Europe PMC Funders Group Author Manuscript *Nat Genet*. Author manuscript; available in PMC 2021 July 07.

Published in final edited form as: *Nat Genet.* 2021 January 01; 53(1): 35–44. doi:10.1038/s41588-020-00754-2.

Investigating the genetic architecture of non-cognitive skills using GWAS-by-subtraction

Perline A. Demange^{1,2,3,*}, Margherita Malanchini^{4,5,6,*}, Travis T. Mallard⁶, Pietro Biroli⁷, Simon R. Cox⁸, Andrew D. Grotzinger⁶, Elliot M. Tucker-Drob^{6,9}, Abdel Abdellaoui^{1,10}, Louise Arseneault⁵, Elsje van Bergen^{1,3}, Dorret I. Boomsma¹, Avshalom Caspi^{5,11,12,13}, David L. Corcoran¹³, Benjamin W. Domingue¹⁴, Kathleen Mullan Harris¹⁵, Hill F. Ip¹, Colter Mitchell¹⁶, Terrie E. Moffitt^{5,11,12,13}, Richie Poulton¹⁷, Joseph A. Prinz¹³, Karen Sugden¹¹, Jasmin Wertz¹¹, Benjamin S. Williams¹¹, Eveline L. de Zeeuw^{1,3}, Daniel W. Belsky^{18,19,#}, K. Paige Harden^{6,#}, Michel G. Nivard^{1,#}

¹Department of Biological Psychology, Vrije Universiteit Amsterdam, Amsterdam, The Netherlands ²Amsterdam Public Health Research Institute, Amsterdam University Medical Centers, Amsterdam, The Netherlands ³Research Institute LEARN!, Vrije Universiteit Amsterdam, Amsterdam, The Netherlands ⁴Department of Biological and Experimental Psychology, Queen Mary University of London, London, UK ⁵Social, Genetic and Developmental Psychiatric Centre, Institute of Psychiatry, Psychology, & Neuroscience, King's College London, London, UK ⁶Department of Psychology, University of Texas at Austin, Austin, TX, USA ⁷Department of Economics, University of Zurich, Zurich, Switzerland ⁸Lothian Birth Cohorts group, Department of Psychology, University of Edinburgh, Edinburgh, UK ⁹Population Research Center, University of Texas at Austin, Austin, TX, USA ¹⁰Department of Psychiatry, Amsterdam UMC, University of Amsterdam, Amsterdam, The Netherlands ¹¹Department of Psychology & Neuroscience, Duke University, Durham, NC, USA ¹²Department of Psychiatry and Behavioral Sciences, Duke University School of Medicine, Durham, NC, USA ¹³Center for Genomic and Computational Biology, Duke University, Durham, NC, USA ¹⁴Stanford Graduate School of Education, Stanford University, Palo Alto, CA, USA ¹⁵Department of Sociologyand Carolina Population Center, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA ¹⁶Institute for Social Research, University of Michigan, Ann Arbor, MI, USA ¹⁷Department of Psychology and Dunedin

Competing Interests

The authors declare no competing interests.

Users may view, print, copy, and download text and data-mine the content in such documents, for the purposes of academic research, subject always to the full Conditions of use:http://www.nature.com/authors/editorial_policies/license.html#terms

Correspondence to: Daniel W. Belsky; K. Paige Harden; Michel G. Nivard.

daniel.belsky@columbia.edu, harden@utexas.edu, m.g.nivard@vu.nl.

These authors contributed equally to this work.

[#]These authors jointly supervised the work.

Author Contributions

Conceived and designed the experiment: D.W.B., K.P.H., M.G.N., P.A.D., and M.M. conceived the idea for the study with assistance from E.M.T.-D., B.W.D., P.B., C.M., and J.W. **Analyzed the data:** P.A.D., M.M., T.T.M., P.B., B.W.D., D.W.B., D.L.C., K.S., S.R.C., M.G.N., A.A., and H.F.I. **Wrote the paper:** D.W.B., K.P.H., M.G.N., M.M., P.A.D., and E.M.T.-D. with helpful contributions from P.B., B.W.D., and S.R.C. A.D.G., L.A., E.v.B., D.I.B., A.C., K.M.H., T.E.M., R.P., J.A.P., B.S.W., E.L.d.Z., and previously mentioned authors contributed to interpretation of data, provided critical feedback on manuscript drafts, and approved the final draft.

Multidisciplinary Health and Development Research Unit, University of Otago, Dunedin, New Zealand ¹⁸Department of Epidemiology, Columbia University Mailman School of Public Health, New York, NY, USA ¹⁹Robert N. Butler Columbia Aging Center, Columbia University, New York, NY, USA

Abstract

Little is known about the genetic architecture of traits affecting educational attainment other than cognitive ability. We used Genomic Structural Equation Modeling and prior genome-wide association studies (GWAS) of educational attainment (n = 1,131,881) and cognitive test performance (n = 257,841) to estimate SNP associations with educational attainment variation that is independent of cognitive ability. We identified 157 genome-wide significant loci and a polygenic architecture accounting for 57% of genetic variance in educational attainment. Non-cognitive genetics were enriched in the same brain tissues and cell types as cognitive performance but showed different associations with gray-matter brain volumes. Non-cognitive genetics were further distinguished by associations with personality traits, less risky behavior, and increased risk for certain psychiatric disorders. For socioeconomic success and longevity, non-cognitive and cognitive-performance genetics demonstrated similar-magnitude associations. By conducting a GWAS of a phenotype that was not directly measured, we offer a first view of genetic architecture of non-cognitive skills influencing educational success.

"It takes something more than intelligence to act intelligently."

- Fyodor Dostoyevsky, Crime and Punishment

Success in school—and life—depends on skills beyond cognitive ability^{1–4}. Randomized trials of early-life education interventions find substantial benefits to educational outcomes, employment, and adult health, even though the interventions have no lasting effects on children's cognitive functions^{5,6}. These results have captured attention of educators and policy makers, motivating interest in so-called "non-cognitive skills"^{7–9}. Non-cognitive skills suspected to be important for educational success include motivation, curiosity, persistence, and self-control^{1,10–13}. However, questions have been raised about the substance of these skills and the magnitudes of their impacts on life outcomes¹⁴.

Twin studies find evidence that non-cognitive skills are heritable^{3,15–18}. Genetic analysis could help clarify the contribution of these skills to educational attainment and elucidate their connections with other traits. However, lack of consistent and reliable measurements of non-cognitive skills in existing genetic datasets pose challenges¹⁹.

To overcome these challenges, we designed a GWAS of a latent trait, *i.e.* a trait not measured in any of the genotyped subjects²⁰. We borrowed the strategy used in the original analysis of non-cognitive skills within the discipline of economics^{21,22}: we defined genetic influences on non-cognitive skills as the genetic variation in educational attainment that was not explained by cognitive skills. We then performed GWAS on this residual "non-cognitive" genetic variation in educational attainment. This approach is a necessarily

imperfect representation of the true relationship between cognitive and non-cognitive skills; in human development, cognitive abilities and other skills relevant for educational attainment likely interact dynamically, each influencing the other²³. Our analysis excludes genetic influences on education-relevant skills that also influence measured cognitive abilities. The value of this imperfect approach is to make a quantity otherwise difficult to study tractable for analysis.

We conducted analysis using Genomic Structural Equation Modeling (Genomic-SEM)²⁴ applied to published GWAS summary statistics for educational attainment and cognitive performance²⁵. Our analysis used these summary statistics to "subtract" genetic influence on cognitive performance from the association of each single-nucleotide polymorphism (SNP) with educational attainment. The remaining associations of each SNP with educational attainment formed a new GWAS of a non-cognitive skills phenotype that was never directly measured. We call this novel statistical approach GWAS-by-subtraction.

We used results from the GWAS-by-subtraction of non-cognitive skills to conduct two sets of analyses. First, we conducted hypothesis-driven analysis using the phenotypic annotation approach²⁶. We used genetic correlation and polygenic score analysis to test the hypothesis that non-cognitive skills influence educational and economic attainments and longevity and to investigate traits and behaviors that constitute non-cognitive skills. Second, we conducted hypothesis-free bioinformatic annotation analysis to explore the tissues, cell-types, and brain structures that might distinguish the biology of non-cognitive skills from the biology mediating cognitive influences on educational attainment.

Results

GWAS-by-subtraction identifies genetic associations with non-cognitive variance in educational attainment

The term "non-cognitive skills" was originally coined by economists studying individuals who were equivalent in cognitive ability but who differed in educational attainment²². Our analysis of non-cognitive skills was designed to mirror this original approach: we focused on genetic variation in educational outcomes not explained by genetic variation in cognitive ability. Specifically, we applied Genomic Structural Equation Modeling (Genomic-SEM)²⁴ to summary statistics from GWASs of educational attainment²⁵ and cognitive performance²⁵. Both phenotypes were regressed on a latent factor representing genetic variance in cognitive performance (hereafter "Cog"). Educational attainment was further regressed on a second latent factor representing the residual genetic variance in educational attainment left over after regressing-out variance related to cognitive performance (hereafter "NonCog"). By construction, NonCog genetic variance was independent of Cog genetic variance ($r_{\sigma} = 0$). In other words, the *NonCog* factor represents genetic variation in educational attainment that is not accounted for by the Cog factor. These two latent factors were then regressed on individual SNPs, yielding a GWAS of the latent constructs NonCog and Cog. A graphical representation of the model is presented in Figure 1. Parameters are derived in terms of the observed moments of the joint distribution of educational attainment, cognitive performance, and a SNP (see Supplementary Note).

