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## STUDY PROTOCOL

# Validation of CPS+EG, Neo-Bioscore, and modified Neo-Bioscore staging systems after preoperative systemic therapy of breast cancer: Protocol of a retrospective multicenter cohort study in China

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#### Keywords

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# Introduction

Preoperative systemic therapy (PST) has become a part of standard treatment for patients with locally advanced breast cancer, and thus has become more common in clinical practice. While chemotherapy reduces tumor size, rendering large tumors operable, and permits breast conservation, PST has also been used to evaluate the prognostic response of breast cancer to anti-cancer drugs.

Several studies have demonstrated that the degree of reduction in tumor burden after PST does benefit disease-free survival (DFS) and overall survival (OS). A recent pooled clinical trial by Von Minckwitz et al. demonstrated that patients who achieved a pathological complete response (pCR), defined as the histological absence of invasive cancer cells in the breast and axillary nodes, had significantly superior DFS after PST compared to patients with residual

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#### Abstract

Prognostic assessment after preoperative systemic therapy (PST) is critical to develop a therapeutic strategy for breast cancer management. Currently, a clinical-pathologic staging system that incorporates ER status and nuclear grading (CPS + EG), and the Neo-Bioscore system that includes HER2 status into CPS + EG, are used to predict outcomes in patients with breast cancer after PST. While HER2-positive is recognized as a favorable factor in the Neo-Bioscore system based on results in patients administered one year of trastuzumab as anti-HER2 therapy, most HER2-positive cases have difficulty accessing anti-HER2 treatment in China. Therefore, it is crucial that a modified Neo-Bioscore staging system is developed that incorporates an additional factor of poor prognosis, HER2-positive status without trastuzumab treatment, to determine accurate prognosis. We propose a retrospective multicenter cohort study in China to validate CPS + EG, Neo-Bioscore, and the modified Neo-Bioscore system and determine the accuracy of prediction. Primary breast cancer patients without metastasis treated with PST and surgery in academic institutions or hospitals of provincial level in China will be included. Disease-free, disease specific, and overall survival will be calculated using the Kaplan-Meier Method, stratified by CPS + EG, Neo-Bioscore, and the modified Neo-Bioscore staging system. Areas under the curve of each staging system will be calculated. Multivariate analysis using Wald testing and maximum likelihood estimates in a Cox proportional hazards model will be conducted.

disease.1 However, how to improve the prognosis of nonpCR patients still needs to be determined. Masuda et al. recently carried out a phase III trial of adjuvant capecitabine in breast cancer patients with HER2-negative pathologic residual invasive disease after PST. Their results revealed that postoperative adjuvant use of capecitabine significantly improved DFS and OS in patients with pathologically proven residual invasive disease after standard PST of anthracyclines and/or taxanes.<sup>2</sup> However, not all pCR patients were able to complete six or eight cycles of capecitabine treatment after surgery; some were treated with a reduced dosage of the anticancer drug or withdrew from the regimen. This raises the question of whether all non-pCR patients should be administered postoperative chemotherapy. Thus, a more refined staging system is needed to improve prediction and develop better therapeutic strategies for postoperative treatments.

The CPS + EG staging <sup>3,4</sup> and updated Neo-Biosocre<sup>5</sup> scoring systems incorporate aspects of tumor biology into staging. The CPS + EG score has been valuable for predicting the survival of patients after PST, although this system was developed before the routine use of trastuzumab therapy in adjuvant and neoadjuvant settings in breast cancer. The Neo-Bioscore system was developed to validate the CPS + EG staging system using a new definition of ER positivity (ER positive if  $\geq 1\%$  tumor cell nuclei are immunoreactive), and also incorporated HER2 status into the previously developed CPS + EG staging system. Treatment of HER2-positive tumors with trastuzumab has been shown to improve survival in both adjuvant<sup>6,7</sup> and neoadjuvant settings;<sup>8-10</sup> thus, HER2-negativity is considered an unfavorable prognostic factor as patients with HER2-positive tumors routinely treated with trastuzumab yield better prognoses in the Neo-Bioscore prognostic stratification system. However, the health care system in China greatly differs from that in the United States. Most HER2-positive patients are not treated with trastuzumab because of the high cost in China. Data from our center revealed that only 24.4% of HER2-positive breast cancer patients in adjuvant and neoadjuvant settings received trastuzumab treatment during 2008-2011.11 Although health insurance has covered half of the cost of trastuzumab therapy since 2012, only 50-60% of HER2-positive patients can obtain trastuzumab therapy. Because both the CPS + EG and Neo-Bioscore systems do not incorporate HER2-positive patients not treated with trastuzumab, the potential to predict outcomes in such patients is limited.

