

ORIGINAL RESEARCH

## Optical imaging to trace near infrared fluorescent zinc oxide nanoparticles following oral exposure

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**Background:** Understanding how nanomaterials are distributed in the body after exposure is important for assessing whether they are safe. In this study, we investigated the behavior and accumulation of nanoscaled and submicron-scaled zinc oxide (ZnO) particles in the body using optical imaging following oral exposure.

**Methods:** To trace these nanoparticles in the body, ZnO nanoparticles were conjugated with a monoreactive hydroxysuccinimide ester of Cy5.5 (Cy5.5-NHS), and the conjugation-stabilizing effect of Cy5.5 on the nanoparticles was evaluated in simulated gastric fluid (pH 1.2) for 7 hours. To compare the distribution of Cy5.5-NHS and Cy5.5-conjugated ZnO nanoparticles, Cy5.5-NHS 0.5 mg/kg and Cy5.5-conjugated ZnO nanoparticles 250 mg/kg were administered orally to healthy rats. We collected blood from the rats at predesignated time points for 7 hours after administration, and optical imaging studies were performed at 1, 2, 3, 5, and 7 hours after dosing. To investigate the extent of nanoparticle accumulation in the organs and tissues, the mice were sacrificed at 23 hours after administration, and the organs were removed and imaged.

**Results:** Cy5.5-conjugated ZnO nanoparticles were stable in simulated gastric fluid for 7 hours. The signal intensity of Cy5.5-NHS in blood was highest 3 hours after oral administration, and Cy5.5-conjugated ZnO nanoparticles showed the highest signal intensity in blood 5–7 hours after administration. In vivo optical images indicated that Cy5.5-NHS showed optical signals in the lung, liver, and gastrointestinal tract after oral administration, whereas Cy5.5-conjugated ZnO nanoparticles were seen only in the gastrointestinal tract. Seven hours following administration, biodistribution studies demonstrated that Cy5.5-NHS accumulated in the lung and liver, and Cy5.5-conjugated ZnO nanoparticles resulted in a strong signal in the kidney and liver. Different-sized ZnO nanoparticles showed dissimilar patterns of biodistribution in ex vivo optical images.

**Conclusion:** ZnO nanoparticles are absorbed into the tissues following oral exposure and their behavior can be monitored and evaluated using optical imaging.

**Keywords:** zinc oxide nanoparticles, biodistribution, optical imaging, oral administration

#### Introduction

Molecular imaging, defined as characterization and measurement of biological and cellular processes in vitro and in vivo, is a noninvasive approach for monitoring the biodistribution and interactions of a molecule in vivo. Among the various molecular imaging modalities, noninvasive optical imaging enables tracking and monitoring of molecules entering the body with potentially higher sensitivity and specificity than other imaging modalities. The recent wide application of nanomaterials in various fields has led us to address the potential risks of these materials to human health. Molecular imaging techniques, including optical imaging, may increase our understanding of the

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behavior and accumulation of nanomaterials in the body following exposure via various routes.

Zinc oxide (ZnO) nanoparticles have a wide variety of applications in industry, including agriculture, medicine, and cosmetics.5 With increased use of ZnO nanoparticles, exposure to these nanoparticles has been rising steadily, resulting in more attention being paid to their potential toxicity, including cytotoxic, genotoxic, and proinflammatory effects.<sup>6,7</sup> Several studies have reported that ZnO nanoparticles at a high dose of 1-5 g/kg can cause acute toxicity and apoptosis in murine liver cells in vivo.8,9 Although a toxic potential for ZnO nanoparticles has been suggested, our understanding of their actual toxicity is not yet adequate. Understanding the pharmacokinetics and clearance of ZnO nanoparticles from the body following exposure is essential when assessing their potential for toxicity. Movement and translocation of nanoparticles after absorption into the body can be monitored and traced noninvasively by tagging with a fluorescent dye or labeling with a radioisotope. 10

In this study, we investigated the behavior and biodistribution of near infrared fluorescent dye-labeled nanoscaled and submicron-scaled ZnO nanoparticles following oral exposure in rats using an optical imaging system. To conjugate a near infrared fluorescent dye, ZnO nanoparticles were chemically modified and their conjugation stability in gastric conditions was evaluated.

