# **REVIEW Rhus Chinensis and Galla Chinensis – Folklore to Modern Evidence: Review**

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The species *Rhus chinensis* Mill. (Anacardiaceae) is an important representative of the genus *Rhus*, which contains over 250 individual species found in temperate and tropical regions worldwide. *Rhus chinensis* has long been used by folk medicine practitioners in Asia. Leaves, roots, stem, bark, fruit and particularly the galls on *Rhus chinensis* leaves, *Galla chinensis*, are recognized to have preventative and therapeutic effects on different ailments (such as diarrhea, dysentery, rectal and intestinal cancer, diabetes mellitus, sepsis, oral diseases and inflammation). However, it is critical to separate evidence from anecdote. Fortunately, recent scientific research has revealed that *Rhus chinensis* compounds possess strong antiviral, antibacterial, anticancer, hepatoprotective, antidiarrheal and antioxidant activities. Moreover, compounds isolated from the stem of *Rhus chinensis* significantly suppressed HIV-1 activity *in vitro*. Compounds from this plant were also found to inhibit enamel demineralization *in vitro* and enhance remineralization of dental enamel with fluoride. This review highlights claims from traditional and tribal medicinal lore and makes a contemporary summary of phytochemical, biological and pharmacological findings on this plant material. It aims to show that the pharmaceutical potential of this plant deserves closer attention. Copyright © 2010 John Wiley & Sons, Ltd.

Keywords: Rhus chinensis; Galla chinensis; traditional medicine; pharmacology; antiviral; anticaries; triterpene; gallotannins.

## **INTRODUCTION**

*Rhus chinensis* belongs to the genus *Rhus* and the Family *Anacardiaceae* (Miller *et al.*, 2001). Commonly called sumac, *Rhus* consists of approximately 250 individual species of flowering plants, with six species found (four endemics) in China. Like most sumacs, *Rhus chinensis* is a dioecious shrub that can reach 8 m in height. It bears odd pinnately compound leaves and creamywhite flowers. The fruits (drupes) are orange or red in color at maturity and contain one seed (Barkley, 1937; Miller *et al.*, 2001; Tianlu and Barfod, 2008). The species grows in areas with marginal agricultural capacity, and is widely distributed in temperate, subtropical, and tropical regions, including China, Japan, Malaysia, Taiwan and India (Rayne and Mazza, 2007; Ren *et al.*, 2008).

The species *Rhus chinensis* has two distinct varieties, *Rhus chinensis* var. chinensis (*syn. Rhus semialata*; *Rhus semialata* var. osbeckii; *Rhus osbeckii*) and *Rhus chinensis* var. roxburghii (*Syn. Rhus semialata* var. roxburghii; *Rhus javanica* Linnaeus var. roxburghii; *Rhus roxburghii*) (Tianlu and Barfod, 2008; GRIN; TROPICOS).

Galla chinensis or Galla rhois is the term used to describe the gall caused by the Chinese aphid, Schlech-

*tendalia chinensis* (Bell), on the leaves of *Rhus chinensis* (Lee *et al.*, 1997). This gall is widely used as a separate drug. Other species in this genus also produce galls that are considered to have an inferior quality.

A plethora of traditional medicine references claim curative power for *Rhus chinensis*, despite its widespread use, many of these claims of efficacy were not supported by scientific evidence, whether for traditional use validation or for drug development endeavors.

Fortunately, recent scientific research on *Rhus chinensis* has revealed promising health benefits, including anticancer, antiviral, antimicrobial, antidiarrheal and antiinflammatory properties (Yang *et al.*, 2005; Gu *et al.*, 2007; Ahn *et al.*, 1998; Chen *et al.*, 2009; Kim *et al.*, 2005). In recent years, the Chinese herbal medicine *Galla chinensis* has been discussed widely as a new alternative for carious disease (Chu *et al.*, 2007).

So far, no comprehensive review has been compiled from the literature encompassing the efficacy of this plant. Widespread claims of the medicinal effectiveness of various *Rhus chinensis* tree preparations motivated us to bridge the information gap in this area.

