REVIEW



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MicroRNAs in B cell development and malignancy

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Abstract

MicroRNAs are small RNA molecules that regulate gene expression and play critical roles in B cell development and malignancy. miRNA expression is important globally, as B cell specific knockouts of Dicer show profound defects in B cell development; and is also critical at the level of specific miRNAs. In this review, we discuss miRNAs that are involved in normal B cell development in the bone marrow and during B cell activation and terminal differentiation in the periphery. Next, we turn to miRNAs that are dysregulated during diseases of B cells, including malignant diseases and autoimmunity. Further study of miRNAs and their targets will lead to a better understanding of B cell development, and should also lead to the development of novel therapeutic strategies against B cell diseases.

Introduction

In a relatively short time period, gene expression regulation by microRNAs (miRNAs) has changed the way that we view developmental and pathological processes. From initial discoveries in C. elegans, the identification of the novel small RNA biogenesis pathway and the identification of RNA interference, the field has moved rapidly [1-6]. The involvement of miRNAs in hematopoiesis has now been documented by numerous groups and they seem to regulate almost every aspect of hematopoietic development. In this review we focus on B cell development, where the importance of gene expression regulation has been appreciated for many years. miR-NAs have emerged as critical regulators of gene expression and regulate many aspects of B cell development, and are dysregulated in B cell malignancies. Here, we review many of the studies that have been performed to delineate the roles of miRNAs in development and malignant transformation of B cells.

MicroRNA biogenesis

miRNAs are non-protein coding RNAs of about 19-23 nucleotides. They are post-transcriptional gene regulators that bind to partially complementary sequences in the 3' UTR on target messenger RNA transcripts, thereby causing downregulation of the target [7]. They

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were first discovered in 1993 in *C. elegans* by Victor Ambros, during a study of *lin-14*. They identified a small RNA product encoded by *lin-4* gene that is responsible for the downregulation of LIN-14 protein [2,3,8]. This central dogma of miRNA action has proven to stand the test of time, as miRNAs in most organisms are thought to behave similarly.

miRNAs can be grouped in to at least three categories depending on their genomic location: exonic miRNAs in non-coding genes, intronic miRNAs in non-coding genes and intronic miRNAs in protein-coding genes [9]. miRNAs are expressed as long primary RNA (primiRNA) as part of RNA polymerase II-driven transcript [10]. Therefore, it is possible that some miRNAs are coregulated with their host gene as a part of transcriptional regulation during B cell development. The primiRNA is recognized by RNA binding protein DGCR8 and is processed by RNase III-type protein Drosha in the nucleus yielding a pre-mRNA [11,12]. Pre-miRNA is then exported to the cytoplasm by Exportin-5 where it is further processed by a second RNase III-type enzyme, Dicer, to produce a mature miRNA duplex [13]. The 19-25 nucleotide-long double stranded miRNA duplex is then unwound and incorporated into RNA-induced silencing complex (RISC), with strand selection based on thermodynamic properties. In the RISC, the miRNA binds to the target sequence in the 3' UTR via 6-8 nucleotide seed region and downregulates the expression of the target either by direct degradation or destabilization and eventually degradation of the target [14-16]. Since the repression is achieved by

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complementary base pairing via a relatively short seed sequence, miRNAs are predicted to have multiple targets. A genome wide statistical analysis has shown that one miRNA can have hundreds of targets, indicating their critical role in post translation regulation [17]. It should be noted that recently, a Dicer-independent miRNA biogenesis pathway has also been reported. This pathway utilizes the catalytic activity of Argonaute2 (Ago2) [18-21]. miR-451 is the best characterized miRNA that is produced independently of Dicer and is involved in erythropoiesis. The unusual short stem structure of pre miR-451 promotes the binding and processing by Ago2 [19].

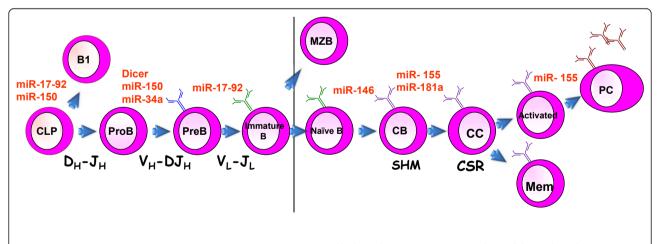
miRNAs have already found to influence immune cell differentiation. Recently, it was found that Dicer and miRNA play vital roles in both early and late B cell differentiation [22,23]. Deletions of individual miRNA genes are associated with several immune defects. In many instances, dysregulated expression of miRNAs has been seen in malignancies in the immune system, which we will discuss in detail later in the review.

