



Current Status of Magnetic Resonance Imaging in Patients with Malignant Uterine Neoplasms: A Review

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In this study, we summarize the clinical role of magnetic resonance imaging (MRI) in the diagnosis of patients with malignant uterine neoplasms, including leiomyosarcoma, endometrial stromal sarcoma, adenosarcoma, uterine carcinosarcoma, and endometrial cancer, with emphasis on the challenges and disadvantages. MRI plays an essential role in patients with uterine malignancy, for the purpose of tumor detection, primary staging, and treatment planning. MRI has advanced in scope beyond the visualization of the many aspects of anatomical structures, including diffusion-weighted imaging, dynamic contrast enhancement-MRI, and magnetic resonance spectroscopy. Emerging technologies coupled with the use of artificial intelligence in MRI are expected to lead to progressive improvement in case management of malignant uterine neoplasms.

Keywords: Uterine neoplasm; Magnetic resonance imaging; Endometrial cancer; Sarcoma

INTRODUCTION

Malignant uterine neoplasms are reported as the most common malignancy in the pelvis of female patients (1, 2). The pathological origins of malignant uterine neoplasms derive from the stromal/mesenchymal layer (leiomyosarcoma [LMS], or endometrial stromal sarcoma [ESS]) or epithelial layer (endometrial cancer [EC], or uterine carcinosarcoma [UCS]). EC accounts for the majority of cases, whereas uterine sarcomas are far less common, with approximate rate of one in twelve of all uterine malignancies (3, 4).

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Per National Comprehensive Cancer Network guideline, primary surgery is the recommended treatment for all the abovementioned malignant uterine neoplasms (5). In contrast, cervical cancer, is primarily treated using chemoradiation, with indication for surgery in stage IB-IIA disease alone (5). The different clinical and therapeutic aspects of cervical cancers are beyond the scope of this article but are previously reported (6).

Robust imaging technology is continuously evolving to improve preoperative treatment planning. Magnetic resonance imaging (MRI) has superior performance than ultrasonography and computed tomography (CT) for detecting the myometrial invasion (7), with advanced capability beyond the visualization of different aspects of the anatomical structures. Diffusion-weighted imaging (DWI) measures the Brownian motion of molecules and highlights the increased cellularity of cancer tissue through quantitative evaluation using the apparent diffusion coefficient (ADC) map (8). Dynamic contrast enhancement (DCE)-MRI utilizes the intravenous gadolinium-based contrast agent which is contained in the healthy blood vessel by means of the functional tight-junction but leaks out through the process of neovascularization in the tumor (9), thus providing adequate model of the blood flow,

extraction fraction, blood volume, volume of extravascular extracellular space, capillary permeability surface area product, and transfer from the blood to tissue. The magnetic resonance spectroscopy (MRS) technique enables semi-quantitative assessment of the chemical composition in selected region(s) of interest (10). Currently, most clinical magnetic resonance (MR) scanners have routine sequences for proton MRS measurement, providing a range of metabolic and functional information integrated with complementary MRI localization; however, MRS requires additional acquisition time for post processing, and has difficulty in shimming due to air and intestinal movement (11). The commonly used MR sequences are summarized in Table 1.

The aim of this review is to summarize experience and literature-based evidence on the clinical role of MRI in patients with uterine malignancies. We review common imaging characteristics of the uterine malignancies originating from various tumor types, with particular emphasis on the diagnostic challenges and disadvantages.

Leiomyosarcoma

LMS: Clinicopathological Features and Diagnostic Challenges

Leiomyosarcoma, a malignant smooth muscle tumor, is the most common uterine sarcoma which occurs in patients with peri- or postmenopausal status or over 40 years of

age (3, 4). Uterine smooth muscle tumor with uncertain malignant potential (STUMP), is a rare entity clinically considered to be of low malignant potential based on the possibility of recurrence. Malignancy should be suspected in case of occurrence of tumor growth in menopausal women not undergoing hormonal replacement therapy. In both LMS and STUMP, staging is the most significant prognostic factor; and in the tumor confined in the corpus, tumor size of less than 5 cm is associated with better survival rate (3, 4). Distinguishing between LMS, STUMP, and benign leiomyomas using MRI remains a challenge, especially due to overlapping of variable atypical imaging features (12). LMS, STUMP, and benign leiomyomas share similar clinical presentations including abnormal vaginal bleeding, palpable pelvic mass, and occasional pelvic pain, leading to approximately 0.5% of resected tumors with preoperative diagnosis of leiomyoma that are unexpectedly revealed as LMS based on final histopathology. However, the large uterine size and rapid tumor growth, are not associated with the increased risk of sarcoma (13, 14). Tissue diagnosis based on the endometrial sampling is challenging due to the intramuscular location of LMS and STUMP. In the era of minimal invasive surgery and conservative treatment, accurate preoperative imaging diagnosis of LMS plays a crucial role in selecting patient for non-surgical treatment (15).