The *NonCog* latent factor accounted for 57% of total genetic variance in educational attainment. Using LD Score regression²⁷, we estimated SNP-heritability for *NonCog* to be $h^2_{NonCog} = 0.0637$ (*SE* = 0.0021). After conventional GWAS significance threshold correction, GWAS of *NonCog* identified 157 independent genome-wide significant lead SNPs (independent SNPs defined as outside a 250-kb window, or within a 250-kb window and $r^2 < 0.1$). The results from the *NonCog* GWAS are graphed as a Manhattan plot in **Figure 2**. *NonCog* and *Cog* GWAS details are reported in **Supplementary Tables 1-4**, **Supplementary Figure 1**, and the **Supplementary Note**. In addition, we report a series of sensitivity analyses as follows: analysis of potential biases due to cohort differences (**Supplementary Table 5** and **Supplementary Figs. 2-4**); analysis of impact of allowing for positive genetic correlations between *NonCog* and *Cog* (**Supplementary Tables 6** and **7**, and **Supplementary Figs. 5** and **6**; analysis of impact of allowing for a moderate causal effect of educational attainment on cognitive performance²⁸ (**Supplementary Table 8** and **Supplementary Figs. 7-9**).

Phenotypic annotation analysis elucidates behavioral, psychological and psychiatric correlates of non-cognitive skills genetics

Our phenotypic annotation analyses proceeded in two steps. First, we conducted polygenic score (PGS) and genetic correlation (rG) analysis to test whether our GWAS-by-subtraction succeeded in identifying genetic influences that were important to educational attainment and also distinct from genetic influences on cognitive ability. Second, we conducted PGS and rG analyses to explore how *NonCog* related to a network of phenotypes that psychology and economics research suggests might form the basis of non-cognitive influences on educational attainment.

NonCog genetics are distinct from cognitive performance and are important to education, socioeconomic attainment, and longevity. To establish whether the Genomic-SEM GWAS-by-subtraction succeeded in isolating genetic variance in education that was independent of cognitive function, we compared genetic associations of *NonCog* and *Cog* with educational attainment and cognitive test performance. Results for analysis of education and cognitive test phenotypes are graphed in **Figure 3**.

We conducted PGS analysis of educational attainment in the Netherlands Twin Register²⁹ (NTR), National Longitudinal Study of Adolescent to Adult Health³⁰ (AddHealth), Dunedin Longitudinal Study³¹, E-Risk³², and Wisconsin Longitudinal Study³³ (WLS) cohorts (metaanalysis n = 24,056; cohorts descriptions in **Supplementary Tables 9** and **10** and **Supplementary Note**). PGS effect-sizes were the same for *NonCog* and *Cog* (*NonCog* $\beta =$ 0.24 (*SE* = 0.03), *Cog* $\beta = 0.24$ (*SE* = 0.02), *P*_{diff} = 0.702; all PGS results are reported in **Supplementary Tables 11** and **12**). We conducted complementary genetic correlation analysis using Genomic SEM and GWAS summary statistics from a hold-out-sample GWAS of educational attainment (**Supplementary Note**). This analysis allowed us to compute an out-of-sample genetic correlation of *NonCog* with educational attainment. *NonCog* showed a stronger genetic correlation with educational attainment as compared to *Cog* (*NonCog* r_g = 0.71 (*SE* = 0.02), *Cog* $r_g = 0.57$ (*SE* = 0.02), *P*_{diff} < 0.0001; all genetic correlation results are reported in **Supplementary Tables 13** and **14**).

We conducted PGS analysis of cognitive test performance in the NTR, Texas Twin Project³⁴, Dunedin, E-Risk, and WLS cohorts (combined n = 11,351). The goal of our GWAS-by-subtraction analysis was to exclude, as much as possible, genetic variance in cognitive ability from genetic variance in skills relevant for education. Consistent with this goal, effect-sizes for *NonCog* PGS associations with full-scale IQ were smaller by half as compared to *Cog* PGS associations (*NonCog* $\beta = 0.17$ (*SE* = 0.02), *Cog* $\beta = 0.29$ (*SE* = 0.03); $P_{\text{diff}} < 0.0001$). However, the non-zero correlation between the *NonCog* PGS and full-scale IQ is a reminder that the cognitive performance GWAS used in our GWAS-by-subtraction analyses does not capture the entirety of genetic influences on all forms of cognitive tests measured at all points in the lifespan. Additional PGS analyses of IQ subscales are reported in **Supplementary Figure 10** and **Supplementary Tables 11** and **12**.

We conducted complementary genetic correlation analysis using results from a published GWAS of childhood IQ³⁵. Parallel to PGS analysis, the *NonCog* genetic correlation with childhood IQ was smaller by more than half as compared to the *Cog* genetic correlation (*NonCog* $r_g = 0.31$ (*SE* = 0.06), *Cog* $r_g = 0.75$ (*SE* = 0.08), $P_{\text{diff}_fdr} < 0.0001$). Of the total genetic correlation between childhood IQ and educational attainment, 31% of the covariance was explained by *NonCog* and 69% by *Cog*.

We next examined downstream economic and health outcomes associated with greater educational attainment^{36,37}. In PGS analysis in the AddHealth and Dunedin cohorts (n =6,358), *NonCog* and *Cog* PGSs showed similar associations with occupational attainment (*NonCog* $\beta = 0.21$ (SE = 0.01), *Cog* $\beta = 0.21$ (SE = 0.01), $P_{\text{diff}} = 0.902$). In genetic correlation analysis, *NonCog* showed a similar relationship to income³⁸ as *Cog* (*NonCog* r_g = 0.62, (SE = 0.04), *Cog* $r_g = 0.62$ (SE = 0.04), $P_{\text{diff}_{\text{fdr}}} = 0.947$) and a stronger relationship with neighborhood deprivation³⁸, a measure related to where a person can afford to live (*NonCog* $r_g = -0.51$ (SE = 0.05), *Cog* $r_g = -0.32$ (SE = 0.04), $P_{\text{diff}_{\text{fdr}}} = 0.001$). In Genomic-SEM analysis, *NonCog* explained 53% of the genetic correlation between educational attainment and income and 65% of the genetic correlation between educational attainment and neighborhood deprivation (**Supplementary Table 15**).

We conducted genetic correlation analysis of longevity based on GWAS of parental lifespan³⁹. Genetic correlations were stronger for *NonCog* as compared to *Cog* (*NonCog* $r_g = 0.37$ (*SE* = 0.03); *Cog* $r_g = 0.27$ (*SE* = 0.03); *P*_{diff_fdr} = 0.024). In Genomic-SEM analysis, *NonCog* explained 61% of the genetic correlation between educational attainment and longevity.

In sum, *NonCog* and *Cog* genetics showed similar relationships with educational attainment and its long-term outcomes, despite *NonCog* genetic having a much weaker relationship to measured cognitive test performance than *Cog* genetics. These findings broadly support the hypothesis that non-cognitive skills distinct from cognitive abilities are an important contributor to success across the life course.

We next conducted a series of genetic correlation analyses to explore the network of phenotypes to which *NonCog* was genetically correlated. To develop understanding of the substance of non-cognitive skills, we tested where in that network of phenotypes genetic

correlations with *NonCog* diverged from genetic correlations with *Cog*. Our analysis was organized around four themes: decision-making preferences, health-risk and fertility behaviors, personality traits, and psychiatric disorders. Results of genetic correlation analyses are graphed in **Figure 4** and **Supplementary Figure 11**. Results are reported in **Supplementary Table 14**.

NonCog genetics were associated with decision-making preferences. In economics, noncognitive influences on achievement and health are often studied in relation to decisionmaking preferences^{40–43}. NonCog was genetically correlated with higher tolerance of risks⁴⁴ ($r_g = 0.10$ (SE = 0.03)) and willingness to forego immediate gratification in favor of a larger reward at a later time⁴⁵ (delay discounting $r_g = -0.52$ (SE = 0.08)). In contrast, Cog was genetically correlated with generally more cautious decision-making characterized by lower levels of risk tolerance ($r_g = -0.35$ (SE = 0.07), $P_{diff_fdr} < 0.0001$) and delay discounting ($r_g = -0.35$ (SE = 0.07), $P_{diff_fdr} = 0.082$).

NonCog genetics were associated with less health-risk behavior and delayed fertility. An alternative approach to studying specific non-cognitive skills is to infer individual differences in non-cognitive skills from patterns of health-risk behavior. NonCog was genetically correlated with less health-risk behavior as indicated by analysis of obesity⁴⁶, substance use^{44,47–50}, and sexual behaviors and early fertility^{44,51,52} (r_g range 0.2-0.5), with the exception that the r_g with alcohol use was not different from zero and r_g with cannabis use was positive. Genetic correlations for *Cog* were generally in the same direction but of smaller magnitude.

NonCog genetics were associated with a broad spectrum of personality characteristics linked with social and professional competency. In psychology, non-cognitive influences on achievement are conceptualized as personality traits, *i.e.* patterns of stable individual differences in emotion and behavior. The model of personality that has received the most attention in genetics is a five-factor model referred to as the Big Five. Genetic correlation analysis of the Big Five personality traits^{53–55} revealed NonCog genetics were most strongly associated with Openness to Experience (being curious and eager to learn; $r_g = 0.30$ (SE = 0.04)) and were further associated with a pattern of personality characteristic of changes that occur as people mature in adulthood⁵⁶. Specifically, *NonCog* showed a positive r_{g} with Conscientiousness (being industrious and orderly; $r_g = 0.13$ (SE = 0.03)), Extraversion (being enthusiastic and assertive; $r_g = 0.14$ (SE = 0.03)), and Agreeableness (being polite and compassionate; $r_{g} = 0.14$ (SE = 0.05)), and negative r_{g} with Neuroticism (being emotionally volatile; $r_g = -0.15$ (SE = 0.04)). Genetic correlations of Cog with Openness to Experience and Neuroticism were similar to those for $NonCog (P_{diff fdr-Openness} = 0.040, P)$ diff_fdr-Neuroticism = 0.470). In contrast, genetic correlations of Cog with Conscientiousness, Extraversion, and Agreeableness were in the opposite direction ($r_g = -0.25$ to -0.12, P_{diff_fdr} < 0.0005). PGS analysis of personality traits is reported in Supplementary Table 12, Supplementary Figure 12, and the Supplementary Note.

