

#### RESEARCH ARTICLE

# The impact of market segmentation and social marketing on uptake of preventive programmes: the example of voluntary medical male circumcision. A literature review [version 1; peer review: 2 approved, 1 approved with reservations]

Anabel Gomez <sup>1</sup>\*, Rebecca Loar<sup>2\*</sup>, Andrea England Kramer<sup>3\*</sup>

<sup>1</sup>AVAC, AVAC, New York City, NY, 10027, USA

<sup>2</sup>Independent Consultant, Independent Consultant, Austin, Texas, USA <sup>3</sup>Independent Consultant, Independent Consultant, St Petersburg, Florida, USA

\* Equal contributors

V1 First published: 11 Dec 2018, 2:68 ( https://doi.org/10.12688/gatesopenres.12888.1) Latest published: 11 Dec 2018, 2:68 ( https://doi.org/10.12688/gatesopenres.12888.1)

#### Abstract

**Background**: The business world has long recognized the power of defining discrete audiences within a target population. However, market segmentation's full potential has not been applied to the public health context. While some broad elements of market segmentation (e.g., age, geography) are considered, a nuanced look at behavioural and psychographic segmentation, which could greatly enhance the possibility of lasting behaviour change, is often missing. **Segmentation**, and the associated mindset which acknowledges the multi-dimensional differences between people, allows service providers, implementers, policymakers, and government officials to target initiatives and lead to a greater likelihood of lasting behavioural change.

This paper investigates what segmentation is, how it has been applied to voluntary medical male circumcision (VMMC), how it can be applied in development, and the challenges in both measuring and adopting segmentation as part of program design.

**Methods**: We performed a detailed search of peer-reviewed literature using PubMed, ProQuest, ScienceDirect, Google Scholar, and the abstract directories of the International AIDS Society (IAS) published between January 2015 and September 2018. We also accessed articles from business databases such as the Harvard Business Review.

**Results**: Results from a VMMC-focused intervention that successfully designed and delivered segmentation-based programs in two countries demonstrated that it is possible to adapt private sector approaches. However, within the sector of global development that is most familiar with segmentation, these efforts rarely go beyond basic demographic segments.

**Conclusions:** Existing published material tends not to measure the impact of segmentation itself, but the impact of the intervention to which segmentation was applied, which makes it challenging for the development sector to invest in the approach without evidence that it works. Nonetheless, the experiences of segmentation and demand creation for VMMC do highlight the opportunity for

**Open Peer Review** Referee Status: ? 🗸 🗸 Invited Referees 1 2 3 ?  $\checkmark$ version 1 published report report report 11 Dec 2018 1 Beth Skorochod (D), CollaborateUp, USA 2 Steve Kretschmer, DesireLine LLC, Turkey 3 Jason B. Reed, Jhpiego, USA Manya Dotson, Jhpiego, USA Sema Sgaier (D), Surgo Foundation, USA Harvard T.H. Chan School of Public Health, USA University of Washington, USA

Any reports and responses or comments on the article can be found at the end of the article. better integrating this approach in HIV prevention and in global development and measurement initiatives.

#### Keywords

HIV prevention, segmentation, social marketing, demand creation, innovation, human-centred design

#### Corresponding author: Anabel Gomez (agomez@avac.org)

Author roles: Gomez A: Conceptualization, Formal Analysis, Methodology, Project Administration, Supervision, Visualization, Writing – Original Draft Preparation, Writing – Review & Editing; Loar R: Conceptualization, Writing – Original Draft Preparation; England Kramer A: Investigation, Methodology, Writing – Original Draft Preparation, Writing – Review & Editing

Competing interests: No competing interests were disclosed.

**Grant information:** This work is supported by the Bill and Melinda Gates Foundation [OPP1161329]. The AIDS Vaccine Advocacy Coalition's (AVAC) product introduction and access efforts are supported through grants from the Bill and Melinda Gates Foundation, via the HIV Prevention Market Manager grant agreement [OPP1135316], and by the generous support of the American people through the U.S. President's Emergency Plan for AIDS Relief (PEPFAR) and the U.S. Agency for International Development (USAID), via the OPTIONS Consortium Cooperative Agreement No. AID-OAA-A-15-00035). The content of this article is solely the responsibility of the authors and does not necessarily represent the views of the Gates Foundation, PEPFAR, USAID, or the United States Government. The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

**Copyright:** © 2018 Gomez A *et al*. This is an open access article distributed under the terms of the Creative Commons Attribution Licence, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

How to cite this article: Gomez A, Loar R and England Kramer A. The impact of market segmentation and social marketing on uptake of preventive programmes: the example of voluntary medical male circumcision. A literature review [version 1; peer review: 2 approved, 1 approved with reservations] Gates Open Research 2018, 2:68 (https://doi.org/10.12688/gatesopenres.12888.1)

First published: 11 Dec 2018, 2:68 (https://doi.org/10.12688/gatesopenres.12888.1)

#### List of abbreviations

AGYW	Adolescent girls and young women
EAMC	Early adolescent male circumcision
EIMC	Early infant male circumcision
HIV	Human immunodeficiency virus
IAS	International AIDS Society
PrEP	Pre-exposure prophylaxis
VMMC	Voluntary medical male circumcision