LMS: Radiological Advantages and Disadvantages

MRI features of LMS include nodular borders, flow-void

Table 1. Acquisition Protocol of MRI for Uterine Malignancy

	CE-MRI	DWI	T2WI	T1WI	MRS
Pulse sequence	Turbo spin echo	Single-shot echo-planar	Turbo spin echo	Turbo spin echo	Point-resolved spectroscopy
Orientation	Axial and sagittal	Axial and sagittal	Axial and sagittal	Axial	N/A
Slice thickness/gap (mm)	4/1	4/1	4/1	4/1	12 x 12 x 12
Repetition time (msec)	567	3300	5630	626	2000
Echo time (msec)	10	79	87	11	35
Field of view (cm)	20	30	20	20	N/A
Acquisition matrix (phase x frequency)	256 x 320	128 x 128	256 x 320	256 x 320	1
Averages (NEX)	2	4	3	2	128
Echo train length	5	120	13	3	1
Flip angle	150	180	150	150	90
GRAPPA factor	2	2	2	2	1
Fat saturation	CHESS	CHESS	None	None	None
Acquisition time (sec)	185	63	176	133	256

CE = contrast-enhanced, CHESS = chemically selective suppression, DWI = diffusion-weighted imaging ($b = 0, 1000 \text{ s/mm}^2$), GRAPPA = generalized auto-calibrating partially parallel acquisition, MRI = magnetic resonance imaging, MRS = magnetic resonance spectroscopy, N/A = not applicable, NEX = number of excitations, T1WI = T1-weighted images, T2WI = T2-weighted images

areas, T1 hyperintensity areas, and rapid enhancement at the early phase post-injection of contrast medium (10, 16-18); and shared features with that of uterine sarcomas include heterogeneous, intermediate T2 signal, and high signal on DWI with low ADC value, associated with intratumoral hemorrhage and necrosis (19-21). In contrast, benign uterine leiomyomas show low signal intensity relative to that of the myometrium on T2-weighted images (T2WI), well-defined pushing borders, and possible strong

post-contrast enhancement (22, 23). Uterine leiomyomas usually demonstrate various types of degeneration, edema, and growth pattern; and their image findings may overlap with that of malignant tumors (12). Contrast-enhanced MRI has been proven to have superior performance than T2WI in detecting tumor necrosis (10), due to the shared feature of intratumoral T2 hyperintensity in benign leiomyomas with degeneration. Despite limited available data, central non-enhancement (CNE) and well-demarcated pocket-like non-

