

# Seroprevalence of Bovine Brucellosis in Selected Sites of Central Highland of Ethiopia

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**Background:** Brucellosis is a contagious, economically significant bacterial disease that affects animals worldwide and is one of the most neglected zoonotic diseases in the world. The disease poses a barrier to the trade of animals and animal products, represents a public health hazard, and is an impediment to free animal movement.

**Methods:** A cross-sectional study was carried out from December 2019 to May 2020 in order to determine seroprevalence and identify potential risk factors for brucellosis in dairy cows in the Central Highlands of Ethiopia with recent cases of abortion. Purposive sampling was carried out on the farms and kebeles in question to screen for recent cases of abortion in dairy cows. For the purpose of performing serological testing, 352 blood samples from dairy cattle were obtained. The Rose Bengal Plate test was used to initially screen the serum samples, and the Complement Fixation test was utilized as a confirmatory test.

**Results:** Using combined RBPT and CFT tests, the overall seroprevalence of bovine brucellosis was 0.6% (95% CI: 0.16–2.09). Retained fetal membrane (OR = 32.74,  $p = 0.006$ ), market-based stock replacement (OR = 16.55,  $p = 0.002$ ), breeding method (OR = 7.58,  $p = 0.027$ ), and late stage of abortion (OR = 14.74,  $p = 0.0002$ ) are all significantly associated risk factors.

**Conclusion:** The present seroprevalence study revealed that brucellosis is prevalent at a lower rate among dairy cattle in the study areas. However, there is a possible risk of brucellosis transmission in dairy cattle and the exposed human population in research locations because no control measures were put in place there. Implementing a test and slaughter method with compensation for farmers is advised due to the low prevalence of bovine brucellosis in government-owned and small-holder farms.

**Keywords:** abortion, bovine brucellosis, risk factors, seroprevalence

## Introduction

Brucellosis is a contagious, economically significant bacterial disease that affects animals worldwide and is one of the most neglected zoonotic diseases in the world. Although it is still widespread in parts of Southern Europe, the Middle East, Central and Southeast Asia, and Central and South America, the bulk of developed countries have completely eradicated it.<sup>1,2</sup> Brucellosis is still underreported and underdiagnosed while being common in underdeveloped countries.<sup>3</sup> This serious disease affects both people and livestock in sub-Saharan Africa.<sup>4</sup>

Bovine brucellosis is an infectious and contagious disease that mostly affects sexually mature animals. It is typically brought on by *B. abortus*, however *B. melitensis* and *B. suis* have also been known to cause it. In the majority of the world's nations, it has a significant economic impact. In the world, it affects about 5% of the livestock population, and its range is expanding. The disease is a barrier to free animal movement, a threat to public health, and a barrier to the commerce of animals and animal products.<sup>5</sup> Economic losses from culling, delayed heat, lost calves, decreased milk output, and trade restrictions in the tropics and subtropics.<sup>6</sup>

Contact between animals following an abortion and a retained placenta is typically how the disease is transmitted in cattle.<sup>3</sup> Shepherd and guard dogs are a main reservoir and source of transmission for brucellosis in the rural environment, through the consumption of foetal membranes and abortions, and through their promiscuity with humans.<sup>7</sup> The organisms are most typically consumed after having been exposed to grassland or animal barns that are polluted. Other options

include inhalation and conjunctival inoculation. Infections can also spread when pooled colostrum is given to newborn calves. The epidemiology of bovine brucellosis is typically not greatly affected by sexual transmission. However, only animals whose disease-free status has been established should have their semen collected because artificial insemination can spread the disease.<sup>6</sup> In mixed livestock farming, there exists the mixed feeding in inter-species between cattle and sheep. Therefore, not only does there exist infection in internal species but also exist mixed cross infection between two species, *B. abortus* and *B. melitensis* are the most important Brucella species in cattle and sheep, respectively.<sup>8</sup>

Abortions that occurring late in pregnancy are the main feature of bovine brucellosis. Endometritis and fetal membrane retention typically follow, and the latter may make future pregnancies infertile. In herds that are completely vulnerable, the abortion rate may range from 30 to 80%.<sup>9,10</sup> Since the first case of brucellosis in Ethiopia was reported in the 1970s,<sup>11</sup> the illness has been emphasized as one of the main livestock illnesses in the nation.

