

# Current Validated Clinical and Patient Reported Disease Outcome Measures in Juvenile Idiopathic Arthritis

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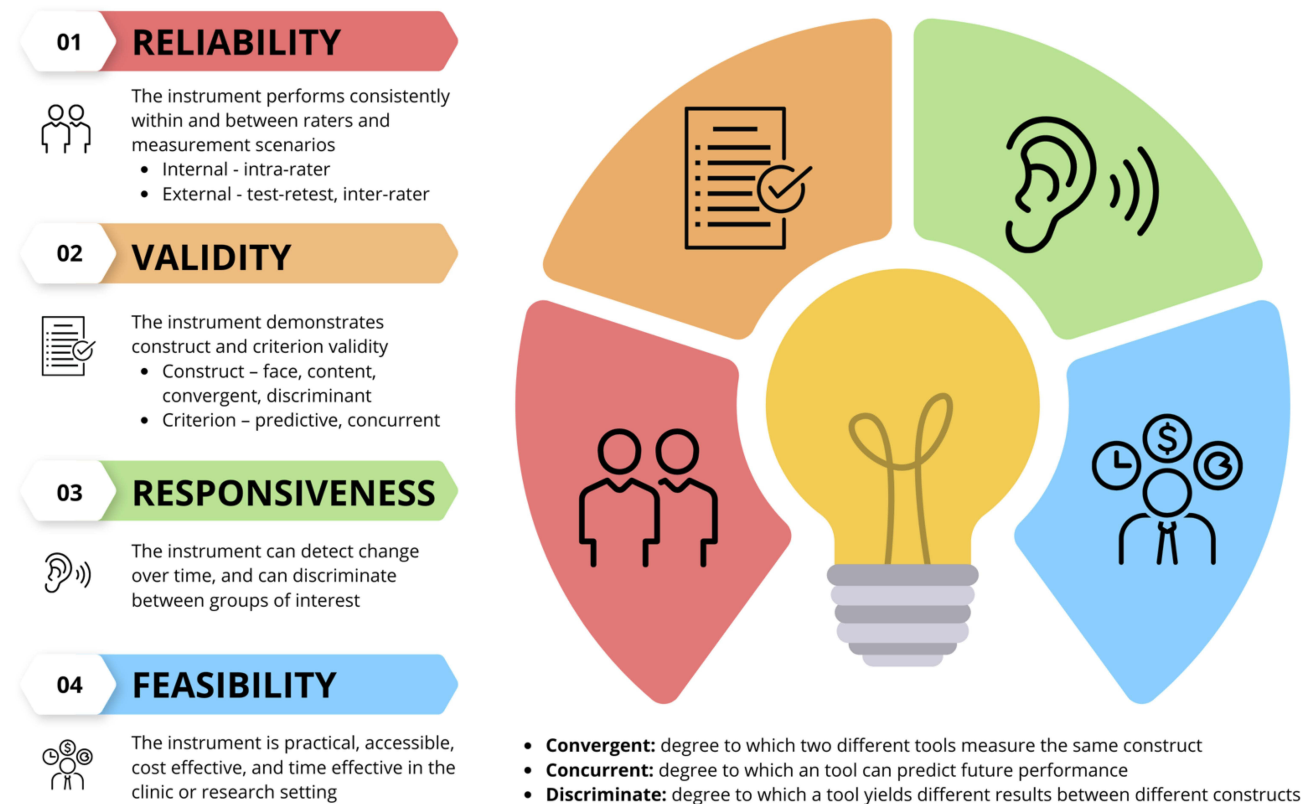
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**Abstract:** Juvenile idiopathic arthritis (JIA) is a common chronic illness in childhood and comprises seven categories based on the International League of Associations for Rheumatology (ILAR) criteria. Accurate assessment and measurement of the clinical, functional, and quality of life outcomes of patients with JIA are paramount for understanding the disease course and formulating effective treatment strategies. Interest in the development and use of outcome measurements specifically focused on rheumatologic conditions has greatly expanded over the last two decades, adding to and improving upon the established disease measures. Furthermore, many of these measures have been validated using the widely accepted Outcome Measures in Rheumatology (OMERACT) core principles of instrument validation, allowing researchers and clinicians to gain confidence in these tools. This review summarizes the current validated disease outcome measures in JIA, including clinical, imaging, patient-reported, and functional outcome measurement tools, and highlights ongoing work that continues to refine and improve upon the available tools. The clinical disease outcome measures discussed in this review include physician global assessment (PhGA), American College of Rheumatology (ACR, Wallace) criteria for clinical inactive disease and clinical remission, juvenile arthritis disease activity scores (JADAS), juvenile spondyloarthritis disease activity index (JSPaDA), juvenile arthritis damage index (JADAI), and the ACR pediatric response scores. The imaging outcome measures discussed include the Dijkstra composite scores, childhood arthritis radiographic score of the hip (CARSH), and Poznanski Score. The patient-reported disease outcome measures discussed include patient global assessment (PtGA), patient-reported outcome measurement information system for JIA (PROMIS), juvenile arthritis parent/child centered disease assessment index (JAPAI, JACAI), juvenile arthritis multidimensional assessment report (JAMAR), and the Pediatric quality of life inventory rheumatology module (PedsQL). The functional outcome tools discussed include the Childhood Health Assessment Questionnaire (CHAQ), juvenile arthritis functionality scale and index (JAFS and JASI), and Juvenile Arthritis Functional Assessment Report and Scale (JAFAS and JAFAR).

**Keywords:** JIA, clinical outcome measures, patient reported outcomes

## Introduction

Juvenile idiopathic arthritis (JIA) is a chronic childhood illness that affects approximately 16–50 children per 100,000 in high-income countries.<sup>1</sup> Measurement of JIA patients' clinical, functional, and quality of life outcomes is of paramount importance to patients, families, and treating rheumatologists. The goal of a successful outcome measure is to create an evaluable endpoint measurement that can be used to assess the effects of intervention or treatment. Ideally, the outcome measure instruments used in practice should be valid (accurately measure what they intend to measure), reliable (able to repeatedly and consistently measure the item), responsive (able to detect change over time and discriminate between items), and feasible (Figure 1). Validity includes criterion validity, which is the ability to measure future outcomes, including predictive and concurrent validity, and construct validity, which includes face, content, convergent, and divergent validity. Reliability includes internal intra-rater reliability and external reliability, including inter-rater and



**Figure 1** Features of an ideal outcome measure include reliability, validity, responsiveness and feasibility. Data from The Omeract Hand book.<sup>2</sup>

test-retest reliability. Finally, the feasibility of outcome measures in clinical or research settings is of paramount importance as it allows for practical, cost-effective, and accessible measurement instruments.

The OMERACT filter is a framework for evaluating the utility of outcome instruments in rheumatology. This filter, which was established in 1998 and updated in 2014 stands on three main pillars: truth, discrimination, and feasibility. The truth pillar is composed of face, content, construct, criterion validity, and reliability across the methods. The discrimination pillar comprises test–retest reliability, longitudinal validity, discriminatory ability, and thresholds for meaning. Finally, the feasibility pillar encompasses access, training, translation, length or duration of time required to complete the measure, and cost burden of the proposed outcome measurement tool.<sup>2</sup> Groups presenting new and established disease outcome measures have employed this filter during the instrument development process to ensure the validity and utility of their outcome instrument. Furthermore, outcome measures should be evaluated for floor and ceiling effects. These occur when a large proportion of subjects report achieving the best or worst possible score and can indicate measurement inaccuracy at the end of the measurement spectrum.