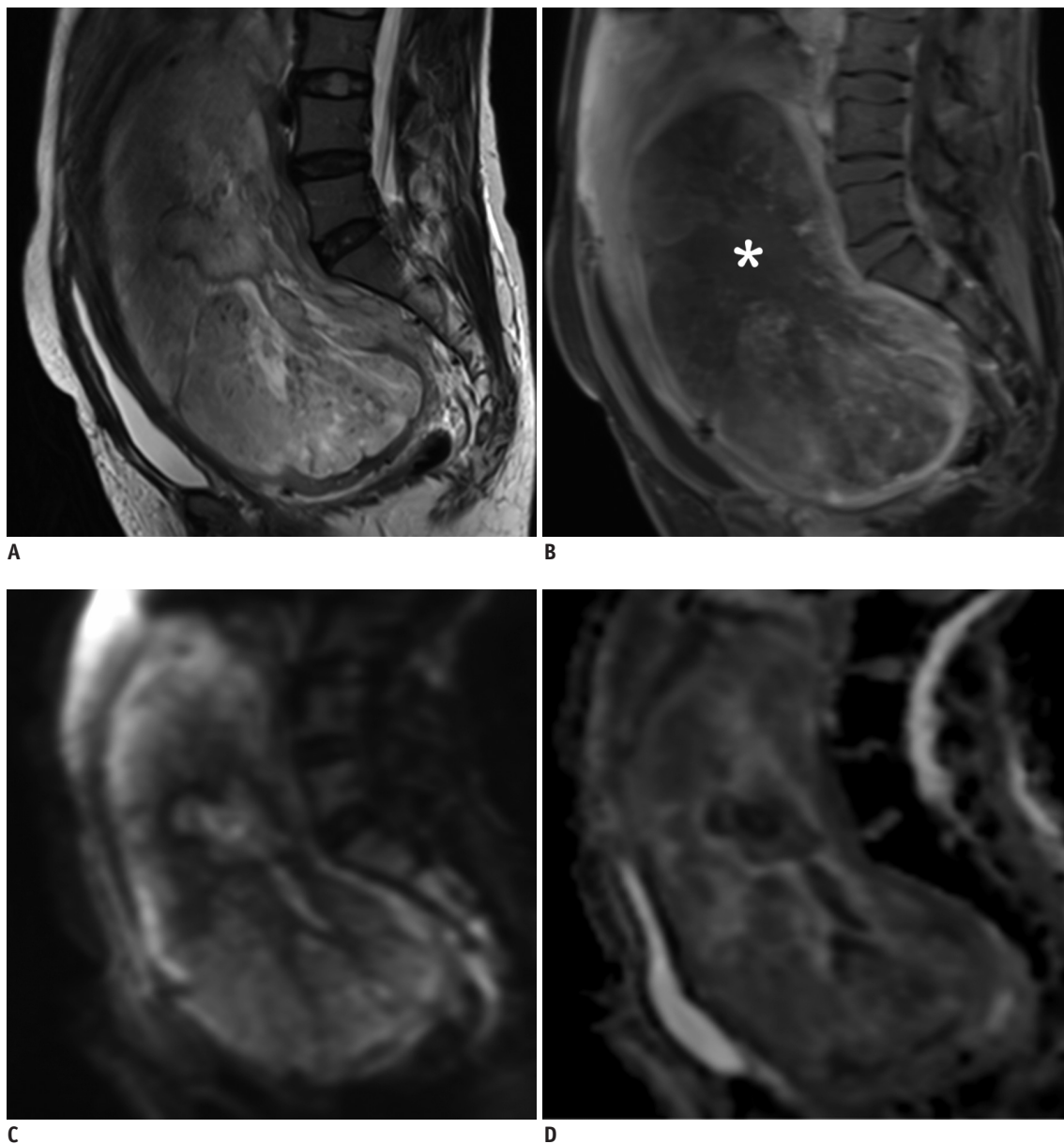


Fig. 1. Characteristic MRI features of LMS. 47-year-old female patient with 19.9-cm LMS at posterior wall of uterus. **A.** Sagittal T2WI shows intralesional heterogeneous high signal intensity with distorted inner lining of tumor. **B.** Post-contrast fat-saturated T1WI shows typical central non-enhancement (asterisk) with hypervascularity of tumor. Diffusion restriction and low signal are observed at periphery of tumor on DWI (**C**) and ADC map (**D**) respectively, with ADC value of $1.06 \times 10^{-3} \text{ mm}^2/\text{s}$. ADC = apparent diffusion coefficient, DWI = diffusion-weighted imaging, LMS = leiomyosarcoma, MRI = magnetic resonance imaging, T1WI = T1-weighted images, T2WI = T2-weighted images

enhanced areas (Fig. 1) are reported to have significantly higher diagnostic accuracy than DWI, T2WI, and T1-weighted images (T1WI), in the differentiation between LMS/STUMP and benign leiomyoma (24). CNE correlates with areas of coagulative necrosis, a characteristic feature of LMS on histopathology, due to the lack of interposed granulation or hyalinized tissue to support the LMS tumor architecture resulting in areas of coagulative necrosis deviated by the adjacent viable cells. However, this phenomenon should not be confused with the scattered non-enhancing areas throughout the tumor mass as seen in leiomyomas with hyaline degeneration. False positivity of contrast-enhanced (CE)-MRI is reported in patients with infarcted leiomyomas and requires cautious interpretation (12, 24). Hyperintensity on DWI is reported to have high sensitivity but limited specificity in differentiation between LMS/STUMP and benign leiomyoma (19, 20, 25, 26). Through the proposed ADC cut-off value of $1.08 \times 10^{-3} \text{ mm}^2/\text{s}$, the combination of DWI and ADC values can achieve comparable diagnostic accuracy to that of CE-MRI (24). In patients with impaired renal function unsuitable for CE-MRI study, combined DWI and ADC values may offer applicable alterations for diagnosis purpose. Comparative MRI findings in patients with LMS and other uterine sarcomas is summarized in Table 2.

