

## Low Cholesterol Levels Increase Symptomatic Intracranial Hemorrhage Rates After Intravenous Thrombolysis: A Multicenter Cohort Validation Study

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**Aim:** Although a lower level of non-high-density lipoprotein cholesterol (HDL-C) was reported to be inversely associated with spontaneous intracranial hemorrhage (ICH), no enough evidence has verified whether lipid profiles modify hemorrhagic transformation and functional outcomes in patients with acute ischemic treated with thrombolysis.

**Methods:** This multicenter cohort study included 2373 patients with acute ischemic stroke treated with intravenous thrombolysis between December 2004 and December 2016. Of these, 1845 patients were categorized into either the hyperlipidemia or non-hyperlipidemia group. Symptomatic ICH (SICH) rates within 24–36 h of thrombolytic onset and functional outcomes at 30 and 90 days were longitudinally surveyed. Models of predicting hemorrhagic transformation were used to validate our findings.

**Results:** For enrolled 1845 patients, SICH rates were  $\geq 2$ -fold reduced for the hyperlipidemia group by the NINDS (adjusted RR: 0.488 [0.281–0.846],  $p=0.0106$ ), the ECASS II (adjusted RR: 0.318 [0.130–0.776],  $p=0.0119$ ), and SITS-MOST standards (adjusted RR: 0.214 [0.048–0.957],  $p=0.0437$ ). The favorable functional rates between the two groups were not significantly different. Lower levels of LDL-C were showed in robust association with SICH. With a cut-off LDL-C value of  $< 130$  mg/dL, new models are more robust and significant in predicting hemorrhagic transformation within 24–36 h.

**Conclusions:** This study supports the strong association between reduced LDL-C and increased SICH, but not for functional outcomes in patients with acute ischemic stroke treated with intravenous thrombolysis. LDL-C level of  $< 130$  mg/dL is supposed to a candidate marker for predicting SICH within 24–36 h.

**Key words:** Stroke, Cholesterol, Low-density lipoprotein cholesterol (LDL-C), Thrombolysis, Intracranial hemorrhage

## Introduction

The level of non-high-density lipoproteins (non-HDL-C) was recognized as a possible modifying factor of intracranial hemorrhage in the multinational INTERSTROKE case-control study<sup>1</sup>. Later, several studies found decreased total or low-density cholesterol (LDL-C) as the candidate risk factor for spontaneous intracranial hemorrhage<sup>2-4</sup>. A 2007 study with a small sample of 104 patients provided the first evidence supporting the association between cholesterol levels and hemorrhagic transformation after intravenous (IV) thrombolysis for acute ischemic stroke<sup>5</sup>. Nevertheless, later studies on similar topics reported inconsistent results<sup>5-10</sup>. These studies were possibly limited by their smaller sample sizes (enrolling fewer than 500 patients)<sup>5-7,10</sup>, retrospective design<sup>5-8,10</sup>, and missing lipid profiles in a substantial portion of patients<sup>9</sup>. By contrast, none of the studies determined as to how much a lower level of cholesterol contributed to the increase in symptomatic intracranial hemorrhage (SICH)<sup>5</sup> or conducted a longitudinal research on changes in the functional status in these patients. Thus, the association between decreased cholesterol levels and increased hemorrhagic transformation for acute ischemic stroke treated with IV thrombolysis is yet to be elucidated<sup>7,11,12</sup>.

The Taiwan Thrombolytic Therapy for Acute Ischemic Stroke (TTT-AIS) registry is a nationwide cohort in Taiwan and contains longitudinal follow-up data with each patient's clinical and laboratory characteristics for 90 days<sup>13,14</sup>. We sought to determine whether lipid profiles (1) modified the incidence of hemorrhagic transformation at 24–36 h, and (2) altered the functional status changes in patients with acute ischemic stroke patients treated with IV thrombolysis among ethnic Chinese (i.e., Taiwanese).

## Methods

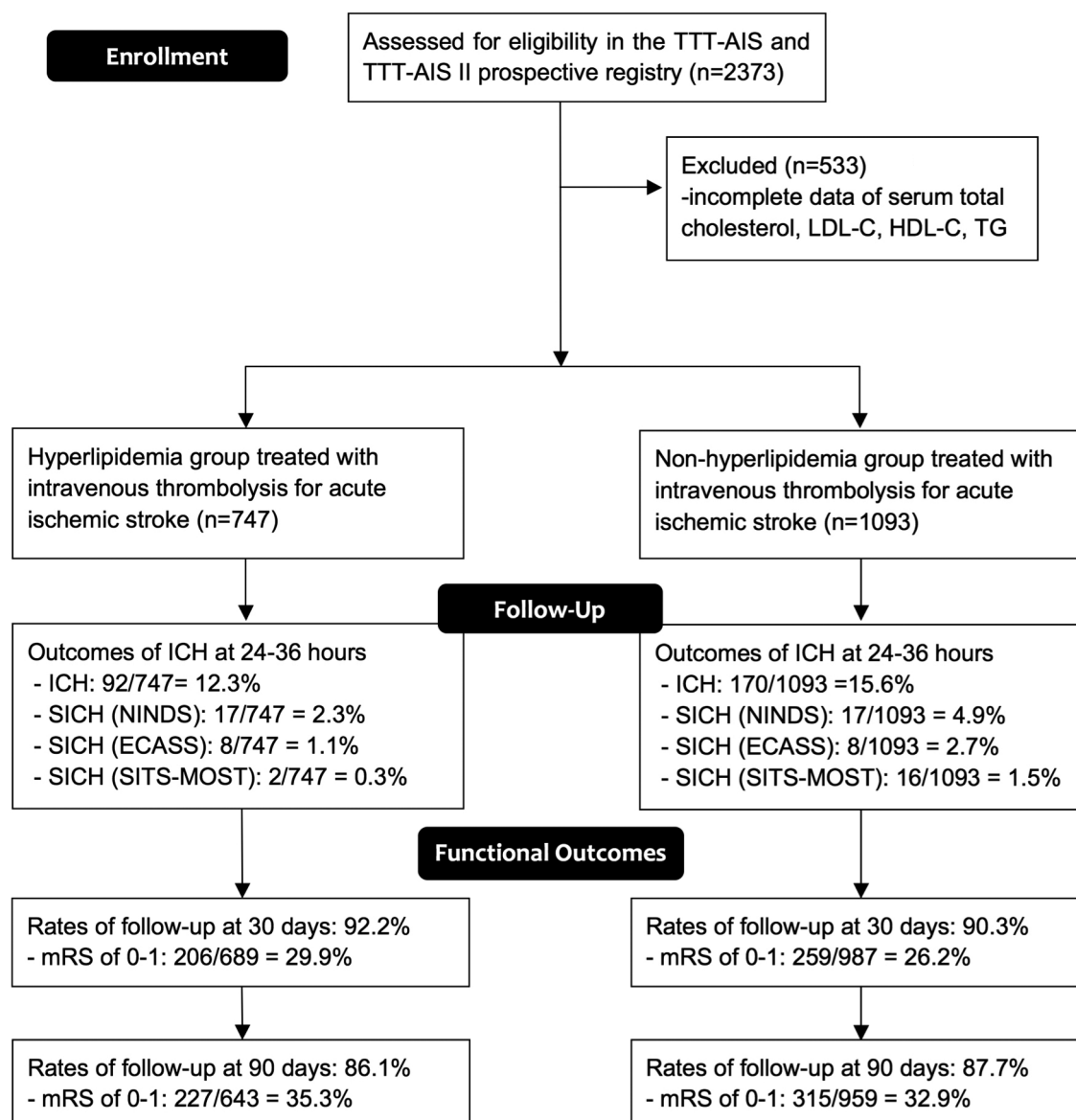
### Design and Participants

This multicenter cohort study included 30 hospitals in Taiwan, and the data were prospectively collected and registered in the TTT-AIS registry system. For patients with acute ischemic stroke, IV alteplase was adopted as the thrombolytic regimen at arrival within 3 h of stroke onset. Eligible patients fulfilled the inclusion criteria of (1) treatment with IV thrombolysis adhering to the National Institute for Neurological Disorders (NINDS) standard<sup>15</sup> and (2) mea-

