

# Advances of Heat Shock Family in Ulcerative Colitis

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Ulcerative Colitis (UC) is a non-specific and chronic inflammatory disease of colonic mucosa whose exact etiology and mechanisms remain unclear. The incidence rate of UC is increasing year by year worldwide. What followed is that the medical costs are also rising rapidly. Therefore, it is urgent to understand the pathogenesis and find promising therapeutic targets for UC. Intestinal mucosal homeostasis is essential for normal bowel function, and its imbalance may be an important pathogenesis of UC. Endogenous homeostatic regulators play roles in repairing intestinal mucosa injury after stress. Heat shock family proteins are essential endogenous homeostasis factors. They can inhibit inflammation, regulate intestinal epithelial cells' survival and death, and promote mucosal healing. Thus, they play important roles in sustaining intestinal mucosal homeostasis and protecting against UC progression. However, the heat shock family may promote UC carcinogenesis. Here, we summarize the advances in the research of the functions of the heat shock family in UC. And this review is an attempt to light on the etiopathogenesis of UC, highlighting the endogenous protective mechanisms, hoping to provide a novel therapeutic target for UC treatment.

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#### **OVERVIEW OF ULCERATIVE COLITIS**

Ulcerative colitis (UC) is an idiopathic, chronic inflammatory disorder of the colonic mucosa characterized by inflammatory ulceration of the colon and rectum. Patients with UC always present with bloody diarrhea, abdominal pain, and weight loss and are at increased risk of colorectal cancer (Lamb et al., 2019). Since this century, the incidence rate of ulcerative colitis has continued to rise (Ng et al., 2017), particularly in Asia, where the incidence was historically low (Ng et al., 2019). UC mainly occurs in young and middle-aged people, and the medical burden keeps growing (Alatab et al., 2020). Current studies show that the stimulation of environmental factors, intestinal flora, microorganisms, and antigens will induce excessive mucosal immune responses in genetically susceptible individuals, which is the cause of the onset of UC. However, the exact pathogenesis of UC remains unclear (Graham and Xavier, 2020), for which there is a lack of targeted pharmacotherapy medicine at present (Plichta et al., 2019). Biologic agents are only partially effective against partly patients, and their high cost and severe side effects limit their widespread use (Singh et al., 2018). Therefore, it is urgent to explore the pathogenesis and novel therapeutic target of UC.

1



### THE BREAKDOWN OF INTESTINAL MUCOSAL HOMEOSTASIS IS A CRUCIAL LINK IN ULCERATIVE COLITIS OCCURRENCE AND DEVELOPMENT

Intestinal mucosal homeostasis ensures normal gut function, and its dyshomeostasis results in chronic intestinal inflammation (Maloy and Powrie, 2011). Intestinal homeostasis depends on the coregulation of multiple mechanisms. The integrity of the intestinal mucosal barrier is paramount. The intestinal mucosal barrier is composed of mechanical, chemical, immunological, and biological barriers, among which mechanical barriers play the most important role (Okumura and Takeda, 2018; Okumura and Takeda, 2017). Intestinal epithelial cells (IECs) and their tight junctions are the structural basis of the mechanical barrier. The tight junctions mainly contain three transmembrane proteins: Occludins, zonula occludens (ZOs), and Claudins (Buckley and Turner, 2018). This barrier can prevent excessive immune response by restraining harmful substances such as pathogenic microorganisms, antigens, and endotoxins from penetrating the upper cortex into the submucosa (Okumura and Takeda, 2018; Soderholm and Pedicord, 2019). Abnormalities of IECs or disruption of tight junctions may damage the mechanical barrier, giving rise to the occurrence and development of UC (Samoila et al., 2020) (Figure 1). Multiple studies support this view. Günther's study found that IECs of UC patients had excessive apoptosis and necrosis in the period of disease

activity, which triggered sustained inflammation (Günther et al., 2013). Kou's research suggested that tight junction protein occludin expression in IECs of UC patients was lower than in healthy people, leading to the destruction of the intestinal mucosal mechanical barrier (Kuo et al., 2019). Hence, inhibiting excessive injury of IECs and maintaining the integrity of the intestinal mechanical wall may be potential targets of UC therapy. In the dyshomeostasis state, the expression of genes with endogenous intestinal protection is upregulated. Nowadays, numerous mucosa repair factors in UC, such as TFF (Aamann et al., 2014), TGF-β (Ihara et al., 2017), and EGF (Li et al., 2016), have been studied in detail. As a class of important endogenous protective factors in vivo, the heat shock protein family maintains the homeostasis of the intracellular environment and is closely related to various physiological and pathological conditions such as cell proliferation, death, and inflammation. The heat shock protein family has become a hot topic in maintaining intestinal mucosa homeostasis (Hoter and Naim, 2019).