In Ethiopia, there is no documented information on how and when bovine brucellosis was introduced and established. However, in the last two decades, several serological surveys have shown that it is endemic and widespread.<sup>12,13</sup> The disease is prevalent in cattle in highland and lowland areas.<sup>14–16</sup> Though there is limited information on the seroprevalence of bovine brucellosis in some farms in Holeta Town, there is no previous seroprevalence report of brucellosis in medium and small-holder dairy cattle in Holeta Town, Wolmera District, and Ethiopian Institute of Agricultural Research (EIAR) Holeta Agricultural Research Center (HARC) Adda Berga dairy farm, which are located in the milk-shed areas for Addis Ababa and its surroundings. Therefore, this study was carried to determine the current seroprevalence status of brucellosis in bovine with recent history of abortion in the study area and to assess the associated risk factors of bovine brucellosis in the study area.

## Materials and Methods

### Description of Study Areas

The study was conducted in Holeta Town, Wolmera District and Adea Berga EIAR dairy farm, Oromia regional state, Ethiopia, which are known for their well-developed dairy production and constitute the major milk sheds of Addis Ababa. Holeta Town hosts the Ethiopian Institute of Agricultural Research dairy farms.

A town in the Wolmera District called Holeta is situated in the Oromia Special Zone, which surrounds Addis Ababa, the capital of Ethiopia. The town, which is a part of Ethiopia's central highlands, is situated 29 kilometers west of Addis Ababa at 9°30' N and 38°30' E. Its elevation ranges from 2300 to 3800 meters above sea level. The average annual minimum and maximum temperatures were 6 °C and 22 °C, respectively. Rainfall varies between 900 and 1100 mm every year. The town's population was 23,296 (men: 11,512, women: 11,784) as per the 2007 population and housing census.<sup>17</sup> The main livestock production methods in the region are mixed crop-livestock farming, market-driven peri-urban dairy production, and urban dairy production systems.<sup>18</sup> The estimated total number of cattle in the area is 175,741, of which 172,769 (98.3%) are local breeds and 2972 (1.7%) are crossbred cattle handled under extensive and semi-intensive management systems. There are eleven medium-sized dairy farms in Holeta town.<sup>19</sup>

Adda Berga is a woreda in Ethiopia's Oromia Region, located at 9° 15' N and 38° 25' E. It has a dairy farm substation for the Ethiopian Institute of Agricultural Research. The Adea Berga dairy farm was built in 1986 at the Adea Berga wetland using 400 pure Jersey pregnant heifers and two sires (foundation stock) imported from Denmark for commercial milk production under government state farming.<sup>20</sup> The farm had been producing and raising Jersey cattle of the pure breed from the foundation stock to give milk to dairy development businesses as well as serving as a bull dam station for the National Artificial Insemination Center (NAIC). Then, the farm was transferred to Holeta Agricultural Research Center for a genetic improvement research program in 2007. Currently, this research dairy farm has 350 pure Jersey, Boran, and Holstein Friesian and Jersey crossbreeds kept under a semi-intensive rearing system.

### Study Population

The target study populations were dairy cattle with recent cases of abortion. The occurrence of abortion cases in one month, referred to as "recent abortion", was assessed at the respective site during the entire period of this study. The dairy cows under study comprised pure Holstein Friesian and Jersey breeds, indigenous breeds, and Boran Holstein Friesian

and Boran Jersey crossbreeds, which have no history of vaccination. Study animal-related traits such as species, age, body condition score, lactation, reproductive status, parity number, period of abortion, and history of abortion were collected and recorded at the time of sampling. Dairy cows were classified into three age groups: <4 years, 4–8 years, and >8 years as young, adult, and old, respectively, based on Ibrahim et al.<sup>13</sup> Body condition score (BCS) was estimated subjectively using<sup>17</sup> guidelines.<sup>21</sup>

## Study Design

A cross-sectional study was conducted from November 2019 to May 2020 to study brucellosis in dairy cows with a recent history of abortion.

