



# A New Cardiac Channelopathy: From Clinical Phenotypes to Molecular Mechanisms Associated With Nav1.5 Gating Pores

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Voltage gated sodium channels (Nav) are broadly expressed in the human body. They are responsible for the initiation of action potentials in excitable cells. They also underlie several physiological processes such as cognitive, sensitive, motor, and cardiac functions. The Nav 1.5 channel is the main Nav expressed in the heart. A dysfunction of this channel is usually associated with the development of pure electrical disorders such as long QT syndrome, Brugada syndrome, sinus node dysfunction, atrial fibrillation, and cardiac conduction disorders. However, mutations of Nav1.5 have recently been linked to the development of an atypical clinical entity combining complex arrhythmias and dilated cardiomyopathy. Although several Nav 1.5 mutations have been linked to dilated cardiomyopathy phenotypes, their pathogenic mechanisms remain to be elucidated. The gating pore may constitute a common biophysical defect for all Nav1.5 mutations located in the channel's VSDs. The creation of such a gating pore may disrupt the ionic homeostasis of cardiomyocytes, affecting electrical signals, cell morphology, and cardiac myocyte function. The main objective of this article is to review the concept of gating pores and their role in structural heart diseases and to discuss potential pharmacological treatments.

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# INTRODUCTION

Cardiovascular diseases are the single most common cause of death worldwide, and sudden deaths due to cardiac arrhythmias account for  $\sim$ 50% of these deaths (1). Heart failure (HF) is a major public health problem in industrialized countries, in particular because of its frequency and its consequences in terms of morbidity and mortality (2). The financial costs of heart failure (HF) are substantial and are increasing constantly due to higher healthcare costs, improved therapies that extend life expectancy, and an aging population.

Dilated cardiomyopathy (DCM) is the most common cause of HF in North America. It induces the dilatation of cardiac cavities and impairs contractility and systolic function (3). It accounts for over 90% of all cardiomyopathy cases referred to specialized centers and is collectively the most common reason for heart transplants in the young (4, 5). Familial or genetically related DCM make up 20 to 30% of DCM cases. Most genes associated with DCM encode structural

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proteins involved in contractile function and the cytoskeletal matrix. Mutations in genes encoding these proteins are believed to diminish the overall structural integrity of cells, leading to myocyte disarray, the development of fibrosis characteristic of DCM, and myocyte death (3, 6). Sodium (SCN5A), and potassium (ABCC9,  $K_{ATP}$ ) channel regulation defects have also been associated with the development of DCM, which argues for an alternative disease mechanism of dilatation-induced remodeling that is mainly driven by a dysfunction in an electrical excitability component rather than a primary structural defect (6, 7).

The development of effective drugs has markedly improved the prognosis of patients with HF. Four therapeutic classes have demonstrated efficacy in the management of HF. These include angiotensin-converting enzyme inhibitors such as enalapril, Angiotensin Receptor blockers such as losartan, aldosterone inhibitors such as spironolactone, and beta-blockers such as carvedilol, metoprolol, and bisoprolol (8). A combination of different pharmacological treatments may help limit the pathological remodeling responsible for the evolution of the disease. In addition to the long-term treatment of HF, diuretics are prescribed to limit the appearance of edema (9).

The purpose of this review is to explore the mechanisms involved in *SCN5A* mutations linked to DCM, with a focus on their role in generating gating pore currents as a potentially unifying molecular mechanism.

