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# **ORIGINAL ARTICLE** Influence of glutathione *S*-transferase gene polymorphisms on busulfan pharmacokinetics and outcome of hematopoietic stem-cell transplantation in thalassemia pediatric patients

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Hematopoietic stem-cell transplantation (HSCT) is currently the only curative therapeutic option for the treatment of thalassemia. In spite of the high cure rate, HSCT can lead to life-threatening adverse events in some patients. Busulfan (Bu) is a key component of the conditioning regimen prior to HSCT. Inter-individual differences in Bu pharmacokinetics (PK) are hypothesized to influence Bu efficacy and toxicity. Since Bu is mainly metabolized by glutathione *S*-transferase (GST), we investigated the relationship of *GSTA1* and *GSTM1* genotypes with first-dose PK and HSCT outcomes in 44 children with thalassemia intermedia and thalassemia major. All children received a myeloablative conditioning regimen with IV Bu. Association analysis revealed a relationship between *GSTA169C* > *T* (or haplotype \**A*/\**B*) and first Bu dose PK that was dependent on sex and Pesaro risk classification (PRC). Among female patients and patients with PRC I–II, homozygous individuals for the *GSTA1T* – *69* allele defining haplotype \**B*, had higher Bu exposure and lower clearance (*P* ≤ 0.01). Association with HSCT outcomes showed that patients with the *GSTM1 null* genotypes had higher occurrence of regimen-related toxicity (*P* = 0.01). These results suggest that *GST* genotypes could be useful to tailor the first Bu dose accordingly to improve HSCT outcome.

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## INTRODUCTION

The annual estimate of newborns affected by thalassemia is 40 000 with a high prevalence in Mediterranean countries, Middle East and South Asia.<sup>1</sup> Thalassemia syndrome is divided into two main groups,  $\alpha$  and  $\beta$  thalassemia and subdivided into four syndromes: thalassemia major (Hb < 7 g/dL and marked splenomegaly), intermediate (Hb 7-10 g/dL and splenomegaly), minor (Hb > 10 g/dL and mild splenomegaly) and thalassemia trait (without abnormal clinical features). For the most severe forms of thalassemia, hematopoietic stem-cell transplantation (HSCT) is currently the only curative therapeutic option<sup>2,3</sup> with busulfan (Bu) as the key component of the myeloablative regimen prior to HSCT.<sup>3</sup> Recently, alternative alkylating agents, such as treosulfan, have also been successfully used in the conditioning regimen of patients with thalassemia.<sup>4,5</sup> Inter-individual differences in Bu pharmacokinetics (PK) have been shown to affect Bu efficacy leading to toxicity or graft failure, even when administered IV.<sup>6</sup> High Bu exposure (area under the curve, AUC > 1500 µmol/min or steady state concentration, Css > 900 mg/kg) has been associated with greater toxicity and acute GvHD (aGvHD), whereas low exposure (AUC < 900  $\mu$ mol/min or Css < 600 mg/kg) has been associated with graft rejection or relapse.<sup>8-10</sup> Bu is metabolized by the liver cytosolic glutathione S-transferases (GSTs);<sup>11</sup> GSTA1 is the predominant isoform of GST catalyzing the conjugation of Bu with glutathione (GSH), whereas GSTM1-1 and GSTP1-1 contribute to 46 and 18% of the activity of GSTA1, respectively.  $^{12-15}$  We recently showed that the *GST* gene variants, particularly *GSTA1* and *GSTM1*, influence Bu PK and outcomes of HSCT in children who underwent transplantation for both malignant and non-malignant diseases.<sup>16,17</sup> In the 1980s, the Pesaro group developed a prognostic scheme related to iron burden, which is used today to predict transplant outcome in patients younger than 17 years, known as the Pesaro risk classification (PRC).<sup>18</sup> However, this scheme is unable to predict adverse events, such as aGvHD that can be as high as 20%.<sup>19</sup> Additional prognostic tools are thus needed to prevent regimen-related toxicities (RRTs), including aGvHD, sinusoidal obstruction syndrome (SOS), hemorrhagic cystitis and lung toxicity.

Here, we extended our investigation to address the role of the *GST* genotypes in relation to Bu PK and pharmacodynamics to a homogeneous pediatric population of the Middle East affected by thalassemia, and addressed the relationship of the *GSTA1* and *GSTM1* genotypes with first Bu dose PK and with HSCT outcomes, retrospectively.