surement of total cholesterol, LDL-C, HDL-C, and triglycerides (TG) in a fasting state (measured during 24–72 h following IV alteplase administration). Exclusion criteria for IV thrombolysis referred to the SITS-MOST study standard<sup>16</sup>. All enrolled patients with acute ischemic stroke underwent brain computed tomography (CT) on arrival at the emergency department, and another routine repeat brain CT was conducted within 24–36 h post IV thrombolysis. Baseline demographic data including age, sex, weight, history of hypertension, diabetes mellitus, hyperlipidemia, coronary artery disease, atrial fibrillation, alcohol consumption, blood pressure on arrival, use of antiplatelet and anticoagulant medications, baseline National Institutes of Health Stroke Scale (NIHSS) score, the alteplase dose, and time from stroke onset to IV thrombolysis were retrieved by investigators. Patients with a capacity of will signed the informed consent themselves, whereas it was signed by legal surrogate in case of patients without a capacity of will. This study was approved by the institutional review board of Kaohsiung Medical University Hospital.

### Outcomes Measures

Regarding primary and secondary objectives, we evaluated the relationship between SICH and lipid profiles in two ways: (1) groups of hyperlipidemia and non-hyperlipidemia (the hyperlipidemia group was defined as total cholesterol of  $\geq 200$  mg/dL or LDL-C of  $\geq 130$  mg/dL or TG of  $\geq 200$  mg/dL) and (2) total cholesterol, LDL-C, HDL-C, and TG as continuous variables (mg/dL). Patients were longitudinally surveyed at 30 and 90 days for functional outcome measurement. The modified Rankin Scale (mRS) of 0–1 or 0–2 was defined as favorable functional outcomes<sup>17</sup>. SICH was defined by three criteria: (1) the National Institute of Neurological Disorders (NINDS) study standard in which any intracranial hemorrhage with deterioration of NIHSS scores of  $\geq 1$  or death within 36 h<sup>15</sup>, (2) the European Cooperative Acute Stroke Study (ECASS) II standards in which any apparently extravascular blood in the cranium with deterioration of NIHSS scores of  $\geq 4$  or led to death<sup>18</sup>, and (3) the SITS-MOST standards in which a type 2 parenchymal hemorrhage (a local or remote parenchymal intracranial hemorrhage exceeding 30% of the infarct) with clinical deterioration of NIHSS scores of  $\geq 4$  or death within 36 h<sup>16</sup>.



**Fig. 1.** The flow diagram of the research. Patients were followed up at 24–36 for intracranial hemorrhage outcomes, and at 30 and 90 days for functional outcomes.

### Validation Study

As a separate part of the study, we verified which lipid profile was a candidate marker for predicting SICH. In the current systems, there were seven validated risk-scoring models available for us to predict hemorrhagic transformation for acute ischemic stroke treated with IV thrombolysis. The candidate lipid profile was then incorporated into the original risk-scoring models, which in succession became the new model. We certified a lipid profile that was in actual association with SICH by contrasting the original and new risk-scoring models (when new models had significantly better diagnostic ability than the original

one). These risk-scoring systems contained the Hemorrhage After Thrombolysis (HAT) score<sup>19)</sup>, the Safe Implementation of Thrombolysis in Stroke (SITS-SICH) score<sup>20)</sup>, the Cucchiara score<sup>21)</sup>, the blood Sugar, Early infarct signs and hyperDense cerebral artery sign, Age, and NIHSS (SEDAN) score<sup>22)</sup>, the Stroke Prognostication using Age and National Institutes of Health Stroke Scale and-100 (SPAN-100) index<sup>23)</sup>, the Glucose Race Age Sex Pressure Stroke Severity (GRASPS) score<sup>24)</sup>, and the Total Health Risks in Vascular Events (THRIVE) score<sup>25)</sup> (**Supplemental Table 1**). As a separate part of the study, we investigated the subcohort of possibly statin-naive patients. Because the

**Table 1.** Demographic Characteristics of Patients with and without Hyperlipidemia

Variable	Hyperlipidemia (N = 747)	No hyperlipidemia (N = 1093)	<i>p</i> value
Age (years)	67.1 ± 12.3	69.8 ± 13.3	< 0.0001*
Female sex; <i>n</i> (%)	278 (37.2%)	388 (35.5%)	0.4517
Lipids (mg/dL)			
Total cholesterol	219.1 ± 37.9	156.5 ± 25.6	< 0.0001*
LDL-C	142.4 ± 36.8	91.1 ± 24.4	< 0.0001*
HDL-C	45.3 ± 35.2	46.7 ± 21.5	0.3296
TG	162.5 ± 110.6	93.0 ± 38.3	< 0.0001*
Body weight (kg)	66.4 ± 13.1	64.6 ± 12.7	0.0061*
Medical history; <i>n</i> /total <i>N</i> (%)			
Hypertension	547/747 (73.2%)	786/1093 (71.9%)	0.5356
Diabetes mellitus	237/747 (31.7%)	314/1093 (28.7%)	0.1679
Coronary artery disease	88/747 (11.8%)	142/1093 (13.0%)	0.4404
Atrial fibrillations	272/618 (44.0%)	524/933 (56.2%)	< 0.0001*
Alcoholism; <i>n</i> /total <i>N</i> (%)	65/747 (8.7%)	79/1093 (7.2%)	0.2478
NIHSS on arrival	12.9 ± 7.6	13.8 ± 6.8	0.0064*
Mean of Alteplase dose (mg/kg)	0.81 ± 0.13	0.79 ± 0.14	0.0009*
Groups of Alteplase dosage			0.0002*
Standard dose (0.9 mg/kg)	408/747 (54.6%)	501/1093 (45.8%)	
Low dose (< 0.9 mg/kg)	339/747 (45.4%)	592/1093 (54.2%)	
Blood pressure on arrival			
Systolic blood pressure (mmHg)	164.4 ± 31.1	157.6 ± 29.6	< 0.0001*
Diastolic blood pressure (mmHg)	93.1 ± 19.8	89.8 ± 19.4	0.0006
Time to treatment (min)	132.7 ± 46.7	131.7 ± 46.7	0.6452
Antithrombotic medications			
Aspirin	79/506 (15.6%)	164/739 (22.2%)	0.0040*
Clopidogrel	21/506 (4.2%)	33/739 (4.5%)	0.7885
Ticlopidine	6/506 (1.2%)	12/739 (1.6%)	0.5248
Warfarin	19/506 (3.8%)	31/739 (4.2%)	0.6978

HDL-C, high density lipoprotein-cholesterol; LDL-C, low density lipoprotein-cholesterol; NIHSS, National Institutes of Health Stroke Scale; TG, Triglycerides. Continuous variables are expressed as the mean ± standard deviation. \* Statistically significant at  $p < 0.05$ .

