl):S3-12.
- 16. Pearl RH, Robie DK, Ein SH, Shandling B, Wesson DE, Superina R, et al. Complications of gastroesophageal antireflux surgery in neurologically impaired versus neurologically normal children. J Pediatr Surg 1990;25:1169-73.
- 17. Stellato RK, Colmer N, Tytgat SH, van der Zee DC, van de Peppel-Mauritz FA, Lindeboom MY. Five-year outcome of laparoscopic fundoplication in pediatric GERD patients: a multicenter, prospective cohort study. J Gastrointest Surg 2021;25:1412-8.
- 18. Pascoe E, Falvey T, Jiwane A, Henry G, Krishnan U. Outcomes of fundoplication for paediatric gastroesophageal reflux disease. Pediatr Surg Int 2016;32:353-61.