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OPEN Natural attenuation processes control groundwater contamination in the Chernobyl exclusion zone: evidence from 35 years of radiological monitoring

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The Chernobyl Exclusion Zone (CEZ) contains the vast majority of radionuclides released by the accident in nuclear fuel particle form. We present and analyze groundwater measurements collected from the monitoring network in CEZ covering key aguifers over 35 years since the accident. These new data, together with a comprehensive analysis of historical data shows that ⁹⁰Sr remains mobile in the subsurface environment, while groundwater concentrations of ¹³⁷Cs, Pu isotopes and ²⁴¹Am are relatively low, and are not of radiological concern. During the last two decades, 90Sr and 137Cs levels have declined or remained stable over time in the majority of monitoring locations. This is due to natural attenuation driven by gradual exhaustion of the fuel particle source, geochemical evolution of groundwater downstream from waste dumps and radionuclide retention in surface soil due to absorption and bio-cycling. Decommissioning of the cooling pond and construction of the 'New safe confinement' over Unit 4 (damaged reactor) also favored better protection of groundwater close to the Chernobyl plant site. Data from confined and unconfined aquifers, as well as rivers, evidence low radiological risks from groundwater contamination both outside the CEZ and to onsite "self-settlers". Though several groundwater contamination "hot spots" remain in the vicinity of Unit 4, "Red Forest" waste trenches and surface water bodies with contaminated bottom sediments, the findings of this study support a monitored natural attenuation approach to groundwater management in the CEZ.

The Chernobyl accident on 26 April 1986 resulted in the release of radioactivity from the damaged Unit 4 to the atmosphere in the form of aerosols and dispersed nuclear fuel particles (FP) resulting in deposition to the surrounding areas. The highest levels of contamination of environmental media (soils, forests, water bodies) by radioactive fallout containing long-lived radionuclides (137Cs, 90Sr, 241Am and Pu isotopes) were observed in the 30-km zone surrounding the Chernobyl nuclear power plant (ChNPP)^{28,35,70} (Fig. 1). Shortly after the accident the population was evacuated from the 30-km zone (Chernobyl exclusion zone—CEZ) and access to it has remained restricted until the present time.

Activity ratios of 90 Sr and trans-uranium elements (TUE—Pu isotopes and 241 Am) in fuel fallout in the CEZ were rather stable (238 Pu/ 90 Sr = 0.0089, $^{239+240}$ Pu/ 90 Sr = 0.019, 241 Pu/ 90 Sr = 0.57, 241 Am/ 90 Sr = 0.019 as in 2000), and corresponded to those in the irradiated fuel of Unit 4. The ¹³⁷Cs to ⁹⁰Sr ratio in soils was determined by superposition of fuel and condensation fallout in CEZ. In the near zone (2-5 km distance from ChNPP) where contamination is dominated by FP, this ratio is in the range from 1 to $2^{2,35}$.

At the time of deposition, radionuclides associated with the FP component were characterized by low mobility in the environment. With time, however, an increase of content of mobile forms of radionuclides (water soluble, ion-exchangeable) has occurred in soils due to chemical weathering (dissolution) of FP under the influence of environmental factors^{36,37,41}. The dissolution rate of FP is determined by the characteristics of particles (type of matrix, oxidation state of uranium, presence of their surface of inert materials such as zirconium) and is

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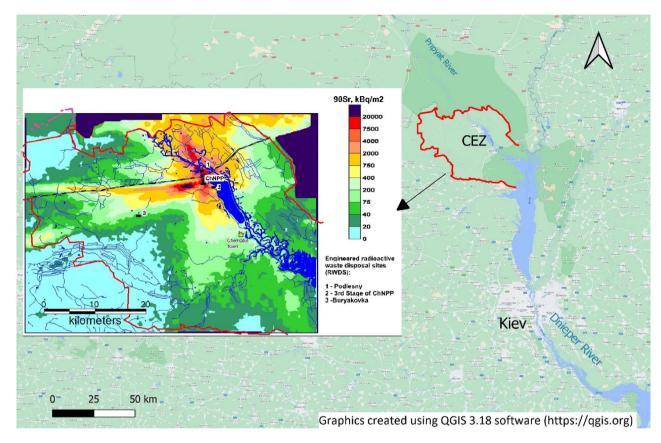


Figure 1. Location of the Chernobyl Exclusion zone (CEZ). Surface contamination map by ⁹⁰Sr in the CEZ (as of 1997) is based on data of ⁸⁵.

affected by environmental conditions, in particular by soil solution pH (increasing with acidity) and presence of oxygen^{36,37}. In the western trace of radioactive fallout (formed predominantly by non-oxidized FP) the dissolution half-life of FP has been estimated, depending on soil pH, to range from 5 to 14 years, while in the northern and southern traces (formed predominantly by oxidized FP) the dissolution half-life of FP is estimated to be from 1 to 14 years. In acidic soils in the CEZ, FP had already dissolved within 15–20 years following the accident³⁶. Within the western trace (which is characterized by relatively high contribution of non-oxidized and Zr-containing FP) about 55% of activity of ⁹⁰Sr and TUE were still associated with FP in Trench no.22 of "Red Forest" site in 2015³⁷.

The geomorphology of the CEZ potentially promotes transfer of radionuclides to the groundwater system: the land is mostly flat and surface soils (most often sod-podzols (Podzoluvisol)) are generally sandy with low sorption capacity and relatively high atmospheric water infiltration rates (typically $200-300 \text{ mm y}^{-1}$). Three main aquifers are present (from top to bottom): (1) the unconfined aquifer in the Quaternary sandy deposits, (2) the confined aquifer in the Eocene sandy deposits, and (3) the confined aquifer in the Cretaceous chalk deposits²¹. The first two aquifers represent the zone of most intensive 'atmospheric water—groundwater—surface water' exchange (see Supplemental Information, Sect. 1 for more detail on site geology and hydrogeology).

The ChNPP is situated in the middle reaches of the Pripyat River which, as part of the Dnieper river-reservoir system, provides drinking and irrigation water to about 30 million people including Kyiv city 140 km south of the ChNPP. The groundwater (both the shallow phreatic and deep confined aquifers) is used as the main drinking water resource for the local population in the Ukrainian Polessye region, and in particular "self-settlers" in the CEZ.

