



Gut microbiota and transcriptome profiling revealed the protective effect of aqueous extract of *Tetragium hemsleyanum* leaves on ulcerative colitis in mice

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ABSTRACT

Tetragium hemsleyanum, a traditional Chinese medicinal plant, possesses various biological activities, including anti-inflammatory and immunomodulatory functions. The purpose of this study was to determine the alleviating effect of the water extract of *Tetragium hemsleyanum* leaves (THLW) on ulcerative colitis (UC) and its relationship with gut microbiota. The administration of THLW significantly decreased the severity of dextran sulfate sodium (DSS)-induced intestinal damage, as demonstrated by the stabilization of body weight and colon length, and decreased disease activity index (DAI) and histological scores. THLW also decreased NF-κB protein expression in colon tissues and reduced the serum levels of IL-6, IL-1β, and TNF-α. Further co-housing experiment confirmed that the anti-UC effect of THLW was possibly by regulating the structure and composition of gut microbiota, including increasing the abundance of *Oscillospiraceae*, *Prevotellaceae* and *Corynebacterium*. Additionally, the expression of genes related to inflammation and immunity was also regulated by THLW treatment as evidenced by transcriptome analysis. These results suggested that the protective effect of THLW on DSS-induced colitis was mediated by alleviating inflammation and modulating the microbiota composition. This work proved the potent protective effects of THLW treatment on colitis and may have potential for UC relief.

1. Introduction

Ulcerative colitis (UC) is a relapsing and reoccurring inflammatory bowel disease (IBD) that is associated with various factors, such as micro-environmental factors, genetic susceptibility, abnormal immune responses, and disruption of colon barrier function (Kruiderier et al., 2003). As gut microbiota homeostasis is a key factor in maintaining optimal gastrointestinal health, thus gut microbiota imbalance plays a vital role in the pathogenesis of UC (Gong et al., 2022). According to multiple studies, plant-based foods or traditional Chinese herbs have a curative effect on UC, for instance, modulating gut microbiota (Pan et al., 2020; Sun et al., 2020; Liu et al., 2021).

Tetragium hemsleyanum Diels et Gilg. (*T. hemsleyanum*), a family member of Vitaceae and *Tetragium obtectum* Genus, is a well-known

rare folk medicinal plant and is mostly known as “San ye qing” in China. It is widely distributed in Zhejiang, Guangxi, Jiangxi and Hunan provinces (Guo et al., 2019). *T. hemsleyanum* is known worldwide as a source of phytotherapeutics, and has been used for the treatment of conditions related to inflammatory and immune responses (Ji et al., 2021). Furthermore, whole plants, including tubers, leaves and vines, can be used as medicines and possess various bioactivities, such as anti-tumor (Zhu et al., 2020), anti-inflammatory (Wu et al., 2018; Li et al., 2019; Chu et al., 2019), positive immunomodulatory effects (Ogunrinola et al., 2022), anti-bacterial (Chen et al., 2019) and anti-oxidative stress (Ru et al., 2019) etc. However, due to the lack of systematic research on *T. hemsleyanum*, the above-ground parts were often discarded, resulting in a low utilization rate of *T. hemsleyanum* resources. In the recent years, increasing attention has been given to the studies on the above-ground parts of *T. hemsleyanum* and their biological

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Abbreviations

CD14	Clusters of differentiation 14	IBD	Inflammatory bowel disease
DAI	Disease activity index	LDA	Linear discriminant analysis
DEGs	Differentially expressed genes	LefSe	Linear discriminant analysis effect size
DSS	Dextran sulfate sodium	OTU	Operational taxonomic unit
ELISA	Enzyme-linked immunosorbent assay	PCA	Principal component analysis
FC	Fold change	PCoA	Principal coordinate analysis
FDR	False discovery rate	PICRUSt	Phylogenetic Investigation of Communities by Reconstruction of Unobserved States
H&E	Hematoxylin-eosin	TNF- α	Tumor necrosis factor- α
IL-6	Interleukin-6	TLR	Toll-like receptor
IL-1 β	Interleukin-1 β	THLW	Water extract of <i>Tetragium hemsleyanum</i> leaves
IGHG3	Immunoglobulin heavy constant gamma 3	UC	Ulcerative colitis

activities. As a plant with homology of medicine and food, the leaves of *T. hemsleyanum* have been used as functional tea or dietary supplements for their health benefits, such as improving immune regulation (Sun et al., 2013; Van der Goten et al.). Additionally, the decoction of traditional Chinese medicine using water was widely used in traditional folk medicine, but the anti-UC effect of THLW and its regulatory effect on gut microbiota have not been explored. Thus, the present study focused on the therapeutic effect of THLW on a dextran sulfate sodium (DSS)-induced UC model in BALB/c mice and its relationship with gut microbiota.

2. Materials and methods

2.1. Materials and reagents

T. hemsleyanum leaves were purchased from Ningbo Shengwang Biotechnology Co., Ltd. (Ningbo, China). Dextran sulfate sodium (DSS; MW: 36–50 kDa) was purchased from MP Biochemical (Santa Ana, CA, USA). All enzyme-linked immunosorbent assay (ELISA) kits were obtained from Nanjing Jiancheng Bioengineering Institute (Nanjing, China). All other chemicals were of analytical grade.

2.2. Plant material and extract preparation

The THLW was prepared according to our previous study with slight modification (Ru et al., 2019). The powder was ground with a grinder and extracted with distilled water at a ratio of 1:30 (W/W) at 40 °C for 5 h in a BRANSON M8800-C ultrasonic cleaner (Dongguan Binengxin Machinery Co., Ltd., Guangdong, China). The supernatant was collected by centrifugation at 10000 rpm for 10 min and then dried using a freeze dryer (Songyuan, China) and stored at –80 °C until further analysis.