### PATIENTS AND METHODS

### Patients

This study comprised 44 children (21 males and 23 females, median age 8), including 9 patients with transfusion-dependent thalassemia intermedia (20.5%) and 35 with thalassemia major (79.5%) who underwent allogeneic HSCT between December 2005 and December 2010 at the Pediatric Immunohematology and Bone Marrow Transplantation Unit, San Raffaele

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Scientific Institute, Milan, Italy. Before transplantation, patients were assigned to one of the three classes of risk (PRC), proposed by Lucarelli *et al.*<sup>20</sup> on the basis of iron chelation therapy, liver enlargement or evidence of portal fibrosis by liver biopsy. One patient was assigned to class I (2.3%), 23 patients to PRC II (52.3%) and 20 patients to PRC III (45.5%). All parents provided informed consent for study participation. The demographic characteristics of the patients, and details of disease and transplantation are given in Table 1. The study is part of the European Bone Marrow Transplantation (EBMT) clinical trial (NCT01257854).

#### Treatment regimen

All patients received Bu-based myeloablative conditioning regimen prior to HSCT. IV Bu (Busilvex, Pierre Fabre Laboratory, Paris, France) was administered as a 2-h infusion in 16 doses every 6 h from day –9 to –6. For the first Bu dose, five different doses based on weight were given according to the standard protocol:<sup>21</sup> 1 mg/kg for <9 kg; 1.2 mg/kg for  $\ge$ 9 and < 16 kg; 1.1 mg/kg for  $\ge$  16 and  $\le$  23 kg; 0.95 mg/kg for >23 and

| Table 1. Characteristics of patients (n = 44), disease and treatment |        |              |  |
|----------------------------------------------------------------------|--------|--------------|--|
| Characteristics                                                      |        | Patients     |  |
|                                                                      | Ν      | %            |  |
| Gender                                                               |        |              |  |
| Male                                                                 | 21     | 47.7         |  |
| Female                                                               | 23     | 52.3         |  |
| Population                                                           |        |              |  |
| Middle East                                                          | 44     | 100          |  |
| Diaanosis                                                            |        |              |  |
| Thalassemia intermedia                                               | 9      | 20.5         |  |
| Thalassemia major                                                    | 35     | 79.5         |  |
| Pesaro risk classification                                           |        |              |  |
| Class I (low risk)                                                   | 1      | 2.3          |  |
| Class II (intermediate risk)                                         | 23     | 52.3         |  |
| Class III (high risk)                                                | 20     | 45.5         |  |
| HLA compatibility                                                    |        |              |  |
| s.d.                                                                 | 44     | 100          |  |
| Stem cell source                                                     |        |              |  |
| BM                                                                   | 44     | 100          |  |
| Conditionina <sup>a</sup>                                            |        |              |  |
| Bu/Cy                                                                | 44     | 100          |  |
|                                                                      |        |              |  |
| Serotherapy                                                          | 20     | (2)(         |  |
|                                                                      | 28     | 03.0<br>36.4 |  |
| AIG                                                                  | 10     | 50.4         |  |
| GvHD prophylaxis                                                     |        |              |  |
| CSA+MTX                                                              | 16     | 36.4         |  |
| CSA+MTX+steroids                                                     | 28     | 63.6         |  |
|                                                                      | Median | Range        |  |
| Nucleated cells (×10 <sup>8</sup> /kg)                               | 4.90   | 1.40–11.50   |  |
| CD34 <sup>+</sup> cells (×10°/kg)                                    | 0.0814 | 0.036-0.216  |  |
| Age (years)                                                          | 8      | 1.5–17       |  |
| Weight (kg)                                                          | 22.50  | 11.50-47.0   |  |
| Height (cm)                                                          | 124.50 | 94.0-162.0   |  |
| Divit (kg/m <sup>-</sup> )<br>$PSA (m^2)$                            | 16.022 | 11.31-19./1  |  |
|                                                                      | 0.00   | 0.54-1.45    |  |

Abbreviations: ATG = anti-thymocyte globulin; BM = bone marrow; BMI = body mass index; BSA = body surface area; Bu = busulfan; CSA = cyclosporine A; Cy = cyclophosphamide; MTX = methotrexate; s.d. = sibling donor. <sup>a</sup>Therapeutic drug concentration monitoring was performed at dose 1, and Bu dose was adjusted for each patient accordingly from dose 4 onwards.