## **VOLTAGE-GATED Na<sup>+</sup> CHANNELS**

Voltage-gated Na<sup>+</sup> channels are transmembrane proteins that play a critical role in action potential (AP) initiation and propagation in many excitable cells and thus constitute the driving force for generating electrical impulses. The dysfunction of voltage-gated Na<sup>+</sup> channels has been reported to affect activity in skeletal muscle, the heart, and the nervous system, causing a variety of diseases such as paralysis, cardiac arrhythmic disorders such as disturbances in cardiac conduction (10), type 3 long QT syndrome (11), Brugada syndrome (BrS) (12), cardiac conduction defect (CCD) (13), pain, and epilepsy (14). Na<sup>+</sup> channels are composed one α-subunit (260 kDa) associated with one or more accessory  $\beta$ -subunits ( $\beta_1$ - $\beta_4$ ) (15). Channel function and kinetics are primarily driven by pore-forming  $\alpha$ subunits and are modulated by  $\beta$ -subunits. All Na<sup>+</sup> channel  $\alpha$ subunits comprise four homologous domains (DI-DIV), each of which contains six transmembrane segments (S1-S6). S1-S4 form the voltage sensor domain and S5-S6 form the pore domain, with a hairpin-like P-loop located between S5 and S6 (16, 17). The short linkers connecting S5 and S6 form the outer narrow mouth of the pore and the selectivity filter, while the inner wider pore is formed by the S5 and S6 segments. The S4 segments in each voltage sensor domain contain positively charged amino acid residues that act as gating charges and move across the membrane to trigger channel activation in response to membrane depolarization (18). The short intracellular cytoplasmic loop connecting homologous domains III and IV acts as the inactivation gate, which bends back into the channel and blocks the pore from the intracellular side during sustained depolarization of the membrane. The inactivation gate is located in the center of a three-amino-acid stretch consisting of isoleucine, phenylalanine, and methionine (IFM) (19). Residues of the S6 segments in each domain provide the binding site for local anesthetics and link the internal vestibule (20). The  $\alpha$ -subunit is the major component of the channel. In a heterologous expression system, it recapitulates all the wilde type channel's main biophysical properties (16).

# CARDIAC MUSCLE Na<sup>+</sup> CHANNEL LEGACY

The SCN5A gene encodes the cardiac Na<sup>+</sup> channel known as Na<sub>V</sub>1.5, a member of an evolutionarily highly conserved family of voltage-gated ion channels. The SCN5A gene is located on chromosome 3p21 and was initially called hH1 for human heart  $Na^+$  channel 1 (16).  $Na_v 1.5$  is the main  $Na^+$  channel expressed in the heart. It is also present at high levels in the piriform cortex (larger part of the olfactory system) and subcortical limbic nuclei (21). Nav1.5 is much more TTX-resistant than skeletal muscle or central nervous system sodium channels, requiring much higher concentrations of TTX (micromolar concentrations) to be inhibited. This relative resistance is due to the presence of certain amino acid residues, in particular a cysteine instead of an aromatic residue in the P-region of DI (22, 23). On the other hand, Na<sub>v</sub>1.5 is more sensitive to inhibition by local anesthetics such as lidocaine and antiarrhythmic agents than peripheral nervous system (PNS) channels and has a more negative voltage-dependence of inactivation than PNS channels (16, 24). Mutations in SCN5A have been primarily associated with pure arrhythmic disorders such as long QT syndromes (LQTs), Brugada syndrome (BrS), atrial fibrillation (AFib), progressive cardiac conduction defect (PCCD), and sinus node dysfuction (SND), all of which are inherited cardiac diseases. The most common phenotypes caused by mutations in SCN5A are LQTS type 3 (LQT3) (25) and BrS (26). Both syndromes are diagnosed by irregularities on surface ECGs, with no apparent structural heart abnormalities, and can lead to malignant ventricular arrhythmias or even sudden cardiac death (SCD). The different clinical and ECG phenotypes of LQT3 and BrS arise from opposing specific alterations in the biophysical mechanisms associated with cardiac Na<sup>+</sup> channel dysfunction. LQT3 is caused by SCN5A mutations that result in a gain of channel function, a disruption in fast inactivation, and the appearance of a persistent Na<sup>+</sup> current. A gain of function consists of a higher quantity of Na<sup>+</sup> flowing through the channel during a stimulation. In contrast, BrS is caused by a loss of channel function, and thus a lower amount of Na<sup>+</sup> flowing through the channel during a stimulation (27, 28). In addition to BrS and LQT3, SCN5A variants have also been associated with PCCD. Like BrS, PCCD variants result in a loss of function of Na<sup>+</sup> channels. PCCD and BrS loss-of-function phenotypes are closely related as shown by the fact that three of the six known PCCD variants are also associated with BrS. Only a few SCN5A mutations are known to cause such mixed phenotypes, which are

purely electrical in nature, with no structural abnormalities (29, 30). Bezzina et al. described the first *SCN5A* mutation (1795insD) that caused both BrS and LQTS in the same affected individuals of a large family (29). The biophysical characterization revealed balanced defects, with mutated channels displaying both gain and loss of function.