2.3. Experimental ulcerative colitis and treatment

Six-week-old male BALB/c mice were purchased from Hangzhou Hangsi Biological Technology Co., Ltd. (Hangzhou China). The mice were housed in individually ventilated caging systems under a 12-h light/dark cycle at a temperature of 23 °C \pm 2 °C and humidity of 55% \pm 5%, and allowed free access to sterilized standard rodent chow food and sterilized water. The animal experiment was performed in compliance with the Chinese legislation on the use and care of laboratory animals and was approved by the ethics committee of Zhejiang Pharmaceutical College (NO. ZYLL201905010).

After adaptive feeding for 7 days, the mice were randomly assigned to four groups (n = 9 for each group): normal control group (the CON group), DSS-induced UC model group (the DSS group), water extract of *T. hemsleyanum* leaves treated UC group (the THLW group) and the co-housed THLW-treated UC group (the THLW-C group). For the co-housing analysis, pairs of age-matched THLW and THLW-C group

mice were co-housed in 1:1 ratios in single cages. The mice in all groups except for the CON group were given drinking water with 3% (w/v in distilled water) DSS to induce colitis for 7 days, and then normal drinking water for 6 days of recovery. Mice in the THLW group were gavaged with THLW (dissolved in saline) at 300 mg per kg-BW per day for 12 consecutive days (Fig. 1A). Meanwhile, the mice received an equivalent amount of saline by gavage over the entire experimental period in the control group and DSS group, and all of the mice had a standard diet. Body weight, stool consistency, mouse state and the presence of gross blood in feces and at the anus were recorded daily and used for the disease activity index (Xie et al., 2019).

After feces and blood collection, the mice were sacrificed by cervical dislocation and the colons were immediately removed to measure the colon length. The colon was then preserved for histological examination and RNA extraction.

2.4. Histopathological and immunohistochemistry analyses

The colon tissue was fixed in 4% paraformaldehyde for 48 h, then embedded in paraffin, cut into slices, and stained with hematoxylin-eosin (H&E) solution for microscopic observation. The histological score was calculated according to previously reported methods, and the degree of injury was scored according to the degree of inflammatory cell infiltration, mucosal injury and crypt injury (He et al., 2021).

The expression of NF- κ B protein in colon tissue was determined by immunohistochemical staining as described previously (Wu et al., 2020). Briefly, the colon sections were treated with 3% hydrogen peroxidase for 10 min and then incubated with NF- κ Bp65 primary antibody (1:100) overnight at 4 °C, followed by incubation with a secondary antibody at room temperature for 30 min. Finally, the images were observed under an Olympus BH-2 microscope (Tokyo, Japan). Positive staining was brown, and counterstained nuclei were blue. The average optical density of NF- κ B (P-p65) translocation in colon tissues was quantified as a percentage of positive areas in each image using Image J software.

2.5. Measurement of inflammatory cytokines

The levels of TNF- α , IL-1 β , and IL-6 in serum were detected using enzyme-linked immunosorbent assay (ELISA) kits (Nanjing, China). All procedures followed the manufacturer's instructions.

2.6. Analysis of the gut microbiota

Genomic DNA was extracted from fecal samples using the TIANamp Stool DNA Kit (Tiangen, Beijing, China). After determining the purity of DNA by 1% agarose gel electrophoresis, the MiSeq platform (Illumina, San Diego, CA, USA) was used to sequence the V3–V4 hypervariable regions of the 16S rRNA gene at Shanghai MajorBio Bio-Pharm

