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# Fitoterapia



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# Evaluation of antirotavirus activity of flavonoids

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1. Introduction

## ABSTRACT

Flavonoids are dietary components and the most ubiquitous phenolic compounds found in nature, showing a range of pharmacological activities including antiviral action. This study describes the antiviral screening of 60 different flavones and flavonols against human rotavirus (Wa-1 strain) as well as their cytotoxicity in MA104 cells. Cytotoxicity was investigated by cell morphology assessment and antirotavirus activity by cytopathic effect inhibition. Results were expressed as  $CC_{50}$  and  $IC_{50}$ , respectively, in order to calculate the selectivity index (SI =  $CC_{50}$ /IC<sub>50</sub>) of each compound. Structure–activity relationships (SAR) were proposed based on antirotavirus activity.

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# Flavonoids are polyphenolic compounds that can be found as dietary components such as food products, beverages and herbal medicines with different health benefits shown in a large number of studies [1]. Several pharmacological activi-

ties have been described for flavonoids such as antitumor [2], antibacterial [2–4], antifungal [3,4], antiallergic, estrogenic, anti-inflammatory [2], prevention of cardiovascular diseases [5] and antiviral [3,4,6]. In addition, they are well-known antioxidants and metal ion-chelators [4,7].

Natural products have shown to be an important source of useful compounds in antiviral chemotherapy [8,9]. Compounds with promising activity can be used directly as drugs or as leads for the synthesis of new drugs. During the last few years, efforts have been made to increase the number of compounds with antiviral activity. Clinical use of the currently available antiviral drugs has use restrictions as narrow spectrum of activity, limited therapeutic usefulness and variable degrees of toxicity [10]. Furthermore, the therapeutic potency of most of the antiviral agents encountered so far is counterbalanced by their severe side effects in humans and, in some cases; the efficacy of these drugs is limited by increase of viral resistance [11]. Therefore, the search for antiviral compounds with high efficacy, low toxicity and minor side effects must continue to improve drug therapy.

Flavonoids have been investigated for antiviral activity, for instance, against human cytomegalovirus [12,13], herpes simplex virus types 1 and 2 [14–17], influenza virus, respiratory syncitial virus, adenovirus, varicella zoster virus [12], poliovirus [14,18,19], rhinovirus [19], sindbis virus [20], coronavirus, parainfluenzavirus, coxsackievirus B [8], HIV [21] and rotavirus [6].

Among enteric viruses, rotaviruses are the major cause of severe diarrhea and it is believed that they would account for about 30 to 80% of pediatric hospitalizations for acute gastroenteritis. Rotaviruses affect nearly the population



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regardless of level of hygiene, quality of water, food and sanitation. Generally, the estimated incidences of rotaviruses in developed and developing countries are similar. The infections may be asymptomatic or may present mild vomiting and/or diarrhea, but can also cause severe disease leading to potentially fatal dehydration. Currently, the goals of treatment of rotaviruses gastroenteritis are to prevent and treat dehydration, and prevent nutritional damage during and after diarrhea episodes [21]. Recently, two rotavirus vaccines have entered in the market: RotaRix (GlaxoSmithKline) and RotaTeq (Merck/CSL) and several issues could be resolved with these new vaccines [22].

Rotavirus is a nonenveloped virus which has a segmented, double-stranded RNA genome surrounded by three concentric protein layers [23]. According to the Coulson and Liakatos et al. [24,25] the rotavirus entry into host cell is a multi-step process, requiring at least three virus host-cell interactions. The rotavirus initially binds to host cell-surface glycoconjugates, followed by interactions independent of sialic acid, believed to be part of the lipid domains in which integrins are thought to play an important role. The understanding of these interaction mechanisms between virus and cell is relevant, since it can contribute to a rational selection of compounds to be tested in antiviral assays.

The importance of this health public problem and the significant amount of data available on rotavirus replication, as well the promising biological effects of flavonoids, led us to use this virus as a system to study the antiviral activity of different compounds. Thus, the aim of this study was to evaluate the potential antirotavirus of 60 flavonols and flavones (Fig. 1, Tables 1 and 2) and to investigate structure–activity relationships (SAR).

