# ANEMIA PLUS HYPOPROTEINEMIA IN DOGS 

Various Proteins in Diet Show Various Patterns in Blood Protein Production<br>Beef Muscle, Egg, Lactalbumin, Fibrin, Viscera, and Supplements*<br>By G. H. Whipple, M.D., and F. S. ROBSCHEIT-ROBBINS, Ph.D.<br>(From the Department of Pathology, The University of Rochester, School of Medicine and Dentistry, Rochester, New York)

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Proteins may be tested biologically in various ways according to their growth pattern, weight maintenance, or nitrogen balance. Proteins may be tested in combined anemia and hypoproteinemia. This is a severe test as the protein reserve stores are largely depleted and the need to form new hemoglobin and various plasma proteins forces the body to use toward this end every bit of available protein to best advantage. In fact it has been shown that the dog will raid its own body proteins to supply its acute need when the protein intake is inadequate (6).

We have already reported experiments to show the general pattern of protein use in doubly depleted dogs (anemia plus hypoproteinemia) (3, 5). In general the canine body favors hemoglobin above plasma proteins with a production ratio of about 2 gm . hemoglobin to 1 gm . of plasma proteins, and this reaction is maintained for weeks as the same dietary intake continues. There are some exceptions which interest us particularly. Striated muscle (meat) diet favors hemoglobin, so that as a rule 3 to 4 gm . of new hemoglobin to 1 gm . of plasma protein are produced. In contrast, egg protein diet favors plasma protein production and one may observe equal amounts of new plasma protein and hemoglobin. Sometimes more plasma protein than hemoglobin is produced (Table 1). Lactalbumin diet favors plasma protein production but not quite as strongly as does egg protein.

The amino acid make-up of the proteins is not yet completely established but one suspects that differences in percentage composition of the amino acids in the given proteins must be largely responsible. Supplements of certain amino acids to these proteins are tested in the work which follows. Histidine is rather

[^0]low in egg protein and, as a supplement to egg feeding, usually causes a fall in the plasma protein to hemoglobin ratio from 90 to 100 per cent toward the common protein ratio of 50 per cent. Supplementing egg protein and lactalbumin by digests of other proteins causes a fall in the plasma protein-hemoglobin ratio-that is, a return to the usual pattern of 2 gm . hemoglobin to 1 gm . plasma protein or a 50 per cent ratio.

We have tested hemoglobin given intraperitoneally or by mouth in the doubly depleted dogs, expecting to find that hemoglobin production would be favored over that of plasma protein. No such reaction was observed, but the usual 50 per cent ratio of plasma protein to hemoglobin was repeatedly noted (3). Plasma protein was tested similarly, given by vein as plasma or by mouth as plasma or as a digest. There is no evidence that this intake favors the production of plasma protein. The body accepts these widely different proteins and in the emergency of anemia plus hypoproteinemia can use them to produce new hemoglobin and plasma protein in about the usual ratio.

Finding that hemoglobin and plasma protein did not favor the production of these proteins in doubly depleted dogs we were surprised to find that fibrin by mouth did favor fibrinogen production (Tables 6 and 7). The albuminglobulin ratio is not changed significantly, but there is a definite and sustained rise in the blood fibrinogen levels during the 5 week periods of fibrin feeding. Fibronogen is a very labile protein (1) which in the dog influenced by infection, liver disturbance, and many other factors, some unknown, may swing from 250 to 1000 mg . per 100 cc . in a period of hours. Fibrinogen is produced wholly in the liver, and its sustained high level on fibrin feeding is therefore of significance. In view of these findings the feeding of albumin or globulins (other than fibrin) should be tested over considerable periods to determine whether the newly produced albumin or globulin will be increased in doubly depleted dogs.

The albumin-globulin ratio has been followed in the experiments here described and no significant variation observed due to these diet factors. The doubly depleted dog has an A/G ratio close to unity, which may indicate a somewhat more rapid production of globulins (2).

## Methods

The dogs used in the experiments are raised in the laboratory kennels and are of mixed strain (white bull terrier and coach dog). The animals are maintained under optimum dietary conditions and kept under constant observation. They are protected from infections by proper housing, isolation, vaccination, and handling. Depletion of their blood proteins is produced as rapidly as is consistent with their well being. A non-protein diet plus frequent blood removal accomplishes depletion of both hemoglobin and plasma proteins within a 3 to 4 week period. During this depletion period the dogs lose considerable weight, making it desirable to produce the depletion in as short a time as possible. The desired "double depletion" represents a hemoglobin level of about 6.5 gm . per cent and a plasma protein level of approximately 4.5 gm . per cent. Below these levels the dogs' health and appetite suffer.

The basal non-protein diet consists of a biscuit containing adequate carbohydrates, fats, and minerals, including an excess of iron and choline chloride. 100 gm . biscuit contains 73 gm. carbohydrate, 13 gm . fat, 78 mg . iron, 70 mg . choline. At times canned vegetables such as carrots or onions (low protein content) are added to maintain appetite during the depletion period. Vitamin additions to the diet consist of either a synthetic liquid vitamin mixture containing all known essentials (Lilly), or vitamin pills of like make-up or a dried yeast powder (Standard Brands type 200 B ) and a liver powder (Lilly) prepared from pig liver. The small amount of nitrogen these powders contain is added to the daily protein intake indicated in the tables.

Peanut flour, wheat gluten, whole egg powder (designated Rutgers University in the tables) represent protein materials prepared for the "Bureau of Biological Research of Rutgers University for Comparative Studies on Methods of Evaluating Protein Foods." These tests for potency concerning blood protein production are part of a cooperative investigation. Commercial casein and peanut flour are used for comparison experiments. Lactalbumin, casein, soy bean, and fibrin are commercial products. "Somagen" represents a protein mixture composed of milk protein with added concentrates of yeast and liver. The mixture is supplemented by crystalline vitamins. The protein content is 70 per cent. Casein digest (Lilly) is an enzymatic digest of casein using papain containing 12.6 gm . per cent nitrogen. Folic acid was fed as folvite. $\mathrm{B}_{12}$ is "cobione" (Merck) administered subcutaneously (1 cc. $=15 \mu \mathrm{~g}$.). "Fresh beef muscle" is ground lean round steak.

Visceral products were freed of fat, boiled, and then put through a meat grinder (pig kidney, pig pancreas, pig stomach, calf thymus, and beef brains). In some experiments the pig stomach was fed as an uncooked, hashed mixture. Fresh egg albumin is separated and coagulated in a double boiler. Whole fresh egg is beaten thoroughly and coagulated in a double boiler. "Canned salmon muscle" is a commercial product, designated "pink Alaska salmon."

The experimental dogs are kept in metabolism cages in a separate room during the entire experimental period for each test as indicated in the tables. The dogs are weighed daily and their daily protein intake is accurately calculated. General technical procedures concerning the animals and experiments proper have been described elsewhere (3).

Fibrin is determined according to the method of Cullen and Van Slyke. Fibrinogen is clotted with calcium chloride, dried, and nitrogen is determined by micro-Kjeldahl analysis.

In the following tables periods for any given dog run consecutively unless otherwise noted. Hemoglobin levels are those obtained by sampling 48 hours after blood removal, in case of a single bleeding. In case of repeated bleedings during the course of a week the hemoglobin level is obtained during the blood volume determination at the end of the week. Plasma protein levels represent the average of samples of each bleeding during the week. "Output per week" is the total hemoglobin or plasma protein removed. The values indicating the "net total output" are the amounts of blood protein actually removed by bleeding, plus or minus the calculated amounts related to differences in the circulating levels of hemoglobin and plasma proteins, as determined by blood volumes at the start and at the end of the test period.

The experimental histories are not detailed because the dogs with a single exception (Table I) seemed normal at all times. The chief experimental difficulty related to diets which were sometimes refused after a period of 2 to 3 weeks and this terminates many experiments not recorded here. The double depletion experiments cannot be tolerated indefinitely and rest periods of months may be necessary after experiments lasting 30 to 60 weeks. Regular blood plasma volume determinations and cell counts are done each week. Urinary nitrogen is determined on each week's output. Albumin-globulin ratios are recorded each week. Many of these $A / G$ figures have been recorded in preceding experimental histories (4). Tables
show the weight curve; in summary tables the initial weight and the gain or loss during each 5 week experiment are recorded. Each test diet period runs for 5 weeks unless otherwise noted.

