



ELSEVIER

Contents lists available at ScienceDirect

Data in Brief

journal homepage: www.elsevier.com/locate/dib



Data Article

Data for serum 1,5 anhydroglucitol concentration in different populations



Marciane Welter ^a, Kátia C. Boritza ^a,
Mauren I. Anghebam-Oliveira ^b, Railson Henneberg ^b,
Aline B. Hauser ^b, Fabiane G.M. Rego ^{a,b,*}, Geraldo Picheth ^{a,b}

^a Post Graduate Program in Pharmaceutical Sciences, Federal University of Paraná, Curitiba, Paraná, Brazil

^b Department of Clinical Analysis, Federal University of Paraná, Rua Prefeito Lothário Meissner, 632, 80210-170 Curitiba, Paraná, Brazil

ARTICLE INFO

Article history:

Received 18 July 2018

Received in revised form

10 August 2018

Accepted 27 August 2018

Available online 1 September 2018

ABSTRACT

1,5 anhydroglucitol (1,5-AG), is a nonmetabolized 1-deoxy form of glucose, originate mainly from the diet. 1,5-AG is a biomarker to detect and magnify hyperglycemic excursions (postprandial hyperglycemia) in diabetic patients. Concentrations of 1,5-AG has been applied as supporting biomarker to diagnosis of the major forms of diabetes (type 1, type 2, and gestational). The serum 1,5-AG reference interval is relevant to the appropriate clinical application of this biomarker. This article contains data regards to serum concentration of the biomarker primarily for healthy subjects, capture from the literature, in different populations. Correlation analysis between 1,5-AG and markers associated with diabetes and its complication were presented. The data was complementary to the study "Reference intervals for serum 1,5-anhydroglucitol in children, adolescents, adults, and pregnant women" (Welter et al., 2018). The data present in this article improve the comparisons for 1,5-AG in different conditions and methodologies.

© 2018 The Authors. Published by Elsevier Inc. This is an open access article under the CC BY license (<http://creativecommons.org/licenses/by/4.0/>).

DOI of original article: <https://doi.org/10.1016/j.cca.2018.07.018>

* Corresponding author at: Department of Clinical Analysis, Federal University of Paraná, Rua Prefeito Lothário Meissner, 632, 80210-170 Curitiba, Paraná, Brazil.

E-mail address: rego@ufpr.br (F.G.M. Rego).

Specifications Table

| | |
|----------------------------|--|
| Subject area | Clinical laboratory |
| More specific subject area | Biomarkers for clinical chemistry associated with diabetes |
| Type of data | Tables |
| How data was acquired | Capture from literature data for 1,5-AG concentration and methodology. Comparison reference interval data was obtained with enzymatic colorimetric assay (Glycomark) measured in automate system (LabMax 400, Labtest, Brazil) |
| Data format | Analyzed |
| Experimental factors | Blood samples (serum or plasma EDTA) measured with different methodologies |
| Experimental features | Compilation, calculations, analysis (descriptive statistics) and comparison of literature data |
| Data source location | Federal University of Paraná, Curitiba, Brazil. |
| Data accessibility | Data is in published papers and in this article. |
| Related research article | M. Welter, K.C. Boritza, M.I. Anghebam-Oliveira, R. Henneberg, A.B. Hauser, F.G.M. Rego, G. Picheth, Reference intervals for serum 1,5-anhydroglucitol in children, adolescents, adults, and pregnant women, CCA (2018) [1]. |

Value of the data

- Data will facilitate the comparison of 1,5-AG in different studies.
- The data showed the correlation among 1,5-AG and relevant parameters associated with diabetes.
- The data provide comparison between 1,5-AG reference interval in different ethnicities, ages, gender and methodologies.
- These data provide information to researchers and clinical laboratory professionals to improve the 1,5-AG diagnostic use.

1. Data

In this article, we provide complementary data (urea, total protein and lipid profile) of the studied groups ([Table 1](#)), correlation analysis ([Table 2](#)) and comparisons from the literature for serum 1,5-anhydroglucitol (1,5-AG) concentration, to our study. We proposed a reference interval ([Tables 3](#) and [4](#)) for this biomarker in children, adolescent, adults and pregnant women [[2](#)].

