

Valsartan Mitigates the Progression of Methotrexate-Induced Acute Kidney Injury in Rats via the Attenuation of Renal Inflammation and Oxidative Stress

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Background: Methotrexate (MTX) is a folic acid antagonist, commonly administered for the treatment of a variety of cancers. However, methotrexate toxicity including bone marrow suppression and hepatic and renal toxicity limits its use. Angiotensin AT₁ receptor blockers including Valsartan (Val) possess the ability to ameliorate MTX-induced toxicity through various mechanisms. In this study, we explored the potential reno-protective effects of Val against MTX-induced acute kidney injury in rats.

Methods: Twenty-four Wistar rats were randomly segregated into 3 groups. Group 1 served as the control group and received an oral dose of 1mL/kg of normal saline. Group 2 received a single dose of 20 mg/kg of MTX intraperitoneally (IP) for 5 days. Group 3 received a single IP dose of 20 mg/kg of MTX followed by an oral dose of 10 mg/kg of Valsartan for 5 days. At the end of the experiment, the levels of serum kidney biomarkers, inflammatory and oxidative stress markers were accessed. Furthermore, the effect of MTX on kidney tissue histology was examined.

Results and discussion: Our results showed that MTX treatment increased the level of serum kidney and inflammatory biomarkers and decreased the level of antioxidants SOD and GSH while increasing the lipid peroxidation contents. Furthermore, MTX treatment caused structural changes to kidney histology. However, the administration of Val significantly prevented these changes.

Conclusion: Valsartan possesses nephroprotective potential and might serve as a potential therapeutic strategy against MTX-induced kidney injury.

Keywords: acute kidney injury, inflammation, methotrexate, oxidative stress, renal toxicity, renoprotection

Introduction

The complex interactions between oxidants and antioxidant defense pathways lead to oxidative stress, which damages proteins, lipids, nucleic acids, and thiols. There is currently no agreement on a single optimal marker of oxidative stress, despite the fact that the existence of oxidative stress in individuals with chronic renal disease is widely established. Antihypertensive medication effects on oxidative stress have also not been prospectively investigated in patients with chronic renal failure.^{1,2}

Acute kidney injury (AKI) is a serious and potentially life-threatening condition resulting from a sudden decline in kidney function. This can happen for a variety of reasons, including dehydration, infection, and the use of certain medications such as over-the-counter medicines, and prescription drugs, renal/extra-renal surgeries.³ AKI has continuously remained one of the causes of mortality in the world, especially among inpatients receiving treatments for chronic diseases, and this has become a growing concern in public health worldwide with an estimated incidence of 2–7% in hospitalized patients and a mortality rate of up to 50% in those with severe AKI.⁴

Methotrexate (MTX) is a folate antagonist used to treat several malignant and autoimmune diseases.⁵ High-dose methotrexate (HDMTX) 500–1000mg/m² is one of the major causes of kidney toxicity. Patients suffering from obesity, diabetes, heart failure, or older than 60 years are at high risk of AKI induced by MTX or HDMTX.⁶ At high dosages in acidic conditions, MTX may produce crystals (7-hydroxy-MTX) which are insoluble in urine and precipitate within distal renal tubules. Additionally, substantial deposits of uric acid and calcium may cause acute renal failure caused by tumor rupture while taking chemotherapy.⁷ The administration of MTX has also been shown to be linked to substantial side effects including depression, gastrointestinal symptoms such as nausea and vomiting, and cardiovascular problems like arrhythmia. MTX may also cause immunosuppression.⁸

Currently, the available options for the treatment of HDMTX-induced toxicity include the use of glucarpidase and leucovorin.⁹ Within 15 minutes of treatment, glucarpidase (carboxypeptidase G2) may hydrolyze circulating MTX into its inactive form, deoxyaminopteroic acid, and lower plasma MTX levels by >95%.¹⁰ However, there are certain restrictions on the use of glucarpidase for HDMTX treatment. It has a relatively short half-life, limited availability, and is expensive.¹¹ There is therefore a need to search for new drugs devoid of these restrictions.

Valsartan (Val) is an angiotensin II receptor blocker that reduces the activity of the renin-angiotensin-aldosterone system (RAAS) and thus increases renal blood flow and glomerular filtration rate by dilating the efferent arterioles and reducing the intraglomerular pressure.¹² Valsartan is well absorbed after oral administration, with a bioavailability of about 25–30%. The time to peak concentration (T_{max}) of valsartan is reported to be about 2–4 hours, and its oral absorption is affected by food.¹³ Valsartan is highly bound to plasma proteins (about 99%) and has a large volume of distribution (about 17 L/kg). It crosses the blood-brain barrier and the placenta and enters the breast milk. Val is metabolized primarily by the liver, with the involvement of cytochrome P450 enzymes (CYP2C9 and CYP3A4).^{14,15}

Previous studies have shown that the introduction of Val to conventional therapy significantly slowed the rate of renal function decline and delayed the need for renal replacement therapy in hypertensive patients with advanced chronic kidney disease (CKD).¹⁶ Hence, in this study, we examined the potential reno-protective activity of valsartan against methotrexate-induced acute kidney injury in rats.