NonCog genetics were associated with higher risk for multiple psychiatric disorders. In clinical psychology and psychiatry, research is focused on mental disorders. Mental disorders are generally associated with impairments in academic achievement and social role

functioning^{57,58}. However, positive genetic correlations with educational attainment and creativity have been reported for some disorders^{59,60}. We therefore tested *NonCog* r_g with psychiatric disorders based on published case-control GWAS of mental disorders^{61–67}. *NonCog* was associated with *higher* risk for multiple clinically defined disorders, including anorexia nervosa ($r_g = 0.26$ (SE = 0.04)), obsessive-compulsive disorder ($r_g = 0.31$ (SE = 0.06)), bipolar disorder ($r_g = 0.27$ (SE = 0.03)), and schizophrenia ($r_g = 0.26$ (SE = 0.02)). Genetic correlations between *Cog* and psychiatric disorders were either smaller in magnitude (anorexia nervosa $r_g = 0.08$ (SE = 0.03), $P_{diff_fdr} < 0.001$; obsessive-compulsive disorder $r_g = -0.07$ (SE = 0.03), $P_{diff_fdr} < 0.001$; schizophrenia $r_g = -0.22$ (SE = 0.02), $P_{diff_fdr} < 0.001$; Both *NonCog* and *Cog* showed negative genetic correlations with attention-deficit/hyperactivity disorder (*NonCog* $r_g = -0.37$ (SE = 0.03), *Cog* $r_g = -0.37$ (SE = 0.04), $P_{diff_fdr} = 0.947$).

In sum, *NonCog* genetics were associated with phenotypes from economics and psychology thought to mediate non-cognitive influences on educational success. These associations contrasted with associations for *Cog* genetics, supporting distinct pathways of influence on achievement in school and later in life. Opposing patterns of association were also observed for psychiatric disorders, suggesting that the unexpected positive genetic correlation between educational attainment and mental health problems uncovered in previous studies^{60,68,69} arises from non-cognitive genetic influences on educational attainment.

Biological annotation analyses reveal shared and specific neurobiological correlates

The goal of biological annotation of GWAS discoveries is to elucidate molecular mechanisms mediating genetic influences on the phenotype of interest. Our biological annotation analysis proceeded in two steps. First, we conducted enrichment analysis to test whether some tissues and cell-types were more likely to mediate *NonCog* and *Cog* heritabilities than others. Second, we conducted genetic correlation analysis to explore how *NonCog* and *Cog* genetics related to different brain structures.

NonCog and Cog genetics were enriched in similar tissues and cells. We tested whether common variants in genes specifically expressed in 53 GTEx tissues⁷⁰ or in 152 tissues captured in a previous aggregation of RNA-seq studies^{71,72} were enriched in their effects on *Cog* or *NonCog*. Genes predominantly expressed in the brain rather than peripheral tissues were enriched in both *NonCog* and *Cog* (**Supplementary Table 16**).

To examine expression patterns at a more granular level of analysis, we used MAGMA⁷³ and stratified LD score regression⁷⁴ to test enrichment of common variants in 265 nervous system cell-type-specific gene-sets⁷⁵ (**Supplementary Table 17**). In MAGMA analysis, common variants in 95 of 265 gene-sets were enriched for association with *NonCog*. The enriched cell-types were predominantly neurons (97%), with enrichment most pronounced for telencephalon-projecting neurons, di- and mesencephalon neurons, and to a lesser extent, telencephalon interneurons (**Supplementary Fig. 13** and **Supplementary Table 18**). Enrichment for *Cog* was similar to *NonCog* (correlation between *Z*-statistics Pearson's r= 0.85), and there were no differences in cell-type-specific enrichment, suggesting that the same types of brain cells mediate genetic influences on *NonCog* and *Cog* (**Supplementary**

Fig. 14). Stratified LDSC results were similar to results from MAGMA (Supplementary Note, Supplementary Fig. 15, and Supplementary Table 19).

The absence of differences in cell-type specific enrichment is surprising given that *NonCog* and *Cog* are genetically uncorrelated. We therefore used the TWAS/Fusion tool⁷⁶ to conduct gene-level analysis. This analysis revealed a mixture of concordant and discordant gene effects on *NonCog* and *Cog* consistent with the genetic correlation of zero (**Supplementary Note**, **Supplementary Fig. 16**, and **Supplementary Table 20**).

NonCog and Cog genetics show diverging associations with total and regional brain volumes. Educational attainment has previously been found to be genetically correlated with greater total brain volume^{77,78}. We therefore used a GWAS of regional brain volume to compare the r_g of *NonCog* and *Cog* with total brain volume and with 100 regional brain volumes (99 gray matter volumes and white matter volume) controlling for total brain volume (**Supplementary Table 21**)⁷⁹. For total brain volume, genetic correlation was stronger for *Cog* as compared to *NonCog* (*Cog* $r_g = 0.22$ (*SE* = 0.04), *NonCog* $r_g = 0.07$ (*SE* = 0.03), $P_{diff} = 0.005$). Total gray matter volume, controlling for total brain volume, was not associated with either *NonCog* or *Cog* (*NonCog*: $r_g = 0.07$ (*SE* = 0.04)). For total white matter volume, conditional on total brain volume, genetic correlation was weakly negative for *NonCog* as compared to *Cog* (*NonCog*: $r_g = 0.07$ (*SE* = 0.04)). For total white matter volume, conditional on total brain volume, genetic correlation was weakly negative for *NonCog* as compared to *Cog* (*NonCog* $r_g = -0.12$ (*SE* = 0.04), *Cog* ($r_g = -0.01$ (*SE* = 0.04), $P_{diff} = 0.04$).

NonCog was not associated with any of the regional gray-matter volumes after FDR correction. In contrast, *Cog* was significantly associated with regional gray-matter volumes for the bilateral fusiform, insula and posterior cingulate (r_g range 0.11-0.17), as well as left superior temporal ($r_g = 0.11$ (SE = 0.04)), left pericalcarine ($r_g = -0.16$ (SE = 0.05)) and right superior parietal volumes ($r_g = -0.22$ (SE = 0.06)) (**Fig. 5**).

Finally, we tested genetic correlation of *NonCog* and *Cog* with white matter tract integrity as measured using diffusion tensor imaging (DTI)⁸⁰. Analyses included 5 DTI parameters in each of 22 white matter tracts (**Supplementary Table 22**). *NonCog* was positively associated with the mode of anisotropy parameter (which denotes a more tubular, as opposed to planar, water diffusion) in the corticospinal tract, retrolenticular limb of the internal capsule, and splenium of the corpus callosum (**Fig. 5**). However, all correlations were small ($0.10 < r_g < 0.14$), and we detected no genetic correlations that differed between *NonCog* and *Cog* (**Supplementary Note**).

Discussion

GWAS of non-cognitive influences on educational attainment identified 157 independent loci and polygenic architecture accounting for more than half the genetic variance in educational attainment. In genetic correlation and PGS analysis, these non-cognitive (*NonCog*) genetics showed similar magnitude of associations with educational attainment, economic attainment, and longevity to genetics associated with cognitive influences on educational attainment (*Cog*). As expected, *NonCog* genetics had much weaker associations with cognition phenotypes as compared to *Cog* genetics. These results contribute new

GWAS evidence in support of the hypothesis that heritable non-cognitive skills influence educational attainment and downstream life-course economic and health outcomes.

Phenotypic and biological annotation analyses shed light on the substance of heritable noncognitive skills influencing education. Economists hypothesize that preferences that guide decision-making in the face of risk and delayed rewards represent non-cognitive influences on educational attainment. Consistent with this hypothesis, *NonCog* genetics were associated with higher risk tolerance and lower time discounting. These decision-making preferences are associated with financial wealth, whereas opposite preferences are hypothesized to contribute to a feedback loop perpetuating poverty⁸¹. Consistent with results from analysis of decision-making preferences, *NonCog* genetics were also associated with healthier behavior and later fertility.

Psychologists hypothesize that the Big Five personality characteristics of conscientiousness and openness are the two "pillars of educational success"^{2,3,82}. Our results provide some support for this hypothesis, with the strongest genetic correlation evident for openness. However, they also show that non-cognitive skills encompass the full range of personality traits, including agreeableness, extraversion, and the absence of neuroticism. This pattern mirrors the pattern of personality change that occurs as young people mature into adulthood⁵⁶. Thus, non-cognitive skills share genetic etiology with what might be termed as "mature personality". The absolute magnitudes of genetic correlations between *NonCog* and individual personality traits are modest. This result suggests that the personality traits described by psychologists capture some, but not all, genetic influence on non-cognitive skills.

Although the general pattern of findings in our phenotypic annotation analysis indicated non-cognitive skills were genetically related to socially desirable characteristics and behaviors, there was an important exception. Genetic correlation analysis of psychiatric disorder GWAS revealed positive associations of *NonCog* genetics with schizophrenia, bipolar disorder, anorexia nervosa, and obsessive-compulsive disorder. Previously, these psychiatric disorders have been shown to have a positive r_g with educational attainment, a result that has been characterized as paradoxical given the impairments in educational and occupational functioning typical of serious mental illness. Our results clarify that these associations are driven by non-cognitive factors associated with success in education. These results align with the theory that clinically defined psychiatric disorders represent extreme manifestations of dimensional psychological traits, which might be associated with adaptive functioning within the normal range^{83–85}.

