



# Article Cancer-Testis Gene Biomarkers Discovered in Colon Cancer Patients

Mikhlid H. Almutairi <sup>1,</sup>\*<sup>1</sup>, Turki M. Alrubie <sup>1</sup>, Abdullah M. Alamri <sup>2</sup>, Bader O. Almutairi <sup>1</sup>, Abdulwahed F. Alrefaei <sup>1</sup>, Maha M. Arafah <sup>3</sup>, Mohammad Alanazi <sup>2</sup> and Abdelhabib Semlali <sup>4</sup>

- <sup>1</sup> Zoology Department, College of Science, King Saud University, Riyadh 11451, Saudi Arabia; 442106519@student.ksu.edu.sa (T.M.A.); bomotairi@ksu.edu.sa (B.O.A.); afrefaei@ksu.edu.sa (A.F.A.)
- <sup>2</sup> Genome Research Chair, Department of Biochemistry, College of Science, King Saud University, Rivadh 11451, Saudi Arabia; abdullah@ksu.edu.sa (A.M.A.); msanazi@ksu.edu.sa (M.A.)
- <sup>3</sup> Pathology Department, College of Medicine, King Saud University, Riyadh 11461, Saudi Arabia; marafah@ksu.edu.sa
- <sup>4</sup> Groupe de Recherche en Écologie Buccale, Faculté de Médecine Dentaire, Université Laval,
- 2420 Rue de la Terrasse, Local 1758, Quebec City, QC G1V 0A6, Canada; abdelhabib.semlali@greb.ulaval.ca
- \* Correspondence: malmutari@ksu.edu.sa

Abstract: In Saudi Arabia, colon cancer (CC) is the most prevalent cancer in men and the third most common cancer in women. Rather than being detected through screening programs, most CC cases are diagnosed mainly during clinical exams. Because of the slow growth of CC and its ability to be treated at an early stage, screening for CC can reduce the incidence of death and mortality. Consequently, there is an urgent need to identify a potential new cancer-specific biomarker for detecting early illness. Much research has been conducted on distinct antigen classes as potential new cancer-specific biomarkers for the early identification of malignancy. The cancer-testis antigens (CTAs) are one such category of antigens, with protein presence largely normally confined to human germ line cells in the testis and aberrantly produced in some cancer cells. CTAs are potentially valuable for use as cancer biomarkers and in cancer therapeutics due to their distinctive expression pattern. The aim of this current study was to identify potential cancer-testis (CT) gene biomarkers in Saudi Arabian CC patients. In this study, a total of 20 matching CC and normal colon (NC) tissues were obtained from the Saudi population. Any genes that showed expression in CC tissues but not in matching NC tissues were subsequently verified for mRNA expression in eight breast and eight leukemia malignancies using RT-PCR to determine the specificity of any CC biomarkers. CTAG1A, SPZ1, LYZL6, SCP2D1, TEX33, and TKTL2 genes were expressed in varying numbers of CC tissues compared to no measurable expressions in all NC tissue specimens, making these genes suitable potential candidates for CC markers. The most frequently expressed CT genes in CC patients were CTAG1A (35%) and SCP2D1 (35%), followed by TKTL2 (25%), SPZ1 (20%), LYZL6 (15%), and TEX33 (5%). The LYZL6 gene shows a weak RT-PCR product in 25% of breast cancer (BC) patients but not in leukemia patients. The SCP2D1 gene appears to display expression in all leukemia patients but not in the BC patients. TKTL2 expression was also observed in 50% of leukemia samples but not in the BC samples. More experiments at the protein level and with a larger cohort of patients are required to evaluate this finding.

Keywords: cancer-testis genes; biomarker; gene expression; colon cancer

# 1. Introduction

Colon cancer (CC) is a major cause of death worldwide, and it is expected to rise by 60% by 2030 [1]. CC incidence and mortality rates cover an approximately ten-fold range between nations, with the greatest rates observed in wealthier countries, where they have remained relatively steady. However, rates are fast rising in developing countries [1]; despite the fact that colon screening programs have lowered incidence rates in various



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**Copyright:** © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). regions of the world, death rates are still growing in several areas [2,3]. CC is the most frequent type of cancer in males in Saudi Arabia and the third most common type in women [4,5]. In Saudi Arabia, the majority of CC cases are discovered during clinical examinations rather than through screening programs. Screening for CC can minimize the frequency of death and mortality in this illness due to the slow progression of CC and enable the possibility of treatment if discovered at an early stage. As a result, a non-invasive biomarker for early illness identification might be beneficial [6].

CC tumorigenesis is a multistep process including mutations in oncogenes and tumor suppressor genes that leads to the progressive change of the normal colorectal epithelium to adenoma, invasive tumor, and metastatic tumor [7]. The tendency to CC has been linked to a number of risk factors, including ethnicity, environment, and genetics [8].

