Device-related infections in a pediatric intensive care unit

The Jordan University of Science and Technology experience

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Abstract

To estimate the prevalence of the most frequent infections related to device utilization and their antimicrobial sensitivity panel, and to investigate the overall incidence of device associated infection rates per 1000 device days, at the pediatric intensive care unit of the Jordan University of Science and Technology.

This is a retrospective study from a single pediatric intensive care unit. Data were collected in relation to bloodstream infections associated with central venous catheters, pneumonia associated with ventilator endotracheal tubes, and urinary tract infections associated with Foley catheters, between January 2013 and December 2018, according to the center of disease control and prevention protocols.

During the 5-year study, 3195 patients were admitted to the pediatric intensive care unit for a total of 16,487 days. Forty-six patients (1.4%) developed 55 infections, with a median incidence rate of 7.4, 3.7, and 0.7 per 1000 days for central line associated infections, ventilator associated pneumonia, and catheter associated infections, respectively. The commonest isolated microorganisms were gram-negative bacteria in 89.1% of cases, and fungi in 10.9% of cases. Among the resistant bacterial isolates, 59.2% were multidrug resistant, and 32.6% were extended spectrum beta lactamase producers *Klebsiella pneumoniae* and *Eschericia coli*. High infection rates were related to *Acinetobacter baumannii* and *K pneumoniae*, associated with high resistance to cephalosporins. Susceptibility was highest to tigecycline and imipenem at 42.9% and 32.7% respectively.

Microbial isolates are commonly associated with healthcare device insertions in pediatric intensive care unit, invasive bacterial infections associated with critical morbidity and mortality. Further studies on device associated infections are recommended for regional profiling purposes.

Abbreviations: CAUTI = catheter-associated urinary tract infection, CDC/NHSN = Centers for Disease Control and Prevention/ National Healthcare Safety Network, CLABSI = Central-Line-Associated Bloodstream Infection, DA-HAIs = device-associated healthcare-associated infections, DAIs = device associated infections, ESBL = extended spectrum beta lactamase, HAIs = healthcare associated infections, ICU = intensive care unit, JUST = Jordan University of Science and Technology, MDR = multidrug resistance, PICUs = pediatric intensive care units, VAP = ventilator associated pneumonia.

Keywords: device-associated infections, multidrug resistant organisms, pediatric intensive care unit

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The datasets generated during and/or analyzed during the current study are not publicly available, but are available from the corresponding author on reasonable request.

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1. Introduction

Device-associated healthcare-associated infections (DA-HAI) including ventilator-associated pneumonia (VAP), central-line-associated bloodstream infection (CLABSI), and catheter-related urinary tract infection (CAUTI) are considered principal contributors to healthcare hazard and threat to patient safety. They can cause prolonged hospital stay, sepsis, and mortality in intensive care units (ICU). This study intends to characterize DA-HAI in a tertiary care multidisciplinary ICU of a teaching hospital in the north of Jordan.

Healthcare associated infections (HAIs) strongly correlate with morbidity and mortality rates worldwide.^[1] Infection control practices is the key to prevent multidrug resistance organisms infections during pediatric intensive care units (PICU) setting by different, HAIs types and frequency could be vary with hospital departments, staying, and population.^[2,3]

Infection prevention strategies for managing device associated infections (DAIs) are applied worldwide.^[4] Healthcare associated infections in low and middle income countries are higher than in high income countries.^[5] The International Nosocomial Infection Control Consortium reported a significant difference in the rates of DAIs at 7 versus 9 per 1000 central line days, 9 versus 4.5 per



1000 ventilator days, and 5.9 versus 3.7 per 1000 urinary catheter days in low versus middle income countries, respective-ly.^[6] In contrast, developing countries' incidence rates were 18.1, 7.9, and 5.1 per 1000 days in relation to central lines, mechanical ventilators, and urinary catheters respectively.^[7] A Japanese study reported rates of 4.3, 3.5, and 13.6 per 1000 device days in relation to central lines, ventilator use, and urinary catheters respectively.^[8]

The objectives of this study were to identify the most common reported infections associated with device use at the PICU of the Jordan University of Science and Technology (JUST), the main referral tertiary hospital in the north of Jordan, and to study the antimicrobial sensitivity panel, appropriateness of empirical antibiotic options, length of hospital stay, and mortality rates.