 $\leq$  34 kg; and 0.8 mg/kg for > 34 kg. PK-guided dose adjustment was performed whereby calculation of the total AUC was based on plasma blood samples at 0, 2, 3, 4 and 6 h after the first dose. Bu AUC values > 900 and <1500 µmol/min were considered to lie within the therapeutic window. The Bu dose was adjusted from dose 5 using the following equation: adjusted dose = actual dose  $\times$  target AUC/actual AUC (target  $AUC = 1250 \,\mu mol/min$ ).<sup>22</sup> The conditioning regimen for patients in the PRC groups I-II was composed of IV Bu (detailed above), and cyclophosphamide 200 mg/kg total dose (days -5 to -2) for patients aged  $\ge 4$ years; thiotepa 10 mg/kg (day -6) was added for patients aged < 4 years. For patients in PRC III, the regimen began with a preconditioning regimen composed of hydroxyurea 30 mg/kg daily, azathioprine 3 mg/kg daily (days - 45 to - 11) and fludarabine 100 mg/m<sup>2</sup> total dose (days - 17 to - 10)- 13) followed by a main conditioning regimen that included either IV Bu and cyclophosphamide 160 mg/kg total dose (days -5 to -2) or IV Bu, cyclophosphamide 160 mg/kg and anti-thymocyte globulin 7.5–10 mg/kg total dose (days -7 to -4).22 GvHD prophylaxis consisted of oral cyclosporine A adjusted to a trough plasma level of 150-250 ng/mL. In the absence of GvHD, cyclosporine A was tapered from day 60 until discontinuation at 1 year. Associated to a short course of IV methotrexate 10 mg/m<sup>2</sup> on days 1, 3 and 6. Additional GvHD prophylaxis consisted of methylprednisolone 0.5 mg/kg from day – 1 to 25 alone or associated to anti-thymocyte globulin. This protocol followed the recommendation by Sodani et al.<sup>23</sup> Anti-thymocyte globulin (7.5 mg/kg total) was given to 16 patients in risk group III. Details of treatment regimen are presented in Table 1.

#### Definition of clinical outcomes

Hematopoietic recovery was defined as absolute neutrophil count  $\ge 0.5 \times 109$  per liter for the first three consecutive days, and platelet count  $\ge 50 \times 109$  per liter for the first 10 consecutive days from the day of transplant.<sup>16</sup> In short, SOS was diagnosed according to the criteria of McDonald et al.,<sup>24</sup> and aGvHD is based on quantification of skin rash, serum bilirubin, diarrhea and persistent nausea according to the 1994 Consensus Conference on aGvHD Grading.<sup>25</sup> Lung toxicity is revealed by multilobar infiltrates indicated by chest X-ray or computed tomography scan, clinical signs of pneumonia along abnormal pulmonary physiology with absence of active respiratory tract infection.<sup>26</sup> Overall survival was the time between day of transplant and death due to any cause, whereas event-free survival was the time from day of transplant to the day of occurrence of any event, that is, death or graft rejection whichever is seen first. Regimen related toxicity (RRT) was defined as the occurrence of any of the following complications: SOS, aGvHD grade I-IV, lung toxicity, hemorrhagic cystitis (HC) before day 180 post-transplant whichever is seen first. Details of clinical outcomes are shown in Table 2.

| Table 2.Clinical outcomes observed in the study subjects $(n = 44)$                                                                                                                                                                     |                                                                                                                       |                                                                                                                                                 |  |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Clinical outcomes                                                                                                                                                                                                                       | Cumulative<br>incidence                                                                                               | Day of onset                                                                                                                                    |  |
|                                                                                                                                                                                                                                         | N (%)                                                                                                                 | Median (range)                                                                                                                                  |  |
| Neutrophil recovery (day 100)<br>Platelet recovery (day 180)<br>Sinusoidal obstruction<br>syndrome<br>Acute GvHD (grade I–IV)<br>Acute GvHD (grade II–IV)<br>Lung toxicity<br>Hemorrhagic cystitis<br>Death<br>Graft rejection<br>Event | 41 (93.2)<br>39 (88.6)<br>1 (2.3)<br>15 (34.1)<br>5 (11.36)<br>5 (11.4)<br>1 (2.3)<br>3 (6.8)<br>7 (15.9)<br>8 (18.2) | 19 (12-33)<br>27 (13-75)<br>22 (22)<br>25 (13-112)<br>24.2 (13-35)<br>36 (15-52)<br>39 (33-45)<br>48 (13-67)<br>322.5 (23-365)<br>1805 (23-365) |  |
| % Of donor cell chimerism, day 100<br>> 95%<br>≥ 50- ≤ 95%<br>< 50%                                                                                                                                                                     | (n = 40)<br>32 (72.8)<br>7 (11.3)<br>1 (2.3)                                                                          | 61 (30–78)<br>62 (40–69)<br>NA NA                                                                                                               |  |

