

Appendix A Search strategy in PubMed database
Search items
#1 ((Polyphenol[MeSH Terms]) OR (Polyphenol)) OR (Provinols)
#2 ((((((Curcumin[MeSH Terms]) OR (1,6-Heptadiene-3,5-dione, 1,7-bis(4-hydroxy-3-methoxyphenyl)-, (E,E)-)) OR (Turmeric Yellow)) OR (Curcumin Phytosome)) OR (Diferuloylmethane)) OR (Mervia)
#3 ((((((((((resveratrol[MeSH Terms]) OR (3,4',5-Stilbenetriol)) OR (3,5,4'-Trihydroxystilbene)) OR (3,4',5-Trihydroxystilbene)) OR (trans Resveratrol)) OR (Resveratrol-3-sulfate)) OR (SRT 501)) OR (cis-Resveratrol)) OR (Resveratrol, (Z)-)) OR (trans-Resveratrol-3-O-sulfate)
#4 ((((((pomegranate fruit rind[MeSH Terms]) OR (granati pericarpium)) OR (pomegranate husk)) OR (Punica granatum fruit rind)) OR (Punica granatum pericarp extract)) OR (granati cortex)
#5 aloe vera gel
#6 ginger powder
#7 ((((((silymarin[MeSH Terms]) OR (Silimarin)) OR (Carsil)) OR (Karsil)) OR (Legalon)
#8 wheat grass juice
#9 #1or #2 or #3or #4 or #5 or #6 or #7 or #8
#10 (((Colitis Gravis[MeSH Terms]) OR (Idiopathic Proctocolitis)) OR (Inflammatory Bowel Disease, Ulcerative Colitis Type)) OR

(Ulcerative Colitis)

#11 #9 and #10