2. Methods

This is a 5-year retrospective study between January 2013 and December 2018. It was conducted at a single closed PICU in a tertiary hospital which is affiliated with the JUST, with a capacity of 10 beds that admits surgical and medical pediatric patients, and accepts transferred cases from other hospitals being a tertiary referral unit.

The hospital's microbiology laboratory provides antimicrobial susceptibility testing of clinical isolates using VITEK-2 technique (a fully automated system that performs bacterial identification and antibiotic susceptibility testing, with a unique vacuum filler that provides both safety and the highest level of automation), and manual desk diffusion under Centers for Disease Control and Prevention/National Healthcare Safety Network (CDC/NHSN) protocol.^[9]

The targeted population was PICU patients who had at least one invasive device in the form of a central line, endotracheal tube, or Foley catheter. The infection control unit recorded 46 patients with DAIs. Data were collected from the electronic medical records and included age, sex, indication for admission, comorbidities, empirical therapy, identified microorganisms, antibiotics susceptibility tests, admission and discharge dates, and outcome. All data are available upon request from the corresponding author. Device-associated healthcare-associated infections (DA-HAI), including VAP, CLABSI, and CAUTI, are considered principal contributors to healthcare hazard and threat to patient safety. They can cause prolonged hospital stay, sepsis, and mortality in intensive care units (ICU). The study intended to characterize DA-HAI in a tertiary care multidisciplinary ICU of a teaching hospital in the north of Jordan, and to report the rates of CLABSI, VAP, and CAUTI per 1000 days each, using the standardized surveillance definitions of the CDC/NHSN that are applied by the hospital infection control unit.

The utilized microbiology laboratory provides in-vitro bacteriological diagnoses(gram stain, biochemical tests, and cultures) and susceptibility testing of human body fluids (blood, urine, sputum etc) according to universal clinical and laboratory standards protocols, in which automated (VITEK2 Technique), and manual methods are used (disk diffusion). The laboratory also uses automated Bactec system for detecting microorganisms' growth in blood culture samples.^[10]

For patients to be included in the study, the device related infection had to occur not less than 2 calendar days after insertion, and no >1 calendar day after removal. Cases were confirmed as DA-HAI, based on CDC/NHSN surveillance definition.^[11]

Multi drug resistance (MDR) bacteria refer to antimicrobial resistance against one antibiotic in at least 3 different classes. Extended spectrum beta lactamase (ESBL) refers to enzymes produced by bacteria that provide multiresistance to β -lactam antibiotics such as penicillins, cephalosporins, cephamycins, and carbapenems.

Admission and discharge dates or mortality were recorded. Distinction was made between general hospital and PICU length of stay. Mortality rate was calculated as the percentage of death out of the total PICU DA-HAI patients.

The dataset was analyzed using the Statistical Package for Social Sciences (SPSS) version 22. Infection rates were described using summary statistics. The Kaplan–Meier estimator (product limit estimator) was used to estimate the survival function. The number of patients at risk.

The study was approved by the Institutional Review Board of the Faculty of Medicine, JUST.

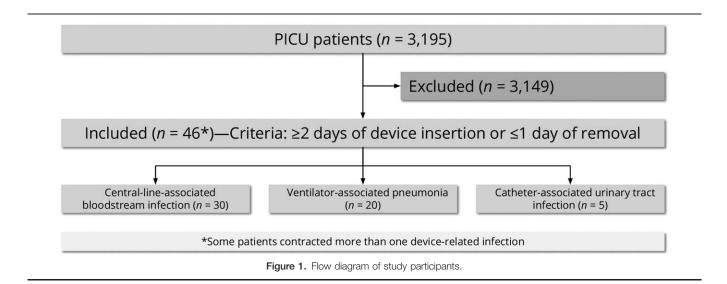


Table 1

Findings related to pediatric intensive care unit in relation to device-associated infections.

Age, yr	Median (25th–75th percentile)	1 (0.25–3.5)		
Gender	M/F	31/15		
Medical (%)		71.7		
Surgical (%)		28.3		
Comorbidity (%)				
	Abdominal disease	15.2		
	Kidney diseases	8.7		
	Brain diseases	30.4		
	Lung diseases	6.5		
	Cancers	6.5		
	*Others	32.6		
Device utilization infections (%)				
	*CVC	54.5		
	ETT	36.4		
	*FC	9.1		
Stay, days	Median (25th; 75th percentile)			
	*PICU	21 (14-60.25)		
	*HLOS	27 (16.75-67)		
Crude mortality (%)				
	Short	Prolonged		
	62.5	60.5		

Others include autoimmune hemolytic anemia, lower limb ischemia, hydrops fetalis, hypotonia, familial intrahepatic cholestasis, hydatid cyst, laryngomalacia, down syndrome, cystic fibrosis. CVC = central venous catheter, ETT = endotracheal tube, FC = Foley catheter, HLOS = hospital length of stay, PICU = pediatric intensive care unit.

