

# Insecticide-Treated Nets Utilization and Associated Factors Among Pregnant Women in Miesso Woreda, Eastern Ethiopia: Observational Study

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**Background:** Even though most sub-Saharan Africa adopted the World Health organization guidelines for malaria prevention, the coverage of insecticide-treated nets by pregnant women is low, where 28 million pregnant women did not receive insecticide-treated nets services. Likewise, only 13–51.4% of pregnant women utilize insecticide-treated nets in Ethiopia.

**Methods:** A community-based cross-sectional study was conducted in Miesso woreda from April 01 to 30, 2017, among 424 pregnant women. A multi-stage cluster sampling technique was used to select the study participants. A structured interviewer-based administered questionnaire and observational checklist were used to collect the data. The collected data were entered into Epi data version 3.1 and exported to SPSS version 23 for analysis. Multiple logistic regression models were fitted to identify factors associated with insecticide-treated nets utilization. Adjusted odds ratios along 95% CI were estimated to measure the strength of the association and declared statistical significance at a p-value < 0.05.

**Results:** Of a total respondents, 39.9% (95% CI: 34.9–44.2%) utilize insecticide-treated nets. Pregnant women from rural (AOR = 2.05, 95% CI: 1.14, 3.38), employed women (AOR = 1.80, 95% CI: 1.13, 2.86), monthly income >1050 Ethiopian total birr (AOR = 2.02, 95% CI: 1.06, 3.84), third trimester pregnancy (AOR = 2.19, 95% CI: 1.09, 4.40), and having antenatal care for current pregnancy (AOR = 3.86, 95% CI: 1.63, 9.10) were factors significantly associated with insecticide-treated nets.

**Conclusion:** The utilization of insecticide-treated nets is relatively low. Residence, occupational status, monthly income, stage of pregnancy, and antenatal care status were factors significantly associated with insecticide-treated net utilization among pregnant women.

**Keywords:** insecticide-treated nets, malaria, pregnant women, Miesso woreda, Ethiopia

## Introduction

Malaria remains a significant world challenge an estimated 214 million new cases of malaria and 438,000 deaths occurred in 2015 despite the progress achieved towards malaria burden reduction and achieving elimination in developed countries.<sup>1</sup> It is causing an unacceptable toll on the health and economic welfare, particularly in sub-Saharan African countries. Most malaria cases (88%) and deaths (90%) occurred in the World health organization (WHO) African Region in 2015.<sup>2</sup>

Malaria in pregnancy has serious health consequences for the mother, fetus, and newborn which can be preventable with inexpensive and cost-effective interventions that are available for over a decade.<sup>2,3</sup> Malaria is associated with poor outcomes; maternal anemia, intrauterine growth restriction, low birth weight, and premature delivery.<sup>4</sup> Worldwide an

estimate of 200,000 infant deaths and 100,000 neonatal deaths occur annually, and 18% of global neonatal mortality are attributable to malaria.<sup>5</sup>

To avert all these poor outcomes, WHO recommends implementation of intermittent preventive treatment of malaria in pregnancy using sulfadoxine (1500mg)-pyrimethamine (75mg) (IPTp-SP) together with the distribution of insecticide-treated nets (ITNs) for all pregnant women attending antenatal care (ANC) services; receive IPTp-SP at each ANC visit until delivery, starting in the second-trimester of pregnancy, with subsequent doses provided at least one month apart.<sup>2,6</sup>

Even though most sub-Saharan Africa adopted WHO guidelines for malaria prevention, coverage of ITNs in pregnant women is still low where 28 million of pregnant women do not receive ITNs services. Likewise in Ethiopia only 13–51.4% pregnant women utilize ITNs,<sup>7–13</sup> and factors associated with ITNs utilization varies from study to study.<sup>7,14–16</sup> Moreover, in Ethiopia transmission of malaria is mostly seasonal and unstable in characteristics, it is predisposing majority of the pregnant women to frequent and often large scale epidemics. Even though, malaria is endemic in Miesso woreda there is no information about the level of ITNs utilization among pregnant women. Therefore, this study aimed to assess utilization of ITNs and its associated factors among pregnant women in Miessio woreda, Eastern Ethiopia.

