Research Report

A Nonselective Cyclooxygenase Inhibitor Enhances the Activity of Vinblastine in a Naturally-Occurring Canine Model of Invasive Urothelial Carcinoma

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Abstract.

Background: Chemotherapy is expected to remain an important part of invasive urothelial carcinoma (UC) treatment. Strategies to enhance chemotherapy efficacy are needed.

Objective: To determine the chemotherapy-enhancing effects of a nonselective cyclooxygenase (COX) inhibitor on vinblastine in a naturally-occurring canine model of invasive UC.

Methods: With IACUC approval, privately-owned dogs with naturally-occurring histologically-diagnosed invasive UC, expected survival ≥ 6 weeks, and informed owner consent were randomly allocated to receive vinblastine (2.5 mg/m² intravenously every 2 weeks) plus piroxicam (0.3 mg/kg daily per os) or vinblastine alone (same dose) with the option to receive piroxicam alone when vinblastine failed. Scheduled evaluations included physical exam, standard laboratory analyses, thoracic radiography, abdominal ultrasonography, and standardized measurement of urinary tract tumors.

Results: Dogs receiving vinblastine alone (n = 27) and vinblastine-piroxicam (n = 24) were similar in age, sex, breed, tumor stage, and grade. Remission occurred more frequently (P < 0.02) with vinblastine-piroxicam (58.3%) than with vinblastine alone (22.2%). The median progression free interval was 143 days with vinblastine alone and 199 days with the combination. Interestingly, the overall median survival time was significantly longer (P < 0.03) in dogs receiving vinblastine alone followed by piroxicam alone (n = 20, 531 days) than in dogs receiving the combination (299 days). Treatment was well tolerated in both arms.

Conclusions: Piroxicam significantly enhanced the activity of vinblastine in dogs with UC where the cancer closely mimics the human condition, clearly justifying further study. The study suggest the potential importance of tracking COX inhibitor use in patients in clinical trials as COX inhibitors could affect treatment response.

Keywords: Urinary bladder cancer, transitional cell carcinoma, urothelial carcinoma, animal models, vinblastine, cyclooxygenase inhibitor, dog, piroxicam

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INTRODUCTION

There were an estimated 16,000 human deaths from urinary bladder cancer in the United States in 2015 [1]. Clearly, more effective therapies are needed. Chemotherapy is a mainstay in the treatment for muscle invasive bladder cancer, specifically invasive urothelial carcinoma (UC) [2–5]. Chemotherapy is applied in the neoadjuvant and adjuvant setting in patients undergoing cystectomy, in bladdersparing treatment approaches, and in the treatment of detected metastases [2-5]. As targeted drugs and immunotherapies for bladder cancer are developed [6–11], it is likely that chemotherapy will be included in combination protocols with these newer agents. Chemotherapeutic drugs used to treat patients with UC have typically included cisplatin, carboplatin, vinblastine, paclitaxel, and gemcitabine [2-4]. Although these drugs have well-documented antitumor effects, strategies to improve their activity and to prevent or delay subsequent resistance are crucial.

Cyclooxygenase (COX) inhibitors have been investigated for chemopreventive activity in reducing the occurrence of bladder cancer [12-23], for antitumor effects against established bladder cancer [14, 15, 24-37], and for effects in enhancing chemotherapy [24, 26, 28-30, 38], with positive results in most, but not all studies. Several mechanisms of the antitumor activity of COX inhibitors have been proposed including direct induction of apoptosis [27, 38, 39], immunomodulatory effects [25, 24, 40], antiangiogenic activity [40], changes in microRNAs [41], and inhibitory effects on cancer stem cells [37]. Studies have been performed in rodents with experimentally-induced bladder tumors [12-15, 24, 37], in humans in epidemiological and clinical studies [16-23, 35, 36, 38], and in dogs with naturally-occurring UC (high grade invasive urothelial carcinoma or transitional cell carcinoma) [25-34]. UC in dogs closely mimics invasive bladder cancer in humans with regards to cellular and molecular characteristics including COX-2 expression, local cancer invasion, distant metastases, and response to chemotherapy [42]. In dogs with UC, COX inhibitors have had activity as single agents in inducing remission (20% remission rate) and stable disease (55% stable disease rate), and enhancing the activity of platinum chemotherapy, especially cisplatin [25-31]. Across multiple studies in dogs with UC, the remission rate has been approximately 20% with single agent cisplatin and 50-70%

