# Impact of *SLC22A1* variants rs622342 and rs72552763 on HbA1c and metformin plasmatic concentration levels in patients with type 2 diabetes mellitus

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Abstract. Type 2 diabetes mellitus (T2DM) is a major global health problem. Response to first-line therapy is variable. This is partially due to interindividual variability across those genes codifying transport, metabolising, and drug activation proteins involved in first-line pharmacological treatment. Single nucleotide polymorphisms (SNPs) of genes SLC22A1, SLC22A2 and SLC22A3 affect metformin therapeutic response in patients with T2DM patients. The present study investigated allelic and genotypic frequencies of organic cation (OCT)1, OCT2, and OCT3 polymorphisms among metformin-treated patients with type 2 diabetes mellitus (T2DM). It also reports the association between clinical and genetic variables with glycated haemoglobin (HbA1c) control in 59 patients with T2DM. Patients were genotyped through real-time PCR (TaqMan assays). Metformin plasmatic levels were determined by mass spectrometry. Neither the analysis of HbA1c control by SNPs in SLC22A1, SLC22A2 and SLC22A3, nor the dominant genotypic model analysis yielded statistical significance between genotypes in polymorphisms rs72552763 (P=0.467), rs622342 (P=0.221), rs316019 (P=0.220) and rs2076828 (P=0.215). HbA1c levels were different in rs72552763 [GAT/GAT, 6.0 (5.7-6.6), GAT/del=6.5 (6.2-9.0), del/del=6.5 (6.4-6.8); P=0.022] and rs622342 [A/A=6.0 (5.8-6.5), A/C=6.4 (6.1-7.7), C/C=6.8 (6.4-9.3); P=0.009] genotypes. The dominant genotypic model found the lowest HbA1c levels in GAT/GAT (P=0.005) and A/A (P=0.010), in rs72552763 (GAT/GAT vs. GAT/del + del/del)

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and rs622342 (A/A vs. A/C + CC), respectively. There was a significant correlation between HbA1c levels and metformin dosage amongst del allele carriers in rs72552763 ( $\beta_1$ =0.14, P<0.001, r<sup>2</sup>=0.387), as opposed to GAT/GAT in rs72552763. There were no differences between HbA1c values in the test set and those predicted by machine learning models employing a simple linear regression based on metformin dosage. Therefore, rs72552763 and rs622342 polymorphisms in *SLC22A1* may affect metformin response determined by HbA1c levels in patients with T2DM. The del allele of SNP rs72552763 may serve as a metformin response biomarker.

#### Introduction

The United Nations and World Health Organization (WHO) have pointed to diabetes as the greatest health issue from a global epidemic prospect (1). Global diagnosis criteria have already been standardised between the WHO, the International Diabetes Federation (IDF) and the American Diabetes Association (ADA) (1). The 2021 edition of the International Diabetes Federation Atlas estimates that 537 million adults between 20 and 79 years of age have diabetes (10.5% prevalence), of whom 90% have type 2 diabetes mellitus (T2DM) (2). Moreover, an estimated 240 million people are undiagnosed, meaning that almost half of patients globally are not aware of their condition (2). By 2045, ~783 million people are predicted to have diabetes (12.2% prevalence) (2).

In Mexico, the National Institute for Public Health has carried out the National Health and Nutrition Survey (ENSANUT) for >25 years. According to the latest data of ENSANUT 2021 COVID 19 (3), the prevalence of diabetes was 11.1% (confidence interval 95%=9.5-12.8) in a country whose population was 128.9 million in 2020.

Glycaemic control is fundamental to treat diabetes. The United Kingdom Prospective Diabetes Study confirmed that glycaemic control significantly decreases complication rates in patients with T2DM (4). HbA1c control objective <7% (53 mmol) was associated with fewer microvascular complications in patients with type 1 and 2 diabetes, thus T2DM handling should be focused on adequate control of hyperglycaemia and other risk factors such as overweight, hypertension, and dyslipidemia (5).

Metformin is classified as a biguanide and it is considered an essential drug by the WHO. It is the first-line therapy against T2DM because of its efficacy, safety and low cost. It has a beneficial effect on HbA1c and weight reduction and it can reduce cardiovascular and death risk (4).