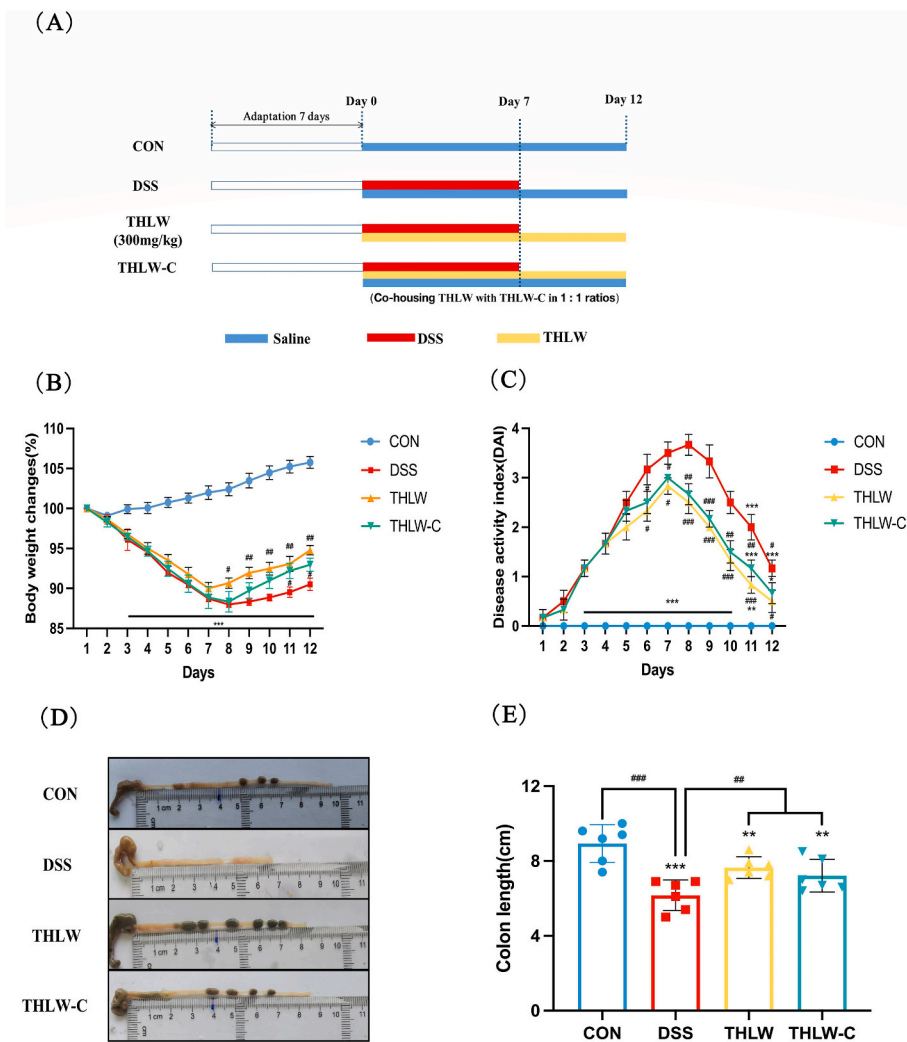


Fig. 1. Water extract of *Tetragium hemsleyanum* leaves (THLW) attenuates DSS-induced acute colitis. (A) Experimental design. (B) Body weight changes after DSS induction of colitis. Data are plotted as a percentage of basal body weight. (C) The DAI was calculated during the experiment. (D) Representative images of colon tissues resected on the day of sacrifice. (E) Quantitative results of colon length in different groups. Results are mean \pm S.E.M. of six to eight mice in each group. * $P < 0.05$, ** $P < 0.01$ and *** $P < 0.001$ versus normal; # $P < 0.05$, ## $P < 0.01$ and ### $P < 0.001$ versus DSS model.

Technology Co., Ltd. (Shanghai, China).

QIIME (version 1.9.1) was used to calculate the abundance of operational taxonomic units (OTUs) (based on 97% sequence similarity). These OTUs were imported into taxonomies analysis by RDP algorithm software, and the confidence threshold was set to 0.7. The α -diversity estimator calculations were performed using Mothur (version 1.30.2). Principal coordinate analysis (PCoA) and hierarchical clustering analysis were conducted using the representative sequences of OTUs based on the Bray-Curtis distance. Venn diagram and hierarchical clustering heatmap were conducted using R software (version 3.2.3). Furthermore, the linear discriminant analysis (LDA) effect size (LEfSe) algorithm was used to distinguish the key OTUs of the differential representation among the experimental groups of mice. Additionally, the potential Kyoto Encyclopedia of Genes and Genomes (KEGG) Ortholog functional profiles of microbial communities were predicted with PICRUSt using STAMP (version 2.1.3). All bioinformatics analyses were performed using Majorbio Cloud (<http://www.majorbio.com/>).

2.7. Transcriptome analysis

Total RNA was extracted from colonic tissues using a TRIzol reagent kit (Invitrogen, Carlsbad, CA, USA). An Agilent 2100 Bioanalyzer (Agilent Technologies, Palo Alto, CA, USA) was used to assess RNA quality and quantity. Then, Oligobads enriched eukaryotic mRNA, which was further fragmented using fragmentation buffer and reversly transcribed into cDNA by the NEBNext Ultra RNA Library Prep Kit for Illumina (NEB

#7530, New England Biolabs, Ipswich, MA, USA). The purified double-stranded cDNA fragments were end repaired, and A base were added and ligated to Illumina sequencing adapters. The resulting cDNA library was sequenced using Illumina/Novaseq-6000 by Gene Denovo Biotechnology Co. (Guangzhou, China). Differentially expressed genes (DEGs) with P -value below 0.05 and a fold change of 2.0 were used for transcript analysis, and the KEGG database was used for pathway enrichment analysis.

2.8. Statistical analysis

Data are expressed as the mean \pm S.E.M. All graphing and statistical analyses were performed using Prism GraphPad software (Version 8.4.0, USA). The multiple-group were compared using one-way ANOVA analysis of variance followed by the least significant difference (LSD) post hoc test, and $P < 0.05$ was considered statistically significant.

3. Results

3.1. THLW ameliorated DSS-induced acute colitis

The body weights of rats in the CON, DSS, THLW and THLW-C groups are presented in Fig. 1B. Compared with the CON group, the other groups showed significant weight loss on day 3. Moreover, significant differences in body weight appeared in the THLW and THLW-C groups on the 8th and 11th days respectively, compared to the DSS

group. Similarly, different degrees of enteritis symptoms resulted in different DAI scores in each group (Fig. 1C). Mice in each group did not show any symptoms in the first two days, but diarrhea and loose feces appeared on day 3, especially in the DSS group. The DAI scores increased significantly under DSS treatment, but a significant decrease appeared in the THLW and THLW-C groups compared with the model group on the 6th day. Additionally, the colon length of THLW-treated and THLW-colihoused colitis mice exhibited less reduction than the DSS group mice (Fig. 1D and E).

3.2. THLW suppressed histological damage of colon tissues and pro-inflammatory cytokine secretion

The therapeutic effects of THLW were evaluated at the histological level, as shown in Fig. 2A. Compared with the CON group, the epithelial integrity of the colonic mucosa in the DSS group disappeared, the crypt structures were damaged, and the mucosa and submucosa were infiltrated by a large number of immune cells, resulting in a higher histological score (Fig. 2B). Both THLW and THLW-C could effectively protect the integrity of the crypt, as the histological scores of the colon tissue were significantly lower than those of the DSS group ($P < 0.05$), but there was no significant difference between these two groups.

To further verify the protective effects of THLW against intestinal inflammation, P-p65 (a subunit of NF- κ B) protein expression in colon tissues was detected by immunohistochemistry staining. Immunohistochemical analysis showed that the expression of P-p65 was increased in

the DSS group but significantly decreased in both the THLW and THLW-C groups (Fig. 2C and D). Moreover, the levels of several typical pro-inflammatory cytokines (including IL-6, IL-1 β , and TNF- α) in serum were also detected and exhibited a significant increase after DSS treatment. Both the THLW and THLW-C groups decreased these three pro-inflammatory cytokines to varying degrees, and the effect of THLW was better than that of the THLW-C group (Fig. 2E-G).