when cisplatin is combined with a COX inhibitor [26, 28, 30]. There is considerable interest in determining if COX inhibitors will enhance the effects of other chemotherapeutic agents, especially given the fact that many patients are considered unfit for cisplatin treatment.

The purpose of this study was to determine the effects of a nonselective COX inhibitor (piroxicam) in enhancing the antitumor activity of vinblastine in dogs with UC. Vinblastine was selected because of its activity against UC in dogs and humans and good safety profile [4, 43, 44]. There are also recent reports of combining vinblastine and COX inhibitors in other cancers [45, 46].

MATERIALS AND METHODS

Study overview

This study was approved by and performed following the guidelines and approval of the Purdue Animal Care and Use Committee. A randomized treatment trial was conducted in privately-owned pet dogs with naturally-occurring invasive UC. The participating dogs had been presented to the Purdue University Veterinary Teaching Hospital (PUVTH) for evaluation and treatment, and their owner elected to enroll them in the trial. The dogs were randomly allocated to receive vinblastine alone or vinblastine combined with the nonselective COX inhibitor, piroxicam. Other than the days of vinblastine treatment and evaluation, the dogs lived at home with their owners.

Entry criteria

Entry criteria included: histopathologic diagnosis of invasive UC (biopsy samples collected at surgery or cystoscopy), measurable cancer in the bladder and/or urethra, expected survival of at least 6 weeks, informed dog owner consent in writing, no prior vinca alkaloid treatment, and no prior COX inhibitor treatment in the previous six months that had lasted more than two weeks. If the dog had received any COX inhibitor in the previous week, a minimum washout period was required consisting of 5 days for piroxicam (due to its extended half-life), and 3 days for other COX inhibitors. Dogs with metastases (detected by radiography, ultrasonography, or CT), as well as those with organ confirmed UC, were eligible to enroll in the study.

Dog evaluation

Evaluation of the dogs before and during treatment included: physical exam including rectal exam and complete blood count (CBC) weekly; serum biochemical profile, urinalysis, and urinary tract ultrasound every four weeks; and thoracic radiography (ventral-dorsal, left lateral, and right lateral projections) and complete abdominal ultrasound every eight weeks to detect and measure metastases. A detailed ultrasound mapping protocol of the urinary tract was used in which the ultrasound machine, operator, dog position, imaging plane, and degree of bladder distension were standardized across all visits [47]. This technique has been found to produce less than 10% variability in repeated measurements of individual lesions on the same day (unpublished data, Honkisz, Naughton, & Knapp). Images were interpreted by a board certified veterinary radiologist (JFN) who was blinded to treatment group. Tumor stage was classified following WHO criteria [48]. Available pathology slides from diagnosis were reviewed by one pathologist (JAR-V). Permission to perform a necropsy was requested when the dogs died or were euthanized due to cancer-related or noncancer-related causes.

Treatment

Dogs were randomly allocated to receive either vinblastine alone or vinblastine combined with piroxicam. Vinblastine (APP Pharmaceuticals LLC, Schaumburg, IL) was administered at a dosage of 2.5 mg/m^2 intravenously every two weeks to dogs weighing >15 kg, and at a dosage of 2 mg/m² intravenously every two weeks to dogs weighing <15 kg. Body surface area dosing of chemotherapy in dogs results in overexposure in very small dogs, and therefore, doses are adjusted for body size [49]. Piroxicam (Piroxicam USP, Pure Powder, PCCA, Houston, TX) was compounded into capsules in the PUVTH Pharmacy and given at a dosage of 0.3 mg/kg daily by mouth with food. Dogs who had cancer progression when receiving vinblastine alone were eligible to receive piroxicam alone or to go off study and receive different therapy. Dogs failing vinblastine and piroxicam (combined or sequentially) were eligible to receive other treatments off study.