Herein, we describe the protocol for a retrospective multicenter cohort study in patients with primary invasive breast cancers treated with PST and surgery, which will be conducted to validate the CPS + EG, Neo-Bioscore, and modified Neo-Bioscore systems and determine the accuracy of prediction. The primary objective is to test the hypothesis that the modified Neo-Bioscore staging system has the potential to provide a reliable prognosis for patients with primary invasive breast cancer. The secondary objective is to test the hypothesis that the modified Neo-Bioscore staging system is superior to CPS + EG and Neo-Bioscore systems for prediction including a specific population of HER2-positive breast cancer patients who did not receive trastuzumab therapy.

# Methods

## **Study design**

We intend to conduct a retrospective multicenter cohort study of patient data from hospital databases from 2006 to 2015. All breast cancer patients who meet the following inclusion criteria will be included in the study: (i) women aged between 18 to 75 years; (ii) invasive breast cancer confirmed by histology at stage I, IIA, IIB, IIIA, IIIB, or IIIC; (iii) underwent PST before surgery; (iv) information on ER, PR, HER2, and menopausal status and histological grade available; (v) lymph nodes evaluated by fine needle biopsy (FNB) if clinically positive, or by sentinel lymph node biopsy (SLNB) if clinically negative or FNB-negative before PST; (vi) underwent complete surgical resection of the primary breast cancer after PST: either lumpectomy or mastectomy with SLNB or axillary dissection, with clear margins for both invasive and ductal carcinoma in situ (DCIS); (vii) no evidence of metastatic disease outside the breast and its regional lymph nodes prior to PST; and (viii) with a record of baseline bilateral breast B-type ultrasound.

Patients who meet any of the following criteria will be excluded: (i) bilateral breast cancer; (ii) history of severe hypersensitive reaction to chemotherapy drugs or formulation; (iii) history of heart failure, uncontrolled angina, severe uncontrolled arrhythmias, pericardial disease, or electrocardiographic evidence of acute ischemic changes; (iv) a major organ allograft or condition requiring chronic immunosuppression (i.e. kidney, liver, lung, heart, bone marrow transplant, or autoimmune diseases), except patients who received corneal transplants or cadaver skin or bone transplants; (v) a serious uncontrolled intercurrent medical or psychiatric illness, including serious infections such as clinically defined acquired immune deficiency syndrome (AIDS), bacterial and fungal infection, history of uncontrolled seizures, diabetes, or central nervous system (CNS) disorders; (vi) active hepatitis B or C with abnormal liver function tests (LFTs) or human immunodeficiency virus (HIV) positive; (vii) history of other malignancy within the last five years that could affect the prognosis or assessment of any of the study drugs (except cured basal cell carcinoma of skin, carcinoma in situ of uterine cervix, DCIS); (viii) breast cancer during pregnancy; (ix) any abnormal laboratory values before PST: absolute neutrophil

count (ANC) <  $1.5 \times 10^9$ /L, platelet count <  $75 \times 10^9$ /L, hemoglobin < 90g/L, total bilirubin >  $1.5 \times$  the upper limit of normal (ULN), aspartate transaminase (AST), alanine aminotransferase (ALT), and alkaline phosphatase (ALP) >  $2.5 \times$  ULN or >  $5 \times$  ULN with liver metastasis (patients with bone metastasis may not have elevated ALP as an exclusion criterion, as judged by the researchers); (x) failure to complete PST caused by various reasons before surgery; and (xi) failure to complete one year of trastuzumab therapy after PST.