Over the last several decades, numerous JIA clinical measures have been developed and validated to monitor the disease and treatment courses. Some of these measures are validated for parent reports as a proxy for younger children, an issue that pediatric populations grapple with around outcome measures. Recently, patient-reported outcomes have been incorporated into these tools to incorporate patients' and families' voices into their own chronic disease experience. This integration has allowed for a deeper evaluation and understanding of the disease course and its effects on the patients and their families. Furthermore, the use of established and validated outcome measures allows practitioners to identify individual patients as well as a population's disease trajectory (improving, stable, or worsening), in addition to assessing treatment efficacy and allowing for comparisons between treatment modalities.

This review aimed to summarize the currently available and validated disease outcome measures in JIA, including clinical and patient-reported outcomes.

## JIA Outcome Measures

We discuss the outcome measures as they pertain to clinical disease or damage, imaging, function, and patient-reported outcomes of JIA.

### JIA Clinical Disease and Damage Outcome Measures (Table 1)

Currently, several well-established JIA clinical outcome measures are commonly used in practice and for clinical research that allow stakeholders (providers, patients, and researchers) to evaluate patient disease status at the point of care and over the long-term disease course.

Each individual JIA International League of Associations for Rheumatology (ILAR) category encompasses patients with varying disease characteristics and severities, who may have unique disease attributes that require variation and individualization of clinical disease outcome measurement instruments. Thus, as clinical outcome measures have evolved for JIA, category-specific measures have ensued to allow for more specific, focused, and in-depth monitoring of disease status for each category. For example, the modification of the JADAS score with systemic manifestation score (SMS) created a more specific systemic juvenile arthritis disease activity score (sJADAS) for the systemic onset JIA ILAR category.<sup>8</sup> Within the spondyloarthropathy population, there has been a recent focus on improving outcome measures specific to this population with the development of the JSPaDA index, the recently modified JSPaDA6, and development of imaging classification for this population.<sup>9,10,16</sup> Additional refinement of outcome measures includes cut-offs for disease activity states such as the JADAS scoring cut-off for disease activity status (high, low, and moderate) established for both polyarticular and oligoarticular patients, recognizing that these subgroups of patients are likely to have different disease outcome experiences, thus allowing for more refined outcome assessment at the individual patient level.<sup>5,7,17,18</sup>

### Physician Global Assessment (PhGA)

PhGA is a longstanding and broadly accepted measure of the overall JIA clinical disease status employed in clinical practice and research settings. PhGA is a general measure or “gestalt” sense of the treating provider’s evaluation of the patient’s disease activity at a single point in time, typically immediately after a clinic visit or evaluation, marked on a 21-point linear visual analog scale (VAS) scale, from 0 to 10 cm, or alternatively from 0 to 100 mm with 0 being no JIA related disease activity or quite disease. The PhGA is often used as the “gold standard” for disease activity assessment and is a component of multiple other composite disease status assessments such as the American College of Rheumatology (ACR) Pedi response criteria,<sup>12</sup> juvenile arthritis disease activity score (JADAS),<sup>5</sup> and ACR criteria for defining clinically inactive disease (CID).<sup>3,4,19</sup>

However, to date, there are no explicit objective criteria for the components or exact clinical and patient factors that should be included in the PhGA. This lack of clarity on specific individual disease elements that comprise the PhGA creates opportunities for both inter- and intra-rater discrepancies among pediatric rheumatology providers and may result in significant variability in the assessment of a single patient’s disease status at any time point in the disease process.<sup>20,21</sup> The corollary of PhGA in adult rheumatoid arthritis (RA), the MD disease activity assessment of RA, has similar challenges as highlighted by Turk et al.<sup>22</sup> Another reported issue with the PhGA is the resistance or hesitancy for providers to mark zero for no disease activity when the active joint count is zero, but other symptoms such as pain are present, as noted by Alongi et al.<sup>23</sup> This type of issue may then misleadingly suggest active disease when there is none and complicate other measures that use PhGA as part of a composite measure. Better standardization of the PhGA score components could alleviate this issue. Currently, there is ongoing international collaborative work to establish a framework for the critical elements of the PhGA assessment via a Delphi survey in an attempt to improve characterization, standardization, and precision, and reduce inter- and intra-rater variability of the PhGA. Overall, the PhGA is a quick and efficient evaluation tool that can be used in daily practice in the routine clinical environment and tracked over time.

### American College of Rheumatology Provisional Criteria for Defining Clinical Inactive Disease and Clinical Remission (CID, CR) Also Known as Wallace Criteria

The Wallace criteria for CID and CR were first introduced in 2004,<sup>4</sup> and validated in 2006<sup>3</sup> for the ILAR JIA categories, including persistent and extended oligoarticular, polyarticular (rheumatoid factor-positive and rheumatoid factor-

