#### **ORIGINAL ARTICLE**



# Evaluation of clinical and genetic factors in the population pharmacokinetics of carbamazepine

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FP7 Health, Grant/Award Number: 238132; ICON plc, GlaxoSmithKline, AstraZeneca, and the Medicines Evaluation Unit Ltd. M.P; Medical Research Council, Grant/Award Numbers: G1000417/94909, MR/L006758/1; North West England Medical Research Council Fellowship Scheme in Clinical Pharmacology and Therapeutics Aims: Carbamazepine can cause hypersensitivity reactions in  $\sim$ 10% of patients. An immunogenic effect can be produced by the electrophilic 10,11-epoxide metabolite but not by carbamazepine. Hypothetically, certain single nucleotide polymorphisms might increase the formation of immunogenic metabolites, leading ultimately to hypersensitivity reactions. This study explores the role of clinical and genetic factors in the pharmacokinetics (PK) of carbamazepine and 3 metabolites known to be chemically reactive or formed through reactive intermediates.

**Methods:** A combination of rich and sparse PK samples were collected from healthy volunteers and epilepsy patients. All subjects were genotyped for 20 single nucleotide polymorphisms in 11 genes known to be involved in the metabolism or transport of carbamazepine and carbamazepine 10,11-epoxide. Nonlinear mixed effects modelling was used to build a population-PK model.

**Results:** In total, 248 observations were collected from 80 subjects. A 1-compartment PK model with first-order absorption and elimination best described the parent carbamazepine data, with a total clearance of 1.96 L/h, central distribution volume of 164 L and absorption rate constant of 0.45  $h^{-1}$ . Total daily dose and coadministration of phenytoin were significant covariates for total clearance of carbamazepine. *EPHX1*-416G/G genotype was a significant covariate for the clearance of carbamazepine 10,11-epoxide.

**Conclusion:** Our data indicate that carbamazepine clearance was affected by total dose and phenytoin coadministration, but not by genetic factors, while carbamazepine 10,11-epoxide clearance was affected by a variant in the microsomal epoxide hydrolase gene. A much larger sample size would be required to fully evaluate the role of genetic variation in carbamazepine pharmacokinetics, and thereby predisposition to carbamazepine hypersensitivity.

#### KEYWORDS

carbamazepine, population pharmacokinetics, single nucleotide polymorphisms

The authors confirm that the Principal Investigator for this paper is Vincent Yip and that he had direct clinical responsibility for patients.

Clinical trial registration numbers: ISRCTN00131154. ISRCTN62125126.

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# 1 | INTRODUCTION

Carbamazepine (CBZ) is used for the treatment of epilepsy, bipolar disorder and trigeminal neuralgia.<sup>1</sup> Therapy with CBZ is complicated because of the drug's complex pharmacokinetic (PK) profile.<sup>2-4</sup> CBZ is almost completely metabolised in the liver and the major oxidation route is conversion to carbamazepine 10,11-epoxide (CBZE; Figure 1), which is pharmacologically active<sup>2</sup> and electrophilic.<sup>5</sup> Other metabolites include 2-hydroxycarbamazepine (20H-CBZ). 3-hydroxycarbamazepine (3OH-CBZ),<sup>4</sup> 2,3-dihydroxycarbamazepine, and the o-quinone of the catechol.<sup>2</sup> Multiple cytochrome P450 (CYP) isoforms are involved in the formation of these metabolites.<sup>4,6</sup> Other enzymes involved in CBZ metabolism include uridine diphosphate glucuronosyltransferase (UGT2B7),<sup>7</sup> microsomal epoxide hydrolase and myeloperoxidase.<sup>8</sup>

Clinically, CBZ has a narrow therapeutic index. It induces multiple CYP isoforms and transporters,<sup>9</sup> and also induces its own metabolism. There is large interindividual variability in plasma levels of CBZ with poor correlation to dose. Patient factors that influence the PK of CBZ include sex, age and total body weight.<sup>10-12</sup> Concomitant medications such as valproic acid, phenytoin, felbamate and phenobarbital have also been associated with variation in metabolism of CBZ.<sup>13-15</sup>

CBZ is generally well tolerated, but up to 10% of patients experience a hypersensitivity reaction.<sup>1</sup> Carriage of *HLA-B\*15:02* has been associated with increased risk of CBZ-induced Stevens-Johnson syndrome (SJS) and toxic epidermal necrolysis (TEN) in patients from South-East Asia while carriage of *HLA-A\*31:01* has been associated with increased susceptibility to all phenotypes of CBZ hypersensitivity in European, Japanese and Korean populations.<sup>16</sup> Phenytoin is an aromatic anticonvulsant that is also a known cause of SJS/TEN. Similar to CBZ, carriage of *HLA-B\*15:02* is associated with increased susceptibility to hypersensitivity.<sup>17,18</sup>

### What is already known about the subject

- Metabolism of carbamazepine leads to the generation of reactive metabolites, such as the 10,11-epoxide and arene oxides, which have been implicated in the pathogenesis of carbamazepine hypersensitivity reactions such as toxic epidermal necrolysis.
- Genetic variants in enzymes of carbamazepine metabolism and drug transporter proteins have been shown to alter plasma drug and metabolite levels and dosage requirements in patients.
- Pharmacokinetic modelling can be used to investigate the role of clinical and genetic factors in the metabolism of carbamazepine and its metabolites.

#### What this study adds

- A population pharmacokinetic model with first-order absorption was developed for carbamazepine and its metabolites carbamazepine 10,11-epoxide, 2-hydroxycarbamazepine and 3-hydroxycarbamazepine.
- Genetic variation in microsomal epoxide hydrolase (EPHX1; rs2234922) was associated with reduced clearance of carbamazepine 10,11 epoxide in homozygous GG genotypes compared with GA and AA genotypes.
- Genetic variation in drug transporters (ABCB1, ABCC2), cytochrome P450 isoforms (CYP2B6, CYP2C8, CYP2C19, CYP3A4) and other enzymes of drug metabolism (uridine diphosphate glucuronosyltransferase, myeloperoxidase, P450 oxidoreductase) had no effect on clearance of carbamazepine and its metabolites.



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More recently, a genome-wide association study reported a significant association between phenytoin-induced serious cutaneous adverse reactions and carriage of *CYP2C9*\*3.<sup>19</sup> Delayed clearance of plasma phenytoin in patients with severe cutaneous reactions was identified as providing a mechanistic link to the manifestation of hypersensitivity.<sup>20</sup>

Conventionally, it is thought that chemically reactive drug metabolites, such as arene oxides and epoxides, can be cytotoxic or form neo-antigens with cellular proteins, which activate the immune system, resulting in hypersensitivity reactions.<sup>21</sup> Recently, however, carbamazepine 10,11-epoxide has also been shown to have a specific immunogenic effect, namely alteration of selective peptide presentation by HLA-B\*15:02, through binding to the protein, a property not demonstrated by CBZ.<sup>22</sup>

Theoretically, genetic variants in CBZ metabolism could not only alter the routes of metabolism between different individuals, but they could also increase the formation of chemically reactive and otherwise immunogenic metabolites.<sup>23</sup> Table 1 outlines the studies that have investigated effects of genetic polymorphisms on the metabolism of CBZ. No previous study has comprehensively characterised the effects of genetic variation on metabolism of carbamazepine and its metabolites through PK modelling.