Taiwan National Health Insurance (TNHI) system had strict payment rule for statin, the subcohort was defined as exclusion of the TNHI rule (LDL-C of  $\geq 130$  mg/dL or total cholesterol of  $\geq 200$  mg/dL with diabetes mellitus or more than one of the following cardiovascular risk factors: HDL of  $< 40$  mg/dL, hypertension, male patient aged  $\geq 40$  years, female menopausal patient aged  $\geq 55$  years, or smoking). These results are shown in [Supplemental Fig. 3](#) and [Table 4](#).

### Statistical Analysis

To compare the two groups, Student *t*-test was used for continuous variables and Chi-squared test was used for categorical variables. For outcomes measures, Poisson regression model was used to determine the relative risk (RR) of SICH in the 24–36 h of interval and Binomial regression model was used to evaluate the RR for the functional outcomes at 30 and

90 days. The multivariate regressions were applied to adjust the significantly imbalanced covariates between the hyperlipidemia and non-hyperlipidemia groups. However, covariates of the antithrombotic medications were not adjusted because of missing values in most subjects. In the validation study, receiver of operating characteristics (ROC) curves were conducted to examine the diagnostic ability of each model. The Hosmer–Lemeshow test was used to examine the model of fitness (good fitness of the model was defined as  $p > 0.05$ ). The integrated discriminatory improvement (IDI) test was used to compare the predictive ability between the original and new models<sup>26, 27</sup>. Statistical significance was set at a *p* value of  $< 0.05$ . All analyses were performed using SAS 9.4 software (SAS Institute, Cary, NC, USA).

**Table 2.** Analysis of the Risk of Symptomatic Intracranial Hemorrhage (SICH) for the Two Cohorts at 24–36 h

Variable	Hyperlipidemia	Non-hyperlipidemia	RR (95% CI)	<i>p</i> value	Adjusted RR (95% CI) <sup>†</sup>	<i>p</i> value
SICH at 24–36 hrs						
by NINDS standard	17/747 (2.28%)	53/1093 (4.85%)	0.469 (0.274–0.804)	0.0059	0.509 (0.277–0.933)	0.0290*
by ECASS II standard	8/747 (1.07%)	30/1093 (2.74%)	0.390 (0.179–0.851)	0.0180*	0.318 (0.130–0.777)	0.0119*
by SITS-MOST standard	2/747 (0.27%)	16/1093 (1.46%)	0.183 (0.042–0.795)	0.0235*	0.216 (0.048–0.966)	0.0450*
Functional outcomes at 30 days						
mRS of 0-1	206/689 (29.9%)	259/987 (26.2%)	1.052 (0.990–1.119)	0.1042	0.990 (0.860–1.141)	0.8936
mRS of 0-2	283/689 (41.1%)	375/987 (38.0%)	1.052 (0.972–1.139)	0.2073	0.998 (0.855–1.164)	0.9782
Functional outcomes at 90 days						
mRS of 0-1	227/643 (35.3%)	315/959 (32.9%)	1.038 (0.966–1.116)	0.3120	0.962 (0.839–1.104)	0.5815
mRS of 0-2	343/643 (53.3%)	530/959 (55.3%)	1.036 (0.945–1.136)	0.4508	0.957 (0.805–1.138)	0.6207

CI, confidence interval; NINDS, National Institute of Neurological Disorders and Stroke; RR relative risk; SITS-MOST, Safe Implementation of Thrombolysis in Stroke-Monitoring Study; TG, Triglycerides. \* Statistically significant at  $p < 0.05$ . <sup>†</sup> Poisson regression was adjusted for age, weight, atrial fibrillation, baseline NIHSS, and dose of alteplase.

## Results

### Baseline Demographic Characteristics

A total of 2373 patients with acute ischemic stroke who completed the IV thrombolysis treatment between December 1, 2004 and December 31, 2016 were registered in TTT-AIS I and II systems (Fig. 1). Complete lipid profile data in a fasting state were measured in 1845 patients following admission (Table 1). The hyperlipidemia cohort included 747 patients, and the non-hyperlipidemia cohort included 1093 patients. The non-hyperlipidemia group was more likely to include older patients, those with a comorbidity of atrial fibrillation, those using aspirin, those with higher baseline NIHSS scores, and those using low-dose alteplase. The hyperlipidemia group consisted of more patients with higher systolic and diastolic blood pressure at arrival. There were no significant differences in the sex distribution; comorbidities of hypertension, diabetes mellitus, coronary artery disease, and alcoholism; or time from stroke onset to IV thrombolysis between the two groups.

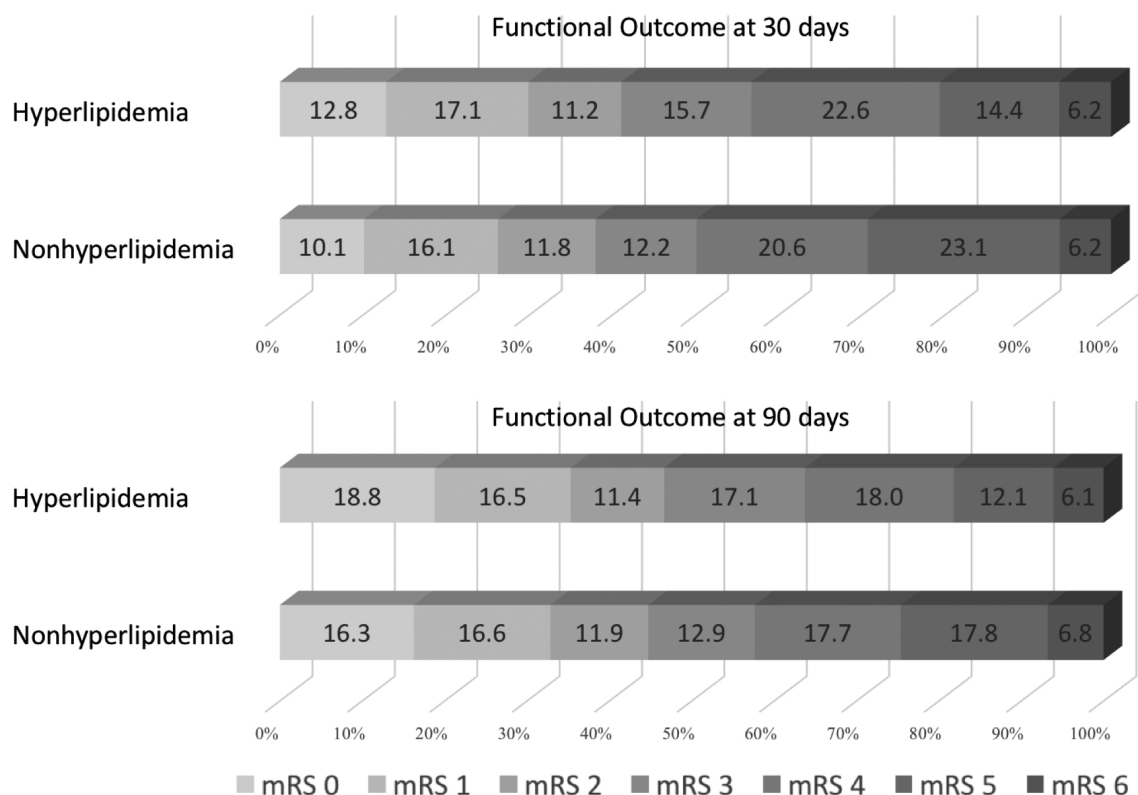
### Primary Objective (Hyperlipidemia vs Non-Hyperlipidemia Group)

