



# Phenylethanoid glycosides as a possible COVID-19 protease inhibitor: a virtual screening approach

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Received: 27 January 2021 / Accepted: 22 October 2021 / Published online: 3 November 2021  
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## Abstract

From the beginning of pandemic, more than 240 million people have been infected with a death rate higher than 2%. Indeed, the current exit strategy involving the spreading of vaccines must be combined with progress in effective treatment development. This scenario is sadly supported by the vaccine's immune activation time and the inequalities in the global immunization schedule. Bringing the crises under control means providing the world population with accessible and impactful new therapeutics. We screened a natural product library that contains a unique collection of 2370 natural products into the binding site of the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) main protease ( $M^{pro}$ ). According to the docking score and to the interaction at the active site, three phenylethanoid glycosides (forsythiaside A, isoacteoside, and verbascoside) were selected. In order to provide better insight into the atomistic interaction and test the impact of the three selected compounds at the binding site, we resorted to a half microsecond-long molecular dynamics simulation. As a result, we are showing that forsythiaside A is the most stable molecule and it is likely to possess the highest inhibitory effect against SARS-CoV-2  $M^{pro}$ . Phenylethanoid glycosides also have been reported to have both protease and kinase activity. This kinase inhibitory activity is very beneficial in fighting viruses inside the body as kinases are required for viral entry, metabolism, and/or reproduction. The dual activity (kinase/protease) of phenylethanoid glycosides makes them very promising anti-COVID-19 agents.

**Keywords** Natural products · Protease inhibitors · Kinase inhibitors · MMPBSA · Molecular dynamics

## Abbreviations

Brenk	Brenk alerts to toxic groups
COVID-19	Coronavirus disease
FDA	US Food and Drug Administration
iLOGP	Octanol/water partition coefficient
L1	Forsythiaside A
L2	Isoacteoside
L3	Verbascoside
$M^{pro}$	Main protease
MM/PBSA	Molecular mechanics Poisson–Boltzmann surface area
$PL^{pro}$	Papain-like protease

PGs	Phenylethanoid glycosides
PME	Particle–Mesh Ewald
PAINS	Pan-assay interference compounds
RMSF	Root mean square fluctuation
RMSD	Root-mean-square deviation
SARS-CoV-2	Severe acute respiratory syndrome coronavirus 2
WHO	World Health Organization

## Introduction

The coronavirus disease (COVID-19) was declared a global pandemic by the World Health Organization (WHO) in March 2020. Of notice, the virus can infect humans and animal causing a wide range of diseases. The current exit strategy involving the spreading of vaccines must be combined with effective treatments. Bringing the crises under control means to provide the world population with accessible and impactful new therapeutics. The WHO solidarity trial of October 2020 reports remdesivir, hydroxychloroquine,

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lopinavir/ritonavir, and interferon to have little to null effect on mortality and duration of the patient's hospitalization. In addition, reinfection cases have been recorded along with the infection of vaccinated people and the common prevention rules were not successful to avoid COVID-19 s wave. Yet vaccines will not be sufficient to save lives on their own that is clearly proved by the multitude of variants spreading around the world. Moderna and Pfizer two-dose vaccines imply the need for a second booster shot, whereas the J&J vaccine takes approximately 29 days to build enough immunity [1]. Because the world-wide distribution is not globally synchronized and equally organized, the virus is expected to be defeated not earlier than 1 year from now at the very least. The lack of "herd immunity" translates in thousands of people risking COVID-19-associated death causes.

Even more importantly, the time has come to face coronaviruses once and for all. Since the 1960s, it is known that humans can be infected by alpha and beta coronaviruses [2]. SARS-CoV, MERS-CoV, and, of course, SARS-CoV-2 all followed the same path involving animal-to-human transition. A virus mutating directly to humans through intermediary species is an event we will not ever be able to get rid of. This underlines the need for therapeutics to indefinitely support our immune system against coronaviruses. In this context, the mechanism of choice for COVID-19 virus degradation is proteolysis. SARS-CoV-2 virus has two proteases: main protease ( $M^{pro}$ ) and papain-like protease ( $PL^{pro}$ ).  $M^{pro}$  plays a crucial role in viral replication which makes it an attractive target for anti-COVID-19 drug design [3].