#### Introduction

Defining discrete audiences within a target population is a marketing approach used widely in the commercial world, where strong understanding of a consumer segment is directly tied to profits. Even private sector giants have had massive failures due to poor consumer understanding: Coca-Cola's C2 drink is an example. In order for companies to make targeted marketing decisions they rely on segmentation, the process of dividing "a market into smaller groups of buyers with distinct needs, characteristics, or behaviors who might require separate products or marketing mixes"<sup>1</sup>. Most commonly, markets are segmented by geographic, demographic, psychographic (psychological attributes such as values, attitudes, and beliefs), and behavioural factors<sup>2</sup>. The resulting breakout can then be used to make strategic decisions about whom to reach and how to connect meaningfully with them through product and service experiences. A specific market segment includes individuals with similar preferences and characteristics, and different market segments are clearly differentiated (Table 1 presents and discusses characteristics associated with useful market segments) so that the campaigns, products, and marketing tools applied to them can be implemented without overlap. Moreover, a set of criteria are typically used to define a segment - to identify individuals who share those characteristics - and those who do not fit that segment's criteria fall into a different segment. The value of these segments is to have clear characteristics associated with a set of marketing approaches and, in turn, to drive quantifiable outcomes<sup>3</sup>.

While some broad elements of segmentation, such as age and geography, have been applied in the development sector, the

power of behavioural and psychographic segmentation has been largely overlooked. According to Samuel, "psychographics, which measure customers' attitudes and interests rather than 'objective' demographic criteria, can provide deep insight that complements what we learn from demographics" (see Harvard Business Review article on psychographics). This type of segmentation provides a deeper understanding of the desires, needs, and decision-making considerations of a potential user of a product or service. Applied correctly, it could enhance efficacy of public health initiatives, ensure new products reach the people most likely to need and use them, and increase the likelihood of lasting behavioural change. Using the example of voluntary medical male circumcision (VMMC), this paper shows how segmentation has been applied in development and discusses the challenges in both measuring and adopting segmentation as part of program design.

In an era of constrained funding for HIV primary prevention basics like demand creation for male and female condoms, there is a need to be more targeted with resources in order to reach the right people with the right intervention – a higher priority than reaching all people. Groups sharing common attributes are more likely to respond similarly to a given demand creation strategy, but addressing all men aged between 15–19 as if they are identical is unlikely to result in cost-efficient, relevant, or relatable communication, whether it takes place at an interpersonal (e.g., peer educator) or mass level.

#### Methods

To better understand what the literature reveals about the barriers to and benefits of segmentation, both for VMMC in particular and for demand creation for HIV preventive interventions more broadly, we queried scholarly databases, health and innovation journals, and other publications for studies, analyses, and peerreviewed articles on segmentation published between January 2015 and September 2018. The types of literature considered included case studies, systematic reviews, meta-analysis, and journal articles. We performed a detailed search of the existing peer-reviewed literature using PubMed, ProQuest, ScienceDirect, Google Scholar, and the abstract directories of the International AIDS Society (IAS). We searched these sources for keywords including HIV prevention, segmentation, demand creation, demand generation, innovation, behaviours, human-centred design, segmentation evaluation, campaign qualitative evaluation, campaign

#### Table 1. Characteristics of useful market segments.

1) Identifiable/Differentiable. Customers in each segment should possess measurable key attributes – such as usage and consumption behaviours and purchasing preferences – that clearly distinguish them from customers in other segments.

2) Substantial. According to Harvard Business Review's Gavett, "It's usually not cost-effective to target small segments – a segment, therefore, must be large enough to be potentially profitable." In Gichuru's words, "Marketing segments must be large enough to meet the financial needs of the company and the product."

3) Accessible. Are communication and distribution channels in place to reach each segment? To be useful, segments must be accessible through promotional tools.

4) Sustainable. Gavett states that "a segment should be stable enough for a long enough period of time to be marketed to strategically." This points away from basing segmentation on attributes that tend to fluctuate, such as lifestyle.

Sources: https://hbr.org/2014/07/what-you-need-to-know-about-segmentation

http://ijecm.co.uk/ ISSN 2348 0386

https://www.iiste.org/Journals/index.php/EJBM/article/viewFile/647/540

success, campaign failure, target audience, social marketing, campaign lessons learned, and VMMC. Our primary application of interest was VMMC, with a secondary emphasis on HIV prevention programs related to adolescent girls and young women (AGYW). Sub-Saharan Africa was the priority region of interest, with examples elsewhere in low and middle-income countries a subordinate focus. The hundreds of results generated by these criteria were then individually examined and collated by subjectmatter experts for relevance to different main aspects of this particular piece of work; full citations were developed for 61 select articles, along with complete summaries of their significance. A second round of keyword searching was conducted, this time expanding sources queried from the listed databases to include premier marketing journals and publications in order to provide more complete information regarding existing applications of segmentation (as an approach predominantly employed and evaluated predominantly within the context of private sector work). The resulting, updated bibliography included 40 sources and was reviewed a second time to produce the comprehensive list of sources (44) which informed initial drafting of the literature review text. After subsequent rounds of writing and editing, including extracting information deemed unnecessary and as a result eliminating some citations, this literature review's current bibliography has been updated to represent its use of 37 carefully curated sources. It should be noted that this literature review did not include a need to address consent issues.

#### **Results**

Our findings indicate that market segmentation has, to date, most often been applied to global health fields that function for profit and, as such, tend to view their clients as customers, with preferences to discover and cater to, rather than as patients with needs that are often assumed to be homogenous within a broadly defined population, such as by diagnosis or perceived need. The latter view is associated with interventions designed from the top down. However, areas of global health with a development focus or non-profit structure and culture have been slower to adopt or apply market segmentation. Moreover, existing published materials on its applications tend not to measure the impact of segmentation itself, but the impact of the intervention to which segmentation was applied, generally through uptake measures.