## Methods and Materials

### Study Setting, Design and Period

A community-based quantitative cross-sectional study was conducted in Miesso woreda found in west Hararghe zone, Eastern Ethiopia from April 01–30, 2017. The woreda is located 301 km away from Addis Ababa and 25 km from Chiro the capital city of the west Hararghe zone. According to the 2007 statistical report of the population and housing census of Ethiopia, the woreda has a total population of 125,644 of whom 64,079 were male and 61,565 female.<sup>17</sup> The woreda has 32,040 urban and 93,604 rural populations. Also, the woreda has 2 urban kebeles and 30 rural kebeles. There are 3 health centers and 32 health posts in the woreda. The woreda was found at a longitude of 9°14'N 40°45'E/9.233°N 40.750°E and altitude of 1394–1505 meters above sea level. Geographically, the woreda is located in the low land where most of its population is at risk of malaria. The woreda has a temperature between 29–37 °C and the majority of the populations in the woreda are pastoralists and small scale living with agriculture.

### Sample Size Determination

The sample size was determined using a single population proportion formula with assumptions; prevalence of bed nets utilization among pregnant women to be 15.8% according to the study conducted in Southern Ethiopia,<sup>10</sup> level of confidence 95%=1.96, margin of error 5% ( $d = 0.05$ ), and design effect-2. Therefore for this study, a sample size of 444 was used with design effects of two and 10% non-respondent rate.

### Sampling Technique, Study Population and Eligibility Criteria

A multi-stage cluster sampling technique was used to select the study participants. A list of all kebeles in the woreda was used as a sampling frame. All kebeles identified by the district health extension workers were selected and taken as the primary sampling unit. Fifty percent of urban kebeles and 33% of rural kebeles were selected by the Lottery method using the list of each cluster as a sampling frame. Hence, one urban kebeles and ten rural kebeles were selected. In the second stage, households in each randomly selected kebeles were used as secondary sampling units. The number of households to be selected from each identified kebele was determined by the households (population) proportion of respective kebeles. Pregnant women who were residents of Miesso woreda for greater than or equal to six months were included. Pregnant women who were mentally and critically ill and not able to speak at the time of data collection were excluded.

### Data Collection Tools, Procedures, and Measurement

A structured questionnaire and observational checklists were adapted from different published literatures<sup>10,18–20</sup> and was designed to obtain participant information on socio-demographic characteristics, obstetrics factors, knowledge and utilization of ITNs.

The questionnaire initially was prepared in English and then translated to local language Afan Oromo then back to English version to ensure consistency. Data were collected by interviewer-administered questionnaires supported with direct observation for ITN utilization by eleven trained clinical nurses as data collector and two health officers as supervisor.

Utilization of ITNs was measured by pregnant women report of utilizing ITNs supplemented by observation of the households of pregnant women as they hanged (mounted) ITNs over their bed or sleeping area. Pregnant women sleeping under the ITNs during the early morning of observation day were categorized as they were utilized ITNs and vice versa.<sup>18,20,21</sup>

## Data Quality Control

To ensure data quality, an appropriate data collection instrument was adapted. A pretest was conducted on 5% of the sample size in nearby kebeles which was not one of the recruitment sites for the main study, following which the questionnaire was revised, edited and any questions found to be unclear or ambiguous were removed or corrected accordingly. Trained data collectors were regularly supervised for proper data collection; all the questionnaires were checked for completeness and consistency on a daily basis by supervisors and principal investigator.