## TRADITIONAL MEDICINAL USE

Among *Rhus* species, *Rhus chinensis* and its gall, *Galla chinensis*, have a long history of use by indigenous peoples for medicinal care and others. Numerous curative properties are ascribed to different parts of this tree, namely root, bark, stem, leaf, fruit, flowers, seed and

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Plant parts	Medicinal use	References
Leaves	Depurative, can stimulate blood circulation, hemoptysis, inflammations, laryngitis, stomachache , traumatic fractures, spermatorrhea, snake bite, antitussive, diarrhea	Duke and Ayensu, 1985; Kao, 1988; Ouyang <i>et al.</i> , 2008; Xiao, 1989
Fruits	Colic, diarrhea, dysentery, jaundice and hepatitis	Chopra <i>et al.</i> , 1986;Tangpu and Yadav, 2004; Kala, 2005; Pradhan and Badola, 2008; Abbasi <i>et al.</i> , 2009
Seeds	Coughs, dysentery, fever, jaundice, hepatitis, malaria and rheumatism	Duke and Ayensu, 1985; Abbasi <i>et al.</i> , 2009
Root	Diarrhea, spermatorrhea, malaria, antitussives, treatments of anasarca, jaundice and snake bite	Kao, 1988; Xiao, 1989; Ouyang <i>et al.</i> , 2008; Duke and Ayensu, 1985; Abbasi <i>et al.</i> , 2009
Galls	Diarrhea, diabetes mellitus, antiseptic, antiphlogistic, astringent, haemostatic, persistent cough with blood, spontaneous sweating, urorrhoea, bloody sputum, burns, hemorrhoids, oral diseases, fever, malaria, inflammation, toxicosis, sore, skin infections, rectal and intestinal cancer	Duke and Ayensu, 1985; Zhu, 1998; Hupkens <i>et al.,</i> 1995; Tian <i>et al.,</i> 2009a; Ho <i>et al.,</i> 2002; Yeung, 1985; Gao <i>et al.,</i> 2000; Tian <i>et al.,</i> 2009; Kee and Walter, 1999

Table 1. Summary of traditional medicinal uses of Rhus chinensis

gall (Table 1). The leaves and the root are used as depuratives, stimulating blood circulation. Its decoction is used in the treatment of hemoptysis, inflammations, laryngitis, snakebite, stomachache and traumatic fractures (Duke and Ayensu, 1985; Kao, 1988; Ouyang et al., 2008). The ripe fruits of this plant have long been used in Asia to treat dysentery and diarrhea, as well as other gastrointestinal disorders (Kala, 2005; Pradhan and Badola, 2008; Bose et al., 2008). The fruit produces a sour juice when boiled with water. This juice, when diluted with water or/and mixed with raw eggs, treats diarrhea and dysentery (Pradhan and Badola, 2008). It is used for the treatment of colic (Chopra et al., 1986) and also as a food preservative (Pradhan and Badola, 2008). The seed is used in the treatment of cough, dysentery, fever, jaundice, malaria and rheumatism (Duke and Ayensu, 1985; Abbasi et al., 2009).

The gall of Rhus chinensis has long been considered to possess natural medicinal properties with numerous benefits (Zhang et al., 2009). Galla chinensis is used internally for its astringent properties to treat disease such as diarrhea and hemorrhage (Duke and Ayensu, 1985). It is a frequent ingredient in polyherbal prescriptions for diabetes mellitus (Duke and Ayensu, 1985). It has hemostatic effects, often used to promote clotting following traumatic injuries and to treat burns (Yeung, 1985). It is also used to treat rectal and intestinal cancer, prolapse of the rectum, seminal enuresis and hemorrhoids (Yeung, 1985; Gao et al., 2000). In addition to its antiphlogistic and antiseptic uses for treating diseases such as persistent cough, Galla chinensis also has antiinflammatory properties (Tian et al., 2009). It is also used to counteract ulcers in the mouth and to treat fever and malaria (Duke and Ayensu, 1985; Gao et al., 2000).

## PHYTOCHEMISTRY

Phytochemical studies on *Rhus* species have been reported earlier and resulted in the characterization of several compound groups such as flavonoids (Taniguchi *et al.*, 2000; Lee *et al.*, 2005; Lin *et al.*, 2008), triterpenoids (Kuo, 1991; Parveen, 1991; Lee *et al.*, 2005), phenolics (Parveen and Khan, 1988; Lee *et al.*, 2005;

Ouyang *et al.*, 2008), tannins (Takechi *et al.*, 1985) and aromatic alkanes (Kuo *et al.*, 1991; Lee *et al.*, 2005; Ouyang *et al.*, 2008).