**Table 1** Clinical Disease Outcome Measures in Juvenile Idiopathic Arthritis

Tool Sub-tool	Year Developed	Purpose	JIA Category	Measurements/Definition	Scoring	Comments
<b>Clinical Measures</b>						
<b>Physician Global Assessment PhGA</b>		Global evaluation of patient disease activity status at a single point in time	<ul style="list-style-type: none"> <li>All</li> </ul>	21 point VAS scale	0–10cm or 0–100mm	Tool has not been formally validated
<b>ACR Criteria for Clinical Inactive Disease and Remission<sup>3,4</sup></b> <b>Wallace Criteria CID</b> <b>CR</b> <ul style="list-style-type: none"> <li>CR on Medications</li> <li>CR off Medications</li> </ul>	2004	Criteria for inactive disease and clinical remission	<ul style="list-style-type: none"> <li>Oligoarticular</li> <li>Polyarticular</li> <li>Systemic</li> </ul>	<ol style="list-style-type: none"> <li>No joints with active arthritis</li> <li>No fever, rash, serositis, splenomegaly, or generalized lymphadenopathy</li> <li>No active uveitis</li> <li>Normal ESR or CRP</li> <li>PhGA 0/10</li> <li>Duration of morning stiffness ≤15 minutes</li> </ol>		CID: No active joints, no systemic symptoms, no active uveitis, normal ESR/CRP, PhGA 0/10, morning stiffness ≤ 15 minutes CR on medications: CID 6 months on medications CR off medication: CID 12 months off medications
<b>Juvenile Arthritis Disease Activity Score JADAS<sup>5,6</sup></b> <ul style="list-style-type: none"> <li>JADAS-10</li> <li>JADAS-28</li> <li>JADAS-71</li> </ul>	2009	Composite score for disease activity, calculated as sum of scores of four components	<ul style="list-style-type: none"> <li>Oligoarticular</li> <li>Polyarticular</li> </ul>	<ol style="list-style-type: none"> <li>Active Joint Count (0–71) 10 joints 27 joints 71 joints</li> <li>PhGA (0–10)</li> <li>Patient global assessment (0–10)</li> <li>ESR or CRP (0–10) ESR: (mm/hr – 20)/10 CRP: (mg/l – 10)/10</li> </ol>	0–40 0–57 0–101	<b>2021 cutoffs for JADAS disease activity<sup>7</sup></b>
						CID Minimal DA Moderate DA High DA
<b>Clinical JADAS cJADAS</b> <ul style="list-style-type: none"> <li>cJADAS-10</li> <li>cJADAS-28</li> <li>cJADAS-71</li> </ul>	2009	Modified JADAS without ESR	<ul style="list-style-type: none"> <li>Oligoarticular</li> <li>Polyarticular</li> </ul>	<ol style="list-style-type: none"> <li>Active Joint Count (0–71) 10 joints 27 joints 71 joints</li> <li>PhGA (0–10)</li> <li>Patient global assessment (0–10)</li> </ol>	0–30 0–47 0–91	<b>2021 cutoffs for cJADAS disease activity<sup>7</sup></b>
						CID Minimal DA Moderate DA High DA
<b>Systemic JADAS sjADAS<sup>8</sup></b>	2020	Modified systemic manifestation score (SMS) added to the traditional JADAS score	<ul style="list-style-type: none"> <li>Systemic</li> </ul>	<ol style="list-style-type: none"> <li>Active Joint Count (0–71) 10 joints 27 joints 71 joints</li> <li>PhGA (0–10)</li> <li>Patient global assessment (0–10)</li> <li>ESR/CRP normalized (0–10)</li> </ol> <b>Additional SMS Score components:</b> <ol style="list-style-type: none"> <li>Fever (1–4pt by height)</li> <li>Evanescant rash (1)</li> <li>Lymphadenopathy &gt;3 locations (1)</li> <li>Hepatomegaly and/or splenomegaly (1)</li> <li>Serositis (1)</li> <li>Anemia hg &lt;9g/dl (1)</li> <li>Platelet &gt;600x10<sup>9</sup>/l, ferritin &gt;500ng/mL (1)</li> </ol>	0–50 0–67 0–111	

<b>Juvenile Spondyloarthritis disease activity index JSpADA<sup>9</sup></b>  <ul style="list-style-type: none"> <li>JSpADA<sup>10</sup></li> </ul>	2014	Disease Assessment tool Juvenile Spondyloarthritis	<ul style="list-style-type: none"> <li>Spondyloarthritis</li> </ul>	<ol style="list-style-type: none"> <li>Active Joint Count (0=0, 0.5=1-2, 1≤2)</li> <li>Enthesitis (0=0, 0.5=1-2, 1≤2)</li> <li>Patient pain rating (0=0, 1-4=0.5, 5-10=1),</li> <li>CRP/ESR (normal=0, 1-2 times normal=0.5, &gt;2 times normal=1),</li> <li>Morning stiffness &gt;15 minutes (0/1)</li> <li>Clinical sacroiliitis (0/1)</li> <li>Uveitis (0/1)</li> <li>Back mobility - Schober &lt;20 (0/1)</li> </ol>	0-8	Higher values indicate worse disease status																
	2022	Modified JSpADA to improve feasibility and use in ERA	<ul style="list-style-type: none"> <li>ERA</li> <li>Spondyloarthritis</li> </ul>	Removes ESR & Schober	0-6	Higher values indicate worse disease status																
<b>Juvenile Arthritis Damage index JADAI<sup>11</sup></b> <ul style="list-style-type: none"> <li>JADAI-A Articular</li> <li>JADAI-E Extra-articular</li> </ul>	2005	Clinical measure of articular and extra-articular damage	<ul style="list-style-type: none"> <li>All</li> </ul>	36 joints scores  13 items in 5 organ systems <ol style="list-style-type: none"> <li>Ocular</li> <li>Non-articular musculoskeletal</li> <li>Cutaneous</li> <li>Endocrine</li> <li>Secondary amyloidosis</li> </ol>	1 = partial 2 = severe  0 = no damage 1 = damage	Higher values indicate worse disease status  JADAI-A Max score 72 JADAI - E Max score 13																
<b>ACR Pediatric Response Criteria ACR Pedi<sup>12</sup></b> <ul style="list-style-type: none"> <li>30%</li> <li>50%</li> <li>70%</li> <li>90%</li> </ul>	1997	Core set of variables to evaluate response to treatment and patients disease status in clinical trials	<ul style="list-style-type: none"> <li>All</li> </ul>	<ol style="list-style-type: none"> <li>Physician Global Assessment</li> <li>Patient Global Assessment</li> <li>Functional ability</li> <li>Active joint count</li> <li>Joints with limited ROM</li> <li>ESR or CRP</li> </ol>	30% from baseline 50% from baseline 70% from baseline 90% from baseline																	
<b>Imaging Measures</b>																						
<b>Dijkstra composite score<sup>13</sup></b>	2005	Standardized method to evaluate radiographs of JIA patients over time	<ul style="list-style-type: none"> <li>Oligoarticular</li> <li>Polyarticular</li> </ul>	DI: inflammation (0-2) Swelling (0-1) Osteopenia (0-2) DD: damage (0-3) JSN (0-1) Bone cysts (0-1) Erosions (0-1) DG: Growth abnormalities (0-1)	0-6	Increased score indicates joint deterioration Decreased score indicates improvement																
<b>Childhood arthritis radiographic score of the hip CARSH<sup>14</sup></b>	2009	Radiographic damage scoring system for the hip joint	All	<ol style="list-style-type: none"> <li>JSN (1-3)</li> <li>Erosion (1-4)</li> <li>Growth abnormalities 1-2</li> <li>Subchondral cysts 1-2</li> <li>Malalignment 1-3</li> <li>Sclerosis of the acetabulum 0/1</li> <li>Avascular necrosis of the femoral head 0/2</li> </ol>	0-16 for each hip 0-32 bilateral	Increased score indicates joint deterioration Decreased score indicates improvement																
<b>Poznanski Score<sup>15</sup></b>	1978	Wrist carpal length evaluation to detect growth deviation in JIA	All	<b>Measurement points:</b> <b>RM:</b> 3rd metacarpal to mid growth plate on radius <b>W:</b> most radial point on the base of 2nd metacarpal to most ulnar point on base of 5th metacarpal <b>M2:</b> max length metacarpal 2	<table border="1"> <thead> <tr> <th>Mean Value (mm)</th> <th>M</th> <th>F</th> <th>Both</th> </tr> </thead> <tbody> <tr> <td>15</td> <td>15</td> <td>34</td> <td>49</td> </tr> <tr> <td>Z-score: RM vs W</td> <td>-1.16</td> <td>-1.80</td> <td>-1.60</td> </tr> <tr> <td>Z-score: RM vs M2</td> <td>-1.69</td> <td>-2.44</td> <td>-2.21</td> </tr> </tbody> </table>	Mean Value (mm)	M	F	Both	15	15	34	49	Z-score: RM vs W	-1.16	-1.80	-1.60	Z-score: RM vs M2	-1.69	-2.44	-2.21	
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**Abbreviations:** PhGA, Physician Global Assessment; cm, centimeter; mm, millimeter; ESR, erythrocyte sedimentation rate; CRP, C-reactive protein; ROM, range of motion; CID, clinically inactive disease; CR, complete remission; JIA, juvenile idiopathic arthritis; JADAS, juvenile arthritis disease activity score; SMS, systemic manifestation score; ACR, American College of Rheumatology; DI, Dijkstra inflammation; DD, Dijkstra damage; DG, Dijkstra growth; RM, radio-metacarpal length; W, inter-metacarpal width; M2, 2nd metacarpal length; M, male; F, female; DA, disease activity; Hg, hemoglobin; ERA, enthesitis related arthritis; JSN, joint space narrowing.