Materials and Methods

Drugs and Chemical

Methotrexate and Valsartan were purchased from TargetMol, Massachusetts, United States (MolPort-003-665-521 and MolPort-003-666-608 respectively) and dissolved in DMSO (dimethyl sulfoxide; Millipore, Molsheim, France).

Animals

Twenty-four male Wistar rats weighing (170–190 g) were purchased from the animal house of the Faculty of Pharmacy, King Abdulaziz University, Jeddah, Saudi Arabia. All animals were allowed to acclimatize for 1 week at a temperature of 24–26°C, relative humidity 35–75%, and on a 12-hour light and dark cycle.

Experimental Design

Rats were then randomly placed into three groups with eight animals each. Group I was the control group and received 1mL/kg of normal saline. Group II was administered intraperitoneally (IP) with MTX at a dose of 20 mg/kg.^{8,17} Group III received an IP of 20 mg/kg of MTX and then an oral dose of 10 mg/kg of Val.¹⁸ All animal treatments were conducted for five days. Finally, animals were anesthetized by isoflurane and euthanized. Following this, blood was withdrawn through the retro-orbital plexus and kidneys were subsequently collected, rinsed with PBS, and weighed. The left kidneys were frozen at –80°C and used for tissue oxidative stress parameters while the right kidneys were kept in 10% buffered formalin for histopathology. All animal experiments were conducted per the updated Guide for the Care and Use of Laboratory Animals published by the US National Institutes of Health and approved by the ethics committee of the Faculty of Pharmacy, King Abdulaziz University, Jeddah, Saudi Arabia with a reference number (PH-1442-75).

Determination of Biochemical Parameters

The serum samples were obtained from whole blood after centrifugation at 3000 rpm for 10 minutes and at 4°C. Serum urea, creatinine, albumin, Intercellular adhesion molecule 1 (ICAM-1), vascular cell adhesion molecule 1 (VCAM-1), kidney injury molecule-1 (KIM-1), Interleukin-6 (IL-6), and tumor necrosis factor-alpha (TNF- α) were quantified with ELISA kit (MyBioSource, California, USA), according to the manufacturer's instructions.

Measurement of Kidney Tissue Levels of Glutathione, Lipid Peroxidation, and SOD in Tissue Homogenate

Ten percent of kidney homogenate was prepared by weighing 100 mg of frozen kidney tissue in an Eppendorf tube and homogenized with 1 mL of 100 mM phosphate buffer (pH 7.4) containing 1mM EDTA and centrifuged at 14,000 rpm for 15 min at 4°C. The levels of glutathione (GSH) and malondialdehyde (MDA) and superoxide dismutase (SOD) were measured in the supernatant using a commercial kit (MyBioSource, California, USA).

Histopathology

Kidney tissues were fixed in a 10% neutral-buffered formalin solution, followed by dehydration in graded alcohol, clearance in xylene, and embedded in paraffin for 12 hours. Paraffin blocks were then sectioned at 5- μ m thickness using a microtome followed by heating in a 60°C oven for 1 hour for fixation on the slide. Slides were deparaffinized in xylene and rehydrated in graded alcohol, and finally rinsed in distilled water for 2 minutes. Subsequently, slides were stained with hematoxylin (stains cell components blue) and eosin (stains cell components pink) solution. Images were taken using a light microscope and tissue sections were examined by a pathologist.

Statistical Analysis

Graphs and statistical analysis with one-way ANOVA followed by Sidak's multiple comparisons were done using GraphPad Prism V6.0 software (GraphPad Software, San Diego, CA). $P < 0.05$ is considered-significant.

Results

Valsartan Restored the Levels of Serum Biochemical and Kidney Injury Markers

In this study, we investigated the nephroprotective potentials of Valsartan against MTX-induced kidney injury in rats. In achieving the aim of our study, we used an I.P. injection of MTX at a dose of 20 mg/kg body weight. Applying the conversion factor of 6.2,¹⁹ this 20 mg/kg in rats has an equivalent dose of 3.23 mg/kg body weight in humans. In a 60kg human, with a conversion factor of 37,²⁰ 3.23 mg/kg body is equivalent to 119.51 mg/m² which is within the physiologically relevant high dose of MTX (500 mg/m²) used in cancer chemotherapy.²¹

Similarly, the oral dose of Valsartan 10 mg/kg body weight in rats is equivalent to the human dose of 1.61mg/kg. In a 60kg human, this is equivalent to 96.6 mg. This dose is within the physiological dose of 320 mg²² and 400 mg²³ of Valsartan used in the treatment of hypertension.

