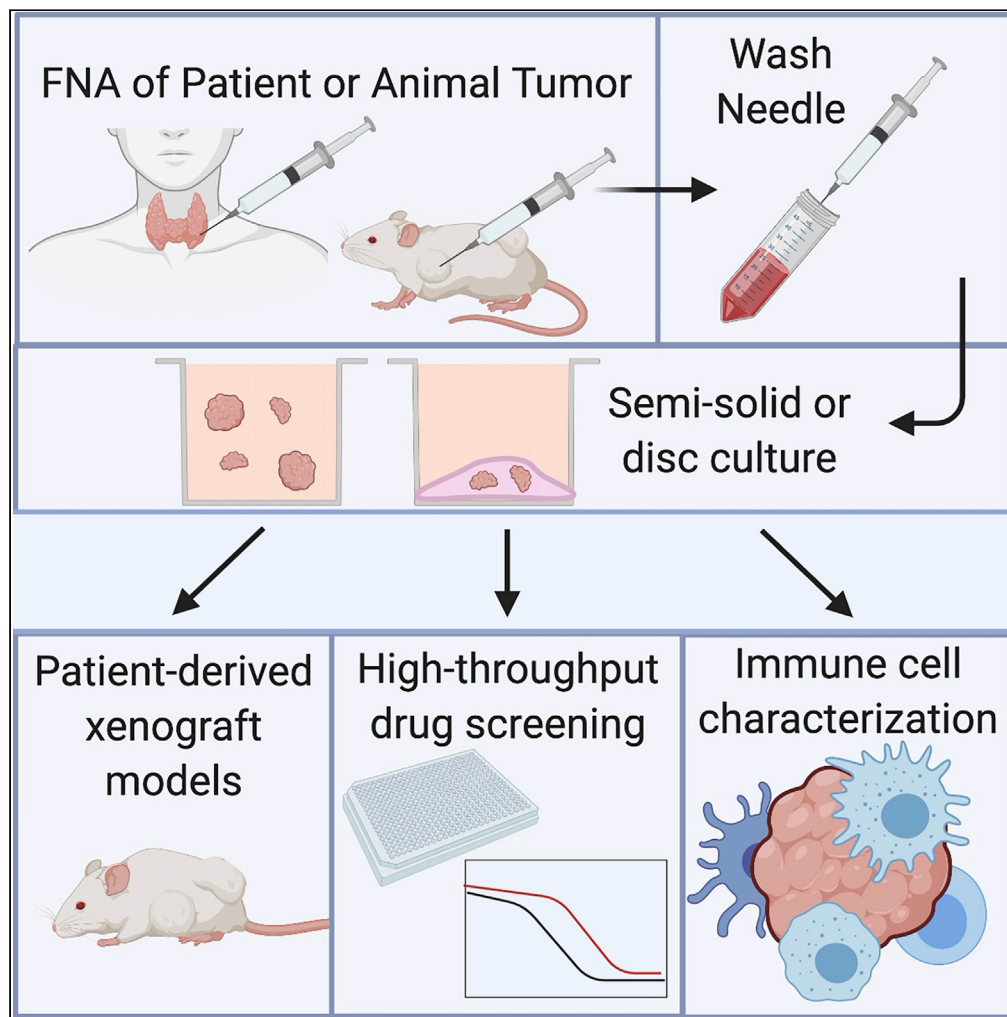


Article

Fine-Needle Aspiration-Based Patient-Derived Cancer Organoids



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HIGHLIGHTS

Fine-needle aspiration (FNA) is safe, minimally invasive, and widely used clinically

FNA is a source of material for organoid culture and personalized medicine

This technique requires minimal processing, preserving histology, and immune cells

Downstream applications: high-throughput screens, immune analysis, and xenografts

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Article

Fine-Needle Aspiration-Based Patient-Derived Cancer Organoids

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SUMMARY

Patient-derived cancer organoids hold great potential to accurately model and predict therapeutic responses. Efficient organoid isolation methods that minimize post-collection manipulation of tissues would improve adaptability, accuracy, and applicability to both experimental and real-time clinical settings. Here we present a simple and minimally invasive fine-needle aspiration (FNA)-based organoid culture technique using a variety of tumor types including gastrointestinal, thyroid, melanoma, and kidney. This method isolates organoids directly from patients at the bedside or from resected tissues, requiring minimal tissue processing while preserving the histologic growth patterns and infiltrating immune cells. Finally, we illustrate diverse downstream applications of this technique including *in vitro* high-throughput chemotherapeutic screens, *in situ* immune cell characterization, and *in vivo* patient-derived xenografts. Thus, routine clinical FNA-based collection techniques represent an unappreciated substantial source of material that can be exploited to generate tumor organoids from a variety of tumor types for both discovery and clinical applications.

INTRODUCTION

Patient-derived tumor organoids hold great promise for biomedical science and clinical applications including personalized medicine (Clevers, 2016; Neal et al., 2018; Saito et al., 2019; Vlachogiannis et al., 2018). However, current methods that isolate tumor organoids from patients require tissue(s) of at least 1 cm³, which are collected from surgical resection specimens or core needle biopsies. After collection, tissues must be mechanically or enzymatically dissociated for successful isolation and plating of intact tumor organoids into Matrigel discs. Like 2D cultures, many post-isolation organoid culturing methods also rely on trypsinization of intact organoids into single cells for passaging and plating into downstream experimental formats. As such, organoid isolation is restricted to patients with surgically accessible tumors and current digestion methods disrupt native 3D growth architectures with loss of tumor infiltrating immune cells.

Fine-needle aspiration (FNA) is a minimally invasive technique that is widely used in both inpatient and outpatient settings as a first-line procedure for sampling and diagnosing tumor tissues. It is often clinically preferred over core needle biopsy because of its ability to rapidly and gently extract and separate tumor from stroma, unlike core needle biopsies, while simultaneously preserving growth architectures for gold standard pathologic diagnosis (Austin et al., 2005; Baatenburg de Jong et al., 1991; Eddyani et al., 2009; Jain et al., 2018; Lieu, 1997; Pitman et al., 2008). For palpable lesions, the sample can be obtained from patients at the bedside with minimal discomfort and limited, if any, use of local anesthetic. For deeper lesions, the technique can be combined with ultrasound (Conrad et al., 2018) or performed under computed tomography (CT) guidance to precisely target the lesion of interest. FNA can also be performed directly on resected or biopsied tumor tissues immediately after surgery. Applying this technique to isolate tumor organoids could allow for a simple, minimally invasive approach that is especially suited for preservation of intact tumor organoids and their corresponding tumor infiltrating immune cells.

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FNA is distinct from larger core needle biopsies, the latter of which have been widely applied to organoid isolation (Boj et al., 2015; Choi et al., 2019; Mazzucchelli et al., 2019; Tiriach et al., 2018a, 2018b; Tsai et al., 2018). Unlike core needle biopsies, which remove intact tumor tissue including fibrotic stroma, FNA utilizes a fine needle with a bevel that is particularly adept at extracting both single cells and cell clusters out of the surrounding stroma by simply applying a rapid gentle cutting or sawing motion. FNA therefore preferentially enriches for both cohesive units of cells (such as epithelial glands) and discohesive cells (such as immune cells), while leaving behind much of the sclerotic stromal matrix that must be removed for successful downstream applications including isolation of organoids (Goldhoff et al., 2019). The gentle mechanical dislodging of cells with FNA requires no tissue digestion or processing, and important 3D architectures such as solid or glandular tumor growth patterns are often faithfully preserved. The gentle FNA extraction method and lack of further processing also greatly improves cell viability (compared with core biopsy), and FNA material can also be plated into culture or submitted for ancillary studies such as flow cytometry directly out of the needle (Boyd et al., 2015). As such, FNA biopsies provide a simple, low-risk clinical procedure for tumor cell isolation that is ideally suited for downstream research applications at minimal time and reagent costs.

Because of the ease and extraction advantages, we hypothesized that FNA could be harnessed as an efficient organoid isolation procedure that would improve take rates while simplifying the organoid collection and culturing process as a whole. In the current study, we provide evidence that FNA can be used in a patient-derived organoid culture method that is rapid and efficient and closely recapitulates the wide array of native histologic architecture and biological properties of the patient's original tissue. We demonstrate the effective use of this culture technique for high-throughput drug testing, patient-derived organoid xenograft models, and analysis of the tumor immune microenvironment.

