### Hypothesis

## The Amyloid Cascade Hypothesis 2.0: Generalization of the Concept

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Abstract. Recently, we proposed the Amyloid Cascade Hypothesis 2.0 (ACH2.0), a reformulation of the ACH. In the former, in contrast to the latter, Alzheimer's disease (AD) is driven by *intraneuronal* amyloid- $\beta$  (*i*A $\beta$ ) and occurs in two stages. In the first, relatively benign stage, A $\beta$  protein precursor (A $\beta$ PP)-derived *i*A $\beta$  activates, upon reaching a critical threshold, the A $\beta$ PP-independent *i*A $\beta$ -generating pathway, triggering a devastating second stage resulting in neuronal death. While the ACH2.0 remains aligned with the ACH premise that A $\beta$  is toxic, the toxicity is exerted because of intra- rather than extracellular A $\beta$ . In this framework, a once-in-a-lifetime-only *i*A $\beta$  depletion treatment via transient activation of BACE1 and/or BACE2 (exploiting their A $\beta$ -cleaving activities) or by any means appears to be the best therapeutic strategy for AD. Whereas the notion of differentially derived *i*A $\beta$  being the principal moving force at both AD stages is both plausible and elegant, a possibility remains that the second AD stage is enabled by an A $\beta$ PP-derived *i*A $\beta$  depletion therapy may be ineffective at symptomatic AD stages but fully retains its preventive potential for both AD and the aging-associated cognitive decline, which is defined in the ACH2.0 framework as the extended first stage of AD.

Keywords: Age-related cognitive decline, Alzheimer's disease, Amyloid Cascade Hypothesis 2.0, amyloid- $\beta$  protein precursor, BACE1 and BACE2 activators, intraneuronal amyloid- $\beta$ 

#### INTRODUCTION

In the ACH2.0, AD is caused by  $iA\beta$ : Two sources of  $A\beta PP$ -derived  $iA\beta$ 

Amyloid- $\beta$  (A $\beta$ ), produced by proteolysis of its A $\beta$  protein precursor (A $\beta$ PP), is known to be secreted and to accumulate extracellularly; this A $\beta$  pool is presumed to drive Alzheimer's disease (AD) in the long-standing "amyloid cascade hypothesis" (ACH) theory of AD [1]. Yet the recently proposed ACH2.0

interpretation of the disease [2] posits that extracellular A $\beta$  in general and A $\beta$  plaques in particular are largely benign and, possibly, even physiologically protective, and that AD is actually driven by intraneuronal A $\beta$  (iA $\beta$ ). In other words, while the ACH2.0 remains aligned with the ACH premise that A $\beta$  is toxic, the toxicity is exerted because of intrarather than extracellular AB. But if ABPP-derived A  $\beta$  is secreted, how does it, evidently [3–15], end up within the cell? This happens in two ways. First, via the cellular uptake of secreted A $\beta$ , which, in effect, constitutes its conversion to  $iA\beta$  [16–31]. Formation of AB aggregates appears to be a prerequisite to its uptake [19–21], therefore more "sticky" A $\beta$ species, e.g.,  $A\beta_{42}$ , are taken up twice as efficiently as rather common AB isoforms, e.g., AB<sub>40</sub> [17].

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The A $\beta$  uptake is ApoE isoform-dependent, with ApoE4 being much more efficient than other ApoE species [8, 20], and is mediated by multiple receptors [20–30]; internalization of A $\beta$  occurs in both healthy and AD-affected individuals [31].

The second source of A $\beta$ PP-derived *i*A $\beta$  is its retention within neurons. The vast majority of A $\beta$ PPderived A $\beta$  results from precursor's gamma-cleavage on the plasma membrane and is secreted. A small fraction of precursor, however, undergoes gammacleavage on internal membranes and resulting A $\beta$ is retained as *i*A $\beta$  [32–40]. Increases in retention of A $\beta$ PP-derived A $\beta$ , resulting from various mutations, were shown to be associated with AD [41,42]. Whereas both processes, internalization of secreted A $\beta$  and marginal retention of A $\beta$ PP-derived A $\beta$ , are not AD-specific, their combined rates appear, as described below, to define the susceptibility to and the timing of the commencement of the disease.

#### Accumulation of $A\beta PP$ -derived $iA\beta$ culminates in integrated stress response and constitutes only the first stage of AD

The life-long accumulation of ABPP-derived iAB is only the first, relatively benign, AD stage that sets up conditions for the activation of the second, devastating cascade that includes tau pathology, synaptic dysfunction, and neuronal loss. The central component of these conditions appears to be the integrated stress response (ISR). The ISR is a complex signaling pathway activated in response to a wide range of cellular stresses [43-52]. Its "integrating" feature is the convergence of all ISR-activating stimuli to the one common event, phosphorylation of eIF2 $\alpha$  at serine 51, which is catalyzed by the family of  $eIF2\alpha$ kinases comprised of four members: PKR, PERK, GCN2, and HRI. The ISR manifests as a severe reduction in global cellular protein synthesis, and, simultaneously, as the facilitation of translation of selected mRNAs, including those encoding specific transcription factors. Plausibly, among the induced transcriptions factors, or products of genes activated by them, are crucial components necessary and sufficient for the activation of a mechanism enabling the second stage of AD [2, 53–61].  $iA\beta$ , when sufficiently accumulated, was shown to activate both the PKR [62-68] and HRI [69, 70] kinases (the former via TNFa [67] or the PKR activator PACT [68], and the latter via mitochondrial dysfunction [71-87] and OMA1-DELE1-HRI signaling pathway [69, 70]); when this occurs, the elicitation of the ISR ensues.

