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Original Article

Magnetic resonance imaging fluid-attenuated inversion recovery sequence signal reduction after endoscopic endonasal transcribiform total resection of olfactory groove meningiomas

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Ahstract

Background: Olfactory groove meningiomas grow insidiously and compress adjacent cerebral structures. Achieving complete removal without further damage to frontal lobes can be difficult. Microsurgical removal of large lesions is a challenging procedure and usually involves some brain retraction. The endoscopic endonasal approaches (EEAs) for tumors arising from the anterior fossa have been well described; however, their effect on the adjacent brain tissue has not. Herein, the authors utilized the magnetic resonance imaging fluid attenuated inversion recovery (FLAIR) sequence signal as a marker for edema and gliosis on pre- and post-operative images of olfactory groove meningiomas, thus presenting an objective parameter for brain injury after surgical manipulation.

Methods: Imaging of 18 olfactory groove meningiomas removed through EEAs was reviewed. Tumor and pre/postoperative FLAIR signal volumes were assessed utilizing the DICOM image viewer OsiriX[®]. Inclusion criteria were: (1) No previous treatment; (2) EEA gross total removal; (3) no further treatment.

Results: There were 14 females and 4 males; the average age was 53.8 years (±8.85 years). Average tumor volume was 24.75 cm³ (±23.26 cm³, range 2.8–75.7 cm³), average preoperative FLAIR volume 31.17 cm³ (±39.38 cm³, range 0–127.5 cm³) and average postoperative change volume, 4.16 cm³ (±6.18 cm³, range 0–22.2 cm³). Average time of postoperative scanning was 6 months (range 0.14–20 months). In all cases (100%) gross total tumor removal was achieved. Nine patients (50%) had no postoperative FLAIR changes. In 2 patients (9%) there was minimal increase of changes postoperatively (2.2 cm³ and 6 cm³ respectively); all others demonstrated image improvement. The most common complication was postoperative cerebrospinal fluid leakage (27.8%); 1 patient (5.5%) died due to systemic complications and pulmonary sepsis.

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Conclusions: FLAIR signal changes tend to resolve after endonasal tumor resection and do not seem to worsen with this operative technique.

Key Words: Anterior cranial fossa, endonasal endoscopic, fluid-attenuated inversion recovery, magnetic resonance imaging, meningioma, olfactory groove

INTRODUCTION

Olfactory groove meningiomas can grow insidiously and significantly compress the adjacent cerebral structures. One of the main challenges in their surgical management is achieving complete removal without further damage to the frontal lobes. Microsurgical removal of large olfactory groove meningiomas is still a challenging procedure even for the most skilled neurosurgeon, since it usually involves a significant amount of brain retraction that may result in damage to normal tissue surrounding the tumor. This damage due to manipulation of edematous, frail and yet viable brain tissue may lead to postoperative maintenance of subtle neurological impairments or even create new ones.

Several approaches have been proposed for the transcranial resection of these tumors, with varying results;[1,3,14,22-26,40,42,44,45,47,50-54,57] the postoperative course of these techniques and their impact on cerebral tissue and patient neurological morbidity has also been documented to a certain extent. [4,8,9,21,55] Conversely, the use of endoscopic endonasal approaches (EEAs) for tumors arising from the anterior cranial fossa has also been well described.[13,15,20] The emphasis on previous reports has been on the technical feasibility of these approaches and their impact on postoperative recovery due to lack of an extensively disruptive approach. Given the ventral perspective afforded by the endonasal corridor, which permits tumor removal with minimal to no cerebral manipulation, one could hypothesize that EEAs could potentially represent a less invasive technique from the neural tissue standpoint. However, no study so far has attempted to quantify the effect of EEAs on the brain tissue adjacent to these tumors.