Finally, biological annotation analyses suggested that genetic variants contributing to educational attainment not mediated through cognitive abilities are enriched in genes expressed in the brain, specifically in neurons. Even though *NonCog* and *Cog* were genetically uncorrelated, variants in the same neuron-specific gene-sets were enriched for both traits. Although we found some evidence of differences between *NonCog* and *Cog* in associations with gray matter volumes, moderate sample sizes in neuroimaging GWAS mean these results must be treated as preliminary, requiring replication with data from larger-scale GWAS of white-matter and gray-matter phenotypes. Limited differentiation of *NonCog* and

Cog in biological annotation analyses focused at the levels of tissue and cell type highlights need for finer-grained molecular data resources to inform these analyses and the complementary value of phenotypic annotation analyses focused at the level of psychology and behavior.

We acknowledge limitations. Cognitive and non-cognitive skills develop in interaction with one another. For example, the dynamic mutualism hypothesis⁸⁶ proposes that non-cognitive characteristics shape investments of time and effort, leading to differences in the pace of cognitive development^{87,88}. However, in Genomic-SEM analysis, the *NonCog* factor is, by construction, uncorrelated with genetic influences on adult cognition as measured in the Cog GWAS. Our statistical separation of NonCog from cognition is thus a simplified representation of development. Longitudinal studies with repeated measures of cognitive and candidate non-cognitive skills are needed to study their reciprocal relationships across development^{89,90}. Our statistical separation of *NonCog* from cognition is also incomplete. The ability to control statistically for any variable, genetic or otherwise, depends on how well and comprehensively that variable is measured⁹¹. The tests of cognitive performance included in the Cog GWAS likely do not capture all genetic influences on all forms of cognitive ability across the lifespan^{92,93}. Despite these limitations, our simplified and incomplete statistical separation of NonCog from Cog allowed us to test whether heritable traits other than cognitive ability influenced educational attainment and to explore what those traits might be.

Because our analysis was based on GWAS of educational attainment, non-cognitive genetics identified here may differ from non-cognitive genetics affecting other socioeconomic attainments like income, or traits and behaviors that mediate responses to early childhood interventions, to the extent that those genetics do not affect educational attainment. Parallel analysis of alternative attainment phenotypes will clarify the specificity of discovered non-cognitive genetics.

In the case of GWAS of educational attainment, the included samples were drawn mainly from Western Europe and the U.S., and participants completed their education in the late 20th and early 21st centuries. The phenotype of educational attainment reflects an interaction between an individual and the social system in which they are educated. Differences across social systems, including education policy, culture, and historical context, may result in different heritable traits influencing on educational attainment⁹⁴. Results therefore may not generalize beyond the times and places GWAS samples were collected.

Generalization of the *NonCog* factor is also limited by restriction of included GWAS to individuals of European ancestry. Lack of methods for integrating genome-scale genetic data across populations with different ancestries^{95,96} requires this restriction, but raises threats to external validity. GWAS of other ancestries and development of methods for trans-ancestry analysis can enable analysis of (*Non*)*Cog* in non-European populations.

Within the bounds of these limitations, results illustrate the application of Genomic-SEM to conduct GWAS of a phenotype not directly measured in GWAS databases. This application could have broad utility beyond the genetics of educational attainment. The GWAS-by-

subtraction method allowed us to study a previously hard-to-interpret residual value. Our analysis provides a first view of the genetic architecture of non-cognitive skills influencing educational success. These skills are central to theories of human capital formation within the social and behavioral sciences and are increasingly the targets of social policy interventions. Our results establish that non-cognitive skills are central to the heritability of educational attainment and illuminate connections between genetic influences on these skills and social and behavioral science phenotypes.

Methods

Meta-analysis of educational attainment GWAS

We reproduced the Social Science Genetic Association Consortium (SSGAC) 2018 GWAS of educational attainment²⁵ by meta-analyzing published summary statistics for n = 766,345 (www.thessgac.org/data) with summary statistics obtained from 23andMe, Inc. (n = 365,538). We included SNPs with sample size > 500,000 and MAF > 0.005 in the 1000 Genomes reference set (10,101,243 SNPs). We did not apply genomic control, as standard errors of publicly available and 23andMe summary statistics were already corrected²⁵. Meta-analysis was performed using METAL¹⁰⁰.

GWAS-by-subtraction

The objective of our GWAS-by-subtraction analysis was to estimate, for each SNP, the association with educational attainment that was independent of that SNP's association with cognition (hereafter, the NonCog SNP effect). We used Genomic-SEM²⁴ in R 3.4.3 to analyze GWAS summary statistics for the educational attainment and cognitive performance phenotypes in the SSGAC's 2018 GWAS²⁵. The model regressed the educational-attainment and cognitive-performance summary statistics on two latent variables, Cog and NonCog (Fig. 1). Cog and NonCog were then regressed on each SNP in the genome. This analysis allowed for two paths of association with educational attainment for each SNP. One path was fully mediated by Cog. The other path was independent of Cog and measured the noncognitive SNP effect, *NonCog*. To identify independent hits with $P < 5 \times 10^{-8}$ (the customary P-value threshold to approximate an alpha value of 0.05 in GWAS), we pruned the results using a radius of 250 kb and an LD threshold of $r^2 < 0.1$ (Supplementary Tables 1-3). We explore alternative lead SNPs and loci definition in Supplementary Table 4. The parameters estimated in a GWAS-by-subtraction and their derivation in terms of the genetic covariance are described in the Supplementary Note (model specification), and practical analysis steps are further described in the Supplementary Note (SNP filtering). The effective sample size of the NonCog and Cog GWAS was estimated to 510,795 and 257,700, respectively (see Supplementary Note). We investigated biases from unaccounted-for heterogeneity in overlap across SNPs in the educational attainment and cognitive performace GWAS and describe possible strategy to deal with it (Supplementary Note). We investigated potential biases due to cohort differences in SNP heritability in the **Supplementary Note**. We evaluated the consequences of modifying r_g (*NonCog*, *Cog*) = 0 by evaluating $r_{g} = 0.1, 0.2$ or 0.3, and we investigated the consequences of a violation of the assumed causation between cognitive performance and educational attainment in the Supplementary Note.

Genetic correlations

We used Genomic-SEM to compute genetic correlations of *Cog* and *NonCog* with other education-linked traits for which well-powered GWAS data were available (SNP- h^2 z-statistics > 2; **Supplementary Table 13**) and to test whether genetic correlations with these traits differed between *Cog* and *NonCog*. Specifically, models tested the null hypothesis that trait genetic correlations with *Cog* and *NonCog* could be constrained to be equal using a chi-squared test with FDR adjustment to correct for multiple testing. The FDR adjustment was conducted across all genetic correlation analyses reported in the article, excluding the analyses of brain volumes described below. Finally, we used Genomic-SEM analysis of genetic correlations to estimate the percentage of the genetic covariance between educational attainment and the target traits that was explained by *Cog* and *NonCog* using the model illustrated in **Supplementary Figure 17**.

Polygenic score analysis

Polygenic score analyses were conducted in data drawn from six population-based cohorts from the Netherlands, the U.K., the U.S., and New Zealand: (1) the Netherlands Twin Register (NTR)^{29,101}, (2) E-Risk³², (3) the Texas Twin Project³⁴, (4) the National Longitudinal Study of Adolescent to Adult Health (AddHealth)^{30,102}, dbGaP accession phs001367.v1.p1; (5) Wisconsin Longitudinal Study on Aging (WLS)³³, dbGaP accession phs001157.v1.p1; and (6) the Dunedin Multidisciplinary Health and Development Study³¹. Supplementary Tables 9 and 10 describe cohort-specific metrics, and we include a short description of the cohorts' populations and recruitment in Supplementary Note. Only participants with European ancestry were included in the analysis, due to the low portability of PGS between different ancestry populations. Polygenic scores were computed with PLINK based on weights derived using the LD-pred¹⁰³ software with an infinitesimal prior and the 1000 Genomes phase 3 sample as a reference for the LD structure. LD-pred weights were computed in a shared pipeline to ensure comparability between cohorts. Each outcome (e.g., IQ score) was regressed on the Cog and NonCog polygenic scores and a set of control variables (sex, 10 principal components derived from the genetic data and, for cohorts in which these quantities varied, genotyping chip and age), using Stata 14 for WLS, Stata 15 for E-Risk and the Dunedin Study, and R (versions 3.4.3 and newer) for NTR, AddHealth, and the Texas Twin Project. In cohorts containing related individuals, non-independence of observations from relatives was accounted for using generalized estimation equations (GEE) or by clustering of standard errors at the family level. We used a random effects metaanalysis to aggregate the results across the cohorts. This analysis allows a cohort-specific random intercept. Individual cohort results are in Supplementary Table 11 and metaanalytic estimates in Supplementary Table 12.

Biological annotation

Enrichment of tissue-specific gene expression. We used gene-sets defined in Finucane et al. ¹⁰⁴ to test for the enrichment of genes specifically expressed in one of 53 GTEx tissues⁷⁰, or 152 tissues captured by the Franke et al. aggregation of RNA-seq studies^{71,72}. This analysis seeks to confirm the role of brain tissues in mediating *Cog* and *NonCog* influences on

educational attainment. The exact analysis pipeline used is available online (https://github.com/bulik/ldsc/wiki/Cell-type-specific-analyses).