The rates of any intracranial hemorrhage (ICH) were 12.3% and 15.6% for hyperlipidemia and non-hyperlipidemia groups, respectively (Fig. 1). Rates of SICH for hyperlipidemia and non-hyperlipidemia groups according to the NINDS, ECASS II, and SITS-MOST standards are shown in Table 2. The hyperlipidemia group had a significantly reduced incidence rate of SICH than the non-hyperlipidemia group by the NINDS standard (2.28% vs 4.85%; adjusted RR, 0.509; 95% CI, 0.277–0.933;  $p = 0.0290$ ), the ECASS

II standard (1.07% vs 2.74%; adjusted RR, 0.318; 95% CI, 0.130–0.777;  $p = 0.0119$ ), and the SITS-MOST standard (0.27% vs 1.46%; adjusted RR, 0.216; 95% CI, 0.048–0.966;  $p = 0.0119$ ). The continuing survey showed that the hyperlipidemia group had more patients who attained favorable functional outcomes (mRS of 0–1) than the non-hyperlipidemia group at 30 days (29.9% vs 26.2%; adjusted RR, 0.990; 95% CI, 0.860–1.141;  $p = 0.8963$ ) and 90 days (35.3% vs 32.9%; adjusted RR, 0.962; 95% CI, 0.839–1.104;  $p = 0.5815$ ). There was no significance difference for obtaining the favorable functional outcomes between the two groups (Fig. 2).

### Secondary Objective (Each Lipid Profile)

The association between SICH and each lipid profile is shown in Table 3. Increasing total cholesterol and TG levels decreased the risk of developing SICH, but they showed solitary significance in the ECASS II standard (adjusted RR, 0.908 per 10 mg/dL; 95% CI, 0.830–0.992;  $p = 0.0331$ ) and the SITS-MOST (adjusted RR, 0.837 per 10 mg/dL; 95% CI, 0.722–0.970;  $p = 0.0331$ ), respectively. By contrast, only LDL-C showed a significant association with all SICH standards—the NINDS standard (adjusted RR, 0.912 per 10 mg/dL; 95% CI, 0.848–0.982;  $p = 0.0145$ ), the ECASS II standard (adjusted RR, 0.823 per 10 mg/dL; 95% CI, 0.742–0.913;  $p = 0.0002$ ), and the SITS-MOST standard (adjusted RR, 0.846 per 10 mg/dL; 95% CI, 0.724–0.989;  $p = 0.0358$ ). The increased HDL-C level manifested an increased risk of SICH, but it was exclusively significant for the ECASS II standard (adjusted RR, 0.837 per 10 mg/dL; 95% CI, 0.722–0.970;  $p = 0.0182$ ).



**Fig. 2.** The distribution of functional outcomes at 30 and 90 days.

### Validation Study

LDL-C, which exhibited the most robust association with SICH in our study, was incorporated into all of our available and validated hemorrhagic transformation predicting models in two ways: continuous level and discrete points. To obtain a higher sensitivity, we determined a cut-off of LDL-C of 100–130 mg/dL as a point of 1, and LDL-C < 100 mg/dL as a point of 2. For the new models with LDL-C as continuous levels, all the models showed significantly exceeding improvement in diagnostic ability. The ROC contrast results were all significant as well ([Supplemental Table 2](#)). In addition, the diagnostic ability of all models improved on adding the LDL-C discrete points, and most of them were effective in model stability and fitness ([Supplemental Table 3](#)). By applying the new models, our patients had better predictability of SICH in the NINDS standard ([Fig. 3](#)), the ECASS II standard ([Supplemental Fig. 1](#)), and STIS-MOST standard ([Supplemental Fig. 2](#)).

### Discussion

In this investigation, hyperlipidemia had a robust protective effect on the development of SICH among patients with acute ischemic stroke treated with IV

thrombolysis, but not for the favorable functional outcomes at 30 and 90 days. The study confirmed that the association between the lipid profile and SICH was mostly attributable to LDL-C, and a level of LDL-C < 130 mg/dL had the greatest significant association with increased SICH.

In our cohorts, the ICH and SICH rates varied according to the NINDS, ECASS II, and SITS-MOST. Because the SITS-MOST standard had the most conservative definition, the SICH rates were markedly reduced in the hyperlipidemia and non-hyperlipidemia groups (0.27% and 1.46%, respectively). This was comparable to previous literature<sup>13, 14</sup> and also reflected real-world data among Asian population. Moreover, our cohorts had high follow-up rates in both groups (92.2% and 90.4%, respectively, at 30 days; 86.1% and 87.7%, respectively, at 90 days). These high follow-up rates should strengthen our research by avoiding the selection bias.

In the validation section, we confirmed LDL-C had high diagnostic ability in predicting hemorrhagic transformation. Each of the modified risk scoring model implementing LDL-C variable had higher ROC statistics (the area under curve) in predicting SICH and maintained stable goodness of fit. The modified models in a way of LDL-C discrete points also exempted

**Table 3.** Analysis of the Risk of Symptomatic Intracranial Hemorrhage (SICH) for Each Lipid Profile.

Variable	RR (95% CI)	<i>p</i> value	Adjusted RR (95% CI) <sup>†</sup>	<i>p</i> value
Total cholesterol (per 10 mg/dl increase)				
SICH by NINDS	0.947 (0.895–1.002)	0.0603	0.956 (0.896–1.021)	0.1797
SICH by ECASS II	0.937 (0.867–1.013)	0.0999	0.908 (0.830–0.992)	0.0331*
SICH by SITS-MOST	0.895 (0.798–1.004)	0.0588	0.919 (0.766–1.102)	0.3623
LDL-C (per 10 mg/dl increase)				
SICH by NINDS	0.907 (0.852–0.967)	0.0026*	0.912 (0.848–0.982)	0.0145*
SICH by ECASS II	0.874 (0.801–0.954)	0.0026*	0.823 (0.742–0.913)	0.0002*
SICH by SITS-MOST	0.881 (0.776–0.999)	0.0493*	0.846 (0.724–0.989)	0.0358*
HDL-C (per 10 mg/dl increase)				
SICH by NINDS	1.077 (1.013–1.144)	0.0171*	1.064 (0.992–1.140)	0.0826
SICH by ECASS II	1.087 (1.005–1.175)	0.0171*	1.085 (1.005–1.171)	0.0379
SICH by SITS-MOST	1.053 (0.921–1.207)	0.4453	1.045 (0.910–1.200)	0.5311
TG (per 10 mg/dl increase)				
SICH by NINDS	0.957 (0.916–0.999)	0.0465*	0.976 (0.932–1.023)	0.3076
SICH by ECASS II	0.981 (0.934–1.031)	0.4533	0.977 (0.922–1.036)	0.4389
SICH by SITS-MOST	0.904 (0.809–1.091)	0.0719	0.837 (0.722–0.970)	0.0182*

HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; NINDS, National Institute of Neurological Disorders and Stroke; RR, relative risk, CI, confidence interval; SITS-MOST, Safe Implementation of Thrombolysis in Stroke-Monitoring Study; TG, triglycerides. \*Statistically significant at  $p < 0.05$ . <sup>†</sup>Poisson regression adjusted for age, weight, atrial fibrillation, baseline NIHSS, and dose of alteplase.

from the doubt of increasing diagnostic ability by adding another variable. For an example, the discrete points models of HAT score synthesized all scoring variables (including the LDL-C) into single value in a range from 0, 1, 2,  $\geq 3$  which called as total score. Only the total score was used as the independent variable in these modified models. These modified models verified our judgment and raised the practical ability (Fig. 3, Supplemental Figs. 1 and 2).