### 2. Materials and methods

Flavonols identified as **8**, **10**, **12**, **20**, **21**, **28**, **29**, **31**, **32** and **34** were purchased from Sigma and others were synthesized [26]. Flavones identified as **49**, **54**, **55** and **57** were synthesized [26] and others were purchased from Sigma.

Compounds were assayed for their toxicity to MA104 cells by microscopical morphology evaluation [27,28] and for their antirotavirus activity (Wa-1 strain) by cytopathogenicity inhibition [29]. They were dissolved in 1% of dimethyl sulfoxide (DMSO, Merck, Darmstadt, Germany) diluted in 199 medium (Sigma Chemical Co., St. Louis, MO, USA) and filtered through 0.22 µm membranes (Millipore, Bedfore, MA, USA). All stock solutions were stored at 4 °C protected from light until used. The used cell line was MA104 cells (Biological Science Institute, University of São Paulo, Brazil), grown in 199 Medium (Sigma Chemical Co., St. Louis, MO, USA) and supplemented with 10% fetal bovine serum (Gibco BRL, New York, USA), penicillin G (100 U/ml), streptomycin (100  $\mu$ g/ml) and amphotericin B (0.025  $\mu$ g/ml) (Gibco BRL, New York, USA). The cell cultures were maintained at 37 °C in a humidified 5% CO<sub>2</sub> atmosphere. The human rotavirus Wa-1 (ATCC: VR2018) was used and it was propagated in MA104 cells in the presence of trypsin (Sigma, 5  $\mu$ g/ml). Stock viruses were prepared as previously described by Barardi et al. [27] and the supernatant fluids were harvested, titrated and stored at -80 °C until used. Virus titers were estimated from cytopathogenicity by the limit-dilution method and expressed as 50% tissue culture infectious dose per ml (TCID<sub>50</sub>/ml).

The  $CC_{50}$  (cytotoxic concentration for 50% of cells) and  $IC_{50}$  (inhibitory concentration for 50% of infected cells) values were estimated from concentration–effect curves after linear regression analysis, and represent the mean values of three independent experiments.

The selectivity index ( $SI = CC_{50}/IC_{50}$ ) was calculated for each tested flavonoid. According to Sidwell [30], when  $SI \ge 4$  promising antiviral activity must be considered.

### 3. Results

The selectivity indexes (SI) were calculated from the cytotoxic and inhibitor concentrations (Tables 1 and 2) and the values obtained were considered to propose a structure–activity relationship. In tests with non-cytotoxic concentrations, the compounds showed different degrees of antirotavirus activity, excepting the flavonols 1, 3, 5, 7, 8, 14–16 and **28–30**, and the flavones **35**, **44–46**, **48** and **55**. The majority of tested flavonols and flavones demonstrated SI  $\geq$  4, indicating a favorable activity against human rotavirus (Wa-1 strain).

#### 4. Discussion

In the present study, the cytotoxicity and antiviral action of 60 flavonoids were evaluated on MA104 cells, which have susceptibility to human rotavirus. Taking into account these results, the selectivity index for each compound was calculated and these values were considered to describe SAR. The tested flavonoids were divided in groups according to their similar structural characteristics and some SAR were proposed considering the conformational effects exerted by the substituents.



Fig. 1. Basic structures of flavonols (A) and flavones (B).

Table	1
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Substitution patterns of tested **flavonols** and their cytotoxic (CC<sub>50</sub>) and viral inhibitory (IC<sub>50</sub>) concentrations, as well as their selective indices (SI = CC<sub>50</sub>/IC<sub>50</sub>).