B cell development

B cells are responsible for adaptive humoral immunity. B cell development is characterized by complex sequence of molecular events that is regulated by B lineage transcription factors. It is evident that miRNAs play a major role in modulating the expression of these transcription factors and thereby the normal development of B cells. Conversely, dysregulation of miRNA expression is thought to be a key factor to the pathogenesis of B cell malignancies, including progenitor B cell-malignancies such as B-lymphoblastic leukemia (also referred to as B-Acute lymphoblastic leukemia or B-ALL) and mature B cell malignancies including several types of non-Hodgkin lymphoma. B cell development begins in the fetal liver and continues in the bone marrow of adult throughout the life (reviewed in [24,25]). The process of B cell formation starts in the bone marrow and ends in the peripheral secondary lymphoid organs such as the spleen (Figure 1). Here, we provide a primer on B cell development to orient the discussion on the role of miRNAs in B cells.

Bone marrow B cell development

In the bone marrow, cellular stages of development include the common lymphoid progenitor, pro-B cell, pre-B cell and immature-B cell stages. These stages of B cells are defined by the expression and the re-arrangement of functional B cell receptor (BCR)/immunoglobulin (Ig) genes. Complex and elegant mechanisms have evolved to generate a diverse repertoire of BCRs against the vast variety of antigen that we encounter in our lifetime. This diversity is achieved by V (D)J recombination of the immunoglobulin locus, which is a process of somatic recombination that brings together various gene segments within the heavy and light chain loci. The heavy chain is assembled from Variable (V), Diversity



B-cell development in the Bone marrow

B-cell development in peripheral lymphoid tissues

Figure 1 miRNAs involved in B cell development in the bone marrow and periphery. B cells development starts in the bone marrow and achieves a remarkable diversity of immunoglobulin loci by V(D)J recombination. Immature B cells migrate to the secondary lymphoid organs where they are activated by specific antigens. Once they are activated, they undergo proliferation and further differentiation into plasma cells that secrete antibodies or memory B cells that can be reactivated with a secondary infection. There are at least three different types of mature B cells: B1 cells, conventional follicular B2 cells and marginal-zone B cells. miRNAs that are involved in different stages of B cell development are indicated above the arrows. Secondary diversification of the immunoglobulin loci is achieved by SHM and CSR at the germinal center. Abbreviations, CLP: Common lymphoid progenitor; MZB: marginal zone B cells; CB: Centroblasts; CC: Centrocytes; PC: Plasma Cell; Mem: Memory cell; SHM: Somatic Hypermutation; CSR: Class switch recombination.

(D) and Joining (J) gene exons that somatically recombine with the Constant (C) region exons to generate unique immunoglobulins of differing antigenic specificity. On the other hand, the light chain variable region is composed of only a V and J segments. The numbers of these gene segments are highly variable in different species and the different segments seem to have evolved from gene duplications from ancestral V-gene exons. Each V-, D-, and J- gene segment is flanked by DNA sequence called recombination signaling sequence, which is recognized by RAG1 and RAG2 enzymes, which mediate recombination. Random selection of these segments during V(D)J recombination and junctional diversity introduced by addition or subtractions of nucleotides at the junctions of these segments enable the production of vast variety of Ig (reviewed in [26-32]).

The stages of B cell development have been defined by the steps in V(D)J recombination. The Pro-B cell stage is characterized by rearrangement of Ig heavy chain, which occurs first. D-J joining occurs first, following which the DJ segment is joined to a V segment. D-J rearrangement starts in the common lymphoid progenitor and occurs mainly in early pro-B cells. V-DJ rearrangement occurs in late pro-B cells. The assembled heavy chain is then expressed on the surface of the pre-B cells along with a surrogate light chain. The pro-B cell to pre-B cell transition is accompanied by cell proliferation. Rearrangement of the light chain by V to J joining occurs during the pre-B cell stage. Successful assembly of light chain leads to the expression of complete IgM molecule at the surface and if the rearrangement is successful, signal transduction from IgM binding allows for differentiation into an immature B cell. Immature B cells that are not self-reactive leave the bone marrow as transitional B cells. Self-reactive immature B cells will either undergo apoptosis (clonal deletion), generate a new B cell receptor by receptor editing, or become unresponsive to antigen (reviewed in [26-29,31,33]).