Early detection and successful cancer treatment remain significant clinical challenges for cancer treatment. As a result, there is a pressing need to discover new tumor-associated molecules that might be used to generate new clinical diagnostics and therapeutic targets for various malignancies [9]. Much research has been conducted on distinct antigen classes as potential new cancer-specific biomarkers for the early identification of malignancy. The cancer-testis antigens (CTAs) are one such category of antigens, with a protein presence largely confined to human germ line cells of the testis and cancer cells [10]. CTAs are potentially valuable for use as cancer biomarkers and cancer therapeutics due to their distinctive, cancer-specific expression pattern [10,11].

Feichtinger et al. (2012) and Sammut et al. (2014) reported a novel set of cancer-testis (CT) genes. These genes were initially discovered using in silico approaches, followed by experimental confirmation [12,13]. The overall goal of the current study was to identify potential CT gene biomarkers in Saudi Arabian CC patients using this published gene set. Twenty-one CT genes have been reported to be expressed in CC cells [12,13]. These genes include *ACTRT1*, *CCER1*, *SCP2D1*, *TEX33*, *NUTM1*, *ODF4*, and *TEX19* [12]. *ACTL9*, *ADAM2*, *ASB17*, *C16orf78*, *CCDC83*, *LYZL6*, *PDHA2*, *PPP3R2*, *PRPS1L1*, *SPZ1*, and *ZSWIM2* [13]. Additionally, *C10orf82*, *CTAG1A*, and *TKTL2* were selected randomly from CTA databases (http://www.cta.lncc.br/index.php, accessed on 1 March 2021). The genes were chosen for two reasons: (1) their expression in CC tissue or cell lines, and (2) their link to malignancy in most of these genes [12–14]. Any genes that showed expression in CC tissues but not in matching normal colon (NC) tissues were subsequently verified for mRNA expression in breast and leukemia malignancies using RT-PCR to determine the specificity of any CC biomarkers.

#### 2. Materials and Methods

# 2.1. Ethical Approval and Collection of Samples

A total of 36 patients were enrolled in the study, including 20 matching colon cancer (CC) and normal colon (NC) tissues (they are from the same patient), 8 breast cancer (BC) patients, and 8 leukemia patients. CC, NC, and leukemia samples were taken from Saudi male patients, while BC samples were taken from Saudi female patients. All patients were recruited from the King Khalid University Hospital in Riyadh during the years 2019 to 2021. Patients were monitored, diagnosed, and clinical data were gathered using conventional clinical, endoscopic, radiological, and histological criteria confirming adenocarcinoma and, therefore, their eligibility to participate in this study by a panel of surgeons and pathologists. Fresh tissue CC specimens and matched adjacent NC tissues were collected in separate sterile tubes containing RNA*later* stabilization solution (Thermo Fisher; 76106, Foster City, CA, USA) to protect and stabilize RNA.

The Al-Imam Muhammad Ibn Saud Islamic University Ethics Committee accepted the current study, which has the IRB number HAPO-01-R-011 (Project number: 56-2020). Each participant signed a written informed consent form and filled out a survey. Participants were invited to fill out a self-administered questionnaire that asked about their age, family history of cancer, personal medical history, and social behavior such as smoking habits and alcohol consumption. After obtaining informed permission in compliance with the Ethics

Committee requirements at Al-Imam Muhammad Ibn Saud Islamic University, clinical information was acquired from each participant.

#### 2.2. RNA Extraction from Tissues and Whole Blood

Total RNA was extracted from about 50 mg of CC, NC, and BC samples using the All-Prep DNA/RNA Mini Kit (Qiagen; 80204, Hilden, Germany) according to the manufacturer's recommendations. In leukemia samples, the total RNA was extracted from about 1.5 mL of whole blood using the QIAamp RNA Blood Mini Kit (Qiagen; 52304, Hilden, Germany) according to the manufacturer's recommendations. The concentration, purity, and quality of the isolated RNAs were measured using the Nano-Drop8000 spectrophotometer (Thermo Fisher Scientific, Waltham, MA, USA).

# 2.3. cDNA Preparation

Using a High-Capacity cDNA Reverse Transcription Kit (Applied Biosystems; 4368814, Warrington, PA, USA), 1  $\mu$ g of total RNA from each sample was reverse transcribed into cDNA according to the manufacturer's instructions. After that, the cDNA was diluted to 1:9 and kept at -20 °C until required.

# 2.4. RT-PCR and Agarose Gel Electrophoresis

For RT-PCR, 0.8  $\mu$ L of diluted cDNA (85 ng), 0.8  $\mu$ L of each primer (10 pmol), and 10  $\mu$ L of BioMix Red (BioLine; BIO-25006, London, UK) were combined with distilled water to make a final volume of 20  $\mu$ L.

Pre-denaturation hold times of 5 minutes at 96 °C were followed by 35 cycles of denaturing at 96 °C for 30 s, annealing temperature as stated in Table 1 for 30 s, and extension at 72 °C for 30 s/kb, followed by a final extension step of 5 min at 72 °C. 1× TBE buffer was used to run PCR products on 1.5% agarose gels that were stained with 0.5 g/mL ethidium bromide. The quality of normal and cancer cDNA samples was checked by amplification of the housekeeping gene *ACTB*. For the size assessment of the PCR products, 3 µL of 100 bp DNA marker (NEB; N0467, London, UK) was loaded.