## EXPERIMENTAL OBSERVATIONS

The first three tables show that whole egg or egg albumin favors the production of plasma protein in doubly depleted dogs. The plasma protein to hemoglobin ratio is very high in Table 1 but the total blood protein output is definitely below normal. The high ratio in favor of plasma protein in this and other dogs is due largely to a low hemoglobin output rather than a high plasma protein production. Tyrosine values in whole egg are given by some analysts as below those for many other food proteins. Daily tyrosine supplements show a sustained response in Table 1, Experiment 3-a rise in total protein, a rise in hemoglobin, a slight fall in plasma protein, and a fall in the plasma protein to hemoglobin ratio from 115 to 67 per cent.

Table 1, dog 40-32, gives observations on the only abnormal dog in this colony. This dog has been under experimental observation for 10 years; it was a year old when depletion was established. For the last 3 years there has been some albumin and casts in the urine, but its condition remained excellent and continued so during the experiments listed in Table 1. About 10 weeks after these experiments some ascites and edema developed yet the dog was active and appeared well. Ascitic fluid was withdrawn several times. Plasma proteins remained at a low normal level, 5.9 to 6.7 gm . per cent. Within 3 weeks the ascites cleared and the edema vanished. At present the dog is quite well and we cannot report on the actual cause for the edema and ascites.
Table 2 shows a clean-cut series of experiments which shows the usual pattern for whole beef diet-a large total output of blood protein with great excess of hemoglobin, a production ratio, plasma protein to hemoglobin, of 27 per cent. When some of the beef is replaced by whole egg the ratio of plasma protein to hemoglobin rises owing to decrease in new hemoglobin. In the third period the diet was largely egg supplemented by beef. The new hemoglobin output fell and the plasma protein-hemoglobin ratio rose. This Table 2 illustrates how the output of new hemoglobin and plasma protein can be modified at will in these depleted dogs.

Table 3 shows satisfactory experiments with egg albumin. The total blood protein output is low and the plasma protein-hemoglobin ratio is high (79 per cent). It is accepted that egg albumin is low in histidine and this amino acid, as a daily supplement, gives a larger output of hemoglobin and a fall in the plasma protein-hemoglobin ratio. It should be noted that the second experimental period in this dog (Table 3) is only 4 weeks instead of 5. The total blood protein for a 5 week period would stand as about 215 gm . (instead of 170 recorded for 4 weeks in the table).

TABLE 1
Whole Egg, Egg Powder, ${ }^{*}$ Tyrosine Chronic Nephritis

| Weight | Protein intake |  | $\begin{aligned} & \text { Food } \\ & \text { con- } \\ & \text { sump- } \\ & \text { tion } \end{aligned}$ | Protein output |  |  |  |  | Production ratio plasma protein to hemoglobin | Urinary nitrogen output week |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Week |  | Hemoglobin |  | Plasma protein |  | Total |  |  |
|  |  |  |  | Level | Week | Level | Week |  |  |  |
| kg. | gm. per day | $g m$. | $\begin{aligned} & \text { per } \\ & \text { cent } \end{aligned}$ | $\begin{aligned} & \mathrm{gm.} \\ & \text { per } \\ & \text { cent } \end{aligned}$ | $\mathrm{g}^{\mathrm{m}}$. | $\left\lvert\, \begin{aligned} & \mathrm{gm.} \\ & \text { per } \\ & \text { cent } \end{aligned}\right.$ | $g m$. | $g^{m}$. | per cent | gm. |
| 18.7 | Egg 210 | 180 | 90 | 6.1 | 37.3 |  | 20.5 |  |  | 10.4 |
| 18.6 | Egg 210 | 168 | 84 | 7.4 | 13.4 |  | 9.0 |  |  | 13.0 |
| 18.6 | Egg 210 | 200 | 100 | 6.2 | 22.9 |  | 17.6 |  |  | 10.2 |
| 18.2 | Egg 210 | 194 | 97 | 6.3 | 10.2 | 5.6 | 7.8 |  |  | 10.2 |
| -0.9 | Net total. | 742 |  |  | 46.6 |  | 65.8 | 112 | 141 | 43.8 |
| 19.9 | Egg powder 40 | 94 | 45 | 6.5 | 40.0 | 5.2 | 26.1 |  |  | 8.1 |
| 19.8 | Egg powder 40 | 115 | 55 | 5.7 | 1.3 | 5.1 | 1.2 |  |  | 8.6 |
| 20.4 | Egg powder 40 | 210 | 100 | 7.6 | 1.1 | 5.3 | 1.3 |  |  | - |
| 20.1 | Egg powder 40 | 185 | 88 | 7.2 | 28.6 | 5.9 | 20.4 |  |  | 9.7 |
| 19.7 | Egg powder 40 | 93 | 44 | 6.9 | 13.9 | 5.8 | 12.3 |  |  | 8.5 |
| -0.4 | Net total. | 697 |  |  | 59.5 |  | 68.3 | 128 | 115 | 34.9 |
| 19.6 | Egg powder 40, $d l$-tyrosine 2 | 195 | 91 | 6.2 | 13.2 | 5.4 | 11.0 |  |  | 7.7 |
| 19.8 | Egg 200, dl-tyrosine 2 | 214 | 100 | 6.8 | 11.0 | 6.1 | 9.8 |  |  | 7.6 |
| 19.1 | Egg 200, dl-tyrosine 2 | 214 | 100 | 7.9 | 13.3 | 5.4 | 9.0 |  |  | 8.3 |
| 18.8 | Egg 200, dl-tyrosine 2 | 195 | 91 | 7.1 | 27.7 | 5.3 | 18.9 |  |  | 8.9 |
| 19.0 | Egg 200, dl-tyrosine 2 | 180 | 84 | 7.4 | 23.3 | 5.7 | 16.8 |  |  | 8.7 |
| -0.7 | Net total. | 998 |  |  | 87.8 |  | 58.4 | 146 | 67 | 41.2 |

Last two experiments are continuous.

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When, in the third experiment of Table 3, the histidine is replaced by valine, the plasma protein-hemoglobin ratio swings back toward the egg albumin figure, owing to a fall in new hemoglobin output and an increase in plasma protein output during the 5 week period. Obviously, histidine supplements

TABLE 2
Whole Egg and Beef Muscle

| Weight | Protein intake |  | $\begin{aligned} & \text { Food } \\ & \text { con- } \\ & \text { sump } \\ & \text { sion- } \end{aligned}$ | Protein output |  |  |  |  | $\|$Pro- <br> duction <br> ration <br> pasam <br> protein <br> to he- <br> one- <br> globin |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Type | Week |  | Hemoglobin |  | Plasma protein |  | Total |  |  |
|  |  |  |  | Level | Week | Level | Week |  |  |  |
| $k g$. | sm. per day | $g^{m}$. | $\begin{aligned} & \text { por } \\ & \text { cont } \end{aligned}$ | $\begin{gathered} \text { gm. } \\ \text { per } \\ \text { enn } \end{gathered}$ | gm . | $\begin{gathered} \substack{\text { ger } \\ \text { cent } \\ \text { cen }} \end{gathered}$ | gm. | gm . | ¢er | gm. |
| 16.3 | Beef 150 | 221 | 100 | 8.3 | 26.1 | 5.3 | 16.1 |  |  | 11.4 |
| 16.5 | Beef 150 | 221 | 100 | 9.4 | 32.6 | 4.8 | 14.7 |  |  | 10.8 |
| 16.5 | Beef 150 | 221 | 100 | 10.6 | 30.1 | 4.9 | 12.1 |  |  | 11.8 |
| 16.4 | Beef 150 | 217 | 98 | 10.2 | 52.1 | 4.7 | 19.7 |  |  | 10.2 |
| 16.6 | Beef 150 | 208 | 94 | 11.3 | 31.6 | 4.6 | 11.9 |  |  | 10.6 |
| +0.9 | Net total. | 1088 |  |  | 244.4 |  | 66.8 | 312 | 27 | 54.8 |
| 16.7 | Beef 120, egg 60 | 223 | 100 | 9.7 | 55.8 | 4.8 | 18.2 |  |  | 10.9 |
| 16.8 | Beef 120, egg 60 | 201 | 90 | 11.9 | 31.5 | 4.7 | 10.6 |  |  | 10.0 |
| 16.9 | Beef 120, egg 60 | 223 | 100 | 9.8 | 37.5 | 4.7 | 12.5 |  |  | 10.1 |
| 16.9 | Beef 120, egg 60 | 223 | 100 | 11.4 | 44.5 | 4.7 | 16.1 |  |  | 10.4 |
| 17.3 | Beef 120, egg 60 | 223 | 100 | 11.4 | 32.3 | 4.6 | 11.3 |  |  | 9.5 |
| $+0.7$ | Net total. | 1093 |  |  | 200.9 |  | 70.7 | 272 | 34 | 50.9 |
| 17.1 | Egg 183, beef 40 | 224 | 100 | 10.9 | 29.6 | 4.6 | 9.8 |  |  | 9.2 |
| 17.1 | Egg 183, beef 40 | 224 | 100 | 9.7 | 45.2 | 4.7 | 15.1 |  |  | 9.3 |
| 17.3 | Egg 183, beef 40 | 224 | 100 | 8.3 | 29.3 | 4.8 | 12.9 |  |  | 10.4 |
| 17.1 | Egg 183, beef 40 | 224 | 100 | 9.2 | 30.4 | 4.9 | 12.4 |  |  | 10.1 |
| 17.4 | Egg 183, beef 40 | 224 | 100 | 9.0 | 27.9 | 4.8 | 12.7 |  |  | 10.8 |
| +0.1 | Net total. | 1120 |  |  | 127.1 |  | 65.9 | 193 | 52 | 49.8 |

