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# Left ventricular assist device driveline infections in three contemporary devices

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Driveline infections (DLI) are common adverse events in left ventricular assist devices (LVADs), leading to severe complications and readmissions. The study aims to characterize risk factors for DLI readmission 2 years postimplant. This single-center study included 183 LVAD patients (43 HeartMate II [HMII], 29 HeartMate 3 [HM3], 111 HVAD) following hospital discharge between 2013 and 2017. Demographics, clinical parameters, and outcomes were retrospectively analyzed and 12.6% of patients were readmitted for DLI, 14.8% experienced DLI but were treated in the outpatient setting, and 72.7% had no DLI. Mean C-reactive protein (CRP), leukocytes and fibrinogen were higher in patients with DLI readmission (P < .02) than in outpatient DLI and patients without DLI, as early as 60 days before readmission. Freedom from DLI readmission was comparable for HMII and HVAD (98% vs. 87%; HR, 4.52; 95% CI, 0.58-35.02; P = .15) but significantly lower for HM3 (72%; HR, 10.82; 95% CI, 1.26-92.68; P = .03). DLI (HR, 1.001; 95% CI, 0.999-1.002; P = .16) or device type had no effect on mortality. DLI readmission remains a serious problem following LVAD implantation, where CRP, leukocytes, and fibrinogen might serve as risk factors already 60 days before. HM3 patients had a higher risk for DLI readmissions compared to HVAD or HMII, possibly because of device-specific driveline differences.

### **KEYWORDS**

driveline infection, mechanical circulatory support, readmission, risk factors, ventricular assist device

## **1** | INTRODUCTION

Ventricular assist devices (VADs) are an established therapeutic option<sup>1</sup> for patients with end-stage heart failure and provide circulatory support until myocardial recovery, heart transplantation or as destination therapy. Over the last decade, mechanical circulatory support has further improved patient survival and quality of life due to improvements in the design and durability of the devices.<sup>2</sup> However, infection remains a major adverse event and a relevant cause of morbidity and mortality in VAD recipients<sup>2</sup> with considerable best practices variation regarding infection prevention and management and driveline exit site care.<sup>3,4</sup> Infection occurs in up to 60% of VAD patients<sup>4</sup> and is the most frequent adverse event during the first 3 months

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and the most common adverse event thereafter.<sup>2</sup> Three categories of infection were defined for VAD patients: VAD-specific infections, VAD-related infections, and non-VAD infections.<sup>5</sup> A VAD-specific infection may involve the pump, cannula, pocket or driveline. Pump-related percutaneous driveline infection (DLI) as the primary cause of readmission accounts for 13% of readmissions.<sup>5</sup> DLI is mostly caused by biofilm-producing bacteria and can lead to deep infections and sepsis if untreated, which is potentially lethal.<sup>7</sup> Therefore, the analysis of risk factors as well as the early detection of DLI is crucial to optimize the results. The study aims to characterize the incidence of DLI, evaluate associations of DLI-related readmissions with clinical outcomes and the pathogenic profile of DLI, and identify demographic or clinical parameters as risk factors and possible predictors for DLI readmission.

# 2 | PATIENTS AND METHODS

### 2.1 | Study population

This retrospective, single-center study included 183 patients with left ventricular assist device (LVAD) support after initial discharge from the hospital between January 2013 and July 2017. The study protocol was approved by the Institutional Review Board. The primary endpoint of interest in this study was freedom from DLI readmission 2 years following implantation. Secondary outcomes included risk factors for DLI readmission and all-cause mortality during the follow-up period. We extracted the baseline characteristics and laboratory parameters of patients with DLI related readmission (RDLI), without readmission but DLI treated in the outpatient setting (NRDLI) and without DLI (NoDLI). DLI treatment strategies of the RDLI and NRDLI cohorts as well as the microbiological profile of DLIs were also evaluated. To identify clinical parameters as potential DLI related readmission predictors, laboratory findings during follow-up at 30, 60, and 90 days preceding readmission and on the day of readmission were assessed in the RDLI group. In the NRDLI group, laboratory parameters assessed during follow-up at the time of DLI diagnosis and all available laboratory values of NoDLI patients assessed during regular outpatient follow-up without signs of DLI (no positive swab) were analyzed (Table 1).