RESULTS

Fine-Needle Aspiration-Based Patient-Derived Organoid Culture Technique

FNAs utilize beveled 25-gauge needles with a 10-mL syringe and syringe holder to provide gentle aspiration using 1–3 needle passes for collection (see [Transparent Methods](#) and [Video S1](#)). It is well documented that this technique, with its fine beveled needle and rapid cutting motion, enriches for tumor cell clusters and discohesive cells with minimal stromal extraction (Ernst and Rimm, 2002) ([Figure S1](#), [Video S1](#)). FNA biopsy material from patients yields intact epithelial cell aggregates and single cells that are largely free of stromal contamination, as compared with core biopsies that retain acellular matrix (illustrated in [Figure S1](#)). As such, FNA contents were plated into organoid culture directly out of the needle without any digestion or processing steps. Because FNA enriches for intact cell clusters without digestion or trypsinization, performing cell counts after FNA at the outset of the procedure is not possible for routine isolations. To approximate yields, cell counts were acquired for a representative subset of tumors to estimate the minimal tumor cellularity obtained (averaging ~1 million cells per needle pass) by FNA ([Table S1](#)). As expected, the highest numbers of tumor cells were isolated from melanomas, which typically grow as solid sheets of discohesive cells. Renal cell carcinomas (RCCs) yielded nearly an order of magnitude fewer carcinoma cells, perhaps because tumor cells are embedded within a richly vascularized stroma. Despite the lower numbers, the cellularity was still more than sufficient for organoid culture. We note that these counts likely underestimate the true cellularity following FNA. Although not included in this study, lymph nodes likely represent the upper limits of cellularity for FNA sampling with yields up to 9.6 million cells per needle pass (Cajulis and Sneige, 1993).

To assess a range of tumor types for this study, FNA was performed *ex vivo* on surgical specimens from both human and xenografted tumors including melanomas, papillary and anaplastic thyroid carcinomas, clear cell renal carcinomas, colorectal adenocarcinomas, gastric signet ring adenocarcinomas, pancreatic adenocarcinomas, a cholangiocarcinoma, and a low-grade appendiceal mucinous tumor ([Figure 1](#)). FNA-based Patient-Derived Organoids (FNA-PDOs) were collected and cultured with equal success on human and xenograft mouse tumors. Unsampled tissue from the intact tumors was also processed for histopathology in parallel for *in situ* histomorphologic comparison with the FNA-PDO cultures. FNA-PDOs were then plated directly out of the needle into either semisolid or disc Matrigel formats in order to assess the suitability of both downstream culture conditions for growth and passaging ([Figures 1A](#) and [1B](#)). Following FNA needle passes, the needles were rinsed in DMEM and centrifuged. Cell pellets were then resuspended in simplified DMEM media and Matrigel without commonly used supplements (for example, noggin, gastrin, R-spondin, Wnt3A) (Clevers, 2016; Neal et al., 2018; Saito et al., 2019; Vlachogiannis et al., 2018)

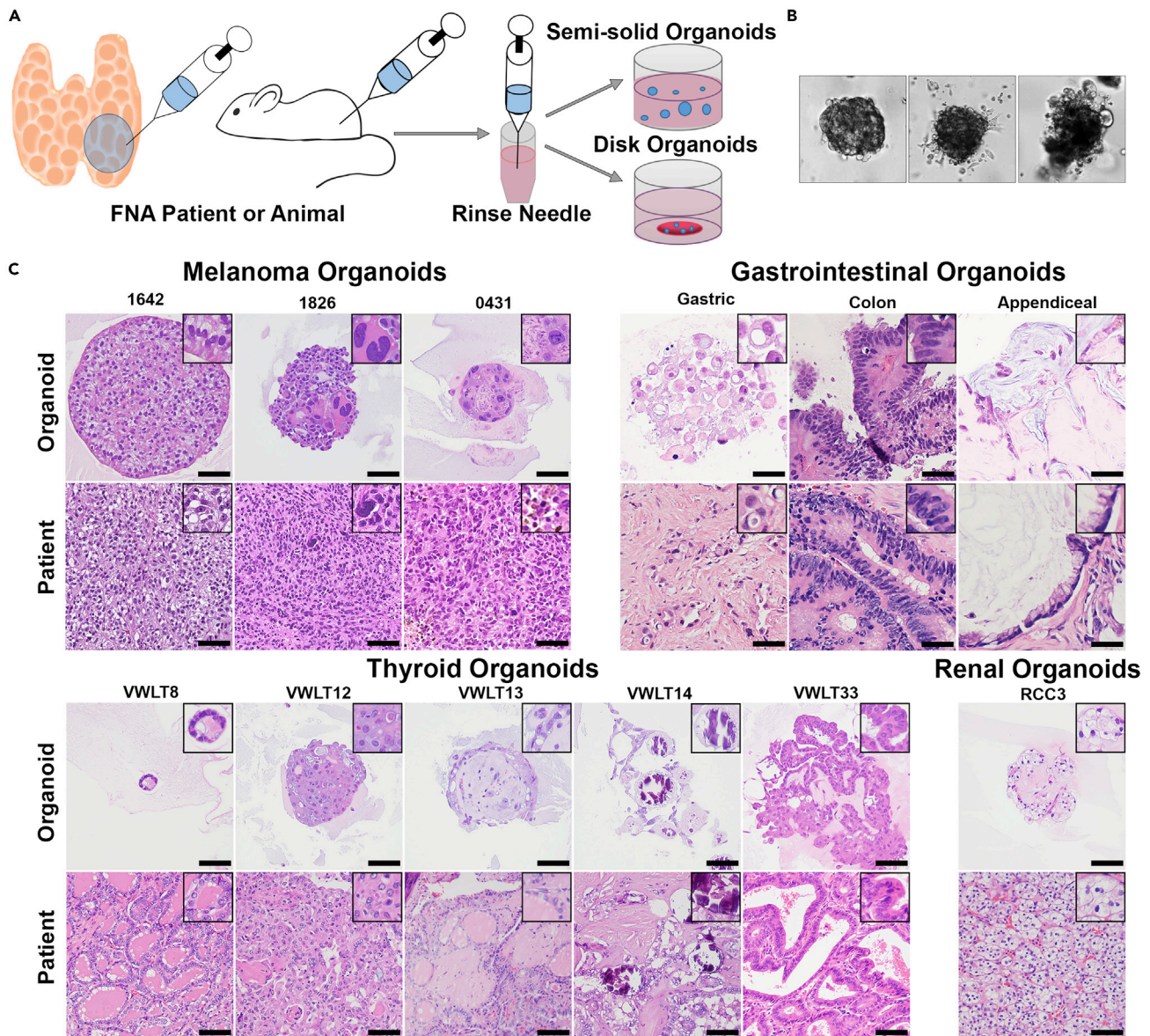


Figure 1. FNA-Based Patient-Derived Organoid Model

(A) Fine-needle aspiration can be performed on patients, surgical specimens, or animals. One to three needle passes are typically collected, and the needle is rinsed in RPMI 1640 or DMEM. Following this rinse, the cells can be directly plated in either a semisolid or disc organoid format.

(B) Organoids begin to form within 1 week of plating and have morphologies unique to each individual patient. Three melanoma organoids shown have distinct morphology on 20× bright-field imaging.

(C) Organoids can also be embedded in paraffin blocks for morphologic evaluation using H&E staining, images taken at 20× magnification (scale bar, 50 μm). Organoid morphology, as seen on H&E stain, closely recapitulates the primary patient tumor morphology across multiple tumor types including melanoma, gastrointestinal carcinomas, thyroid carcinomas, and renal cell carcinoma.

in order to grow organoids and ensure selection of malignant cells over resident non-neoplastic epithelial cells. The initial take-rate was 98% (44/45) for thyroid cancer FNA-PDOs; 79% (19/24) for melanoma xenograft FNA-PDOs; 94% (16/17) for gastrointestinal FNA-PDOs including 8 colorectal carcinomas, 5 pancreatic carcinomas, 1 cholangiocarcinoma, 2 gastric carcinomas, and 1 appendiceal carcinoma; and 80% (12/15) for RCC FNA-PDOs (Table S2). This initial take-rate included cancer organoid growth in culture over 3 weeks and included both primary and metastatic lesions. Metastases, aggressive poorly differentiated primary tumors, and well-differentiated primary tumors all formed organoids with similar take rates. Successful long-term propagation for ≥5 passages following cryopreservation was achieved with a rate of