Potential sources of groundwater contamination in CEZ include 'diffuse pollution sources' (topsoil in 30-km zone contaminated by radioactive fallout) and 'point sources' including highly contaminated soil in the direct vicinity of the Unit 4 'Sarcophagus', cooling reservoir ("cooling pond"), radioactive waste dumps and engineered radioactive waste storage facilities. The highest levels of topsoil contamination are observed in the 10-km zone of the ChNPP, while surrounding peripheral areas of CEZ often have several orders of magnitude lower levels. About 4% (75 km²) in the direct vicinity of the ChNPP has surface contamination densities by 90 Sr in the range 2000–20,000 kBq m², about 19% (380 km²) – 200 – 2000 kBq m², and about 77% (1540 km²) – 20 – 200 kBq m² or less (as of 1997)³5 (Fig. 1). The major activity "hot spot" in the 10-km zone is the so called "local zone " of the "Sarcophagus" (within an approximate100—250 m radius of the facility). Here the radioactivity is concentrated within the 'accident related' layer of soil that is ~ 10–30 cm thick, and is covered by an up to 10 m thick 'post-accident man-made' layer of sand and concrete. The activity concentration of 137 Cs in soil in the 'accident related' layer is 7.1 105 - 1.9 109 Bq kg¹, for 90 Sr – 6.4 105 to 2 109 , and for $^{239+240}$ Pu – 1.7 103 to 3 107 Bq kg¹ (as of 1998) 56 .

	Activity inventory, Bq					
Location	¹³⁷ Cs	90Sr	²³⁸ Pu	²³⁹⁺²⁴⁰ Pu	²⁴¹ Am	Reference
Radionuclide half-life, years	30.2	28.8	87.7	2.4 10 ⁴ (²³⁹ Pu) 6.5 10 ³ (²⁴⁰ Pu)	432.2	
Diffuse source						
Soil in the Ukrainan part of the CEZ						
Activity inventory	2 1015	5.4 10 ¹⁴	6.2 1012	1.5 10 ¹³	2.7 1013	35
Point sources						
Contaminated soil in the local zone of the "Sarcophagus"	1.2 1015	1.2 10 ¹⁵	9.0 1012	2.2 10 ¹³	4.0 1013	56
Radioactive waste dump sites *	1.6 10 ¹⁴	1.3 1014	1.2 10 ¹²	2.9 1012	5.3 10 ¹²	52
Cooling pond (bottom sediments)	1.2 1014	1.7 10 ¹³	2.1 1011	5.2 1011	9.5 10 ¹¹	8

Table 1. Inventory of total activity of main radiologically important radionuclides (137Cs, 90Sr, 238-241Pu, 241Am) in various locations inside the CEZ (activity values decay-corrected to reference date 2015). *estimates for individual radionuclides derived from total activity assuming that activity of waste is dominated by the fuel component.

A large-scale redistribution of radioactivity in the 10-km zone occurred in 1986–1988 during site clean-up activities, which consisted in the bulldozing and in-situ burial of the contaminated topsoil layer (\sim 20 cm), contaminated vegetation ("Red Forest"), buildings etc. in the 2–3 m deep trenches and above-ground mounds. The decontamination area around the ChNPP encompassed approximately 10 km², the total number of waste burials is estimated at 800–1000, and the volume of buried radioactive materials is estimated at 1.2 million m³5². The specific activity of buried waste materials in the most contaminated waste burial reach for 137 Cs – 2.2 106 Bq kg $^{-1}$, for 90 Sr – 3.3 105 Bq kg $^{-1}$ (as of 2015) 17 . One other important 'point source' is the cooling pond, which was contaminated due to releases of highly contaminated water from the Unit 4 emergency cooling system, as well as due radioactive fallout on the water surface. Inventories of key sources of contamination are summarized in Table 1.

During the first months after the accident, large scale engineering measures were undertaken to mitigate the off-site migration of radionuclides through the groundwater pathway from the CEZ, which included construction of 'drainage curtains' composed of hundreds of pumping wells, and a 'slurry wall' around the ChNPP. These hastily planned measures were based on "worst case" assumptions regarding contaminant inventory and mobility, and already by the end of 1986 were considered disproportionate and unnecessary^{9,11,27}. However, since 1989, increased mobility of ⁹⁰Sr was observed in the CEZ due to gradual dissolution and release of radionuclides from nuclear fuel particles, and groundwater contamination was once again considered a high priority concern. The management approaches for groundwater contamination in following decades were based on more careful monitoring studies and risk assessment analyses ^{10,52,64}.

The last decade has seen implementation of major projects at the ChNPP site, namely decommissioning of the cooling pond (beginning 2014) and completion of the 'New safe confinement' (NSC) above Unit 4 (in 2016), which, among other objectives, were aimed at mitigation of radionuclide migration to the groundwater system. Current planning of decommissioning of the ChNPP, transformation of the Unit 4 to an environmentally safe system and related waste management operations assumes long-term (up to 500 years) institutional control over the inner 10-km zone of ChNPP ("industrial zone"), which contains the main contaminated objects as well as waste storage and disposal facilities. The "industrial zone" is not assumed to be suitable for residential living and producing foodstuffs for at least the next 200 years due to radiological risks caused by external irradiation, inhalation and ingestion exposure pathways⁵². The very long-term (> 100's of years) radiological risks in the 10-km zone are dominated by TUE⁴⁷.

The radiologically important long-lived radionuclides of concern covered by the extensive long-term ground-water monitoring program in CEZ included 90 Sr, 137 Cs, Pu isotopes (Pu 238 , Pu 239 , Pu 240), and 241 Am. In the light of extensive data published in full for the first time here, we evaluate and discuss processes controlling transport and fate of radionuclides in the subsurface environment of CEZ. We also analyze and discuss on-site and off-site risks, and draw conclusions from 35 years of monitoring studies for managing contaminated groundwater in the future.

Results and discussion

Radionuclide migration in soils. Post-accident observations have shown that vertical migration in soil of fallout radionuclides in Chernobyl contaminated areas was a rather slow process. The ability of radionuclides to migrate in soil decreases in the following sequence: ${}^{90}\text{Sr} > {}^{137}\text{Cs} > \text{Pu} \approx^{241}\text{Am}$ isotopes^{33,34}. For radionuclides initially associated with FP, such as ${}^{90}\text{Sr}$, radionuclide mobility in soils was limited by dissolution of fuel matrix and radionuclide release to mobile forms^{41,43,44}. Studies carried out during the first decade following the accident reported downward migration rates of radionuclides in soil of an order of 1 ± 0.5 cm y⁻¹ or less^{3,23,25,59}. The downward migration rate of ${}^{90}\text{Sr}$ was typically by 20-50% higher than that of ${}^{137}\text{Cs}$.