The galls on Rhus chinensis leaves are rich in gallotannin (50-70%), a type of hydrolysable tannin (Kee and Walter, 1999; Xiao et al., 2000). Gallotannins from Galla chinensis consist of a central glucose core, which is surrounded by several gallic acid units, and further gallic acid units can be attached through depside bonding of additional galloyl residues. Structures containing 1 to 14 galloyl residues result from such processes, yielding tri-, tetra-, penta-, hepta- and nonagalloylglucose, and others (Xiang et al., 2007; Tian et al., 2009b). Pentagalloylglucose [1], 3-galloyl-gallic acid and 4-galloyl-gallic acid isomers isolated from Galla chinensis are reported to be the primary bioactive gallotannins, possessing numerous medicinal activities and health benefits (An et al., 2005; Sakai et al., 1990; Bhimani et al., 1993; Feldman et al., 2001; Choi et al., 2002). Rhus chinensis is rich in well known phenolic compounds, gallic acid [2] and methyl gallate [3] (Ahn et al., 1998, 2005; Bae et al., 1998; Choi et al., 2009). According to Buziashvili et al. (1973) Galla chinensis is composed of nearly 20% gallic acid and 7% methyl gallate.

A new benzofuranone, 5-hydroxy-3-(propan-2-ylidene)-7-(3,7,11,15-tetramethylhexade-ca- 2,6,10, 11-tetraenyl)-2(3H)-benzofuranone [4], together with 16 known bioactive compounds, including 5-hydroxy-7-(3,7,11,15-tetramethylhexadeca- 2,6,10,11-tetraenyl)-2(3H)-benzofuranone [5], 3-oxo-6 $\beta$ -hydroxyolean-12en-28-oic acid [6], 3-oxo-6 $\beta$ -hydroxyolean-18-en-28-oic acid [7] moronic acid [8], betulonic acid [9], gallicin [10], dihydroxytoluene [11] and dimethylcaffic acid [12], have been isolated from the root stem of *Rhus chinensis* (Gu *et al.*, 2007; Wang *et al.*, 2008).

Phenol glycosides and lariciresinol-based ligan glycosides compounds have been shown to be present in the butanol extract of *Rhus chinensis* root (Ouyang *et al.*, 2007, 2008). 6-Pentadecylsalicylic acid, an anti-thrombotic compound [13] (Kuo, 1991) and fisetin (3,7,3-,4-tetrahydroxyflavone) [14] (Lee *et al.*, 2005) an antiinflammatory, have also been isolated from the stem of *Rhus chinensis*. The leaves of this plant are rich in essential oils, with palmitic acid, phytol and *n*-heptacosane as the major components (Zhu *et al.*, 2007).

## **BIOLOGICAL AND PHARMACOLOGICAL PROPERTIES**

#### Antibacterial activity

The high level of gallotannins along with phenolic compounds, gallic acid and methyl gallate, known antimicrobial agents make Galla chinensis very useful in bacterial control (Wu-Yuan et al., 1988; Ahn et al., 1998; Kang et al., 2008; Tian et al., 2009a, 2009b). Extracts from Galla chinensis inhibited several bacteria such as Bacillus subtilis, B. cereus, Escherichia coli, Enterobacter cloacae, Helicobacter pylori, Klebsiella oxytoca, Lactobacillus casei, L. acidophilus, L. salivarius, Salmonella derby, S. minesota, S. typhimurium, S. enteritidis, Shigella dysenteriae, Staphylococcus aureus, Streptococcus mutans, S. sobrinus, Ureaplasma urealyticum, with the minimal inhibitory concentration (MIC) in the range 0.5–8 mg/ mL (Wu-Yuan et al., 1988, Bae et al., 1998; Choi II et al., 2002; Kang et al., 2008; Zhu et al., 2008; Choi et al., 2009; Tian *et al.*, 2009a).

Tian *et al.* (2009b) reported that different gallotannins from *Galla chinensis* separated according to the number of galloylglucose had significant antibacterial activities on *Bacillus cereus* and *Salmonella typhimurium*. Structure activity relationship studies indicated that antibacterial activity was positively correlated with the numbers of galloyl groups and generally, gallotannins with higher molecular weights had strong antibacterial activities (Tian *et al.*, 2009a, 2009b).

A methanol extract of *Galla chinensis* was shown to have significant growth-inhibitory activity towards harmful intestinal bacteria (Ahn *et al.*, 1994, 1998). Activity-directed fractionation of the methanol extract of *Galla chinensis* has led to the isolation of gallic acid and its derivative methyl gallate as the major components involved in the observed antimicrobial activity.