The main function of protease — also known as proteinase or peptidase — enzyme is to breakdown the peptide bonds of proteins to form smaller polypeptides [4]. Protease enzymes have several functions ranging from food digestion to cancer signaling cascades. In addition, they are also vital for virus's replication and the spread of infectious diseases such as COVID-19 [5]. Based on the protease enzyme active site mechanism, it is possible to list up to 5 different protease groups: aspartyl, cysteine, metalloprotease, serine, and threonine. Their inhibitors can be small molecules or compounds containing one or more peptide chains, and some of the inhibitors can interact with more than a single type of protease [4]. COVID-19 main protease is a cysteine protease, characterized by three domains, that catalyzes the breakdown of peptide bonds using histidine (**His-41**) and cysteine (**Cys-145**) residues [6]. The catalytic site that is located between domain **I** and domain **II** [7]. The main protease of SARS-CoV-2 was crystallized with a peptide inhibitor called **N3**. This peptide forms a covalent bond with the **Cys-145** and inhibits the protease with half-maximal inhibitory concentration ( $IC_{50}$ ) of  $16.77 \mu M$  [8]. However, the non-covalent bond formed by non-peptide small molecules can have less off-target side effects and toxicity. The most

potent  $M^{pro}$  inhibitor is ML188 (non-covalent inhibitor,  $IC_{50} = 12.9 \mu M$ ) [9]. Due to the reason that there is no specific drugs against SARS-CoV-2, currently there are 16 antiviral drugs that are used against COVID-19, and five of these drugs (lopinavir, ritonavir, darunavir, velpatasvir, and ledipasvi) are HIV and hepatitis C protease inhibitors [10]. On the other hand, Weisberg et al. characterized more than 30 approved kinase inhibitors as potential antiviral agents by inhibiting important kinases required for viral entry, metabolism, and/or reproduction [11] and recently, a combination of baricitinib (kinase inhibitor) and remdesivir (antiviral) has been approved by the US Food and Drug Administration (FDA) for hospitalized adults with COVID-19 [12]. Computer-aided drug design and in silico virtual screening are widely applied in the drug discovery field to rapidly identify a therapeutic solution. Virtual screening approach already proved to be a suitable tool to identify molecules against COVID-19. Mittal et al. identified small molecules (nelfinavir and birinapant) and peptides (pepstatin A and Leupeptin Hemisulphate) as potential inhibitors of SARS-CoV-2  $M^{pro}$  [13]. Most of the previous in silico studies have focused mainly on repurposing approved drugs or screening synthetic libraries to target several important SARS-CoV-2 proteins. Our aim is to identify novel natural product scaffolds that can bind to the active site of SARS-CoV-2  $M^{pro}$ .

In drug discovery, natural products represent a profitable source to find novel small molecules that can act against a series of biological targets. Thus, we screened a natural product library — containing unique collection of 2370 natural products — into the crystal structure of COVID-19 main protease. The result of this diversified screening batch highlighted only three potential molecules to target the COVID-19 virus. All these compounds are phenylethanoid glycosides (PGs). PGs are naturally occurring water-soluble small molecules. Their structure is characterized by a phenethyl alcohol (C6–C2) moiety attached to a  $\beta$ -glucopyranose/ $\beta$ -allopyranose through a glycosidic bond. Therefore, PGs are associated to a wide range of biological activities; in fact, kinase inhibitory activity, HIV, and respiratory syncytial virus [14–17] are among the most important targets of PGs. Isoacteoside and verbascoside are renown for potent antiviral activity against respiratory syncytial virus [14, 18].

In closing, the research findings presented herein are a combination of drug discovery and a half microsecond-long molecular dynamics simulation. We exploit atomistic simulations as a standard tool to investigate protein–ligand interactions and predict the binding free energy of each individual selected compounds with SARS-CoV-2  $M^{pro}$ . The outcome of our extensive analysis highlights the differences and similarities of three potential PGs natural small molecules that can ultimately act as anti-COVID-19 therapeutics.

