## **REVIEW**

# **Research progress on hippocampal neurogenesis in autism spectrum disorder**

Mengxiang Chen<sup>1</sup>  $\bullet$  | Lanmin Guo<sup>2</sup> | Qinghong Li<sup>1</sup>  $\bullet$  | Shunbo Yang<sup>1</sup> | Wei Li<sup>1</sup> | Yanmei Lai<sup>1</sup> | Zhihai  $Lv<sup>1</sup>$ 

1Department of Pediatric Rehabilitation, Longgang District Maternity & Child Healthcare Hospital of Shenzhen City (Longgang Maternity and Child Institute of Shantou University Medical College), Guangdong, China <sup>2</sup>Department of Child Health, The Third Affiliated Hospital of Jiamusi University, Heilongjiang, China

#### **Correspondence**

Zhihai Lv, Department of Pediatric Rehabilitation, Longgang District Maternity & Child Healthcare Hospital of Shenzhen City (Longgang Maternity and Child Institute of Shantou University Medical College), Shenzhen 518172, Guangdong, China. Email: [13613602038@163.com](mailto:13613602038@163.com)

#### **Funding source**

Shenzhen Longgang District Scientific and Technological Innovation Special Fund, Medical and Health Technology Project, Grant/Award Number: LGWJ2023-75; Shenzhen Longgang District Scientific and Technological Innovation Special Fund for Medical and Health Technology Research Project, Grant/Award Number: LGKCYLWS2023006; Shenzhen Longgang District Scientific and Technological Innovation Special Fund, Medical and Health Technology Project, Grant/Award Numbers: LGWJ2023-75, LGWJ2021-63

Received: 29 December 2023 Accepted: 10 June 2024

#### **ABSTRACT**

Autism spectrum disorder (ASD) is a group of severe neurodevelopmental disorders with unclear etiology and significant heterogeneity that is emerging as a global public health concern. Increasing research suggests the involvement of hippocampal neurogenesis defects in the onset and development of ASD, drawing increasing amounts of attention to hippocampal neurogenesis issues in ASD. In this paper, we analyze relevant international studies on hippocampal neurogenesis in ASD, discuss the role of neurobiology in the pathogenesis of ASD, and explore the potential of improving hippocampal neurogenesis as a therapeutic approach for ASD. This review aims to provide new treatment perspectives and theoretical foundations for clinical practice.

#### **KEYWORDS**

Autism spectrum disorder, Hippocampal neurogenesis, Hippocampus, Neurological disorders

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DOI: 10.1002/ped4.12440

## **INTRODUCTION**

Autism spectrum disorder (ASD) is a neurodevelopmental disorder characterized by core symptoms such as social communication and interaction deficits, as well as restricted and repetitive behaviors, interests, and activities. In recent years, the prevalence of ASD has steadily increased, with the most recent report from the US Centers for Disease Control and Prevention (CDC) indicating that one in every 36 children aged 8 years has  $ASD<sup>1</sup>ASD$  $ASD<sup>1</sup>ASD$  $ASD<sup>1</sup>ASD$  often appears during early childhood development and can persist throughout the lifespan, which places a heavy burden on families and society. However, due to the complexity of its etiology and the lack of clarity regarding its pathogenesis, there is currently no effective treatment specifically targeting the core symptoms of  $ASD<sup>2</sup>$ . Therefore, research into the mechanisms underlying ASD has become an urgent public health necessity. Despite the unclear and heterogeneous nature of the pathogenesis of ASD, common phenotypic features among different ASD patients suggest the existence of shared biological foundations, such as impaired neurogenesis in certain brain regions, disrupted functional connectivity, and excitatory/inhibitory imbalance. $3-5$  The hippocampus, as an important region of the brain's limbic system, plays a crucial role in memory storage, learning, emotion, and spatial perception. Disruptions in hippocampal neurogenesis are closely associated with various psychiatric disorders, including depression, schizophrenia, and anxiety.<sup>6,7</sup> Additionally, the hippocampus is involved in social behavior, a core manifestation of ASD.<sup>[8](#page-6-0)</sup> The initial symptoms of ASD often appear between 1 and 2 years of age, a critical period for hippocampal development.<sup>9</sup> Increasing evidence suggests that defects in hippocampal neurogenesis form the basis of behavioral phenotypes in individuals with  $ASD<sup>10</sup>$  Relevant studies have shown that a reduction in hippocampal nerve cells can impair regional communication between the hippocampus and the prefrontal cortex (PFC) and that executive function deficits in ASD are related to low activity in the PFC. This suggests that communication interference between the hippocampus and the PFC may be a potential factor leading to abnormal neurophysiological activity and behavioral disorders.<sup>11,12</sup> Autistic patients show memory impairments across multiple domains, with episodic memory being particularly impaired, and functional magnetic resonance imaging (MRI) studies suggest that this may be due to reduced integrity of hippocampal connections.<sup>11</sup> In recent years, increased attention has been focused on hippocampal neurogenesis issues in ASD. This paper, through the analysis of research on hippocampal neurogenesis in ASD, discusses the role of neurobiology in the pathogenesis of ASD and explores the possibility of improving hippocampal neurogenesis as a therapeutic approach for ASD, aiming to provide new treatment perspectives and theoretical foundations for clinical practice.

