Predictive performance of first trimester serum galectin-13/PP-13 in preeclampsia screening: A systematic review and meta-analysis

INGRID-ANDRADA VASILACHE, ALEXANDRU CARAULEANU, DEMETRA SOCOLOV, ROXANA MATASARIU, IOANA PAVALEANU and DRAGOS NEMESCU

Department of Obstetrics and Gynecology, 'Grigore T. Popa' University of Medicine and Pharmacy, 700115 Iasi, Romania

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Abstract. Placental protein-13 (PP-13) is a member of the galectin group involved in placental implantation, maternal artery remodeling, and placental inflammatory processes. Its levels are lower in the first trimester for pregnancies later affected by ischemic placental disease, and slowly increase during the second and third trimesters of pregnancy. The aim of the present meta-analysis is to assess the predictive performance of PP-13 in first trimester preeclampsia screening. PubMed, Web of Science, Scopus, Embase, BIOSIS, and Cochrane databases were used to find relevant studies. All prospective and retrospective observational studies that evaluated the accuracy of PP-13 in predicting preeclampsia were assessed. The investigation revealed that the quantitative synthesis was based on 14 studies with a total number of 8,239 women. The pooled sensitivity of PP-13 for the prediction of preeclampsia was 0.53 [95% (confidence interval (CI), 0.08-0.99], and the pooled specificity was 0.83 (95% CI, 0.38-1.29). Further analysis revealed a higher accuracy of PP-13 for the screening of late-onset preeclampsia [pooled sensitivity of 0.58 [95% CI, -0.17-1.33) with a specificity of 0.85 (95% CI, 0.10-1.60)] when compared with early-onset preeclampsia [pooled sensitivity of 0.51 (95% CI, -0.04-1.05)

E-mail: dragos.nemescu@umfiasi.ro

Abbreviations: All-PE, all preeclampsia group; AUC, area under the curve; BMI, body mass index; EO-PE, early onset preeclampsia; LO-PE, late onset preeclampsia; MoM, multiples of median; PP-13, placental protein-13; PE + SGA, preeclampsia and small for gestational age; PRISMA, Preferred Reporting Items for Systematic Reviews and Meta-Analyses; QUADAS-2, Quality Assessment of Diagnostic Accuracy Studies-2; SMFM, Society for Maternal-Fetal Medicine; SROC, summary receiver operating characteristic curve; WHO, World Health Organization

Key words: preeclampsia, screening, first trimester, PP-13, galectin-13

with a specificity of 0.88 (95% CI, 0.33-1.42)]. In conclusion, PP-13 appears to be a promising biomarker for evaluating the risk of developing preeclampsia during the first trimester of pregnancy. As a result, incorporating it into future predictive models is a viable option.

Introduction

Preeclampsia (PE) is a form of ischemic placental disease and its physiopathology remains unclear, although recent advances have been made in increasing its understanding. Despite being a rare disorder, which affects between 2-10% of pregnant women, PE is still a significant cause of maternal and perinatal morbidity and mortality (1).

Galectins are carbohydrate-binding proteins that control cell growth, proliferation, differentiation, apoptosis, signal transduction, mRNA splicing, and extracellular matrix interactions (2). To date, approximately 20 members of the galectin family have been identified, and one in particular, protein-galectin-13 or placental protein-13 (PP-13), has gained recognition as an important factor in the pathogenesis of preeclampsia (3). It seems that PP-13 is involved in deep placentation, vascular remodeling and immune tolerance (4). Therefore, the background for its use in preeclampsia screening with or without intrauterine growth restriction has been proposed.

In the present systematic review and meta-analysis, we aimed to assess the predictive performance of PP-13 for preeclampsia screening in the first trimester of pregnancy.

Research methods

From the onset of each database through March 14, 2021, we conducted a comprehensive manual and electronic search using the Preferred Reporting Items for Systematic Reviews and Meta-Analyses guidelines (PRISMA) to discover literature on the predictive value of PP-13 in preeclampsia (5).