Several transcription factors including PU.1, STAT5, E2A (E12 and E47), EBF, Pax-5, IKZFI and FOXP1 together with cytokines (IL-7, SCF) and chemokines (CXCL12), which are provided by the stromal cells, regulate the commitment and maintenance of B cells (reviewed in [34,35]). Absence of IL-7 signaling leads to developmental arrest at the pre-pro-B cell stage, showing the essential role of IL-7 signaling in B cell development in mice [36]. Downstream of IL-7, deletion of both STAT5 and STAT3 lead to developmental arrest at the pro-B stage [37,38]. Transcriptional regulation of B cell development is complex and involves the interplay of several transcription factors, including E2A, EBF, PAX5, FOXP1 and IKZF1. E2A-null mutant mice were unable to generate mature B cells [39], while Pax-5 is

required for commitment to the B cell lineage [40]. Deletion of EBF blocked the pro-B to pre-B transition [41]. It has also been shown that Ebf^{-/-} hematopoietic cells do not express Pax-5 indicating that EBF acts upstream of Pax-5. This finding was further supported by the finding of an EBF-binding site in the Pax-5 promoter region [42]. Foxp1 is also an essential transcription factor for B cell development that is induced by E2A and in turn induces expression of the Rag enzymes. Deletion or knockdown of Foxp1 resulted in a reduction of B cell specific gene expression and interrupted the transition from pro-B cell to pre-B cell [35,43]. Other transcriptional regulators of B cell development include Ikzf1, which seems to play an important role in early lymphoid commitment.

These repeated cycles of DNA damage and repair may explain the reason for Pro-B and pre-B stages being more susceptible to oncogenic transformation. Also of interest, almost every transcriptional regulator of B cell development is disrupted in B-lineage malignancy. E2A has found in chromosomal translocations associated with B-ALL, and Pax-5 deletions are common in B-ALL [44-48]. Also in genome wide analysis, Pax-5 and EBF have been shown to be associated with B ALL [46]. Foxp1 translocation and overexpression is noted in mature B cell neoplasms, while IKZF1 is disrupted in pre-B-ALL [49-60]. Hence, the study of B cell development also informs the understanding of B cell malignancy pathogenesis.

B cell development in the periphery

Mature B cells in the periphery are generally divided into B1 and B2 cells. B2 cells are conventional B cells that are derived from the bone marrow, undergo V(D)J recombination, and are part of the adaptive immune response (reviewed in [26]). A second set of recently described B cells, called B1 cells, are characterized by a limited immunoglobulin repertoire, and are part of the innate immune system (reviewed in [61]). These are best described in the mouse lymphoid system, where they express distinct sets of markers and are located mainly in the peritoneum and in the spleen. The lineage origin and relationship with conventional B2 cells is not entirely clear. The rest of our discussion will focus on B2 cells.

The majority of the cells in the spleen and in the circulation are thought to be B2 cells, and we focus the rest of the discussion in this section of such cells. B cells that have not encountered their specific antigen are called naïve B cells (CD 27-, IgD+). When a B cell binds to an antigen, it enters the germinal center of peripheral lymphoid tissues and eventually differentiates into plasma cells and memory cells. Plasma cells are a terminally differentiated, highly specialized B cell that secretes massive quantities of Ig, and whose differentiation is mediated by activation of plasma cell transcription factors such as Blimp1 and Xbp1 [62]. Memory B cells are long-lived and can be re-activated during a secondary infection. The entry of the activated B cells into primary lymphoid follicles results in the formation of germinal centers (GCs). Follicles with germinal centers have three distinct zones, namely dark, light and mantle zone. Rapidly dividing B cells which are called centroblasts form the dark zone of the GC. CBs eventually differentiate into non cycling centrocytes which make up the light zone of the GC. In the GC, secondary diversification of the immunoglobulin repertoire is achieved through somatic hypermutation and class switch recombination [63]. During this remarkable process, CBs can refine the specificity of their antigen receptor by somatic hypermutation of IgV gene, via the introduction of point mutations. If this process results in enhancement of the binding affinity for antigen, the B cell is selected for, and it survives to differentiate further. Also during the germinal center reaction, class switching from IgM to any other immunoglobulin can occur. Here, the variable portion of the heavy chain (VH exon) is brought adjacent to with different immunoglobulin constant regions (CH exons). This process allows making antibodies with different effector function. Remarkably, both of these processes-somatic hypermutation and class-switch recombination-are under the control of the same enzyme, adenosine-induced deaminase (AID) [64]. CC expressing Igs with enhanced affinity may eventually be released as memory B cells (CD 27+) from the GC. These memory cells are long lived and have potential to become antibody secreting cells during secondary infection (reviewed in [29,32,65-67]).