However, mutations in *SCN5A* do not just lead to pure arrhythmic disorders. They can also be associated with structural heart diseases. Distinct cardiac phenotypes caused by *SCN5A* mutations have also been described, including SND and conduction disorder associated with DCM. It is not well understood how a dysfunction in electrical excitability through altered Na<sup>+</sup> channel function may underlie the manifestation of dilatation remodeling and DCM.

The first report linking Na<sup>+</sup> channel dysregulation to the etiology of DCM was published in 2004 by McNair and coworkers, while the same mutation was previously published in 2003 but without any cardiac dilatation phenotype (7, 31). A missense mutation in SCN5A (D1275N) was associated with a dilatation phenotype in a pedigree characterized by cardiac arrhythmias and sudden death (7). Echocardiographic data indicated cardiac dilatation in the carriers. Of note, among the 8 affected family members, 3 also demonstrated allelic variations in the promoter region and first exon of the Cx40 gene. In 2003, the electrophysiological characterization of the mutant Na<sup>+</sup> channels using the Xenopus oocyte expression system revealed enhanced channel activation (31). In 2005, letters from both teams further hypothesized that the dilation observed could also have been caused by a combination of modifier genes, or environmental or unknown factors acting in conjunction with the primary Na<sup>+</sup> ion conduction defect (32). In a more recent study of a cohort of 338 DCM patients, McNair et al. estimated that a dysfunction of Nav1.5 proteins causes 1.7% of familial DCM cases (33). Indeed, the SCN5A gene is ranked as the sixth most common cause of familial DCM (3). To date, 12 SCN5A mutations have been linked to complex arrhythmia disorders and DCM, including the R219H mutation recently reported by our group (34). Interestingly, nine of these mutations involve highly conserved residues on the VSD, mainly on the S3 and S4 transmembrane segments, which play a pivotal role in channel activation (33). VSD mutations have been implicated in generating leak currents known as gating pore currents or omega currents in neuromuscular disorders (35). Intriguingly, it has recently been shown that SCN5A mutations in patients with DCM combined with complex arrhythmias have either gain and/or loss of function biophysical phenotypes when explored in a heterologous expression system (36) (see Figure 1 for a summary of the locations and biophysical properties of these mutants). However, at this juncture, it is unclear which mechanism is involved in the SCN5A-linked pathogenesis of DCM. Gating pore currents are cation currents that selectively flow through the mutated VSDs of Na<sup>+</sup> channels and their biophysical properties are directly related to the movement of the voltage sensor. These currents do not reflect pore activity since pore blockers such as tetrodotoxin (TTX) do not affect them. Similar H<sup>+</sup> channels can be formed by replacing the most positively charged arginine residue of the Drosophila Shaker voltage-gated K<sup>+</sup> channel with a histidine (37). Our

central hypothesis is that mutation-induced gating pore currents through the  $Na_v 1.5$  VSD may underlie the biophysical phenotype in DCM.

To better understand the complex relationship of SCN5Alinked DCM mutations, Watanabe et al. created a humanized mouse model that harbors the D1275N SCN5A mutation. They concluded that the D1275N variant is a pathological mutation that causes conduction slowing, arrhythmias, and DCM phenotypes (38). However, this is not representative of SCN5Alinked DCM mutations that are present on different Na<sub>V</sub>1.5 domains, and it fails to explain the molecular mechanisms underlying DCM phenotypes.