### 2.2 | Postoperative dressing procedure

Driveline exit site dressing procedure was performed according to ISHLT consensus<sup>4</sup> including aseptic technique, gloves, mask, and cap based on the same standard operating procedure for all patients. The wound dressings were applied with a mild antiseptic Octenidin solution (Octenisept, Schülke & Mayr GmbH, Norderstedt, Germany) and a no sting barrier WILEY

film (Cavilon, 3M, Minneapolis, MN, USA). The driveline exit site was covered with a protective dressing including film compress with slit (Askina Pad  $5 \times 5$  cm, B. Braun Hospicare Ltd., Sligo, Ireland) and a semipermeable foil (IV3000  $10 \times 12 \times m$ , Smith & Nephew Medical Ltd, Hull, UK). Once healed and with no drainage present, the frequency of dressing was two to three times per week. Drivelines were immobilized with a binder (SECUTAPE Nanoplast fixation, TechniMed AG, Rorschach, Switzerland) to minimize the driveline movement.

# **2.3** | Definition of LVAD-related infections and infection management

VAD-specific infections can be divided into superficial driveline or deep infections.<sup>6</sup> LVAD-related percutaneous driveline infections were defined<sup>7</sup> as those requiring antimicrobial therapy when there were clinical signs of infection such as pain, fever, drainage from the exit-site, and/or leukocytosis. As proposed by the Sharp Memorial group<sup>8</sup> or the DESTINE staging proposal,<sup>9</sup> DLI classification of stages 1 to 5 may be useful for the discussion of treatment strategy. If DLI was suspected, a complete infectious workup including information on bacterial cultures and daily wound care with a sterile silver-impregnated dressing (AQUACEL Ag, ConvaTec, Munich, Germany) was performed for early treatment (stage 1 or 2) in the NRDLI cohort without readmission. Empirical antimicrobial therapy with a focus on *Staphylococcus* was initiated until a specific pathogen was isolated from the bacterial culture, including a switch to targeted therapy depending on sensitivity. In stage 3, characterized by a copious amount of drainage and tenderness, some patients had to be hospitalized. All patients with stage 4 or 5 were readmitted (RDLI) and treated with targeted antibiotic therapy based on the bacterial culture at the driveline exit site. For RDLI patients, surgical debridement and the use of a vacuum-assisted closure device was possible. Successful treatment of DLI has been defined as the absence of clinical signs of infection, including a negative swab analysis of the bacterial culture taken by the driveline exit site.

### 2.4 | Statistical analysis

Descriptive statistics are presented as mean  $\pm$  standard deviation for continuous variables and number (percentage) for categorical variables. Where continuous variables were non-normally distributed, data are presented as median and interquartile range. Normal distribution was assessed by the Shapiro-Wilk test. Pearson's  $\chi^2$  or Fisher's exact test was used to assess for statistical significance of categorical variables, Student's *t*-test or Mann-Whitney *U* test for continuous variables and one-way ANOVA or Kruskal-Wallis tests were used to test between more than two continuous groups. Clinical outcomes were 466 WILEY-