## Data Processing and Analysis

The collected data were entered to Epi data version 3.1, cleaned, and transported to SPSS version 23.0 for data analysis. Descriptive statistics: frequencies and percentages were used to summarize the data. Continuous data distribution was checked using histogram and probability plot. Bivariate analysis was employed to identify factors associated with insecticide-treated nets. Variables that showed an association in the bivariate analysis with  $p < 0.25$  were entered into a multivariate logistic regression model. Finally, the multivariate logistic regression model was used after controlling for confounding factors using regression. Hosmer-Lemeshow's goodness of fit test was used to assess whether the necessary assumptions for the application of multivariate logistic regression had been fulfilled (0.86). Multi-co-linearity was assessed using standard error, and the variables were entered into the multivariate model without multi-co-linearity. Adjusted odds ratios (AOR) were calculated with 95% CIs, and statistical significance was declared at  $p \leq 0.05$ .

## Ethical Considerations

Ethical approval was obtained from the Institutional Review Board of Haramaya University, College of Health and Medical Sciences (Ref.No. IHRERC/036/2017). More importantly, written informed consent was obtained from each randomly selected kebele leader, a study participant, and someone with parental/husband responsibility for participants aged less than 18 years. This study was conducted in accordance with the Declaration of Helsinki.

## Results

### Socio-Demographic Characteristics of Pregnant Women

In this study, a total of 424 pregnant women were interviewed out of 444, with a response rate of 95.5%. The mean age of respondents was 27.44 ( $\pm$  SD 5.27) years old. The majority (58.7%) of the women were in the 25–34 years age group, and almost all (96.7%) were married. Seven out of ten (69.6%) of the women were unemployed. Regarding the address of the pregnant women, three-fourths (75.2%) were rural residents. Similarly, three-fourths (74.1%) of the respondents had no formal education. The majority of the respondents were Oromo by ethnic (93.7%) and Muslim followers (95.0%) (Table 1).

### Obstetrics Characteristics of Pregnant Women

Regarding the parity of the respondents, the majority (83.5%) were primipara. The third trimester is the most common stage of pregnancy of the respondents accounting for (46.5%) followed by the second trimester (42.2%). Nine out of ten (89.4%) pregnant women have antenatal care (ANC) for current pregnancy, and of majority (47.5%) have two visit (Table 2).

**Table 1** Socio-Demographic Characteristics of Pregnant Women in Miesso Woreda, Eastern Ethiopia, 2017

Variables	Category	Frequency (n=424)	Percent (%)
Age in year	16–24	126	29.7
	25–34	249	58.7
	35–43	49	11.6
Marital status	Unmarried	14	3.3
	Married	410	96.7
Women occupation	Employed	129	30.4
	Unemployed	295	69.6
Residence	Urban	105	24.8
	Rural	319	75.2
Women educational level	Formal	110	25.9
	No formal	314	74.1
Family size	≤ 4	229	54.0
	>4	195	46.0
Average monthly income	<1050 ETB	357	84.2
	≥1050 ETB	67	15.8
Religion of women	Muslim	403	95.0
	Orthodox	17	4.0
	Others*	4	1.0
Ethnic group	Oromo	397	93.7
	Amhara	17	4.0
	Others**	10	2.3

**Note:** \* Protestant, catholic, \*\* Tigre, Gurage.

**Abbreviation:** ETB, Ethiopian total birr.

## Knowledge of ITNs

Among the respondents, the majority (97.9%) of the pregnant women have heard about ITNs, and a half (50.5%) of them heard from health providers. Regarding the source of ITNs, community volunteers account for more than half (50.7%). According to respondents' responses, pregnant women were a higher risk group for malaria, and they have to take priority for ITNs (63.7% vs 82.5%). More than seven out of ten (70.8%) responded as ITNs kill mosquitoes (Table 3).