negative), and systemic JIA. CID is defined using five criteria: no joints with active arthritis, no fever, rash, serositis, splenomegaly, or generalized lymphadenopathy attributable to JIA; no active uveitis; normal erythrocyte sedimentation rate (ESR) or C-reactive protein (CRP) (if both are tested, both must be normal); and PhGA indicating no disease activity (ie, best score attainable on the scale used, typically 0/10). In 2011, morning stiffness <15 minutes was added to the CID criteria, which increased the face and content validity while maintaining the accuracy of the tool.<sup>19</sup>

Wallace et al used CID to define clinical disease remission (CR). CR on medication is defined as a CID for six continuous months while on rheumatic medications. CR off medications is defined as CID for 12 continuous months while off all rheumatic medications including those for arthritis and uveitis. The Wallace criteria have been widely accepted and used in observational studies and interventional trials over the last two decades, and it offers a quick and feasible assessment of patient disease activity. Furthermore, the addition of clinical remission criteria allows for benchmarks in disease course progress that are easy for providers, patients, and families to follow and understand. Many studies and trials have modified CR off medications to CID for six months as 12-month data collection is a prolonged time to follow-up for trials. Additionally, it has become clear over time that these CID and CR criteria, while a good start, probably do not encompass all the factors required to attain true biological JIA remission, a state in which the disease does not flare again, and there may be yet to be discovered measures to accurately determine this state in JIA.<sup>24,25</sup> The Wallace criteria for CID and CR are widely known and accepted measurement tools used throughout the pediatric rheumatology population in both the clinical and research domains.

## Juvenile Arthritis Disease Activity Scores (JADAS) and Its Clinical (cJADAS) and Systemic (sJADAS) Variations

Consolaro et al developed the first composite score for disease activity, the JADAS, in 2009 for use in all non-systemic JIA patients.<sup>5,6</sup> This score allows clinicians to evaluate a patient's disease activity at a single point in time and encompasses the active joint count (AJC), PhGA, patient/caregiver-proxy global assessment, and normalized ESR value. The JADAS was subsequently validated by several groups<sup>5,17,18</sup> and has three validated variations of the scoring system that encompass more rigorous joint evaluations, with the number of joints evaluated (10, 27, and 71 joints) producing the JADAS-10, JADAS-27, and JADAS-71, respectively. Notably, the JADAS-71 does not formally assess the thoracic or lumbar spine and sacroiliac joints. Additionally, a modified version of the JADAS (JADAS-CRP), which allows for the use of CRP instead of ESR values, was validated by Nordal et al<sup>26</sup> and demonstrated a high correlation with the original ESR containing JADAS.

JADAS10 is widely accepted as the most feasible version of the tool in clinical practice, allowing for rapid joint assessment. The JADAS scores are also frequently used as a tool for assessing treatment response and targets for treatment or goals of JIA care. Further utility of the JADAS is found in the validated ranges for clinically inactive disease, minimal disease activity, moderate disease activity, and high disease activity, which were most recently updated in 2021<sup>7,17,27</sup> (Table 1). These cut-off scores offer point-of-care evaluations for providers and families to discuss patient disease status and evaluate changes in disease burden over time. Furthermore, in 2008, Magni-Manzoni et al<sup>28</sup> proposed and validated a definition for minimal disease activity (MDA), which has a corollary in adult RA disease management and is noted to be an acceptable state of disease control in which the physician does not change or may have discontinued therapy due to disease status. This minimal disease state may present a more achievable yet tolerable disease activity goal and is defined separately for oligoarticular and polyarticular patients. For oligoarticular patients, MDA was based on a PhGA  $\leq 2.5$ , swollen joint count of 0, and for polyarticular patients, MDA was based on a PhGA  $\leq 3.4$ , parent global assessment  $\leq 2.1$ , and swollen joint count  $\leq 1$ .

Modifications to the JADAS score over time have been made to improve its clinical feasibility and to better evaluate certain categories, such as the systemic JIA population. The clinical JADAS (cJADAS) score, introduced in 2009, eliminates the requirement for laboratory ESR measurements, thus improving the practicability and clinical feasibility. The cJADAS has been noted to correlate well with the JADAS score. As systemic JIA (sJIA) is notably different from other ILAR JIA categories, the systemic JADAS (sJADAS) score was introduced and validated in 2020<sup>8</sup> increasing the specificity of the JADAS instrument for patients with sJIA. The sJADAS uses an adjunct tool, the systemic manifestation

scores (SMS), which are added to the JADAS score (Table 1), including fever (1–4 points), evanescent erythematous rash (1 point), generalized lymphadenopathy (>3 lymph node stations) (1 point), hepatosplenomegaly or splenomegaly (1 point), serositis (pleuritis, pericarditis, or peritonitis) (1 point), anemia (hemoglobin <9 g/dl) (1 point), thrombophilia ( $>600 \times 10^9/l$ ), or hyperferritinemia ( $>500\text{ng/mL}$ ) (1 point). The JADAS scoring and its variations offer detailed and efficient scoring systems which can be easily completed and even automated into the electronic medical record for use in the clinical and research domains.

## Juvenile Spondyloarthritis Disease Activity Index (JSPaDA, JSpADA6)

The JSPaDA index, established by Weiss et al in 2014<sup>9</sup> focused on defining disease activity in patients with juvenile spondyloarthropathy, which encompasses patients with juvenile ankylosing spondylitis (JAS), enthesitis-related arthritis (ERA), psoriatic arthritis, and undifferentiated arthritis by ILAR classification. The index equally weighs eight components for a maximum score of eight including AJC, active enthesitis count (AEC), patient pain rating (0–10 scale), CRP or ESR, morning stiffness for >15 minutes, clinical sacroiliitis (defined as two or more of the following: tenderness on examination, positive Patrick's test or flexion abduction external rotation test, and inflammatory back pain),<sup>29</sup> uveitis, and limited back mobility (modified Schober <20 cm). This index offers the first detailed pediatric-focused approach to disease status in juvenile spondyloarthropathy. However, its feasibility is limited, given the requirement for the collection of all components of the score at each clinic visit, which limits its utility in various situations, such as telemedicine or when laboratory access is limited. Given these limitations, Srinivasalu et al proposed and validated within the ERA population the simplified JSPaDA6 score.<sup>10</sup> This tool removes the ESR/CRP and modified Schober requirements with an overall score of 0–6, thus improving feasibility and capture rates of full scoring. Implementation of the JSpADA tool and its modified version is a strong example of the utility of clinical disease measurement tools specifically tailored to a subset of the JIA population, allowing category-specific care and treatment. Notably, the JSPaDA and JSpADA6 tools were developed for the broader juvenile spondyloarthropathy population but do not specifically evaluate or encompass the skin component present in the psoriatic arthritis population. Thus, this tool may be limited in its use in this subpopulation. At this time to our knowledge, there are no pediatric specific psoriatic arthritis disease outcome measures available, and this is an area that should be explored further to improve care for these patients.

