

Effectiveness and Tolerability of Anlotinib Plus PD-1 Inhibitors for Patients with Previously Treated Metastatic Soft-Tissue Sarcoma

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Objective: This study was to investigate the effectiveness and tolerability of anlotinib plus PD-1 inhibitors for patients with previously treated metastatic soft tissue sarcoma (STS).

Methods: Patients with previously treated metastatic STS who were administered with anlotinib plus PD-1 inhibitors in clinical practice were included for analysis retrospectively. All the common subtypes of advanced STS were appropriate for analysis. Efficacy of the regimen was assessed according to the change of target lesion radiologically, and all the patients were followed up regularly. Safety profile during the combination administration was recorded and documented specifically. Clinical significance according to different STS subtypes was analyzed accordingly.

Results: From September 2018 to January 2022, a total of 32 patients with previously treated metastatic STS who received anlotinib plus PD-1 blockades were screened for the analysis in this study. The best overall response during the combination administration indicated that partial response was observed in 11 patients, stable disease was noted in 16 patients and progressive disease was found in 6 patients, yielding an objective response rate (ORR) of 34.4% (95% CI: 18.6–53.2%) and a disease control rate (DCR) of 84.4% (95% CI: 67.2–94.7%). Furthermore, the median PFS of 32 patients with metastatic STS was 7.6 months (95% CI: 3.31–11.89) and the median OS was 14.9 months (95% CI: 8.36–21.44). Besides, adverse reactions related to the treatment during anlotinib plus PD-1 inhibitors administration were observed in 29 patients (90.6%), of whom, a total of 13 patients (40.6%) were deemed as grade 3–4 adverse reactions and no grade 5 adverse reaction was found. Specifically, the most common adverse reactions were fatigue, hypertension, hand-foot syndrome, diarrhea and dermal toxicity.

Conclusion: Anlotinib plus PD-1 inhibitors demonstrated durable and promising efficacy and tolerable safety for patients with metastatic STS in real world. Further prospective clinical trials were warranted to validate the feasibility of anlotinib plus PD-1 blockades clinically.

Keywords: soft tissue sarcoma, anlotinib, PD-1 inhibitors, effectiveness, tolerability

Introduction

Soft tissue sarcoma (STS) was consisted of a heterogeneous group of rare malignant solid tumors originated from the mesenchymal tissue that accounted for approximately 1% of all adult malignancies,¹ which included almost 100 different entities that were associated with different morbidity and mortality.² It was estimated that there were approximately 24,000 new cases in China annually, and the incidence was profoundly higher in adolescents.^{3,4} The most common subtypes of STS included undifferentiated sarcoma (US), liposarcoma (LPS), synovial sarcoma (SS) and leiomyosarcoma (LMS), which were associated with distinct molecular and behavioral characteristics.^{5,6} The NCCN guidelines of STS exhibited that surgical resection was the only curable therapeutic option for STS. However, the other treatment regimens for STS were comparatively scarce with dismal prognosis.⁷ The median overall survival (OS) was approximately two years for advanced LMS but less than one year for most other advanced STS, resulting in a 5-year OS rate of around 10% for patients with STS currently. Therapeutic options for metastatic STS remained disappointing own to the rarity and

heterogeneity of STS. It was reported that single-agent chemotherapy (dacarbazine, doxorubicin, epirubicin or ifosfamide) or anthracycline-based combination regimens were the standard of care as first-line therapy for patients with metastatic STS over the past decades,⁸ which yielded an objective response rate (ORR) of almost 20% and a median progression-free survival (PFS) of 5 months and median OS of approximately 16 months.⁹ Other available therapeutic options for patients with metastatic STS who progressed after the first-line therapy included pazopanib or single-agent chemotherapy. However, each of these agents demonstrated modest efficacy and prognosis.¹⁰ As a result, patients with metastatic STS were associated with a worse prognosis currently.

Noteworthy, small molecule anti-angiogenesis tyrosine kinase inhibitor (TKI) demonstrated promising efficacy in metastatic STS. Pazopanib exhibited potential therapeutic significance for patients with previously treated metastatic STS subtype except LPS according to the phase III clinical trial,¹¹ which suggested that pazopanib significantly improved median PFS (4.6 months vs 1.6 months for placebo, $P < 0.001$). Therefore, pazopanib was recommended as a potential option for patients with metastatic STS. Similarly, as a novel oral multi-target TKI with the inhibition of VEGFR1-3, FGFR1~4, PDGFR α ~ β , c-Kit and Ret,¹² anlotinib exhibited convincing PFS (median PFS: 6.27 months vs 1.47 months, $P < 0.001$) and tolerable safety profile for patients with refractory metastatic STS according to ALTER0203 trial.¹³ As a result, anlotinib was licensed by Chinese NMPA for patients with previously treated metastatic STS since 2019. However, it should be noted that the ORR of anlotinib monotherapy for patients with metastatic STS was disappointing (ORR = 13%),¹⁴ which highlighted that new combination strategies were needed to be explored clinically.

