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End Stage Renal Failure Patients With Hemophilia Treated With Peritoneal **Dialysis: A Case Series**



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Introduction: Currently, no consensus on optimal renal replacement modality has been reached for endstage renal disease (ESRD) patients complicated with hemophilia. They may require infusion of coagulation factors during each hemodialysis session. In comparison, peritoneal dialysis (PD) might be preferred considering that coagulation replacement is only required for catheter placement. However, limited data on the safety and efficacy of PD for treating ESRD patients with hemophilia were reported.

Methods: This is a single-center retrospective cohort study. ESRD patients diagnosed with hemophilia under PD in Peking Union Medical College Hospital from January 1, 1996 to December 31, 2021 were included and followed-up with every month. Their baseline clinical data, catheter insertion procedure, coagulation factor replacement, complications, and outcome were analyzed and compared with general PD patients.

Results: In total, 8 patients diagnosed with hemophilia were included, all-male, with a mean age of 50.3±13.3 years old. Two were acquired hemophilia A, whereas the rest were hereditary hemophilia A (HHA). Seven patients experienced significant hemoglobin (Hgb) increment after PD. Peritoneal hemorrhage only consisted of a small portion of all hemorrhage. Patients with hemophilia seemed to have lower small solute clearance despite higher baseline peritoneal permeability, and appeared to have increased peritonitis rate than other male PD patients, yet this study is not powered to prove this.

Conclusion: PD is a safe and effective choice for patients with hemophilia and ESRD requiring dialysis. More studies are required to evaluate this certain rare group of patients.

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emophilia is the most common coagulation factor deficiency disease, is hereditary or acquired, and caused by factor inhibitors. Hemophilia A is caused by deficiency of coagulation factor VIII (F VIII), whereas hemophilia B and C patients lack factor IX and factor XI, respectively. Patients with severe hemophilia suffer from spontaneous bleeding, possibly hemophiliac arthroplasty, and require routine prophylactic coagulation factor infusion.

Patients with hemophilia appear to have a higher incidence of chronic kidney disease (CKD) than the general population.¹ Kulkarni *et al.*² reported that the rate of CKD was 4.7 per 1000 among hemophilia patients, and the estimated rate of CKD in the general male population was 2.9 per 1000 in the US. Potential etiologies leading to renal dysfunction in these patients may include HIV infection, hepatitis C virus (HCV) infection,¹ and urinary obstruction due to blood clots.²

With rising life expectancy,³ an increasing number of hemophilia patients with CKD progressed to ESRD and required renal replacement treatment. Until now, the consensus on optimal dialysis modality for these patients was not reached. Hemodialysis (HD) is the most common modality in ESRD patients worldwide.⁴ However, coagulation factor deficiency in hemophilia patients obliges coagulation factor administration during each HD session. The anticoagulation and

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Patient #	1	2	3	4	5	6	7	8
Gender	М	М	М	М	М	М	М	Μ
Dialysis age	44	28	31	55	67	59	56	61
Causes of renal failure	HCV-GN	Obstruction	GN	DN	DN, ATN	DN	Ectopic kidney, Obstruction, NS	DN
Hemophilia type	Severe HHA	Severe HHA	Mild HHA	Moderate HHA	AHA	Severe HHA	Severe HHA	AHA
Other comorbidity	HCV, THPT	Acute myelitis, HTN	HTN, HCV (cured)	HTN	AF, HF	HCV	HTN, HF	CG, HTN
ESRD complication	Overload	data unavailable	Overload, Uremia, HF	None	Overload, HF	Overload HK	Overload, HF	Uremia
Known CKD duration	4 yr	2 yr	10 yr	5 yr	9 yr	5 yr	2 wk ^a	4 yr
Urea (mmol/l)	20.7	56.6	37.6	29.2	28.0	36.2	37.6	41.2
SCr (µmol/l)	1592	2153	1283	645	600	868	946	743
HD before PD	3 mo	<2 wk	None	None	None	None	< 2 wk	None
Notable concurrent treatments ^b	None	None	None	Vitrectomy	Bortezomib	None	None	Rituximab+ bortezomib

