

# Ocriplasmin for symptomatic vitreomacular adhesion: an evidence-based review of its potential

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**Abstract:** Vitreomacular traction is a multicategory entity that may cause substantial visual loss due to the formation of a macular hole or traction-induced tissue distortion. The advent of optical coherent tomography (OCT) has demonstrated the anatomic features of persistent vitreomacular attachment (VMA) more definitively, including in many asymptomatic or minimally symptomatic patients. The indications for intervention are unclear, since it is not possible to predict which eyes might be likely to develop progressive visual loss. This has been especially important since for many years, the only treatment option involved surgical intervention (vitrectomy) to release the persistent VMA. Recently, a pharmacolytic agent, ocriplasmin, has become available after many years of development and investigation, and may offer a feasible alternative to surgery, or even a risk/benefit ratio sufficiently favorable to offer intervention at an earlier stage of VMA. Several studies, including a large, prospective clinical trial, have established the foundation of its rationale and efficacy, providing the basis of its approval. The role for ocriplasmin in clinical practice is in the process of being determined. This paper summarizes current knowledge and status of investigations regarding ocriplasmin-induced pharmacologic vitreolysis, and offers some evidence-based considerations for its use.

**Keywords:** macular edema, microplasmin, pharmacologic vitreolysis, posterior vitreous detachment

## Core evidence clinical impact summary for ocriplasmin

Outcome measure	Evidence	Implications
<b>Disease-oriented evidence</b>		
Vitreomacular attachment (VMA) is lysed in many circumstances With higher frequency than natural history	21–23, 44, 54, 56, 66	Potential role in other disorders
<b>Patient-oriented evidence</b>		
Macular hole with VMA	MIVI-TRUST <sup>65</sup>	A nonsurgical alternative, albeit less successful
VMA causing 20/25 or worse vision	MIVI-TRUST <sup>65</sup>	A nonsurgical alternative, albeit less successful
<b>Economic evidence</b>		
Avoiding surgery, lower costs	Presumed; literature lacking	May or may not lower costs

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## Introduction

There is a broad spectrum of conditions that involve some degree of vitreomacular attachment that may or may not be pathogenic. At one end of the spectrum is the asymptomatic partial separation of vitreous that probably represents an early phase of

posterior vitreous detachment (PVD)<sup>1</sup> and is only detectable by optical coherence tomography (OCT). At the most extreme end of the spectrum is vitreous attached to the edge of a full-thickness macular hole, a configuration that invokes the hypothesis that vitreous traction overwhelmed the tensile strength of the retina to cause the hole.<sup>2</sup> Morphologies with vitreous attachment at the macula associated with loss of the foveal depression, tenting up of the inner retinal surface, intraretinal edema, or even subretinal fluid appear to form a continuum of intermediate forms. The severity of associated symptoms generally correlates with the magnitude of these apparent traction-induced effects, specifically as they impact the outer retinal layers.

There is no consensus regarding the categorization and terminology of this family of conditions, or what might be considered its close cousins – vitreomacular traction syndrome (VMTS) and epiretinal membrane (ERM). Generally, VMTS is a more prominent form of vitreomacular attachment usually associated with a broader zone of attachment and a moderate degree of epiretinal membrane formation. It has distinct features recognizable on clinical examination and VMTS does not lead directly to macular hole formation.<sup>3,4</sup> It may well be a more entrenched form of vitreomacular adherence, populated by secondary epiretinal membranes. ERM is commonly present in an eye that has already had a complete PVD, but might have its etiology in some vitreomacular traction stimulus that has expired. ERM and VMTS will not be further described in this review.

The advent of ocular coherence tomography (OCT) has given clarity to the vitreomacular anatomy which has allowed a much higher degree of standardization and definition of certain subgroups. The more subtle, focal, usually not clinically observable, form of vitreomacular attachment has come to be referred to as its own diagnostic subset under the moniker of vitreomacular attachment (VMA), albeit more specifically applied than in the generic way discussed above. This leaves some confusion in discussing this subset of patients. The microplasmin intravitreal injection for nonsurgical treatment of focal vitreomacular adhesion (MIVI-TRUST) study investigators have coined this more specific use of VMA in recent studies designed to test the therapeutic value of ocriplasmin. To make nomenclature matters even more confusing, those investigators have lumped macular holes with persistent vitreous attachment into that same diagnostic group as VMA.