# 2.5. Primer Design for RT-PCR

Specific gene sequences are accessible in the National Center for Biotechnology Information's (http://www.ncbi.nlm.nih.gov/, accessed on 1 March 2021) databases. To avoid false positives due to possible genomic DNA contamination, intron-spanning primers were constructed for each gene. The specific primer for each gene was created using Primer-BLAST software (https://www.ncbi.nlm.nih.gov/tools/primer-blast/, accessed on 1 March 2021). All primers used in this study were synthesized commercially (Macrogen Inc., Seoul, South Korea) and diluted to a final concentration of 10 pmol using sterile distilled water. The primer sequences for each gene and their predicted size are listed in Table 1.

## 2.6. Purification and Sequencing of RT-PCR Products

The PCR products were separated on a 1% agarose gel electrophoresis. The amplified products were then purified using the Roche Applied Science High Pure PCR Product Purification Kit (Roche; 11732668001, Darmstadt, Germany). Then, 10 ng/ $\mu$ L of DNA in a total volume of 10  $\mu$ L was placed in a clean 1.5 mL Eppendorf tube, and 5 pmol/ $\mu$ L forward and/or reverse primers in a total volume of 10  $\mu$ L were transferred to additional tubes. DNA sequencing was undertaken by Microgen. To compare a query sequence with the NCBI databases of sequences, the resulting sequencing of each product was submitted to the Basic Local Alignment Search Tool (BLAST) website (https://blast.ncbi.nlm.nih. gov/Blast.cgi, accessed on 1 March 2021) and the EMBL European Bioinformatics Institute website (https://www.ebi.ac.uk/, accessed on 1 March 2021) was used to predict the sequence of PCR product.

Gene (Official Symbol)	Chromosomal Location	Primer Direction	Primer Sequence (From 5' $ ightarrow$ 3')	Ta *	Product Size (bp)
АСТВ	7	Forward Reverse	AGAAAATCTGGCACCACACC AGGAAGGAAGGCTGGAAGAG	58	553
ACTL9	19	Forward Reverse	CAGTCGGTGCTGTCTGTCTA CCGCAGAGAAGCACGTTTTG	60	488
ADAM2	8	Forward Reverse	GTCTTGTTTCTGCTCAGCGG AGCCAACTGAAGACTCCAGG	60	397
ASB17	1	Forward Reverse	GTGGGGATATCACTGTTACG GCACTCTGGAACATAGTACC	58	542
C10orf82	10	Forward Reverse	CTGCCAAGGAATGTCCAAG ATGTGCCTTCTTGGCCCTCT	60	370
C16orf78	16	Forward Reverse	CAGGGGAAGAAGAAACAAGC GTCTCTTATGAAGGTTGCCC	58	405
CCDC83	11	Forward Reverse	GAGAGGATGTTGAAGAAGCG CTGGGTATCTTGAGATCCAC	58	520
LYZL6	17	Forward Reverse	GGCGCTACTCATCTATTTGG CCGGACACAATCCTTTTTGC	58	348
CTAG1A	Х	Forward Reverse	CCTGCTTGAGTTCTACCTCG CTGCGTGATCCACATCAACA	60	235
PDHA2	4	Forward Reverse	CGAGTTGCCCAGAAATCAGC AGCTCTGCGAGAATGGATCG	60	374
PPP3R2	9	Forward Reverse	GGGCAGGAGGTTTAAGAAGT CCACAGCACTGAATTCCTCA	58	401
PRPS1L1	7	Forward Reverse	GTCTACATCGTTCAGAGTGG CAAGTGTCTGCCATGTCATC	58	521
NUTM1	15	Forward Reverse	CACCACCAGTTGCTCAACTG CTCCTTCACAGCTTCTGGTG	60	623
TEX19	17	Forward Reverse	GCTTCAACATGGAGATCAGC GAAGCTCCTCAAATCTCCAG	58	386
SPZ1	5	Forward Reverse	CTGCTAAGTCAGCTGAGATG GAATAGGTGTCATGGCTCAG	58	937
TKTL2	4	Forward Reverse	AGGTACTGCATGTGGAATGG CATCTTCTCCAGTGGATACC	58	896
ZSWIM2	2	Forward Reverse	GACAAACACCTTGGGATTCC GGCATGAATTGCACTTGTGG	58	469
ODF4	17	Forward Reverse	CCTTCATCTTCTCCACCCTC GGTGTCTGTGATCGTCTGTG	60	263
CCER1	12	Forward Reverse	CAGCGTACAATAGACCGCAC CACACCTCCTGGTCATACTC	60	748
ACTRT1	Х	Forward Reverse	GGGATGACATGGAGAAACTC CCATTTTTGAGAGTCCTGGG	58	591
SCP2D1	20	Forward Reverse	CAGTTCGAGGTTCTGGGTTC GCTAAGCAGAACCTTGCCAC	60	369
TEX33	22	Forward Reverse	GATCCTCCTCGAGAGAGAAC GCCAGTGTTCTAAGTCCCTC	60	426

Table 1.	Primer sequences	s used in RT-PCR stud	ly and their ex	pected product size.