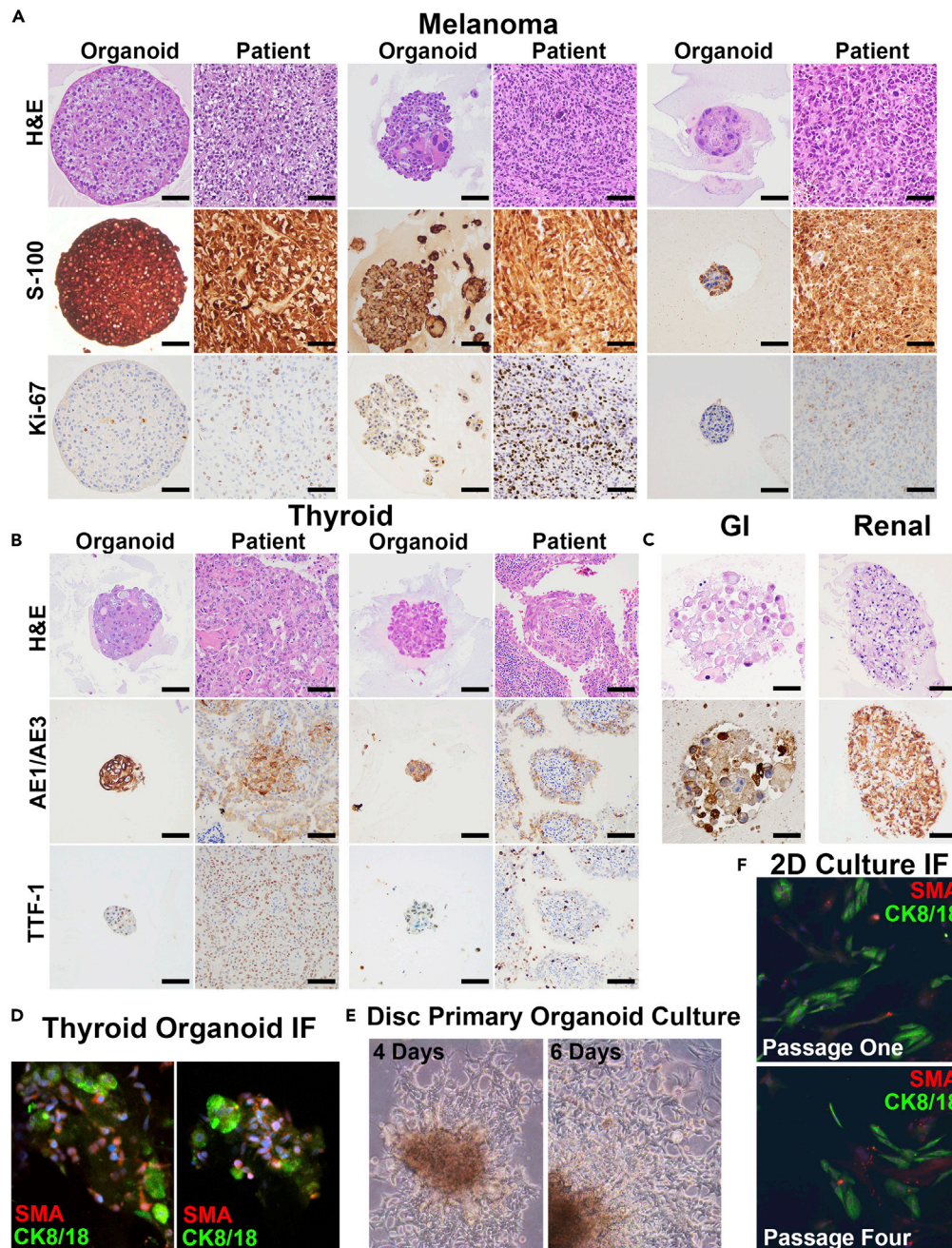


Figure 2. Patient-Derived Organoids Maintain Identical Patient Morphology and Immunophenotype in Culture

(A) Three distinct FNA patient-derived organoids (FNA-PDOs) for melanoma. These organoids also maintain S-100 and Ki-67 immunohistochemical (IHC) staining similar to the patient tumor (20 \times magnification; scale bar, 50 μ m).

(B) Two distinct FNA-PDOs for thyroid cancer maintain expression of markers indicative of thyroid differentiation, AE1/AE3 and TTF-1, on IHC (20 \times magnification; scale bar, 50 μ m).

(C) Gastrointestinal and renal FNA-PDOs demonstrate preserved AE1/AE3 expression (20 \times magnification; scale bar, 50 μ m).

(D) Immunofluorescence staining of the two thyroid cancer FNA-PDOs (shown in B) highlights both a population of tumor cells (green, CK8/18 positive staining) as well as a supportive population of cancer-associated fibroblasts (CAFs, red, SMA; DNA in blue; 20 \times magnification; scale bar, 100 μ m).

Figure 2. Continued

(E) Disc organoid cultures for numerous tumor types tested demonstrate 2D cultures that extend from organoids and grow along the bottom of the plate. Bright-field images of melanoma FNA-PDO taken at 4 and 6 days of culture showing rapid growth of the 2D population (10× magnification; scale bar, 100 μm).

(F) Immunofluorescence of these 2D cultures (thyroid FNA-PDO shown) demonstrates both cancer epithelial cells (CK8/18, green) and cancer-associated fibroblasts (CAFs, SMA, red; 10× magnification; scale bar, 100 μm).

54% (13/24) for melanoma xenograft FNA-PDOs, 100% (12/12) for thyroid cancer FNA-PDOs, and 100% (4/4) for GI FNA-PDOs that have been evaluated. Renal cell carcinoma FNA-PDOs and some of the other samples were used only for short-term studies and were not cryopreserved for evaluation of long-term propagation. Despite the lack of supplements, most cancer organoid types grew well in the simplified media without overgrowth of non-malignant cells (as confirmed by two experienced pathologists, V.L.W. and O.G.M.) and the cost of culture and subsequent experimental studies was significantly decreased. The lone exception was RCC, which required enriched media containing noggin, R-spondin, and Wnt3A. Organoids from normal renal epithelium could also be successfully grown in this enriched media with an initial take rate of 80% (4/5 tissues). Normal epithelium from thyroid, skin, and liver FNAs failed to grow in simplified media (data not shown, see [Transparent Methods](#) for media details).

Organoids Recapitulate Patient Tumor Morphology and Immunophenotype in Culture

A representative subset of FNA-PDOs from both disc and semisolid cultures were fixed and embedded in paraffin to assess tumor morphology (by H&E) side by side with the formalin-fixed tumor tissues collected in parallel from the patients. In all cases assessed, FNA-PDO morphology faithfully replicated the tumor morphology observed in the matched patient tissues across a range of tumor histologies ([Figure 1C](#)). This included spindled melanomas with vacuoles (patient 1642), pleomorphic melanomas with bizarre giant cells (patient 1826) or necrosis (patient 0431), signet ring gastric carcinomas with discohesive cells and intracytoplasmic mucin droplets (patient V50), colorectal adenocarcinomas with papillary glands and “dirty” necrosis (patient V80), appendiceal mucinous tumors with small clusters of malignant cells embedded in mucin (patient V12A), thyroid carcinomas with microfollicular (patient VWLT8), solid (patient VWLT12), psammomatous (patient VWLT14), and papillary architectures (patients VWLT13 and VWLT33), and clear cell RCCs with the classical clear cell morphology and nested growth patterns ([Figure 1C](#)). In addition to the morphologies observed by H&E stains, characteristic immunohistochemical staining (IHC) was also preserved across a panel of organoids ([Figures 2A–2C](#)). Melanoma FNA-PDOs strongly expressed S-100 protein with Ki-67 labeling (a proliferation marker), as seen in the matched tissue samples. Carcinomas retained their characteristic strong cytokeratin (AE1/AE3) expression. Nuclear TTF-1 expression was retained in thyroid FNA-PDOs. Thus, malignant cells isolated by FNA-PDO retained key histologic and immunophenotypic properties of the patient tumors from which they were derived.

Resident stromal cells were also isolated and maintained in the 3D FNA-PDO cultures in many cases. For example, fibroblasts were clearly identified in two thyroid FNA-PDOs, as illustrated by immunofluorescence labeling of carcinoma cells (green, CK8/18 positive) surrounded by supporting cancer-associated fibroblasts (red, SMA positive, [Figure 2D](#)). In particular, the disc plating method was most conducive to maintaining cancer-associated fibroblasts. In these formats, a population of spindled fibroblasts often migrated out of the discs onto the plastic during the first few rounds of passaging, typically within 1–2 weeks of initial plating. These cells then grew exclusively as 2D cultures, as illustrated by a melanoma FNA-PDO at days 4 and 6 of culture ([Figure 2E](#)). These 2D fibroblast cultures propagated out of most FNA-PDO melanomas and thyroid carcinomas, with more variability in gastrointestinal carcinomas and RCCs. The percentage of fibroblasts migrating into 2D cultures varied between tumors and increased over time with each subsequent passage (tumor cells labeled in green with CK8/18 and fibroblasts labeled in red with SMA, [Figure 2F](#)). 2D fibroblast cultures were not observed in semisolid organoid culture formats, presumably due to the ultra-low attachment surfaces of the plates. However, fibroblasts were identified in semisolid culture within the organoids surrounding the malignant cells.