The authors utilized the analysis of magnetic resonance imaging (MRI) fluid-attenuated inversion recovery (FLAIR) sequence signal as a marker for edema and gliosis on pre- and postoperative images of olfactory groove meningiomas, thus presenting an objective parameter for brain damage after surgical removal of these tumors. Through this method, they attempt to determine the cerebral impact of endonasal resection of these lesions.

PATIENTS AND METHODS

Patient cohort selection

Patients with olfactory groove meningiomas were selected from a database of over 1000 patients who underwent

endonasal resection at the University of Pittsburgh Medical Center between July 1998 and April 2008. The inclusion criteria were:

- Patients with olfactory groove meningioma with no previous treatment
- Endonasal gross total removal with MRI confirmation
- Absence of further treatment.

The authors opted to include only cases of gross total resection to avoid interference of residual tumor on the maintenance or propagation of postoperative FLAIR changes. Medical records and imaging studies provided data regarding the pathological entity, surgical technique, tumor volumes in preoperative images as well as FLAIR volumes in pre- and post-operative images; only patients in which pathology confirmed the diagnosis of meningioma and were submitted to a fully endoscopic, endonasal resection of their tumor per the following technique were included in this study.

Surgical technique

The surgical technique and nuances of the endonasal transcribiform approach are not new; they have been described in detail by the authors and others. [13,20,43] It allows access to the entire anterior cranial fossa, from the frontal sinuses to the sella in the sagittal plane and from lamina papyracea to lamina papyracea in the coronal plane. [30] It can also be coupled with the transplanum and transtuberculum modules, [30] for tumors with a posterior extension towards the sellar fossa.

After endotracheal intubation the patient is placed supine and the head is secured with a three-point Mayfield headholder. The neck is extended; the head is turned to the right and tilted to the left. It is imperative to properly position to patient in order to gain access to the most anterior aspect of the skull base. Somatosensory evoked potentials monitoring is performed in all patients.

Nasal preparation begins by packing oxymetazoline 0.025% - soaked pledgets into both nasal cavities. The external portion of the nose is cleaned with povidone solution and a fourth generation cephalosporin antibiotic is administered for perioperative prophylaxis, during anesthetic induction.

The initial exposure involves expanding the nasal corridor; a 0° endoscope is utilized in the first stages of the approach. The procedure is initiated with the removal of the right middle turbinate in order to amplify the

surgical corridor and enhance instrument maneuverability. A portion of the nasal septum is removed posteriorly and wide bilateral sphenoidotomies are performed, extending laterally and inferiorly to the level of the medial pterigoid plates. 1–2 cm of the posterior nasal septum is resected, thus creating a single operative cavity. A wide sphenoidectomy will facilitate the identification and exposure of surgical landmarks including the planum sphenoidale, clival recess, internal carotid arteries, optic nerve canals and the medial and lateral optical-carotid recesses [Figure 1].

After this basic exposure, the dissection proceeds to the transcribiform approach itself. This approach extends the previous exposure rostrally to the level of the crista galli. It may be combined with an endoscopic Draf III procedure (frontal sinusotomy) to access the back wall of the frontal sinus. The posterior nasal septum attachment to the ventral skull base is resected, and the anterior and posterior ethmoidal arteries are identified and coagulated to provide tumor devascularization. The fronto-ethmoidal recess is identified, and the skull base is drilled in a rostral-caudal direction. Removal of the crista galli and cribiform plate in addition to the transplanum approach creates a single cavity along the anterior skull base. The anterior margin of the exposure is the frontal sinus; the posterior boundary is formed by the planum sphenoidale and the lateral margins by the lamina papyracea on both sides. Following coagulation, the dura mater is opened separately on both sides of the falx. The midline portion is left intact as it has vascular supply from the anterior falcine artery. The free edge of the falx is identified from both sides and coagulated before transecting it to create a single intradural cavity.