As the second and third decades have passed since the time of Chernobyl accident, more distinct differences were observed in vertical distribution of 90 Sr and 137 Cs in soils of CEZ. The 137 Cs migration in soil has slowed down and reached "quasi-equilibrium" state. The distribution of 137 Cs in soil profiles typically followed exponential profile with maximum activity still in the 5–10 cm upper layer of soil 28,34,61 . On a whole, similar behavior

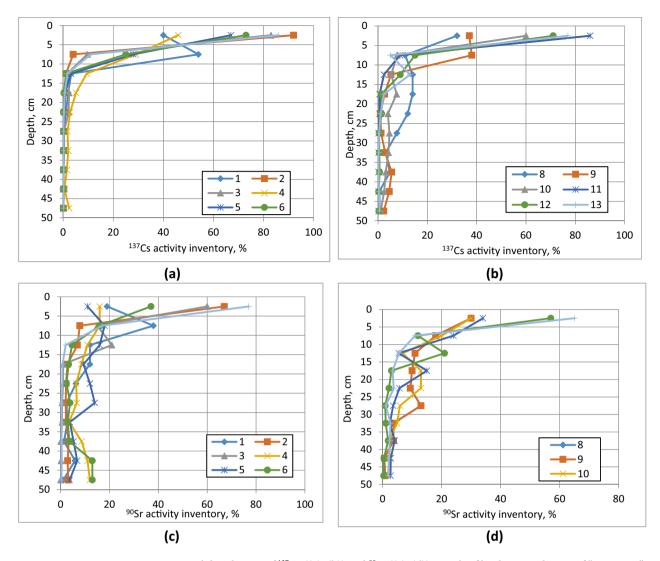


Figure 2. Vertical distribution of 137 Cs ((**a**), (**b**)) and 90 Sr ((**c**), (**d**)) in soils of landscape polygons of "Ecocenter" in the CEZ in 2020. The analytical error of 137 Cs and 90 Sr activity measurements is 20–30%. The landscape polygons (LP) no.1–4, 11 and 12 are situated within the glacial plateau; LP no.5, 7,8, 10 and 13 are situated within the terrace of the Pripyat River; LP no.6 and 9 are situated within the floodplain of Pripyat River. (Map showing location of sampling sites is given in Supplemental Information, Figure S.10.1).

of 137 Cs is observed in forest soils affected by Fukushima accident, where its distribution in soil by about the 8th year has stabilized 32,54 .

Data on vertical distribution of ¹³⁷Cs and ⁹⁰Sr in soils of "landscape polygons" (experimental sites) in the CEZ in 2020 (Fig. 2) generally conform to the discussed above migration patterns, and show that for ¹³⁷Cs more than 90% of activity inventory was concentrated in the upper 0–20 cm, while for ⁹⁰Sr the same inventory was distributed in the upper 0–40 cm. In some instances, in addition to the maximum in upper 10–20 cm, a second peak of ⁹⁰Sr was observed at 40–50 cm depth. In two locations (polygons 4 and 6) the second ⁹⁰Sr peak migrated beyond the sampled 50 cm depth. Data of soil sampling carried out at landscape polygons in 2012 can be found in Kireev et al.³⁹.

About 50% of the territory of the CEZ has depth to groundwater table (GWT) of 1.0-3.0 m and at about 20% of territory has depth to GWT of 3.0 m and more 21 . Since vertical distribution of 137 Cs and 90 Sr in soil has been slow (Fig. 2), there was potential for only relatively small amounts of fallout radionuclides (mainly 90 Sr) from the topsoil to reach the groundwater system in locations with relatively deep (> 1.0 m) groundwater table during the time that has passed since the accident. The areas with a shallow groundwater table (< 1.0 m) in the CEZ are usually related to river floodplains with organic-rich meadows and wetlands. Such areas often represent groundwater discharge zones, which are characterized by an upward groundwater flow regime. This type of hydraulic regime may preclude entering of radioactive contaminants to the deep subsurface aquifers. On the other hand, the radioactive contaminants can be mobilized from wetland soils by upward groundwater flux and / or diffusive transport to wetland water, and enter nearby river networks by the surface runoff mechanism 22 .

Contamination of the unconfined aquifer. The 137 Cs concentrations in monitoring wells sampling the top unconfined aquifer in 2019 showed relatively low variability across the inner 10-km zone varying in the range $10-100 \text{ Bq m}^{-3}$, which is below the WHO drinking water standard (DWS) of $10,000 \text{ Bq m}^{-3}$ (Fig. 3a). No specific pattern is observed for 137 Cs in groundwater in relation to the sources of contamination discussed above.

The ⁵⁰Sr concentrations in groundwater in 2019 showed much higher variability, ranging from 10² to 10⁵ Bq m⁻³, and exceeded the WHO DWS of 10 000 Bq m⁻³ in 16 of 87 wells. The highest levels of ⁹⁰Sr are observed at waste dump sites and in monitoring wells influenced by seepage from surface water bodies containing contaminated bottom sediments (residual lakes in the former cooling pond, Pripyat Zaton, Semikhody Zaton and Azbuchin Lakes; see Fig. 3b). The ⁹⁰Sr in groundwater does not correlate with ¹³⁷Cs, which illustrates different migration mechanisms and mobility of these radionuclides in the subsurface^{42,16}.

Example time series of ⁹⁰Sr and ¹³⁷Cs in monitoring well 1/1 located in the vicinity of the "Stroybaza" waste dump is shown in Fig. 4a (a map showing location of this and other wells mentioned below is provided in Supplemental information, Figure S10.3). Maximum levels of ⁹⁰Sr of 2.3 10⁵ Bq m⁻³ in this well significantly exceed pre-accident background levels (i.e., 1–10 Bq m⁻³ based on data of⁵⁸ and are indicative of ⁹⁰Sr migration from buried wastes. The ⁹⁰Sr data in this and most other wells of monitoring network in CEZ show increase (presumably caused by radionuclide release from fuel particles and breakthrough to groundwater system) during the first decade of observations after the Chernobyl accident followed by stabilization and tendency to decrease of activity concentrations in the majority of locations during the last decade indicating a gradually exhausted source term (Fig. 5b). A gradual decrease in 1998–2008 of mean ⁹⁰Sr plume concentrations was observed also at an experimental site near trench no.22 at "Red Forest" waste dump site equipped with detailed multilevel monitoring well network⁶⁹. Attenuation of ⁹⁰Sr migration was explained by evolution of geochemical composition of groundwater (decrease of concentrations of Ca and other leached ions accompanied by an increase of pH) caused by humification of the organic matter (buried vegetation remnants) inside the waste trench, and of nutrient element uptake by roots of the pine forest growing on top of the trench¹⁵. Additional data on groundwater contamination at waste dump sites, showing similar trends, are presented in Supplemental information, Sect. 3.