PubMed, Web of Science, Scopus, Embase, BIOSIS, and Cochrane Library were used (6-11). 'Preeclampsia', 'first trimester', 'screening', 'placental protein 13', 'PP-13', and 'galectin-13' were employed as medical topic headings (MeSH) or key words, which were combined with Boolean operators AND and OR. There were no restrictions on the type of study or the language used. The bibliographies of the

Correspondence to: Professor Dragos Nemescu, Department of Obstetrics and Gynecology, 'Grigore T. Popa' University of Medicine and Pharmacy, 16 Universitatii Street, 700115 Iasi, Romania

selected publications were rechecked to ensure that all relevant studies were included. The inclusion criteria (summarized in Table I) were: observational studies, such as cross-sectional, case-control, or cohort studies that analyzed the predictive performance of PP-13 in the first trimester of pregnancy; studies published until March 2021. Studies that did not fulfill the abovementioned criteria were excluded from our review.

The full-text papers were independently reviewed by two physician investigators (DN and IAV) to establish their eligibility for the review. Any differences between the two were remedied through conversation. A third reviewer (AC) added a casting vote if a consensus could not be reached.

Two reviewers (DN and IAV) retrieved data from the eligible studies separately using a standard process. Most of the published research used various cut-offs to assess the level of PP-13 at various gestational ages. Data concerning the first author, publication year, study design, characteristics of the population examined, number of cases and controls, gestational age at sampling, cut-offs used, test kits, and the information needed to create a 2x2 table were obtained.

Two independent reviewers assessed the methodological quality of the included studies using the QUADAS-2 technique (Quality Assessment of Diagnostic Accuracy Studies-2) (12,13).

The number of pregnant women with true-positive, true-negative, false-positive, and false-negative test results were retrieved from all of the studies. A 2x2 diagnosis table was created by calculating the accuracy measures, the illness prevalence, and the sample size stated in the study. Each study's sensitivity, specificity, positive, and negative probability ratios were determined using a 95% confidence interval (CI).

For hierarchical modeling, a hierarchical summary receiver operating characteristic (HSROC) model was utilized to generate equal summary estimates for sensitivity and specificity, taking into account variability both between and within studies (heterogeneity) (random sampling error). The Der Simonian-Laird approach was used to estimate random effects (14). The Q test was used to assess statistical heterogeneity among the studies, and the I² statistic was used to measure the degree of heterogeneity.

The area under the summary receiver operating characteristic curve (AUC) was determined using the accuracy data from all the included investigations, which were plotted on a summary receiver operating characteristic SROC with sensitivity on the x-axis and specificity on the y-axis. This is the same as the summary diagnostic odds ratio (OR), which measures the strength of the link between the test and the disease. The random-effects model was adopted because of the expected clinical and statistical heterogeneity among the trials. StataMP 16.0 (StataCorp) was used to statistically analyze all of the data.

Results

A total of 82 studies were identified. After screening the titles and abstracts, the systematic review and meta-analysis comprised 14 studies (15-28) (Fig. 1).

The quality assessment of these studies is summarized in Table II. In most of the studies, there was good reporting with a prospective design, consecutive recruitment, adequate Table I. Inclusion criteria of the studies.

Study design	Observational study with a well-defined study population
Source	Peer-reviewed journals
Language	Any
Disease	Preeclampsia
Sample type	Blood, serum, or plasma
Gestational age	First trimester
Assay type	Any
Onset of preeclampsia	Any (early or late)
Sample size	≥50



Figure 1. Search strategy and study selection.

description of the selection criteria, patient spectrum, test, and use of appropriate reference standards.

Early-(EO-PE) or late-onset (LO-PE) preeclampsia and preeclampsia associated with small for gestational age fetuses (PE-SGA) were considered separate study groups and studied individually. Table III summarizes the study characteristics.

The 14 publications studied were published between 2006 and 2020 and were worldwide, with no preference for one region. The meta-analysis included a total of 737 cases of preeclampsia and 7,502 controls.

The mean value of PP-13 expressed in multiples of median (MoM) and standard deviation was 0.92 ± 0.95 for all preeclampsia group, 0.62 ± 0.22 for the early-onset preeclampsia (EO-PE) group, and 0.5 ± 0.19 for the late-onset preeclampsia (LO-PE) or small for gestational age and preeclampsia group (PE + SGA) group, respectively. No statistically significant difference was observed between the groups regarding the cut-off value of PP-13 (P=0.414). The accuracy of the test in the various studies is tabulated in Table IV.

In studies that analyzed women with PE without sub-classifying the population into EO-PE and LO-PE (n=10), the pooled sensitivity of PP-13 was 0.53 (95% CI, 0.08-0.99, I² 0.0%) and the pooled specificity of PP-13 was 0.83 (95% CI, 0.38-1.29, I² 0.0%) (Figs. 2 and 3). The summary receiver operating characteristic curve (SROC) was 0.88 (95% CI, 0.80-0.94) (Fig. 4).