The aim of this study was to develop a population PK model for CBZ and 3 metabolites, namely CBZE, 2OH-CBZ and 3OH-CBZ, in healthy adults and adult patients with epilepsy, to generate population clearance estimates for CBZ and the metabolites. Those metabolites were chosen because they are chemically reactive (CBZE) or their generation is via reactive arene oxide intermediates (2OH-CBZ and 3OH-CBZ).<sup>5</sup> The model was used to investigate the influence of physiological factors, concomitant medications, and genetic variation in enzymes and transporters associated with the metabolism and disposition of CBZ.

#### 2 | METHODS

#### 2.1 | Ethical approval

Study participants were recruited from 2 different studies: PICME I (Pharmacokinetic Investigation into the formation of Carbamazepine Metabolites and carbamazepine-protein conjugates in healthy volunteers) and PICME II (Pharmacokinetic Investigation into the formation of Carbamazepine Metabolites and carbamazepine-protein conjugates in epilepsy patients). Both studies were granted clinical trial authorisation by the Medicines and Healthcare products Regulatory Agency in the UK (EudraCT: 2012-004700-35 and EudraCT: 2013-002743-28). Ethical approval for PICME I was granted by the North West Research Ethics Committee–Greater Manchester (ethics reference: 12/NW/0780). Ethical approval for PICME II was granted by the North West Research Ethics Committee–Haydock (ethics reference: 13/NW/0503).

## 2.2 | Study population

Healthy male adult volunteers were recruited at the Royal Liverpool and Broadgreen University Hospitals NHS Trust, UK, as part of the PICME I clinical study from September 2013 to November 2013. The PICME II clinical study was conducted at the Walton Centre NHS Foundation Trust, UK, from December 2013 to September 2014. Two groups of patient volunteers were recruited as part of the PICME II study: an autoinduction group and a maintenance group. The autoinduction group consisted of patients with epilepsy who were newly initiated on CBZ treatment. The maintenance group consisted of patients with epilepsy who had been established on a stable dose of CBZ for at least 4 weeks. Detailed inclusion and exclusion criteria are available in the supplementary material.

#### 2.3 | Dosing and sampling schedules

In PICME I, healthy volunteers were administered a single oral dose of 400 mg immediate release CBZ (Novartis Pharmaceuticals UK Ltd., London, UK). Blood samples (5 mL) were taken predose and at 0.25, 0.5, 1, 2, 4, 6, 8, 12, 24, 48 and 72 hours after drug administration. CBZ was administered by study clinicians and nurses, with dosing times recorded in case report forms.

In PICME II, patients with epilepsy in the autoinduction group, who were newly prescribed CBZ, received a single immediate release oral dose of 200 mg (Novartis Pharmaceuticals UK Ltd., London, UK). Blood samples (5 mL) were taken predose and at 1, 2, 4, 6, 8 and 24 hours after drug administration. Subjects were discharged and self-administered 200 mg CBZ once daily at home. On day 14, subjects returned for further blood sampling predose and then at 1, 2, 4, 6 and 8 hours postdose. After this visit, the dose of CBZ was increased to 200 mg twice daily. On day 28, blood samples (5 mL) were collected at the same time points as on day 14. The dose of CBZ was increased to 200 mg in the morning and 400 mg at night. On day 42, blood samples (5 mL) were collected at the time points given above. This dose titration regimen is standard practice for initiation of CBZ therapy at the Walton Centre NHS Foundation Trust.

Participants in the maintenance group of the PICME II clinical trial underwent sparse PK sampling. Blood samples (5 mL) were collected during routine epilepsy clinic appointments. Postdose timing was calculated by asking the subject the timing and dosage of the previous dose of self-administered CBZ. All PK blood samples were immediately centrifuged at 1500 g for 10 minutes at 4°C. Aliquots of plasma (300 µL) were stored at  $-80^{\circ}$ C until further analysis. Subjects in the maintenance group obtained their CBZ prescription from the community so it was not possible to determine all the manufacturers.

#### 2.4 | Plasma drug and metabolite assays methods

CBZ and metabolites in plasma samples were assayed by liquid chromatography-tandem mass spectrometry using the method

Effect of polymorphism NS NS NS Higher CBZ maintenance dose, lower CBZ natural logarithmic concentration-dose ratio and higher CBZE concentration Higher CBZ maintenance dose if also a carrier of ABCC2 c.1249G > A Higher CBZ maintenance dose and higher CBZE concentration Higher CBZ maintenance dose if also a carrier of UGT2B7 c.802 T > C	NS NS Higher dose adjusted CBZ and CBZE concentration in subjects on concomitant PHT/PB Higher dose adjusted CBZ and CBZE concentration in subjects on concomitant PHT/PB	NS CBZ/CBZE ratio in subjects on concomitant PHT/PB CBZ/CBZE ratio in subjects on concomitant PHT/PB NS NS NS	NS Lower adjusted levels of CBZ and CBZE Higher dose adjusted levels of CBZ NS Lower dose adjusted levels of DiOH-CBZ and DiOH-CBZ: CBZE ratio Higher DiOH-CBZ:CBZE ratio NS	Trend towards reduced clearance (not significant) Reduced clearance Longer half-life for CBZ (African Americans) Lower DiOH-CBZ:CBZE ratio (African-Americans) NS NS
Nucleotide change/allele *1G *3 c.337 T > C c.802 T > C c.802 T > C c.3972C > T c.1249G > A	c.1023 + 608C > T *1G *1D *3	c.3435C > T c.2667G > T 2,481 + 882A > T c.1236 T > C c.337 T > C c.416A > G	*22 *1G *3 *28 c.416A > G c.128G > C c.337 T > C	*3 *1B *3 c.337 T > C c.416A > G c.802 T > C
Gene CYP3A5 CYP3A5 EPHX1 UGT2B7 ABCC2	CYP3A4 CYP3A5	ABCB1 EPHX1 CYP3A4	CYP3A4 CYP3A5 POR EPHX1	CYP3A5 CYP3A4 CYP3A5 EPHX1 UGT2B7
<b>SNP ID</b> rs2242480 rs776746 rs1051740 rs7439366 rs7430066 rs3740066	rs4646440 rs2242480 rs15524 rs776746	rs1045642 rs2032582 rs10234411 rs1128503 rs1051740 rs2234922 rs35599367	rs35599367 rs2242480 rs776746 rs1057868 rs2234922 rs3738046 rs1051740	rs776746 rs2740574 rs776746 rs1051740 rs2234922 rs7439366
No. of subjects 166	88	20	210	70 88
Population Chinese	Chinese	Italian	Chinese	Thai African-American Caucasian
Study reference Ma et al. 2015 <sup>24</sup>	Wang et al. 2015 <sup>25</sup>	Caruso et al. 2014 <sup>26</sup>	Zhu et al. 2014 <sup>27</sup>	Panomvana et al. 2013 <sup>28</sup> Puranik et al. 2013 <sup>29</sup>