It was also reported that methyl gallate and gallic acid from *Galla chinensis* had inhibitory effects on periodontopathic bacteria (MIC = 1 mg/mL) and significantly reduced the *in vitro* biofilm formation of *S. mutans* (methyl gallate, 1 mg/mL gallic acid, 4 mg/mL, p < 0.05) (Kang *et al.*, 2008).

## Antiviral activities

Anti-HIV activity. In a recent study, different fractions of Rhus chinensis showed potent anti-HIV-1 activity (Wang et al., 2006). Subsequent anti-HIV guided fractionation of Rhus chinensis led to the isolation of 17 compounds with potent anti-HIV-1 activity (Gu et al., 2007; Wang et al., 2008). Among those compounds, a new class of benzofuranone-type compounds 5-hydroxy-3-(propan-2-ylidene)-7-(3,7,11,15-tetramethylhexadeca-2,6,10,11-tetraenyl)-2(3H)-benzofuranone [4] and 5-hydroxy-7-(3,7,11,15-tetramethylhexadeca-2,6,10,11-tetraenyl)-2(3H)-benzofuranone [5] were found significantly to suppress HIV-1 replication (Gu et al., 2007). Compound [4] possessed significant anti-HIV-1 activity with a therapeutic index (TI) of 42.40, whereas compound [5] showed moderate anti-HIV-1 activity with a TI of 3.28 (Gu et al., 2007). Furthermore, the action mechanisms of the two benzofuranonetype compounds were investigated by Wang et al.

(2008). These authors found that both compounds [4] and [5] inhibited HIV-1 replication in chronically infected H9 cells and may target late-stages of the HIV-1 life cycle.

Betulonic acid [9] an analogue of betulinic acid, a well known anti-HIV-1 agent (Kashiwada *et al.*, 1996; Soler *et al.*, 1996) exhibited moderate anti-HIV-1 activity with a TI value of 5.27–8.94  $\mu$ M (Gu *et al.*, 2007; Wang *et al.*, 2008).

3-Oxo-6 $\beta$ -hydroxyolean-12-en-28-oic acid [6], 3-oxo-6 $\beta$ -hydroxyolean-18-en-28-oic acid [7] and moronic acid [8] are oleanolic acid-related triterpenes previously reported to have potential anti-HIV-1 activity (Pengsuparp *et al.*, 1994; Soler *et al.*, 1996; Kashiwada *et al.*, 1998). These compounds showed weak anti-HIV activity with TI values of 4.14, 4.74 and 8.22, respectively (Gu *et al.*, 2007; Wang *et al.*, 2008). Mengoni *et al.* (2002) described the anti-HIV and the mechanism of action for oleanolic acid, both of which suggested that oleanolic acid inhibits HIV-1 protease activity *in vitro*.

Gallicins [10], gallic acid derivate-type compounds, have been reported to inhibit HIV-1 integrase (Kim *et al.*, 1998). The work of Wang *et al.* (2008) confirmed the result in cell lines with a therapeutic index of 5.11. Dihydroxytoluene [11] had the same extent of anti-HIV-1 activity with a TI of 5.34. Wang and coworkers also showed that dimethylcaffic acid [12], caffeic acid phenylethyl ester derivate, has potent anti-HIV-1 activity with a TI value of 19.07.

These values are relatively low compared with the control AZT (TI > 471883) but the resistance and the adverse side effects to available conventional anti-HIV drugs beg the need of identification and development of additional small-molecule inhibitors that can be used in combination with currently available antiviral agents.

Anti herpes simplex virus activity. In vivo studies performed in mice have shown that the hot-water extract of *Rhus chinensis* had prophylactic and therapeutic efficacy against herpes simplex virus (HSV) type 1 (HSV-1) (Kurokawa *et al.*, 1993, 1995a, 1995b, 1997). This extract was also effective against acyclovir-resistant HSV-1 and HSV type 2 (HSV-2) infections in mice (Kurokawa *et al.*, 1995b) and improved the therapeutic efficacy of acyclovir in mice infected with HSV-1 (Kurokawa *et al.*, 1995a).

Subsequently, Nakano *et al.* (1998) also investigated the efficacy of *Rhus chinensis* extract *in vivo*, using a guinea-pig primarily infected intravaginally with HSV-2. Prophylactic oral administration of *Rhus chinensis* at the dose corresponding to human use significantly reduced the incidence and severity of spontaneous skin lesions compared with latently infected guinea-pigs administered water. When recurrent HSV-2 infection was induced by ultraviolet irradiation 3 months after primary infection, prophylaxis with *Rhus chinensis* was also significantly effective in reducing the severity of ultraviolet-induced skin lesions.