Ta \*—Annealing temperature for each gene.

# 2.7. Primer Design for Real Time Quantitative PCR (qRT-PCR)

All the primers were manually designed with an amplicon size of 180 bp for efficient amplification in qRT-PCR. Each primer had 20 nucleotides in length and included 50–55 percent G/C to avoid the projected internal secondary structure. To prevent primerdimer formation, the forward and reverse primers had no substantial complementarity at the 3' ends and had equal melting temperatures. A BLAST search was used to examine primers to ensure specificity. Primers were synthesized commercially (Macrogen Inc., South Korea), and their sequences are enlisted in Table 2. Stock primers were diluted to a final concentration of 10 pmol using sterile distilled water.

Gene (Official Symbol)	Primer Direction	Primer Sequence (From 5' $ ightarrow$ 3')	Product Size (bp)
GAPDH	Forward Reverse	GGGAAGCTTGTCATCAATGG GAGATGATGACCCTTTTGGC	173
ACTL9	Forward Reverse	CAAGGAGCTGTTCCAGTGTC CCGCAGAGAAGCACGTTTTG	153
PDHA2	Forward Reverse	GATGGTCAGGAAGCTTGTTG TCAGCTCTGCGAGAATGGAT	133
TKTL2	Forward Reverse	CATGGTAAGTGTGGCACTAG CACAGTGGGAACCAATAAGG	149
SCP2D1	Forward Reverse	CCAGCAGACACTGTCTTTAC CTTCCAGCTAAGCAGAACCT	129

Table 2. Primer sequences for qRT-PCR and their expected amplicon size.

# 2.8. PCR Setup for qRT-PCR

The qRT-PCR experiments were set up using the iTaq Universal SYBR Green Supermix (Bio-Rad; 1725120, Hercules, CA, USA) according to the manufacturer's instructions. Then, 5  $\mu$ L of SYBR Green Supermix, 2  $\mu$ L of cDNA (200 ng), 0.25  $\mu$ L from each primer, and finally water was added to adjust the volume to 10  $\mu$ L in a 96-well plate. Samples were duplicated three times and amplified using a pre-denaturation phase of 30 s at 95 °C, followed by 40 cycles of 15 s at 95 °C, 30 s of primer annealing at 60 °C, and 15 s of extension at 95 °C. After the 40 cycles were completed, a melting curve analysis was performed. For normalization of the qRT-PCR findings, *GAPDH* was used as a positive control. A QuantStudioTM 7 Flex Real-time PCR System was used to perform qRT-PCR (Applied Biosystems, Hercules, CA, USA).

#### 2.9. Statistical Analysis

An unpaired Student t-test was used to analyse the differences between two groups (NC and CC tissues) of *ACTL9*, *PDHA2*, *SCP2D1*, and *TKTL2* expressions. Statistical significance was determined for all p values (\* p < 0.05, \*\* p < 0.01).

# 3. Results

# 3.1. Clinical Data on the Studied Subjects

The late diagnosis of CC is one of the most significant causes of increased mortality in Saudi Arabia, as it is more difficult to treat at later stages. Consequently, studying CT gene expressions in multiple patients with CC could help in the detection of cancer in the early stages (i.e., a cancer biomarker) and thereby increasing the possibility of treatment.

The general demographic and clinical characteristics of the study participants are shown in Table 3. A total of 36 patients were tested, including 20 samples of NC and CC, eight samples of BC, and eight samples of leukemia patients. The mean age of the CC, BC, and leukemia patients, according to our study on the general demographic aspects of the donors, was 60 (ranged from 24 to 83), 54 (ranged from 46 to 74), and 52 (ranged from 32 to 61) years, respectively. Thirty-five percent of the CC patients were under the age

of 60, while sixty-five percent were over 60 years old. Overall, 62.5% of BC and leukemia patients were under the age of 54, and 52, respectively, while 37.5% were above the age of 54, and 52 years old, respectively. Other clinical characteristics of these individuals, including tumor grade, leukemia type, and estrogen receptor and progesterone receptor status, are presented in Tables 3–5.