The primary effect of metformin is the hepatic inhibition of gluconeogenesis, however, its mechanism is still debated (6). Patients receiving a daily dose of 500-2,550 mg metformin have a plasmatic concentration of  $10-40 \,\mu\text{M}$  (6). Metformin is a positively charged hydrophilic molecule that is mainly transported by organic cations 1-3 (OCT1-3), equilibrant nucleoside transporter 4 (ENT4) and multidrug and toxin extrusions (MATEs) 1 and 2k (6,7). In the intestinal lumen, metformin is absorbed by enterocytes via ENT4 and OCT3, then it is released into the intravascular space through OCT1 and distributed across the organism. Hepatocytes absorb metformin through OCT1 and OCT3, and excrete it into bile via MATE1. Renal tubular cells absorb metformin via OCT2, excreting it in urine via MATE1, MATE2-k and OCT1 (7). Thus, metformin distribution in humans is associated with the location of these transporters, where higher concentrations of metformin are found in the liver, kidney and intestine, while lower concentrations are found in peripheral organs (6). The efficacy and toxicity of any drug are determined by its pharmacokinetic and pharmacodynamic balance. Inherent genetic variations contribute to this variability, since multiple genes encode proteins directly involved in the aforementioned pharmacological balance (8). Transporters involved in metformin pharmacokinetics and pharmacodynamics belong to the solute carrier (SLC) family. This superfamily encompasses OCTs. OCT1 is a 554 amino acid protein with a molecular weight of 61,154 Da; it is codified by gene SLC22A1, located in the long arm of chromosome 6, in region 25.3 (6q25.3), possessing a total of 12 exons (9). Like numerous other members of the SLC22 family, it has 12 helixes or transmembrane domains (TMDs), including a large extracellular loop between domains 6 and 7 (10). SLC22A1 is a highly polymorphic gene and its polymorphisms may induce altered OCT1 function, which affects metformin pharmacokinetics and response (7,11). This study aims to determine the effects of one exonic (due to direct protein changes) and one intronic polymorphism (due to possible changes in the protein translation) on HbA1c levels. The exonic polymorphism in question is rs72552763 (c.1260\_1262del), since it may represent another 3: rs35167514 (c.1258del), rs34305973 (c.1259del), and rs35191146 (c.1260del), located in exon 7, which would be found by TMD 9 in the final protein (10,12). The intronic OCT1 polymorphism is rs622342 (g.160151834), a variant which affects transcription rate decrease (13). Studying the frequency and functionality of these two polymorphisms could lead to identifying pharmacogenetic biomarkers of relevance in T2DM therapeutic response.

### Materials and methods

*Study design*. The present study was an observational, transversal, clinical and analytical trial conducted at the Hospital Regional de Alta Especialidad de Ixtapaluca, Mexico (HRAEI)

between April 2018 and April 2019. Patient histories were compiled collecting clinical and biochemical data found in their electronic records. These included age, disease duration, HbA1c levels, height, weight, BMI, blood pressure, metformin dosage, fasting glucose, cholesterol total, triglyceride and glomerular filtration rate. A peripheral venous blood sample was collected from every patient using two tubes containing ethylenediaminetetraacetic acid (EDTA). Following a fasting period of at least 8 h, blood samples were taken within 8 h after the evening's metformin dose. A 10 ml peripheral venous blood sample was extracted using EDTA vacutainer tubes. The sample was centrifuged at 400 x g for 5 min at 4°C. Plasma aliquots were collected using Eppendorf tubes and the samples were frozen at -80°C until drug determination assay.

*Patient recruitment*. Out of a previously studied sample of 103 Mexican-Mestizo patients with T2DM [diagnosed by ADA (5) and WHO criteria (14)] from HRAEI (15, Ortega), 59 (17 (28.81%) male; women=42 (71.18%), (age, men=51.00-62.00, women (46.20-61.00)] undergoing metformin monotherapy were selected for the present study.

Clinical evaluation. Patients were recruited according to the following inclusion criteria: i) Patient was undergoing metformin treatment; ii) the patient had undergone a treatment schedule comprising a stable metformin dose for at least 3 months. The clinical record and treatment characteristics of each individual were accessible via their medical file at the corresponding healthcare centre, particularly data concerning drug dosage (including hypoglycemic agents) during the aforementioned 3 month period. The medical file comprised anthropometric parameters and clinical laboratory reports performed at High-Speciality Regional Hospital of Ixtapaluca, Ixtapaluca, Mexico on a number of key biochemical variables including HbA1c via high-performance liquid chromatography (HPLC) in a Variant II Turbo 2.0 (Bio-Rad Laboratories, Inc.); fasting glucose levels, total cholesterol, low density lipoprotein (LDL), high density lipoproteins (HDL), triglycerides and creatinine by photometry in an AU480 Chemistry Analyzer (Beckman Coulter, Inc.)]. Individuals who reported chronic alcoholism, previous pancreatic pathology, renal failure, hypoglycemic treatment with insulin or insulin analogs, insufficient medical records, T1DM or voluntary withdrawal were excluded. A database was created to retrieve and analyse the information of the 103 patients. File revision was performed through random probabilistic sampling.