As shown in [Figure 1](#), the MTX group showed significant elevations in serum creatinine, serum urea, albumin, and KIM-1 levels relative to the control ($p < 0.05$). The administration of rats with Val after MTX administration on the other hand ameliorated these changes ([Figure 1](#)).

Valsartan Restored the Levels of Adhesion Molecules of Kidney Injury

Next, we quantified the effect of MTX and Val on adhesion molecules for kidney tissue injury in MTX-induced nephrotoxicity in rats. As shown in [Figure 2](#), rats administered with MTX presented a significant increase in serum ICAM-1 and VCAM-1 compared to the untreated animals in the control group. However, these elevations in the adhesion molecules were significantly prevented with Val administration ([Figure 2](#)).

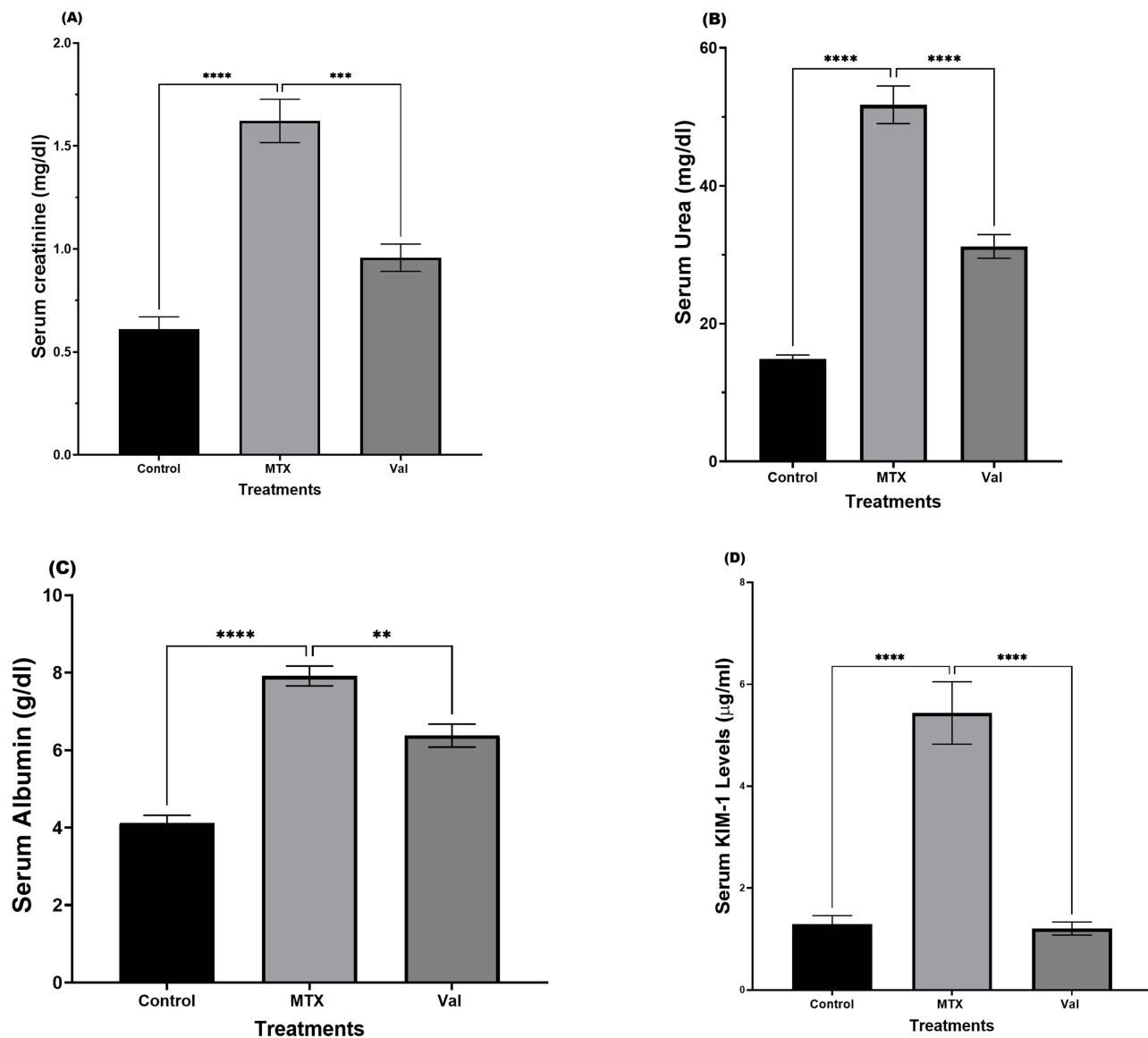


Figure 1 Effects of MTX and Val on serum biochemical and kidney injury marker. Serum creatinine (A), serum urea (B), serum albumin (C), serum KIM-1 (D). Results are presented as mean \pm SEM, (n =8). Data was analyzed by One-way ANOVA followed by Sidak's multiple comparisons. **P < 0.01, ***P < 0.001, ****P < 0.0001, compared with the MTX group.

