High-Efficiency Machine Learning Method for Identifying Foodborne Disease Outbreaks and Confounding Factors

Peng Zhang,^{1,2,*} Wenjuan Cui,¹ Hanxue Wang,^{1,2} Yi Du,^{1,2} and Yuanchun Zhou^{1,2}

Abstract

The China National Center for Food Safety Risk Assessment (CFSA) uses the Foodborne Disease Monitoring and Reporting System (FDMRS) to monitor outbreaks of foodborne diseases across the country. However, there are problems of underreporting or erroneous reporting in FDMRS, which significantly increase the cost of related epidemic investigations. To solve this problem, we designed a model to identify suspected outbreaks from the data generated by the FDMRS of CFSA. In this study, machine learning models were used to fit the data. The recall rate and F1-score were used as evaluation metrics to compare the classification performance of each model. Feature importance and pathogenic factors were identified and analyzed using tree-based and gradient boosting models. Three real foodborne disease outbreaks were then used to evaluate the best performing model. Furthermore, the SHapley Additive exPlanation value was used to identify the effect of features. Among all machine learning classification models, the eXtreme Gradient Boosting (XGBoost) model achieved the best performance, with the highest recall rate and F1-score of 0.9699 and 0.9582, respectively. In terms of model validation, the model provides a correct judgment of real outbreaks. In the feature importance analysis with the XGBoost model, the health status of the other people with the same exposure has the highest weight, reaching 0.65. The machine learning model built in this study exhibits high accuracy in recognizing foodborne disease outbreaks, thus reducing the manual burden for medical staff. The model helped us identify the confounding factors of foodborne disease outbreaks. Attention should be paid not only to the health status of those with the same exposure but also to the similarity of the cases in time and space.

Keywords: foodborne disease outbreaks, machine learning, foodborne disease

Introduction

F OODBORNE DISEASES ARE caused by eating food contaminated with pathogenic bacteria, viruses, parasites, natural toxins, or even chemical residues (Horwitz, 1977). Foodborne diseases threaten people's health and cause economic losses globally every year (Todd, 1997; Li *et al.*, 2020). In 2015, the World Health Organization indicated that foodborne diseases have caused a heavy burden on a global scale. Approximately 600 million cases of foodborne diseases occur worldwide annually, causing 420,000 deaths (Oliver, 2019). Therefore, research on foodborne disease monitoring and prediction is necessary.

A foodborne disease outbreak refers to the occurrence of two or more foodborne disease cases with common exposure and similar symptoms or more than one death record (Murphree *et al.*, 2012). The basic conditions for identifying foodborne disease outbreaks are as follows: common exposure to food and multiple people with similar symptoms or one or more deaths. Factors that should be considered to identify foodborne diseases are numerous and complex (Bryan, 1978; Brown *et al.*, 2017), and researchers have

¹Computer Network Information Center, Chinese Academy of Sciences, Beijing, China.

²School of Computer Science and Technology, University of Chinese Academy of Sciences, Beijing, China.

^{*}ORCID ID (https://orcid.org/0000-0001-9938-9965).

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analyzed the burden of foodborne diseases in humans, food animals, and food from the perspective of foodborne pathogens (Paudyal *et al.*, 2018), such as *Salmonella* serovars (Ferrari *et al.*, 2019), *Staphylococcus aureus* (Jia *et al.*, 2020), and *Toxoplasma gondii* (Zhang *et al.*, 2019b).

At present, researchers have begun to apply data mining (Thakur *et al.*, 2010), machine learning, deep learning, and other technologies to solve the problems of monitoring and predicting foodborne diseases. Research on foodborne disease monitoring (Wu and Chen, 2018) has helped to track the causes of diseases and prevent further expansion of disease trends. Xiao *et al.* (2015) proposed detection methods to automatically detect local foodborne disease outbreaks and sporadic foodborne disease outbreaks. Zhang *et al.* (2019a) integrated big data of different aspects and designed a detection model for foodborne diseases and risk assessment. Sadilek *et al.* (2012, 2013, 2018) collected Twitter data to monitor the sanitary conditions of eateries and the health of customers. In addition, social media data have also been used to monitor foodborne disease outbreaks (Zhang *et al.*, 2017; Effland *et al.*, 2018).