In the group of studies that categorized EO-PE separately, the pooled sensitivity of PP-13 was 0.51 (95% CI, -0.04-1.05, $I^2 0.0\%$) with a specificity of 0.88 (95% CI, 0.33-1.42, $I^2 0.0\%$)

Ta	bl	e	Π	. Ç	Quality	ana	lysis	of	the	incl	lud	led	stud	ies.
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		Risk o	f bias		Applicability concerns		erns
Authors of the study (Refs.)	Patient selection	Index test	Reference standard	Flow and timing	Patient selection	Index test	Reference standard
Spencer et al (15)	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk
Chafetz et al (16)	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk
Gonen et al (17)	Low risk	High risk	Low risk	Low risk	Low risk	Low risk	Low risk
Khalil <i>et al</i> (18)	Low risk	High risk	Low risk	Low risk	Low risk	Low risk	Low risk
Akolekar et al (19)	Low risk	Unclear risk	Low risk	Low risk	Low risk	Low risk	Low risk
Khalil et al (20)	Low risk	Unclear risk	Low risk	Low risk	Low risk	Unclear risk	Low risk
Wortelboer et al (21)	Low risk	Unclear risk	Low risk	Low risk	Low risk	Low risk	Low risk
Odibo et al (22)	Low risk	Unclear risk	Low risk	Low risk	Low risk	Unclear risk	Low risk
Schneuer et al (23)	Low risk	Unclear risk	Low risk	Low risk	Low risk	Low risk	Low risk
Deurloo et al (24)	Low risk	Unclear risk	Low risk	High risk	Low risk	Low risk	Low risk
Meiri et al (25)	Low risk	Unclear risk	Low risk	High risk	Low risk	Low risk	Low risk
Luo and Han (26)	Low risk	Unclear risk	Low risk	High risk	Low risk	Low risk	Low risk
Asiltas et al (27)	Low risk	Unclear risk	Low risk	High risk	Low risk	Low risk	Low risk
Soongsatitanon and Phupong (28)	Low risk	Unclear risk	Low risk	High risk	Low risk	Low risk	Low risk



Figure 2. Forrest plot indicates the pooled sensitivity of placental protein-13 (PP-13) for the all preeclampsia group. CI, confidence interval.

(Figs. 5 and 6). The area under the SROC was 0.69 (95% CI, 0.54-0.81) (Fig. 7).

In the LO-PE/PE + SGA groups, the pooled sensitivity of PP-13 was 0.58 (95% CI, -0.17-1.33, I² 0.0%) with a specificity of 0.85 (95% CI, 0.10-1.60, I² 0.0%) (Figs. 8 and 9). The area under the SROC was 0.77 (95% CI, 0.63-0.87) (Fig. 10).

According to the Fagan nomogram, for a given pre-test probability of 25% for the preeclampsia group, the post-test probability was 66 and 19% for positive and negative PP-13 biomarker readings, respectively (Fig. 11).

According to the Fagan nomogram, the positive and negative results of the PP-13 biomarker had a post-test probability of 69 and 22%, respectively, for the specified pre-test probability of 25% for the EO-PE group (Fig. 12).

Finally, the Fagan nomogram revealed that, for a given pre-test probability of 25% for the LO-PE/PE + SGA groups, the post-test probability for positive and negative PP-13 biomarker values was 71 and 22%, respectively (Fig. 13).

Simple and contour-enhanced funnel plots did not indicate a risk of publication bias (Figs. 14 and 15).