Number	R2′	R3′	R4′	R5′	R6′	R5	R6	R7	MW	CC <sub>50</sub>	IC <sub>50</sub>	SI
1	OH	Н	Н	Н	Н	Н	Н	Н	254.24	61.36	NA	-
2	Н	OH	Н	Н	Н	Н	Н	Н	254.24	61.36	27.53	2.2
3	Н	Н	OH	Н	Н	Н	Н	Н	254.24	61.36	NA	-
4	Н	OH	OH	Н	Н	Н	Н	Н	270.24	57.73	14.43	4.0
5	OH	Н	Н	OH	Н	Н	Н	Н	270.24	57.73	NA	-
6	Н	OH	OH	OH	Н	Н	Н	Н	286.24	27.25	18.17	1.5
7	Н	Н	OCH <sub>3</sub>	Н	Н	Н	Н	Н	268.26	29.08	NA	-
8	Н	Н	Н	Н	OCH <sub>3</sub>	Н	Н	Н	268.26	44.73	NA	-
9	OCH <sub>3</sub>	Н	OCH <sub>3</sub>	Н	Н	Н	Н	Н	298.29	52.30	26.15	2.0
10	Н	Н	OCH <sub>3</sub>	OCH <sub>3</sub>	Н	Н	Н	Н	298.29	52.30	13.07	4.0
11	Н	OCH <sub>3</sub>	OCH <sub>3</sub>	OCH <sub>3</sub>	Н	Н	Н	Н	328.38	47.51	11.88	4.0
12	Н	Н	OCH <sub>3</sub>	OCH <sub>3</sub>	OCH <sub>3</sub>	Н	Н	Н	328.38	23.75	6.09	3.9
13	Н	Н	OCH <sub>2</sub> C <sub>6</sub> H <sub>5</sub>	Н	Н	Н	Н	Н	344.36	22.65	3.78	6.0
14	Н	OCH <sub>2</sub> CH <sub>3</sub>	Н	Н	Н	Н	Н	Н	282.29	110.52	NA	-
15	OCH <sub>2</sub> CH <sub>3</sub>	Н	Н	Н	Н	Н	Н	Н	282.29	110.52	NA	-
16	OCH <sub>2</sub> CH <sub>3</sub>	Н	OCH <sub>2</sub> CH <sub>3</sub>	Н	Н	Н	Н	Н	326.34	47.80	NA	_
17	OCH <sub>2</sub> CH <sub>3</sub>	Н	Н	OCH <sub>2</sub> CH <sub>3</sub>	Н	Н	Н	Н	326.34	23.90	11.95	2.0
18	Н	OCH <sub>2</sub> CH <sub>3</sub>	OCH <sub>2</sub> CH <sub>3</sub>	Н	Н	Н	Н	Н	326.34	47.80	7.97	6.0
19	OCH <sub>2</sub> C <sub>6</sub> H <sub>5</sub>	Н	Н	Н	Н	Н	Н	Н	344.36	45.30	7.55	6.0
20	Н	Н	Н	Н	OCH <sub>2</sub> C <sub>6</sub> H <sub>5</sub>	Н	Н	Н	344.6	45.27	5.51	8.2
21	Н	Н	CH <sub>2</sub> CH <sub>3</sub>	Н	Н	Н	Н	Н	266.29	14.65	3.64	4.0
22	Н	$O(CH_2)_3CH_3$	Н	Н	Н	Н	Н	Н	310.34	25.13	6.12	4.1
23	$O(CH_2)_3CH_3$	Н	Н	Н	Н	Н	Н	Н	310.34	301.93	75.40	4.0
24	Н	Н	$O(CH_2)_3CH_3$	Н	Н	Н	Н	Н	310.34	201.39	40.60	5.0
25	Н	$O(CH_2)_3CH_3$	$O(CH_2)_3CH_3$	Н	Н	Н	Н	Н	382.45	40.79	6.80	6.0
26	$O(CH_2)_3CH_3$	Н	$O(CH_2)_3CH_3$	Н	Н	Н	Н	Н	382.45	40.79	10.20	4.0
27	Н	Н	Н	Н	Н	Н	Н	OH	254.24	61.36	15.73	3.9
28	Н	OH	OH	Н	Н	OH	Н	OH	302.24	103.23	NA	-
29	Н	Н	Н	Н	Н	Н	OCH <sub>3</sub>	Н	268.26	29.08	NA	-
30	Н	Н	Н	Н	Н	Н	Н	OCH <sub>3</sub>	268.26	29.08	NA	-
31	Н	Н	OCH <sub>3</sub>	Н	Н	$OCH_3$	Н	Н	298.29	26.15	4.69	5.6
32	Н	Н	OCH <sub>3</sub>	Н	Н	Н	OCH <sub>3</sub>	Н	298.29	104.60	17.43	6.0
33	Н	Н	OCH <sub>3</sub>	Н	Н	Н	Н	OCH <sub>3</sub>	298.29	26.15	6.37	4.1
34	OCH <sub>3</sub>	Н	OCH <sub>3</sub>	Н	Н	Н	Н	OCH <sub>3</sub>	329.12	47.40	11.85	4.0
35	Н	Н	Н	Н	Н	Н	Н	OCH <sub>2</sub> CH <sub>3</sub>	282.29	110.52	NA	-
36	Н	Н	OCH <sub>2</sub> CH <sub>3</sub>	Н	Н	Н	Н	OCH <sub>2</sub> CH <sub>3</sub>	326.34	47.80	11.95	4.0
37	Н	OCH <sub>2</sub> CH <sub>3</sub>	Н	Н	Н	Н	Н	OCH <sub>2</sub> CH <sub>3</sub>	326.34	47.80	7.97	6.0
38	Н	Н	Н	Н	Н	Н	Н	O(CH <sub>2</sub> ) <sub>3</sub> CH <sub>3</sub>	310.34	50.27	8.38	6.0
39	Н	Н	OCH <sub>2</sub> C <sub>6</sub> H <sub>5</sub>	Н	Н	Н	Н	OCH <sub>2</sub> C <sub>6</sub> H <sub>5</sub>	450.49	69.26	17.31	4.0