Genotyping procedure. Genotyping was performed as previously described (15). A peripheral 10 ml blood sample was collected from all participants in EDTA tubes, and genomic DNA was extracted from 200  $\mu$ l venous peripheral blood using UltraClean<sup>®</sup> BloodSpin<sup>®</sup> DNA isolation reagents (Mo Bio Laboratories; Qiagen, Inc.), evaluated for integrity and concentration via 1% agarose electrophoresis and spectrophotometry using NanoDrop<sup>TM</sup> 2000/2000c (Thermo Scientific, Inc.), respectively. For *SLC22A1*, *SLC22A2* and *SLC22A3*, different allelic variants were analysed by real time PCR technology using fluorescence-based TaqMan<sup>®</sup> assays on a Fast 7300 Real-Time PCR System (both Applied Biosystems; Thermo Fisher Scientific, Inc.). Reactions were performed



in a final reaction volume of 10  $\mu$ l with 30 ng genomic DNA template, 1X TaqMan® Universal PCR Master mix, 1X each probe assessed (SLC22A1: rs12208357, C\_30634096\_10; *SLC22A1*: rs2282143, C\_\_15877554\_40; *SLC22A1*: rs594709, C\_\_\_1898206\_20; SLC22A1: rs622342, C\_\_\_\_928527\_30; *SLC22A1*: rs628031, C 8709275 60; *SLC22A1*: rs683369, \_928536\_30; SLC22A1: rs72552763, C\_\_34211613\_10; С SLC22A2: rs316019, C\_\_\_3111809\_20; SLC22A3: rs2076828, C\_\_\_2763995\_1\_ and SLC22A3: rs8187725, C\_\_30633894\_10) and water. Thermocycling conditions and allelic discrimination to identify the genotypes using allelic discrimination software ABI PRISM 700 Sequence Detection System v1.0 (Applied Biosystems; Thermo Fisher Scientific, Inc.) were as previously described (15). SNP allelic and genotypic frequencies of OCT1, OCT2, and OCT3 were performed by direct counting.

Genotypic and allelic frequency analysis. Allelic frequencies were counted, and expected values were calculated for each genotype (Appendix S1). Hardy Weinberg equilibrium was calculated through  $\chi^2$  and P-value was determined through 1-pchisq( $\chi^2$ , df=1) with one degree of freedom for each of the four SNPs (rs72552763, rs622342, rs316019, and rs2076828). P>0.05 was considered to indicate a Hardy-Weinberg equilibrium.

Plasmatic metformin determination. Determinations were performed in the Clinical Pharmacology Unit of the Faculty of Medicine of the Universidad Nacional Autónoma de México (UNAM), Mexico City, Mexico. The methodology was validated in accordance with the Mexican Official Normativity NOM-177-SSA 1-2013 (16), which establishes tests and procedures to demonstrate drug interchangeability, the mandatory requirements authorised third parties must observe, which research or healthcare institutions may perform biocompatibility tests and the internal procedure of analytical methodology validation. The study adhered to international requirements established in the Standard Operating Procedure SOP-UA-05-09 'Validation of analytical methodology on special and bioavailability and/or bioequivalence studies' (17). Biological samples were analysed according to analytical methodology index card FMA-018/B, previously validated according to Mexican Official Normativity NOM-177-SSA1-2013 (16). The analytical method was selective over the quantification of both plasmatic metformin and glibenclamide, without interference of either endogenous or exogenous compounds. The employed methodology is selective, linear, precise, and exact over the assessed concentration range. For sample analysis, ultra-HPLC-mass spectroscopy in multiple reaction monitoring (20°C; flow rate 0.6 ml/min) mode was performed using an Agilent Technologies G6490A mass spectrometer. Calibration curves and controls for sample analysis were prepared using the following reference substances: Metformin hydrochloride (United States Pharmacopea batch R069H0, purity 99.7%), glibenclamide (batch R022S0, purity 99.4%), and loratadine (U.S.P. R052U0, purity 99.8%). To quantify plasmatic metformin/glibenclamide, mass/charge ratio of metformin 130.1/71.0, glibenclamide 494.0/369.0 and the internal standard loratadine 383.1/337.1 were used. A Luna PFP analytical column (2.0x100.00 mm,  $3.0 \mu$ m; Phenomenex) was used for analyte separation and determination. The isocratic elution of samples was performed using acidified ammonium formate 10 mM (A): acetonitrile 100% (B), as mobile phase. Analytes were extracted through protein extraction/precipitation: A 100  $\mu$ l aliquot was extracted from a plasma sample centrifuged at 400 x g for 5 min at 4°C and deposited into a microtube. A total of 10 µl loratadine internal standard solution (30  $\mu$ g/ml) was added. For protein precipitation, 400  $\mu$ l HPLC-grade acetonitrile was added. The tube was shaken on a multiple vortex at maximum (438 x g) speed for 1 min at room temperature. The tube was centrifuged at 20,600 x g and 4°C for 5 min. A total of 250  $\mu$ l supernatant was transferred to a 96-well plate. The injection volume on the chromatographic system was 2.0  $\mu$ l. The method was linear in the range of 20-10,000 ng/ml. Intra- and inter-day variation coefficients were <15%. In the case of metformin, recovery ranged from 89.676 to 90.731%. The association between chromatographic response and concentration on every calibration curve was adjusted by linear least squares regression for metformin. To quantify the plasmatic samples, regression was performed using Mass Hunter B.08 Quantitative Analysis software (agilent.com/en/product/software-informatics/mass-spectrometry-software/data-analysis).