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## **NEUROGENESIS**

#### **Overview of neurogenesis**

Neurogenesis, also referred to as neural regeneration, encompasses an intricate process involving the proliferation of neural stem cells (NSCs). These cells undergo both balanced and unbalanced division, ultimately giving rise to committed progenitor cells. Subsequently, these progenitor cells migrate to various regions, undergo continual plastic changes, establish synaptic connections with other neurons, and the whole process culminates in the generation of complete neural functionality. This intricate process also entails the continuous proliferation and differentiation of NSCs, resulting in the formation of new neurons, astrocytes, and oligodendrocytes. Adult neurogenesis pertains to the remarkable ability of specific brain regions in mammals, persisting from birth throughout the entire lifespan, to generate new endogenous NSCs. These NSCs undergo a transformative process, evolving into functional neurons that migrate to designated brain regions. Ultimately, these newly formed neurons integrate seamlessly into the structural and functional framework of the brain. Historically, the prevailing notion posited that neural cells within the adult mammalian brain lacked the capacity for renewal and were incapable of regeneration following damage or death. It was widely believed that neurogenesis primarily occurred during the embryonic period or in the early stages of postnatal development.<sup>13</sup> Currently, although the mechanisms governing neurogenesis remain largely elusive, the existence of adult neurogenesis has been substantiated. Neurogenesis is known to contribute, to some extent, to the plasticity observed in both the structure and function of the brain.[14](#page-6-0)

#### **Hippocampal neurogenesis**

The hippocampus serves as an important region of the limbic system in the brain, and it participates in various physiological and pathological processes, including spatial learning, cognitive memory, anxiety, depression, fear memory, and episodic memory. Researchers have roughly divided the hippocampus into three parts based on the location of different genes: the dorsal hippocampus (anterior one third), intermediate hippocampus (middle one third), and ventral hippocampus (ventral one third).<sup>[15](#page-6-0)</sup> The dorsal and ventral hippocampus play distinct roles.<sup>[16](#page-6-0)</sup> The dorsal hippocampus contains place cells that encode spatial locations. It receives a large amount of visuospatial information projections, including from the dorsolateral entorhinal cortex and caudal entorhinal cortex, which in turn receive primary inputs from the perirhinal cortex and postrhinal cortex.<sup>17</sup> In brief, the dorsal hippocampus–hypothalamus complex, together with the retrosplenial cortex and anterior cingulate cortex, forms an important cortical network primarily responsible for cognitive processes such as spatial learning, memory, navigation, and exploration. The ventral hippocampus has strong fiber connections with subcortical structures such as the rostral hypothalamus and amygdala, which are closely related to its functions.<sup>[18](#page-6-0)</sup> The ventral hippocampus also receives inputs from the ventromedial entorhinal cortex, which in turn receives inputs primarily from the piriform cortex, subicular cortex, and periamygdaloid cortex. These connections suggest that the ventral hippocampus is associated with behaviors such as defense, social interaction, and emotions.<sup>[18](#page-6-0)</sup>