# PHYSIOLOGICAL FUNCTIONS OF THE HEAT SHOCK FAMILY

The heat shock family is a highly conserved family of molecules composed of six heat shock factors (HSF1-4, HSFX, and HSFY) and a wide diversity of heat shock proteins (HSPs) (Xu et al., 2012). HSF1,2, 4, HSFX, and HSFY are widely expressed in mammals, while HSF3 is only expressed in chickens and mice



(Joutsen and Sistonen, 2019). Many studies have shown that HSFs are highly upregulated under the stressful environment of temperature rise and toxicity, and play critical roles in anti-stress, promoting growth, and maintaining the structure and function of

cells (Akerfelt et al., 2010). Under physiological conditions, deactivated HSFs are stored in the cytoplasm in monomers. When organisms are exposed to high temperatures or other stimuli such as heavy metals, bacteria, and bacterial toxins, monomer HSF polymerizes to form a homologous trimer, exposing DNA binding regions and nuclear localization sequences (NLS). Guided by NLS, HSF trimer transports into the nucleus *via* active transport. Then its DNA-biding part binds with heat shock regulatory element (HSE) to initiate transcription of downstream genes, induce heat shock response (HSR), and regulate HSP expression (**Figure 2**). When the stimuli factor disappears, the active HSF trimer depolymerizes to non-DNA-bound monomers, returning to the cytoplasm and nucleus, and the HSP transcription level returns to normal (Morimoto, 1993; Lang et al., 2021).

Studies have shown that HSF1 plays a major role in the human body and can work alone or combined with HSF2 (He et al., 2003). HSF1 is involved in diverse physiological and pathophysiological processes, such as cell cycle, apoptosis, and circadian rhythm (Kovács et al., 2019). It prevents cell death by protecting cells from protein toxicity (Gomez-Pastor et al., 2018), correlating with immunity (Shang et al., 2020), inflammation (Barber et al., 2014), tumor (Carpenter and Gökmen-Polar, 2019), and neurodegenerative diseases (Bose and Cho, 2017). HSF2 plays a synergistic role with HSF1 in regulating HSP expression under stress (Jaeger et al., 2016). It also takes part in mammalian growth and spermatogenesis (Akerfelt et al., 2007). HSF2 gene knock-out mice always have abnormal brain development or female sterility (Kallio et al., 2002). HSF4 is also indispensable in regulating lens development and maintaining the function of sensory organs (Akerfelt et al., 2007). Sex chromosome-related HSFX and HSFY are rarely understood, but they may be related to gametogenesis (Joutsen and Sistonen, 2019).

Heat shock protein (HSP) is a highly conservative stressinduced protein. Depending on their molecular weights, HSPs can be divided into six main families (HSP110, HSP90, HSP70, HSP60, HSP40, and sHSPs) (Jee, 2016). In addition, Kapinga proposed naming HSP members using letter/number combinations (**Table 1**) (Kampinga et al., 2009). HSP expression is regulated by HSF, which can protect cells from stress damage and prevent abnormal protein folding, and is involved in various autoimmune and chronic inflammatory diseases (Zininga et al., 2018).

Recent studies have found that the heat shock family plays an essential role in intestinal inflammation-associated disease and is proposed as a crucial endogenous protecting factor in maintaining mucosal homeostasis (Finlayson-Trick et al., 2018; Zhang et al., 2021). Tenaka's study indicated that disease activity, colon epithelial cells (CECs) apoptosis rate, and mucosal damage level of HSF1 overexpressed transgenic mice were significantly reduced compared with wild-type mice in DSS-induced mice colitis models (Tanaka et al., 2007). This study confirmed that HSF1 is a protective factor for colitis at the genetic level. This protection may involve the downregulation of pro-inflammatory cytokine expressions such as IL-1b, IL-6, and TNF-a and inhibition of ROS-induced cell death (Tanaka et al., 2007). These findings suggest that the heat shock family can be highly relevant in ulcerative colitis development. Therefore, induction of specific heat shock family members may be a new therapeutic target for UC.