The tumor is then incised in its middle section and its internal contents resected with a combination of two

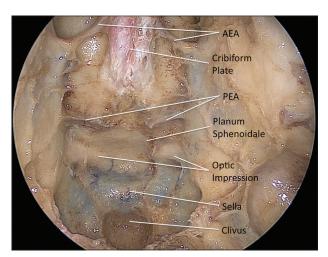


Figure 1: Cadaveric dissection depicting an endonasal endoscopic approach to the anterior cranial fossa. Note that the exposure extends from the cribiform plate to the clival recess. AEA: Anterior ethmoidal artery, PEA: Posterior ethmoidal artery

suctions, sharp dissection and mechanical removal by a side-cutting aspiration device. [19,46] Once enough space is created within the tumor, its remaining portion is mobilized in order to allow the presentation of the tumor/brain interface. Sharp dissection of this plane is performed in accordance to microsurgical tenets; once freed from its arachnoidal envelope the tumor capsule is delivered into the nasal cavity and removed through the nostril. After copious irrigation with saline solution and adequate hemostasis, reconstruction based on the nasoseptal flap^[37] takes place.

This technique enabled the authors to achieve gross total resection of all the tumors in the present cohort [Figure 2], including the underlying hyperostotic bone.

Data collection and statistical analysis

Pre- and post-operative MRI studies of 18 olfactory groove meningiomas completely removed through EEAs were reviewed. Tumor volume as well as pre- and post-operative FLAIR signal change volumes were calculated utilizing the DICOM image viewer OsiriX® (Pixmeo, Geneva, Switzerland) volume rendering function [Figure 3].

For statistical analysis purposes the following variables were created:

- Any preoperative edema classifies whether or not a patient had any edema prior to surgery. Patients with no edema prior to surgery are not classified or described in any of the following variables due to the fact that their FLAIR signal change volume can only stay the same or increase (not decrease)
- Change in FLAIR signal change volume is the change from pre- to post-operative. This value is negative if the FLAIR signal change volume decreased and positive if it increased
- Percent change in FLAIR signal change volume is similar to change in FLAIR signal change volume (described above) only the magnitude of the change is given with respect to the baseline values
- Increase/decrease describes whether an increase or decrease in FLAIR signal change volume was observed as postoperative as compared to preoperative
- Complete resolution notes whether or not the patients FLAIR signal change volume was 0 at postoperative.

RESULTS

Individual assessment of tumor, pre- and post-operative FLAIR signal change volumes yielded the results displayed on Table 1. There were 4 men and 14 women; the average age was 53.8 years (±8.85 years). The average tumor volume was 24.75 cm³ (±23.26 cm³, range 2.8–75.7 cm³), the average preoperative FLAIR change volume was 31.17 cm³ (±39.38 cm³, range 0–127.5 cm³)

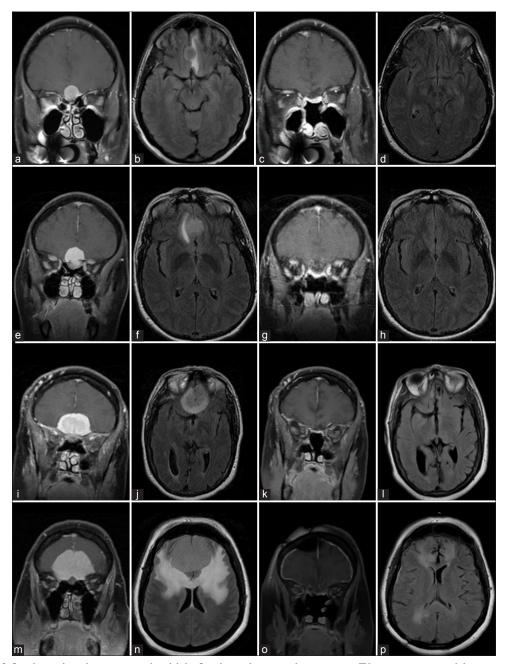


Figure 2: Pre- (left 2 columns) and post-operative (right 2 columns) magnetic resonance TI contrast coronal (a, c, e, g, i, k, m, o) and T2 axial fluid attenuated inversion recovery (b, d, f, h, j, l, n, p) imaging of four examples of olfactory groove meningiomas completely resected through an endoscopic endonasal approaches. Control imaging was performed on average at 6 months after surgery and confirmed either absence of new signal changes or near total resolution of preoperative signal changes

and the average postoperative change volume, 4.16 cm³ (±6.18 cm³, range 0–22.2 cm³). In all cases (100%), gross total tumor removal was achieved.

