

A collection of multiregistry data on patients at high risk of lung cancer—a Danish retrospective cohort study of nearly 40,000 patients

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Background: Lung cancer (LC) is the leading cause of cancer related deaths, and several countries are implementing screening programs. Risk models have been introduced to refine the LC screening criteria, but the use of real-world data for this task demands a robust data infrastructure and quality. In this retrospective cohort study, we aim to address the different relevant risk factors in terms of data sources, descriptive statistics, completeness and quality.

Methods: Data on comorbidity, prescription medication, smoking history, consultations, symptoms, familial predispositions, exposures, laboratory data among others were collected for all patients examined on a risk of LC over a 10-year period in the Region of Southern Denmark. Data were delivered from the regional data warehouse as well as the Danish Lung Cancer Registry. Associations between LC and non-LC groups were examined through Chi-squared test (categorical variables) and Wilcoxon signed-rank test (continuous variables that were non-parametric). These associations were investigated on both the original datasets and the subset of patients with complete data.

Results: The number of examined individuals increased over the study period and more patients were diagnosed with LC in stage I–II, from 18% in 2009 to 31% in 2018. LC patients were more likely to be older, smoker, with a registered prescription of the included medication. They also exhibited differences in laboratory analysis indicating inflammation and hyponatremia. Weight loss, fatigue and pain were more prevalent in the LC group, while hemoptysis and fever were more common among the non-LC patients. Advanced-stage LC patients experienced a higher rate of symptoms compared to those in the low stages. Within the sub-cohort with complete dataset results, most observed trends persisted, although data on comorbidities were susceptibility to change.

Conclusions: This study provides key insights into LC risk assessment using a robust dataset of patients examined for suspected LC. A consistent positive trend in early-stage LC diagnosis was observed throughout the study period. LC patients exhibited distinct smoking behaviors, medication patterns, variations in lab results, and specific symptoms. These discoveries have the potential to enhance discrimination in machine

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learning-based prediction models, particularly those capable of handling complex distributions. Serving as a detailed account of real-world data collection and processing, the study establishes a foundation for future development of prediction models aimed at facilitating the early referral of LC patients.

Keywords: Lung cancer (LC); early diagnosis; risk prediction, real-world data; data collection

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Introduction

Lung cancer (LC) accounted for 11.4% of all new cancer diagnoses in 2020, and 18% of all cancer related deaths. It is the second most frequently occurring cancer and the leading cause of cancer death globally (1). The main challenge of LC is late time of diagnosis, since patients with advanced or metastatic disease are not eligible for curative surgical treatment (2,3). The delay is often caused by a lack of symptoms or the presence of uncharacteristic symptoms such as a cough, which frequently occurs in the background population, thereby challenging the task of timely referral (4).

Screening for LC represents a partial solution to the problem and is gradually introduced in several countries

Highlight box

Key findings

• Lung cancer (LC) patients were associated with higher age, active or former smoking history, active prescription medication, weight loss, fatigue and several differences in laboratory results compared to the non-LC patients.

What is known and what is new?

- Prediction models aiming to refine LC screening are mostly based on small sample sizes or restricted data availability.
- We describe the collection and processing of a broad variety of real-world data on nearly 40,000 patients examined on suspicion of LC. Despite the similarities in risk factors, LC patients differed from non-LC patients in several aspects.

What is the implication, and what should change now?

- Differences in results that are often small and difficult to discern in the everyday clinic, could enhance the performance of prediction models able to flag patients according to their individual risk of LC.
- An accurate LC prediction model could be of use as a supportive tool in general practice, or incorporated into a LC screening program with the aim of increasing survival through early diagnosis.

based on different screening trials with a rate of improved mortality up to 20% depending on screening methods (5-7). In Denmark a pilot project, currently in the planning stage, will test LC screening on a Danish high-risk population. The experiences from the pilot project will eventually determine whether all heavy smokers will receive a similar offer (8). In the USA annual screening for LC with lowdose computed tomography has been offered since 2013, but screening rates remain low and the screening criteria mainly focus on high-risk individuals (9).

While several prediction models have been introduced to refine the screening criteria, most of them include a limited number of additional factors such as patient demographics, smoking history, chronic obstructive pulmonary disease (COPD), and heredity (10,11). Implementation of such models in clinical practice remains sparse, mainly due to inadequate external validation of models, poor methodological development with limitations in data accessibility, and limited exploration of potential clinical factors (12,13). Another barrier to adoption of clinical risk supportive tools is the lack of integration with electronic health records (EHR), where different clinical data are stored across multiple digital systems. Consequently, even though the amount of developed risk models is substantial, the evidence of successful clinical implementation is rare (13).

The Danish government-funded universal health care system combined with the Danish Civil Registration System as well as the broad spectrum of registries make Denmark ideal for data collection (14). The availability of updated nationwide registries provides the ability to join high quality administrative, health, and clinical data sources on an individual-linked level, enabling lifelong follow-up (15).

In this paper, we exploited the possibility of using regional copies of national registry data as well as free text to create an ideal database holding various information on patients examined on suspicion of LC. We assessed the completeness and validity of these datasets, and by combining relevant clinical information, we were able to characterize a large risk-cohort. This dataset is the first step towards the creation of individualized prediction models applicable in general practice for early detection of LC.

This study aims to address the following questions:

- Can we differentiate LC patients from non-LC patients based on clinical and laboratory data?
- Do we have sufficient data availability to create prediction models, and how do we handle and interpret missing data?
- Does the cohort with combined data reflect the relevant population at risk?

We present this article in accordance with the STROBE reporting checklist (available at https://tlcr.amegroups.com/article/view/10.21037/tlcr-23-495/rc) (16).

Methods

Data sources and selection criteria

This retrospective cohort study included all patients in the Region of Southern Denmark examined on suspicion of LC in the period 2009-01-01 to 2018-12-31 (*Figure 1*). They were defined using the two classification-codes: AFB26 (indicating the initiation of examinations in the LC fast-track clinic) and/or DZ031b (under observation for LC). The "Z-code" reports that is a tentative "obs pro" (observation for) diagnosis, and that the diagnosis is not yet confirmed (14). Both classifications are provided from the Health Care Classification System [Danish, Sundhedsvæsenets Klassifikations System (SKS)], which is used throughout the Danish healthcare system (17). The date of the assigned SKS-code was referred to as the index date and used as reference point. If patients had multiple entries, the first referral date was chosen to be the one of interest.

