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# The prostaglandin $D_2$ receptor 2 pathway in asthma: a key player in airway inflammation

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#### **Abstract**

Asthma is characterised by chronic airway inflammation, airway obstruction and hyper-responsiveness. The inflammatory cascade in asthma comprises a complex interplay of genetic factors, the airway epithelium, and dysregulation of the immune response.

Prostaglandin  $D_2$  (PGD<sub>2</sub>) is a lipid mediator, predominantly released from mast cells, but also by other immune cells such as  $T_H2$  cells and dendritic cells, which plays a significant role in the pathophysiology of asthma. PGD<sub>2</sub> mainly exerts its biological functions via two G-protein-coupled receptors, the PGD<sub>2</sub> receptor 1 (DP<sub>1</sub>) and 2 (DP<sub>2</sub>). The DP<sub>2</sub> receptor is mainly expressed by the key cells involved in type 2 immune responses, including  $T_H2$  cells, type 2 innate lymphoid cells and eosinophils. The DP<sub>2</sub> receptor pathway is a novel and important therapeutic target for asthma, because increased PGD<sub>2</sub> production induces significant inflammatory cell chemotaxis and degranulation via its interaction with the DP<sub>2</sub> receptor. This interaction has serious consequences in the pulmonary milieu, including the release of pro-inflammatory cytokines and harmful cationic proteases, leading to tissue remodelling, mucus production, structural damage, and compromised lung function. This review will discuss the importance of the DP<sub>2</sub> receptor pathway and the current understanding of its role in asthma.

**Keywords:** Asthma, Airway inflammation, Prostaglandin D<sub>2</sub>, Prostaglandin D<sub>2</sub> receptor 2

#### **Background**

Asthma affects approximately 358 million people worldwide [1], and is characterised by chronic airway inflammation, reversible airway obstruction and hyper-responsiveness. The heterogeneous nature of this condition may cause difficulty in predicting response to treatment in a particular patient [2, 3].

Despite the availability of clinical practice guidelines and standard-of-care therapy, a large proportion of asthma patients remain symptomatic and experience poor quality-of-life [4, 5]. There is a high unmet need for novel asthma therapies, especially for patients with severe disease. Effective disease control is dependent in part by treatment adherence [6], which can be influenced by route of administration. Adherence to inhaled therapies, particularly maintenance therapies such as

A treatment target with a novel mechanism of action that has gained significant interest in recent years and which has promise to be accessible by small molecule-based oral therapies, is the receptor 2 (DP<sub>2</sub>) of prostaglandin D<sub>2</sub> (PGD<sub>2</sub>). This receptor is also referred to in the literature as the chemoattractant receptor homologous molecule expressed on  $T_{\rm H2}$  cells (CRT<sub>H2</sub>) [13], and

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inhaled corticosteroids, is often poor, and is driven by the complexity of the inhaler, as well as errors during device use, such as improper actuation—inhalation coordination [7]. A clinical consequence of poor or non-adherence to inhaled therapies is increase of symptoms and eventually the occurrence of exacerbations [8]. Adherence to oral asthma treatment has been shown to be superior to that of inhaled therapies [9, 10], however oral therapy options for the management of asthma are presently quite limited. Hence, effective new oral therapies may help the management of severe or insufficiently controlled asthma [11, 12], as has been the case with the recent introduction of biological therapies via subcutaneous injection.

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is expressed on the membrane surface of  $T_H2$  cells, type 2 innate lymphoid cells (ILC2), mast cells and eosinophils [14–16]. This review aims to discuss the current understanding of the  $DP_2$  receptor signalling pathway in asthma.