#### **Participant information**

Participant information including age; menopause status; variables related to the cancer diagnosis; histological grade; ER, PR, and HER2 status; trastuzumab therapy; Ki 67; pretreatment clinical stage (CS); and post-treatment pathologic stage (PS) will be retrieved from medical records by multicenter tumor registrars. The clinical stage is determined based on physical examination, mammography, ultrasonography and/or dynamic contrast-enhanced magnetic resonance imaging (MRI) of the breast and regional nodal basins at presentation. CS and PS are scored according to the seventh edition of the American Joint Committee on Cancer (AJCC) Cancer Staging Manual. ER, PR, and HER2 status and histological grade will be obtained from each patient's diagnostic core needle biopsy and reported into the pathology record by two dedicated breast pathologists.

ER and HER2 status will be evaluated using standard procedures, as previously reported.<sup>12,13</sup> Consistent with Mayo Clinic validation cohort,<sup>14</sup> the medical record of histological grade rather than the nuclear grade will be used in this study because this grading is more widely used. Briefly, the histological grade is evaluated according to Elston–Ellis modification of the Scarff–Bloom–Richardson grading system.<sup>15</sup> The tumor grade is determined by assessing morphologic features (tubule formation, nuclear pleomorphism, and mitotic count), assigning a value of 1 (favorable) to 3 (unfavorable) for each feature and adding the scores for all three categories. A combined score of 3–5 points is grade 1 (G1), 6–7 points is grade 2 (G2), and 8–9 points is grade 3 (G3).

#### Treatment and standard procedures

#### **Baseline investigation**

Complete examination (e.g. routine blood test, biochemical test, electrocardiogram, echocardiography) of all consecutive patients with primary non-metastatic breast cancer is required to confirm the presence of any PST contraindications. Ultrasonography and/or dynamic contrast-enhanced MRI are used to examine breast tumors and axillary lymph nodes prior to PST. Lymph nodes are evaluated by FNB or by SLNB.

#### Treatment

All breast cancer patients are administered first-line taxane (T) and/or anthracycline (A) based neoadjuvant regimens, such dose-dense doxorubicin/cyclophosphamide as (AC) followed by docetaxel, docetaxel/epirubicin (TA), and docetaxel/epirubicin/cyclophosphamide (TAC), etc. Some HER2-positive patients are administered trastuzumab therapy with docetaxel/carboplatin/trastuzumab (TCH), AC followed by T chemotherapy with trastuzumab (AC-TH), and dose-dense AC followed by paclitaxel with trastuzumab (Supplementary Appendix A). Prior to each cycle, complete examinations should be conducted to rule out chemotherapy contraindications. If a patient's blood count is low, granulocyte colony-stimulating factor can be administered after chemotherapy. An echocardiography should be performed before PST and 3, 6, and 12 months after the start of treatment to determine the left ventricular ejection fraction in all patients treated with trastuzumab. B-type ultrasound and/or MRI examinations should be conducted within 10-14 days after the first day of the second and fourth cycles of three-week treatment to evaluate the clinical significance of PST. Tumor response to PST is determined according to Response Evaluation Criteria in Solid Tumors (RECIST) version 1.1<sup>16</sup> (Supplementary Appendix B), and the tumor features are measured as per changes in time-signal intensity (T-SI) curves (Table 1). If MRI evaluation shows a partial response (PR) after four cycles, the patient should complete six cycles of treatment and subsequently undergo surgery. Should the evaluation demonstrate stable disease (SD), another needle biopsy should be taken and the Miller-Payne system<sup>17</sup> used to evaluate the response by comparing specimens taken before and after PST (Supplementary Appendix C). Patients with a pathologic evaluation of grade 1 are administered replacement chemotherapy with vinorelbine/cisplatin (NP) for four to six cycles before surgery or receive surgical treatment directly without therapeutic regimen adjustment. HER2-positive patients administered trastuzumab should continue anti-HER2 treatment, although their chemotherapy drugs are substituted (e.g. vinorelbine, cisplatin and trastuzumab).