Furthermore, immunotherapy represented by PD-1 blockades revolutionized the therapeutic landscape of various tumors and unprecedented long-term survivorship was observed in immunotherapy recently.¹⁵ As a result, previous studies have found the potential therapeutic activity of PD-1 inhibitors for STS. Pembrolizumab single agent was investigated for the therapeutic activity for patients with previously treated STS in the SARC28 phase II clinical trial,¹⁶ yielding an ORR of 18% among of all the STS subtypes. Additionally, nivolumab monotherapy demonstrated limited ORR (5%) for patients with previously treated STS according to a multicenter Phase II clinical trial.⁸ However, the ORR was more promising when nivolumab was used in combination with ipilimumab (an ORR of 16%), which highlighted the necessity of appropriate combination therapeutic strategies in STS as well.

Interestingly, the combination of PD-1/PD-L1 blockades with antiangiogenic targeted drugs might play a promising synergistic action in cancer treatment recently.¹⁷ Unfortunately, the available therapeutic evidence of anlotinib plus PD-1 blockades for patients with metastatic STS remained scanty. As a result, this study was to investigate the effectiveness and tolerability of anlotinib plus PD-1 blockades for patients with previously treated metastatic STS retrospectively.

Patients and Methods

Design of This Study and Eligibility Criteria

Given that anlotinib was approved by Chinese NMPA for patients with previously treated metastatic STS since 2019, and PD-1 inhibitors were licensed in China since 2018. A certain number of patients with previously treated metastatic STS were treated with anlotinib plus PD-1 blockades in clinical practice. Consequently, our study was designed as a retrospective study and patients with metastatic STS who received anlotinib plus PD-1 blockades (any PD-1 inhibitors that were licensed in China) in the Department of Musculoskeletal Tumor Center of Peking University People's Hospital from September 2018 to January 2022 were screened for eligibility retrospectively. In order to produce more rigorous data, necessary eligibility criteria were adopted accordingly. The main inclusion criteria manifested as (1) histologically confirmed soft tissue sarcoma with distant metastasis; (2) aged of 18 years or older; (3) ECOG performance status of 0–2 score; (4) patients with metastatic STS who had progressed after the previous systemic treatments were treated with anlotinib plus PD-1 blockade regimens clinically; (5) patients had at least one measurable targeted lesion according to RECIST 1.1 criteria. Furthermore, the key exclusion criteria were (1) patients were concomitant with serious diseases or another cancer that might compromise the survival of the subjects; (2) patients were diagnosed with clinically active or symptomatic brain metastases. However, patients with stable brain metastases were permitted to be included in this study; (3) patients were diagnosed of gastrointestinal stromal tumor, osteosarcoma and Ewing's sarcoma (these subtypes might show limited efficacy to anlotinib plus PD-1 blockade therapy); (4) Since PD-1 inhibitors were administered, those

with active or uncontrolled autoimmune disease were also excluded; (5) patients' demographic and therapeutic characteristics were deficient substantially were also unsuitable to be included.

The study profile of this work is illustrated in Figure 1, which indicated that a total of 32 patients with metastatic STS were suitable to be included in our study finally. The protocol of this study was approved by the Ethics Committee of Peking University People's Hospital. Written informed consent was obtained by the subjects included according to the recommendations of the Declaration of Helsinki.

Therapeutic Regimens

Patients with previously treated metastatic STS who failed the previous systemic treatments were administered with anlotinib plus PD-1 blockades in clinical practice. Anlotinib was given orally at an initial dosage of 12mg or 10mg per day, which was used continuously for 14 days and stopped for 7 days, every 21 days was deemed as one therapeutic cycle. All the PD-1 blockades were those approved in China mainland and available for Chinese patients in clinical practice, which was consisted of camrelizumab (Jiangsu Hengrui Pharmaceutical Co., LTD), sintilimab (Innovent biopharmaceutical (Suzhou) Co., LTD) and pembrolizumab (Merck (China) Co., LTD). The three PD-1 inhibitors were intravenously administered of 200mg on day 1, every 21 days was one therapeutic cycle. The combination regimens might be discontinued when disease progression or intolerable adverse reactions occurred. Additionally, dosage adjustment of anlotinib to either 10mg or 8mg once daily was permitted based on the tolerability during the treatment.

Schedule of Efficacy Assessment and Document of Safety Profile

The response of the combination regimen was assessed based on RECIST version 1.1.¹⁸ Radiological images of the target lesions using computed tomography (CT) or magnetic resonance imaging (MRI) were performed for each subject before and during the combination administration. The therapeutic activity was presented by the change of target lesions, which was evaluated using CT or MRI scans every two cycles or depended on the actual situation when it was necessary for the patients. Baseline demographic characteristics and status of disease progression of each patient were collected through the electronic medical record system when the patients underwent hospitalization. Additionally, follow-up of the patients was mainly carried out using mobile phone with the communication with the relatives monthly.