Experiments are continuous.
egg albumin effectively to improve its capacity to produce new hemoglobin and plasma protein in these depleted dogs. Other similar experiments are found in Summary Tables 4 and 5.

Tables 4 and 5 give a number of 5 week experiments in various dogs fed whole egg alone or supplemented by various amino acids. Because egg albu-

TABLE 3
Fresh Egg Albumin Plus Histidine or Valine

| Weight | Protein intake |  | $\begin{gathered} \text { Food } \\ \text { con- } \\ \text { sump- } \\ \text { tion } \end{gathered}$ | Protein output |  |  |  |  | Production ratio plasma protein hemoglobin | $\begin{aligned} & \text { Urinary } \\ & \text { nitro- } \\ & \text { gen } \\ & \text { output } \\ & \text { week } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Week |  | Hemoglobin |  | Plasma protein |  | Total |  |  |
|  |  |  |  | Level | Week | Level | Week |  |  |  |
| kg. | gm. per day | $g m$. | $\begin{aligned} & \text { per } \\ & \text { cent } \end{aligned}$ | $\left.\begin{aligned} & \text { gmo. } \\ & \text { per } \\ & \text { cent } \end{aligned} \right\rvert\,$ | gm. | $\underset{\substack{\text { per } \\ \text { cent }}}{ }$ | $\mathrm{s}^{\prime \prime}$. | $g m$. | $\begin{aligned} & \text { per } \\ & \text { cent } \end{aligned}$ | $g m$. |
| 15.3 | Egg albumin 227 | 162 | 100 | 8.6 | 11.9 |  | 6.6 |  |  | 9.0 |
| 15.1 | Egg altumin 227 | 172 | 100 | 6.4 | 38.2 |  | 22.2 |  |  | 12.5 |
| 15.3 | Egg albumin 227 | 179 | 100 | 6.9 | 13.0 | 5.1 | 8.3 |  |  | 10.4 |
| 15.4 | Egg albumin 227 | 187 | 100 | 7.5 | 21.3 |  | 15.3 |  |  | 10.1 |
| 15.3 | Egg albumin 227 | 187 | 100 | 7.1 | 26.0 | 5.5 | 18.1 |  |  | 11.3 |
| -0.3 | Net total. | 887 |  |  | 96.2 |  | 76.1 | 172 | 79 | 53.3 |
| 15.0 | Egg albumin 260, $l$-histidine 1 | 199 | 100 | 8.7 | 19.2 | 5.2 | 13.5 |  |  | 13.4 |
| 14.8 | Egg albumin 260, $l+$ histidine 1 | 199 | 100 | 8.7 | 33.7 | 5.0 | 18.1 |  |  | 10.9 |
| 14.5 | Egg albumin 260, $l+$ histidine 1 | 199 | 100 | 8.1 | 41.0 | 5.0 | 22.0 |  |  | 8.9 |
| 14.0 | Egg albumin 260, $l+$ histidine 1 | 175 | 88 | 7.8 | 21.9 | 4.7 | 12.7 |  |  | 10.0 |
| -1.3 | Net total. | 772 |  |  | 115.2 |  | 54.8 | 170 | 48 | 43.2 |
| 14.1 | Egg albumin 250, dl -valine 4.7 | 196 | 96 | 7.7 | 23.2 | 5.0 | 13.3 |  |  | 12.6 |
| 14.2 | Egg albumin 250, dl-valine 4.7 | 204 | 100 | 7.7 | 26.1 |  | 14.7 |  |  | 11.3 |
| 13.9 | Egg albumin 250, dl-valine 4.7 | 196 | 96 | 7.5 | 26.5 |  | 15.1 |  |  | 12.6 |
| 14.3 | Egg albumin 250, $d l$-valine 4.7 | 204 | 100 | 7.2 | 24.7 |  | 17.2 |  |  | 12.0 |
| 14.2 | Egg albumin 250, $d l$-valine 4.7 | 204 | 100 | 6.8 | 20.8 | 5.3 | 9.0 |  |  | 11.8 |
| +0.2 | Net total | 1004 |  |  | 117.8 |  | 75 | 193 | 64 | 60.3 |

Experiments are continuous.
$\min$ is low in histidine, this amino acid was tested in many experiments alone with egg or with other amino acids, especially tyrosine. These Tables 1, 4, and 5 support the thesis that histidine alone and/or tyrosine (Table 1) are effective as supplements to egg protein. These supplements cause an increase

SUMMARY TABLE 4
Whole Egg with A mino Acid Supplements

| Weight gain orloss | Protein intake |  |  | Protein output |  |  |  |  | Production ratio plasma protein hemoglobin | Urinary nitrogen output week |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Hemoglobin |  | Plasma protein |  |  |  |  |
|  |  |  |  | Level | Week | Level | Week |  |  |  |
| kg. | gm. per day | gm. | $\begin{aligned} & \text { per } \\ & \text { cent } \end{aligned}$ | $\begin{aligned} & \text { gm. } \\ & \text { per } \\ & \text { cent } \end{aligned}$ | gm. | $\begin{gathered} \mathbf{g m .} \\ \text { per } \\ \text { pent } \end{gathered}$ | gm. | $g m$. | $\begin{aligned} & \text { per } \\ & \text { cent } \end{aligned}$ | $g m$. |
| 15.6 | $\mathbf{E g g} 200, l$-tyrosine 1, $l+$ valine $1, l$-histidine 1 | 205 | 98 | 8.4 | 39.3 | 5.3 | 21.1 |  |  | 10.6 |
| -0.7 | Dog 45-3 Total. |  |  |  | 196.4 |  | 105.3 | 302 | 54 |  |
| 14.9 | Egg 200, l-tyrosine 1, $l$-histidine 1 | 192 | 92 | 9.0 | 39.1 | 5.0 | 16.1 |  |  | 8.7 |
| -0.3 | Dog 45-3 Total. |  |  |  | 195.7 |  | 80.5 | 276 | 41 |  |
| 14.6 | Egg 225, $l$-histidine 1 | 195 | 90 | 8.9 | 34.9 | 5.0 | 19.2 |  |  | 9.6 |
| +0.1 | Dog 45-3 Total. |  |  |  | 174.7 |  | 96.1 | 271 | 55 |  |
| 14.7 | Egg 255 | 190 | 90 | 7.1 | 18.9 | 5.3 | 12.9 |  |  | 10.2 |
| +0.4 | Dog 45-3 Total. |  |  |  | 94.5 |  | 64.5 | 159 | 68 |  |
| 21.9 | Egg 225 | 211 | 98 | 7.5 | 28.9 | 5.5 | 18.2 |  |  | 8.9 |
| 0 | Dog 46-9 Total. |  |  |  | 144.5 |  | 91.2 | 236 | 63 |  |
| 17.3 | Egg 225, l-tyrosine 1, $l+$ valine $1, l$-histidine 1 | 209 | 93 | 8.4 | 38.4 | 5.8 | 11.2 |  |  | 12.5 |
| +0.3 | Dog 46-9 Total. |  |  |  | 191.8 |  | 56.0 | 248 | 29 |  |
| 17.6 | Egg 225, $l$-histidine 1 | 201 | 92 | 9.2 | 39.7 | 4.8 | 16.5 |  |  | 10.5 |
| -0.6 | Dog 40-9 Total. |  |  |  | 198.7 |  | 82.3 | 281 | 41 |  |
| 14.2 | Egg 200, $l$-tyrosine $1, l$ histidine $1, d l$-tryptophane 1, $d$-glutamic acid 1 | 217 | 98 | 9.4 | 19.6 | 6.0 | 14.6 |  |  | 11.0 |
| -0.4 | Dog 47-27 Total. |  |  |  | 197.8 |  | 72.9 | 271 | 37 |  |
| 13.9 | Egg 200, glutamic acid 1 | 198 | 99 | 7.8 | 26.2 | 5.6 | 11.2 |  |  | 10.7 |
| +0.1 | Dog 47-27 Total. |  |  |  | 131.2 |  | 75.8 | 207 | 58 |  |
| 14.0 | Egg 210 | 177 | 87 | 7.8 | 22.8 | 5.8 | 13.8 |  |  | 7.0 |
| -0.6 | Dog 47-27 Total. |  |  |  | 114.9 |  | 69.3 | 184 | 61 |  |
| 13.4 | Egg 225, $l$-histidine 1 | 214 | 92 | 8.3 | 26.9 | 6.0 | 21.9 |  |  | 10.5 |
| -0.2 | Dog 47-27 Total. |  |  |  | 134.4 |  | 109.5 | 244 | 82 |  |
| 13.2 | Egg 225, dl-tryptophane 2 | 208 | 94 | 7.9 | 23.2 | 6.2 | 18.4 |  |  | 10.4 |
| $+0.5$ | Dog 47-27 Total. |  |  |  | 116.2 |  | 91.8 | 208 | 79 |  |