From earlier studies such as the INTERSTROKE study, we recognized that non-HDL-C was possibly connected with spontaneous ICH occurrence. Our study showed that increased TG may be protective, but it was only significant in the SITS-MOST standard. Referred to the previous literature of TG, which showed inconsistent results<sup>28-32</sup>, we supposed TG was not a reliable marker for hemorrhagic transformation. For increased HDL-C level, our results showed a paradoxically raised risk of hemorrhagic transformation despite only significant in the ECASS II standard. The relevant studies showed a similar trend for HDL-C<sup>29, 30, 33, 34</sup>, but most of their results were not significant like our study results. Regarding LDL-C, a recent study proposed that admission ICH volume in cube root was inversely proportional to admission LDL-C levels<sup>35</sup>. We considered that low LDL-C may modify the SICH through increasing ICH volume expansion, but all lipid profiles did not effectively alter the long-term outcomes. This warrants further studies.

The distinctive strengths of our study are (1) a longitudinal cohort study design with a large sample size of patients treated with a thrombolytic agent in comparison to previous studies, (2) determination of how much a lower level of LDL-C contributed to increase hemorrhagic transformation of SICH, (3) a solid definition of SICH by the NINDS, ECASS II, and SITS-MOST standards, (4) a validation study to substantiate our findings, and (5) a proper statistical estimation. We adopted the Poisson regression instead of logistic regression model because the former produces a more unbiased estimate when adjusting for confounders<sup>36, 37</sup> and our prime data fulfilled the assumption of the Poisson regression (the count of SICH events was rare and the sample size of enrolled patients was large).

This study has some limitations. First, the TTT-AIS registry<sup>13, 14</sup> has no exact information on whether patients treated with a thrombolytic agent took statins. However, we may identify the patients who were possibly statin-naïve because the TNHI system had strict payment rule for statin and covered all residents in Taiwan. Although we cannot thoroughly discuss the interaction with statins, we found that these possibly statin-naïve patients still had an increased association between low LDL-C and SICH (Supplemental Fig. 3 and Supplemental Table 4). Second, the TTT-AIS registry<sup>13, 14</sup> had not enrolled patients treated with intra-arterial thrombectomy. The TTT-AIS was launched in 2004 at that time the intra-arterial thrombectomy

## Validation Study with adding LDL-C for Current Risk-Scoring Systems for predicting hemorrhagic transformation



- Horizontal Axis: the score of each risk-scoring system
- Vertical Axis: the number of patients who developed hemorrhagic transformation by the NINDS standard

**Fig. 3.** Validation study with adding discrete LDL-C scores as the new model. All of the new models (gray bar) were more accurate in predicting SICH by the NINDS standard.

technique had not been introduced in Taiwan. Third, the TTT-AIS registry had no nutrient-related information. Nonetheless, our results should stay free from the doubt of malnutrition influence. Compared to the neighboring Asian countries, the National Health and Nutrition Examination Survey (NHANES)<sup>38</sup> in Taiwan reported that our population had the highest average number of body mass index and metabolic syndrome, and the prevalence of obesity was also proportional to increasing age. These also highlight the importance of this research investigating the association between thrombolytic outcomes and lipid profiles.

In conclusion, this study supports an association between reduced lipid profiles and increased SICH among patients with acute ischemic stroke treated with IV thrombolysis. LDL-C level of < 130 mg/dL is a candidate marker indicating increased SICH after IV thrombolysis.

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of data. S.F.L wrote the first draft of the article.

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### Conflicts of Interests

The authors have no conflicts of interests to declare.

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**Supplemental Table 1.** The Risk-scoring Models Used in Validation Study.

Model	Variables Needed	Cut-off values (points obtained for each item)	Original Definition of SICH
HAT score <sup>1</sup>	NIHSS,  Glucose >200 mg/dl or Diabetes mellitus, Hypodensity on CT	15-20 (1), >20 (2), yes (1),  < 1/3 of MCA territory (1), ≥ 1/3 of MCA territory (2),	NINDS
SITS-SICH score <sup>2</sup>	Age, NIHSS,  Glucose, Systolic blood pressure, Weight, Onset to thrombolytic time, Aspirin monotherapy, Aspirin + clopidogrel, Hypertension,	≥72 (1), 7-12 (1), ≥ 13 (2), ≥ 180 mg/dl (2), ≥ 146 mmHg (1), ≥95 kg (1), ≥ 180 min (1), yes (2), yes (3), yes (1),	SITS-MOST
Cucchiara Score <sup>3</sup>	Age, NIHSS, Glucose, Platelet count,	> 60 (1), > 10 (1), > 150 mg/dl (1), < 150,000/mm <sup>3</sup> (1)	NINDS
SEDAN Score <sup>4</sup>	Glucose,  Early infarct on CT Dense cerebral artery sign on CT, Age, NIHSS,	145-216 mg/dl (1), > 216 mg/dl (2) yes (1)  yes (1), > 75 (1), ≥ 10 (1),	ECASS II
SPAN-100 index <sup>5</sup>	Age + NIHSS	≥ 100 (1)	NINDS
GRASP score <sup>6</sup>	Age,  NIHSS,  Glucose,  Systolic blood pressure,  Ethnicity,  Gender	≤60 (8), 61-70 (11), 71-80 (15), >80 (17), 0-5 (20), 6-10 (27), 11-15 (34), 16-20 (40), >20 (42), < 100 (2) 100-149 (6), ≥ 150 (8) < 120 (10), 120-149 (14), 150-179 (18), ≥ 180 (21), Asian (9), Non-Asian (0), Male (4), Female (0),	NINDS
THRIVE score <sup>7</sup>	Age,  NIHSS,  Hypertension, Diabetes mellitus, Atrial fibrillation,	60-79 (1), ≥80 (2), 11-20 (2), ≥21 (4), yes (1), yes (1), yes (1),	

ECASS II, the European Cooperative Acute Stroke Study II; GRASPS, the Glucose Race Age Sex Pressure Stroke Severity study; HAT, the Hemorrhage After Thrombolysis study; MCA, middle cerebral artery; NINDS, the National Institute of Neurological Disorders and Stroke study; SEDAN, the blood Sugar, Early infarct signs and hyperDense cerebral artery sign, Age, and NIHSS; SICH, symptomatic intracerebral hemorrhage; SPAN-100, the Stroke Prognostication using Age and National Institutes of Health Stroke Scale and-100 index.