Two terpene compounds, moronic acid [8] and betulonic acid [9], were separated from *Rhus chinensis* and their subsequent anti-HSV activities were assessed *in vitro* and *in vivo* (Kurokawa *et al.*, 1998). The effective concentrations of moronic acid and betulonic acid for 50% plaque reduction for HSV-1 were consecutively, 3.9 and 2.6  $\mu$ g/mL. The therapeutic index of moronic acid (10.3–16.3) was larger than that of betulonic acid (6.2). Oral administration of moronic acid thrice a day to mice infected cutaneously with HSV-1, significantly retarded the development of skin lesions and/or prolonged the mean survival of infected mice without toxicity compared with the control. Moronic acid exerted stronger anti-HSV-1 activity in the brain of HSV-1-infected mice than in the skin, similar to the hotwater extract of *Rhus chinensis* (Kurokawa *et al.*, 1995a, 1998).

Anti-HCV and anti-SARS-CoV activities. Screening a library of traditional medicines, Duan *et al.* (2004) found that the EtOAc extract fraction from *Galla chinensis* was efficient in inhibiting the NS3 protease activity of hepatitis carcinoma virus (HCV). 1,2,6-Tri-O-galloyl- $\beta$ -D-glucose, 1,2,3,6-tetra-O-galloyl- $\beta$ -D-glucose and pentagalloylglucose [1] were identified as the active compounds. Tri-, tetra- and pentagalloylglucose inhibited HCV NS3 protease with IC<sub>50</sub> of 1.89, 0.75 and 1.60  $\mu$ M, respectively (Duan *et al.*, 2004).

Likewise, tetra- $\dot{O}$ -galloyl- $\beta$ -D-glucose isolated from *Galla chinensis* exhibited prominent inhibition against severe acute respiratory syndrome coronavirus (SARS-CoV) with a 50% effective concentration of 4.5  $\mu$ M (Yi *et al.*, 2004).

## Anticariogenic activity

Liu *et al.* (2003) found that crude aqueous extract of *Galla chinensis* has the ability to inhibit enamel demineralization *in vitro*. In another study, Chu *et al.* (2007) evaluated the effects of compounds from *Galla chinensis* on the remineralization of initial enamel carious lesions using an *in vitro* pH cycling model. The group demonstrated the potential of three different fractions of *Galla chinensis* to affect net rehardening of artificial carious lesions under dynamic pH-cyclic conditions. Furthermore, Zou *et al.* (2008), using the same protocol, demonstrated the potential of *Galla chinensis* extract to inhibit the demineralization of initial enamel carious lesions.

The chemical compounds of *Galla chinensis* showed effects and combined effects with fluoride on enhancing remineralization of dental enamel (Cheng *et al.*, 2008).

At this point, the active compound of *Galla chinensis* involved in remineralization or demineralization is still unknown. Chu et al. (2007) isolated gallic acid [2] and methyl gallate [3], both of which showed poor activity compared with the crude extract. This result was confirmed by Cheng et al. (2008) testing the combined effects of Galla chinensis extract or gallic acid with fluoride on remineralization of artificial early enamel caries. They found that both the crude extract of Galla chinensis and gallic acid had synergistic effects with fluoride on remineralization, but with apparent differing mechanisms. Thus, it seemed that gallic acid was not the only possible active constituent of *Galla chinensis* to enhance remineralization. Zou et al. (2008) similarly attempted to determine which of the constituent chemical fractions of Galla chinensis conferred a potential anticaries benefit by comparing the effects of four different fractions of Galla chinensis on demineralization of a bovine enamel model. The crude extract was the most active one, prone to some losses of other active compounds during the separation process.

## Antioxidant activity

Cai *et al.* (2004) screened 112 Chinese medicinal plants for antioxidant activity; the results showed that the aqueous extract of *Galla chinensis* contained the highest antioxidant concentration of 17674  $\mu$ mol TEAC/100 g.