An example time series of 90 Sr and 137 Cs in monitoring well 175/A2 sampling the upper part of the unconfined aquifer in the area with contaminated topsoil is shown in Fig. 4b. The 90 Sr concentrations were relatively stable during the observation period and were 1–2 orders of magnitude less than the WHO DWS. The 137 Cs concentrations showed a tendency to decrease during the first decade of observations, and their current range of about $\sim 10-100$ Bq m $^{-3}$ is close to the pre-accident background levels from global nuclear weapons testing fallout. Similar trends in 137 Cs concentration are observed for other monitoring locations in CEZ (see Fig. 5a). Conclusions on stabilization of 137 Cs and 90 Sr contamination levels in groundwater of the CEZ during the last decade of observations are supported by Mann–Kendall statistical analysis of trends 4 (see Supplemental Information Sect. 2.1 and Annex 5).

No immediate correlation is observed between radionuclide concentrations in groundwater and topsoil contamination level by Chernobyl fallout (see Supplemental Information, Figure S2.1).

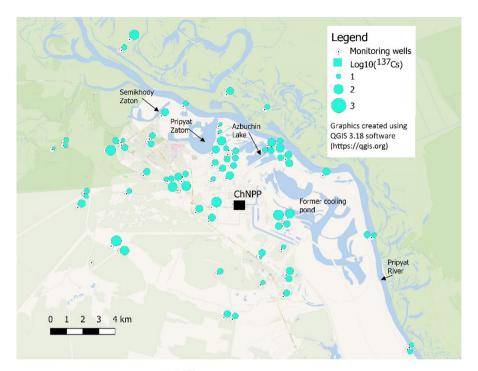
The 90 Sr concentrations in groundwater at waste dump sites often show clearly defined stratification with an upper part of the unconfined aquifer being much more contaminated than the lower part (see Supplement Information, Sect. 2.3, Figure S2.2 for more detail). Sampling at waste dump sites using auger drilling from the very top of the unconfined aquifer showed 90 Sr concentrations up to 10^6-10^7 Bq m $^{-317}$ (lower levels of 90 Sr in monitoring wells are explained by the depth-averaging effect of 12 m long screens of these wells). The 137 Cs, on the contrary, usually shows decreasing time trends in groundwater and no or little variability with depth below the groundwater table, being close to the analytical detection limit for this radionuclide.

The typical range of actinide elements (Pu isotopes, 241 Am) concentrations in groundwater of the CEZ in 2018–2019 was of order 0.1 to 1 Bq m⁻³ or less (see Supplemental information, Table S4.1). These concentrations were relatively stable over the observation time period being much lower than the WHO DWS of 1000 Bq m⁻³ for the sum of transuranium α -emitting radionuclides.

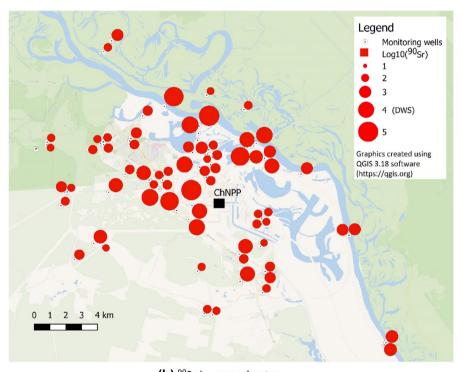
Low levels of radionuclides in groundwater in areas with topsoil contamination (see Fig. 5) are consistent with the data discussed above on low velocities of transport of fallout radionuclides in the soil profile.

Seepage from the cooling pond and other contaminated water bodies. The cooling pond (CP) was the first site in the CEZ where high levels of groundwater contamination by ⁹⁰Sr were detected in 1988–89. High mobility of ⁹⁰Sr in groundwater seeping from the CP was caused by high seepage rates (due to a large difference in water level in the CP and in the adjacent Pripyat River) and by the low retention capacity of the sandy soil of the dam of the CP. Seepage of contaminated water from the CP used to be the major source of contamination of the Pripyat River by ⁹⁰Sr until decommissioning of the CP in 2014^{11,11}. The decommissioning strategy for the CP consisted in a partial drainage of the pond by lowering its water level (see Supplemental information, Figure S1.2). The decommissioning resulted in a significant decrease of seepage losses and ⁹⁰Sr transport due to a drop of hydraulic head gradient between the CP and Pripyat River³⁰.

Relatively high levels of ⁹⁰Sr were observed in 2019 in monitoring wells influenced by seepage from residual lakes situated in the northern part of the former CP, as well as other water bodies containing highly contaminated bottom sediments, in particular in the vicinity of Pripyat Zaton, Semikhody Zaton and Azbuchin Lake (see Figs. 3b, 5b, and Supplement information, Sect. 5). Water levels in these water bodies are 2–3 m higher than the average annual water level in Pripyat River, which resulted in water seepage through the bottom and banks of these reservoirs towards the river. In the course of seepage, the surface water passed through contaminated bottom sediments containing FP. This could have caused additional leaching of radionuclides from FP to pore water, and resulted in groundwater concentrations of ⁹⁰Sr, which were higher compared to historic contaminant levels in surface water³⁰.



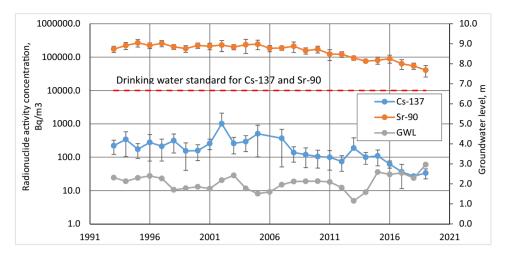
(a) 137Cs in groundwater



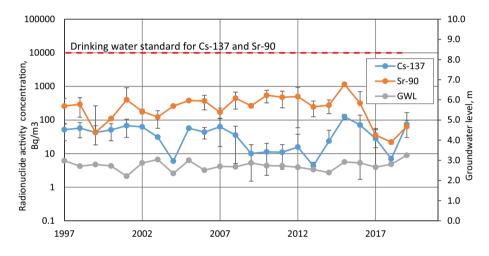
(b) 90Sr in groundwater

Figure 3. Distribution of 137 Cs and 90 Sr in groundwater of the 10-km zone of ChNPP in 2019 (Log₁₀—transformed yearly-averaged concentrations in Bq m⁻³). The WHO drinking water standard for these radionuclides is 1×10^4 Bq m⁻³.