Statistical analysis. Statistical analyses were conducted using R-4.2.0 language (r-project.org/). Apposite code lines were generated to programme every analysis. Kolmogorov-Smirnov or Shapiro-Wilk test was performed for the population description analysis. According to distribution, quantitative variables were analysed using either unpaired Student's t or Mann-Whitney U tests for independent groups. Data are presented as the median and standard deviation or 25 and 75 percentiles. Qualitative variables were analysed by Pearson's  $\chi^2$  test. Kruskal-Wallis test was used to conduct comparisons between >2 groups, followed by Mann-Whitney U post hoc test using the pgirmess package version 2.0.2 (R-project.org/.) pairwise.wilcox.test() command.

Simple and multiple linear regression models. Assessed variables included metformin concentration effect (ng/dl), age (years), metformin dosage (mg/kg/day) and BMI (kg/m<sup>2</sup>) with respect to HbA1c percentage (as dependent variable) in patients grouped by a dominant genotypic model. A total of eight simple and two multiple linear regression models were used.

Two linear regression machine learning models were applied to the dominant genotypic model in rs72552763 GAT/GAT (n=28) and GAT/del + del/del (n=31) groups, where atypical and influential values were assessed through Cook's distance and leverage, and three observations were eliminated. Models were constructed in R-4.2.0 (r-project.org/), where simple validation through sample.split (caTools library version 1.18.2, SplitRatio at 2/3), was used to create a training and a testing set.

By means of adjustment, a model was trained with the first set. Predicted values were obtained by adjusting the trained model with the testing set. The model was validated by graphic collinearity exploration, residue distribution via Shapiro-Wilk (shapiro.test) and graphic and numeric analysis of atypical and influential values by Cook's distance and leverage. Variance homogeneity was evaluated with Breusch-Pagan's test using

Characteristic	Male (n=17)	Female (n=42)	P-value
Age, years	59.00 (51.00-62.00)	54.50 (46.20-61.00)	0.335
Height, m	1.64±0.05	1.54±0.05	<0.001ª
Weight, kg	81.50±11.90	77.70±18.30	0.224
BMI, kg/m <sup>2</sup>	30.20±4.04	32.60±6.93	0.095
BMI classification <sup>d</sup> (%)			0.283
Normal (18.50-24.99)	0 (0.00)	4 (9.52)	
Overweight (25.00-29.99)	8 (47.05)	12 (28.57)	
Obese I (30.00-34.99)	7 (41.17)	11 (26.19)	
Obese II (35.00-39.99)	2 (11.76)	10 (23.80)	
Obese III (≥ 40.00)	0 (0.00)	5 (11.90)	
Systolic BP, mmHg	127 (119-136)	124 (110-134)	0.513
Diastolic BP, mmHg	78 (68-88)	77 (70-80)	0.906
Time since diagnosis, years	3.00 (1.00-6.00)	3.50 (1.62-8.00)	0.453
Metformin dose, mg/kg/day	19.80 (10.50-23.80)	18.4 (12.70-26.80)	0.383
Metformin dose <sup>b</sup> , mg/day (%)			0.587
500	0 (0.00)	2 (5.00)	
850	7 (43.75)	13 (32.50)	
1,700	7 (43.75)	16 (40.00)	
2,550	2 (12.50)	9 (22.50)	
Metformin concentration, ng/ml	650.00 (135.00-877.00)	263.00 (107.00-748.00)	0.375
Fasting glucose <sup>c</sup> , mg/dl	107.00 (102.00-134.00)	121.00 (100.00-187.00)	0.505
Control (<126)	13 (76.47%)	22 (53.65%)	0.186
Uncontrolled (≥126)	4 (23.53%)	19 (46.35%)	
NGSP%	6.30 (5.80-7.30)	6.40 (6.10-7.85)	
IFCC mmol/mol	45.35 (39.89-56.28)	46.45 (43.17-62.30)	0.322
Control HbA1c (<7%)	12 (70.58)	31 (73.81)	
Uncontrolled HbA1c (≥7%)	5 (29.42)	11 (26.19)	>0.999
Total cholesterol, mg/dl	165.00±32.40	179.00±41.60	0.236
Control (<200)	13 (81.25%)	28 (66.66%)	0.442
Uncontrolled (≥200)	3 (18.75%)	14 (33.33%)	
Triglyceride, mg/dl	185.00 (108.00-201.00)	195.00 (132.00-239.00)	0.333
Control (<150)	6 (42.75%)	10 (24.39%)	0.330
Uncontrolled (≥150)	8 (57.15%)	31 (75.61)	
GFR, MDRD-4, ml/min	92.80 (80.7-113.00)	94.50 (89.30-115.00)	0.933

Table I. Clinical and demographic c	haracteristics of patients v	vith type 2 diabetes mellit	us undergoing metfor	min treatment.