Broadly speaking, the hippocampus includes the dentate gyrus (DG), the cornu ammonis (CA), the subiculum, and the hippocampal rudiment surrounding the corpus callosum. Based on cellular morphology, developmental differences between different cortical areas, and fiber arrangement, the CA can be further divided into CA1, CA2, CA3, and CA4 regions. The DG and CA are often collectively referred to as the hippocampus. The hippocampus belongs to the archipallium and is composed of three layers of cells. For example, the CA is composed of a molecular layer, pyramidal layer, and polymorphic layer, and the DG is composed of a molecular layer, granule cell layer, and polymorphic layer. The subgranular zone (SGZ) is considered a primary region for adult mammalian neurogenesis.[14,19,20](#page-6-0) It contains three types of neural progenitor cells (NPCs). Type 1 cells, also known as radial glia-like NPCs, extend across the entire granule cell layer, with branches migrating into the inner molecular layer. These cells express biomarkers such as glial fibrillary acidic protein (GFAP), nestin, SRY-box transcription factor 2, and brain lipid-binding protein. $^{21}$  $^{21}$  $^{21}$  Although type 1 cells express GFAP, a molecular marker of astrocytes, their morphology and function differ significantly from those of mature astrocytes. Type 2 cells are intermediate progenitor cells derived from type 1 cells, including the 2a and 2b subtypes. Type 2 cells have short branches and do not express GFAP. Type 3 cells, differentiated from intermediate progenitor cells, are mature neurons expressing biomarkers such as doublecortin protein (DCX), neuronal differentiation factor, and polysialylated acid-neural cell adhesion molecule. Most type 3 cells survive and can differentiate into dentate granule neurons.[22](#page-6-0) Dentate granule neurons express specific markers of mature neurons, including neuronal nuclear antigen, calbindin, and Prox1. These neurons extend their dendrites into the molecular layer, integrating into existing neuronal circuits.[23,24](#page-7-0)

#### **Regulation pathways of hippocampal neurogenesis**

Neurogenesis in the DG region of the hippocampus extends throughout the entire lifespan of mammals. During each period, there is a varying degree of proliferation of NSCs, development of newborn neurons, and the generation of axons and dendrites, along with the enhancement of synaptic connections. This process is regulated by various factors.

In the brain, signals from the local stem cell niche and cell factors secreted by surrounding cells, such as neurotrophic factors, transcription factors, and neuropeptides, can influence the proliferation or differentiation of NSCs, thereby regulating neurogenesis. Neurotrophic factors are extracellular signaling proteins essential for determining the fate of neuronal cells, and they play critical roles in neurogenesis, synaptic formation, neural plasticity, and neuronal survival.<sup>25,26</sup> Currently, well-studied neurotrophic factors include nerve growth factor, brain-derived neurotrophic factor (BDNF), and neurotrophins 3 and 4/5 (Nt3, Nt4/5). BDNF mediates NSC proliferation and promotes the differentiation of NPCs into neurons and oligodendrocytes by activating the mitogen-activated protein kinase (MAPK) pathway.[27](#page-7-0) BDNF also inhibits NSC apoptosis through the activation of the tyrosine protein kinase B receptor, activating both the MAPK and phosphatidylinositol 3-kinase (Pi3K) pathways. $^{28}$  $^{28}$  $^{28}$  Moreover, BDNF plays a crucial role in synaptic transmission and plasticity in the hippocampus, serving as a key regulatory factor for long-term potentiation, learning, and memory. Dysregulation of BDNF expression and abnormal signal transduction are hallmarks of various neurodevelopmental disorders, such as attention deficit hyperactivity disorder, Rett syndrome, and ASD[.29](#page-7-0)

Some common signaling pathways, such as the Notch pathway, Wnt pathway, and Shh pathway, have been confirmed to play regulatory roles in different stages of adult hippocampal neurogenesis[.30–33](#page-7-0) In the postnatal and adult brain, the Notch signaling pathway, as a fundamental signaling system, collaborates with the Wnt signaling protein, bone morphogenetic protein, and Shh signaling protein pathways to mediate the regulation of hippocampal neurogenesis and synaptic plasticity. These pathways play a crucial role in the formation and plasticity of hippocampal neuronal circuits[.31](#page-7-0) Additionally, they are involved in determining neuronal cell fate, axon growth, dendrite pruning, and retraction, as well as the expression of neurotransmitters and ion channels, among other biological pathways.<sup>34</sup> In the mature nervous system, these proteins dynamically control synaptic function and plasticity while continuing to regulate the survival of neuronal cells. $31$ 

In addition, the expression of neuronal nuclear transcription factors, such as the cAMP-response element binding protein (CREB), has been implicated in the survival rate of immature neurons in the hippocampal region following ischemia.[35](#page-7-0) Epigenetic modifications in the GABAergic system can also influence adult hippocampal neurogenesis in the offspring of prenatal chronically stressed rats.<sup>36</sup> All of these factors contribute to the regulation of hippocampal neurogenesis.