The primary outcome was the diagnosis of LC, defined by the ICD-10 code C34 (Malignant neoplasm of bronchus and lung) (18). The Danish Lung Cancer Registry delivered data on all patients diagnosed with LC same period and region. The LC cohort was matched with the cohort with available SKS-codes, resulting in an additional 1,646 LC-patients, who had bypassed the LC fast-track clinic. These were added to the study cohort, with the date of the LC-diagnosis used as index date. Fifty-six patients were excluded based on missing information on sex due to temporary civil registry numbers from which sex cannot be derived. A total of 283 patients were excluded based on a prior diagnosis with LC before 2009-01-01. The final cohort consisted of 38,944 patients, i.e., 11,284 LC (29%) and 27,660 non-LC patients (71%). The types of data collected and joined in one common dataset were: details on LC diagnosis, comorbidity (medical diagnosis), prescription medication, smoking history, number of consultations with general practitioner, C-reactive protein (CRP) rapid tests, routine blood sample analysis, the presence 15 common symptoms, relevant exposures and familial predispositions to LC. All types of data were delivered from the regional data warehouse, which holds a copy of all data delivered to the national registries.

The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by the Danish Data Protection Agency (No. 19/30673, Date: 2020-06-12) and the Danish Patient Safety Authority (No. 3-3013-3132/1, Date: 2020-03-30), and individual consent for this retrospective analysis was waived.

Comorbidity data

Registration of relevant comorbidity diagnoses was based on the corresponding ICD-10 codes available from Quan *et al.* (19). These reflected hospital encounters only and does not provide information on diagnoses registered in general practice (20). Consequently, a patient with mild or moderate COPD will most likely not be registered with this diagnosis at the hospital level. History of prescribed COPD-related medication may be used as a proxy of registration of COPD (14), which was the strategy applied in this study to partly overcome the issue of missing registrations of diagnosis from general practice.

ICD-10 codes included in the Charlson comorbidity index (CCI) from the Royal College of Surgeons, was used as reference in this study, since it has proven acceptable for use in registry-based research (21,22). A condition was noted present if registered within two years before the index date. A disease not registered within two years of the index date was considered unlikely to cause clinical impact at the time of diagnosis of LC. The registration of "Any malignancy" included in the CCI was adapted to "Other malignancies" with removal of LC (C34: Malignant neoplasm of bronchus and lung) from the ICD-10 codes in order to avoid bias in the LC-cohort (18). The supplementary tables hold a description of the different disease categories, corresponding ICD-10 codes and assigned weights (Table S1). Based on expert opinions, six additional pulmonary disease categories were included: Pneumonia, pulmonary tuberculosis, sarcoidosis, interstitial

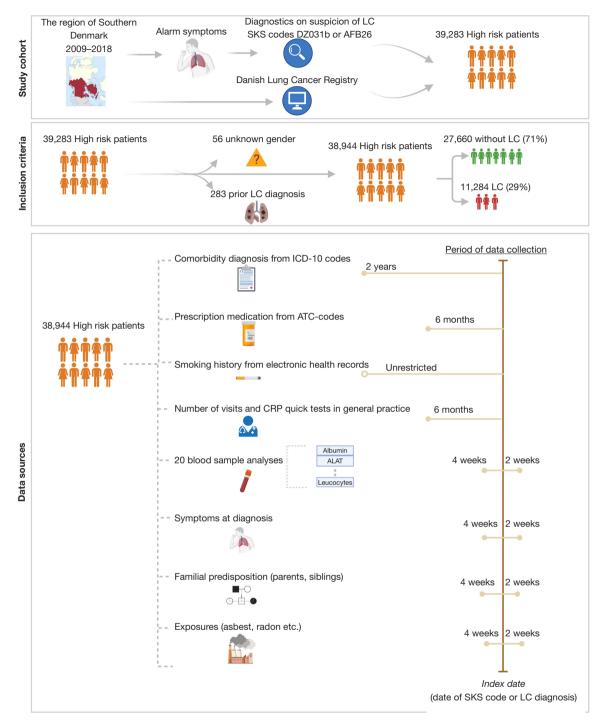


Figure 1 Flowchart of inclusion process of all patients examined on suspicion of LC, over the study period 2009-01-01 to 2018-12-31 in the Region of Southern Denmark. Created with Biorender.com. SKS, Sundheds-væsenets Klassifikations System; LC, lung cancer; AFB26, classification code for the initiation of examinations in the lung cancer fast-track clinic; DZ031b, classification code indicating an ongoing observation for LC; ICD-10, International Classification of Diseases 10th Revision; ATC, Anatomical Therapeutic Chemical classification; CRP, C-reactive protein.

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lung disease, abscess and pleural disease. The disease category "Other malignancies" was defined by the ICD-10 codes C00-C97 (Table S2). All comorbidity data were transformed into binary format, with either the presence [1] or absence [0] of a condition within the 2-year period up to the index date.

Collection of prescription medication data

A panel of relevant drugs was included within six months up to the index date in order to reveal patterns of prescriptions in a close time interval preceding the LC diagnosis. Since symptoms of LC often overlap or coexist with symptoms of pneumonia and COPD, the most common antibiotics used to treat pneumonia as well as corticosteroids and inhalation devices used to treat COPD were included. Different antidepressants were also included as a proxy for depression and anxiety. A description of the different types of medication included and corresponding ATC-codes is attached in Table S3. All prescription data were transformed into binary format, with either the presence or absence of a prescription within the 2-year period up to the index date.

Collection of smoking data

Structured registration on smoking habit was only available on the LC patients, as they were registered in the Danish Lung Cancer Registry. Obtaining the information on the non-LC cohort as well required free text annotation of smoking status in the EHR. For comparability, smoking was manually annotated on the entire cohort, and to access validity results were compared with the registrations in the Danish Lung Cancer Registry. All EHR-notes including the sub-header "smoking" or "risk factors" (no limit as to time period) was extracted from the applied systems. Smoking data were labeled into binary categories: never smoker, current/former smoker, since information on pack-years was only available on a small subset of the entire cohort.