On top of the traditional difficulties of measuring impact in the global health and development space (e.g., long observation times, difficult data gathering, complex influences on decision-making), segmentation requires additional thought to isolate the impact of the strategies themselves. While we are able to observe that using segmentation strategies offers a framework to design more nuanced and resonant interventions, it is difficult to isolate the impact of segmentation from the many other steps, methodologies, and strategies that are part of a robust human-centred design process. As multi-disciplinary consortiums take on multi-year projects, it becomes increasingly difficult to isolate specific contributions when evaluating overall efficacy.

It is also difficult to measure impact because a segmentation strategy is not a product or a message or an experience on

its own; it is a vehicle for developing them. In this way, the segmentation step is not tested directly, but indirectly through the things it produces – making it challenging to draw an objective cause and effect relationship.

Because the value and impact are difficult to isolate, segmentation is often overlooked or attempted unsystematically. Sgaier *et al.* determined that approaches to demand generation were inconsistent, not evidence-based, and poorly coordinated. This work goes on to say that "political and social factors, including ignorance of the need for strategic demand generation, may contribute to inadequate funding and focus." The authors found that there was scant evidence on approaches to demand generation for VMMC, both in terms of understanding drivers of demand and in terms of evaluating existing interventions<sup>4</sup>.

In a later article for the Stanford Social Innovation Review, Sgaier et al. expanded on these issues, citing particular cases. For example, in Niger, a limited understanding of the value of segmentation at the highest levels caused discussions with governments and partners to drag on for more than three years before segmentation could begin to be implemented. Even once segmentation is underway, Sgaier et al. note myriad issues, including restricted ability to design the research, limited number of people with experience in the segmentation process, and difficulty transferring the findings into large-scale programs<sup>2</sup>. In the case of HIV prevention, the psychographic measures of risk perception and belief about the efficacy of a particular intervention proved to be a more effective approach to the segmentation of men into target audiences than basic demographic distinctions. Designing a program of social promotion that is tailored for groups based on these values, attitudes, and decision-making requirements creates the greatest likelihood for change in HIV-related behaviours among each segment5.

Meanwhile, Terris-Prestholt and Windmeijer looked at interventions that promote behaviour change. They determined that the impact of interventions aimed at the ongoing behaviours that are relevant to prevention are slow to take hold and should therefore be evaluated over a longer timeframe<sup>6</sup>. However, current funding mechanisms generally do not allow sufficient time for such change to take place and be observed, making interventions based on segmentation hard to evaluate.

Though there are difficulties in exact measurement, the most compelling evidence for the efficacy of segmentation is to look at when and how it is used. Specifically, it is often brought in when nothing else is working or when there is a drop-off in the efficacy of an intervention. This typically occurs when generalized, homogenous efforts have reached the most easily persuaded among the target audience and nuanced interventions are needed for more resistant members of the target audience. This was the case with VMMC, where early adopters of the procedure had been reached and demand was plateauing (Figure 1).

Segmentation can also be used to investigate why efficacy has been uneven. The knowledge gained from segmentation can be used to design specific interventions (e.g., messaging, experiences, campaigns) in situations where demand is lagging,



Source for VMMC figures: UNAIDS. *Miles to Go—Closing gaps, breaking barriers, righting injustices*. July 2018. Accessible at: www.unaids.org/en/resources/ documents/2018/global-aids-update.

AVAC Report 2018: No Prevention, No End www.avac.org/report2018

Figure 1. Annual number of voluntary medical male circumcisions, 2008–2017. Source: https://www.avac.org/sites/default/files/resource-files/AVACreport2018.pdf. This graphic has been reproduced with permission from AIDS Vaccine Advocacy Coalition (AVAC).

or to prioritize outreach to specific groups if resources are constrained. This is especially true when used in conjunction with human-centred design, another methodology increasingly applied in global health programs when traditional strategies start to produce declining returns on investment.

Despite challenges, segmentation also offers a large range of opportunities for the sector. The Reproductive Health Supplies Coalition is one of a growing number of organisations in development that acknowledge that segmentation provides empirical evidence which can help guide the most efficient and effective use of resources. The Coalition states that "market segmentation data can shape family planning...(and) it can increase market efficiency for the government stewards of public resources"<sup>7</sup>. It goes on to say that policymakers can use market segmentation research to "draft evidence-based policy initiatives, giving government officials a more useful context to decide which policies are worth enacting."

The identification of segments can also guide decisions about how to meet performance and delivery objectives within a health system. For example, segmentation studies can identify whether one group of end users will likely access a prevention service in a private clinic rather than a public one. Most obviously, segmentation can be used to guide communication at all consumer touchpoints from the community to the clinic, and on a mass scale.