FNA-PDOs Model Therapeutic Responses

We next tested whether our FNA-PDO culture method could be applied to downstream *in vitro* therapeutic modeling applications ([Figure 3](#)). We first tested drug-responsive organoid growth within the semisolid format. Thyroid FNA-PDOs were treated with the *BRAF* inhibitor dabrafenib at clinically relevant concentrations (30 nM) for 20 days in semisolid culture. Unlike control (wild-type) thyroid carcinomas, which were

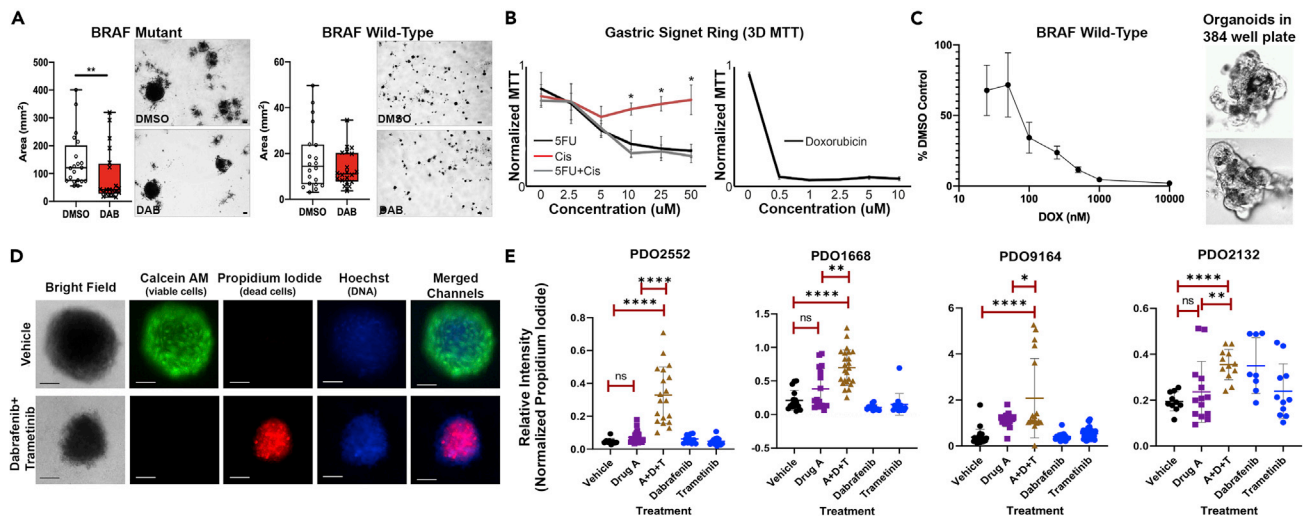


Figure 3. FNA-Based Patient-Derived Organoids are Readily Adapted to High-throughput Screening

(A) FNAs directly plated in semisolid organoid culture can be tested for drug sensitivity. Using 24-well plates, BRAF^{V600E}-mutant (left) and BRAF-wild-type (right) thyroid cancer organoids were treated with dabrafenib, a BRAF inhibitor (30 nM), for 20 days. BRAF^{V600E}-mutant organoids show decreased organoid size and number following treatment. As expected, BRAF-wild-type organoids show no observable response. Images representative of three replicates. **p < 0.05, Mann Whitney test.

(B) FNA-based patient-derived gastric signet ring organoids were assayed for drug sensitivity using disc-organoid MTT assay in 96-well plates. Images representative of four replicates; error bars represent standard deviation. * = p < 0.05 (Student's t test). The x axis indicates the concentrations of each drug (alone or in combination); the y axes are MTT signals normalized to the highest absorbance value within each experiment.

(C) FNA-PDOs from aggressive anaplastic thyroid cancer were assessed for viability following doxorubicin treatment using an automated high-throughput 384-well assay. The thyroid cancer FNA-PDOs showed response to doxorubicin. Automated high content imaging also confirms organoid growth in the 384-well format, as seen in these untreated melanoma FNA-PDOs. Images representative of three replicates; error bars represent standard error of the mean (SEM).

(D) Using a high-throughput fluorescent assay, patient-derived melanoma organoids were labeled with Calcein AM (green fluorescence, labels live cells) and propidium iodide (red fluorescence, labels dead cells). To visualize both live and dead cells, a cell-permeable DNA stain Hoechst 33342 was used. Although the overall organoid structure remained intact, the organoid decreased in size and cells in the organoids were killed following 3 days of treatment with MEK inhibitor, trametinib (0.1 µM), and BRAF inhibitor, dabrafenib (10 µM). This is in agreement with clinical data showing that dabrafenib and trametinib combination is effective for treatment of BRAF V600E melanoma.³¹ Images representative of three replicates; scale bar, 100 µm.

(E) Organoids from indicated human melanoma tumors were generated using FNA of corresponding PDX tumors grown in BALB/c nu/nu mice. Organoids were plated in semisolid media into 96-well low-attachment plates and treated with 5 µM AMG-232, 1 µM dabrafenib, 0.1 µM trametinib, or combination of three drugs for 3 days. Calcein M/Propidium Iodide viability assay was performed as shown in (C). The ratio of the intensity of red (dead cells) and green (live cells) fluorescent signal in individual organoids was plotted. Each dot represents an individual organoid. We analyzed 9–23 organoids per group for PDO2552, 11–24 for PDO1668, 17–43 for PDO 9164, and 8–14 for PDO 2132. Unpaired t test was used to determine the significance of differences between indicated treatment groups. Error bars represent standard deviation.

insensitive to dabrafenib as expected, the BRAF^{V600E}-mutant FNA-PDO demonstrated a partial response to therapy (Figure 3A). This is similar to the partial response rate that is observed in patients with BRAF-mutant thyroid carcinoma (Cabanillas et al., 2015).

We next tested drug responses of organoids grown in discs plated within standard 96-well plate formats, using conventional MTT signals as a readout of organoid viability. Following 2 weeks of growth to allow mature organoid formation, a gastric signet ring FNA-PDO was treated with various chemotherapies over a subsequent period of 2 weeks. Standard-of-care palliative combination chemotherapy (5-fluorouracil [5FU] and cisplatin) demonstrated therapeutic efficacy in a concentration-dependent manner. We note that 5-FU alone was as efficacious against the FNA-PDOs as 5FU combined with cisplatin and that FNA-PDOs also responded to doxorubicin monotherapy by these assays (Figure 3B).

Results presented above indicate that the intact organoids obtained by FNA retain intrinsic chemotherapeutic sensitivities *in vitro*. Because other techniques trypsinize organoids into single cells during passaging and plating, we evaluated whether FNA-PDOs could be successfully trypsinized into single cells and regrown into organoids for drug sensitivity testing in 384-well plates. To this end, FNA-PDOs were dissociated into single cells with trypsin, plated into semisolid formats, incubated for 24–72 h to allow

organoids to reform, and assessed for drug sensitivity with both ATP measurement (CellTiter-Glo 3D) and automated high-content imaging. As shown in [Figure 3C](#), organoids formed efficiently in 384-well plates and concentration-response curves were generated during treatment of anaplastic thyroid carcinoma FNA-PDOs with doxorubicin.

FNA-PDOs were further tested for drug response using high-throughput fluorescence-based viability assays. Melanoma FNA-PDOs obtained from xenograft mice were treated with combination MEK inhibitor (0.1 μM trametinib) and *BRAF* inhibitor (10 μM dabrafenib), which are standard-of-care therapeutics for patients with *BRAF*-mutant melanoma. Viability was assessed by staining with Calcein AM (stains live cells) and propidium iodide (stains dead cells). Bisbenzimidazole (Hoechst 33342), a cell-permeable DNA stain, was used to visualize cell nuclei. Although trametinib/dabrafenib-treated FNA-organoids remained largely intact with smaller size, fluorescent imaging revealed widespread cell death after 72 h of trametinib plus dabrafenib exposure ([Figure 3D](#)). Additional studies on four distinct melanoma FNA-PDOs generated from PDX tumors using 5 μM AMG-232, 1 μM dabrafenib, 0.1 μM trametinib, or combination of three drugs for 3 days demonstrates the differential response and utility of the fluorescence-based viability assay. The response of the FNA-PDOs closely mirrors previously published work for these PDX tumors in drug-treated mice ([Shattuck-Brandt et al., 2020](#)).

Xenograft Studies Using FNA-PDOs Show Aggressive Tumor Growth

We next tested whether FNA-PDOs could efficiently xenograft into immunodeficient mice. To this end, FNA-based patient-derived organoid xenograft models (FNA-PDOX) were successfully generated by either subcutaneous implantation of FNA-PDO cultured within discs or direct injection of FNA-PDOs harvested from semisolid cultures ([Figures S2A and S2B](#); see [Transparent Methods](#) for experimental details). Although both approaches generated FNA-PDOXs, disc implantation was more preferred for aggressive tumor types, especially melanomas. Palpable flank tumors formed between 10 and 50 days of implantation using either method and the histomorphology of the FNA-PDOX tumor was identical to both the *in vitro* FNA-PDO cultures and *in vivo* patient tumor tissues ([Figure S2C](#)). As expected, FNA-PDOX growth rates varied across tumor types and individual patient samples. However, FNA-PDOX growth closely matched the growth of conventional PDXs derived from the same patient tumor(s). Despite prior *in vitro* passaging and generally lower cellularity of implanted FNA-PDO discs, some FNA-PDOXs also grew unexpectedly robustly, reaching 1,000 mm^3 within 35 days of implantation ([Figure S2D](#)). FNA-PDOXs were also generated in a similar time using less aggressive tumors (such as thyroid tumors) harvested from semisolid cultures (data not shown). These data demonstrate two methods for generating robust growth of FNA-PDOs in immune compromised mice.