 TABLE 1
 Studies that have investigated single nucleotide polymorphisms associated carbamazepine metabolism

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Effect of polymorphism	NS	NS Increased clearance (African-American)	NS			NS	Higher clearance (African-Americans)	NS	Higher DiOH-CBZ:CBZE ratio (African-American)	Higher DiOH-CBZ:CBZE ratio (African-American)		Higher clearance (Caucasians)	Higher CBZE:CBZ ratio (Caucasian male)	keduced clearance and reduced UBZE:UBZ ratio (Arrican- American)	NS	NS	NS	Increased CBZE:CBZ ratio and reduced clearance (African- American)	Reduced clearance	Increased clearance (African-American)	Increased CBZE:CBZ radio	NS	Higher adjusted plasma CBZ levels	NS	Higher maintenance dosage	NS	NS	NS	NS		NS	NS	0V
Nucleotide change/allele	c.1090 + 155delA	c.735A > G	c.372A > G	c.1059C > G		c.3435C > T	c.1236 T > C	c.2677G > T	c.702 + 1789C > T	c.2482-236A > G	c.2686-1911 T > C	c.1249G > A	c.3972C > A	208-3523G > A	c.4544G > A	c131C > A	c1,663 T > C	c22-1425A > C	c1135C > T	c22-1985G > T	c22-579A > G	c.337 T > C	c.416A > G	*1G	c.337 T > C	c.416A > G	c161 T > C	c900G > A	c.735A > G	c.802 T > C	c.1236 T > C	с.2677G > Т	c.3435C > T
Gene						ABCB1						ABCC2				NR112						EPHX1		CYP3A4	EPHX1		UGT2B7				ABCB1		
CI dNS	rs11302069	rs28365062		rs28365063	rs4292394	rs1045642	rs1128503	rs2032582	rs4148734	rs4148739	rs4148740	rs2273697	rs3740066	rs4148386	rs8187710	rs1523127	rs1523130	rs2461817	rs3814055	rs4688040	rs7643645	rs1051740	rs2234922	rs2242480	rs1051740	rs2234922	rs7668258	rs7438135	rs28365062	rs7439366	rs1128503	rs2032582	rs1045642
No. of subjects																						83			234								
Population																						Chinese			Taiwanese								
Study reference																						Yun et al. 2013 <sup>30</sup>			Hung et al. $2012^{31}$								

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Study reference	Population	No. of subjects	CI ANS	Gene	Nucleotide change/allele	Effect of polymorphism
			rs717620	ABCC2	c24C > T	SN
			rs2273697		c.3972C > T	NS
Sterjev et al. 2012 <sup>32</sup>	North Macedonian	162	rs1045642	ABCB1	c.3435C > T	Higher CBZ plasma levels
Meng et al. $2011^{33}$	Chinese	84	rs1045642	ABCB1	c.3435C > T	Lower plasma CBZ levels
			rs1128503		c.1236 T > C	NS
			rs2032582		c.2677G > T	22
Park et al. 2009 <sup>34</sup>	Korean	35	rs776746	CYP3A5	*3	Reduced clearance
CBZ: carbamazepine, CBZE: car	bamazepine 10,11-epoxic	de, DiOH-CBZ: 10,11-	dihydro-10,11-tra	ns-dihydroxy-c;	arbamazepine, NS: not significa	nt, PB: phenobarbital, PHT: phenytoin

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reported in Yip et al.<sup>5</sup> The calibration ranges for the analytes were as follows: CBZ, 0.33–15.95  $\mu$ g/mL; CBZE, 0.10–6.30  $\mu$ g/mL; 2OH-CBZ, 0.92–118.18 ng/mL; and 3OH-CBZ, 4.73–605.28 ng/mL. The intraday coefficients of variation for the analytes were as follows: CBZ, 3.7%; CBZE, 3.0%; 2OH-CBZ, 4.7%; and 3OH-CBZ, 3.4%. The interday coefficients of variation for each analyte were: CBZ, 6.5%; CBZE, 6.5%; 2OH-CBZ, 5.5%; and 3OH-CBZ, 4.0%.

# 2.5 | DNA extraction procedure

Blood samples (10 mL) for genetic analyses were collected from all participants at their first study visit and stored at  $-80^{\circ}$ C. DNA was extracted from 4–5 mL of whole blood, thawed at room temperature, using a Chemagic magnetic separation module (Chemagen Biopolymer-Technologie AG, Baeweiler, Germany) according to the manufacturer's protocol. The concentration of DNA was measured using a NanoDrop microvolume spectrophotometer (Thermo Scientific, Wilmington, USA). The extracted DNA was stored in aliquots at 4°C.

# 2.6 | Selection of genetic polymorphisms

The effect of genetic variation on the PK of CBZ was investigated by analysis of single nucleotide polymorphisms (SNPs). The selection of genes and SNPs (Table 2) was based upon the known enzymology of CBZ's metabolism,<sup>4,5,7,46</sup> efflux transporter activity for CBZ and CBZE,<sup>47,48</sup> expected minor allele frequencies in the study population (>5%), and a review of previous polymorphism association studies (Table 1). P450 oxidoreductase (POR) supports reactions for all P450 enzymes and its most common variant (*POR\*28*) has been associated with altered activity of CYPs such as CYP2C9<sup>49</sup> and CYP3A.<sup>50</sup> A total of 20 SNPs were chosen in 11 genes (Table 2).

# 2.7 | Analysis of single nucleotide polymorphisms

SNPs were typed using either the Agena MassArray iPLEX platform (Agena Inc, San Diego, CA, USA) or manufacturer-validated TaqMan real-time PCR SNP genotyping assays (Life Technologies, Paisley, UK) according to the manufacturer's protocols (Table 2). The genotype frequencies of each SNP were examined for deviation from Hardy-Weinberg equilibrium (HWE) using the  $\chi^2$  test.

# 2.8 | Population PK modelling

Equations 1–9 are the final ordinary differential equations and associated (re)parameterisations for the structural PK model applied to concentration data from simultaneous assays of CBZ and the 3 metabolites in plasma. A schematic of the final model is given in Figure 2.