#### The application in VMMC programs

The example of VMMC lends itself well to a segmentation approach. The audience of those who may undergo the procedure already encompasses distinct subdivisions by age (e.g., early infant male circumcision (EIMC), early adolescent male circumcision (EAMC), "catch-up" population segments comprised of older men). The literature is replete with examples of such demographic segmentation and its applicability to developing more effective promotions, including via social marketing<sup>8-13</sup>. Notable examples include the Kingdom of Eswatini's successful VMMC program, which prioritised EIMC as the "sustainment" component of a comprehensive set of VMMC interventions for multiple age brackets<sup>14</sup>; Lane et al.'s supplement of nine studies across South Africa, Zimbabwe, and Tanzania, which targeted 10-14-year old adolescent males through messaging around key incentives or barriers to VMMC uptake (motivation, counselling, wound healing, parental involvement, female peer support, quality of in-service communication, and providers' perceptions)15; and an observational prospective intervention study in the Orange Farm township of South Africa, which successfully obtained male circumcision prevalence of 80% among adult men within just three months<sup>16</sup>. Modelling investigations likewise find age to be a beneficial, and in some cases particularly cost-effective<sup>17,18</sup>, basis for market segmentation<sup>19,20</sup>. Geographic segmentation is similarly common<sup>13,17–19,21</sup>, and through modern mapping technology can offer novel applications<sup>21,22</sup>.

Importantly, however, recent work also emphasizes the need for segmentation that goes beyond age to distinguish among individuals' perceived motivations or disincentives for VMMC, as well as beyond the candidate population for VMMC to highlight the role of decision-making "influencers" (i.e., female partners, family members like parents, grandparents, and parents-in-law, trusted community leaders like sports team coaches), who may be effectively targeted through social marketing promotions of VMMC to encourage its uptake among the men in their lives<sup>23</sup>. Figure 2 depicts a representation of segments applied to VMMC in Zambia.

The work to segment Zambian and Zimbabwean men along behavioural and psychographic lines provides the most straightforward example of a non-age-based population dissection with findings readily applicable to social marketing interventions. In this case, men were segmented in alignment with factors that motivated and/or supported them on a personal level to undergo VMMC. Men were also segmented according to influences at the community or structural level that discouraged or encouraged uptake<sup>24</sup>. Another important finding from the "influencer" cluster of studies relates to how campaigns are conducted after segmentation. VMMC candidates, perhaps due to the intimate nature of the decision and procedure, exhibit a strong preference for individual over mass communication on this issue<sup>9,25</sup>. This preference is borne out by both the insignificant results yielded in a study which leveraged the mass communication platform of SMS to deploy VMMC-related information and counselling<sup>26</sup>, as well as by two unsuccessful VMMC promotion case studies which cited a lack of consideration for sociocultural context (such as including the perspectives and gaining the

support of "traditional leaders, healers and circumcisers") as a reason for failure<sup>27</sup>. In demand creation campaigns, personal counselling or one-to-one approaches favourably impacted willingness to undergo VMMC or to consider it for one's dependents. Quality market segmentation conducted before beginning such an individualised intervention has the potential to make this otherwise costly and labour-intensive – yet highly effective – approach more feasible to implement<sup>9,16,28</sup>.

Market segmentation can also identify whom *not* to target. A 2015 analysis "explored correlates of male circumcision status among men and their social, economic, health and sexual behaviour factors." This analysis provided characteristics for better targeting and intervention design. In this case, limited resources for uptake campaigns could be directed toward populations of greatest need and minimize the use of resources directed at segments that were unlikely to choose VMMC under any circumstance<sup>29</sup>.

There is also some evidence for market segmentation's value in creating demand for HIV preventive services outside of VMMC. Cremin *et al.* use a mathematical model to isolate certain subsets of Nairobi's population in which HIV incidence is on the rise, in contrast to its trend of decline at the city level, and to suggest optimal interventions for reducing HIV infection among these high-risk groups<sup>30</sup>. Reed *et al.* extrapolate lessons learned from VMMC scale-up in the region to support oral pre-exposure prophylaxis (PrEP) expansion among another targeted market segment<sup>31</sup>. Also addressing the AGYW audience, Celum *et al.* explore how social marketing and innovative market segmentation can increase demand for and optimise uptake and effective



Figure 2. Separation of surveyed Zambian men into seven voluntary medical male circumcisions (VMMC)-candidate segments. Source: https://healthcommcapacity.org/wp-content/uploads/2017/06/Albert-Machinda-Society-for-Family-Health.pdf This graphic has been reproduced with permission from The Bill and Melinda Gates Foundation.

use of PrEP<sup>32</sup>; Eakle *et al.* point to this potent combination as a particularly useful means of enhancing PrEP demand generation among more sceptical communities<sup>33</sup>; and Luecke *et al.* examine the demographic and behavioural correlates of preferred PrEP formulations, arguing that a deeper understanding of women's product preferences can guide not only product development but also drive demand creation through social marketing<sup>34</sup>. Sgaier, too, opines from family planning work in India that psychographic-behavioural segmentation can better forecast demand and, "as in the private sector, a staged market launch that actively stimulates uptake can be used to match appropriate products to suitable customers" (see devex article on contraception in Uttar Pradesh women). Ayikwa and Jager advocate for social marketing as the "ultimate weapon" in combating HIV/ AIDS transmission and overcoming related stigmas<sup>35</sup>.

All these papers corroborate Rao and McCoy, who state that "behaviour change isn't just about crafting the perfect message; creating better programs requires really listening to and understanding the patient experience" [https://ssir.org/articles/entry/ fostering\_behavior\_change\_for\_better\_health#bio-footer]. They stress that "borrowing tools from the private sector...to understand, track, and influence customers can greatly enhance global health programs that require changes in attitudes or behaviour."