SUMMARY TABLE 5
Whole Egg with Amino Acid Supplements

| Weight gain or loss | Protein intake |  | $\begin{gathered} \text { Food } \\ \text { con- } \\ \text { sump- } \\ \text { tion } \end{gathered}$ | Protein output |  |  |  |  |  | Urinary nitrogen output week |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Type | Week |  | Hemoglobin |  | Plesma protein |  |  |  |  |
|  |  |  |  | Level | Week | Level | Week |  |  |  |
| kg. | gm. per day | 8 m. | $\begin{aligned} & \text { per } \\ & \text { cent } \end{aligned}$ | $\underset{\substack{\text { ger } \\ \text { ceni }}}{ }$ | gm. | $\begin{gathered} \substack{\text { gm. } \\ \text { per } \\ \text { cent }} \end{gathered}$ | gm. | gm. | $\begin{aligned} & \text { per } \\ & \text { cent } \end{aligned}$ | 8 m. |
| 20.4 | Egg 225 | 208 | 100 | 9.4 | 17.8 | 4.6 | 16.6 |  |  | 9.4 |
| +0.4 | Dog 45-2 Total. |  |  |  | 89.1 |  | 82.9 | 172 | 93 |  |
| 20.8 | Egg 225, $d l$-phenylal. 2 | 216 | 100 | 7.2 | 20.0 | 5.5 | 12.0 |  |  | 11.4 |
| -0.4 | Dog 45-2 Total. |  |  |  | 99.8 |  | 60.0 | 160 | 60 |  |
| 20.4 | Egg 225, $d l$-valine 2 | 218 | 100 | 7.1 | 19.7 | 5.3 | 15.0 |  |  | 13.0 |
| $-0.7$ | Dog 45-2 Total. |  |  |  | 98.4 |  | 75.0 | 173 | 76 |  |
| 15.7 | Egg 225 | 208 | 100 | 6.6 | 13.9 | 5.1 | 11.5 |  |  | 8.6 |
| +0.2 | Dog 45-2 Total. |  |  |  | 69.7 |  | 57.3 | 127 | 82 |  |
| 15.9 | Egg 225, dl-phenylal. 2 glutamic acid 1 | 220 | 100 | 6.8 | 11.4 | 5.9 | 8.5 |  |  | 9.6 |
| +0.8 | Dog 45-2 Total. |  |  |  | 57.1 |  | 42.4 | 100 | 74 |  |
| 16.7 | Egg 225, dl-threonine 2, dl-tyrosine 2 | 225 | 100 | 6.8 | 15.6 |  | 10.4 |  |  | 10.3 |
| 0 | Dog 45-2 Total. . |  |  |  | 78.1 |  | 52.0 | 130 | 67 |  |
| 19.9 | Egg 225 | 208 | 100 | 10.6 | 21.7 | 4.7 | 15.8 |  |  | 9.7 |
| -0.9 | Dog 47-26 Total. |  |  |  | 108.3 |  | 79.2 | 188 | 73 |  |
| 19.0 | Egg 225, $l$ + lysine 1 | 214 | 100 | 7.3 | 25.0 | 5.1 | 15.4 |  |  | 10.9 |
| +0.1 | Dog 47-26 Total. |  |  |  | 125.2 |  | 76.8 | 202 | 61 |  |
| 19.1 | Egg 225, $l+$ lysine 1 $d l$-leucine 2 | 223 | 100 | 8.1 | 23.7 | 5.2 | 13.0 |  |  | 13.0 |
| -0.3 | Dog 47-26 Total. |  |  |  | 118.6 |  | 64.8 | 183 | 54 |  |
| 18.8 | Egg 225 | 208 | 100 | 7.0 | 18.1 | 5.3 | 17.6 |  |  | 11.0 |
| +0.5 | Dog 47-26 Total. |  |  |  | 90.7 |  | 88.1 | 179 | 97 |  |
| 16.9 | Egg 225, dl-tyrosine 2 | 215 | 100 | 7.1 | 16.4 | 5.8 | 12.6 |  |  | 10.2 |
| +0.3 | Dog 47-26 Total. |  |  |  | 82.0 |  | 62.8 | 145 | 77 |  |
| 17.2 | Egg 225, dl-threonine 2 | 218 | 100 | 7.0 | 19.5 | 6.1 | 15.0 |  |  | 12.1 |
| -0.2 | Dog 47-26 Total. |  |  |  | 97.7 |  | 74.9 | 173 | 77 |  |

in total blood protein output, more especially in the production of hemoglobin which causes a fall in the plasma protein-hemoglobin ratio. The blood protein production response then approaches the usual food protein effect