Authors of the study (Refs.)	Year	Country	Study design	Characteristics of the population	Disease endpoint	Sample type	Assay used	age (week)	Gestational Cases (n)	Controls (n)
Spencer et al (15)	2006	UK	Prospective	Screening in ANC	All PE, EO-PE	Serum	ELISA	11-13+6	All PE (88) EO-PE (44)	446
Chafetz et al (16)	2007	USA	Prospective	Screening in ANC	All PE	Serum	ELISA	9-12	47	290
Gonen et al (17)	2008	Israel	Prospective	Screening in ANC	All PE, EO-PE, LO-PE	Serum	ELISA	6-10	All PE (20) EO-PE (5) LO-PE (5)	1,178
Khalil <i>et al</i> (18)	2009	UK	Prospective	Women with high risk of PE	EO-PE, term and preterm PE	Serum	ELISA	11-13+6	EO-PE (14) Preterm PE (36) Term PE (6)	210
Akolekar <i>et al</i> (19)	2009	UK	Prospective	Screening in ANC	EO-PE	Serum	DELFIA	11-13+6	48	416
Khalil <i>et al</i> (20)	2010	UK	Prospective	Women with high risk of PE	All PE, EO-PE, PE+SGA	Serum	ELISA	11-13+6	All PE (42) EO-PE (14) PE+SGA (13)	210
Wortelboer et al (21)	2010	The Netherlands	Prospective	Screening in ANC	EO-PE	Serum	DELFIA	8-13+6	45	480
Odibo et al (22)	2011	USA	Prospective	Screening in ANC	All PE, EO-PE	Serum	DELFIA	11-14	All PE (42) EO-PE-12	410
Schneuer et al (23)	2012	Australia	Prospective	Screening in ANC	All PE, EO-PE	Serum	DELFIA	10-14	All PE (71) EO-PE (5)	2,423
Deurloo et al (24)	2013	Amsterdam	Retrospective	Screeening in ANC	All PE	Serum	ELISA	9-13+6	17	165
Meiri et al (25)	2014	Israel	Prospective	Screening in ANC	All PE	Serum	ELISA	8-14	63	757
Luo and Han (26)	2017	China	Prospective	Screening in ANC	All PE	Serum	ELISA	9-13+6	33	71
Asiltas <i>et al</i> (27)	2018	Turkey	Prospective	Screening in ANC	All PE	Serum	ELISA	11-13+6	38	122
Soongsatitanon and Phupong (28)	2020	Thailand	Prospective	Screening in ANC	All PE	Serum	ELISA	11-13+6	29	324
ALL-PE, all types of preed	clampsia; E	30-PE, early-onset preed	clampsia; LO-PE, late	-onset preeclampsia	; SGA, small for g	gestational age	e; ANC, antenat	al clinic.		

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Authors of the					
study (Refs.)	Year	Type of PE	LR(+)	LR(-)	DOR
Spencer et al (15)	2006	All PE	2.22	0.70	3.19
Chafetz et al (16)	2007	All PE	7.87	0.24	33.30
Khalil et al (18)	2009	All PE	6.90	0.34	20.08
Odibo et al (22)	2011	All PE	6.35	0.73	8.74
Odibo et al (22)	2011	All PE	4.52	0.61	7.43
Odibo et al (22)	2011	All PE	2.50	0.63	4.00
Schneuer et al (23)	2012	All PE	3.10	0.89	3.49
Deurloo et al (24)	2013	All PE	1.18	0.96	1.23
Meiri et al (25)	2014	All PE	3.69	0.26	14.02
Meiri et al (25)	2014	All PE	5.22	0.53	9.86
Luo and Han (26)	2017	All PE	3.07	0.49	6.26
Asiltas et al (27)	2018	All PE	9.10	0.12	77.92
Soongsatitanon and	2020	All PE	1.51	0.73	2.06
Phupong (28)					
Spencer et al (15)	2006	EO-PE	2.51	0.62	4.01
Gonen et al (17)	2008	EO-PE	3.99	0.25	15.97
Gonen et al (17)	2009	EO-PE	7.14	0.32	22.50
Khalil et al (20)	2010	EO-PE	6.43	0.40	16.20
Akolekar et al (19)	2009	EO-PE	4.13	0.83	4.95
Akolekar et al (19)	2009	EO-PE	3.71	0.70	5.34
Wortelboer et al (21)	2010	EO-PE	4.89	0.80	6.15
Wortelboer et al (21)	2010	EO-PE	4.00	0.67	6.00
Odibo et al (22)	2011	EO-PE	3.75	0.31	12.00
Schneuer et al (23)	2012	EO-PE	4.00	0.84	4.76
Spencer et al (15)	2006	LO-PE/PE + SGA	1.94	0.77	2.53
Gonen et al (17)	2008	LO-PE/PE + SGA	3.99	0.25	15.97
Khalil et al (18)	2009	LO-PE/PE + SGA	5.00	0.56	9.00
Khalil <i>et al</i> (18)	2009	LO-PE/PE + SGA	6.11	0.43	14.14
Khalil et al (20)	2010	LO-PE/PE + SGA	6.15	0.43	14.40

Table IV Diagnostic	accuracy of PP-1	3 for the 1	prediction of	PF in the	various studies
rable i v. Diagnostie	accuracy of 11-1.		prediction of	I L III UIC	various studies.