Groundwater contamination at the Chernobyl Unit 4 site. A specific groundwater contamination 'hot spot' is the ChNPP Unit 4 'Sarcophagus' (or 'Shelter'). The potential sources of groundwater contamination here include the accident-related buried soil layer containing nuclear fuel materials (see Table 1) as well as possible leakage of the highly contaminated "block waters" located in the basement premises of the destroyed Unit 4^{55,63}. The following groundwater concentrations were detected at the site in 2015^{48,49}: ¹³⁷Cs: from 300 to 7.2



(a) Data for well 1/1 (screen depth from 2.1 m to 14.1 m) "Stroybaza" waste dump site.



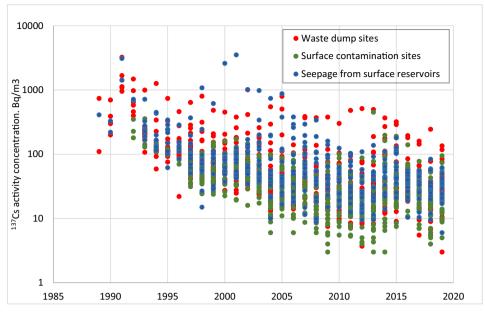
(b) Well 175/A2 (screen depth from 2.5 m to 7.2 m; surface contamination: 90 Sr - 2000 kBg m⁻², 137 Cs - 4000 kBg m⁻²)

Figure 4. Groundwater monitoring data for (a) well 1/1 in the "Stroybaza" waste dump site and (b) in an area of high surface soil contamination in the 10-km zone of the ChNPP. Vertical bars represent standard deviation of data during a year.

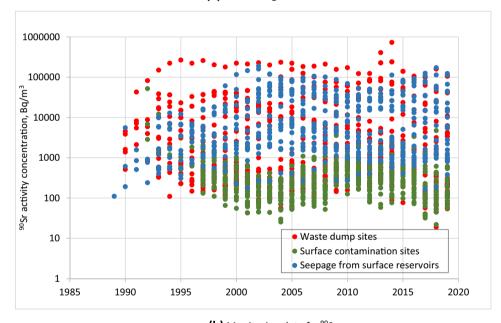
 10^4 Bq m⁻³, 90 Sr: from 1000 to 1.8 10^6 Bq m⁻³, 3 H: from 1000 to 8 10^5 Bq m⁻³, transuranium element activity (Pu, Am, Cm isotopes): 300-700 Bq m⁻³. The monitoring data during last two decades show generally decreasing trends in 137 Cs, 3 H and transuranic elements, and fluctuating levels of 90 Sr $^{48-50,55-57}$. The intermittent increases and decreases of 90 Sr are attributed to changes in groundwater pH and alkalinity (caused by groundwater interactions with concrete) 46,57 . The specific features of groundwater contamination at the 'Sarcophagus' are relatively high 137 Cs concentrations. The possible explanation is that radioactive source materials here were enriched in 137 Cs. In particular, the 137 Cs to 90 Sr activity ratios in "block waters" were in 2017 on average 10.2 while the maximum value was 326 (Odintsov and Han) 53 . This is much higher than the typical 137 Cs: 90 Sr ratio of between 1 and 2 in soil of the 10 km zone 35 .

Monitoring data for confined aquifers. Data for 1999–2019 for the Eocene aquifer, which is used for water supply of ChNPP, showed very low levels of 137 Cs and 90 Sr in water mostly in the range of 1-10 Bq m⁻³ (close to the detection limit for these radionuclides; see Supplemental information, Sect. 6). Similar data were reported also in a number of other much earlier surveys of this aquifer²¹.

The recent data presented here (Supplemental information, Sect. 6) support previous groundwater modeling analyses ^{10,66}, which suggested a large residence time of ⁹⁰Sr from the sources of contamination to water wells exploiting the Eocene aquifer, allowing for ⁹⁰Sr decay to safe levels. Similarly, there is no evidence of radioactive contamination of the lower confined aquifer in chalk deposits which provides the drinking water supply for Chernobyl Town. A discussion of residence times of groundwater and radionuclides in the confined and unconfined aquifers can be found in Supplemental Information, Sect. 7.



(a) Monitoring data for 137Cs

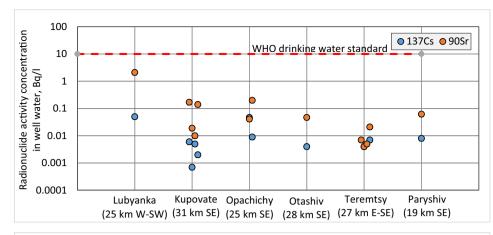


(b) Monitoring data for 90 Sr

Figure 5. Time series of radionuclide activity concentrations in the unconfined aquifer for sites with different types of sources of groundwater contamination for the integral set of monitoring wells (monitoring data set is provided in Annex 6).

Self-settler wells. Data on contamination of water in dug wells to the unconfined aquifer used by 'samosely' (unauthorized self-settlers living in the CEZ, but outside the 10-km zone) is displayed in Fig. 6. The calculated doses via the drinking water pathway (assuming water consumption rate of 800 L y^{-1}) are more than ten times below the ('safe') lower reference level of 1 mSv y^{-1} for 'existing exposure situations'²⁹.

Off-site radionuclide transport to the Pripyat-Dnieper River system. The Pripyat River during the post-accident period showed decreasing trends of ¹³⁷Cs and ⁹⁰Sr in river water (Supplemental Information, Figure S9.1). This time dynamics was determined by radionuclide leaching rates from fuel particles, deepening of mobile forms of radionuclides in the soil profile and gradual depletion of activity sources in flooded soils and near-channel wetlands, which mainly contributed to contamination of the river water^{22,42,45,70}. Declining trends in radioactivity of water are also observed following the Chernobyl accident for small rivers in the CEZ such as the Sakhan River and Uzh River^{31,39,44}.



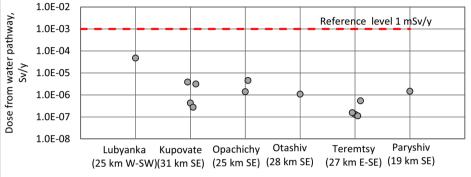


Figure 6. Radionuclide concentrations in the wells used by 'samosely' (self-settlers) in CEZ in 2019 and respective doses caused by drinking water consumption. (Map showing location of villages is given in Supplemental Information, Figure S10.2). Analytical errors are within the circular markers.