Enrichment of cell-type specific expression. We leveraged single cell RNA sequencing (scRNA-seq) data of cells sampled from the mouse nervous system⁷⁵ to identify cell-type specific RNA expression. Zeisel et al.⁷⁵ sequenced cells obtained from 19 regions in the contiguous anatomical regions in the peripheral sensory, enteric, and sympathetic nervous system. After initial QC, they retained 492,949 cells, which were sampled down to 160,796 high quality cells. These cells were further grouped into clusters representing 265 broad celltypes. We analyzed the dataset published by Zeisel et al. containing mean transcript counts for all genes with count >1 for each of the 265 clusters (Supplementary Table 17). We restricted analysis to genes with expression levels above the 25th percentile. For each gene in each cell-type, we computed the cell-type specific proportion of reads for the gene (normalizing the expression within cell-type). We then computed the proportion of proportions over the 265 cell-types (computing the specificity of the gene to a specific celltype). We ranked the 12,119 genes retained in terms of specificity to each cell-type and then retained the 10% of genes most specific to a cell-type as the "cell-type specific" gene-set. We then tested whether any of the 265 cell-type specific gene-sets were enriched in the Cog or NonCog GWAS. This analysis sought to identify specific cell-types and specific regions in the brain involved in the etiology of Cog and NonCog. We further computed the difference in enrichment for *Cog* and *NonCog* to test whether any cell types were specific to either trait. For these analyses, we leveraged two widely used enrichment analysis tools: MAGMA⁷³ and stratified LD score regression⁷⁴ with the European reference panel from 1000 Genomes Project Phase 3 as SNP location and LD structure reference, Gencode release 19 as gene location reference and the human-mouse homology reference from MGI (http:// www.informatics.jax.org/downloads/reports/HOM_MouseHumanSequence.rpt).

MAGMA. We used MAGMA (v1.07b⁷³), a program for gene-set analysis based on GWAS summary statistics. We computed gene-level association statistics using a window of 10 kb around the gene for both *Cog* and *NonCog*. We then used MAGMA to run a competitive gene-set analysis, using the gene *P*-values and gene correlation matrix (reflecting LD structure) produced in the gene-level analysis. The competitive gene-set analysis tests whether the genes within the cell-type-specific gene-set described above are more strongly associated with *Cog/NonCog* than other genes.

Stratified LD-score regression. We used LD-score regression to compute LD scores for the SNPs in each of our "cell-type specific" gene-sets. Parallel to MAGMA analysis, we added a 10-kb window around each gene. We ran partitioned LD-score regression to compute the contribution of each gene-set to the heritability of *Cog* and *NonCog.* To guard against inflation, we used LD score best practices, and included the LD score baseline model (baselineLD.v2.2) in the analysis. We judged the statistical significance of the enrichment based on the *P*-value associated with the tau coefficient.

Difference in enrichment between Cog and NonCog. To compute differences in enrichment, we compute a standardized difference between the per-annotation enrichment for *Cog* and *NonCog* as:

$$Z_{\text{diff}} = \frac{e_{\text{Cog}} - e_{\text{NonCog}}}{\operatorname{sqrt}\left(\operatorname{se}_{\text{Cog}}^2 + \operatorname{se}_{\text{NonCog}}^2 - 2 * \operatorname{CTI} * \operatorname{se}_{\text{Cog}}^* \operatorname{se_{NonCog}}\right)}$$
(Equation 1)

where e_{Cog} is the enrichment of a particular gene-set for Cog, e_{NonCog} is the enrichment for the same gene-set for *NonCog*, se_{Cog} is the standard error of the enrichment for *Cog*, se_{NonCog} is the standard error of the enrichment for *NonCog*, and CTI is the LD score cross-trait intercept, a metric of dependence between the GWASs of *Cog* and *NonCog*.

We investigated the significance of the difference between Cog and NonCog tau coefficient with Equation 1 as well as by computing jackknifed standard errors. From the jackknifed estimates of the coefficient output by the LDSC software, we computed the jackknifed estimates and standard errors of the difference between *Cog* and *NonCog* tau coefficients, as well as a *z*-statistic for each annotation.

Enrichment of gene expression in the brain. We performed a transcriptome-wide association study (TWAS) using FUSION⁷⁶ (http://gusevlab.org/projects/fusion/). We used precomputed brain-gene-expression weights available on the FUSION website, generated from 452 human individuals as part of the CommonMind Consortium. We then superimposed the bivariate distribution of the results of the TWAS for *Cog* and *NonCog* over the bivariate distribution expected given the sample overlap between educational attainment and cognitive performance (the GWAS on which our GWAS of *Cog* and *NonCog* are based, see **Supplementary Note**).

Brain modalities

Brain volumes. We conducted genetic correlation analysis of brain volumes using GWAS results published by Zhao et al.⁷⁹, who performed GWAS of total brain volume and 100 regional brain volumes, including 99 gray matter volumes and total white matter volume (Supplementary Table 21). Analyses included covariate adjustment for sex, age, their square interaction and 20 principle components. Analyses of regional brain volumes additionally included covariate adjustment for total brain volume. GWAS summary statistics for these 101 brain volumes were obtained from https://med.sites.unc.edu/bigs2/data/gwassummary-statistics/. Summary statistics were filtered and pre-processed using Genomic-SEM's "munge" function, retaining all HapMap3 SNPs with allele frequency > 0.01 outside the MHC region. We used Genomic-SEM to compute the genetic correlations between Cog. NonCog and brain volumes. Analyses of regional volumes controlled for total brain volume. For each volume, we tested whether correlations differed between Cog and NonCog. Specifically, we used a chi-squared test to evaluate the null hypothesis that the two genetic correlations were equal. We used FDR adjustment to correct for multiple testing. The FDR adjustment is applied to the results for all gray matter volumes for Cog and NonCog separately.

White matter structures. We conducted genetic-correlation analysis of white-matter structures using GWAS results published by Zhao et al.⁸⁰, who performed GWAS of diffusion tensor imaging (DTI) measures of the integrity of white-matter tracts. DTI

parameters were derived for fractional anisotropy (FA), mean diffusivity (MD), axial diffusivity (AD), radial diffusivity (RD), and mode of anisotropy (MO). Each of these parameters was measured for 22 white matter tracts of interests (**Supplementary Table 22**), resulting in 110 GWAS. GWAS summary statistics for these 110 GWAS were obtained from https://med.sites.unc.edu/bigs2/data/gwas-summary-statistics/. Summary statistics were filtered and processed using Genomic-SEM's "munge" function, retaining all HapMap3 SNPs with allele frequency > 0.01 outside the MHC region. For each white matter structure, we tested whether genetic correlations differed between *Cog* and *NonCog*. Specifically, we used a chi-squared test to evaluate the null hypothesis that the two genetic correlations were equal. We used FDR adjustment to correct for multiple testing. As these different diffusion parameters are statistically and logically interdependent, having been derived from the same tensor, FDR adjustment was applied to the results for each type of white matter diffusion parameter separately. FDR correction was applied separately for *Cog* and *NonCog*.

Additional Resources—A FAQ on why, how and what we studied is available here: https://medium.com/@kph3k/investigating-the-genetic-architecture-of-non-cognitive-skillsusing-gwas-by-subtraction-b8743773ce44

A tutorial on how to perform GWAS-by-subtraction: http://rpubs.com/MichelNivard/565885

Additional resources to Genomic SEM software:

- A wiki including numerous tutorials: https://github.com/MichelNivard/ GenomicSEM/wiki
- A Genomic SEM user group for specific questions relating to models and software: https://groups.google.com/g/genomic-sem-users
- A venue to report technical issues: https://github.com/MichelNivard/ GenomicSEM/issues

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgements

This study was developed with support from the Jacobs Foundation at a meeting organized by D.W.B. and K.P.H. with support from E.M.T.-D. and C.M. and also attended by co-authors P.B., B.W.D., and J.W. We gratefully acknowledge contributions to the meeting from Katrin Mannik and Felix Tropf, and the Jacobs Foundation Fellowship team who made the meeting possible. D.W.B., K.P.H., M.G.N., E.M.T.-D., and C.M. are fellows of the Foundation. J.W. is a Jacobs Foundation Young Scholar.

This study used GWAS summary statistics published by the Social Science Genetic Association Consortium (SSGAC) and additional data obtained from 23andMe. We thank the research participants and employees of 23andMe for making this work possible. We thank the SSGAC and COGENT consortia for sharing their summary statistics of the GWASs of educational attainment and cognitive performance, especially Aysu Okbay for her quick and repeated help with providing these data. This study used data from the Netherlands Twin Register (NTR), the Texas Twin Study, the National Longitudinal Study of Adolescent to Adult Health (Add Health), the Dunedin Longitudinal Study, the E-Risk Study, and the Wisconsin Longitudinal Study (WLS).

NTR is supported by: 'Twin-family database for behavior genetics and genomics studies' (NWO 480-04-004), Longitudinal data collection from teachers of Dutch twins and their siblings (NWO-481-08-011); Twin-family study of individual differences in school achievement (NWO 056-32-010) and Gravitation program of the Dutch

Ministry of Education, Culture and Science and the Netherlands Organization for Scientific Research (NWO 0240-001-003); NWO Groot (480-15-001/674): Netherlands Twin Registry Repository: researching the interplay between genome and environment; NWO- Spi-56-464-14192 Biobanking and Biomolecular Resources Research Infrastructure (BBMRI – NL, 184.021.007 and 184.033.111); European Research Council (ERC-230374); the Avera Institute for Human Genetics, Sioux Falls, South Dakota (USA) and the National Institutes of Health (NIH, R01D0042157-01A); the NIMH Grand Opportunity grants (1RC2MH089951-01 and 1RC2 MH089995-01). The Texas Twin Project is supported by Eunice Kennedy Shriver National Institute of Child Health and Human Development grants R01HD083613 and R01HD092548. Add Health is supported by Eunice Kennedy Shriver National Institute of Child Health and Human Development grant P01HD31921, and GWAS grants R01HD073342 and R01HD060726, with cooperative funding from 23 other federal agencies and foundations. The Dunedin Multidisciplinary Health and Development Study is supported by the NZ HRC, NZ MBIE, National Institute on Aging grant R01AG032282, and UK Medical Research Council grant MR/P005918/1. The E-Risk Study is supported by the UK Medical Research Council grant MR/P005918/1. The E-Risk Study is supported by the UK Medical Research Council grant MR/P005918/1. The E-Risk Study is supported by the and Human Development grant R01HD077482. The Wisconsin Longitudinal Study is supported by National Institute on Aging grants R01AG041868 and P30AG017266.