Table 1
Complementary laboratory characteristic of studied groups.

| Parameters | Children n = 580 | Adolescents n = 496 | Adults n = 922 | Pregnant women n = 305 |
|-----------------------|------------------|---------------------|----------------|------------------------|
| Sex (M/F) | 242/338 | 192/304 | 460/462 | – |
| Urea, mmol/L | 3.8 (3.1–4.5) | 3.8 (3.2–4.3) | 4.3 (3.5–5.3) | 3.4 (2.8–4.3) |
| Total Protein, g/L | 81 (74–89) | 78 (71–85) | 71 (67–74) | 69 (64–74) |
| Cholesterol, mmol/L | 4.1 (3.6–4.6) | 3.9 (3.4–4.4) | 4.4 (4.0–5.4) | 5.2 (4.1–6.2) |
| HDL-c, mmol/L | 1.4 (1.2–1.6) | 1.3 (1.0–1.5) | 1.4 (1.1–1.5) | 1.2 (1.0–1.6) |
| LDL-c, mmol/L | 2.1 (1.7–2.5) | 2.1 (1.7–2.6) | 2.5 (2.0–3.1) | 3.0 (2.5–4.1) |
| Triglycerides, mmol/L | 1.1 (0.8–1.5) | 0.8 (0.6–1.1) | 1.4 (1.0–2.0) | 1.3 (1.0–2.0) |

Values are median (25–75%; interquartile range); M, male and F, female

HDL-c, high density lipoprotein-cholesterol; LDL-c, low density lipoprotein-cholesterol

Abbreviations: BMI, Body mass index; n, sample size.

Table 2

Significant ($P < 0.05$) Spearman rank order correlation of 1,5 anhydroglucitol with glycemia, HbA1c, age, body mass index (BMI) and creatinine.

| Groups | Sex | 1,5-AG correlation (R) | | | | |
|-----------------------|------------------------|------------------------|-------|--------|--------|------------|
| | | Glycemia | HbA1c | Age | BMI | Creatinine |
| Children (0–14 y) | Male | NS | NS | 0.133 | NS | NS |
| | Female | NS | 0.128 | NS | NS | 0.163 |
| Adolescents (14–18 y) | Male | NS | 0.221 | 0.153 | 0.151 | NS |
| | Female | NS | NS | 0.221 | NS | NS |
| Adults (≥ 18 y) | Male | NS | NS | -0.144 | NS | NS |
| | Female | NS | NS | -0.102 | NS | NS |
| Combining all | | NS | NS | -0.310 | -0.187 | 0.112 |
| Pregnant women | Gestation weeks | | | | | |
| n = 110 | < 23 weeks | NS | - | NS | NS | NS |
| n = 106 | 24–28 weeks | NS | - | NS | NS | NS |
| n = 52 | 29–32 weeks | NS | - | NS | NS | 0.402 |
| n = 37 | > 32 | NS | - | NS | NS | NS |
| Combining pregnant | | 0.095 | - | -0.155 | NS | NS |

NS, non-significant; -, data no available.

Y, years old.

We studied healthy Euro-Brazilian subjects, classified as children (0–14 years old), adolescent (> 14 and < 18 years old) and adults (≥ 18 years old). Additionally, we analyzed pregnant women in four gestational periods, < 23 weeks; 24–28 weeks, 29–32 weeks and > 32 weeks of gestation. 1,5-AG was measured by enzymatic colorimetric method (GlycomarkTM; Tomen America, New York, NY, USA) in automated system Labmax 400 analyzer (Labtest Diagnostic).

The laboratory parameters, markers for kidney function (urea), nourishment (total protein) and lipid profile were compatible with healthy subjects (Table 1).

The correlation in healthy subjects between 1,5-AG and glycemia, HbA1c, age, BMI and creatinine were weak or none (Table 2).

2. Experimental design, materials and methods

2.1. Study population

The population comprises 2303 unrelated Euro-Brazilian healthy subjects from Curitiba, State of Paraná, South of Brazil [1]. All samples were obtained with the approval of the Ethics Committee of the Federal University of Paraná.