# Materials and methods Materials

ZnO nanoparticles (nanoscale 20 nm and submicron scale 100 nm) were obtained from Sumitomo (Tokyo, Japan) and American Elements (Los Angeles, CA), respectively. Their size distribution, determined by dynamic light scattering, was  $25.4 \pm 3.9$  nm for the 20 nm size and  $78.9 \pm 13.4$  nm for the 100 nm size, respectively. Sodium citrate, HEPES buffer, 2.2'-(ethylenedioxy)bis-ethylamine (EBEA), and N-(3-dimethylaminopropyl)-N-ethylcarbodiimide hydrochloride were purchased from Sigma-Aldrich Chemical Company (St Louis, MO). A monoreactive hydroxysuccinimide ester of Cy5.5 (Cy5.5-NHS) was obtained from GE Healthcare (Uppsala, Sweden).

#### Preparation of Cy5.5-conjugated ZnO nanoparticles

Nanoscaled or submicron-scaled ZnO nanoparticles (10 mg) were suspended in 5 mL of HEPES buffer (0.02 M, pH 7.0) containing 5 mg of sodium citrate. After sonication for 30 seconds, the ZnO nanoparticles were collected by centrifugation at 10,000 rpm for 5 minutes and washed with HEPES buffer

three times. To introduce amine groups to the Cy5.5 conjugate, citrate-ZnO nanoparticles were chemically modified with EDEA. The introduction of amine groups onto citrate-ZnO nanoparticles was characterized by Fourier transform infrared spectroscopy. The EDEA-modified citrate-ZnO nanoparticles were suspended into 5 mL of sodium borate buffer (0.1 M, pH 8.5), and Cy5.5-NHS (0.1 mg) in dimethyl sulfoxide (10  $\mu$ L) was added under stirring. The solution was stirred for 6 hours at room temperature in the dark. The Cy5.5-conjugated ZnO nanoparticles were collected and washed by centrifugation. To investigate the separation of Cy5.5 from the ZnO nanoparticles when Cy5.5-conjugated ZnO nanoparticles were orally administered in the rat, a conjugation stability study was performed by monitoring fluorescent intensity changes of the ZnO nanoparticles in a pH 1.2 solution for 8 hours. Separation of Cy5.5 from the Cy5.5-conjugated ZnO nanoparticles was investigated in saline and HCl solution (0.7% v/v, pH 1.2) for 7 hours. The same volume of Cy5.5-conjugated ZnO nanoparticles and saline or HCl solution was poured into vials, and the solution was incubated for 8 hours at 37°C. Cy5.5conjugated ZnO nanoparticles were collected by centrifugation at designated time points, and the optical signal intensities of the ZnO nanoparticles were analyzed using an IVIS spectrum small animal in vivo imaging system (Caliper Lifescience, Hopkinton, MA).

## Animal near infrared fluorescent optical imaging study

Sprague-Dawley rats (5-6 weeks old and weighing 180-200 g) were obtained from Orient Bio Inc (Seongnam, Korea). All animal experiments were performed in accordance with the guidelines suggested by the Chonbuk National University Medical School ethics committee. Optical images for Cy5.5-conjugated ZnO nanoparticles were acquired using the IVIS system. Cy5.5-NHS (1 mg in 0.5 mL distilled water) or Cy5.5-conjugated ZnO nanoparticles (5 mg in 0.5 mL distilled water) were administrated orally to the rats. In vivo near infrared fluorescent optical imaging was performed at 1, 2, 3, 5 and 7 hours after administration, using a Cy5.5 filter with the following settings: exposure time (3 s), f/stop (2), binning (8), and field of view (12.8). To investigate absorption into the body from the gastrointestinal tract, blood was collected from the tail vein of each rat 7 hours after ingestion of the nanoparticles, and near infrared fluorescent intensities were estimated using the IVIS system. After acquisition of in vivo optical images, the rats were sacrificed and their major organs, i.e. the heart, lung, liver, spleen, pancreas, kidney, muscle, and bone, were imaged ex vivo.