## Sampling Technique and Sample Size Determination

A purposive sampling technique was applied to select medium-, large-, and small-scale farms. Accordingly, all eight kebeles, all eleven medium-scale farms, and one large-scale farm of the Holeta Agricultural Research Center from Holeta Town were included. On the other hand, fourteen kebeles out of twenty-three kebeles of Wolmera District were selected purposively based on accessibility and the number of dairy cows. One large scale farm of the Ethiopian Institute of Agricultural Research located in Adda Berga District was also purposefully included in the study.

The sample size for the serological study of brucellosis was estimated based on the previous study results by.<sup>21</sup> In Holeta Town, which were 0.92% seroprevalence. The sample size for the study was calculated using the formula described by<sup>22</sup> with a defined precision of 5% and a 95% level of confidence interval.

$$n = \frac{1.96^2 \times Pex \times (1 - Pex)}{d^2}$$

where n=required sample size, Pex=expected prevalence, and d=desired absolute precision.

Hence, based on the above formula and taking into account 0.92% prevalence, the minimum sample size is:

$$n = \frac{1.96^2 \times 0.0092 \times (1 - 0.0092)}{(0.05)^2}$$

n = 14.

However, in order to increase precision and reduce standard error, all recently aborted cows in the study area during the study duration were included. Therefore, a total of 352 recently aborted cows were sampled in the study duration.

## Sample Collection

### Blood Sample Collection

To prevent unanticipated harm to people and to reduce any unneeded stress that might be placed on the animals, the dairy cows with a history of recent abortions were adequately segregated and restrained. After cleaning the jugular vein site on each cow, we took blood samples of 7–10 mL in sterile, plain vacutainer tubes. In accordance with the Thrusfield<sup>23</sup> manual, the blood samples were maintained in a slanting position overnight at room temperature to separate the serum. Each serum was then carefully transferred into sterile screw-capped Eppendorf tubes (1.8 mL), labeled, and kept at –20 °C in the Animal Health Microbiology laboratory of the Ethiopian Institute of Agricultural Research (EIAR) Holeta Agricultural Research Center (HARC) until it was tested for antibodies against natural *Brucella* exposure analysis using RPBT and CFT for confirmation of the RBPT positive samples. In the serology lab of the NVI (National Veterinary Institute), Bishoftu, RBPT and CFT tests were performed on all serum samples taken from animals.

## Laboratory Diagnosis

### Rose Bengal Plate Test (RBPT)

All serum samples collected from bovines were screened using RBPT according to the procedures described by OIE<sup>24</sup>, the World Organization for Animal Health<sup>23</sup> and the manufacturer's instructions. The antigen used was Rose Bengal antigen, which constitutes a suspension of *Brucella*. For the method, 30µL of serum and 30µL of antigen were mixed on

a test plate and rocked for 4 minutes. After four minutes of rocking, visible agglutination was considered positive. Agglutinations were recorded as 0, +, ++, and +++, according to the degree of agglutination. A score of 0 indicates the absence of agglutination; + indicates barely visible agglutination; ++ indicates fine agglutination; and +++ indicates coarse clumping. The presence of agglutination was considered a positive reaction, while the absence of agglutination was considered negative. *Brucella* positive and negative control sera were also tested along with the test sera to guide in the reading of the results.<sup>25</sup> The results were recorded and stored in Microsoft Excel.

### Complement Fixation Test (CFT)

Serum that tested positive for RBPT was then subjected to a CFT test to confirm the results using the common *Brucella* antigen. Titration was used to test the reagent preparation, and it was done in accordance with the World Organization for Animal Health's suggested protocols.<sup>23</sup> Sera with a significant reactivity, more than 75% fixation of complement (3+) at a dilution of 1:5, or at least 50% fixation of complement (2+) at a dilution of 1:10 or higher, were classified as positive, while complete hemolysis or lack of fixation were classified as negative.