3. Results

During the study period, 3195 patients were admitted to the PICU for 16,487 patient days, and 12,112 device-days were categorized as 3540 for central venous catheters, 5720 for endotracheal tubes, and 2852 for urinary catheters.

Over the 5 years of study, 46 patients (1.4%) were admitted to the PICU with DA-HAI (Fig. 1). The median age was 1 year (25th percentile 0.25–75th percentile 3.5). Of those, 31 (67.4%) were men, 5 (10.9%) were immunocompromised, 38 (82.6%) had prolonged PICU stay, 4 (8.7%) were infected with >1 device (Table 1). Median PICU length of stay for individual device utilization infection was 30.5, 50, and 42 days for CLABSI, VAP, and CAUTI, respectively.

The mortality rate was 60% with CLABSI, 55% with VAP, and 40% with CAUTI. Kaplan–Meier analysis showed that 50% of mortality was reported by 50 day-stay at PICU (Fig. 2).

There were 55 identified DA-HAI isolates in 46 patients, most in children <1 year of age (45.7%). The most common types were CLABSI (30 cases), followed by VAP (20 cases) and CAUTI (5 cases). The median incidence rates, median overall device days, and device utilization ratios are shown in Table 2.

During the 5-year study period, CLABSI were the most frequent, followed by VAP and CAUTI, alone and in combination with other devices, with 18% of children using >1 invasive device during the same admission (Fig. 3).

Gram-negative bacteria were isolated in 89.1%, and fungal organisms in 10.9% of cases (Fig. 4). There were 30 isolates with primary bloodstream infections. Gram-negative bacteria were the most common pathogens (80%), mainly *A baumanii* (41.7%). *Candida* species were found in 20% of cases, of which 33.3% isolates were *Candida albicans*.

Kaplan-Meier survival estimate

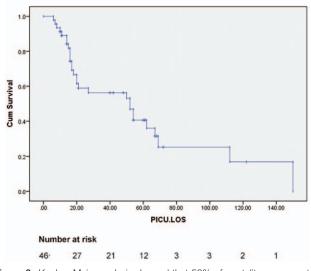


Figure 2. Kaplan–Meier analysis showed that 50% of mortality was reported by 50-day-stay at pediatric intensive care unit.

Concerning healthcare associated pneumonia, found in 20 isolates, only gram-negative bacteria were isolated. *Acineto-bacter baumanii* at 65% was the most common, 20% were *Enterobacteriaceae* species, 10% were *Pseudomonas aeruginosa*, and 5% were *Stenotrophomonas maltophilia*.

Regarding urinary tract infections, found in 5 isolates, 60% were *A baumanii*; equally distributed between *Enterobacteria-ceae* species and *P aeruginosa*.

Regarding bacterial resistance profile, 100% of *A baumanii* isolates were MDR, where 50% resulted from ventilator device usage. Second most prevalent bacteria were *Klebsiella pneumoniae*, with 100% being ESBL positive.

Table 2

Device-associated infections in pediatric intensive care unit.

	Median (range)
*CLABSI	
Central line-days	587.5 (538–625)
Central line utilization ratio	0.21 (0.20-0.27)
Catheter associated bloodstream infections/1000	7.40 (0.00-13)
[†] % of CLABSI distribution	54.5
*VAP	
Ventilator-days	936.5 (801-1160)
Ventilator utilization ratio	0.37 (0.30-0.43)
Ventilator associated Pneumonia/1000	3.70 (1.00-7.10)
*% of VAP distribution	63.7
*CAUTI	
Urinary catheter-days	498 (210-668)
Urinary catheter utilization ratio	0.16 (0.10-0.25)
Catheter associated urinary tract infections/1000	0.75 (0.00-3.40)
*% of CAUTI distribution	9.1

Device utilization ratio calculated by dividing device days (Nominator) over patient days (Dominator). ^{*} CLABSI: central line associated infection, VAP: ventilator associated pneumonia, CAUTI: catheter associated urinary tract infection.

