**ORIGINAL ARTICLE** 



# Computational studies indicated the effectiveness of human metabolites against SARS-Cov-2 main protease

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#### Abstract

To fight against the devastating coronavirus disease 2019 (COVID-19), identifying robust anti-SARS-CoV-2 therapeutics from all possible directions is necessary. To contribute to this effort, we selected a human metabolites database containing waters and lipid-soluble metabolites to screen against the 3-chymotrypsin-like proteases ( $3CL^{pro}$ ) protein of SARS-CoV-2. The top 8 hits from virtual screening displayed a docking score varying between ~ - 11 and ~ - 14 kcal/mol. Molecular dynamics simulations complement the virtual screening study in conjunction with the molecular mechanics generalized Born surface area (MM/GBSA) scheme. Our analyses revealed that (HMDB0132640) has the best glide docking score, - 14.06 kcal/mol, and MM-GBSA binding free energy, - 18.08 kcal/mol. The other three lead molecules are also selected along with the top molecule through a critical inspection of their pharmacokinetic properties. HMDB0132640 displayed a better binding affinity than the other three compounds (HMDB0127868, HMDB0134119, and HMDB0125821) due to increased favorable contributions from the intermolecular electrostatic and van der Waals interactions. Further, we have investigated the ligand-induced structural dynamics of the main protease. Overall, we have identified new compounds that can serve as potential leads for developing novel antiviral drugs against SARS-CoV-2 and elucidated molecular mechanisms of their binding to the main protease.

#### **Graphical abstract**

Identification of probable hits from human metabolites against SARS-CoV-2 using integrated computational approaches-Missed against MS



Keywords SARS-COV-2 · Main protease · Human metabolites · Virtual screening · Molecular dynamics · Free energy

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### Introduction

In China, a very contagious and severe viral disease was reported at the end of 2019 [1, 2]. This causative agent was later detected as a novel coronavirus (SARS-CoV-2). The

disease was subsequently referred to as coronavirus disease 2019 (COVID-19) [3, 4]. This COVID-19 threatened human life and the economy across the globe and affected the lives of millions of people, including more than 6.4 million deaths as of August 5, 2022. It emerged as an epidemic and eventually became a pandemic. As a result, the current COVID-19 pandemic has triggered a medical emergency that is unprecedented in recent global history. There is an urgent need to discover effective therapeutics for treating COVID-19 and find some right immune booster supplements to stay healthy and safe [5].

Novel coronaviruses (SARS-CoV-2) are non-segmented, enveloped, positive-sense RNA, single-stranded viruses and are widely distributed in mammals, including humans [6]. Once the cell is infected with SARS-CoV-2, the host cell's ongoing molecular mechanisms are taken over by the virus to translate its RNA into long protein chains and generate more viral replicas. These viral polyproteins (PP1A) are activated when cut into smaller individual functional components by protease (3-chymotrypsin-like cysteine protease, 3CL<sup>pro</sup>) [7–9]. Thus, viral proteases (3CL<sup>pro</sup>) are essential in SARS-CoV-2 virus propagation. Consequently, 3CL<sup>pro</sup> is regarded as a principal druggable target for SARS-CoV-2. 3CL<sup>pro</sup> is a heart-shaped protein also known as the main protease (3CL<sup>pro</sup>). It contains 13  $\beta$ -strands and nine  $\alpha$ -helices and is divided into three domains [10, 11], domain I (residues 8-101), domain II (residues 102-184), a long loop (residues 185-200), and domain III (residues 201-306), shown in Fig. 1. Domain I and II contain primary substrate-binding catalytic dyads, His41 and Cys145, respectively. The C-terminal domain III is mainly involved in the main protease's dimerization [12]. Several recent computational studies have identified possible small molecules [13-16], plant-derived polyphenols [17, 18], and natural substances [19] to reduce COVID-19 infections by targeting several structural and non-structural proteins of SARS-CoV-2.

In recent investigations, metabolomics has been shown to be a promising technique for preventing viral diseases [20, 21]. Metabolomics studies different metabolites in living systems such as bio-fluids, cells, tissues, organisms, etc., which can be small molecules, drug metabolites, protein fragments, intermediates of any processes, etc. Metabolomics is an emerging technology, and very soon, it will be an essential part of precision medicine [22]. The Human Metabolome Database (HMDB) is a freely downloadable human metabolite database and contains various details about different metabolites found in the human body [23]. The HMDB contains 114,214 metabolite entries, including lipid-soluble and water-soluble metabolites [24]. Several medications, such as omeprazole, clopidogrel, cyclophosphamide, and diazepam, are present in the market and may become real pharmaceuticals following metabolism. Thus, metabolites can be an important lead for drug development, for example; (i) 6-Mercaptopurine (HMDB ID-HMDB0015167), azathioprine metabolite, which is an FDA-approved drug used to treat cancer and autoimmune; (ii) Oxazepam (HMDB ID-HMDB0014980), a benzodiazepine derivative which is used to treat anxiety; and (iii) Canrenone (HMDB ID- HMDB0003033), an important active metabolite of spironolactone, which is used as a diuretic agent and treatment of hirsutism [25].