Valsartan Exhibited Anti-Inflammatory Activities

Next, we examined the effects of MTX and Val on serum inflammatory markers in MTX-induced nephrotoxicity in rats. Compared to the control, the MTX-administered group showed significant elevations in serum inflammatory markers (IL-6 and TNF- α) (Figure 3). However, animals given Val following the administration of MTX treatment resulted in a significant decrease in the serum levels of IL-6 and TNF- α compared to MTX-only treated rats (Figure 3).

Valsartan Ameliorated Kidney Oxidative Stress

Next, we examined the effects of MTX and Val on oxidative stress markers in MTX-induced nephrotoxicity in rats. Our results showed that rats treated with MTX administered group showed significant elevations in tissue TBARS (p < 0.05) and a significant reduction in the renal tissue levels of GSD and SOD in comparison to untreated animals in group 1 (p < 0.05, Figure 4). However, animals administered with Val following the treatment of MTX revealed a significant increase in the tissue levels of GSH and SOD (Figure 4).

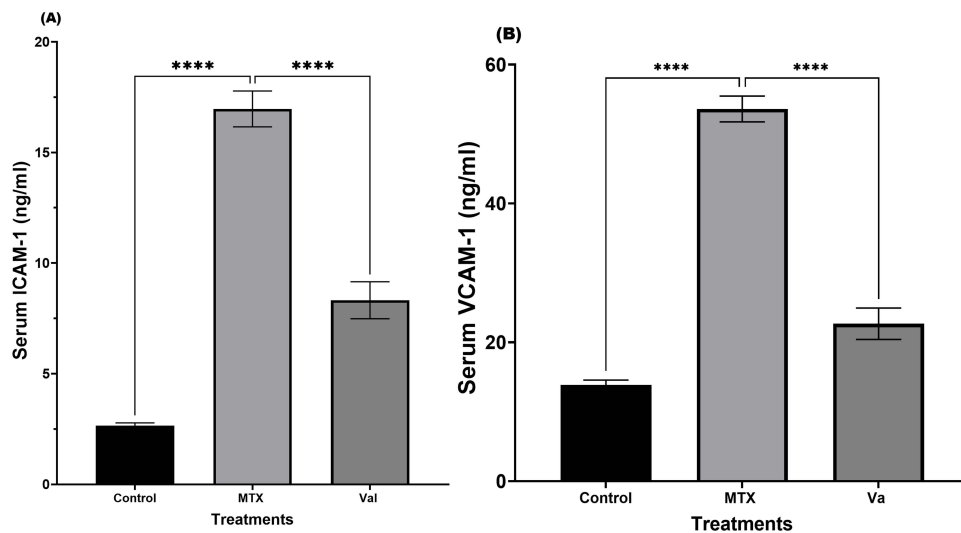


Figure 2 Effects of MTX and Val on adhesion molecules of kidney injury. Serum ICAM-I (A), serum VCAM-I (B). Results are presented as mean \pm SEM, (n =8). Data was analyzed by One-way ANOVA followed by Sidak's multiple comparisons. ****P < 0.0001, compared with the MTX group.