## WHAT IS A GATING PORE?

The very first instance of ions flowing directly through the VSD of a voltage sensitive ion channel was reported in 2004 by Starace and Bezanilla (37). At the time, the authors were focused on describing the structure and function of VSDs (39). They showed that the substitution of the first arginine (R1) of the S4 segment (R1/S4) by a histidine led to an aberrant H<sup>+</sup>-specific current (37). As this H<sup>+</sup> flow was not sensitive to the block of the physiological pore of the protein, the authors concluded that ions did not pass through this structure but rather directly through the VSD (37). This concept was rapidly extended to the substitution of R1/S4 by other amino acids such as alanine (A), cysteine (C), serine (S), and valine (V) (40). The newly created current was not specific to H<sup>+</sup> but was cation selective. The location of the permeation pathway was further refined using the combination of the R1C mutation and MTSET. The gating pore current was blocked by the addition of MTSET, which forms disulfide bonds with cysteines, thus confirming the location of the permeation pathway (40). At this point, the newly created permeation pathway was called an omega pore in opposition to the physiological alpha pore of the channel protein. The initial arginines of the S4 segment were thought to naturally obstruct this unusual permeation pathway. Their substitution with "smaller" amino acids would thus leave a gap, allowing the permeation of ions. All these experiments were performed using the Drosophila Shaker voltage-gated K<sup>+</sup> channel. In contrast, a gating pore current in a mammalian voltage gated Na<sup>+</sup> channel (Nav1.2) was first observed in the setting of a double S4-R1G/R2G substitution in DII (41). Besides the double substitution, the resulting current was of small amplitude. Indeed, due to the monomeric nature of Nav channels, each channel presents only a single gating pore. On the other hand, the tetrameric nature of Kv channels leads to four identical gating pores for each functional channel.

The biophysical properties of gating pores influence the ion flow. Most of the gating pores that have been described are created by the substitution of S4 arginines. Due to their location, the biophysical properties of gating pores are intimately linked to the function of VSDs. As previously mentioned, VSDs are made up of four transmembrane segments (S1-S4) containing two structures: the positively charged S4 segment and the surrounding stabilizing S1-S3 segments (16, 17, 42, 43).



and the presence of a gating pore in one of the VSDs.

Stabilization is notably ensured by the gating charge transfer center (GCTC), a specific arrangement of two negatively charged residues on S2 and S3 and an aromatic amino acid on S2 (43). In voltage gated ion channels, the VSD is the structure responsible for sensing changes in membrane potential. During a depolarization, the S4 segment undergoes a large outward movement in which each S4 arginine sequentially interacts with

the GCTC (44–46). This charge movement can be monitored as a function of membrane voltage and gives the Q-V curve, which describes the two main stable states of the VSD: the resting and the activated states. In the resting state (hyperpolarized voltages), the S4 uppermost arginines interact with the GCTC while, in the activated state (depolarized voltages), the S4 innermost arginines preferentially interact with the GCTC (44–46). In WT VSDs,

tight interactions between the S4 arginines and the GCTC create hydrophobic septa that isolate water crevices on both sides of the membrane, ensuring a non-permeable VSD (47-49). Gating pores are created by the disruption of interactions between the S4 and the GCTC, leading to the junction of the water crevices (50-52). The recently reported crystal structure of WT and mutated bacterial NavAb channels have provided support for this experimental and molecular dynamic simulation-based hypothesis (49). In their study, after measuring the gating pores created by mutating the second and third S4 arginines, Jiang et al. created and studied the corresponding crystal structures (49). Their study thus provides a strong basis for explaining the atomic mechanism underlying the creation of gating pores. As such, mutations affecting the uppermost S4 arginines disrupt interactions when the VSD is in its resting state, and the permeation pathway allows ions to flow at hyperpolarized voltages (34, 49, 50). On the other hand, mutations affecting the innermost S4 arginines disrupt interactions in the activated state, leading to gating pore currents at depolarized voltages (49, 52, 53). Opening probabilities for gating pores thus depend on the Q-V of the mutated VSD.