MicroRNAs in bone marrow B cell development

As can be seen from the preceding discussion, bone marrow B cell development is carefully orchestrated, as only one gene locus is rearranged at a given time in a fixed sequence. Ig rearrangement is mediated by the sequential action of a gene regulatory network composed of transcription factors and growth factor receptors. miRNAs are known to act as post-transcriptional regulators of gene expression and it therefore stands to reason that they play a critical role in this network. The importance of miRNAs was first established by a seminal study that delineated a role for miRNAs in hematopoietic lineage choice selection. In this study, the authors determined that miR-181 (now known as miR-181a) was expressed most highly in B cells and that its overexpression in hematopoietic stem and progenitor cells led to increased output of B cells [68,69]. Further studies have shown additional miRNAs of importance in B cell development; in this section, we will focus on the role of miR-150, miR-34a and the miR-17-92 cluster in antigen independent B cell development at the bone marrow.

A general role for miRNAs in B cell development has also been established (Figure 1). The conditional knockout of Dicer in early B cells led to a developmental arrest at the pro-B cell to pre-B cell transition, and also caused an effect on antibody diversification [70]. Geneexpression profiling from Dicer-deficient cells indicated that Bim, a known miR-17-92 cluster target, was upregulated in the mice. Functionally, B cell development was partially rescued by concurrent Bim ablation in Dicer-deficient mice. The implication of these studies was that miR-17-92, via repression of Bim, was the key player that was missing in Dicer-deficient B cell development. The miR-17-92 cluster is located on chromosome 13 and encodes six different miRNAs. The cluster is highly expressed in progenitor B cells and expression diminishes as cells mature. Ectopic expression of the cluster in mice resulted in expansion and activation of all lymphocyte populations in the periphery [71]. Compound heterozygous mutations of two target genes of miR-17-92, Bim and Pten, resulted in an accumulation of activated lymphocytes, indicating that partial repression of two targets may explain the majority of the miR-17-92-induced phenotype [71]. Taken together these data indicate that the miR-17-92 cluster plays a critical role in proliferation control in B cells, in B cell development and Ig rearrangement.

A second B cell-relevant miRNA, miR-150, is highly expressed in progenitor B cells and levels decrease at the pro-B cell to pre-B cell transition. miR-150 targets the c-Myb transcription factor in B cell development [72]. Confirming targeting, B cells that are deficient in miR-150 showed higher levels of c-Myb, while overexpression of miR-150 in transgenic mice caused reduced levels of c-Myb. Over-expression of miR-150 in mouse HSC led to a defect at the pro-B cell to pre-B cell transition [72]. Mice with targeted deletion of miR-150 had more B-1 cells in the spleen and peritoneal cavity and fewer B-2 cells, although they appeared phenotypically normal [73]. Knock-out mice for miR-150 at baseline contained higher serum concentrations of Ig classes, especially IgA, likely due to an expansion of B-1 cells [72]. Similarly, mice that were haploinsufficient for c-Myb had fewer mature B cells in the spleen and fewer B-1 cells, consistent with what was seen with the miR-150 transgenic mice [74] These data indicate a critical role for miR-150 during B cell development.