Herein, we have screened the HMDB molecules against SARS-CoV-2 3CL<sup>pro</sup> to find some potential small molecules that might be useful to combat such deadly diseases. This study may be the first to use in-silico investigations to give an idea of the blocking function of 3CL<sup>pro</sup> using human metabolites. Finally, we reported promising human metabolites against 3CL<sup>pro</sup>, which may be further developed as a therapeutic agent against COVID-19 based on their molecular mechanics generalized Born surface area (MM-GBSA) results.

#### **Materials and methods**

#### **Preparation of protein**

The primary atomic coordinates of  $3CL^{pro}$  (PDB ID- 6LU7, resolution ~ 2.16 Å) [7] were downloaded from the protein data bank and prepared using the protein preparation wizard of the Schrödinger suite [26]. The water molecules and co-factors were removed before minimization, while only the co-crystalized ligand was kept for final energy minimization. The energy minimization was restricted to an RMSD cut-off value of 0.3 Å with the original structure under the OPLS3 force field [27]. The prepared protein was then used for the grid box generation, and a 20 Å box was created, keeping the crystallized ligand in the center. The same gird was used for our entire virtual screening protocol.

# Ligand selection, preparation, and virtual screening protocol

We downloaded metabolites from the HMDB database (HMDB 4.0, accessed in May 2021) [24] and converted them to 3D structures using the Schrödinger software. HMDB contains various metabolites such as small molecules, peptides, triglycerides, etc. For curating potential leads from the metabolites, we selected compounds with molecular weights between 70 and 600 Da (~26,000 molecules). Since we are interested in studying all the metabolites in this range, we did not filter this database further using Lipinski's and related filters. Next, we performed the ligand preparation using the *LigPrep* module of the same suit, which resulted in ~36,801 entries. This module helps assign each ligand molecule's protonation and ionization



**Fig. 1** Ribbon representation of COVID-19 3CL<sup>pro</sup> complexed with the inhibitor, shown in ball and stick representation. The different part of 3CL<sup>pro</sup> is shown in different color, i.e., Green: Domain I, Cyan:

Domain II, Blue: Domain III, Brown: Inter-domain connecting loop, and Red: Ligand molecules. The top 8 molecules which are screened by the virtual screening workflow are shown in 2D illustration

states. Several structures from each ligand were generated with different ionization states, tautomers, stereochemical information, and ring conformations. Finally, ligands were optimized, yielding low-energy isomers.

The virtual screening was done against 3CL<sup>pro</sup> with the help of the virtual screening workflow (VSW) of the GLIDE module of Schrödinger [28–30]. The three tiers of virtual screening protocol, namely HTVS (high throughput virtual screening), SP (standard precision), and extra precision (XP), were sequentially employed to obtain potential lead molecules. To reduce the size of the database, we selected the top 30% of the docked complexes obtained from HTVS and used them for screening via Glide-SP. Finally, the top 20% of the SP docking results were considered for the Glide-XP (extra precision) docking. Moreover, the final compound selection was based on a visual inspection of the docking poses and the corresponding XP-docking scores, resulting in 17 unique molecules that were subjected to further analyses and investigations. A similar protocol for the virtual screening study was used in our previous work on COVID-19 3CL<sup>pro</sup> [15].

#### Molecular dynamics (MD) simulation

Selected docked structures obtained from the virtual screening were used as an input to the LEaP module of Amber-Tools19 [31] to generate the input structure for MD simulations. The TIP3P [32] water model was used to solvate the structure in an octahedron water box with a 10 Å buffer region from all directions. An adequate number of ions were also added to neutralize the system. All the complexes were simulated using the Amber ff14SB forcefield [33] for protein and generalized Amber force field (GAFF2) [34] for ligand molecules. A 10 Å cut-off was fixed for calculating the longrange interaction with the help of the particle-mesh Ewald (PME) scheme [35]. The SHAKE [36] algorithm involved the bond length having hydrogen atoms to keep its motion constant. All the systems were simulated at a constant temperature of 300 K, which was maintained using a Langevin thermostat with a collision frequency of 2  $ps^{-1}$ . A detailed description of the simulation protocol was discussed in our previous studies on COVID-19 [11, 37]. All complex structures were subjected to  $3 \times 100$  ns production runs under the NPT ensemble. Trajectories were analyzed using the *cpptraj* module of AmberTools19, and the last 50 ns trajectories were used for the binding free energy calculation.

#### Protein-ligand-binding free energy calculation

The molecular mechanics Poisson–Boltzmann (generalized Born) surface area (MM-PB(GB)SA) scheme [38–42] is widely used to determine the binding free energy between protein-inhibitor [14, 43], protein-nucleic acid [44–46] as well as protein-carbohydrate [47, 48] complexes. The total binding free energy ( $\Delta G_{\text{bind}}$ )( $\Delta G_{\text{bind}}$ ) comprises internal energy ( $\Delta E_{\text{internal}}$ ), ( $\Delta E_{\text{internal}}$ ), desolvation free energy ( $\Delta G_{\text{solv}}$ )( $\Delta G_{\text{solv}}$ ), and configurational entropy ( $T\Delta S$ )( $T\Delta S$ ) which are related by the following equation [16, 49–53],

$$\Delta G_{\text{bind}} = \Delta H - T\Delta S \approx \Delta E_{\text{internal}} + \Delta G_{\text{solv}} - T\Delta S \tag{1}$$

To estimate the binding free energy, 2500 frames were selected uniformly from the last 50 ns trajectories, and calculation was done with the help of the *MMPBSA.py* script available on AmberTools19. The entropic contribution was estimated using the normal mode analysis, and the MM-GBSA pair-wise decomposition scheme also assessed the contribution from each amino acid.