MW = molecular weight; NA = no antiviral activity; CC<sub>50</sub> (µM), MA104 cells; IC<sub>50</sub> (µM), human rotavirus. Substances **8**, **10**, **12**, **20**, **21**, **28**, **29**, **31**, **32** and **34** were purchased from Sigma and others were synthesized [26].

For the flavonols, the A ring without radicals, compounds 1–26, with hydroxyl groups in *orto* position (1, 3 and 5) did not grant antiviral activity, but not when it was in *meta* position (2, 4 and 6). Considering just one methoxyl in B ring (7 and 8), antiviral action was not observed, in contrast to the existence of two (9 and 10) or three (11 and 12) methoxyl radicals in B ring. A considerable antirotavirus action was detected in the presence of benzyloxyl radical in the same ring (13, 19 and 20). In view of ethoxyl radicals in B ring (14–18), the promising antiviral activity was linked to the presence of two of this radical in *meta* position (18). Compounds with butoxyl radicals in B ring (22–26) also showed activity, with higher activity for orto/meta positions of this radical (25).

Antiviral activity was provided for compounds with one butoxyl group in A ring (**38**), one ethyl radical in B ring (**21**) and one benzyloxyl radical simultaneously in A and B rings (**39**).

When A ring has one methoxyl group (**29–34**), the antiviral activity was detected only if the B ring also has a methoxyl at the R4′ position (**31–34**).

With one substituent ethoxyl in A ring (**35–37**), an antiviral activity was detected only in the presence of one ethoxyl radical in B ring at the R3' or R4' position (**36** and **37**).

In view of the A and B rings containing two hydroxyl groups each one (**28**), the antiviral activity was not observed. The same result was observed when the flavonol comprised only one hydroxyl in B ring and no substituent in A ring (**3**).

For the flavonols, the presence of two or more methoxyl and ethoxyl radicals, one or two butoxyl radicals, and one benzyloxyl radical showed antiviral activity while compounds containing only one methoxyl or ethoxyl radical did not reduce the rotavirus infection.

In view of the role that sialic acid has in infection by rotavirus, Fazli et al. [31] evaluated the antiviral effect of lactose-based sialylmimetics, with different chemical variations in order to find new target for therapeutic intervention. The results of this study suggested that small alkyl groups are tolerated in the binding pocket of the viral adhesion proteins of the bovine and human strains, and that aryl groups may be too sterically demanding (or too hydrophobic) for the human (Wa) strain of rotavirus. These findings could contribute to explain the higher antirotavirus effect found for flavonols that had butoxyl groups or one benzyloxyl radical (compound **20** had the highest selectivity index of tested compounds).