After completion of PST, patients undergo either breast conserving therapy (lumpectomy) with whole-breast irradiation or mastectomy with or without post-mastectomy

Table 1 T-SI curve types and c	corresponding clinical significance
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Clinical evaluation	Changes in the type of T-SI curves	
Effective	Type III T-SI curve became Type T or Type II, Type II T-SI curve became type I	
Stable	No change	
Progressive	Type II T-SI curve became type III	

T-SI, time-signal intensity.

radiotherapy (RT), and axillary dissection. The Miller-Payne grading system<sup>17</sup> is used to evaluate the PST pathological response by comparing the specimens taken from surgery and before PST (Supplementary Appendix C). We define a pathologic complete response (pCR) as the histopathological complete absence of invasive lesions in both breast and axillary lymph node specimens (ypTis/0ypN0). Patients with tumors > 5 cm before PST or pathological node-positive disease (including both FNB and CNB before PST) receive standard postoperative irradiation. No patients receive additional adjuvant chemotherapy. Both premenopausal and postmenopausal women with hormone receptor (HR)-positive breast cancer routinely receive a minimum of five years adjuvant endocrine therapy. Postmenopausal women can be treated with either tamoxifen (TAM) or aromatase inhibitor (AI), or a sequential regimen of TAM followed by AI. Endocrine therapy should commence within six weeks of the last dose of chemotherapy. Patients may be administered RT and endocrine therapy either concomitantly or sequentially. ER and/or PR positive patients with regular menstrual periods or whose estradiol reaches premenopausal levels during five years of endocrine therapy can be treated with TAM, or TAM combined with ovarian function suppression (OFS), such as a luteinizing hormone-releasing hormone (LHRH) analogue (e.g. goserelin) or bilateral oophorectomy, or AI combined with OFS. ER and/or PR positive premenopausal women who cannot tolerate or have a contraindication to TAM can be treated with LHRH analogues and AIs. HER2-positive patients treated with trastuzumab before surgery routinely complete one year of therapy.

#### Follow-up

Medical history, physical examinations, laboratory tests, and ultrasound of the breast, chest, and liver are carried out every six months after therapy. Chest X-ray or low dose chest computed tomography (CT) scans are performed every 6–12 months, while a bone scan is only required in certain patients. Bone mineral density is measured in women treated with an adjuvant AI annually or more often if necessary. Women who receive adjuvant TAM should have an annual gynecologic checkup for potential TAM-associated endometrial carcinoma. Patients are educated how to monitor and manage the lymphedema. Patients are also advised on the possible side effects of treatment, such as chemotherapy and endocrine therapy, and are encouraged to lead an active lifestyle (such as exercise, diet, nutrition) and manage their weight.

#### Analysis plan

The CPS + EG score and Neo-Bioscore will be determined for each patient, as previously reported.<sup>3,5</sup> Because HER2-positive patients not treated with trastuzumab

 Table 2
 CPS + EG, Neo-Bioscore, and modified Neo-Bioscore staging systems

Cancer stage	CPS + EG Score	Neo-bioscore (7 points)	Modified neo-bioscore (8 points)
Pretreatment clinical s	tage		
I	0	0	0
IIA	0	0	0
IIB	1	1	1
IIIA	1	1	1
IIIB	2	2	2
IIIC	2	2	2
Post-treatment pathol	ogic stage		
0	0	0	0
I	0	0	0
IIA	1	1	1
IIB	1	1	1
IIIA	1	1	1
IIIB	1	1	1
IIIC	2	2	2
Tumor marker			
ER negative	1	1	1
Grade 3	1	1	1
HER2-negative		1	1
HER2-positive, no trastuzumab			2

therapy exhibit risk factors for poor prognosis, we will assign a score of 2 in our modified Neo-Bioscore staging system. Details of the staging systems are listed in Table 2. The Kaplan-Meier method will be used to calculate fiveyear DFS, disease specific survival (DSS), and OS in patient subgroups with multiple staging systems: (i) CS, (ii) PS, (iii) CPS + EG score, (iv) Neo-Bioscore, and (v) modified Neo-Bioscore. Within each staging system, DFS, DSS, and OS among the subgroups will be compared using the logrank test. The area under the curve (AUC) will be calculated for the multiple staging systems and compared using the time receiver operating characteristic (ROC) package.<sup>18</sup> Wald tests and maximum likelihood estimates (MLE) in Cox proportional hazards model will be used to estimate hazard ratios with covariates of age; menopause; grade; ER, PR, HER2 groups (HER2-negative, HER2-postive with and without trastuzumab administration); Ki67; CS; and PS with DFS, DSS, and OS, respectively.