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	DLI readmission (n = 23)	DLI no readmission (n = 27)	P value <sup>*</sup>	No DLI (n = 133 <sup>a</sup> )	P value <sup>**</sup>
Age at implant, years	59.0 (14.0)	56.5 (14.3)	.77	58.0 (14.8)	.75
Gender, male	22 (81.5)	21 (91.3)	.43	156 (85.0)	.77
Weight, kg	83.0 (22.3)	81.3 (16.0)	.68	82.8 (23.8)	.29
BMI, kg/m <sup>2</sup>	28.3 (7.0)	26.1 (6.5)	.33	26.4 (6.6)	.12
Smoking history, n (%)	15 (65.2)	10 (37.0)	.045	39 (29.3)	.001
Diabetes, n (%)	10 (47.8)	8 (29.6)	.22	42 (31.6)	.15
Device, n (%)					
HVAD	16 (69.6)	16 (59.3)	.76	79 (59.4)	.04
HeartMate II	2 (8.7)	3 (11.1)		38 (28.6)	
HeartMate 3	5 (21.7)	8 (29.6)		16 (12.0)	
Strategy, n (%)					
Destination therapy	7 (29.6)	(27.2)	.36	38 (28.9)	.20
Bridge to transplant	4 (18.5)	10 (36.4)		48 (36.7)	
Bridge to candidacy	12 (51.9)	10 (36.4)		46 (33.6)	
Bridge to recovery	0 (0.0)%	0 (0.0)		1 (0.8)	
INTERMACS level, n (%	6)				
1	2 (8.0)	3 (11.2)	.39	39 (29.6)%	.07
2	3 (12.0)	4 (14.8)		21 (16.0)%	
3	9 (40.0)	10 (37.0)		35 (25.6)%	
4-7	9 (40.0)	10 (37.0)		38 (28.8)%	
Albumin, g/L	37.0 (7.4)	42.9 (4.2)	<.001	42.1 (5.3)	<.001
CRP, mg/dL	2.93 (18.78)	0.79 (2.20)	<.001	0.62 (1.10)	<.001
Leukocytes, g/L	10.41 (7.83)	8.17 (4.31)	.026	7.39 (2.88)	<.001
INR	2.55 (1.12)	2.60 (0.85)	.557	2.70 (0.70)	.549
aPTT, s	50.2 (21.1)	46.0 (11.7)	.094	45.3 (9.5)	.001
TCT, s	27.0 (-)	37.0 (19.0)	.548	30.0 (9.0)	.533
Fibrinogen, mg/dL	592 (220)	387 (125)	<.001	432 (123)	<.001

**TABLE 1**Demographics andlaboratory parameters during follow-up

*Note:* Data presented as n (%) or mean  $\pm$  standard deviation for normally distributed data or as the median with the interquartile range for non-normally distributed data. Bold values indicates *P*-values <0.05.

Abbreviations: aPTT, activated partial thromboplastin time; BMI, body mass index; CRP, C-Reactive Protein; DLI, Pump-related percutaneous driveline infection; INR, International Normalized Ratio; INTERMACS, Interagency Registry for Mechanically Assisted Circulatory Support; s, seconds; TCT, Thrombin Clotting Time.

<sup>a</sup>Based on n = 617 laboratory samples collected from the 133 no DLI patients during follow-up without any symptoms of DLI.

\*P value reflecting statistical differences between DLI Readmission and DLI no Readmission group.

\*\*P value reflecting statistical differences between DLI Readmission and no DLI group.

compared between cohorts using hazard ratios (HRs) estimated from a Cox proportional hazards model for all-cause death with DLI as a time-dependent covariate. Clinically relevant risk factors for mortality and for the development of a DLI were chosen as covariates for this model. Kaplan-Meier survival analysis using Mantel-Cox statistics was used to examine time to first DLI readmission. Patient follow-up was censored when patients underwent heart transplantation, device explantation or expired. Statistical significance was set at P < .05. Statistical analysis was performed by SPSS for Windows Release 26.0.0 (SPSS Inc, Chicago, IL, USA) and MATLAB R2017b (The MathWorks Inc, Natick, MA, USA).

## 3 | RESULTS

### **3.1** | Patient characteristics

The study population consisted of 183 continuous flow LVAD patients following initial discharge. Three different devices

were implanted in our cohort: n = 43 (23.5%) HeartMate II (HMII) (Abbott Inc, Chicago, IL, USA), n = 29 (15.8%) HeartMate 3 (HM3) (Abbott Inc) and n = 111 (60.7%) HVAD (Medtronic Inc, Minneapolis, MN, USA). Patients (32.8%) received a VAD as bridge to transplant, 27.9% as destination therapy, 35.5% as bridge to candidacy, and 0.5% as bridge to recovery. The median age of the patients was 58.0 (14.0) years, median body mass index (BMI) was 26.6 (6.6) kg/m<sup>2</sup>, and 14.8% were female.

At 24 months, 23 (12.6%) patients had a DLI related readmission (RDLI) and 160 (87.4%) were without any DLI related readmission. Of the patients without readmission, 27 (14.7% of the entire cohort) experienced DLI but were treated in the outpatient setting (NRDLI) and 133 (72.7% of the entire cohort) had no DLI (NoDLI). Baseline demographics and laboratory parameters assessed on the day of readmission (RDLI, n = 23), during follow-up at the time of DLI diagnosis (NRDLI, n = 27) or during follow-up without any symptoms of DLI (no DLI, n = 133) are presented in Table 1. No DLI data were obtained from n = 617 laboratory samples (average 4.6 samples per patient). Age, gender, BMI, diabetes, smoking history, implant strategy, and Interagency Registry for Mechanically Assisted Circulatory Support (INTERMACS) level were not found to be risk factors for the development of DLI related readmission (Table 2).