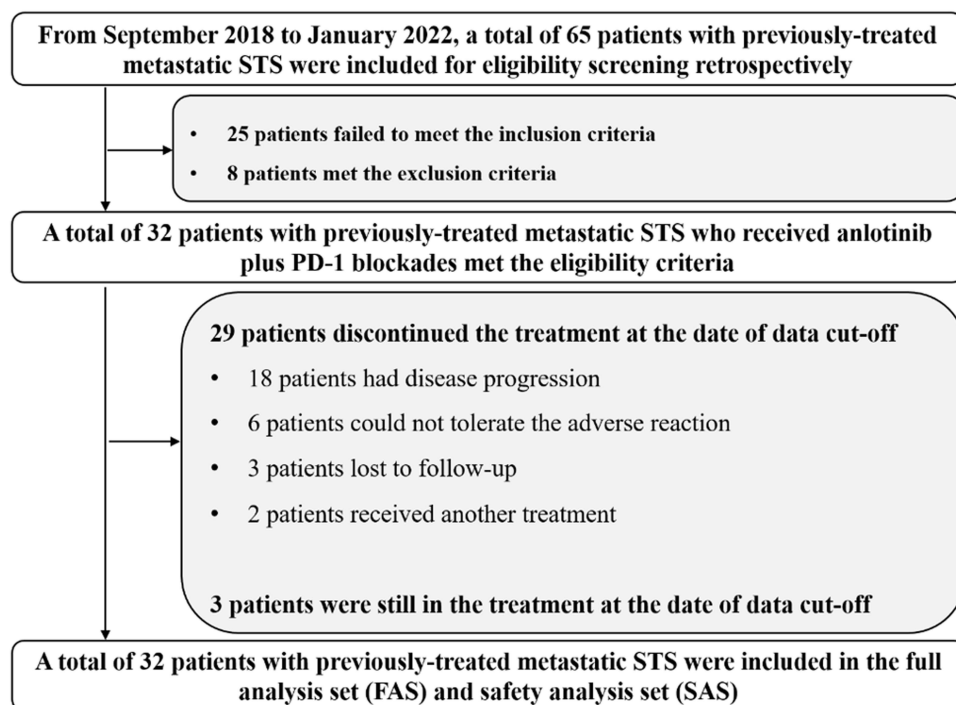


Figure 1 Research flow chart of this retrospective study.

Furthermore, Common Terminology Criteria for Adverse Events (CTCAE) version 5.0 criteria were used to evaluate the available adverse reactions of the patients. All the adverse reactions during the treatment of anlotinib plus PD-1 inhibitors were collected specifically to present the safety profile among patients with metastatic STS.

Retrospective study adopted the endpoints such as progression-free survival (PFS), overall survival (OS), objective response rate (ORR), disease control rate (DCR) and safety profile of the combination regimen.

Statistical Analysis

The statistical data presented in this study were analyzed by SPSS software. Specifically, ORR was determined by the proportion of complete response (CR) and partial response (PR) among the 32 patients. DCR was calculated by the proportion of CR and PR and stable disease (SD) among the 32 patients. All the data related in the analysis of this study were described as median (range) and number of patients (percentage), respectively. Furthermore, PFS and OS were defined according to the previous study.¹⁹ Association between clinical outcomes (ORR and PFS) and various STS subtypes was analyzed using chi-square test and Log rank test, respectively. Regarding the survival analysis, patients with no disease progression or death events at the date of data cut-off were deemed as censored data. A number of patients (percentage) were used in the safety analysis to estimate the incidence of the adverse reactions during the combination administration. $P < 0.05$ was considered suggestive.

Results

Baseline and Demographic Characteristics

From September 2018 to January 2022, a total of 32 patients were included in this study. The baseline and demographic characteristics are shown in Table 1. All the 32 patients with STS were the common sarcomas in clinical practice. The median age of the 32 patients was 48 years with the range from 18 to 68 years. Male patients accounted for 62.5% among the subjects included. The ECOG performance status of 0–1 score was the predominant performance status with the proportion of 75%. A total of 27 patients had received surgical treatment previously. Interestingly, 10 patients were treated with first-line systemic chemotherapy, 12 patients received second-line treatment, 6 patients were treated with third-line therapy and 4 patients underwent subsequent-line systemic treatment. Noteworthy, the most common STS subtypes in this study were synovial sarcoma (SS, 25.0%), alveolar soft-part sarcoma (ASPS, 21.9%), leiomyosarcoma (LMS, 15.6%) and liposarcoma (LPS, 12.5%). Besides, the other 8 subtypes were consisted of epithelioid sarcoma ($n = 2$), clear cell sarcoma ($n = 2$), undifferentiated sarcoma ($n = 1$), embryonal sarcoma ($n = 1$), angiosarcoma ($n = 1$) and spindle cell lipoma ($n = 1$). Additionally, initial dosage of anlotinib with 12mg and 10mg was observed in 21 and 11 patients, respectively. Regarding the PD-1 blockades, three PD-1 blockades were administered in this study, which suggested that sintilimab, camrelizumab and pembrolizumab were administered in 14, 13 and 5 patients, respectively.