Table 1. Baseline characteristics of 8 ESRD patients with hemophilia

AHA, acquired hemophilia type A; CG, cryoglobulinemia; dx, diagnosis; DN, diabetic nephropathy; GN, glomerulonephritis; HCV, hepatitis C virus; HD, hemodialysis or continue renal replacement therapy; HF, heart failure; HK, hyperkalemia; HHA, hereditary hemophilia type A; HTN, hypertension; M, male; NS, nephrotic syndrome; PD, peritoneal dialysis; THPT, tertiary hyperparathyroidism.

^aThe judgment of chronic nature of the patient's kidney disease was based on bilateral renal atrophy.

^bRefers to important treatment within 2 weeks after catheter placement.

potential significant blood pressure fluctuation complicate the hemostasis issue. For PD patients, coagulation replacement therapy was only required for peritoneal catheter placement. Less blood pressure variability also theoretically reduces hemorrhage risk. However, there has been limited data about the safety and efficacy of PD in treating ESRD patients with hemophilia. In this study, we report a single-center case series of 8 ESRD patients with hemophilia treated with PD. Their clinical characteristics, catheter insertion procedure, coagulation factor replacement, complications, outcome of PD, and hemophilia treatment were analyzed.

METHODS

Study Design and Participants

This is a single-center, retrospective cohort study. The ESRD patients with acquired or hereditary hemophilia who received PD treatment in Peking Union Medical College Hospital from January 1, 1996 to December 31, 2021 were included. Their baseline data were compared with other male PD patients in our center. This study was approved by Peking Union Medical College Hospital ethical review committee [ZS-1152]. Given the nonintrusive nature of the research, the written consent was waived.

Baseline Data Collection

The clinical data, including demographic information, primary renal disease, hemophilia diagnosis, and comorbidity were extracted from the medical record. The baseline laboratory data, including Hgb levels, serum creatinine (Cr) levels, F VIII activity, and inhibitors, activated partial thromboplastin clotting time, and estimated glomerular filtration rate calculated based on the Chronic Kidney Disease practice guidelines from the International Society on Thrombosis and Hemostasis.⁶ Catheter Insertion All patients were inserted with the swan-neck silicone

All patients were inserted with the swan-neck silicone rubber catheter under regional anesthesia with 2 Dacron cuffs and coiled tips through blind surgical procedure. The incision allowing passage of the catheter were made as small as possible. Special care was used for minimal trauma and to avoid collateral damage and excessive bleeding. Catheter flow tests were performed right after surgery.

Epidemiology formula were also collected (Tables 1

and 2).⁵ The severity classification was based on

Perioperative Coagulation Factor Supplement

The perioperative supplement plan generally followed the World Federation of Hemophilia guideline' for severe HHA patients. More specifically, F VIII activity was set for 40% to approximately 80% for postoperative day 0 to day 3, 30% to 60% for day 4 to day 6, and 20% to 40% for day 7 to day 14, which was also consistent with later published Chinese Society of Hematology Guideline⁸ for moderate surgery. In the event of minor hemoperitoneum causing nonsignificant Hgb fluctuation, an additional 20 IU/kg F VIII infusion was given. However, the individual plan was additionally determined by the following: (i) independent judgment of hemorrhage risk based on previous bleeding events by different hematologists, and (ii) F VIII affordability of the patient. F VIII pharmacokinetic study was also conducted before surgery to determine F VIII half-life whenever possible in HHA patients, which guided the supplement infusion frequency in case of emergent major bleeding. Activated partial thromboplastin clotting time, F VIII activity, inhibitors, and Hgb level