### Data Management and Analysis

Data was coded and saved in Microsoft Office Excel spreadsheets before being transferred to R software version 4.0 for statistical analysis. Data were obtained from the field and from serological tests. On the basis of RBPT and CFT positive, the seroprevalence for the animal level was computed by dividing the number of *Brucella* reactors by the total number of examined animals. Descriptive questioner findings were analyzed using Chi-square, and Firth's bias-reduced logistic regression analysis was used to determine the relationship between seropositivity and possible risk factors.<sup>22</sup>

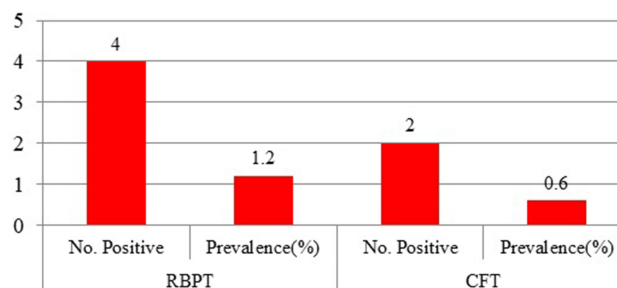
### Ethical Considerations

An ethical clearance certificate was obtained from the animal research ethical review committee of the College of Veterinary Medicine and Agriculture (Date: 15/10/2019GC, Ref. No. VM/ER/10/01/12/2020) based on the assessment of the research proposal. The standard ethical principles and conduct were implemented for animal study participants. Written and oral informed consents were obtained from human study participants and livestock owners.

## Result

### Seroprevalence of Brucellosis in Dairy Cattle

Out of 352 dairy cows having a history of recent abortion testing (222 cross and 130 local breeds), the current study found that 4 (1.14%) (95% CI: 0.47–2.97) had RBPT results that were positive. CFT was used to confirm the serum samples that tested positive for RBPT. In the research area, only 2 samples were bovine brucellosis confirmed seropositive. According to CFT tests conducted in the research area, the overall seroprevalence of bovine brucellosis was 0.6% (95% CI: 0.16–2.09) (Figure 1).



**Figure 1** The overall seroprevalence of brucellosis in dairy cow with a history of recent abortion by RBPT and CFT diagnostic techniques.

## Association of Risk Factors with Bovine Brucellosis Seropositivity

A Univariable Firth's Bias-Reduced Logistic Regression analysis was computed to evaluate the association between brucellosis seropositivity and different risk factors. Out of 352 serologically screened dairy cows, 1 (0.3%) from the Ethiopian Institute of Agricultural Research Holeta Agricultural Research Center (HARC) large-scale dairy farm, 1 (0.3%) from Fayiru medium-scale farm, and 2(0.6%) from Burka Harbu kebele were positive by RBPT, and 2(0.6%) from Burka Harbu kebele were further confirmed by CFT. The analysis indicates that there was no statistically significant association between animal origins and bovine brucellosis ( $P > 0.05$ ) (Table 1).

The seroprevalence of bovine brucellosis in the late stage of abortion (OR = 14.76,  $p = 0.0002$ ), retained fetal membrane (OR = 32.74,  $p = 0.0064$ ), market source of stock replacement (OR = 16.548,  $p = 0.0022$ ), and parturition pen (OR = 11.533,  $p = 0.027$ ) were statistically significant, while other factors were not statistically significant ( $P > 0.05$ ) (Table 1).

The results of multivariable Firth's Bias-Reduced Logistic Regression analysis showed the association of predictor variables with bovine brucellosis seropositivity. There was no multicollinearity between variables. Accordingly, the stepwise multivariable Firth's Bias-Reduced Logistic Regression analysis results showed important risk factors for bovine brucellosis seropositivity. Therefore, stage of abortion, retained fetal membrane, source of animal, and presence of parturition pen were included in the final model. However, abortion stages, RFM, and animal source for replacement were all significantly associated with brucellosis seropositivity (Table 2).