#### ADMET studies of top ligands

To compute the top lead molecules' absorption, distribution, metabolism, and excretion properties, the *QikProp* module of the Schrödinger suite was used. Thirty-five significant pharmaceutical properties were monitored, such as CNS activity, % of human oral absorption, blood–brain barrier prediction, cell permeability, Lipinski rule, etc. The toxicity-related parameters, such as hepatotoxicity, carcinogenicity, mutagenicity, and cytotoxicity, were calculated using the ProTox-II web server [54].

#### **Results and discussions**

#### Virtual screening of metabolites against 3CL<sup>pro</sup>

To conduct the virtual screening of the human metabolite database, we started with ~ 36,801 entries out of 114,214 HMDB metabolites, which have been further screened using HTVS, Glide-SP, and Glide-XP protocol to get the top 17 lead compounds. These compounds were ranked according to their glide score, and the top 8 ligands were selected by keeping a cut-off value of - 11 kcal/mol. To verify the docking poses, the top 8 ligand molecules were re-docked using Autodock Vina [55] and Glide-XP separately. Superimposition of the docked structures using both methods suggested similar binding poses, as shown in Supporting Information Fig. S1. We also investigated similarities of our principal metabolites by estimating the Tanimoto coefficient.

Further, this estimation was also carried out for five FDA-approved drugs: Remdesivir, Ritonavir, Favipiravir, Indinavir, and Beclabuvir, as shown in Supporting Information, Table S1). Most of the metabolites are chemically distinct except *Ligand5* and *Ligand8*. All other combinations showed a very low similarity like 0.14 (*Ligand3* vs. *Ligand4*) to moderate similarity like 0.58 (*Ligand4* vs. *Ligand7*). On the other hand, FDA-approved drugs showed significantly less similarity, ranging from 0.06 to 0.15. So, this suggests our metabolites are very much exclusive from the commonly used drugs showing a good binding.

The best lead molecule results in a Glide score of – 14 kcal/mol, indicating a promising candidate for drug design. The docking score of the top 8 lead compounds is shown in Table 1. We provided the SMILES of all top 8 ligands in Supporting Information Table S2. One of the best hits in the present study is **HMDB0132640**, i.e., *Ligand1*, which is a predicted metabolite of 1-(2,4,6-trihydroxy-3-(3-methyl-2-en-1-yl)phenyl)-3-(2,4,5-trihydroxy phenyl)propan-1-one, a non-cyclic derivative of 2-phenylchromen-4-one flavonoids. It belongs to the class of organic compounds known as flavonoid o-glycosides. It can also be classified as 2'-hydroxy-dihydrochalcones,

Table 1Different componentsof docking scores obtained fromthe Glide-XP-docking scheme

Lead molecule	Molecular weight	G-score <sup>a</sup>	Glide-lipo <sup>b</sup>	Glide-hbond <sup>c</sup>	Glide-evdw <sup>d</sup>
Ligand1 (HMDB0132640)	568.657	- 14.060	- 4.160	0.000	- 39.543
Ligand2 (HMDB0030665)	622.706	- 12.399	- 2.859	- 0.339	- 61.108
Ligand3 (HMDB0128347)	573.59	- 12.151	- 2.359	-0.800	- 48.830
Ligand4 (HMDB0134117)	598.64	- 11.724	- 2.228	- 0.769	- 36.536
Ligand5 (HMDB0125819)	424.444	- 11.534	- 3.702	- 0.160	- 47.989
Ligand6 (HMDB0127868)	492.564	- 11.134	- 2.904	-0.887	- 29.007
Ligand7 (HMDB0134119)	598.64	- 11.119	- 3.060	- 0.430	- 40.603
Ligand8 (HMDB0125821)	394.418	- 11.051	- 3.369	- 0.480	- 44.484

<sup>a</sup>Glide score (kcal/mol)

<sup>b</sup>Lipophilic term derived from hydrophobic grid potential

<sup>c</sup>Hydrogen bonding term in GlideScore

<sup>d</sup>Van der Waals energy

which is biosynthesized by reducing  $\alpha,\beta$ -unsaturated ketone (chalcone) in the Human gut and is considered to be a flavonoid type of molecule. This type of flavonoid is present in many plants and has shown antiviral properties. The flavonoids have been reported to have a complementary therapeutical role in the treatment of COVID-19 [56]. *Ligand*1 is one of the predicted metabolites of Isobavachalcone, which is obtained from the seeds of Psoralea corylifolia. Isobavachalcone has proven effective against papain-like protease (PL<sup>pro</sup>) of SARS-CoV [57]. Isobavachalcone has also been found active against 3C-like protease/main protease (3CL<sup>pro</sup>/M<sup>pro</sup>) of the Middle East respiratory syndrome coronavirus (MERS-CoV) [58]. Thus, HMDB0132640 can be a potential compound for interventional therapy for COVID-19.