Gating pores are permeation pathways located directly inside VSDs, a usually non-conductive structure. Consequently, unlike physiological alpha pores, gating pores do not benefit from dedicated specific selectivity filters. However, two main subtypes of gating pores can be distinguished: (i) cation-selective and (ii) H<sup>+</sup>-specific gating pores (34, 35, 37, 39–41, 50, 54–61). Cation-selective gating pores are created by the substitution of S4 arginines for amino acids other than histidine. In this setting, based on published selectivity sequences, large cations (below the exclusion size) preferentially flow through the gating pore (35, 40, 52, 60-62). Anions are excluded because of the lack of a positive charge due to the arginine substitution (63, 64). H<sup>+</sup>-specific gating pore currents can be considered as special cases as they are related to the substitution of S4 arginines by histidines. Histidine is the only natural amino acid with a pKa of 6.5. Consequently, at physiological pH, histidine can link and release H<sup>+</sup>. Interestingly, in two independent studies, half of the maximal measured gating pore current was observed at pH 6.48 and 6.5, values very close to the pKa of histidine (34, 37). In the specific case of R-to-H substitutions, H<sup>+</sup> permeation occurs through a "Grotthus hopping" mechanism where a H<sup>+</sup> is linked to histidine while another is released at the opposite side (37).

Lastly, gating pores can display different voltage dependence and ion selectivity depending on the nature of the mutation and its location in the VSD. S1 and S3 mutations such as I141V (S1/DI), D1275N (S3/DIII), V1279I (S3/DIII), and D1595H (S3/DIV) would be expected to open a permeation pathway since creating a gating pore relies on the disruption of interactions between S4 and the GCTC. However, very few gating pores generated by mutations outside the S4 segment have been described (54, 65). Further work on S1-S3 mutations is clearly required to better understand the biophysical properties of potentially novel permeation pathways.

# DOWNSTREAM CONSEQUENCES OF GATING PORES

The cardiac consequences of gating pores remain a matter of debate given that no specific studies have explored this issue to date. Cardiac defects potentially caused by an omega current remain hypothetical. Such studies would require a mutation that does not affect the alpha pore properties of the channel in order to properly isolate defects linked solely to the gating pore. Due to the low amplitude of gating pore currents, their pathological nature is often questioned. However, two major observations argue in favor of gating pores being truly deleterious: (i) gating pores in Nav1.4 and Cav1.1 are commonly accepted as the cause of hypokalemic/normokalemic periodic paralysis (35, 55, 58, 59, 66-68), and (ii) despite an amplitude that is comparable to omega currents, persistent currents related to Nav1.5 LOT3 mutations are also commonly recognized as the original cause of LQT3 syndrome (69, 70). In fact, the small amplitude of gating pore currents appears to be compensated by the time during which the aberrant permeation pathway is in a conductive state. Nav1.5/S216L, R219H, and T220I mutations affect the outermost S4 residues and have been associated with the development of arrhythmias and DCM (34, 51, 71, 72). Based on their location (Nav1.5/S216L, T220I) and on experimental results (Nav1.5/ R219H), these mutations open (or are expected to open) a gating pore at hyperpolarized voltages. Na<sup>+</sup> or H<sup>+</sup> ions (depending on the mutation) would thus flow during diastole as soon as the VSDs are in their resting state (34, 50). On the other hand, Nav1.5 S4 mutations associated with DCM such as Nav1.5/R222Q, R225W, R225P, R225Q, R814Q, and R814W affect the intermediate or innermost S4 residues (52, 53). The resulting gating pore is mainly opened (or expected to be open) under depolarized conditions (52, 53). However, the biophysical properties of gating pores that open at depolarized voltages appear slightly more complex. Indeed, ions flow as soon as the VSDs are in their activated state (during systole) but, due to the relaxation process of the S4 segment after prolonged depolarizations (several hundred of milliseconds), the gating pores remain temporarily conductive at hyperpolarized voltages. This leads to a major K<sup>+</sup> outflow at depolarized potentials and a transient Na<sup>+</sup> inflow at hyperpolarized voltages (52, 53, 62).