Thus, the reduced model revealed that cows with late stage abortion, retained fetal membrane, and market purchase herd replacement were 1.283, 1.046, and 1.0638 times more likely to be seropositive to *Brucella* infection, respectively,

**Table 1** Univariable Firth's Bias-Reduced Logistic Regression Analysis of Risk Factors Associated with Bovine Brucellosis Seropositivity with Combined RBPT and CFT

Variables	No. of Cows Sampled	No. Positive		OR(95% CI)	P-value
		RBPT (%)	CFT (%)		
Origin/Site					
Adea Berga farm	30	0	0	1.0	
Holeta Town	163	4(1.2)	2(0.6)	1.944(0.0744–13.1495)	0.97
Wolmera	159	0	0	1.912(1.0271–35.596)	0.4334
Herd size					
Large scale	58	1(0.3)	0	1.0	
Medium scale	40	1(0.3)	0	1.44(0.7754–2.6907)	0.8552
Small holders	254	2(0.6)	2(0.6)	1.158(9.2643–60.6058)	0.923
Breed					
Cross	222	3(0.9)	1(0.3)	1.0	
Local	130	1(0.3)	1(0.3)	1.71(0.137–21.224)	0.645
Age					
Young	78	1(0.3)	2(0.6)	1.0	
Adult	233	2(0.6)	0	3.356(0.269–42.767)	0.312
Old	41	1(0.3)	0	9.245(0.061–18.527)	0.274
Parity status					
Primipareous	57	1(0.3)	1(0.3)	1.0	
Pluripareous	295	3(0.9)	1(0.3)	5.212(0.417–65.049)	0.176
Stage of abortion					
Late Sage	13	3(0.9)	2(0.6)	14.76(1.1211–2.042)	0.0002
Early stage	339	1(0.3)	0	1.0	
Source of stock replacement					
Government	1	0	0	1.0	
Own source	198	3(0.9)	1(0.3)	0.431(2.326–7.974)	1.000
Market purchase	16	1(0.3)	1(0.3)	16.548(8.436–24.612)	0.0022

(Continued)

**Table 1** (Continued).

Variables	No. of Cows Sampled	No. Positive		OR(95% CI)	P-value
		RBPT (%)	CFT (%)		
Both	52	0	0	4.981(2.607–7.324)	0.143
Hygiene of barn					
Poor	111	2(0.6)	2(0.6)	4.635(3.713–64.2)	0.256
Medium	140	2(0.6)	0	0.722(3.902–133.75)	0.871
Good	101	0	0	1.0	
Type of farming					
Intensive	32	0	0	1.0	
Extensive	164	1(0.3)	1(0.3)	1.564(8.272–22.933)	0.776
Semi-intensive	156	3(0.9)	1(0.3)	3.638(19.105–53.43)	0.394
Retained fetal membranes					
Yes	48	4(1.2)	2(0.6)	32.74(2.611–4.544)	0.0063
No	304	0	0	1.0	
Mating practice					
Natural mating	80	0	0	1.0	
AI	137	4(1.2)	2(0.6)	7.581(0.609–1.049)	0.05*
Both	135	0	0	2.095(1.131–3.882)	0.715
Presence of parturition pen					
Yes	7	2(0.6)	0	1.0	
No	260	2(0.6)	2(0.6)	11.533(0.0604–0.22)	0.027
Separation of cow during parturition					
Yes	335	4(1.2)	2(0.6)	1.0	
No	17	0	0	0.262(0.02–26.72)	0.461
Cleaning of calving area after parturition					
Yes	72	1(0.3)	0	1.0	
No	280	3(0.9)	2(0.6)	0.768(0.554–9.57)	0.861

**Note:** \*Statistically significant.

**Abbreviations:** OR, odds ratio; CI, confidence interval.

**Table 2** Multivariable Firth's Bias-Reduced Logistic Regression Analysis of Risk Factors Associated with Dairy Cow Brucellosis Seropositivity

Variables	No. of Cows Tested	CFT (%)	OR (95% CI)	P-value
Stage of abortion				
Early stage	339	0	1	
Late Stage	13	2(0.6)	1.283(1.215–1.3557)	0.000
Retained fetal membranes				
Yes	48	2(0.6)	1.046(1.0187–1.0754)	0.0014
No	304	0	1	
Source of stock replacement				
Government	1	0	1	
Own source	198	1(0.3)	6.549(30.066–76.357)	0.075
Market Purchase	16	1(0.3)	1.0638(1.026–1.1029)	0.0008
Both	52	0		0.399
Presence of parturition pen				
Yes	7	0	1	0.281
No	260	2(0.6)	0.025–0.032	

**Abbreviations:** OR, odds ratio; CI, confidence interval.

than those with early stage abortion, without retained fetal membrane, and own or government source of herd replacement.