Various factors might influence the formation or influence the course or severity of VMA; these might include vitreous liquefaction, focal anatomic factors that might potentiate foveal adhesion (for example inflammation or constitutional factors as

yet undefined), or internal limiting membrane (ILM) integrity. The common denominator in all of these cases is that the VMA seems to take an active (as opposed to passive, incidental) role, transferring traction at the fovea and, in some cases, leading to progressive anatomic and symptomatic changes.

The therapeutic rationale in VMA is to release the vitreomacular attachment with the hope that anatomic and visual improvement (or at least arrested progression) results. Hitherto, surgical release has been the only option, so only more advanced VMA cases have been treated, but with respectable visual results.<sup>4-8</sup> However, many (if not most) cases with VMA, especially those with minimal or no symptoms, may not progress to cause visual loss, and are safely observed without surgical intervention.<sup>9</sup> Clinical intuition has restricted vitrectomy to the more severe or unequivocally progressing cases. Consequently, a group of intermediately affected eyes might be at risk of visual loss, but are not considered for treatment. The possibility of avoiding vitrectomy or of offering a therapeutic option short of vitrectomy for the group of intermediate severity has been a main focus of attempts to develop a nonsurgical therapeutic option.

The culmination of many years of investigation has been the recent approval of ocriplasmin (sometimes referred to as microplasmin), an agent that has lytic properties at the vitreoretinal interface.<sup>10-15</sup> Even if the anatomic success rate of a less invasive therapy might be lower than vitrectomy, it might offer the appeal of avoiding surgery in some patients or expanding the group of patients who might be amenable to treatment.

The OCT finding of VMA in higher association with other conditions such as diabetic macular edema (DME) and age-related macular degeneration (AMD) raises the hypothesis that VMA may play a pathogenic role in those conditions and hence, be amenable to therapeutic release.<sup>16-20</sup> These hypothetical possibilities are currently being considered by many individuals, as the consensus role for ocriplasmin is being determined.<sup>21-24</sup>

This paper will review the current status of studies which may provide evidence for ocriplasmin treatment of VMA.

## Background studies of surgical treatment of VMA

Impending macular holes and, subsequently, stage II or III macular holes represented the first subgroups that were operated on with the rationale of relieving the causative VMA. Initial clinical reports of vitrectomy (PPV) for impending macular holes were encouraging<sup>4,25-27</sup> and led to a prospective, randomized, controlled clinical trial.<sup>28</sup> The results of that trial were tempered due to the recruitment not being

sufficient to give the study its necessary statistical power. The success in treating full thickness macular holes (especially small, early-stage ones) that occurred at that time displaced attention from the impending macular hole group to the full-thickness macular hole group, since the diagnosis and prognosis of impending macular holes was imprecise, as described above.

## Nonsurgical vitreolysis

The concept of nonsurgical vitreolysis was first reported clinically by Chan who showed pneumatic vitreolysis in eyes with early macular hole formation can result in closure of the macular hole in many cases.<sup>29</sup> This maneuver did not gain much popularity, possibly due to the high rate of success of PPV that became apparent contemporaneously. More recently, this possibility has been revisited.<sup>29–34</sup> Rodriguez showed that intravitreal gas injection induced complete resolution of VMA in 40% of eyes by 1 month and in 60% of eyes within 6 months.<sup>30</sup> The overall results may be equivalent to those of clinical trials of ocriplasmin (see below), but one must consider the limitations of that study – small sample size and retrospective nature. The frequency of complications, side effects, and constraints of long-acting gas and prone positioning have not been definitively quantitated, but are not negligible.

## Pharmacologic vitreolysis and ocriplasmin

As the capabilities of surgery for vitreomacular traction disorders have become defined, and with the broad facility and acceptance of intravitreal injections for retinal vascular conditions, the search to find pharmacologic agents to lyse vitreoretinal attachments has been pursued with renewed interest. This approach was first conceived of for pediatric cases requiring surgery – a group in which inducing a PVD is notoriously difficult – well before VMA cases were even defined, much less considered for therapeutic intervention. Because VMA represents a focal, well-defined area of pathologic adherence, efforts to develop a pharmacologic agent targeted the molecular components of the vitreomacular interface like fibronectin and laminin.<sup>35,36</sup>