Table 2.	Perioperative	management	and initial	dialysis	of 8 patients
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Patient #	1	2	3	4	5	6	7	8
Days per hemorrhage episode before	Unknown	Unknown	NAª	NAª	NA	127	77	NA
Baseline FV III (%)	1.4	Data unavailable	12.2	4.6	13.2	2.6	1.8	34
Baseline APTT	87.1s	101s	73.1s	51.5s	72.7s	53.5s	93.5s	40.0s
F VIII Inhibitor (BU/mI)	0	0	0	0	2 BU/ml	0	0	0.7 BU/ml
F VIII target on operational day (%)	80	80	80	50	None	80	80	None
Perioperative complication	Data unavailable	None	D2 Peritonitis D10 blood-tinged effluent.	D3 Minor tunnel exit bleeding	D2 blood- tinged effluent	None	D9 knee	Tunnel exit infection
PD type	Elective	Elective	Elective	Elective	Elective	Elective	Emergent	Elective
Dialysis prescription 1 week within PD initiation	$\begin{array}{c} 1.5\%{\times}2 \hspace{0.1cm} \text{sets}{+} \hspace{0.1cm} 2.5\% \\ \times 2 \hspace{0.1cm} \text{sets} \hspace{0.1cm} + \text{dwell} \end{array}$	$\begin{array}{c} 1.5\%{\times}4 \hspace{0.1 cm} \text{sets}{+} \hspace{0.1 cm} 2.5\% \\ \times 1 \hspace{0.1 cm} \text{set} \hspace{0.1 cm} + \text{dwell} \end{array}$	$\begin{array}{c} 1.5\%{\times}3 \text{ sets}{+}\ 2.5\% \\ \times 2 \text{ sets}{+}\text{dwell} \end{array}$	$1.5\%{\times}3$ sets	1.5%×3sets	$1.5\%{ imes}4$ sets ${ imes}1.5I{ imes}3h$	$1.5\% \times 4$ sets $\times 2I \times 1h \rightarrow 3h$	$1.5\%{ imes}4$ sets ${ imes}2I{ imes}3h$
CCr I/w 1.73 m ² 2 months after PD initiation	58.6	41.33	72.53	90.0	65.1	72.1	60.0	76.5
KT/V 2 months after PD initiation	1.51	2.27	1.69	2.30	1.58	1.84	1.61	2.21
NPCR g/kd·d 2 months after PD initiation	0.89	0.57	0.81	0.92	0.56	0.80	0.56	0.79
rGFR ml/min 2 months after PD initiation	1.69	0.08	4.44	6.02	2.56	4.50	2.64	5.22
UF (ml/d) 2 months after PD initiation	-350	750	0	-350	260	200	1050	700
Urine (ml/d) 2 months after PD initiation	800	0	2600	2300	620	1050	1050	1600
Baseline Cr 4h D/P 6 months after PD initiation	0.74 (HA)	0.77 (HA)	0.71 (HA)	0.85 (H)	0.84 (H)	0.85 (H)	b	0.89 (H)

APTT, Activated partial thromboplastin clotting time; CCr, creatinine clearance; F VIII, coagulation factor VIII; HA, High-average; H, High; HD, hemodialysis or continue renal replacement therapy; Kt/V, urea clearance index; nPCR, normalized protein catabolic rate; PD, peritoneal dialysis; rGFR, residual renal glomerular filtration rate; UF, ultrafiltration. ^aNo significant hemorrhage event was noticed in the previous year.

^bPET postponed due to peritonitis.

were monitored perioperatively. If Hgb remained stable and no obvious hemorrhage was observed at the end of 2 weeks ("perioperative period"), we considered no further need for excessive perioperative supplement. The patients then received regular hemophiliac prophylactic replacement.

Perioperative Dialysis Management

The catheter was routinely flushed on days 2, 7, and 14 postoperatively, and might increase to 3 times a day in the events of peritoneal hemorrhage to avoid obstruction. To avoid hemorrhage caused by rapid dialysate current, the fresh bag in the double-bag Y-set system was kept 60 cm to approximately 80 cm above the patient. Patients were also encouraged to keep a supine position whenever possible to minimize abdominal pressure for the first 2 weeks of PD. Measures like strict dialysate temperature control (37 $^{\circ}$ C), and special care to avoid stretching or abrasion were taken as well.