#### **Discussion / Recommendations**

The literature collectively drive toward the idea that what the public health sphere needs is a new mindset. Instead of viewing its target audience as patients with diagnoses, the audience should be seen as multidimensional consumers with preferences and needs. Current public health segmentation has been almost solely demographic; though valuable at a basic level, this is rudimentary<sup>36</sup>. Research marketing pioneer Daniel Yankelovich states in the Harvard Business Review that demographic segmentation "implies that differences in reasons for buying, in brand choice influences, in frequency of use, or in susceptibility will be reflected in differences in age, sex, income, and geographical location. But this is usually not true" (see Harvard Business Review article on market segmentation). Basically, age segmenting can only be useful as a very general indication of patterns of behaviour, as not everyone in the same age band will behave the same way or respond the same way to experiences. Even "geodemographic classifications such as ACORN (a classification of regional neighborhoods), while useful for indicating likely very general patterns of spending power, do not reveal the absurd assumption that everyone...drives the same car, reads the same newspapers, eats the same food and so on" (see The Marketing Journal article on market segmentation). Demographic and age segmentation are some of the easiest to develop, but they provide limited guidance. In order to successfully effect change, implementers need to connect deeply with their audience by looking past its superficial characteristics to the attitudinal, behavioural, and contextual factors that guide its members' decision-making. This does not mean that public health solutions should be fragmented, but rather that precise messaging – still framed in the broader context of health goals – can be developed for and directed to audiences with whom it is most likely to resonate strongly<sup>4</sup>.

#### Conclusions

At this stage, it is not yet possible to definitively conclude that market segmentation leads to measurably better HIV prevention results, but it *can* be asserted that market segmentation leads to interventions with measurably better HIV prevention results. The literature present ample evidence for the value of market segmentation as a component of demand creation for HIV prevention interventions, including VMMC and, more recently, oral PrEP. While traditional applications of market segmentation in healthcare, such as age and geography, remain useful as components of more nuanced population stratifications, behaviouralpsychographic segmentation presents the greatest potential for efficacy in uptake of HIV prevention measures, both broadly and in the case of VMMC specifically. In a later article, also for the Harvard Business Review, Yankelovich and Meer write that "non-demographic segmentation began more than 40 years ago as a way to focus on the differences amongst customers that matter most strategically"37. Ultimately, what the public health sphere needs is a shift: from considering possible users of its products as a single group with the same desires and behaviours based on age or location to seeing them as multidimensional consumers with individual preferences and needs.

#### Data availability

All data underlying the results are available as part of the article and no additional source data are required

#### Grant information

This work is supported by the Bill and Melinda Gates Foundation [OPP1161329].

The AIDS Vaccine Advocacy Coalition's (AVAC) product introduction and access efforts are supported through grants from the Bill and Melinda Gates Foundation, via the HIV Prevention Market Manager grant agreement [OPP1135316], and by the generous support of the American people through the U.S. President's Emergency Plan for AIDS Relief (PEPFAR) and the U.S. Agency for International Development (USAID), via the OPTIONS Consortium Cooperative Agreement No. AID-OAA-A-15-00035). The content of this article is solely the responsibility of the authors and does not necessarily represent the views of the Gates Foundation, PEPFAR, USAID, or the United States Government.

The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

#### Acknowledgements

Thanks are extended to Jeanne Baron, Mitchell Warren, and Emily Bass from AVAC for their assistance with manuscript preparation and helpful comments throughout the process.