# THE ROLE OF HEAT SHOCK FAMILY IN MAINTAINING ULCERATIVE COLITIS MUCOSAL HOMEOSTASIS

## The Heat Shock Family Maintains Mucosal Homeostasis by Inhibiting Intestinal Inflammation

In a physiological state, HSFs and HSPs are continuously expressed in the epithelium of the colon mucosa because of the specific substances in the colonic luminal environment, such as intestinal flora, lipopolysaccharides (LPS), and shortchain fatty acids (SCFAs) (Wells et al., 2017). For the persistent inflammation in UC patients, an experiment conducted by Robert's team found that HSF1 knock-out mice secreted more TNF-a, IL-1, IL-6, and IL-6 and had a more intense inflammatory response than wild-type mice (Barber et al., 2014). Coincidentally, a study of DSS-induced colitis in mice designed by Zhang and his team found that HSF2 knock-out mice also had more severe intestinal inflammation than wild-type mice (Zhang et al., 2020a). This evidence suggests that the heat shock family significantly correlates with intestinal inflammation. Knowlton's study showed that HSF1 can downregulate TNF-a and IL-1b transcription by binding to TNF -a promoter and IL-1b

HSP family	Alternative family name	Number of members	Common selected members
HSP110	HSPH	4	HSPH1 (HSP105), HSPH1(HSP110, HSPA4)
HSP90	HSPC	5	HSPC2 (HSP90a), HSPC3(HSP90β), HSPC4 (GRP94,HSP90B1, GP96, endoplasmin), HSPC5 (TRAP1, HSP75, HSP90L)
HSP70	HSPA	13	HSPA1A (HSP70-1), HSPA1B (HSP70-2) HSPA5 (BIP, GRP78), HSPA6 (HSP70B0), HSPA8 (HSC70), HSPA9 (GRP75)
HSP60、HSP10 (Chaperonins)	HSPD, HSPE	14	HSPD1 (HSP60), HSPE1 (HSP10)
HSP40	DNAJ	50	DNAJA1, DNAJB1 (HSPF1 and HSP40), DNAJC1
Small HSPs	HSPB	11	HSPB1 (HSP27), HSPB4 (CRYAA) and HSPB5 (CRYAB)

#### TABLE 1 | Heat shock protein family and its common members (Li et al., 2016).

transcription factors and directly inhibit the expression of NF- $\kappa$ B and nuclear transcription factor activator protein-1 (AP-1) from alleviating inflammation (Knowlton, 2006). Because of highly homologous with HSF1, HSF2 has been confirmed to have a similar function as HSF1. HSF2 could reduce IL-1b secretion by suppressing NLRP3 inflammasome activation (Zhang et al., 2021) or regulating the mitogen-activated protein kinase (MAPK) pathway (Wen et al., 2020) to act as an anti-inflammatory.

Studies on HSPs mainly focus on a few HSPs, such as HSP70 and HSP27. Wang and his team used four different experimental colitis models to identify two distinct protective functions for Hsp70: promoting intestinal homeostasis by interaction with ZO-1 to stabilize tight junctions and limiting inflammatory-mediated mucosal damage by affecting ERK phosphorylation and regulating IL-10 production in immune cells (Wang et al., 2018). Additionally, HSP70 can also downregulate the production of inflammatory factors such as TNF-a and IFN-y by interplay with dendritic cells (DC) and monocytes (Borges et al., 2012). Another experiment detected inflammatory factors expression levels in LPS-stimulated cells pretreated by HSP27 specific phosphorylation inhibitors, found that phosphorylated HSP27 can increase the level of IKB-a by inhibiting the phosphorylation level of IkB-a (pIkB-a) and then restrain the NF-kB pathway to play a protective role in inflammation (Chen and Currie, 2006; Zhang et al., 2020b).

#### Heat Shock Family Maintains Mucosal Homeostasis by Regulating the Survival and Death of Intestinal Epithelial Cells and Promoting Mucosal Healing

Intestinal epithelial cells (IECs), as a critical factor of intestinal homeostasis, are the essential structural basis of the mechanical barrier. They have multiple functions such as nutrient absorption, antimicrobial peptides secretion, immune response regulation, and separation of intestinal microbial flora (Soderholm and Pedicord, 2019). When the intestinal mucosal epithelium is injured, the body restores the intestinal mechanical barrier by regulating the proliferation and differentiation of intestinal epithelial cells and the interaction between different intestinal immune cells (such as intestinal macrophages, granulocytes, and lymphocytes). The heat shock family is widely involved in these processes. Studies have shown that HSF1 inhibits the NF-kB signaling pathway, downregulates NLRP3 inflammasome and caspase-1 production, and restrains IECs apoptosis by regulating Toll-like receptors (TLRs) expression (Shang et al., 2020; Saber and El-Kader, 2021). HSF2 and HSP27 regulate the IECs apoptosis, resulting from their regulation of mitochondrial pathway and restriction of reactive oxygen species (ROS), respectively (Xie et al., 2016; Wang et al., 2020).