All-PE, all types of preeclampsia; EO-PE, early onset preeclampsia; LO-PE, late onset preeclampsia; PE + SGA, preeclampsia and small for gestational age; LR(+), positive likelihood ratio; LR(-), negative likelihood ratio; DOR, diagnostic odds ratio.

Discussion

Preeclampsia is a multisystem condition with a complex etiology. As a consequence, much research has been conducted to identify the women at risk to improve pregnancy outcomes. Clinical criteria alone, such as previous medical and obstetric history, are ineffective in predicting the condition (29). Therefore, it is important to develop integrative algorithms to predict preeclampsia. These include the use of novel biomarkers, sonographic features, and maternal characteristics to obtain higher detection rates.

Protein-galectin-13 or placental protein-13 (PP-13), a protein linked to cell differentiation and inflammatory processes in the placenta, seems to be an effective biomarker for preeclampsia screening (16,30).

This work is the first meta-analysis that offers an overview of the discriminatory performance and predictive capacity of the PP-13 biomarker for first trimester preeclampsia screening. A total of 14 studies met the inclusion criteria and were subjected to quality testing using the QUADAS-2 tool. Our results demonstrated good overall test accuracy in disease prediction. Given the sensitivity and specificity of this marker, the findings of this meta-analysis showed that maternal PP-13 concentration was lower in preeclampsia and could serve as a valuable diagnostic marker (0.53 and 0.83, respectively).

The diagnostic accuracies in the various subgroups further highlight the importance of PP-13 in preeclampsia. Studies have demonstrated that the two forms of preeclampsia, early-onset preeclampsia (EO-PE) and late-onset preeclampsia (LO-PE), have different physiopathological backgrounds. EO-PE manifests secondary to poor placentation, while LO-PE appears to be a placental malperfusion, caused by limited uterine vascular capacity (31).

It is the EO-PE disease that contributes most to perinatal morbidity, mortality and long-term maternal complications, and therefore numerous efforts are put into its recognition.



Figure 3. Forrest plot indicates the pooled specificity of placental protein-13 (PP-13) for all preeclampsia group. CI, confidence interval.



Figure 4. HSROC curve of the sensitivity vs. specificity of the placental protein-13 (PP-13) for the preeclampsia prediction in all types of preeclampsia (ALL-PE) group. The straight line represents the curve. Each of the analyzed studies is represented by a circle. The square represents the point estimate to which summary sensitivity and specificity correspond, and the respective 95% CI is represented by the dashed line, whereas the dotted line represents the 95% confidence area in which a new study will be located. CI, confidence interval; AUC, area under the curve; HSROC, hierarchical summary receiver operating characteristic curve.



Sensitivity early onset preeclampsia group

Figure 5. Forrest plot indicates the pooled sensitivity of placental protein-13 (PP-13) for the early-onset preeclampsia (EO-PE) group. CI, confidence interval.



Figure 6. Forrest plot indicates the pooled specificity of placental protein-13 (PP-13) for the early-onset preeclampsia (EO-PE) group. CI, confidence interval.

Our meta-analysis demonstrated that the predictive performance of PP-13 in LO-PE was higher, although not statistically significant, than that of EO-PE, indicating a good screening performance of this biomarker for both forms of the disease. Moreover, PP-13 had a good negative post-test probability for all included groups (preeclampsia group, 19%; EO-PE group, 22%; LO-PE/PE + SGA group, 22%).

The predictive performance of PP-13 could be increased when using this biomarker in conjunction with maternal characteristics and uterine artery Doppler parameters as shown by previous studies (28,32).

Studies linking PP-13 to fetal growth restriction (FGR) and oxidative stress indices in preeclamptic women suggest the importance of PP-13 as a biomarker of poor placentation

throughout the prenatal period. In our meta-analysis, the summary receiver operating characteristic curve (SROC) for the LO-PE and the preeclampsia associated with small for gestational age fetuses (PE-SGA) groups was 0.77.

Our meta-analysis has several limitations. Because the results of our analysis were based mostly on case-control and retrospective studies that examined PP-13 serum levels, the possibility of selection bias must be considered. Furthermore, as PP-13 serum levels were assessed during the first trimester of pregnancy, its prognostic usefulness during the second and third trimesters remains unknown.