## Experimental

### Molecular docking

The 3D structures of COVID-19 main protease (6LU7) in complex with an inhibitor N3 were downloaded from the Protein Data Bank ([www.rcsb.org](http://www.rcsb.org)) [8]. Molecular docking was performed using MOE program (2014.09). Hydrogen atoms and partial charges were added to the protein. Protein minimization was performed with the side chains kept rigid and the ligand flexible. The selected site was isolated and minimized followed by protonating the protein [19]. The natural product library (Catalog No.L1400) which is a collection of unique collection of 2370 natural products was used for docking. The 2D library was converted to a 3D database by energy minimization: forcefield (MMFF94x), gradient 0.001 RMS kcal/mol/Å<sup>2</sup>. The library was docked to the active site of COVID-19 main protease (**6LU7.PDB**) with scoring affinity London dG and GBVI/WSA dG.

### Ligand property analysis

SwissADME was used to analyze the properties of the three selected compounds. Canonical SMILES of the phenylethanoid glycosides were obtained from PubChem. SMILES were entered into SwissADME prediction server.

### Target identification

Swiss Target Identification method was used to reveal the possible molecular targets of the three selected compounds [20, 21]. Canonical SMILES of the phenylethanoid glycosides were obtained from PubChem. SMILES were entered into Swiss target prediction server to predict their molecular targets and *Homo sapiens* was selected as a specie.

### Molecular dynamics

The three selected protein/ligand complexes were subjected to molecular dynamics simulation for 500 ns using Gromacs 2020.2 [22]. Atomic charges of each ligand were assigned based on the AM1-BCC method of the AmberTools 19 (44) antechamber program. parmchk2 and tleap tools of the AmberTools19 package were also used to prepare the topology file of the ligands which was converted to gromacs readable format using ACPYPE tool. Gromacs tool (pdb2gmx) was employed to prepare the protein topology parameters based on amber99sb force field. All the complexes were placed in the 96.31 × 96.31 × 96.31 Å cubic simulation box and solvated with 28,662 molecules of tip4p water. Counter ions were also added to neutralize the systems. An energy

minimisation step was done for each system using a steepest descent integrator for 2000 steps. The NPT ensemble was employed to run the simulations at 300 K and 1 bar using the Velocity rescaling thermostat (0.1-ps time step) [23] and the Parrinello–Rahman barostat (2.0-ps time constant) [24]. leap-frog integrator was used with a time step of 2 fs [25]. For short range coulombic interactions, a 10.0-Å cut-off was considered, while long-distance electrostatic interactions were calculated using the Particle–Mesh Ewald (PME) algorithm [26] with a Fourier grid spacing of 1.6 Å. Bonds to hydrogen were constrained using the Lincs algorithm [27]. Plumed v2.6.2 [28] and Gromacs 2020.2 [22] and packages were employed for the trajectory analysis. The molecular mechanics Poisson–Boltzmann surface area (MM/PBSA) method was employed to calculate the binding free energies of the protein–ligand complexes using g\_mmpbsa software tool [29, 30]. The overall binding free energy of a protein–ligand complex is defined as follows:

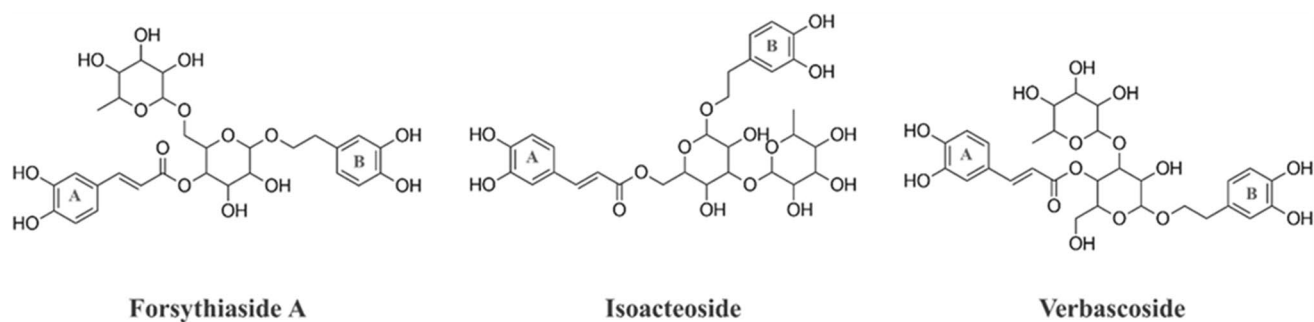
$$\Delta G_{\text{binding}} = \Delta G_{\text{elec}} + \Delta G_{\text{polar}} + \Delta G_{\text{vdw}} + \Delta G_{\text{non-polar}}$$

where  $\Delta G_{\text{elec}}$ ,  $\Delta G_{\text{polar}}$ ,  $\Delta G_{\text{vdw}}$ , and  $\Delta G_{\text{non-polar}}$  are the electrostatic energy, polar solvation energy, van der Waals energy, and nonpolar solvation energy, respectively.