Immune Cell Capture from FNA-PDOs

The use of human organoid models for the study of tumor immunology has been a promising area of research ([Bar-Ephraim et al., 2019](#); [Chakrabarti et al., 2018](#); [Dijkstra et al., 2018](#); [Finnberg et al., 2017](#); [Jenkins et al., 2018](#); [Neal et al., 2018](#); [Schnalzger et al., 2019](#)) that requires the successful co-culture of both tumor epithelial cells and infiltrating immune cells. We asked if tumor-infiltrating immune cells could be isolated by FNA and co-cultured with tumor cells in our FNA-PDO model, since FNA is a highly efficient method for extracting discohesive cell populations. Because RCCs are highly vascular tumors that are often enriched with well-defined populations of immune cells, we more thoroughly examined the immune capture efficiency of FNA-PDO using RCC as a model system ([Figure 4A](#)). Overall, viability and initial lymphocyte and myeloid subtype yields of the captured immune cells appeared equivalent between FNA and conventional digestion methods ([Figures 4B–4D](#)). As expected, absolute immune cell counts (CD45+ cells) at collection were higher for large tumor fragments as compared with FNA, approximately 8×10^5 for FNA (nine needle passes) versus 6×10^6 for whole tumor digestion (1 cm^3 , [Figure 4E](#)). However, immune cell survival was significantly higher in FNA-PDOs, likely due to the gentler extraction technique. After plating the same number of cells per organoid disc (100,000 total cells per 300 μL organoid disc), the immune cell survival in FNA-PDOs was significantly higher than digestion-based PDOs at 2 weeks of culture for both complete media and Wnt-enriched media ($p < 0.05$, [Figure 4F](#)). The culture protocols for immune-containing organoids in the literature are quite complex and often recommend Wnt3A-containing or cytokine supplemented media ([Chakrabarti et al., 2018](#); [Dijkstra et al., 2018](#); [Finnberg et al., 2017](#); [Jenkins et al., 2018](#); [Long et al., 2014](#); [Schnalzger et al., 2019](#); [Seino et al., 2018](#)). We next assessed whether IL-2 supplementation and media enriched with Wnt3A, noggin, and R-spondin enhanced immune subset survival within our FNA-PDO model. Enriched media enhanced CD45+ immune cell survival with significant enhancement of

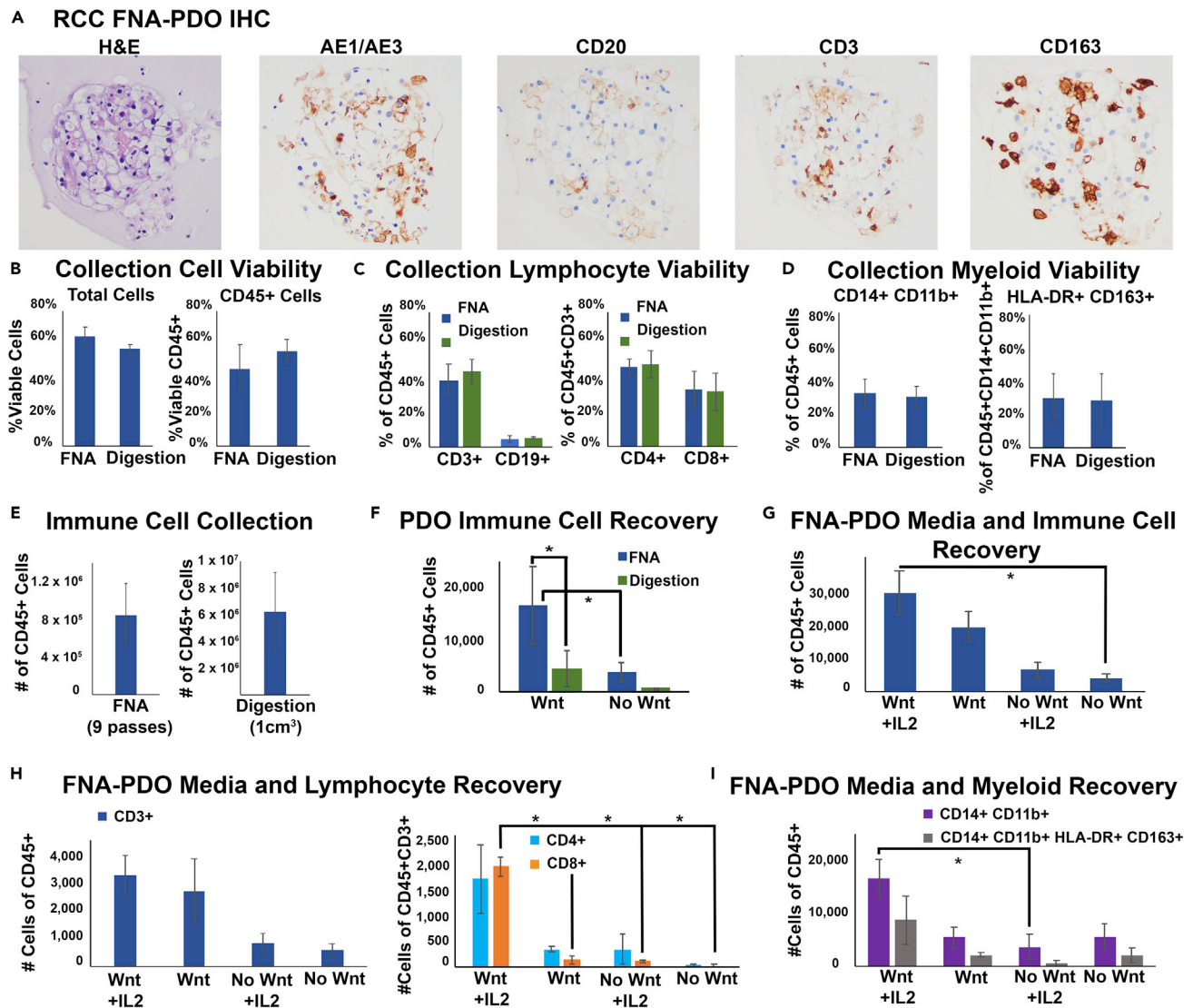


Figure 4. FNA-Based Patient-Derived RCC Organoids Contain Immune Cells from the Tumor Microenvironment

(A) Immune cells are extracted and plated during FNA-PDO collection and generation. This representative RCC FNA-PDO demonstrates classic morphology by H&E with positive cytokeratin staining (AE1/AE3) and infiltration of B cells (CD20), T cells (CD3), and macrophages (CD163) by immunohistochemistry (IHC).

(B) Cell viability at collection was assessed using flow cytometry on fresh FNA material collected from RCCs versus fresh material following tumor digestion of RCCs, showing similar overall viability and CD45+ viability between FNA and digestion extraction methods (n = 4 tumors). Error bars represent standard error of the mean (SEM).

(C) Both FNA and digestion methods have similar lymphoid subset viability at collection (n = 4 tumors, error bars represent SEM).

(D) Both FNA and digestion methods have similar myeloid subset viability at collection (n = 4 tumors, error bars represent SEM).

(E) Absolute immune cell counts at collection for FNA (nine needle passes per tumor) and digestion (1 cm³ tissue per tumor completely digested, n = 4 tumors, error bars represent SEM).

(F) RCC FNA-PDO and digestion-PDO immune cell recovery counts at 2 weeks of disc culture demonstrate significantly improved survival of CD45+ cells from FNA-PDOs as compared with digestion-PDOs in both Wnt3A-enriched and non-Wnt-enriched complete media (n = 4 tumors, error bars represent SEM, *p < 0.05).

(G) FNA-PDO CD45+ cell recovery counts at 2 weeks in culture demonstrates improved CD45+ cell survival with both Wnt-enriched media and 100 IU/mL IL-2 supplementation (n = 2 tumors, error bars represent SEM, *p < 0.05).

(H) FNA-PDO lymphocyte recovery counts at 2 weeks in culture demonstrates CD3+ lymphocyte survival in all conditions and improved CD8+ lymphocyte survival with Wnt-enriched media and IL-2 supplementation (n = 2 tumors, error bars represent SEM, *p < 0.05).

(I) FNA-PDO myeloid recovery counts at 2 weeks in culture demonstrates improved survival of CD14+CD11b+ myeloid cells when cultured with Wnt-enriched media (n = 2 tumors, error bars represent SEM, *p < 0.05).

CD3+ T cell subset and CD14+CD11b+ myeloid cell survival at 2 weeks in FNA-PDO culture (Figures 4F–4I). IL-2 supplementation further enhanced survival of CD3+ T cell subsets at 2 weeks in FNA-PDO culture (Figure 4H). Further studies will be required to investigate various tumor types and long-term culture beyond the proof-of-principle experiments reported here. However, based on these studies, we conclude that FNA-PDO is superior to standard digestion-based PDOs in capturing resident immune cell populations from the sampled tumor microenvironment, as well as providing improved immune cell survival.