More recently, two similar studies have investigated the antioxidant activity of gallotannins in four different systems, namely 1,1-diphenyl-2-picrylhydrazyl (DPPH) radical scavenging, ferric reducing antioxidant power, β-carotene linoleic acid system and hydroxyl radical scavenging assays. Tian et al. (2009a) tested the antioxidant activity of gallotannins with different polarities and found that all of the consecutive extracts of Galla chinensis possessed remarkable antioxidant activity. For example, DPPH radical scavenging activity, EC<sub>50</sub> were in the sequence ethyl acetate  $(1.22 \,\mu g/mL) >$  ether  $(1.44 \,\mu g/mL) > \text{ethanol} (1.55 \,\mu g/mL) > \text{water} (2.11)$  $\mu$ g/mL). Generally, all fractions showed better capacity to scavenge free radicals than the controls, BHT and TROLOX. The same results trend was observed with ferric reducing activity. Antioxidant activity increased when the polarity of extracts decreased, suggesting that extracts with weaker polarities contained higher molecular weight tannins, and thus had stronger antioxidant effects. Aware of this finding, Tian et al. (2009b) isolated different gallotannins, containing 1-10 galloylglucoses (GG), from Galla chinensis and investigated their antioxidant activities in the above systems. Generally, gallotannins of high degrees of galloylation (5–10 GGs) had stronger antioxidant activities than those of low degrees of galloylation (1–4 GGs). The same conclusion was drawn in earlier work by Yokozawa et al. (1998).

Similarly, methyl gallate and gallic acid have been shown through *in vivo* and *in vitro* studies to have antioxidant and radical scavenging activity (Chen and Zhang, 2003; Whang *et al.*, 2005; Madsen and Bertelsen, 1995; Peyrat-Maillard *et al.*, 2000).

It has been demonstrated that pentagalloylglucose possesses antioxidant activity and protects rat neuronal cells from oxidative damage (Choi *et al.*, 2002; Feldman *et al.*, 2001; Oh *et al.*, 2001; Pan *et al.*, 1999). Piao *et al.* (2009) showed that pentagalloylglucose exerts antiapoptotic activity through antioxidant properties.

## Anticancer activity

Yang et al. (2005) were the first to report the anticancer activity of Rhus chinensis extract on carcinogenic Cdc25 phosphatases. Several molecules found in Rhus chinensis such as pentagalloylglucose and gallic acid have been shown to have anticancer activity (Bhimani et al., 1993; Madsen and Bertelsen, 1995; Chung et al., 1998; Hu et al., 2008; Kuo et al., 2009). Pentagalloylglucose has been shown to exhibit in vivo anticancer effects against prostate cancer (Hu et al., 2008; Kuo et al., 2009), lung cancer (Huh et al., 2005) and sarcoma (Miyamoto et al., 1987), and *in vitro* inhibitory effects on the growth and/ or invasion of breast cancer, leukemia, melanoma and liver cancer (Zhang et al., 2009). Pentagalloylglucose can exert anticancer activity via the inhibition of angiogenesis (Lee et al., 2004; Huh et al., 2005) and invasion of melanoma cells in metastasis (Ho et al., 2002). In vitro studies showed that pentagalloylglucose significantly inhibited the proliferation and tube formation of bFGF-

treated human umbilical vein endothelial cells (HUVEC) with an IC<sub>50</sub> of 8  $\mu$ M (Huh *et al.*, 2005). The result is similar to the *in vitro* antiangiogenic activity of pentagalloylglucose in VEGF-treated HUVECs (Lee *et al.*, 2004). Daily injection of 4 and 20 mg/kg of pentagalloylglucose significantly inhibited the growth of the highly angiogenesis-dependent Lewis Lung Cancer allograft by 57% and 91%, respectively (Huh *et al.*, 2005). Similarly, pentagalloylglucose inhibited the invasion of highly metastatic mouse melanoma B16F10 cells *in vitro* in a dose- and time-dependent manner, with IC<sub>50</sub> of 15  $\mu$ M (Ho *et al.*, 2002).

Some other investigations have also demonstrated that derivatives of galloylglucose inhibit not only cancer cell growth (Pan *et al.*, 1999; Hu *et al.*, 2008) but also the invasion of HT1080 human fibrosarcoma cells (Ata *et al.*, 1996).