#### AD IS A TWO-STAGE DISEASE: THE GENERALIZED AMYLOID CASCADE HYPOTHESIS 2.0

#### A special case of the ACH2.0: The second stage of AD is driven by $iA\beta$ produced independently of $A\beta PP$

In the recently described version of the ACH2.0 [2], the mechanism activated by the  $A\beta PP$ -derived *i*Aβ-elicited ISR and enabling the second AD stage is the A $\beta$ PP-independent *i*A $\beta$  generation pathway [2, 56-61, 88-90], i.e., the drivers of both stages of AD are apparently identical but produced in distinct pathways. Crucially, as described in [2, 60, 61] and in the "Validation" section below,  $iA\beta$  generated in the ABPP-independent pathway can be distinguished from that produced by ABPP proteolysis. Four distinct mechanisms for ABPP-independent generation of  $iA\beta$  have been proposed [2, 60, 61]. Importantly, regardless of their mechanistic nature, each one of them is self-sustaining and completely autonomous. Indeed, in all, the entire output of the ABPPindependent pathway is retained intraneuronally and supports the activity of PKR and/or HRI kinases, which, in turn, perpetuate the ISR (or a yet undefined pathway) and thus ensure the continuous operation of the ABPP-independent iAB production pathway. Sufficient accumulation of  $iA\beta$  was shown to lead to the inhibition of the ubiquitin-proteosome system, facilitation of the build-up and hyperphosphorylation of tau protein, and tau pathology [91–94]. The feedback cycles of *i*Aβ-activated AβPP-independent pathway generating  $iA\beta$ , which propagates its own production, constitutes the Engine that drives AD [2]; the disease commences only following the activation of the AD Engine. In this context the combined rates of the internalization of secreted  $A\beta$  and of the retention of A $\beta$ PP-derived *i*A $\beta$  determine when these joint A $\beta$  fractions would reach the critical level (another key parameter) and activate the ABPP-independent iAB generation pathway, thus defining both the susceptibility to and the timing of the commencement of AD. Once operational, the AD Engine renders the ABPP proteolytic pathway irrelevant for the progression of AD because its contribution of  $iA\beta$  becomes insignificant in comparison with that of the ABPPindependent  $iA\beta$  generation pathway.

#### Generalization of the ACH2.0

Whereas the notion of differentially derived  $iA\beta$  being the principal moving force in the first as well

as in the second stages of AD is both plausible and elegant (and, to use a modern physics-derived view, the beauty of a concept is both a prerequisite for and an indication of its correctness) and is supported by experimental data [88–90, 95, 96], a possibility, nevertheless, remains that the second AD stage is enabled by an A $\beta$ PP-derived *i*A $\beta$ -activated self-sustaining mechanism producing a yet undefined deleterious "substance X" (sX) which anchors and drives the second AD stage. This generalized version of the ACH2.0 is illustrated in Fig. 1. Conceptually, it is very similar, if not identical, to the scenario described in the preceding section, which constitutes a special case of the generalized ACH2.0 where  $sX = (iA\beta)$ produced in the A $\beta$ PP-independent mode). The sXproducing mechanism is assumed to be activated by the same processes, i.e., the ISR or a yet undefined pathway, that are postulated to initiate the ABPPindependent  $iA\beta$  production in the special ACH2.0 case discussed above. The yet to be determined sX (if not  $iA\beta$ ) is presumed to be capable of (a) anchoring a cascade that includes tau pathology and leads to neuronal death and (b) sustaining the activity of one or more pathways listed in the middle box of Fig. 1, thus perpetuating the feedback cycles and its own production, i.e., powering the operation of the AD Engine. When it is operational, the sX-driven AD Engine is, in similarity to its  $iA\beta$ -driven counterpart in the special ACH2.0 case, completely independent from the  $iA\beta$ production in the ABPP proteolytic pathway, and renders it irrelevant for the progression of AD, a notion strongly supported by observations that suppression of the ABPP proteolysis at symptomatic stages had no effect whatsoever on the progression of AD [95, 96], consistent with the autonomous operation of the AD Engine. Likewise, in the generalized ACH2.0, the rate of AβPP-derived iAβ accumulation, combined with the extent of the threshold for activation of the sXgenerating pathway, defines the susceptibility to the disease and determines the timing of its commencement. However, as described below, when sX is not  $iA\beta$ , the similarity of the generalized ACH2.0 with its special case version does not extend to the outcomes of the proposed therapy [2] for symptomatic stages of AD.