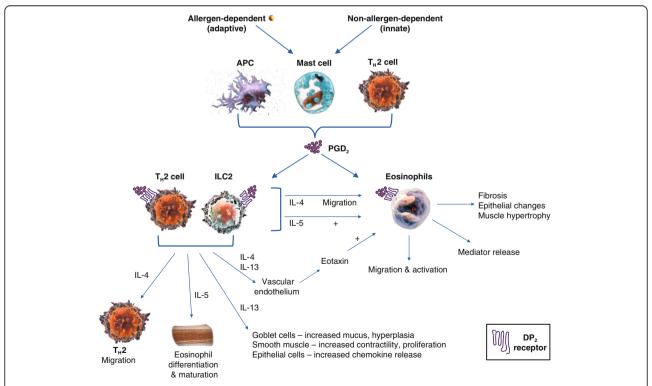
## Allergen-dependant and non-allergen-dependent stimulation

The inflammatory cascade in asthma comprises a complex interplay of factors. In a large proportion of patients, asthma is associated with a type 2 immune response (Type 2-high asthma) [17, 18]. Until recently, only the allergen-dependent immune pathway was considered to be an important target for asthma treatment. However, it is now clear that both the non-allergen- and allergen-dependent immune pathways are involved in the pathophysiological and immunological responses in asthma [19]. As PGD<sub>2</sub>, a pro-inflammatory lipid mediator, release is stimulated following both non-allergen-dependent (infections, physical stimuli or chemical stimuli) and allergen-dependent immune activation, the DP<sub>2</sub> receptor pathway has relevance in both atopic and non-atopic asthma (Fig. 1) [16, 20].

#### PGD<sub>2</sub> release from immune cells

PGD<sub>2</sub> is released following activation of the immune system, which can be either non-allergen- or allergendependent (Fig. 1); the non-allergen-dependent pathway comprises indirect activation of mast cells via the processing of physical agents, chemical agents or infections by antigen presenting cells, or direct activation via complement, sphingolipids and others. Through the allergen-dependent pathway, inhaled allergens trigger a cascade of events that provoke the release of PGD2, initiating a signalling cascade through the DP2 receptor in target cells (T<sub>H</sub>2 cells, ILC2 and eosinophils). Inhaled antigens are presented to CD4+ T lymphocytes by allergen presenting cells. In allergic patients, these T lymphocytes differentiate to acquire a T<sub>H</sub>2 cell profile, producing significant amounts of IL-4 and IL-13, which promote IgE class-switching in B lymphocytes [21-23]. Mast cells are subsequently activated upon allergen-induced cross-linking of adjacent high-affinity IgE Fc receptor (FceRI)-bound IgE at the cell surface [24].

 $PGD_2$  is primarily released from mast cells through activation of hematopoietic PGD synthase, resulting in nanomolar local concentrations of the mediator [25]. Mast cells are tissue-resident cells that can be activated



**Fig. 1** Overview of the DP<sub>2</sub> receptor-mediated response of immune cells in the inflammatory pathway. Proposed schematic providing an overview of the DP<sub>2</sub> receptor-mediated response of various immune cells, including mast cells, T<sub>H</sub>2 cells, ILC2 and eosinophils, and the subsequent effect on inflammation in the asthmatic airways through increased inflammatory cell chemotaxis and cytokine production. Abbreviations, APC: antigen presenting cell; DP<sub>2</sub>: prostaglandin D<sub>2</sub> receptor 2; IqE: immunoglobulin E; IL: interleukin; ILC2: type 2 innate lymphoid cell; PGD<sub>2</sub>: prostaglandin D<sub>2</sub>

and degranulated in minutes [26]. They are widely distributed at mucosal surfaces and in tissues throughout the body, and play a central role in the pathophysiology of asthma, not only by mediating immunoglobulin E (IgE)-dependent allergic responses, but also in non-IgE-mediated mechanisms [27, 28]. Mast cell numbers are similarly increased in both allergic and non-allergic asthma, although response to cyclic adenosine monophosphate (cAMP) is higher in allergic than in non-allergic patients [29].

Aside from mast cells, other cell types can also produce  $PGD_2$  under certain conditions, including biologically meaningful quantities in  $T_H2$  cells [13, 30, 31]. Macrophages [32], and dendritic cells [33, 34] also produce small amounts of  $PGD_2$ .