## Hepatoprotective activity

Several studies of natural hepatoprotective agents have revealed that the extract of *Galla chinensis* showed promising hepatoprotective activity (Oh *et al.*, 2002; Tian *et al.*, 2005). Based on an activity-guided separation scheme An *et al.* (2005) purified pentagalloylglucose [1] and an equilibrium mixture of 3-galloyl-gallic acid and 4-galloyl-gallic acid isomer from the methanol extract of *Galla chinensis* and validated their hepatoprotective activity. Pentagalloylglucose [1] and the mixture compounds were found to have marked protective effects on tacrine-induced cytotoxicity in human liver-derived Hep G2 cells with EC<sub>50</sub> values of  $70.39 \pm 5.4$  and 29.51  $\pm 0.7 \mu$ M, respectively, and also inhibited nitrofurantoininduced cytotoxicity in Hep G2 cells at  $150.9 \pm 6.4$  and  $23.81 \pm 0.5 \mu$ M respectively.

Furthermore, pentagalloylglucose treatment was able to reduce both hepatocyte necrosis induced by tertbutyl hydroperoxide (4 and  $20 \,\mu\text{M}$ ) and apoptosis induced by glycochenodeoxycholic acid (3.125 to 50  $\mu\text{M}$ ) in primary rat hepatocytes (Park *et al.*, 2008).

## Antidiabetic activity

Diabetes mellitus is a chronic metabolic disorder characterized by high blood glucose level due to agents such as  $\alpha$ -glucosidase enzyme, which boosts the digestion of carbohydrate to monosaccharides in the process of intestinal absorption.

Therefore, Shim *et al.* (2003) tested the inhibitory effect of an aqueous extract from the gall of *Rhus chinensis* on  $\alpha$ -glucosidase activity in *in vitro* and *in vivo* models. *Galla chinensis* inhibited *Bacillus*  $\alpha$ -glucosidase activity with an IC<sub>50</sub> of 0.9 µg/mL. Its inhibition on  $\alpha$ -glucosidase was determined to be noncompetitive and reversible when the enzyme–substrate mixture was simultaneously treated with *Galla chinensis*. *Galla chinensis* significantly suppressed the increase of blood glucose level in rats after oral administration of sucrose. These results suggest that *Galla chinensis* might exert antidiabetic effects by suppressing carbohydrate absorption from the intestine and thereby reducing the post-prandial increase in the blood glucose.

Likewise, tannic acid, a mixture of gallotannins containing pentagalloylglucose, was found to have a hypoglycemic effect in patients with type 2 diabetes (Gin *et al.*, 1999). Aware of this result, Li and coworkers hypothesized that pentagalloylglucose could have antidiabetic activity. Using synthetic pentagalloylglucose *in vitro* and in an animal assay, it was demonstrated that pentagalloylglucose effectively reduced blood glucose and insulin levels *in vitro* and in animal models (Li *et al.*, 2005). Unlike most antidiabetic drugs, pentagalloylglucose may reduce blood glucose without increasing adiposity.

#### **Antidiarrheal activity**

The methanol extract of the dried ripe fruit of *Rhus* chinensis was tested in experimental models of castor oil-induced diarrhea in Swiss albino mice (Tangpu and Yadav, 2004; Bose *et al.*, 2008). At graded doses, the extract showed remarkable antidiarrheal activity evidenced by an 80.70% reduction in the rate of defecation of control animals at a dose of 600 mg/kg body weight. The extract also reduced intestinal fluid secretion induced by MgSO<sub>4</sub> and gastrointestinal motility after charcoal meal administration in albino mice (Tangpu and Yadav, 2004).

In the same way, Galla chinensis extracts were found to be effective against enterotoxigenic Escherichia coliinduced diarrhea that produces a heat-labile enterotoxin (LT), which binds to the ganglioside  $G_{M1}$  on the surface of intestinal epithelial cells (Holmgren and Svennerholm, 1992) leading to a massive loss of fluids and ions from cells (Chen et al., 2009). Using the patent mouse gut assay in vivo study, Chen et al. (2006) found that Galla chinensis extract exhibited an anti-LT-induced diarrheal effect, with an IC<sub>50</sub> value of  $4.7 \pm 1.3$  mg/mL. Competitive GM1-ELISA assay showed that Galla chinensis suppressed (IC<sub>50</sub> =  $0.17 \pm 0.02 \text{ mg/mL}$ ) LTinduced fluid accumulation by blocking the binding of LTB to  $G_{M1}$ . Thin layer chromatography suggests that the most active fraction that inhibited the binding of LTB to GM1 was composed of mainly phenolics, especially gallic acid which significantly blocked the binding of LTB to  $G_{\rm M1},$  with an  $IC_{50}$  value of 10.9  $\pm$ 0.3 mm, and suppressed the LT-induced fluid accumulation in a dose-dependent manner, with an  $IC_{50}$  value of 25.4 ± 11.6 mм.