Adult samples ($n = 922$) were collected from blood bank donors. Children ($n = 580$) and adolescent samples ($n = 496$) were obtained from Public Schools. Healthy pregnant women ($n = 305$) samples were obtained from the Curitiba Government Laboratory.

The normoglycemic criteria applied for selected subjects in the study were fasting glycemia < 5.5 mmol/L with an HbA1c range of 20.2–36.6 mmol/mol (4.0–5.7%) for children, adolescents, and adults. For pregnant women a fasting blood glucose < 5.1 mmol/L was applied to exclude gestational diabetes.

All subjects declared that were not using any medications or drugs.

2.2. Samples

Samples were serum obtained in non-fasting state for adults, children and adolescents, and fasting for those who were pregnant. Blood were collected in BD vacutainers SST II advance vacutainer with

Table 3

Serum 1,5-anhydroglucitol reference intervals and concentrations in different healthy populations.

| Sex | 1,5-AG, $\mu\text{mol/L}$ | | | | Studies/Methodology |
|---|---|-----------|--|------------|--|
| | Male | | Female | | |
| Subjects | R.I. | n | R.I. | n | |
| Children and adolescents (5–18 years) | (92–298) | 432 | (84–278) | 642 | Our study [2] Enzymatic colorimetric GlycoMark™ |
| US adolescents (12–18 years) | (95–178) [88–212] 150 \pm 31 (95–178) [102–198] 150 \pm 24 | 6 | (140–172) [120–180] 150 \pm 15 | 5 | [3] Enzymatic colorimetric GlycoMark™ |
| US young (10–29 years) | 158 \pm 40 (63–271) [78–238] | 82 | 143 \pm 37 (54–227) [69–217] | 54 | [4] Enzymatic colorimetric GlycoMark™ |
| Adults (19–79 years) | Total (n = 136) 151 \pm 39 (54–271); [73–229] < 18 years 158 \pm 35 [88–228] > 18 years 137 \pm 42 [53–221] | | | | |
| Finland adults (25–50 years) | (80–260) 93 mean 81 mean; 10–146 range (n = 139) | 460 29 | (62–241) 77 mean | 462 110 | Our study [2] Enzymatic colorimetric GlycoMark™ [5] Gas chromatography (GC) |
| US adults (18–39 years) | (61–207) | 224 | (37–195) | 224 | [6] Enzymatic colorimetric GlycoMark™ |
| US adults (18–39 years) | (52–178) | 875 | (50–166) | 924 | [7] [8] Enzymatic colorimetric GlycoMark™ |
| Australian adults (40 \pm 13 years) | 125 \pm 41 (n = 95) [43–207] | | | | |
| German adults | 157 \pm 44 (n = 116) [69–245] | | | | [9] Liquid chromatography–mass Spectrometric (LC–MS) |
| Chinese Mauritians | 144 \pm 51 (n = 82) [42–246] (98–195) | | | | [10] Enzymatic pyranose oxidase |
| Chinese adults (22–80 years) | 182 \pm 39 [104–260] 92–294 (n = 57) | | 159 \pm 52 [55–263] | | [11] Enzymatic pyranose oxidase |
| Chinese adults > 20 and < 40 years > 50 years | 176 \pm 46 [84–268] 166 \pm 67 [32–300] | 82 9 | 116 \pm 35 [46–186] 122 \pm 41 [40–204] | 185 14 | [12] Liquid chromatography negative ion electrospray tandem mass spectrometry (LC–MS/MS) [13] Enzymatic |
| Chinese adults | (83.1–240.7) 161.9 \pm 40.2 [81.5–242.3] (n = 120) | | | | |