#### PGD<sub>2</sub> receptors

 $PGD_2$  mainly exerts its biological effect via high affinity interactions with two structurally and pharmacologically distinct receptors (the prostaglandin  $D_2$  receptor 1  $[DP_1]$  and the  $DP_2$  receptor) [13]. At micromolar concentrations,  $PGD_2$  can also stimulate the thromboxane receptor [35].

 $\mathrm{DP_1}$ , a 359 amino acid, ~40 kDa G-protein-coupled prostaglandin receptor, was the first  $\mathrm{PGD_2}$  receptor to be identified [36, 37]. It mediates a range of effects, which are mostly non-inflammatory in nature; vasodilation, inhibition of cell migration, relaxation of smooth muscle, and eosinophil apoptosis [38].

The  $DP_2$  receptor is a 395 amino acid, 43 kDa G-protein-coupled prostaglandin receptor. Binding of  $PGD_2$  to the  $DP_2$  receptor on immune cells induces a myriad of pro-inflammatory downstream effects, which significantly contribute to the recruitment, activation and/or migration of  $T_H2$  cells, ILC2, and eosinophils, thereby fuelling the inflammatory cascade in asthma [14, 38–41].  $PGD_2$  metabolites (DK-PGD<sub>2</sub>,  $\Delta 12PGJ_2$ , 15-deoxy-  $\Delta 12$ ,14PGD<sub>2</sub>, and deoxy-  $\Delta 12$ ,14PGJ<sub>2</sub>) also activate the  $DP_2$  receptor [42–44].

#### Cells expressing the DP<sub>2</sub> receptor

The  $\mathrm{DP}_2$  receptor plays a key role in the pathophysiology of asthma: it induces and amplifies the inflammatory cascade [16, 25, 45, 46]. This type of receptor can be found in many cell types, however the key cells of the  $\mathrm{DP}_2$  receptor pathway include  $\mathrm{T}_{\mathrm{H}}2$  cells, ILC2 cells and eosinophils, suggesting a homeostatic role for this receptor (Fig. 1) [14–16, 47]. In addition, type 2 cytotoxic T (Tc2) lymphocytes were recently shown to be activated by PGD<sub>2</sub> acting via the  $\mathrm{DP}_2$  receptor, thus contributing to the pathogenesis of eosinophilic asthma [41].

#### Effects of the $DP_2$ receptor on $T_H2$ cells

 $PGD_2$  preferentially upregulates IL-4, IL-5 and IL-13 expression (type 2 cytokines) in  $T_H2$  cells in a

dose-dependent manner [48] and induces  $T_{\rm H}2$  cell migration [46] via its high affinity interaction with the DP<sub>2</sub> receptor (Fig. 1).

 $\mathrm{DP}_2$  receptor activation has shown a potent effect on  $\mathrm{T}_{\mathrm{H}}2$  cell migration in vitro, highlighting a key function of this receptor in mediating the chemotaxis of  $\mathrm{T}_{\mathrm{H}}2$  lymphocytes [49]. As elevated levels of circulating  $\mathrm{DP}_2^+\mathrm{CD}_4^+$  T cells is a hallmark feature of severe asthma [50], this provides a  $\mathrm{DP}_2$  receptor-rich environment upon which already increased levels of  $\mathrm{PGD}_2$  levels may act, further perpetuating the inflammatory cascade.

#### Effects of the DP2 receptor on ILC2 cells

ILC2 is a cell type that may link the non-allergen- and allergen-dependent responses in asthma. ILC2 cell activation is triggered by inflammatory mediators released from epithelial and immune cells (e.g. IL-33 and  $PGD_2$ ), and is associated with increased production of type 2 cytokines [51]. Thus, ILC2 cells facilitate a  $T_H2$  immune response that can be independent of the allergen [52].

Secretion of IL-4, IL-5 and IL-13 from ILC2 cells is increased in response to  $DP_2$  receptor stimulation in a dose-dependent manner [16].

In response to IL-33, ILC2 cell activation was initially reported to produce high levels of IL-5 and IL-13 in vitro, but very low levels of IL-4. Interestingly, recent studies have shown that when their  $DP_2$  receptor is stimulated, ILC2 cells produce higher levels of IL-4 [53].