## **HIPPOCAMPAL NEUROGENESIS OF ASD**

In addition to functions such as memory storage, learning, emotion, and spatial sense construction, the hippocampus also indirectly participates in social behavior.<sup>8</sup> When the connectivity integrity of the hippocampus decreases, the atrophy rate increases and neuronal function is impaired, resulting in memory defects. These memory defects can lead to abnormal social behavior and even social communication disorders, which are the core manifestations of ASD.[8](#page-6-0) The initial symptoms of ASD in children usually appear at 1–2 years of age, which is also a critical period for the development of the hippocampus. During this stage, the newly generated neurons in the DG and CA3 regions fully mature, can connect with the cerebral cortex, and acquire typical adult morphology. $9$  Furthermore, hippocampal neuron dysfunction is closely related to various mental illnesses such as depression, schizophrenia, and anxiety disorders, and ASD is often associated with these diseases[.6,7](#page-6-0) Given the above phenomenon, it is suspected that alterations in the hippocampus may contribute to the development of ASD symptoms.

## **Hippocampal neurogenesis of ASD patients**

The neuropathology of the hippocampus in ASD patients was first reported in a postmortem study conducted in 1980. Postmortem examinations were conducted on the brain tissue of four ASD subjects who died at the ages of 4, 14, 27, and 33 years, and they observed abnormally small and densely packed cells in the subiculum and CA1 region of the hippocampus[.37](#page-7-0) Subsequent research on the hippocampus in ASD has confirmed the presence of neurodevelopmental defects in the hippocampus. Live MRI scans of individuals with ASD aged 2–46 years revealed significant anatomical abnormalities in the DG region of the hippocampus across different age groups.<sup>38</sup> The autopsy results of a study involving 13 autistic subjects (aged 4–60 years) revealed that four of the autistic subjects exhibited abnormal neuronal migration and abnormal neurogenesis in the DG region of the hippocampus. Additionally, four autistic subjects displayed local distortions in the cellular structure of the CA region, and two autistic subjects showed distortions in the  $DG^{39}$  $DG^{39}$  $DG^{39}$  Cellular experiments have shown that a novel miRNA-mediated pathway downstream of methyl-CpG binding protein 2 (MeCP2) that influences neurogenesis via interactions with central molecular hubs is linked to autism spectrum disorders caused by MeCP2 deficiency using both monolayer and three dimensional (cerebral organoid) patient-derived and MeCP2-deficient neuronal culture models[.40](#page-7-0) The above studies all suggest a close relationship between hippocampal neurogenesis and ASD. These findings indicate that defects in hippocampal neurogenesis may underlie the abnormal behavioral phenotypes observed in patients with ASD.[10](#page-6-0) Impairments in hippocampal neurogenesis in ASD patients primarily manifest as abnormal hippocampal volume and weakened functional connectivity within the hippocampus.