Significantly more RDLI patients (65.2%) had a smoking history pre-LVAD implantation compared to NRDLI (37%,

TABLE 2	Independent risk factors for DLI related readmission
(multivariable	Cox proportional hazard model)

Hazard    Confidence      Variables    ratio    interval (95%)    P value      Age at implant, years    1.020    0.954-1.089    .566      Gender, female    2.024    0.453-9.038    .356      BMI, kg/m <sup>2</sup> 0.928    0.743-1.160    .512      Smoking history    1.410    0.494-4.024    .520      Diabetes    1.583    0.560-4.476    .386      Device    -    -    -      HeartMate II    ref    -    -      HVAD    4.522    0.584-35.024    .149      HeartMate 3    10.824    1.264-92.681    .030      Strategy    Bridge to    ref    .    .531      Bridge to    0.669    0.190-2.353    .531      Destination therapy    0.128    0.016-1.025    .053      Bridge to recovery    -    -    -			~ ~ ~ ~	
Age at implant, years  1.020  0.954-1.089  .566    Gender, female  2.024  0.453-9.038  .356    BMI, kg/m <sup>2</sup> 0.928  0.743-1.160  .512    Smoking history  1.410  0.494-4.024  .520    Diabetes  1.583  0.560-4.476  .386    Device	Variables	Hazard	Confidence	P value
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BMI, kg/m2 $0.928$ $0.743-1.160$ $.512$ Smoking history $1.410$ $0.494-4.024$ $.520$ Diabetes $1.583$ $0.560-4.476$ $.386$ Device $I$ $I$ $I$ HeartMate IIref $I$ HVAD $4.522$ $0.584-35.024$ $.149$ HeartMate 3 $10.824$ $1.264-92.681$ $.030$ Strategy $I$ $I$ $I$ Bridge toref $I$ candidacy $I$ $I$ Bridge to $0.669$ $0.190-2.353$ $.531$ Destination therapy $0.128$ $0.016-1.025$ $.053$	Age at implant, years	1.020	0.954-1.089	.566
Smoking history    1.410    0.494-4.024    .520      Diabetes    1.583    0.560-4.476    .386      Device	Gender, female	2.024	0.453-9.038	.356
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DeviceInterventionInterventionHeartMate IIrefHVAD4.5220.584-35.024.149HeartMate 310.8241.264-92.681.030StrategyBridge torefcandidacyBridge to0.6690.190-2.353.531transplantationDestination therapy0.1280.016-1.025.053	Smoking history	1.410	0.494-4.024	.520
HeartMate II  ref    HVAD  4.522  0.584-35.024  .149    HeartMate 3  10.824  1.264-92.681  .030    Strategy    Bridge to  ref    candidacy    Bridge to  0.669  0.190-2.353  .531    transplantation  Destination therapy  0.128  0.016-1.025  .053	Diabetes	1.583	0.560-4.476	.386
HVAD  4.522  0.584-35.024  .149    HeartMate 3  10.824  1.264-92.681  .030    Strategy  Bridge to candidacy  ref	Device			
HeartMate 310.8241.264-92.681.030StrategyBridge to candidacyBridge to transplantationDestination therapy0.1280.016-1.025.053	HeartMate II	ref		
Strategyref candidacyBridge to0.6690.190-2.353.531 transplantationDestination therapy0.1280.016-1.025.053	HVAD	4.522	0.584-35.024	.149
Bridge to candidacyref 0.669Bridge to transplantation0.669Destination therapy0.1280.016-1.025.053	HeartMate 3	10.824	1.264-92.681	.030
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transplantation Destination therapy 0.128 0.016-1.025 .053	e	ref		
	e	0.669	0.190-2.353	.531
Bridge to recovery – – –	Destination therapy	0.128	0.016-1.025	.053
	Bridge to recovery	_	_	_

Bold values indicates P-values <0.05.