Declining exponential trends of radionuclide concentrations in rivers (without evident delayed peaks caused by groundwater transport from topsoil) were observed also following global nuclear tests fallout⁶⁷.

Figure 7 shows the total radionuclide fluxes transported by Pripyat River entering the Ukrainian CEZ at the Ukraine-Belarus border and the amounts added by sources in the 10 km zone from monitoring at Chernobyl Town at the downstream edge of the 10 km zone. Contamination of the Pripyat River water by ¹³⁷Cs during the post-accident period was mainly (80—95%) formed in areas upstream of CEZ, not by leaching from contaminated soils and wastes at the site or in the inner 10 km zone (Fig. 7). On the contrary, the main sources of ⁹⁰Sr to the Pripyat River (50 to 70%) are located inside the CEZ. The balances of ⁹⁰Sr in the Pripyat River indicate that highest radionuclide inputs to surface water are associated with high flow events (e.g., 1998–99 and 2013; see Fig. 7) due to flooding by river of floodplain soils and direct leaching to surface water.

Maximum yearly averaged activity concentrations in the Pripyat at Chernobyl Town during the last decade were 180 Bq $\rm m^{-3}$ of $\rm ^{90}Sr$ and 76 Bq $\rm m^{-3}$ of $\rm ^{137}Cs$, significantly below the WHO drinking water standard of 10,000 Bq $\rm m^{-3}$ of these isotopes.

Natural barriers control long term groundwater impacts. The observed radionuclide mobility in soils and groundwater of the CEZ (decreasing in the order $^{90}\text{Sr} > ^{137}\text{Cs} > \text{Pu} > ^{241}\text{Am}$) correlates with the sorption distribution coefficient (K_d) values for these radionuclides, 16,42,44 , which evidences the principal importance of sorption in controlling the migration process.

Stable or declining trends of ⁹⁰Sr in groundwater are observed in most monitoring locations except for a few wells where the leading edge of sub-surface plumes originating from water bodies with contaminated bottom sediment passes monitoring stations (see Supplemental document, Figure S5.1).

The decreasing trends of ⁹⁰Sr concentrations in groundwater can be explained by the combined effect of natural attenuation processes which include exhaustion of the higher-intensive source of ⁹⁰Sr fallout in soils in the form of relatively fast dissolving oxidized fuel particles³⁷.

Additional factors include stabilization of the geochemical regime of groundwater below the waste dumps due to maturation of organic matter buried inside the waste dumps 15. Involvement of 90Sr and 137Cs (which are chemical analogs of major plant nutrient ions—Ca and K, respectively) in bio-cycling in the 'soil plant' systems played a key role in retention of radionuclides in the topsoil rooting layer and in waste burials overgrown by trees 51,51. The highest vertical 90Sr migration rates in soil during the post-accident period have been observed in "dis-equilibrated ecosystems", for example in areas of wildfires 28, where radionuclide cycling in the soil–plant

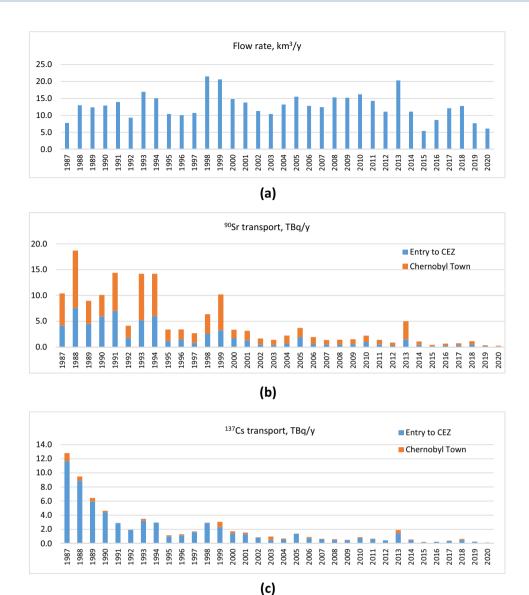


Figure 7. (a) Yearly water flow in the Pripyat River; (b), 90 Sr, and (c) 137 Cs budgets in the Pripyat River at the entry to CEZ. The additional amount of 90 Sr and 137 Cs added between entry to the Ukrainian CEZ and the observation point in Chernobyl Town outside the inner 10 km Zone is shown in orange bars. The additional 137 Cs runoff from the 10 km Zone is a small proportion of the total entering Ukraine from Belarus, but this proportion is much more significant for 90 Sr.

system has been disrupted. Other relevant attenuation mechanisms include radioactive decay and dispersion during subsurface transport.

Management interventions have led to better protection of groundwater from radioactivity sources, including the decommissioning of the cooling pond, which has resulted in decrease of seepage of contaminated water to Pripyat River from this reservoir, and an increase of the thickness of the unsaturated zone at the ChNPP industrial site including the 'Sarcophagus' (see Supplemental information, Figure S1.2c). Completion of the NSC arc on the 'Sarcophagus' in 2016 has led to better protection of facility and its vicinity from infiltration of atmospheric water. This resulted in a decrease of volume of extremely radioactive "block waters", which have posed a risk of leakage to the surrounding geological environment⁵³.

A clear understanding of the natural or artificial process causing small concentrations of generally low-mobility radionuclides such as ¹³⁷Cs, Pu and Am isotopes, in groundwater of the unconfined aquifer in the CEZ remains an open question¹⁶. Potential explanations include colloid transport^{1,38,60}, depression focused recharge^{5,65}, or alternatively, the facilitated transport could have been caused by imperfect well design (e.g., cross-contamination from topsoil during drilling, vertical flow along the poorly sealed well casing)²⁰. The monitoring data presented here imply, however, that facilitated migration mechanisms discussed above, if present, are responsible for relatively low levels of groundwater contamination by ¹³⁷Cs and actinide elements. Small amounts of ¹³⁷Cs in groundwater which decreased with time were also observed following the Fukushima accident⁶².

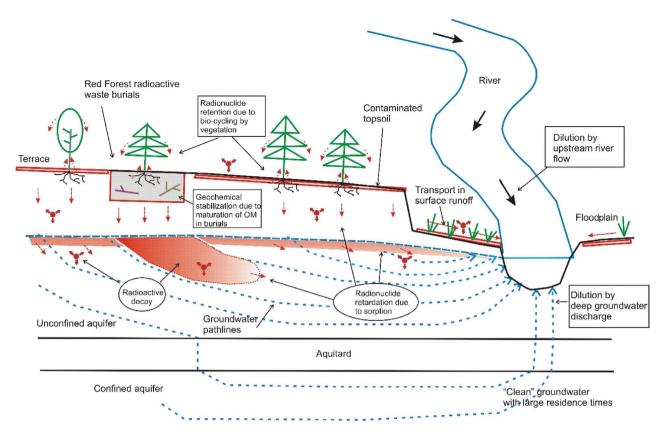


Figure 8. Conceptual scheme of natural attenuation processes in groundwater and surface water of the CEZ.