In UC, excessive apoptosis occurs in IECs, leading to pyroptosis (Ey et al., 2013) and ferroptosis (Xu et al., 2020). That impairs the mechanical barrier and makes the disease worse. HSF1 and HSF2 can inhibit ROS production by promoting HSP70 expression (Wilkerson et al., 2007; Wu et al., 2013). They can downregulate pyroptosis (Zhou et al., 2020) and ferroptosis (Song et al., 2019; Chen et al., 2020) in intestinal epithelial cells to relieve UC inflammation. On the other hand, autophagy plays an essential role in protecting IECs from damage (Lassen and Xavier, 2018) and maintaining mucosal barrier and homeostasis (Foerster et al., 2022). Studies have suggested that some HSF70 family members are associated with autophagy, and HSF1 and HSF2 can regulate autophagy activity indirectly by attending to the accommodation of HSP70 expression, which maintains intestinal mucosal homeostasis (Borges et al., 2012).

Moreover, HSF1,2 can regulate the TGF- $\beta$ /Smad signaling pathway (Wen et al., 2020), promote the proliferation and differentiation of colon crypt stem cells, and replace senescent and necrotic IECs (Miyoshi et al., 2012), which can facilitate intestinal tissue remodeling (Biancheri et al., 2014). Chu and his team studied the CCD-18CO human colonic myofibroblast cell line. This study found that HSP27 accelerates wound healing by regulating colonic myofibroblast migration (Chu et al., 2017). The above finding proved that the heat shock family plays a positive role in repairing colonic mucosal damage in UC patients.

These shreds of evidence demonstrate that the heat shock family plays a protective role in inhibiting the inflammatory response process of UC, maintaining the integrity of the intestinal mucosal barrier, and promoting the reconstruction of mucosal. However, other vital regulatory factors and specific targets of heat shock family protection of IECs still need intensive study. Further elucidation of the regulatory mechanism of endogenous homeostasis factors in the regulation of intestinal homeostasis could provide new clues for exploiting novel therapies of UC.

# THE ROLE OF THE HEAT SHOCK FAMILY IN THE OCCURRENCE AND DEVELOPMENT OF COLORECTAL CANCER

Colorectal Cancer (CRC) is the 3rd most crucial cancer globally, ranking 4th mortality, accounting for approximately 10% of cancer-related deaths (Dekker et al., 2019). Most colorectal cancers development follows the polyps (precancerous lesions)-adenomas (polyps)-colorectal cancer model (Dekker et al., 2019). Many studies have shown that the heat shock family is highly associated with CRC. Ren et al., (2022)'s bioinformatics study on CRC found that HSF1 expression in colorectal cancer presents a noticeable increasing tendency. Its expression level was correlated to the tumor stage and extent of lymph node metastasis. An experiment that used an AOM/DSS-induced colorectal cancer model found that HSF1 inhibited the expression of microRNA137 (MIR137) targeting glutaminase 1 (GLS1) through DNMT3a recruitment, stimulated the activation of GLS1-dependent mTOR, and promoted colorectal cancer (Li et al., 2018). In addition, HSF1 has been found to maintain high expression of Dickkopf-3 (DKK3) in the matrix by interaction with the DKK3 promoter and enhancer, enhance the Wnt signaling pathway, inhibit YAP/TAZ degradation, and promote tumor invasion (Ferrari et al., 2019). Another study based on The Cancer Genome Atlas-Colorectal Cancer (TCGA-CRC) also found that HSF4-mRNA expression increased in CRC tissues, and the proportion of stage III/IV CRC in patients with high HSF4 expression was much higher than that in patients with low ones (Yang et al., 2017). A multivariate regression analysis of 297 CRC patients revealed that patients with HSP70 upregulation had a poor prognosis (shorter disease-free survival and poor tumor differentiation) (Hrudka et al., 2021). Cen and his team also found that, compared with normal, the increased expression of HSP27 and HSP90 can be observed in CRC tissues (Cen et al., 2004).

Ulcerative Colitis-Associated Colorectal Cancer (CAC) is one of the most life-threatening consequences of chronic ulcerative colitis (Yashiro, 2014). Unlike sporadic CRC, CAC does not show the characteristic pathophysiological process (adenoma-carcinogenesis) but presents as chronic inflammation →epithelial cell migration  $\rightarrow$  atypical hyperplasia  $\rightarrow$  CAC. Current studies suggest that chronic inflammatory stress, such as ROS and some radicals, is the leading cause of dysplasia (Rogler, 2014). In this regard, the heat shock family may inhibit the progression of UC to CAC under its function, including maintaining internal environment stability and resisting oxidative stress. However, a study by Oshrat and his team on colitisassociated colon cancer (CAC) convinced that HSF1 regulates extracellular matrix (ECM) remodeling in mouse colon fibroblasts to promote tumor progression by upregulating the transcription of genes encoding matrix proteins (FN1 and LAMA1), matrix remodeling enzymes (MMP7 and MMP9), and HSP47 (Levi-Galibov et al., 2020). In other words, the increased expression of HSF1 may promote the occurrence of ulcerative colitis-associated colon cancer.