Data from general practice

The general practitioners in Denmark have a gate-keeping function and are paid through a combination of fees-forservice and capitation, which is funded by the healthcare region (23). Every consultation (with minor exceptions) is registered using a specific code, which results in an exact fee per consultation (24). Apart from the consultation itself, a large number of actions (e.g., CRP rapid tests) are also charged with specific codes for exact billing, and the quality of the codes is generally considered to be high (14). Patients under suspicion of LC often present with cough or dyspnea, and in these cases a CRP rapid test is often used as a an indicator of inflammation (25). The number of consultations as well as the number of CRP rapid tests registered within 6 months before the index date was included and analyzed both as continuous variables and categorical variables with a cut-off of 0 and 4 registrations.

Collection of blood sample data

Laboratory results were collected both from the current system in use (BCC, 2011-2018) and former system in use (LABKA, 2008-2011). The analyses performed in the LC fast-track clinics varied among departments and have changed over time. The combination of analyses used in the Diagnostics Department, Vejle Hospital, was chosen as relevant for further investigation, i.e., hemoglobin, sodium, potassium, lactate dehydrogenase (LDH), alanine transaminase (ALAT), CRP, creatinine, international normalized ratio (INR), calcium-total, albumin, amylase, bilirubin-total, alkaline phosphatase, counts of basophils, neutrophils, leucocytes, monocytes, lymphocytes, eosinophils and platelets. The results of all 20 blood sample analyses were requested on the entire study cohort for a period of 180 days before the index date until 14 days after. In addition, the neutrophil to lymphocyte ratio was also calculated. To capture the sample taken at the LC fast-track clinic, data were reduced to a maximum of 28 days before the index date and 14 days after, and only samples ordered by one of the four diagnostic departments were included. If case of multiple samples, the sample with the highest number of included analyses was chosen for examination. All laboratory results were analyzed as continuous variables.

Collection of symptoms, familial predispositions and exposures

Due to the unavailability of structured data concerning symptoms, familial predispositions, and relevant exposures, we included free text from the regional data warehouse. Due to the time-consuming task of manual annotation, this process was carried out on the subset of patients with complete data from all of the above-mentioned datasets. We collected all free text within a period of four weeks before to two weeks after the index date, and extracted only relevant notes obtained from the LC fast-track clinics. Two medical students, under the supervision of a medical doctor, manually annotated the outpatient records. The annotated symptoms or conditions included hemoptysis, pneumonia, cough, dyspnea, fever, weight loss, fatigue, hot flashes, hoarseness, back pain, other pain, angina, headache, dizziness, and edema. We noted these present if they referred to the examination period and absent if referring to prior periods.

Familial predispositions for LC were noted present if the patient reported to have a sibling or parent with LC. Exposures were marked present if the patient had a history of working with radon, asbestos, nickel, chromium, aromatic hydrocarbons, and welding throughout their lifetime, regardless of the duration of exposure. All symptoms, familial predispositions and exposures were analyzed as binary variables with either the presence or absence of the specific condition.

Statistical analyses

The distribution of patient and data variables in relation to LC are presented as percentages (categorical variables) or median and interquartile range (IQR) (continuous variables). Associations between groups were examined through Chisquared test (categorical variables) and Wilcoxon signedrank test (continuous variables that were non-parametric). Bar-charts were used to display distributions in several categorical data, and significant difference between groups were indicated by a star and colored according to the group with the highest rate. All statistical tests were two-sided with a level of statistical significance set at P<0.01. The proportion of missing data was assessed independently for each variable, and evaluated if it was missing at random or systematically, potentially introducing selection bias. Subanalyses compared associations between groups in the cohort with complete data. All statistical analyses were performed in the Stata version 17.0.

Results

LC incidence and stage distribution

Of the 38,944 patients examined on suspicion of LC, 11,284 were diagnosed with the disease. The patients in the LC cohort were significantly older than those in the non-LC cohort [70 (IQR, 63–77) *vs.* 67 (IQR, 56–75) years, respectively, P<0.001] and included a larger proportion of females (48% *vs.* 45%, P<0.001). The LC incidence

increased slightly over the study period from 1,093 in 2009 to 1,169 in 2018 (*Figure 2A*). Despite the increase in LC incidence, the proportion of LC patients decreased from 39% in 2009 to 25% in 2018, due to a higher number of patients examined over the study period. Twenty-six percent LC patients were diagnosed in stage I–II, 68% in stage III–IV, and 6% did not have available information on disease stage. The distribution of low-stage LC (stage I–II) increased from 18% in 2009 to 31% in 2018. The proportion of unknown or unregistered stages decrease from 13% in 2009 to only 1% in 2018 (*Figure 2B*).

Comorbidity

Exploration of missing results revealed that 45% of the cohort were not registered with any of the comorbiditycodes included in the 2-year interval. The initial cohort of 38,944 patients was defined by the presence of either the SKS code AFB26 or DZ031b. Consequently, the absence of the comorbidities was interpreted as absence of the specific diseases and not as missing observations. Figure 3 shows the rate of comorbidities in both the LC and the non-LC cohort. The most common condition were other malignancies presented in a higher proportion of the non-LC cohort than the LC cohort (14.0 vs. 11.7, P<0.001). Other common conditions were COPD and pneumonia, with no statistical different between groups. The LC cohort presented a higher proportion of cerebrovascular disease, peripheral vascular disease and metastatic solid tumor compared to the non-LC cohort (P<0.01 for all). A CCI of 0 was registered for 62% of the LC cohort and 65% of the non-LC cohort (P<0.001). There was no significant difference in the proportion of late-stage LC (stage III-IV) among patients with comorbidities compared to patients without comorbidities (72% vs. 73%, P=0.11).