Abbreviations: BMI, body mass index; DLI, pump-related percutaneous driveline infection; ref, reference. Artificial Organs

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P = .045) and NoDLI (29.3%, P = .001) patients. Serum albumin levels were lower in the RDLI cohort [37.0 (7.4) g/L] compared to patients with NRDLI [42.9 (4.2) g/L, P < .001] and NoDLI [42.1 (5.3) g/L, P < .001]. Median C-reactive protein (CRP) was higher in RDLI than in NRDLI and NoDLI patients (2.93 vs. 0.79 and vs. 0.62 mg/dL, P < .001)—similar results were found for leukocytes (10.41 vs. 8.17 and vs. 7.39 g/L, P < .001)—see Table 1. RDLI patients had significantly higher activated partial thromboplastin time (aPTT) than NoDLI (P = .001) and a trend toward higher aPTT versus NoDLI patients (P = .094). As shown in Table 1, no differences in international normalized ratio (INR) and thrombin clotting time (TCT) were found between RDLI, NRDLI, and NoDLI.

# **3.2** | Microbiological profiles and DLI treatment strategies

The microbiological profile of DLIs demonstrated the predominance of *Staphylococcus* and *Pseudomonas* species in our LVAD cohort. *Staphylococcus aureus* was the most common pathogen in RDLI (52.0%) and NRDLI (59.4%), the second most common species was *Pseudomonas aeruginosa* in RDLI (16.0%) and *Staphylococcus epidermis* in NRDLI patients (12.5%). A summary of all pathogens detected in RDLI and NRDLI patients can be found in the supplementary online data, Table S1.

The DLI treatment strategies differed statistically significantly (P < .001) between the RDLI and NRDLI cohorts (Table 3). 33.3% of NRDLI patients were treated only with bacteriostatic silver dressing change and 66.7% with targeted oral antibiotics. In the RDLI cohort, all patients initially received targeted oral antimicrobial therapy, which in 22.2% of cases led to successful treatment of DLI. However, 51.9% of RDLI patients required IV antibiotics, 3.7% surgical debridement, and 22.2% vacuum-assisted closure therapy for successful DLI treatment. The success rates of DLI treatments were comparable in RDLI and NRDLI patients (92.6% vs. 100%, P = .49).

### **3.3** | Prediction of DLI readmission

Laboratory parameters as potential DLI-related readmission predictors up to 90 days before readmission are summarized in Table 4. The CRP at DLI readmission was significantly higher than 60 and 90 days before, but lower (P < .001) than 30 days before readmission. Fibrinogen was found to be higher at DLI readmission 592 (220) mg/dL versus 30, 60, and 90 days before [500 (157), 451 (224) and 496 (151) mg/ dL, P < .05]. In contrast, leukocytes were significantly higher during DLI readmission than 90 days before [10.41 (7.83)

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	DLI readmission (n = 23)	DLI no readmission (n = 27)	P value
Treatment strategy, n (%)			
Bacteriostatic silver dressing change	0 (0.0)	9 (33.3)	<.001
Oral targeted antibiotics	5 (22.2)	18 (66.7)	
IV targeted antibiotics	12 (51.9)	0 (0.0)	
Surgical debridement	1 (3.7)	0 (0.0)	
Vacuum assisted closure therapy	5 (22.2)	0 (0.0)	
Treatment outcomes, n (%)			
Successful DLI treatment	21 (92.6)	27 (100.0)	.49
Died due to DLI	2 (7.4)	0 (0.0)	
Pump replacement	0 (0.0)	0 (0.0)	

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Note: Data presented as n (%). Bold values indicates P-values <0.05.

Abbreviations: DLI, driveline infection; iv, intravenous

vs. 7.18 (3.83), P = .019] but rather similar 30 and 60 days before readmission [9.28 (3.72) and 8.34 (3.19), P > .078].

#### 3.4 DLI readmissions and effect on outcomes

Freedom from any pump-related DLI readmission at 24 months was 87.4% (95% CI, 82.5%-92.2%) (Figure 1). Long-term survival during LVAD support (Table 5) was not affected by the occurrence of DLI (HR, 1.001; 95% CI, 0.999-1.002; P = .16).

