Cite this article as: Neural Regen Res. 2012;7(5):347-351.



# Brain-derived neurotrophic factor prevents betaamyloid-induced apoptosis of pheochromocytoma cells by regulating Bax/Bcl-2 expression<sup>\*</sup>

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#### Abstract

Brain-derived neurotrophic factor was utilized in the present study to treat cell injury models induced by aggregated  $\beta$ -amyloid(25–35). Methylthiazolyldiphenyl-tetrazolium bromide assay and western blot analysis showed that brain-derived neurotrophic factor provided neuroprotection against cellular apoptosis by suppressing the decline in  $\beta$ -amyloid(25–35)-induced cell activity and the increasing ratio of Bax/Bcl-2. After treating pheochromocytoma cells with tyrosine kinase receptor B receptor inhibitor K252a, brain-derived neurotrophic factor reverses the abovementioned changes. The experimental findings suggested that brain-derived neurotrophic factor prevented  $\beta$ -amyloid peptide-induced cellular apoptosis by modulating Bax/Bcl-2 expression, and this effect was associated with binding to the specific tyrosine kinase receptor B receptor. **Key Words:** Alzheimer's disease; apoptosis;  $\beta$ -amyloid peptide; Bax; brain-derived neurotrophic factor; Bcl-2; tyrosine kinase receptor B

## INTRODUCTION

Apoptosis is a type of programmed cell death controlled by precise and intrinsic genetic programming. Apoptosis mechanisms have been proposed to explain cell loss observed in many neurodegenerative disorders, including Alzheimer's disease (AD)<sup>[1-2]</sup>. AD is an age-related neurodegenerative disorder and the histopathological hallmarks include formation of senile plaques, neurofibrillary tangles, and neuronal loss<sup>[3-4]</sup>. The major component of senile plaques is β-amyloid peptide (A $\beta$ ), which is believed to be the most probable cause of AD<sup>[5-8]</sup>. Studies have shown that AB directly induces neuronal death via apoptotic mechanisms<sup>[9-11]</sup>.

Brain-derived neurotrophic factor (BDNF) is an endogenous protein from the neurotrophin family, which is involved in structural and functional brain plasticity<sup>[12-13]</sup>. It regulates synaptic plasticity and plays a key role in memory formation and storage<sup>[13]</sup>. BDNF involvement in dementia has been extensively discussed, and studies have shown that expression of the precursor form of BDNF, as well as mature BDNF<sup>[14-16]</sup> or its mRNA<sup>[17]</sup>, decreases in the parietal cortex and hippocampus in AD patients, even in pre-clinical stages of AD. These results suggested that BDNF could serve as a potential therapeutic agent for AD. Tyrosine kinase receptor B (TrkB) is the high-affinity receptor for BDNF and mediates most BDNF-induced responses. BDNF binding with TrkB receptor activates various downstream signaling pathways, including Ras/MEK, PI-3K/AKT, PLCc/PKC, and PKA signaling<sup>[18-20]</sup>. The present study established cell injury models by treating rat pheochromocytoma (PC12) with aggregated A $\beta$ (25–35). The cells were then treated with BDNF to determine the influence of BDNF and the associated mechanisms underlying BDNF protection of Aβ(25-35)-induced cell injury. These results will help to identify potential molecular targets for the development of AD therapies.

### RESULTS

# Effects of A $\beta$ (25–35) on PC12 cell viability

MTT assay was used to determine the effects of 20  $\mu$ M A $\beta$ (25–35) on PC12 cell viability following treatment for various time periods (30 minutes and 1, 3, 6, 12, 24, and 48 hours). Conventionally cultured PC12 cells served as controls. Results showed that 20  $\mu$ M A $\beta$ (25–35) induced a decline in PC12 cell viability in a time-dependent manner (*P* < 0.05; Figure 1).

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Received: 2011-09-24 Accepted: 2011-12-22 (N20110721002/WJ)

Sun ZK, Ma XR, Yang HQ, Zhao JH, Zhang JW. Brain-derived neurotrophic factor prevents beta-amyloid-induced apoptosis of pheochromocytoma cells by regulating Bax/Bcl-2 expression. Neural Regen Res. 2012;7(5):347-351.

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doi:10.3969/j.issn.1673-5374. 2012.05.004



Figure 1 Effects of beta-amyloid peptide (A $\beta$ )(25–35) on PC12 cell viability. PC12 cells were treated with 20  $\mu$ M A $\beta$ (25–35) for indicated 30 minutes (min) and 1, 3, 6, 12, 24, and 48 hours (h).

MTT assays were performed to detect cell viability. Results are expressed as a ratio of control cells. Data are expressed as mean  $\pm$  SD from five independent experiments.