Another hit from HMDB is HMDB0127868 (Ligand6) which belongs to the 5,7-Dihydroxy flavonoid class. It is a predicted metabolite of 2-(4-ethyl-3-hydroxyphenyl)-3,4-dihydro-2 h-1-benzopyran-3,5,7-triol. It is a polyphenolic compound and can have a potential antiviral property. Its binding energy and docking score are also good (- 10.33 kcal/mol, - 11.134, respectively). HMDB0134119 (Ligand7) is our next hit and is a stilbene glycoside. It is a predicted metabolite of (E)-4-(3,5-dihydroxystyryl) benzene-1,3-diol. Some studies support the potential use of stilbene derivatives in treating SARC-COV infection [19, 59]. Its binding energy and docking score are good (- 9.53 kcal/mol, - 11.119, respectively). Another hit (HMDB0125821/Ligand8) belongs to the 1-benzopyran class of compounds and are polyphenolic compounds. It is a predicted metabolite of 2,2-dimethyl-3,4-dihydro-2 h-1-benzopyran-4,5,7-triol. These benzopyran compounds are found in mushrooms and are the biomarker for consuming these foods. Its binding energy and docking score are good (- 10.28 kcal/mol, - 11.05, respectively).

#### Structural stability and flexibility of complexes

### Overall 3CL<sup>pro</sup> structure

About eight human metabolites were found to be potential after the virtual screening competition. These compounds were identified as interacting with the binding cavity and catalytic dyads of the SARS-CoV-2 major protease. To further validate the thermodynamics stability and flexibility of the complexes, 100 ns molecular dynamics simulations were carried out, and we monitored each system's structural and energetic properties during the production simulations.

To verify the convergence of simulations, we calculate the time evolution of our system's receptor backbone atoms root mean square deviation (RMSD) concerning their corresponding initial coordinates. The temporal distribution of RMSD of each system is shown in Fig. 2A, B, and their average values for the last 50 ns are listed in Table 2. We also ran two more replicas for all eight complexes, and the RMSD profile of the other two replica runs is shown in Supporting Information Fig. S2. It is evident from Fig. S2 that the overall RMSD profile was the same in all replica runs, suggesting a converged simulation for all but *complex3*. In the case of *complex3*, relatively large fluctuations were observed compared to other complexes. The other seven complex simulations attained stability in the last 50 ns.

Figure 2A, B shows that each system reached a good equilibrium state after 50 ns and maintained it throughout the last 50 ns of production simulations. The average RMSD value was found to vary between  $(1.5 \pm 0.2)$  Å and  $(3.0 \pm 0.1)$  Å for all cases. The highest average RMSD value  $(3.0 \pm 0.1)$  Å was obtained for *complex1* and the lowest value  $(1.5 \pm 0.2$  Å) for *complex4*. For the comparison purpose, we



Fig. 2 A, B The time evolution of root means square deviation (RMSD) of backbone atoms of  $3CL^{pro}$ -complex relative to their respective initial coordinates. C, D The root mean square fluctuations (RMSFs) of  $C_{\alpha}$  atoms for all eight  $3CL^{pro}$ -ligand complexes

 Table 2
 The average backbone RMSD, the radius of gyration (RoG), and solvent-accessible surface area (SASA) for all eight complexes

System	RMSD (Å)	RoG (Å)	SASA (nm <sup>2</sup> )		
Complex1	$3.0 \pm 0.1$	$21.9 \pm 0.1$	$141.9 \pm 2.6$		
Complex2	$2.1 \pm 0.2$	$22.0\pm0.1$	$143.9 \pm 2.5$		
Complex3	$2.1 \pm 0.4$	$22.1\pm0.1$	$144.1 \pm 2.7$		
Complex4	$1.5 \pm 0.2$	$22.0\pm0.1$	$140.8 \pm 2.3$		
Complex5	$1.8 \pm 0.2$	$21.9\pm0.1$	$141.6 \pm 2.4$		
Complex6	$2.6 \pm 0.1$	$21.8 \pm 0.1$	$137.1 \pm 2.3$		
Complex7	$2.1 \pm 0.3$	$22.0\pm0.1$	$142.1 \pm 3.0$		
Complex8	$2.8 \pm 0.2$	$21.8 \pm 0.1$	138.2±2.4		

The data are reported as average ± standard error of the mean (SEM)

also estimated the RMSD of the apo structure from our previous work, which was simulated under the same condition and shown in Supporting Information (Fig. S3A). The average RMSD for the apo form was  $2.0 \pm 0.01$  Å, comparable to the RMSD value of complexes.