<sup>a</sup>P<0.05. Data missing for one <sup>b</sup>male and <sup>c</sup>female patient. <sup>d</sup>Nutritional status according to the World Health Organization. BP, blood pressure; HbA1c, glycated haemoglobin; NGSP, National Glycohemoglobin Standarization Program; IFCC, International Federation of Clinical Chemistry standardization of HbA1c; GFR, Glomerular Filtration Rate; MDRD-4, Modification of Diet in Renal Disease 4-variable version.

the bptest function from Imtest library (version 0.9-40; R-project.org/. Kruskal-Wallis inference was performed to compare HbA1c levels predicted by the model vs. the training and testing sets. P<0.05 was considered to indicate a statistically significant difference.

### Results

*Clinical and biochemical data of patients*. Out of 103 patients, 59 fulfilled the inclusion criteria. As shown in Table I, patients were grouped by sex. Significant differences were only found for height. HbA1c median was 6.30 (5.80-7.30) and 6.40 (6.10-7.85),

respectively, for male and female patients. Uncontrolled (HbA1c >7%) proportions were 29.42% for male and 26.19% for female patients; there was no significant difference.

Allelic and genotypical frequencies of the studied polymorphisms among patients with T2DM undergoing metformin treatment. Table II shows the allelic and genotypic frequencies. P-value for Hardy-Weinberg equilibrium test was >0.05 across all polymorphisms in every case, except rs622342.

HbAlc control associated with SNPs in SLC22A1, SLC22A2, and SLC22A3. The present study assessed frequency



Gene	SNP	Genotype	n	Frequency	Allele	n	Frequency	P-value
SLC22A1	rs72552763	GAT/GAT	28	0.474	GAT	78	0.661	0.197
	(c.1260_1262del)	GAT/del	22	0.372	del	40	0.338	
		del/del	9	0.152				
	rs622342	A/A	25	0.423	А	69	0.584	0.009
	(g.160572866)	A/C	19	0.322	С	49	0.415	
		C/C	15	0.254				
SLC22A2	rs316019	C/C	52	0.881	С	110	0.932	0.133
	(c.808G>T)	C/A	6	0.101	А	8	0.067	
		A/A	1	0.016				
SLC22A3	rs2076828	C/C	46	0.779	С	103	0.872	0.219
	(g.160451754)	C/G	11	0.186	G	15	0.127	
	-	G/G	2	0.033				

Table II. Allele and genotype frequency of *SLC22A1*, *SLC22A2* and *SLC22A3* polymorphisms in patients with type 2 diabetes mellitus undergoing metformin treatment.

SLC, Solute carrier; SNP, Single Nucleotide Polymorphism; del, deletion.

distribution among patients with controlled (HbA1c <7%) and uncontrolled (HbA1c  $\geq$ 7%) T2DM. Frequency distribution based on polymorphism genotype and dominant genotypic model for every SNP was assessed but no statistical significance was found (data not shown).

*Biomarker values by genotypic model*. Statistical inference across the different SNP genotypes was performed and SNPs were grouped according to an individualised genotypic model (Table III). There were significant differences in HbA1c levels associated with rs72552763 and rs622342 in *SLC22A1*; however, this result did not parallel fasting glucose levels in rs72552763 [GAT/GAT, 103.00 (100.0-133.20), GAT/del: 127.00 (106.00-195.00), del/del: 127.00 (116.00-146.00)] and rs622342 [A/A: 105.00 (102.00-133.00), A/C: 113.00 (100.00-133.00), C/C: 135.00 (118.50-205.00)]. There was a significant difference between GAT/del and CC in rs72552763 and rs622342 when respectively compared with the wild-type genotype (Table III).

Metformin plasmatic concentrations by genotype and genotypic model. Metformin plasmatic concentrations were assessed across all four polymorphisms. There were no significant differences. The dominant genotypic model assessment revealed no significant difference. There was no significant difference between SNPs in SLC22A2 and SLC22A3 regarding HbA1c levels across genotypes. Grouping by dominant genotypic model (GAT/GAT vs. GAT/del + del/del) revealed significant difference in both HbA1c (Table III) and fasting glucose levels, whilst the dominant genotypic model of rs622342 (A/A vs. A/C+C/C) revealed significant differences only in HbA1c levels, not in fasting glucose (Table III). Models applied to rs316019 and rs2076828 yielded no significant difference. In the GAT/GAT group (n=28), no variable was significantly associated with %HbA1c, but for GAT/del + del/del (n=28), metformin dosage was significantly associated with %HbA1c levels in both the simple and multiple models (Table IV; Fig. 1). Training and testing set groups were created within GAT/GAT (n=28) and GAT/del + del/del (n=31). Linear regression was conducted on every group. Cook's distance and leverage revealed three atypical and influential observations which were eliminated to prepare the final model on the del allele group (n=28). Linear regression models in the training set were subjected to the testing set, yielding predicted values for every patient group (Table V).

The model assessment detected one atypical but non-influential value in GAT/GAT, where Shapiro-Wilk residue distribution was P=0.001 and variance homogeneity was P=0.432. In GAT/del + del/del, there were detected two atypical but non-influential values and a plausible influential observation which was not eliminated due to the sample size. Residue normality and variance homogeneity were validated. Finally, central tendency and dispersion measurements of both data sets, as well as predicted values, were compared using Kruskal-Wallis test, which revealed no significance in GAT/GAT (P=0.365) or GAT/del + del/del.