Efficacy of the Combination Regimen

All the patients included in this study were available for response outcomes of anlotinib plus PD-1 blockades. The optimal response of the 32 patients with metastatic STS during anlotinib plus PD-1 blockades administration was assessed based on the efficacy assessment criteria of RECIST1.1, indicating that no complete response (CR) was found, partial response (PR) was observed in 11 patients, stable disease (SD) was noted in 16 patients and progressive disease (PD) was detected in 5 patients, yielding an ORR of 34.4% (95% confidence interval (CI): 18.6–53.2%) and a DCR of 84.4% (95% CI: 67.2–94.7%). Additionally, waterfall plot was used in this study to present the changes in the target lesions of the 32 patients with metastatic STS after anlotinib plus PD-1 blockade administration, which is illustrated in Figure 2. Obviously, the target lesions of considerable patients were shrunk significantly and a total of 11 patients achieved PR response after the treatment of anlotinib plus PD-1 blockades administration. Furthermore, the target lesions of 23 patients shrank to some extent during the combination treatment. Additionally, radiological results of the CT scans before and after anlotinib plus sintilimab administration of one female patient are illustrated in Figure 3. The target lesions reduced significantly after the administration of anlotinib plus sintilimab, which suggested that this patient benefited significantly from anlotinib plus PD-1 inhibitor combination therapy.

Table 1 Baseline Characteristics of the 32 Patients with Metastatic STS

Baseline Characteristics	Number	Percentage
Age (year)		
Median (range)	48 (18–68)	
Gender		
Male	20	62.5%
Female	12	37.5%
ECOG performance status		
0–1	24	75.0%
2	8	25.0%
Surgical treatment		
Yes	27	84.4%
No	5	15.6%
Lines of previous treatment		
First-line	10	31.2%
Second-line	12	37.5%
Third-line	6	18.8%
Subsequent-line	4	12.5%
Histology subtypes of STS		
SS	8	25.0%
ASPS	7	21.9%
LMS	5	15.6%
LPS	4	12.5%
Other subtypes	8	25.0%
Initial dosage of anlotinib (mg)		
12	21	65.6%
10	11	34.4%
PD-1 inhibitors		
Sintilimab	14	43.8%
Camrelizumab	13	40.6%
Pembrolizumab	5	15.6%

Abbreviations: STS, soft tissue sarcoma; ECOG, Eastern Cooperative Oncology Group; PD-1, programmed cell death protein 1; SS, synovial sarcoma; ASPS, alveolar soft-part sarcoma; LMS, leiomyosarcoma; LPS, liposarcoma.

Prognosis of the Combination Regimen

The data cut-off date of this study was May 15, 2022, resulting in a median follow-up duration among the 32 patients with metastatic STS of 12.7 months (range: 0.7–34.8 months). It should be noted that 3 patients were still in the treatment and 29 patients discontinued the treatment at the date of data cut-off. Regarding the PFS analysis, a total of 24 progression or death events were noted at the date of data cut-off, producing the PFS data maturity of 75.0%. Accordingly, the PFS survival curve is shown in Figure 4, the median PFS of the 32 patients with metastatic STS who received anlotinib plus PD-1 blockades was 7.6 months (95% CI: 3.31–11.89). Additionally, the 12-month and 24-month PFS rate was 36.7% (95% CI: 20.4–53.1%) and 15.4% (95% CI: 3.6–34.9%), respectively.

Furthermore, OS was also analyzed in this study, a total of 21 death events were observed at the date of data cut-off, yielding the OS data maturity of 65.6%. Similarly, the OS survival curve was illustrated in Figure 4, the median OS of the 32 patients with metastatic STS who received anlotinib plus PD-1 inhibitors was 14.9 months (95% CI: 8.36–21.44). Furthermore, the 24-month and 30-month OS rate was 31.7% (95% CI: 14.7–50.2%) and 25.3% (95% CI: 9.6–44.7%), respectively.

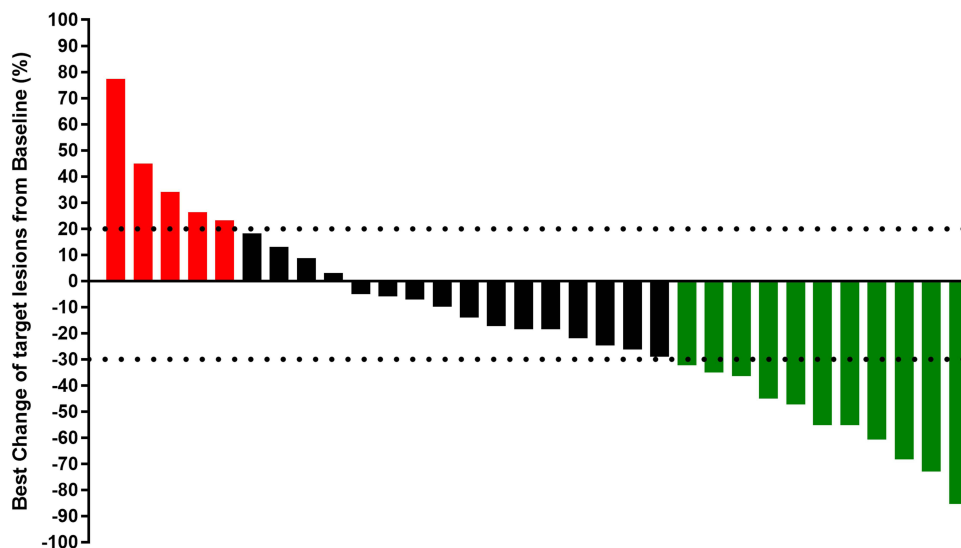


Figure 2 Waterfall plot of the change for target lesions from baseline among the 32 patients with metastatic STS who were administered with anlotinib plus PD-1 blockades (green bars indicate PR, black bars indicate SD and red bars indicate PD according to the best overall response).