## Arguments for the uniform role of $A\beta PP$ -derived $iA\beta$ in the first stage of AD

As described above, in the generalized ACH2.0, the second stage of AD can be envisioned in more than one iteration. On the other hand, this is apparently not the case for the first stage of the disease. The notion that it is uniformly driven by A $\beta$ PP-derived  $iA\beta$  is, if not a certainty, then at least a highly probable scenario. Indeed, consider the following.

- AD is caused by Aβ, not tau; it is the overproduction of and mutations associated with the former that lead to tau pathology and the disease, but no other way around [97, 105].
- There is no good correlation between extracellular Aβ and the disease:
- (a) Excessive Aβ deposition but no disease [98–104]
- (b) No excessive Aβ deposition but the occurrence of AD (cognitive AD symptoms plus postmortem detection of tau-tangles) [105].
- AβPP-derived Aβ is known to physiologically accumulate intraneuronally (summarized above, reviewed in [2]).
- 4. Factors facilitating AβPP-derived *i*Aβ accumulation are associated with AD:
- (a)  $A\beta_{42}$  is internalized twice as efficiently as more common  $A\beta$  isoforms [17]
- (b) ApoE4 is much more efficient in the cellular uptake of  $A\beta$  than other ApoE species [8, 20]
- (c) The cellular "toxicity" of extracellular Aβ oligomers is due to their efficient internalization [19–21].
- 5. Mutations causing AD (or protecting from it) interfere with accumulation of  $iA\beta$ :
- (a) Swedish familial AD (FAD) mutation facilitates A $\beta$ PP processing on internal membranes and increases the intraneuronal retention of A $\beta$ PP-derived A $\beta$  [41]
- (b) Flemish FAD mutation increases iAβ levels by interfering with BACE2-mediated iAβ cleavage [106]
- (c) Protective Icelandic AβPP mutation reduces *i*Aβ levels via stimulation of *i*Aβ cleavage by BACE1 [107, 108]
- (d) PSEN FAD mutations that increase the production of  $A\beta_{42}$  thus facilitating its internalization [18]
- (e) PSEN FAD mutations that facilitate gammacleavage on internal membranes thus increasing the intraneuronal retention of AβPPderived Aβ [42].
- 6. There is a good correlation between levels of  $iA\beta$  and the occurrence of AD markers [15, 31].



Fig. 1. The generalized Amyloid Cascade Hypothesis 2.0 and the Engine that drives AD. Left Box (highlighted in gray): Life-long accumulation of A $\beta$ PP-derived *i*A $\beta$ , through the cellular uptake of secreted peptide and intracellular retention of a fraction of A $\beta$ PP-derived A $\beta$ , to levels sufficient to ignite the AD "Engine" (rest of the figure). Middle Box: Several pathways, both actual (top two) and hypothetical (each line represent a pathway), of the Aβ-mediated elicitation of the integrated stress response or of yet unknown process capable of activating the cell-deleterious substance X (sX)-generating pathway. Top Box (highlighted in blue): Generation of intraneuronally retained sX. The yet to be determined sX is presumed to be capable of (a) anchoring a cascade that includes tau pathology and leads to neuronal death and (b) sustaining the activity of one or more pathways listed in the Middle Box, and thus perpetuating the feedback cycles and its own production. Right Box: sX rapidly accumulates intraneuronally; this sustains the operation of one or more of the ABPP-derived iAB-mediated pathways shown in the Middle Box, which, in turn, support the generation of sX. It could be argued that the requirement that sX supports its own production is redundant in view of the continuous influx of A $\beta$ PP-derived iA $\beta$ . However, this is not the case, because suppression of the A  $\beta$  PP proteolytic pathway at symptomatic stages of the disease in human trials had no effect whatsoever on the progression of AD [95, 96], consistent with the autonomous operation of the AD Engine. Blue and red arched arrows: Mutually propagating feedback cycles constituting an autonomous, self-perpetuating Engine that drives AD. One interesting and plausible special case of the generalized ACH2.0 is that of  $sX = (iA\beta \text{ produced in the }A\beta PP-\text{independent pathway})$ , where differentially derived  $iA\beta$  runs both stages of AD. Crucially,  $iA\beta$  produced independently of ABPP can be distinguished from that derived in the ABPP proteolysis, as described in the "Validation" section below. Confirmation of the occurrence of a type of iAB originating independently of ABPP would equate it with and unequivocally establish the identity of sX.

The apparent universality of the first AD stage, i.e., the notion that, regardless of the nature of a mechanism underlying the second AD stage, its moving force is uniformly A $\beta$ PP-derived  $iA\beta$ , implies that a preventive AD therapy targeting A $\beta$ PP-derived  $iA\beta$ would be equally effective in either ACH2.0 version if administered prior to the commencement of the second AD stage, as addressed in the "Therapeutic Options" section below.

## Progression of AD in the frameworks of the special ACH2.0 case and the generalized ACH2.0

Dynamics of  $iA\beta$  and sX accumulation in the affected neuronal population of an AD patient and the progression of the disease as envisioned in the special case of the ACH2.0 or in its generalized version are presented schematically in Fig. 2 (upper panels - special case; lower panels - generalized version).