SUMMARY TABLE 6
Beef Fibrin with Valine and Casein Digest Supplements

| $\begin{aligned} & \text { Weight } \\ & \text { gain or } \\ & \text { loss } \end{aligned}$ | Protein intake |  | $\begin{array}{\|c\|c\|} \text { Food } \\ \text { com- } \\ \text { sump } \\ \text { tion } \end{array}$ | Protein output |  |  |  |  | Pro-ductionratiopasmaproteintohemo-globin |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Type | Week |  | Hemoglobin |  | $\begin{aligned} & \text { Plasma } \\ & \text { protein } \end{aligned}$ |  | $-\begin{gathered} \begin{array}{c} \text { Total } \\ \text { weeks } \end{array} \end{gathered}$ |  |  |
|  |  |  |  | Level | Week | Level | Week |  |  |  |
| $\mathrm{kg}_{\mathrm{g}}$. | gm. per day | $g^{m}$. | $\begin{aligned} & \text { per } \\ & \text { cent } \end{aligned}$ |  | gm . | $\begin{aligned} & \begin{array}{l} \text { gm. } \\ p e r \\ \text { cent } \\ \text { cit } \end{array} . \\ & \hline \end{aligned}$ | $\mathrm{g}^{\mathrm{m}}$. | $s m$. | per | gm. |
| 17.7 | Fibrin 39, $d l$-valine 4.7 | 261 | 100 | 9.1 | 41.4 | 4.9 | 19.6 |  |  | 16.0 |
| -0.3 | Dog 45-2 Total. |  |  |  | 207.2 |  | 97.9 | 305.1 | 46 |  |
| 17.4 | Fibrin 43 | 263 | 100 | 9.4 | 45.0 | 4.8 | 19.6 |  |  | 14.1 |
| -0.2 | Dog 45-2 Total. |  |  |  | 224.9 |  | 98.1 | 323.0 | 44 |  |
| 14.0 | Fibrin 30, casein digest 10 | 236 | 100 | 10.6 | 23.1 | 4.5 | 11.7 |  |  | 11.7 |
| +1.6 | Dog 47-26 Total. |  |  |  | 115.3 |  | 58.5 | 173.8 | 51 |  |
| 21.9 | Fibrin 40 | 245 | 100 | 8.4 | 32.8 | 5.6 | 22.4 |  |  | 14.8 |
| +0.8 | Dog 40-32 Total |  |  |  | 163.8 |  | 112.3 | 276.1 | 68 |  |
| 13.6 | Fibrin 40 | 242 | 99 | 8.9 | 26.3 | 4.9 | 15.2 |  |  | 9.7 |
| +0.5 | Dog 46-4 Total. |  |  |  | 131.4 |  | 75.8 | 207.2 | 58 |  |
| 13.7 | Fibrin 40 | 212 | 89 | 7.5 | 20.8 | 5.5 | 20.8 |  |  | 9.1 |
| +0.5 | Dog 45-3 Total. |  |  |  | 103.9 |  | 75.1 | 179.0 | 72 |  |
| 16.9 | Fibrin 35 | 214 | 100 | 9.2 | 27.7 | 4.5 | 13.7 |  |  | 9.4 |
| -0.9 | Dog 47-20 Total. |  |  |  | 138.3 |  | 68.5 | 207 | 49 |  |
| 15.6 | Fibrin 40 | 245 | 100 | 8.3 | 30.1 | 4.7 | 18.2 |  |  | 12.7 |
| +0.5 | Dog 46-12 Total. |  |  |  | 180.4 |  | 109.3 | 290 | 61 |  |

(for example that of casein)-a ratio of 2 gm . hemoglobin to 1 gm . plasma protein.

Table 5 shows the effects of supplementing egg protein with phenylalanine, valine, glutamic acid, threonine, and lysine alone or in various mixtures as noted. These amino acids do not have the striking effect of histidine, but in general there is some evidence that they may cause a slight increase in new blood protein and a slight decrease in the ratio of plasma protein to hemoglobin.

Fibrin turns out to be a good diet protein to produce hemoglobin and plasma protein in these depleted dogs (Table 6). The total output is not quite as high as with a casein diet and the usual ratio of hemoglobin to plasma protein can be noted. Fibrin is a peculiar protein on several counts. Its amino acid make-up is not completely known but it contains more than average amounts of arginine, threonine, and tyrosine, when compared with casein for example. As concerns the ingredients to form new hemoglobin and plasma protein, fibrin as a diet factor is not deficient under the conditions of these experiments.

TABLE 7
Beef Fibrin Diet-Fibrinogen Levels and Albumin-Globulin Ratios

| Week ofexperiment | Dog 47-20 |  | Dog 46-12 |  | Dog 45-3 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Fibrinogen | Albumin- Globulin ratio | Fibrinogen | Albumin- Globulin ratin | Fibrinogen | Electrophoretic pattern | Albumin- Globulin |
| Before. | 475 | 0.75 | 396 | 0.80 | 372 | 720 | 1.2 |
| 1st. | 676 | 1.1 | 541 | 0.74 | 460 | 800 | 1.3 |
| 2nd. | 633 | 1.1 | 517 | 1.3 | 641 | 820 | 1.2 |
| 3rd. | 712 | 1.2 | - | 1.2 | 649 | 820 | 1.1 |
| 4th. | 700 | 1.3 | 596 | 1.2 | 454 | 760 | 1.1 |
| 5th. | 666 | 1.0 | 493 | 1.3 | 451 | 940 | 1.2 |
| 7th | $285 \ddagger$ |  |  |  |  |  |  |

Blood fibrinogen levels in milligrams per cent.

* We are indebted to Dr. Eric L. Alling, Associate in Radiation Biology and Medicine, for the determination of the electrophoretic pattern of Dog $45-3$ with the calculated amounts of fibrin.
$\ddagger$ Dog on kennel diet for one and one-half weeks.
In one respect diet fibrin is unusual-in these long experiments it favors slight overproduction of fibrinogen and sustained blood levels of approximately 50 per cent above normal (Table 7). It is also interesting that diet fibrin may cause a slight increase in the albumin-globulin ratio, meaning that if anything more albumin than globulin is produced week by week. The fibrinogen of the blood, as calculated from the electrophoretic pattern, is always higher than the coagulated fibrinogen (Table 7, dog 45-3). It is not known precisely what globulin besides fibrinogen is actually included in this area.
Lactalbumin in some respects resembles egg protein as it is fed in these double depletion experiments. There is a tendency for the plasma protein to hemoglabin ratio to rise above 50 per cent and may in fact reach 100 per cent (Table 8). There is decrease in hemoglobin production and often some increase in plasma protein production.

Table 8 shows a wide swing from the usual plasma protein to hemoglobin ratio of 31 per cent with the beef diet to a ratio of 99 per cent when the diet is largely lactalbumin (Experiment 3, dog 46-10). The total blood protein output is well sustained but the change in amount of new hemoglobin is significant.

TABLE 8
Lactalbumin and Beef Muscle

| Weight | Protein intake |  | $\left\lvert\, \begin{gathered} \text { Food } \\ \text { con- } \\ \text { sump } \\ \text { tion } \end{gathered}\right.$ | Protein output |  |  |  |  |  | $\begin{gathered} \text { Urinary } \\ \text { nitry } \\ \text { gen } \\ \text { gutput } \\ \text { wefek } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Type | Week |  | Hemoglobin |  | Plasma <br> protein |  | Total |  |  |
|  |  |  |  | Level | Week | Level | Week |  |  |  |
| kg. | sm. per day | gm . | $\begin{gathered} \text { per } \\ \text { cent } \end{gathered}$ | $\begin{aligned} & \text { gic. } \\ & \hline \text { pems } \\ & \text { cems } \end{aligned}$ | $\mathrm{gm}^{\text {m}}$ | $\begin{array}{\|c\|c\|c\|c\|c\|c\|} \substack{\text { per. } \\ \text { cenib }} \end{array}$ | 8 mm . | 8m. | ceer | sm . |
| 19.1 | Beef 150 | 221 | 100 | 8.3 | 28.1 | 5.6 | 17.4 |  |  | 9.5 |
| 19.2 | Beef 150 | 221 | 100 | 8.5 | 47.9 | 4.8 | 21.7 |  |  | 10.6 |
| 19.6 | Beef 150 | 221 | 100 | 8.7 | 29.9 | 4.5 | 11.5 |  |  | 12.3 |
| 19.4 | Beef 150 | 221 | 100 | 11.1 | 1.8 | 4.4 | 0.9 |  |  | 11.4 |
| 19.4 | Beef 150 | 221 | 100 | 11.1 | 48.0 | 4.7 | 16.5 |  |  | 11.8 |
| +1.1 | Net total. | 1105 |  |  | 179.3 |  | 56.0 | 235 | 31 | 55.6 |
| 19.9 | Beef 125, lactalbumin 10 | 225 | 100 | 10.5 | 39.2 | 4.6 | 12.9 |  |  | 9.6 |
| 20.4 | Beef 125, lactalbumin 10 | 225 | 100 | 10.5 | 35.9 | 4.5 | 12.9 |  |  | 9.0 |
| 20.8 | Beef 125, lactalbumin 10 | 225 | 100 | 9.7 | 36.6 | 4.9 | 13.2 |  |  | 10.4 |
| 21.1 | Beef 125, lactalbumin 10 | 225 | 100 | 10.4 | 48.7 | 4.7 | 20.1 |  |  | 10.5 |
| 21.4 | Beef 125, lactalbumin 10 | 225 | 100 | 9.5 | 41.2 | 4.6 | 17.7 |  |  | 10.3 |
| +2.0 | Net total. | 1125 |  |  | 211.6 |  | 80.8 | 292 | 38 | 49.8 |
| 21.2 | Lactalbumin 34, beef 40 | 228 | 100 | 9.3 | 28.6 | 4.9 | 12.3 |  |  | 8.8 |
| 21.1 | Lactalbumin 34, beef 40 | 228 | 100 | 6.9 | 42.4 | 5.0 | 19.4 |  |  | 10.2 |
| 21.5 | Lactalbumin 34, beef 40 | 228 | 100 | 7.0 | 23.3 | 5.4 | 15.5 |  |  | 10.2 |
| 21.0 | Lactalbumin 34, beef 40 | 228 | 100 | 9.0 | 14.4 | 4.6 | 8.5 |  |  | 10.6 |
| 21.0 | Lactalbumin 34, beef 40 | 228 | 100 | 6.4 | 42.6 | 5.8 | 31.7 |  |  | 12.0 |
| -0.4 | Net total. | 1140 |  |  | 110.2 |  | 108.8 | 219 | 99 | 51.8 |

Experiments are continuous.
Table 9 gives other experiments with lactalbumin feeding to show that the total blood protein production is satisfactory but not as high as with a casein diet. Supplements of various amino acids and casein digests in the amounts fed cause no large increase in blood protein output.

