## INVITED REVIEW

# At the crux of maternal immune activation: Viruses, microglia, microbes, and IL-17A

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#### Summary

Inflammation during prenatal development can be detrimental to neurodevelopmental processes, increasing the risk of neuropsychiatric disorders. Prenatal exposure to maternal viral infection during pregnancy is a leading environmental risk factor for manifestation of these disorders. Preclinical animal models of maternal immune activation (MIA), established to investigate this link, have revealed common immune and microbial signaling pathways that link mother and fetus and set the tone for prenatal neurodevelopment. In particular, maternal intestinal T helper 17 cells, educated by endogenous microbes, appear to be key drivers of effector IL-17A signals capable of reaching the fetal brain and causing neuropathologies. Fetal microglial cells are particularly sensitive to maternally derived inflammatory and microbial signals, and they shift their functional phenotype in response to MIA. Resulting cortical malformations and miswired interneuron circuits cause aberrant offspring behaviors that recapitulate core symptoms of human neurodevelopmental disorders. Still, the popular use of "sterile" immunostimulants to initiate MIA has limited translation to the clinic, as these stimulants fail to capture biologically relevant innate and adaptive inflammatory sequelae induced by live pathogen infection. Thus, there is a need for more translatable MIA models, with a focus on relevant pathogens like seasonal influenza viruses.

#### KEYWORDS

influenza virus, maternal immune activation, microbial signaling, microglia, neurodevelopment,  $\rm T_{\rm H}17$  cells

# 1 | MATERNAL IMMUNE ACTIVATION DURING PREGNANCY

In 1988, S. Mednick's group published a seminal paper connecting influenza virus infection during gestation with later development of schizophrenia.<sup>1</sup> In the decades since, numerous epidemiological studies have solidified the link between maternal viral infections and

increased risk of offspring neurodevelopmental disorders (NDDs),<sup>2</sup> particularly schizophrenia (SZ)<sup>3-8</sup> and autism spectrum disorders (ASD).<sup>9-14</sup> To investigate the mechanisms underlying this link, preclinical animal models of maternal immune activation (MIA) have been established, wherein various immune stimulants are used to initiate an inflammatory response in the pregnant female.<sup>15,16</sup> These models produce offspring that recapitulate many of the behavioral and pathophysiological hallmarks of human NDDs,<sup>17,18</sup> indicating

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that maternal inflammation is disrupting fetal neurodevelopmental processes, ultimately leading to the manifestation of neuropsychiatric disorders postnatally.

The immature fetal brain is especially vulnerable to MIA insult in part because homeostatic neurodevelopment relies on innate immune signaling molecules, including inflammatory cytokines.<sup>19</sup> Thus, a disrupted balance in the prenatal cytokine milieu can negatively impact brain development trajectories.<sup>20</sup> While tissues of the maternal-fetal interface serve as both physical and immunological barriers against vertical transmission of pathogens,<sup>21,22</sup> maternal inflammation can still lead to adverse or stunted offspring development.<sup>22-24</sup> Thus, it is not the pathogen that serves as a teratogen, but the activation of the maternal immune system.<sup>25</sup> Viral pathogens including non-vertically transmitted influenza viruses—are still the leading environmental cause of MIA.<sup>26</sup>

Historical outbreaks of influenza infection, dating back almost a century, provide population-based epidemiologic data that support the connection between maternal infection and offspring NDDs.<sup>4,8</sup> To this day, influenza viruses are considered prototypical re-emerging global pathogens, as they are stably adapted to and transmitted within multiple host species.<sup>27</sup> Domestic livestock hosts (birds and swine) and human hosts serve as natural reservoirs for circulating influenza viruses, which continuously mutate and form new antigenic variants.<sup>28</sup> Across the globe, outbreaks of new variants consistently cause epidemics of respiratory disease in 5%-15% of the human population every year. While there are four distinct influenza viruses (A, B, C, and D), influenza A viruses (IAV) infect the widest range of species and are the only type known to cause pandemics.<sup>29</sup> The prevalence and severity of seasonal IAV epidemics<sup>28</sup> and continuous danger of spillover events from livestock<sup>30</sup> make this virus a primary public health concern. Notably, pregnant women infected with IAV experience increased hospitalization and fatality rates, and their infants are at a greater risk of adverse outcomes-low birth weights, premature delivery, and stillbirth-even in the absence of transplacental viral transmission.<sup>31-34</sup> Instead, the inflammatory mediators produced by the maternal immune system to protect the mother from respiratory disease appear to be the very same mediators that increase the risk of offspring NDDs.

Through decades of MIA research, inflammatory cytokines IL-6 and IL-17A have been singled out as primary actors evoking neurodevelopmental abnormalities during MIA. Most of this evidence comes from studies that utilize synthetic viral mimetic polyinosinic:polycytidylic acid (poly I:C) to induce MIA. Increases in circulating IL-6 during mimetic-induced MIA<sup>35</sup> have been shown to initiate an inflammatory cascade within the fetal compartment due to binding of IL-6 to receptors on the placenta, ultimately leading to neuropathologies and abnormal behaviors.<sup>36</sup> More recent evidence has also documented increased production of IL-17A by maternal T helper lymphocytes (T<sub>H</sub>17 cells), leading to a measurable increase in this effector cytokine in maternal circulation during MIA, which results in fetal cortical malformations and aberrant behaviors.<sup>37</sup> Administration of IL-6 to unchallenged pregnant dams, or of IL-17A into the developing fetal brain, recapitulates the adverse offspring outcomes observed during poly I:C-induced MIA.<sup>35,37</sup> Conversely, administration of antibodies that block either cytokine during MIA is sufficient to rescue offspring deficits.<sup>35,37,38</sup> As IL-6 has a known role in promoting differentiation of  $T_H 17$  cells,<sup>39</sup> the possibility that IL-6 may be acting upstream of IL-17A during MIA has been raised.<sup>17,37</sup> Thus, increasing attention has fallen on maternal  $T_H 17$  cells as major players mediating offspring psychiatric risk during MIA (as reviewed elsewhere<sup>40</sup>). Decades of work in this area, however, has also confirmed that not all immune stimulants are created equal,<sup>41-43</sup> especially when comparing the highly-popular synthetic poly I:C to a clinically relevant live viral infection.<sup>44</sup>

While mounting evidence supports the involvement of maternally derived IL-6 and IL-17A in offspring NDDs, exactly which fetal brain cells are responding to these cytokines, resulting in the manifestation of neuropathologies, is still up for debate. Some studies suggest that neurons or neural progenitor cells respond directly to maternal inflammation,<sup>45-47</sup> while others indicate that immune cells-microglia<sup>48-50</sup> or macrophages<sup>51</sup>-are orchestrating these changes. The wide range of different MIA modeling techniques and assessment end points has led to contradictory conclusions about the role microglia play.<sup>52</sup> Yet, as appreciation for the integral involvement of microglial cells during healthy neurodevelopment continues to mount,<sup>53,54</sup> the possibility that prenatal perturbation of these cells could have widespread consequences for neuronal development and circuitry has gained more traction. There is also evidence to suggest that microglia are involved in pathologies relevant to both ASD<sup>55-59</sup> and SZ.<sup>60-64</sup> Overall, the extent to which dysregulated microglia may contribute to neuronal disruption during MIA is incompletely understood.