Follow-ups and Outcomes

Following the clinical routine, all PD patients in our center visited the clinic for the monthly laboratory examination. Their clinical status, comorbidity, complications of infection, and hemorrhage were documented. The urea clearance index (Kt/V), Cr clearance, and residual renal glomerular filtration rate were measured bimonthly. The peritoneal equilibration test was performed every 6 months. Patients with hemophilia were also followed by the hematologists. The primary endpoint was defined as death. Complications, including, peritonitis,⁹ and mechanical complications of PD were recorded. In terms of hemorrhage episodes, it was collected through monthly self-reports. Hemoperitoneum was simply defined as self-reported blood-tinged effluent. Average peritonitis rates were calculated as total follow-up months divided by the number of peritonitis episodes.

Statistical Analysis

Continuous variables with normal distribution were expressed as mean \pm SD and compared by *t*-tests. The skewed distributed variables were presented as the median and interquartile range, analyzed by Mann-Whitney U tests. Categorical data were presented as percentages and compared by chi square test for statistical significance testing. Cox proportional regression model was performed with peritonitis survival. All statistical analyses were conducted by SPSS, version 19.0. (SPSS Inc., Chicago, IL, USA).

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Table 3. Demographic characteristics and baseline laboratory data of PD patients with or without hemophilia

	General male PD	Patients with	
Groups	patients, N = 288	hemophilia, N = 8	P value
Age (yr)	56.6±16.9	49.8±15.0	0.24
BMI (kg/m ²)	23.1±2.9	25.8±4.2	0.12
Hemoglobin (g/l)	90.8±16.9	83.7±19.4	0.47
WBC (10 ⁹ /I)	7±2.8	6.7±1.8	0.65
Blood platelets (10 ⁹ /l)	187.5±72.1	159.3±68.3	0.29
Albumin (g/l)	34.3±6.1	33.4±3.2	0.46
LDL (mmol/l)	2.8±1	2.2±1.1	0.21
K (mmol/l)	4.5±0.7	4.4±0.6	0.43
Ca (mmol/l)	2.3±0.3	2.2±0.2	0.17
P (mmol/l)	1.6±0.6	1.7±0.7	0.64
Uric acid (umol/l)	474±137	565.3±106.8	0.04
Creatinine (umol/l)	694 (552, 871)	907 (669.5, 1515)	0.02
Urea (umol/l)	25.9 (19.5, 32.5)	36.9 (28.3, 40.3)	0.02
eGFR (ml/min/1.73 m ²)	6.7±0.2	5.4±0.8	0.15
PTH (pg/ml)	153 (37, 328)	347(111,400)	0.11

BMI, body mass index; Ca, serum total calcium; eGFR, estimated glomerular filtration rate; K, serum potassium; LDL, low-density lipoprotein; PD, peritoneal dialysis; P, serum phosphorus; PTH, parathyroid hormone; WBC, blood white blood cell counts. Values for continuous variables given as mean \pm SD or median (25th percentile, 75th percentile).

RESULTS

Baseline Characteristics

Until December 31, 2021, our PD program enrolled 947 patients. Among them, 8 hemophilia patients were included in this study. All these patients were male, with a mean age of 50.3 ± 13.3 years old at the initiation of dialysis. Six of them were diagnosed with hereditary hemophilia and the remaining 2 had acquired hemophilia A. As for severity assessment, 4 of the 6 HHA patients were classified as severe, and the other 2 patients were moderate and mild (Table 1).