## Juvenile Arthritis Damage Index, Articular and Extra-Articular Damage (JADI – A/E)

The JADI, introduced in 2005 by Viola et al, has established a clinical index for the assessment of long-term damage in JIA.<sup>11</sup> Damage patterns, defined as being present for at least six months despite therapy and rehabilitation, include articular (JADI-A) and extra-articular (JADI-E) damage. Articular damage is scored as partial or severe at 36 joints, and extra-articular damage is scored in five organ systems, including ocular, non-articular musculoskeletal, cutaneous, endocrine, and secondary amyloidosis, using 13 items. This index was validated for all categories of JIA other than ERA and is simple and quick to administer taking only 5–15 minutes to complete and score. During validation, the JADI-A correlated highly with the AJC, with limited range of motion, and moderately with the Childhood Health Assessment Questionnaire (CHAQ) score, with good internal consistency and inter-rater reliability.<sup>11</sup> As effective treatment availability has greatly improved over time, providers and patients now have an improved ability to prevent permanent damage such as those scored in the JADI, which may decrease the widespread utility of this tool. Nonetheless, this tool remains useful for monitoring patients with severe, longstanding JIA.

## ACR Pediatric Response Criteria (JIA ACR30/50/70/90)

Giannini et al developed the ACR pediatric response criteria in 1997<sup>12</sup> which are comprised a core set of variables evaluating the response to treatment for JIA patients enrolled in clinical trials. The criteria consist of six variables: PhGA, Patient Global assessment (PtGA), functional ability, AJC, number of joints with limited range of motion (ROM), and ESR or CRP measurement at the time of assessment. Patient variables are compared between research visits, and the improvement percentage is defined as the improvement in three of the six variables and allows for worsening in up to one variable. The increments of change are set at 30%, 50%, 70%, 90%, and 100% response.<sup>12</sup> Although not formally validated, this measurement was evaluated by Lurati et al in comparison with other adult outcome measures, including

the ACR20, disease activity score (DAS), and DAS28. This group noted that the JIA ACR30 was most highly correlated with the DAS (71% concordance), followed by the DAS28 (55% concordance), and most poorly correlated with the ACR20 (53% concordance).<sup>30</sup> The lack of concordance of the JIA ACR30 with both the DAS28 and the ACR20 is suggested to be related to the JIA ACR30's inclusion of a parameter for the number of joints with limited range of motion and the specific inclusion of the ankle, foot, and TMJ, which are commonly evaluated and affected joints in the pediatric population but not included in the DAS28. Furthermore, the JIA ACR30 has recently been adapted for use in the sJIA population by adding the absence of fever (>38 °C) to the other six criteria for treatment response or improvement. This modified version has been successfully used in multiple-drug trials in the sJIA population.<sup>31–33</sup>

The JIA ACR30 is often considered the “gold standard” for the evaluation of treatment response in clinical trials and is accepted by the FDA and EMA for drug registration. However, it is neither practical to use in clinical settings, given the cumbersome calculations required, nor does the JIA ACR30 likely represent a clinically meaningful change to the patient and family.

## JIA Imaging Disease Outcome Measures (Table 1)

Imaging is an important facet of clinical care and monitoring of children with JIA throughout the disease course and can assist in identifying the extent of disease activity (such as synovitis or enthesitis on MRI or ultrasound studies) and damage (erosions or joint space narrowing as seen on MRI, ultrasound, or X-rays). However, children fundamentally differ from adults because of their growth and progressive ossification, which results in joint space size variation. Hence, validated adult scoring systems, such as the Sharp<sup>34</sup> and Larsen<sup>35</sup> scores used in RA for disease-related damage monitoring and outcomes, must be adapted for pediatric use. Traditionally, X-rays have been used to score JIA damage in the pre-biologic era. There is an unmet need for an MRI or ultrasound scoring system which could identify early cartilage damage prior to the detection of erosions on X-ray, by which time the disease is well advanced. Rossi et al demonstrated that the Sharp and Larsen scores are potentially reliable for radiographic progression monitoring in patients with JIA with wrist involvement.<sup>36</sup> The work of standardized scoring systems within each imaging modality is currently underway, and here, we discuss a few currently available JIA radiographic scoring systems.

### Dijkstra Composite Score

This composite score was developed by van Rossum et al in 2005<sup>13</sup> to create a standardized evaluation of radiographs of patients with oligoarticular and polyarticular JIA over time. The score was composed of three composite items, Dijkstra inflammation (DI), Dijkstra Damage (DD), and Dijkstra growth (DG), with an increase in any of the individual item's score indicating joint deterioration. This scoring system allows a patient's radiographic disease status to be tracked over time using a numerical scale (0–6) for both worsening and improvement. The Dijkstra system has demonstrated validity for a broad range of joints including the knee, hand, foot, ankle, elbow, shoulder, hip, cervical spine, and sacroiliac joints. Further, this group proposed and demonstrated feasibility using a more concise and easily obtainable “standard” set of joints limited to radiographs of bilateral hands, feet and knees.

### Childhood Arthritis Radiographic Score of the Hip (CARSH)

Introduced in 2009, the CARSH score is a radiographic damage scoring system for the hip joint in JIA.<sup>14</sup> This score encompasses a scale of 0–16 points per hip (maximum score of 32), with points allotted for joint space narrowing (1–3), erosions (1–4), growth abnormalities (1–2), cyst presence (1–2), malalignment (1–3), sclerosis (0–1), and avascular necrosis (0–1). Together, these form a composite score that indicates the disease severity and damage. This score was preliminarily validated as reliable, with good intra- and inter-observer agreement and reliable identification of radiographic damage and progression over time. With the evolution of biological disease-modifying therapy that reverses erosions and improves outcomes, limiting damage such as cysts, malalignment, or necrosis of the hip, the utility of this score over time is likely to decline.