In this review, we will address how major progress in the field of immunostimulant-induced MIA can (or cannot) be translated to influenza virus-induced MIA. In particular, we focus on mechanistic pathways underlying MIA-induced pathologies: pathogen recognition pathways, downstream innate and adaptive immune responses, and altered phenotypes and functions of offspring microglial cells. Overall, we aim to highlight the major differences between poly I:C and live IAV infection and dissect the evidence placing prenatal microglial cells at the center of altered neurodevelopmental trajectories during MIA.

# 2 | MATERNAL IMMUNE RESPONSES TO LIVE VIRUS VERSUS IMMUNOSTIMULANTS

Before poly I:C-induced MIA modeling took over in popularity, one group in particular should be credited with performing the most extensive investigations using mouse-adapted IAV. In the 1990s, Fatemi et al<sup>65</sup> developed a mouse model of prenatal exposure to a neurotropic strain of influenza A/NWS/33 (H1N1). In a series of experiments, they revealed dysregulated corticogenesis, excitatory-inhibitory imbalances, and neuropathology consistent with that found in ASD and SZ patients, as well as behavioral deficits in exposed offspring that persisted into adulthood.<sup>65-70</sup>

The cause of these abnormalities was determined to be from the virus-induced maternal inflammatory response rather than direct transmission of the virus from mother to fetus.<sup>71</sup> In fact, many behavioral abnormalities found in adult offspring from influenzainfected mice are recapitulated by "sterile" immunostimulants alone<sup>72</sup> (as reviewed in Ref. 73). Today, the current understanding of MIA-driven neurodevelopmental abnormalities can largely be credited to studies conducted with pathogen mimetics, such as bacterial endotoxin lipopolysaccharide (LPS) or synthetic viral double-stranded RNA (dsRNA) poly I:C. These toll-like receptor agonists induce a controlled 24-48 hours innate immune response that allows researchers to target specific fetal developmental periods. While these models are fundamental in elucidating potential disease etiologies, mimetics fail to accurately recreate pathological conditions. For example, live viruses like IAV actively replicate within infected tissue, eliciting a complex cascade of inflammatory responses involving innate and adaptive immune signaling pathways over a one-to-two-week duration, a significantly longer and more complex process compared with poly I:C. If mimetic-induced MIA models fail to replicate these clinically relevant immune phenotypes, they may also fail to capture critical downstream neurodevelopmental disease etiologies.

# 2.1 | Toll-like receptor recognition of poly I:C and IAV

The innate immune system recognizes a broad range of pathogenassociated molecular patterns (PAMPs) through various pattern recognition receptors (PRRs). Amongst the most well-characterized PRRs are toll-like receptors (TLRs; as reviewed in Ref. 74,75). For the purpose of this review, we focus primarily on endosomal TLRs that recognize viral PAMPs. Poly I:C, a dsRNA synthetic viral analog, is a potent inducer of endosomal TLR3. Ligand binding to TLR3 activates the TIR-domain-containing adaptor-inducing interferon- $\beta$  (TRIF) pathway, which further activates transcriptional regulators interferon regulatory factor 3 (IRF3) and nuclear factor kappa B (NF $\kappa$ B) to mediate production of type I antiviral interferons (IFNs) and proinflammatory cytokines, respectively<sup>74</sup> (Figure 1A). This results in acute inflammation lasting 24-48 hours on average. IAV, which is a single-stranded RNA (ssRNA) virus, activates TLR3 through unidentified dsRNA structures present in dying influenza-infected cells.<sup>76</sup> Viral ssRNA is directly detected by endosomal TLR7 (mice and humans) and TLR8 (humans). Ligand binding of TLR7/8 activates the myeloid differentiation primary response 88 (MyD88) pathway that further activates transcriptional regulators IRF7 and NF<sub>K</sub>B to regulate production of type I interferons and pro-inflammatory cytokines<sup>77</sup> (Figure 1B). While endosomal TLR activation ultimately produces comparable end products, the variation in upstream pathways could be sufficient to result in significant differences between MIA models that involve activation of distinct TLRs.

A recent study demonstrated that prenatal immune activation via TLR7 generated contrasting behavioral abnormalities in offspring

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compared with poly I:C-induced MIA.43 Notably, poly I:C-induced MIA is known to cause deficits in social behavior and increased anxiety-like symptoms in exposed offspring.<sup>78</sup> Missig et al,<sup>43</sup> however, revealed that inoculation with a TLR7 agonist reduced anxietylike behavior and caused fragmentation of social behavior, leading to general hyperresponsivity of stimuli in exposed offspring. Additional work using TLR7 and TLR3 agonists showed differences in cytokine and chemokine expression in the placenta and fetal brain that was dependent on the specific TLR activated.<sup>42</sup> If maternal immune activation by TLR3 compared with TLR7 is sufficient to induce contrasting behavioral changes in offspring, it is safe to postulate that IAV could also produce differing MIA phenotypes due to its wide range of inflammatory pathways. While early studies have evaluated behavioral outcomes of IAV exposed offspring,<sup>72</sup> direct comparisons between IAV and poly I:C have not been extensively performed. One study reported distinct embryonic brain transcriptome clustering between poly I:C, IL-6, and influenza-induced MIA, with notable overlap in certain gene subsets.<sup>44</sup> While Garbett et al<sup>44</sup> believe that their findings support a theory wherein similar canonical pathways are altered among the three MIA groups, they also concede that differences in timing and molecular action of the stimulants play a major role. It is difficulties like these, highlighted in the sections below, that make direct comparisons between IAV and poly I:C guite complex in the context of MIA modeling.

# 2.2 | Innate and adaptive immune responses of influenza A virus

Immunostimulants are largely restricted to TLR activation, whereas live viruses activate a plethora of immune-related pathways. The following sections describe how influenza viruses, which infect host respiratory cells by binding hemagglutinin (HA) to sialic acid residues,<sup>79</sup> activate specific innate and adaptive immune responses.

#### 2.2.1 | Antiviral pathways of the infected cell

The respiratory epithelium is highly susceptible to inhaled antigens like IAV. Upon infection, these respiratory epithelial cells initiate intracellular innate defense mechanisms, which includes activation of TLRs (Figure 1B). It is important to note that TLR3 is constitutively expressed in alveolar and bronchial epithelial cells<sup>80</sup> whereas TLR7 is only expressed in bronchial epithelial cells.<sup>81</sup> In addition to TLRs, another PRR in the influenza cascade is retinoic acid-inducible gene 1 (RIG-I), which is a member of the RIG-I-like receptors (RLRs). RIG-I resides intracellularly and binds to viral ssRNA by sensing unmodified 5'-triphosphate ends.<sup>82</sup> Once ssRNA binds to RIG-I, a conformational change exposes the caspase activating and recruitment domain (CARD) to recruit E3 ligases for binding of K63 polyubiquitinated chains. Polyubiquitinated CARDs then bind to mitochondrial antiviral-signaling proteins (MAVS), which act through a signaling cascade to activate IRF3 and NFkB pathways.<sup>83</sup> Pro-IL-1 $\beta$  and