The causes of ESRD in these patients were various, including diabetic nephropathy (50%, patient 4, 5, 6, 8), postrenal obstruction (patient 2 and 7), and glomerulonephritis (patient 3). Patient 5 was also considered to have acute tubular necrosis due to hypovolemic and cardiogenic shock. Patient 7 suffered from retroperitoneal hematoma, complicated with ectopic kidney and nephrotic syndrome of unknown etiology. The median time from CKD diagnosis to PD was 4.5 years (interquarline range 11.5, 97.25) (Table 1). Baseline median Cr right before dialysis was 907 (interquarline range 669.5, 1515) µmol/l whereas median urea was 36.9 (interquarline range 28.3, 40.3) mmol/l (Table 1). Their serum Cr and urea levels were significantly higher than general male PD patients (Table 3). No significant difference in baseline age, body mass index, Hgb, white blood cell counts, platelets, albumin, electrolytes, and estimated glomerular filtration rate was found between male PD patients with hemophilia and those without (Table 3).

Catheter Insertion Procedure

Catheter insertion procedure was associated with <5 ml hemorrhage for all patients. No significant complication was noted.

Perioperative Coagulation Management

All hereditary hemophilia patients tested negative for F VIII inhibitors before catheterization. For 5 patients (patient 1, 2, 3, 6, and 7), the targeted factor activity before surgery was set as 80%. Patient 4 did not have previous major bleeding history and was only diagnosed with HA before vitrectomy preop workup. The patient had no noticeable bleeding in vitrectomy when F VIII activity target was 50%, and thus the same target was set for catheter placement. The detailed perioperative supplements information was included in Supplementary Table S1. All HHA patients but patient 4 conducted F VIII pharmacokinetic study.

Both acquired HA patients received immunosuppressive treatment with satisfactory inhibitors reduction before catheterization. Patient 5 received 4 courses of bortezomib treatment. Then his F VIII inhibitor dropped from 153.6 to 2.0 BU/ml, activated partial thromboplastin clotting time improved from 114 seconds to 72.7 seconds, and F VIII improved from 0.1% to 13.2% before the placement. He was infused with prothrombin complex concentrate 30 U/kg q8h on operation day and postoperative day 1, 30 u/kg q12h on day 2 to 3, and 20 u/kg QD on day 4 to 7. Patient 7 underwent 1 course of rituximab and bortezomib before the surgery. F VIII inhibitor dropped from 120.0 to 0.7 BU/ml, whereas thromboplastin activated partial clotting time improved from 63.8 seconds to 40 seconds and F VIII improved from 1.2% to 34.0%. No additional supplementation of coagulation product was used perioperatively (Table 2).

Perioperative Complication

One HHA patient (patient 3) and 1 acquired HA patient (patient 5) showed blood-tinged effluent on postoperation day 2. Patient 3 recovered with the enhancement of coagulation factor infusion whereas hemorrhage in patient 5 spontaneously eased after the start of PD (Table 2). All patients showed stable Hgb levels during the 2 postoperative weeks (see raw data in Supplementary Table S2).

Initiation of PD

Patient 7 received urgent-start PD due to heart failure (New York Heart Association functional classification IV) on postop day 3, starting with automated PD 800 ml/set $\times 100$ min/set $\times 10$ sets $\times 2$ days and gradually transited to continuous ambulatory PD (CAPD)



Figure 1. Suspected retroperitoneum hematoma (shown as*). (a) 16 months before PD, size $6.6 \times 5.5 \times 9.5$ cm. (b) Same month of catheter placement, size $3.5 \times 5.2 \times 6.5$ cm. (c) 7 months after PD, size $7.3 \times 7.3 \times 11$ cm.