These studies suggest that the heat shock family has a dual role in different disease stages of UC. Therefore, further exploration of the role and mechanism of the heat shock family in other disease processes is of great guiding significance for using heat shock family members as new targets for UC treatment.

# HEAT SHOCK FAMILY COULD BE AN INDICATOR OF THE TREATMENT EFFECTIVENESS ASSESSMENT OF ULCERATIVE COLITIS

Mucosal healing (MH) refers to the process in which epithelial cells near the deficient mucosa recover, proliferate, differentiate and cover the defect surface, and then re-establish mucosal homeostasis (Iizuka and Konno, 2011), which is the therapeutic goal of ulcerative colitis (Ungaro et al., 2019). Achieving and maintaining long-term mucosal healing reduces the risk of relapse, colectomy, and UC-associated colon cancer (Boal Carvalho et al., 2016). Endoscopy is the foremost approach to evaluate mucosal healing, among which Mayo endoscopy score (MES) is the most widely used in clinical practice (Moriichi et al., 2021). However, repeated endoscopic examination is expensive and invasive. Besides, it is difficult for endoscopy to reflect submucosal conditions accurately. Several studies have shown that there is still active histological inflammation during mucosal healing under endoscopy (Moriichi et al., 2021). Fecal Calprotectin (FC), the other marker used to evaluate MH, has a particular value in predicting MH. Nevertheless, samples significantly affect their value, and the cut-off value used to assess MH in various studies also has significant differences (Ricciuto and Griffiths, 2019; Malvão et al., 2021). Therefore, it is a potential research direction to explore new biomarkers from intestinal mucosal homeostasis protective factors to make up for the deficiency of endoscopy and FC in MH assessment.

Multiple HSF and HSP are involved in the MH process, and their expression changes reflect mucosal injury repair status. A report indicated that compared with healthy people, the expression of diversified HSP (Rodolico et al., 2010) and HSF (Miao et al., 2013) are different in UC patients, and such expression differences exist in serum, colonic mucosa, and feces (Zhang et al., 2020a). More importantly, HSF2 expression was positively correlated with the severity of UC (Miao et al., 2014). In a single-center study, fecal HSF2 quantity was found to predict MH with a sensitivity of 73.7% and specificity of 70.1%. Although its sensitivity and specificity were lower than FC (84.2% and 79.9%) (Wen et al., 2020), it was still a valuable explorative study on the heat shock family in assessing the efficacy of UC. Furthermore, Tomasello's study convinced that the expression levels of HSP10, HSP70, and HSP90 in the mucosa of active UC patients decreased strongly after therapy (Tomasello et al., 2011). These results suggest that the heat shock family is promising as a new endogenous biomarker for evaluating the degree of inflammatory activity in UC.

### CONCLUSION AND PROSPECT

The pathogenesis of UC is still unclear, and colonic mucosal homeostasis is on the cutting edge of UC etiology research. The dynamic balance between mucosal injury and repair is the key to maintaining mucosal homeostasis. Previous research mainly concentrated on the effect and mechanism of the inflammatory signaling pathway in mucosal excessive immune injury. Nevertheless, the body inhibits the exaggerated inflammatory response and epithelial cell damage while promoting mucosal repair factors and epithelial cell renewal. The function of the mucosal mechanical barrier is crucial to intestinal homeostasis, and the dynamic balance of IECs loss and self-renewal is the key to maintaining it. Endogenous protective factors are essential in sustaining mucosal homeostasis, and their effect on UC is a novel research orientation. The heat shock family is crucial for inhibiting inflammation, promoting mucosal repair, and promoting the transition from UC to CAC. In-depth exploration of the role of the heat shock family in various disease stages of UC, especially in maintaining intestinal mucosal homeostasis, may provide a brand new perspective and theory

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for annotating the mechanical barrier function of UC mucosa and developing therapeutic targets.

#### **AUTHOR CONTRIBUTIONS**

MG: Writing-Original Draft. FZ: Writing-Review Editing. YM: Supervision. JN: Writing-Review Editing. All authors read and approved the final manuscript.

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