FIGURE 1 Influenza A virus initiates a more complex immune cascade than poly I:C. (A) Poly I:C activates the innate immune system by binding to cells that express endosomal toll-like receptor 3 (TLR3). Recognition of poly I:C activates TIR-domain-containing adaptor-inducing interferon-β (TRIF), resulting in activation of interferon regulatory factor 3 (IRF3) and nuclear factor kappa B (NFκB). These transcriptional regulators mediate production of type I antiviral interferons (IFNs) and pro-inflammatory cytokines. (B) Influenza A virus (IAV) initiates a more complex innate response in infected respiratory epithelial cells. IAV enters cells by binding of hemagglutinin (HA) glycoprotein to sialic acid residues. ssRNA from the virus itself, along with unidentified dsRNA from dying cells, activate TLR7 and TLR3, respectively. TLR7 signals through myeloid differentiation primary response 88 (Myd88), where it further activates IRF7 and NF🗚. Unmodified 5' triphosphate ends of ssRNA are recognized by retinoic acid-inducible gene 1 (RIG-I). Binding of ssRNA to RIG-1 exposes the caspase activating and recruitment domain (CARD) to recruit polyubiquitinated (Ub) chains. Polyubiquitinated CARDs bind mitochondrial antiviral-signaling proteins (MAVS), which ultimately activate IRF3 and NF $\kappa$ B pathways. NF $\kappa$ B produces pro-IL-18 and pro-IL-1 $\beta$ , which prime the nod-like receptor family pyrin domain containing 3 (NLRP3) inflammasome. A second signal, such as ion flux, allows NLRP3 to form oligomers with adaptor protein ASC. ASC interacts with pro-caspase 1 through CARD for cleavage of pro-caspase 1 into active caspase 1. Cleaved caspase 1 then cleaves pro-IL-18 and pro-IL-1 $\beta$  into active IL-18 and IL-1 $\beta$ . Binding of viral Z-RNA to Z-DNA binding protein 1 (ZPB1) activates programmed cell death pathways and NFκB via receptor-interacting protein kinases (RIPK) 1 and 3. The infected cell alerts surrounding immune cells to prime the (C) adaptive immune response. Respiratory dendritic cells (DCs) migrate to draining lymph nodes to present viral peptides via major histocompatibility complex (MHC) class I to naive CD8<sup>+</sup> T cells, which differentiate into effector cytotoxic T cells (CTLs) that kill IAVinfected cells. DCs also present viral peptides via MHC class II to naive CD4<sup>+</sup> T cells. IFN-γ and IL-12 promote differentiation of T helper (T<sub>H</sub>) 1 cells. These effector  $T_{u1}$  cells produce IFN- $\gamma$ , which activates alveolar macrophages for direct lyses of virus. CD4<sup>+</sup> T follicular helper ( $T_{cu}$ ) cells or T, 1 cells activate primed B cells through antigen recognition and binding of CD40L/CD40. B cells differentiate into plasma cells that produce antibodies against HA glycoprotein. dsRNA, double-stranded RNA; NA, neuraminidase; ssRNA, single-stranded RNA; TCR, T-cell receptor

pro-IL-18 from RLR and TLR activation prime the nod-like receptor family pyrin domain containing 3 (NLRP3) inflammasome.<sup>84</sup> A second signal, such as ion flux through ion channels, allows NLRP3 to form oligomers with adaptor protein ASC, which then interacts with pro-caspase I through CARD for cleavage of pro-caspase I into active caspase 1.<sup>77</sup> Cleaved caspase I can then cleave pro-IL-1 $\beta$  and pro-IL-18 into inflammatory cytokines to induce pyroptosis of the infected cell.<sup>85</sup>

Actively replicating IAV can also be sensed by Z-DNA-Binding Protein 1 (ZBP1), which acts as a central regulator of programmed cell death pathways and lung inflammation.<sup>86</sup> Upon recognition of IAV ligands-viral Z-RNA (left-handed Z-form RNA) and ribonucleoprotein complex subunits-ZBP1 interacts with receptorinteracting protein kinase (RIPK) 3 to induce programmed cell death pathways (apoptosis and necroptosis) and NLRP3 inflammasome-dependent production of IL-1 $\beta$  and IL-18 and pyroptosis.<sup>87-90</sup> Active ZBP1 also interacts with RIPK1 to regulate cytokine production through NFκB and RIPK3-independent apoptosis<sup>87,91</sup> (Figure 1B). As ZBP1 gene expression is induced by type I IFNs,<sup>87</sup> ZBP1 signaling is dependent upon both IAV replication and TLR and RIG-I activation,<sup>89</sup> and therefore, occurs further along the infection timeline. Thus, influenza-mediated activation of endosomal TLRs and intracellularly located PRRs (RIG-I, ZBP1) in the infected cell contribute to a robust innate immune response. It is important to note that intracellularly complexed poly I:C, but not pure poly I:C, can stimulate both RLRs-such as RIG-I and melanoma differentiation associated gene 5 (MDA-5)—and NLRP3.<sup>92-95</sup> Since the majority of MIA models inoculate with pure poly I:C, it is safe to postulate that RLRs and NLRP3 play a negligible role in poly I:C-initiated MIA. Furthermore, it has been demonstrated that poly I:C is not recognized by ZBP1,<sup>87</sup> further highlighting the unique ability of IAV to induce robust intracellular antiviral pathways that are not observed during poly I:C stimulation.

# 2.2.2 | Adaptive immunity at the site of infection

Respiratory epithelial cells infected with influenza virus alert surrounding innate immune cells-such as alveolar macrophages, circulating monocytes, respiratory dendritic cells (DCs), natural killer cells (NKs), and innate lymphoid cells (ILCs)-via a complex cascade of inflammatory pathways (as reviewed in Ref. 77). Antiviral and pro-inflammatory signals from infected and innate immune cells prime the adaptive immune response (Figure 1C). During IAV infection, respiratory DCs located at the mucosal surface migrate to draining lymph nodes where they present endogenous viral peptides via major histocompatibility complex (MHC) class I to naive CD8<sup>+</sup> T cells.<sup>96</sup> Antigen presentation and co-stimulatory signals from activated DCs promote differentiation and proliferation of CD8<sup>+</sup> T cells into cytotoxic T lymphocytes (CTLs). These CTLs are further shaped by the inflammatory milieu of the lung where they kill IAV-infected respiratory cells by releasing cytotoxic granules and inflammatory cytokines.<sup>97-99</sup> Migratory respiratory DCs also present phagocytosed viral peptides in draining lymph nodes via MHC class II to naive CD4<sup>+</sup> T cells.<sup>100</sup> Antigen recognition, along with IFN- $\gamma$  production from innate cells and IL-12 production from dendritic cells, promotes differentiation of CD4<sup>+</sup> T cells into T<sub>u</sub>1 cells.<sup>101,102</sup> Effector  $T_{H}1$  cells produce copious amounts of IFN- $\gamma$ , which activates alveolar macrophages for direct lysis of the virus.<sup>103</sup> Another subset of CD4<sup>+</sup> T cells in the lymph nodes are T follicular helper (T<sub>FH</sub>) cells, which activate B cells already primed with antigen for antibody production against the HA glycoprotein.<sup>104</sup> Recent studies indicate that  $T_{\rm H}1$  cells also drive production of IAV antibodies, even in the absence of germinal center  $T_{FH}$ cells.<sup>105</sup> While  $T_{\mu}1$  cells of type I immunity are thought to be the primary immune response in eliminating viral infections,  $T_{H}17$  cells of type III immunity also play an important role in influenza infections due to their residence in mucosal tissue.<sup>106</sup>