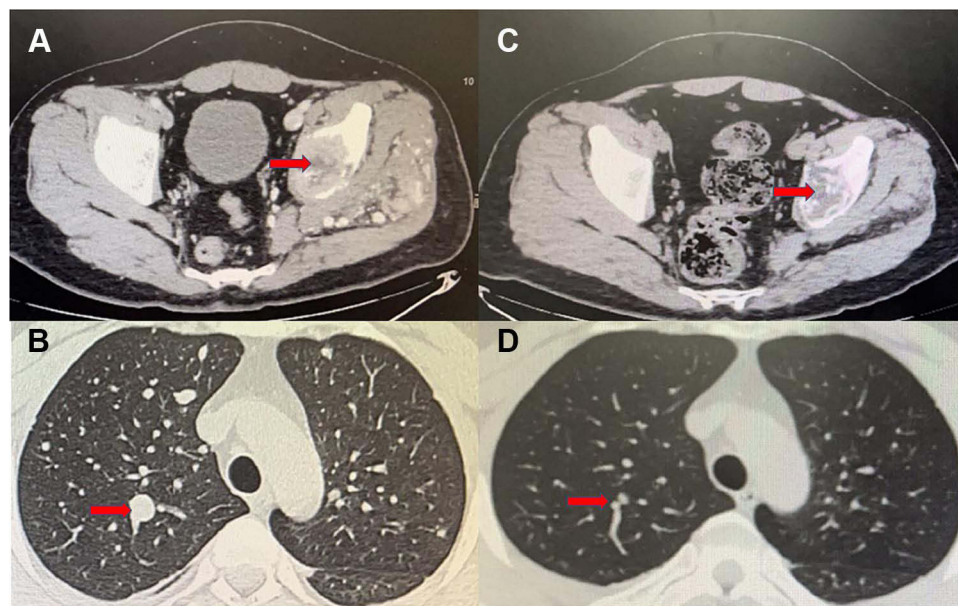


Figure 3 Radiological results of the changes for target lesions in the primary site and lung site of a female patient (PR) with metastatic STS before and after the administration of anlotinib plus sintilimab (before treatment CT scans of primary site (A) and lung site (B); after treatment CT scans of primary site (C) and lung site (D)) (red arrows indicated that the target lesions in primary sites and lung site before and after treatment).

Exploratory Analysis Regarding the Clinical Outcomes According to Subtypes of STS

Given that STS was consisted of various subtypes, as shown in Table 1, SS, ASPS, LMS, LPS and other subtypes were included in this study, the potential association between clinical outcomes (ORR and PFS) and subtypes of STS was investigated subsequently. Therefore, the ORR according to subtypes of STS is illustrated in Figure 5 separately. Interestingly, it should be noted that patients with ASPS conferred a trend for higher ORR (ORR = 57.1%, 95% CI: 18.4–90.1%) than that of other subtypes, even the difference was not statistically significant ($P=0.237$).

Additionally, the correlation between PFS and subtypes of STS and baseline characteristics were also identified, which is exhibited in Table 2. Noteworthy, regarding the analysis between PFS and baseline characteristics, ECOG performance status score and initial dosage of anlotinib were dramatically associated with PFS among the 32 patients

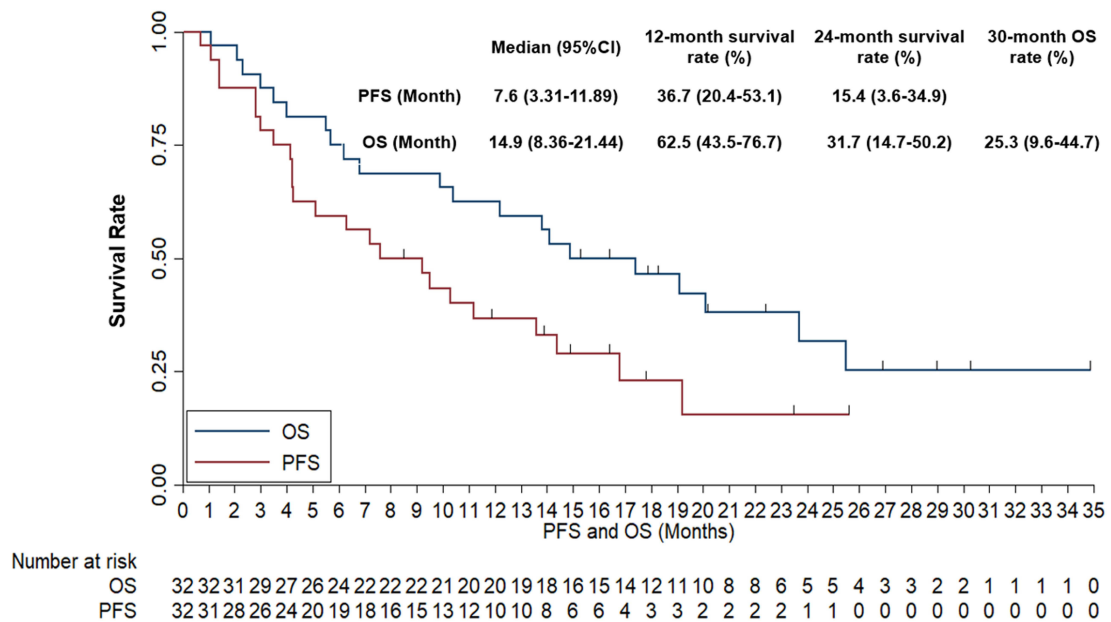


Figure 4 Progression-free survival and overall survival of the 32 patients with metastatic STS who received anlotinib plus PD-I blockades administration.