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Number	R3′	R4′	R5′	R3	R5	R6	R7	R8	MW	CC <sub>50</sub>	IC <sub>50</sub>	SI
40	Н	OH	Н	Н	OH	OCH <sub>3</sub>	OCH <sub>3</sub>	OCH <sub>3</sub>	344.0	22.67	7.56	3.0
41	Н	OH	Н	Н	OH	OCH <sub>3</sub>	OCH <sub>3</sub>	Н	316.0	49.37	12.34	4.0
42	Н	OH	Н	Н	OH	Н	OCH <sub>3</sub>	Н	284.6	54.81	18.27	3.0
43	OH	OH	Н	OCH <sub>3</sub>	OH	Н	OH	Н	316.26	49.33	12.33	4.0
44	OH	OH	Н	O-RHAMNOSE	OH	Н	OH	Н	448.38	69.58	NA	-
45	OH	OH	Н	O-RHAMNO-	OH	Н	OH	Н	610.51	51.10	NA	-
46	ОН	OH	Н	H	ОН	Н	ОН	Н	286.24	27.25	NA	_
47	OH	OH	Н	OSO3	OH	Н	OH	Н	381.3	40.91	10.23	4.0
48	Н	OCH <sub>3</sub>	Н	Н	Н	OCH <sub>2</sub> C <sub>6</sub> H <sub>5</sub>	Н	Н	357.38	21.83	NA	_
49	Н	OCH <sub>3</sub>	Н	Н	OCH <sub>3</sub>	OCH <sub>3</sub>	OCH <sub>3</sub>	OCH <sub>3</sub>	372.37	167.84	28.20	6.0
50	Н	OCH <sub>3</sub>	Н	Н	OH	Н	OCH <sub>3</sub>	Н	298.0	52.35	13.09	4.0
51	Н	OCH <sub>3</sub>	Н	Н	OH	OCH <sub>3</sub>	OCH <sub>3</sub>	OCH <sub>3</sub>	358.0	43.58	7.26	6.0
52	Н	OCH <sub>3</sub>	Н	Н	OH	OCH <sub>3</sub>	OCH <sub>3</sub>	Н	328.0	23.78	15.55	1.5
53	Н	$OCH_3$	$OCH_3$	Н	OH	OCH <sub>3</sub>	$OCH_3$	Н	342.24	45.58	17.53	2.6
54	Н	OCH <sub>3</sub>	OCH <sub>3</sub>	Н	OCH <sub>3</sub>	OCH <sub>3</sub>	OCH <sub>3</sub>	Н	372.37	41.89	6.98	6.0
55	Н	$OCH_3$	$OCH_3$	Н	$OCH_3$	OCH <sub>3</sub>	OCH <sub>3</sub>	$OCH_3$	402.40	38.77	NA	-
56	Н	$OCH_3$	$OCH_3$	OCH <sub>3</sub>	OH	Н	$OCH_3$	Н	342.24	45.58	30.10	1.5
57	Н	$OCH_3$	$OCH_3$	OCH <sub>3</sub>	$OCH_3$	OCH <sub>3</sub>	$OCH_3$	$OCH_3$	432.42	36.08	18.04	2.0
58	OCH <sub>3</sub>	OCH <sub>3</sub>	Н	Н	OH	OCH <sub>3</sub>	OCH <sub>3</sub>	OCH <sub>3</sub>	376.34	124.62	31.09	4.0
59	OCH <sub>3</sub>	OH	Н	OCH <sub>3</sub>	OH	Н	OCH <sub>3</sub>	OCH <sub>3</sub>	374.34	41.67	6.95	6.0
60	OH	$OCH_3$	Н	OCH <sub>3</sub>	OH	OCH <sub>3</sub>	OCH <sub>3</sub>	OCH <sub>3</sub>	404.37	77.16	77.16	1.0

Substitution patterns of tested **flavones** and their cytotoxic (CC<sub>50</sub>) and viral inhibitory (EC<sub>50</sub>) concentrations, as well as their selective indices (SI = CC<sub>50</sub>/IC<sub>50</sub>).