#### Discussion

There are official reports which indicate an HbA1c noncontrol prevalence of ~75% among patients with T2DM (15,19); the present study reported a non-control prevalence of 29.42% among male and 26.19% among female patients; the difference was not significant. The present study reported an overall non-control prevalence of 27.11%, a lower rate compared with ENSANUT 2012 (18). ENSANUT reports consider all people with diabetes undergoing any kind of treatment, not solely metformin monotherapy. The present data suggested that the non-controlled proportion of patients receiving metformin monotherapy was lower than that reported by ENSANUT. This may be due to the median diagnosis period (3 years) in the present study, which likely reflects early disease stages. However, according to central tendency measurements,  $\geq$ 50% of the population had a BMI >30 kg/m<sup>2</sup>, which represents a

Gene	SNP	Genotype	NGSP HbA1c (%)	IFCC HbA1c, mmol/mol	P-value	Fasting glucose, mg/dl	P-value
SLC22A1	rs72552763	GAT/GAT	6.05	42.60	0.022ª	103.00	0.082
			(5.75-6.65)	(39.30-49.20)		(100.00-133.20)	
		GAT/del <sup>c</sup>	6.55	48.10		127.00	
			(6.20-9.05)	(44.30-75.40)		(106.00-195.00)	
		del/del	6.50	47.50		127.00	
			(6.40-6.80)	(46.50-50.80)		(116.00-146.00)	
	rs622342	A/A	6.00	42.10	0.009ª	105.00	0.086
			(5.80-6.50)	(39.90-47.50)		(102.00-133.00)	
		A/C	6.40	46.50		113.00	
			(6.10-7.70)	(43.20-60.70)		(100.00-133.00)	
		$C/C^{c}$	6.80	50.80		135.00	
			(6.45-9.35)	(47.00-78.70)		(118.50-205.00)	
SLC22A2	rs316019	C/C	6.40	46.50	0.609	115.00	0.313
			(5.98-7.15)	(41.80-54.60)		(101.00-140.00)	
		C/A	6.25	44.80		139.00	
			(5.90-7.65)	(41.00-60.10)		(107.50-207.20)	
		A/A	8.10	65.00		223.00	
			(8.10-8.10)	(65.00-65.00)		(223.00-223.00)	
SLC22A3	rs2076828	C/C	6.35	45.90	0.335	115.00	0.507
			(5.93-6.88)	(41.30-51.60)		(102.00-152.00)	
		C/G	6.40	46.50		107.00	
			(5.95-8.25)	(41.50-66.70)		(100.00-167.00)	
		G/G	8.65	71.00		175.00	
			(7.62-9.67)	(59.80-82.20)		(151.00-199.00)	

## B, Dominant genotype model

Gene	SNP	Genotype	NGSP HbA1c (%)	IFCC HbA1c, mmol/mol	P-value	Fasting glucose (mg/dl)	P-value
SLC22A1	rs72552763	GAT/GAT	6.05	42.62	0.005 <sup>b</sup>	103.00	0.026 <sup>b</sup>
			(5.75-6.65)	(39.34-49.18)		(100.00-133.25)	
		GAT/del +	6.50	47.54		127.00	
		del/del	(6.20-8.90)	(44.26-73.77)		(107.20-193.00)	
	rs622342	A/A	6.00.	42.08	$0.010^{b}$	105.00	0.155
			(5.80-6.50)	(39.89-47.54)		(102.00-133.00)	
		A/C + C/C	6.50	47.54		127.00	
			(6.20-8.52)	(44.26-69.67)		(104.00-187.00)	
SLC22A2	rs316019	C/C	6.40	46.45	0.888	115.00	0.210
			(5.97-7.15)	(41.80-54.64)		(101.00-140.50)	
		C/A+	6.30	45.35		157.00	
		A/A	(6.00-8.10)	(42.08-65.03)		(112.00-223.50)	
SLC22A3	rs2076828	C/C	6.35	45.90	0.355	115.00	0.815
			(5.92-6.87)	(41.26-51.64)		(102.00-152.00)	
		C/G +	6.60	48.63		121.00	
		G/G	(6.10-9.20)	(43.17-77.05)		(100.00-204.00)	

P<0.05 assessed by aKruskal-Wallis and bMann Whitney U test. P<0.05 for Mann-Whitney U test vs. wild-type. SLC, solute carrier; SNP, Single Nucleotide Polymorphism; NGSP, National Glycohemoglobin Standarization Program; HbA1c, glycated haemoglobin; IFCC, International Federation of Clinical Chemistry standardization of HbA1c.



Table IV. Linear regression in the dominant genotypical model of rs72552763 (c.1260\_1262del).