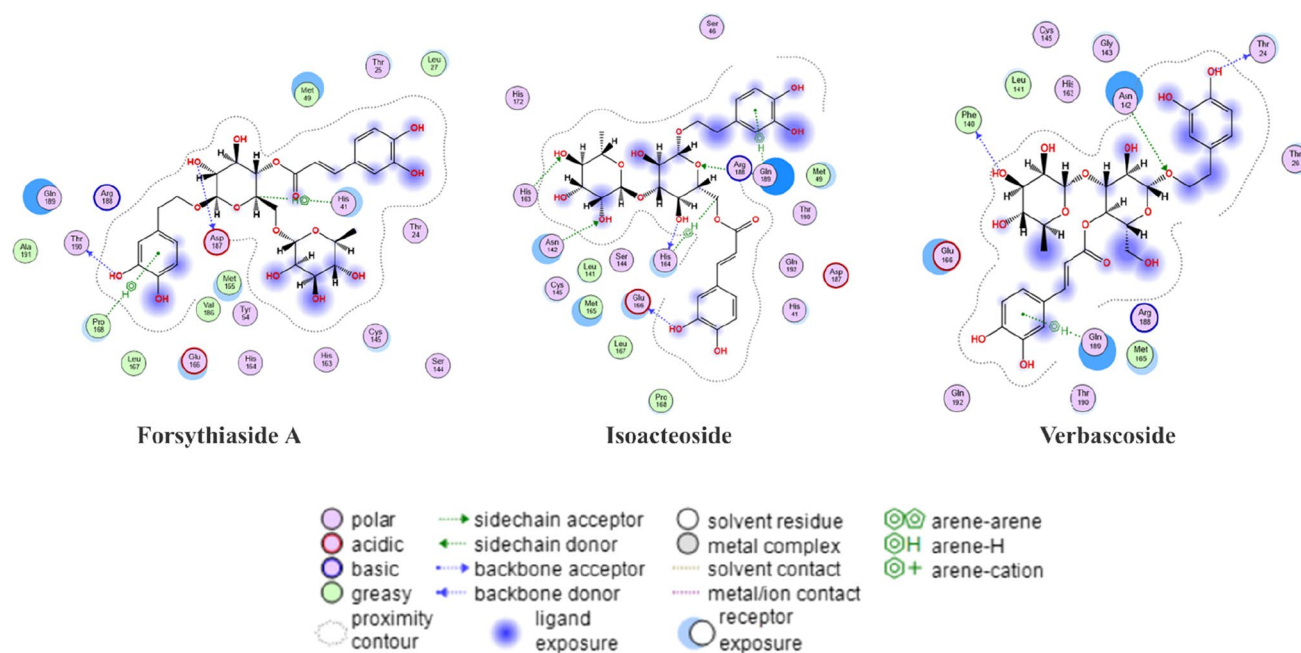
## Results and discussion

PGs are biological active molecules with wide range of activities and they exist in many plant genus such as *Veronica*, *Magnolia*, and *Forsythia* [15]. Out of 2370 natural products, we identify 3 PGs (Fig. 1) with high docking score which interact with amino acids at the binding site, including the catalytic residue **His-41**. Verbascoside had the highest docking score (−9.1317, RMSD = 1.51) followed by forsythiaside (−8.0889, RMSD = 2.10), and isoacteoside (−7.7302, RMSD = 1.68). The sugar part of forsythiaside A was able to bind to the catalytic residue **His-41** and **Asp-187** while one aromatic ring formed a hydrogen bond with **Thr-190** and arene-H bond with **Pro-168**. Isoacteoside's sugars were able to form many hydrogen bonds at the binding site and one aromatic ring formed a hydrogen bond with **Gln-189**. Verbascoside formed 3 hydrogen bonds with the **Thr-24**, **Asn-142**, and **Phe-140** and one arene-H bond with **Gln-189** (Fig. 2).