The prediction of foodborne diseases primarily focuses on predicting the future trends of a certain aspect of the disease. Wang *et al.* (2018) considered the reporting delay of the Foodborne Surveillance Database of the China National Center for Food Safety Risk Assessment (CFSA) and applied a Bayesian hierarchical model to predict the true daily number of patients using the daily number of patients visited. In terms of disease risk prediction, researchers have used deep learning methods to predict the short-term development trend of influenza-like diseases (Wu *et al.*, 2018b; Adhikari *et al.*, 2019) and foodborne diseases. Chen *et al.* (2019) developed a regularization-based eXtreme Gradient Boosting (XGBoost) approach, which can be used to predict the trend of foodborne diseases.

It can be seen that the research on foodborne disease outbreaks has drawn the attention of researchers. However, these methods are not fully applicable to the problem that should be solved. In our problem scenario, the Foodborne Disease Monitoring and Reporting System (FDMRS) of CFSA conducted preliminary screening and integration of case data based on rules, such as common food and common eating places, to obtain suspected outbreaks. We counted the number of real and false foodborne disease outbreaks in 2019 generated by FDMRS based on the screening rules. After review by medical staff, there were 6084 (80%) misjudged outbreaks. From this point of view, the accuracy of suspected outbreaks obtained through screening rules is only 20%, and a large number of manual reviews by medical staff are still required. Therefore, the problem that should be solved is to establish and train a classification model, reduce the occurrence of misjudgments and missed judgments of the system, and reduce the burden of manual judgment by medical staff. Simultaneously, we can analyze the importance of each feature extracted from the data and provide medical workers with guidance and suggestions from the data perspective.

Materials and Methods

Dataset

The data used in this study were obtained from the FDMRS of CFSA, which is a national-level technical agency responsible for food safety risk assessment in China. The dataset comprises 2 parts: 3866 foodborne disease outbreaks obtained from the epidemiological survey in 2019, which were confirmed by laboratory test results, and 7619 suspected foodborne disease outbreaks in 2019 selected by FDMRS through screening rules without laboratory testing. These suspected outbreaks have been reviewed by medical staff and divided into confirmed and excluded suspected outbreak groups.

In the dataset, there are one-to-many relationships between the outbreaks and cases. Detailed information on the case data can be obtained from the FDMRS database. The confirmed outbreaks from epidemiological surveys can be directly used as positive samples for the classification model. In all suspected outbreaks, the confirmed suspected outbreaks are regarded as positive samples, whereas the excluded suspected outbreaks are regarded as negative samples.

Features

In this study, the features that we considered included case information, exposure information, symptoms, and diagnosis results, as shown in Supplementary Table S4. The subsequent feature extraction and feature importance analyses were based on these features. For some features that can be subdivided, such as symptoms, diagnostic results, and food processing methods, a corresponding comparison table is also provided, as shown in Supplementary Table S5.

Model design

In this section, we introduce the problem definition, model pipeline, model methods, and performance evaluation metrics. In addition, data preprocessing, feature extraction, and other model training details are presented in Supplementary Document D1 owing to the limitation of the number of words.

Problem definition

In our work, we abstract the problem of distinguishing whether a suspected foodborne disease outbreak is a real outbreak as a classification problem and then build a classification model. The model takes the suspected foodborne disease outbreaks as input and outputs the discrimination result and probability. The discrimination result represents whether the suspected outbreak is a real outbreak (label=1) or not (label=0). The output probability indicates the likelihood predicted by the model that the suspected outbreak is a real outbreak.

Model pipeline

The model pipeline in Figure 1 can be summarized as follows: (1) The FDMRS of CFSA integrates the cases in the database to form suspected outbreaks of foodborne diseases through some screening rules. (2) The suspected outbreaks and the real outbreaks obtained from epidemiological investigations are combined as the entire dataset, and data preprocessing and feature extraction are performed on the dataset. We divided the dataset into training data (75%) and testing data (25%). (3) Multiple classification models are trained using the training data, and parameter tuning is performed on them. (4) The recall rate and F1-score were used to evaluate the model on the testing data. (5) The best performing model obtained from the previous step was selected to make predictions. The model output can be a probability or classification label (0 or 1).

screening rules



FIG. 1. Model pipeline of foodborne disease outbreak monitoring and identification in the study. The whole process can be divided into two parts: data preparation, preprocessing, and feature extraction, which are used to obtain the training and test sets of the model, and model training, evaluation, and prediction.

Model methods and evaluation metrics

Results Model results

In this study, support vector machine (Cortes and Vapnik, 1995), logistic regression (Wright, 1995), naive Bayes (Murphy, 2006), decision tree (DT) (Quinlan, 1986), random forest (RF) (Breiman, 2001), gradient boosting DT (Friedman, 2001), adaptive boosting (Adaboost) (Freund and Schapire, 1996), and XGBoost (Chen and Guestrin, 2016) models were used to fit the data.