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# 2.3 | Mucosal adaptive immunity: the common mucosal immune system theory

Interestingly, IL-17-producing T<sub>H</sub>17 cells have also been implicated in MIA-mediated fetal brain abnormalities.<sup>37,47,107</sup> This work has shown that intraperitoneal injection of poly I:C in gestating dams leads to activation of pre-existing intestinal  $T_{\mu}17$  cells, resulting in increased maternal production of IL-17A over the course of 48 hours, subsequently resulting in fetal cortical malformations.<sup>37,107</sup> This group revealed that IL-6, which was first implicated in abnormal development of MIA offspring in 2007,<sup>35</sup> is required for and precedes production of IL-17A in poly I:Cchallenged dams.<sup>37</sup> They later demonstrated that segmented filamentous bacteria (SFB), which are known to promote  $T_{\mu}17$  cell development,<sup>108</sup> are required for MIA production of IL-17A and subsequent offspring phenotypes,<sup>107</sup> which has since been replicated by others.<sup>38</sup> Work done by this group and others has shifted attention in the field towards IL-17A-mediated developmental abnormalities in offspring of poly I:C-challenged dams.

Notably, IL-17-producing intestinal  $T_{\mu}17$  cells have also been identified as potential drivers of influenza-mediated intestinal injury.<sup>109</sup> During poly I:C-induced MIA, intestinal DCs detect poly I:C directly through TLR3 and induce IL-17A production from preexisting intestinal T<sub>H</sub>17 cells<sup>107</sup> (ie, innate immune mechanisms; Figure 2A). Conversely, models of IAV infection suggest that adaptive mechanisms are initiated, involving misguided homing of activated T<sub>H</sub>1 cells to the intestine instead of the lungs, potentially through common mucosal pathways; this is known as the Common Mucosal Immune System Theory. IFN-γ-producing CCR9<sup>+</sup>CD4<sup>+</sup> T cells disrupt intestinal microbial communities, which leads to antimicrobial signaling by intestinal epithelial cells (involving IL-15), ultimately promoting T<sub>µ</sub>17 cell polarization from resident naive CD4<sup>+</sup> T cells and prompting production of IL-17A<sup>109</sup> (Figure 2B). Notably, this occurs much later (6-7 days post-IAV inoculation) compared with 12-48 hours post-poly I:C injection.<sup>37</sup>

We have established a clinically relevant model of maternal IAV infection to determine whether a similar adaptive response drives IL-17A production from T<sub>H</sub>17 cells during gestation.<sup>111</sup> IAVinfected gestating dams upregulated intestinal RORyt (retinoic acid receptor-related orphan nuclear receptor gamma t)-the master regulator of IL-17 producing cells<sup>112</sup>—seven days post-inoculation, indicating a potential increase in numbers of T<sub>H</sub>17 cells. However, this was not accompanied by enhanced IL-17A production.<sup>111</sup> This finding does not exclude the possibility that maternal IL-17A production might be enhanced at earlier time points following infection. Furthermore, it is possible that a more severe IAV infection would further enhance propagation and/or activation of intestinal RORyt<sup>+</sup> cells beyond what we observed with a moderately pathogenic IAV strain. It is also important to note that cells other than  $T_{\mu}17$  cells express RORyt and can produce IL-17A. Other RORyt<sup>+</sup> IL-17-producing cells include innate  $\gamma\delta$  T cells, ILC3s, and invariant natural killer T (iNKT) cells; non-lymphoid Paneth cells and neutrophils can also produce IL-17, but do not express RORyt.<sup>110</sup> While

the IL-17 family of cytokines includes IL-17A through F, IL-17A is the predominant effector molecule released by all IL-17-producing cells and primarily functions to recruit neutrophils and enhance mucosal barrier function.<sup>110</sup>

Altogether, sufficient evidence indicates that gestational IAV infection, like poly I:C-induced MIA, can lead to heightened levels of maternal IL-17A, though further studies are needed. Moreover, the signaling mechanisms preceding an augmentation of IL-17A production between the two models involve disparate pathways: while poly I:C initiates an immediate innate immune signaling cascade, IAV infection induces adaptive immune mechanisms that involve a disruption in endogenous microbes (ie, dysbiosis; Figure 2B). This gut dysbiosis appears to be at the crux of IAVinduced intestinal inflammation (as reviewed in Ref. 113). Although the virus does not infect intestinal tissue, gastroenteritis-like symptoms and disrupted intestinal microbial communities are often evident during respiratory IAV infection.<sup>114,115</sup> These shifts in the gut microbiota,<sup>116</sup> accompanied by altered production of antimicrobial peptides,<sup>115,117</sup> promote intestinal inflammation. Importantly, depleting gut microbes through antibiotic treatment prior to IAV infection protects against intestinal injury and inhibits IL-17A production.<sup>109</sup>

Recent studies implicate the gut microbiota, and specifically, the distinction between commensal and pathogenic microbes, in shaping homeostatic versus inflammatory T<sub>µ</sub>17 subtypes.<sup>118</sup> Whether intestinal microbial shifts caused by respiratory IAV infection induce a more inflammatory  $T_{\mu}17$  cell phenotype needs to be tested. It is also possible that inflammatory conditions unique to IAV infection drive specific  $T_{H}17$  cell subtypes. It was previously thought that TGF- $\beta$  and IL-6 were both necessary to promote differentiation of naive T cells into  $T_{\mu}17$  cells<sup>112</sup>; however, other studies have shown that IL-6 (in conjunction with IL-23 and IL-1 $\beta$ ) in the absence of TGF- $\beta$  leads to a more pathogenic T<sub>u</sub>17 phenotype.<sup>119,120</sup> In our model of IAV-induced MIA, we observe an upregulation of IL-6 and RORyt mRNA transcripts in the ileum and colon of IAV-infected dams at 2 days post-infection with no changes in TGF-β transcripts (unpublished data). This could indicate a pathogenic  $T_{H}17$  subtype not seen in poly I:C models due to IAV-specific gut dysbiosis. Overall, the evidence suggests that microbial disruption precedes intestinal inflammation during respiratory IAV infection. More importantly, complex infection-induced dysbiosis is a crucial and clinically relevant phenotype that is not properly recapitulated in poly I:C MIA models.

While increasing evidence links maternal inflammation—and inflammation-mediated dysbiosis—with fetal brain abnormalities, the mechanisms behind these neurodevelopmental perturbations have yet to be fully elucidated. In the following section, we emphasize the role of microglia, the innate immune cells of the brain, in homeostatic fetal brain development and describe how disrupting these cells results in aberrant neurological and behavioral phenotypes that resemble NDD pathologies. We also highlight the potential crosstalk between embryonic microglia and the maternal microbiome during pregnancy.