We extended our residual fluctuation study, and the root means square fluctuations (RMSFs) of  $C_{\alpha}$  atoms in each protein complex were explored throughout the simulations and displayed in Fig. 2C, D. Figure 2C, D shows that all complexes' overall atomic fluctuations pattern is the same. Due to the inhibitor binding, we observed lower fluctuations for domain I (residues 8–101) and domain II (residues 102-184). On the other hand, domain III (residues 201-306) showed relatively higher fluctuations than domains I and II. RMSF values rarely crossed 2 Å for most of the  $C_{\alpha}$  atoms, except terminal residues, which is a usual phenomenon. Further, it is evident from Fig. 2C, D that the ligand-binding sites, including Leu27, His41, Cys145, His163, His164, Met165, Glu166, and Pro168, displayed the lowest fluctuation. It can further be observed from Fig. 2C, D that the off-binding site residues like Ser46, Glu47, Leu50, and Pro52 from domain I; Asn151, Ile152, Asp153, Tyr154, and Asp155 from domain II; Met276, Asn277, Gly278, Arg279, Thr280, and Gly302 from domain II showed higher fluctuations compared to other residues. However, our previous study on SARS-CoV-2 3CL<sup>pro</sup> [60] suggested that the apo 3CL<sup>pro</sup> protein structure had less atomic fluctuations than the ligand-bound protease, indicating that the apo 3CL<sup>pro</sup> is less flexible (see Fig. S3B).

#### Ligand dynamics and binding pocket stability

After investigating the overall 3CL<sup>pro</sup> structure, we also explored the conformation of all the ligands and the respective binding pocket stability in terms of its heavy atoms and backbone atoms RMSD, respectively, as shown in Fig. 3. As shown in Fig. 3A, B, the ligand RMSD values fluctuated within 3 Å, and the average RMSD values ranged from



Fig. 3 A, B Time evolution of inhibitors' heavy atoms root mean square deviations (RMSDs) concerning initial conformations. C, D temporal RMSD variations of backbone atoms around the 5 Å of each ligand (binding pocket)

1.1 to 2.5 Å. Initially, all ligand RMSDs except for *ligand3* increased up to 30 ns and stabilized afterward. In the case of *ligand3*, we observed more fluctuations than other ligands bound to 3CL<sup>pro</sup>, suggesting that it may make unstable interactions with the binding pocket of 3CL<sup>pro</sup>. This may weaken its affinity toward 3CL<sup>pro</sup>. Overall, the flexibility observed from the ligand RMSD profile is evident as these are small molecules. We also estimated the ligand stability by calculating the ligand–protein distance, which is discussed in the subsequent section. However, in the last 30 ns, all ligand RMSDs attain a steady state, which signifies a continuous binding.

Similarly, in Fig. 3C, D, we explore the time evolution of backbone atoms deviation at residues of 5 Å around each ligand. As the RMSD plot suggests, the fluctuations of all system's ligand-binding pockets are lower. The average RMSD values range from 1.0 to 2.0 Å. If we see the fluctuation pattern, all the complexes except (*complex1* and *complex4*) reached stability after 20 ns. The pocket RMSD of *complex1* and *complex4* revealed the two complexes have almost similar behavior during the entire production simulation and achieved structural stabilities during the initial 80 ns and the final 15 ns. These results suggest that the binding pocket of  $3CL^{pro}$  bound to human metabolites is relatively rigid and compact, which is suitable for better affinity.

#### Protein compactness and solvent exposure of binding sites

The residual compactness of the protein–ligand structure during molecular dynamics simulation is best described by the radius of gyration (RoG) and the solvent exposure measure in terms of solvent-accessible surface area (SASA). We computed RoG for all the complexes, shown in supporting information, Fig S4A, B, and the last 50 ns trajectories' average values are listed in Table 2. It is evident from Fig. S4A, B that all the complexes were stable and compact throughout the 100 ns simulations, and the average RoG values range from 21.8 to 22.1 Å for all cases. The initial RoG value for all is high compared to the last 50 ns trajectory. It may indicate that all complexes become more compact due to the binding of human metabolites.

In order to know the solvent exposure of the 3CL<sup>pro</sup> binding cavity for all the eight simulated systems, we estimated the solvent-accessible surface area (SASA) of protein structures as shown in Fig. S4C, D. The average SASA values of the last 50 ns simulations are listed in Table 2. The initial surface area occupied by each complex is relatively high compared to the final 50 ns. It is evident from Table 2 that SASA values vary between 137.1 nm<sup>2</sup> and 144.1 nm<sup>2</sup> for all systems. On the other hand, the SASA value for the apo 3CL<sup>pro</sup> was estimated as 146.5 nm<sup>2</sup> [60]. The lower SASA value signifies strong ligand-binding inside the cavity, suggesting the water molecule's displacement from it. A similar observation was found in earlier studies [61–63].

#### Human metabolites and 3CL<sup>pro</sup> domains distance analysis

The 3CL<sup>pro</sup> has divided into three different domains, see Fig. 1. If we talk about the binding of any small molecules on the 3CL<sup>pro</sup>, then domain I and domain II are mainly responsible for that, and domain III is involved in the dimerization of 3CL<sup>pro</sup>. Therefore, to explore the structural displacement of the binding pocket and ligand behavior inside the binding cavity, we calculate the center of mass (CoM) distance among human metabolites (ligands) and domains (mainly domain I and domain II) see Fig. 4. As suggested in Fig. 4, except for *complex3*, *complex4*, and *complex5*, the rest have shown no change in their distance plots. It is evident from Fig. 4D that the distance between ligand

and domains initially decreases up to 37 ns; afterward, it increases up to 80 ns and finally reaches stable equilibrium and fluctuates around 20 Å for the last 20 ns of simulations. Similarly, we also see some drifting in the distance plot of *complex3* and *complex5*. The binding of human metabolites to 3CL<sup>pro</sup> is directly affected by these distance deflections.