Along with miR-150, miR-34a is highly expressed in progenitor cells and downregulated and the pro-B cell to pre-B cell transition. Ig rearrangement has multiple check points dependent on TP53 [75]. TP53 targets miR-34a which in turn targets genes involved in cell

cycle regulation, cell proliferation and apoptosis [76,77]. Among its targets are the anti-apoptotic protein, BCL2, and the transcription factor Foxp1 [43,78]. Mice with constitutive expression of miR-34a showed a block at the pro-B cell to pre-B cell transition with a reduction in mature B cells [43]. This arrest resulted from the inhibition of Foxp1 which is required for early B cell development. These findings elucidate a crucial role for miR-34a regulation at early B cell development.

MicroRNAs in spleen and periphery B cell development

As in bone marrow B cell development, miRNAs as a whole, as well as specific miRNAs, have now been appreciated to play important roles in peripheral or antigen-dependent B cell development (Figure 1). At the global level, Dicer ablation in mature B cells (as opposed to early precursor B cells) using CD21-Cre resulted in an increase in marginal zone B cells and a decrease in follicular B cells [23]. Mice deficient for Dicer in mature B cells had an increased titer of autoimmune immunoglobulins with frank autoimmune disease in a proportion of the female mice. The mechanistic basis of these findings remains to be determined, but this study suggested that a miRNA may be responsible of regulating Bruton's tyrosine kinase. However, there are certainly some miRNAs that play major roles in B cell development; here we will focus on the role of miR-155, miR-146a and miR-181a in B cell development in the spleen and periphery.

In normal lymphopoiesis, miR-155 is expressed in moderate level in HSCs, at high levels in the germinal center and at much lower levels in mature B cells [79-81]. Expression of miR-155 is rapidly induced in B cells after engagement of the antigen receptor and exposure to inflammatory mediators [82,83]. Mice lacking miR-155 showed normal steady state immune cell populations; however, mice had a defective humoral response when immunized [84]. This response involved impaired germinal center formation and led to low antibody class switching to IgG in a B cell-intrinsic manner. The targets responsible for this appear to be multiple but likely include PU.1, SHIP1, and possibly AID [85-87]). The inhibition of the latter target is interesting, because the phenotype that is observed in the miR-155 deficient mice is one of decreased class-switching, whereas derepression of AID might be expected to cause increased class switching. The targeting of AID by miR-155 was extensively studied by mutating the binding site for miR-155 in the AID 3'UTR and these studies determined that disruption of the interaction did indeed lead to increased class-switching, and hence the overall effect of miR-155 likely includes additional targets [86,87]. Overall, these data are consistent with miR-155 playing an important role in regulating antigen-dependent B cell development. More recently, a second miRNA has been identified to regulate CSR- miR-181b overexpression in B cells was found to reduce the CSR rates, possibly by also downregulating AID [88].

The miR-146 family has distinct expression patterns amongst various hematopoietic lineages and is involved in maintaining lineage identity in lymphocytes. Vertebrates have two genomic copies of the miRNA, miR-146a and miR-146b, although the latter is likely a pseudogene [89]. miR-146a is induced by Toll-like receptor 4 and latent membrane protein 1 activation, and is NF- κ B dependent [83,90]. miR-146a targets IRAK1 and TRAF6, two adapter proteins involved in Toll like receptor and interleukin 1 receptor signaling [91]. The role of miR-146a in B cells remains to be definitively determined, but overall B cell numbers are lower in miR-146a-deficient mice as the mice have a myeloproliferative disorder. Curiously however, many mice show dramatic follicular hyperplasia and active germinal centers with increased B cell function [92].

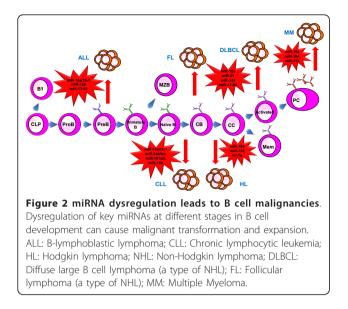
Some other miRNAs, including miR-125a, miR-125b, miR-99b and let-7e transcripts are preferentially expressed by the actively dividing centroblasts in germinal centers. In functional assays, miRNA-125b over-expression inhibited the differentiation of primary B cells [93]. Hence, it can be seen that several miRNAs show important roles during antigen-dependent B cell development.