Gating pores in all configurations are thought to induce a global Na<sup>+</sup> overload. This process has been observed directly in patients suffering from HypoPP by Na<sup>+</sup> magnetic resonance imaging (67). In the case of H<sup>+</sup>-specific gating pore currents, the Na<sup>+</sup> overload relies on the Na<sup>+</sup>/H<sup>+</sup> exchanger working to attenuate the intracellular acidification caused by the increased H<sup>+</sup> concentration. The Na<sup>+</sup> overload is thought to lead to a Ca<sup>2+</sup> overload by way of the Na<sup>+</sup>/Ca<sup>2+</sup> exchanger, suggesting that it has a major impact on cellular ionic homeostasis (73). Such Ca<sup>2+</sup> overload could also be pro-arrhythmogenic by it-self. This ionic unbalance is known to block inward rectifier potassium channels (K<sub>ir</sub> channels). K<sub>ir</sub> have been described to play a major role in setting the resting membrane potential (V<sub>Rest</sub>) and also affect the duration of APs (74, 75). While the effect of their blockade should be further studied, it could depolarize the

V<sub>Rest</sub> and potentially lengthen APs, establishing a highly proarrhythmogenic substrate. Furthermore, despite its limited effect, Ca<sup>2+</sup> has also been described as modulating the rectification of IK channels thus potentially participating to the AP lengthening (76). Kir blockade most probably resulting in depolarized V<sub>Rest</sub> has also been described in the pathogenic process of HypoPP and has been attributed to a gating pore current (58, 67, 77, 78). Both cellular acidification and a  $Ca^{2+}$  overload impair connexin coupling and thus cell-cell conduction (79-81), further decreasing the conduction velocity. Furthermore, most of Nav1.5 mutations linked to DCM also demonstrate primary biophysical defects (gain or loss of function). Taken together, these primary biophysical defects and gating pores most probably explain the conduction disorders that are often observed in patients carrying Nav1.5 mutations and suffering from complex arrhythmias associated with DCM (33, 34, 82-84). Cellular acidification is strongly suspected in the case of H<sup>+</sup>-specific gating pore currents. Based on studies performed in different contexts, cytoplasm acidification has been reported to lengthen APs (85). Interestingly, the opposite process (increase in intracellular pH) has recently been reported to induce AP shortening (86). The proposed cardiac consequences likely constitute a highly pro-arrhythmic substrate most probably participating in the development of electrical dysfunctions reported in affected patients. Interestingly, to get further insights in cardiac electrical effect of a gating pore *in-silico* modeling experiments could reveal to be highly valuable. However, so far, despite the availability of several models of cardiac cellular electrophysiology, further studies are required to develop such insightful adaptations.

In addition to electrical dysfunctions, ionic homeostasis imbalances have been reported to dramatically affect structural protein function. For example, intracellular acidosis decreases the affinity of troponin C for calcium, resulting in excitationcontraction impairment (87). Furthermore, a Ca<sup>2+</sup> overload leads to partial cardiomyocyte decrease in force contraction and impaired myofilament function (88, 89). Taken together, the consequences of ionic homeostasis imbalances weaken the heart structure against a background of unchanging blood pressure, progressively leading to heart chamber dilatation. It was initially proposed that dilatation in patients carrying Nav1.5 mutations might rely on deleterious adaptive heart remodeling. However, the report of the Nav1.5/R225W mutation in a 1-year-old child who died from severe arrhythmias and DCM ruled out potential remodeling in this patient (83). In a nutshell, gating pore currents are expected to affect V<sub>Rest</sub>, AP parameters, cellular conduction, and cardiomyocyte structure, all of which might act together to cause multiple arrhythmias associated with cardiac dilatation.