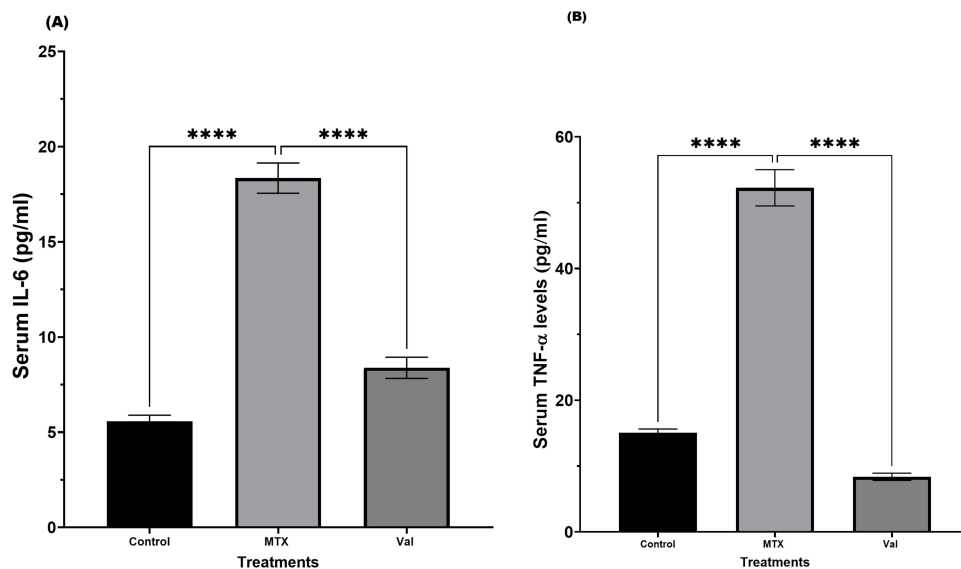


Figure 3 Effects of MTX and Val on serum inflammatory markers. Serum IL-6 (A), serum TNF- α (B) Results are presented as mean \pm SEM, (n =8). Data was analyzed by One-way ANOVA followed by Sidak's multiple comparisons. ****P < 0.0001, compared with the MTX group.

Valsartan Protected Against Structural Changes to Kidney Histology

Next, we examined the effects of MTX and Val on Kidney Histology. As shown in Figure 5, sections from the H&E-stained kidney (cortex and medulla) of the untreated animals in the control group revealed normal histology, comprising the renal corpuscle, glomerular capillaries, and renal tubules. However, nephrotoxicity induced by the administration of MTX in rats showed invasive viable cell aggregation. This is coupled with the decrease in the size of the renal corpuscle, the glomerulus, the dilation of the tubular lumen, and the collapse of the renal parenchyma. In contrast, animals treated with Val after the administration of an MTX revealed a near-normal kidney histology (Figure 5 and Table 1).

Discussion

Accumulated evidence suggests Val possesses the potential to protect against drug-induced acute kidney injury in animal²⁴ and human models.²⁵ In this study, we explored the potential reno-protective activity of valsartan against

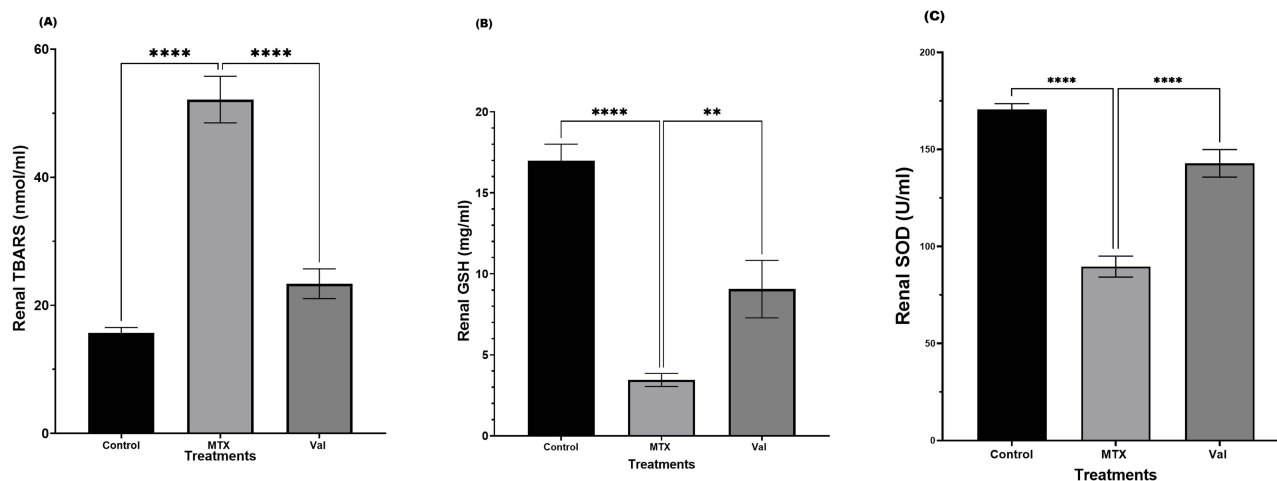


Figure 4 Effects of MTX and Val on kidney oxidative stress markers. Tissue TBARS (A), Tissue GSH (B), Tissue SOD (C). Results are presented as mean ± SEM, (n =8). Data was analyzed by One-way ANOVA followed by Sidak's multiple comparisons. **P < 0.01, ****P < 0.0001, compared with the MTX group.