Meanwhile,  $\mathrm{DP}_2$  stimulation alone remarkably increases ILC2 cell migration, which is 4.75-fold greater than that of IL-33 [16].

#### Effects of the DP2 receptor on eosinophils

Eosinophils are involved in airway hyper-responsiveness, mucus hypersecretion, tissue damage and airway remodelling in asthma. Eosinophil activation is also associated with increased cytokine production, which has various downstream immunomodulatory effects [54].  $\mathrm{DP}_2$  receptor activation at the eosinophil surface facilitates the trans-endothelial migration and influx of eosinophils, increases eosinophil degranulation and induces eosinophil shape change [40, 55, 56]. Eosinophil shape change in response to  $\mathrm{DP}_2$  activation [57] is similar to that visualised previously with eotaxin stimulation [58].

Eosinophil influx and activation can cause detrimental effects on the epithelial lining of the lungs of asthma patients. This happens through degranulation and release of harmful mediators such as eosinophil cationic protein, eosinophil peroxidase, eosinophil protein X and cytotoxic major basic protein [19, 59, 60]. Additionally, eosinophils release transforming growth factor (TGF)-ß which induces apoptotic effects upon airway epithelial cells, contributing to airway tissue denudation. Moreover, eosinophils enhance airway smooth muscle cell

proliferation, further contributing to structural remodelling of the pulmonary architecture [61]. Charcot-Leyden crystals, a product of activated eosinophils, are detectable in expectorated sputum samples from asthma patients [62]. These crystals are largely comprised of the toxic enzyme lysophospholipase (also known as phospholipase B), and may contribute to eosinophil-driven tissue denudation in the lungs [63].

As mentioned previously, in addition to the direct effects,  $\mathrm{DP}_2$  receptor activation also has indirect effects on eosinophils by inducing the release of IL-4, IL-5 and IL-13 from  $\mathrm{T}_{\mathrm{H}}2$  cells and ILC2, which affect eosinophil maturation, apoptosis and migration to the lungs.

#### Effects of DP2-mediated cytokine release

 $\mathrm{DP}_2$  receptor activation increases release of cytokines from ILC2 and  $T_{\mathrm{H}}2$  cells. These cytokines cause some of the characteristic features of asthma, including airway inflammation, IgE production, mucus metaplasia, airway hyper-reactivity, smooth muscle remodelling and eosinophilia [52, 64]. We will review the effects of the key cytokines released:

- IL-4 enhances the migration of eosinophils, which is a key step in the inflammatory cascade. To do this, in synergy with tumour necrosis factor (TNF)-α, IL-4 increases the expression of vascular cell adhesion molecule-1 (VCAM-1) and P selectin on the surface of the vascular endothelium, which facilitates the trans-endothelial passage of eosinophils from the bloodstream into the lung parenchyma [19, 65]. Meanwhile, IL-4 also stimulates the release of eotaxin, a potent and selective eosinophil chemoattractant, from the vascular endothelium (Fig. 1). Eotaxin facilitates eosinophil migration [66, 67]. Differentiation and proliferation of T<sub>H</sub>2 cells is also promoted by IL-4 [39].
- IL-5 is directly involved in the differentiation and maturation of eosinophils in the bone marrow, eosinophil chemotaxis to sites of inflammation, and local eosinophilopoiesis [68, 69]. It also inhibits eosinophil apoptosis, leading to the accumulation of these cells at sites of inflammation, which in turn perpetuates and prolongs the inflammatory cycle [70].
- IL-13 is known to induce goblet cell hyperplasia, mucus production, and airway hyper-responsiveness, leading to airway inflammation and tissue remodelling [39, 64]. Furthermore, IL-4 and IL-13 released from T<sub>H</sub>2 and ILC2 in response to DP<sub>2</sub> receptor activation promote immunoglobulin class switching from IgM to IgE antibodies in B cells and plasma cells, which leads to further mast cell recruitment, activation and PGD<sub>2</sub> release at sites of inflammation

- [16, 20, 71, 72]. It also contributes to the release of eotaxin (together with IL-4), which as mentioned above, facilitates eosinophil migration.
- Levels of other pro-inflammatory cytokines are also increased upon activation of DP<sub>2</sub> receptors, including IL-8, IL-9 and granulocyte-macrophage colonystimulating factor, which may additionally contribute to excessive immune cell chemotaxis, associated proteases and enhanced airway inflammation in asthma [16].