The results of this long-term study, representing the most comprehensive evaluation of radioactivity in groundwater to date, confirm early modelling predictions that the groundwater transport of radionuclides from waste dumps and contaminated watershed topsoil 12,14,52 and from the 'Sarcophagus' 40,63, results in generally negligible risks to populations downstream of the CEZ, while the deep aquifers used for water supply are well protected by geological barriers 10,66. The key factor is radioactive decay during retardation by sorption groundwater transport in subsurface (vadose zone, aquifers) from sources of contamination to receptor points. Radionuclide concentrations in groundwater are further attenuated due to mixing process at discharge contours (water supply wells, rivers) where a relatively small fraction of discharge is typically composed from "younger" waters that can potentially carry radioactivity (see Supplementary Information, Sect. 7). An important additional dilution effect in surface water comes from mixing of groundwater discharge with the clean upstream river water, which originated in the non-contaminated part of the river basin (Fig. 8).

Thus, monitoring data collected in CEZ during the last 35 years, presented in full for the first time here, shows that the natural attenuation process complemented by the geological settings and remedial and decommissioning measures result in generally favorable trends in contamination of groundwater and surface water, which are consistent with *a-priori* modeling predictions. Off-site risks via the Pripyat River, to self-settlers and to the confined aquifers which provide water to the NPP and to Chernobyl Town are low. This analysis of 35 years' data supports the Monitored Natural Attenuation strategy for groundwater in the CEZ. The long-term sources of groundwater contamination at the" Sarcophagus" site, at radioactive waste dumps, and in the vicinity of lakes in the 10-km zone of ChNPP containing highly contaminated bottom sediments still require ongoing monitoring and assessment.

Methods

Groundwater monitoring program of "Ecocenter". The groundwater monitoring program in the 30-km zone is carried out by the State Specialized Enterprise (SSE) "Ecocenter". The groundwater monitoring constitutes a part of a comprehensive program of radiation monitoring of the environment in the Ukrainian part of the 30-km zone, which includes air dose rate monitoring, radioactive aerosol concentrations, soils, surface water bodies and biological species. Radiation monitoring in the 30-km zone was performed from the early days following the accident. These works were carried out first by the Production Association "Kombinat" (which was responsible for Chernobyl accident mitigation measures in the 30-km zone), followed by the "Pripyat" Scientific and Production Association, then by the State Enterprise for the Regional Environmental Monitoring "RADEK", and since 2000 until the present time, by the SSE "Ecocenter". The integrated database of radioactivity measurements for the whole post-accident period is maintained by the SSE "Ecocenter". This database is the main source of monitoring data which are presented and analyzed in this article.

Groundwater monitoring network. The groundwater observation well network in the 30-km zone is primarily tailored to the unconfined aquifer in Quaternary deposits, which has suffered most from radioactive contamination

Development of the groundwater monitoring system proceeded through several stages. The first targeted regional-level groundwater monitoring well network at ChNPP site was drilled in 1990. At that time, observations were carried out using 60 wells. The monitoring wells often had large 12-m screens (wells of the K-series) leading to vertically-averaged samples. In 1995–1996 the groundwater monitoring system of 30-km zone was complemented by a number of multi-level observation well clusters with 1–2 m long screens providing samples from different aquifer depth intervals.

At the present time, the monitoring well network of the "Ecocenter" for the unconfined aquifer in Quaternary deposits consists of 145 monitoring wells (see Supplemental information, Figure S10.3). This number includes object-level monitoring networks of engineered radioactive waste disposal sites "Buryakovka", "Podlesny" and "3rd Stage of ChNPP".

In addition, the quality of water is monitored in the deep aquifers: confined aquifer in Eocene deposits exploited by Pripyat Town water wells, and in the confined aquifer in Cretaceous fractured chalk extracted by Chernobyl Town water supply wells.

Groundwater sampling is carried out also from the dug wells used by unauthorized self-settlers in Chernobyl exclusion zone ("samosely") for domestic use at their residential locations (Chernobyl, villages Kupovate, Paryshiv, Teremtsy).

The monitored parameters include: groundwater level; volumetric activities in water of ¹³⁷Cs, ⁹⁰Sr and transuranic elements (²³⁸Pu, ²³⁹ + ²⁴⁰Pu, ²⁴¹Am).

Sampling frequency from different locations varies from 1 time per quarter to 1 time per year. The total number of groundwater samples collected per year is currently 720. All collected samples are analyzed for ⁹⁰Sr, and about 60% of samples are analyzed for ¹³⁷Cs. About 20 samples per year are analysed for transuranic elements.

Field sampling and analytical methods ("Ecocenter" laboratory)

Groundwater sampling and analysis. The groundwater monitoring wells are purged before sampling until pumped water is visually free from suspended particles. Upon collection of samples, flasks with water are filled to the brim and tightly sealed to avoid contact of water with atmospheric air. Analytical studies are carried out on unfiltered non-acidified samples. The 90 Sr in groundwater samples (typically 1 l volume) is determined by a radiochemical method²⁴. The 90 Sr is separated from the solution by precipitation of carbonates (by the addition of sodium carbonate and sodium hydroxide). The chemical yield of 90 Sr is determined by the weight method (by adding a stable Sr label). The activity of 90 Sr in the precipitate is determined using beta-radiometer NRR-610 (TESLA). The analytical error of 90 Sr determination is (depending on activity of water, for 1 l sample): 0.01-0.1 Bq $1^{-1}-20-30\%$, 0.1-0.5 Bq $1^{-1}-10-20\%$, 1 Bq $1^{-1}-10\%$. Here and below values of the total analytical errors are provided (corresponding to the 95% confidence level) taking into account the errors of measuring instruments (balances, pipettes, spectrometers), errors allowed during sample preparation and its radiochemical processing etc. The counting time varied from 4 to 12 h (8 h on average). The value of minimum detectable activity (MDA) is 0.1 Bq/sample with a counting time of 15 h.