Some of the work used a high-performance computing facility partially supported by grant 2016-IDG-1013 from the North Carolina Biotechnology Center. The Population Research Center at the University of Texas at Austin is supported by NIH grant P2CHD042849.

P.A.D. is supported by the grant 531003014 from The Netherlands Organisation for Health Research and Development (ZonMW). P.B. is supported by the NORFACE-DIAL grant number 462-16-100. S.R.C. is supported by the UK Medical Research Council grant MR/R024065/1 and NIH grant R01AG054628. EMTD is supported by NIH grants R01AG054628 and R01HD083613. A.A. is supported by the Foundation Volksbond Rotterdam and by ZonMw grant 849200011. E.v.B. is supported by NWO VENI grant 451-15-017. D.I.B. acknowledges the Royal Netherlands Academy of Science (KNAW) Professor Award (PAH/6635). B.W.D. is supported by award # 96-17-04 from the Russell Sage Foundation and the Ford Foundation. H.F.I. was supported by the "Aggression in Children: Unraveling gene-environment interplay to inform Treatment and InterventiON strategies" project (ACTION). ACTION received funding from the European Union Seventh Framework Program (FP7/2007-2013) under grant agreement no 602768. J.W. is supported by a postdoctoral fellowship by the AXA Research Fund. D.W.B. is a fellow of the Canadian Institute for Advanced Research Child Brain Development Network. K.P.H. and E.M.T.-D. are Faculty Research Associates of the Population Research Center at the University of Texas at Austin, which is supported by grant, 5-R24-HD042849, from the Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD). M.G.N. is supported by ZonMW grants 849200011 and 531003014 from The Netherlands Organisation for Health Research and Development, a VENI grant awarded by NWO (VI.Veni.191G.030), and NIH grant R01MH120219.

Code availability

Code used to run the analyses is available at: https://github.com/PerlineDemange/noncognitive

A tutorial on how to perform GWAS-by-subtraction: http://rpubs.com/MichelNivard/565885

All additional software used to perform these analyses are available online.

Data availability

GWAS summary data for *NonCog* and *Cog* (excluding 23andMe) have been deposited in the GWAS Catalog with accession numbers GCST90011874 and GCST90011875, respectively (*NonCog* GWAS: ftp://ftp.ebi.ac.uk/pub/databases/gwas/summary_statistics/GCST90011874, *Cog* GWAS: ftp://ftp.ebi.ac.uk/pub/databases/gwas/summary_statistics/GCST90011875).

For 23andMe dataset access, see https://research.23andme.com/dataset-access/.

Part of the National Longitudinal Study of Adolescent to Adult Health (Add Health) data is publicly available and can be downloaded at the following link: https://data.cpc.unc.edu/

projects/2/view#public_li. For restricted access data, details of the data sharing agreement and data access requirements can be found at the following link: https://data.cpc.unc.edu/ projects/2/view

The Dunedin study datasets reported in the current article are not publicly available due to lack of informed consent and ethical approval, but are available on request by qualified scientists. Requests require a concept paper describing the purpose of data access, ethical approval at the applicant's university, and provision for secure data access. We offer secure access on the Duke, Otago and King's College campuses. All data analysis scripts and results files are available for review (https://moffittcaspi.trinity.duke.edu/research-topics/ dunedin).

The E-Risk Longitudinal Twin Study datasets reported in the current article are not publicly available due to lack of informed consent and ethical approval, but are available on request by qualified scientists. Requests require a concept paper describing the purpose of data access, ethical approval at the applicant's university, and provision for secure data access. We offer secure access on the Duke and King's College campuses. All data analysis scripts and results files are available for review (https://moffittcaspi.trinity.duke.edu/research-topics/erisk).

Netherlands Twin Register data may be accessed, upon approval of the data access committee (email: ntr.datamanagement.fgb@vu.nl).

Researchers will be able to obtain Texas Twins data through managed access. Requests for managed access should be sent to Dr. Elliot Tucker-Drob (tuckerdrob@utexas.edu) and Dr. Paige Harden (harden@utexas.edu), joint principal investigators of the Texas Twin Project.

Wisconsin Longitudinal study data can be requested following this form: https:// www.ssc.wisc.edu/wlsresearch/data/Request_Genetic_Data_28_June_2017.pdf

References

- Moffitt TE, et al. A gradient of childhood self-control predicts health, wealth, and public safety. Proc Natl Acad Sci USA. 2011; 108:2693–2698. [PubMed: 21262822]
- von Stumm S, Hell B, Chamorro-Premuzic T. The hungry mind: intellectual curiosity is the third pillar of academic performance. Perspect Psychol Sci. 2011; 6:574–588. [PubMed: 26168378]
- Tucker-Drob EM, Briley DA, Engelhardt LE, Mann FD, Harden KP. Genetically-mediated associations between measures of childhood character and academic achievement. J Pers Soc Psychol. 2016; 111:790–815. [PubMed: 27337136]
- 4. Heckman JJ, Stixrud J, Urzua S. The effects of cognitive and noncognitive abilities on labor market outcomes and social behavior. J Labor Econ. 2006; 24:411–482.
- 5. Heckman JJ, Moon SH, Pinto R, Savelyev PA, Yavitz A. The rate of return to the HighScope Perry Preschool Program. J Public Econ. 2010; 94:114–128. [PubMed: 21804653]
- 6. Conti G, Heckman JJ, Pinto R. The effects of two influential early childhood interventions on health and healthy behaviour. Econ J. 2016; 126:F28–F65.
- 7. Gutman LM, Schoon I. The impact of non-cognitive skills on outcomes for young people. Educ Endow Found. 2013; 59:2019.
- Garcia, E. The Need to Address Noncognitive Skills in the Education Policy Agenda. 2014. https:// www.epi.org/publication/the-need-to-address-noncognitive-skills-in-the-education-policy-agenda/

- 9. Kautz, T, Heckman, JJ, Diris, R, Ter Weel, B, Borghans, L. Fostering and measuring skills: improving cognitive and non-cognitive skills to promote lifetime successOECD Education Working Papers, No. 110. OECD Publishing; Paris: 2014.
- 10. Heckman JJ. Skill formation and the economics of investing in disadvantaged children. LIFE CYCLES. 2006; 312:4.
- 11. Heckman JJ, Kautz T. Hard evidence on soft skills. Labour Econ. 2012; 19:451–464. [PubMed: 23559694]
- 12. Rimfeld K, Kovas Y, Dale PS, Plomin R. True grit and genetics: Predicting academic achievement from personality. J Pers Soc Psychol. 2016; 111:780–789. [PubMed: 26867111]
- Richardson M, Abraham C, Bond R. Psychological correlates of university students' academic performance: a systematic review and meta-analysis. Psychol Bull. 2012; 138:353–387. [PubMed: 22352812]
- Smithers LG, et al. A systematic review and meta-analysis of effects of early life non-cognitive skills on academic, psychosocial, cognitive and health outcomes. Nat Hum Behav. 2018; 2:867– 880. [PubMed: 30525112]
- 15. Kovas Y, et al. Why children differ in motivation to learn: Insights from over 13,000 twins from 6 countries. Personal Individ Differ. 2015; 80:51–63.
- 16. Loehlin, JC. Genes and environment in personality development. Sage Publications; 1992.
- Tucker-Drob EM, Harden KP. Learning motivation mediates gene-by-socioeconomic status interaction on mathematics achievement in early childhood. Learn Individ Differ. 2012; 22:37–45. [PubMed: 22611326]
- Malanchini M, Engelhardt LE, Grotzinger AD, Harden KP, Tucker-Drob EM. "Same but different": associations between multiple aspects of self-regulation, cognition, and academic abilities. J Pers Soc Psychol. 2019; 117:1164–1188. [PubMed: 30550329]
- Morris, TT; Smith, GD; van Den Berg, G; Davies, NM. Investigating the longitudinal consistency and genetic architecture of non-cognitive skills, and their relation to educational attainment. 2018.
- Liu JZ, Erlich Y, Pickrell JK. Case–control association mapping by proxy using family history of disease. Nat Genet. 2017; 49:325–331. [PubMed: 28092683]
- 21. Bowles, S, Gintis, H. Schooling In Capitalist America: Educational Reform And The Contradictions Of Economic Life. Basic Books; 1977.
- 22. Heckman JJ, Rubinstein Y. The importance of noncognitive skills: lessons from the GED Testing Program. Am Econ Rev. 2001; 91:145–149.
- Ackerman PL, Kanfer R, Goff M. Cognitive and noncognitive determinants and consequences of complex skill acquisition. J Exp Psychol Appl. 1995; 1:270–304.
- Grotzinger AD, et al. Genomic structural equation modelling provides insights into the multivariate genetic architecture of complex traits. Nat Hum Behav. 2019; 3:513–525. [PubMed: 30962613]
- Lee JJ, et al. Gene discovery and polygenic prediction from a genome-wide association study of educational attainment in 1.1 million individuals. Nat Genet. 2018; 50:1112–1121. [PubMed: 30038396]
- 26. Belsky DW, Harden KP. Phenotypic annotation: using polygenic scores to translate discoveries from genome-wide association studies from the top down. Curr Dir Psychol Sci. 2019; 28:82–90.
- Bulik-Sullivan BK, et al. LD Score regression distinguishes confounding from polygenicity in genome-wide association studies. Nat Genet. 2015; 47:291–295. [PubMed: 25642630]
- Ritchie SJ, Tucker-Drob EM. How much does education improve intelligence? A meta-analysis. Psychol Sci. 2018; 29:1358–1369. [PubMed: 29911926]
- 29. Ligthart L, et al. The Netherlands Twin Register: longitudinal research based on twin and twinfamily designs. Twin Res Hum Genet. 2019; 22:623–636. [PubMed: 31666148]
- Harris KM, et al. Cohort profile: The National Longitudinal Study of Adolescent to Adult Health (Add Health). Int J Epidemiol. 2019; 48:1415–1415k. [PubMed: 31257425]
- Poulton R, Moffitt TE, Silva PA. The Dunedin Multidisciplinary Health and Development Study: overview of the first 40 years, with an eye to the future. Soc Psychiatry Psychiatr Epidemiol. 2015; 50:679–693. [PubMed: 25835958]