Freedom from any DLI readmission was comparable for HMII and HVAD (98% vs. 87%; HR, 4.52; 95% CI, 0.58-35.02; P = .15) but significantly lower for HM3 (72%; HR, 10.82; 95% CI, 1.26-92.68; P = .03). (Figure 2). However, survival with the HMII was comparable to the HM3 (83.7% vs. 88.4%; HR, 0.38; 95% CI, 0.076-1.966; P = .25) and the HVAD (83.7% vs. 78.5%; HR, 0.73; 95% CI, 0.302-1.782; P = .49) (Table 5).

#### 4 DISCUSSION

DLI is still one of the most common complications during LVAD support,<sup>1,10</sup> and the risk of infection has been shown to increase steadily with longer periods of support.<sup>11,12</sup> The majority of studies evaluating risk factors for DLI have been conducted with pulsatile VADs<sup>4</sup> and data for continuous flow devices are limited. Therefore, the aim of this study was to investigate the incidence of DLI-related readmissions and to identify possible DLI risk factors in three contemporary continuous flow LVADs (HMII, HM3, and HVAD) as well as their effect on clinical outcomes.

DLI as a primary cause of readmission accounted for 12.6% at 2-years following LVAD implantation (Figure 1). Similar to the results of Topkara et al,<sup>7</sup> our data show that device-related DLI was not an independent risk factor for survival in patients supported with HMII, HM3 or HVAD (Table 5). In contrast to previous studies in which higher age<sup>13</sup> or BMI<sup>14,15</sup> was identified as a risk factor for DLI, our study did not show a significant association between DLI readmission and BMI or age-which is consistent with the results of Koval et al.<sup>16</sup> However, older patients had a significantly higher risk (HR, 1.06; 95% CI, 1.006-1.116; P = .03) for all-cause death (Table 5). In addition, gender, diabetes, implant strategy, and INTERMACS level were not associated with DLI readmission. It is noteworthy that significantly more RDLI (65.2%) than patients without DLI (29.3%) had a smoking history, possibly because smokers may have poor wound healing, which makes them more susceptible to DLIs due to the lower oxygen content in subcutaneous wound tissue.<sup>17</sup>

In accordance with the results of Imamura et al,<sup>18</sup> who identified serum albumin at discharge from the hospital as a predictor for DLI resumption, we found significantly lower albumin levels in RDLI (P < .001) compared to NRDLI and NoDLI patients (Table 1). Early detection and treatment of DLI can prevent sepsis and improve outcomes, so we analyzed laboratory parameters as potential predictors of DLI readmission up to 90 days before readmission. Compared to DLI readmission, leukocytes were significantly lower 90 days before (P = .019) but already at a comparable high level 60 days preceding readmission (P = .078). As shown in Table 4, fibrinogen in patients with DLI readmission 592 (220) mg/dL had a trend toward higher levels already 30 days before [500 (157) mg/dL] compared to 60 and 90 days before readmission, respectively [451 (224)

	DLI Readmission (n = 23)	<b>30</b> days before Readmission (n = 14)	$\begin{array}{ll} 60 \text{ days I} \\ P \text{ value}^* & (n = 15) \end{array}$	60 days before Readmission (n = 15)	$P$ value $^{**}$	90 days before Readmission $(n = 16)$	P value***
CRP, mg/dL	2.93 (18.78)	3.30 (3.36)	<.001	1.33 (2.67)	<.001	2.41 (4.33)	<.001
Leukocytes, g/L	10.41 (7.83)	9.28 (3.72)	.084	8.34 (3.19)	.078	7.18 (3.83)	.019
INR	2.55 (1.12)	2.40 (1.35)	66.<	1.80 (1.35)	.35	2.40 (0.70)	.086
aPTT, s	50.15 (21.1)	45.7 (4.1)	.094	45.0 (5.6)	>.99	45.1 (8.2)	.385
TCT, s	27.0 (-)	I	I	Ι	I	1	I
Fibrinogen, mg/dL	592 (220)	500 (157)	.046	451 (224)	<.001	496 (151)	<.001
<i>Note:</i> Data presented as n (' *P value indicating statistic	%) or mean ± standard deviation fc al differences between DLI Readm	<i>Note:</i> Data presented as $n$ (%) or mean $\pm$ standard deviation for normally distributed data or as the median with the interquartile range for non-normally distributed data. Bold values indicates <i>P</i> -values <0.05. * <i>P</i> value indication statistical differences between DLI Readmission and 30 days before readmission	lian with the i	nterquartile range for non-normally d	istributed data. E	old values indicates $P$ -values <0.05.	