3.3. Gut microbiota analysis

3.3.1. Analysis of the gut microbiota diversity

The Illumina MiSeq high-throughput sequencing platform was used to analyze the fecal microbes of mice in different groups. In total, 1282,201 sequences of the V3-V4 region of the 16S rRNA were detected from 20 fecal samples. The average sequence number was 64,110, with a minimum of 56,351 and a maximum of 71,618, while the average length was 412 bp. After removal of the low-quality reads, a total of 889,338 OTUs at a 97% similarity level were identified. The α -indices at the operational taxonomic unit (OTU) level of each sample are shown in Table 1. The THLW group showed the highest Shannon index, representing the characterization of community diversity. The THLW-C group showed the lowest Chao1 and ACE indices, indicating the lowest richness of the gut microbiota among all groups. In the β -diversity analysis, multivariate statistical methods such as principal component analysis (PCA) and principal coordinate analysis (PCoA) were used to analyze the similarity of community composition of the different groups (Fig. 3A and

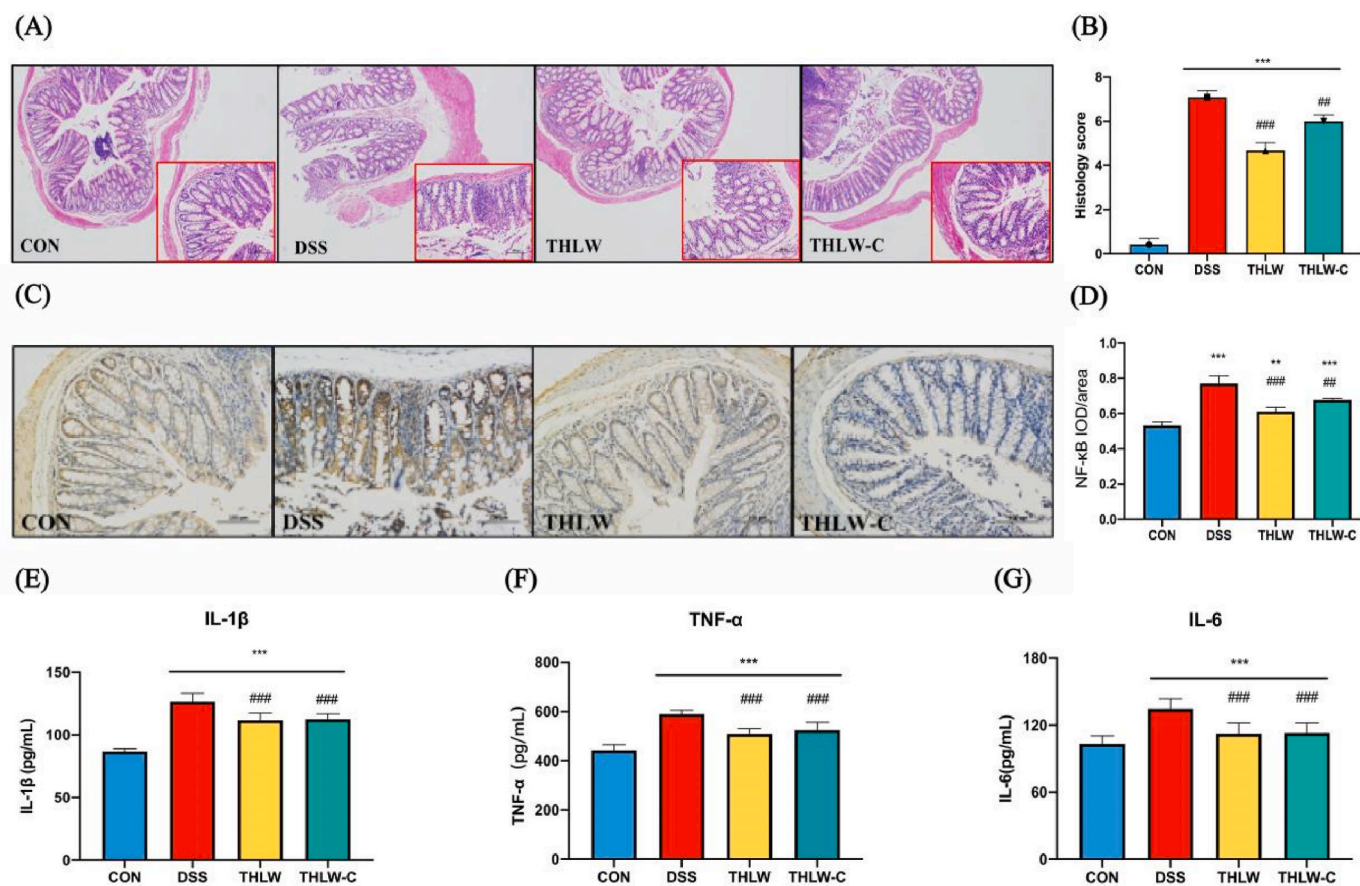


Fig. 2. Bioactive influence of water extract of *Tetrastigma hemsleyanum* leaves (THLW) on histopathological changes and inflammation in colon adjacent tissues from DSS-induced UC mice: (A) Representative histological photos of each group ($\times 50$ and $\times 200$). (B) Comparison of histopathologic scores between groups. (C) Immunohistochemical staining of the NF- κ B (P-p65) translocation in colon tissues. (D) The average optical density (AOD) of NF- κ B (P-p65) translocation in colon tissues. (AOD = IOD/Area), IOD: Integratedoptio density. (E) Comparison of the levels of IL-1 β in serum between groups. (F) Comparison of the levels of TNF- α in serum between groups. (G) Comparison of the levels of IL-6 in serum between groups. Results are mean \pm S.E.M. of six to eight mice in each group. * $P < 0.05$, ** $P < 0.01$ and *** $P < 0.001$ versus normal; # $P < 0.05$, ## $P < 0.01$ and ### $P < 0.001$ versus DSS model.

Table 1

Total number of sequences and alpha-diversity indices (at the operational taxonomic unit level) of cecal microbiota.