#### **TABLE 2** Selection of genes and single nucleotide polymorphisms for genotyping studies

SNP ID	Gene	Nucleotide change/allele	Potential change in function	SNP typing platform	References
rs1045642	ABCB1	3435C > T	Reduced expression	Taqman	35
rs1128503	ABCB1	1236 T > C	Inconclusive	MassArray	35
rs2032582	ABCB1	2677G > T	Inconclusive	MassArray	35
rs2273697	ABCC2	1249G > A	Increased activity	MassArray	36
rs3740066	ABCC2	3972C > T	Inconclusive	MassArray	36
rs717620	ABCC2	-24C > T	Reduced activity	Taqman	36
rs28365062	UGT2B7	735A > G	Increased activity	MassArray	37
rs28365063	UGT2B7	372A > G	Increased activity	MassArray	29
rs7438135	UGT2B7	-900G > A	Increase activity	MassArray	38
rs1051740	EPHX1	337 T > C	Increased activity	MassArray	39
rs2234922	EPHX1	416A > G	Reduced activity	MassArray	39
rs11572080	CYP2C8	*3	Inconclusive	MassArray	40
rs1058930	CYP2C8	*4	Reduced activity	MassArray	40
rs4244285	CYP2C19	*2	Loss of function	MassArray	41
rs192154563	CYP2C19	*17	Increase activity	MassArray	41
rs3745274	CYP2B6	*6	Reduced activity	Taqman	42
rs2242480	CYP3A4	*1G	Increased activity	MassArray	27
rs776746	CYP3A5	*3	Loss of function	MassArray	43
rs2333227	MPO	-463G > A	Reduced activity	Taqman	44
rs1057868	POR	*28	Increased activity	Taqman	45



#### FIGURE 2 Schematic of the pharmacokinetic model for carbamazepine

 $dA_1/dt = -KA * A_1 \text{ dose oral dose depot amount} \tag{1}$ 

$$\begin{array}{l} dC_{3OH-CBZ}/dt = CL_4 * C_{CBZ}/V_2 - CL_{4E} \\ * C_{3OH-CBZ}/V_2 \ 3OH-CBZ \ plasma \ concentration \end{array} \eqno(5)$$

 $dC_{CBZ}/dt$  = KA  $\ast$  A\_1/V\_1  $\,-\,$  CL\_{TOT}  $\ast$  C\_{CBZ}/V\_1  $\,$  CBZ plasma concentration

 $\begin{array}{l} dC_{2OH-CBZ}/dt = CL_3 * C_{CBZ}/V_2 - CL_{3E} \\ * C_{2OH-CBZ}/V_2 \, 2OH - CBZ \, plasma \, concentration \eqno(4) \end{array}$ 

Where:

(2)

$$CL_2 = CL_{TOT} * (1 - FM_1)$$
 (6)

$$CL_3 = CL_{TOT} * FM_1/2$$
 (7)

$$CL_4 = CL_{TOT} * FM_1/2$$
(8)

$$KA = CL_{TOT}/V_1 + KA_{star}$$
(9)

A 1-compartment PK model with first-order absorption and elimination was chosen for CBZ based on visual inspection of the raw data and previously published analyses of the PK of CBZ. Exploratory analyses involved 1-compartment fitting to parent CBZ data alone to provide initial estimates for the final fitting. To account for CBZE, 2OH-CBZ and 3OH-CBZ metabolite production, the total clearance of CBZ (CL<sub>TOT</sub>) was partitioned into CL<sub>2</sub>, CL<sub>3</sub>, and CL<sub>4</sub>, respectively, via the FM1 parameter (Equations 6-8) and under the assumptions that production of the 3 observed metabolites accounted for approximately all the primary elimination of CBZ, and that CL<sub>3</sub> equals CL<sub>4</sub><sup>3,4,51</sup> CBZE, 2OH-CBZ and 3OH-CBZ were all subject to first-order elimination governed by  $CL_{2E}$ ,  $CL_{3E}$  and  $CL_{4E}$ parameters, respectively, with the same volume of distribution  $(V_2)$ estimated for the 3 metabolites. To ensure identifiability of the model, FM<sub>1</sub> was fixed to a value of 0.64 according to prior mass balance information regarding the metabolic fate of CBZ (i.e. 36% of parent CBZ is primarily converted to CBZE),<sup>51,52</sup> and, in addition, the absorption rate constant for CBZ (KA) was constrained to be greater than the elimination rate constant for CBZ by estimating a KA<sub>star</sub> parameter and the use of Equation 9. Assuming the same volume of distribution was also necessary for the identifiability of the model and was deemed reasonable given the metabolites are isomerically similar and have similar physicochemical properties. The structural identifiability of the model was confirmed (7 PK parameters estimated: KAstar, CLTOT, CL2E, CL3E, CL4E, V1, V2; 4 analytes/states observed) using the DAISY software package,<sup>53</sup> and in the absence of IV data, estimates of CL and V parameters in the model are apparent in nature, i.e. CL/F, V/F etc. A schematic of the final model is provided in Figure 2.

Population PK analysis of the data for CBZ and its metabolites was performed with NONMEM (version 7.3, ICON plc, South County Business Park, Leopardstown, Dublin, Republic of Ireland), using the first-order conditional estimation method (with interaction). Interindividual variability (assuming a log-normal distribution across the population) was included in each of the structural model parameters, while residual error was accounted for using an exponential error model, with a separate residual error variance estimated for each of the 4 plasma analytes. In addition, to achieve shorter computational run times and improved model stability, the closed form analytical solutions of the model's differential equations were derived and implemented for model fitting, with multiple dosing super-positioning (according to each individual dosing record) implemented via the DOWHILE/ILOOP functionality in NONMEM 7.4 abbreviated code. Subjects in the PICME II maintenance group were modelled with an assumed dosing record of 8 weeks BID dosing (at each individual's specific dose level) to replicate steady state conditions. The analytical solutions of the model equations are provided in the supplementary information.

The known auto-induction effect of CBZ, was incorporated in the base model as a binary, categorical *induction status effect* on  $CL_{TOT}$  and  $CL_{3E}$ . Data from PICME I and the first visit of the

PICME II autoinduction group were categorised as having come from a noninduced period while data from the second visit of the PICME II autoinduction group and the PICME II maintenance group were categorised as from an induced period (i.e. a binary, noncontinuous time function)-reflecting the length of CBZ dosing up to the point of PK observation, with the latter groups having received at least 14 days daily dosing of CBZ, which would be expected to increase clearance. More sophisticated models for autoinduction as a continuous function of time (and drug exposure, taking the form of e.g. an autoinduction enzyme turnover model used previously for rifampicin were attempted in exploratory analysis, but failed to minimise successfully and/or give acceptable parameter estimate precision.<sup>54</sup> We believe that this is at least in part due to the dataset lacking information on a continuous range of levels of induction over time among the patients, which a turnover autoinduction model might need for its parameters to be sufficiently well estimated: patient PK in this study was observed under the more binary condition of either showing the effects of induction after several weeks dosing or not. Exploratory analyses went on to test the induction effect on  $CL_{TOT}$ , FM1 and metabolite clearances  $(CL_{2E,3E,4E})$  with the final base model retaining the effect on CL<sub>TOT</sub> and CL<sub>3E</sub>, expressions for which are given in Equations 10 and 11, with IND as a dummy variable equal to 1 or O for an induced or noninduced period datapoint,  $\theta_x$  the fixed effect values for the parameter or the induction effect in question, and  $\eta_x$  the log interindividual variability random effect component, drawn from a normal distribution with mean of 0 and variance  $\omega_x^2$ . Data from PICME I and PICME II autoinduction visit 1 were IND = 0, while data from PICME II autoinduction visit 2 and PICME II maintenance were IND = 1. Further equations for covariate models are expressed in typical value format, omitting the random effect component for clarity.

$$CL_{TOT,i} = \theta_{CLTOT} * (\theta_{IND,EFFCT1} ^{I}ND_{i}) * exp(\eta_{CLTOT,i})$$
(10)

$$CL_{3E,i} = \theta_{CL3E} * (\theta_{IND.EFFCT2} ^{I} ND_i) * exp(\eta_{CL3E,i})$$
(11)

Exploratory analyses investigating incorporation of interoccasion variability as a random effect in the model failed to produce acceptable fittings, despite the potential for this to be required to describe the PICME II autoinduction group data in particular, where patients' PK was monitored on 2 occasions.