**TABLE 4** Laboratory parameters 30 to 90 days before DLI readmission

\*\*\* P value indicating statistical differences between DLI Readmission and 60 days before readmission. \*\*\*\* P value indicating statistical differences between DLI Readmission and 90 days before readmission. Artificial \_\_\_\_\_ Artificial \_\_\_\_\_\_ Artificial \_\_\_\_\_\_ Artificial \_\_\_\_\_\_ Artificial \_\_\_\_\_\_ Ar

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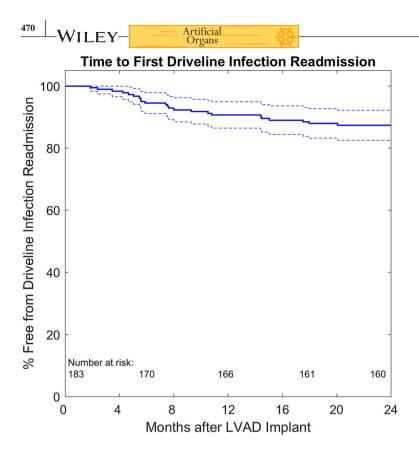
and 496 (151) mg/dL]. Fibrinogen is a major risk factor for cardiovascular disease and is also an acute-phase protein<sup>19</sup> that can increase in response to infection and other stressful events.

These findings may be relevant to clinical practice since, as previously reported,<sup>3</sup> the most common schedule for outpatient visits, especially in extra-large VAD centers, is every 3 months or longer. Therefore, in patients with early signs of DLI and leukocytosis or elevated CRP (>1.3 mg/dL) and fibrinogen (>500 mg/dL) levels, proactive initiation of empirical antibiotic therapy may improve outcomes and prevent hospitalization even with pending exit culture. This is underlined by the fact that all NRDLI patients were successfully treated by non-surgical strategies (66.7% antibiotics and 33.3% with silver dressing change) (Table 3).

The most common pathogens were Gram-positive bacteria that colonize skin and adhere to implanted material and form a biofilm, especially *S. aureus* and *S. epidermis*, which cause >50% of DLI.<sup>20</sup> This is consistent with our findings in RDLI (52%) and NRDLI patients (59.4%) with positive *S. aureus* microbiology. In accordance with Kusne et al,<sup>4</sup> the most frequently reported Gram-negative bacterium in our cohort was *P. aeruginosa* and occurred in 16% of RDLI and 9.4% of NRDLI patients.

When investigating risk factors for DLI readmissions, device type had a significant impact on the incidence of DLI readmission. Similar to the ENDURANCE trial<sup>21</sup>, we found no different hazard for DLI readmissions at 24 months between the HMII and HVAD (2% vs. 13%; HR, 4.52; 95% CI, 0.58-35.02; P = .15) but significantly more DLI readmission in patients supported with the HM3 device (28%; HR, 10.82;95% CI, 1.26-92.68; P = .03) compared to the HMII. There are three possible reasons for this result: (a) driveline diameter size, (b) driveline material characteristics, and (c) overall geometry and connector setup, all influencing the mechanical stiffness of the percutaneous driveline. First, the HM3 has the largest driveline diameter of the outer (extracorporeal) pump cable (6.1 mm), compared to the HMII (5.7 mm) and HVAD (4.6 mm). Second, Imamura et al in<sup>22</sup> showed that driveline stiffness could be an important factor in the context of DLI. The HMII driveline had only 20%-25% of stiffness compared to other devices (EVAHEART and DuraHeart) and the highest driveline infection-free rate among those three devices.<sup>22</sup>

In addition, the HMII driveline is only made of soft silicone, whereas the more rigid materials polyurethane + silicone used in the HM3 and the polyurethane material in the HVAD driveline potentially lead to more trauma and force applied to the driveline exit site during activities of daily living such as changing clothes, showering, changing bags, etc or unintentionally while sleeping or more generally through the behavior of each patient and the management of



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**FIGURE 1** Freedom from the first driveline infection readmission. Dotted lines representing the 95% confidence intervals [Color figure can be viewed at wileyonlin elibrary.com]