DISCUSSION

FNA-PDO is a simple method that can be used to isolate tumor organoids directly from patients at the bedside or from harvested tumor tissues, including biopsied tissues as small as 2 mm³ (in our experience). Our methodology requires minimal sample processing without digestion of tissues or trypsinization of cell clusters and faithfully preserves native tumor histology. It enriches for cellular aspects of the tumor microenvironment at the expense of acellular elements, even for cancers with a highly fibrotic stroma. FNA-PDOs can be cultured and passaged without trypsinization in solid or semisolid formats, and either format is amenable to *in vitro* experiments including drug screens and *in vivo* experiments including xenograft studies. Of note, we found that the standard media used to collect FNA samples at the bedside clinically (RPMI 1640 or DMEM) can be used here for organoid culture. Finally, FNA-PDOs allow co-isolation of tumor-infiltrating immune cell populations with enhanced immune cell survival as compared with standard digestion methods. Because of its simplicity, wide applicability, and preservation of the cellular aspects of the native tumor, FNA-PDO represents an important technical advance over conventional organoid isolation methods. With the widespread clinical use of FNA, this technique can be extensively utilized across medical centers to create organoid cultures and organoid tissue banks for precision medicine and research.

We speculate that FNA-based organoid culture holds broad potential for clinical care and basic research. Like conventional organoids, FNA-PDOs could be particularly valuable for personalized therapy, since drug responses can be assessed *in vitro* from the same cancer over time, including before and after treatment or surgery. FNA-PDOs could be used in combination with other assays (for example, flow cytometry) to monitor patient immune responses, tumor-immune infiltration, PD-L1 expression, tumor differentiation and viability, and drug sensitivity over the course of disease and therapy. Because FNA is widely used in the clinic and FNA-PDOs require no additional processing, we anticipate that this technique could be efficiently incorporated into current clinical workflows. Generation of FNA-PDOs requires only 1–3 weeks on average, indicating that drug sensitivity testing or other ancillary studies could be completed on a similar timeline as diagnostic molecular testing. In the experimental setting, FNA-PDOs could be especially useful for serial samplings of tumors from xenografts or genetically engineered mice to determine treatment responses or immune infiltration patterns over time. Finally, FNA-PDOs can be used to isolate tumor organoids and immune cells from patients or surgically remove patient specimens for general experimental purposes.

Our current studies suggest that FNA-PDO represents a powerful new tool for use in personalized therapeutic drug testing, high-throughput drug discovery, xenograft generation, and tumor-immune microenvironment studies. When widely adapted, we anticipate that FNA-PDOs will provide the scientific community with a simple and cost-effective approach to directly interrogate key aspects of the tumor microenvironment *in vitro* more efficiently than traditional organoid cultures and more rapidly than traditional mouse models.

Limitations of the Study

The main limitation of the study is that this is a proof-of-principle study performed mostly on *ex vivo* tumor samples, without formal demonstration of the technique for *in situ* tumors sampled directly from patients. Although melanoma organoids were generated by *in vivo* sampling of PDX tumors, the mice were immunocompromised and evaluation of the immune component could not be performed. We also present the utility of this methodology for discohesive and epithelial tumors. Although we show the excellent performance of this technique on fibrotic pancreatic neoplasms and spindle anaplastic thyroid carcinomas, a formal evaluation of FNA-PDOs from soft tissue sarcomas was not performed.

Resource Availability

Lead Contact

Further information and requests for resources and reagents should be directed to and will be fulfilled by the Lead Contact, Vivian Weiss (Vivian.I.weiss@vumc.org).

Materials Availability

This study did not generate new unique reagents.

Data and Code Availability

This study did not generate datasets or code.

METHODS

All methods can be found in the accompanying [Transparent Methods supplemental file](#).

SUPPLEMENTAL INFORMATION

Supplemental Information can be found online at <https://doi.org/10.1016/j.isci.2020.101408>.

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AUTHOR CONTRIBUTIONS

A.V. designed experiments and wrote the paper; K.B., M.W., R.S.-B., V.B., A.B., C.J., C.P., M.L., C.L., B.R., and R.H. conducted experiments; K.B. designed histology methodology; J.N., S.R., K.I., and N.B. isolated patient tissue and consented patients; A.R., W.K.R., E.L., and O.G.M. designed experiments and edited the manuscript; V.L.W. designed experiments and wrote the paper.

DECLARATION OF INTERESTS

The authors declare no competing interests.

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Supplemental Information

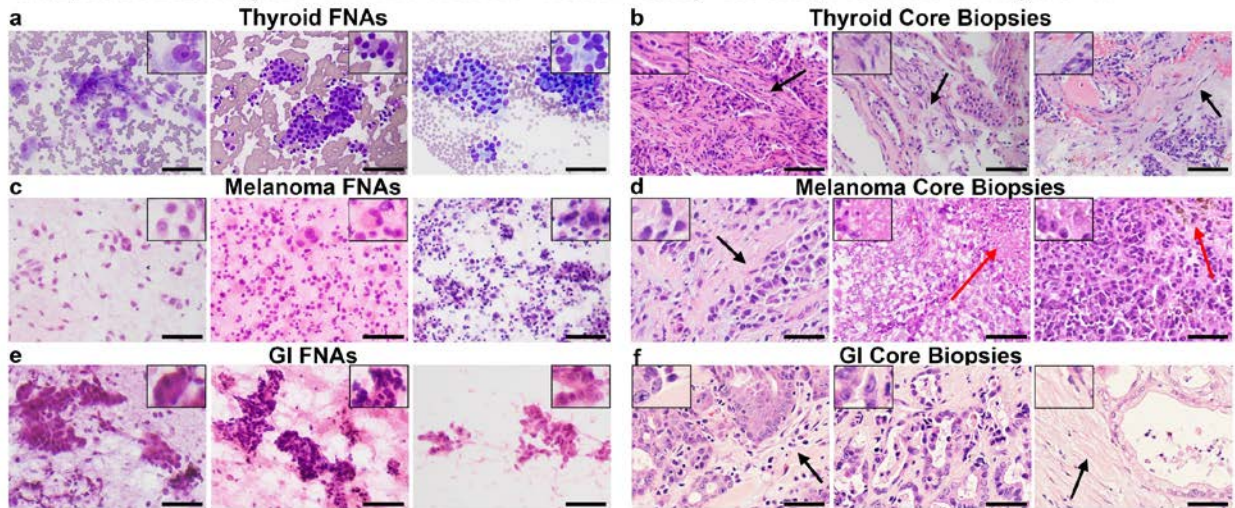
Fine-Needle Aspiration-Based

Patient-Derived Cancer Organoids

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SUPPLEMENTAL FIGURES AND LEGENDS

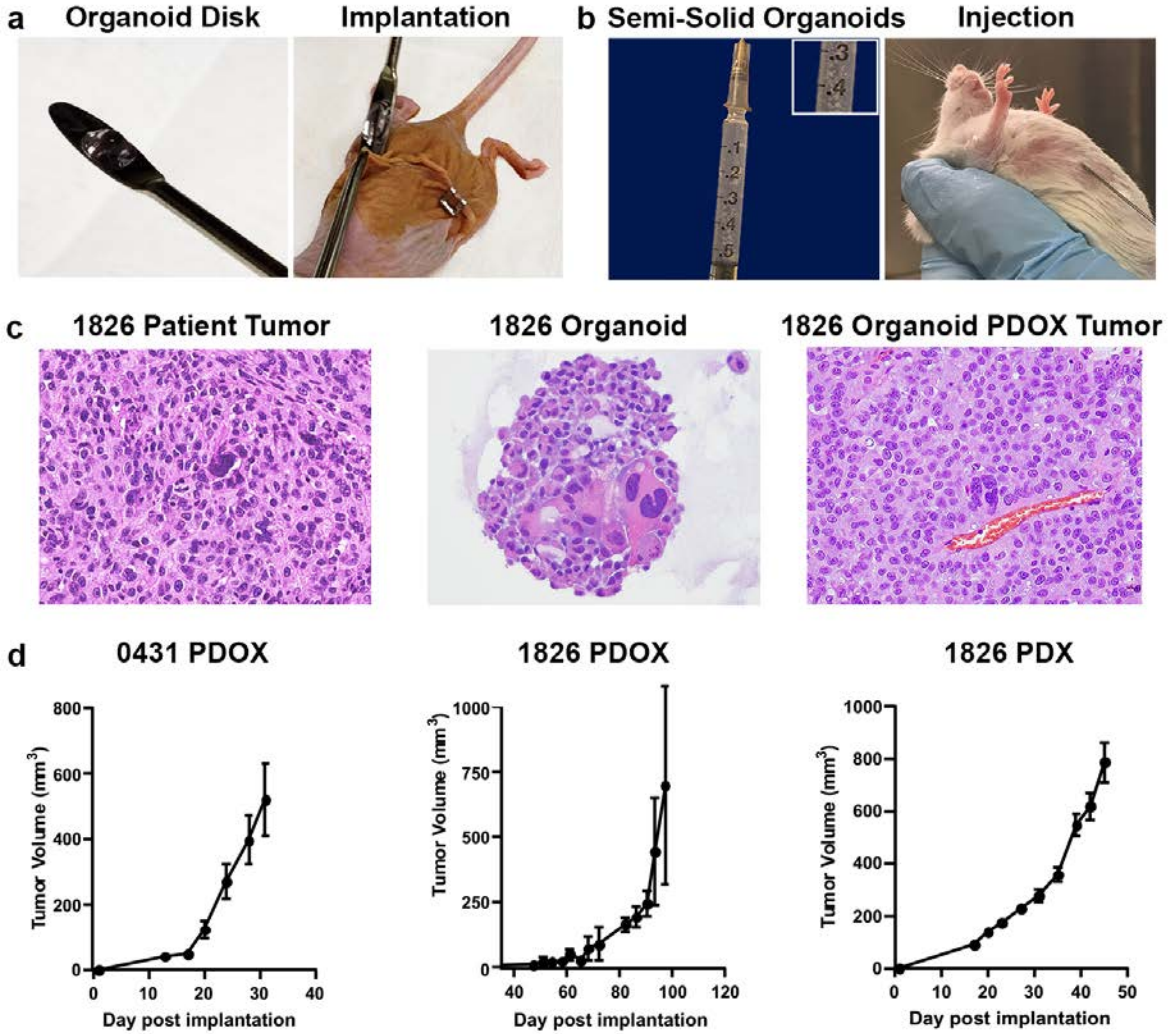
Supplemental Figure 1. FNA Versus Core Biopsy Tissue, Related to Figure 1.