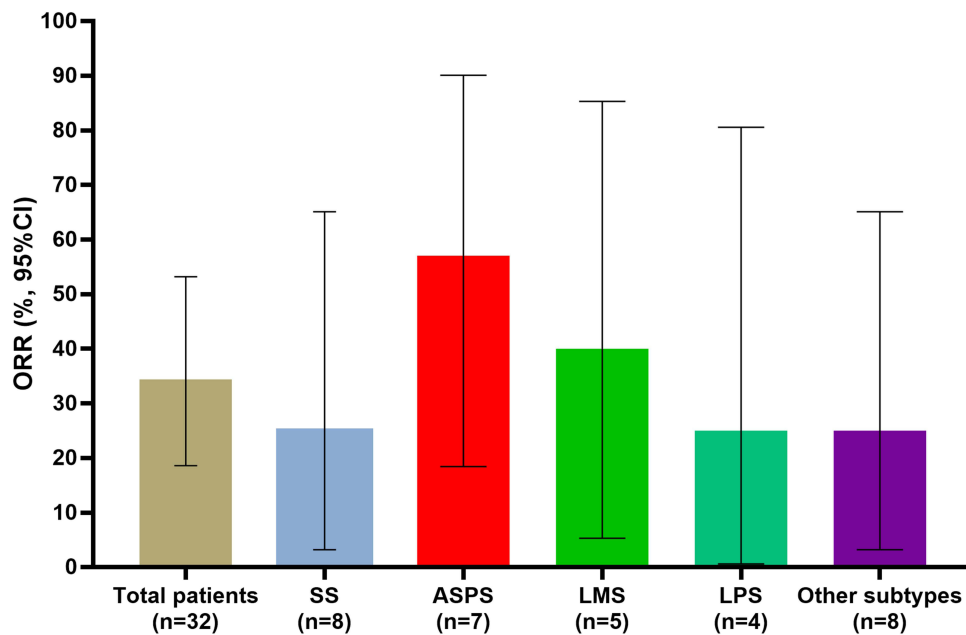


Figure 5 Objective response rates of the 32 patients with metastatic STS who received anlotinib plus PD-I blockades therapy according to different subtypes of STS. Abbreviations: ORR, objective response rate; SS, synovial sarcoma; ASPS, alveolar soft-part sarcoma; LMS, leiomyosarcoma; LPS, liposarcoma.

with metastatic STS, highlighting that patients with ECOG performance status of 0–1 score conferred a longer PFS than that of patients with 2 score (median PFS: 9.2 vs 5.1 months, $P=0.031$), patients with 12mg of anlotinib were associated with a better PFS than that of patients of 10mg (median PFS: 7.6 vs 5.1 months, $P=0.028$). Additionally, in terms of the association between PFS and subtypes of STS, patients with ASPS conferred a longer PFS than that of the rest subtypes of STS (median PFS: 13.6 months vs 6.3 months, $P=0.019$). Consequently, ECOG performance status score, initial dosage of anlotinib and ASPS were included in the Cox multivariate analysis for adjustment of confounding factors, which is also shown in Table 2. Still and all, all the three variables were also statistically significant after multivariate

Table 2 Association Analysis Between PFS and Subtypes of STS and Baseline Characteristic Subgroups in Univariate Analysis and Multivariate Analysis

Baseline Characteristics	Median PFS (95% CI)	P (Univariate Analysis)	Multivariate Analysis	
			HR (95% CI)	P
ECOG performance status score				
0–1	9.2 (5.11–13.29)	0.031	0.61 (0.31–0.93)	0.042
2	5.1 (2.87–7.33)			
Initial dosage of anlotinib (mg)				
12	7.6 (5.17–10.03)	0.028	0.71 (0.42 – 0.91)	0.035
10	5.1 (3.11–7.09)			
Histology subtypes of STS				
SS	7.6 (4.12–11.08)	0.421	0.55 (0.29–0.82)	0.028
ASPS	13.6 (9.11–18.09)	0.019		
LMS	9.2 (6.08–12.32)	0.516		
LPS	7.2 (3.67–10.73)	0.356		
Other subtypes	6.3 (4.16–8.44)	0.537		

Abbreviations: PFS, progression-free survival; STS, soft tissue sarcoma; HR, hazard ratio; CI, confidence interval; ECOG, Eastern Cooperative Oncology Group; SS, synovial sarcoma; ASPS, alveolar soft-part sarcoma; LMS, leiomyosarcoma; LPS, liposarcoma.

analysis, suggesting that ASPS subtype of STS was an independent factor to predict PFS of anlotinib plus PD-1 blockades among patients with previously treated metastatic STS.