MW = molecular weight; NA = no antiviral activity;  $CC_{50}$  ( $\mu M$ ), MA104 cells;  $IC_{50}$  ( $\mu M$ ), human rotavirus. Substances **49**, **54**, **55** and **57** were synthesized [26] and others were purchased from Sigma.

Concerning the tested flavones, an antiviral action was shown when the B and C rings did not have methoxyl substituents (**40–42**) and had one hydroxyl and hydroxyl radicals in A ring.

Table 2

In the case of flavones without methoxyl substituents in A and B rings (43-47), the presence of O-rhamnose and Orhamno-glucose at R3 position (44 and 45, respectively) or the absence of radical (46) in C ring did not provide antiviral activity. Bae et al. [32] tested the in vitro inhibitory action of different rhamnoglycosides on rotavirus infection in that dosmin and hesperidin had a higher activity ( $IC_{50} = 10 \,\mu M$ ). These same authors reported a low inhibitory effect for rutin, which it could be related to its low solubility in water. The antirotavirus activity results found in our study for the compounds **45** (rutin) and **46** (quercetrin) were similar to those of Bae et al. [32]. On the other hand, Jolly et al. [33] considered the galactose an important component of the host cell receptor since applied galectins (galactose-recognising proteins) inhibited rotavirus infection. However, flavonoids containing this sugar were not synthesized in this study in order to evaluate the antirotavirus effect.

The presence of [-OSO<sub>3</sub>] radical (**47**) or methoxyl radical (**43**) in C ring conferred an antiviral activity. Takahashi et al. [23] evaluated the in vitro and vivo antiviral activity of sulfated sialyl lipid (NMSO3) and they suggested that this compound may bind to the specific sites of VP4 and/or VP7 of human rotavirus by either hydrophobic association of lipid chains or negative charge of sulfate residues followed by an interference with the binding of VP4 and/or VP7 to cellular receptor(s) by steric hindrance. Although only one compound containing [-OSO<sub>3</sub>] radical was tested in our study, this group appears to be important for an antiviral effect.

Taking into consideration just one methoxyl radical in R4' and no radical in C ring (**48–52**), the presence of methoxyl radicals in A ring provided antiviral activity, independently of hydroxyl groups in this ring. However, an antiviral activity was not shown in the presence and absence of benzyloxyl and methoxyl radicals in A ring (**48**), respectively.

In the presence of two methoxyl radicals in B ring and no radicals in C ring (**53–55** and **58**), the addition of methoxyl radicals in A ring contributed to an antiviral activity, independently of hydroxyl groups in this last ring. On the other hand, an antiviral effect was not shown in the presence of four methoxyl substituents in B ring (**55**). For two methoxyl radicals in B ring and one methoxyl in C ring (**56** and **57**), a weak antirotavirus activity was verified.

The flavones **59** and **60** have similar characteristics in their B and C rings and they can be distinguished from other tested flavones by methoxyl and hydroxyl radicals in B ring. The absence of methoxyl in R6 position of A ring (**59**) could explain the antiviral activity when these compounds were compared.

Considering the same A and C rings (**49** and **55**), the absence of methoxyl in R5' position of B ring (**49**) could explain the antiviral activity observed.

For the tested flavones, the SAR analysis suggests that the presence of methoxyl group in A ring is relevant to antirotavirus action, nevertheless, the characteristics about the other rings also need to be considered to each compound.

Thirty-four amongst 60 tested compounds showed moderate antiviral activity  $(SI \ge 4)$  and these results encourage further exploration about this property of these flavonoids, as well as the confirmation of the detected antirotavirus activity by other methodologies and the investigation of their action mechanism. These effects in vitro from the structural aspects represent only preliminary results since the antiviral or cytotoxic activity of flavonoids is related to multiple factors. Concomitantly, metabolism studies should be carried out due to the fact that several flavonoids can degrade to variable extents in the digestive

tract. A screening of bioactive compounds, synthetic or isolated from natural sources, and the evaluation of their SAR, allied to technological advances, are required to develop more effective and safer new drugs than those already available.

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