Supplemental Figure 1: FNA Versus Core Biopsy Tissue, Related to Figure 1. **a**, FNA smears of thyroid cancer (Diff-Quik stain). Left panel demonstrates predominantly discohesive tumor and immune cells aspirated from an anaplastic thyroid carcinoma. Middle and right panels demonstrate clusters of tumor cells isolated from well-differentiated papillary thyroid carcinomas. **b**, Core biopsy specimens (hematoxylin and eosin, H&E stain) of thyroid carcinoma from two lung metastases (left and middle panels) and one bone metastasis (right panel). Black arrow indicates fibrous stroma in core biopsies. **c**, FNA smears of three melanomas (H&E stain) demonstrate largely discohesive, single malignant cells. **d**, Core biopsy specimens (H&E stain) demonstrate numerous malignant cells with surrounding stroma (black arrow) and necrosis (red arrows). **e**, FNAs from gastrointestinal cancers (H&E stain) demonstrate clusters of malignant epithelial cells in colorectal adenocarcinoma (left panel), gastric adenocarcinoma (middle panel), and pancreatic adenocarcinoma (right panel). **f**, Core biopsy specimens (H&E stain) demonstrate malignant glands with intervening stroma in colorectal adenocarcinoma (left panel), gastric adenocarcinoma (middle panel), and the classic dense desmoplastic stroma of

pancreatic adenocarcinoma (right panel). Black arrow indicates fibrous stroma in core biopsies. All images taken at 20X magnification, 50µm scale bar.

Supplemental Figure 2. FNA-based Patient-derived Organoids Readily Grow in Xenograft (PDOX) Models, Related to Figure 2.



Supplemental Figure 2: FNA-based Patient-derived Organoids Readily Grow in Xenograft (PDOX) Models, Related to Figure 2. **a**, FNA-based patient-derived organoid disc cultures can be surgically implanted into immune compromised mice for creation of an FNA-PDOX model. **b**, For slower-growing tumors, organoids can be cultured in the semi-solid format using enriched media and then injected into immune compromised mice. **c**, FNA-PDOX tumors from

melanomas display morphology similar to both the original patient tumor and the organoid culture. **d**, PDOX tumors grow robustly in both nude and NSG mice with similar tumor growth characteristics to a standard PDX model follow disc implantation. Images representative of 3 replicates; error bars represent standard deviation.

SUPPLEMENTAL TABLES AND LEGENDS

Supplemental Table 1: FNA cellular yield per tumor type, related to figure 1.

	Melanoma (Xenograft) (n=3)	Thyroid (Patient and xenograft) (n=4)	Renal (Patient) (n=4)
Average Number of Cells Extracted/ Pass	1.3 x10 ⁶	1.0 x 10 ⁶	1.7 x10 ⁵
Range of cells collected/ Pass	8x10 ⁵ -1.8x10 ⁶	1x 10 ⁵ -3x10 ⁶	1.1x10 ⁵ -2.2x10 ⁵
Range of tumor sizes	1.5-1.6 cm	1.0-3.0 cm	5.3-10 cm

Legend Supplemental Table 1: Cell counts from representative tissues following FNA.

Supplemental Table 2: Success rate of organoid culture following FNA of patient and xenograft specimens, related to figure 1.

	Melanoma Xenograft (n=24)	Colorectal (n=8)	Pancreatic (n=5)	Other GI (appendix, hepatobiliary, gastric) (n=4)	Thyroid (n=45)	Renal (n=15)*
Organoid formation in culture (≥ 3 weeks)	19/24 (79%)	7/8 (88%)	5/5 (100%)	4/4 (100%)	44/45 (98%)	12/15 (80%)
Successful propagation/ cryopreservation	13/24 (54%)	2/2	N/A	2/2	12/12 (100%)	N/A

Legend Supplemental Table 2: Organoid culture success rates following FNA. *= rates reflect organoid growth in enriched media containing noggin, R-spondin, and Wnt3A.

TRANSPARENT METHODS

Fine-needle aspiration technique for tumors

Fine-needle aspiration was performed on patient tumors using a sterile 25-gauge beveled needle attached to a sterile 10ml syringe with a syringe holder used for gentle aspiration (**FNA Procedure Demonstration Video**). The target was immobilized with one hand with the syringe holder held in the other. The procedure can be performed without the use of a syringe holder, allowing for the sample to be drawn into the needle through capillary action. However, the concentration of tumor cells in the sample may be higher with the use of aspiration from a syringe holder. Of note, for highly vascular or bloody lesions, a higher gauge needle and capillary action may yield a more concentrated sample. The target was immobilized with one hand and the needle was inserted perpendicular to the mass. Once the needle was within the

lesion, backward pressure was applied on the syringe using the syringe holder. The needle was then quickly agitated within the lesion using long needle excursions at a rate of 2-3 strokes per second, for a total of 10-20 excursions. This rapid cutting motion was essential for the collection of a generous sample. Once cellular material was identified in the hub of the needle, the syringe holder suction was released and the needle was removed from the patient or specimen. One to three needle passes were collected from each tumor. During each aspiration, the excursions were performed in a fan-shape to ensure a larger region of sampling. In addition, particularly for larger lesions, each needle pass was performed in a separate area of the tumor for the most heterogeneous and cellular tissue collection. Insertion of the needle in along the same path as a prior pass led to increased blood collection and a more dilute sample. Following each needle pass, the needle was rinsed in either sterile RPMI 1640 or DMEM. The FNA-acquired cells were then centrifuged and immediately plated for FNA-PDO culture or stained for flow cytometry. All FNA training for this study was carried out by an experienced cytopathologist (VW).

Semi-solid FNA-PDO culture

FNAs were collected from patient tumors (1 needle pass) and rinsed in 20ml of DMEM. FNA-collected cells were then mixed with ice-cold complete media containing DMEM/Hams F12/MCDB105 (2:1:1 ratio), 12% FBS (Gibco), B27-supplement (Gibco), and 5% Matrigel (Corning). Cells were then immediately plated into 12 wells of a 24-well ultra-low attachment plate (Corning 3473). 200 μ l of 5% Matrigel in complete media was added drop-wise to each well weekly to compensate for volume loss through evaporation.

Disc FNA-PDO culture

FNAs were collected from patient tumors (1 needle pass) and rinsed in 20ml DMEM. FNA-collected cells were then gently mixed with ice-cold complete media containing DMEM/Hams F12/MCDB105 (2:1:1 ratio), 10% FBS, B27-supplement, and 75% Matrigel. The ice-cold

Matrigel and cells were then plated in 50µl discs in the bottom of each well (3 discs per well) of pre-warmed 6-well tissue culture plate and placed in the incubator for 10 min to allow the Matrigel to solidify. Once solidified, the Matrigel discs were covered with pre-warmed complete media containing 10% FBS plus B27 supplement and this media was changed every other day.

H&E and Immunohistochemical staining of FNA-PDOs

FNAs were collected from patient tumors and plated in disc FNA-PDO culture as described above. Following FNA-PDO growth (1-2 weeks in culture), organoids were centrifuged 1200rpm for 10 minutes. Media was aspirated, and the organoids were resuspended in 10% neutral buffered formalin (NBF) for 30 minutes. The organoids were then centrifuged at 1200rpm for 10 minutes. The NBF was aspirated and the organoids were resuspended in 70% alcohol for 15 minutes three times, organoids were centrifuged at 1200rpm for 10 minutes between each alcohol wash. After the final alcohol wash cells were resuspended in 1.5% heated UltraPure™ Agarose Invitrogen/Thermo (# 16500100) and transferred to a cryomold for 30 minutes. The agarose-organoid block was processed and embedded in paraffin using a two-hour processing run.