Only 2 (9%) of the 18 cases presented an increase in the postoperative edema volume when compared to the preoperative amount. These 2 patients with expansion in FLAIR changes had a volume rise of 2.2 cm³ and 6 cm³ respectively. In 3 (16.7%) of the 18 cases no preoperative FLAIR changes were observed and they were still absent in the postoperative MRI and other 6 (33.4%) patients

had total resolution of the FLAIR changes. This represents a group of 9 patients (50%) with absolutely no FLAIR changes after endoscopic endonasal total resection of olfactory groove tumors. There were 13 patients who started with significant FLAIR change in the preoperative MRI and had documented a reduction in the FLAIR volume postoperatively; this reduction was of 87.4% of the volume on average.

Overall summarized data are presented on Table 2. Only 3 (17%) cases did not present any preoperative edema;

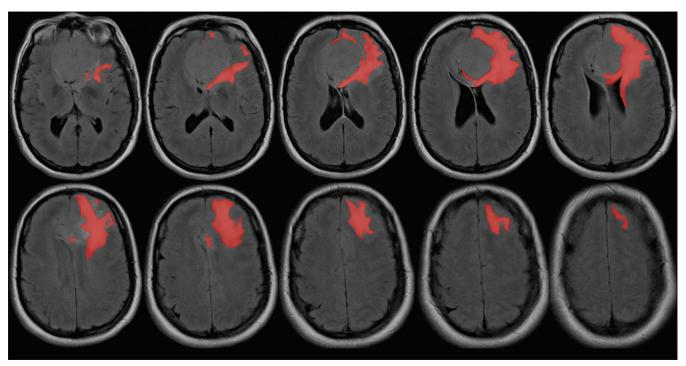


Figure 3: Image illustrating the slice-by-slice signal change tagging performed in the DICOM viewer prior to three-dimensional reconstruction and volume rendering

Table 1: Patient and tumor demographics

Patient	Age/ gender	Tumor volume (cm³)	Preoperative FLAIR signal change volume (cm³)	Postoperative FLAIR signal change volume (cm³)	Difference FLAIR signal change volume (cm³)*	Volume reduction in FLAIR signal changes# (%)	Interval between surgery and postoperative scan (months)
1	65/female	51.9	94.2	13.7	-80.5	85	4
2	55/female	11.1	5.2	0	-5.2	100	10
3	35/female	75.7	51.0	8.6	-42.4	83	3
4	52/female	2.8	15.3	0	-15.3	100	7
5	55/female	25.1	0	0	0		4
6	49/female	70.6	127.5	0	-127.5	100	14
7	55/male	6.7	0	0	0		1
8	59/female	10.1	4.4	10.4	6.05		5
9	41/female	44.5	89.0	0.7	-88.3	99	4
10	75/female	22.4	27.8	22.2	-5.7	20	0.14 (4 days)
11	54/male	24.2	35.1	4.3	-30.8	88	6
12	45/female	7.4	3.2	5.4	2.2		4
13	50/female	48.2	74.8	6.3	-68.4	92	20
14	58/female	8.8	10.2	0	-10.2	100	8
15	60/male	3.0	5.9	0	-5.9	100	6
16	49/female	11.5	10.9	3.3	-7.6	69	4
17	56/female	9.8	6.6	0	-6.6	100	5
18	56/male	11.7	0	0	0		4
Average	53.8	24.8	31.2	4.2	-27	87.4	6