#### Antiinflammatory and antithrombin activities

The work of Kim *et al.* (2005) showed that *Galla chinensis* had antiinflammatory activity in *in vivo* and *in vitro* models. *Galla chinensis* could control all of the inflammatory mediators, such as histamine, heparin, lipidderived mediators and various cytokines in the model of immediate-type allergic reaction in a dose-dependent manner through different mechanisms. Latter activityguided fractionation and purification of the EtOAc fractions of the *Galla chinensis* indicated that the main antiallergic component in *Galla chinensis* was gallic acid.

Fisetin a flavonoid found in the root of *Rhus chinensis* (Lin *et al.*, 2008) was also found to down-regulate inflammatory reactions in stimulated human mast cells (Park *et al.*, 2007).

Similarly, pentagalloylglucose has been shown through *in vivo* and *in vitro* studies to exercise a strong



**Figure 1.** Structures of selected phytochemicals from *Rhus chinensis* and *Galla chinensis*: pentagalloylglucose [1], gallic acid [2], methyl gallate [3], 5-hydroxy-3-(propan-2-ylidene)-7-(3,7,11,15-tetramethylhexade-ca-2,6,10,11-tetraenyl)-2(3H)-benzofuranone [4], 5-hydroxy-7-(3,7,11,15-tetramethylhexadeca-2,6,10,11-tetraenyl)-2(3H)-benzofuranone [5], 3-oxo-6β-hydroxyolean-12-en-28-oic acid [6], 3-oxo-6β-hydroxyolean-18-en-28-oic acid [7], moronic acid [8],betulonic acid [9], gallicin [10], dihydroxytoluene [11], dimethylcaffic acid [12], fisetin [13], 6-pentadecylsalicylic acid [14].

antiinflammatory effect (Oh *et al.*, 2004; Lee *et al.*, 2007, 2003; Kang *et al.*, 2005).

6-Pentadecylsalicylic acid has been isolated from airdried stems of *Rhus chinensis* by bioassay-directed fractionation of the *n*-hexane extract of the stem (Kuo, 1991). This compound showed antithrombotic activity at 50  $\mu$ g/mL using the amidolytic method (Kuo, 1991). It also prolonged clotting time in a dose-dependent manner in the clotting assay of thrombin–fibrinogen interaction.

## CONCLUSIONS

*Rhus chinensis* species have long been recognized by folk medicine practitioners as having value and have been revealed to have great medicinal potential, much

of which was completely unknown to Western scientists. Over the past few decades, the research efforts on *Rhus chinensis* extracts indicate that the extracts have promising potential as antiviral, anticarie, antidiarrheal, anticancer, antidiabetic and hepatoprotective agents, among others. Although the work reviewed here substantiated most of the traditional claims on its health effectiveness, more research is required for validation of the uses of this plant.

The available information on the different bioactive contents in samples of various parts of this medicinal plant is very limited, both qualitatively and quantitatively. The gall on *Rhus chinensis* leaves has received much scientific attention because of its high gallotannin content and subsequent health potential. However, other parts, such as fruits, leaves, and seeds, can also be investigated based on traditional uses and the findings in other *Rhus* species. So far, *Galla chinensis* is the only medicine proven to remineralize a hard tissue like enamel. This is a unique potential for this plant, but the active constituent is still unknown.

The mechanistic activity of *Rhus chinensis* material as prophylactic, therapeutic, anti-HSV, anti-HIV and antidiarrheal medicine needs to be further examined. On the other hand, efforts should also be made to survey other sumac species to determine if these properties are generalized across the *Rhus* genus.

The safety of *Rhus chinensis* still needs to be rigorously established, since cases of toxicity from intake of gallotannins found in *Rhus chinensis* have been reported in the literature. Different gallotannins such as tri-, tetra-, hexa-, hepta-, octa-, nona- and decagalloylglucose can reduce blood pressure and blood urea nitrogen, as reported in animal studies in the literature (Feldman *et al.*, 1999; Hofmann *et al.*, 2006; Nishizawa *et al.*, 1983). Nonetheless, tannins diminish protein digestibility when present in high levels in diets with low protein content and also inhibit human salivary  $\alpha$ -amylase, thereby causing potential negative effects on starch digestion and food taste. This needs to be taken in account when testing the efficacy of *Rhus chinensis* compounds in human beings by clinical trials for drug use validation.

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### **Conflict of Interest**

The authors have declared that there is no conflict of interest.

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