To analyze the selected 3 phenylethanoid glycosides' properties, SwissADME was used (Table 1) [31–33]. All the three molecules are soluble in water and have low gastrointestinal absorption. We used Swiss model (TargetPrediction) to predict the biological targets of the selected 3 PGs. Swiss model predicted the possible molecular targets along with the actual targets. Targets are ranked according



**Fig. 1** Two-dimensional structures of the selected phenylethanoid glycosides



**Fig. 2** Two-dimensional ligand interaction in the binding site of COVID-19 main protease ( $M^{Pro}$ ) (6LU7.PDB)

to a score that combines both 2D and 3D similarity values with the most similar known active molecules to the query molecule [20, 21]. As shown in Fig. 3, PGs exhibit kinase and protease inhibitor activity according to the Swiss model. It has been reported that isoacteoside inhibits the expression of protease protein: matrix metalloproteinase 2, 12, and 13 with  $IC_{50}$  around 10  $\mu M$  [34]. Additionally, forsythiaside and verbascoside inhibit protein kinase C alpha with  $IC_{50}$  1.9  $\mu M$  and 68 nM respectively [35, 36].

A recent study reported that protein kinase C alpha and beta inhibitors have a pro-apoptotic effect in nucleated cells, and this creates a hostile environment for intracellular parasites including viruses. This can enhance the antiviral activity of antivirus drugs [37]. The dual activity (kinase/

protease) of PGs could make them very promising as anti-COVID-19 agents.

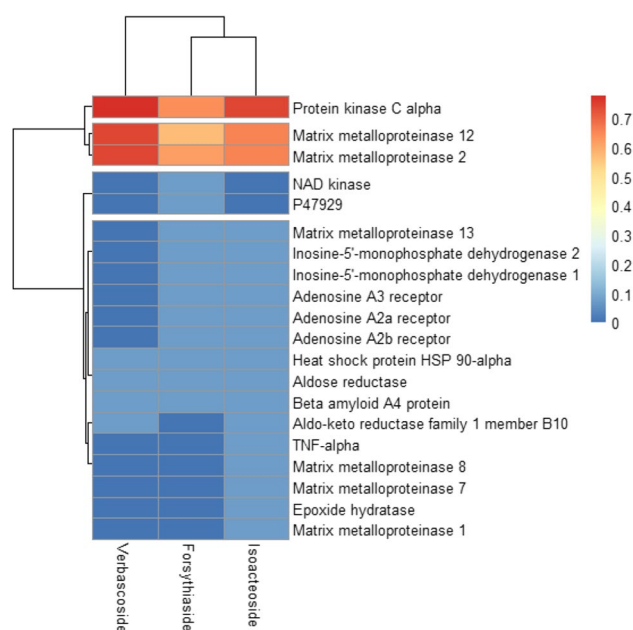
From molecular dynamic simulations, we assessed the stability of the protein–ligand bond. A label was associated to each different natural small molecule to improve the readability of the data analysis. Table 2 describes the PG nomenclature adopted herein.

As shown in Fig. 4, the root-mean-square deviation (RMSD) measurement was carried out on each of the three ligands. Interestingly, each ligand reaches a steady configuration at different times within approximately 50 ns. However, L1 stands out for reaching a very steady configuration with respect to the other ligands. This implies a lower noise and mean value of the L1 RMSD. In the

**Table 1** SwissADME results of top three selected compounds with ChEMBL IDs

Compound names (ChEMBL ID)	Clinical trial	Lipinsk's rules	Structural alerts	Pharmacokinetics	Water solubility
Forsythiaside A (CHEMBL504363)	-	3 violations MW > 500, N/O > 10, NH/ OH > 5	PAINS <sup>1</sup> : 1 alert (catechol A), Brenk <sup>2</sup> : 2 alerts (catechol, Michael acceptor1)	Low GI absorption	Soluble; iLOGP <sup>3</sup> 2.15
Isoacteoside (CHEMBL504873)	-	3 violations MW > 500, N/O > 10, NH/ OH > 5	PAINS: 1 alert (catechol A), Brenk: 2 alerts (catechol, Michael acceptor 1)	Low GI absorption	Soluble; iLOGP 2.15
Verbascoside (CHEMBL444478)	Phase II	3 violations MW > 500, N/O > 10, NH/ OH > 5	PAINS: 1 alert (catechol A), Brenk: 2 alerts (catechol, Michael acceptor 1)	Low GI absorption	Soluble; iLOGP 2.15