Results from phase II clinical studies suggest that blocking the activation of the  $\mathrm{DP}_2$  receptor pathway with  $\mathrm{DP}_2$  receptor antagonists reduces the symptoms associated with asthma, improves pulmonary function and inhibits eosinophil shape change, while showing indirect signs (sputum eosinophil reduction) of the potential to decrease the number of exacerbations experienced by severe asthma patients [73–80].

# Further evidence for $\mathsf{DP}_2$ receptor pathway importance in asthma

 $PGD_2$  levels are increased in asthma, with increased levels in patients with severe disease [27, 81], and in response to allergen challenge [82, 83]. The number of  $DP_2$  receptor-positive cells within the submucosal tissue is also significantly higher in patients with severe asthma compared with healthy controls [84]. Interestingly, an association between a single nucleotide polymorphism in the  $DP_2$  receptor (rs533116) and allergic asthma has also been reported [85].

PGD<sub>2</sub> protein and DP<sub>2</sub> receptor expression levels in bronchoalveolar lavage fluid (BALF) from severe asthmatic patients were shown to be significantly higher than from healthy controls or patients with mild or moderate asthma [27, 81]. Interestingly, Murray et al. [82] demonstrated a 150-fold increase in PGD<sub>2</sub> levels in BALF from asthma patients within nine minutes of local antigen (*Dermatophagoides pteronyssinus*) challenge, demonstrating that allergen-induced PGD<sub>2</sub> release is an early and rapid event. Furthermore, a study by Wenzel and colleagues showed that allergen challenge in atopic asthma patients induced a significant increase in BALF PGD<sub>2</sub> levels compared with atopic patients without asthma [83].

Of significant interest is the sustained activity of  $PGD_2$ -derived metabolites despite extensive and rapid  $PGD_2$  metabolism. The  $PGD_2$ -derived metabolites  $PGJ_2$  and  $\Delta^{12}$ - $PGJ_2$ , are themselves known to be potent  $DP_2$  receptor agonists, thereby demonstrating the sustained and prolonged activity of the  $DP_2$  receptor via the metabolites of  $PGD_2$  [45]. Despite the short half-life of  $PGD_2$  in plasma (~30 min), its biological activity towards the  $DP_2$  receptor is maintained through the formation of

these metabolites, which are more stable than the parent compound, highlighting their potential role in perpetuating the inflammatory cascade [45].

Blockage of PGD<sub>2</sub> via DP<sub>2</sub> receptor antagonism inhibits inflammatory cell chemotaxis and also reduces type 2 pro-inflammatory cytokine production, which provides further evidence of the vital role played by PGD<sub>2</sub> and its interaction with the DP<sub>2</sub> receptor in asthma [46]. Of note, DP<sub>2</sub> receptor antagonism has also been shown to decrease airway smooth muscle cell mass and chemotaxis of these cells towards PGD<sub>2</sub> [86, 87].

# Role of the DP<sub>2</sub> receptor pathway in virus-induced asthma

Viruses, such as rhinovirus (RV), influenza A, and respiratory syncytial virus (RSV), are a major cause of asthma exacerbations and can activate the  $\mathrm{DP}_2$  receptor pathway [88]. These respiratory viruses produce double-stranded RNA (dsRNA) during replication, which activates the non-allergen-dependent immune response and results in increased chemokine synthesis from airway epithelial and innate immune cells [88, 89]. A recent study also suggests the involvement of the  $\mathrm{DP}_2$  receptor pathway in augmenting virus-mediated airway eosinophilic inflammation [88]. It shows that  $\mathrm{DP}_2$  receptor stimulation followed by eosinophil recruitment into the airways is a major pathogenic factor in the dsRNA-induced enhancement of airway inflammation and bronchial hyper-responsiveness [88].