Safety Profile of the Combination Regimen

Furthermore, the maximum grade adverse reactions among the 32 patients with metastatic STS occurred during the administration of anlotinib plus PD-1 blockades were recorded and presented in detail. Additionally, adverse reactions related to the therapy during anlotinib plus PD-1 blockades were found in 29 patients (90.6%), of whom, a total of 13 patients (40.6%) were observed of grade 3–4 adverse reactions and no grade 5 adverse reaction or no new adverse signal was detected during the treatment.

Specifically, as exhibited in [Table 3](#), the common adverse reactions detected in this study were fatigue (62.5%), hypertension (53.1%), hand-foot syndrome (43.8%), diarrhea (34.4%), dermal toxicity (31.3%), nausea and vomiting (25.0%), proteinuria (18.8%), abnormal liver function (15.6%), pneumonia (12.5%) and hemorrhage (9.4%). Additionally, the serious adverse reactions (grade 3–4) manifested as hypertension (15.6%), fatigue (9.4%), hand-foot

Table 3 Safety Profile of the 32 Patients with Metastatic STS Who Received Anlotinib Plus PD-1 Blockades

Adverse Reactions	Total (N, %)	Grade 1–2 (N, %)	Grade 3–4 (N, %)
Any grade adverse reactions	29 (90.6)	16 (50.0)	13 (40.6)
Fatigue	20 (62.5)	17 (53.1)	3 (9.4)
Hypertension	17 (53.1)	12 (37.5)	5 (15.6)
Hand-foot syndrome	14 (43.8)	12 (37.5)	2 (6.2)
Diarrhea	11 (34.4)	10 (31.3)	1 (3.1)
Dermal toxicity	10 (31.3)	9 (28.2)	1 (3.1)
Nausea and vomiting	8 (25.0)	8 (25.0)	0 (0.0)
Proteinuria	6 (18.8)	6 (18.8)	0 (0.0)
Abnormal liver function	5 (15.6)	3 (9.4)	2 (6.2)
Pneumonia	4 (12.5)	4 (12.5)	0 (0.0)
Hemorrhage	3 (9.4)	3 (9.4)	0 (0.0)

Abbreviations: STS, soft-tissue sarcoma; PD-1, programmed cell-death protein 1.

syndrome (6.2%), abnormal liver function (6.2%), diarrhea (3.1%) and dermal toxicity (3.1%). In a word, the safety profile of the 32 patients with metastatic STS who received anlotinib combined with PD-1 inhibitors was tolerable and acceptable.

Discussion

Our retrospective study provided real-world evidence regarding the feasibility and tolerability of the combination of anlotinib plus PD-1 inhibitors for patients with previously treated metastatic STS retrospectively.

It seemed that there was no widely accepted standard regimen in second-line treatment for previously treated STS clinically for decades, which suggested that the different subtypes of STS might confer different sensitivity.²⁰ Consequently, when the patients progressed after the first-line therapy, the regimens for metastatic STS were determined by histology.²¹ As a result, we observed that gemcitabine demonstrated potential activity for LMS and angiosarcoma and dacarbazine exhibited therapeutic significance for solitary fibrous tumors and trabectedin showed promising efficacy for liposarcomas.²² Noteworthy, although the development of targeted drugs was scanty own to the heterogeneity of STS and the absence of driver mutation, some previous work had explored that the angiogenetic pathway might be one of the promising targets clinically.²³

Patients included in the present study were the metastatic STS who had received at least first-line systemic chemotherapy treatment, similar as the baseline characteristics of ALTER0203 clinical trial, which suggested that the combination administration of anlotinib plus PD-1 blockades was reasonable and ethical, given that anlotinib had the indication for patients with previously treated metastatic STS in China. To our knowledge, the ORR and DCR of anlotinib monotherapy for patients with previously treated metastatic STS was 13% and 74%, respectively.¹⁴ The ORR and DCR of pembrolizumab single agent for patients with previously treated STS were 18% and 56%, respectively.¹⁶ In our study, ORR and DCR of the 32 patients with metastatic STS who received anlotinib combined with PD-1 blockades improved to 37.5% and 84.4%, respectively, which yielded an acceptable efficacy numerically. It seemed that combination of anlotinib plus PD-1 blockades played a synergistic action for patients with metastatic STS clinically. Additionally, it should be noted that the PFS in the present study was 7.6 months, which was dramatically better than that of anlotinib monotherapy for patients with previously treated STS in a phase II clinical trial (median PFS = 5.6 months).¹⁴ Furthermore, we also observed another real-world data regarding anlotinib in the treatment of patients with unresectable locally advanced or metastatic STS, yielding a median PFS of 6.1 months.¹³ Collectively, anlotinib plus PD-1 blockades might produce superior PFS benefit for patients with metastatic STS in clinical practice. Interestingly, one exploratory study initiated by Yuan et al investigated the efficacy and safety of anlotinib plus PD-1 inhibitors in patients with advanced refractory solid tumors.²⁴ A total of 26 patients with metastatic lung cancer, gallbladder and STS who received anlotinib combined with sintilimab, toripalimab, camrelizumab, nivolumab and pembrolizumab were included for analysis. Among the 26 patients, only 4 patients were STS, the ORR, DCR and median PFS of the 4 patients with STS who received anlotinib plus PD-1 inhibitors were 25%, 100% and 5.64 months, respectively, which was consistent with the clinical outcomes in our study even the sample size in this study for STS was really small. Additionally, another previous study initiated by Wang et al launched a retrospective study to investigate the efficacy of apatinib (another antiangiogenic TKI, similar to anlotinib in China) and camrelizumab (PD-1 blockade) in patients with advanced clear cell sarcoma.²⁵ A total of 12 patients with advanced clear cell sarcoma who received apatinib or camrelizumab were screened retrospectively. Unfortunately, the efficacy of camrelizumab monotherapy for clear cell sarcoma was limited, which might be different from that in our study. We speculated that the discrepancy might be the heterogeneity of subtypes of STS, indicating that more prospective trials were needed to be launched to confirm the consistency of the efficacy of anlotinib plus PD-1 inhibitors among different subtypes of STS in real world.