Fig. 2. Dynamics of  $iA\beta$  and/or sX accumulation in the affected neuronal population of an AD patient and progression of the disease.  $iA\beta$ : Intraneuronal A $\beta$  levels; sX: sX levels; T1: The level of A $\beta$ PP = derived  $iA\beta$  that triggers the elicitation of the ISR and activation of the AD Engine; T2: The level of  $iA\beta$  or of sX that triggers cell's commitment to the apoptotic pathway; Red blocks: Fraction of affected neurons either committed to apoptosis or dead; Vertical arrows: Indicate minimal fraction of neurons over the T2 threshold that causes symptomatic manifestation of AD. Blue lines:  $iA\beta$ ; Red lines: sX. Upper panels: Special ACH2.0 case with  $sX = (iA\beta$  produced independently of A $\beta$ PP). A) The initial symptomatic manifestation of the disease. The affected neurons reach and cross the T1 threshold within a narrow temporal window [2]; when the initial symptoms manifest, the T1 threshold has been crossed by and the AD Engine activated in all or the bulk of affected neuronal cells. B) Levels of  $iA\beta$  cross the T2 threshold in a fraction of affected neurons (presumably all or most of affected neurons) sufficient to trigger the end-stage of the disease. Lower panels: ACH2.0 cases where sX is not  $iA\beta$ . A') The affected neurons cross the T1 threshold and activate the sX-generating pathway. When enough affected neurons cross the T2 threshold, AD symptoms manifest; by this time the sX production pathway has been initiated and the AD Engine activated in the bulk of affected neurons. B') The end-stage of the disease. Note that in panels A' and B', the accumulation of  $iA\beta$  and sX, shown above the T1 threshold, occurs in the same cells.

In both scenarios, in the first stage of the disease  $A\beta PP$ -derived  $iA\beta$  steadily accumulates in a lifelong process and its levels within the affected neurons reach the T1 threshold within a narrow temporal window [2]; no significant neurodegeneration occurs in this AD stage. At this point PKR and/or HRI kinases are activated and the second stage of AD commences. eIF2 $\alpha$  is phosphorylated at the Ser51 and the ISR is elicited. In the special ACH2.0 case this leads to the activation of the A $\beta$ PP-independent  $iA\beta$  production pathway.  $iA\beta$  accumulation substantially accelerates

and neurodegeneration, including the formation of neurofibrillary tangles, accrues. Upon crossing the T2 threshold, neurons commit to the apoptotic pathway and eventually die. When enough cells become nonfunctional or die, AD symptoms manifest (Fig. 2A). With the progression of AD, additional neurons cross the T2 threshold until the disease reaches the endstage (Fig. 2B).

In the generalized ACH2.0, the elicitation of the ISR leads to the activation of the *s*X-generating pathway and, when *s*X is not  $iA\beta$ , to the same outcomes

as discussed above, i.e., as sX accumulates, it initiates a cascade that includes tau-tangles, and neurodegeneration accrues. When enough neurons cross the T2 threshold and loose functionality, the disease reaches the symptomatic stage (Fig. 2A'); eventually more neurons cross the T2 threshold and the AD end-stage is reached (Fig. 2B']. Importantly, in both ACH2.0 versions under discussion, by the time AD symptoms manifest, levels of A $\beta$ PP-derived  $iA\beta$  have crossed the T1 threshold and the AD Engine has been activated in bulk or all affected neurons; this notion is supported by experimental data [95, 96] and discussed in detail in [2].

#### THERAPEUTIC OPTIONS FOR AD IN THE GENERALIZED ACH2.0

The effectiveness of  $iA\beta$  depletion therapy at symptomatic stages of AD in the special ACH2.0 case

It follows that by the time AD symptoms manifest, it is futile to target therapeutically the accumulation of the A $\beta$ PP-derived *i*A $\beta$  because the self-sufficient AD Engine has been already activated in all affected neurons. At this stage, the only therapeutic option is to disable the Engine. In the special case of the ACH2.0  $(sX = iA\beta \text{ produced independently of } A\beta PP)$ , the best way to inactivate the AD Engine is to deplete  $iA\beta$ to levels below those required for its activation and operation [2], the goal achievable by the activation of BACE1 and/or BACE2 and utilization of their Aβ-cleaving activities (reviewed in [2]). Importantly,  $iA\beta$  depletion by any other suitable means would be as effective. The therapeutic effect of  $iA\beta$  depletion treatment administered at various symptomatic stages of AD in the special case of ACH2.0 (when the disease is driven by  $iA\beta$  produced in the A $\beta$ PPindependent pathway) is illustrated schematically in panels A through D of Fig. 3. In this figure, it is assumed that the administration of BACE1 and/or BACE2 activator(s) (or the utilization of any suitable  $iA\beta$ -depleting agent) for a limited, potentially short, duration is sufficient to completely, or nearly completely, deplete iAB (derived in both, ABPPdependent and -independent pathways), and that the rate of accumulation of A $\beta$ PP-derived *i*A $\beta$  to the T1 level remains constant and linear both pre- and post-depletion treatment (additional possibilities are reviewed in [2]). In every case, the effect of the treatment would be a "RESET" of iAB levels in surviving neurons. At this point, the de novo accumulation

of A $\beta$ PP-derived *i*A $\beta$  to the T1 threshold and the consequent activation of the A $\beta$ PP-independent *i*A $\beta$  production pathway and of the AD Engine would require a substantial time, possibly decades, prior to the recurrence (or resumption of the progression) of the disease and may not occur in the remaining lifespan of an individual, at least in cases of sporadic AD. At the early symptomatic stages, when most of neurons are still viable (Fig. 3A), the treatment is expected to be curative; as the disease progresses and less and less affected neurons are redeemable, the treatment would stop the progression of AD but may not restore the lost cognitive functionality (Fig. 3B–D).