The 137 Cs is extracted from solution by filtration of a water sample (typically 20 l volume) through an ion-exchange resin ("ANFEG", manufactured by "Ecosorb" LLC, Russia) followed by determination on an ion-exchange material using SEG-002 "AKP-P" gamma-spectrometer equipped with a high purity germanium detector ("Atomprylad", Kyiv). The chemical yield of 137 Cs was estimated by analyzing "model samples". "Model samples" were prepared by adding a certain amount of a standard radioactive solution of 137 Cs to water samples with a similar chemical composition to studied samples. The chemical yields thus obtained was close to 100%. The analytical error of 137 Cs determination is (depending on activity of water, for 20 l sample): 0.005-0.01 Bq $1^{-1}-20-30\%$; 0.01-0.05 Bq $1^{-1}-10-20\%$; >0.05 Bq $1^{-1}-10\%$. The MDA value was 0.1 Bq/sample with a counting time of 72 h.

Isolation of $^{238,239+240}$ Pu isotopes from the water sample (typically 40 l volume) is carried out on anion

Isolation of ^{236,239} + ²⁴⁰Pu isotopes from the water sample (typically 40 I volume) is carried out on anion exchange resin AV-17 (http://smoly.com.ua/silnoosnovnyiy-anionit-av-17-8) by selective sorption in the form of nitrate complexes¹⁹. Elution of plutonium from the resin is carried out with a weak solution of hydrochloric or nitric acid. Isolation of ²⁴¹Am from the samples is also performed on anion exchange resin AB-17. Elution of americium from the resin is performed with a mixture of hydrochloric acid and methanol. The sample for alphaspectrometric determination of ²⁴¹Am and Pu isotopes is prepared from the obtained solutions by the method of electrolytic deposition on a stainless-steel plate. The measurements are carried out using multi-channel alpha spectrometer α12 based on silicon ion-implanted detectors SIID-12 manufacturer Baltic Scientific Instruments.

The chemical yield of plutonium isotopes (^{238–240}Pu) was determined by adding the ²⁴²Pu label. Analyses of ²⁴¹Am utilized the ²⁴³Am label. The value of chemical yield of actinide elements for samples with different chemical composition and level activity varied from 30 to 90%. Information on certified reference solutions of radioactive labels is provided in Table 2.

The analytical error of actinide element determination is (depending on activity of water, for 40 l sample): $0.0001-0.002~Bq~l^{-1}-20-30\%;~0.002-0.008~Bq~l^{-1}-15-20\%;~>0.008~Bq~l^{-1}-<15\%.$

The MDA for ²³⁸⁻²⁴⁰Pu and ²⁴¹Am by alpha spectrometric method is 0.0005 Bq/sample with counting time of 3-7 days.

Soil sampling and analysis. The soil sampling in order to study vertical migration of radionuclides in soils of 'landscape polygons' was carried out from 1.5 (lengths) \times 0.8 (width) \times 0.5 m (depth) dug pits in soils of experimental sites. At each site soil sampling was carried out using the "envelope method" in 5 locations of a

Title (type) of reference solution	Radionuclide	Activity (as of production date), kBq	Manufacturer	Certificate
Plutonium-242 Alpha Standard Solution	²⁴² Pu-	2.3600E-01 (4.20E-02 kBq/g×5,616 g)	Eckert&Ziegler Nuclitec GmbH	CO-401853
Americium-243 Gamma Standard Solution	Am-243	3.9500E+00 7.90E-02 kBq/g×50.025 g)	(Germany)	CO-405217

Table 2. Certified reference solutions of radioactive labels used in analytical studies of actinide elements.

 $5 \text{ m} \times 5 \text{ m}$ square (in square corners and in the middle). Once pits were prepared, the soil sample collection was performed from the vertical wall of pit in each location from its bottom in upward direction. The soil sampling depth interval was 5 cm. Soil samples collected from the same depths in 5 locations were mixed to produce one composite sample, which was directed to further analyses. Soil sampling was done using a cylindrical sampler with a diameter of 50 mm. An average weight of the dry composite soil sample was 1120 g.

The gamma-spectrometric analysis of soil samples in order to estimate ¹³⁷Cs activity used the gamma-spectrometric complex Ortec-919 Spectrum Master with detectors Canberra-GC2518 and Ortec-GMX 40P4-83RB. The minimum detected activity (MDA) of these detectors is 0.5 and 1 Bq per sample respectively (for measuring time of 12 h or more).

The ⁹⁰Sr activity in soil was measured directly on collected soil samples using the beta-spectrometry method^{6,18}. Measurements were carried out using the SEB-01–150 scintillation beta-spectrometer with the AKWin software (Atom Komplex Prylad, Ukraine) (http://www.akp.com.ua/). The MDA for ⁹⁰Sr for a standard geometry sample is 2.7 Bq per sample (for exposure time 2 h).

Balance calculations of hydrologic transport of radionuclides by the Pripyat River. Calculations of yearly transport of radionuclides by the Pripyat River at the entry to CEZ (Ukrainian state border with Belarus) and at the observation point in Chernobyl Town (at the downstream edge of the 10 km zone) are based on data of regular observations of river levels, flow rates and radionuclide (90 Sr, 137 Cs) activity concentrations in river water.

Surface water sampling was carried out from boat or from ice using sampling device with the 1 l volume. Samples were taken from at least 10 vertical depth profiles evenly spaced across the width of the river. At each vertical profile two points were sampled: near the water surface (at the 20% depth of river in respective location) and near the bottom (at the 80% depth). The water flow velocity measurements were carried out simultaneously. The collected 1 l water samples were merged to produced composite sample with a volume of about 20 l, which was directed to the laboratory for analytical studies.

During low-flow seasons (summer, autumn) hydraulic parameter measurements and water sampling is carried out with frequency 2–4 times per month. During high flow events (spring floods, extreme rainfall events) sampling is carried out with 3–5-day frequency.

Dose calculations for groundwater pathway for self-settlers ('samosely'). Dose calculations for self-settlers in the Chernobyl zone from drinking water pathway are based on assumptions that 100% of drinking water supply comes from domestic wells, and that the water ingestion rate is 800 L/year 58 . The dose calculations employ the dose coefficient of 1.3E-8 Sv/Bq for 137 Cs, and 2.8E-8 Sv/Bq for 90 Sr 29 .

Data availability

All main monitoring data and other relevant data are available in the supplementary materials. Any additional data and materials are available on request from the corresponding author.

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Author contributions

D.B.: developing and implementing the concept of the article; analysis and interpretation of data, S.K.: design of monitoring network, experimental field works, monitoring data preparation and interpretation, M.AH.: analysis and interpretation of hydrogeological data, Y.K.: supporting data preparation and analysis of GIS information, J.S.: developing the concept of the article; analysis and interpretation of river monitoring data.

Competing interests

The authors declare no competing interests.

Additional information

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