The present meta-analysis could serve as a pilot for future research as it provides substantial evidence that can be employed in the design of future studies, especially when



Figure 7. HSROC curve of the sensitivity vs. specificity of the placental protein-13 (PP-13) for the preeclampsia prediction in the early-onset preeclampsia (EO-PE) group. The straight line represents the curve. Each of the analyzed studies is represented by a circle. The square represents the point estimate to which summary sensitivity and specificity correspond, and the respective 95% CI is represented by the dashed line, whereas the dotted line represents the 95% confidence area in which a new study will be located. CI, confidence interval; AUC, area under the curve; HSROC, hierarchical summary receiver operating characteristic curve.



Sensitivity for late onset preeclampsia and preeclampsia- intrauterine growth restriction groups

Figure 8. Forrest plot indicates the pooled sensitivity of the placental protein-13 (PP-13) for the late onset preeclampsia (LO-PE) or combined preeclampsia and small for the gestational age (PE-SGA) group. CI, confidence interval.



Specificity for late onset preeclampsia and preeclampsia-intrauterine growth restriction groups

Figure 9. Forrest plot indicates the pooled specificity of the placental protein-13 (PP-13) for the late onset preeclampsia (LO-PE) or combined preeclampsia and small for the gestational age (PE-SGA) group. CI, confidence interval.



Figure 10. HSROC curve of the sensitivity vs. specificity of the placental protein-13 (PP-13) for the preeclampsia prediction, in the late onset preeclampsia (LO-PE) or combined preeclampsia and small for the gestational age (PE-SGA). The straight line represents the curve. Each of the analyzed studies is represented by a circle. The square represents the point estimate to which summary sensitivity and specificity correspond, and the respective 95% CI is represented by the dashed line, whereas the dotted line represents the 95% confidence area in which a new study will be located. CI, confidence interval; AUC, area under the curve; HSROC, hierarchical summary receiver operating characteristic curve.



Figure 11. Fagan nomogram of the placental protein-13 (PP-13) for prediction of preeclampsia in the all preeclampsia (ALL-PE) group showing positive (upper line) and negative (lower line) post-test probability results. LR, likelihood ratio.



Figure 12. Fagan nomogram of the placental protein-13 (PP-13) for prediction of preeclampsia in the early onset preeclampsia (EO-PE) group showing positive (upper line) and negative (lower line) post-test probability results. LR, likelihood ratio.



Figure 13. Fagan nomogram of the placental protein-13 (PP-13) for prediction of preeclampsia in the late onset preeclampsia (LO-PE) or combined preeclampsia and small for the gestational age (PE-SGA) showing positive (upper line) and negative (lower line) post-test probability results. LR, likelihood ratio.

it comes to assessing the predictive accuracy of the various cut-offs that have been offered to date. This way, the possibility of bias will be reduced, and comparable results will be produced, allowing for the generalization of findings. PP-13 should be investigated in multivariate models alongside other emerging biomarkers to develop algorithms for providing the best predictive efficacy.

PP-13 could be used as a promising biomarker in preeclampsia screening from the first trimester of pregnancy. Compared to EO-PE, its predictive performance seems better for LO-PE, but the difference between the two was not found to be statistically significant. Because the current data is based on first-trimester readings, more research is needed to determine its prognostic accuracy later in pregnancy.

Given this information, more well-designed prospective studies are needed to shed light on patient phenotypes that appear to demonstrate the most noticeable differences (those with severe, early-onset preeclampsia and those who are prone to developing eclampsia).

The inclusion of PP-13 in predictive models with existing biomarkers could aid in determining its potential additional value in predicting disease and the severity of the associated consequences.



Figure 14. Simple funnel plot of publication biases on placental protein-13 (PP-13) for preeclampsia screening. CI, confidence interval.



Figure 15. Contour-enhanced funnel plot of publication biases on placental protein-13 (PP-13) for preeclampsia screening.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors' contributions

This meta-analysis was written as part of the doctoral program for IAV at 'Grigore T. Popa' University. DN, AC and IAV performed the systematic review, analyzed data, and wrote the manuscript; AC, DN and DS interpreted the data; DN, IAV, RM and IP developed the study concept and design. DN and DS carried out the literature search, and were assisted by AC and IAV, who retrieved the evidence and chose the papers. The data were extracted by AC, IAV and DS. The final version of the publication was written by IAV, AC, DN and DS. A final inspection of the manuscript was entrusted to IAV and DN. All authors read and approved the final manuscript for publication.

Ethics approval and consent to participate

Not applicable.

Patient consent for publication

Not applicable.

Competing interests

All authors report no competing interests.

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