**Table 2** Patient Reported Quality of Life and Functional Outcome Measures in Juvenile Idiopathic Arthritis

Tool	Year Developed	Purpose	JIA Category	Measurements/Definition	Scoring	Comments
<b>Patient Reported Quality of Life Measures</b>						
<b>Patient Global Assessment PtGA</b>	NA	Global evaluation of patient perspective of disease status and overall well being	All	21 point VAS scale	0–10cm Or 0–100mm	Higher values indicate worse OWB
<b>Patient-Reported Outcomes Measurement Information System for children with Juvenile Arthritis<sup>38,39</sup> PROMIS</b>	2017	Collection of PRO health status measurements	All	8 domains assessed over the last 7 days“Item bank” questions for each 1. Anger 2. Anxiety 3. Depressive symptoms 4. Fatigue 5. Mobility 6. Pain interference 7. Peer relationships 8. Upper extremity function	Raw scores translated into T scores Population mean: 50, SD:10	Higher T score indicates worse outcome in domains 1–4 Lower T score indicates better outcome in domains 5–8
<b>Juvenile Arthritis Parent/ Child Centered Disease Assessment Index<sup>40</sup></b> JAPAI/JACAI-4 component JAPAI/JACAI-3 component: (excludes HRQOL)	2011	Composite score integrating the most commonly used PROs into a continuous measure	All	4 components 1. OWB: 21-point VAS scale (0–10) 2. Pain intensity: 21-point VAS scale (0–10) 3. Physical function: CHAQ (0–3), or JAFS (0–30) 4. HRQOL: PRQOL or CHQ (0–30)	All component scores converted to 0–10 scale JAPAI/JACAI-4: 0–40 JAPAI/JACAI-3: 0–30	Higher values indicate worse disease status
<b>Juvenile Arthritis Multidimensional Assessment Report JAMAR<sup>41,42</sup></b>	2010	Multidimensional questionnaire for standard clinical care incorporating all main PROs -Parent proxy and Patient versions exist (suggested 7–18 years self-report)	All	<b>15 measures</b> 1. Assessment of physical function using JAFAS 15-items, 0 = without difficulty, 1 = with some difficulty, 2 = with much difficulty, 3 = unable to do and not applicable. (scale 0–45) 2. Pain: 21-point VAS scale (0–10) 3. HRQoL: Physical and Psychosocial Health sub-scales (5 items each) (scale 0 to 30) 4. Childs OWB: 21-point VAS scale (0–10) 5. Joint pain or swelling (present/absent for each joint) 6. Morning stiffness (present/absent), duration 7. Extra-articular symptoms (fever and rash) (present/absent) 8. Disease activity level (21-point VAS scale 0–10) 9. Disease status at visit (remission, persistent activity, relapse) 10. Disease course from previous visit (much improved; slightly improved; stable; slightly worsened; or much worsened) 11. Taking medications (Y/N), medication list (list) 12. Side effects from medications (list) 13. Difficulties with medication administration (list of items) 14. School/university/work problems caused by the disease (list of items) 15. Satisfaction of disease outcome (Y/N)	Each measure is scored according to its original scale	NA

(Continued)

Table 2 (Continued).

Tool	Year Developed	Purpose	JIA Category	Measurements/Definition	Scoring	Comments
<b>Peds Quality of life inventory PedsQL</b> <sup>43</sup> Generic core scales 4.0 Rheumatology module 3.0	2001	Measure of HRQOL dimensions specifically tailored for pediatric rheumatology (2–18 years)	All	<b>Generic assessment:</b> 23 items 1. Physical functioning (8) 2. Emotional functioning (5) 3. Social functioning (5) 4. School functioning (5) <b>Rheumatology specific:</b> 22 items 1. Pain & hurt (4) 2. Daily activities (5) 3. Treatment (7) 4. Worry (3) 5. Communication (3)	Likert scale 0 (never) 1 (almost never) 2 (sometimes) 3 (often) 4 (almost always) Linearly transformed (0=100, 1=75, 2=50, 3=25, 4=0)	Higher values indicate better QOL
<b>Functional Outcome Measures</b>						
<b>Childhood Health Assessment Questionnaire CHAQ</b> <sup>44</sup> □	1994	Self- or parent-administered instrument for measuring functional status (ages 1–19 years)	All	<b>Disability index:</b> Degree of difficulty and independence in 8 functional domains over the past week 3 items each: difficulty with performance, use of assistive device, assistance by other person required 1. Dressing & grooming 2. Arising 3. Eating 4. Walking 5. Hygiene 6. Reach 7. Grip 8. Activities <b>Discomfort index:</b> 1. Pain score 0–100mm VAS over the last week 2. PtGA 0–100mm VAS over the last week	1. Likert scale 0 (no difficulty)–3 (unable to do) 2. Component with highest score 0–3 determines score for domain, if assistive devices needed minimum of 2 recorded 3. 8 domain scores averaged for disability index score	Higher values indicate worse QOL
<b>Juvenile Arthritis Functionality Scale JAFS</b> <sup>45</sup>	2007	Short and simple measure of physical function, Proxy report and patient self-report from 8–18 years	All	15 Functional items, 3 body areas 1. Lower limbs (5) 2. Hand/wrist (5) 3. Upper body (5)	Likert scale Without any difficulty (0) With difficulty (1) Unable to do (2) Unable to assess	Higher values indicate poorer functionality Takes <2 minutes to administer and score
<b>Juvenile Arthritis Functional Status Index JASI</b> <sup>46</sup>	1996	Self-reported measure of daily living and functional mobility	All	5 domains, 94 items 1. Self-care (31) 2. Mobility (15) 3. Domestic (17) 4. School (17) 5. Extracurricular (14)	Likert scale 0 (someone has to do it for me) 1 (with lots of help) 2 (with a little help) 3 (by myself with special equipment) 4 (by myself, very difficult) 5 (by myself, little difficult) 6 (as easily as a healthy friend) Categories scored 0–20, Overall 0–100	Higher values better functionality

<b>Juvenile Arthritis Functional Assessment Scale JAFAS<sup>47</sup></b>	1989	Easily administered disability assessment tool, takes roughly 10 minutes	All	10 timed functional tasks, each completed with a criterion time 1. Button a shirt 2. Pull shirt over head 3. Pull on both sucks 4. Cut food with knife and fork 5. Get into bed 6. Get out of bed 7. Pick something up off the floor from standing 8. From standing position sit on floor, then stand up 9. Walk 50 feet without assistance 10. Walk up flight of 5 steps	0 - within criterion time 1 - longer than criterion time 2 - unable to perform Overall 0–20	Higher values indicate worse functionality, needs to be administered by physical or occupational therapist
<b>Juvenile Arthritis Functional Assessment Report JAFAR<sup>48</sup></b>	1991	Child (JAFAR_C) and parent (JAFAR-P) reported physical function assessment tool	All	Ability to perform 23 functional tasks recalled over the last week	0 - All the time 1 - Sometimes 2 - Almost never Overall 0–46	Higher values indicate worse functionality

**Abbreviations:** JIA, juvenile idiopathic arthritis; NA, not available; PtGA, Patient Global Assessment; VAS, visual analog scale; cm, centimeter; mm, millimeter; HRQOL, health related quality of life; PRO, patient reported outcome; OWB, overall wellbeing; QOL, quality of life; SD, standard deviation; Y, yes; N, No.

## Poznanski Score

In 1992, Poznanski presented various approaches to radiological joint evaluation in patients with JIA<sup>37</sup> and created the Poznanski score.<sup>15</sup> The Poznanski score aimed to establish carpal length evaluations that are less dependent on age and skeletal maturation to evaluate deviations from the norm, which could help determine the radiographic progression of wrist damage in JIA. This score utilizes three measurements: RM, which measures 3rd metacarpal to mid-growth plate of the radius, W, which is identified by the line joining the most radial point of the base of the 2nd metacarpal and the most ulnar point on the base of the 5th metacarpal, and M2, which is defined as the maximal length of the 2nd metacarpal. RM:W and RM:M2 length comparisons (scores) were then compared with healthy population means according to sex to create z-scores. These z-scores are used to attempt to identify variations away from the normal, which would indicate skeletal changes independent of age or growth status and allow for following of possible radiographic damage due to JIA. There are several limitations to this score, including that it can only be used in patients with JIA wrist involvement; thus, it does not reflect the amount of damage or involvement of other JIA-afflicted joints, its limited utility in erosive carpometacarpal disease given that it measures carpal length, and the score requires the presence of an open growth plate for the second metacarpal, thus limiting its utility in post-pubertal age groups.