(B) Adaptive: Stimulation of IL-17A production by live virus



FIGURE 2 Intestinal T<sub>H</sub>17 cells in poly I:C and influenza models. (A) ROR $\gamma$ t<sup>+</sup> T<sub>H</sub>17 cells are constitutively expressed in the intestine and rely on commensal segmented filamentous bacteria (SFB) for homeostatic regulation. Upon intraperitoneal administration of poly I:C, intestinal dendritic cells (DC) detect poly I:C directly through TLR3, initiating production of IL-1 $\beta$ , IL-6, and IL-23. These secreted cytokines stimulate pre-existing resident T<sub>H</sub>17 cells to produce IL-17A. This innate immune signaling pattern is initiated quickly, within 4-8 h, resulting in a measurable accumulation of IL-17A in maternal circulation at 48 h. (B) During respiratory influenza A virus (IAV) infection, CCR9<sup>+</sup>CD4<sup>+</sup> T<sub>H</sub>1 cells—stimulated in the lungs—are recruited to the uninfected intestine by chemokine CCL25, where they produce copious amounts of IFN- $\gamma$ . Subsequent disruption of endogenous gut microbes (ie, dysbiosis) stimulates intestinal epithelial cells to produce IL-15. In conjunction with stimulation by intestinal antigen presenting cells (APC), cytokines IL-15, IL-6, IL-23, and IL-1 $\beta$  prompt naive CD4<sup>+</sup> T cells to express transcription factor ROR $\gamma$ t, promoting polarization towards T<sub>H</sub>17 lineage. Polarized effector T<sub>H</sub>17 cells then produce IL-17A, which has been linked to intestinal injury during IAV infection. This adaptive immune response takes up to 5 d, resulting in measurable increases in intestinal T<sub>H</sub>17 cells within 6-7 d after IAV infection. d, days; h, hours; ROR $\gamma$ t, retinoic acid receptor-related orphan receptor  $\gamma$ t; TLR, toll-like receptor. Images were adapted from Cua and Tato (2010),<sup>110</sup> and the description of the common mucosal immune response to IAV was informed by Wang et al (2014).<sup>109</sup>

# 3 | EMBRYONIC MICROGLIA AS CENTRAL PLAYERS IN MIA PHENOTYPES

As the primary resident central nervous system (CNS) macrophages, microglial cells are uniquely positioned to bind and respond to an extensive repertoire of signaling molecules,<sup>121-123</sup> resulting in a keen sensitivity to dynamic changes in their environment. Thus, they are often identified as the most likely cell type within the fetal brain to respond to MIA-induced signaling. We hypothesize that immune perturbations originating within maternal tissues during gestation can disrupt the physiological functioning of fetal microglial cells, with lasting consequences for neural circuitry formation and function. Exactly which cellular functions are shifted during MIA, and how, has yet to be clarified.

Beginning in early embryonic development, yolk sac-derived microglial precursors invade the brain parenchyma, differentiate

into immature microglia, and migrate throughout the brain in synchronized time- and location-dependent patterns.<sup>124,125</sup> During this colonization period, microglia sequentially populate the deeper cortical layers while also congregating at specific brain areas (eg, axonal tracts, neurogenic niches) where they support and regulate neurogenesis.<sup>50,126,127,128,129</sup> As microglial colonization occurs concurrently with neurogenesis and prior to the generation of other glial cells (astrocytes and oligodendrocytes), microglia are unique in their ability to aid and direct prenatal neurodevelopmental processes.<sup>130</sup> Providing support through production and release of neurotrophic and immune regulatory factors,<sup>131</sup> microglia interact closely with neural precursors and radial glia across multiple embryonic brain regions.<sup>49,129,132</sup> In this early period, they promote neural precursor cell proliferation, axonal outgrowth, and interneuron wiring,<sup>127,133,134</sup> followed by selective phagocytosis of excess precursors.<sup>50</sup> Notably, MIA has been shown to perturb each of

these microglial-mediated neurodevelopmental processes  $^{50,127,133}$  and to interrupt microglial proliferation, maturation, and motility $^{122,135,136,137}$  (Figure 3).

Microglial elimination studies indicate that these cells are essential for establishing brain circuitry, such that excessive growth and distribution of neurons occurs in their absence.<sup>127</sup> Other evidence



FIGURE 3 Embryonic microglia as central players in maternal immune activation neuropathologies. Maternally derived immune and microbial signals direct neurodevelopmental trajectories during embryonic development. These signals are believed to cross the immature blood-brain barrier and enter the brain parenchyma. Once there, they are thought to bind receptors on various CNS cell types, including microglia. A multitude of studies have revealed microglial-directed alterations to various neurodevelopmental processes-including neural progenitor cell (NPC) proliferation and differentiation, radial glia scaffold extension, dopaminergic axonal outgrowth, and wiring of inhibitory interneuron circuits-resulting from abnormal microglial behaviors. Gestational insult leads to increased production of chemokines CCL3 and CCL4 by a subpopulation of microglia adjacent to NPCs, altering the proliferative capacity and maturation fate of these cells. Additionally, microglial upregulation of phagocytic markers CD68 and MHCII in response to maternally derived factors, including IL-17A, may result in exaggerated engulfment of NPCs. Gestational insult may also lead to a more activated microglial phenotype through upregulation of CD45 and downregulation of purinergic receptor P2RY12. Neuroprotective TAM receptor signaling on microglia allows them to sense disruptions in projecting radial glia, resulting in increased degeneration and phagocytosis of radial glia cells following insult. MIA has also been shown to reduce microglial proliferation, measured in part by reduced Ki-67 expression. This is driven by increased type I interferon (IFN) production originating in the yolk sac, which binds interferon alpha receptor 1 (IFNAR1) on microglia. Impaired chemotactic ability of microglia following MIA may also be related to IL-17A-specific inhibition of microglial migratory capacity, which alters their localization in the developing brain. IL-17A has also been shown to direct microglial expression of G Protein-Coupled Receptor 56 (GPR56), which, in conjunction with increased  $TNF\alpha$ , appears to impair parvalbumin-positive (PV+) interneuron generation. This impairment ultimately leads to miswiring of inhibitory interneuron circuits, triggering hyperinhibition in the neocortex. MIA-induced inflammation in the embryonic brain is also propagated by increased production of CCL2 in cerebral spinal fluid (CSF), prompting macrophage recruitment and entry into the choroid plexus (ChP). Figure and legend creation was informed by data cited in the main text. TAM, family of receptor tyrosine kinases TYRO, AXL, and MERTK

supports the idea that microglia communicate bi-directionally with neurons and neural precursor cells, allowing for microglia-regulated neuronal elimination and survival.<sup>49,132,138</sup> Several studies demonstrate that prenatal inflammatory insults impact how embryonic microglia regulate neural progenitor cell populations<sup>49,50</sup> and monitor radial glia projections.<sup>132</sup> In some cases, eliminating embryonic microglia during prenatal insult is sufficient to rescue neuronal or behavioral phenotypes, indicating that microglia are the primary mediators of these altered phenotypes during development.49 Intriguingly, some groups have described overlap between the dysfunctional neuronal circuit phenotypes that arise during microglial elimination and those that are produced by MIA,<sup>127,133</sup> suggesting that MIA may in some way prevent fetal microglia from fulfilling their usual neurotrophic roles during development. Indeed, transient depletion of microglia in CX<sub>3</sub>CR1 knock-out mice results in disrupted synaptic pruning, decreased functional brain connectivity, social deficits, and increased restricted repetitive behaviors each indicative of NDDs.<sup>139</sup> Disruption of microglial autophagy also leads to excess synapse accumulation, causing decreased sociability in mice.<sup>140,141</sup> The integrity of synapses and connectivity networks is also compromised in offspring exposed to MIA.<sup>127,142,143,144,145,146</sup>