# The effectiveness of $iA\beta$ depletion therapy at symptomatic stages of AD is conditional in the generalized ACH2.0

The  $iA\beta$  depletion strategy at symptomatic stages may, however, not be effective in the generalized ACH2.0. It would, of course, work when  $sX = (iA\beta)$ produced in the ABPP-independent pathway) but this is the special ACH2.0 case discussed above. It would also work if the operation of the sX-producing pathway depends on sufficient levels of  $iA\beta$ , by switching off the sX-generating pathway and necessitating a decades-long buildup of A $\beta$ PP-derived iA $\beta$  to the T1 threshold. But whereas this type of dependency cannot be excluded, it can neither be expected, and in such a case the  $iA\beta$  depletion therapy at symptomatic stages of AD would be inapplicable. Not only is  $iA\beta$  depletion unlikely to work in this scenario, so is a potential depletion of sX (if it is feasible in the first place). Indeed, the sX depletion would be therapeutically ineffective because the continuous influx of A $\beta$ PP-derived *i*A $\beta$  would keep the *s*X production pathway operative; an sX-depleting drug could possibly be helpful if administered unremittingly, but would certainly be inefficient as a short-duration agent; the elucidation of the nature of substance X and of the mechanism underlying the sX-generating pathway would, likely, suggest additional therapeutic options.

#### Prevention of AD: $iA\beta$ depletion therapy fully retains its protective effectiveness in the generalized ACH2.0

On the other hand, the limited-duration, potentially once-in-a-lifetime-only,  $iA\beta$  depletion treatment constitutes, arguably, the ultimate preventive therapy



Fig. 3. Effect of the limited-duration iAB depletion treatment, administered curatively or preventively, in AD. iAB: Intraneuronal AB levels; sX: sX levels; T1: ABPP-derived iAB level that triggers elicitation of the ISR and the activation of the AD Engine; T2: iAB level that triggers cell's commitment to the apoptotic pathway; Red blocks: Fraction of affected neurons committed to apoptosis or dead; Vertical arrows: Timing of the administration of  $iA\beta$  depletion treatment; the drug is withdrawn after the complete or nearly complete depletion of  $iA\beta$  is achieved. Upper panels (A–D): Treatments at different symptomatic stages in the special ACH2.0 case where  $sX = (iA\beta)$  produced independently of A $\beta$ PP). A) The drug is administered at the early symptomatic stage of the disease. Levels of  $iA\beta$  in surviving cells have been "reset" and the AD Engine switched off. The bulk of affected neurons, that did not yet reach the T2 threshold, recover and reconnect. At this point AB is produced only in the ABPP proteolytic pathway. The de novo accumulation of ABPP-derived iAB resumes and, if its rate remains constant and linear pre- and post-treatment, iAB levels are unlikely to reach the T1 threshold and the disease to recur within the remaining lifespan of an individual (at least in sporadic AD cases). B-D) The drug is administered at increasingly advanced stages of the disease. Outcomes are similar to that shown in panel A, except, as the disease progresses, there are less and less viable affected neurons that can be "reset" and thus redeemed. Lower panels: Preventive iAß depletion therapy in the generalized ACH2.0. A') Sporadic AD. The drug is administered in the early sixties; statistically prior to the late onset of the disease and before levels of A $\beta$ PP-derived iA $\beta$  reach the T1 threshold in any neuronal cells. Levels of iAB have been "reset"; the de novo accumulation of ABPP-derived iAB to the T1 threshold would take decades and is unlikely to occur within the remaining lifespan of an individual. B') Familial AD. The drug is administered in the early forties, and de-novo buildup of ABPP-derived iAB to the T1 threshold could occur still within the lifespan of an individual; in such a case, a repeated administration of the drug could be required for the prevention of the disease. Note that the treatment (and its effects) depicted in A' appear to be applicable to aging-related cognitive decline.