Figure 4 depicts the distribution of other malignancies in the total cohort. The most common malignancies were colorectal and breast cancer and significantly more frequent in the non-LC cohort than the LC cohort (2.3% vs. 1.4% and 2.0% vs. 1.4%, respectively, P<0.001 for all). In contrast, head-neck cancers, brain and esophagus-stomach cancers were more common among the LC group: 1.0 vs. 0.7 (P<0.01), 0.9 vs. 0.1 (P<0.01) and 0.3 vs. 0.2 (P=0.02). Investigation of a subset of patients with LC and braincancer showed that many patients were primarily diagnosed with brain cancer, but a subsequent analysis revealed a primary LC with brain metastasis. Analyzing a minor proportion of the esophagus-ventricle cancer patients did

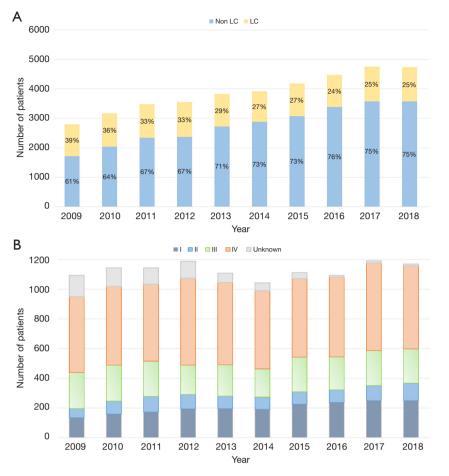


Figure 2 Lung cancer incidence (A) as well as distribution of LC stages I-IV during the study period (B). LC, lung cancer.

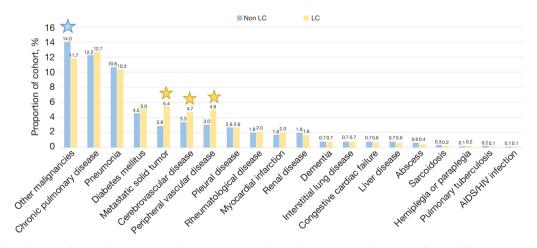


Figure 3 The distribution of comorbidities (%) in the lung cancer and non-lung cancer cohort. Significant difference between groups were indicated by a star and colored according to the group with the highest rate. All statistical tests were two-sided with a level of statistical significance set at P<0.01. LC, lung cancer; AIDS, acquired immunodeficiency syndrome; HIV, human immunodeficiency virus.

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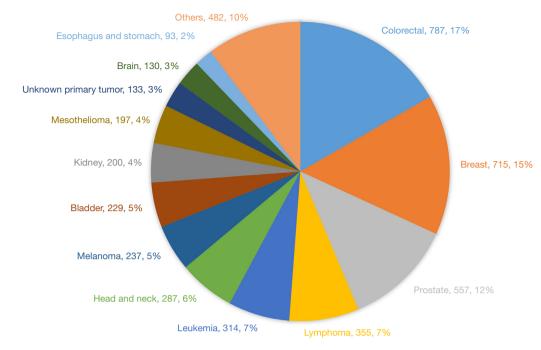


Figure 4 The distribution of other malignancies (%) in both lung cancer and non-lung cancer patients.

not show the same systematic bias.

Prescription medication

Exploration of missing data revealed that 27% of the total study cohort were missing in the dataset. The patients of this group were distributed over the total study period and were not exclusively from a specific region. They were generally younger and with a lower proportion of LC. Considering the high validity of this national registered data, together with the reasonable distribution of missing results, missing cases were included and labelled as absence of the specific drugs. Results were merged into binary variables with presence or absence of a prescription, and the fraction of patients with prescriptions in the LC and non-LC groups was compared (Figure 5). There was a significantly higher rate of LC patients with any prescription compared to non-LC patients (77.4% vs. 72.0%, P<0.001). Except for antibiotics, all drugs were prescribed to a higher proportion of LC than non-LC patients. The non-significant difference in antibiotics (P=0.93) correlates with the equal number of registrations of pneumonias in the two groups.

Smoking status

Notes containing the two relevant sub-headers ("smoking"

and "risk factors") were available on 23,006 of the patients (60%). Of the total population 40% did not have available text-notes, either because no registrations were made containing the two keywords, or no text records were available. This group was largely represented in the first years of the study period, corresponding to the use of the EHR system, which was implemented in 2009 in the Region of Southern Denmark. Since no time limit was set on the data import, patients included in the latter years have a higher probability of accumulating EHR-notes than patients included close to the implementation of the system. Hence, the missing information on smoking status was concluded to be explained by the gradual implementation of the EHR-system. There was no logical way to impute missing variables since the remaining variables were not directly related to smoking status.

All patients were classified as never, former or current smokers. Duplicates were removed and only the exact note that corresponded to the assigned label was kept. Of the 23,006 patients with available text material, a higher rate of non-LC patients were found to be never smokers compared to the LC cohort (31.2 vs. 8.9, P<0.001). The rate of both former and current smokers was higher among LC patients compared to non-LC patients (58.8 vs. 43.0 and 34.2 vs. 26.0, respectively, P<0.001 for all). The proportion of patients with high-stage LC (III–IV) was not significantly

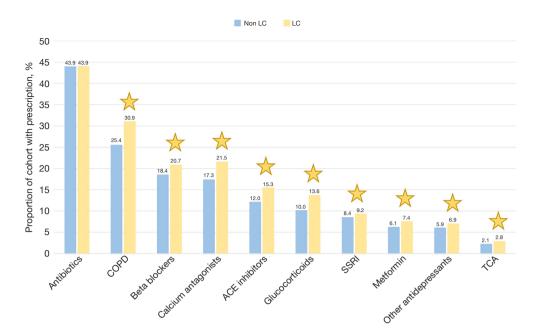


Figure 5 The distribution of prescription medication (%) in the lung cancer and non-lung cancer cohort. Significant difference between groups were indicated by a star and colored according to the group with the highest rate. All statistical tests were two-sided with a level of statistical significance set at P<0.01. LC, lung cancer; COPD, chronic obstructive pulmonary disease; ACE, angiotensin-converting enzyme; SSRI, selective serotonin reuptake inhibitors; TCA, tricyclic antidepressants.

different between the two cohorts, with 58% high-stage patients in the non-smoking cohort and 59% in the former/ current cohort (P=0.45).

To validate the annotation of smoking status from the EHR, the distributions were compared with the Danish Lung Cancer Registry. Of all 11,284 LC patients, information on pack-years from the Danish Lung Cancer Registry was available on 83% (N=9,399). The two annotations were equivalent in 83% of the non-smoking cases, and 97% of the current/former smoking cases, which was overall considered to be an acceptable validity of this manual annotation from free-text.

Consultations and CRP rapid tests at the general practitioner

Exploration of missing data revealed that 10% of the total cohort did not have any registration of either consultation or CRP rapid test within the 6-month interval before the index date. Due to the high validity of the registrations in this dataset, missing data were included and labelled as being absent. *Figure 6A* depicts the distribution of consultations in general practice within 6 months up to the index date in the LC and non-LC cohort, respectively.