Pharmacologic vitreolytic agents can be divided into two categories: enzymatic and non-enzymatic agents.<sup>37</sup> Enzymatic pharmacologic agents include interfactants (dispase), liquefactants (hyaluronidase, collagenase), and agents that combine both properties (plasmin, microplasmin, chondroitinase).<sup>37</sup>

Plasmin is a serine protease that directly lyses fibrin, laminin, and fibronectin, and increases levels of other proteases

that disrupt extracellular matrix structures.<sup>38,39</sup> However, plasmin is extremely unstable and although autologous plasmin is more stable, it is time consuming to use and expensive to produce. Ocriplasmin (ThromboGenics NV, Leuven, Belgium) is a recombinant human protein which contains plasmin's catalytic domain, and thus, shares the catalytic properties of human plasmin.<sup>40</sup> Ocriplasmin's effects are relatively specific for vitreous and less active on other ocular laminin- and fibronectin-containing structures such as lens, ciliary body, retinal vessels, and lamina cribrosa. Examination of the ciliary body and zonules adjacent to the site of injection on scanning electromicroscope did not disclose any significant abnormality.<sup>39,41</sup> Ocriplasmin is more stable than autologous plasmin, has increased sterility, and is one-fourth the size of plasmin (22 kDa versus 88 kDa), which likely facilitates greater penetration of vitreous and epiretinal tissues.<sup>41</sup>

The earliest *in vivo* studies testing the concept demonstrated that an intravitreal injection of ocriplasmin induced complete PVD in a dose- and time-dependent fashion without outer retina damage.<sup>38,39,42–44</sup> Chen reported that 0.5 U, 1.0 U, and 1.5 U recombinant microplasminogen induced a complete PVD in 25%, 75%, and 87.5% of rabbit eyes within 1 day.<sup>11</sup> The concentration of recombinant microplasminogen correlates inversely to the degree of residual posterior vitreous cortical at 1 day after injection. Eyes that received 0.5 U of recombinant microplasminogen had much more residual collagen fibrils than those that received 1.5 U.

There are a couple of clinical concerns that have not been fully vetted against the benefits of ocriplasmin. A transient decrease of the a and b waves of electroretinogram (ERG) was noted in all doses of ocriplasmin, but without permanent ERG or retinal ultrastructural abnormalities at doses less than 250 µg.<sup>41</sup> The package insert of ocriplasmin (Jetrea, Thrombogenics, Leuven, Belgium)) also reports a 2% incidence of dyschromatopsia with ERG changes and a dislocated crystalline lens in a human receiving a dose 40% over the recommended and in three species (including 100% of primates) receiving multiple doses.<sup>42</sup>

## Clinical results and ongoing clinical trials of ocriplasmin

Although ocriplasmin was first developed for the treatment of acute ischemic stroke, there are no active clinical trials of ocriplasmin besides its use in VMA-related conditions. Ocriplasmin is the only vitreolytic agent approved for clinical use to treat VMA, and VMA with or without macular

hole is its only approved use. The scope of its use is in the process of being translated from the most prominent clinical trial results to general practice. Hence, it is worthwhile to review all of the available information regarding results and ongoing studies of ocriplasmin. There are 14 ocriplasmin trials listed in the registry of clinical trials ([www.clinicaltrials.gov](http://www.clinicaltrials.gov)). The majority have been completed and are summarized below. The title listed on the registry is presented in boldface, but in most instances the protocol title within the study heading is worded differently and is presented here as a sub title.

### **Microplasmin intravitreal administration in patients with vitreomacular traction scheduled for vitrectomy**

(Intravitreal microplasmin in patients undergoing surgical vitrectomy, MIVI-I)<sup>21</sup>

MIVI-I was a Phase IIa safety study to assess the safety of recombinant ocriplasmin intravitreal administration and to obtain an early indication of possible efficacy. Sixty patients in six cohorts (ten patients each) received varied doses (25–125 µg) or different exposure time (1 hour–7 days). All patients had been scheduled for PPV due to VMA associated with VMT, diabetic macular edema, or a stage II-III macular hole of less than 6 months' duration. The outcome endpoint was PVD determined at the time of vitrectomy. The use of ocriplasmin led to a progressively higher incidence of PVD in 0, 10%, and 25% of patients with increasing time exposures (2 hours, 24 hours, 7 days). These results demonstrated the safety of intravitreal ocriplasmin and confirmed that ocriplasmin could induce PVD in some patients.