#### Results

# Characterization of Cy5.5-conjugated ZnO nanoparticles

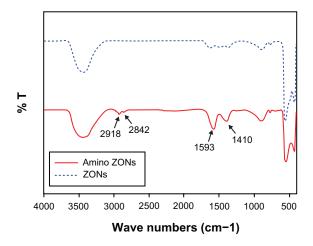
In this study, ZnO nanoparticles were chemically modified and conjugated using Cy5.5, a near infrared fluorescent dye, and traced using an optical imaging system. As shown in Figure 1, the ZnO nanoparticles were surface-modified with citrate. The amine group was substituted with EBEA on their surfaces to tag an optical dye. The presence of amine groups on the surfaces of the ZnO nanoparticles was characterized by Fourier transform infrared spectroscopy. Figure 2 shows the infrared spectra of ZnO nanoparticles and nanoscaled amino-citrate ZnO nanoparticles. In the infrared spectra of the amino-citrate ZnO nanoparticles, specific peaks of EBEA were observed at 2918, 2842, 1593, and 1410 cm<sup>-1</sup>, assigned to amide (I), amide (II), C-O-C, and CH<sub>2</sub>CH, stretching, respectively. Successful conjugation of Cy5.5 with amino-citrate ZnO nanoparticles was confirmed using phantom optical imaging. As shown in Figure 3, we found a strong near infrared fluorescent signal from Cy5.5-conjugated ZnO nanoparticles at low concentrations. We measured the tagging stability of Cy5.5 on ZnO nanoparticles at pH 1.2, which is similar to gastric pH (Figure 4). Cy5.5 conjugation of the nanoscaled ZnO nanoparticles was stable for 3 hours (Figure 4A). Although the fluorescent intensity of the nanoparticles decreased after that time, the intensity of Cy5.5 conjugation was maintained above 68% of its initial intensity until 8 hours. On the other hand, in the case of the submicronscaled ZnO nanoparticles, the fluorescent intensity was stable for 8 hours in pH 1.2 solution without separation of Cy5.5 from the ZnO nanoparticles (Figure 4B).

# Optical imaging studies after oral administration

Figure 5 shows the fluorescent intensity of Cy5.5-NHS and Cy5.5-conjugated ZnO nanoparticles in rat blood for 7 hours after oral administration. The optical signal intensity in rat blood after Cy5.5-NHS was orally administered to

the rats showed a significant increase up to 3 hours, but the signal decreased rapidly thereafter (Figure 5A). In contrast, when Cy5.5-conjugated ZnO nanoparticles were orally administered, the signal in blood showed different profiles when compared with Cy5.5-NHS (Figure 5B and 5C). Cy5.5-conjugated nanoscaled ZnO nanoparticles showed the strongest optical signal intensity at 4 hours after oral administration, and the signal intensity decreased after that time. The signal intensity in rat blood increased gradually for 7 hours after administration of Cy5.5-conjugated submicronscaled ZnO nanoparticles. The signal intensity profiles after oral administration of Cy5.5-NHS or Cy5.5-conjugated ZnO nanoparticles demonstrate that the ZnO nanoparticles were absorbed into the blood after oral administration and that the Cy5.5 conjugated onto the ZnO nanoparticles remained stable in the gastrointestinal tract.

Figure 6 shows whole rat body optical fluorescence images after oral administration of Cy5.5-NHS or Cy5.5-conjugated ZnO nanoparticles. Movement of Cy5.5-NHS into the intestine from the stomach was more rapid than for the ZnO nanoparticles (Figure 6A). In particular, the optical signal intensity in the body was observed 3 hours after administration of Cy5.5-NHS. When compared with nanoscaled



**Figure 2** Fourier transform infrared spectra of nonmodified zinc oxide nanoparticles (dotted blue line) and amino-zinc oxide nanoparticles (solid red line).

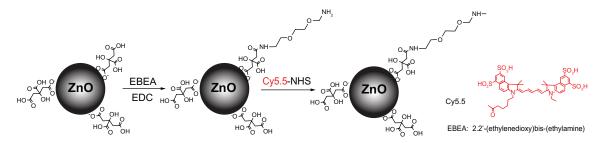
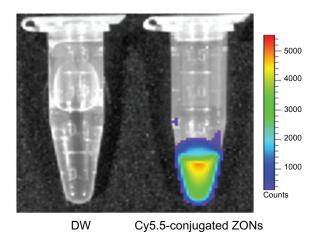


Figure I Schematic illustration of synthesis of Cy5.5-conjugated zinc oxide nanoparticles

and submicron-scaled ZnO nanoparticles, Cy5.5-conjugated nanoscaled ZnO nanoparticles moved more rapidly into the gastrointestinal tract from the stomach. Cy5.5-conjugated submicron-scaled ZnO nanoparticles remained for longer in the stomach than did the Cy5.5-conjugated nanoscaled ZnO nanoparticles. There were significant differences in movement, accumulation, and absorption after oral administration between Cy5.5-NHS and the nanoscaled and submicronscaled ZnO nanoparticles.

To confirm the biodistribution of Cy5.5-NHS and Cy5.5-conjugated ZnO nanoparticles, we performed ex vivo optical imaging after in vivo imaging 7 hours after administration (Figure 7). As shown in Figure 7A and 8A, Cy5.5-NHS was mostly distributed to the lung, liver, and kidney, and signal intensities were observed in other organs, including the heart, spleen, and pancreas. However, in the case of the Cy5.5-conjugated ZnO nanoparticles, signal intensities were observed in the liver and kidney (Figures 7B, 7C, 8B, and 8C).