**Table 3.** General clinical parameters of the study participants.

Variables	Colon CancerNormal ColonN (%)N (%)		Breast Cancer N (%)	Leukemia N (%)
Participants	20 (100%)	20 (100%)	8 (100%)	8 (100%)
		Sex		
Males	20 (100%)	20 (100%)		8 (100%)
Females			8 (100%)	
Mean age (min–max)	60 (2	4–83)	54 (46–74)	52 (32–61)
Below 60	7 (35%)	7 (35%)		
Above 60	13 (65%)	13 (65%)		
Below 54			5 (62.5%)	
Above 54			3 (37.5%)	
Below 52				5 (62.5%)
Above 52				3 (37.5%)
		Estrogen Receptor (ER)		
ER+			1 (12.5%)	
ER-			7 (87.5%)	
		Progesterone Receptor (PR)	)	
PR+			2 (25%)	
PR-			6 (75%)	
		Type of Leukemia		
Chronic myeloid				5 (62.5%)
Chronic lymphoblastic				3 (37.5%)

# Table 4. Colon cancer (CC) patients' ages and their cancer grades.

Variable										CC Pa	tients	;								
Sample	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Ages	79	49	63	38	79	73	54	24	69	61	38	69	65	47	55	83	61	73	48	78
Cancer grade	II	Ι	III	Π	IIII	II	II	II	Π	Π	III	II	II	III	III	II	II	II	II	Π

Variable				BC Pa	tients						Le	eukemi	a Patier	nts		
Sample	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8
Ages	49	48	46	52	46	67	74	55	51	61	51	58	32	51	61	51
Cancer grade	II	III	IIII	III	Π	II	II	Ι	_	_	_	_	_	_	_	_

Table 5. Breast cancer (BC) and leukemia patients' ages and their cancer grades.

# 3.2. Expression Profile of The Selected Genes in CC Tissues and Matching NC Tissues

mRNA levels for the genes indicated in Table 1 were validated by RT-PCR analysis with a variety of RNAs from 20 human colon normal tissues to evaluate their testis-specificity. The primer for each gene was validated using testis cDNA generated from human testes' total RNA (Thermo Fisher Scientific, Waltham, MA, USA; AM7972). The expression of *ACTB* served as a positive control to validate the quality of the cDNA. A triplicate PCR was conducted individually for each gene.

The RT-PCR screening of the selected genes on the twenty NC tissues indicated that eight genes (*ACTL9, ACTRT1, TEX19, ODF4, PDHA2, PPP3R2, PRPS1L1,* and *CCER1*) showed faint bands in different NC tissues (Figure 1A) and strong bands in CC tissues (Figure 1B).



**Figure 1.** RT-PCR expression profiles for the *ACTL9*, *ACTRT1*, *TEX19*, *ODF4*, *PDHA2*, *PPP3R2*, *PRPSIL1*, and *CCER1* genes in matching normal colon (NC) and colon cancer (CC) tissues. Agarose gels display the RT-PCR analysis for the *ACTL9*, *ACTRT1*, *TEX19*, *ODF4*, *PDHA2*, *PPP3R2*, *PRPSIL1*, and *CCER1* genes. cDNAs were synthesized from the total RNA from 20 NC tissues (**A**) and CC tissues (**B**). *ACTB* expression was used as a positive control for the cDNA samples. Testis cDNA was used to test the primer for each gene. The expected product size of each gene is presented on the right between brackets.

*ODF4* RT-PCR analysis in the NC and CC tissues showed an unexpectedly large band (about 480 bp) compared to 263 bp in the normal testis. The sequence of this PCR product was related to *ODF4* (Supplementary Table S1), which might point to a different splice variant for the *ODF4* gene.

The expression of 13 genes (*ASB17*, *NUTM1*, *ZSWIM2*, *C16orf78*, *CCDC83*, *C10orf82*, *ADAM2*, *CTAG1A*, *SPZ1*, *LYZL6*, *SCP2D1*, *TEX33*, and *TKTL2*) was restricted to the testis in the NC tissue panel (Figures 2A and 3A). Therefore, we further investigated the previous genes by RT-PCR in a range of twenty CC tissues to find any CC markers among those genes. *ASB17*, *NUTM1*, *ZSWIM2*, *C16orf78*, *CCDC83*, *C10orf82*, and *ADAM2* were found

to have no expression in the CC samples utilized in this investigation; hence, they were designated as testis-specific genes since their expression was limited to the normal testis alone. These seven genes, however, were not ruled out as CC candidates, and additional testing in other CC tissues and/or other tissues from different cancers not included in this study may reveal that they are expressed. The anticipated PCR product size for the *ADAM2* gene in testis cDNA is 397 bp (Table 1); however, the PCR product in the NC tissues and CC tissues showed a larger band of approximately 1000 bp, but this larger band was not related to the *ADAM2* gene (Supplementary Table S1).



**Figure 2.** RT-PCR expression profiles for the meiotic restricted genes in matching normal colon (NC) and colon cancer (CC) tissues. Agarose gels display the RT-PCR analysis for the *ASB17*, *NUTM1*, *ZSWIM2*, *C16orf78*, *CCDC83*, *C10orf82*, *and ADAM2* genes. cDNAs were synthesized from the total RNA from 20 NC tissues (**A**) and CC tissues (**B**). *ACTB* expression was used as a positive control for the cDNA samples. Testis cDNA was used to test the primer for each gene. The expected product size of each gene is presented on the right between brackets.