Group	Coverage	Shannon	Simpson	Ace	Chao
CON	1.00 ± 0.00	3.94 ± 0.20 ^{ab}	0.06 ± 0.02	449.43 ± 6.58 ^{ab}	452.68 ± 6.48 ^{ab}
DSS	1.00 ± 0.00	3.87 ± 0.13 ^a	0.06 ± 0.01	478.47 ± 5.82 ^b	479.61 ± 6.41 ^b
THLW	1.00 ± 0.00	4.41 ± 0.08 ^b	0.03 ± 0.00	451.88 ± 13.34 ^b	469.01 ± 16.82 ^b
THLW_C	1.00 ± 0.00	4.17 ± 0.08 ^{ab}	0.04 ± 0.01	409.01 ± 12.96 ^a	414.13 ± 15.72 ^a

Note: ^{a-d} Different letters mean significant difference ($P < 0.05$). Data are expressed as mean ± S.E.M. (n = 6). The abbreviation of groups used in the figure were: normal control group (CON), DSS-induced UC model group (DSS), water extract of *Tetragium hemsleyanum* leaves treated UC group (THLW) and the co-housed THLW-treated UC group (THLW-C).

B). The loading plots of various colors indicate different groups and are divided into different zones according to the composition of the community. Altogether, the results showed that the composition of the intestinal flora changed significantly after DSS and THLW treatment, while samples in the THLW and THLW-C groups were more similar. Consistently, the results of the hierarchical clustering tree showed that

the OTU levels of the THLW and THLW-C groups were similar and closest to each other (Fig. 3C). To further investigate the high similarity in composition between the THLW and THLW-C groups, a Venn diagram showed that 496 OTUs were identified as core microbiota in the two groups, accounting for approximately 85% of each compartment (Fig. 3D).

3.3.2. Composition and structure analysis of the fecal gut microbiota

The relative abundance of gut microbiota in each group at the phylum and genus levels is shown in Fig. 3 E and F. At the phylum level, the gut microbiota of each sample was mainly composed of 6 primary bacterial phyla, of which *Firmicutes* and *Bacteroidetes* were the two most important phyla. The relative abundance of *Firmicutes* was decreased after DSS treatment, but recovered to a level similar to that of the CON group after THLW treatment. In addition, the abundance of *Verrucomicrobiota* in the model group was remarkably higher but decreased after THLW treatment. At the genus level, the DSS treatment significantly inhibited the growth of *unclassified_f_Lachnospiraceae* ($P < 0.05$) and remarkably promoted the growth of genera *Enterorhabdus* and *Streptococcus* ($P < 0.05$) compared with the normal group. After THLW treatment, the imbalance of gut microbiota caused by DSS treatment was recovered by preventing the decrease of *unclassified_f_Lachnospiraceae* ($P < 0.05$) as well the increase of *Enterorhabdus* ($P < 0.05$) and

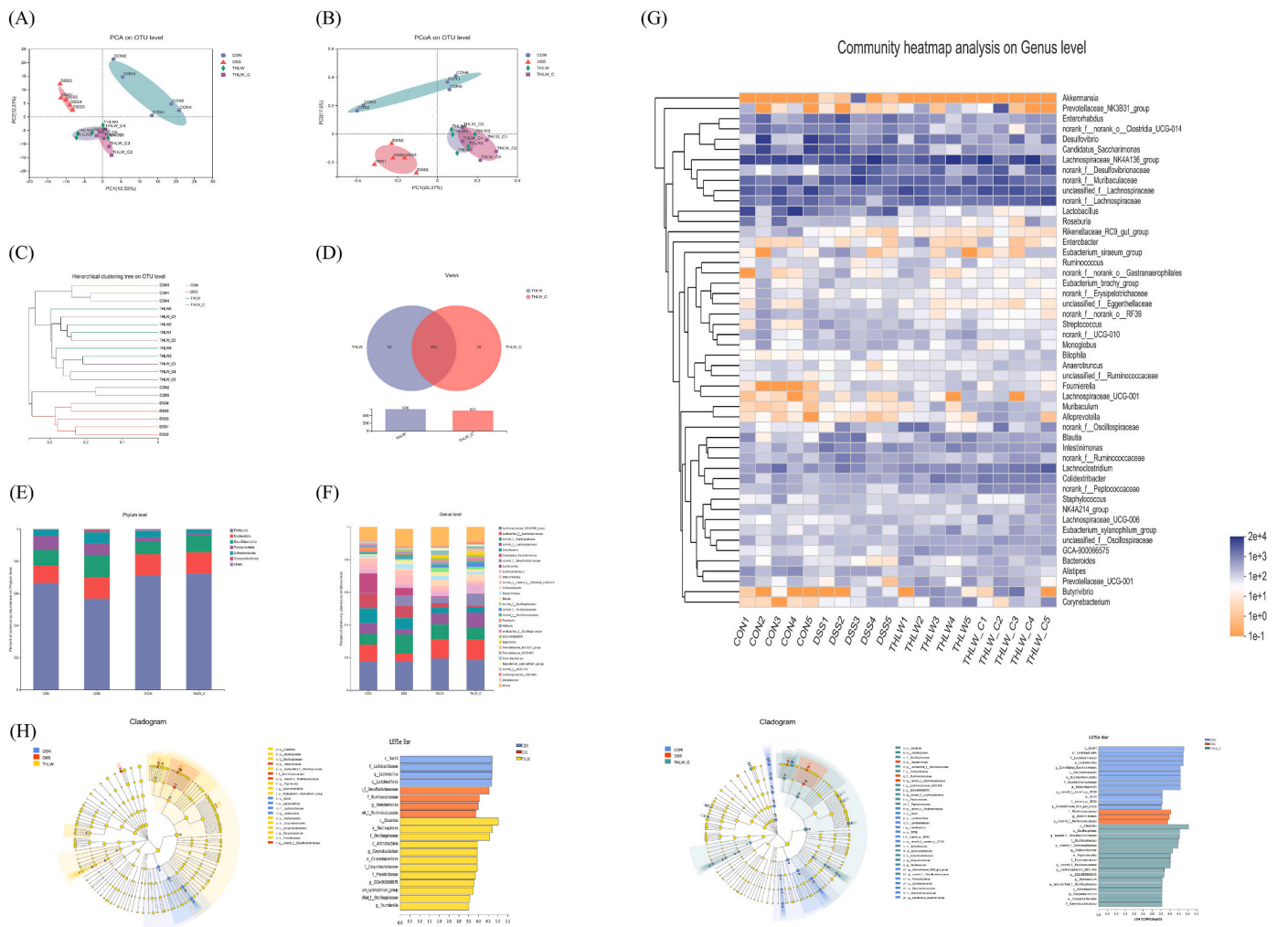


Fig. 3. Gut microbiota analysis upon THLW treatment in colitis mice. (A) Principal component analysis (PCA). (B) Principal coordinate analysis (PCoA). (C) Hierarchical clustering tree. (D) Venn diagram of differentially abundant bacteria at the OTU level. (E) Community column diagram at the phylum level. (F) Community column diagram at the genus level. (G) Community heatmap at the genus level. (H and I) Bacterial taxa differentially enriched in different groups determined using the linear discriminant analysis (LDA) effect size (LEfSe) algorithm.