**Supplemental Table 2.** The Original and New Models with LDL variable (continuous) for Predicting Symptomatic Intracranial Hemorrhage.

	Model Odds Ratio (per score change)	<i>P</i> value	LDL Odds Ratio (per mg/dL change)	<i>P</i> value	ROC <i>c</i> statistics	IDI (%)	<i>P</i> value	Hosmer-Lemeshow statistics ( $\chi^2$ )	<i>P</i> value
Original Models by the NINDS Standard									
HAT	1.739 (1.427–2.120)	<0.0001*	–	–	0.6575	–	–	0.153 (4 groups)	0.9265
SITS-SICH	1.312 (1.179–1.461)	<0.0001*	–	–	0.6310	–	–	4.259 (7 groups)	0.5128
Cucchiara	1.750 (1.375–2.227)	<0.0001*	–	–	0.6358	–	–	2.596 (4 groups)	0.2731
SEDAN	1.599 (1.334–1.917)	<0.0001*	–	–	0.6521	–	–	3.338 (5 groups)	0.3424
SPAN-100	2.147 (1.308–3.525)	0.0025*	–	–	0.5567	–	–	–	–
GRASPS	1.074 (1.047–1.102)	<0.0001*	–	–	0.6698	–	–	6.995 (9 groups)	0.4294
THRIVE	1.299 (1.162–1.453)	<0.0001*	–	–	0.6392	–	–	2.338 (7 groups)	0.8007
New model with LDL-C by the NINDS Standard									
HAT	1.740 (1.404–2.157)	<0.0001*	0.990 (0.984–0.997)	0.0023*	0.6850	0.707	0.0034*	2.723 (10 groups)	0.9505
SITS-SICH	1.319 (1.172–1.484)	<0.0001*	0.990 (0.984–0.997)	0.0023*	0.6701	0.691	0.0100*	11.856 (10 groups)	0.1578
Cucchiara	1.956 (1.504–2.545)	<0.0001*	0.990 (0.984–0.997)	0.0023*	0.6842	0.904	0.0003*	3.308 (10 groups)	0.9136
SEDAN	1.664 (1.364–2.031)	<0.0001*	0.990 (0.984–0.997)	0.0023*	0.7040	0.817	0.0018*	20.615 (10 groups)	0.0082*
SPAN-100	2.498 (1.472–4.241)	0.0007*	0.990 (0.984–0.997)	0.0023*	0.6369	0.775	0.0006*	13.589 (10 groups)	0.0931
GRASPS	1.074 (1.043–1.105)	<0.0001*	0.990 (0.984–0.996)	0.0020*	0.6873	0.626	0.0087*	5.629 (10 groups)	0.6887
THRIVE	1.323 (1.170–1.496)	<0.0001*	0.990 (0.984–0.997)	0.0023*	0.6713	0.773	0.0010*	12.108 (10 groups)	0.1465
Original Models by the ECASS II Standard									
HAT	1.702 (1.321–2.194)	<0.0001*	–	–	0.6532	–	–	0.9222 (4 groups)	0.6306
SITS-SICH	1.377 (1.215–1.586)	<0.0001*	–	–	0.6638	–	–	5.6208 (7 groups)	0.3449
Cucchiara	1.807 (1.322–2.469)	0.0002*	–	–	0.6434	–	–	9.6871 (4 groups)	0.0079*
SEDAN	1.791 (1.420–2.258)	<0.0001*	–	–	0.6975	–	–	5.6336 (5 groups)	0.1309
SPAN-100	1.905 (0.990–3.665)	0.0536	–	–	0.5466	–	–	–	–
GRASPS	1.084 (1.048–1.122)	<0.0001*	–	–	0.6890	–	–	7.0191 (9 groups)	0.4269
THRIVE	1.279 (1.107–1.476)	0.0008*	–	–	0.6361	–	–	3.9933 (7 groups)	0.5504
New model with LDL-C by the ECASS II Standard									
HAT	1.735 (1.311–2.297)	<0.0001*	0.988 (0.980–0.996)	0.0042*	0.7082	0.475	0.0577	9.989 (10 groups)	0.2658
SITS-SICH	1.414 (1.219–1.641)	<0.0001*	0.988 (0.980–0.996)	0.0042*	0.7067	0.732	0.0217*	12.162 (10 groups)	0.1441
Cucchiara	2.012 (1.425–2.843)	<0.0001*	0.988 (0.980–0.996)	0.0042*	0.6997	0.656	0.0184*	12.171 (10 groups)	0.1437
SEDAN	1.978 (1.524–2.567)	<0.0001*	0.988 (0.980–0.996)	0.0042*	0.7670	0.651	0.0054*	14.015 (10 groups)	0.0814
SPAN-100	2.657 (1.346–5.246)	0.0049*	0.988 (0.980–0.996)	0.0042*	0.6524	0.659	0.0051*	14.253 (10 groups)	0.0754
GRASPS	1.088 (1.047–1.130)	<0.0001*	0.988 (0.980–0.996)	0.0038*	0.7231	0.510	0.0684	7.303 (10 groups)	0.5043
THRIVE	1.324 (1.127–1.556)	0.0006*	0.988 (0.980–0.996)	0.0042*	0.6981	0.529	0.0330*	14.008 (10 groups)	0.0815
Original Models by the SITS-MOST Standard									
HAT	2.359 (1.634–3.495)	<0.0001*	–	–	0.7526	–	–	0.3629 (4 groups)	0.8341
SITS-SICH	1.416 (1.179–1.701)	0.0002*	–	–	0.7090	–	–	4.7692 (7 groups)	0.4447
Cucchiara	2.169 (1.378–3.414)	0.0008*	–	–	0.6894	–	–	24.080 (4 groups)	0.0001*
SEDAN	1.936 (1.398–2.680)	<0.0001*	–	–	0.7185	–	–	2.869 (5 groups)	0.4122
SPAN-100	2.394 (0.998–5.742)	0.0504	–	–	0.5679	–	–	–	–
GRASPS	1.093 (1.041–1.147)	0.0003*	–	–	0.7041	–	–	6.046 (9 groups)	0.5343
THRIVE	1.387 (1.128–1.705)	0.0019*	–	–	0.6792	–	–	10.576 (7 groups)	0.0605
New model with LDL-C by the SITS-MOST Standard									
HAT	2.662 (1.733–4.091)	<0.0001*	0.987 (0.975–0.999)	0.0373*	0.8098	0.613	0.0541	3.894 (10 groups)	0.8665
SITS-SICH	1.489 (1.207–1.836)	0.0002*	0.987 (0.975–0.999)	0.0373*	0.7680	0.419	0.0384*	8.473 (10 groups)	0.3887
Cucchiara	3.156 (1.831–5.441)	<0.0001*	0.987 (0.975–0.999)	0.0373*	0.7851	0.982	0.0391*	9.803 (10 groups)	0.2792
SEDAN	2.444 (1.655–3.610)	<0.0001*	0.987 (0.975–0.999)	0.0373*	0.8179	0.347	0.0207*	12.351 (10 groups)	0.1362
SPAN-100	3.987 (1.554–10.245)	0.0040*	0.987 (0.975–0.999)	0.0373*	0.6713	0.553	0.0277*	11.385 (10 groups)	0.1808
GRASPS	1.107 (1.042–1.175)	<0.0001*	0.987 (0.974–0.999)	0.0356*	0.7512	0.476	0.0329*	2.384 (10 groups)	0.9669
THRIVE	1.497 (1.170–1.916)	0.0013*	0.987 (0.975–0.999)	0.0373*	0.7389	0.542	0.0839	14.946 (10 groups)	0.0602

ECASS II, the European Cooperative Acute Stroke Study II; GRASPS, Glucose Race Age Sex Pressure Stroke Severity; HAT, Hemorrhage After Thrombolysis; LDL-C, lower density lipoprotein-cholesterol; NINDS, National Institute of Neurological Disorders and Stroke; ROC, receiver operating characteristic; SICH, symptomatic intracerebral hemorrhage; SPAN-100, Stroke Prognostication using Age and National Institutes of Health Stroke Scale and-100.