**TABLE 5**Survival during LVAD support (multivariable Coxproportional hazard model with DLI as time-dependent covariate)

Variables	Hazard ratio	Confidence interval (95%)	P value
Age at implant, years	1.062	1.006-1.112	.030
Gender, female	0.306	0.072-1.309	.110
BMI, kg/m <sup>2</sup>	1.056	0.886-1.259	.540
Smoking history	1.629	0.698-3.806	.259
Diabetes	1.457	0.732-2.899	.284
DLI	1.001	0.999-1.002	.155
Device			
HeartMate II	ref		
HVAD	0.734	0.302-1.78	.494
HeartMate 3	0.387	0.076-1.966	.252
Strategy			
Bridge to candidacy	ref		
Bridge to transplantation	0.107	0.030-0.379	.001
Destination therapy	0.433	0.128-1.130	.082
Bridge to recovery	-	-	-
INTERMACS level	0.996	0.714-1.389	.982

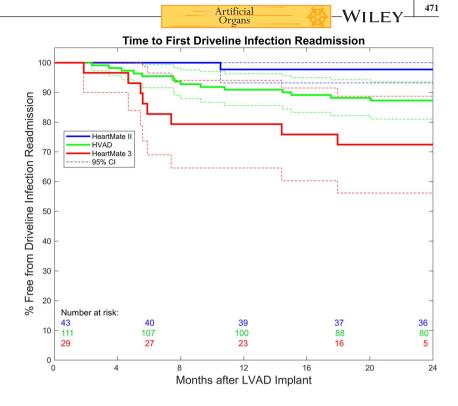
Bold values indicates *P*-values <0.05.

Abbreviations: BMI, body mass index; DLI, pump-related percutaneous driveline infection; INTERMACS, Interagency Registry for Mechanically Assisted Circulatory Support; LVAD, left ventricular assist device; ref, reference.

the VAD peripherals. Third, the rigid modular HM3 driveline connector might apply additional traction on the driveline exit site, which could lead to a higher risk of DLI in HM3 patients. In contrast to our study, in the MOMENTUM 3 final report<sup>23</sup> no significant differences in DLI between HMII (19.4%) and HM3 (23.3%) were found. It is noteworthy that the HM3 DLI rates in the MOMENTUM 3 study were comparable to our HM3 cohort, but HMII patients in our single-center experience experienced even fewer DLI-related readmissions than HM3 patients. Therefore, new driveline exit site dressing methods, including additional binders or anchoring devices, may be required, especially in HM3 patients, to prevent DLI.

Despite the different relative risks for DLI readmission depending on the device, most likely due to device-specific driveline characteristics, the device type was not a significant risk factor for 2-year survival after HMII, HM3 or HVAD implantation (P = .26) (Table 5). Further investigations should be performed to investigate the influence of driveline materials and their mechanical properties as a risk factor for DLIs.

Our study has limitations, including its retrospective design, the limitation of data collection to first driveline infections and readmissions, as no recurrent events were analyzed. In addition, data analysis was limited to available variables in the medical records and analysis of patients from a single-center, so the bias in patient selection may have influenced the outcomes after LVAD implantation. In particular, the small number of HM3 patients recently implanted may have been another factor of bias, and therefore a larger multicenter study should provide a more detailed description of risk factors for DLI readmission than was possible in this study. **FIGURE 2** Freedom from first driveline infection readmission, stratified by device type. Dotted lines representing the 95% confidence intervals [Color figure can be viewed at wileyonlinelibrary.com]



# 5 | CONCLUSIONS

DLI as the primary cause of readmission remains a serious problem following continuous-flow LVAD implantation, but the occurrence of DLI had no effect on mortality. CRP, leukocytes, and fibrinogen were significantly higher in readmitted DLI patients and could be a risk factor as early as 60 days before readmission. HM3 patients had a higher risk for DLI-related readmissions compared to HVAD or HMII, possibly due to device-specific differences in the driveline features.

### **CONFLICT OF INTEREST**

TS, DW, and DZ are consultants for Medtronic Inc and Abbott Inc. None of the other authors has any financial relationship to disclose.

### AUTHOR CONTRIBUTIONS

All authors performed critical revision of the article and approved the final version.

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### SUPPORTING INFORMATION

Additional Supporting Information may be found online in the Supporting Information section.

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