Children (aged 2–24 months) and adolescents (aged 4–18 years) with ASD may exhibit an increased hippocampal volume compared to that of age-matched normally developing healthy individuals, potentially due to pathological development or experience-dependent structural and functional plasticity.<sup>41,42</sup> Similar findings have also been observed in adults with ASD.<sup>43</sup> However, other research has reported that some ASD children (aged 8–14 years) may exhibit a reduced hippocampal volume or no significant differences compared to typically developing children.[44](#page-7-0) In addition, some reports have documented asymmetry in the bilateral hippocampal volume development in some patients with ASD.<sup>45,46</sup> Some studies have found that the right hippocampal volume is larger in ASD subjects (aged  $6.5-27$  years) than in normal children.<sup>[45](#page-7-0)</sup> On the other hand, other studies have found that the left hippocampal volume is larger in ASD subjects (aged 7–34 years) than in normal children. $46$  The inconsistency in these findings may be attributed to characteristic differences in the samples, such as age, sex, race, and the presence of comorbidities such as developmental delays and cognitive impairments. Furthermore, similar to its phenotypic heterogeneity, the pathogenesis of ASD also exhibits heterogeneity, leading to variations in hippocampal volume development among different patients. Some studies have shown that compared to control individuals, children with ASD have reduced functional connectivity in the neural circuits of the parahippocampal gyrus on both sides, accelerated atrophy rates, and significantly impaired neuronal function, which can lead to social behavior issues and even social interaction difficulties[.47](#page-7-0) Moreover, it has been confirmed that factors present in the blood of autistic patients markedly affect preprogrammed neurogenesis, neuronal proliferation, migration, differentiation, and circuit organization. A cell culture experiment revealed that serum from ASD children decreased the proliferation of NSCs in culture while promoting neuronal migration, the development of dendritic-bearing small neurons, and synaptic formation. Autoantibodies against NSCs, which may also influence neuronal maturation, were detected in the serum of ASD children.<sup>[48](#page-8-0)</sup>

It is worth mentioning that although we observed differences in asymmetry among individuals with ASD and healthy controls, it is not clear which is the cause (asymmetry or ASD) and which is the effect. The critical period for the occurrence and development of ASD is 12–24 months of age, but little is known about hippocampal neurogenesis in ASD children in this age group. In the future, more clinical studies will be necessary to investigate hippocampal neurogenesis in ASD during this critical period.

#### **Hippocampal neurogenesis of the ASD murine model**

At present, research on the pathogenesis of ASD is still during the exploratory stage, and animal models provide preclinical tools for understanding the occurrence and development of ASD. There are various animals used for preclinical studies on ASD, including zebrafish, macaques, rats, and invertebrates such as drosophila melanogaster. Rodents are commonly used in various studies due to their advantages, such as low cost, short gestation period, and high litter size. There are various methods for constructing the ASD model. Currently, there are genetic ASD mice models, the idiopathic ASD model of BTBR mice, and biochemistryinduced ASD murine models (such as lipopolysaccharide, sodium valproate, nicotine, PM2.5, etc.).

#### *Biochemistry-induced ASD murine model*

The valproic acid (VPA) model accurately simulates the core symptoms of ASD and exhibits good reliability and validity in neurophysiology, which is comparable to post-mortem reports from ASD patients.<sup>[49](#page-8-0)</sup> A wealth of research suggests that ASD murine models induced by VPA may exhibit developmental abnormalities of the hippocampus. Luhach et al.<sup>50</sup> found that prenatal exposure to VPA in male Wistar rats led to a decrease in the expression levels of CREB, DCX, and BDNF in the hippocampus at postnatal day (PND) 48, indicating a reduction in hippocampal neurogenesis. A study which examined the ameliorating effect of alpha-glycosyl isoquercitrin on disrupted hippocampal neurogenesis in the DG in ASD rats induced by prenatal VPA exposure has shown that VPA-exposed offspring showed decreased numbers of type-2a and type-3 NPCs among granule cell lineage subpopulations at PND21, but there were no changes in the granule cell lineage subpopulations in response to VPA at  $PND63$ <sup>[51](#page-8-0)</sup> Watanabe et al. $52$  have investigated the developmental exposure effect of VPA on postnatal hippocampal neurogenesis in accordance with the exposure scheme of OECD Test Guideline 426 adopted for developmental neurotoxicity in ASD rats induced by prenatal VPA exposure, which have found that developmental exposure to VPA mainly targets interneurons, followed by late (at PND77) influences on NPC proliferation in the SGZ and consequently increased granule cell layer neurons in rats hippocampus, but there is no difference at PND21. The inconsistency in research findings may be related to the exposure method of VPA. It is well known that the ventral hippocampus is closely associated with emotional/social behaviors through its connections with the amygdala, and these behaviors are significant clinical manifestations of ASD. Therefore, abnormal ventral hippocampal development may be more closely related to the development of ASD symptoms. In addition, hippocampal neurogenesis occurs throughout a person's lifetime but undergoes dynamic changes over