**Supplemental Table 3.** Original and New Risk Scoring Systems Models with (discrete) LDL-C Scores for Predicting Symptomatic Intracranial Hemorrhage

	Model Odds Ratio (per score change)	P value	ROC <i>c</i> statistics	Hosmer–Lemeshow statistics	P value
<b>Original models</b>					
HAT	1.739 (1.427–2.120)	<0.0001*	0.6575	0.1527 (4 groups)	0.9265
SITS-SICH	1.312 (1.179–1.461)	<0.0001*	0.6310	4.2587 (7 groups)	0.5128
Cucchiara	1.750 (1.375–2.227)	<0.0001*	0.6358	2.5957 (4 groups)	0.2731
SEDAN	1.599 (1.334–1.917)	<0.0001*	0.6521	3.3382 (5 groups)	0.3424
SPAN-100	2.147 (1.308–3.525)	0.0025*	0.5567	–	–
GRASPS	1.074 (1.047–1.102)	<0.0001*	0.6698	6.9952 (9 groups)	0.4294
THRIVE	1.299 (1.162–1.453)	<0.0001*	0.6392	2.3377 (7 groups)	0.8007
<b>New models with LDL-C risk scores by NINDS criteria</b>					
HAT	1.589 (1.352–1.869)	<0.0001*	0.6687	4.4057 (6 groups)	0.3539
SITS-SICH	1.327 (1.200–1.467)	<0.0001*	0.6567	0.6450 (7 groups)	0.9859
Cucchiara	1.530 (1.283–1.826)	<0.0001*	0.6434	0.1585 (5 groups)	0.9840
SEDAN	1.560 (1.333–1.825)	<0.0001*	0.6756	4.5016 (5 groups)	0.2117
SPAN-100	1.543 (1.202–1.983)	0.0007*	0.5980	2.2371 (4 groups)	0.3268
GRASPS	1.077 (1.049–1.104)	<0.0001*	0.6756	4.0071 (10 groups)	0.8565
THRIVE	1.297 (1.172–1.435)	<0.0001*	0.6499	8.4462 (7 groups)	0.1333
<b>New models with LDL-C risk scores by ECASS II criteria</b>					
HAT	1.601 (1.300–1.973)	<0.0001*	0.6790	4.9357 (6 groups)	0.2940
SITS-SICH	1.406 (1.239–1.595)	<0.0001*	0.6888	7.4850 (7 groups)	0.1870
Cucchiara	1.800 (1.357–2.388)	<0.0001*	0.6599	3.1769 (5 groups)	0.2042
SEDAN	1.735 (1.415–2.126)	<0.0001*	0.7169	1.4369 (5 groups)	0.6969
SPAN-100	1.581 (1.411–2.190)	0.0059*	0.6015	1.2868 (4 groups)	0.5255
GRASPS	1.087 (1.051–1.124)	<0.0001*	0.6963	5.5266 (10 groups)	0.7001
THRIVE	1.290 (1.132–1.470)	<0.0001*	0.6571	9.7999 (7 groups)	0.0811
<b>New models with LDL-C risk scores by SITS-MOST criteria</b>					
HAT	2.505 (1.748–3.590)	<0.0001*	0.7776	2.8237 (5 groups)	0.4196
SITS-SICH	1.464 (1.222–1.754)	<0.0001*	0.7301	5.3503 (4 groups)	0.3746
Cucchiara	2.277 (1.498–3.461)	<0.0001*	0.7234	13.1442 (4 groups)	0.0014*
SEDAN	1.972 (1.476–2.635)	<0.0001*	0.7596	1.6954 (5 groups)	0.6380
SPAN-100	2.039 (1.243–2.342)	0.0047*	0.6492	1.6072 (4 groups)	0.4477
GRASPS	1.097 (1.046–1.152)	0.0002*	0.7140	3.8193 (10 groups)	0.8730
THRIVE	1.421 (1.175–1.719)	<0.0001*	0.7035	7.3688 (7 groups)	0.1946

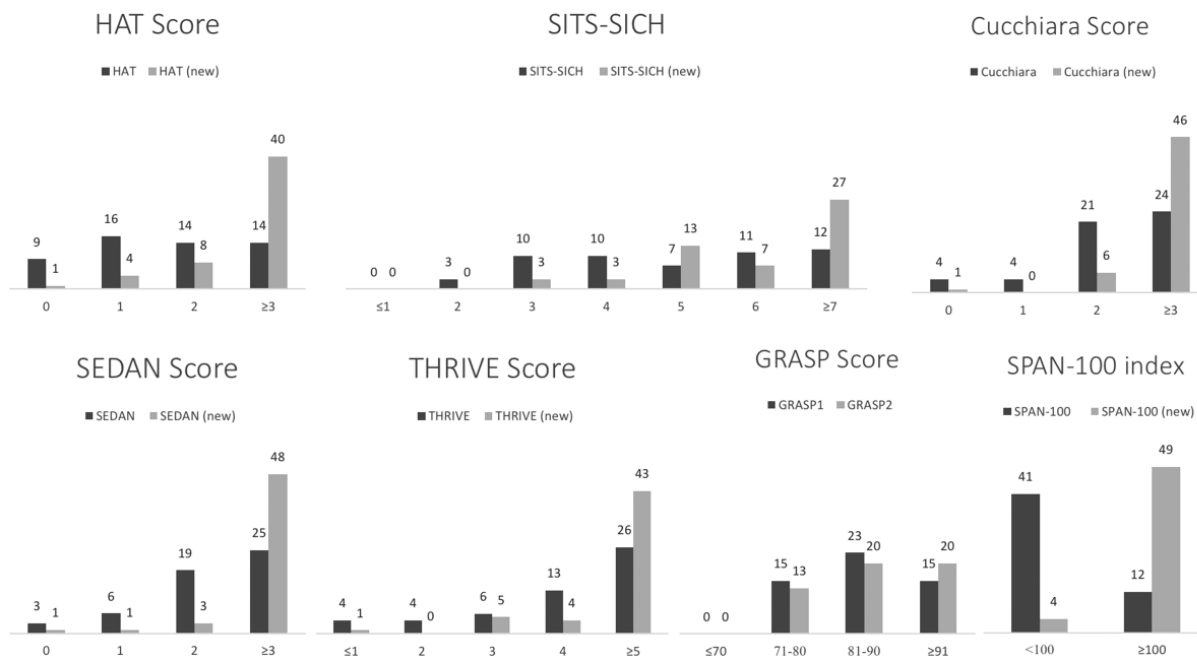
ECASS II, the European Cooperative Acute Stroke Study II; GRASPS, Glucose Race Age Sex Pressure Stroke Severity; HAT, Hemorrhage After Thrombolysis; LDL-C, Low density lipoprotein-cholesterol; NINDS, National Institute of Neurological Disorders and Stroke; ROC, receiver operating characteristic; SICH, symptomatic intracerebral hemorrhage; SPAN-100, Stroke Prognostication using Age and National Institutes of Health Stroke Scale and-100.