MicroRNAs in B cell lymphoma and leukemia

The expression of miRNAs in a particular cell type (miRNome) can vary between normal and diseased tissues. The relationship between miRNAs and cancer was first appreciated when loss of miR-15a/16-1 was discovered in chronic lymphocytic leukemia (CLL) [94]. Also, the discovery that miRNAs were located in cancer-associated genomic regions (CAGRs) furthered studies of the miRNome in a vast number of cancers, from solid tumors to hematological malignancies [95,96]. The function of miRNAs depends greatly on the cellular context for they can act as tumor suppressor genes or oncogenes depending on the genes that are expressed in a given cell. In this section we will focus on miRNAs that have been implicated in B cell lymphoma and leukemia (Figure 2). We will focus our discussion on those miR-NAs that have some functional role in B cell development or lymphoma; it is beyond the scope of this review to list the plethora of profiling studies that exist in the literature.

Dysregulation of miR-155 and the miR-15a/16 and miR-17-92 clusters has been implicated in B-ALL [97]. miR-155 overexpression has been observed in certain subtypes of ALL and its over-expression in mice gives rise to B cell lymphoproliferative disease by targeting





the SHIP1 inositol phosphatase [98-100]. miR-16 targets anti-apoptotic genes BCL-2, MCL1 and CDK46, thereby acting as a putative tumor suppressor [101]. The miR-17-92 cluster is upregulated in ALL due to copy number amplification and direct upregulation, and transgenic overexpression of this cluster leads to a lymphoproliferative disease in mice, as we have previously discussed (see preceding section on miRNAs and bone marrow B cell development [71,97]). Interestingly, overexpression of a single miRNA, miR-21, can lead to a high-grade B-ALL in mice and similar to protein-coding oncogenes, demonstrates the phenomenon of "oncogene addiction" [102].

In CLL miR-15a/16-1 dysregulation is observed along with dysregulation of miR-34a, miR-34b, miR-34c, miR-181b, miR-181a and miR-155. In fact miR-34a expression has recently been validated as a prognostic marker in CLL in a fairly large clinical study [103,104]. It is interesting to note that one of the most frequent abnormalities in CLL is 13q14 deletion, and the search for candidate tumor suppressor genes in the deleted region had not been successful in the pre-miRNA era [105]. The minimal deleted region (MDR) within 13q14 contains a long non-coding RNA (lncRNA) named DLEU2 [106,107]. Carlo Croce and his colleagues found that the miR-15a/16- cluster was located within intron 4 of DLEU2 [95]. This identification of the first tumor suppressor miRNA was followed by extensive study and delineation of multiple targets [103]. However, the formal assessment of tumor suppressor function was completed much more recently. In an exacting study, Dalla-Favera and colleagues created conditional knockout mice with deletions of the minimal deleted region (MDR), deleting both DLEU2 and the miRNA, or of the miRNA cluster only [108]. Remarkably, the mice with deletion of the miRNA only showed a pre-leukemic expansion of B cells, while the mice with deletion of the MDR developed a CLL-like disease. In this study, the authors showed that there were likely multiple miRNA targets responsible for the phenotypes observed, including some that had been previously identified.

Dysregulation of miRNAs has also been described in Hodgkin's Lymphoma (HL) and Non-Hodgkin's Lymphoma (NHL). In NHL miR-155, miR-21, miR-34a and the miR-17-92 clusters have been implicated. miR-155 carries prognostic implications as high expression of the miRNA is typical of ABC-DLBCL which has a 5 year survival rate [109]. In vivo studies demonstrate an oncogenic role for miR-21 in B-lymphomagenesis [102]. Mice expressing miR-21 showed a pre-B malignant lymphoid-like phenotype and inactivating miR-21 caused regression of the malignancy. The miR-17-92 cluster is upregulated in approximately 65% of lymphomas [110]. Furthermore, let-7a, miR-150 and miR-155 are found dysregulated in HL. Let-7a is upregulated causing low expression of PRDM1/Blimp, presumably interrupting plasma cell differentiation [111]. Downregulation of miR-150 and upregulation of miR-155 is common in HL. In normal lymphopoiesis there are high levels of miR-155 in the germinal center, where HL has its origin, suggesting that miR-155 upregulation in HL is due to an abnormal block of lymphocyte differentiation at the germinal center stage [24].