Endometrial Stromal Sarcoma

ESS: Clinicopathological Features and Diagnostic Challenges

Endometrial stromal sarcoma is the second most common uterine sarcoma (4, 5, 27). It is composed of

cells resembling the endometrial stromal cells at normal proliferative phase. Endometrial stromal and related tumors comprise different subtypes including low-grade ESS, high-grade ESS, and undifferentiated uterine sarcoma (UUS), based on different histopathological features and distinct clinical and prognostic profiles (3). Low-grade ESS tends to occur in patients with younger age than UUS (4), and is characterized by favorable prognosis (28). Staging and vascular invasion are the most important prognostic factors in patients with ESS (27). Patients with either low-grade, high-grade ESS, or UUS confined to the uterus should undergo staging surgery, including total extrafascial hysterectomy with or without bilateral salpingo-oophorectomy (29). Adjuvant hormone therapy may not improve the prognosis in patients with high-grade ESS or UUS, and therefore, is recommended only in patients with low-grade ESS (5). In general, ESS presents as a sizeable polypoid mass in the endometrial cavity with different degree of myometrial invasion. However, ESS may present as a pure myometrial mass mimicking leiomyoma with degenerative change or atypical features. As in cases with other myometrial-based tumor types, tissue diagnosis using endometrial samplings is not feasible due to the intramuscular location and may result in false negative diagnosis.

ESS: Radiological Advantages and Disadvantages

Radiologically, ESS is reported as large endometrial-based masses, with well-defined or infiltrative border, sometimes demonstrating myometrial invasion (30). On MRI, ESS presents as a myometrial mass mimicking degenerated leiomyoma or adenomyosis (31), showing characteristic MRI feature of intratumoral T2 hypointense bands scattered

Table 2. Comparison of MRI Findings for Uterine Sarcomas

Histopathology	Imaging Features	References
Leiomyosarcoma	Large mass with irregular margin, intermediate to high signal intensity on T2WI, associated with hemorrhage and necrosis, and presence of unenhanced pocket-like areas especially central non-enhancement on CE-MRI	(10, 12, 17, 19, 20, 24-26)
Endometrial stromal sarcoma	Low-grade: endometrial-based heterogeneous mass with or without myometrial involvement, scattered intratumoral T2 hypointense bands, marginal nodules and worm-like tumor extension along vessels or ligaments High-grade: heterogeneous mass with marked vascular and lymphatic invasion, associated with hemorrhage, necrosis and feather-like enhancement on CE-MRI	(30, 31, 33-35)
Adenosarcoma	Endometrial-based multi-septated cystic mass with low signal intensity solid areas on T2WI	(4, 30, 38-40)
Carcinosarcoma	Mass that distends endometrial cavity and endocervical canal, exhibiting longer ratio of anteroposterior diameter to endometrial thickness, with profound and prolonged enhancement on CE-MRI	(17, 47-49, 53)

in the areas of myometrial involvement, which represents the preserved myometrial bundles separated by clusters of the tumor cells permeating the myometrium (32). Care should be taken to identify the nodular lesions at the tumor margin, or marginal nodules, which represent the myometrial invasion of tumors (33). Intramyometrial worm-like nodular extensions, defined as detached or discrete nodules from the primary tumor, likewise indicate myometrial and lymphovascular invasion (33). High intensity on DWI with low ADC values are reported in case

of ESS (20). Compared with EC, ESS tends to show increased and prolonged contrast enhancement (33); and some reports indicate great vessel invasion including the inferior vena cava, heart, or pulmonary vessels (34).