1.5 l/set×4 hours×4 sets/day in 2 weeks. The other 7 patients started PD 2 weeks after catheterization. All temporary HD or other renal replacement therapy stopped after PD initiation (Table 2), then transited to CAPD in 2 weeks. First clearance evaluation (2 months after dialysis) showed that HA patients had lower mean Kt/V (Kt/V, 1.88 \pm 0.33 vs. 2.31 \pm 0.65, P = 0.01), lower Cr clearance (Cr clearance, 67.0±14.4 vs. 85.1±31.2 L/ w \cdot 1.73 m², P = 0.01) and lower nPCR (0.74 ± 0.15 vs. 0.91 ± 0.23 g/kd·d, P = 0.02) than general male PD patients in our center. Meanwhile, no significant difference was found for residual renal glomerular filtration rate (3.54 [1.91, 5.04] vs. 3.35 [1.68, 5.57] ml/min, P = 0.82, ultrafiltration (230 [-263, 737] vs. 450 [23.75, 877.5] ml, P = 0.30 and urine volume (1050) [665, 2125] vs. 850 [500, 1400] ml, P = 0.53). The ratio between 4-hour Cr dialysate and plasma (Cr 4h D/P) in peritoneal equilibration test 6 months after the start of PD was significantly higher than the general male PD patients in our center (0.81 \pm 0.07 vs. 0.68 \pm 0.11, P = 0.01).

Hemophiliac Outcomes

Seven patients demonstrated significantly increased 6-month average Hgb levels after PD (average increment 25.6g/l, P = 0.03). Only patient 7 showed significant Hgb decrement, possibly due to an enlarged retroperitoneal hematoma (Figure 1). Two of the 4 severe HHA patients (patients 6 and 7) received increased F VIII infusions after initiation of PD (Table 4). Among the total 58 episodes of bleeding reported before this study (Figure 2), most of the events were joint hemorrhage (52%), muscle bleeding (16%), and urinary bleeding (10%). Of the 5 (8.6%, once every 71 months on average frequency) episodes of peritoneal hemorrhage, 1 major hemorrhage episode (1.7%) was associated with hypovolemic shock and the rest were merely blood-tinged without significant Hgb reduction.

PD Complications and Outcomes

The median follow-up was 15 (10.8, 92.3) months till February 1, 2022. None of the patients experienced technical failure or were transferred to HD or renal transplant. Patient 5 achieved complete remission for his acquired hemophilia A after 6 courses of bortezomib treatment. He died of pneumonitis after a period of rituximab therapy for the acquired hemophiliac relapse in the thirteenth month of PD. Patient 4 moved to another center in the seventh month because of personal reasons (Table 4). Patient 2 switched to automated PD due to insufficient small solute clearance in the fifth year, while the rest of the patients continued with CAPD. The average peritonitis rate of the 8 patients was every 29.7 months, much shorter than every 77.0 months of the general PD patients (Table 4), whereas 93% of the total 14 episodes (Supplementary Table S3) happened in the first 3 years of PD and 2 patients (Patient 2 and 3) suffered 63% of the episodes. Hemophilia was a risk factor in Cox regression for peritonitis in male patients (Relative risk = 4.4, 95%confidence interval 1.9–10.0, P < 0.001), though the size of this cohort was not powered to support cofounding factor adjustment. Details on peritonitis in PD patients and a summary of bacteriology and risk factors in PD patients in our center were listed in the supplementary material.

DISCUSSION

To our limited knowledge, this study might be the largest case series presenting data of ESRD patients with hemophilia treated with PD. Both successful HD¹⁰⁻¹⁵ and PD^{10,16-18} cases were reported before, with unique advantages of each technique. HD provided more intensive care but increased the risk of bleeding exposure and required regular administration of coagulation factor in concomitance with each HD process.² The PD patients only need extra factor infusion perioperatively with routine safe dialysis at home; it was especially beneficial