Casein as a diet factor in these double depletion experiments stands high

SUMMARY TABLE 9
Lactalbumin with Amino Acid, Casein and Casein Digest Supplements

| $\begin{gathered} \text { Weight } \\ \text { gain or } \\ \text { loss } \end{gathered}$ | Protein intake |  | $\begin{aligned} & \text { Food } \\ & \text { con- } \\ & \text { sump- } \\ & \text { tion- } \end{aligned}$ | Protein output |  |  |  |  | Pro-ductionratiopalamanproteintohemo-globin |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Type | Week |  | Hemoglobin |  | Plasma protein |  | $-\frac{5}{5}$ |  |  |
|  |  |  |  | Level | Week | Level | Week |  |  |  |
| ${ }^{\text {kg. }}$ | gm. per day | 8 m . | $\begin{aligned} & \text { per } \\ & \text { conn } \end{aligned}$ |  | $g^{\prime \prime}$. |  | $g^{m}$. | $s^{m}$. | $\begin{aligned} & \text { per } \\ & \text { ceme } \end{aligned}$ | $8 m$. |
| 17.6 | Lactalbumin 45 | 227 | 100 | 9.2 | 23.6 | 4.7 | 16.2 |  |  | 11.0 |
| +0.6 | Dog 47-20 Total. |  |  |  | 118.3 |  | 80.9 | 199 | 68 |  |
| 18.2 | Lactalbumin 45, dl-valine 2 | 239 | 100 | 7.5 | 19.7 | 5.2 | 11.5 |  |  | 15.2 |
| +0.7 | Dog 47-20 Total. |  |  |  | 98.3 |  | 57.5 | 156 | 59 |  |
| 18.9 | Lactalbumin 45 | 229 | 100 | 7.4 | 28.5 | 5.1 | 15.5 |  |  | 13.9 |
| -0.9 | Dog 47-20 Total. |  |  |  | 142.5 |  | 77.5 | 220 | 54 |  |
| 15.1 | Lactalbumin 45 | 200 | 92 | 7.3 | 13.9 | 5.7 | 11.3 |  |  | 10.7 |
| -0.1 | Dog 45-3 Total. |  |  |  | 6\% |  | 56.7 | 126 | 81 |  |
| 15.0 | Lactalbumin 45, $l+$ arginine 1 | 224 | 97 | 7.3 | 18.7 | 6.2 | 15.5 |  |  | 13.5 |
| -0.1 | Dog 45-3 Total. |  |  |  | 93.7 |  | 77.6 | 171 | 83 |  |
| 18.0 | Lactalbumin 45, $l+$ arginine 1 | 241 | 100 | 7.4 | 24.4 | 5.3 | 17.4 |  |  | 13.5 |
| +0.8 | Dog 47-20 Total. |  |  |  | 121.5 |  | 87.0 | 199 | 72 |  |
| 18.8 | Lactalbumin 45, dl-methionine 2 | 237 | 100 | 7.4 | 19.5 | 5.3 | 10.1 |  |  | 13.1 |
| +0.6 | Dog 47-20 Total. |  |  |  | 97.6 |  | 50.6 | 148 | 52 |  |
| 19.4 | Lactalbumin 45, $l+$ arginine $1, d l$-valine 2 | 252 | 100 | 7.8 | 22.9 | 5.2 | 12.1 |  |  | 14.4 |
| -0.4 | Dog 47-20 Total. . . . . . . . . |  |  |  | 114.5 |  | 60.4 | 175 | 53 |  |
| 15.9 | Lactalbumin 45, $d l$-valine $2, l+$ histidine 1 | 249 | 100 | 10.0 | 24.8 | 4.6 | 13.2 |  |  | 8.6 |
| -0.6 | Dog 47-20 Total. |  |  |  | 123.3 |  | 65.8 | 189 | 53 |  |
| 15.3 | Lactalbumin 37, cassin 10 | 248 | 100 | 7.3 | 21.1 | 5.1 | 14.9 |  |  | 10.2 |
| +1.2 | Dog 47-20 Total. |  |  |  | 105.3 |  | 74.4 | 180 | 72 |  |
| 14.2 | Lactalbumin 41, casein 5 | 234 | 97 | 7.0 | 23.5 | 6.1 | 14.4 |  |  | 13.4 |
| -0.7 | Dog 47-27 Total. |  |  |  | 117.5 |  | 72.1 | 190 | 61 |  |
| 13.5 | Lactalbumin 41, casein digest 5.4 | 240 | 100 | 7.7 |  | 6.3 |  |  |  | 15.0 |
| +0.4 | Dog 47-27 Total. |  |  |  | 143.0 |  | 100.0 | 243 | 70 |  |

and is responsible for a large total blood protein production and a ratio of plasma protein to hemoglobin of 40 to 50 per cent (5). Various preparations of casein and casein digests have been tested with similar results (Table 10). "Somagen" is a mixture of milk protein supplemented by various concentrates

| SUMMARY TABLE 10 Casein and Somagen |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Protein intake |  | $\begin{gathered} \text { Food } \\ \text { con- } \\ \text { sump- } \\ \text { tion } \end{gathered}$ | Protein output |  |  |  |  |  | Urinary nitrogen output week |
| Weight gain or loss |  |  |  | Hemoglobin |  | Plasma protein |  |  |  |  |
|  |  |  |  | Level | Week | Level | Week |  |  |  |
| kg. | gm. per day | gm. | pert | gm. per cent cent | $g m$. |  | $\mathrm{gm}^{\text {m. }}$ | gm . | $\begin{aligned} & \text { per } \\ & \text { cent } \end{aligned}$ | $g m$. |
| 16.2 | Casein 40 | 204 | 86 | 10.8 | 40.6 | 4.8 | 17.7 |  |  | 14.0 |
| $-2.0$ | Dog 47-30 Total. |  |  |  | 203 |  | 88.3 | 291 | 44 |  |
| 14.2 | Casein 38, l-cystine 2 | 215 | 91 | 9.5 | 39.2 | 4.8 | 18.9 |  |  | 13.1 |
| -0.4 | Dog 47-30 Total. . |  |  |  | 195.8 |  | 94.4 | 290 | 48 |  |
| 13.2 | Somagen 45 | 219 | 100 | 10.0 | 39.8 | 4.8 | 21.1 |  |  | 12.0 |
| +1.0 | Dog 47-42 Total............ |  |  |  | 199.0 |  | 105.4 | 304 | 53 |  |
| 14.9 | Somagen 50 | 225 | 96 | 8.9 | 39.6 | 5.0 | 26.0 |  |  | 9.6 |
| +0.3 | Dog 46-4 Total. . . . . . . . . . . |  |  |  | 197.9 |  | 130.0 | 328 | 65 |  |
| 19.9 | Somagen 45 | 208 | 95 | 8.7 | 33.8 | 5.3 | 18.9 |  |  | 10.5 |
| +0.2 | Dog 40-32 Total. . |  |  |  | 168.8 |  | 94.4 | 263 | 55 |  |
| 15.7 | Somagen 40 | 177 | 89 | 8.3 | 32.2 | 4.8 | 21.2 |  |  | 11.1 |
| +1.4 | Dog 40-36 Total.. |  |  |  | 161.0 |  | 106.2 | 267 | 66 |  |
| 14.8 | Somagen 45 | 219 | 100 |  | 40.7 | 4.8 | 20.9 |  |  | 8.7 |
| $+0.5$ | Dog 47-33 Total. |  |  |  | 203.6 |  | 104.5 | 308 | 51 |  |
| 12.1 | Somagen 45 | 195 | 100 | 7.7 | 32.8 | 6.4 | 21.7 |  |  | 13.1 |
| +0.9 | Dog 47-27 Total. |  |  |  | 164.1 |  | 108.7 | 273 | 66 |  |

and vitamins much used in the diets of young children. When compared with casein it shows abundant total blood protein production and a plasma protein to hemoglobin ratio of 50 to 60 (Table 10). It resembles casein and casein digests as tested.