When dose limiting toxicity (Veterinary Cooperative Oncology Group criteria [50]) was encountered, the vinblastine treatment was delayed by one week, and the dose was reduced by 10% for grade 2 toxicity, and by 20% for grade 3 or 4 toxicity. If gastrointestinal upset occurred that was attributed to piroxicam, piroxicam was withdrawn for 3–5 days (or until clinical signs resolved), and then a selective COX-2 inhibitor, deracoxib (Deramaxx, Novartis, Greensborough, NC; 3 mg/kg daily), was substituted for piroxicam. If worsening azotemia occurred that was considered unrelated to the cancer or secondary urinary tract infection, and possibly due to piroxicam, then piroxicam was stopped, and deracoxib instituted 3–5 days later.

Response criteria

The response of cancer lesions within the urinary tract was classified using volume measurements as follows: complete remission (CR, complete resolution of all evidence of cancer), partial remission (PR, \geq 50% reduction in tumor volume and no new tumor lesions, stable disease (SD, <50% change in tumor volume and no new tumor lesions), and progressive disease (PD, \geq 50% increase in tumor volume or new tumor lesions). The response of cancer lesions outside of the urinary tract was classified using RECIST criteria [51].

Sample size calculation and statistical methods

The primary endpoint was the percentage of dogs attaining remission in each treatment group. Based on the expected remission rate in the single agent treatment arm of 30%, and the aim to detect a doubling of the remission rate (i.e. 60% remission rate in the combination treatment arm), it was calculated that a minimum of 22 dogs were needed per treatment group using a power of 0.8, and P < 0.05 being statistically significant. Frequency distributions of categorical variables were evaluated using Pearson Chi-square test or Fisher's exact test depending upon the cell size and number of groups recorded for each variable. The Shapiro-Wilk statistic was used to assess normality of distribution of continuous variables and nonparametric tests were used for statistical analysis. The two treatment groups were tested for differences in sex/neuter status, age, weight, level of breedassociated risk for developing TCC, tumor, TNM stage, presence of metastases at the time of diagnosis, urethral or prostate involvement, hematologic and gastrointestinal toxicity, tumor response, time to disease progression, and overall survival time. Predetermined secondary endpoints were progression free

interval (PFI, time from the start of vinblastine until PD occurred), survival (time from first vinblastine treatment until death), and treatment related toxicity. A *P*-value of < 0.05 was considered significant for all statistical analyses.

RESULTS

A total of 58 dogs were evaluated for the study, and 51 dogs met the eligibility criteria for enrollment and were randomly allocated into treatment groups. No statistically significant differences were detected between treatment groups with regards to sex/neuter status, age, weight, level of breed-associated risk for developing UC, tumor grade, TNM stage, presence of metastases at the time of diagnosis, or urethral or prostate involvement (Table 1). Dogs receiving vinblastine and piroxicam simultaneously had a better response rate with 14 of 24 dogs (58.3%) achieving remission as compared to 6 of 27 dogs (22.2%) receiving vinblastine alone (P = 0.02) (Table 2). All remissions were partial; complete remission was not observed. Of the 27 dogs that received vinblastine alone, the owners of 20 dogs elected to have their dog treated with piroxicam alone when cancer progression occurred on vinblastine. The tumor response to piroxicam alone in these 20 dogs included PR in 3 dogs, SD in 9 dogs, and PD in 5 dogs; tumor response could not be assessed in 3 dogs.