for AD. This is true not only in the special ACH2.0 case but also within the framework of the generalized ACH2.0 because the preventive treatment is administered prior to the activation of the AD Engine (driven either by  $iA\beta$  or sX) and to symptomatic manifestation of the disease, at the stage (the first stage of AD) when the only driving force is  $iA\beta$  (A $\beta$ PPderived) that still did not reach the T1 threshold in any neurons. Moreover, the degree of certainty that the  $iA\beta$  depletion treatment will be effective at this, pre-symptomatic, stage is much greater than that at the symptomatic AD stages in the special ACH2.0 case (see above). During the latter, the ability of neurons that crossed the T1, but have not yet reach the T2 threshold, to recover and reconnect following the disabling of the AD Engine would be inversely proportional to levels of  $iA\beta$  (and the accompanying cellular damage) at the time of the treatment's administration and could be compromised. There are no such uncertainties and limitations when this treatment is employed for the prevention of the disease, when no significant cellular damage yet occurred. With the complete or nearly complete depletion and "reset" of the  $iA\beta$  levels and with the rate of accumulation of ABPP-derived iAB to the T1 level remaining constant and linear both pre- and post-treatment (for additional discussion of these assumptions see [2]), one such treatment in a lifetime could be, if properly timed, i.e., close to but below the statistical age of the onset of symptomatic AD, sufficient to prevent the occurrence of the disease within the remaining lifespan of an individual. Since in prospective familial AD cases the  $iA\beta$  build-up to the T1 threshold may plausibly occur within the remaining lifespan of an individual, the  $iA\beta$  depletion treatment could have to be administered more than once. These scenarios are depicted in panels A' and B' of Fig. 3.

#### AGING-RELATED COGNITIVE DECLINE IN THE LIGHT OF THE ACH2.0: THE EXTENDED STAGE ONE OF AD? PROTECTIVE POTENTIAL OF *i*Aβ DEPLETION THERAPY

The Icelandic A $\beta$ PP mutation A673T protects its carriers from AD [107, 108]. The protective effect is apparently due to the increased rate of BACE1 cleavage at residues 10/11 of A $\beta$  ( $\beta$ '-site) and the consequent lowering of the rate of *i*A $\beta$  accumulation, effectively its depletion, within neuronal cells [107–112], precisely the therapeutic strategy pro-

posed in the present study. The same mutation also protects from the "common" aging-associated cognitive decline [107, 108]. This is a striking observation. It implies that  $iA\beta$  is somehow causatively involved in the aging-associated cognitive dysfunction. This could happen in two ways. The first one is that agingrelated cognitive decline is, in fact, a "low grade", location-restricted AD, i.e., it occurs only at particular brain locations, e.g., the anterior midcingulate cortex, associated with the retention of cognitive functionality in aging. The second, arguably more likely, explanation is that the T1 threshold is particularly low (and thus constitute an AD susceptibility factor) in AD-predisposed individuals who eventually develop the disease, while in the general population it is higher. Consequently, in the general population, ABPP-derived iAB can accumulate (subject to the rate of its accumulation) with aging to higher (but still short of the T1 threshold) levels than in AD-predisposed individuals, sufficient to cause some neuronal damage and trigger aging-associated cognitive dysfunction but yet insufficient to ignite the AD Engine. In the framework of the ACH2.0, this description defines age-related cognitive decline as the extended first stage of AD ("extended" in terms of neurons' augmented capacity to accumulate ABPP-derived iAB prior to reaching the higher than in AD-predisposed individuals T1 threshold); in this scenario A $\beta$ PP-derived *i*A $\beta$  plays the causative role in the age-related cognitive decline, just as it does in AD. The A673T mutation lowers the rate of accumulation of A $\beta$ PP-derived *i*A $\beta$  (by facilitating its BACE1-mediated  $\beta$ '-site cleavage within A $\beta$ ) and it reaches neither the levels triggering aging-associated cognitive decline nor the T1 threshold (within the lifespan of a mutation carrier) thus protecting from both, aging-related cognitive dysfunction and AD. Whatever explanation is correct, a single administration of the  $iA\beta$  depletion treatment, through the use of BACE1 and/or BACE2 activator(s) or via utilization of any other suitable  $iA\beta$ -depleting agent, dispensed prior to the onset of the aging-related cognitive dysfunction (say, early sixties, same as for AD prevention) would prevent it, alongside with protecting from AD, by collapsing the  $iA\beta$  population and necessitating its decades-long restoration as shown in panel A' of Fig. 3. If the second explanation of  $iA\beta$ role in aging-related cognitive decline were correct, the  $iA\beta$  depletion treatment would also be curatively effective when administered after the cognitive dysfunction's symptoms have manifested. If the first explanation were true, the  $iA\beta$  depletion would work

similarly at symptomatic stages of both AD and the age-related cognitive dysfunction; if effective at the former, it would be also effective at the latter.