Folic acid was tested in these doubly depleted dogs in conjunction with various diets. It was suspected that it might stimulate the production of extra hemoglobin but there is no evidence to indicate any such response. In fact the natural stimulus for hemoglobin production is probably maximal in
these doubly depleted dogs and they are using every bit of material available to form new hemoglobin and plasma protein. Table 11, dog 46-5, did suggest that larger doses of folic acid might inhibit new blood protein production. Subsequent experiments with other diet proteins gave no support and we must record the response to folic acid in the doses given under these conditions as negative.

We have reported earlier (5) experiments with wheat gluten and peanut flour. The experiments in Table 12 show that wheat gluten gives a good response when fed to these doubly depleted dogs. Small supplements of casein or lean meat improve the response but do not change significantly the plasma protein to hemoglobin ratio. The wheat gluten diet does not appeal to the dogs and it is difficult to carry through 5 week experiments (Table 12).

Peanut flour was tested earlier (5) and the response to this diet is poor. It will be noted in Table 12 that small supplements of casein or beef improve markedly the total blood protein response.

Soy bean flour lies between the wheat gluten and peanut flour as to its capacity to form new blood protein in these depleted dogs. It does not compare with casein. A small addition of casein digest appears to improve the hemoglobin output somewhat.

Visceral products have long held our interest in experiments on dogs with simple anemia or combined anemia and hypoproteinemia (double depletion). In general we can say that visceral proteins are well used and compare favorably with other good food proteins but there are some interesting differences. Beef heart (4) is distinctly different from skeletal muscle. Perhaps skeletal muscle is able to store material more readily than heart muscle, but whatever the fact it produces more total blood protein and hemoglobin in these experiments ( Ta bles 8 and 11). Beef heart is no better than salmon muscle. Pig stomach (Table 13) is less potent than beef heart and we must assume that the smooth muscle of the stomach is not as potent as beef heart although the mucosa is a confusing factor. Probably gastric mucosa might be assumed to resemble the pancreas in which case the value for smooth muscle would be even lower.
The responses to beef spleen varied a good deal, which perhaps is not surprising, but it is a good dietary protein with a response not unlike that of liver diet. A single experiment with kidney, and two experiments with pancreas yielded results of the same order.

Thymus tissue is rather different in its make-up yet in the diet it resembles beef heart. Obviously, to judge from the findings, nuclear material is very abundant in thymus tissue.

SUMMARY
Dogs with sustained anemia plus hypoproteinemia due to bleeding and a continuing low protein or protein-free diet containing abundant iron have been used in the present work to test food proteins and supplements as to their

SUMMARY TABLE 11
Folic Acid, Salmon, Beef, Lactalbumin


SUMMARY TABLE 11-Concluded

| $\begin{aligned} & \text { Weight } \\ & \text { gain or } \\ & \text { loss } \end{aligned}$ | Protein intake |  | $\begin{aligned} & \text { Food } \\ & \text { con- } \\ & \text { sump- } \\ & \text { tion } \end{aligned}$ | Protein output |  |  |  |  |  | $\begin{array}{\|l} \text { Urinary } \\ \text { nitro } \\ \text { gen } \\ \text { output } \\ \text { week } \end{array}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Hemoglobin |  | Plasma protein |  |  |  |  |
|  |  |  |  | Level | Week | Level | Week |  |  |  |
| kg. | gm. per day | gm. | $\begin{aligned} & \text { per } \\ & \text { cent } \end{aligned}$ |  | gm. | ¢ $\begin{gathered}\text { gm. } \\ \text { per } \\ \text { cent }\end{gathered}$ | gm. | 8 m. | per | gm. |
| 14.7 | Lactalbumin 45 | 143 | 76 | 6.7 | 16.5 | 5.5 | 12.0 |  |  | 9.0 |
| -1.6 | Dog 46-10 Total. . |  |  |  | 82.4 |  | 60.2 | 143 | 73 |  |
| 10.2 | Somagen 40, folic acid 40 mg . | 205 | 93 | 8.5 | 41.0 |  | 20.1 |  |  | 9.3 |
| $+1.3$ | Dog 47-33 Total. |  |  |  | 205.2 |  | 100.8 | 306 | 49 |  |

capacity to produce new hemoglobin and plasma proteins. The reserve stores of blood protein-producing materials are thus largely depleted in such animals and sustained levels of 6 to 8 gm . per cent hemoglobin and 4 to 5 gm. per cent plasma protein can be maintained for considerable periods of time. The stimulus of double depletion drives the body to use all protein building materials with the utmost conservation. This represents a severe biological test for food and body proteins and its assay value must have significance.
Measured by this biological test in these experiments, casein stands well up among the best food proteins. The ratio of plasma protein to hemoglobin is about 40 to 50 per cent, which emphasizes the fact that these dogs produce on most diets about 2 gm . hemoglobin to 1 gm . plasma protein. The reason for this preference for hemoglobin production is obscure. The mass of circulating hemoglobin is greater even in this degree of anemia and the life cycle of hemoglobin is much longer than that of the plasma protein.
Egg protein, egg albumin, and lactalbumin all favor the production of more plasma protein and less hemoglobin as compared with casein. The plasma protein to hemoglobin ratio is increased, sometimes above 100 per cent. Supplements to the above proteins of casein digests or several amino acids may return the response toward that which is standard for casein. Histidine as a supplement to egg protein increases the total blood protein output and brings the ratio of plasma protein to hemoglobin toward that of casein.

Beef muscle goes to the other extreme and favors new hemoglobin production up to 4 gm , hemoglobin to 1 gm . plasma protein-a ratio of 25 per cent. The total amounts of new blood proteins are high.
Lactalbumin as compared with casein shows a lower total blood protein output and a plasma protein to hemoglobin ratio of 70 to 90 per cent. Amino acid supplements are less effective.