Age and weight were investigated as continuous covariates in the model on  $CL_{TOT}$ ,  $V_1$  and metabolite clearances ( $CL_{2E,3E,4E}$ ) using expressions of the form in Equation 12, where individual covariate values (cov<sub>i</sub>) were normalised to the population means (45.8 years for age or 80.8 kg for weight).

$$TV\theta_{i} = \theta_{pop} * (cov_{i}/cov_{mean})^{\bullet}\theta_{COV}$$
(12)

The daily dose of CBZ (DOSE) was investigated as a covariate on  $CL_{TOT}$  in a similar manner (Equation 13, where 400 mg was the most common daily dose) to allow, for example, for a potentially greater

 $CL_{TOT}$  in patients on higher doses due to greater induction of metabolism.

$$TVCL_{TOT_{i}} = \theta_{CLTOT} + \ln((DOSE_{i}/400)^{\bullet}\theta_{COV})$$
(13)

Smoking status, and whether or not a patient was administered a specific comedication, were examined as categorical covariate effects on CL<sub>TOT</sub> using an expression of the form in Equation 14, with MED as an indicator equal to 1 or 0 if the comedication was present or absent, respectively. Comedications investigated included valproate, phenytoin, phenobarbital, clobazam, lamotrigine, levetiracetam, zonisamide, topiramate, lacosamide, pregabalin, perampanel, omeprazole, atorvastatin, pravastatin and simvastatin.

$$\mathsf{TVCL}_{\mathsf{TOT}\ i} = \theta_{\mathsf{CLTOT}} * (\theta_{\mathsf{COV}}^{\mathsf{MED}})$$
(14)

The potential effects of the SNPs genotyped in the subject population were generally examined as categorical covariate effects on CL<sub>TOT</sub>, using an expression of the form in Equation 15 with 2  $\theta_{COV}$  parameters (2 extra degrees of freedom) to allow characterisation of heterozygous mutant, *vs* homozygous mutant, *vs* wild type status. SNP<sub>HOM</sub> and SNP<sub>HET</sub> are dummy variables equal to 1 or 0 to record the genotype status as yes/no, respectively, with both equal to 0 for wild-type individuals.

$$TVCL_{TOT_{i}} = \theta_{CLTOT} * (\theta_{COV_{HOM}} ^{SNP}_{HOM}) * (\theta_{COV_{HET}} ^{SNP}_{HET})$$
(15)

The exceptions to equation 14 among the SNPs investigated were the EPHXTC and EPHXAG genotypes (Table 2), which were investigated for potential effects on  $CL_{2E}$  as these genes are specifically associated with the metabolic clearance of CBZE.

SNP covariate effects were also examined for effect of homozygous mutant only vs combined wild type/heterozygous mutant group and for either homozygous or heterozygous mutant vs wild type. These analyses required only a single  $\theta_{COV}$  degree of freedom parameter:

$$\mathsf{TVCL}_{\mathsf{TOT}\ i} = \theta_{\mathsf{CLTOT}} * (\theta_{\mathsf{COV}_{\mathsf{HOM}}} \mathsf{^{SNP}_{\mathsf{MUT}}})$$
(16)

Covariate model selection adopted a standard forward addition/backward deletion approach.<sup>55</sup> The covariates were initially examined in univariate analyses as single additions to the base model. They were deemed statistically significant (P < .05) based on a drop in objective function value compared to the base model of 3.8 or 6.0 (or greater) for 1 or 2 degrees of freedom, respectively. In terms of extra covariate effect parameters added to the model, -2 degrees of freedom were required, e.g. for genotype HOM vs HET vs WT covariate models. Final covariate model selection via backward deletion adopted a statistical significance criterion of P < .01, i.e. changes in objective function value of 6.6 or 9.2 for 1 or 2 degrees of freedom, respectively.

Standard goodness-of-fit plots (observed concentrations vs population- and individual-predicted concentrations, as residual plots) and a prediction-corrected visual predictive check (VPC, based on 1000 simulations of the dataset population) were used to evaluate the final model fitting to the dataset, with parametric standard errors (expressed as percentage relative standard errors) used to assess the precision of model parameter estimates.

#### 2.9 | Nomenclature of targets and ligands

Key protein targets and ligands are hyperlinked to corresponding entries in http://www.guidetopharmacology.com,<sup>56</sup> and are permanently archived in the Concise Guide to Pharmacology 2019/20.<sup>57</sup>

#### 3 | RESULTS

# 3.1 | Subject demographics and genetic polymorphisms

In total, 80 subjects were recruited into the studies (Table 3). Rich PK sampling data were obtained from 8 healthy volunteers who completed the PICME I study. Rich PK sampling data were also obtained from 3 patients with a new diagnosis of epilepsy who completed dose titration of CBZ as part of the autoinduction group of PICME II. Eighty sparse PK samples were collected from 69 patients who were recruited to the maintenance group of PICME II. In total, 248 sets of drug and metabolite assays were used in the analysis.

The distribution of the 20 SNPs amongst these subjects is recorded in Table 4. No subjects were carriers for CYP2C19\*17 (rs192154563). Each genotype frequency was consistent with HWE, and minor allele frequencies ranged from 4 to 55% in keeping with polymorphism frequencies reported in the literature. No demographic covariates were significant in the final PK model.