[†]Rate in percentile.

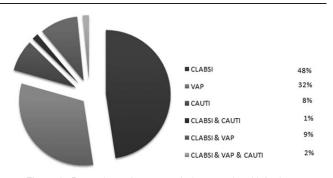


Figure 3. Proportions of common device-associated infections.

Central venous catheters contributed to 60% of the mortality rate, with 72.7% isolates, 100% of *Eschericia coli* species were ESBL positive.

For the isolated *P aeruginosa*, 100% were resistant to trimethoprim-sulfamethoxazole, while 60% were resistant to meropenem and imipenem, 40% were resistant to minocycline and ticracillin/clavulanic acid, and only 1 out of 5 isolates was MDR. The *S maltophilia* isolates were only sensitive tolevo-floxacin and colistin.

Antibiotics susceptibility test were analyzed utilizing 3 different medical devices. Ventilator-associated pneumonia was characterized by higher resistance rates against various groups of antibiotics, 70% were multidrug resistant, followed by CAUTI at 60%. Extended spectrum beta lactamases-producers were present in 45.8% of CLABSI, and in 20% of VAP cases (Table 3).

The gram negative bacterial isolates' resistance to antibiotics were 87.8% to cefepime, 83.7% to piperacillin, 75.5% to ceftriaxone, 61.2% to ampicillin/sulbactam, 51% to meropenem, 42.9% to levofloxacin, 32.7% to gentamycin, and 32.7% to tetracycline (Table 4).

4. Discussion

To our knowledge there are no reports on DA-HAIs in PICUs in Jordan, in particular, and in the developing world, in general.

Medicine

This study is an attempt at reducing the incidence of HCAIs. It was conducted at a single unit that is the main referral tertiary care center for the north of Jordan. Further national studies could cover the rest of the country. In addition, this study addressed only bacterial and fungal device associated infections, viral respiratory related infections was not included, considering that 14–22% of HAIs are caused by virtual agents.^[12]

The median incidence associated with central line invasion and mechanical ventilator were similar to that in developed countries.^[8,13,14] In contrast, urinary catheter usage was particularly lower than that reported in other studies.^[8,15]

Of interest is the finding that the most common DA-HAIs in this study were CLABSI. This is in contrast to other developing countries where VAP is the most common one. The results of this study matched those of high-income countries.^[16]

In this study, the most common causes associated with central line usage were *A baumanii*. This is in contrast with other studies from Asia and some developed countries in which *P aeruginosa* and gram positive bacteria were the most frequent.^[17,18] In VAP, *Acinetobacter baumannii* occurred in 65%, followed by *K pneumoniae* in 15%, *P aeruginosa* in 10%, *S maltophilia* in 5%, and *E coli* in 5%. Similar findings were reported by a study from the north of India.^[19] Otherwise, *P aeruginosa* and *Staphylococcus aureus* occurred at different rates in different PICUs.^[20,21]

The main isolated CAUTI causative agent was also *A* baumannii. In 80% of PICUs studies, the causative organisms were reported as being gram negative,^[22] but an Indian study showed that *Candida* was the commonest one.^[23] The results of this study are compatible with the WHO global priority pathogens catalog of bacteria grouped under priority tiers according to their antibiotic resistance.^[24]

In this study, only gram negative bacteria were isolated. This may be related to 10 years of past infection prevention and control practices that focused on gram positive bacteria prevention.^[25]

Infections caused by antibiotic-resistant organisms are difficult to treat. In some cases, antibiotic-resistant infections require longer hospital stays, additional follow-up, and extended alternatives. In this study over 80% of the isolates were antibiotic resistant. This high percentage contributed to higher empirical therapy failure, morbidity, and mortality.

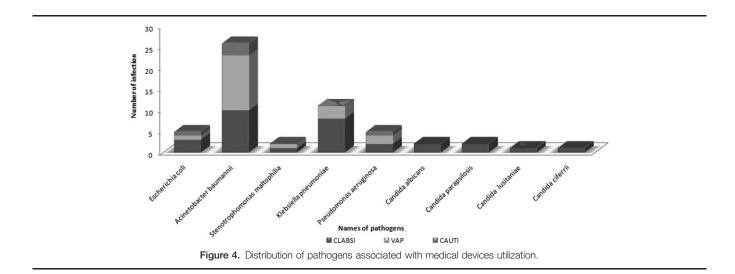


Table 3

Antibacterial resistance to devices associated infections in pediatric intensive care unit.