The LC group had a significantly higher number of visits than the non-LC group, even though both had a median of 4 visits [4 (IQR, 2–6) vs. 4 (IQR, 2–7), P<0.001]. A higher rate of non-LC patients were absent from consultations (11.2% vs. 8.3%), or had only 1–4 consultations (47.2% vs. 46.8%) compared to the LC group. Conversely, a higher rate of LC patient had >4 consultations compared to the non-LC cohort (45.0% vs. 41.6%, P<0.001 for all).

Figure 6B depicts the distribution of CRP rapid tests in general practice within 6 months up to the index date in the LC and non-LC cohort, respectively. In both cohorts, 52% did not undergo a rapid test, and no clear difference was seen in the number of rapid tests performed between the LC and non-LC group (P=0.074). The proportion of high-stage LC (stage III–IV) patients was significantly higher in the group with CRP rapid tests performed (75% and 70% with and without rapid test, P<0.01).

Blood sample analyses

A total of 34,129 patients were represented to some extent within the 180 days before and 14 days after the index date (*Figure 7*). Of these patients, 18,462 had results within the 28 to 14 days around index date, ordered by one of the four

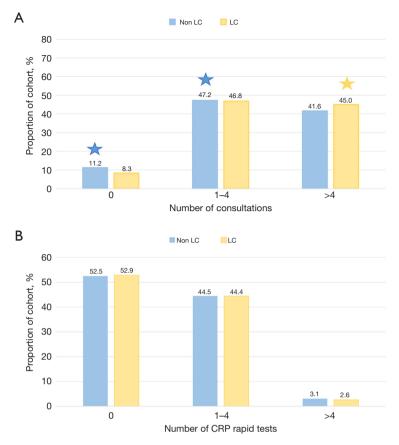


Figure 6 Distribution of consultations (A) and CRP rapid tests in general practice 6 months up to the index date (B). Significant difference between groups were indicated by a star and colored according to the group with the highest rate. All statistical tests were two-sided with a level of statistical significance set at P<0.01. CRP, C-reactive protein; LC, lung cancer.

diagnostic departments, 14,957 had ≥ 17 analyses present. The proportion of LC patients (30%) and non-LC patients (70%) did not change much compared to the initial cohort (29% and 71%, respectively). Table 1 provides summary statistics of all 21 analyses on the cohort with ≥ 17 analyses available (14,957 patients). Minor differences were found between the two groups, even though median values were inside the reference intervals. Most of the white blood cells (leucocytes, neutrophils, monocytes) as well as platelets, calcium, CRP, LDH and alkaline phosphatase were significantly elevated among the LC patients compared to non-LC patients. Conversely, hemoglobin, eosinophils, lymphocytes, albumin, ALAT, creatinine and sodium were decreased among the LC patients compared to the non-LC patients. The neutrophil-to-lymphocyte ratio was significantly higher in the LC group compared to the non-LC group (3.4 and 2.6, P<0.001).

Symptoms, familial predispositions and expositions

Out of the 9,940 patients with complete data across the mentioned datasets, outpatient records from LC fasttrack clinics were accessible for 5,587 individuals. The distribution of symptoms, familial predispositions, and relevant exposures in both LC and non-LC cohorts is illustrated in *Figure 8*. No symptoms were reported for 10% of the LC cohort, compared to 13% of the non-LC cohort (P=0.002). Predominant symptoms across groups included cough (53.4%), dyspnea (36.3%), weight loss (25.2%), fatigue (19.9%), and hemoptysis (16.2%). LC patients exhibited higher prevalence of weight loss, fatigue, back pain, and other pains, while hemoptysis and fever were more prevalent in the non-LC cohort (P<0.001 for all). Familial predispositions to LC were observed in 9.0% of LC patients compared to 6.8% in the non-LC cohort

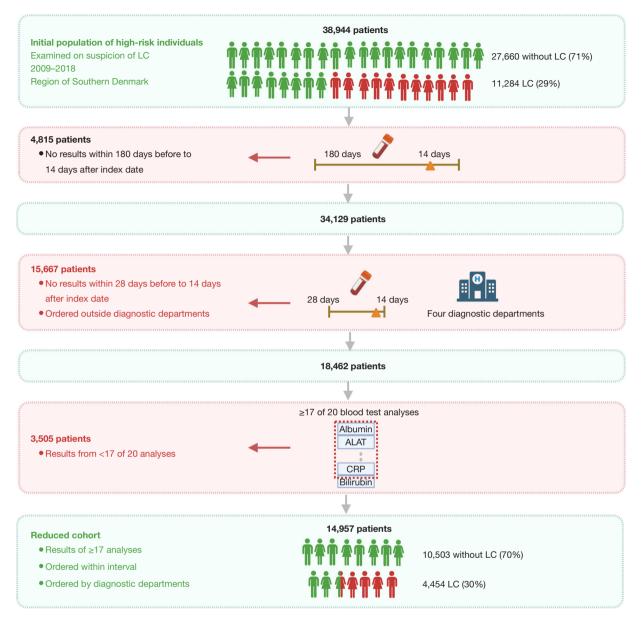


Figure 7 Population with relevant blood sample analyses, reduced due to relevant filtering. Created with Biorender.com. LC, lung cancer; ALAT, alanine transaminase; CRP, C-reactive protein.

(P=0.003). Exposures to LC were present in 20.4% of all patients, with no significant difference between the two groups (P=0.091).

Within the LC patient subset, 17.4% of the low-stage LC patients exhibited no symptoms, compared to 5.4% of the high-stage LC patients (P<0.01). Cough, dyspnea, weight loss, fatigue, hoarseness, back pain, other pain and angina were more commonly observed among high-stage LC patients (P<0.01 for all).