 ${}^{a}P < 0.05$ , *vs.* control group. Statistical analyses were performed using one-way analysis of variance, followed by the two-tailed Student's *t*-test.

# BDNF inhibited the decline of A $\beta$ (25–35)-induced PC12 cell viability

The MTT assay was used to determine the effect of BDNF on A $\beta$ (25–35)-induced PC12 cell viability. PC12 cells were pre-treated with 50 ng/mL BDNF in serum-deprived media for 30 minutes prior to 24-hour incubation with 20  $\mu$ M A $\beta$ (25–35). MTT analysis showed that 50 ng/mL BDNF significantly prevented the decrease in PC12 cell viability induced by 20  $\mu$ M A $\beta$ (25–35) (P < 0.05; Figure 2).



Figure 2 Effects of brain derived neurotrophic factor (BDNF) on beta-amyloid peptide (A $\beta$ )(25-35)-induced PC12 cell viability; 20  $\mu$ M A $\beta$ (25-35) decreases PC12 cell viability and 50 ng/mL BDNF effectively prevents a decrease in cell viability induced by 20  $\mu$ M A $\beta$ (25-35).

Results are presented as a ratio of control cells. Data are expressed as mean  $\pm$  SD from five independent experiments.

<sup>a</sup>*P* < 0.05, *vs.* controls; <sup>b</sup>*P* < 0.05, *vs.* 20  $\mu$ M A $\beta$ (25–35). Statistical analyses were performed using one-way analysis of variance, followed by two-tailed Student's *t*-test.

# BDNF inhibited Aβ(25-35)-induced PC12 cell apoptosis

PC12 cells were pre-treated with 50 ng/mL BDNF in serum-deprived media for 30 minutes prior to 24-hour incubation with 20  $\mu$ M A $\beta$ (25–35). The effects of BDNF on A $\beta$ (25–35)-induced PC12 cell apoptosis were determined with western blot analysis. Results showed that A $\beta$ (25–35) treatment of PC12 cells downregulated expression of the anti-apoptotic gene bcl-2 (P < 0.05) and upregulated expression of the pro-apoptotic gene bax (P < 0.05; Figure 3). Pretreatment with 50 ng/mL BDNF reversed the changes induced by A $\beta$ (25–35) (P < 0.05; Figure 3).



Figure 3 Effect of 50 ng/mL brain-derived neurotrophic factor (BDNF) on 20  $\mu$ M  $\beta$ -amyloid peptide (A $\beta$ )(25–35)-induced cell apoptosis (western blot analysis).

A $\beta$ (25–35) treatment of PC12 cells decreases Bcl-2 expression (P < 0.05) and increases Bax expression (P < 0.05). BDNF (50 ng/mL) prevents changes induced by A $\beta$ (25–35) (P < 0.05).

Results are expressed as a ratio of control cells. Data are expressed as mean  $\pm$  SD from three independent experiments performed in duplicate.

 ${}^{a}P < 0.05$ , vs. control group;  ${}^{b}P < 0.05$ , vs. 20  $\mu$ M A $\beta$ (25–35). Statistical analyses were performed using one-way analysis of variance, followed by the two-tailed Student's *t*-test.

# Trk involvement in BDNF effects on A $\beta$ (25–35)-induced cell apoptosis

BDNF actions are mediated through Trk receptors<sup>[18-25]</sup>. To determine the potential role of Trk receptors in BDNF protective effects, PC12 cells were treated with K252a, a Trk receptor inhibitor<sup>[21]</sup>, 20 minutes prior to BDNF treatment. Results showed that K252a (200 nM) effectively blocked the BDNF protective effects on A $\beta$ (25–35)-induced toxicity (*P* < 0.05; Figures 4, 5).



brain-derived neurotrophic factor (BDNF) effects of beta-amyloid peptide (A $\beta$ )(25–35)-induced cell loss. MTT assays were performed to detect cell viability.

PC12 cells treated with Trk inhibitor K252a and BDNF did not exhibit an decrease in cell viability (P < 0.05).

Results are expressed as a ratio of control cells. Data are expressed as mean  $\pm$  SD. Three independent experiments were performed in duplicate.

 ${}^{a}P < 0.05$ , vs. controls. Statistical analyses were performed using one-way analysis of variance, followed by the two-tailed Student's *t*-test.



Figure 5 Tyrosine kinase receptor (Trk) influence on brain-derived neurotrophic factor (BDNF) inhibition  $\beta$ -amyloid peptide (A $\beta$ )(25–35)-induced cell apoptosis. PC12 cells were treated with Trk inhibitor K252a.

Western blot analysis shows that the effects of BDNF on A $\beta$ (25–35)-induced cell apoptosis are diminished following K252a treatment.