**Figure 3** Optical images of distilled water (left) and Cy5.5-conjugated zinc oxide nanoparticles (right).

#### **Discussion**

The rapid growth of nanotechnology could have unpredictable consequences for the human body. Nanoparticles entering the body as environmental pollutants can be distributed to various organs, including the lung, liver, kidney, spleen, intestine, and stomach. 11-13 Orally administered nanoparticles are absorbed into the circulation via the site of entry. When nanoparticles are orally administered, they are immobilized within the submucosal layer of the stomach and Peyer's patches, and then transported quickly into the serosal layer and systemic circulation.<sup>14</sup> Nanoparticles translocated into the systemic circulation become primarily associated with alveolar macrophages in the lung and Kupffer cells in the liver. 11 Exposure to ZnO nanoparticles via the cutaneous, inhalational, and oral routes is now increasing, and studies concerning their toxicity, absorption, and distribution are being conducted. Sharma et al<sup>8,9</sup> reported that oral exposure to ZnO nanoparticles in mice leads to accumulation of nanoparticles in the liver, causing oxidative stress-mediated DNA damage and apoptosis. However, the majority of the studies have been performed in vitro, and the absorption and distribution in the organs after exposure has been evaluated invasively by quantifying existing objective elements in the organs using inductively coupled plasma/mass spectrometry or atomic absorption spectrometry. 15,16 In this study, we used noninvasive imaging to investigate the distribution and absorption of nanoparticles in the body after exposure. When the nanoparticles are labeled with a radioisotope or a fluorescent dye, their behavior in the body can be monitored and traced using molecular imaging techniques. The information obtained about nanoparticles from such imaging may be used to understand their pharmacokinetics and toxicity.

In this study, we investigated the absorption and distribution of ZnO nanoparticles, which have broad applications

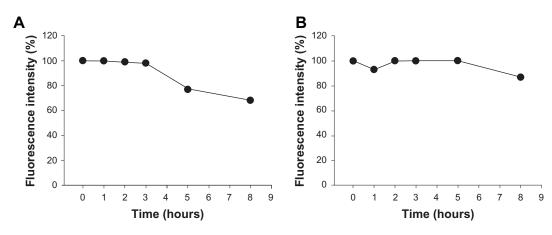


Figure 4 In vitro stability study for Cy5.5 conjugation on (A) nanoscaled and (B) submicron-scaled zinc oxide nanoparticles in HCl solution (pH 1.2).

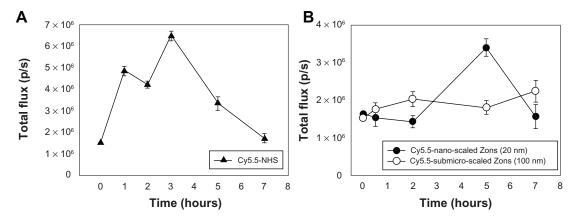


Figure 5 In vivo translocation of (A) Cy5.5-NHS and (B) Cy5.5-conjugated zinc oxide nanoparticles into the blood after oral administration.

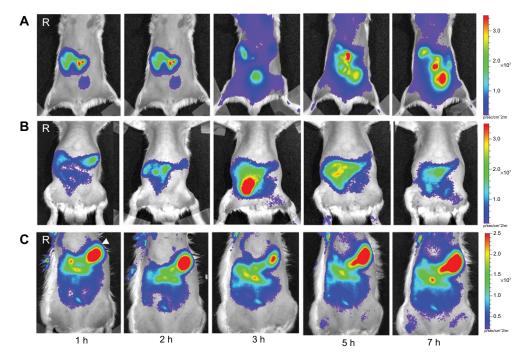
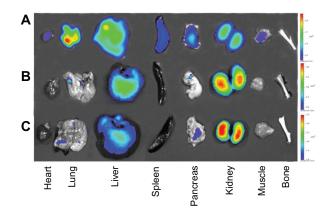


Figure 6 In vivo optical images of rats orally administered with (A) Cy5.5-NHS, (B) Cy5.5-conjugated nanoscaled zinc oxide nanoparticles, and (C) Cy5.5-conjugated submicron-scaled zinc oxide nanoparticles at hours 1, 2, 3, 5, and 7 after administration.