Disrupted neurodevelopmental circuitries and synapse integrity can manifest in various ways in the context of neuropathology. In particular, ASD brains are often characterized by altered cortical thickness/layering<sup>147</sup> and cell patterning,<sup>148</sup> altered neurogenesis,<sup>147,149</sup> and both over- and under-connectivity.<sup>150-152</sup> Evidence of similar alterations in schizophrenic patients also exists.<sup>61,153</sup> Specifically. it appears that insufficiencies in interneuron development, which lead to an altered balance of excitation and inhibition, are hallmark to both MIA animal models<sup>45,48,133,154,155</sup> and human neurodevelopmental disorders.<sup>156,157</sup> One group has consistently demonstrated microglial involvement in interneuron positioning and density in the developing brain,<sup>127</sup> which results in altered temporal regulation of inhibitory circuit wiring.<sup>133</sup> Another recent study demonstrates that microglia might regulate MIA-induced deficits in interneuron development through G protein-coupled receptor 56 (GPR56).<sup>48</sup> Whether MIA induces a predictable dysregulated microglial phenotype, however, is still up for debate.

#### 3.1 | Microglia priming theory in MIA

One popular theory describing the involvement of microglia in psychiatric illness surrounds the concept of "microglia priming" or "psychological immune memory", wherein a psychological or immune stressor early in life results in an over-activation of microglia. This leads to prolonged *hyper*-activation in adolescent and adult brains, even after the stressor is removed.<sup>158,159</sup> However, conclusions drawn from MIA models examining persistent hyper-activation of microglial cells in juvenile and adult animals are broadly inconclusive, primarily because most studies use different rodent species or strains and/or different MIA induction time po ints.<sup>62,64,136,160,161,162,163,164</sup> Transcriptional analysis of microglia

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from MIA-challenged mice revealed that differential expression in developmental genes was much more evident at the early microglia stage compared with the adult stage, suggesting that microglia phenotype might realign to normal by adulthood.<sup>122</sup> Several studies indicate that cellular and inflammatory CNS markers,<sup>160</sup> and microglia density and amoeboid morphology,<sup>165</sup> are transiently elevated due to MIA but resolve shortly after birth. This is in agreement with clinical data on patients with neuropsychiatric disorders who do not display heightened inflammatory markers at birth or in early life.<sup>166</sup>

We have previously shown, using a swine model of viral-induced MIA, that prenatal microglia display altered transcripts that are temporally regulated and sexually dimorphic. These temporal changes in microglial transcription coincided with alterations in fetal microglial phenotype (expression of MHCII and CD68), function (phagocytosis and chemotaxis), and cell density, but not cell morphology.<sup>167</sup> Notably, the stunted phagocytic and chemotactic activity, as well as increased amygdalar microglial density observed 7 days after maternal viral infection was almost completely resolved 2 weeks later (21 days post-infection), supporting the idea that fetal microglia may be transiently perturbed by viral-induced MIA. Furthermore, we demonstrated that postnatal microglia, isolated from weanling MIA piglets, produced normal levels of inflammatory signaling molecules when stimulated in vitro, despite measurable changes in social behavior at this time point.<sup>168</sup> Collectively, our data indicate that viral-induced MIA acutely perturbs fetal microglial transcripts and functional profiles, and that the resulting phenotypes are brain region- and sex-dependent. This transient perturbation may be sufficient to disrupt neuronal circuit formation and/or function-at least as measured by the manifestation of aberrant social behaviorsdespite a lack of microglial "priming".

Here, it is important to note that the phenomenon of microglia priming also relies on the concept of microglial cells being longlived. Early reports suggested that population turnover was slow, though even at the time it was acknowledged that methodological limitations likely resulted in an underestimation of microglia proliferation.<sup>169</sup> Askew et al<sup>170</sup> revisited this concept, discovering that microglial turnover rates in the adult brain are actually much higher than expected, and result in a complete renewal and comprehensive restructuring of the microglial landscape approximately every 96 days. Furthermore, microglial renewal appears to vary by location,<sup>171</sup> suggesting that there is functional significance in the disparate turnover rates between specific brain regions. Therefore, reevaluation of the theory of microglial-specific "memory" in the context of this new backdrop is required.

A more updated perspective points towards the possibility of differing levels of resilience and susceptibility among MIA offspring.<sup>172,173</sup> Indeed, evidence from both humans and rodents supports the concept that only a subgroup of individuals, those classified as having a "high immune profile", present with microglial anomalies.<sup>174</sup> In this backdrop, it is possible that a primed microglial phenotype exists in only a subset of MIA offspring, those classified as susceptible, with high baseline inflammation. Future studies that

are properly powered to detect these subgroup differences will be required to further investigate this possibility.

### 3.2 | Microbes, IL-17 signaling, and microglia

Several studies have shown an alleviation of offspring behavioral and neuropathological phenotypes after postnatal administration of minocycline,<sup>163,175,176,177</sup> a potent inhibitor of microglial activation. While these studies suggest that MIA offspring display heightened baseline microglial immunoreactivity, it is unclear whether the therapeutic effect of minocycline in this context is mostly due to its direct anti-inflammatory properties versus indirect reduction in low-grade stimulation from exogenous factors-namely, microbes or microbial products. As minocycline is a tetracycline antibiotic, intraperitoneal administration of this drug over the course of several weeks may also be altering the endogenous intestinal microbial population. The ability of endogenous microbes to regulate peripheral and central immune responses in MIA offspring has recently been described,<sup>178-180</sup> and a thorough coverage of these data is beyond the scope of this review. However, a critical component of microbial effector potential is the bi-directional communication with microglia, likely through metabolite and immune signaling pathways.

Expression of microglia "sensome" genes, a collection of transcripts encoding receptors and proteins that sense endogenous and exogenous ligands,<sup>121</sup> begins prenatally.<sup>123</sup> Early expression of these genes likely explains why microglia are sensitive to shifts in microbiome diversity,<sup>123,181,182</sup> even during the prenatal period (as reviewed in Ref. 183). While much is known about the impact of endogenous microbes on early postnatal brain development, recent evidence has shed light on how maternal microbes, mostly through metabolite production, shape development in utero. Critical neurodevelopmental processes, such as axonal outgrowth, are intrinsically tied to microbiota-dependent metabolites produced by the maternal gut microbiome during gestation.<sup>184</sup> Altered composition of the maternal intestinal and vaginal microbiome during pregnancy has also been directly implicated in offspring brain and behavioral deficits.<sup>38,107,178,185,186,187</sup> Furthermore, germ-free mice display disrupted embryonic blood-brain barrier (BBB) formation and increased vascular permeability,<sup>188</sup> as well as region-specific alterations in perinatal microglial colonization and activation patterns.<sup>189</sup> Thus, the interplay between inflammatory signaling and microbial dysbiosis during maternal infection represents a novel pathway by which MIA may be altering fetal microglial function.