Tumor volume, pre- and post-operative signal change volumes and interval between surgery and postoperative scan of 18 olfactory groove meningiomas resected through an endonasal approach. *Negative values reflect a decrease between pre- and post-operative volumes and positive values an increase in volume, "Taking in consideration the 13 patients who had FLAIR changes improvement. FLAIR: Fluid attenuated inversion recovery

when not taking these into account for a pre- and post-operative comparison, it was noted an edema decrease in 13 of the 15 remaining cases (87%) after surgery and complete resolution of it in 6 of these (40%).

A statistically significant relation (P < 0001) was found between tumor volume and preoperative FLAIR signal change volume [Graph 1]. Furthermore, no significant relation was found between the changes in FLAIR

volume and the time between surgery and postoperative scan [Graph 2].

As expected with the transcribiform approach, all of the 4 patients (22.2%) that presented with olfaction preoperatively became anosmic after surgery; the other patients were already anosmic prior to treatment and remained so afterwards. Due to the need for removal of the cribiform plate, the transcribiform approach, at least in its current configuration, does not allow for olfaction preservation.

The most common complication was postoperative cerebrospinal fluid (CSF) leakage (5 patients - 27.8%); more common during were the early years (4 patients) of the development of the transcribiform approach and were significantly reduced with the implementation of the pedicled nasoseptal flap (1 patient). All these patients were brought back to the operating room for repositioning of the flap or augmentation of the skull base reconstruction. There was no postoperative meningitis, but I patient did present with a cerebral abscess after surgery, which was successfully managed with stereotactic aspiration and intravenous antibiotic therapy. There were no significant vascular events, ischemic or hemorrhagic. One patient [number 10, Table 1; 5.5%] died due to systemic complications and pulmonary sepsis 4 days after surgery; she was 75 and her tumor was 22.4 cm³ in volume.

DISCUSSION

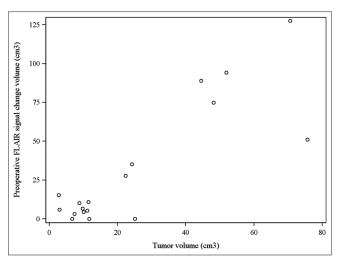
Olfactory groove meningiomas are formidable lesions; given their location and often-insidious growth, they can reach sizeable dimensions, promoting compression of the surrounding frontal lobes, with significant behavioral and personality disorders. Compression of the olfactory bulbs frequently leads to anosmia; tumor progression posteriorly can lead to damage to the optic apparatus.

Due to their ability to slowly progress, it is not uncommon to find large lesions with impressive cerebral edema upon diagnosis. FLAIR sequence is one of the commonly utilized radiological techniques to detect and assess cerebral parenchymal changes due to edema and encephalomalacia; it basically nullifies signals from CSF while enhancing the visibility of fluid within the cerebral tissue itself. These features prompted the authors to elect it as a method for objective analysis of the volume of the edematous brain in the present series.

Several surgical techniques have been proposed for their transcranial removal; [1,14,22,24,26,45,47,51,54] they rely on either a frontal or fronto-lateral trajectory and typically wide bone excisions in order to create a suitable surgical corridor leading to the anterior cranial fossa. Regardless of the trajectory or extent of bone removal, all these techniques require a certain degree of brain retraction to reach their target; this maneuver may add injury to an already