Streptococcus ($P < 0.05$), as shown in [Supplementary Figure 1](#). These results suggested that THLW could restore the intestinal flora balance in UC mice positively.

The heatmap can distinguish groups with different abundances by clustering and reflect differences in microbial composition in colitis mouse fecal samples with different treatments by color gradient. As shown in [Fig. 3G](#), the heatmap was drawn by clustering analysis of the 50 most abundant bacteria at the genus level. THLW partially inhibited DSS-induced enhancement of bacterial genus, including *norank_f_Ruminococcaceae*, *norank_f_Desulfovibrionaceae*, *Monoglobus*, *Akkermansia*, and *Streptococcus*, which were reduced to a level closer to that of the control group.

3.3.3. Analysis of gut microbiota composition and metabolic function changes

The linear discriminant analysis effect size (LEfSe) can be used to identify statistically dominant microorganisms in each group. As shown in [Fig. 3H](#), the CON, DSS and THLW groups had 4, 4 and 12 significantly different taxa at different classification levels (LDA score >3.5), respectively. Among them, *c_Bacilli/o_Lactobacillales/f_Lactobacillaceae/g_Lactobacillus* were the dominant taxa in the CON group, *g_norank_f_Desulfovibrionaceae* and *f_Ruminococcaceae/g_Intestinimonas* were the dominant taxa in the DSS group, and *c_Actinobacteria/o_Corynebacteriales/f_Corynebacteriaceae/g_Corynebacterium*, *c_Clostridia/o_Oscillospirales/f_Oscillospiraceae/g_unclassified_f_Oscillospiraceae* and *f_Prevotellaceae* were the dominant microbes in the THLW group. The THLW-C group showed similar dominant taxa, such as *c_Clostridia/o_Oscillospirales/f_Oscillospiraceae/g_unclassified_f_Oscillospiraceae* and *c_Actinobacteria/o_Corynebacteriales/f_Corynebacteriaceae/g_Corynebacterium* ([Fig. 3I](#)).

The PICRUST algorithm was next used to evaluate the functional changes after different treatments and then performed against KEGG to aggregate into different pathways, as shown in [Supplementary Table 1](#). It can be concluded that there were significant differences between the DSS group and the THLW group in 24 KEGG pathways, and the addition of THLW regulated the activities of carbohydrate metabolism, bacterial toxins, apoptosis and so on, providing guidance for our further research ([Supplementary Figure 2](#)). In conclusion, these results indicate that THLW regulates the structure, composition and functionality of the gut microbiota in DSS-treated rats, and stabilizes the structure of the gut microbiota similar to that in normal mice, which is beneficial to maintaining health.

3.4. The gene expression profile of the small intestine

In this study, to determine the anti-colitis effect of THLW, we performed mRNA sequencing analyses using total RNA isolated from small intestine of mice. By analysis of the transcriptome, a total of 621 genes were differentially expressed, including 501 up-regulated genes and 120 down-regulated genes (FDR <0.05 and $|\log_2FC| > 1$) ([Supplementary Figure 3](#)). Detailed information of each differentially expressed genes (DEGs) are listed in [Supplementary Table 2](#). These 621 genes were enriched in 316 KEGG pathways ([Supplementary Table 3](#)). Among them, 7 pathways related to inflammation were screened out and are listed in [Table 2](#). In total, 26 DEGs were screened out from these 7 KEGG pathways, among which 18 were up-regulated and 8 were down-regulated ([Table 3](#)). The mRNA-seq analysis revealed that THLW treatment increased the gene expressions (Cp, Atp7a, Sparc, Mmp14, Creb3l3, Loxl2, Gatm, and Il15) which are associated with TNF signaling pathway. Furthermore, THLW supplementation altered NF-kappa B signaling pathway related transcripts such as Ighg1, Cd14, Tlr6, Igha, Ighg3 and Car1. These results support that treatment with THLW leads to the enhancement of immunity and reduction of the inflammatory response in DSS-induced mice ([Fig. 2](#)).

Table 2
Information on KEGG pathways related to inflammation.

Pathway	Pathway ID	Level 1	Level 2
IL-17 signaling pathway	ko04657	Organismal Systems	Immune system
TNF signaling pathway	ko04668	Environmental Information Processing	Signal transduction
Toll-like receptor signaling pathway	ko04620	Organismal Systems	Immune system
Inflammatory bowel disease (IBD)	ko05321	Human Diseases	Immune diseases
NF-kappa B signaling pathway	ko04064	Environmental Information Processing	Signal transduction
Jak-STAT signaling pathway	ko04630	Environmental Information Processing	Signal transduction
T cell receptor signaling pathway	ko04660	Organismal Systems	Immune system