SUMMARY TABLE 12
Wheat Gluten,* Soy Bean and Peanut Flour

| $\begin{aligned} & \text { Weight } \\ & \text { gain or } \\ & \text { loss } \end{aligned}$ | Protein intake |  | $\begin{array}{\|l\|l} \text { Food } \\ \text { con- } \\ \text { sump- } \\ \text { tion } \end{array}$ | Protein output |  |  |  |  |  | $\begin{array}{\|l\|l} \text { Urinary } \\ \text { nitro } \\ \text { gen } \\ \text { output } \\ \text { } \end{array}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Type | Week |  | Hemoglobin |  | Plasma protein |  |  |  |  |
|  |  |  |  | Level | Week | Level | Week |  |  |  |
| kg. | gm. per day | gm . | $\begin{aligned} & \text { pert } \\ & \text { cent } \end{aligned}$ | $\begin{gathered} \substack{g m . \\ p . e r} \\ \text { cent } \end{gathered}$ | gm. | $\begin{gathered} \text { ger } \\ \substack{p e r \\ \text { cent }} \end{gathered}$ | $\mathrm{g}^{\mathrm{m}}$. | 8 m. | ${ }_{\substack{\text { per } \\ \text { cent }}}$ | gm . |
| 19.7 | Wheat gluten 30, casein 10 | 216 | 100 | 8.8 | 42.6 | 5.5 | 19.4 |  |  | 18.9 |
| -2.1 | Dog 45-2 Total. |  |  |  | 213.2 |  | 97.0 | 310 | 45 |  |
| 16.9 | Wheat gluten 40 | 209 | 100 | 8.2 | 26.7 | 4.6 | 15.5 |  |  | 19.4 |
| -1.2 | Dog 45-2 Total. |  |  |  | 133.4 |  | 77.5 | 211 | 58 |  |
| 24.1 | Wheat gluten 40, casein 5 | 232 | 97 | 8.3 | 42.4 | 5.5 | 29.4 |  |  | 19.2 |
| -0.7 | Dog 40-32 Total. |  |  |  | 212.1 |  | 146.9 | 359 | 69 |  |
| 23.4 | Wheat gluten 45 | 180 | 79 | 7.9 | 35.1 | 5.4 | 22.1 |  |  | 18.8 |
| -1.4 | Dog 40-32 Total. |  |  |  | 140.5 |  | 88.3 | 229 | 63 |  |
| 18.8 | Wheat gluten 30, casein 10 | 216 | 100 | 8.7 | 37.8 | 5.5 | 20.5 |  |  | 19.2 |
| -1.8 | Dog 47-26 Total. |  |  |  | 189.2 |  | 102.3 | 292 | 54 |  |
| 17.0 | Wheat gluten 30, lean meat 40 | 217 | 100 | 9.2 | 43.2 | 5.0 | 21.1 |  |  | 17.0 |
| -0.6 | Dog 47-26 Total. |  |  |  | 216.0 |  | 105.6 | 322 | 49 |  |
| 14.6 | Soy bean 54, casein digest 5 | 192 | 86 | 8.6 | 31.0 | 4.5 | 11.9 |  |  | 15.4 |
| -0.5 | Dog 47-36 Total... |  |  |  | 155.0 |  | 59.7 | 215 | 39 |  |
| 14.3 | Soy bean 72 | 189 | 79 | 9.3 | 26.3 | 4.8 | 9.8 |  |  | 10.5 |
| -1.5 | Dog 47-36 Total. |  |  |  | 131.3 |  | 49.2 | 181 | 38 |  |
| 13.2 | Soy bean 60 | 204 | 86 | 7.4 | 18.7 | 5.1 | 14.3 |  |  | 12.2 |
| -0.5 | Dog 47-25 Total. |  |  |  | 93.4 |  | 71.7 | 165 | 77 |  |
| 19.0 | Peanut 40, casein 10 | 225 | 100 | 9.1 | 36.2 | 5.1 | 17.9 |  |  | 17.7 |
| -1.9 | Dog 47-20 Total. |  |  |  | 181.0 |  | 89.3 | 270 | 49 |  |
| 17.1 | Peanut 50 | 215 | 100 | 10.6 | 16.4 | 4.3 | 4.7 |  |  | 16.4 |
| -1.2 | Dog 47-20 Total. |  |  |  | 81.9 |  | 23.4 | 105 | 29 |  |
| 13.8 | Peanut 40, casein 10 | 216 | 96 | 10.5 | 42.8 | 4.7 | 15.0 |  |  | 14.3 |
| -1.0 | Dog 49-40 Total. . |  |  |  | 214.2 |  | 81.6 | 296 | 38 |  |
| 12.8 | Peanut 30, lean beef 40 | 174 | 95 |  |  | 4.6 | 13.0 |  |  | 15.2 |
| -0.4 | Dog 49-40 Total. |  |  |  | 173.4 |  | 64.9 | 238 | 37 |  |
| 12.4 | Peanut 43 | 150 | 83 | 12.0 | 26.8 | 4.3 | 6.9 |  |  | 12.9 |
| -1.4 | Dog 49-40 Total. . |  |  |  | 134.2 |  | 34.6 | 169 | 26 |  |

[^1]SUMMARY TABLE 13
Visceral Products
Pig Kidney, Stomach and Pancreas, Beef Spleen, Beef Brain, Calf Thymus

| Weight gain or loss | Protein intake |  | Food consump | Protein output |  |  |  |  |  | Urinary nitrogen outpat week |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Type | Week |  | Hemoglobin |  | Plasma protein |  |  |  |  |
|  |  |  |  | Level | Week | Level | Week |  |  |  |
| kg. | gm. per day | sm. | $\begin{aligned} & \text { per } \\ & \text { cent } \end{aligned}$ | $\begin{aligned} & \text { gm. } \\ & \text { pent } \\ & \text { cent } \end{aligned}$ | gm . | $\begin{aligned} & \text { gm. } \\ & \text { per } \\ & \text { cemt } \end{aligned}$ | gm. | $g m$. | $\begin{aligned} & \text { por } \\ & \text { cont } \end{aligned}$ | gm. |
| 16.5 | Pig kidney 120 | 242 | 100 | 8.5 | 35.0 | 5.3 | 20.1 |  |  | 11.9 |
| +0.4 | Dog 47-20 Total. |  |  |  | 174.8 |  | 100.7 | 276 | 58 |  |
| 12.5 | Pig stomach* 300 | 206 | 98 | 12.0 | 20.5 | 4.3 | 6.6 |  |  | 18.0 |
| +0.4 | Dog 44-16 Total. |  |  |  | 102.3 |  | 33.3 | 136 | 33 |  |
| 15.3 | Pig stomach* 300 | 224 | 100 | 8.3 | 27.2 | 4.7 | 14.1 |  |  | 16.5 |
| +0.3 | Dog 46-9 Total. |  |  |  | 136.1 |  | 70.3 | 206 | 52 |  |
| 16.9 | Beef spleen 110 | 207 | 100 | 8.8 | 43.8 | 4.6 | 13.4 |  |  | 10.3 |
| 0 | Dog 47-20 Total. |  |  |  | 218.8 |  | 66.9 | 286 | 30 |  |
| 19.1 | Beef spleen 110 | 207 | 100 | 8.2 | 29.6 | 4.6 | 16.3 |  |  | 10.4 |
| -0.1 | Dog 47-33 Total. |  |  |  | 148.1 |  | 81.6 | 230 | 55 |  |
| 17.0 | Beef spleen 110 | 207 | 100 | 7.2 | 26.5 | 5.5 | 17.5 |  |  | 13.2 |
| -0.4 | Dog 47-26 Total. |  |  |  | 132.4 |  | 87.7 | 220 | 66 |  |
| 15.7 | Beef brain 222 | 216 | 100 | 7.4 | 21.9 | 4.7 | 11.3 |  |  | 12.4 |
| -0.1 | Dog 46-12 Total. |  |  |  | 109.7 |  | 56.3 | 166 | 51 |  |
| 11.6 | Beef brain 185 | 210 | 100 | 8.1 | 29.3 | 5.0 | 17.1 |  |  | 9.3 |
| -1.2 | Dog 49-43 Total. |  |  |  | 146.4 |  | 85.3 | 232 | 58 |  |
| 16.6 | Pig pancreas 115 | 228 | 100 | 7.6 | 24.9 | 5.6 | 14.6 |  |  | 12.2 |
| -1.1 | Dog 47-26 Total. |  |  |  | 149.4 |  | 88.2 | 238 | 59 |  |
| 16.8 | Pig pancreas* 124 | 216 | 97 | 8.8 | 30.2 | 4.7 | 14.7 |  |  | 10.5 |
| -0.5 | Dog 46-9 Total. |  |  |  | 150.9 |  | 73.5 | 224 | 46 |  |
| 14.1 | Calf thymus 120 | 220 | 97 | 11.0 | 29.6 | 4.6 | 10.8 |  |  | 17.7 |
| -0.7 | Dog 45-6 Total... |  |  |  | 147.8 |  | 53.9 | 202 | 36 |  |
| 14.2 | Calf thymus* 150 | 212 | 96 | 8.6 | 29.8 | 5.3 | 13.5 |  |  | 16.0 |
| -1.0 | Dog 45-3 Total. . . . . |  |  |  | 149.1 |  | 67.6 | 217 | 45 |  |
| 12.7 | Calf thymus* 150 | 207 | 98 | 12.1 | 19.0 | 4.5 | 7.8 |  |  | 17.3 |
| +0.1 | Dog 45-6 Total. |  |  |  | 94.9 |  | 38.8 | 134 | 41 |  |

*Fed raw-all other material is cooked.

Fibrin is a good food protein in these experiments-much like casein. When fed over these 5 week periods it causes a sustained increase in blood fibrinogen.

Folic acid in the doses given has no effect on the expected response to various diets.

Peanut flour is a very poor diet for the production of new hemoglobin and plasma proteins. Small supplements of casein and beef show a significant response with improved output of blood proteins.

Soy bean flour gives a poor response and wheat gluten a good response with adequate output of blood proteins.

Visceral products show some variety. Beef heart is not as effective as beef muscle. Beef spleen, kidney, and pancreas give good responses but not up to casein. Pig stomach, beef brain, and calf thymus are below average. The plasma protein to hemoglobin ratio shows a narrow range ( 40 to 60 per cent) in experiments with visceral products.

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[^1]:    * Bureau Biological Research of Rutgers University