#### VALIDATION OF THE GENERALIZED ACH2.0 AND OF THE *i*Aβ DEPLETION THERAPY FOR AD

#### Human neuronal cells-based AD model: Principles of design

For two reasons, the best conceivable AD model is, arguably, that based on human neuronal cells. The first reason is that such model utilizes cells originating from the species known to be affected by AD. The second reason is that AD appears to be human-specific or, at least, species-specific [2, 60, 61] (further discussed below), i.e., human cells seem to possess unique feature(s), such as the ability to produce  $iA\beta$  in the A $\beta$ PP-independent mode [60, 61] or enact some other mechanism(s) enabling the second AD stage, that are, because of the structure of their ABPP mRNA or for other reasons, unavailable in nonhuman mammalian species [53-59]. Since human neurons are intrinsically capable of molecular processes underlying the disease, the design principles to generate AD model are relatively straightforward: to trigger the second stage of AD and activate the AD Engine. Once this occurs, the progression of cellular AD pathology would become self-sustaining and irreversible (unless intervened with therapeutically). The most "physiological" (i.e., emulating processes occurring in the disease) method to ignite the Engine, i.e., to activate the endogenous ABPPindependent  $iA\beta$  production or the sX-generating pathway, is to rapidly accumulate  $iA\beta$  to the T1 threshold. This can be achieved by transiently supplying cells with exogenous  $iA\beta_{42}$  either by importing the peptide or by expressing it from appropriate DNA constructs or from transfected mRNA. Considering that in AD-predisposed individuals the T1 threshold could be significantly lower than in general population, it may be useful to utilize neurons differentiated from iPSCs of AD patients. Alternative, albeit less "physiological", approaches, which bypass the  $iA\beta$ accumulation stage, include the induction of mitochondrial dysfunction resulting in the HRI activation, or stressor-specific activation of one of the other eIF2 $\alpha$  kinases, all leading to the elicitation of the ISR and, provided that the ISR alone is sufficient to activate the AD Engine, the commencement of the second AD stage.

 $iA\beta$  (produced in the  $A\beta PP$ -independent pathway) versus sX: Distinguishing between potential principal drivers of the second AD stage

If  $iA\beta$  is indeed produced independently from ABPP in the second AD stage, it (and its immediate precursor) can be readily distinguished from Aß and C99 generated by AßPP proteolysis. This is because in every conceivable mechanism of ABPPindependent  $iA\beta$  production, translation is initiated from the AUG encoding Met671 of ABPP [2, 60, 61]. The resulting primary product, therefore, is not C99 but rather C100, i.e., Met-C99. The reason for this is that because Met671 is followed by Asp (Asp1 of C99 and of A $\beta$ ), it is removed by an aminopeptidase (other than MAP1 or MAP2) post- rather than co-translationally [113] (reviewed in [2]). Therefore, a steady-state pool of Met-C99 should be present in live cells with the activated A $\beta$ PP-independent *i*A $\beta$ production pathway, and its detection would constitute a proof of the pathway's operation (Met-AB would also be present, but its usage as a biomarker may limit or complicate the second AD stage induction options, as reviewed in [2]). If such proof were obtained, it would define the mechanism enabling the second AD stage. But what if it isn't? In such case, the biomarker for the activity of the second AD stage would be tau-tangles, a "cellular symptom" of AD pathology. Indeed, the NFTs formation was observed (but its etiology apparently misinterpreted) in exogenous AB-overexpressing human neuronal cells [97] (reviewed in [2]), and it is expected to occur in the proposed AD model [2]. The detection of NFTs but not of C100 would indicate that the second AD stage is powered by the sX-producing pathway (where sX is not  $iA\beta$ ).

#### Testing the rapeutic potential of the $iA\beta$ depletion

To assess the therapeutic potential of  $iA\beta$  depletion, BACE1 and/or BACE2 can be exogenously overexpressed from either a constitutive or an inducible promoter (the latter to allow evaluation at the different mechanistic stages). Assaying options for the assessment of the effects and consequences of BACE overexpression would depend on the determination of the mechanism underlying operation of the AD Engine, as described in the preceding section. If this mechanism is the A $\beta$ PP-independent  $iA\beta$  production, the assaying could be extensive. It would include monitoring the levels of the intact  $iA\beta$  (expected to be reduced by AB-cleaving activities of BACE1 and BACE2) and testing the activity of the A $\beta$ PP-independent *i*A $\beta$  production pathway by examining for the presence of C100 (Met-C99). If the  $iA\beta$  depletion were successful, the AD Engine's operation would cease. Consequently, C100 influx would stop and it would dissipate (this is why it cannot be present in postmortem samples: in dying neurons, C100 influx would cease while aminopeptidases are still operational); thus the occurrence of C100, or lack thereof, would report on the activity of the ABPP-independent pathway of its production. If, on the other hand, the second AD stage is driven by the sX-generating pathway (where sX is not  $iA\beta$ ), presently, assaying options are limited to determining levels of the intact  $iA\beta$  and to monitoring hyperphosphorylation of tau and formation of NFTs; in any case, the effects of the proposed therapy could be quantified.