#### References

- 1. Lamb CW, Fair JF, McDaniel C: Marketing. Beijing: Peking University Press. 2003; 214
- 2 Soaier SK, Engl E, Kretschmer S: Time to scale psycho-behavioral segmentation in global development. Stanford Social Innovation Review, 2018: 48-55 **Reference Source**
- Bannon DP: Marketing segmentation and political marketing. Political Studies 3. Association Annual Conference, University of Lincoln, United Kingdom. 2004; 5-8. **Reference Source**
- 4. Sgaier SK, Baer J, Rutz DC, et al.: Toward a Systematic Approach to Generating Demand for Voluntary Medical Male Circumcision: Insights and Results From Field Studies. Glob Health Sci Pract. 2015; 3(2): 209-229. PubMed Abstract | Publisher Full Text | Free Full Text
- Rimal RN, Brown J, Mkandawire G, et al.: Audience segmentation as a social-5 marketing tool in health promotion: use of the risk perception attitude framework in HIV prevention in Malawi. Am J Public Health. 2009; 99(12): 2224–2229. PubMed Abstract | Publisher Full Text | Free Full Text
- Terris-Prestholt F, Windmeijer F: How to sell a condom? The impact of demand 6. creation tools on male and female condom sales in resource limited settings. J Health Econ. 2016; 48: 107-120. PubMed Abstract | Publisher Full Text
- USAID market development approaches working group: Market segmentation 7. primer. 2009. Reference Source
- 8. Sgaier SK, Sharma S, Eletskaya M, et al.: Attitudes and decision-making about early-infant versus early-adolescent male circumcision: Demand-side insights for sustainable HIV prevention strategies in Zambia and Zimbabwe. PLoS One. 2017; 12(7): e0181411. PubMed Abstract | Publisher Full Text | Free Full Text
- Boyee D, Peacock E, Plotkin M, et al.: What Messages are Adolescent Voluntary 9. Medical Male Circumcision (VMMC) Clients Getting and How? Findings From an Observational Study in Tanzania. AIDS Behav. 2017; 21(5): 1383-1393. PubMed Abstract | Publisher Full Text | Free Full Text
- Chituwo O, Aladesanmi L, Hines JZ, et al.: The young, the old and the risky: HIV 10. risk factors by age among voluntary medical male circumcision clients in Zambia 2017. AIDS 2018 conference abstract list. 2018. **Reference Source**
- Odoyo-June E, Agot K, Grund JM, et al.: Predictors of voluntary medical male 11. circumcision prevalence among men aged 25-39 years in Nvanza region Kenya: Results from the baseline survey of the TASCO study. PLoS One. 2017; 12(10): e0185872. PubMed Abstract | Publisher Full Text | Free Full Text
- Patel EU, Kaufman MR, Dam KH, et al.: Age Differences in Perceptions of and Motivations for Voluntary Medical Male Circumcision Among Adolescents in South Africa, Tanzania, and Zimbabwe. Clin Infect Dis. 2018; 66(suppl 3); S173-S182 PubMed Abstract | Publisher Full Text | Free Full Text
- George G, Govender K, Beckett S, et al.: Factors associated with the take-up of 13. voluntary medical male circumcision amongst learners in rural KwaZulu-Natal. Afr J AIDS Res. 2017; 16(3): 251-256. PubMed Abstract | Publisher Full Text
- Fitzgerald L, Benzerga W, Mirira M, et al.: Scaling Up Early Infant Male Circumcision: Lessons From the Kingdom of Swaziland. Glob Health Sci Pract. 2016: 4 Suppl 1: S76-86. PubMed Abstract | Publisher Full Text | Free Full Text
- Lane C. Bailev RC. Luo C. et al.: Adolescent Male Circumcision for HIV 15 Prevention in High Priority Countries: Opportunities for Improvement. Clin Infect Dis. 2018; 66(suppl\_3): S161-S165. PubMed Abstract | Publisher Full Text | Free Full Text
- 16. Marshall E, Rain-Taljaard R, Tsepe M, et al.: Obtaining a male circumcision prevalence rate of 80% among adults in a short time: An observational prospective intervention study in the Orange Farm township of South Africa. Medicine (Baltimore), 2017; 96(4); e5328. PubMed Abstract | Publisher Full Text | Free Full Text
- Awad SF. Soaier SK. Tambatamba BC. et al.: Investigating Voluntary Medical 17 Male Circumcision Program Efficiency Gains through Subpopulation Prioritization: Insights from Application to Zambia. PLoS One. 2015; 10(12): e0145729.
  - PubMed Abstract | Publisher Full Text | Free Full Text
- George G, Strauss M, Asfaw E: The cost of demand creation activities and voluntary medical male circumcision targeting school-going adolescents in KwaZulu-Natal, South Africa. *PLoS One*. 2017; **12**(6): e0179854. PubMed Abstract | Publisher Full Text | Free Full Text
- Hankins C, Warren M, Njeuhmeli E: Voluntary Medical Male Circumcision for 19. HIV Prevention: New Mathematical Models for Strategic Demand Creation

Prioritizing Subpopulations by Age and Geography. PLoS One. 2016; 11(10): e0160699

PubMed Abstract | Publisher Full Text | Free Full Text

- Kripke K, Perales N, Lija J, et al.: The Economic and Epidemiological Impact of 20 Focusing Voluntary Medical Male Circumcision for HIV Prevention on Specific Age Groups and Regions in Tanzania. PLoS One, 2016; 11(7); e0153363. PubMed Abstract | Publisher Full Text | Free Full Text
- Schelar E, Polis CB, Essam T, *et al.*: Multipurpose prevention technologies for sexual and reproductive health: mapping global needs for introduction of new preventive products. *Contraception.* 2016; **93**(1): 32–43. 21. PubMed Abstract | Publisher Full Text
- Mahler H, Searle S, Plotkin M, et al.: Covering the Last Kilometer: Using GIS to 22. Scale-Up Voluntary Medical Male Circumcision Services in Iringa and Njombe Regions, Tanzania. Glob Health Sci Pract. 2015; 3(3): 503-15. PubMed Abstract | Publisher Full Text | Free Full Text
- 23 Camber Collective: Increasing contraceptive use in Niger: final report. 2015. Reference Source
- Sgaier SK, Eletskaya M, Engl E, et al.: A case study for a psychographic-24 behavioral segmentation approach for targeted demand generation in voluntary medical male circumcision. eLife. 2017; 6: pii: e25923. PubMed Abstract | Publisher Full Text | Free Full Text
- Mutugi JK: A cultural-contextual assessment of the use of social marketing 25. approach in HIV/AIDS programmes in Kenya. University of East London (United Kingdom). ProQuest Dissertations Publishing, 2017; 10660364. **Reference Source**
- Leiby K, Connor A, Tsague L, et al.: The Impact of SMS-Based Interventions on VMMC Uptake in Lusaka Province, Zambia: A Randomized Controlled Trial. 26 J Acquir Immune Defic Syndr. 2016; 72 Suppl 4: S264-72. PubMed Abstract | Publisher Full Text | Free Full Text
- Bulled N, Green EC: Making voluntary medical male circumcision a viable HIV 27. prevention strategy in high prevalence countries by engaging the traditional sector. Crit Public Health. 2016; 26(3): 258–268. PubMed Abstract | Publisher Full Text | Free Full Text
- DeCelles J, Hershow RB, Kaufman ZA, et al.: Process Evaluation of a Sport-28. Based Voluntary Medical Male Circumcision Demand-Creation Interve ntion in Bulawayo, Zimbabwe. J Acquir Immune Defic Syndr. 2016; 72 Suppl 4: S304-S308 PubMed Abstract | Publisher Full Text | Free Full Text
- Lau FK, Jayakumar S, Sgaier SK: Understanding the socio-economic and 29. sexual behavioural correlates of male circumcision across eleven voluntary medical male circumcision priority countries in southeastern Africa. *BMC* Public Health. 2015; 15: 813. PubMed Abstract | Publisher Full Text | Free Full Text
- Cremin I, McKinnon L, Kimani J, *et al.*: **PrEP for key populations in combination HIV prevention in Nairobi: a mathematical modelling study.** *Lancet HIV.* 2017; 30. 4(5): e214-e222. PubMed Abstract | Publisher Full Text