#### **Energetics of human metabolites affinity**

To further elucidate the recognition, binding affinity, and specificity of human metabolites against SARS-CoV-2 main protease  $3CL^{pro}$ , we have estimated the total binding affinity  $(\Delta G_{bind})(\Delta G_{bind})$  and energetic components using molecular mechanics generalized Born surface area



Fig. 4 The time evolution of distance between ligand and domain I (in red), ligand and domain II (in violet), ligand and domain I & II (in green). A complex1, B complex2, C complex3, D complex4, E complex5, F complex6, G complex7 and H complex8, respectively

Systems	$\Delta E_{ m vdW}$	$\Delta E_{\rm elec}$	$\Delta G_{ m pol}$	$\Delta G_{ m np}$	$\Delta E_{\rm MM}{}^{\rm a}$	$\Delta G_{ m solv}^{\ \ b}$	$\Delta H^{c}$	$-T\Delta S$	$\Delta G_{ m bind}{}^{ m d}$
Complex1	- 52.91 (0.10)	) – 57.22 (0.35)	70.40 (0.30)	- 6.79 (0.01)	- 110.13 (0.39)	63.61 (0.29)	- 46.51 (0.11	) 28.43 (0.86)	- 18.08 (0.87)
Complex2	- 44.26 (0.11)	- 45.62 (0.30)	62.87 (0.22)	- 6.34 (0.01)	- 89.88 (0.32)	56.53 (0.21)	- 33.35 (0.14	) 28.01 (0.67)	- 5.34 (0.68)
Complex3	- 32.39 (0.10)	- 79.24 (0.32)	87.79 (0.29)	- 5.40 (0.01)	- 111.64	82.79 (0.29)	- 29.25 (0.10	) 30.43 (0.70)	1.18 (0.71)
					(0.35)				
Complex4	- 29.93 (0.09)	- 23.86 (0.20)	38.44 (0.16)	- 4.46 (0.01)	- 53.80 (0.23)	33.98 (0.15)	- 19.82 (0.11	) 23.99 (0.61)	4.17 (0.62)
Complex5	- 37.50 (0.11)	- 20.02 (0.30)	33.29 (0.26)	- 4.59 (0.01)	- 57.52 (0.34)	28.70 (0.25)	- 28.82 (0.13	) 20.07 (0.57)	- 8.75 (0.58)
Complex6	- 48.53 (0.05)	- 27.72 (0.10)	48.09 (0.07)	- 5.89 (0.00)	- 76.25 (0.10)	42.20 (0.07)	- 34.05 (0.05	) 23.67 (0.46)	- 10.33 (0.46)
Complex7	- 44.14 (0.11)	- 32.75 (0.22)	47.63 (0.16)	- 5.95 (0.01)	- 76.89 (0.28)	41.68 (0.15)	- 35.21 (0.16	) 25.68 (0.84)	- 9.53 (0.85)
Complex8	- 33.95 (0.06)	– 17.63 (0.17)	28.26 (0.15)	- 4.18 (0.01)	- 51.58 (0.17)	24.09 (0.15)	- 27.49 (0.06	) 17.21 (0.58)	- 10.28 (0.58)

Table 3 Energetic components of the binding free energy for 3CL<sup>pro</sup> of SARS-CoV-2 complexed with human metabolites, estimated using the MM/GBSA (kcal/mol) method

Standard errors of the mean (SEM) are provided in parentheses

$$\label{eq:constraint} \begin{split} ^{a}\Delta E_{\rm vdW} + \Delta E_{\rm elec} \\ ^{b}\Delta G_{\rm pol+} \Delta G_{\rm np} \\ ^{c}\Delta E_{\rm vdW} + \Delta E_{\rm elec} + \Delta G_{\rm pol+} \Delta G_{\rm np} \\ ^{d}\Delta E_{\rm vdW} + \Delta E_{\rm elec} + \Delta G_{\rm pol+} \Delta G_{\rm np} - T\Delta S \end{split}$$

(MM-GBSA) approach. A summary of the binding affinity and its components are shown in Supporting Information Fig. S5 and Table 3. As suggested in Fig. S5, the polar solvation  $(\Delta G_{\text{pol}})(\Delta G_{\text{pol}})$  and configurational entropic  $(T\Delta S)(T\Delta S)$  components disfavor the binding of human metabolites while the rest of the components  $(\Delta E_{\rm vdW}\Delta E_{\rm vdW}, \Delta E_{\rm elec} \text{ and } \Delta G_{\rm np}\Delta E_{\rm elec} \text{ and } \Delta G_{\rm np})$  are favorable toward the protein-ligand complexation. Moreover, Table 3 reveals that the calculated binding affinity of *complex*1 is the highest  $(-18.08 \pm 0.87 \text{ kcal/mol})$  followed by *complex6* ( $-10.33 \pm 0.46$  kcal/mol), *complex8*  $(-10.28 \pm 0.58 \text{ kcal/mol}), complex7 (-9.53 \pm 0.85 \text{ kcal/})$ mol), complex5 ( $-8.75 \pm 0.58$  kcal/mol) and complex2  $(-5.34 \pm 0.68 \text{ kcal/mol})$ . On the other hand, the worst binding affinity (due to their high configurational entropic contributions,  $-T\Delta S\Delta S$ ) of *complex3* and *com*plex4 suggest that these complexes' human metabolites are not good binder against 3CL<sup>pro</sup>. However, the static docking results are promising. It is worth noting that ligand3 displayed an increased configurational entropic contribution as it experienced more fluctuations than other ligands (see Fig. 3A). These results indicate that the complex1's human metabolite has the strongest binding affinity with 3CL<sup>pro</sup>.