*CTAG1A, SPZ1, LYZL6, SCP2D1, TEX33,* and *TKTL2* were expressed in varying numbers of CC tissues compared to no measurable expressions in all NC tissue specimens. PCR products observed from CC samples make these genes suitable potential candidates for CC markers (Figure 3B). The most frequently expressed CT genes in CC were *CTAG1A* (35%) and *SCP2D1* (35%), followed by *TKTL2* (25%), *SPZ1* (20%), *LYZL6* (15%), and *TEX33* (5%) (Figure 3B).

The findings from the DNA sequencing for the genes *C10orf82*, *CTAG1A*, *ACTRT1*, *SPZ1*, *LYZL6*, *SCP2D1*, *TEX33*, and *TKTL2* were compared to the reference sequence in the NCB1 using the BLAST program (http://blast.ncbi.nlm.nih.gov, accessed on 1 March 2021) (Supplementary Table S1). The BLAST software was used to blast the sequences retrieved from the sequencing.



**Figure 3.** RT-PCR expression profiles for the candidate colon cancer markers in matching normal colon (NC) and colon cancer (CC) tissues. Agarose gels display the RT-PCR analysis for the *CTAG1A*, *SPZ1*, *LYZL6*, *SCP2D1*, *TEX33*, and *TKTL2* genes. cDNAs were synthesized from the total RNA from 20 NC tissues (**A**) and CC tissues (**B**). *ACTB* expression was used as a positive control for the cDNA samples. Testis cDNA was used to test the primer for each gene. The expected product size of each gene is presented on the right between brackets.

# 3.3. Studying the Specificity of the CC Biomarkers Identified in the Selected Genes

To determine their specificity, six of the CC biomarkers identified in Figure 3: *CTAG1A*, *LYZL6*, *SCP2D1*, *TEX33*, *TKTL2*, and *SPZ1* were screened for expression in five samples of chronic myeloid leukemia (CML), three samples of chronic lymphoblastic leukemia (CLL), and eight samples of BC isolated from the Saudi population.

According to the expression profile seen in Figure 3B, *CTAG1A*, *TEX33*, and *SPZ1* were originally classed as CC markers. However, in leukemia and BC tissues, there were no measurable mRNAs (Figure 4A,B).

The *LYZL6* gene shows a weak RT-PCR product in 25% of the BC samples (Figure 4B) but not in CML and CLL samples (Figure 4A). The sequencing results of the purified PCR products ensured the correct target; therefore, it suggests that *LYZL6* could be considered a marker for CC and BC for the Saudi population.

Another gene identified as a CC marker due to its expression profile (Figure 3) is *SCP2D1*. Although the *SCP2D1* gene appears to display an expression in the CC tissues, this mRNA is also presented in all leukemia samples (Figure 4A). However, no expression was detected in any of the BC tissues (Figure 4B). Therefore, *SCP2D1* expression appears to be restricted to the CC, CML, and CLL tissues, as shown in Figures 3B and 4A.

The expression of *TKTL2* was restricted to the testes in the NC tissues, with additional expression also being shown in 25% of the CC tissues (Figure 3B). *TKTL2* expression was also observed from a very weak RT-PCR product in 50% of theleukemia samples (Figure 4A) but not in the BC samples tested in this investigation (Figure 4B).



**Figure 4.** RT-PCR expression profiles for the candidate colon cancer markers in leukemia and breast cancer (BC) tissues. Agarose gels display the RT-PCR analysis for the *CTAG1A*, *LYZL6*, *SCP2D1*, *TEX33*, *TKTL2*, and *SPZ1* genes. (**A**) cDNAs were synthesized from the total RNA from eight leukemia cancer (chronic myeloid leukemia (CML), and chronic lymphoblastic leukemia (CLL)). (**B**) cDNAs were synthesized from the total RNA from BC tissues. *ACTB* expression was used as a positive control for the cDNA samples. Testis cDNA was used to test the primer for each gene. The expected product size of each gene is presented on the right between brackets.

#### 3.4. Screening of Meiotic Genes in CML, CLL, and BC Tissues

The goal of this screening was to find possible novel CT genes that might be employed as cancer markers and/or therapeutic targets. The *NUTM1*, *C10orf82*, *C16orf78*, *ASB17*, *ZSWIM2*, *CCDC83*, and *ADAM2* genes showed no expression in the NC or CC tissues; hence they were designated as testis-restricted following validation.

The expression patterns for all six genes were clearly testis-restricted since no expression was detected in any leukemia and/or BC tissues, except for *C10orf82* (Figure 5A,B). The RT-PCR expression profile of *C10orf82* showed a weak band in 25% of the BC tissues. Sequencing of this PCR product showed significant sequence similarity to *C10orf82* (Supplementary Table S1). Therefore, the *C10orf82* gene may be a BC-specific gene worth investigating.