### **Intravitreal injection of microplasmin for treatment of vitreomacular adhesion: results of a prospective, randomized, sham-controlled Phase II trial**

(A study to compare multiple doses intravitreal of microplasmin or treatment of patients with vitreomacular traction, MIVI-II)<sup>22</sup>

This study was designed to evaluate the preliminary proof of concept of pharmacolytic correction of VMA. Inclusion criteria included a partial PVD as demonstrated by ultrasound examination and OCT with foveal VMA, a macular thickness of at least 250 µm, and best-corrected visual acuity (BCVA) of 20/40 or less in the study eye and 20/400 or better in the fellow eye. The primary endpoint was release of VMA at 28 days after injection. Sixty eligible patients were randomized into four cohorts of 15 patients each. Three of the cohorts

included a 4:1 randomization (12 treated, three controls), one cohort for each dose: 75 µg, 125 µg, or 175 µg ocriplasmin or sham treatment. The primary clinical endpoint, nonsurgical resolution of VMA 28 days after injection, was observed in one (8%) patient in the sham cohort, three (25%) patients in the 75 µg ocriplasmin cohort, eleven (44%) patients in the 125 µg ocriplasmin cohort, and three (27%) patients in the 175 µg ocriplasmin cohort. The 125 µg ocriplasmin cohort had a higher proportion resulting in total PVD compared with the sham cohort ( $P=0.046$ ). Total PVD in the pooled ocriplasmin treatment cohorts was more common than in the sham treatment cohort at day 90 ( $P=0.033$ ) after injection, but there was not a difference at day 180 after injection ( $P=0.10$ ).

All members of the fourth cohort received 125 µg of intravitreal ocriplasmin or sham (4:1 randomization) monthly until the VMA was released, up to a total of three doses. In this cohort, seven of 12 ocriplasmin-treated and two of three sham-treated patients did not have resolution of VMA at the day 28 visit and received a repeat injection. There were no statistically significant differences in the proportion of patients achieving a BCVA improvement of at least 15 letters in the treatment cohorts versus the observed cohorts despite the release of the VMA.

This study indicates that intravitreal injection of ocriplasmin can result in nonsurgical resolution of VMA in 44% of patients in the 125 µg treatment group.

### **A placebo-controlled trial of microplasmin intravitreal injection to facilitate posterior vitreous detachment before vitrectomy**

(A study of the safety and efficacy of microplasmin to induce a posterior vitreous detachment, MIVI-III)<sup>23</sup>

This Phase II, multicenter, randomized, double-masked, placebo-controlled, parallel-group trial combined features of the previous two studies. Three doses of ocriplasmin (25 µg, 75 µg, and 125 µg) were compared with placebo, but injections were administered 7 days ( $\pm 1$  day) before planned pars plana vitrectomy (PPV). The primary efficacy outcome was total PVD without creation of an anatomic defect (ie, retinal tear or retinal detachment) as ascertained by the surgeon's visualization at the beginning of vitrectomy before suction or any other mechanical intervention. The secondary endpoints were a gain of  $\geq 1$ ,  $\geq 2$ ,  $\geq 3$  lines in BCVA and the number in which vitrectomy was avoided due to PVD occurrence.

The rates of total PVD at time of surgery were 10%, 14%, 21%, and 31% for the placebo, 25 µg, 75 µg, and 125 µg

ocriplasmin groups, respectively. The mean BCVA letters of improvement from baseline 35 days after injection were 1.1, 3.6, 3.2, and 8.4 for the placebo, 25 µg, 75 µg, and 125 µg ocriplasmin groups, respectively. Comparing ocriplasmin to placebo, only the 125 µg ocriplasmin group improvement was statistically significant ( $P < 0.05$ , 2-sample *t*-test).

### Enzymatic vitreolysis with ocriplasmin for vitreomacular traction and macular holes

(Trial of microplasmin intravitreal injection for nonsurgical treatment of focal vitreomacular adhesion, also known as the MIVI-TRUST [TG-MV-006 & TG-MV-007] trial)<sup>24</sup>

This pivotal study publication reported on two parallel, multicenter, randomized, double-blind, Phase III clinical trials. Both studies had the same study protocol except that the ratio of randomized assignments to ocriplasmin and placebo in study TG-MV-006 was 2:1, and the randomization ratio in study TG-MV-007 was 3:1. The purpose was to compare a single intravitreal injection of ocriplasmin (125 µg) with a placebo saline injection in patients with symptomatic VMA. Patients with VMA alone as well as VMA with macular hole were included. The primary endpoint was resolution of VMA at day 28. Secondary endpoints were total PVD and nonsurgical closure of a macular hole at 28 days, avoidance of vitrectomy, and change in BCVA. OCT was required for study entry and for determination of the primary study endpoint.