- Reed JB, Patel RR, Baggaley R: Lessons from a decade of voluntary medical 31 male circumcision implementation and their application to HIV pre-exposure prophylaxis scale up. Int J STD AIDS. 2018; 956462418787896. PubMed Abstract | Publisher Full Text
- 32 Celum CL, Delany-Moretlwe S, McConnell M, et al.: Rethinking HIV prevention to prepare for oral PrEP implementation for young African women. J Int AIDS Soc. 2015; 18(4 Suppl 3): 20227. PubMed Abstract | Publisher Full Text | Free Full Text
- 33. Eakle R, Venter F, Rees H: Pre-exposure prophylaxis (PrEP) in an era of stalled HIV prevention: Can it change the game? Retrovirology. 2018; 15(1): 29. PubMed Abstract | Publisher Full Text | Free Full Text
- Luecke EH, Cheng H, Woeber K, et al.: Stated product formulation preferences 34. for HIV pre-exposure prophylaxis among women in the VOICE-D (MTN-003D) study. J Int AIDS Soc. 2016; 19(1): 20875. PubMed Abstract | Publisher Full Text | Free Full Text
- Ayikwa LC, de Jager JW: Advocating social marketing as ultimate weapon to 35. J Public Affairs. 2017; **17**(3): e1624. Publisher Full Text
- Bailey C, Baines PR, Wilson H, et al.: Segmentation and customer insight in 36. contemporary services marketing practice: why grouping customers is no longer enough. J Mark Ment Health. 2009; 25(3–4): 227–252. Publisher Full Text
- Yankelovich D, Meer D: Rediscovering Market Segmentation. Harv Bus Rev. 37. 2006: 1-10. **Reference Source**

# **Open Peer Review**

## Current Referee Status:

Version 1

Referee Report 19 March 2019

https://doi.org/10.21956/gatesopenres.13982.r26814



Jason B. Reed <sup>1</sup>, Manya Dotson <sup>1</sup>, Sema Sgaier 🔟 <sup>2,3,4</sup>

<sup>1</sup> Jhpiego, Baltimore, MD, USA

<sup>2</sup> Surgo Foundation, Washington, D.C., USA

<sup>3</sup> Harvard T.H. Chan School of Public Health, Boston, MA, USA

?

<sup>4</sup> University of Washington, Seattle, WA, USA

The referee team finds the article to be an important contribution to the field because it reinforces the potential value of an underappreciated approach to global development/non-profit public health programming, specifically related to program uptake. A case is made that the private sector is better at market segmentation. Development/public health donors often prescribe demographic and behavioral sub-populations—sex, age, geographic area, wealth quintile—for program services based upon epidemiology and return on investment expectations. Implementers may simply resort to the same or similar sub-populations for structuring demand creation campaigns. Going beyond these conventional public health categories to include psychographic and behavioral segments may represent an important opportunity for greater cost-effectiveness in program execution, by more efficiently influencing uptake. However, the authors stop short of describing how the private sector (more) successfully determines psycho-behavioral market segments and acts upon them in selection of messages and channels. This may be because little is published on methodologies from the private sector, which has little incentive to share proprietary approaches. This may well be beyond the scope of this paper, but some discussion of bases of segmentation could be helpful to the reader to understand the concept. As it is, the reader is left with the vague feeling that "everyone is different" and therefore all messaging must be micro-tailored, which would be even less efficient/cost-effective than existing approaches.

The article could be improved by defining terminology upfront, e.g., demographic, geographic, behavioral vs. psychographic market segmentation. A strong definition of segmentation, including the four qualities of viable segments, is provided here for further consideration:

"Heterogeneous markets are divided into homogenous markets by identifying what are known as the appropriate bases of segmentation. An appropriate segmentation base might be age in a market where young people prefer a different product or service than old people. Sex, socioeconomic status, and residence are common segmentation bases due to assumptions about differing preferences between males and females, the rich and the poor, and the urban and rural. Many other segmentation bases exist, including psycho-graphics and lifestyle. In marketing, the appropriateness of one or more segmentation bases is evaluated in terms of whether each basis is identifiable (able to be measured), actionable (theoretically able to be changed through an intervention), accessible (defines populations able to be reached), responsive (empirically are changed by an intervention), substantial (large in size),

and stable (do not change for a period long enough to design, monitor and evaluate an intervention)" Frank *et al.* (1972<sup>1</sup>).

The details of parameters for the literature review are clear. The number of professional disciplines of subject matter experts reviewing and summarizing the findings is less clear, though presumably comprised of some or all of the authorship team. Given the disconnect between private and public sector approaches to segmentation, it would be valuable to know whether interpretations of relevance and importance (to impact and as specifically relates to voluntary medical male circumcision) varied by background of the experts.