**Figure 5.** RT-PCR expression profiles for the meiotic restricted genes in leukemia and breast cancer (BC) tissues. Agarose gels display the RT-PCR analysis for the *NUTM1*, *C10orf82*, *C16orf78*, *ASB17*, *ZSWIM2*, *CCDC83*, and *AMAM2* genes. (**A**) cDNAs were synthesized from the total RNA from eight leukemia cancer (chronic myeloid leukemia (CML), and chronic lymphoblastic leukemia (CLL)). (**B**) cDNAs were synthesized from the total RNA from breast cancer (BC) tissues. *ACTB* expression was used as a positive control for the cDNA samples. Testis cDNA was used to test the primer for each gene. The expected product size of each gene is presented on the right between brackets.

# 3.5. qRT-PCR Analysis of ACTL9, PDHA2, SCP2D1, and TKTL2 Expressions in CC and NC Tissues

For further analysis, qRT-PCR was used to measure the levels of *ACTL9*, *PDHA2*, *SCP2D1*, and *TKTL2* mRNA in 20 CC and 20 NC tissues. We evaluated the expression of each gene in NC and its match of CC in each sample. Then, the expression of each gene in NC was normalized to one and compared to its match of CC. After this, we took the average and standard error of the expression of each gene in all samples. According to the qRT-PCR data, Figure 6 shows that the expression of *ACTL9*, *PDHA2*, *SCP2D1*, and *TKTL2* is greater in the CC tissues than in the NC tissues. As a result, the qRT-PCR results correspond to the RT-PCR results seen previously in Figures 1 and 3.



**Figure 6.** qRT-PCR analysis of *ACTL9*, *PDHA2*, *SCP2D1*, and *TKTL2* expressions in colon cancer (CC) and normal colon (NC) tissues. The gene expression data for *ACTL9*, *PDHA2*, *SCP2D1*, and *TKTL2* in CC and NC tissues are shown in the bar chart. The *GAPDH* reference gene was used to normalize the expression data. The standard error of the mean for three repetitions is shown by the error bars ( $\star p < 0.05$ ,  $\star \star p < 0.01$ ). N = number of samples.

# 4. Discussion

CTAs are cancer-specific biomarkers with promising prognostic or diagnostic and therapeutic applications. Hoffman and colleagues [15] proposed the current categorization scheme for CT genes which is currently in use. A sub-category of meiosis-specific genes has been ascribed to CT genes based on an in silico pipeline, beginning with probable meiotic genes [12].

In the current study, 21 CT genes were quantified using RT-PCR analysis in 20 CC tissues and compared with their matching NC tissues. According to the expression profiles, these predicted meiosis-specific genes showed elevated expression in different types of CC samples, indicating their potential as biomarkers.

The RT-PCR analysis of *ACTL9*, *ACTRT1*, *TEX19*, *ODF4*, *PDHA2*, *PPP3R2*, *PRPS1L1*, and *CCER1* genes showed PCR product in multiple NC tissues in addition to multiple CC tissues; however, their bands in CC tissues were found to be stronger than the NC tissues. This pattern was also found in a previous study, demonstrating the greater expression of *ACTL9*, *ACTRT1*, *PDHA2*, *PPP3R2*, *PRPS1L1*, and *CCER1* genes among CC cell lines [12,13]. Similar results were observed for *TEX19* in CC cell lines [12] and bladder cancer [16]. *ODF4* was also upregulated in BC tissues, as compared with their adjacent normal tissues [17], which is similar to our RT-PCR results. qRT-PCR analyses for the above eight genes are required to confirm the RT-PCR results; unfortunately, we only performed analyses for *ACTL9* and *PDHA2* because the majority of CC samples had run out. Interestingly, we found that the qRT-PCR results *ACTL9* and *PDHA2* corresponded to the RT-PCR results, confirming that these genes were overexpressed in CC tissues as compared to NC tissues.

Furthermore, this screen identified six genes as potential novel CT genes. These genes were characterized after validation as CT-restricted genes, including *CTAG1A*, *SPZ1*, *LYZL6*, *SCP2D1*, *TEX33*, and *TKTL2*. Therefore, all these genes were found to be optimal candidates as CC markers in the Saudi population since they were observed to show expression in different types of CC samples but not in NC tissues. This clustering phenomenon is probably linked to the activation process for CT genes in cancer. For example, demethylation in cancer leads to the activation of CT genes [18]. To identify the gene specificity using BC and leukemia samples, only three genes showed expression among these tissues. These genes are *LYZL6* in BC tissues and *SCP2D1* and *TKTL2* genes in the majority of leukemia tissues. To study CC specificity, BC and leukemia samples are inadequate. The number of patients was relatively small, and this may have affected the statistical results. It was difficult to collect more samples due to traditional restrictions, and participants did not cooperate with the tissue sampling provided; therefore, more samples of BC, leukemia, and other cancers are required.