<sup>1</sup>Pan-assay interference compounds, <sup>2</sup>Brenk alerts to toxic groups, <sup>3</sup>Octanol/water partition coefficient

**Fig. 3** Consensus molecular targets of the selected 3 phenylethanoid glycosides**Table 2** Compound-associated labels

Compounds	Associated label
Forsythiaside A	L1
Isoacteoside	L2
Verbascoside	L3

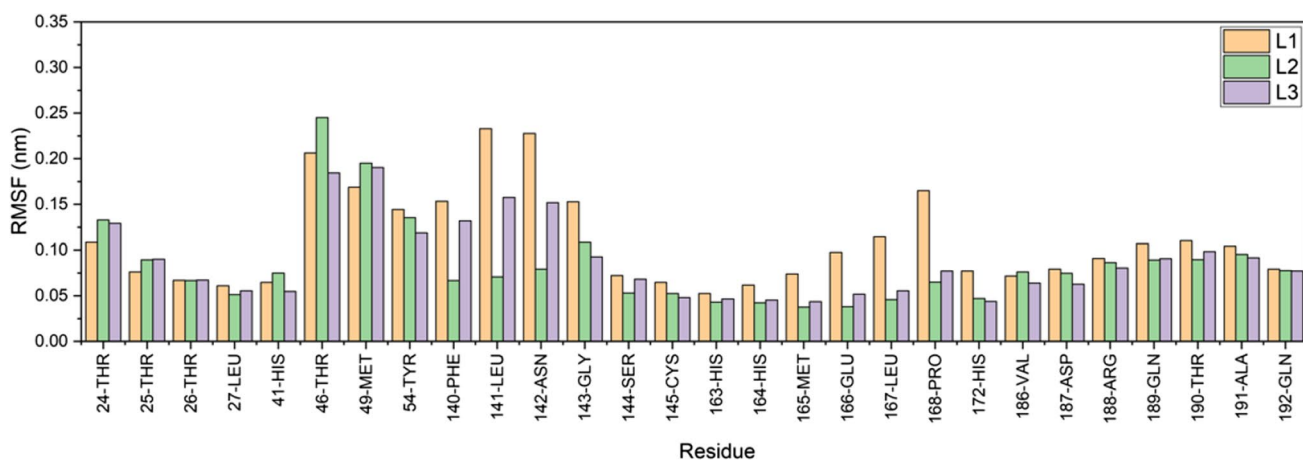
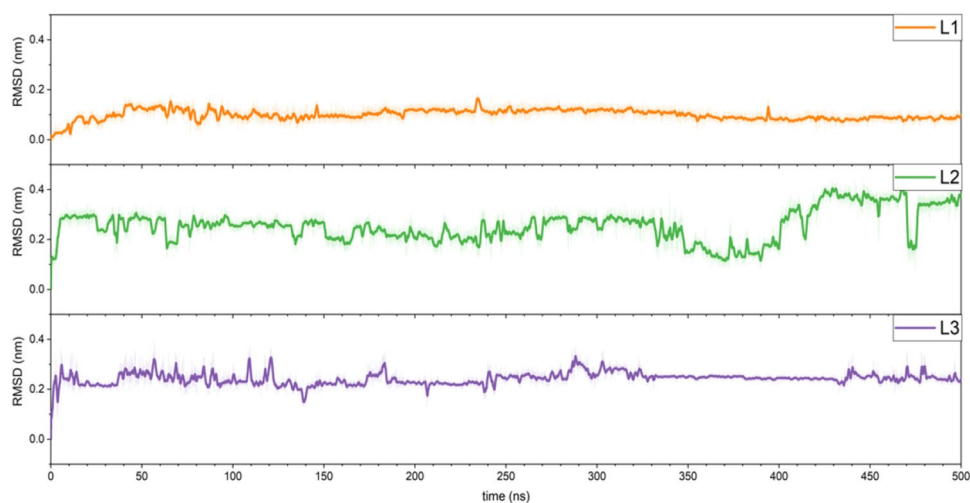
Supporting information, we are showing that also the protein's RMSD is associated to lower noise when interacting with L1 (Fig. S1).