Immunofluorescent staining of FNA-PDOs

Organoids were fixed in 4% formaldehyde prior to permeabilization with 0.5% TBST. Following a 0.1% TBST rinse, organoids were rotated in Abdil (0.1% TBST, 2% BSA) for 1 hour at RT. Organoids were stained with anti-smooth muscle actin (rabbit anti-SMA, 1:250, Abcam) and anti-cytokeratin 8/18 (guinea pig anti-CK8/18, 1:250, Abcam) in blocking buffer overnight at 4°C. After incubation, organoids were washed in 0.1% TBST and secondary stained with AlexaFluor488-conjugated anti-guinea pig antibody and Alexa-Fluor647-conjugated anti-rabbit antibody (both 1:250, Abcam) for 2-3 hours at RT. Organoids were stained with Hoechst

(Abcam) washed with 0.1% TBST, resuspended in PBS, and mounted onto glass slides with 50µl ProLong Gold Antifade Reagent (Invitrogen). After a 15-minute covered incubation at RT, coverslips were sealed with nail polish. Images were acquired using a Nikon Spinning Disk microscope with Andor DU-897 EMCCD camera and 647nm, 488nm, and 405nm lasers. Images were processed using ImageJ (Fiji, Build: 269a0ad53f).

FNA-PDO MTT assay

Gastric signet ring organoids were harvested from a 6-well plate (one 200ul Matrigel disc per plate with near confluent organoids) in ice-cold PBS, subjected to partial mechanical dissociation by pipetting up and down approximately 10 times with a glass Pasteur pipette and then centrifuged for 10 min at 8,000rpm at 4°C. Residual Matrigel was removed with a pipette, and pelleted organoids were resuspended in fresh Matrigel. 50ul of Matrigel containing FNA-PDOs were plated into a black 96-well plate, ensuring that the bottom of each well was covered. Organoids were fed with 100ul of media (Advanced DMEM, Gibco) containing 5% FBS (Gibco), 1X B-27 (Gibco), 100mg/ml EGF (Life Technologies), 10mg/ml FGF (Life Technologies), 1X Insulin-Transferrin-Ascorbic Acid (Life Technologies) every 3-4 days. Organoids were allowed to grow for approximately 2 weeks and drugs then administered in triplicate or quadruplicate every 3-4 days for an additional 2 weeks. Drug concentrations were calculated for 150ul (100ul media+50ul Matrigel). At the end of the trial, 20ul CellTiter-96 (Promega) was added to 100ul of fresh media and the absorbance (492nm) measured on a microplate reader (Molecular Devices). Background readings (Matrigel + media without organoids) were subtracted from each measurement, and data normalized by dividing each measurement by the largest value obtained on the plate.

FNA-PDO fluorescent viability assay

Cell suspensions were prepared from organoids by trypsinization. Cells were seeded in semisolid media containing 5% Matrigel (Corning) supplemented with 15% FBS, penicillin/streptomycin (Corning; 1X) and B27 (Thermo Fisher Scientific) at an equal number of organoids per well in ultra-low attachment 96 well plate. Drugs were added directly to culture wells for 72 hours in triplicate including vehicle treated control. After 48 hours of drug dosing, propidium iodide was added to the wells at a final concentration of 50 µg/ml. After 24 hours of culturing, Hoechst 33342 and Calcein AM (Thermo Fisher Scientific) were added to the wells with organoids at final concentration of 10 µg/ml and 5 µM, respectively. Organoids were incubated in standard cell culture conditions at 37C with 5% CO₂ cultured for two hours. Imaging were taken on inverted fluorescent microscope (EVOS™ M7000, Thermo fisher). The intensity of red (dead cells) and green (live cells) fluorescent signal in individual organoids was quantified using Image J. Ratios of red/green fluorescence signal in individual organoids were plotted and statistical comparison was performed using Prism software (GraphPad).

High-throughput 384-well FNA-PDO assay

Organoids were washed and resuspended in 5ml TrypLE for dissociation. Organoids were incubated at 37°C for 30 min, with vigorous pipetting every 10 min to prevent clumping. Cells were spun down and resuspended in complete DMEM + 2% Matrigel at a concentration of 9500 cells/ml. 30 µl of cell suspension was plated per well in black 384-well cell culture microplates with a cell-repellant surface (Greiner Bio-One #781976). Organoids were allowed to form for 24 hours prior to treatment with doxorubicin (25-10,000nM) or vehicle (DMSO) as a control. Following 72 hours of treatment, wells were imaged using an ImageXpress Micro XL automated high-content microscope (Molecular Devices) in the Vanderbilt High-throughput Screening (VHTS) core facility. To assess viability, CellTiter-Glo 3D (Promega) was added in equivalent volume to wells and mixed with the Bravo automated pipette liquid transfer system (Velocity

11/Agilent). Per the CellTiter-Glo 3D protocol, plates were placed on a shaker for 25 min before luminescence was quantified using a Synergy NEO (BioTek), in the VHTS core.

Disc implantation for FNA-PDOX generation

Organoids were grown in solid 75% Matrigel disc cultures. When organoid confluency in the disc reached approximately 20-40%, disks were lifted with cell scraper and gently rinsed with 1X PBS. Female Foxn1/nu mice (Jackson Laboratories) mice were anesthetized with isoflurane and small skin incision is made on the mouse flank. The disk was then lifted with a spoon-shaped microspatula and inserted subcutaneously at the incision site. The skin incision was then closed with a surgical clip. Mice were monitored weekly for tumor development and tumor volume is estimated as $V=0.5*(\text{length} \times \text{width}^2)$ based on weekly measurements of tumor dimensions with digital calipers.

Organoid injection for FNA-PDOX generation

FNA-derived organoids were expanded to confluency in 12 wells of semi-solid culture in a low-attachment 24-well plate. Organoids were spun down, washed, and resuspended in 400 μ l of PBS. Per IACUC-approved protocol, female NOD.*Prkdc^{scid}Il2rg^{-/-}* (NSG) mice received 150 μ l of organoid suspension subcutaneously in each flank using a 1ml Sub-Q syringe and 22 gauge needle. On average, 1,000 organoids were injected per site (range 800-1,400 organoids) with an average organoid area of 15mm² (range 10-30mm² area per organoid, varying based on tumor type and patient sample). Tumor growth was monitored and volume measured every other day until an endpoint of tumor size 1cm³. At this time, mice were euthanized and tumors removed. Fine-needle aspiration was performed on the excised tumor using a 25 gauge needle and collected cells were washed and cultured in complete DMEM to create a stable PDOX line.

Analysis of the FNA-PDO tumor microenvironment

Organoid disc cultures were generated following FNA extraction using the method described above. At the time of FNA, a portion of the sample was briefly incubated for 5 min with collagenase (Sigma C2674-1G) and DNase (Sigma D5025-150kU) at 37°C prior to evaluation of immune cell presence and viability by flow cytometry using a MacsQuant Analyzer 10 (Miltenyi Biotec). Following FNA, the tumor was digested according to our previously published standard digestion protocol (Siska et al., 2017). Approximately 100,000 cells were plated from either FNA or digested tumor samples in each 300µL Matrigel disc according to the methods described above. Wnt3A-enriched media was created as previously described by Neal et al.². Briefly, L-WRN cells (ATCC CRL-3276) were grown to confluence prior to collection of Wnt3A, R-spondin 3, and Noggin conditioned media. Cells were removed using centrifugation, and the supernatant was frozen to ensure no L-WRN cell contaminant. Wnt3A-enriched culture media was subsequently composed of DMEM supplemented with 50% L-WRN conditioned media, 10% FBS, 1mM HEPES (Sigma), 10mM nicotinamide (Sigma), 1mM N-acetylcysteine (Sigma), 50ng/mL EGF (Thermofisher), B-27 without vitamin A (Fisher Scientific), L-glutamine (VWR), and 1X penicillin-streptomycin (Sigma). Recombinant human IL-2 (TECIN (Teceleukin) Bulk Ro 23-6019) was added (100IU/mL) to some discs and was provided by the National Cancer Institute (NCI). Following 2 weeks in disc culture, organoids were released from Matrigel using Cell Recovery Solution (BD Biosciences) per manufacturer's protocol. Once isolated, organoids were enzymatically digested using collagenase (Sigma C2674-1G) and DNase (Sigma D5025-150kU) at 37° C for 5 minutes, and passed through a 70um strainer to ensure cells stained were in single cell suspension. Recovered single cells were then washed with FACS buffer (2% FBS in PBS) and transferred into a 96-well round bottom plate for immune profiling by flow cytometry on on the MacsQuant Analyzer 10. Immune cell evaluation was performed following staining with the following antibodies: Human BD fc Block (BD Biosciences), anti-human CD3 (BioLegend, clone UCHT1), anti-human CD45 (BioLegend, clone HI30), anti-human CD8a (BioLegend, clone RPA-T8), anti-human CD19 (BioLegend, clone SJ25C1), anti-human CD11b,

BioLegend, clone ICRF44), anti-human CD14 (BioLegend, clone M5E2), anti-human HLA-DR (BioLegend, clone L243), anti-human CD163 (BioLegend, clone GHI/61), and anti-human CD4 (BioLegend, clone OKT4).

SUPPLEMENTAL REFERENCES

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