#### A, GAT/GAT carriers (n=28)

	Univariate		Multivariate	
Variable	β (95% CI)	P-value	β (95% CI)	P-value
Metformin concentration	-0.0003 (-0.0015, 0.0008)	0.549	-0.0007 (-0.0021, 0.0005)	0.229
Age	-0.0001 (-0.0494, 0.0490)	0.994	0.0036 (-0.0589, 0.0662)	0.902
Dosage BMI	0.0282 (-0.0448, 0.1012) 0.0309 (-0.0564, 0.1183)	0.435 0.472	0.0677 (-0.0366, 0.1722) 0.0581 (-0.0556, 0.1719)	0.187 0.293

#### B, GAT/del + del/del carriers (n=28)<sup>a</sup>

	Univariate		Multivariate	
Variable	β (95% CI)	P-value	β (95% CI)	P-value
Metformin concentration	0.0001 (-0.0006, 0.0010)	0.698	0.0001 (-0.0004, 0.0007)	0.642
Age	-0.0412 (-0.1101, 0.0276)	0.230	-0.0144 (-0.0807, 0.0517)	0.651
Dosage	0.1436 (0.0742, 0.2130)	<0.001 <sup>b</sup>	0.1591 (0.0820, 0.2362)	<0.001 <sup>b</sup>
BMI	0.0512 (-0.0662, 0.1687)	0.378	0.0760 (-0.0236, 0.1758)	0.326

<sup>a</sup>Atypical/influential values removed (n=3). <sup>b</sup>P<0.001.95% CI,95% Confidence interval.

Table V. Machine learning model summary.

A, GAT/GAT (n=28)			
Training set (n=18)	Testing set (n=10)	Predicted (n=10)	P-value
6.25 (5.60-6.92)	5.95 (5.82-6.07)	6.32 (6.23-6.37)	0.365
$\overline{B, GAT/del + del/del (n=28)}$			
Training set (n=18)	Testing set (n=10)	Predicted (n=10)	P-value
6.55 (6.40-8.27)	6.45 (6.12-8.55)	6.63 (6.04-7.58)	0.599
Data are described with median a	and 25-75th percentile.		

risk factor non-controlled T2DM (15,19). OCTs directly affect metformin pharmacokinetics, since they absorb, distribute and eliminate the drug (7). Moreover, genetic variations caused by polymorphisms in *SLC22A1*, *SLC22A2*, and *SLC22A3* alter metformin pharmacokinetics, affecting its hepatic action (7). Polymorphism rs72552763 in *SLC22A1*, where 3 bases (ATG) in codon 420 (p.M420del) are deleted, has been studied in Mexican populations by Reséndiz-Abarca *et al* (20) and Menjivar *et al* (21). On rs622342 Reséndiz-Abarca *et al* (20) found significant differences between genotypes AA, AC, and the minor allele CC regarding HbA1c among patients treated with metformin for <3 years. In a linear model association analysis of rs622342, adjusted by sex, age, disease duration and waist circumference, there was a significant difference associated with CC, where HbA1c value (P<0.001) increased after 12 months (20). Nonetheless, Menjívar *et al* (21) investigated rs72552763 and found no significant difference between fasting glucose (P=0.368) and HbA1c levels (P=0.181). The aforementioned study reported differences in rs72552763 genotypic frequencies in controlled vs. uncontrolled patients depending on HbA1c levels, respectively: GAT/GAT=33/107, GAT/del=19/39, and del/del=16/16, (P=0.011). These results differ from the present study, because there were no significant differences between controlled and uncontrolled patients across rs72552763 genotypes (P=0.467). The present analysis of HbA1c suggested lower levels were associated with GAT/GAT compared with the minor allele. Menjívar *et al* (21) included patients undergoing a combined treatment of metformin and glibenclamide, whereas the present study included only metformin monotherapy, similar

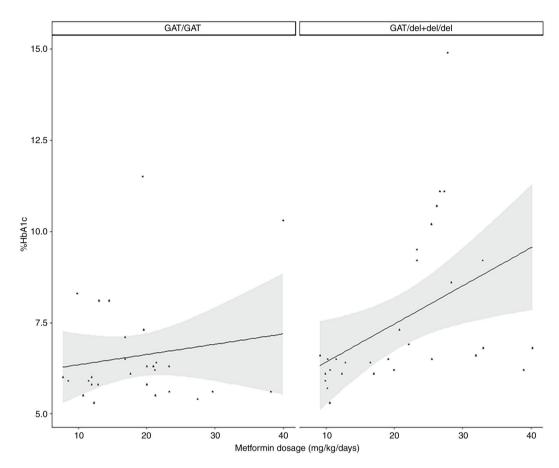


Figure 1. Linear regression models for patients grouped by dominant genotypic model of SNP rs72552763 in *SLC22A1*. GAT/GAT,  $\beta_1$ =0.02, P=0.435, r<sup>2</sup>=0.02; GAT/del + del/del,  $\beta_1$ =0.14, P<0.001, r<sup>2</sup>=0.387. Grey, confidence interval at 95% of the median predicted value (black line), HbA1c, glycated haemoglobin.