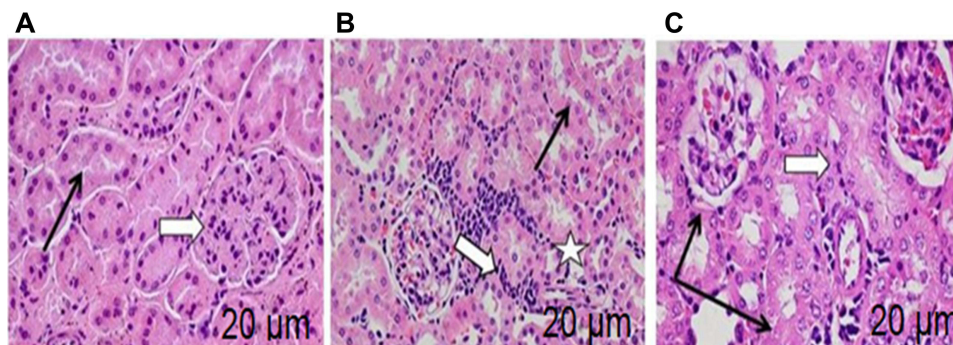


Figure 5 Effects of MTX and Val on kidney histology. H&E staining from the kidney section of animals in the control group, showing normal histological structures of the kidneys; renal corpuscles (white arrow), and renal tubules (black arrow) (A), H&E staining from the kidney section of animals administered with MTX only, showing marked aggregation of infiltrating unviable cells, reduced size of renal corpuscles (white arrow) and glomeruli (white star), and enlarged tubular lumen (black arrow), disorganization of renal parenchyma accompanied by malformation and atrophy of renal corpuscles (B), H&E staining from the kidney section of animals administered with MTX and treated with Val, showing an improvement in the renal structure of rat kidney, renal corpuscles (white arrow), and renal tubules (black arrow) (C). Magnification, 400x; Scale bars = 20 μm.

methotrexate-induced acute kidney injury in rats. Our results showed that the treatment of rats with Val following the administration of MTX led to a decrease in the serum levels of urea, creatinine, albumin, and KIM-1 which were previously elevated due to MTX administration. In addition, our results showed that Val mitigated inflammation and

Table 1 Semiquantitative Histopathological Scoring Analysis of Changes in the Kidneys of Rats

Histological Changes	Control	MTX	MTX + Valsartan
Damaged renal corpuscle	–	+++	+
Damaged glomerular capillaries	–	+++	+
Damaged renal tubules	–	+++	+
Cell aggregation	–	+++	+
Dilated tubular lumen	–	+++	+
Collapsed renal parenchyma	–	+++	+

Notes: Histopathological scores were assigned as follows: (–) none; (+++) severe; (+) weak.

attenuated oxidative stress induced by MTX in rats and also prevented structural changes in kidney histology. These results thus suggest a potential renoprotective role for valsartan.

The serum urea level is a vital index for the evaluation of the functionality of the kidney in clinical settings and provides important information regarding the metabolism of protein. In addition, serum urea is important in the early detection of kidney diseases linked to acute myocardial infarction.²⁶ An increase in the serum level of urea is a sign of kidney malfunction (Kamal, 2014). In this study, a significant increase in the serum urea level was recorded in the MTX-only administered group. This result was similar to the results obtained by Hany et al when they tested the nephroprotective potentials of naringin on renal toxicity caused by MTX.^{27,28} A sudden increase in serum urea and a significant increase in plasma MTX concentration were laboratory indicators of the development of renal impairment.²⁹ David et al also found that rats treated with 0.125 mg/kg MTX for 14 days resulted in an increase in the serum urea level thus indicating potential kidney damage.³⁰ This MTX-induced increase in the serum urea level was prevented with the administration of Val and hence, signifying a potential renoprotective property.³¹

Creatinine is an end-product generated from the metabolism of creatine and creatine phosphate metabolism in the muscle.³² In an individual, there is a relatively stable production of creatinine and dependent on the mass of the muscle.³³ Creatinine serum (Scr) level is assessed to diagnose an impairment in the function of the kidney.³⁴ A marked elevation in Scr values signifies an AKI.³⁵ In this study, the administration of MTX to rats led to a significant increase in serum creatinine levels. The result is in line with the serum Scr result obtained by Hany et al when they tested the nephroprotective potentials of naringin on renal toxicity caused by MTX.²⁸ The increase in the serum creatinine level is due to MTX-induced delay in the renal elimination of creatine. It has been reported that a higher blood creatinine level during an MTX infusion is frequently linked to delayed MTX elimination.³⁶ The elevation in the serum creatinine levels caused by MTX recorded in our study was decreased by the treatment with Val. This indicates that Val mediates the decrease in serum creatinine levels through the attenuation of MTX-induced renal impairment.