#### 3.2 | Base model and covariate fitting

As illustrated by the VPC and diagnostic plots (Figures 3 and 4), the PK profiles for CBZ and its 3 assayed metabolites, and their variability, were adequately described by the applied final model. VPC plots stratified according to the study group (PICME I, PICME II autoinduction, and PICME II maintenance) are provided in the Supplementary Material with plots of raw data and mean observed profiles where applicable. There was, however, some apparent underprediction of 2OH-CBZ concentrations at time points later than 24 h. These 48 and 72 h timepoints all originate from the 8 patients of the PICME I study group, with the majority of the exposure dataset coming from the 72 patients of PICME II (autoinduction and maintenance); it is feasible therefore that the apparent poor fit at 48 h and 72 h for 2-OH reflects that the overall population fitting is weighted to the description of the 90% of overall subjects in the PICME II study groups, where a higher CL3E is more typical, as accounted for at least in part by the 1.7-fold increased induction effect on CL3E retained in the final model. The result would be a higher population CL3E



**TABLE 3** Demographic and medication data for subjects included in population PK analysis. Data are expressed as mean values ± standard deviation (ranges)

	PICME I: Healthy volunteer	PICME II: Autoinduction group	PICME II: Maintenance group
Numbers of subjects	8	3	69
Sets of drug/metabolite assays	96	75	77
Gender (%):			
Male	8 (100%)	1 (33.3%)	37 (53.6%)
Female	0	2 (66.6%)	32 (46.4%)
Age (y)	27.4 ± 3.5 (21.7-32.8)	46.7 ± 4.4 (43.5–51.7)	47 ± 14.3 (25.9-75.8)
Total body weight (kg)	84.6 ± 11.2 (69.8-99.4)	95.2 ± 26.4 (73.1-124.5)	79.7 ± 18.8 (39.0-140.5)
Smoker (%):			
Yes	0 (0%)	0 (0%)	20 (29.0%)
No	8 (100%)	3 (100%)	49 (71.0%)
Sparse PK sampling time points (minutes)	NA	NA	337.5 ± 230.9 (70-1030)
CBZ dose (mg/d)	400-mg single dose	200 mg once daily (days 1–14)	819 mg ± 367
		200 mg twice daily (days 15–28)	(range: 200–1600 mg)
		200 mg AM and 400 mg PM (days 29–42)	
CBZ therapy without concomitant AEDs or CYP3A4 inducer/inhibitor (%)	8 (100%)	2 (66.6%)	16 (23.2%)
Concomitant with 1 AED (%)	0	0	26 (37.7%)
Concomitant with 2 AEDs (%)	0	0	16 (23.2%)
Concomitant with 3 AEDs (%)	0	0	5 (7.2%)
Concomitant with 1 CYP3A4 inducer/inhibitor (%)	0	1 (33.3%)	12 (17.4%)
Concomitant with 2 CYP3A4 inducer/inhibitors (%)	0	0	3 (4.3%)
Number of subjects for each AED:			
Levetiracetam	0	0	26
Clobazam	0	0	18
Lamotrigine	0	0	5
Zonisamide	0	0	5
Phenytoin	0	0	4
Topirmate	0	0	4
Pregabalin	0	0	4
Valproate	0	0	3
Lacosamide	0	0	3
Perampanel	0	0	1
Phenobarbital	0	0	1
Number of subjects for each CYP3A4			
Inducer/inhibitor:			
Statin	0	1	12
Omeprazole	0	0	6

\*time points applicable only to sparse PK sampling group; AED: antiepileptic drug; CBZ: carbamazepine, PK: pharmacokinetic.

estimate than is ideal to describe the late timepoints of PICME I profiles; however, with the PICME II subjects in turn having no 48- and 72-h observations to balance out the VPC plot at the later

timepoints, the apparent underprediction can be accounted for then as a result of the compromise resulting from the combined analysis of the complete dataset.



**TABLE 4** Distribution of single nucleotide polymorphisms (SNPs) amongst study subjects (*n* = 80)

			Genotype free	quency (%)		Minor allele	Hardy-Weinberg
SNP ID	Gene	Allele	Wild type	Heterozygote	Homozygote	frequency	equilibrium (P)
rs1045642	ABCB1	3435C > T	14 (17.5%)	44 (55%)	22 (27.5%)	0.55	.32
rs1128503	ABCB1	1236 T > C	14 (17.5%)	42 (52.5%)	24 (30%)	0.56	.55
rs2032582	ABCB1	2677G > T	24 (30.0%)	39 (48.8%)	17** (21.2%)	0.46	.88
rs2273697	ABCC2	1249G > A	49 (61.3%)	29 (36.3%)	2 (2.4%)	0.21	.34
rs3740066	ABCC2	3972C > T	25 (31.3%)	42 (52.5%)	13 (16.2%)	0.43	.51
rs717620	ABCC2	-24C > T	50 (62.5%)	26 (32.5%)	4 (5.0%)	0.21	.80
rs28365062	UGT2B7	735A > G	62 (77.5%)	18 (22.5%)	0 (.0%)	0.11	.26
rs28365063	UGT2B7	372A > G	56 (70.0%)	24 (30.0%)	0 (.0%)	0.15	.11
rs7438135	UGT2B7	-900G > A	27 (33.8%)	39 (48.7%)	14 (7.5%)	0.42	.99
rs1051740	EPHX1	337 T > C	36 (45.0%)	37 (46.3%)	7 (8.7%)	0.32	.56
rs2234922	EPHX1	416A > G	53 (66.3%)	24 (30.0%)	3 (3.7%)	0.19	.89
rs11572080	CYP2C8	*3	62 (77.5%)	16 (20.0%)	2 (2.5%)	0.13	.44
rs1058930	CYP2C8	*4	70 (87.5%)	10 (12.5%)	0 (.0%)	0.06	.55
rs4244285	CYP2C19	*2	57 (71.3%)	19 (23.7%)	4 (5.0%)	0.17	.17
rs192154563	CYP2C19	*17	80 (100%)	0 (0.0%)	0 (.0%)	0.00	NA
rs3745274	CYP2B6	*6	52 (65.0%)	26 (32.5%)	2 (2.5%)	0.19	.55
rs2242480	CYP3A4	*1G	71 (88.8%)	9 (11.2%)	0 (.0%)	0.06	.59
rs776746	CYP3A5	*3	73 (91.3%)	7 (8.7%)	0 (.0%)	0.04	.68
rs2333227	MPO	-643G > A	12 (15%)	41 (51.3%)	27 (33.7%)	0.59	.58
rs1057868	POR	*28	40 (50.0%)	27 (33.8%)	13 (16.2%)	0.33	.53

\*\*included 3 TA subjects, NA: not applicable.

The population mean estimates for  $CL_{TOT}$ , V1 and KA of CBZ are provided in Table 5. The  $CL_{TOT}$  value in our model was 1.96 L/h which falls in the centre of previously published  $CL_{TOT}$  values which range between 1.15 and 3.58 L/h.<sup>10,11,13,14</sup> The CL value for CBZE in our model was 9.71 L/h. In a previous population PK model, which included CBZE the CL estimate for CBZE in a 70 -kg patient prescribed 400 mg CBZ was 28 L/h.<sup>58</sup> A significant part of the discrepancy can be explained by the assumed conversion ratio between CBZ and CBZE. Our model assumes that 0.36 of CBZ is converted to CBZE<sup>51,59</sup> whilst the model of Jiao et al. assumes that 0.65 of CBZ is converted to CBZE.

A summary of relevant computational runs for building the final covariate model is given in Table 6, with the final model including the effects of total daily dose (DGRP), EPHX1-416G/G (homozygous mutant) genotype and coadministration of phenytoin as significant covariates on CBZ total clearance. None of the other SNP genotypes investigated showed a statistically significant effect on clearance of either CBZ or CBZE during the backward deletion component of model selection. A table of changes in objective function following incorporation of the various covariates investigated during model building is provided in the Supplementary Material.