As discussed above, a common thread in recent MIA studies surrounds the ability of maternal microbes to induce production of effector cytokine IL-17A, which disrupts offspring brain and immune development.<sup>37,38,47,107,180</sup> In a series of elegant experiments, G. Choi and J. Huh's group demonstrated that MIA induces neuronal abnormalities in specific cortical regions—the primary somatosensory cortex (S1) and the temporal association cortex (TeA)—through induction of IL-17 receptor subunit A (IL-17RA) on postmitotic neurons.<sup>37,47</sup> These data indicate that an imbalance in excitation and

inhibition in this discrete neural circuit is involved in the disruption of social behaviors, though how IL-17RA activation leads to cortical malformations, and the specific cell types involved in this pathology, is still not entirely clear.<sup>47</sup> Microglia, which express IL-17RA<sup>190</sup> and are responsive to IL-17 in vitro,<sup>191</sup> have been shown to increase their proliferation, trafficking, and activation in response to sustained production of IL-17A during pathological states.<sup>192</sup> Thus, it follows that fetal microglia, in addition to other IL-17RA<sup>+</sup> cells, would be sensitive to increases in IL-17A. Indeed, not only does intraventricular administration of recombinant IL-17A (rIL-17A) into fetal brains recapitulate cortical malformations induced by poly I:C-MIA,<sup>37</sup> but recent studies confirm that microglia are also affected. When Sasaki et al<sup>193</sup> injected E14.5 embryos with rIL-17A, they observed distinct clustering of microglial cells in the subventricular medial cortex, and increased numbers of microglia expressing CD68. These findings, while mostly observational, could indicate that microglia are not only more pro-phagocytic in response to IL-17A, but also that their migratory patterns are disrupted, which is likely to alter the cells' ability to support healthy corticogenesis. Yu et al<sup>48</sup> recently demonstrated that the ability of microglia to provide neurotrophic support to interneuron progenitors is in fact IL-17A dependent. Their data bolster the hypothesis that specific receptors on microglia are indeed molecular targets of MIA, and that regulation of these receptors is downstream of IL-17A signaling.

Critically, the potential hematogenous transfer of maternally derived IL-17A into fetal circulation, versus MIA-induced amplification of placental- or fetal-derived IL-17A production, has yet to be clarified. A specific facet of our future work is focused on tracing maternally derived molecules across fetal tissue barriers in order to answer this question. Altogether, we believe that there is sufficient evidence to suggest that maternally derived microbial metabolites and immune signaling molecules are collectively binding receptors on fetal microglia during MIA, ultimately redirecting these cells from their neurotrophic roles. We believe that this shift in microglial function, while not solely responsible for MIA-induced neuropathologies, is nonetheless a significant contributor.

Finally, the overwhelming lack of studies investigating microglial responses to live virus-induced MIA makes it extremely challenging to determine whether these cells are in fact consistently disrupted. Our investigations using maternal viral infection in swine indicate that fetal microglia are indeed sensitive to inflammatory conditions resulting from respiratory disease in pregnant sows, and that their phenotypic changes are fluid. Only by expanding the use of live viruses in MIA modeling can more concrete conclusions be drawn regarding microglial involvement in MIA-induced neuropathologies.

# 4 | FUTURE PERSPECTIVES AND CONSIDERATIONS FOR MIA MODELING

The various complexities which arise when using live viruses to model MIA can introduce considerable variability in offspring outcomes. This inherent variability, however, is necessary for capturing the full spectrum of viral-induced NDD pathologies and is a critical step toward developing clinically translatable therapies. Thus, it is important to consider a multitude of parameters when designing preclinical MIA experiments. Here, we briefly review the impacts of gestational timing in MIA modeling and emphasize the need for a reliable and replicable IAV-induced MIA phenotype.

## 4.1 | Timing of prenatal immune activation

The timing of prenatal exposure to maternal inflammation plays an important role in the characteristics of neuroanatomical and the behavioral abnormalities that manifest.<sup>45,69,194,195,196,197</sup> One of the first epidemiological studies linking gestational influenza infection with increased risk of schizophrenia in offspring found that infection during the first trimester was associated with a higher risk of schizophrenia development in offspring than infection during the second and third trimester.<sup>3,198</sup> These findings are supported by a series of experiments conducted by U. Meyer and colleagues demonstrating that gestational timing of poly I:C exposure leads to distinct behavioral and neuropathological phenotypes in offspring. Namely, gestational day (GD)9- but not GD17-exposed offspring showed increased instances of anxiety-like behavior, impaired sensorimotor gating, and reduction of dopamine D1 receptors in the medial prefrontal cortex.<sup>194,195</sup> Contrastingly, GD17- but not GD9-exposed offspring showed increased instances of preservative behavior, impaired spatial working memory, an increase in apoptotic cells in the hippocampus, and a reduction in NMDA receptor subunit NR1 in the dorsal hippocampus.<sup>194,195</sup> In the 2006 study, neuropathology of GD9-exposed offspring showed reduction of reelin, which is crucial for proper neuronal migration and positioning during corticogenesis,<sup>65</sup> in the hippocampus. However, the 2008 study failed to recapitulate this result and rather showed reduction of reelin-positive cells in the medial prefrontal cortex, not the hippocampus, at both time points. The difference in results indicates postnatal timing could also play a factor in neuropathology.

More recent studies continue to highlight the importance of prenatal timing in poly I:C-induced MIA models.45,196,197 A central theme in these studies is the temporally regulated impairment of GABAergic interneuron subtypes. Origination and migration of cortical interneurons takes place over the course of approximately 9 days in the healthy embryonic mouse brain. Maternal poly I:C injections given at three different gestational time points along this trajectory produces distinct proliferative outcomes among interneuron subtypes, which align with earlier or later time points during which each interneuron subtype originates.<sup>45</sup> While it is crucial to continue to identify and characterize MIA-induced abnormalities in interneuron development, the effects of IAV infection are likely to have drastically different consequences. In this case, the maternal inflammatory response to IAV would extend across the 9-day interneuron development period, in contrast to the acute inflammatory response to poly I:C, which allowed certain interneuron subtypes to

be spared. This example is one of many that epitomizes the need for live virus-induced MIA modeling.

While limited, some evidence does indicate that gestational timing of influenza exposure during pregnancy results in disparate fetal outcomes. Maternal influenza infection on GD9 versus GD18 results in neuropathological phenotypes unique to each time point.<sup>69</sup> However, behavioral outcomes were not assessed in this study, demonstrating the need to reinstate the use of virus-induced MIA models to compare them more accurately to poly I:C-induced MIA models. In our IAV-initiated MIA model, we inoculate dams with influenza on GD9.5 based on epidemiological data<sup>3</sup> and because it is around the time microglia migrate from the yolk sac to the fetal brain to aid in a multitude of neurogenic processes.<sup>199</sup> A caveat of IAVinitiated MIA rodent models is that inoculation at later time points (as done in poly I:C models) might not be sufficient to capture the complete innate and adaptive immune landscape in utero, as the murine gestational period is so brief.