**Figure 7** Ex vivo optical images of major rat organs after oral administration with (A) Cy5.5-NHS, (B) Cy5.5-conjugated nanoscaled zinc oxide nanoparticles, and (C) Cy5.5-conjugated submicron-scaled zinc oxide nanoparticles at 7 hours after administration.

in diagnostics, drug delivery, foods, paints, and cosmetics, after oral exposure using an optical imaging technique. As shown in Figure 1, the ZnO nanoparticles were tagged with Cy5.5, a traceable molecule, by chemical modification. The main drawback of tagging with traceable molecules is potential detachment from the nanoparticles via spontaneous or enzyme-catalyzed reactions in vivo. <sup>17–20</sup> The dissociation of Cy5.5 from nanoscaled ZnO nanoparticles after 3 hours is inconsequential because the gastric emptying rate is faster than the time needed to dissociate Cy5.5.<sup>21</sup>

Orally administered ZnO nanoparticles are absorbed into the blood, distributed into various organs, and cleared from the body via the urine. To monitor the absorption of ZnO nanoparticles after oral administration, we mea-

sured their signal intensity in blood using the IVIS system (Figure 5). Cy5.5-NHS showed a high signal intensity in the blood 3 hours after oral administration, whereas Cy5.5conjugated ZnO nanoparticles showed different signal intensity profiles. The different pattern of absorption into the bloodstream shown by Cy5.5-conjugated nanoscaled and submicron-scaled ZnO nanoparticles can be explained from their different retention times in the stomach. Figure 6 shows whole rat body fluorescent images after oral administration of Cy5.5-NHS or Cy5.5-conjugated ZnO nanoparticles. The fluorescent signal in the rat body after Cy5.5-NHS administration indicates that it was absorbed and circulated in the blood after oral administration. Cv5.5-NHS accumulated in various organs, including the lung and liver (Figure 6 A). In the case of rats orally administered Cy5.5-conjugated ZnO nanoparticles, the signal intensity was mainly observed in the gastrointestinal tract (Figure 6B and 6C). These results indicate that a considerable portion of Cy5.5-conjugated ZnO nanoparticles reached the rat gastrointestinal tract. When Cy5.5-conjugated nanoscaled ZnO nanoparticles reached the rat stomach, its gastric clearance was faster than that of Cy5.5-conjugated submicron-scaled ZnO nanoparticles. Gastric emptying rates and absorption are largely dependent on the size and surface properties of particles.<sup>22,23</sup> In general, smaller particles show faster gastric emptying and absorption into the blood than do larger particles. To identify relatively weak fluorescent signals in organs other than the gastrointestinal tract, we performed ex vivo optical imaging studies (Figure 7). In the case of Cy5.5-NHS, the signals in various organs, including the lung and liver, were observed using in vivo optical images. Ex vivo images from mice administered Cy5.5-conjugated ZnO nanoparticles demonstrated that ZnO nanoparticles were absorbed into the blood and distributed mainly in the liver and kidneys. As shown in Figure 8, Cy5.5-conjugated ZnO nanoparticles showed a

different pattern of distribution to the organs after oral administration using Cy5.5-NHS. These results indicate that the optical signal when Cy5.5-conjugated ZnO nanoparticles were ingested did not proceed from Cy5.5 dissociated from the ZnO nanoparticles during absorption and distribution after oral administration. When ZnO nanoparticles were orally administered, and while bowel movements were present, some of them were absorbed into the blood and then mainly distributed in the liver and finally cleared from the body via the urine.

#### Conclusion

In this study, we showed that movement of ZnO nanoparticles after oral exposure could be monitored by optical imaging. Cy5.5 conjugation onto the nanoparticles was sufficiently stable to evaluate the movements of ZnO nanoparticles in the body after oral administration. Most of the Cy5.5conjugated nanoparticles were excreted via the feces, with some absorbed into the blood and distributed to the organs. Cy5.5-conjugated nanoscaled ZnO nanoparticles showed faster passage from the stomach into the gastrointestinal tract and absorption into the blood compared with submicron-scaled ZnO nanoparticles. In view of these results, it is suggested that optical imaging studies may provide the information necessary to understand and investigate the toxicity of ZnO nanoparticles.

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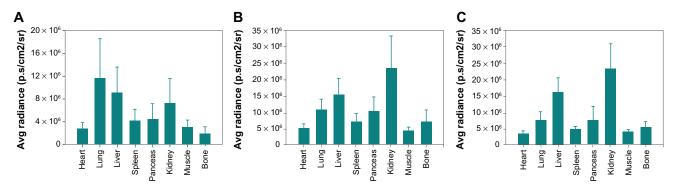


Figure 8 Quantification of ex vivo images after oral administration of (A) Cy5.5-NHS, (B) Cy5.5-conjugated nanoscaled zinc oxide nanoparticles, and (C) Cy5.5-conjugated submicron-scaled zinc oxide nanoparticles at 7 hours after administration.

#### **Disclosure**

The authors report no conflicts of interest in this work.

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