4. Discussion

UC is a typical type of inflammatory bowel disease (IBD) that is often caused by a combination of genetic predisposition, immune dysfunction and gut microbiota disturbance ([J. Hu et al., 2020](#)). Among them, there is increasing evidence that the gut microbiota and the intestinal immune system play a key role in this disease ([Yang et al., 2020](#)). Compared with the disadvantages of UC treatment drugs with side effects, increasing attention has been given to the treatment of UC with Chinese herbal medicine, which has been widely used for a long time in many Asian countries and can be used as an alternative for UC patients due to its safe therapeutic effect ([Guo et al., 2017](#)). *T. hemsleyanum* is a medicinal and edible plant that has existed in China since ancient times, and has attracted increasing attention due to its effective effects on inflammatory and immune-reactivity related diseases ([Ji et al., 2019, 2021](#)). Our latest study showed that an 80% methanol extract of *T. hemsleyanum* can effectively inhibit DSS-induced colitis by maintaining the intestinal epithelial barrier and regulating gut microbiota disturbance ([Wu et al., 2021](#)). Nevertheless, the beneficial effects of Chinese herbal plants are usually achieved after prolonged extraction in water, while the role of gut microbiota in the THLW-relieved colitis induced by DSS was not fully explained. Therefore, the present study focused on the alleviation effect of THLW on UC that induced by continuous intake of DSS solution, and confirmed the key role of gut microbiota in THLW-relieved colitis by co-housing with the THLW group, further suggesting that intestinal microorganisms may be involved in the regulation of UC inflammation and the immune response.

In this study, administration of THLW alleviated UC caused by DSS, as THLW mitigated the obvious symptoms such as weight loss, diarrhea and hematochezia, colon shortening, and intestinal mucosal and sub-mucosal edema in the DSS-induced UC model. In addition, THLW treatment also reduced inflammatory cell infiltration, crypt loss and epithelial damage resulting from DSS challenge in mice with colitis, thus restoring their protective barrier function. The colonic mucosa of UC is infiltrated by neutrophils and macrophages, which can secrete a large number of inflammatory cytokines, including IL-6, IL-1 β and TNF- α etc., all of which are regulated by the NF- κ B signaling pathway ([Schottelius and Dinter, 2006](#); [Muzes et al., 2012](#); [Feng et al., 2014](#); [Chen et al., 2020](#)). Therefore, controlling the production and release of these inflammatory factors is conducive to the treatment and therapy of colitis. In our study, immunohistochemical analysis showed that THLW treatment effectively decreased the protein expression of the NF- κ B subunit (phosphorylated p65) in the colon of DSS-treated mice, accompanied by decreased IL-1 β , IL-6, and TNF- α levels in serum. Moreover, the chemical profile analysis of THLW by UPLC in our previous study showed that the most abundant component was β -sitosterol, which has been reported to attenuate colitis by inhibiting the NF- κ B pathway ([Lou et al., 2021](#); [Lee et al., 2012](#); [Feng et al., 2017](#)). These results suggested that the

Table 3
Information on regulated differentially expressed genes enriched in inflammation-related KEGG pathways.

Symbol	Regulation	logFC(THLW/Model)	P Value	FDR	Description	KEGG Pathway
Ighg1	Down	-1.397182648	4.15E-12	5.1E-11	immunoglobulin heavy constant gamma 1 (G1m marker)	ko04064
Car1	Down	-1.30525813	0	0	carbonic anhydrase 1	ko04064
H2-Eb2	Down	-1.260062839	2.25E-05	0.000131689	histocompatibility 2, class II antigen E beta2	ko05321
Il22ra2	Down	-1.108616562	3.76E-11	4.23E-10	interleukin 22 receptor, alpha 2	ko04630
Ighg3	Down	-1.097243862	0.000698432	0.003086817	Immunoglobulin heavy constant gamma 3	ko04064
Tlr2	Down	-1.055200874	4.06E-125	8.18E-123	toll-like receptor 2	ko04620; ko05321
Il15	Down	-1.040448477	8.87E-16	1.44E-14	interleukin 15	ko04668; ko04630
Tnfrsf13c	Down	-1.026043755	1.74E-09	1.69E-08	tumor necrosis factor receptor superfamily, member 13c	ko04064; ko04668
Cp	Up	1.001700289	0.000440321	0.002025819	ceruloplasmin	ko04668
Tlr6	Up	1.016273522	0.002880844	0.010969225	toll-like receptor 6	ko04620
Tirap	Up	1.023014566	0.002484111	0.009619046	toll-interleukin 1 receptor (TIR) domain-containing adaptor protein	ko04064; ko04620
Dcn	Up	1.060599264	5.85E-30	1.95E-28	decorin	ko04660
Atp7a	Up	1.095895427	2.08E-10	2.18E-09	ATPase, Cu ⁺⁺ transporting, alpha polypeptide	ko04668
Nfatc2	Up	1.105035471	3.22E-06	2.14E-05	nuclear factor of activated T cells, cytoplasmic, calcineurin dependent 2	ko04660
Sparc	Up	1.15146355	5.38E-42	2.64E-40	secreted acidic cysteine rich glycoprotein	ko04668
Pla2g4a	Up	1.268510823	5.91E-39	2.63E-37	phospholipase A2, group IVA (cytosolic, calcium-dependent)	ko04620
Cd14	Up	1.337139537	7.17E-47	3.83E-45	CD14 antigen	ko04064; ko04620
Igha	Up	1.344523391	3.55E-101	4.96E-99	immunoglobulin heavy constant alpha	ko04064
Mmp14	Up	1.393287075	6.91E-33	2.59E-31	matrix metalloproteinase 14 (membrane-inserted)	ko04668
Chek1	Up	1.401545263	0.003013397	0.011417562	checkpoint kinase 1	ko04660
Smpd3	Up	1.470146501	1.27E-91	1.48E-89	sphingomyelin phosphodiesterase 3, neutral	ko04620
Creb3l3	Up	1.488590367	5.43E-11	6.04E-10	cAMP responsive element binding protein 3-like 3	ko04668
Creb3l1	Up	1.527901269	1.39E-81	1.42E-79	cAMP responsive element binding protein 3-like 1	ko04668
Loxl2	Up	1.604275976	5.31E-25	1.45E-23	lysyl oxidase-like 2	ko04668
Gatm	Up	1.956441251	1.87E-28	5.95E-27	glycine amidinotransferase	ko04668
Pla2g4f	Up	2.443638412	2.41E-41	1.16E-39	phospholipase A2, group IVF	ko04620

ameliorative effect of THLW on DSS-induced colitis may be closely related to the inhibition of pro-inflammatory cytokines release involving NF- κ B.

