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Treating COVID-19 with NRICM101 and NRICM102 - Author's reply 3

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We thank Shi, Yong and Wei for their comments in response to our paper [1]. They suggest possible effects of different oxygen therapy techniques, and subgroup analysis on patients' demographic characteristics. However, the comments represent a misunderstanding about the paper's purpose, and the concept of propensity score analysis.

First of all, our intention was not to investigate if oxygen therapy strategies, sex, age, comorbidity or other risk factors play a role in the clinical outcome. We are fully aware that they do. Rather, the study aimed to assess if use of TCM could reduce the progression and mortality of COVID-19. Employing a quasi-experimental method allows us to clearly estimate the impact of the intervention. To this end, it is essential to ensure that the groups are comparable, i.e. various baseline characteristics are evenly distributed between the groups. Propensity score analysis is a statistical strategy to effectively adjust for confounders in a retrospective study, making it possible to make an unbiased comparison [2]. Subsequently, we performed a marginal Cox regression analysis to replicate the counterfactual conditional of a randomized comparison. We also evaluated the impact of potentially unmeasured confounders by calculating an e-value. Consistent results indicate that the treatment effect of TCM is believed to be robust.

Evaluating the treatment effect of TCM in specific groups is beyond the scope of this research but worth further examination. We hope our response provides sufficient clarification on the purpose and methodology.

Declarations of interest

None.

Data availability

No data was used for the research described in the article.

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