Table 2: Overall tumor and edema characteristics

Variable	Level	Total (<i>n</i> = 18)
Tumor volume (cm³)	Median (Q1, Q3)	11.6 (8.8, 44.5)
	(Minimum, maximum)	(2.8, 75.7)
Any preoperative edema	No	3 (17%)
	Yes	15 (83%)
Preoperative FLAIR signal change volume (cm³)	Median (Q1, Q3)	10.6 (4.4, 51.0)
	(Minimum, maximum)	(0.0, 127.5)
Postoperative FLAIR signal change volume (cm³)	Median (Q1, Q3)	0.4 (0.0, 6.3)
	(Minimum, maximum)	(0.0, 22.2)
Change in FLAIR signal change volume	N/A	3
	Median (Q1, Q3)	-10.2 (-68.5, -5.6)
	(Minimum, maximum)	(-127.5, 6.0)
Percentage change in FLAIR signal change volume	N/A	3
	Median (Q1, Q3)	-91.6 (-100.0, -69.7
	(Minimum, maximum)	(-100.0, 136.4)
Increase/decrease	N/A	3
	Decrease	13 (87%)
	Increase	2 (13%)
Complete resolution	N/A	3
	Yes	6 (40%)
	No	9 (60%)
Interval between surgery and postoperative scan (months)	Median (Q1, Q3)	4.5 (4.0, 7.0)
	(Minimum, maximum)	(0.1, 20.0)

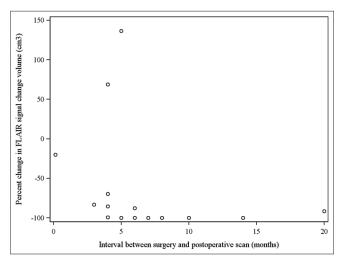


Graph I:Tumor volume and preoperative fluid attenuated inversion recovery signal change volume (cm³)

compromised cerebral tissue, potentially preventing a full neurological recovery or even increasing the intensity of previously established changes.

The last decade witnessed the rise and increasing popularity of endonasal endoscopic approaches in the treatment of a wide variety of ventral skull base pathologies. [6,16-18,30-35] Although initially employed in the treatment of pituitary tumors[7,27] and extradural lesions of the sinonasal tract with skull base involvement, the evolution and refinement of these surgical techniques, coupled with a greater understanding of skull base anatomy from a ventral perspective and significant developments in optics and instrumentation, [5,29,46] permitted expanding the indications for endonasal approaches to include intradural processes. The initial and perhaps most discouraging complication of this evolutionary step, namely high flow postoperative CSF leak, was eventually overcome and brought down to acceptable rates^[36] with the development of the pedicled nasoseptal flap (Hadad-Bassagaisteguy flap).[28,37] With this advance in reconstruction, endonasal resection of skull base meningiomas became feasible^[2,11-13,20,39,43,48,58] and perhaps more importantly, reproducible.

The endonasal resection of anterior cranial fossa meningiomas poses some potentially attractive features: Early tumor devascularization, wide removal of infiltrated, hyperostotic bone during the approach itself whilst promoting little to no brain manipulation are among them. The possibility of tumor removal without the need for brain retraction is particularly enticing in olfactory groove meningiomas, especially the large and giant tumors that impose themselves upon the frontal lobes and course with behavioral changes. Although several clinical series have described the surgical results of transcranial resection of these tumors, the literature is still somewhat scarce regarding the impact of these



Graph 2: Change in fluid attenuated inversion recovery signal change volume and time between surgery and postoperative scan

procedures on brain structure and subsequently, new onset or worsening of cerebral edema and encephalomalacia. In 1999 d'Avella et al.[10] described their application of the pterional approach to giant olfactory groove meningiomas; even though they mentioned the presence of postoperative FLAIR changes on the right frontal lobe (side of approach) and absence of signal changes on the left, no information regarding the extent of these changes or whether they were present preoperatively was given. Interestingly, in 2011, the same group[55] published a more robust series of 18 giant olfactory groove meningiomas; in this study the authors utilized the MRI FLAIR sequence to compare the amount of tumor volume on each cerebral side and its postoperative porencephalic cave. They found the postoperative cavity to be significantly smaller on the left side (contralateral to the approach), thus suggesting that the pterional approach, although possibly related to retraction related changes on the right side spared the contralateral, usually dominant hemisphere. Conversely, in none of the giant meningiomas of the present series any increase in FLAIR changes was found postoperatively. In 2005, Tuna et al. [56] reported their experience with the bifrontal and pterional approaches in the treatment of 25 olfactory groove meningiomas; although it is not clear whether related to one specific approach, in 3 cases there was new onset of frontal lobe edema; in the remaining 12 patients the preoperative signal changes persisted after surgery, even if asymptomatic. In 2006, Chi et al.[8] reported their experience with the extended bifrontal approach for anterior cranial fossa meningiomas (both olfactory groove and tuberculum sellae); this is one of the few reports that attempts to objectively quantify retraction related edema in the transcranial resection of these lesions. They present a heterogeneous cohort (10 olfactory and 31 tuberculum and planum tumors) and no specific distinction is given to location; nonetheless these