We used the recall rate and F1-score to measure the classification performance of the models on the test set. The formulas are as follows:

$$precision = \frac{TP}{TP + FP}$$
$$recall = \frac{TP}{TP + FN}$$
$$F1 - score = 2 \times \frac{precison \times recall}{precision + recall}$$

Detailed explanations of these machine learning algorithms and evaluation metrics are provided in Supplementary

Document SD1.

TABLE 1. RECALL AND F1-SCORE OF THE MODELS IN THE TRAINING SET AND TEST SET

	Training set		Test set	
Model	Recall	F1-score	Recall	F1-score
SVM	0.9648	0.9516	0.9641	0.9506
LR	0.9603	0.9490	0.9599	0.9488
NB	0.9480	0.9426	0.9524	0.9425
DT	0.9743	0.9567	0.9616	0.9469
RF	0.9656	0.9533	0.9641	0.9517
GBDT	0.9767	0.9672	0.9666	0.9574
Adaboost	0.9782	0.9674	0.9674	0.9554
XGBoost	0.9715	0.9560	0.9699	0.9582

Adaboost, adaptive boosting; DT, decision tree; GBDT, gradient boosting decision tree; LR, logistic regression; NB, naive Bayes; RF, random forest; SVM, support vector machine; XGBoost, eXtreme Gradient Boosting. Table 1 shows the recall rate and F1-score of each machine learning model used in our study. As shown in Table 1, the XGBoost model had the highest recall rate (0.9699) and the highest F1-score (0.9582). It can be seen from Table 1 that the performance of the classification model is not significantly different between the test and training sets. The results for the test set were slightly lower than those of the training set, which was normal and acceptable. From this point of view, our model does not have the problem of overfitting. We use the XGBoost model as an example to analyze the confusion matrix* of the model, which is shown in Supplementary Table S1. According to the confusion matrix, the missed outbreaks are only 3% of all positive cases, and 97% of all positive cases were correctly predicted, which is the recall rate.

In addition to taking categories as the output of the XGBoost model, we also attempt to output the classification results of the XGBoost model in the form of probability. Probability can indicate how likely it is that a suspected foodborne disease outbreak is a real outbreak. By traversing all possible classification thresholds, the threshold value of the maximum F1-score achieved is 0.5341; that is, when the output probability of a suspected outbreak is greater than 0.5341, the outbreak is considered a real foodborne disease outbreak; otherwise, it is excluded.

Feature importance analysis

Interpretable machine learning (Doshi-Velez and Kim, 2017) plays an increasingly important role in the medical field. If we use machine learning models to provide suggestions for risk prediction and diagnostic decisions, but fail to provide reasonable explanations, it is difficult to convince people to accept the results (Ahmad *et al.*, 2018). In most cases, researchers focus more on how the model makes decisions and the influence of each feature in the model on the final decision than the single classification result obtained by the model. Feature importance (Grabczewski and Jankowski, 2005) is a tool for feature selection and for improving the

^{*}Details for the confusion matrix can be found at https://en .wikipedia.org/wiki/Confusion_matrix



FIG. 2. Feature importance of random forest (**a**), adaptive boosting (**b**), and eXtreme Gradient Boosting (**c**) models and comparison of the three models (**d**). The abscissa represents the feature importance calculated using the Gini index as an indicator. The ordinate is the name of the feature we considered in the model. Because there are many features that are used as model input, we add up features that account for a very small proportion and denote them as Other Feature. Color images are available online.



FIG. 3. Impact of features on the XGBoost model output in outbreaks caused by *Vibrio parahaemolyticus* (**a**), *Salmonella* (**b**), *Norovirus* (**c**), and diarrheagenic *Escherichia coli* (**d**). In the analysis of pathogenic bacteria, the SHAP value is used as an indicator to measure the importance of features. The figure shows the top 20 features that play a decisive role in model classification. The ordinate is the name of the feature, and the abscissa is the size of the SHAP value. The larger the value, the greater the positive influence on the model output; and the smaller the value, the greater the negative influence on the model output; and the smaller the value, the greater the negative influence on the model output; and the smaller the value, the greater the negative influence on the model output; and the smaller the value, the greater the negative influence on the model output; and the smaller the value, the greater the negative influence on the model output; and the smaller the value, the greater the negative influence on the model. All data sample points are displayed in the figure. The different colors represent the value of the feature and size of the feature value. For example, if the feature *ExPosure_Otherisill* of a sample point has a large value, it means that this feature has a positive effect on judging a suspected outbreak as a real outbreak. SHAP, SHapley Additive exPlanation; XGBoost, eXtreme Gradient Boosting. Color images are available online.

interpretability of the model. In this study, we set the Gini index (Gastwirth, 1972; Lerman and Yitzhaki, 1984) as an indicator to evaluate the importance of features.