VMA resolved in 26.5% (123/464) of ocriplasmin-injected eyes and in 10% (19/188) of placebo-injected eyes ( $P < 0.001$ ). Total PVD occurred in 13.4% (62/464) of ocriplasmin-treated eyes and 3.7% (7/188) of placebo-treated eyes ( $P < 0.001$ ). Nonsurgical closure of macular holes was achieved in 40.6% (43/106) of ocriplasmin-injected eyes, as compared with 10.6% (5/47) of placebo-injected eyes ( $P < 0.001$ ). The BCVA was improved by at least three lines in 12.3% (57/464) of ocriplasmin-treated eyes and 6.4% (12/188) of placebo-treated eyes (95% confidence interval [CI]: 1.26–7.76,  $P = 0.02$ ). The incidence of retinal tears or detachments was similar in the two groups (1.9% versus 4.3%,  $P = 0.11$ ).

The subgroup analysis focusing on the OCT characteristics showed that presence of an epiretinal membrane decreased ocriplasmin efficacy. Among patients without an epiretinal membrane, 37.4% in the ocriplasmin group had nonsurgical resolution of VMA, as compared to 14.3% in the placebo group (odds ratio [OR]: 3.79; 95% CI: 2.09–7.22). Among patients with an epiretinal membrane, resolution

of VMA occurred in only 8.7% in the ocriplasmin group compared to 1.5% in the placebo group (OR: 6.20; 95% CI: 0.93–2.65). These findings support the hypothesis that epiretinal membranes increase the strength of the VMA by fibrocellular organization and contraction.<sup>43</sup> Another subgroup analysis demonstrated a poor prognosis for a broader width of vitreous adhesion OCT grading reproducibility for VMA, broad versus focal width of vitreous adhesion, full thickness macular hole, and epiretinal membrane was high ( $\kappa > 0.85$ ).<sup>43</sup>

### A randomized, sham-injection–controlled, double-masked, ascending-dose, dose-range–finding trial of microplasmin intravitreal injection for nonsurgical posterior vitreous detachment (PVD) induction for treatment of DME

(A multicenter study to compare multiple doses of intravitreal microplasmin versus sham injection for treatment of patients with diabetic macular edema [DME] MIVI-II)<sup>44</sup>

This study explored the possibility that pharmacolysis of VMA in patients with DME might be clinically helpful. That the vitreous may play a role in the pathogenesis of at least some cases of DME is inferred from two clinical observations: 1) DME can improve with spontaneous PVD<sup>17</sup> and 2) the incidence of DME is lower among eyes with PVD compared to those without PVD.<sup>16</sup> These studies suggested that purposeful removal of VMA in eyes with DME might improve traction-induced derangements of the anatomy. Since the report by Lewis<sup>7</sup> first describing a beneficial effect of PPV with release of a thickened and taut posterior hyaloid traction on the macula, many retrospective studies have shown the advantage of vitrectomy and removal of the posterior hyaloid on morphologic and functional results.<sup>8,45–50</sup> Some of these studies recommended that early surgical intervention may result in better visual outcome.<sup>7,8,45–50</sup> However, the results with this approach have been mixed. Most studies have not included a nonsurgical control group, and the results have not deviated markedly from a natural history study.<sup>51</sup> The largest multicenter trial did not find overall visual improvement.<sup>50</sup> Hence, the rationale for pharmacologic lysis of VMA is less convincing for this subset.

Still, there might be an as yet undefined subset of eyes that might benefit from traction release surgically or pharmacologically.<sup>50</sup> Proposed mechanisms of visual acuity improvement include avoiding re proliferation of glial cells, improving oxygen supply to the retina, and removing a vascular

endothelial growth factor (VEGF) reservoir.<sup>52</sup> Conversely, removal of the vitreous, shortens the intraocular half-life of anti-VEGF agents, if that is subsequently needed.<sup>53</sup>

The Phase II multicenter study in the above subtitle compared multiple doses of intravitreal ocriplasmin for nonsurgical PVD induction for treatment of patients with DME. The primary efficacy variable was the proportion of patients with total PVD 14 days after the 25 µg, 75 µg, 125 µg of ocriplasmin, and sham injection. According to study results posted at [clinicaltrials.gov](http://clinicaltrials.gov), there were no statistically significant differences of PVD induction between 25 µg, 75 µg, or 125 µg versus the sham group.