The final model equation for an individual subject's  $CL_{TOT}$  and  $CL_{3E}$  are given in equations 17 and 18:

$$CLTOT_{i} = \theta_{CLTOT} * (\theta_{IND.EFFCT1} ^OCC_{i}) * (\theta_{COV\_PHT} ^PHT_{i})$$
(17)
$$+ ln((DOSE_{i}/400) ^{\circ}\theta_{COV\_DOSE}) * exp(\eta_{CLTOT_{i}})$$

$$CL_{3E,i} = \theta_{CL3E} * (\theta_{COV_MUT} ^{PHXAG_{HOM}}) * exp(\eta_{CL3E,i})$$
(18)

#### 4 | DISCUSSION

A population PK model was developed to investigate the effects of SNPs in genes involved with metabolism and efflux transport of CBZ on the plasma PK of CBZ and 3 metabolites in healthy volunteers and epilepsy patients. The influence of demographic and clinical characteristics of the patients on the clearance of CBZ was also examined. The model revealed that the *EPHX1*-416G/G genotype was a significant covariate for the clearance of CBZE. Concomitant therapy with phenytoin and the total daily dose of CBZ were also significant covariates for the clearance of CBZ. However, none of the other SNPs investigated exerted a demonstrable effect on CBZ PK.

The gene *EPHX1* encodes microsomal epoxide hydrolase, which catalyses hydrolysis of the electrophilic CBZE to DiOH-CBZ.<sup>6</sup> The



**FIGURE 3** Goodness of fit diagnostic plots for of carbamazepine and metabolites (as labelled by row): (A) Observed concentrations (mM) vs population predicted concentrations (mM); (B) Observed concentrations (mM) vs individual predicted concentrations (mM); (C) Conditional weighted residuals vs population predicted concentrations (mM); (D) Conditional weighted residuals vs time after dose (h)

SNP *EPHX1 c.416A* > *G* is associated with reduced epoxide hydrolase activity.<sup>39</sup> Three subjects in our model possessed the *EPHX1*-416G/G genotype. When compared with *EPHX1*-416G/A and -416A/A genotype subjects, their clearance of CBZE was reduced by approximately 50%. CBZE retains anticonvulsant activity but elevated plasma levels, secondary to concurrent brivaracetam therapy, have been associated with reduced tolerability to CBZ treatment and an increase in adverse events such as blurred vision, dizziness and fatigue.<sup>60</sup> Brivaracetam inhibits microsomal epoxide hydrolase and led to a rise in CBZE levels by a median of 83.9% (range 57.9–341.7%), which highlights that a 50% reduction in clearance that has been associated with *EPHX* -416G/G genotype may also be clinically relevant. One previous investigation reported that patients with the *EPHX c.416A* > G SNP had

higher adjusted plasma CBZ levels<sup>30</sup> whilst another identified lower adjusted levels of DiOH-CBZ<sup>27</sup> in patients receiving CBZ. However, 3 studies were unable to detect differences between plasma levels of either CBZ or its metabolites in patients with the *EPHX1 c. 416A > G* polymorphism.<sup>26,29,31</sup>

A second SNP in *EPHX1*, namely *c*.337 *T* > *C*, was not associated with altered clearance of CBZE in our model. A study in Han Chinese patients with CBZ-induced SJS/TEN found a significant association between *EPHX1 c*.337 *T* > *C* polymorphisms and the development of SJS/TEN.<sup>61</sup> The authors postulate that the polymorphism may contribute to the risk of CBZ-induced SJS/TEN by increasing the plasma concentration of CBZE. The same SNP in *EPHX1* was associated with increased levels of CBZE in 1 study<sup>24</sup> but no differences were



**FIGURE 4** Prediction-corrected visual predictive check for the final pharmacokinetic model fitting for each of the analytes. 90% prediction interval (broken line) and median population prediction (continuous line) determined from 1000 simulations for CBZ with the covariate values of those individuals used in the model building process. CBZ: carbamazepine; CBZE: carbamazepine-10,11-epoxide; 2OH-CBZ: 2-hydroxy-carbamazepine; 3OH-CBZ - 3-hydroxy-carbamazepine

Parameter	Estimated value [%RS	E] (EPS-shrinkage %)	% Interindividual variability	[%RSE] (ETA-shrinkage %)
CL <sub>TOT</sub> (L/h)	1.96	[18]	25.3	[23] (20)
FM <sub>1</sub>	0.64	(fixed)	6.3	[62] (65)
CL <sub>2E</sub> (L/h)	9.71	[5]	27.9	[16] (29)
CL <sub>3E</sub> (L/h)	726	[25]	42.3	[16] (14)
CL <sub>4E</sub> (L/h)	543	[6]	34.5	[14] (23)
KA <sub>STAR</sub> (h <sup>-1</sup> )	0.409	[24]	75.3	[19] (63)
V <sub>1</sub> (L)	161	[7.0]	13.6	[27] (22)
V <sub>2</sub> (L)	39.2	[45]	149.7	[30] (64)
$CL_{TOT}$ induction effect	1.73	[19]	-	-
CL3E induction effect	1.63	[27]	-	-
Cov.Eff.(DOSE on CL <sub>TOT</sub> )	1.36	[10]	-	-
Cov.Eff.(EPHXAG <sub>HOM</sub> on CL2E)	0.502	[14]		
Cov.Eff.(PHT on CL <sub>TOT</sub> )	1.93	[25]	-	-
CBZ resid err.Sd	0.221	[10] (12)	-	-
CBZE resid err.Sd	0.310	[6.0] (12)	-	-
20H-CBZ resid err.Sd	0.297	[8.0] (13)	-	-
3OH-CBZ resid err.Sd	0.362	[12.0] (11)	-	-

#### TABLE 5 Final model parameters

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Cov.eff: covariate effect; FM: metabolite fraction; PHT: phenytoin; %RSE: percentage relative standard error

#### TABLE 6 Covariate model building

Covariate model	Objective function value	Difference in objective function value
Base model	-14 739.0	
DOSE on CL <sub>TOT</sub>	-14 804.3	-65.3
$EPHXAG_{HOM} \text{ on } CL_{2E}$	-14 747.7	-8.7
PHT on CL <sub>TOT</sub>	-14 744.3	-5.3
DOSE on CL <sub>TOT</sub> & EPHXAG <sub>HOM</sub> on CL <sub>2E</sub>	-14 813.0	-8.6
DOSE & PHT on $CL_{TOT}$	-14 810.2	-5.9
DOSE & PHT on $CL_{TOT}$ & EPHXAG <sub>HOM</sub> on $CL_{2E}$	-14 819.2	-6.2

PHT: phenytoin

detected in the current study or in studies by others.<sup>26,27,30</sup> In our model, SNPs in genes of CYPs, other enzymes (including UGT2B7, generally regarded as a detoxification enzyme) and drug transporters were not significant covariates of the PK of CBZ.