authors found that in 7% of their cases there was new-onset of cerebral edema postoperatively with no aggravation of previously established changes. In 2007, Bassiouni et al.[4] described their surgical strategies in the treatment of 56 olfactory groove meningiomas. They utilized different approaches according to tumor size and extension; cerebral edema was found to be directly related to altered cognitive functions and its resolution significantly and positively impacted these symptoms; unfortunately no data regarding postoperative edema related to the surgical approach itself was available. Still in 2007, Nakamura et al.[47] reported their results with the fronto-lateral, pterional and bifrontal approaches. Of 34 patients operated on through the fronto-lateral approach, I presented with postoperative edema (the authors do not mention whether any preoperative edema was present). Of 46 patients operated on through the bifrontal approach, 7 (15.2%) presented with postoperative edema (once again it is not clear whether any preoperative edema was present; since these findings are listed within the "morbidity and mortality" section of the article one can conclude that the authors considered them to be a postoperative complication). In this series, 3 of the 4 deaths reported were considered by the authors to be related to postoperative cerebral edema secondary to sectioning of the anterior third of the superior sagittal sinus; on all 4 patients a bifrontal approach had been performed. In 2009, Romani et al.[51] published their experience with the lateral supraorbital approach; in an impressive series of 66 olfactory groove meningiomas of varying sizes, there was no worsening of preoperative edema but the authors do not comment on new-onset signal changes. In 2011, Pepper et al. [49] described their results with the transglabellar/subcranial approach; 3 (15.8%) of 19 patients presented new-onset or worsening cerebral edema postoperatively. Finally, in 2014, Li et al.[41] proposed a method to identify patients with increased likelihood of postoperative complications due to peritumoral edema in anterior cranial fossa meningiomas ("lion's mane sign"). Although these authors were not specific regarding location, they observed edema related complications in 4 of 9 patients (44.44%) operated on through a fronto-orbito-nasal approach. Unfortunately, once again no objective assessment of the amount edema was provided, but the presence of the "lion's mane sign" was found to be related to postoperative complications. These results are summarized in Table 3 and illustrate the unfortunate scarceness of objective data pertaining to olfactory groove meningiomas and perioperative cerebral edema.

Clinical series describing the endonasal transcribiform resection of olfactory groove meningiomas are also scarce, [13,20] with minimal information on their relation to perioperative cerebral edema. A recent meta-analysis by Komotar *et al.* [38] did not yield any data regarding

this issue. Nonetheless, it did point out significantly lower resection rates for the endoscopic groups with a higher incidence of postoperative CSF leaks. The discrepancy in resection could potentially be explained by the somewhat recent development of the endoscopic transcribiform approach; it is one of the most complex EEAs, requiring familiarity with the endonasal corridor and the ability to perform fine dissections on a steep working angle. These factors naturally will hamper its employment; only as skull base surgeons become more familiar and comfortable with endonasal approaches can they be expected to apply them regularly to larger tumors as seen in the present series. The rate of CSF leakage, however, has been observed to decrease dramatically after the use of the nasoseptal flap; [36] earlier endoscopic series may not be accurately portraying current reconstruction techniques and their effect on the incidence of leaks.