The median PFI and survival times for dogs receiving vinblastine alone were 143 and 407 days, respectively (Figs. 1 and 2). The median PFI and survival times for dogs receiving vinblastine and piroxicam were 199 and 299 days, respectively (Figs. 1 and 2). Interestingly, the median overall survival time for dogs receiving vinblastine alone followed by piroxicam alone (n = 20, 531 days) was significantly longer (P = 0.03) compared to dogs receiving vinblastine and piroxicam simultaneously (299 days) (Fig. 3). No statistically significant differences were detected between these groups of 20 and

Characteristic	Vinblastine	Vinblastine-piroxicam	P-value
	alone $n = 27$	n = 24	
Age at diagnosis, years, median (range)	10.9(5.3 - 15.2)	11.6 (8.8 - 15.3)	0.488
Sex and neuter status			
Female spayed	14 (51.9%)	15 (62.5%)	0.573
Male neutered	13 (48.2%)	9 (37.5%)	
Breed*			
At-risk breed dogs [42]	9(333%)	10(41.7%)	0.575
Other pure-bred dogs	12 (44%)	7 (29%)	
Mixed breed dogs	6(22%)	7 (29%)	
Weight, kgs, median (range)	13.0(4.0 - 46.3)	15.5(4.1 - 35.0)	0.680
Tumor grade [42]			
Intermediate	4(14.8%)	2 (8.3%)	0.697
High	21 (77.8%)	19 (79.2%)	
Slide not available for review of grade	2(7.4%)	3 (12.5%)	
WHO stage, as defined for canine bladder cancer [48]			
T2, tumor invading bladder wall with induration	21 (77.8%)	18 (75.0%)	0.537
T3, tumor invading neighboring organs	6(22.2%)	6(25.0%)	
(prostate, uterus, vagina, pelvic canal)			
N0 (No nodal metastases)	26 (96.3%)	24 (100.0%)	0.529
N1 (Nodal metastases present)	1 (3.7%)	0	
M0 (No distant metastases)	25 (92.6%)	23 (95.8%)	0.545
M1 (Distant metastases present)	2(7.4%)	1 (4.2%)	
Any metastases present	3(11.1%)	1 (4.2%)	0.357
Urethral involvement	13 (48.2%)	17 (70.8%)	0.087
Prostate involvement	7 of 13 male dogs	5 of 9 male dogs	0.937
	(53.8%)	(55.6%)	

Table 1 Subject characteristics of dogs participating in the clinical trial

*The breeds of dogs receiving vinblastine alone included 6 mixed breed dogs, 4 Scottish terriers, 2 West Highland White Terriers, 2 Shetland Sheepdogs, 2 Miniature Schnauzers, 2 Yorkshire Terriers, 2 Pembroke Welsh Corgis, and 1 each of the following breeds: Beagle, Dachshund, Boston Terrier, English Springer Spaniel, Tibetan Terrier, Maltese, and German Shepherd. The breeds of dogs receiving combined vinblastine and piroxicam included 7 mixed breed dogs, 3 West Highland White Terriers, 3 Beagles, 2 Shetland Sheepdogs, 2 Australian Shepherds, and 1 each of the following breeds: Scottish Terrier, Dachshund, Treeing Walker Coonhound, Labrador Retriever, Airedale Terrier, American Cocker Spaniel, and Basset Hound.

Table 2 r response in dogs in the clinical	trial	
Vinblastine alone n = 27	Vinblastine-piroxicam n=24	P-value
0 (0.0%)	0 (0.0%)	0.019
6 (22.2%)	14 (58.3%)	
19 (70.4%)	8 (33.3%)	
1 (3.7%)	2 (8.3%)	
1 (3.7%)	0 (0.0)	
143 (1-1015)	199 (21-593)	0.128
407 (13-1132)	299 (21-637)	0.668
	Table 2 r response in dogs in the clinical Vinblastine alone $n = 27$ 0 (0.0%) 6 (22.2%) 19 (70.4%) 1 (3.7%) 1 (3.7%) 143 (1-1015) 407 (13-1132)	Table 2 Tresponse in dogs in the clinical trial Vinblastine alone Vinblastine-piroxicam $n = 27$ $n = 24$ 0 (0.0%) 0 (0.0%) 6 (22.2%) 14 (58.3%) 19 (70.4%) 8 (33.3%) 1 (3.7%) 2 (8.3%) 1 (3.7%) 0 (0.0) 143 (1-1015) 199 (21-593) 407 (13-1132) 299 (21-637)



Fig. 1. Progression free interval (PFI) for dogs receiving vinblastine alone and dogs receiving vinblastine and piroxicam simultaneously. The median PFI was 143 days in dogs receiving vinblastine alone and 199 days in dogs receiving the combination treatment (P = 0.128).