| | | | | | |
|-------------------------------|--|------------|---|------------|--|
| Chinese adults (22–78 years) | 190 ± 54 [82–298] (69–278) [67–279] 173 ± 53 | 254 | 160 ± 49 [62–258] | 322 | [14] Enzymatic colorimetric GlycoMark™ |
| Chinese adults (20–79 years) | (107–367) 226.3 ± 60.7 [104.9–347.7] | 226 | (79–306) 175.2 ± 55.8 [63.6–286.8] | 232 | [15] Enzymatic Medical system, Ningbo, China |
| Japanese (18–81 years) | 132 ± 36 (<i>n</i> = 45) [60–204] | | | | [16] Gas–liquid chromatography (GLC) |
| Japanese (mean 47 years) | 145 ± 44 (<i>n</i> = 229) [57–233] | | | | [17] Gas–liquid chromatography (GLC) |
| Japanese (27–68 years) | (114–215) 158 ± 38 [82–234] | | | | [18] Gas–liquid chromatography (GLC) |
| Japanese adults (23–76 years) | 159.8 ± 9.8 (<i>n</i> = 20) [140–179] | | | | [19] Enzymatic Nippon–Kayaku |
| Japanese adults (30–79 years) | 140 ± 56 [28–252] | 991 | 122 ± 43 [36–208] | 1104 | [20] Enzymatic Kyowa Medex Co. |
| Japanese adults | 137.1 ± 8.2 [120.7–153.5] (50.5 ± 9.7 y) 124.3 ± 45.1 [34.1–214.5] (74.5 ± 5.8 y) | 181 231 | 120.6 ± 39 [42.6–198.6] (54.1 ± 10.3) 115.1 ± 40.2 [34.7–195.5] (75.3 ± 6.7 y) | 203 519 | [21] Enzymatic Lana Nippon–Kayaku |

US, Americans from United States; UK, English; n, sample size.

Values were reference interval (2.5th–97.5th); [95% calculated as mean ± 2–SD]; mean ± SD or median (IQR, interquartile range, 25–75%).

Table 4

Serum 1,5-anhydroglucitol reference intervals and concentrations in pregnancy in different populations.

| Pregnant | 1,5-AG, $\mu\text{mol/L}$ R.I. | n | Studies/Methodology |
|--|-----------------------------------|-----|--|
| Pregnant Women < 23 weeks of gestation | (56–298) | 110 | Our study [2] Enzymatic colorimetric GlycoMark™ |
| Pregnant Women > 24 weeks of gestation | (33–181) | 195 | Our study [2] Enzymatic colorimetric GlycoMark™ |
| Japanese healthy non-pregnant women | 113 ± 32 [49–197] | 25 | [22] Gas-liquid chromatography (GLC) |
| Japan pregnant women at 36 weeks gestation | 62 ± 28 [6–118] | 543 | |
| Japan women on 5th day of puerperium | 66 ± 23 [20–112] | 543 | |
| Japan women on 30th day of puerperium | 87 ± 21 [45–129] | 543 | |
| Japan pregnant Women at > 24 weeks of gestation | 128 (IQR 102–160) | | |
| UK Normoglycemic women with glucosuric pregnancy (~ 31 weeks) | 46 (IQR 30–56) | 16 | [23] High-performance liquid chromatography (HPLC) |
| UK Normoglycemic women without glucosuric pregnancy (~ 31 weeks) | 72 (IQR 55–79) | 16 | |
| UK Normoglycemic women (~ 31 weeks) | 55 (IQR 31–72) | 32 | |
| Chinese pregnant women (16–45 years) at 26–28 weeks of gestation | 133.0 ± 52.9 [27.2–238.8] | 44 | [24] Enzymatic pyranose oxidase |

US, Americans from United States; UK, English; n, sample size.

Values were reference interval (2.5th–97.5th); [95% calculated as mean $\pm 2 - \text{SD}$]; mean \pm SD or median (IQR, interquartile range, 25–75%).

silica clot activator/gel (Becton Dickinson Co.). Bloods were separated in less than two hours from venipuncture and the serum stored in an ultrafreezer (-80°C).

2.3. Analytical methods

Concentrations of 1,5-AG were measured enzymatically with the Glycomark reagent (GlycoMark, Tomen America, New York, NY Inc.) in an automated system (Labmax 400 analyzer; Labtest. Diagnostics). The reaction details and methodology performance were described in Nowatzke et al. [6].

2.4. Clinical and laboratory parameters

Clinical data acquisition and analytical procedures, for laboratory data, have been reported previously [2].

2.5. Data analysis

Descriptive statistics, correlation analysis and reference intervals were calculated with MedCalc MedCalc version 17.6 (MedCalc Statistical Software bvba, Ostend, Belgium). Probability values (p -values) less than 5% ($p < 0.05$) were considered significant for all tests.