Previous studies identified the same findings for CTAG1A, SPZ1, LYZL6, SCP2D1, and TEX33 genes. CTAG1A (NY-ESO-1) was expressed in patients with colorectal and lung cancers among the Chinese population [19,20]. Due to the sample limitation, an investigation was conducted on the role of specific genes CTAG1A, SPZ1, and TEX33 in CC progression. We evaluated mRNA expression levels using an interactive online database OncoDB [21], mainly from TCGA and GTEx [22]. Therefore, a bioinformatic RNA-seq data analysis pipeline was used, adopting standard features recommended by the GDC (https://docs.gdc.cancer.gov/, accessed on 1 March 2021), outcomes with significantly higher expression levels in CC tissues compared to other cancers and normal tissues. Moreover, considerable attention has been focused on the CTAG1A gene due to the marked cellular and humoral immune responses it induces [23]. Such responses are often detected in patients with breast [24], gastric [25], esophageal [26], lung [27], and hepatocellular [28] cancer but are more highly expressed in the CC. This response is considered a novel serological biomarker and has a specific immunotherapeutic clinical application method for colorectal cancer [19]. Correspondingly, a significant strong association and higher expression have been revealed in a recent investigation of SPZ1 using in vitro and in vivo methods, demonstrating that SPZ1 contributes to tumor progression by inhibiting apoptosis. This is a suggestion that it might be used as a biomarker target for colorectal cancer [29]. The LYZL6 gene was expressed in a CC cell line [13], while the SCP2D1 (C20orf79) and TEX33 (C22orf33) genes were found to be expressed in diverse types of cancer cell lines, including CC type [12]. Zhao et al. demonstrated that TKTL1 was more highly expressed in ovarian cancer tissues than in normal tissues [30]. However, no expression was observed in *TKTL2* between all ovarian cancers tested when compared with normal ovarian tissues [30].

In contrast, the NUTM1, C10orf82, C16orf78, ASB17, ZSWIM2, CCDC83, and ADAM2 genes were shown to have a testis-restricted expression pattern in the NC tissues and demonstrated no evidence of RT-PCR expression in the CC tissues. However, these genes were not dismissed from the gene screening because they might be expressed in other cancer types. Therefore, RT-PCR analyses for these seven genes were carried out in different types of BC and leukemia tissues. Interestingly, only the C10orf82 gene was expressed in BC, as compared to CC and leukemia tissues. This result corresponds with a previous study that showed C10orf82 expression was closely linked with ovarian cancer patients [31]. CCDC83-1, CCDC83-2, and CCDC83-3 are three variations of the CCDC83 gene, which contains 11 exons. In this study, we tested CCDC83 variant 1, and mRNA expression was not found in CC tissues. A previous study identified the same results for CCDC83-1 but in CC cell lines; however, CCDC83-2 and CCDC83-3 mRNA expression was found in various cancer cell lines [32]. The expression of the ADAM2 gene was not detected in this study among the three types of cancer tissues, which is consistent with another report using tissues from BC samples [33]. The C16orf78, ASB17, and ZSWIM2 gene findings among the Saudi population were discordant with Sammut et al. study that identified their expressions in different CC cell lines [13]. The NUTM1 gene was expressed in the

testis only and was absent in the CC, BC, and leukemia tissues. This result was, therefore, inconsistent with another report that determined its expression profile at a low level in the HCT116 colon cancer cell line [12].

Lastly, our study aims to identify CT gene biomarkers for the early diagnosis of CC that could help screen the potential candidates for CC. However, there are some limitations to the present study. First, the surgical samples numbered only 20, and the results need to be replicated in larger samples. Second, we did not evaluate the protein levels of the candidate CT genes in CC due to a lack of samples.

# 5. Conclusions

In this study, we analyzed the expression profiles of 21 CT genes in CC tissues and their matching NC tissues. We found that *CTAG1A*, *SPZ1*, *LYZL6*, *SCP2D1*, *TEX33*, and *TKTL2* genes showed mRNA expression in different CC patients but not in adjacent NC tissues. The expression pattern of these genes in CC samples suggests that they may be used as cancer biomarkers for the early diagnosis of CC. However, more experiments at the protein level and with a larger cohort of patients are required to evaluate this finding. In addition, the mechanism responsible for the expression of these genes in tumorigenesis requires further evaluation.

**Supplementary Materials:** The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/genes13050807/s1, Table S1: Summary of the sequencing results for the desired genes.

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#### Abbreviations

CC	Colon cancer
	Concor tootic anticono
CIAS	Cancer-testis antigens
CT	Cancer-testis
NC	Normal colon
BC	Breast cancer
CML	Chronic myeloid leukemia
CLL	Chronic lymphoblastic leukemia
mRNA	messenger RNA
RNA	Ribonucleic acid

mg	Milligram
cDNA	Complementary DNA
PCR	Polymerase chain reaction
RT-PCR	Reverse transcription PCR
qRT-PCR	quantitative, real-time PCR
bp	Base pair
kb	Kilobase
BLAST	Basic Local Alignment Search Tool
Та	Annealing temperature
pmol	picomole
μg	Microgram
ng	Nanogram
mL	Milliliter
μL	Microliter

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