#### DISCUSSION AND CONCLUSION

In the present study, AD is envisioned as a twostage disease. The first, relatively benign, stage is driven by the life-long accumulation of ABPPderived  $iA\beta$ , which, upon reaching the T1 threshold, activates a self-perpetuating mechanism (the AD Engine) that drives the devastating second AD stage, which culminates in neuronal loss. The susceptibility to AD is, therefore, determined by the rate of ABPPderived iAB accumulation combined with the extent of the T1 threshold. The mechanism underlying the second AD stage appears to be species-specific, possibly human-specific. It is inoperative in mice, which explains the inadequacy of all current mouse AD models. The above scenario constitutes the recently proposed amyloid cascade hypothesis 2.0 [2]. In this scenario, the second AD stage-enabling mechanism was initially suggested to be the ABPP-independent  $iA\beta$  production [2]; i.e., the entire course of the disease is run by differentially derived  $iA\beta$ . A recent work by Brewer et al. [116] proposed a modified amyloid hypothesis suggesting that the intraneuronal AB contains "long" A $\beta$  species A $\beta_{45}$  and A $\beta_{49}$ , due to incomplete activity of gamma-secretases in AD mice. Brewer et al. hypothesized that  $A\beta_{45}$  aggregates inside neurons and are not secreted. It was shown that iA $\beta$  contains long A $\beta_{45}$  and its accumulation in mitochondria, endosomes, and autophagosomes is dramatically increased with aging [116]. It is tempting to speculate that the sX species proposed in generalized ACH 2.0 could be the "long" A $\beta$  species that is produced independently of A $\beta$ PP and accumulates in neurons causing mitochondrial dysfunction.

It was recently proposed [114, 115] that high levels (over 800 pg/ml) of extracellular soluble A $\beta_{42}$ protect from AD. Indeed, in numerous studies where this parameter was measured [95, 96, 114], it was shown to be well below 800 pg/ml in AD patients, and PET brain scan-positive individuals with excessive AB deposition were shown to retain normal cognition above this threshold but to develop mild cognitive impairment or AD below it [114]. Mechanisms of protection from AD conferred by high levels of extracellular soluble A $\beta_{42}$  remain unknown; it may interfere, for example, with the rate of accumulation of  $iA\beta$  by lowering it and thus preventing or delaying iAB from reaching the T1 threshold within the lifespan of an individual. These results, if correct, suggest that low levels of extracellular soluble  $A\beta_{42}$  are a precondition for development of the disease. This phenomenon, however, remains to be corroborated and its apparent inconsistence with the overproduction and, consequently, with increased extracellular levels of  $A\beta_{42}$  in multiple types of FAD needs to be explained. On the other hand, it should be emphasized that the above notion affects neither the concepts of the ACH2.0 nor therapeutic strategies suggested by it.

The present study generalizes the previously formulated ACH2.0 by allowing that, conceptually, the second stage of AD could be enabled by more than one deleterious substance X-, sX-producing pathway. In this framework, the ABPP-independent  $iA\beta$ -generating pathway is only the special, albeit, very plausible, case where  $sX = (iA\beta)$  produced independently from ABPP). In this special ACH2.0 case, the  $iA\beta$ -depleting therapeutic strategy would be effective at the symptomatic stages of AD, whereas in the generalized ACH2.0 there is no certainty in this respect if sX is not  $iA\beta$ . There is, however, a substantial certainty that a single administration of the  $iA\beta$ -depleting treatment by activator(s) of BACE1 and/or BACE2, exploiting their Aβ-cleaving activities (reviewed in [2]), or by any suitable  $iA\beta$ depleting agent would be decidedly effective in the prevention of the disease in any ACH2.0 version, a notion testable by the validation procedure described above. Proponents of the ACH have argued that candidate AD drugs that consistently failed in human trials could be, nevertheless, therapeutically effective; they just were administered too late. In the framework of the ACH2.0, these arguments are valid (however, for different reasons than those invoked in the ACH). Antibodies targeting extracellular AB thus suppressing its cellular uptake, and, especially, BACE1 inhibitors affecting the production of ABPPderived AB and, by extension, both its intraneuronal retention and its uptake, if administered sufficiently early, would certainly delay the accumulation of A $\beta$ PP-derived *i*A $\beta$  to the T1 levels and the initiation of the second,  $iA\beta$ - (generated independently from A $\beta$ PP) or sX-anchored stage (this is how the A673T mutation exerts its protective effect by suppressing, i.e., lowering the rate of, the accumulation of A $\beta$ PP-derived *i*A $\beta$ ); these drugs could even extend the duration of  $iA\beta$  accumulation to the T1 threshold to that exceeding the remaining lifespan of an individual. Such drugs, however, would have only a preventive, but not curative effect; moreover, they would have to be administered unremittingly for the rest of a person's lifespan. Moreover, if lowering soluble extracellular  $A\beta_{42}$  levels is detrimental as discussed above [114, 115], the ACH-based AD therapies would be inapplicable because the utilization of BACE inhibitors or AB antibodies would certainly lower levels of extracellular AB species including soluble A $\beta_{42}$ . On the other hand, the proposed  $iA\beta$ depletion therapy would target only the intraneuronal Aβ population, would interfere with neither the production nor secretion of Ab, and would not affect extracellular levels of soluble  $A\beta_{42}$ .

Therefore, considering the alternative, ACHbased AD therapies is not a good option. The proposed ACH2.0-based therapeutic strategy, a limited-duration, once-in-a-lifetime-only  $iA\beta$ depleting treatment for prevention and, potentially, cure of not only AD but also of the "common" agingassociated cognitive decline defined, in the context of the ACH2.0, as the extended first stage of AD, is, undoubtedly, a preferable solution.

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#### CONFLICT OF INTEREST

The authors have no conflict of interest to report.

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