Fig. 2. Overall survival of dogs receiving vinblastine alone and dogs receiving vinblastine and piroxicam simultaneously. The median survival was 407 days in dogs initially treated with vinblastine alone and 299 days in dogs receiving the combination treatment (P = 0.668).

24 dogs in regards to subject or tumor characteristics and other therapies given after the study drugs had failed. No statistically significant differences were



Fig. 3. Overall survival of dogs receiving vinblastine and piroxicam simultaneously (n = 24) and dogs receiving vinblastine alone followed by piroxicam alone (n = 20). The median survival time for dogs receiving vinblastine alone followed by piroxicam alone (531 days) was significantly longer (P = 0.03) than the survival of dogs receiving vinblastine and piroxicam simultaneously (299 days). The tumor and subject characteristics and the administration of other therapies after the study drugs had failed were similar between the two groups.

detected in the frequency of hematologic or gastrointestinal toxicities between treatment groups (Table 3).

In both treatment groups, when the cancer became resistant to vinblastine and piroxicam, and cancer progression was noted, the dogs were allowed to receive additional treatment off study. Of the 27 dogs initially receiving vinblastine alone, 12 dogs (44.4%) received one or more additional chemotherapy drugs including mitoxantrone in 10 dogs, metronomic chlorambucil in 3 dogs, carboplatin in 2 dogs, a demethylating agent (zebularine) in 2 dogs, gemcitabine in 1 dog, and mitomycin C in 1 dog. Of the 24 dogs initially treated with vinblastine and piroxicam combined, 15 (62.5%) of the dogs went on to receive one or more other chemotherapy drugs after failing vinblastine and piroxicam. These drugs included mitoxantrone in 9 dogs, metronomic chlorambucil in 7 dogs, zebularine in 4 dogs, carboplatin

Group criteria) [50] in dogs in the clinical trial				
	Vinblastine	Vinblastine-	P-value	
	alone $n = 27$	piroxicam $n = 24$		
Hematologic toxicity,				
number of dogs (%)				
0	14 (51.9%)	17 (70.8%)	0.541	
1	7 (25.9%)	2 (8.3%)		
2	2 (7.4%)	2 (8.3%)		
3	1 (3.7%)	1 (4.2%)		
4	3 (11.1%)	2 (8.3%)		
Gastrointestinal toxicity,				
number of dogs (%)				
0	22 (81.5%)	19 (79.2%)	0.562	
1	4 (14.8%)	2 (8.3%)		
2	1 (3.7%)	2 (8.3%)		
3	0 (0.0%)	1 (4.2%)		
4	0 (0.0%)	0 (0.0%)		

Table 3 Treatment related toxicity (Veterinary Cooperative Oncology Group criteria) [50] in does in the clinical trial

in 2 dogs, and the following drugs in one dog each: folate-vinblastine, folate-tubulysin, toceranib phosphate, and mitomycin C.

DISCUSSION

In this study, piroxicam significantly enhanced the antitumor activity of vinblastine in dogs with UC. Partial remission was detected in 58% of dogs receiving the combination compared to 22% of dogs receiving vinblastine alone. The drugs were well tolerated in both treatment arms, as is essential for studies in pet animals. The findings were consistent with previous studies in dogs with UC in which nonselective COX inhibitors and more selective COX-2 inhibitors had notable activity in enhancing the activity of cisplatin and carboplatin [26, 28-30]. In fact, COX inhibitors are commonly included in the routine treatment of pet dogs with UC, either as single agents or in combination with chemotherapy [25-34, 42]. Similar chemotherapy enhancing effects of COX inhibitors have been reported in rodents with experimentally induced bladder tumors [24, 37].