## JIA Patient Reported Quality of Life Outcome Measures (Table 2)

Patient and caregiver-proxy reported outcomes (PRO) and quality of life (QOL) measures are vital to the care of children with JIA, as they invoke the voice of the family that is affected and living with the burden of disease. These measurement tools assist in creating a holistic view of the patient's functioning and often take into account factors such as medication side effects, disease effects on quality of life, and emotional or psychological complications. These aspects of chronic diseases may be underappreciated or under evaluated by healthcare providers in clinical disease activity measurements. Multiple measurement tools have been established for this purpose, many of which employ a multidimensional approach to comprehensively assess the patient experience.

The PRO measures discussed here demonstrate feasibility across JIA categories. This speaks to the generalizability of such measures across this population but may indicate a need for further refinement of differences among patient-reported outcomes between JIA categories, as has been demonstrated in clinical disease outcome measures. This is an opportunity for future work in the PRO space.

## Patient/Caregiver-Proxy Global Assessment (PtGA)

The PtGA tool is similar to the PhGA and encompasses a 21-point VAS scale scored from 0 cm to 10 cm or 0–100 mm. It is employed both in clinical practice and research settings as a general measure of the patient's or caregiver-proxy's perception of the current JIA disease status and overall well-being, as it relates to their rheumatologic condition. This score is a component of the JADAS clinical measurement tool. Similar to the PhGA, this measure has not been formally validated and lacks parameters for the precise inclusion or exclusion of patient experience and quality of life factors encompassed in the score. Further, patients and caregiver-proxies may have a difficult time defining such a broad measure into a simple numeric scale, and in qualitative studies patients report struggling with anchoring of the tool and understanding of its form and functionality.<sup>49–51</sup> Comorbid diseases with JIA such as central sensitization may also impact overall wellbeing of the patient and affect how families score this measure. The current work is underway within the OMERACT JIA working group to better define, establish, and validate a tool for measuring patient perception of disease activity and overall well-being. As with the PhGA tool, the PtGA is a quick and efficient PRO tool that can be used in daily practice in the routine clinical environment and tracked over time.

Discordance between PhGA and PtGA occurred frequently during the same visit with caregivers reporting divergent scores from providers in JIA patient assessments.<sup>23,52</sup> A similar discordance has also been noted in the adult RA population.<sup>49</sup> This discordance may undermine the potential value of these scores in composite measures and may indicate a disconnect between the two scores despite their similar design. This discordance may reflect multifactorial etiologies, including the lack of clarity regarding the specific items that should be considered in each score as they pertain to overall disease activity or well-being, the presence of comorbid conditions, differences in judgement between

providers and patients regarding what constitutes disease activity, and the inclusion of social determinants of health that might affect patients' disease activity but are often not sought by busy clinicians. Furthermore, this discordance may be further compounded in pediatric rheumatology with the potential for discordance between caregiver-proxy global assessment and the young child's patient global assessment,<sup>52</sup> thus further work and standardization of this measure is needed.

## Patient Reported Outcomes Measurement Information System (PROMIS) for Children with Juvenile Arthritis

The PROMIS initiative, first presented in 2007 by the National Institutes of Health (NIH), aimed at assessing patient-reported health status using existing PRO tools, was developed for use across the general population and a variety of chronic disease states,<sup>38,39</sup> and is available in paper and digital (computer-adapted test) forms. In 2017, Brandon et al validated the pediatric PROMIS short-form tool for JIA.<sup>53</sup> Patients (8–17 years) and parents/caregiver proxies (5–17-year-old patients) assessed eight pediatric-specific domains over the seven days prior, including anger, anxiety, depressive symptoms, fatigue, mobility, pain interference, peer relationships, and upper extremity function. All raw scores generated from the PROMIS instruments are scaled into standardized T-scores with a mean of 50 and a standard deviation of 10 and compared to an established population mean. The population mean refers to the mean of the calibration sample, which is based on a population with a higher prevalence of chronic illness, to allow for more accurate peer comparisons with patients with JIA. Brandon et al<sup>53</sup> demonstrated that within the JIA population, the PROMIS tool can be used to differentiate patients with poorer outcomes (higher scaled scores) and more active diseases as measured by the JADAS at the time of evaluation. All domains assessed behaved in this way, except for the upper extremity function domain, which did not correlate with disease outcome by the JADAS. A limitation of this instrument is its evaluation of upper extremity function alone, without evaluation of the axial or lower limbs, which are commonly affected by JIA.

In 2021, Craig et al compared PROMIS to the CHAQ assessment tool for patient preference and measurement properties and noted that patients preferred PROMIS to CHAQ<sup>54</sup> because it was easier and more convenient to complete. There was a moderate correlation between the PROMIS mobility and the CHAQ-disability index, and a high correlation between the pain assessments for both tools. The PROMIS tool was found to have a lesser ceiling effect and improved upon pain interference, mobility, and physical activity evaluations than the CHAQ. Overall, the PROMIS tool is a relatively convenient and efficient system that encompasses multiple PRO tools and is feasible for use in the clinical and research setting.

## Juvenile Arthritis Parent/Child Centered Disease Assessment Index (JAPAI/JACAI)

Introduced by Consolaro et al in 2011, the JAPAI/JACAI assessment tools are a composite PRO score that integrates the most commonly used tools to create a comprehensive PRO measure for assessing disease status.<sup>40</sup> The tool can be administered to the caregiver proxy or the patient for self-reporting and has two versions. The 4-component version assesses patient overall well-being (OWB), pain intensity, physical function (via the CHAQ or juvenile arthritis functionality score (JAFS)), and health-related quality of life (HRQOL) (by the Pediatric Quality of Life Scale (PRQOL) or the Child Health Questionnaire (CHQ)). The 3-component version eliminates the HRQOL component improving on brevity and ease of administration. Each component of the score is normalized, and a single summative score is created from 0 to 40 (or 0–30 for the 3-component version). The validated JAPAI/JACAI tool demonstrates a high correlation with JADAS, indicating that it may improve upon the present issue of patient/caregiver-proxy and physician discordance in disease activity when using the much simpler PhGA and PtGA measurement tools and overall well-being measures, as previously noted. However, it should be noted that the time required to assess JAPAI/JACAI was considerably greater than that required for PhGA and PtGA.