	*CLABSI	* VAP	*CAUTI	Total
Antibiotics names (%)	N=24	N=20	N=5	
Aminoglycosides				
Amikacin	33.3	10	20	22.4
Gentamycin	25	35	60	32.7
Tobramycin	12.5	15	40	16.3
Carbapenems				
Imipenem	50	45	60	49
Meropenem	45.8	65	20	51
Cephalosporins				
Ceftazidime	41.7	35	80	42.9
Cefepem	91.7	85	80	87.8
Ceftriaxone	83.3	70	60	75.5
Cefixime	70.8	60	20	61.2
Fluoroquinolones				
Ciprofloxacin	33.3	30	60	34.7
Levofloxacin	41.7	50	20	42.9
Moxifloxacin	33.3	20	_	24.5
Penicillins				
Piperacillin	91.7	85	40	83.7
Penicillins and B inhibitors				
Ticarcillin/Clavulanic acid	20.8	0	0	10.2
Piperacillin/Tazobactam	50	40	60	46.9
Ampicillin/Sulbactam	66.7	60	40	61.2
Tetracyclines				
Tetracycline	29.2	45	_	32.7
Minocycline	16.7	30	20	22.4
Tigecycline	12.5	0	0	6.1
Nitrofurantoin				
Nitrofurantoin	*_	5	40	6.1
Type of resistance (%)				
MDR	50	70	60	59.2
ESBL	45.8	20	20	32.7

* CLABSI: central line associated infection, VAP: ventilator associated pneumonia, CAUTI: catheter associated urinary tract infection.

[†] Not tested.

Table 4

Antimicrobial susceptibility profiles of gram-negative bacterial isolates.

	*S	-	*		*R	
Antimicrobial agent	Count	%	Count	%	Count	%
Amikacin	7	14.3	0	0	11	22.4
Gentamycin	8	16.3	0	0	16	32.7
Tobramycin	7	14.3	3	6.1	8	16.3
Imipenem	16	32.7	1	2	24	49
Meropenem	15	30.6	0	0	25	51
Ceftazidime	4	8.2	0	0	21	42.9
Cefepem	6	12.2	0	0	43	87.8
Ceftriaxone	0	0	0	0	37	75.5
Cefixime	0	0	0	0	30	61.2
Piperacillin	4	8.2	1	2	41	83.7
Ciprofloxacin	8	16.3	0	0	17	34.7
Levofloxacin	8	16.3	1	2	21	42.9
Moxifloxacin	7	14.3	1	2	12	24.5
Ticarcillin/Clavulanic Acid	4	8.2	1	2	5	10.2
Piperacillin/tazobactam	6	12.2	0	0	23	46.9
Ampicillin/Sulbactam	1	2	0	0	30	61.2
Tetracycline	3	6.1	0	0	16	32.7
Minocycline	10	20.4	1	2	11	22.4
Tigecycline	21	42.9	1	2	3	6.1
Nitrofurantoin	0	0	0	0	3	6.1

* Susceptible (S), intermediate (I), resistance (R).

Resistant infections cannot be completely avoided, but can be reduced by the application of antibiotic stewardship, providing awareness workshops for healthcare providers, strict rules over antibiotic prescriptions, professional aseptic techniques regarding medical device sterilization and disinfection, reduction in the need for invasive procedures, and applying correct hand hygiene protocols.

This study has some limitations. First, this is a single-center study on a relatively small sample of patients, which limits the generalizability of results. However, there are no reports on DA-HAIs in PICUs in Jordan and the results of this study represent an important first step toward documenting the rates of DA-HAIs in PICUs nationally. Second, although this study reveals the most commonly isolated bacterial species, further studies are needed to document the contribution of viral agents. In spite of these limitations, this study profiles the most common etiological agents and potential risk factors associated with the use of invasive devices.

In conclusion, microbial isolates are commonly associated with healthcare device insertions in pediatric intensive care unit, invasive bacterial infections associated with critical morbidity and mortality. Further studies on device associated infections are recommended for regional profiling purposes.

Author contributions

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Investigation: Haneen Obeidat.

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Project administration: Ziad Elnasser, Haneen Obeidat.

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Writing - original draft: Haneen Obeidat.

Writing – review & editing: Ziad Elnasser, Haneen Obeidat, Zouhair Amarin.

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