### Research team and data collection

Data will be recorded by professional clinicians and double-checked by independent research staff for accuracy. All patients are educated and face-to-face consultation takes place two to three times a year to help patients understand the disease, recovery after surgery, and how to manage chemotherapy. The research team of this study includes medical doctors, nurses, case managers, pharmacists, and other trained research staff. Retrospective data will be retrieved from hospital records and follow-up patient databases from multiple institutes or hospitals. Statisticians will perform statistical analyses. The sample size of this protocol is based on literature of the CPS + EG staging system. In the first report of the CPS + EG system in 2008, 932 patients were enrolled to establish the system.<sup>3</sup> In the three subsequent validation studies, the sample size ranged from 485 to 804.4,14,19 In our protocol, we plan to develop a modified staging system (modified Neo-Bioscore) that incorporates insufficient anti-HER2 therapy into the previously developed Neo-Bioscore. Therefore, the sample size of this multicenter study should be approximately equal to the first report on the CPS + EG, rather than the lower sample sizes used in the validation studies.

Furthermore, this multicenter study will be conducted to reflect the real-world results of different situations of PST and anti-HER2 treatment in Chinese hospitals. In view of the accessibility of anti-HER2 therapy and the influence on peripheral medical systems, data will be retrieved from hospitals located in municipalities or provincial capitals, mainly in eastern and central parts of China. In our previous single center study, 30% of patients who received PST were HER2-positive and 61.2% received trastuzumab.20 According to a preliminary survey, the proportion of HER2-positive patients who received PST in other centers is also approximately 30%, while the extent of anti-HER2 therapy varies widely. A recent real-world study in which 1017 early stage HER2-positive breast cancer patients were enrolled from 13 hospitals in Eastern China showed that 40.5% received trastuzumab.<sup>21</sup> In order to achieve a balance between the number of patients treated with and without trastuzumab, approximately 600 patients from external centers should be enrolled. Beijing hospitals will be included in this multicenter study to balance the difference in patient enrollment between Beijing and other provinces in China. Thus, our goal is to ensure that approximately 500 patients are enrolled from both Beijing and other provinces.

#### Outcomes

The primary outcome of this proposed study is DSS, which is calculated from the time of diagnosis to death as a result of breast cancer.

The secondary outcomes are DFS and OS. DFS is defined as the period from the time of post-PST breast cancer surgery to local recurrence; regional recurrence; distant metastasis; contralateral breast cancer (invasive or non-invasive); second primary cancer (other than squamous or basal cell carcinoma of the skin, melanoma in situ, carcinoma in situ of the cervix, colorectal carcinoma in situ, or lobular carcinoma in situ of the breast); or death from any cause prior to recurrence or second primary cancer. OS is measured as the period from the date of diagnosis to the date of death of any cause.

## **Ethics and confidentiality**

The study protocol is in accordance with the Helsinki Declaration and has been approved by the central ethics committee at the Peking University First Hospital. Because of the retrospective design, all patient information will be stored in a secured electronic medical record system, identified only by number.

## Discussion

Breast cancer stage is an important factor to assist physicians to develop treatment strategies. In 2017, the AJCC published the 8th edition Cancer Staging Manual, which included anatomic stage groups as well as prognostic stage groups. The updated staging system used for breast cancer was based on seven key pieces of information: tumor size; regional lymph node status; metastasis status; ER, PR, and HER2 expression; and cancer histological grade. In general, the higher the breast cancer stage, the poorer the prognosis. We previously evaluated the clinical prognostic value of this new staging system for different subtypes of breast cancer via a retrospective single center study.<sup>11,22,23</sup> We restaged patients based on the eighth edition of the AJCC cancer staging system and analyzed the prognostic value of anatomic and prognostic stage groups. We found that both staging methods had prognostic value in HER2-enriched subtype breast cancer. Another study found that staging breast cancer on the basis of prognostic stage is more accurate for the prediction and classification of survival than on the basis of anatomic stage.<sup>24</sup> The AJCC eighth prognostic staging system considers HER2-positive status a favorable prognostic factor for breast cancer on the basic assumption that all HER2-positive patients receive trastuzumab adjuvant therapy, while HER2-negative status is a poor prognostic factor. Although the prognosis of patients with HER2-positive breast cancer after trastuzumab treatment is better than for HER2-negative patients, an accurate prediction system for HER2-positive patients not administered anti-HER2 treatment needs to be developed.