The main conclusions appear to be framed in relation to public health intervention uptake (or adherence). However, the other a priori interests stemming from market segmentation that may be of equal (or arguably even greater) importance may take precedence, e.g., using segmentation to identify services/products more aligned with potential users preferences, demand forecasting, and preference of where to access products and services (public vs. private sector, formal vs. informal outlets). If market segmentation were more thoughtfully used earlier in processes, segmentation might not be so frequently the approach of last resort. In turn, judging segmentation impact might be broader than solely focused on improvements in uptake.

#### References

1. Frank RE, Massy WF, Wind Y: Market Segmentation. Prentice-Hall. 1972.

Is the work clearly and accurately presented and does it cite the current literature?  $\ensuremath{\mathsf{Yes}}$ 

Is the study design appropriate and is the work technically sound?  $\ensuremath{\mathsf{Yes}}$ 

Are sufficient details of methods and analysis provided to allow replication by others?  $\gamma_{\mbox{es}}$ 

If applicable, is the statistical analysis and its interpretation appropriate? Not applicable

Are all the source data underlying the results available to ensure full reproducibility?  $\gamma_{\mbox{es}}$ 

Are the conclusions drawn adequately supported by the results? Yes

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Biomedical HIV prevention, HIV surveillance, Market Research and Segmentation

We have read this submission. We believe that we have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Referee Report 29 January 2019

#### https://doi.org/10.21956/gatesopenres.13982.r26900



### Steve Kretschmer

DesireLine LLC, Istanbul, Turkey

1. The work cites the current literature adequately. Further clarification on the following points, as detailed in the comments I have provided in the paper itself, will strengthen the clarity and accuracy of the paper. An annotated version of the article can be downloaded here.

- Clarify the forms of market segmentation throughout the paper to be specific about which forms of segmentation are being discussed in each point made on its use

- Clarify segmentation as a means to dividing the market and identifying the differences to then target differential interventions/services/products vs. as a method itself to understand and intervene.

- 2. The study design is appropriate and the work is technically sound
- 3. Some additional details of methods and analysis need clarification to allow replication by others
- 4. Statistical analyses not applicable
- 5. All source data are available
- 6. The conclusions drawn are adequately supported by the results

### Is the work clearly and accurately presented and does it cite the current literature? Partly

Is the study design appropriate and is the work technically sound? Yes

Are sufficient details of methods and analysis provided to allow replication by others? Partly

If applicable, is the statistical analysis and its interpretation appropriate? Not applicable

Are all the source data underlying the results available to ensure full reproducibility? Yes

Are the conclusions drawn adequately supported by the results? Yes

Competing Interests: No competing interests were disclosed.

I have read this submission. I believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Referee Report 04 January 2019

https://doi.org/10.21956/gatesopenres.13982.r26815

## ? Beth Skorochod ib

CollaborateUp, Washington, DC, USA

The title includes both segmentation and social marketing but social marketing is not defined in the article and is not discussed at any length. I would remove social marketing from the title, or have it play a bigger role in the article (and define it upfront or in a table as has been done with segmentation).

While the authors state that segmentation was not measured extensively, there are too few examples for any reader to try to replicate any work done with segmentation. The work of VMMC, which is used as the main case study for the piece, includes insufficient detail for replication and does not include specific data for Zimbabwe or Zambia. How did behavioral segmentation impact uptake of VMMC in these two countries? What were the challenges of executing against the segmentation results. What was the impact of activities across each of the 7 segments in Zambia? Can additional data on impact and/or details on execution be included for these two countries? Even the VMMC studies mentioned don't seem to point specifically to the examples in Zambia and Zimbabwe.

The definitions of quality market segmentation in this paper are too vague, making the prospect of applying it to a program very difficult. Table 1 provides characteristics of useful market segments but additional detail or examples are needed. Table 1 states that segments should be substantial enough to be profitable or to meet the financial needs of a company. While this works for the commercial sector, it is unhelpful for development work which is typically not about profitability or even cost effectiveness. Can authors include examples of a 'substantial' size that would be applicable and relevant to HIV prevention? In addition, "sustainable" is also used to describe a useful market segment, stating that the segment should be stable enough for a long-enough period of time to be marketed strategically and warns off using something like "lifestyle' which too easily fluctuates. But what is a long-enough period of time to be marketed strategically? Do attitudes and behaviors shift less frequently than 'lifestyle? If not using age or demographics, what type of attributes should be used that will not fluctuate easily and how long do those attributes need to be stable? Better defining or providing concrete examples from public health segmentation (or the commercial sector) will strengthen the piece and make it more relevant to implementers.

The article seems at times to conflate demand generation and demand creation with segmentation. In paragraph 5 of the Results section concludes that segmentation is often overlooked or unsystematic, using the Sgaier article's criticism of poor demand creation approaches as evidence, but these seem two different things. Demand creation does not necessarily include behavioral segmentation. While it may include demographic segmentation, that is not the focus of the piece. The Terris-Prestholt and Windmeijer article on behavior change interventions is also cited as a reason why segmentation would be hard to evaluate and measure, but the conclusion seems forced unless segmentation is part of the reason behavior change interventions take a longer time to take hold.

# Is the work clearly and accurately presented and does it cite the current literature? $\ensuremath{\mathsf{Yes}}$

Is the study design appropriate and is the work technically sound? Yes

Are sufficient details of methods and analysis provided to allow replication by others? Partly

If applicable, is the statistical analysis and its interpretation appropriate? Not applicable

Are all the source data underlying the results available to ensure full reproducibility? Yes

Are the conclusions drawn adequately supported by the results? Yes

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Social and behavior change, human centered design, HIV prevention, VMMC

I have read this submission. I believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.