Combined data availability and comparison of coborts

Figure 9 depicts the reduction from the total cohort to the final cohort after merging of datasets. Missing registration of patients was included and indicated as 0 for data on prescription medication, general practice and comorbidities. In the blood sample datasets only patients with ≥ 17 analyses present were included, and imputation based on the median was allowed for the remaining three analyses. Hence, the dataset was reduced to 14,957 patients. Merging this cohort

Variable	Reference interval	LC (n=4,454), median [IQR]	Non-LC (n=10,503), median [IQR]	P value
B-hemoglobin, mmol/L	Male: 8.3–10.5, female: 7.3–9.5	8.40 [7.7–9.0]	8.7 [8.0–9.3]	<0.001
B-leucocytes, 10 ⁹ /L	3.5–8.8	9.12 [7.43–11.20]	7.64 [6.20–9.46]	<0.001
B-neutrophils, 10 ⁹ /L	1.5–7.5	6.10 [4.71–7.95]	4.70 [3.58–6.20]	<0.001
B-lymphocytes, 10 ⁹ /L	1.0-4.0	1.74 [1.30–2.27]	1.81 [1.39–2.33]	<0.001
NLR	1–2	3.4 [2.4–5.2]	2.6 [1.8–3.8]	<0.001
B-monocytes, 10 ⁹ /L	0.2–0.8	0.76 [0.59–0.97]	0.65 [0.51–0.84]	<0.001
B-basophils, 10 ⁹ /L	<0.02	0.04 [0.02–0.06]	0.04 [0.02–0.06]	<0.001
B-eosinophils, 10 ⁹ /L	<0.05	0.14 [0.07–0.25]	0.17 [0.10–0.27]	<0.001
B-platelets, 10 ⁹ /L	Male: 145–350, Female: 165–390	311 [250–391]	272 [223–334]	<0.001
P-albumin, g/L	34–45	42 [39–44]	43 [41–45]	<0.001
Total calcium, mmol/L	2.15-2.51	2.36 [2.29–2.43]	2.34 [2.27–2.41]	<0.001
P-CRP, mg/L	<6	9.9 [3.0–32.0]	3.7 [1.4–10.0]	<0.001
P-ALAT, U/L	Male: 10–70, female: 10–45	18 [13–26]	22 [16–31]	<0.001
P-LDH, U/L	115–255	214 [182–257]	192 [169–221]	<0.001
P-alkaline phosphatase, U/L	35–105	83 [68–102]	75 [62–92]	<0.001
P-bilirubin-total, µmol/L	5–25	7 [5–9]	7 [6–10]	<0.001
P-amylase (pancreatic), U/L	10–65	25 [18–34]	25 [19–34]	0.79
P-INR	<1.2	1.0 [0.9–1.1]	1.0 [0.9–1.1]	<0.001
P-creatinine, mmol/L	Male: 60–105, female: 45–90	72 [60–87]	76 [64–89]	<0.001
P-sodium, mmol/L	137–145	139 [136–141]	140 [138–142]	<0.001
P-potassium, mmol/L	3.5–4.4	4.0 [3.8–4.3]	4.0 [3.8–4.3]	0.08

Table 1 Summary statistics of the 21 blood sample analysis in the LC and non-LC cohort

The number of digits reported on the blood test results reflects the number of digits provided by the laboratory. LC, lung cancer; IQR, interquartile range; P-, Plasma; B-, Blood; ALAT, alanine aminotransferase; CRP, C-reactive protein; INR, international normalized ratio; LDH, lactate dehydrogenase; NLR, neutrophil to lymphocyte ratio.

with the smoking data reduced the sample size further to 9,940 patients with blood sample results as well as smoking information. Free text from the electronical health records registered at the LC fast-track clinics were accessible on a subset of patients. Consequently, the reduced cohort with complete information consisted of 5,587 individuals of whom 1,854 had LC (33%) and 3,733 did not (67%).

Table S4 illustrates the variable distribution across LC status for the 5,587 patients with complete data. The proportion of LC patients increased from 29% in the

initial cohort to 33% in the reduced cohort. Like the initial cohort, LC patients in the reduced cohort were significantly older and had a higher proportion of females compared to the non-LC cohort (P<0.001). In the reduced cohort, patients exhibited a lower degree of comorbidity in the LC group, with a CCI of 0 in 72%, as opposed to 62% in the initial cohort. While the overall frequencies remained similar between the initial dataset and the reduced dataset, several conditions remained rare, and their significance between the LC and non-LC group diminished when

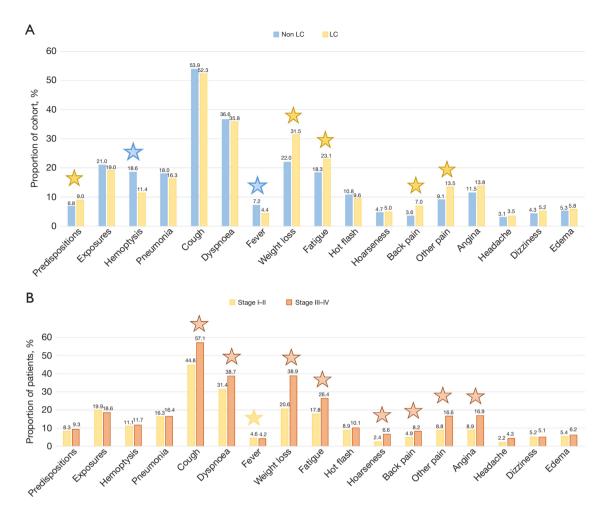


Figure 8 Symptoms, familial predispositions and exposure patterns among individuals based on lung cancer status and stage. The distribution of symptoms, familial predispositions and exposures in the lung cancer and non-lung cancer cohort (A). Analysis of stage I– II *vs.* III–IV lung cancer patients within each category (%) (B). Significant difference between groups were indicated by a star and colored according to the group with the highest rate. All statistical tests were two-sided with a level of statistical significance set at P<0.01. LC, lung cancer.

examined in the reduced dataset. The only exception was other malignancies, which exhibited a significant change like that in the initial cohort. Likewise, frequencies in prescribed medication were also similar between the two datasets, with 75.5% of the LC patients with any prescription compared to 69.5% of the non-LC patients (P<0.001). However, when comparing specific drugs, changes were only significant for COPD-related prescriptions and calcium antagonists. Like the initial dataset, a higher rate of LC patients had >4 consultations in general practice, and a higher rate of non-LC patient did not have any consultations. The fractions of patients with CRP rapid tests remained similar in the reduced cohort. Consistent with the prior findings, LC patients in the reduced cohort were more frequently current and former smokers compared to the non-LC cohort (P<0.001). The significance pattern and distributions in laboratory results remained overall consistent in the reduced cohort.