To further characterize the system, we decided to compute the root mean square fluctuation (RMSF) of atomic positions in the trajectory. In Fig. 5, we consider a subset of residues in the active site corresponding to the "pocket" of interaction. Here, it is evident that different ligands interact in different characteristic ways. There are different moieties of the pocket, highlighted in Fig. 5, where the fluctuation of the atoms depends strongly on the binding ligand. However, the fluctuations in the backbone of the active sites are always limited to less than one Angstrom. Which means that none of the three scenarios implies a detrimental ligand-protease interaction.

The ligand themselves interact with the active site mainly by means of their aromatic moieties. In order to distinguish the two aromatic rings, characteristic of each ligand, we considered their bonding to the central THF heterocyclic ring of Fig. 1. Ring A is defined as the one connected to the central THF heterocyclic ring via a carboxylic group, whereas ring B is not connected via a carboxylic group. Recording the RMSF of the aromatic moieties, reported in Fig. 6, L1 turns out to be the most stable compound of the three. In fact, L2 and L3 both show one of the aromatic rings to be fluctuating to twice the extent of the other which allows L2 and L3 to explore different configurations.

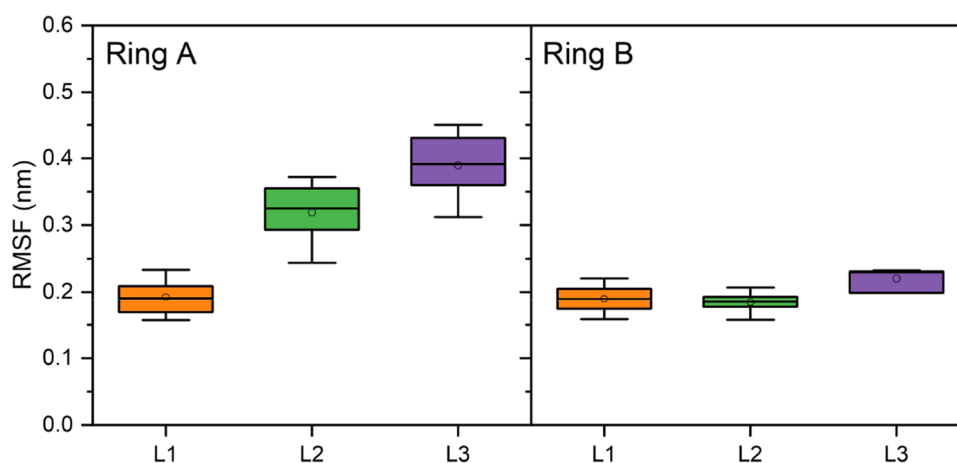
This speculation is backed up by the gyration radius data (Fig. S2) of the ligands and the distance between the center of mass of rings A and B. Such a distance, shown in Fig. 7, is indicative of the L1 aromatic rings constraining. Nonetheless, Fig. 7 shows the relative angle between the aromatic rings. This clarifies that L1 does not explore as many configurations as the other ligands, owing to its