**Table 2** Obstetrics Characteristics of Pregnant Women in Miesso Woreda, Eastern Ethiopia, 2017

Variables	Category	Frequency (n=424)	Percent (%)
Parity	Primipara	354	83.5
	Multipara	70	16.5
Stage of current pregnancy	1st trimester	48	11.3
	2nd trimester	179	42.2
	3rd trimester	197	46.5
Attend ANC	Yes	379	89.4
	No	45	10.6
Number of ANC	1st visit	100	26.4
	2nd visit	180	47.5
	3rd visit	98	25.9
	4th visit	1	0.3

**Abbreviation:** ANC, antenatal care.

**Table 3** Knowledge of ITNs Among Pregnant Women in Miesso Woreda, Eastern Ethiopia, 2017

Variables	Category	Frequency (n=424)	Percent (%)
Heard about ITNs	Yes	415	97.9
	No	9	2.1
Source of information	Television	74	17.5
	Radio	143	33.7
	Health providers	214	50.5
	Neighbors	20	4.7
Took awareness on ITNs	Yes	166	39.2
	No	258	60.8
Place to get ITNs	Pharmacy	19	4.5
	Public health facility	190	44.8
	Community volunteers	215	50.7
Knowledge of high risky group for malaria	Pregnant women	270	63.7
	Under five children	69	16.3
	Adult	19	4.5
	Old age	66	15.5
Knowledge of priority given for	Pregnant women	350	82.5
	Under five children	14	3.3
	Adult	24	5.6
	Old aged	36	8.5
Knowledge of ITNs prevention methods	Physical barrier	107	25.2
	Kill mosquitoes	300	70.8
	Irritate mosquitoes	16	3.8
	Do not know	15	3.5

**Abbreviation:** ITNs, insecticide-treated nets.

## Utilization of ITNs Among Pregnant Women

Of the total pregnant women who partook in the study, 39.9% (95% CI: 34.9, 44.2%) were utilized ITNs. More than eight out of ten (82.2%) pregnant women reported that they had slept under the ITNs last night. Regarding season for ITNs utilization, the majority (58%) utilized every season followed by the rainy season (32.5%). Of the total respondents, the majority (94.1%) pointed out they use ITNs for the prevention of Malaria (Table 4).

## Factors Associated with ITNs Utilization

In bivariate analysis, maternal age, maternal education, place of residence, marital status, occupational status, family size, antenatal care, monthly income, parity, stage of current pregnancy, and knowledge about ITNs were factors significantly associated with ITNs utilization at  $p$ -value  $\leq 0.05$ .

In multivariate logistic regression analysis, the odds of ITNs utilization was almost two times higher among pregnant women who come from urban compared to those who come from rural (AOR=2.05, 95% CI: 1.14, 3.38). The odds of ITNs utilization was 1.80 times higher among employed compared to unemployed pregnant women (AOR=1.80, 95% CI: 1.13, 2.86). Similarly, pregnant women who have a monthly income of greater than 1050 birr were two times more likely to utilize ITNs than those who have  $\leq 1050$  birr (AOR=2.02, 95% CI: 1.06, 3.84). Third trimester pregnant women were 2.19 times more likely to utilize ITNs than first-trimester pregnant women (AOR=2.19, 95% CI: 1.09, 4.40). Also, pregnant women who have ANC for current pregnancy were 3.86 times more likely to utilize ITNs than their counterparts (AOR=3.86, 95% CI: 1.63, 9.10) (Table 5).

**Table 4** Utilization of ITNs Among Pregnant Women in Miesso Woreda, Eastern Ethiopia, 2017

Variables	Category	Frequency	Percent (%)
Utilize ITNs (n=424)	Yes	169	39.9
	No	255	60.1
Utilized ITNs last night t(n=169)	Yes	139	82.2
	No	30	17.8
Frequency of ITNs utilization (n=169)	Every night	106	62.7
	Sometimes	53	31.3
Season of ITNs utilization (n=169)	Rainy season	55	32.5
	Drying season	16	9.5
	Every season	98	58.0
Number of ITNs owned (n=169)	1	142	84.0
	>1	27	16.0
Free distribution (n=169)	Yes	117	69.2
	No	52	30.8
Reason for ITNs utilization (n=169)	Prevent malaria	159	94.1
	To sleep soundly	3	1.8
	For warm	7	4.1

## Discussion

There is few data regarding ITNs utilization among pregnant women in Ethiopia, and there is no study conducted in this study area. Therefore this study provides vital information regarding ITNs utilization among pregnant women as well as the associated factors.