to Reséndiz-Abarca et al (20). The present results coincide with Christensen et al (22), which reported that minor alleles in SLC22A1 SNPs, including rs72552763, are associated with a lower steady-state metformin plasma concentration (P=0.001) and higher HbA1c levels (P=0.043). The present study analysed metformin plasmatic concentrations; while its median value was higher for GAT/GAT (504.04; 131.65-900.16 ng/ml), there was no significant difference compared with deletion carriers of s72552763 (236.4; 86.76-785.24 ng/ml). The Audit trail in Tayside, Scotland (23), a cohort survey including 1,531 patients treated with metformin, reported that genotypes of rs72552763 have no effect on HbA1c levels or its decrease after 42 months; however, in the aforementioned study the proportion of del/del was three times lower than in the present study (4.70 vs. 15.25%). On the other hand, in 2015 Umamaheswaran et al (24) studied patients with recently diagnosed T2DM treated with metformin monotherapy, starting at 500 mg/day, which increased to 2.5 g/day after 12 weeks. Comparison between respondent (HbA1c decrease  $\geq 0.5\%$ ) and non-respondent patients (fasting glucose >180 mg; HbA1c decrease <1% after 12 weeks) by logistic regression based on AA as the reference group found that carriers of the minor allele C presented a greater non-response risk in genotypes AC (P=0.011; OR=3.50; 1.39-8.84 95% CI) and CC (P=0.033; OR=5.60; 1.24-25.80 95% CI). A dominant genotypic model (AA vs. AC + CC), found that minor allele C confers greater non-response risk (P=0.003; OR=3.85; 1.61-9.19 95% CI). These results coincide with the present study, which found higher HbA1c levels in patients carrying the minor allele C of rs622342 in SLC22A1. Simple linear regression analysis revealed no association between metformin dosage and %HbA1c levels in patients carrying GAT/GAT of rs72552763 in SLC22A1. However, a significant correlation was found for del allele carriers (GAT/del + del/del). These results suggest that GAT/GAT patients exhibit stable %HbA1c levels when the metformin dosage increases, whereas del allele carriers exhibit high %HbA1c levels in spite of increased metformin intake. These finds concur with our previous study (15), which reported higher %HbA1c levels in patients with T2DM carrying the del allele (P=0.022). In a prospective study conducted on patients with metformin-treated T2DM from the University Clinical Centre of Sarajevo, Bosnia-Herzegovina by Dujic et al (25), the number of minor alleles of two OCT1 SNPs, including rs72552763, was associated with adverse gastroenteric reaction [OR=2.31 (IC95% 1.07-5.01), P=0.034]. Considering the aforementioned and the present results, rs72552763 minor allele carriers may require higher metformin doses to effectively regulate HbA1c levels, which fosters adverse reactions. An in vitro study of mouse hepatocytes by Shu et al (26) found that OCT1 deletion (420del) decreases metformin absorption ordinally according to the number of minor alleles in the rs72552763 genotype, which further supports the present results. The del minor allele may be associated with a lower metformin response. To the best of our knowledge, the present study is the first to combine a machine learning model with a linear regression to predict HbA1c levels (affected by



metformin daily dosage) in patients grouped according to a dominant genotypical rs72552763 model. Although there were no significant differences between the predicted data and the training and testing sets, the GAT/GAT model revealed one influential value and residual normality absence. The del allele model detected neither atypical nor influential values and residues were normally distributed, but there was variance heterogeneity, which may be a consequence of the aforementioned atypical and influential adjustment. Nevertheless, these models approach quantitative prediction of metformin-affected %HbA1c levels in a patient population studied through this genotypical model of SNP rs72552763, which is associated with uptake and response in metformin monotherapy clinically (15,25) and in vitro (26). Although the present sample size is small, the data suggested that polymorphisms of rs72552763 and rs622342 in SLC22A1 affect metformin response in patients with T2DM. Longitudinal studies in a population undergoing metformin monotherapy are necessary to observe this effect over time. While it is necessary to perform further studies using different method designs (including statistical techniques and machine learning), these findings may support personalised medicine for patients with T2DM.

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#### Availability of data and materials

The data generated in the present study are not publicly available due to legal constraints but may be requested from the corresponding author.

#### **Authors' contributions**

AOA, CBM, FDA, AL, and JAMG conceived the study, designed the methodology, analysed data and wrote the manuscript. AL and JAMG performed experiments. AOA, FDA, AL, and JAMG edited the manuscript. JAMG and AOA confirm the authenticity of all the raw data presented in this study. All authors have read and approved the final manuscript.

#### Ethics approval and consent to participate

The present study was conducted in accordance with the Declaration of Helsinki. Protocol NR-005-2016 was approved on the 8th of April, 2016 by the Research and Ethics Commissions of the Hospital Regional de Alta Especialidad de Ixtapaluca, the Secretary of Health, and the Research Division of Universidad Nacional Autónoma de México's Faculty of

Medicine (approval no. 001/SR/2016). All patients provided written informed consent to participate. No identifying information, including names, initials, date of birth, or hospital numbers, images, or statements are included in the manuscript.

#### **Patient consent for publication**

Not applicable.

#### **Competing interests**

The authors declare that they have no competing interests.

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