Acknowledgements

This project was supported by CNPq and the Araucaria Foundation.

Transparency document. Supporting information

Transparency data associated with this article can be found in the online version at <http://dx.doi.org/10.1016/j.dib.2018.08.165>.

References

- [1] M. Welter, K.C. Boritza, M.I. Anghebem-Oliveira, R. Henneberg, A.B. Hauser, F.G.M. Rego, G. Picheth, Reference intervals for serum 1,5-anhydroglucitol in children, adolescents, adults, and pregnant women, *Clin. Chim. Acta; Int. J. Clin. Chem.* 486 (2018) 54–58.
- [2] M. Welter, K.C. Boritza, M.I. Anghebem-Oliveira, R. Henneberg, A.B. Hauser, F.G.M. Rego, G. Picheth, Reference intervals for serum 1,5-anhydroglucitol in children, adolescents, adults, and pregnant women, *Clin. Chim. Acta* 486 (2018) 54–58.
- [3] T.M. Nguyen, L.M. Rodriguez, K.J. Mason, R.A. Heptulla, Serum 1,5-anhydroglucitol (Glycomark) levels in children with and without type 1 diabetes mellitus, *Pediatr. Diabetes* 8 (4) (2007) 214–219.
- [4] S.N. Mehta, N. Schwartz, J.R. Wood, B.M. Svoren, L.M. Laffel, Evaluation of 1,5-anhydroglucitol, hemoglobin A1c, and glucose levels in youth and young adults with type 1 diabetes and healthy controls, *Pediatr. Diabetes* 13 (3) (2012) 278–284.
- [5] E. Pitkanen, Serum 1,5-anhydroglucitol in normal subjects and in patients with insulin-dependent diabetes mellitus, *Scand. J. Clin. Lab. Investig.* 42 (5) (1982) 445–448.
- [6] W. Nowatzke, M.J. Sarno, N.C. Birch, D.F. Stickle, T. Eden, T.G. Cole, Evaluation of an assay for serum 1,5-anhydroglucitol (GlycoMark) and determination of reference intervals on the Hitachi 917 analyzer, *Clin. Chim. Acta; Int. J. Clin. Chem.* 350 (1–2) (2004) 201–209.
- [7] E. Selvin, B. Warren, X. He, D.B. Sacks, A.K. Saenger, Establishment of community-based reference intervals for fructosamine, glycated albumin, and 1,5-anhydroglucitol, *Clin. Chem.* 64 (5) (2018) 843–850.
- [8] A.S. Januszewski, C. Karschimkus, K.E. Davis, D. O'Neal, G. Ward, A.J. Jenkins, Plasma 1,5 anhydroglucitol levels, a measure of short-term glycaemia: assay assessment and lower levels in diabetic vs. non-diabetic subjects, *Diabetes Res. Clin. Pract.* 95 (1) (2012) e17–e19.
- [9] C. Hess, B. Stratmann, W. Quester, B. Madea, F. Musshoff, D. Tschoepe, Clinical and forensic examinations of glycemic marker 1,5-anhydroglucitol by means of high performance liquid chromatography tandem mass spectrometry, *Forensic Sci. Int.* 222 (1–3) (2012) 132–136.