#### PK analysis and genotyping

Bu levels after the first Bu dose were measured using an established analytical method, and the PK parameters were estimated using non-compartmental analysis (WinNonlin, version 3.1, Pharsight, Montreal, QC, Canada).<sup>16,22</sup> PK data are represented in terms of maximum plasma concentration (Cmax), AUC, Css and clearance (CL) provided in Supplementary Table 1. Patients were genotyped for the common polymorphisms in the GSTA1 (C-69 T, A-513G, G-631 T and C-1142G) by allele-specific oligonucleotide hybridization (ASO), as previously described.<sup>27</sup> GSTM1 null alleles were detected by gel electrophoresis.<sup>28,2</sup>

# Statistics

Association analyses were performed with individual polymorphisms as well as with GSTA1 haplotypes (Supplementary Table 2). Bu PK parameters (Cmax, AUC, Css and CL) and dose adjustment (ratio of adjusted vs unadjusted dose) were compared between genotypes or between carriers and non-carriers of GSTA1 haplotypes using linear regression analysis. When applicable, log-transformed values were used to normalize the data.

Event-free survival was estimated by Kaplan-Meier curves, and log-rank test was used to compare the survival differences between genotype or PRC groups. The cumulative incidence of engraftment, aGvHD or RRT in relation to the GST genotypes was estimated by 1-survival curves using Kaplan-Meier analysis and log-rank test. Univariate Cox regression analysis was used to estimate hazard ratio with a 95% confidence interval. Haplotypes (Supplementary Table 2) were resolved using PHASE (version 2.1, Chicago, IL, USA).<sup>30</sup> Statistical analyses were performed with SPSS statistics (version 19, SPSS Inc., New York, NY, USA).

The chi-square test (for categorical variables) and linear regression (for continuous variables) were used to explore correlations between patient characteristics (that is, Pesaro class, age, gender, weight, aGvHD prophylaxis, the number of CD34<sup>+</sup> and nucleated cells infused) and Bu PK or clinical outcomes.

# RESULTS

#### HSCT clinical outcome

Among clinical outcomes analyzed, 15 patients had aGvHD grade I-IV, 5 had aGvHD grade II-IV, 5 had lung toxicity, 1 patient developed SOS, 1 had hemorrhagic cystitis, 7 patients had graft failure and 3 patients died. Neutrophil recovery occurred in 41 and platelet recovery in 39 patients (Table 2).

# Bu PK studies

The median Bu Css after the first dose was 823.5 ng/mL (420-2126 ng/mL; Supplementary Table 1). The PK studies after the first IV Bu dose showed that 24 patients (54.5%) achieved a Css within the therapeutic range (600-900 ng/mL), 7 patients (15.9%) had a Css below the lower target limit and 13 patients (29.5%) had a Css above the upper target limit.

No significant correlation was found between Bu Css and specific pretransplantation clinical features such as PRC group (P = 0.8), age (P = 0.8), gender (P = 0.1) or weight (P = 0.7).

# Genetic variants of GSTA1, M1 and Bu PK

The minor allele frequencies of the GSTA1 polymorphisms and haplotypes are shown in Supplementary Table 2. The GSTM1 null genotype was seen in 61% of patients (n = 27), higher than the frequency of 43% seen in Caucasians.<sup>16,31</sup> Association analysis between the GSTA1 genotypes/haplotypes and Bu PK after the first Bu dose revealed significant association of Css and AUC with GSTA1 - 69 C > T and -1142 C > G polymorphisms (P=0.03 and 0.02, respectively). The T allele of -69C > T defines haplotype \*B (all haplotypes \*B combined) and the G allele of -1142C > Gdefines the most frequent \*B haplotype, \*B1 (Supplementary Table 2). Given that the frequencies of -69 and -1142 substitutions were comparable and similar results were obtained for these polymorphisms and resulting haplotypes, the results are presented for the -69C > T only (Figure 1). Individuals with the TT - 69 genotype (or \*B\*B haplotype) had significantly higher first