Albumin is a major serum protein with numerous important physiological functions which include the maintenance of colloidal osmotic pressure, binding of a large variety of compounds, and providing the majority of plasma antioxidant activity. A decrease in the concentration of serum albumin level below normal has been linked to kidney function decline.³⁷ MTX, being a weak acid has about 50% binding ability with serum albumin.³⁸ While a decrease in serum albumin below the normal level was linked to a decline in kidney function, however, in our study, an increase in serum albumin level above that of the normal control group level was recorded in the MTX-treated group in contrary to other studies who reported a decrease in serum albumin below the normal levels following MTX treatment.³⁹ However, in our study, this increase was reversed to normal or close to normal with the administration of Val. The increase in serum albumin levels observed in the MTX groups may be due to dehydration since previous studies have shown a correlation between high serum albumin levels and dehydration.⁴⁰ This dehydration might also be due to MTX-induced-kidney damage since relevant studies have reported a link between MTX toxicity and dehydration.⁴¹

KIM-1 is a transmembrane glycoprotein. Recent studies on both mice and humans have shown that an increase in the serum KIM-1 level can serve as a biomarker of kidney injury.⁴² In this study, the serum KIM-1 level increased in the MTX-treated group which is similar to what was observed by Younis et al³⁹ where the authors examined the effect of Geraniol on MTX-induced AKI in rats. The Kim-1's elevated concentration induced by MTX may function as a compensatory strategy, acting as an adhesion molecule to lessen epithelial loss.⁴³ This increase in the KIM-1 level was significantly prevented with the administration of Val.

Intercellular adhesion molecule-1 (ICAM-1) is a cell surface glycoprotein present in endothelial cells and leukocytes. An increase in ICAM-1 has been linked to diabetes mellitus and diabetic nephropathy (DN) and thus serves as a biomarker for DN.⁴⁴ The overexpression of ICAM-1 is mostly induced by inflammatory cytokines.⁴⁵ The MTX-induced increase in ICAM-1 level observed in this study could be a result of an increase in the expression of inflammatory cytokines like interleukin-1 β , and the TNF- α that are produced by monocytes and macrophages.⁴⁶ Our observations agreed with those of Gu et al since an increase in ICAM-1 was also observed in the MTX-only group in their study.⁴⁴ This increase was ameliorated with Val treatment.

Furthermore, Vascular Cell Adhesion Molecule-1 (VCAM-1) is a cell adhesion molecule that assists in the regulation of inflammation-associated vascular adhesion and the migration of leukocytes in endothelial cells like macrophages and

T cells.⁴⁷ The expression of VCAM-1 is usually activated by pro-inflammatory cytokines such as TNF α and ROS.^{47,48} Therefore, an increase in the serum VCAM-1 level could be a result of the increase in the serum levels of the inflammatory biomarkers which was demonstrated in this study following the treatment with MTX. This result is in tandem with what was obtained by Wang et al, who showed an increase in the expression of VCAM-1 following 150mg/kg/day of MTX in rats.⁴⁹ However, in this study, this increase was prevented with the administration of Val thus confirming its nephroprotective effects against MTX.

In this study, animals administered with a single dose of MTX experienced invasive cell aggregation and a reduction in the size of the renal corpuscle, glomerulus, the dilation of the tubular lumen, and a collapse of the renal parenchyma. All these observations agree with^{17,28,50} whose studies also showed similar effects of MTX on the kidney tissues. Furthermore, treatment of the animals with MTX and with Val showed a significant improvement in the histological structure of the kidney.

IL-6 is a representative cytokine with a pleiotropic effect on inflammation, hematopoiesis, and immune response but a continuous increase in the production of IL-6 can result in the development of several immune-mediated diseases.⁵¹ MTX increased IL-6 production might be due to the reduced serum IL-6 clearance.⁵² An increase in the IL-6 serum level was observed in the MTX group similar to the study by Abdel-Daim et al.⁵³ The treatment of the MTX group with Val attenuated the MTX-induced increase in IL-6 concentrations. In addition, TNF α is a pro-inflammatory cytokine that activates the expression of inflammatory molecules and other cytokines and cell adhesion molecules. TNF α activates the expression of ICAM-1 and VCAM-1.⁴⁷ An earlier study has shown that there is a relationship between elevated TNF α levels and advanced malignant growth and inflammation.⁵⁴ The pleiotropic TNF- α is elevated in conditions of chronic inflammation like diabetes and hypertension. The activity and expression of transporters are both impacted by TNF- α , which also changes renal hemodynamics and nephron transport. By promoting immune cell infiltration and cell death, it also contributes to organ damage.⁵⁵ The increase in the levels of TNF α in the MTX-administered rats might be due to infiltration of the kidney cells by macrophages.⁵⁶ Several previous studies reported an increase in TNF α concentration in the MTX-only treated group which supports the result of this study.^{39,53,57} The MTX-induced increase in TNF- α was reversed by Val. Hence, the decrease in the tissue levels of TNF- α by Val might be one mechanism through which it mediates its reno-protective potentials.