## Farm Characteristics of Different Scale Farms

Two large-scale farms have semi-intensive management systems, eight medium-scale farms have intensive and four of them have semi-intensive management systems, while most small-holder (164) farmers have extensive management systems. It was also found that 57 (34.8%) of sampled cows from large scales were using the AI breed system, while 107 (97.3%) of small-holder farmers were dependent on natural mating and also 76 (97.4%) of small-holder farmers were using both AI and natural mating (Table 3).

## Risks Among Farm Workers and Dairy Cattle Owners

In the study area, about 95 (37.4%) of small-holder farmers had common housing with dairy animals. The result showed that only 8 (42.1%), 1 (9.1%) and 15 (5.9%) of respondents from large-scale, medium-scale and small-scale farms were aware of brucellosis, respectively. Up to 11 (57.9%), 10 (90.9%) and 239 (94.1%) of the respondents from large-scale and medium-scale farms and small-holder animal owners reported that they had poor knowledge about brucellosis, while most of them drank raw milk (Table 4).

## Discussion

The present study revealed that the overall seroprevalence of bovine Brucellosis in the study areas was 0.6%. The seroprevalence in this study was slightly higher than the finding of Nielsen<sup>26</sup> who reported an overall prevalence of 0.14% in the North Gondar Zone,<sup>27</sup> 0.2% in Ambo and Debre Berhan, and<sup>16</sup> 0.06% in the Addis Ababa area. While in

**Table 3** Farm Characteristics of Different Scale Farms

Variables	Proportion of Respondents		
	Large Scale Farm (%)	Medium Scale Farm (%)	Small Holder Farmer (%)
Type of farming			
Extensive	0	0	164(100)
Intensive	0	8(25)	24(75)
Semi intensive	2(2.8)	3(4.2)	66(93)
Source of stock replacement			
Own farm raised	55(19.4)	29(10.2)	200(70)
Market purchased	3(6.1)	10(20.4)	36(73.5)
Government gift	0	1(5.3)	18(94.7)
Service type			
AI	56(34.8)	33(22)	48(43.3)
Natural mating	1(0.9)	2(1.8)	107(97.3)
Both	0	2(1.6)	76(97.4)
Having parturition pen			
Yes	2(28.6)	2(28.6)	3(42.9)
No	0	8(3.1)	251(96.9)
Cleaning parturition area after birth			
Yes	2(0.75)	2(0.75)	4(1.49)
No	0	9(3.37)	250(93.63)
Hygiene of barn			
Good	30(29.7)	12(11.9)	59(59.4)
Medium	28(20)	23(16.4)	89(63.6)
Poor	0	5(4.3)	106(95.5)
Repeat breeding			
Yes	8(14.8)	3(5.6)	43(79.6)
No	50(16.8)	37(12.4)	211(70.8)

**Table 4** Occupational Risks and Awareness Among Farm Workers and Owners About Brucellosis

Variables	Proportion of Respondents			$\chi^2$ -value	P-value
	Large Scale Farm (%)	Medium Scale Farm (%)	Small Holder Farmer (%)		
Human housing					
Common with dairy animals	0	0	95(37.4)	7.548	0.016
Separate	2(100)	11(100)	159(62.6)		
Awareness about zoonotic brucellosis					
Yes	8(42.1)	1(9.1)	15(5.9)		
No	11(57.9)	10(90.9)	239(94.1)	29.949	0.000
Awareness about zoonotic diseases transmission through drinking raw milk					
Yes	11(6.4)	1(0.6)	161(93.1)		
No	8(7.2)	10(9)	93(83.3)	13.333	0.001
Contact with aborted fetus					
Yes	2(1.2)	1(0.6)	165(98.2)		
No	17(14.7)	10(8.6)	89(76.7)	33.55	0.000
Contact with RFM					
Yes	0	0	74(100)		
No	19(9.6)	11(5.2)	180(87.5)	11.82	0.003
Consumption of raw milk					
Yes	10(52.63)	6(54.54)	157(67.1)	9.89	0.012
No	9(47.73)	5(45.45)	77(32.9)		