Han et al. computationally explored the binding affinity of some clinically approved drugs (Chloroquine, Hydroxychloroquine, Remdesivir, Ritonavir, Favipiravir, Beclabuvir, and Indinavir) and recently designed  $\alpha$ -ketoamide (13b) inhibitor against SARS-CoV-2 3CL<sup>pro</sup> [64]. Han et al. suggested that  $\alpha$ -ketoamide (13b) is a highly potent inhibitor, and the binding affinity is – 17.75 kcal/mol. Overall, our estimations indicate that human metabolites could be more potent than  $\alpha$ -ketoamide (13b), as we get better affinity (- 18.08 kcal/mol) against 3CL<sup>pro</sup> due to its low value of configuration entropy (28.43 kcal/mol).

#### Critical residues involved in human metabolites binding with 3CL<sup>pro</sup>

To gain insights into the contribution of each amino acid to the binding, we decomposed the total binding free energy at the residual level using the molecular mechanics generalized Born surface area (MM-GBSA) approach. The protein-ligand interactions spectra are shown in Fig. 5. The binding hotspot residues whose contributions are more than - 1.5 kcal/mol are listed in Supporting Information Table S3. It is clear from Fig. 5 that the favorable binding residues are Met165, His41, Cys145, Glu166, Gln189, Asn142, Leu141, and Met49, and the interaction spectra for all are the same. This agrees with other computational studies [65, 66]. Our RMSF analysis also shows that these binding site residues display low fluctuations due to strong interactions with human metabolites (see Fig. 2C, D). Figure 5 and some recent studies suggest domains I and II are involved favorably in human metabolites like small molecules, and catalytic dyads His41 and Cys145 play an essential role. Moreover, for all cases, the assistance from the backbone and side-chain atoms are also favorable toward the binding, which is a good thing for an inhibitor's stronger affinity.

As Table S3 suggested that in the case of *complex*1, Gln189 (-2.68 kcal/mol), Met165 (-2.51 kcal/mol), Glu166 (-2.10 kcal/mol), and Thr190 (-1.51 kcal/mol)

Fig. 5 Per-residue decomposition of the binding free energy for A complex1, B complex2, C complex3, D complex4, E complex5, F complex6, G complex7 and H complex8, respectively. The energy contribution  $\geq -$ 1.5 kcal/mol is shown in each plot



are the hotspot residues. The van der Waals interactions with these residues have essential contributions to the overall binding affinity of the metabolite. This result implies that the human metabolite in *complex1* depicted a tendency to develop hydrophobic interactions with most of these binding site residues. This interaction is thought to reduce binding site residues' flexibility, as seen in the RMSF analysis (Fig. 2C, D). Similarly, residue Gln189 in *complex4* (- 1.99 kcal/mol), *complex5* (- 2.80 kcal/mol), *complex6* (- 3.06 kcal/mol), *complex7* (- 3.20 kcal/mol), and *complex8* (- 3.35 kcal/mol) contributed more favorably than the catalytic dyads.

# Hydrogen bonds and hydrophobic interactions stability analysis

To complement the energetic analysis and understand the complex stability, we determined the time evolution of the center of the mass distance between the  $3CL^{pro}$  and eight human metabolites into their respective complex, shown in Fig. 6A, B. As suggested in Fig. 6A, B, the CoM distance of these complexes is at a stable equilibrium. Although we see some deflection in *complex4* up to 80 ns, after that, it fluctuated around 23 Å.

Next, we estimated the temporal evolution of the number of hydrogen bonds between 3CL<sup>pro</sup> and metabolites throughout the simulation (see Fig. 6C, D). Detailed profiling of the prominent hydrogen bonds is listed in Supporting Information Table S4. It is evident from Fig. 6C, D that *complex3* 



Fig. 6 The time evolution of the center of the mass distance ( $\mathbf{A}$ ,  $\mathbf{B}$ ) and the number of hydrogen bonds between 3CL<sup>pro</sup> and human metabolites ( $\mathbf{C}$ ,  $\mathbf{D}$ ). In figure legend, the complex is termed as com in all cases

shows the highest number of hydrogen bonds compared to the rest of the complexes. This high number of hydrogen bonds increases the electrostatic interactions between 3CL<sup>pro</sup> and human metabolites. However, in *complex3*, this electrostatic interaction is compensated by polar solvation energy, which is the highest among all complexes. Thus, the number of hydrogen bonds alone is insufficient for obtaining high affinity, as also shown in an earlier study [67]. However, *ligand1* has very stable hydrogen between Gln192 and the oxygen (O3) atom (80.39%), which is missing in the case of *complex3*. The *complex2*, *complex4*, *complex6*, and *complex8* have less than two hydrogen bonds in the 100 ns simulation. These results suggest that non-polar solvation and hydrophobic van der Waals interactions are the primary binding force.