Another intriguing finding from the study was that dogs that initially received single agent vinblastine and then single agent piroxicam lived significantly longer than those receiving combination vinblastine and piroxicam. The treatments given after failure of the study drugs were similar across the groups. This longer survival was not entirely unexpected as survival appeared longer for dogs sequentially receiving platinum chemotherapy alone followed by a COX inhibitor alone than for dogs receiving the drugs concurrently in two earlier studies in dogs [26, 30]. The reason for this is not known, but could be due to the development of resistance to both drugs at the same time when the drugs were given concurrently, rather than developing resistance to each drug separately over a longer period of time when the drugs were given sequentially. It is also possible that the chemotherapy could in some way sensitize the tumor or allow selection of clones of tumor cells within the tumor that would then respond to subsequent COX inhibitor treatment. Selection bias was not thought to be involved as all the dogs receiving vinblastine alone were eligible to subsequently receive piroxicam alone or to receive different therapies according to the wishes of the pet owner, and the severity of the cancer did not appear to differ between dogs receiving piroxicam alone and dogs receiving other management, although further study would be needed to confirm this.

It is important to note the similarities between canine and human UC when considering the likelihood that the results of this canine study could be recapitulated in human studies. UC between dogs and humans is similar in cellular and molecular characteristics, physiological age at diagnosis, presenting clinical signs, local invasion, the development of distant metastases in approximately 50% of cases, and response to chemotherapy [42, 52, 53]. One recently defined difference between UC in dogs and humans is that canine UC commonly harbors a specific mutation in the BRAF gene in the MAP kinase signaling pathway [54, 55]. Specifically, canine UC frequently expresses the dog homologue of the BRAF V600E mutation that is reported to be important in 8% of all human cancer [54-56]. Although BRAF mutations are rare in human UC, variants in associated signaling pathways have been reported in humans [57]. Even with the presence of the BRAF V600E mutation in canine UC, expression array studies continue to demonstrate many similarities between the cancer in humans and dogs [53]. With this close resemblance between naturally-occurring UC in dogs and humans, and the findings of the chemotherapy-enhancing effects of a COX inhibitor, there is compelling justification to investigate this approach in humans with UC. Chemotherapy is expected to remain an integral part of the treatment of UC even as more targeted agents and immunotherapies are developed.

With the effects of piroxicam-enhancing the activity of vinblastine in dogs, and similar chemotherapyenhancing effects of COX inhibitors reported in other animals studies [24, 26–30, 37], it would appear likely that such additive or synergistic drug activity could occur in humans with UC. This raises an important consideration. When human patients in clinical trials take COX inhibitors, with or without their physician's recommendation or knowledge, it could affect how well their cancer responds to treatment. Should this be the case, it would be essential to track and record COX inhibitor use in patients in clinical trials and to factor in that information when interpreting results.

There are multiple possible mechanisms by which COX inhibitors could enhance the activity of chemotherapy. Chronic inflammatory changes associated with cancer can lead to evasion of apoptosis, enhanced invasion and metastasis, increased angiogenesis, and increased infiltration by immunosuppressive cells, and COX inhibitors could block or potentially reverse these changes [24, 40]. Other proposed mechanisms of COX inhibitor antitumor effects include: inhibiting the prostaglandin E2induced repopulation of cancer stem cells that occurs during chemotherapy [37], restoring chemosensitivity through modulation of microRNA expression [41], and blocking drug transporters involved in multidrug resistance [58], a mechanism of importance in vinblastine resistance [59]. Whether through direct or indirect mechanisms, a consistent finding across studies is induction of apoptosis in cancer cells following COX inhibitor treatment [12, 27, 39, 60]. This finding was previously reported in humans with UC who were treated with celecoxib during the time between transurethral resection and cystectomy [38].