As previously mentioned, Na<sub>v</sub>1.5 mutations in the VSD that are outside the S4 segment such as Na<sub>v</sub>1.5/I141V, D1275N, V1279I, and D1595H should be treated with caution. D1275N was the first Na<sub>v</sub>1.5 mutation associated with the development of arrhythmias and DCM (7). It is also one of the most studied Na<sub>v</sub>1.5 DCM-linked mutations (7, 38, 71, 90–93). Besides the marked interest in this mutation and the many ensuing experimental models, the molecular mechanism linking the Na<sub>v</sub>1.5/D1275N mutation and its pathological expression remains unclear. The clinical phenotype is variable, and heart defects include atrial and ventricular

arrhythmias and conduction system defects and, most of the time, cardiac dilatation (7, 38, 71, 90-93). Strikingly, Nav1.5/D1275N is also one of the only Nav1.5 mutations that have been linked to cerebro-vascular strokes (7, 90, 93, 94). In heterologous expression systems, only mild defects, mostly shifts in activation/inactivation parameters and current decreases, have been described (91). Further investigations using a humanized mouse model indicated that there is a large reduction in current amplitude (38). The lengthened cardiac conduction time (lengthened PR interval) in transgenic Nav1.5/D1275N zebrafish appear to support this hypothesis. However, in this case, the Nav current was not measured (95). Lastly, a human cardiac cellular model of the cardiomyopathy linked to the Nav1.5/D1275N mutation has been recently proposed based on patient-specific induced pluripotent stem cells (hiPSC) (93). In this study, the authors only report a decrease in the Na<sup>+</sup> current amplitude and a mild shift of activation leading to a decrease in the maximal depolarization velocity of APs (93). Unfortunately, they did not study intracellular ionic homeostasis and sarcomeric arrangements. Taken together, these studies identified a biophysical defect that does not provide a complete picture of the clinical expression of this mutation. Interestingly, given the location of the D1275N mutation (S3/DIII), a gating pore could be created and participate in the pathological mechanism. However, this hypothesis has never been extensively explored. Furthermore, as previously mentioned, due to the structure and function of the S1-S3 segments, gating pores created by mutations in these segments are not expected to behave in the same way as gating pores created by mutations in the S4 segment. Characterizing and understanding them will thus require thorough studies.

Finally, a specific gating pore blocker would be expected to be ideal to efficiently treat gating pore pathological consequences. Unfortunately, so far, such universal blocker has never been described. Consequently, the only option available is to alleviate the cardiac dilatation and use anti-arrhythmic or implantable devices to slow down the pathology progress. In a research optic, few studies already proposed potential blockers such as divalent (Mg<sup>2+</sup>), trivalent (Y<sup>3+</sup>, Yb<sup>3+</sup>, Lu<sup>3+</sup>, Ti<sup>3+</sup>) and quadrivalent (Hf<sup>4+</sup>) cations (40, 59). In WT channels, gating pores are naturally obstructed by the arginine side, notably made of guanidine (49, 59). Guanidinium compounds have recently been shown to bind to the VSD in the place of the missing side chain of the original arginine (49). Still supporting this hypothesis, the 1-(2,4-xylyl)guanidine, a guanidinium derivative has been shown to partially block gating pores (59). While obstructing gating pores is an ongoing challenge, other approaches could be valuable. Since gating pores properties intimately depends on the VSD characteristics, VSD modulation through the use of toxins has been demonstrated to modulate the voltage dependence of gating pores (96).

In this review, we describe the history of  $Na_v 1.5$  associated channelopathies with a clear focus on the history of  $Na_v 1.5$ mutations more recently associated with the development of multiple arrhythmias and DCM. The biophysical function of the VSDs, the creation of a gating pore and their biophysical properties have been described. Finally, the potential cardiac cellular effects of gating pores and their blockers are also presented here. The increasing knowledge regarding gating pores and their pathologic implication, potentially highlights novel biophysical defects and consequently novel channelopathies. In the current dynamic toward more precise and personalized medicine, this increasing knowledge could in the future orientate clinicians in their day to day practice in the management of cardiac channelopathies. This could also help to develop specifically targeted novel medication to accurately and precisely block gating pores, finally benefitting patients. The increased interest in gating pores highlights VSDs as highly valuable druggable sites with potential impact far beyond field of gating pore currents. So far, most ions channel modulators only target the physiological pore of the channel. Modulating the VSD would thus offer a wide range of benefits and be an approach to consider in most channelopathies.

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## **AUTHOR CONTRIBUTIONS**

All authors listed have made a substantial, direct and intellectual contribution to the work, and approved it for publication.

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**Conflict of Interest Statement:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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