time.<sup>[53](#page-8-0)</sup> Therefore, the inconsistency in research results may also be explained by differences in the periods and subregions of the hippocampus examined by researchers. Investigating neuronal morphological rearrangement in the PFC, in the hippocampus, in the nucleus accumbens, and in the basolateral amygdala at three different ages: immediately after weaning (PND21), prepubertal (PND35) and postpubertal (PND70) ages, a reduced number of spines was observed in the pyramidal neurons of the dorsal hippocampus at PND70 and an increase in the dendritic spine density was observed in pyramidal neurons of the ventral hippocampus at all studied ages.<sup>[54](#page-8-0)</sup> Additionally, nicotine is a nonselective agonist to nicotinic acetylcholine receptors, which are distributed in the entire brain. Prenatal nicotine exposure has been shown to cause behavioral changes in rodents, but the phenotypes are variable between reports. Zhou et al.<sup>[55](#page-8-0)</sup> found a decrease in newborn neurons in the hippocampus at PND60, specifically in the ventral part by establishing prenatal nicotine exposure mice, which suggested that the specific down-regulation of BrdU-positive neurons in the ventral hippocampus may be involved in the neuronal mechanism underlying lowered social behaviors in ASD.

Furthermore, abnormal hippocampal neurogenesis has also been observed in mouse models of ASD during the early postnatal period. Yochum et al.<sup>56</sup> reported that at 12 and 24 hours after VPA exposure to PND14, the number of granule cells in the DG of the hippocampus of BALB/c mice was decreased due to VPA-induced apoptosis. Wang et al.[57](#page-8-0) have investigated that the total number of EdUpositive cells in SGZ of ASD mice induced by prenatal PM2.5 exposure significantly decreased, and the proliferation of nerve cells decreased significantly due to PM2.5 exposure at PND14. VPA exposure during early postnatal development can model ASD. Cai et al.<sup>58</sup> have found that the early postnatal VPA-exposed mice exhibited impaired hippocampal neurogenesis, characterized by significantly decreased BrdU-labeled cells and DCX-positive immature cells in the SGZ at PND15, compared with the B6 mice.

#### *Other ASD mouse models*

Some inbred mouse strains, such as A/J, BALB/cByJ (BALB), BTBR T+Itpr3tf/J (BTBR), C58/J (C58), and 129S1/SvlmJ mice, can effectively replicate social deficits and repetitive behaviors, serving as spontaneous animal models for ASD.<sup>[59](#page-8-0)</sup> Among them, BTBR mice exhibit high levels of social deficits and repetitive stereotyped behaviors, leaving fewer social scent marks during interactions, making them a more common and representative spontaneous ASD animal model. Studies have shown that BTBR mice exhibit defects in hippocampal neurogenesis during the early postnatal period.<sup>[58](#page-8-0),60</sup> Cai et al.<sup>58</sup> have found that there was a significant reduction of DCX-marked cells

in the SGZ of the BTBR mice compared with that of the B6 mice and the number of BrdU-labeled cells was significantly decreased in the SGZ of BTBR mice compared with that in B6 mice at PND15. Zhong et al. $60$ observed a significant reduction in the number of neural NPCs in the DG of the hippocampus in BTBR mice using immunofluorescence, indicating a decrease in neurogenesis in the experimental group compared to the control group at PND6–8. Clinical trials have found that the critical period of human hippocampal development overlaps with the emergence of initial symptoms in patients with  $ASD<sup>9</sup>$  $ASD<sup>9</sup>$  $ASD<sup>9</sup>$  Therefore, the significant finding of hippocampal neurogenesis defects in neonatal BTBR mice holds great significance in understanding the neuropathological mechanisms of ASD. Additionally, similar findings have also been observed in adolescent BTBR mice.<sup>61,62</sup>

In addition, some single-gene knockout models, such as Fragile X Mental Retardation 1 (*Fmr1*), *Shank3*, *Chd8*, *Neuroligin3*, Contactin Associated Protein–Like 2 (*Cntnap2*), and Cyclin–Dependent Kinase–Like 5 (*Cdkl5*), have been exhibited abnormalities in hippocampal neurogenesis.[63–66](#page-8-0)