With the emergence of immune checkpoint inhibitors in cancer therapy [61], it is intriguing to consider the potential beneficial effects of combining COX inhibitors with these newer agents. COX-2 products can have several deleterious effects on the immune response to cancer including augmentation of pro-tumorigenic type 2 macrophages, inhibition of NK cell migration and function, reduced maturation of dendritic cells and MHC class II expression, inhibition T and B lymphocyte proliferation, induction of regulatory T cells, and enhanced and maintained numbers of myeloid derived suppressor cells [62]. Even if immune checkpoints are inhibited, the deleterious processes put into effect by COX products can still prevent an effective immune attack against the cancer. The use of COX inhibitors to prevent or reverse these deleterious effects would be expected to enhance the beneficial effects of immune checkpoint inhibitors. There is, in fact, evidence for this as aspirin has been found to enhance the activity of an anti-PD-1 antibody in mice with melanomas [63]. In other experimental settings, however, chronic

COX inhibitor administration was associated with increased expression of the immune checkpoint, PD-1 [64].

The antitumor effects of COX inhibitors have been reported to include those dependent on the inhibition of COX-2 as well as COX-2 independent effects [61-66]. It is not currently known whether nonselective COX inhibitors or COX-2 specific inhibitors offer the greatest advantages in cancer patients. From a safety perspective, COX-2 inhibitors offer less risk of gastrointestinal irritation when compared to nonselective COX inhibitors [65], but concerns persist for the cardiovascular risk of selective COX-2 inhibitors [66, 67]. The nonselective COX inhibitor, piroxicam, was included in the current study because of its impressive activity in previous trials in dogs with UC [25-28, 42]. Piroxicam is commonly included in the treatment of UC in dogs due its antitumor activity as well as its notable effects on improving quality of life for the dog [42]. Vinblastine was selected for this study because it has good antitumor activity and safety profile in dogs and humans with UC, and it is currently in use in treatment protocols in both species [4, 43, 44].

In the current study, vinblastine and piroxicam were given as frontline therapy, thus the cancer had not developed resistance which could occur during the course of other therapies. A noted opportunity in dog studies is that there is not a defined and mandated standard of care treatment that must be followed in each dog, thus a new treatment which is expected to be safe and have good activity can be tested in a frontline setting. By enrolling dogs soon after diagnosis, most of the dogs in the current study had cancer which, based on detection with radiography and ultrasonography, was confined to the urinary tract. The expectation would be that the chemotherapy-enhancing effects of COX inhibitors would apply in the metastatic setting, but the overall antitumor activity would likely be less pronounced, although further work would be needed to confirm this. When interpreting the results of this study, another aspect of the management of dog bladder cancer should be taken into consideration. Cystectomy is rarely performed in pet dogs, and it was not performed in any of the dogs in the study. Cystectomy is not performed in pet dogs with UC because of the frequency of trigonal lesions that extend down the urethra making surgical cure less likely, and because the morbidity and costs associated with the procedure are not acceptable to most pet owners. With the primary tumor left intact, the opportunity for metastasis continues through the treatment period.

When considering how to optimize the chemotherapy-enhancing effects of COX inhibitors, further study is needed to confirm that the effects observed with a single agent chemotherapy protocol would apply to protocols that include multiple chemotherapeutic agents. The interplay between multiple agents could be important. If a patient's health is compromised during dose intense protocols involving multiple chemotherapeutic agents, it is possible that the response to the COX inhibitor could be different than in more conservative treatment regimens. The intensity of the COX inhibitor treatment itself is another variable to be studied. In recent rodent studies, the intermittent administration of COX inhibitors, which would be expected to cause less gastric irritation in humans, still provided good antitumor activity [12].

In conclusion, the nonselective COX inhibitor, piroxicam, enhanced the activity of vinblastine in dogs with UC where the cancer closely mimics the human condition. In previous studies in dogs with UC, COX inhibitors also enhanced the activity of cisplatin and carboplatin. With the close similarities between naturally-occurring UC in dogs and UC in humans, it is expected that COX inhibitors could also enhance the activity of chemotherapy in humans with this cancer. There is compelling justification to evaluate combination therapies that include chemotherapy and COX inhibitors in humans. In trials of new drugs in humans with UC that do not formally include a COX inhibitor, it may still be very important to track the use of COX inhibitors in the patients in the trials because of potential effects on their treatment response.

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CONFLICTS OF INTEREST

The authors have no conflict of interest to report.

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