other ways, Bashitu et al<sup>28</sup> and Alemu et al<sup>29</sup> failed to find any seroreactive cattle in the Eastern and Western Showa zones of central Ethiopia and in intensive dairy farms in the Addis Ababa area, respectively. This variation in seroprevalence might be seen due to the difference in the study animal management system. Most of the reactive animals in our study were from small-holder farmers kept under an extensive management system. The dependency of most of the farmers on outside sources for stock replacement could be one possible way of introducing the disease into unaffected herds. This could also be due to differences between the study areas regarding conditions that could facilitate the rate of transmission of the disease.<sup>30</sup>

The finding of my study was in close agreement with the findings of Gay et al<sup>31</sup> (0.69%); Tesfaye<sup>32</sup> (0.77%); Tolosa et al<sup>33</sup> (0.9%); Gumi et al<sup>34</sup> (1.0%) from Ethiopia and Adugna<sup>35</sup> (1.0%) from Kenya. On the other hand, there were reports with a relatively higher seroprevalence of bovine brucellosis in other parts of the country; Zemmouri et al<sup>7</sup> (3.19%);<sup>15</sup> Yilma et al<sup>10</sup> (11.0%); Kang'Ethel et al<sup>36</sup> (2.9%); Jergefa et al<sup>37</sup> (4.9%); Li et al<sup>8</sup> (3.1%); Haileselassie et al<sup>38</sup> (1.38%); Jergefa et al<sup>37</sup> (6.1%); Angara et al<sup>44</sup> (3.5%); Megersa et al<sup>39</sup> (1.9%); Asmare et al<sup>41</sup> (4.3%); Acha et al<sup>6</sup> (1.4%). Similarly, relatively higher seroprevalence was reported in other African countries by other authors: (8.5%) Tibesso et al<sup>42</sup> from Eritrea, (24.5%) Omer et al<sup>43</sup> from Sudan; (24.0%) Angara et al<sup>44</sup> from Zimbabwe; (5.5%) Matope<sup>45</sup> from Nigeria were some of the reports.

The observed variation in prevalence might be explained by variations in production systems and animal care. The majority of previous research indicating higher prevalence, which varied authors reported, was carried out in intensively managed herds where cattle from numerous owners gathered at grazing or watering places. The findings of this study showed that all of the confirmed instances came from small-holder dairy farmers who kept their dairy animals under extensive management. Therefore, the reasons for the low prevalence of bovine brucellosis in these study areas could potentially be explained by improved hygiene practices, separation of cows during parturition, cleaning and disinfection activities, culling of infected animals, relying on their own herd to replace stock in two large-scale farms and eleven medium-scale farms, and the prevailing management differences between intensive, semi-intensive, and extensive



production systems. This is also reflected the relatively good hygienic status of the farms and practices in disposing aborted materials to ward off contact with animals.

In addition to the estimation of seroprevalence, this study was also carried out to assess the risk factors associated with disease occurrence. The previous history of abortion stage has a statistically significant association with the seropositivity of bovine brucellosis. This was in agreement with previous reports by.<sup>6</sup> This could be explained by the presence of higher seropositivity in cows in the last trimester, which may be due to the preferential localization of *Brucella* in the uterus, in which allantoic fluid factor and erythritol stimulate the growth of *Brucella* in the uterus and increase in the placenta and fetal fluid from about the 5th month of gestation.<sup>46,47</sup>