Unlike the routine administration of trastuzumab for patients in the United States and other developed countries, most HER2-positive breast cancer patients in China are not treated with trastuzumab because of the expense and financial hardship. In addition, some HER2-positive patients initially treated with trastuzumab have to withdraw from therapy because of cardiac or non-cardiac toxicity, a lack of compliance, or lack of response during PST.<sup>25–27</sup>

However, breast cancer patients are not always treated with anti-HER2 antibody therapy, even in developed countries. In the United States, for example, a retrospective study that enrolled 915 HER2-positive cases reported that 28% of such patients did not initially receive anti-HER2 therapy.<sup>28</sup> Another study reported that approximately 41% of 585 American women discontinued trastuzumab therapy at an early stage.<sup>29</sup> Thus, the number of HER2-positive patients that are not administered trastuzumab remains substantial. We plan to carry out a multicenter study using data from 12 top hospitals (Supplementary Appendix D) in China to validate CS, PS, and the CPS + EG and Neo-Bioscore staging systems by DSS, DFS and OS. We will assign HER2-positive patients not administered trastuzumab with a poorer prognostic factor of 2 points in the modified Neo-Bioscore staging system (Table 2) to test the reliability and accuracy of survival prediction. Our previous experience of retrospective analysis indicates that we will obtain reliable data from this large proposed sample of the Chinese population.

Previous validation studies from the MD Anderson Cancer Center and the Mayo Clinic were carried out with two distinctive cutoff points to define ER status.<sup>5,14</sup> According to 2010 American Society of Clinical Oncology (ASCO)/ College of American Pathologists (CAP) guidelines, however, either a 1% or 10% cutoff can be used to define ER positivity in the CPS + EG staging system, with no significant difference.<sup>12</sup> For our study, we have chosen 1% as the cutoff and consider ER-negative status as a significant poor prognostic factor of breast cancer. In addition, we consider the histological grade of breast cancer an important prognostic factor, as described in AJCC eighth edition and in other publications.<sup>30,31</sup> As the Nottingham (Elston-Ellis) modification of the Scarff-Bloom-Richardson grading system (also known as the Nottingham grading system), is widely recommended and commonly used<sup>30,32,33</sup> and because the modified staging system renders lower interobserver and intra-observer variability than the nuclear grading system,<sup>33</sup> we propose to use histologic grade to validate the CPS + EG system in this study. We believe that histological grade is more feasible and does not compromise the extent of survival stratification. Furthermore, several studies have demonstrated that changes in Ki67 expression after PST are associated with outcomes of breast cancer. However, the cutoff value of Ki67 to predict treatment response and outcome of breast cancer after PST is still debated. In this study, we will use 14% as a cutoff or a threshold to distinguish subtypes Luminal A and Luminal B.34-37

The study will devote significant attention to data quality at multiple stages, including case ascertainment, data vever the study wi

extraction, and data management. However, the study will face some limitations that are common in retrospective design. First, the findings largely depend on the accuracy and completeness of the medical records and the extraction process. Second, there may be fewer patients in higher score groups because we intend to exclude cases who participated in aggressive chemotherapy with other regimens after PST, as they may have a poorer prognosis. Third, although we will include 12 hospitals and a large sample size (> 1000 cases) is anticipated, the data may still be insufficient because of a short follow-up period. If this is the case, we will recruit more hospitals/research centers for a larger patient sample. Finally, the findings of our retrospective study will need to be confirmed in a future prospective study.

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# Disclosure

No authors report any conflict of interest.

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# **Supporting Information**

Additional Supporting Informationmay be found in the online version of this article at the publisher's website:

Appendix A. Neoadjuvant chemotherapy regimen.

Appendix B. Response evaluation criteria in solid tumors.

Appendix C. Miller–Payne grading system.

Appendix D. Principal investigators and clinical sites.