- 32. Moffitt TE, E-risk Team. Teen-aged mothers in contemporary Britain. J Child Psychol Psychiatry. 2002; 43:727–742. [PubMed: 12236608]
- Herd P, Carr D, Roan C. Cohort profile: Wisconsin longitudinal study (WLS). Int J Epidemiol. 2014; 43:34–41. [PubMed: 24585852]
- Harden KP, Tucker-Drob EM, Tackett JL. The Texas Twin Project. Twin Res Hum Genet. 2013; 16:385–390. [PubMed: 23111007]
- 35. Benyamin B, et al. Childhood intelligence is heritable, highly polygenic and associated with FNBP1L. Mol Psychiatry. 2014; 19:253–258. [PubMed: 23358156]
- 36. Chetty R, et al. The association between income and life expectancy in the United States, 2001-2014. JAMA. 2016; 315:1750–1766. [PubMed: 27063997]
- Case A, Deaton A. Mortality and morbidity in the 21st century. Brook Pap Econ Act. 2017; 2017:397–476.
- Hill WD, et al. Molecular genetic contributions to social deprivation and household income in UK Biobank. Curr Biol. 2016; 26:3083–3089. [PubMed: 27818178]
- 39. Timmers PR, et al. Genomics of 1 million parent lifespans implicates novel pathways and common diseases and distinguishes survival chances. eLife. 2019; 8:e39856. [PubMed: 30642433]
- Almlund, M, Duckworth, AL, Heckman, J, Kautz, T. Personality psychology and economicsHandbook of the Economics of Education. Vol. 4. Elsevier; 2011. 1–181.
- Borghans L, Duckworth AL, Heckman JJ, terWeel B. The economics and psychology of personality traits. J Hum Resour. 2008; 43:972–1059.
- 42. Rabin M. A perspective on psychology and economics. Eur Econ Rev. 2002; 29
- 43. Becker A, Deckers T, Dohmen T, Falk A, Kosse F. The relationship between economic preferences and psychological personality measures. Annu Rev Econ. 2012; 4:453–478.
- 44. Linnér RK, et al. Genome-wide association analyses of risk tolerance and risky behaviors in over 1 million individuals identify hundreds of loci and shared genetic influences. Nat Genet. 2019; 51:245–257. [PubMed: 30643258]
- 45. Sanchez-Roige S, et al. Genome-wide association study of delay discounting in 23,217 adult research participants of European ancestry. Nat Neurosci. 2018; 21:16–18. [PubMed: 29230059]
- 46. Yengo L, et al. Meta-analysis of genome-wide association studies for height and body mass index in ~700000 individuals of European ancestry. Hum Mol Genet. 2018; 27:3641–3649. [PubMed: 30124842]
- TobaccoConsortium, Genetics. Genome-wide meta-analyses identify multiple loci associated with smoking behavior. Nat Genet. 2010; 42:441–447. [PubMed: 20418890]
- Walters RK, et al. Transancestral GWAS of alcohol dependence reveals common genetic underpinnings with psychiatric disorders. Nat Neurosci. 2018; 21:1656–1669. [PubMed: 30482948]
- 49. Schumann G, et al. KLB is associated with alcohol drinking, and its gene product β-Klotho is necessary for FGF21 regulation of alcohol preference. Proc Natl Acad Sci USA. 2016; 113:14372–14377. [PubMed: 27911795]
- 50. Pasman JA, et al. GWAS of lifetime cannabis use reveals new risk loci, genetic overlap with psychiatric traits, and a causal effect of schizophrenia liability. Nat Neurosci. 2018; 21:1161–1170. [PubMed: 30150663]
- Linnér RK, et al. Multivariate genomic analysis of 1.5 million people identifies genes related to addiction, antisocial behavior, and health. bioRxiv. 2020; doi: 10.1101/2020.10.16.342501
- Barban N, et al. Genome-wide analysis identifies 12 loci influencing human reproductive behavior. Nat Genet. 2016; 48:1462–1472. [PubMed: 27798627]
- 53. Lo M-T, et al. Genome-wide analyses for personality traits identify six genomic loci and show correlations with psychiatric disorders. Nat Genet. 2017; 49:152–156. [PubMed: 27918536]
- John OP, Naumann LP, Soto CJ. Paradigm shift to the integrative Big Five Trait taxonomy. Handb Personal Theory Res. 2008; :114–158. DOI: 10.1016/S0191-8869(97)81000-8
- de Moor MHM, et al. Meta-analysis of genome-wide association studies for personality. Mol Psychiatry. 2012; 17:337–349. [PubMed: 21173776]

- Caspi A, Roberts BW, Shiner RL. Personality development: stability and change. Annu Rev Psychol. 2005; 56:453–484. [PubMed: 15709943]
- Kessler RC, et al. Social consequences of psychiatric disorders, I: educational attainment. Am J Psychiatry. 1995; 152:1026–1032. [PubMed: 7793438]
- 58. Breslau J, Lane M, Sampson N, Kessler RC. Mental disorders and subsequent educational attainment in a US national sample. J Psychiatr Res. 2008; 42:708–716. [PubMed: 18331741]
- 59. Power RA, et al. Polygenic risk scores for schizophrenia and bipolar disorder predict creativity. Nat Neurosci. 2015; 18:953–955. [PubMed: 26053403]
- 60. Bansal V, et al. Genome-wide association study results for educational attainment aid in identifying genetic heterogeneity of schizophrenia. Nat Commun. 2018; 9
- 61. Wray NR, et al. Genome-wide association analyses identify 44 risk variants and refine the genetic architecture of major depression. Nat Genet. 2018; 50:668–681. [PubMed: 29700475]
- 62. Ruderfer DM, et al. Genomic dissection of bipolar disorder and schizophrenia, including 28 subphenotypes. Cell. 2018; 173:1705–1715. [PubMed: 29906448]
- 63. Jansen PR, et al. Genome-wide analysis of insomnia in 1,331,010 individuals identifies new risk loci and functional pathways. Nat Genet. 2019; 51:394–403. [PubMed: 30804565]
- 64. Duncan L, et al. Significant locus and metabolic genetic correlations revealed in genome-wide association study of anorexia nervosa. Am J Psychiatry. 2017; 174:850–858. [PubMed: 28494655]
- 65. Grove J, et al. Identification of common genetic risk variants for autism spectrum disorder. Nat Genet. 2019; 51:431–444. [PubMed: 30804558]
- 66. Arnold PD, et al. Revealing the complex genetic architecture of obsessive–compulsive disorder using meta-analysis. Mol Psychiatry. 2018; 23:1181–1188. [PubMed: 28761083]
- Ripke S, et al. Biological insights from 108 schizophrenia-associated genetic loci. Nature. 2014; 511:421–427. [PubMed: 25056061]
- Bulik-Sullivan B, et al. An atlas of genetic correlations across human diseases and traits. Nat Genet. 2015; 47:1236–1241. [PubMed: 26414676]
- Nieuwboer HA, Pool R, Dolan CV, Boomsma DI, Nivard MG. GWIS: genome-wide inferred statistics for functions of multiple phenotypes. Am J Hum Genet. 2016; 99:917–927. [PubMed: 27616482]
- 70. The GTEx Consortium. The Genotype-Tissue Expression (GTEx) pilot analysis: Multitissue gene regulation in humans. Science. 2015; 348:648–660. [PubMed: 25954001]
- Pers TH, et al. Biological interpretation of genome-wide association studies using predicted gene functions. Nat Commun. 2015; 6
- Fehrmann RSN, et al. Gene expression analysis identifies global gene dosage sensitivity in cancer. Nat Genet. 2015; 47:115–125. [PubMed: 25581432]
- de Leeuw CA, Mooij JM, Heskes T, Posthuma D. MAGMA: generalized gene-set analysis of GWAS data. PLoS Comput Biol. 2015; 11:1–19.
- 74. Finucane HK, et al. Partitioning heritability by functional annotation using genome-wide association summary statistics. Nat Genet. 2015; 47:1228–1235. [PubMed: 26414678]
- 75. Zeisel A, et al. Molecular architecture of the mouse nervous system. Cell. 2018; 174:999–1014. [PubMed: 30096314]
- 76. Gusev A, et al. Integrative approaches for large-scale transcriptome-wide association studies. Nat Genet. 2016; 48:245–252. [PubMed: 26854917]
- Nave G, Jung WH, Karlsson Linnér R, Kable JW, Koellinger PD. Are bigger brains smarter? Evidence from a large-scale preregistered study. Psychol Sci. 2019; 30:43–54. [PubMed: 30499747]
- Elliott ML, et al. A polygenic score for higher educational attainment is associated with larger brains. Cereb Cortex. 2019; 29:3496–3504. [PubMed: 30215680]
- 79. Zhao B, et al. Genome-wide association analysis of 19,629 individuals identifies variants influencing regional brain volumes and refines their genetic co-architecture with cognitive and mental health traits. Nat Genet. 2019; 51:1637–1644. [PubMed: 31676860]
- 80. Zhao B, et al. Large-scale GWAS reveals genetic architecture of brain white matter microstructure and genetic overlap with cognitive and mental health traits (n=17,706). Mol Psychiatry.