Lastly, p53-mediated miRNA regulation has been found to be important in multiple myeloma (MM), a neoplasm of mature plasma cells. In an effort to understand the miRNA effectors of p53 in this context, Pichiorri and colleagues defined a set of p53-regulated miRNAs, which include miR-192, miR-194, and miR-215 that are downregulated in a subset of newly diagnosed MM. These miRNAs target and downregulate MDM2, a negative regulator of p53. Hence, the expression of these miRNAs reinforces the activity of p53, and the authors found that enforced expression of these miRNAs had a negative effect on the growth of MM cells. Therapeutic possibilities are suggested by the effects of miRNA reconstitution in tempering MM cell growth [112].

The preceding discussion should establish the contribution of miRNAs in lymphoid tumorigenesis. Although some molecular effectors of the miRNnome are known, much remains to be discovered. miRNAs are likely to be of use as diagnostic biomarkers for cancer and as prognostic indicators. Additional work to uncover the roles of miRNAs as therapeutic agents remains to be completed, where a major limitation remains delivery of small RNAs into lymphoid cells.

MicroRNAs in autoimmunity

Strong responses to self-antigens are thought to be the basis of autoimmune diseases. Many autoimmune diseases are heavily dependent on T cells, but B cells are almost certainly involved, for example, in the secretion of autoantibodies. Indeed mice with a conditional deletion of Dicer in mature B cells develop abnormal B cell subsets, have high autoantibody titers, and female mice develop autoimmune disease with end-organ damage. Several specific miRNAs have been found to be dysregulated in variety of autoimmune disease, and many have a role in T-cell function [113].

It has been found that miR-146a null mice develop a severe autoimmune disorder characterized by enlarged spleen and lymph nodes. These null mice produced about 60 fold higher amounts of autoantibodies against double standard DNA than wild type mice. Autoimmune phenotype in miR-146a null mice is consistent with the finding of elevated amount of activated T cells in the periphery, but may also be dependent on increased activation of B cells [89]. miR-146a also plays a role in the pathogenesis of Systemic lupus erythematosus (SLE). It represses the function of IFN (type one interferon), a factor that is important in SLE, by repressing the target genes such as TRAF6/IRAK1, STAT1 and TLR7 or TLR9 [114-117].

It has been found out that the generation and function of regulatory T-cells (T reg) in autoimmunity is dependent on Dicer dependent miRNA biosynthesis pathway. Mice that have conditional deletion of Dicer in T reg cells showed early onset of autoimmunity which is similar to the observed phenotype in Foxp3 mutant mice that completely lack T reg cells [118,119]. Later study showed that Foxp3 regulate the expression of miR-155 in T reg cells and deficiency of miR-155 results in decreased number, proliferation and fitness of T reg cells compared to wild type [120]. In a similar set of experiments, miR-146a-deficient hematopoietic cells failed to rescue Foxp3-deficient T-cell-mediated autoimmunity [121].

Although the role of miRNAs in B cell-mediated autoimmunity is less firmly established, it is likely that further discoveries in B cells are forthcoming. Finally, it has been shown in a pilot study that miRNA can be potentially used as biomarkers for diagnosis and prognosis of autoimmune diseases such as rheumatic diseases [122].

Conclusions

The advances in understanding the biological and pathological roles of miRNAs in B cells have been tremendous in the last few years. Despite this progress, there are many questions that remain. The first is how extensive are the networks that are controlled by miRNAs in B cells? Although some studies, including our own, have shown that a single or few targets may be critical at a given developmental stage, it remains to be delineated whether this is generally true or if there are multiple targets that a miRNA regulates. A second major question, which remains largely unexplored in mammalian systems, is how miRNA degradation is regulated. This will help define how gene expression programs may be regulated at one stage but not another by a given miRNA. Lastly, the utilization of miRNAbased therapeutics in B cell malignancies and inflammatory conditions is an area of active research. There are several avenues of promising work that suggests that we will be able to leverage miRNA-based pathways in treating these diseases, but current challenges include delivery into specific cell-types [123]. Research into viral vector-based delivery and into chemically modified small RNA sequences are particularly promising, and are likely to be the next frontiers.

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Authors' contributions

TF and NIRM participated in its design and coordination and drafted the manuscript. DR conceived of the review, and participated in its design and coordination and drafted the manuscript. All authors read and approved the final manuscript.

Competing interests

The authors declare that they have no competing interests.

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