In the current study, there was also a highly significant association between seropositivity for brucellosis and cows having a history of retained fetal membrane. Following a brucellosis-related abortion, the placenta is frequently retained and the uterine wall becomes inflamed (metritis). According to Constable et al<sup>48</sup> report, *Brucella* infected cows were expected to abort 3 to 4 times more than unexposed cows. This could also be explained by the fact that retained fetal membrane is a typical outcome of brucellosis. Other studies have also shown a significant association between seropositivity and retained fetal membrane.<sup>7,8,12,13,23,27,29,33–35,40</sup>

There were statistically significant differences in seroprevalence of brucellosis seropositivity and breeding methods. In the present study area, most farms used artificial insemination (38.9%) more often than bulls (22.7%) for breeding purposes. There was a higher seroprevalence rate in the AI service, whereas there was no seropositive record in the bull mating method. The sources of replacement stock were shown to significantly affect the prevalence of bovine brucellosis in study areas. Those animals purchased from other areas were relatively more susceptible to brucellosis than cattle grown and replaced the stock.

According to the results of study, *Brucella* infection did not show significant variation between breeds. The present finding agrees with the previous reports of Acha et al, Yilma et al, Adugna et al and Angara et al<sup>6,10,35,44</sup> who reported that seropositivity of *Brucella* infection was independent of the breeds. The variation in the number of animals sampled per breed group might be responsible for the absence of significant variation in *Brucella* infection between the breeds. Crossbreds, on the other hand, were becoming more common in my study area, and farmers treated crossbred cows better than local breeds.

According to the present study, there was no statistically significant difference among age groups for *Brucella* seropositivity. All positive cows (0.6%) were found in the adult age group, whereas no *Brucella* seropositivity was observed in the young and old age groups of dairy cattle in the study sites. Similar findings were also reported by Acha et al, Gay et al and Angara et al<sup>6,11,31,37,44,50</sup> where age was not significantly associated with *Brucella* seropositivity.

The higher seroprevalence of brucellosis among adult cows may be related to the higher number of adult cows included in the study. In addition, it may be related to their advanced age as the organism may remain latent or chronic for an unspecified period before manifesting as a clinical disease. The other justification is also possible as age is one of the intrinsic factors which influence the susceptibility to *Brucella* infection. Brucellosis appears to be more associated with sexual maturity.<sup>25,31</sup> It is essentially a disease of sexually mature animals and susceptibility increases with sexual maturity and pregnancy due to the influence of sex hormones and placenta erythritol on the pathogenesis of brucellosis. On the other hand, younger animals tend to be more resistant to infection and frequently clear infections, although latent infections can occur.<sup>45,51</sup>

## Conclusion and Recommendations

In Holeta town, Wolmera District, and HARC Adea Berga dairy farm in West Shoa, Oromia Region Ethiopia, the overall seroprevalence of bovine brucellosis with recent abortion history was 0.6%. The finding of positive serological reactors did not only suggest the presence of the disease in the cattle population in the areas but also indicated the presence of foci of infection that could serve as sources of infection for the spread of the disease into unaffected animals and humans. In this finding, stage of abortion, retained fetal membrane, source of stock replacement, and breeding methods were statistically significant risk factors associated with dairy animal brucellosis seropositivity.

Based on the above conclusions, the following recommendations are forwarded to curb further spread of the disease in both cattle and human populations:

- Isolation of aborted animals and proper disposal of aborted fetuses and fetal membranes, preferably, by incineration.
- Replacement stock should be purchased from herd known to be free of brucellosis.
- Strict movement control of animal from one area to another in order to prevent the spread and transmission of the disease from infected cattle to the non-infected ones.
- The implementation of test and slaughter policy with compensation payment to the farmers as the prevalence of the disease is low in the study area.
- Adoption of replacement stock vaccination with the aim of eradicating the diseases and prevention of its impact on the public and economic sector.

## Data Sharing Statement

All the required raw data is readily available.

## Consent for Publication

I fully agree that this paper can be published in our journal.

## Acknowledgments

- The data sent with the manuscript are raw data.
- This paper is based on the thesis of Temesgen Getahun. It has been published on the institutional website (<http://etd.aau.edu.et/handle/123456789/25436>).

## Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

## Disclosure

The authors declare that they have no competing interests.

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