Notably, the time points discussed here refer to murine gestation, where GD9-10 represents approximately the end of the first trimester in humans and GD16-18 represents the end of the second trimester in humans.<sup>200</sup> Other studies have evaluated timing of MIA induction in rats<sup>201-203</sup>; however, comparatively little is known beyond rodent models. Utilizing swine and non-human primate models more accurately captures the human pregnancy timeline and will be influential in understanding just how gestational timing affects offspring development. Critically, the timing of prenatal insult could indicate why certain neurodevelopmental disorders (eg, schizophrenia, autism, obsessive compulsive disorder) develop over others.

# 4.2 | Reproducibility and variability of MIA modeling

The reproducibility of MIA phenotypes is not only contingent upon timing of infection but also the dosage given, routes of administration, animal vendor, and in cases of viral infection, type and strain used. For thorough review on the reproducibility of immunostimulant-induced MIA see Kentner et al<sup>15</sup>

Since the advent of the poly I:C MIA model, the potency of the maternal immune response has significantly decreased due to variance in molecular weights between and within manufacturers.<sup>204,205</sup> Estes et al<sup>205</sup> showed that the standard 20 mg/kg intraperitoneal (i.p.) injection of poly I:C failed to produce the high levels (>10 000 pg/mL) of IL-6 in maternal circulation previously seen at the field's inception.<sup>35</sup> Route of poly I:C administration is also subject to variability and is largely underappreciated in the MIA space. For instance, intravenous (i.v.) injection of poly I:C is much more lethal than i.p. injection<sup>206</sup> because it immediately enters systemic circulation whereas i.p. inoculants first travel through the peritoneal cavity and peritoneal lymphatic system before entering circulation.<sup>207</sup> While this is accounted for by administering poly I:C intravenously at roughly a fivefold lower dose than when administered peritoneally,<sup>208</sup> it does not

take into account the pharmacokinetics of the stimulus and could produce differences in maternal inflammation. It is also important to note that live respiratory viruses like IAV enter intranasally, further adding to potential differences in systemic responses. Furthermore, recent work has shown that even the same strain of mice from different animal vendors influences MIA phenotypes. Work by G. Choi and J. Huh's group demonstrated that C57BL/6 mice from Taconic Biosciences, which naturally harbor intestinal SFB, produce robust levels of IL-17A after poly I:C administration, and those from Jackson Laboratory, which do not have SFB, do not.<sup>37,107</sup> Subsequent studies have verified poly I:C-induced upregulation of IL-17A production is unique to SFB<sup>+</sup> dams and that MIA in these mice preferentially leads to autism-like phenotypes not seen in SFB<sup>-</sup> mice.<sup>38</sup> Thus, mouse vendor or SFB status should also be taken into account when designing MIA experiments.

Similar discrepancies exist in influenza-mediated MIA models, albeit to an even greater extent due to the variation of virus subtype and strain used. It is important to note that the majority of murine influenza models come from human influenza viruses that have been mouse-adapted through serial passage in the mouse lung (as reviewed in Ref. 209). Some of the earliest gestational influenza models determined sublethal dosage of influenza type A subtype H1N1 (A/H1N1) strain NWS/33 as 10<sup>5.25</sup> median tissue culture infectious dose (TCID50).69 Another study surveyed the effects of the 2009 influenza A/H1N1 pandemic during gestation using 2x10<sup>6</sup> plaque-forming units (PFU) of wild-type virus and 150 PFU of mutant-type virus.<sup>210</sup> To understand the effects of gestational influenza infection with low pathogenicity, one group used endemic influenza A/H1N1 strain Brisbane/59/07 at 155 PFU.<sup>24</sup> Until recently, little was known about gestational influenza A subtype H3N2 despite it being just as prevalent as H1N1.<sup>211</sup> We recently demonstrated that a moderately pathogenic strain of influenza A/H3N2, X31 (IAV-X31), at 10<sup>3</sup> TCID<sub>50</sub> failed to induce fetal neuroinflammatory transcripts commonly seen in other MIA models.<sup>111</sup> Notably, this dose is roughly  $10 \times$  lower than another study that used IAV-X31 at 10<sup>4</sup> PFUs,<sup>23</sup> which could indicate that a threshold of infection exists in MIA models.

Using a wide variety of influenza subtypes and strains more accurately reflects the virus's seasonality; however, this same variability makes it difficult to establish a robust IAV-induced MIA phenotype. Furthermore, it is difficult to determine how comparable murine infectious doses are to human infections. The complexity of variation in live viruses has made the use of immunostimulants, such as poly I:C, an attractive option. However, recreating the clinical condition with live viruses is crucial in understanding disease etiologies of neurodevelopmental disorders in humans.

# 5 | CONCLUSIONS

An immense amount of progress has been made in the MIA field in the past several decades. Yet, the predominant theories in the field still come from animal models that rely on non-pathogenic viral or bacterial mimics to induce acute and predictable immune responses. Instead, we aim to emphasize the need for more clinically relevant live pathogen MIA models to confirm and expand upon the current findings. In particular, the potential involvement of maternal  $T_H 17$  cells and IL-17A signaling needs to be examined and defined in models of live viral infection. Furthermore, fetal microglial functions and phenotypes in response to viral-induced MIA need to be flushed out, along with the up- and down-stream signaling pathways leading to and resulting from possible dysregulated microglial activity. Overall, dysfunction in microglia during this critical developmental window could be the missing link between inflammatory signaling and disrupted brain development.

Exactly how maternal intestinal immune cells ultimately trigger disrupted brain development is still uncertain, especially because maternally derived effector molecules must trespass the tissues of the maternal-fetal interface before they can access the fetal brain. Therefore, it is also important to understand the role of the placenta, an organ unique to pregnancy that acts as a physical and immune barrier between dam and fetus, in the context of MIA.<sup>212,213</sup> We and others have observed changes in placental weights and transcriptional profiles (including altered inflammatory and antimicrobial responses) during maternal IAV infection, suggesting a partial breakdown of placental barrier integrity and perfusion.<sup>23,44,111</sup> Remarkably, the fetal neuroimmune landscape appeared to be protected during moderate IAV infection.<sup>111</sup> This work raised the question of whether there may be an infection severity threshold beyond which placental integrity is critically compromised, resulting in fetal brain abnormalities. Although controversial, the placenta may also mediate the vertical transmission of microbes between mother and fetus.<sup>214,215</sup> Overall, our understanding of how maternal endogenous microbes contribute to the fetal microenvironment, especially in the context of MIA, is at a relatively nascent stage.

The emergence of a global coronavirus pandemic has highlighted the urgency to dissect the pathways driving MIA-mediated developmental abnormalities.<sup>216</sup> Unfortunately, newly emerging preliminary evidence links maternal SARS-CoV-2 infection with increased instances of NDDs in the first year of life.<sup>217</sup> The continuous threat of re-merging global pathogens like IAV and coronaviruses epitomizes the necessity of using these live pathogens in preclinical MIA modeling to better evaluate complete inflammatory cascades and improve translation to the clinic.

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#### CONFLICT OF INTEREST

The authors declare no conflicts of interest.

### DATA AVAILABILITY STATEMENT

Data sharing is not applicable to this article as no new data were created or analyzed in this study.

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