Oxidative stress ensues when there is an imbalance between the generation of reactive oxygen species (ROS) and the antioxidant defense system⁵⁸ resulting in molecular damage to macromolecules such as DNA, lipids, proteins, and/or a disturbance of redox signaling and regulation.⁵⁹ Since a number of these proteins function as transcriptional and regulatory factors for cellular activities. Thus, any structural changes can trigger signaling cascades that change how the cell functions, resulting in mutagenicity and genotoxicity.⁶⁰

TBARS is formed as a byproduct of lipid peroxidation. It is now used as a standard marker for lipid peroxidation induced by oxidative stress.⁶¹ MTX generates ROS, which results in lipid peroxidation and impairs mitochondrial function.⁶² It was hypothesized that the destruction and damage to cell membranes caused by oxygen-free radicals, or lipid peroxidation, was a significant source of the tissue damage brought on by MTX.⁶³ In this study, the MTX-administered group showed an increase in TBARS levels which was similar to the result obtained by Dalaklioglu et al who showed an increase in TBARS levels in the livers of rats following the administration of MTX.⁶⁴ Our result showed that Val significantly prevented the increase in renal TBARS levels and had protective impacts against lipid peroxidation. We theorize that their ability to scavenge free radicals appears to be helping to prevent lipid peroxidation and confers nephroprotection.

It has been demonstrated that MTX inhibits the cytosolic NADP-dependent dehydrogenases and NADP malic enzymes, suggesting that the MTX may lessen the availability of NADPH in cells by obstructing pentose cycle enzymes. Due to interaction with the pentose phosphate shunt, MTX may potentially inhibit nucleic acid metabolism. Owing to the considerable decrease in GSH levels caused by MTX, the antioxidant enzyme defense system is less effective, which makes cells more sensitive to ROS. Therefore, MTX's harmful effects are partially brought on by its direct hazardous action through boosting ROS generation.⁶⁵ Previous studies showed that MTX caused a decrease in the GSH level which confirms our findings in the group treated with HDMTX.^{39,53,57} This decrease was prevented with Val treatment.

Superoxide dismutase (SOD) is an antioxidant enzyme that helps in the physiological defense strategies in animals against ROS and free radicals.⁶⁶ The deficiency of SOD can lead to overwhelming oxidative stress which leads to carcinogenesis.⁶⁷ Superoxide radicals are converted into hydrogen peroxide by superoxide dismutase, while water and oxygen gas are produced as a result of catalase. Increased oxidative stress in the cell results in a decrease in the activity of the SOD and glutathione peroxidase (GSH-Px) enzymes. Previous research using MTX indicated that a decline in SOD and GSH-Px activity led to an even greater rise in oxidative stress in the tissues.⁶⁸ Our results showed that MTX caused a decrease in the tissue SOD level which agrees with Erdogan et al observation who examined Rutin's preventive potentials in a rat hepatotoxicity model caused by a single dose of 20 mg/kg MTX.⁶⁹ The administration of Val increased the tissue SOD level. Valsartan might mediate this increase in kidney SOD levels through the removal of excess free radicals (like O_2^- and the peroxy radical) as well as an improvement in the antioxidant status⁷⁰ and could partly account for the potential renoprotective effects of Val.

The possible mechanism for the renoprotective effect of valsartan against MTX-induced kidney injury could be partly due to its action as an angiotensin II receptor blocker (ARB). Valsartan, as an ARB, blocks the angiotensin II type 1 (AT1) receptor, which is involved in vasoconstriction, sodium retention, and inflammation.⁷¹ By inhibiting the AT1 receptor, valsartan may likely prevent the renal vasoconstriction and inflammation caused by MTX, thereby reducing kidney damage. In addition, valsartan's antioxidant properties may contribute to its renoprotective effects by reducing oxidative stress and lipid peroxidation, as indicated by the observed increase in antioxidant levels and decrease in lipid peroxidation contents in this study.

Conclusion

This study sheds light on the renoprotective potential of Valsartan on MTX-induced kidney injury in rats. We showed that the administration of MTX to rats leads to its uptake by the cells. Prolonged MTX treatment results in the accumulation of this compound in the kidney cells thereby causing an increase in the level of reactive oxygen species which under a compromised antioxidant system resulted in oxidative stress. An accumulation of MTX also leads to inflammation. However, these effects were prevented with the administration of Val which could partly be due to its antioxidant potential coupled with its anti-inflammatory ability.

Disclosure

The authors report no conflicts of interest in this work.

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