- Haushofer J, Fehr E. On the psychology of poverty. Science. 2014; 344:862–867. [PubMed: 24855262]
- Briley DA, Domiteaux M, Tucker-Drob EM. Achievement-relevant personality: relations with the Big Five and validation of an efficient instrument. Learn Individ Differ. 2014; 32:26–39. [PubMed: 24839374]
- Smoller JW, et al. Psychiatric genetics and the structure of psychopathology. Mol Psychiatry. 2019; 24:409–420. [PubMed: 29317742]
- Plomin R, Haworth CMA, Davis OSP. Common disorders are quantitative traits. Nat Rev Genet. 2009; 10:872–878. [PubMed: 19859063]
- 85. Meehl PE. Schizotaxia, schizotypy, schizophrenia. Am Psychol. 1962; 17:827-838.
- von Stumm S, Ackerman PL. Investment and intellect: a review and meta-analysis. Psychol Bull. 2013; 139:841–869. [PubMed: 23231531]
- Tucker-Drob, EM, Harden, KP. A behavioral genetic perspective on non-cognitive factors and academic achievementGenetics, Ethics and Education. Grigorenko, EL, Tan, M, Latham, SR, Bouregy, S, editors. Cambridge University Press; 2017. 134–158.
- Tucker-Drob, EM. Motivational factors as mechanisms of gene-environment transactions in cognitive development and academic achievementHandbook of competence and motivation: Theory and application. 2nd. The Guilford Press; 2017. 471–486.
- Tucker-Drob EM, Harden KP. Intellectual interest mediates gene × socioeconomic status interaction on adolescent academic achievement: intellectual interest and G×E. Child Dev. 2012; 83:743–757. [PubMed: 22288554]
- 90. Malanchini M, et al. Reading self-perceived ability, enjoyment and achievement: A genetically informative study of their reciprocal links over time. Dev Psychol. 2017; 53:698–712. [PubMed: 28333527]
- 91. Westfall J, Yarkoni T. Statistically controlling for confounding constructs is harder than you think. PLoS One. 2016; 11:e0152719. [PubMed: 27031707]
- 92. de la Fuente J, Davies G, Grotzinger AD, Tucker-Drob EM, Deary IJ. Genetic "General Intelligence," Objectively Determined and Measured. 2019; doi: 10.1101/766600
- Tucker-Drob EM, Briley DA. Continuity of genetic and environmental influences on cognition across the life span: a meta-analysis of longitudinal twin and adoption studies. Psychol Bull. 2014; 140:949–979. [PubMed: 24611582]
- 94. Tropf FC, et al. Hidden heritability due to heterogeneity across seven populations. Nat Hum Behav. 2017; 1:757–765. [PubMed: 29051922]
- 95. Duncan L, et al. Analysis of polygenic risk score usage and performance in diverse human populations. Nat Commun. 2019; 10
- 96. Martin AR, et al. Human demographic history impacts genetic risk prediction across diverse populations. Am J Hum Genet. 2017; 100:635–649. [PubMed: 28366442]
- 97. Klein A, Tourville J. 101 labeled brain images and a consistent human cortical labeling protocol. Front Neurosci. 2012; 6:171. [PubMed: 23227001]
- 98. Klein A. Mindboggle-101 manually labeled individual brains. 2016; doi: 10.7910/DVN/HMQKCK
- 99. Gorgolewski KJ, et al. NeuroVault.org: a web-based repository for collecting and sharing unthresholded statistical maps of the human brain. Front Neuroinformatics. 2015; 9:8.
- 100. Willer CJ, Li Y, Abecasis GR. METAL: Fast and efficient meta-analysis of genomewide association scans. Bioinformatics. 2010; 26:2190–2191. [PubMed: 20616382]
- 101. Willemsen G, et al. The Adult Netherlands Twin Register: twenty-five years of survey and biological data collection. Twin Res Hum Genet. 2013; 16:271–281. [PubMed: 23298648]
- 102. Highland, HM; Avery, CL; Duan, Q; Li, Y; Harris, KM. Quality control analysis of Add Health GWAS data. 2018. https://www.cpc.unc.edu/projects/addhealth/documentation/guides/ AH_GWAS_QC.pdf
- 103. Vilhjálmsson BJ, et al. Modeling linkage disequilibrium increases accuracy of polygenic risk scores. Am J Hum Genet. 2015; 97:576–592. [PubMed: 26430803]
- 104. Finucane HK, et al. Heritability enrichment of specifically expressed genes identifies diseaserelevant tissues and cell types. Nat Genet. 2018; 50:621–629. [PubMed: 29632380]

Demange et al.



Figure 1. GWAS-by-subtraction Genomic-SEM model.

Cholesky model as fitted in Genomic SEM, with path estimates for a single SNP included as illustration. SNP, cognitive performance (CP), and educational attainment (EA) are observed variables based on GWAS summary statistics. The genetic covariance between CP and EA is estimated based on GWAS summary statistics for CP and EA. The model is fitted to a 3 x 3 observed variance-covariance matrix (i.e. SNP, CP, EA). *Cog* and *NonCog* are latent (unobserved) variables. The covariances between CP and EA and between *Cog* and *NonCog* are fixed to 0. The variance of the SNP is fixed to the value of 2pq (p = reference allele frequency, q = alternative allele frequency, based on 1000 Genomes phase 3). The residual variances of CP and EA are fixed to 0, so that all variance is explained by the latent factors. The variances of the latent factors are fixed to 1. The observed variables CP and EA were regressed on the latent variables resulting in the estimates for the path loadings: λ Cog-CP = 0.4465; λ Cog-EA = 0.2237; λ NonCog-EA = 0.2565. The latent variables were then regressed on each SNP that met QC criteria.



Figure 2. Manhattan plot of SNP associations with NonCog.

Plot of the $-\log_{10}(P$ -value) associated with the Wald test (two-sided) of β_{NonCog} for all SNPs, ordered by chromosome and base position. Purple triangles indicate genome-wide significant ($P < 5 \times 10^{-8}$) and independent (within a 250-kb window and $r^2 < 0.1$) associations. The red dashed line marks the threshold for genome-wide significance ($P = 5 \times 10^{-8}$), and the black dashed line the threshold for nominal significance ($P = 1 \times 10^{-5}$).

Demange et al.



Figure 3. Polygenic prediction and genetic correlations with IQ and educational achievement. **a**, Genetic correlations of *NonCog* and *Cog* with educational attainment, highest math class taken, self-reported math ability, and childhood IQ. The dots represent genetic correlations estimated using Genomic SEM. Correlations with NonCog are in orange, and with Cog in blue. Error bars represent 95% CIs. Exact estimates and P-values are reported in Supplementary Table 14. For analysis of genetic correlations with educational attainment, we re-ran the Genomic-SEM model to compute NonCog and Cog using summary statistics that omitted the 23andMe sample from the educational attainment GWAS. We then used the 23andMe sample to run the GWAS of educational attainment. Thus, there is no sample overlap in this analysis. **b**, Effect-size distributions from meta-analysis of NonCog and Cog polygenic score associations with cognitive test performance and educational attainment. Outcomes were regressed simultaneously on NonCog and Cog polygenic scores. Effectsizes entered into the meta-analysis were standardized regression coefficients interpretable as Pearson r. Exact estimates and P-values are reported in Supplementary Table 12. Samples and measures are detailed in **Supplementary Tables 9** and **10**. Traits were measured in different samples: educational attainment was measured in the AddHealth, Dunedin, E-Risk, NTR, and WLS samples (n = 24,056); reading achievement and mathematics achievement were measured in the AddHealth, NTR, and Texas-Twin samples (n = 9,274 for reading achievement; n = 10,747 for mathematics achievement); cognitive testperformance (IQ) was measured in the Dunedin, E-Risk, NTR, Texas Twins, and WLS samples (n = 11,351). The densities were obtained by randomly generating normal

distributions where the meta-analytic estimate was included as the mean and the metaanalytic standard error as the standard deviation.

Demange et al.



Figure 4. Estimates of genetic correlations with *NonCog, Cog,* **and educational attainment.** Genetic correlations of *NonCog, Cog,* and educational attainment with selected phenotypes. The dots represent genetic correlations estimated in Genomic SEM. Correlations with *NonCog* are in orange, with *Cog* in blue, and with educational attainment in gray. Error bars represent 95% CIs. Red stars indicate a statistically significant (FDR corrected P < 0.05, two-tailed test) difference in the magnitude of the correlation with *NonCog* versus *Cog*. Exact *P*-values for all associations are reported in **Supplementary Table 14**. The FDR correction was applied based on all genetic correlations tested (including in **Supplementary**

Page 27

Fig. 11). The difference test is based on a chi-squared test associated with a comparison between a model constraining these two correlations to be identical versus a model where the correlations are freely estimated. Source GWAS are listed in **Supplementary Table 13**.

Demange et al.



Figure 5. Genetic correlations with regional gray matter volumes and white matter tracts

a, Cortical patterning of FDR-corrected significant genetic correlations with regional gray matter volumes for *Cog* versus *NonCog*, after correction for total brain volume. Regions of interest are plotted according to the Desikan-Killiany-Tourville atlas⁹⁷, shown on a single manually-edited surface (http://mindboggle.info)⁹⁸. Exact estimates and *P*-values are reported in **Supplementary Table 21**. *Cog* showed significant associations with gray matter volume for the bilateral fusiform, insula and posterior cingulate, the left superior temporal and left pericalcarine and right superior parietal volumes. *NonCog* was not associated with any of the regional brain volumes. **b**, White matter tract patterning of FDR-corrected significant genetic correlations with regional mode of anisotropy (MO) for *Cog* versus *NonCog*. White matter tract probability maps are plotted according to the Johns Hopkins University DTI atlas (https://identifiers.org/neurovault.image:1401)⁹⁹. Exact estimates and *P*-values are reported in **Supplementary Table 21**. *Cog* was not associated with regional MO. *NonCog* showed significant associations with MO in the corticospinal tract, the retrolenticular limb of the internal capsule and the splenium of the corpus callosum.