Furthermore, we supplemented the above findings for the top four molecules by exploring various hydrogen bonding and hydrophobic interaction profile between the main protease, 3CL<sup>pro</sup>, and human metabolites for the final production simulation structure, as shown in Fig. 7. The interaction profiles for *complex2*, *complex3*, *complex4*, and *complex5* are shown in Supplementary Information, Fig. S6. The 3D conformation of ligands in the binding site shows the possible orientation of the different ring structures, which leads to the possible set hydrogen bonding pattern (Fig. 7A–D). The detailed interaction profiles were estimated using Ligplot<sup>+</sup> (Fig. 7E–H) [68]. For the *complex1*, Fig. 7E displayed

ten hydrophobic interactions with Cys44, Gly143, Tyr54, Gln189, Met49, Asp187, Glu166, Met165, Glm192, and Leu167. These extensive hydrophobic interactions account for the high affinity and stability of human metabolites in complex1. Similarly, residues, including Thr26, His41, Arg188, and Thr190, form strong hydrogen bonding with metabolites. In *complex6*, seven hydrophobic interactions with residues His163, Arg188, His41, His164, Asp187, Met165, and Gln189 were found, as revealed by Fig. 7F. Figure 7G, H shows that Ala191, Arg188, Met165, Gln189, His41, Met49, and Asn142 are strongly involved in hydrophobic interactions. His164, Gln189, Gln166, and Gln192 participate in the hydrogen bonding interactions for complex7 and complex8. Due to extensive hydrophobic interactions and strong hydrogen bonding, *complex1* may be more potent against SARS-CoV-2 3CLpro.

# Prediction of pharmacological and toxicological properties

Different physicochemical properties like CNS, Molecular weight, acceptor and donor hydrogen bond cut-off, octanol/ water partition coefficient, brain–blood barrier coefficient, and others were calculated and listed in Supporting Information (Table S5). *Ligand8* is the least violated Lipinski's rule among all other top leads. The best lead ligand obtained from the MD simulation studies shows poor druggability

Fig. 7 The main protease, 3CL<sup>pro</sup>, and human metabolites interaction profiles (affinity more than - 9 kcal/mol). 3D interaction profile for selected ligands where key residues are shown ball and stick model A Ligand1, B Ligand6, C Ligand7, and D Ligand8. 2D interaction plots are generated by using Ligplot+, E Ligand1, F Ligand6, G Ligand7, and H Ligand8. Pink spike semicircles show the residues involved in the hydrophobic interactions, and hydrogen bonds are shown as green dotted lines



as it has the highest number of rule violations. However, recently, it has been found that many drugs do not follow Lipinski's rule and are presently found on the FDA-approved

drug list [69]. Instead of being employed as a therapeutic candidate, these compounds will be used as lead molecules.

Ligand6 and Ligand8 have less than 500 Dalton molecular weights, indicating a promising lead molecule for drug design. Only in the case of human oral absorption, all four ligands were out of the acceptable ranges. Compared with all the parameters, Ligand8 stands out to be the best choice for a lead molecule. Toxicity profiling is one of the critical parameters for successful drug development, which was done in our lead molecules and shown in Supporting Information, Table S6. Ligand1 and Ligand7 were estimated as toxicity group 4, whereas Ligand6 and Ligand8 were estimated as group 5 on a scale of 1 to 5 (higher the number, lower the toxicity). All four lead ligands were evaluated as non-hepatotoxic, non-carcinogen, non-mutagenic, and noncytotoxic. In comparison to Ligand1, which has the highest binding free energy of all the molecules, Ligand8 exhibits several interesting features.

#### Conclusion

This study concludes that the natural compounds and their metabolites can play a promising role in managing the SARS-COV-2 infection. The current study is a reference model in which we recommend adjusting the body's metabolites or eating enough food to develop appropriate metabolites to combat viral infections. We screened the human metabolite database and selected the top 8 lead molecules for further validation. The chosen molecules were further screened using  $3 \times 100$  ns long conventional molecular dynamics simulations and the free energy calculation using the MM/GBSA scheme. Based on our computational study, we identified top four lead compounds to become possible drug candidates. We found that one of the metabolites of isobavachalcone (Ligand1: HMDB0132640) binds very well (- 18.08 kcal/mol) to 3CL<sup>pro</sup> of SARS-COV-2. Although it does not follow all the druggability rules, it is worth trying a molecule that can bind very well to 3CL<sup>pro</sup> and may serve as the best lead for this target. On the other hand, Ligand8 is another suitable candidate based on suitable ADMET properties. Therefore, despite some deviations from druglikeness, four of the eight hits can be taken further as they have ideal interactions with 3CL<sup>pro</sup>, excellent binding free energy, and good pharmacokinetic properties. Overall, these metabolites have a good chance of being developed as possible COVID-19 protease inhibitors.

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**Data availability** The data supporting this study's findings are available from the corresponding author (PK) upon reasonable request.

#### Declarations

**Conflict of interest** The authors declare that there is no conflict of interest.

**Research involving human and animal rights** There is no human or animal experiment in this study.

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