Data are expressed as mean  $\pm$  SD. Results are expressed as a ratio of control cells. Three independent experiments were performed in duplicate.

 ${}^{a}P < 0.05$ , *vs.* controls. Statistical analyses were performed using one-way analysis of variance, followed by the two-tailed Student's *t*-test.

### DISCUSSION

Aß is the primary component of senile plagues, which are considered to play a causal role in AD development and progression<sup>[6-7, 26]</sup>. The molecular mechanisms underlying Aß-mediated neurotoxicity remain unclear. Recently, a number of in vitro and in vivo studies showed that AB directly induces neuronal death via apoptotic mechanisms<sup>[9, 11]</sup>. BDNF is a small, dimeric protein and is structurally related to nerve growth factor. BDNF is abundantly and widely expressed in the adult mammalian brain and exhibits survival promoting actions on a variety of central nervous system cells, including hippocampal and cortical neurons, cholinergic neurons, and nigral dopaminergic neurons<sup>[27]</sup>. These results have led to the development of BDNF as a potential therapeutic agent for Parkinson's disease and AD, as well as other neurodegenerative disorders and non-degenerative pathologies. Recent findings have suggested that decreased BDNF expression is associated with AD pathogenesis<sup>[28-29]</sup>. BDNF serum concentrations also vary over the disease course and correlate with severity of dementia<sup>[14, 30]</sup>. The present study utilized A $\beta$ (25–35) to analyze the correlation between A $\beta$  and cellular injuries, as well as the effects of BDNF on AB(25-35)-induced cell injuries. Results demonstrated that aggregated 20  $\mu$ M A $\beta$ (25–35) decreased cell viability in a time-dependent fashion, and BDNF attenuated the decrease in 20 µM AB(25-35)-induced cell viability. Apoptosis is a tightly regulated process that involves expressional changes in a distinct gene set<sup>[31-33]</sup>. Bcl-2 is a key member of the anti-apoptotic Bcl-2 family and plays a key role in regulating mitochondrial-mediated apoptotic cell death<sup>[23, 34-35]</sup>. Bcl-2 over expression protects neuronal cells from neurotoxic insults. In contrast, Bax belongs to the pro-survival subfamily and promotes apoptosis by translocating into the mitochondrial membrane and facilitating cytochrome c release<sup>[36]</sup>. In the present study, 20  $\mu$ M AB(25-35) exposure induced increased Bax expression and decreased Bcl-2 expression in serum-deprived cultured PC12 cells. However, BDNF effectively attenuated these changes.

Trk is a family of membrane-bound receptors that includes TrkA, TrkB, and TrkC, which mediate most neurotrophin family responses, such as nerve growth factor, BDNF, neurotrophin-3, and neurotrophin-4/5<sup>[18]</sup>. The biological actions of BDNF are mediated by binding to the specific cell membrane receptor TrkB. The present study examined the effects of BDNF on A $\beta$ (25–35)-induced cell apoptosis in PC12 cells. Results showed that A $\beta$ (25–35)-mediated cell apoptosis was attenuated by BDNF. In addition, K252a, a relatively selective Trk tyrosine kinase inhibitor, blocks the ability of BDNF to rescue cells from A $\beta$ (25–35)-induced-cell apoptosis. These results suggested Trk tyrosine kinase activation was necessary for mediating the protective effects of BDNF on A $\beta$ (25–35)-induced-cell apoptosis. In addition, BDNF prevention of A $\beta$ (25–35)-induced apoptosis was dependent on Trk signaling. These results suggested a link between BDNF signaling and A $\beta$ (25–35)-induced cell apoptosis, and provide novel molecular insight into the neuroprotective effects of BDNF and its possible therapeutic role in AD management.

## MATERIALS AND METHODS

### Design

A controlled, in vitro experiment.

### Time and setting

Experiments were performed at Henan Provincial People's Hospital and the First Affiliated Hospital of Zhengzhou University, China from October 2008 to February 2011.

### Materials

PC12 cells were provided by the Institute of Biochemistry and Cell Biology, Chinese Academy of Science, Shanghai, China. A $\beta$ (25–35) (Sigma, St. Louis, MO, USA) was dissolved in water to obtain a 2 mM stock solution. Aliquots were stored at –20°C and thawed at 37°C for 5–7 days prior to use.