Nearly four out of ten (39.9%) of the pregnant women were utilized ITNs. This finding is consonant with study findings in Adama (43.1%),<sup>12</sup> Gida Ayana (37.1%),<sup>9</sup> and Awabel district (33.6%).<sup>13</sup> However, this finding is higher than the findings of the studies conducted in Shoshogo district (15.8%)<sup>10</sup> and Benishangul (23.1%).<sup>11</sup> This difference implies as time elapsed pregnant women became more familiar with malaria prevention methods such as ITNs utilization. Even though malaria is endemic in this study area, ITNs utilization by pregnant women was lower than the findings of the studies conducted in Kenya (70.5%),<sup>22</sup> Gambella (51.4%),<sup>23</sup> Northwest Ethiopia (56.5%),<sup>24</sup> Damot district (63.1%),<sup>14</sup> and Alamata district (69%).<sup>7</sup> The reasons for the disparity could be most populations of Miessio woreda are pastoralists and live by livestock which makes it difficult for them to access ITNs and get information about malaria prevention methods. This difference implies as the governments, and different health sectors have to give more emphasis and invest in malaria prevention through ITNs provision for pregnant women and the community as a whole.

The odds of ITNs utilization was two times higher among urban resident pregnant women compared to the rural residents. This is consonant with the studies conducted in sub-Saharan Africa,<sup>25</sup> Tigray,<sup>14</sup> Northwest Ethiopia,<sup>24</sup> and Adama.<sup>9</sup> The reasons might be urban residents were near mass media, and health facilities/health professionals to get information and awareness regarding malaria prevention methods using ITNs, and they are near the market to buy ITNs.<sup>9,11,13,20,26,27</sup>

The utilization of ITNs was 1.8 times among government-employed pregnant women compared to their counterparts. Similarly, Yitayew et al, 2018<sup>15</sup> reported that government-employed pregnant women were more likely to utilize it. This might be because government-employed pregnant women have a good income to buy ITNs and access health facilities/health care providers to be informed about the advantage of ITNs utilization.

Similarly, the odds of ITNs utilization was two times higher among pregnant women with monthly income >1050 Ethiopian total birr compared to their counterparts. This is supported by the findings of the studies conducted from sub-Saharan Africa<sup>25</sup> and North western Ethiopia<sup>28</sup> where pregnant women with income  $\geq$ 151 dollar were more likely to utilize ITNs. This might be due to pregnant women with high income being able to access health services and having the