It can be seen from Table 1 that the classification models based on the tree structure and gradient boosting algorithms, such as RF, Adaboost, and XGBoost, attain better performance. Therefore, these three representative models were selected for the feature importance analysis. Figure 2 illustrates the importance of features in the RF, Adaboost, and XGBoost models. Because many features are used as model input, we add up features that account for a very small proportion and denote them as *Other Feature*. An analysis of the importance of features is presented in the Discussion section.

Identification of pathogenic factors

To understand the impact of various pathogenic factors on foodborne disease outbreaks, we analyzed the proportion of various pathogenic factors in the outbreaks, and the results are shown in Supplementary Figure S3. Among the 158 outbreaks that can be found for the pathogenic factors, most outbreaks were caused by *Vibrio parahaemolyticus* (41.1%), *Salmonella* (33.5%), *Norovirus* (13.9%), diarrheagenic *Escherichia coli* (7.0%), and others (4.5%).

In addition, we integrated outbreaks caused by the same pathogenic factors. The differences in factors influencing foodborne disease outbreaks caused by different pathogenic factors in the XGBoost model were compared, as shown in Figure 3. The SHapley Additive exPlanation (SHAP) value (Lundberg and Lee, 2017; Lundberg et al., 2018) was used as an indicator to measure the importance of features. Figure 3 shows the top 20 features that play a decisive role in model classification. The larger the value, the greater the positive influence on the model output; and the smaller the value, the greater the negative influence on the model. Different colors represent the values of the feature. For example, if the feature *ExPosure* Otherisill of a sample point has a large value, this feature has a positive effect on judging a suspected outbreak as a real outbreak. The analysis is presented in the Discussion section.

Model validation in real cases

Because the XGBoost model has the highest recall rate and F1-score, we chose the XGBoost model to validate the model performance on real cases. Three confirmed, typical, foodborne disease outbreaks in 2019 were taken as examples to assess the classification effect. Compared with the traditional feature importance (Grabczewski and Jankowski, 2005) and permutation importance (Altmann *et al.*, 2010), the SHAP value (Lundberg and Lee, 2017; Lundberg *et al.*, 2018) can not only reflect the relationship between the features and the predicted results but also reflect the positive and negative effects on a single sample. Therefore, the SHAP value was used to explain the prediction results of these three outbreaks. Specific information on the outbreak cases is presented in Supplementary Table S2. The classification results for the three foodborne disease outbreaks are listed in Table 2.

For these three foodborne disease outbreaks, the effects of the features on the final classification results are shown in Figure 4. The prediction results of the three foodborne disease outbreaks were 0.93, 0.91, and 0.94, respectively. The base value is 0.5341, which is the threshold value with the maximum F1-score generated by traversing the thresholds. The red color indicates the feature that increases the predicted value, and blue color indicates the feature that reduces the predicted value. The names and values of the features are also marked in the figure at the bottom of the bar. The figure indicates that the feature of whether other people with the same exposure were sick (ExPosure_OtherIsill) in the three foodborne outbreaks contributes the most to the identification of outbreaks as real ones.

Discussion

In this study, we used a variety of machine learning models to fit the data and compared the classification performance of each model, with the recall rate and F1-score as evaluation metrics. In our problem, we focus on whether the model has few missed judgments and how many positive examples are predicted correctly, which is the recall rate. Therefore, in our problem scenario, the recall rate is more important than the F1-score when F1-scores of the models are not significantly different.

In the model validation section, the results are well interpretable: except for the feature of whether other people were sick, other features with high contribution were determined by the characteristics and specific situation of the outbreak. For example, Yunnan_OUTBREAK_6014, the third outbreak in Figure 4, was caused by consumption of homemade liquor; thus, in Figure 4c, we can see that *homemade* (family = 1) also contributes to the prediction results.