The influence of phenytoin therapy on CBZ's metabolism has been recognised in several other population PK models.<sup>11-13,15</sup> Phenytoin increases the metabolism of many drugs, including immunosuppressants,<sup>62</sup> chemotherapeutic agents<sup>63</sup> and antiretroviral drugs,<sup>64</sup> through induction of multiple CYP isoforms and upregulation of P-gp.<sup>65</sup> Patients who are coprescribed CBZ with phenytoin potentially require larger doses of CBZ to maintain plasma levels.

The total daily dose of CBZ was another significant covariate in the population PK model. All subjects in the study were prescribed controlled release formulations of CBZ. There was a positive correlation between total daily dose and clearance of the drug. The effect of dose on clearance may be explained by a reduction in bioavailability and increase in clearance through greater autoinduction at higher doses.<sup>66</sup> Several other population PK models of CBZ have reported that the total daily dose is a significant covariate.<sup>10,67-70</sup>

Concomitant treatments with sodium valproate,<sup>11,12,14,69</sup> phenobarbital<sup>11–13,67,69,71</sup> and felbamate<sup>13</sup> have been reported to be significant covariates in population PK models of CBZ. None of those antiepileptic drugs (AEDs) achieved a significant effect in the current model. This is most likely to have been due to the small numbers of subjects receiving any of these drugs. No other AEDs were significant in our model. Concomitant treatment with omeprazole (n = 6) and statins (n = 13) were also investigated as covariates in the population PK model. Omeprazole is a proton-pump inhibitor that is associated with drug-drug interactions secondary to its inhibition of CYP2C19 and CYP3A4.<sup>72</sup> Statins have been reported to inhibit CYP enzymes,<sup>73</sup> and they act as substrates of the organic anion transporters OATP1B1 and OATP1B3 and of P-gp.<sup>74</sup> Neither was found to affect metabolism of CBZ significantly.

There is considerable uncertainty regarding the influence of genetic variation on metabolism of CBZ, with conflicting results from several studies (Table 1). Up to 1/3 of patients with epilepsy do not



respond to AED therapy and the transporter hypothesis proposes that over expression of efflux transporters such as ABCB1 in the bloodbrain barrier limits access of AEDs to the epileptic focus.<sup>75</sup> Earlier studies have reported the requirement for higher CBZ maintenance

studies have reported the requirement for higher CBZ maintenance doses,<sup>24</sup> increased clearance of CBZ<sup>29</sup> as well as both higher<sup>32</sup> and lower<sup>33</sup> plasma levels of CBZ in patients with SNPs in *ABCB1* and *ABCC2*. In our population PK model 6 SNPs in the genes *ABCB1* and *ABCC2*, which both encode drug efflux transporters, did not demonstrate a significant effect on the PK of CBZ.

CYP3A4 is the major CYP isoform responsible for oxidative metabolism (aromatic hydroxylation and 10,11-epoxidation) of CBZ.<sup>4,76</sup> The allele CYP3A4\*1G has been associated with lower serum levels of CBZ and CBZE in Chinese patients with epilepsy.<sup>27</sup> However. 3 other analyses were not able to replicate this association, <sup>24,25,30</sup> and our own population PK model did not detect a significant association between SNPs in CYP isoforms and clearance of CBZ. It is possible that the multiple enzymatic pathways involved in CBZ metabolism,<sup>5</sup> and the multiplicity of CYP isoforms catalysing each of those pathways,<sup>4,5</sup> may compensate for the altered functioning of the gene for a particular enzyme, thereby limiting the effect on total drug clearance of individual SNPs. Furthermore, most of the subjects in our study who carried a variant were heterozygotes; their functional allele will have limited the consequences of the polymorphism. Collectively, the effect of the PK gene variants investigated in this study might be relatively small, and thus much larger sample sizes would be required to detect the effect.

HLA-B\*15:02 and HLA-A\*31:01 are recognised as biomarkers for susceptibility to CBZ-induced hypersensitivity reactions.<sup>16</sup> However, carriage of these HLA alone may be insufficient to trigger a hypersensitivity reaction. A recent experimental study has demonstrated that it is CBZE, and not CBZ, which binds to the HLA-B\*15:02 molecule and alters its peptide-binding motif for B\*15:02-restricted peptides.<sup>22</sup> It is possible that susceptibility to CBZ hypersensitivity reactions is dependent on the presence of specific immunogenetic factors, such as carriage of a risk HLA genotype, and combinations of allelic enzyme variants in the metabolic pathways of CBZ that generate above threshold levels of immunoreactive metabolites. For example, 1 study reported that patients required higher dosages of CBZ only if they possessed a combination of SNPs in both UGT2B7 and ABCC2.24 Similarly, combined HLA and CYP2C9\*3 pharmacogenetic screening for phenytoin hypersensitivity improved the sensitivity and specificity of predictive testing.<sup>20</sup>

We have previously reported that chemically reactive metabolites of CBZ, namely CBZE and arene oxides, are able to form covalent adducts with human serum albumin.<sup>5</sup>We hypothesise that reduced clearance of CBZE in subjects with the *EPHX1-416G/G* genotype leads to greater formation of covalent protein adducts, ultimately resulting in an increased frequency of immune-mediated hypersensitivity reactions, especially in those expressing the *HLA* risk allele.

Limitations of the current study include the relatively small number of subjects and the limited number of elderly patients. Consequently, the power of the study might have been insufficient to



detect significant covariates with small effects or covariates affecting extremes of age only. In addition, several P450 isoforms known to be significant contributors to CBZ hydroxylation, such as CYP1A2,<sup>4</sup> were not investigated as part of the present analyses. The *CYP1A2* (c.-163C > A) genotype has been shown to affect CBZ's PK in children.<sup>70</sup> Finally, the recent discovery of 856 SNPs in human *CYP3A4*,<sup>77</sup> which codes the principal monoxygenase catalysing CBZ 10,11-epoxidation,<sup>76</sup> indicates PK might be influenced by many more genetic polymorphisms than were included in this or any other study. To make significant progress, future studies should attempt to characterise the genetic polymorphisms on a much larger scale in patients with CBZ hypersensitivity reactions in order to determine the influence of many more variants on metabolism pathways within a relevant, pathological, context.

In conclusion, a population PK model has been developed for CBZ which successfully incorporates certain clinical parameters of adult epilepsy patients. We identified carriage of the *EPHX1-416G/G* genotype as being a significant covariate of CBZE clearance and concomitant treatment with phenytoin and CBZ dose as significant covariates in affecting the PK of CBZ.

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#### **COMPETING INTERESTS**

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Study concept and design: V.L.M.Y., B.K.P., A.G.M. and M.P. Acquisition of Data: V.L.M.Y., X.M., J.L.M., D.F.C. and A.G.M. Model Development: V.L.M.Y. and H.P. Analysis or interpretation of Data: All authors. Drafting of the manuscript: V.L.M.Y., H.P. and J.L.M. Critical revision of the manuscript for important intellectual content: All authors.

#### DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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#### SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section at the end of this article.

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