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Figure 1. Influence of GSTA1 C-69T on the first dose of Bu pharmacokinetics. The pharmacokinetic parameters of Bu in relation to CC, CT and TT genotypes in all studied patients. Respective mean  $\pm$  SD values adjusted for Bu dose (mg/kg) are for logCss (steady state concentration):  $2.9 \pm 0.08$ ,  $2.9 \pm 0.1$  and  $3.0 \pm 0.3$ , and for logAUC (area under the curve):  $5.4 \pm 0.09$ ,  $5.4 \pm 0.1$  and  $5.5 \pm 0.3$ . The number of individuals represented for each genotype group as well as *P*-values for the difference across groups is given on each plot.

Bu Css compared to individuals with the CC genotype (or \*A\*A haplotype combination). Since we previously noted that an association between the GSTA1 and PK was more apparent in female patients,<sup>16</sup> we also performed the analysis following stratification by sex. In girls, there was a linear relationship between Bu levels and GSTA1 genotype; Bu levels increased with the number of *T-69* alleles (Cmax, *P* = 0.001; Css, *P* < 0.0005; AUC, P < 0.0005; Figure 2a), consequently CL decreased and was slowest in TT individuals (P = 0.006; Figure 2a). The GSTA1-PK association seems to be also modulated by the PRC classes. In PRC I and II patients only, was there an association with GSTA1 genotypes and Bu PK, after the same gene-dosage effect (Cmax, P = 0.01; Css, P = 0.002; AUC, P = 0.001; CL = P = 0.01; Figure 2b). Ratio of adjusted to unadjusted Bu dose was also found to correlate significantly with GSTA1 -69 polymorphism, demonstrating a linear relationship (P = 0.008; Figure 3); individuals with the TT genotype required more often reduction of Bu dose. There was no association between GSTM1 genotypes and PK, except a marginal association with CL (P=0.05, not shown). There was no association between dose adjustment and GSTM1 genotypes.

Genetic variants of GSTA1, M1 and clinical outcomes of HSCT

Analysis between genotypes and outcomes showed that patients with GSTM1 null genotype had a higher occurrence of RRT compared to patients carrying GSTM1 non-null genotype (P = 0.01, hazard ratio = 4.28, confidence interval = 1.23-14.9; Figure 4a), mostly due to an increase in aGvHD cases (P = 0.01; Figure 4b). No other significant association between GST genotypes/haplotypes and HSCT outcomes was seen.

HSCT clinical outcomes in relation to pretransplantation characteristics, dose adjustment and PK

Event-free survival differed between the PRC classes with class III showing the lowest event-free survival (P = 0.009, not shown) due to graft rejection.



**Figure 2.** Influence of *GSTA1C-69T* genotypes on Bu pharmacokinetics according to sex and Pesaro risk classification. (**a**) The pharmacokinetic parameters of Bu in female patients with *CC*, *CT* and *TT* genotypes. Respective mean  $\pm$  SD values adjusted for Bu dose (mg/kg) are for logCmax (maximum plasma concentration):  $3.0 \pm 0.1$ ,  $3.1 \pm 0.2$  and  $3.3 \pm 0.05$ ; for logCss:  $2.8 \pm 0.07$ ,  $2.9 \pm 0.1$  and  $3.2 \pm 0.08$ ; for logAUC:  $5.4 \pm 0.08$ ,  $5.5 \pm 0.1$  and  $5.7 \pm 0.1$ ; and for CL per kg (clearance):  $4.3 \pm 0.9$ ,  $3.9 \pm 1.4$  and  $2.0 \pm 0.5$ . (**b**)The pharmacokinetic parameters of Bu in patients assigned to Pesaro class I–II with *CC*, *CT* and *TT* genotypes. Respective mean  $\pm$  SD values adjusted for Bu dose (mg/kg) are for logCmax:  $3.0 \pm 0.1$ ,  $3.1 \pm 0.09$  and  $3.3 \pm 0.05$ ; for logCss:  $2.9 \pm 0.09$ ,  $2.9 \pm 0.1$  and  $3.2 \pm 0.1$ ; for logAUC:  $5.4 \pm 0.09$ ,  $5.4 \pm 0.1$  and  $5.7 \pm 0.1$ ; and for CL per kg:  $4.4 \pm 0.9$ ,  $4.1 \pm 1.3$  and  $2.0 \pm 0.6$ .