Analysis of pathogenic factors indicated that *V. para-haemolyticus* and *Salmonella* are the two main pathogenic bacteria. We find that pathogenic factors of the cases in the same outbreak are similar, which also proves that the real outbreaks are credible and reasonable. Simultaneously, the influencing factors differed slightly in terms of onset symptoms. In outbreaks caused by *V. parahaemolyticus, Norovirus*, and diarrheagenic *E. coli*, acute gastroenteritis accounts for a higher proportion, whereas fever is a major feature of outbreaks caused by *Salmonella*.

As for feature importance, it can be seen that the feature importance values obtained by the three models have similarities and differences. The similarity is that whether others are sick is the most important feature among the three

 TABLE 2. PREDICTION RESULTS OF THREE FOODBORNE DISEASE OUTBREAKS

 BY THE EXTREME GRADIENT BOOSTING MODEL

Outbreak ID	Prediction result (label)	Prediction result (probability)	The meaning of the prediction
Shandong OUTBREAK 11058	1	0.9352	Confirmed as a foodborne disease outbreak
Guangdong OUTBREAK 112	1	0.9076	Confirmed as a foodborne disease outbreak
Yunnan_OUTBREAK_6014	1	0.9344	Confirmed as a foodborne disease outbreak



Yunnan_OUTBREAK_6014

FIG. 4. Impact of features on predicted results of the three real foodborne disease outbreaks. The prediction results of the three foodborne disease outbreaks are 0.93, 0.91, and 0.94, respectively, indicating how likely it is that the outbreak is real. The base value is 0.5341, which is the threshold of the maximum F1-score generated by traversing the threshold. Red denotes features that increase the predicted value, whereas blue denotes features that decrease the predicted value. The name of the function and value of the function are also marked in the figure at the bottom of the bar. Color images are available online.

classification models. The difference is that a few features in AdaBoost and XGBoost have extremely high weights, while the distribution of feature importance in RF is more balanced. This difference can be explained by the underlying implementation of the algorithm. Adaboost (Freund and Schapire, 1996) and XGBoost (Chen and Guestrin, 2016) can change the distribution of data during the training process, resulting in proportions of some features becoming increasingly higher after the iteration of the models. Multiple DTs in RF (Breiman, 2001) are constructed by random sampling of samples and features, and the results of multiple DTs are summarized as the final results. The algorithm does not change the data distribution of the training samples; therefore, the weights of some features will not be too high.

We compared the importance of the features of the three models in Figure 2d. In addition to features with the highest weight, other features with higher weights are the features of the time dimension (ExPosure_Eattime, Disease_SickTime, and Disease_TreatTime) and space dimension (ExPosure_Buy Address and ExPosure_EatAddress). Therefore, when identifying foodborne disease outbreaks, more attention should be paid to the similarity of cases in the time and space dimensions.

Simultaneously, many aspects still need to be improved. First, expanding the size of the dataset may lead to more objective experimental results. Second, foodborne disease outbreaks have regional characteristics. For example, foodborne disease outbreaks in Yunnan province are related to toxic wild mushrooms (Zhao *et al.*, 2018), whereas outbreaks in coastal provinces, such as Shandong, are related to aquatic animals (Wu *et al.*, 2018a). Therefore, for future work, classification models can be trained separately for each province or for a finer-grained division to discover the similarities and differences in foodborne disease outbreaks in various regions.

Conclusions

In this study, we abstract the problem of distinguishing whether a suspected foodborne disease outbreak is a real foodborne disease outbreak as a classification problem and build multiple classification models.[†] A comparison of the classification performances of different models shows that the XGBoost model has the best performance with a recall of 0.9699 and an F1-score of 0.9582. Considering the interpretability of the model, importance of the features of the models and pathogenic bacteria involved in the outbreak cases were analyzed. In addition, we verified our model on real cases to improve the credibility of our method. In the future, our classification model will be applied to the big data analysis and early warning platform of CFSA, which is still under construction, to improve the accuracy of the existing outbreak identification system to a certain extent, thereby reducing the burden of manual judgment for some medical workers.

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[†]Code and data set are available at https://github.com/tent97/ FBDOIdentification

Disclosure Statement

No competing financial interests exist.

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Supplementary Material

Supplementary Document D1 Supplementary Table S1 Supplementary Table S2 Supplementary Figure S3 Supplementary Table S4 Supplementary Table S5

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Address correspondence to: Yi Du, PhD Computer Network Information Center Chinese Academy of Sciences Building 2, Software Park No.4, South Fourth Street, Zhongguancun Haidian District Beijing 100190 China

E-mail: duyi@cnic.cn