**Supplemental Table 4.** Subcohort Analysis of Association between Lipid Profile and Symptomatic Intracranial Hemorrhage for Possibly Statin-naïve Patients

Variable (N=1245)	RR (95% CI)	p value	Adjusted RR (95% CI) <sup>†</sup>	p value
<b>Total cholesterol (per 10 mg/dl increase)</b>				
SICH by NINDS	0.948 (0.869–1.035)	0.2341	0.971 (0.879–1.072)	0.5599
SICH by ECASS II	1.009 (0.900–1.132)	0.8760	0.997 (0.879–1.130)	0.9582
SICH by SITS-MOST	0.985 (0.837–1.159)	0.8536	0.934 (0.764–1.140)	0.4998
<b>LDL-C (per 10 mg/dl increase)</b>				
SICH by NINDS	0.866 (0.789–0.950)	0.0023*	0.873 (0.783–0.973)	0.0143*
SICH by ECASS II	0.894 (0.791–1.012)	0.0760	0.856 (0.746–0.983)	0.0270*
SICH by SITS-MOST	0.991 (0.821–1.198)	0.9289	0.932 (0.743–1.170)	0.5447
<b>HDL-C (per 10 mg/dl increase)</b>				
SICH by NINDS	1.076 (0.998–1.159)	0.0550	1.064 (0.984–1.190)	0.1036
SICH by ECASS II	1.080 (0.982–1.189)	0.1145	1.115 (0.995–1.249)	0.0608
SICH by SITS-MOST	1.031 (0.878–1.212)	0.7093	1.051 (0.855–1.292)	0.6363
<b>TG (per 10 mg/dl increase)</b>				
SICH by NINDS	0.982 (0.938–1.027)	0.4262	1.000 (0.959–1.044)	0.9901
SICH by ECASS II	1.001 (0.967–1.053)	0.6845	1.006 (0.960–1.055)	0.7929
SICH by SITS-MOST	0.944 (0.850–1.048)	0.2788	0.882 (0.761–1.022)	0.0935

HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; N, total number of subcohort patients; NINDS, National Institute of Neurological Disorders and Stroke; RR, relative risk, CI, confidence interval; SITS-MOST, Safe Implementation of Thrombolysis in Stroke-Monitoring Study; TG, triglycerides. \* Statistically significant at  $p < 0.05$ . <sup>†</sup> Poisson regression adjusted for age, weight, atrial fibrillation, baseline NIHSS, and dose of alteplase.

Validation Study with adding LDL-C for Current Risk-Scoring Systems for predicting hemorrhagic transformation (ECASS II)



- Horizontal Axis: the score of each risk-scoring system
- Vertical Axis: the number of patients who developed hemorrhagic transformation by the ECASS II standard

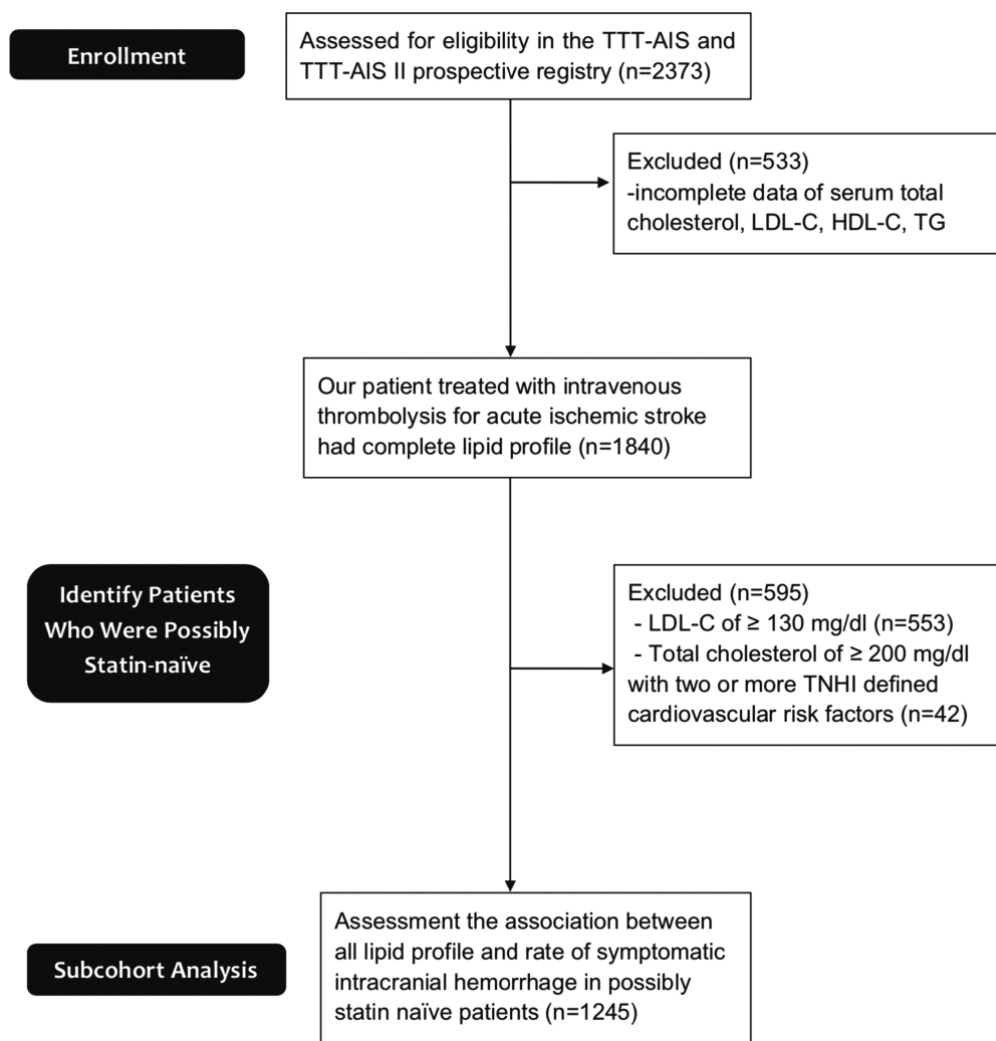
**Supplemental Fig. 1.** Validation Study with adding discrete LDL-C scores as the new model. All of the new models (gray bar) were more accurate in predicting SICH by the ECASS II standard.

Validation Study with adding LDL-C for Current Risk-Scoring Systems for predicting hemorrhagic transformation (SITS-MOST)



- Horizontal Axis: the score of each risk-scoring system
- Vertical Axis: the number of patients who developed hemorrhagic transformation by the SITS-MOST standard

**Supplemental Fig. 2.** Validation Study with adding discrete LDL-C scores as the new model. All of the new models (gray bar) were more accurate in predicting SICH by the SITS-MOST standard.



**Supplemental Fig. 3.** Flow diagram of subcohort identification of possibly statin-naïve patients according to the Taiwan National Health Insurance (TNHI) payment rule.

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