**Table 5** Factors Associated with ITNs Utilization Among Pregnant Women in Miesso Woreda, Eastern Ethiopia, 2017

Utilized ITNs							
Variables	Category	Yes n (%)	No n (%)	COR (95% CI)	P-value	AOR (95% CI)	P-value
Age in year	15–24	47(27.8)	79(31.0)	1.00	1.00	1.00	1.00
	25–34	99(58.6)	150(58.8)	1.48(1.76, 3.89)	0.035	2.03(0.92, 4.48)	0.079
	35–44	23(13.6)	26(10.2)	1.34(0.72, 2.48)	0.351	1.71(0.86, 3.39)	0.125
Residence	Urban	31(18.3)	74(29.0)	1.82(1.13, 2.92)	0.013	1.97(1.14, 3.38)	0.014
	Rural	138(81.7)	181(71.0)	1.00	1.00	1.00	1.00
Marital status	Unmarried	4(2.4)	10(3.9)	1.00	1.00	1.00	1.00
	Married	165(97.6)	245(96.1)	1.59(1.18, 4.92)	0.089	0.68(0.16, 2.26)	0.064
Educational status	No formal	129(76.3)	185(72.5)	1.00	1.00	1.00	1.00
	Formal	40(23.7)	70(27.5)	1.22(1.77, 3.91)	0.038	0.98(0.57, 1.68)	0.063
Occupational status	Employed	63(37.3)	66(25.9)	1.70(1.11, 2.58)	0.013	1.80(1.13, 2.86)	0.012
	Unemployed	106(62.7)	189(74.1)	1.00	1.00	1.00	1.00
Monthly income	≤ 1050 ETB	149(88.2)	208(81.6)	1.00	1.00	1.00	1.00
	> 1050 ETB	20(11.8)	47(18.4)	1.59(1.33, 2.04)	0.050	2.02(1.06, 3.84)	0.030
Family size	≤ 4	91(53.8)	138(54.1)	1.00	1.00	1.00	1.00
	> 4	78(46.2)	117(45.9)	1.01(0.68, 2.49)	0.039	0.91(0.57, 1.44)	0.692
Parity	Primipara	31(18.3)	39(15.3)	1.00	1.00	1.00	1.00
	Multipara	138(81.7)	216(84.7)	0.80(0.47, 0.94)	0.046	1.18(0.68, 2.05)	0.541
Stage of current pregnancy	1st trimester	24(14.2)	24(9.4)	1.00	1.00	1.00	1.00
	2nd trimester	78(46.2)	101(39.6)	1.29(0.68, 2.45)	0.427	1.27(0.64, 2.55)	0.486
	3rd trimester	67(39.6)	130(51.0)	1.94(1.02, 3.67)	0.042	2.19(1.09, 4.40)	0.027
Attend ANC	Yes	162(95.7)	217(85.1)	4.05(1.76, 9.30)	0.001	3.86(1.63, 9.10)	0.002
	No	7(4.1)	38(14.9)	1.00	1.00	1.00	1.00
Knowledge about ITNs	Yes	125(97.6)	250(98.0)	1.82(1.21, 3.11)	0.021	1.20(0.27, 5.28)	0.801
	No	4(2.4)	5(2.0)	1.00	1.00	1.00	1.00

**Abbreviations:** AOR, adjusted odds ratio; COR, crude odds ratio; CI, confidence level.

ability to buy ITNs.<sup>29</sup> To increase its accessibility all volunteers, and governments give priority to ITNs distribution for the endemic area, pregnancy, and family with low income.<sup>30</sup>

A woman with third-trimester pregnancy was 2.19 times more likely to utilize ITNs compared to women with first-trimester pregnancy. Pregnant women with advanced stages of pregnancy are more likely to attend ANC and aware of malaria prevention methods from health providers.<sup>31,32</sup>

The odds of ITNs utilization was 4.89 times higher among pregnant women who attended ANC than their counterparts. Likewise Obol et al, 2013<sup>31</sup> pointed out that women who have ANC were more likely to utilize ITNs. Evidence suggested that providers' counseling during ANC is very crucial to boost ITNs utilization.<sup>8,33</sup>

## Strengths and Limitations

This study was supplemented with observation to assess ITNs utilization and associated factors among pregnant women who are at high risk for malaria. Nevertheless, this study only focuses on pregnant women without considering ITNs utilization at the household level. The other limitation is that the cross-sectional study design cannot establish a temporal relationship between the outcome and response variables.

## Conclusion

The majority of the pregnant women in this study had not utilized ITNs. Only four out of ten (39.9%) pregnant women had utilized ITNs which is lower than the target set by the Ministry of Health by the year 2007 ITNs coverage among vulnerable people. Being urban residency, employed, high income, third-trimester pregnancy, and attending ANC were factors significantly associated with ITNs utilization. The government and health sectors should encourage pregnant women to engage themselves in ANC follow-up to have awareness on ITNs to increase its utilization.

## Data Sharing Statement

The datasets used for analysis are available from the corresponding author on reasonable request.

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## Author Contributions

The authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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