Trillions of bacteria colonize in the gastrointestinal tract and are involved in nutrient absorption and immune system regulation (Wang et al., 2020). Changes in the diversity and structure of the gut microbiota, result in inflammatory responses and immune imbalance (Prasain and Barnes, 2020). Therefore, the gut microbiota is closely associated with the pathology development and therapy of UC (Sokol et al., 2017). DSS modeling, commonly used for colitis, often leads to loss of microbial diversity and even imbalance of gut microbiota structure (Sun et al., 2020; X.J. Hu et al., 2020; Xu et al., 2020). Consistent with previous studies, the DSS group in this study also showed dysbiosis of gut microbiota, including *Firmicutes* reduction and *Bacteroidetes* increase, accompanied by loss of microbiota diversity. THLW had a positive regulatory effect on the gut microbiota of mice with colitis induced by DSS, which proved that the THLW group was markedly increased in the abundance of *Oscillospiraceae*, which contributed to the increase of *Clostridia* class. It has been proven that *Oscillospiraceae* can contribute to the production of valeric acid, which is positively correlated with the anti-inflammatory response (Maya-Lucas et al., 2019). Another dominant family response to THLW treatment is a strictly anaerobic bacterium, *Prevotellaceae*, which has been reported to be highly expressed in the healthy gut by 16S rRNA gene pyrosequencing (Suchodolski et al., 2012), which is in accordance with our study. Furthermore, the increased abundance of *Prevotellaceae* and *Corynebacterium*, which are negatively correlated with intestinal permeability and inflammation (Monk et al., 2016; Mailing et al., 2018), in THLW-treated mice also supports the potential of THLW to reduce intestinal inflammation. In addition, the community composition and dominant microbes (*Oscillospiraceae* and *Corynebacterium*) of the co-housing group were similar to those of the THLW group, which confirmed that THLW exerted pharmacological activity on DSS-induced acute UC in mice, and the possible

mechanism may be related to the improvement of intestinal function by balancing the micro-environment of the gut microbiota.

The immune system is also a key interface between microorganisms and the inflammatory response, because it can quickly recognize and respond to pathogenic microorganisms. Toll-like receptors (TLRs) are one of the most important pathogen pattern recognition receptors for microorganism-derived pathogenic molecules (Aderem and Ulevitch, 2000; Akira and Sato, 2003). However, pathogenic bacteria in the gut can be identified by TLR, which stimulates the inflammatory response of the intestinal mucosa and improves the development of UC. Clusters of differentiation 14 (CD14) is a glycoprotein expressed on the surfaces of monocytes and macrophages that acts as a pattern recognition receptor and contributes to TLR-induced cell activation (Antal-Szalmás, 2000). Both TLRs and CD14 are important pattern recognition molecules in the immune system. Previously, several studies have reported TLR/CD14 gene polymorphisms involved in the pathogenetic mechanisms of UC (Obana et al., 2001; Gazouli et al., 2005; Wang et al., 2007; Frolova et al., 2008), but there are no consistent results. Based on our results of transcriptional analysis, THLW has been found to alter the expression of the genes involved in inflammation and immune response compared with the DSS-induced colitis model (Van der Goten et al., 2014). Among the seven selected KEGG pathways related to be inflammation or immunity, THLW down-regulated TLR2, which plays important roles in the process of UC (Toiyama et al., 2006; Le et al., 2012; Fan and Liu, 2015). Moreover, TLR6 was up-regulated after THLW treatment, which is consistent with the report of Pierik et al. (2006), who reported that TLR2 and TLR6 genes were positively and negatively correlated with colitis, respectively, suggesting that TLR2 and its co-receptor TLR6 are involved in the immune response to pathogens during IBD development. NF- κ B, as an inducible transcription factor downstream of the TLR signaling pathway, plays an important role in the regulation of inflammation in cooperation with TLRs genes. Growing evidence suggests that inhibition of the TLR2/NF- κ B signaling pathway can alleviate intestinal

inflammation and contribute to the treatment of colitis (Yu et al., 2011; Wang et al., 2015; Zhang et al., 2020). IL-15 is another important mediator of immune responses in the intestine and plays a pivotal role in the pathogenesis of IBD (Sakai et al., 1998; Liu et al., 2000). While immunoglobulin heavy constant gamma 3 (IGHG3) is also commonly highly expressed in UC (Lawrance et al., 2001), the downregulation of these genes by THLW may also alleviate colitis.

5. Conclusions

Taken together, the present study demonstrated that THLW treatment can effectively improve DSS-induced colon injury and reduce intestinal inflammation by regulating the structure and composition of gut microbiot, as well as enhancement of immunity and reduction of the inflammatory response, thereby alleviating colitis. Thus, THLW has been shown to have the potential to relieve colitis and may be used as a beneficial dietary supplement in patients with intestinal dysfunction or colitis, but the optimal dose and effective components still need further research.

CRedit authorship contribution statement

Jing Wang: and, Conceptualization, Validation, Formal analysis, Data curation, Writing – original draft, Writing – review & editing, Project administration, Funding acquisition, All authors have read and agreed to the published version of the manuscript. **Wen Cao:** Conceptualization, Methodology, All authors have read and agreed to the published version of the manuscript. **Tao Ji:** Methodology, All authors have read and agreed to the published version of the manuscript. **Minjie Zhao:** and, Formal analysis, Writing – original draft, Investigation, All authors have read and agreed to the published version of the manuscript. **Tao Liu:** Validation, Investigation, Visualization. **Junhao Wu:** Investigation, Data curation, All authors have read and agreed to the published version of the manuscript. **Fengqin Feng:** Writing – review & editing, All authors have read and agreed to the published version of the manuscript. **Aicun Zhou:** Supervision, All authors have read and agreed to the published version of the manuscript. **Xin Peng:** and, Supervision, Funding acquisition, All authors have read and agreed to the published version of the manuscript.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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Appendix A. Supplementary data

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