## Methods

### PC12 cell culture and drug treatment

Cultured cells were assigned to different groups with various time (0, 30 minutes and 1, 3, 6, 12, 24, and 48 hours) of 20 μM Aβ(25-35) treatment, as well as 20 μM Aβ(25-35) + 50 ng/mL BDNF, TrkB receptor inhibitor K252a (200 nM) treatment, K252a (200 nM) + 20 μM Aβ(25-35) + 50 ng/mL BDNF treatment. Cell culture was conducted as previously described<sup>[22-23]</sup>. Differentiated rat PC12 cells (Institute of Biochemistry and Cell Biology, Chinese Academy of Science, Shanghai, China) were incubated in 100-mm culture dishes (Corning, Steuben County, NY, USA) in DMEM containing 10% (v/v) heat-inactivated 5% horse serum, 1% penicillin, and 1% streptomycin at a density of 1 x 10<sup>6</sup> cells per dish. The cells were grown at 37°C in a humid, 5% CO<sub>2</sub> environment, and the medium was routinely replaced every 2 days. The medium was replaced with serum-free media at 12 hours prior to drug treatment. The cells were then treated with A $\beta$ (25–35) for 24 hours. Some cultures were pre-treated with 50 ng/mL BDNF (Sigma) for 30 minutes prior to 24-hour AB(25-35) exposure. In addition, some cultures were pre-treated with 200 nM K252a (Sigma; dissolved in dimethyl sulfoxide) 20 minutes prior to BDNF addition.

# Analysis of A $\beta$ (25–35)-induced PC12 cell viability, as detected by MTT

Cell viability was assessed using the MTT assay. In addition, some cells were pre-treated with 50 ng/mL BDNF for 30 minutes prior to 20  $\mu$ M of A $\beta$ (25–35) exposure for 24 hours. Other cells were pre-treated with 200 nM K252a<sup>[21]</sup>, for 20 minutes prior to 50 ng/mL BDNF

addition. The exact procedures were performed as previously described<sup>[22-23]</sup>. The original medium was replaced with medium containing MTT at a final concentration of 0.5 g/L, and the cells were allowed to incubate for 4 hours at 37°C. Cell culture medium was then replaced with 100  $\mu$ L DMSO, and absorbance was read using a Tecan Sunrise Eliza-Reader (Männedorf, Switzerland) at  $\lambda$  = 570 nm/630 nm after automatic subtraction of background signals. Results were expressed as a percentage of control cells. All MTT assays were performed in triplicate.

# Analysis of A $\beta$ (25–35)-induced PC12 cell apoptosis, as detected by western blot analysis

Western blot analysis was conducted as previously described<sup>[22-23]</sup>. Equal amounts of protein (20 µg) were separated on an 8-10% sodium dodecyl sulfate polyacrylamide gel; the resolved proteins were then electrotransferred onto polyvinylidene difluoride membranes (Bio-Rad, Hercules, CA, USA). The membranes were subsequently blocked in 5% nonfat milk/Tris-buffered saline/Tween-20 for 1 hour at room temperature and incubated with appropriate concentrations of primary antibody: mouse monoclonal anti-Bax antibody (1: 200; Santa Cruz Biotechnology, Santa Cruz, CA, USA), mouse monoclonal anti-Bcl-2 antibody (Santa Cruz), and mouse monoclonal anti-β-actin (1: 5 000; Sigma) at 4°C overnight. The membranes were then washed three times with TBST and probed with corresponding horseradish peroxidase-labeled secondary antibodies (Cell Signaling Technology, Beverly, MA, USA; rabbit anti-mouse-horseradish peroxidase; 1: 5 000) at room temperature for 1 hour. After washing, signals were developed using the ECL Advanced Western Blotting Detection kit (GE Healthcare, Amersham, UK). The blots were then stripped and re-probed with anti-β-actin as the loading control. Band intensities were quantified by densitometric analysis using an AxioCam digital camera (ZEISS KS 400; Zeiss, Göttingen, Germany) and a KS400 photo analysis system (Ver. 3.0). Errors were corrected using background absorbance. β-actin antibody was used to label cytoskeletal protein as an internal reference. The absorbance ratio of the target band to the internal reference was calculated as levels of Bax and Bcl-2 relative expression.

### Statistical analysis

Results were expressed as a percentage of control values. Data are expressed as mean  $\pm$  SD and were analyzed using SPSS 13.0 statistical software (SPSS, Chicago, IL, USA). Each procedure was performed in duplicate in 3–5 independent experiments. Statistical analyses were performed using one-way analysis of variance, followed by two-tailed Student's *t*-test, and statistical significance was assumed at *P* < 0.05.

Author contributions: Zhikun Sun had full access to experimental design, data collection, and data analysis, and also wrote the manuscript. Xingrong Ma, Hongqi Yang, and Jiahua Zhao performed the experiments. Jiewen Zhang was responsible for research funding.

Conflicts of interest: None declared.

**Acknowledgments:** We would like to express our thanks to Shengdi Chen and his laboratory at Ruijin Hospital, Shanghai Jiaotong University School of Medicine, China for providing scientific suggestions on the project and the manuscript.

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