**Fig. 4** RMSD of the ligands during the 0.5- $\mu$ s molecular dynamics simulation



**Fig. 5** RMSF of the protein's backbone in pocket site

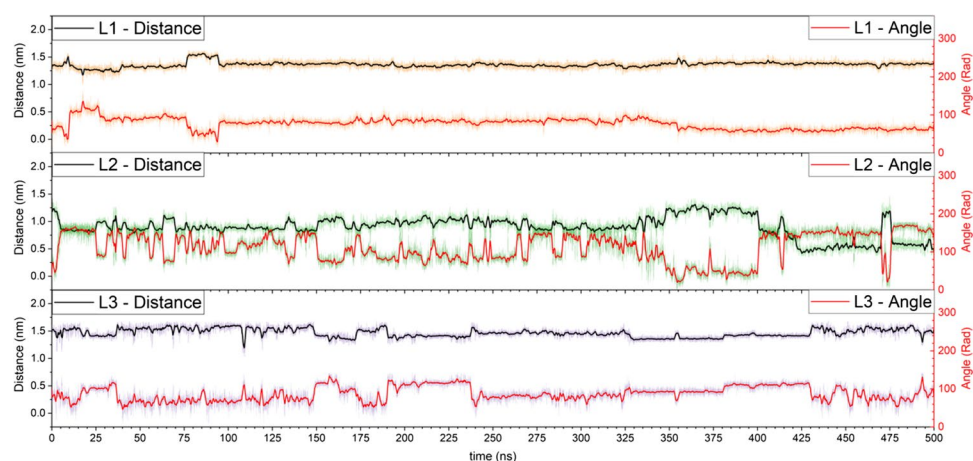
**Fig. 6** RMSF of the characteristic aromatic rings (ring A and ring B)



enhanced bond stability. At this point, a mere analysis of the average number of contacts between the ligands and the active site. Figure S3 is not sufficient to determine

which structure would be more reliable. Detailed contact map is presented in Fig. S4. Binding free energy

**Fig. 7** Distance and angle between the center of mass of the aromatic rings



**Table 3** MMPBSA energy calculated from the last 400 ns of MD simulation

	Van der Waal energy (kJ/mol)	Electrostatic energy (kJ/mol)	Polar solvation energy (kJ/mol)	SASA energy (kJ/mol)	Binding energy (kJ/mol)
L1	$-253 \pm 24$	$-64 \pm 25$	$221 \pm 27$	$-25 \pm 1$	$-121 \pm 19$
L2	$-246 \pm 24$	$-109 \pm 22$	$279 \pm 23$	$-25 \pm 2$	$-101 \pm 22$
L3	$-174 \pm 25$	$-69 \pm 35$	$211 \pm 45$	$-21 \pm 2$	$-53 \pm 18$

calculations allow the measurement of binding strength in protein–ligand or protein–protein complexes [38, 39].

The molecular mechanics of the MM/PBSA method, even though is not as accurate as more computationally intensive methods such as thermodynamic integration [40], has been shown to be satisfactory for the work of both computational and experimental researchers. Last 100 ns of the MD trajectories was used for the binding free energy calculations for protein/ligand complexes and the result reported in Table 3. According to the result, L1 has a statistically significant lower binding energy in compare with other ligands.

## Conclusion

COVID-19 protease inhibitors should be able to either form hydrogen bonds or trigger a hydrophobic interaction with one of the two catalytic residues: **Cys-145** or **His-41**. Out of 2370 unique natural products library, we identified three PGs as a SARS-CoV-2 M<sup>Pro</sup> inhibitors by means of molecular docking. Forsythiaside A was the only molecules among the three PGs to be able to interact with the catalytic residue **His-41**. Analyzing molecular dynamic trajectories of the selected molecules at the binding site, we identified forsythiaside A as the most stable one. In fact, this compound is characterized by the steadiest gyration radius and RMSD. The constant relative angle and

distance between the aromatic moieties of forsythiaside A represent further evidence of indisputable stability. According to our extensive MD analysis and the resulting binding free energy, this molecule is likely to possess the highest inhibitory effect against SARS-CoV-2 M<sup>Pro</sup>. Of notice, PGs have been reported to show both protease and kinase activity. Because kinases are required for viral entry, metabolism, and/or reproduction, the inhibitory activity is very beneficial in fighting viruses inside the human body. In fact, the dual activity (kinase/protease) of PGs shall then make them very promising anti-COVID-19 agents.

**Supplementary Information** The online version contains supplementary material available at <https://doi.org/10.1007/s00894-021-04963-2>.

**Author contribution** O.B. conceived the project. O.B. performed the virtual screening, target prediction, and ADME analysis. M.R.G. performed the molecular dynamics. M.B. analyzed the molecular dynamic data. O.B., M.R.G, and M.B wrote and subsequently revised the manuscript.

**Availability of data and material** N/A.

**Code availability** N/A.

## Declarations

**Ethics approval** N/A

**Consent to participate** N/A

**Consent for publication** N/A

**Conflict of interest** The authors declare no competing interests.

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