The authors acknowledge certain limitations in the present study: The lack of a control group, the relatively small patient sample, the heterogeneity of tumor volumes and the lack of uniformity regarding timing of the postoperative scans are noted. Given the retrospective design of the study there was little to be done regarding the latter; nonetheless, as shown in Graph 2, there was no statistical difference found between the signal changes and interval between surgery and postoperative scan. Furthermore, as previously noted, the authors specifically decided not to include any near total or subtotal resections to prevent any bias in the effect that any eventual residual tumor could exert on the FLAIR signal changes being analyzed. Nevertheless, the present series displays a significant number of patients in which gross total resection of olfactory groove meningiomas was achieved with a positive impact on postoperative FLAIR changes related to edema or encephalomalacia. These findings, coupled with the observations made by the aforementioned transcranial series, suggest that the endonasal technique may be similar or slightly superior regarding the impact of tumor resection on neural tissue integrity (7-15.8% increased postoperative edema for the transcranial series vs. 9% on the present study). Interestingly, in the present series, the 2 patients who presented an asymptomatic minimal increase in the volume of FLAIR changes postoperatively had small anterior fossa tumors to start. We believe that this finding could be related to the rare need for sacrificing mesial fronto-basal veins that are related to the tumor but still functioning draining the surrounding brain in small lesions. These fronto-basal veins are not seen in large olfactory groove meningiomas during surgery, most likely because the slow tumor progression causes changes in the venous drainage of the frontal lobes, which eventually results in the massive FLAIR changes seen in the MRI. However, there is likely a collateral venous

Table 3: Perioperative edema findings in recent transcranial series

Authors and year	Number of patients	Surgical approach	Edema related findings
d'Avella et al., 1999	6	Pterional	Right frontal lobe changes; left frontal lobe was spared in all cases
Tuna et al., 2005	25	Pterional/bifrontal	New-onset cerebral edema in 3 cases
Chi et al., 2006	44 (10 olfactory groove, 31 planum/tuberculum, 3 multiple locations)	Extended bifrontal	New-onset cerebral edema in 7% of cases; no aggravation of previously established edema (no distinction made due to location
Bassiouni et al., 2007	56	Pterional/bifrontal/lateral supraorbital	Resolution of cerebral edema correlated with improved cognitive functions
Nakamura <i>et al.</i> , 2007	80	Frontolateral/bifrontal	15.7% of new-onset cerebral edema related to the bifrontal approach (3 deaths)
Romani et al., 2009	66	Lateral supraorbital	No increase of preoperative edema
Pepper, 2011	19	Transglabellar/subcranial	15.8% of new-onset or worsening postoperative cerebral edema
Tomasello <i>et al.</i> , 2011	18	Pterional	FLAIR analysis demonstrated higher amount of postoperative changes on right (side of approach) versus left hemisphere
Li <i>et al</i> ., 2014	9	Fronto-orbito-nasal	"Lion's mane sign" associated with postoperative complications

Literature review on recent series on anterior cranial fossa meningiomas operated on transcranial and related perioperative edema data. FLAIR: Fluid attenuated inversion recovery

formation in these large olfactory groove meningiomas that allow completely FLAIR changes resolution when the tumor is removed via EEA with minimal brain manipulation.

To the author's knowledge, this is the first study to objectively document in a quantitative fashion the results of minimal to no brain retraction afforded by the endonasal corridor. Future, more comprehensive studies will be necessary to determine whether this feature impacts the clinical course of these patients and how it compares with transcranial approaches.

CONCLUSIONS

Endoscopic endonasal approaches appear to be a feasible method for total removal of select olfactory groove meningiomas. FLAIR signal changes tend to resolve after tumor resection and do not seem to worsen with this operative technique. Further comparative studies are necessary to determine whether this feature differs from open approaches and its impact on the clinical course of these patients.

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