## Juvenile Arthritis Multidimensional Assessment Report (JAMAR)

The JAMAR is a comprehensive multidimensional questionnaire created for use in clinical practice to facilitate the incorporation of PROs into routine clinic visits. Introduced in 2010 by Filocamo et al<sup>41</sup> and validated in American

English in 2018,<sup>42</sup> it employs 15 established measures of patient-reported disease status. This tool was designed to be used in a busy clinic, ideally administered prior to the patient's clinic visit while waiting to be seen, and can be completed in <15 minutes. Despite its length, it remains feasible for daily clinical use without a significant impact on clinical flow. The tool has a high correlation between caregiver and patient self-reports (suggested for ages 7–18 years), indicating that either party can complete the tool reliably. The JAMAR has wide applicability and has been adapted to 54 languages across 52 countries through the Paediatric Rheumatology International Trials Organisation (PRINTO) organization.<sup>55</sup> The items queried are comprehensive and provide a snapshot of several aspects of life for a child with JIA including school, medication side effects, medication adherence, pain, and disease activity. However, the authors noted that the components of fatigue, coping, sleep disturbances, and family life are not well captured by the instrument. Additionally, the mental health aspects of JIA as a chronic disease are not well captured by JAMAR.

### **Pediatric Quality of Life Inventory (PedsQL) Rheumatology Module**

The PedsQL rheumatology module was adapted from the Pediatric Quality of Life Inventory and introduced in 2001.<sup>43</sup> This extension module is specifically tailored for patients with rheumatological conditions, and evaluates QOL in the physical, mental, and social domains. This instrument includes both the original generic assessment and a 22-item rheumatology-specific section, assessing five domains, including pain and hurt, daily activities, treatment, worry, and communication, on a Likert scale of difficulty in performing each item. This assessment tool is both easy and quick to administer, has been validated for a wide range of ages (2–18 years) for self-report or caregiver-proxy reports, and exhibits good correlation between patient and caregiver-proxy reports. This tool, which adds a rheumatology-specific feature to a longstanding and trusted tool, proved to be useful and feasible, especially for use in clinical trials to improve the incorporation of PROs in patients with JIA.

### **JIA Functional Disease Outcome Measures (Table 2)**

JIA is a chronic disease that affects children across their lifespan, directly affecting their functionality in daily life to varying extents during the disease process. This variability and potential for significant impact impart importance to the measurement of functional outcomes in patients with JIA. These measures must incorporate patient functionality reports and objective measures of function at discrete time points and across the disease course.

### **Childhood Health Assessment Questionnaire (CHAQ)**

The CHAQ score developed in 1994 by Singh et al is one of the longest standing tools used for the measurement of self-reported functional status in JIA.<sup>44</sup> This tool is composed of a disability index with eight domains: dressing and grooming, arising, eating, walking, hygiene, reach, grip, and activities. Each domain uses a Likert scale to rate the difficulty of completing tasks (0 = no difficulty to 3 = unable to do). The discomfort index has two domains: pain score and PtGA score, each using a 0–100 VAS scale. This measurement tool is a reliable, valid, and sensitive instrument that takes approximately 10 minutes to complete by either caregiver-proxy or child self-report and has been translated and culturally adapted into numerous languages since its introduction. The CHAQ is applicable for a broad range of 1–19 years and has a section for non-applicability, if deemed based on the age of the child for the disability index. The CHAQ score is often used as the “gold standard” for comparison in the validation and implementation of newer PRO measurement tools; however, its length and amount of time taken to complete are the most notable drawbacks for routine feasibility of use in clinical settings.

### **Juvenile Arthritis Functionality Scale (JAFS)**

The JAFS score was developed and validated by Filocamo et al in 2007 with the intention of creating a simple measure of physical function in patients with JIA in the clinical setting in place of the more extensive CHAQ score.<sup>45</sup> The scale takes less than two minutes to complete and uses 15 items on a Likert scale to explore physical function across three body areas: the lower limbs, hand/wrist, and upper body. The JAFS correlates highly with the CHAQ score<sup>45</sup> and thus may present a more feasible way to quickly evaluate the functional status of patients in the clinical setting. The inclusion

of jaw function with biting a sandwich or apple is a plus of this functional scale, as the temporomandibular joint is often affected in JIA.

## Juvenile Arthritis Functional Status Index (JASI)

First introduced in 1996 by Wright et al, this validated self-reported functional index focuses on daily living and functional mobility of school-aged children and adolescents.<sup>46</sup> Five domains encompass 94 items evaluating self-care, mobility, domestic tasks, school, and extracurricular activities. Each domain is scored from 0–20, with a total score of 0–100. Originally, this index contained 100 items; however, during validation, six items were noted to not prove useful in discriminating between individuals with differing levels of disease activity or to be problematic for children with severe functional disability, thus reducing the total number of items to 94. Each component is scored on a Likert scale of ability to complete tasks (0: someone has to do it for me, to 6: I can do it as easily as a healthy friend). This index is the most reliable for polyarticular JIA. Oligoarticular patients may experience a ceiling effect, as these patients more frequently scored between 95% and 100% on the functionality scale, indicating that those with the highest functional scores may be missed in this assessment. Another drawback of this index is its length, as it can take between 30 and 90 minutes to complete, making it largely infeasible in the clinical setting and at risk of inducing survey fatigue for participants in clinical trials.

## Juvenile Arthritis Functional Assessment Scale (JAFAS)

This score, introduced by Lovell et al<sup>47</sup> in 1989, aims to create a simple functional assessment tool to assess a patient's ability to complete daily functional activities compared with age-matched healthy peers. The score encompasses ten functional tests that are timed to compile a functionality score. Higher scores indicate poorer function due to the patient taking more time to complete each individual task, scored as 0 – (within criterion time), 1 (longer than criterion time), and 2 (unable to perform), with a maximum score of 20. The JAFAS is reliable and can be completed within 10 minutes with minimal equipment in clinical or research settings; however, it requires a trained medical professional, typically a physical or occupational therapist, for administration, thus limiting its function in the day-to-day clinical or home telemedicine setting.

## Juvenile Arthritis Functional Assessment Report (JAFAR)

The JAFAR score, created in 1991, is an adaptation of the JAFAS score, which can be performed at home by caregivers and children as a self-reporting tool.<sup>48</sup> This score evaluates a patient's ability to complete 23 functional tasks of daily living on a 3-point scale. The tool can be completed by patients older than seven years (JAFAR-C) or the caregiver (JAFAR-P) within the home setting and is a reliable and valid measure of JIA-related disability. This report provides the ability for families to actively report on their child's functionality and capture valuable data on physical function while minimizing provider personnel time when compared to the JAFAS. However, these measurements may be subject to recall bias given the assessment of functions over the last week, which may limit its reliability.

## Conclusion and Future Directions

At present, there are a myriad of reliable and validated clinical, imaging, patient-reported, and functionality outcome measures used in the care and monitoring of patients with JIA. These measures are used in clinical and research settings and allow patients and providers to objectively monitor disease changes over time, which is paramount for evaluating treatment response and treating to target.<sup>56</sup> As more advanced disease-modifying therapies develop and our understanding of the disease process and the experiences of JIA patients across their lifetime continue to expand, it is imperative that we iteratively re-evaluate, adapt, and modify current measures or develop novel measures that best reflect the experiences and perspectives of the patient. Diverse collaborative work is currently underway across the globe to advance this field and improve the care of patients with JIA.

## Ethics

This manuscript has been reviewed and approved by all contributing authors, and all the work is original.

## Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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