Interestingly, given that the follow-up duration was long enough (range: 0.7–34.8 months), a relatively high OS data maturity (65.6%) was obtained and relatively long OS data was observed with the median OS of the combination regimen of 14.9 months. It seemed that the OS data was longer than that of the previous study numerically. As we know, the previous studies indicated that anlotinib monotherapy or PD-1 blockade single agent might yield a median OS of around 12 months for patients with previously treated metastatic STS.^{8,14,16} We speculated that the superior OS in our study of patients with metastatic STS who received anlotinib plus PD-1 blockades might be attributed to fact that

considerable antiangiogenic TKIs and immunotherapy drugs (PD-1 or PD-L1 inhibitors) were licensed in China since 2018, which might contribute to the survival benefit for the patients with previously treated metastatic STS in subsequent therapy consecutively.

Amazingly, although the sample size was small in this study, we still performed the subgroup analysis for ORR and PFS in efficacy analysis. In terms of ORR, patients with ASPS conferred a trend of superior ORR (57.1% vs 34.4%) when compared with that of other subtypes, even the difference was not statistically significant. Furthermore, patients with ASPS still conferred a significantly longer PFS than that of the other subtypes of STS (median PFS: 13.6 vs 7.6 months, $P=0.019$). It seemed that the benefit of anlotinib plus PD-1 blockade regimens for patients with ASPS was more profound than the other subtypes. However, we thought this conclusion should be interpreted with caution. On one hand, the sample was small and only 7 patients with ASPS were included for subtype analysis. On the other hand, the previous study had indicated that patients with ASPS trended to have a better prognosis when they were treated with anlotinib monotherapy.¹⁴ Collectively, whether patients with ASPS might benefit from anlotinib plus PD-1 inhibitor treatment should be confirmed in prospective clinical trials subsequently.

Furthermore, the safety profile of the 32 patients with metastatic STS who received anlotinib plus PD-1 blockades exhibited that 29 patients (90.6%) underwent any grade adverse reactions and 13 patients (40.6%) experienced grade 3–4 adverse reactions, which suggested that administration of anlotinib plus PD-1 regimen was acceptable and was consistent with the safety profile of previous study regarding anlotinib plus PD-1 blockade treatment for patients with refractory small cell lung cancer.²⁶ Interestingly, it should be noted that the common adverse reactions such as hypertension, hand-foot syndrome, hemorrhage and proteinuria might be attributed to the administration of anlotinib, which was in concert with the specific adverse actions of anlotinib single agent for patients with STS.²⁷ Similarly, the other adverse reactions such as dermal toxicity, abnormal liver function and pneumonia might be resulted from the administration of PD-1 inhibitors, which was consistent with the adverse reactions of PD-1 blockades single agent for patients with metastatic STS in the previous study.²⁸ Noteworthy, fatigue was proved to be the most common adverse reactions in our study, which might be attributed to the antitumor therapy clinically and was in line with the previous study.²⁹ Collectively, the overall adverse reactions of anlotinib plus PD-1 blockades for patients with previously treated metastatic STS were acceptable and manageable.

The major limitation of our study was that the sample size was relatively small as in a real-world study, only 32 patients were included. Feasibility and tolerability of anlotinib combined with PD-1 blockades were still needed to be confirmed in more patients. Furthermore, multiPD-1 blockades were administered in our study, which might yield heterogeneous and various efficacy to some extent. Besides, we failed to perform the PD-L1 expression test to identify the association between PD-L1 expression and the clinical outcomes of anlotinib plus PD-1 inhibitors. Still and all, our study was of potential significance to provide the real-world evidence for anlotinib combined with PD-1 blockades among patients with previously treated metastatic STS.

Conclusion

Anlotinib plus PD-1 inhibitors demonstrated durable and promising efficacy and tolerable safety for patients with metastatic STS in real world. Further prospective clinical trials were warranted to validate the feasibility and safety of anlotinib plus PD-1 blockades subsequently.

Disclosure

The authors declare that there are no conflicts of interest.

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