Table 4.	Follow-ups	on	complications	and	outcome	of	Ρ	'D
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Patient #	1	2	3	4	5	6	7	8
PD modality	CAPD	$CAPD \rightarrow APD$	CAPD	CAPD	CAPD	CAPD	CAPD	CAPD
Outcome	Continue	Continue	Continue	Transferred	Deceased	Continue	Continue	Continue
Total follow-ups (mo)	159	131	86	7	13	17	21	6
6-month average F VIII infusion before PD	Data unavailable	Data unavailable	0	0	NAª	108 IU/d	94 IU/d	NAª
6-month average F VIII infusion after PD	33 IU/d	68 IU/d	0	0	NAª	266 IU/d	301 IU/d	NAª
Days per hemorrhage episode 1 year before PD	Data unavailable	Data unavailable	NA ^b	NA ^b	NA ^c	127	77	NA ^c
Days per hemorrhage after PD ^d	167	165	2395	NA ^b	NA ^c	76	90	NA ^c
Hemoperitoneum after PD	0	2	1	0	0	0	2	Data unavailable
6-month average Hgb before PD (g/l)	105	78	81	85	78	94	89	67
6-month average Hgb after PD (g/l) ^e	111	111	147	112	112.5	118	78	112
Average peritonitis rates (mo)	159	33	17	7	13	17	21	Data unavailable
Average peritonitis rates of corresponding control ^f (mo)	77	56	71	69	68	69	69	68
Tunnel exit infection (counts)	4	4	4	1	3	0	2	0
Most recent CCr I/w 1.73 m ²	62.4	52.01	37.5	97.3	51.2	94.1	61.8	76.6
Most recent KT/V	1.93	1.77	1.50	2.14	1.61	2.71	1.65	1.97
Most recent nPCR g/kd.d	0.90	0.57	0.93	0.83	0.64	0.95	0.78	0.95
Most recent rGFR ml/min	0	0	0	5.85	1.63	6.18	0.78	3.05
Most recent UF (ml/d)	900	1200	2400	500	1050	180	450	-200
Most recent Urine (ml/d)	0	0	0	1250	550	1350	350	1500

APD, automated peritoneal dialysis; CAPD, continuous ambulatory peritoneal dialysis; F VIII, coagulation factor III; Hgb, hemoglobin; PD, peritoneal dialysis; UF, ultrafiltration. ^aAcquired HA.

^bNo significant hemorrhage event was noticed in the previous year.

^cIncomparable due to improvement in F VIII inhibitors.

^dOne year or longest possible follow-up duration, whichever shorter.

^eOr longest possible follow-up duration, whichever shorter.

^fCompared to patients of the same age group in general male PD patients.

for patients who suffered from hemophiliac arthropathy with restricted mobility. Therefore, some literature recommended PD to be the optimal choice for ESRD patients with hemophilia and other hereditary clotting disorders.¹⁷ Nevertheless, other literature addressed the possible limitations of PD, including the potential risk of PD-related complications, such as hemoperitoneum, peritonitis, and peritoneal catheter infection;¹ and especially limitation of its efficacy in complicated HIV-positive subjects and decompensated HCV patients with ascites.

For primary renal causes of our ESRD patients, besides general common etiology like diabetic nephropathy,¹⁹ HCV infection and urinary obstruction from hematoma were notable. HCV infection was not rare in elderly HHAs who were prone to frequent blood product infusion back in days when HCV testing was not a standard procedure. Obstruction due to



Figure 2. The location of bleeding episodes reported after initiation of peritoneal dialysis.

hematoma might be another hemophilia-specific cause of ESRD though not proven significant in hemophilia CKD patients in Europe.¹ In general, we should pay more attention to viral infection and obstruction in the etiology of CKD patients with hemophilia.

Surprisingly, we noticed that patients with hemophilia had lower small solute clearance compared to other male patients despite higher peritoneal permeability. It might be because of the shorter dwell time to avoid hemorrhage at starting dialysis (Figure 2). During the CAPD process, hemophiliac arthropathy and insufficient family assistance might lead to shorter exchanges. Considering that the increased Kt/V or Cr clearance did not contribute to survival in recent studies,²⁰ lower Kt/V was not the critical limitation for PD. As a proven risk factor of the technique survival,²⁰ the ultrafiltration was sufficient in these patients with hemophilia.