**A randomized, sham-injection–controlled, double-masked, multicenter trial of ocriplasmin intravitreal injection for treatment of focal vitreomacular adhesion in subjects with exudative age-related macular degeneration**

(Safety and efficacy study of intravitreal ocriplasmin in subjects with AMD with focal vitreomacular adhesion MIVI-5)<sup>54</sup>

This Phase II study evaluated the safety and efficacy of intravitreal ocriplasmin injection in subjects with exudative AMD with focal VMA. Some have recognized what appears to be a higher rate of persistent vitreomacular attachment among patients with exudative age-related macular degeneration (AMD).<sup>18,20</sup> As with vitrectomy for DME, some have performed pilot studies of surgery for this subgroup without distinct benefit. Thus, the hypothesis that pharmacologic vitreolysis might be beneficial is less convincing in this subgroup also. However, this is the hypothesis tested with the above entitled study.

The primary outcome measurement of this study was the proportion of subjects with release of focal vitreomacular adhesion by day 28. This study was completed at April 2013, but no study results have been reported.

**An open-label, single center trial of microplasmin intravitreal injection for nonsurgical treatment of focal vitreomacular adhesion**

(Safety and efficacy study of microplasmin for nonsurgical treatment of focal vitreomacular adhesion MIVI-8)<sup>55</sup>

This Phase II study evaluated the safety and efficacy of a single 125 µg dose of intravitreal ocriplasmin for participants with VMA. The primary outcome measure of this study was full ophthalmologic examination at baseline,

7, 14, 28 days, 3 months, and 6 months after injection. A secondary outcome measure was the proportion of patients with nonsurgical resolution of focal VMA adhesion at study visits other than the 28-day post-injection visit. This study was completed at April 2011, but no results have been reported.

**A randomized, placebo-controlled, double-masked, clinical trial of intravitreal microplasmin in infants and children scheduled for vitrectomy**

(Clinical trial of intravitreal microplasmin in infants and children scheduled for vitrectomy MIC)<sup>56</sup>

This study evaluated the potential benefit in inducing PVD in pediatric eyes undergoing vitrectomy not necessarily for VMA. Autologous plasma has been reported as an adjunct to pediatric vitrectomy in a variety of clinical conditions including: traumatic macular hole, stage 5 retinopathy of prematurity (ROP), and congenital X-linked retinoschisis.<sup>57–62</sup> In pediatric traumatic macular hole cases without PVD, after injection of ocriplasmin, a complete PVD was noted during vitrectomy in 23% and a partial PVD was noted in 15% of eyes.<sup>61</sup>

Safety was assessed through the use of reported adverse events, ophthalmic examinations, B-scan, fundus photography, and fluorescein angiography. This study was completed at April 2012, but no results have been reported.

**An open-label, ascending-exposure time, single center trial to evaluate the pharmacokinetic properties of ocriplasmin intravitreal injection in subjects scheduled for primary pars plana vitrectomy**

(The purpose of this study is to evaluate the pharmacokinetic properties of intravitreal ocriplasmin prior to planned primary pars plana vitrectomy [PPV] MIVI-10)<sup>63</sup>

This Phase II study evaluated the pharmacokinetic properties of a 125 µg dose of intravitreal ocriplasmin administered at different time-points prior to planned primary PPV. The primary outcome measure, ocriplasmin activity levels, was ascertained in vitreous samples obtained at the beginning of vitrectomy with five time-points after preoperative injection: 5–30 minutes, 31–60 minutes, 2–4 hours, 24 hours, and 7 days. The controls did not receive a preoperative injection. Thirty-eight subjects were enrolled, but two were excluded from analysis. The ocriplasmin activity levels in vitreous samples decreased from 11,597.711±7,637.41 ng/mL (5–30 minutes after

injection) to 8,108.726±5,181.85 (31–60 minutes), 2,610.563±1,608.27 (2–4 hours), 496.473±288.25 (24 hours), 272.370 (7 days). No statistical analysis has been reported.