## **THE CURRENT RESEARCH STATUS OF TREATING ASD BASED ON THE HIPPOCAMPAL NEUROGENESIS THEORY**

The pathological features of hippocampal neurogenesis defects in ASD continue to provide a theoretical basis for interventions aimed at regulating hippocampal neurogenesis to reconstruct hippocampal networks. The restoration of abnormal hippocampal neurogenesis holds promise as a potential therapeutic target for ASD, prompting an increasing number of studies exploring interventions that address these abnormalities. Recently, early postpartum drug treatments (such as curcumin and the liver X receptor agonist TO901317) were shown to promote the proliferation and differentiation of hippocampal NPCs in ASD mouse models, which may alleviate the inhibition of hippocampal neurogenesis, thereby partially alleviating the abnormal behavior and enhancing cognitive function.[58,60](#page-8-0) Other drug treatments, including fluoxetine, and zinc water, can ameliorate social behavior in ASD mice by rescuing adult hippocampal neurogenesis.<sup>62,66</sup> Animal experiments and clinical studies have shown that the transplantation of mesenchymal stem cells or human amniotic epithelial cells has a positive effect on the treatment of ASD through the induc-tion of neurotrophic factors and immunomodulation.<sup>[67,68](#page-8-0)</sup>

However, regardless of the intervention method, it only partially improved rather than completely reversed the defects in hippocampal neurogenesis defects in ASD model mice. This suggests that the occurrence and development of ASD are the result of multifactorial interactions, with hippocampal neurogenesis defects being just one of many contributing factors. In addition, the clinical application of pro-neurogenic strategies in humans has yet to be demonstrated. In the future, additional large-scale preclinical and clinical studies are needed to determine the safety and efficacy of therapies targeting hippocampal neurogenesis for the treatment of ASD.

## **CONCLUSION**

In summary, hippocampal neurogenesis defects have been confirmed in both ASD patients and ASD mouse models. However, the question arises as to whether these animal models, which mimic human ASD phenotypes, truly represent phenotypes identical to idiopathic conditions. Phenotypic studies suggest that while animal models can simulate ASD patient phenotypes to some extent, animal experiments cannot fully capture the complexity of human neural physiology. Undeniably, these animal models have demonstrated causal relationships between genetic variations, cellular biology, neural system heterogeneity, and phenotypic behavior, significantly advancing research into the pathogenic mechanisms of ASD and providing a theoretical basis for biological interventions to improve ASD-like behaviors. Notably, the function of the hippocampus overlaps with most of the clinical symptoms in patients with ASD, such as social interaction, memory, spatial reasoning, and emotions, but not all. There are few reports in the literature regarding the correlation between the hippocampus and restricted interests and repetitive behaviors, which are other core symptoms of autism. Some research suggests that repetitive behaviors are charac-terized by reduced cognitive flexibility.<sup>[69](#page-8-0)</sup> In addition, some of the inflexible behaviors of patients with ASD may be linked to their atypical memory; therefore, it is possible that the hippocampus indirectly contributes to the repetitive behaviors of ASD patients through associative memory.<sup>[70](#page-8-0)</sup> However, whether hippocampal neurogenesis defects are associated with repetitive behaviors requires further investigation. Therefore, the hippocampus may represent a critical component within a system of altered brain regions that work in tandem to contribute to the ASD phenotype, not the unique pathophysiology. Currently, most studies have been conducted on the entire hippocampus as a unit to measure the level of hippocampal neurogenesis in ASD patients or ASD animal models. However, to gain a more detailed understanding of the relationship between ASD and the hippocampus, as well as to scientifically recognize the neurophysiological mechanisms of ASD, future studies require exploration of the biological changes in different subregions of the hippocampus in ASD patients or ASD animal models. Furthermore, although a close correlation between hippocampal neurogenesis defects and the <span id="page-6-0"></span>occurrence and development of ASD has been confirmed, the specific molecular mechanisms and biological pathways associated with the regulation of neurogenic niches remain unclear. To comprehensively understand the changes in neurogenesis and neuronal differentiation associated with neurodevelopmental disorders, further detailed research is needed. Large-scale studies will continue to be necessary for a comprehensive exploration of these aspects.

## **CONFLICT OF INTEREST**

The authors declare no conflict of interest.

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**How to cite this article:** Chen M, Guo L, Li Q, Yang S, Li W, Lai Y, et al. Research progress on hippocampal neurogenesis in autism spectrum disorder. *Pediatr Investig*. 2024;8:215–223. [https://doi.](https://doi.org/10.1002/ped4.12440) [org/10.1002/ped4.12440](https://doi.org/10.1002/ped4.12440)