Our data showed that catheterization and initiation of PD was a safe process for patients with hemophilia. Even in urgent start dialysis, major perioperative hemorrhage could be avoided. During follow-ups, stable Hgb could be anticipated if monthly clinic visits, routine monitoring, in-time F VIII infusions, and erythropoietin and iron supplement were guaranteed (Supplementary Table S4). Contrary to our anticipation, hemoperitoneum was unusual in these patients. It was difficult to confirm whether the bleeding was spontaneous or related to catheter insertion, because both procedures (invasion, abrasion by catheter, volumeexpansion caused by dialysate) and hemophilia could contribute to peritoneal hemorrhage. In this study, joints and muscles still contributed to most hemorrhage episodes, similar to general patients with hemophilia.²¹

Potential disturbance over hemostasis was another concern in PD patients. Some were worried that F VIII might leak into the dialysate, and others reported that PD facilitates regional fibrin consumption,²² which could both worsen coagulation. Nonetheless, F VIII has a size of 200 to 300 Kd,²³ making it extremely difficult to pass through the peritoneal membrane. In addition, previous literature showed that PD patients had higher, rather than lower, plasma fibrinogen concentration, tissue factors, and low-grade coagulation system than HD patients or healthy controls, indicating a more prothrombotic profile in these patients.²⁴⁻²⁶ In pediatric PD patients, F VIII, VII, and von Willebrand factor activity were even higher than in healthy controls.²⁷ Until now, no evidence supports that PD might deteriorate hemophilia treatment. However, special vigilance for hemorrhage is still necessary, especially in patients with previous retroperitoneal hematoma as demonstrated by patient 7.

Our data showed that patients with hemophilia might have a higher peritonitis rate than other PD patients. Though other risk factors for peritonitis in our center (Tenckhoff catheter, CAD, see in Supplementary Table S5) were similar between hemophilia and general male PD patients (Table 3), this study was not powered enough to determine if hemophilia was an independent risk factor. Two patients (patient 2 and 3) contributed 63% of all peritonitis episodes, which might prompt suspicion that "outlier" individuals skewed the average frequency in a small sample size cohort. Nonetheless, the rest of the 6 patients still had higher peritonitis frequency than the general male PD patients in our center (per 38 months vs. 77 months). The potential risk factors for higher peritonitis frequency were poor self-care capacity because of hemophiliac arthropathy (patient 1, 2, 6, and 7) or myelitis (patient 2), the immunosuppressant therapy for acquired hemophilia (patient 5 and 8), secondary infection of hematoma, and less support from poor financial status (patient 3). The more frequent tunnel exit incidence paralleled the peritonitis for similar reasons. Multiple manual access in CAPD may theoretically contribute to higher rates compared with automated PD.⁸ Nevertheless, the automated PD ratio was similar between patients with hemophilia and without (12.5% vs. 14.3%) in our center (n = 553), indicating that there might be other contributing factors causing peritonitis.

Our study has several limitations. The sample size was quite small due to the scarcity of patients. It restricted additional parameter adjustment in statistical analysis. More studies were required to evaluate whether dialysis inadequacy, higher peritoneal permeability, uncommon peritoneal hemorrhage, and higher rate of peritonitis were typical for these patients. Due to the limited data, the perioperative coagulation replacement was exploratory and not standardized. We are working on developing a standard protocol in hopes of offering more evidence for future management of these patients. Finally, all patients were type A, thereby limiting the experience to be extended to type B, type C, and von Willebrand disease.

In conclusion, we reported a case series of ESRD hemophilia patients treated with PD. Our data showed that PD was a safe and effective modality of choice for ESRD hemophilia patients. Besides proper perioperative coagulation factor supplement, a close monitoring of Hgb, local symptoms, and potential secondary infection or hemorrhage over existing hematoma should be warranted.

DISCLOSURE

All the authors declared no competing interests.

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SUPPLEMENTARY MATERIAL

Supplementary File (PDF)

Table S1. Perioperative coagulation replacement for ESRD patient with hemophilia.

Table S2. Hgb (g/l) measurement during first 14 days afterPD catheter insertion.

Table S3. Peritonitis in patients with hemophilia.

Table S4. Anemia-supportive medication and average serum iron and ferritin within first 6 months after PD initiation.

Table S5. Risk factor for peritonitis in single variable logistic regression in general PD patients (N = 553).

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