**Follow-up study to assess visual function in subset of patients who have previously participated in the TG-MV-006 and TG-MV-007 ocriplasmin studies (Follow-up study to assess visual function in subset of patients who have previously participated in the TG-MV-006 and TG-MV-007 ocriplasmin studies)<sup>64</sup>**

This study evaluated BCVA, spectral domain optical coherence tomography abnormality, and electroretinography abnormality in MIVI-TRUST study participants. This study was completed at October 2011, but no results have been reported.

**A randomized, sham-controlled, double-masked, multicenter study evaluating ocriplasmin treatment for symptomatic vitreomacular adhesion/(VMT) including macular hole (Ocriplasmin for treatment for symptomatic vitreomacular adhesion/(VMT) including macular hole [OASIS])<sup>65</sup>**

This Phase II study was designed to assess anatomical and functional outcomes following a single 125 µg intravitreal injection of ocriplasmin in subjects with symptomatic vitreomacular adhesion including macular hole. The primary outcome measure was the proportion of subjects with pharmacological VMA resolution at day 28 after injection. This study is ongoing with an estimated completion date in 2015.

**Resolution of vitreomacular adhesion (VMA) associated with neovascular age-related macular degeneration (AMD) with intravitreal microplasmin (Study of intravitreal microplasmin in relieving vitreomacular adhesion in neovascular age-related macular degeneration [AMD])<sup>66</sup>**

This Phase II study evaluated a single intravitreal injection of 1.875 mg (high dose) ocriplasmin intravitreal injection in exudative AMD patients with VMA. The control arm consisted of one intravitreal injection of the placebo. The primary outcome is the proportion with release of VMA as assessed by ultrasonography, optical coherence tomography, and clinical examination. Secondary outcomes were total number of ranibizumab injections following ocriplasmin in eyes with

PVD versus those without PVD. No further information or results have been reported.

**Microplasmin intravitreal administration in participants with uveitic macular edema (Microplasmin intravitreal administration in participants with uveitic macular edema MIME)<sup>67</sup>**

This study was sponsored by National Institute of Health Clinical Center. The participants received an intravitreal injection of 125 µg of ocriplasmin at baseline. This study was terminated early due to lack of enrollment.

## Interaction with other drugs

Possible interactions of ocriplasmin with other drugs, such as anti-VEGF agents, have not been evaluated. The MIVI trials have specifically excluded the eyes with a history of intravitreal injection of any drugs in the preceding 30 days.<sup>17</sup> The hypothesis that a PVD may influence the retinal penetration or pharmacokinetics of intravitreally injected drugs is supported by animal studies,<sup>53,68,69</sup> as has been demonstrated for anti-VEGF agents.<sup>53</sup> This hypothesis has not been confirmed (or refuted) by any clinical trial results.

## Conclusion

The optimal treatment of the family of conditions characterized by vitreomacular attachments is very much an ongoing work. Patients with symptomatic, progressive VMA have formerly only had the option of treatment with PPV. Intravitreal ocriplasmin offers an alternative treatment either to avoid PPV or treat eyes at earlier stages than would generally be considered for surgery. Randomized, controlled trials have demonstrated anatomic efficacy with pharmacologic vitreolysis, but only in about 1/3 of eyes. Certain subsets of patients have been identified to have a better prognosis (macular holes <250 µm; no ERM; smaller length of VMA) and represent optimal candidates for ocriplasmin injection. The low rate of progression among asymptomatic or minimally symptomatic cases of VMA invokes the need for clinical judgment even for this seemingly less invasive therapy. Safety results seem satisfactory, as long as multiple or higher-than-recommended doses are avoided. Visual results have been less encouraging.

It would seem that the role for ocriplasmin should be considered only after full disclosure to patients that the success rate is low, and the agent fairly costly. Injection does not

appear to alleviate subsequent PPV if primary success is not obtained. Caution regarding certain possible complications is advised. Perhaps only patients with progressive or substantial visual symptoms should be considered, and OCT characteristics could be confirmatory of the clinical assessment rather than provide the actual basis for timing of PPV.

The role for ocriplasmin to enhance release of vitreomacular adhesion in cases besides VMA, for example DME, AMD, and pediatric eyes before vitrectomy, has been studied, but preliminary results are not as positive as for VMA, and should still be considered experimental.

## Disclosure

The authors report no other conflicts of interest in this work.

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