No significant correlation was found among RRT with Pesaro risk (P=0.6), aGvHD prophylaxis (P=0.9), anti-thymocyte globulin serotherapy (P=0.5), number of CD34<sup>+</sup> and nucleated cells infused (P=0.7 and P=0.5, respectively), age (P=0.5), gender (P=0.7) or weight (P=0.1).

frequently in patients with the first dose of Css < 600 ng/mL ( $P \le 0.01$ ; Figure 5b), whereas the graft failure was more common for individuals with first dose of Css > 900 ng/mL (P = 0.05; Figure 5b).

Analysis of ratio of adjusted to unadjusted dose with clinical outcomes showed that patients with aGvHD had a more frequent increase of Bu dose (P = 0.02 for aGvHD I–IV and P = 0.001 aGvHD II–IV; Figure 5a), whereas patients with graft failure had their Bu dose decreased more frequently (P = 0.04; Figure 5a). In accordance with this, aGvHD occurred more

## DISCUSSION

The Pesaro risk scheme has previously been shown to successfully predict poor outcome and graft failure in thalassemia patients after an HSCT.<sup>18,32</sup> The incidence and severity of aGvHD were nevertheless similar in the three Pesaro categories, suggesting<sup>19</sup>

that additional factors are needed to predict and prevent HSCT-associated adverse events. All patients within this study were 10/10 HLA matching with their donors, and there were also no significant correlations with other features (aGvHD prophylaxis, the number of CD34<sup>+</sup> and nucleated cells infused), hence allowing for a better exploration of the relationship between myeloablative regimen and genetic determinants.

We studied the association of genetic variants within the *GSTA1* and *GSTM1* genes with Bu PK after the first dose, Bu dose adjustment and clinical outcomes of HSCT in patients with thalassemia. Association analysis examining *GSTA1* and *GSTM1* genotypes against Bu PK revealed an association with *GSTA1* – 69 C > T (or haplotype \*A/\*B), in a gene-dose additive manner. The \*A haplotype correlated with lower Bu plasma levels and faster CL. This association was sex and PRC class dependent,



**Figure 3.** Correlation between dose adjustment and *GSTA1-69* genotypes. Dose adjustment presented as ratio of adjusted vs unadjusted Bu dose in relation to *CC*, *CT* and *TT* genotypes in all studied patients. Respective mean  $\pm$  SD values are *CC* = 1.21  $\pm$  0.29, *CT* = 1.08  $\pm$  0.05 and *TT* = 0.83  $\pm$  0.15. The number of individuals represented for each genotype group as well as *P*-values for the difference across groups is given on each plot.

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whereby the association was more apparent in the female patients and in patients assigned to PRC I and II risk groups. The observed correlation between GSTA1\*A/\*B haplotypes and PK is in accordance with the functional studies, suggesting lower GSTA activity in GSTA1\*B carriers and higher activity in \*A carriers.<sup>33,34</sup> It is also supported by several studies that reported decreased CL after IV Bu in pediatric GSTA\*B patients.<sup>31,35,36</sup> We recently reported lower Bu exposure in children with GSTA1 \*A2 haplotype who underwent HSCT for malignant (majority of cases) and non-malignant diseases and consequently, higher Bu levels in patients without this haplotype.<sup>16</sup> Given that the large majority of patients without haplotype \*A2 are haplotype \*B carriers, there is a good concordance between the two studies. Like to our previous observation,<sup>16</sup> we noted the sex-dependent relationship between GSTA1 genotype and PK that might be related to the reported difference in cytosolic GST activity between males and females.<sup>3</sup> also more The association was apparent in PRC class I-II patients that may be related to liver status. Pesaro risk group III patients have a higher degree of liver damage due to transfusion-related iron overload, possibly confounding the effects of GST functional polymorphisms with transfusion-induced GST damage. Nevertheless, the finding with PRC I and II classes is in accordance with the studies that have shown a relationship between GSTA1 genotypes and the PK following first Bu dose in children with hemoglobinopathies.<sup>36,38,39</sup> We also noticed a correlation between dose adjustment and GSTA1 - 69 genotypes, which follows the pattern of association seen between this genotype and PK. There was only a marginal association between the GSTM1 variant and Bu PK in our study group. Considering the role of GSTM1 genotype in hemoglobinopathies and thalassemia, the studies conducted so far have demonstrated conflicting results. Higher and lower Bu exposure in GSTM1 null individuals as well as an absence of association have all been reported.<sup>36,40</sup> Reasons for such variability may be due to the differences in population studied and lack of homogeneity in terms of diagnosis and treatment regimen.<sup>38</sup> Additional confounding factors or false positives cannot be ruled out.