PGD $_2$  levels have also been found to be increased after viral challenge in asthma patients, which may act synergistically with IL-33 to further drive type 2 cytokine production [90, 91]. The role of PGD $_2$  in RV16-induced asthma exacerbations was recently investigated in atopic asthma patients [91]. In this study, baseline PGD $_2$  levels were higher in asthmatic patients versus healthy controls. Furthermore, RV16 infection induced a greater PGD $_2$  increase in asthmatic patients compared with the healthy participants. The largest RV16-mediated PGD $_2$  increase was observed in those with severe and poorly-controlled asthma, suggesting a potential role for PGD $_2$  in driving asthma exacerbations [91].

Polyinosinic:polycytidylic acid (poly I:C) is an immunostimulant; it is structurally similar to double-stranded RNA, which is present in some viruses and is a "natural" stimulant of toll-like receptor 3 (TLR3), which is expressed in the membrane of B-cells, macrophages and dendritic cells. Thus, poly I:C can be considered a synthetic analogue of double-stranded RNA and can simulate viral infections. Early evidence from poly I:C murine asthma models suggests that a selective  $\mathrm{DP}_2$  receptor antagonist may dose-dependently block the aforementioned virus-induced T2 response, and may

help to reduce the inflammation caused by virus-mediated asthma exacerbations [92].

#### **Conclusions**

The  $\mathrm{DP}_2$  receptor pathway is known to play a key role in the pathophysiology of asthma via induction and amplification of the inflammatory cascade by exerting direct effects on immune cells, including  $\mathrm{T}_{\mathrm{H}}2$  cella, ILC2 and eosinophils [16, 46, 55]. IL-4, IL-5 and IL-13 release from  $\mathrm{DP}_2$  receptor-activated immune cells can have significant effects on immune cell influx, degranulation, tissue remodelling and mucus production in the airways, leading to structural damage, fibrosis and reduced pulmonary function [64]. Additionally, the effect of  $\mathrm{DP}_2$  receptor activation on eosinophil activation and migration leads to tissue damage, through release of harmful cationic proteins and enhanced proliferation of airway smooth muscle cells [93].

This review highlights the important pro-inflammatory role of the DP2 receptor pathway in asthma. Furthermore, multiple DP2 receptor antagonists are currently under clinical investigation [73-75, 77-80], for asthma therapies. Indeed, in a 12-week study in patients with allergic asthma that was uncontrolled by low-dose ICS, the oral DP<sub>2</sub> receptor antagonist fevipiprant (150 mg once daily or 75 mg twice daily) produced significant improvements in pre-dose FEV<sub>1</sub> compared with placebo [73]. Further, in patients with moderate to severe eosinophilic asthma, fevipiprant significantly reduced mean sputum eosinophil percentage compared with placebo [80]. Initial positive findings have also been reported with timapiprant (OC00459) [78], BI 671800 [77], setipiprant [94], MK-1029 and ADC-3680 [95], but not with AZD1981 [75]. Hence, the clinical outcomes of larger, phase III clinical studies involving DP2 receptor antagonists are eagerly awaited.

#### Abbreviations

DP<sub>1</sub>: Prostaglandin D<sub>2</sub> receptor 1; DP<sub>2</sub>: Prostaglandin D<sub>2</sub> receptor 2; lgE: Immunoglobulin E; IL: Interleukin; ILC2: Type 2 innate lymphoid cell; PGD<sub>2</sub>: Prostaglandin D<sub>2</sub>; Tc2: Type 2 cytotoxic T cell; TGF- $\beta$ : Transforming growth factor- $\beta$ ; TNF- $\alpha$ : Tumour necrosis factor- $\alpha$ ; VCAM-1: Vascular cell adhesion molecule-1

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