- [10] D.A. Robertson, K.G. Alberti, G.K. Dowse, P. Zimmet, J. Tuomilehto, H. Gareeboo, Is serum anhydroglucitol an alternative to the oral glucose tolerance test for diabetes screening? The Mauritius noncommunicable diseases study group, *Diabet. Med. J. Br. Diabet. Assoc. MC: Diabet. Med.* 10 (1993) 56–60.
- [11] H. Shi, J. Fang, X. Yang, Z. Shen, X. Zhu, Serum 1,5-anhydro-D-glucitol as a new clinical marker for glucose metabolism in type 2 diabetics, *Chin. Med. J.* 112 (6) (1999) 571–573.
- [12] S. Li, X. Heng, H. Sheng, Y. Wang, C. Yu, Determination of glycemic monitoring marker 1,5-anhydroglucitol in plasma by liquid chromatography-electrospray tandem mass spectrometry, *J. Chromatogr. B Anal. Technol. Biomed. Life Sci.* 875 (2) (2008) 459–464.
- [13] F. Jing, L. Jun, Y. Wang, M. Zhu, Z. Yong, X. Fei, J. Zhang, A novel fully enzymatic method for determining glucose and 1,5-anhydro-D-glucitol in serum of one cuvette, *Appl. Biochem. Biotechnol.* 150 (3) (2008) 327–335.
- [14] Y. Wang, Y.L. Zhang, Y.P. Wang, C.H. Lei, Z.L. Sun, A study on the association of serum 1,5-anhydroglucitol levels and the hyperglycaemic excursions as measured by continuous glucose monitoring system among people with type 2 diabetes in China, *Diabetes/Metab. Res. Rev.* 28 (4) (2012) 357–362.
- [15] Q. Zhou, D.B. Shi, L.Y. Lv, The establishment of biological reference intervals of nontraditional glycemic markers in a Chinese population, *J. Clin. Lab. Anal.* (2016) 1–7. <https://doi.org/10.1002/jcla.22097>.
- [16] T. Yamanouchi, H. Akanuma, T. Asano, C. Konishi, I. Akaoka, Y. Akanuma, Reduction and recovery of plasma 1,5-anhydro-D-glucitol level in diabetes mellitus, *Diabetes* 36 (6) (1987) 709–715.
- [17] T. Yamanouchi, H. Akanuma, T. Nakamura, I. Akaoka, Y. Akanuma, Reduction of plasma 1,5-anhydroglucitol (1-deoxyglucose) concentration in diabetic patients, *Diabetologia* 31 (1) (1988) 41–45.
- [18] T. Yamanouchi, Y. Tachibana, H. Akanuma, S. Minoda, T. Shinohara, H. Moromizato, H. Miyashita, I. Akaoka, Origin and disposal of 1,5-anhydroglucitol, a major polyol in the human body, *Am. J. Physiol.* 263 (2 Pt 1) (1992) E268–E273.
- [19] T. Niwa, L. Dewald, J. Sone, T. Miyazaki, M. Kajita, Quantification of serum 1,5-anhydroglucitol in uremic and diabetic patients by liquid chromatography/mass spectrometry, *Clin. Chem.* 40 (2) (1994) 260–264.
- [20] M. Watanabe, Y. Kokubo, A. Higashiyama, Y. Ono, Y. Miyamoto, T. Okamura, Serum 1,5-anhydro-D-glucitol levels predict first-ever cardiovascular disease: an 11-year population-based cohort study in Japan, the Suita study, *Atherosclerosis* 216 (2) (2011) 477–483.
- [21] M. Ouchi, K. Oba, H. Yamashita, M. Okazaki, M. Tsunoda, M. Ohara, K. Sekimizu, K. Watanabe, T. Suzuki, H. Nakano, Effects of sex and age on serum 1,5-anhydroglucitol in nondiabetic subjects, Experimental and clinical endocrinology & diabetes: official journal, *Ger. Soc. Endocrinol. Ger. Diabetes Assoc.* 120 (5) (2012) 288–295.
- [22] M. Tetsuo, T. Hamada, K. Yoshimatsu, J. Ishimatsu, T. Matsunaga, Serum levels of 1,5-anhydro-D-glucitol during the normal and diabetic pregnancy and puerperium, *Acta Obstet. Et. Gynecol. Scand.* 69 (6) (1990) 479–485.
- [23] E.S. Kilpatrick, B.G. Keevill, K.L. Richmond, P. Newland, G.M. Addison, Plasma 1,5-anhydroglucitol concentrations are influenced by variations in the renal threshold for glucose, *Diabet. Med. J. Br. Diabet. Assoc. MC: Diabet. Med.* 16 (1999) 496–499.
- [24] W.H. Tam, M.S. Rogers, T.K. Lau, M. Arumanayagam, The predictive value of serum 1,5-anhydro-D-glucitol in pregnancies at increased risk of gestational diabetes mellitus and gestational impaired glucose tolerance, *BJOG: Int. J. Obstet. Gynaecol.* 108 (7) (2001) 754–756.