In regard to the relationship between *GST* polymorphisms and clinical HSCT outcomes, we observed a higher frequency of RRT, mostly due to aGvHD cases, among patients with *GSTM1 null* genotype. This finding is in accordance with the report of Elhasid *et al.*,<sup>39</sup> and our previous study.<sup>16</sup> *GSTM1* null genotype seems to also predispose thalassemia patients to other complications such as higher occurrence of SOS reported by Srivastava *et al.*<sup>38</sup> The



**Figure 4.** Association of *GSTM1 null* genotype with (**a**) regimen-related toxicity (RRT) and (**b**) aGvHD. The number of patients in each curve with and without *GSTM1* null genotype and number of individuals with (**a**) RRT or (**b**) aGvHD (given in the parenthesis), as well as the *P*-value, estimated by log-rank test for the cumulative RRT and aGvHD incidence between the genotype groups, are indicated on each plot.

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**Figure 5.** Correlation of dose adjustment in (**a**) and Css in (**b**) with aGvHD I–IV or aGvHD II–IV and graft failure (**a**). Presence and absence of a given complication is denoted by + and – sign, respectively. The dose adjustment is depicted by the ratio of adjusted vs unadjusted dose. Mean  $\pm$  SD values for dose adjustment are shown as horizontal lines across each group and for aGvHD I–IV are  $1.02 \pm 0.29$  (–) and  $1.24 \pm 0.03$  (+); for aGvHD II–IV are  $1.04 \pm 0.26$  (–) and  $1.49 \pm 0.50$  (+); and for graft failure are  $1.13 \pm 0.29$  (–) and  $0.88 \pm 0.21$  (+). (**b**) Css is presented as categorical variable with Css < 600 ng/mL, from 600 to 900 ng/mL and > 900 ng/mL. The number of individuals represented for each genotype group as well as *P*-values for the difference across groups is given on each plot.

same finding is seen by Zwaveling *et al.*,<sup>41</sup> in a study with mixed malignant and non-malignant patients. In contrast, in a recent sickle-cell anemia study, no association was found.<sup>40</sup> The relationship that we observed between aGvHD and *GSTM1* null genotype is not supported by a *GSTM1*-Bu PK correlation suggesting different mechanisms contributing to this complication. For example, the concomitant medication (cyclophosphamide) could have lead to drug-drug interaction and influenced the drug-induced toxicity.<sup>42</sup>

We also noticed a correlation of dose adjustment, depicted by adjusted to unadjusted dose ratio with occurrence of aGvHD and graft failure, suggesting that perhaps overadjustment in both directions may have influenced onset of these complications in certain patients. This was further supported by correlation between these outcomes and Bu levels following the first dose. This observation nevertheless has to be taken with caution given that this effect could have been influenced by other factors, such as disease severity or concomitant medication. Given that GSTA1 correlated with PK, a similar relation between GSTA1 and clinical outcomes was noted; however, the association was not significant (not shown), which could be due to the low frequency of some clinical outcomes, lower frequency of \*B haplotype in this Middle Eastern population compared to Caucasians and modulation of the effect by non-genetic factors. The interplay between the GST polymorphisms with disease severity and patients' characteristics suggest that more studies on homogenous thalassemia patient populations are needed to estimate how best to incorporate genetic information in the existing models for Bu dose estimates.

In conclusion, our data show that the PRC system is still the best predictor of graft failure but it cannot predict Bu-induced RRT. Genetic variants of *GST* genes were shown to influence Bu PK and clinical outcomes of HSCT, especially aGvHD in children with thalassemia suggesting that the variability of Bu exposure and adverse events can partly be explained and predicted by genetic polymorphisms. By including dose adjustment in the analysis, a new question has been highlighted concerning dose adjustment strategies. This study provides further insights into the pharmacogenetics of Bu, supporting the idea that genotyping of relevant variants combined with disease and patients' characteristics may potentially open the possibility of preventing overadjustments by providing better first Bu dose estimates.

## CONFLICT OF INTEREST

The authors declare no conflict of interest.

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