In summary, when comparing the reduced cohort to the initial cohorts for each dataset, the overall patterns between the LC and non-LC groups were similar in terms of age, sex, smoking status, consultations, CRP rapid tests and laboratory values. However, specific patterns in comorbidity data or prescription medication were susceptible to changes as the cohort was reduced to the 5,585 patients with complete results.

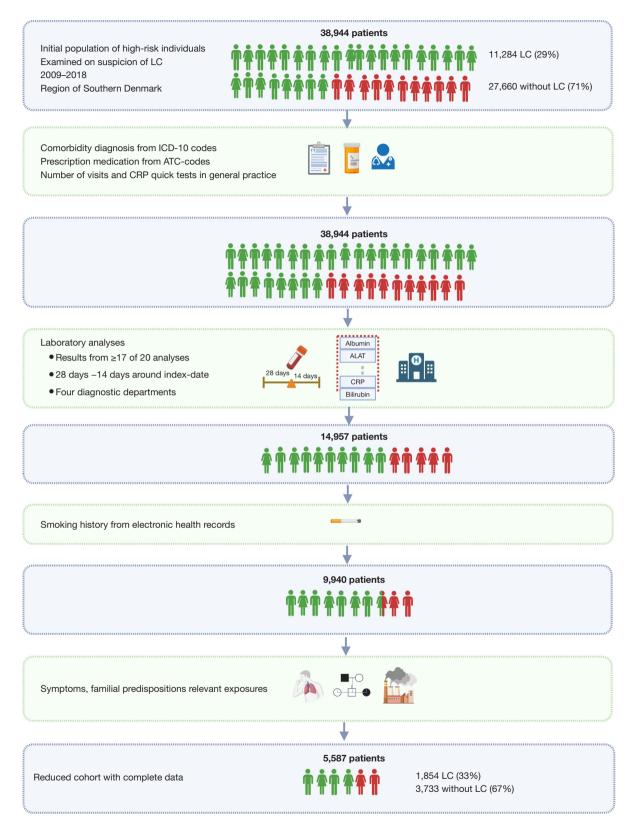


Figure 9 Data completeness after combination of datasets. Created with Biorender.com. LC, lung cancer; ICD-10, International Classification of Diseases 10th Revision; ATC, Anatomical Therapeutic Chemical classification; ALAT, alanine transaminase; CRP, C-reactive protein.

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Discussion

Summary of findings

In this study, we have presented an extensive array of clinical and laboratory data encompassing all patients evaluated for the risk of LC over a 10-year period in the Region of Southern Denmark. We described datasets and compared variables across LC status. After consolidating the different datasets, we compared distributions in the reduced dataset to those in the initial datasets.

Throughout the study period, 39,283 individuals underwent examination on suspicion of LC, with 29% receiving a LC diagnosis and 71% not diagnosed with LC. The number of individuals examined increased over the study period, and the proportion of early-stage LC rose from 18% (stages I–II) in 2009 to 31% in 2018.

Common comorbidities in both the LC and non-LC groups included other malignancies, COPD, and pneumonia, but the vast majority were not diagnosed with any of the included diseases at a hospital level. LC patients were more likely to be smokers, and to be prescribed medication, specifically COPD-related medications and calcium antagonists when considering the reduced cohort.

Laboratory results revealed discrete differences, with significantly higher values for most white blood cells, platelets, calcium, CRP, LDH, and alkaline phosphatase in LC patients. Conversely, LC patients exhibited lower values of hemoglobin, albumin, ALAT, and creatinine, among others.

The majority of both cohorts displayed symptoms at the time of examination, with cough, dyspnea, weight loss, and fatigue being the most common. While weight loss, fatigue, and pain were more prevalent in the LC group, hemoptysis and fever were more common among the non-LC group. Advanced-stage LC patients experienced a higher rate of symptoms compared to those in the low stages.

Comparison with similar research

In this study, we found an increase in low-stage LC diagnosis over the study period, aligning with a gradual increase at a national level (26). This increase is, in part, due to the increased number of patients examined in the LC fast-track clinics, which surged by more than one third from 2012 to 2018 (27) on a national scale. This increase in referrals is most likely caused by an increased focus on cancer as an acute condition after introduction of the Danish Cancer Patient Pathways in 2007, which reduced

the delay in diagnoses (28). Additionally, in 2007, there was an extension allowing general practitioners to refer patients directly for CT scans in cases of vague symptoms suggestive of cancer. The rise in referrals for LC fast-track clinics and the direct path to CT scans from general practice contribute to an increased frequency of CT scans, a factor that has been demonstrated to lead to a stage shift toward early-stage LC (29,30).

As opposed to the literature, we found no difference in COPD registrations between the two groups. One reason could be potential bias in the registration, since the results only account for hospital-based diagnoses. COPD related medication was used as a proxy indicator of mild-moderate COPD, and these drugs were more frequently prescribed to the LC cohort compared to the non-LC cohort. Another consideration is the initial selection of the study cohort, which has an overall high prevalence of COPD ($\approx 12\%$). This is more than double the prevalence of the background population, where 5% of the 50-80 years old were diagnosed with COPD in 2018 (31). If the LC cohort were compared to healthy controls matched on age and sex, the prevalence of COPD would most likely be lower, potentially revealing a difference among the groups. Since this cohort aimed to include relevant patients at risk of LC, they already shared some of the same comorbidities.

In this study, the rate of patients with pneumonias were similar between the two groups. Previous studies have demonstrated an increased risk of LC in patients with immunosuppression or chronic inflammation and have also suggested bacterial infections to be an independent risk factor (32). In contrast, an Italian study of 2,100 LC patients and 2,120 controls found that 85% of the examined cohort did not have a history of pneumonias. Actually, it demonstrated a decreased risk of LC to be associated with the number of pneumonias (33). Hence, this field remains complex and warrants further research.

No comorbidities included in the CCI were observed in 62% of the LC cohort and 65% of the non-LC cohort (and even 72% and 65% in the reduced cohort). A Danish study examining 461 patients referred for diagnostics on suspicion of LC revealed that 42% scored 0 in the CCI (34). Tammemagi *et al.* extracted data on 56 comorbidities from 1,155 LC patients and found that in 11.7% of all patients no comorbidity was observed in the months adjacent the examination of LC (35). Even though these comorbidities were extensive compared to the present study, we still have a surprisingly high rate of patients without registered comorbidities. This may imply that risk population does not

only include the "usual suspects" such as patients registered with COPD, cardio-vascular disease or diabetes as expected from the literature, but also a proportion of patients without previous comorbidity registered at the hospital level. If we were able to include codes from International Classification of Primary Care (ICPC), we would assume the registration of milder conditions such as diabetes and COPD to increase.

We found a tendency towards a higher degree of consultations the general practitioner within the 6 months up to index date. A British study found that LC patients were more likely to have had three or more consultations with the general practitioner before referral (36). Comparison across countries, however, can easily be biased due to differences in systematic registrations as well as organization of general practice and referral patterns.

The differences in laboratory values were mostly small, and is doubtfully considered to be clinically significant. However, these differences might contribute to a better discrimination and performance in a predictive model. Many of these minor changes are known from the literature: the elevation in white blood cells and CRP corresponds with several studies linking elevated inflammatory parameters to an increased risk of LC (37,38). Elevated levels of LDH corresponds with increased cell metabolism and is common in most cancer types (39), whereas increased levels of calcium and alkaline phosphatase are linked to bone and liver involvement in metastasized cancer (40). Around 38% of LC patients present with anemia (41). Low albumin indicates malnutrition and has been associated with poor survival in several cancer types (42). Low sodium is the most frequent electrolyte imbalances seen in patients with LC, especially those with small-cell disease (41,43). A recent study that used blood samples to prediction LC, and also found that elevation of leucocytes were among the most important risk factors of LC, while increased platelets and calcium were further down the list (44). Furthermore, the neutrophil-to-lymphocyte ratio was pathologically high among the LC patients. This is usually associated with poor prognosis in LC patients, but have also been associated with increased risk of LC, suggesting that a systemic immune response may be an important pre-clinical element in the development of LC (45-47).

The most common symptoms observed across both groups were caugh and dyspnø. Ruano-Raviña *et al.* conducted a nationwide study examining symptoms at LC diagnosis in Spain and found the same two symptoms at the top with 34% LC patient with cough and 27% reporting dyspnea (48). They found that 59% of patients in LC stage I presented no symptoms, compared to 21% in our current study. Among stage IV patients, 28% had no symptoms in their study, compared to only 5% in our study. Despite difference in results, this emphasizes the need to consider other criteria than the most common symptoms for LC examinations, since a substantial amount of early-stage patients displays no symptoms at diagnosis.

Methodological considerations

This study displays an extensive dataset that includes clinical and laboratory data from all patients evaluated for the risk of LC over a 10-year period in the Region of Southern Denmark, providing a comprehensive overview. It involves comparison of variables across LC status, offering insights into the differences and trends within the studied population. It combines multiple data sources from registrybased data, laboratory data to data obtained from manual annotation of free text (smoking and symptoms, etc.). The careful consideration of handling missing data, combination of datasets and description of the reduced dataset with complete analyses, provides insight to distributions within this subset of patients, and the overall robustness of the patterns observed in the initial datasets.

However, this study also has several limitations. Using the two SKS-codes as inclusion criteria might be associated with certain bias, since inter-site differences exists both in the patterns of referral as well as in the registration of the two SKS-codes. At some hospitals patients are referred directly to the LC fast-track clinic without a prior CT-scan, while other hospitals use the department of radiology as a filtering function and hence only make the referral in case of an abnormal CT-scan (49). Consequently, the fraction of LC-patients varies among hospitals depending on the referral patterns. Using a more uniform inclusion criteria would ease comparison among hospitals; however, this was not an option at the time of inclusion.

Data on comorbidity was drawn from the ICD-10 codes registered at a hospital level. A database of diagnoses from general practice was established for a brief period in 2007, but it was closed due to uncertainty about legislative controversies (20). In future research, it would be ideal to include data on, e.g., comorbidity and symptoms from the ICPC-codes in general practice.

A major limitation to this study is the lack of detailed

smoking information on the broad cohort. Information on pack-years was only available on the LC population, and not registered on the non-LC population. The manual annotation of smoking status based on free-text limited the cohort to 23,006 patients with available smoking status in the level of detail former/current/never smoker. To obtain detailed information on smoking status on the general population we need large questionnaires on a national level. This was part of the recruitment methods for the NLST and NELSON screening trial (50,51).

An examination of procedure codes registering the number of X-rays and CT scans was also performed. We evaluated information on the referring entity and the exact text of the referral. Unfortunately, manual evaluation of a subset of patients revealed that this information contained multiple biases and lack of registrations. In addition, differences in referral patterns between hospital units also challenges comparison of such procedures, and this data source was ultimately excluded.

It was an initial interest to provide data on the socioeconomic status on the study population. Such data are stored with Statistics Denmark, and they are available through external electronic access only under certain conditions (52), and they are not easily exportable. Such problematic accessibility would challenge the use-case in general practice where a decision support tool should be able to calculate the risk of LC based on easily obtainable data.

Conclusions

This study provides key insights into LC risk assessment using a robust dataset of patients examined for suspected LC. The rising trend in early-stage diagnoses (18% to 31%) reflects a positive development. Common comorbidities were identified, mostly lacking hospital-level diagnoses. LC patients showed distinct medication patterns, and significant differences in lab results were noted. Symptomatology revealed distinct features, with weight loss, fatigue, and pain more prevalent in the LC group, while hemoptysis and fever were more common in the non-LC group. These findings may overall contribute to improved discrimination and predictive model performance. Serving as a stepwise account of real-world data collection and processing, this study lays the groundwork for future development of prediction models utilizing similar data sources.

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Footnote

Reporting Checklist: The authors have completed the STROBE reporting checklist. Available at https://tlcr. amegroups.com/article/view/10.21037/tlcr-23-495/rc

Data Sharing Statement: Available at https://tlcr.amegroups. com/article/view/10.21037/tlcr-23-495/dss

Peer Review File: Available at https://tlcr.amegroups.com/ article/view/10.21037/tlcr-23-495/prf

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at https://tlcr.amegroups.com/article/view/10.21037/tlcr-23-495/coif). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by the Danish Data Protection Agency (No. 19/30673, Date: 2020-06-12) and the Danish Patient Safety Authority (No. 3-3013-3132/1, Date: 2020-03-30), and individual consent for this retrospective analysis was waived.

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