To date, there are few reports describing the different characteristics between low-grade ESS versus high-grade ESS or UUS (30). High-grade ESS is described as the presence of large polypoid masses with heterogeneous appearance and marked vascular and lymphatic invasion. In our experience, feather-like enhancement is the most accurate

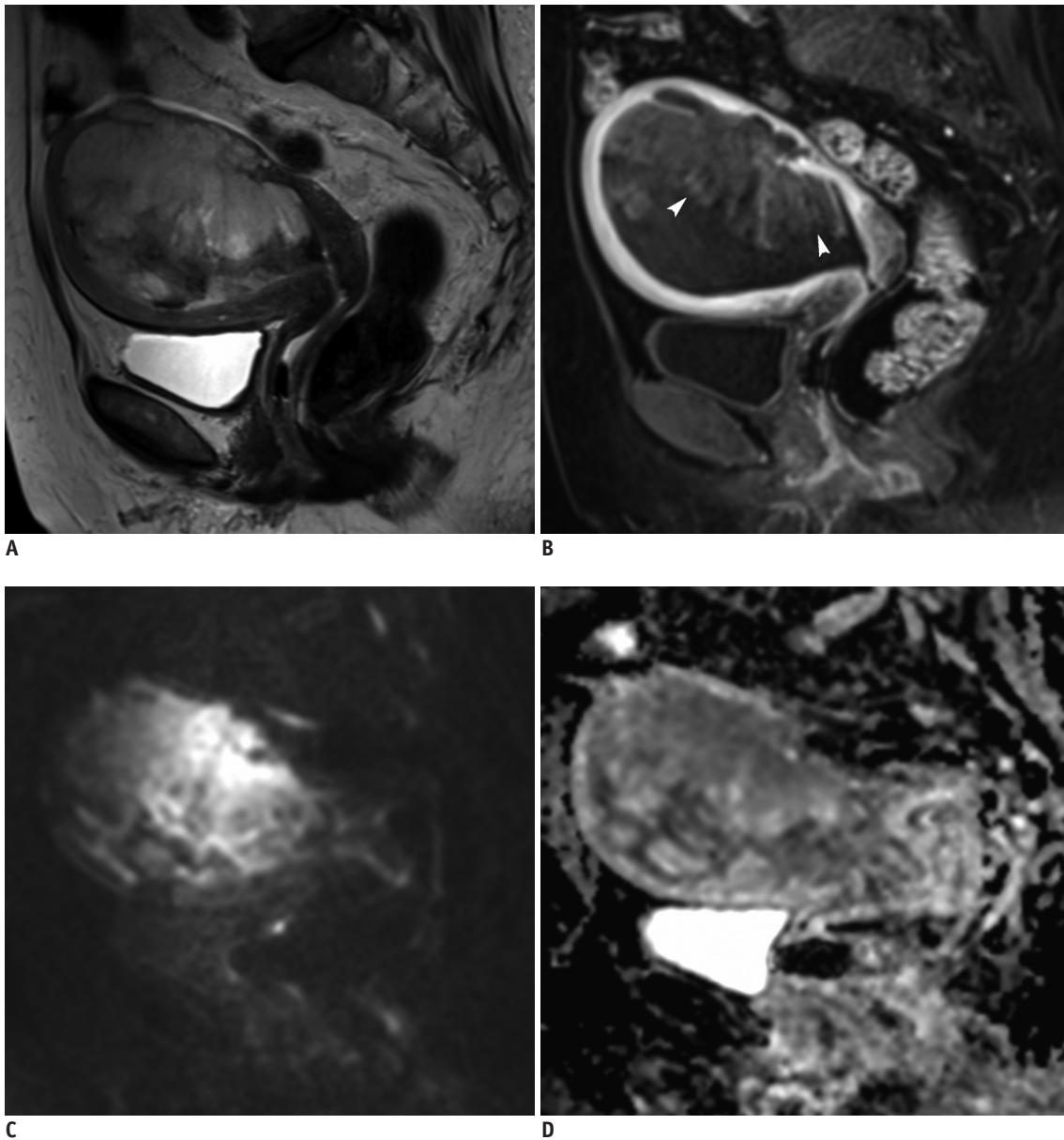


Fig. 2. MRI finding in representative case of high-grade ESS. 88-year-old female patient with 9.0-cm high-grade ESS involving both endometrial cavity and myometrium.
A. Axial T2WI shows tumor signal higher than adjacent myometrium, with scattered intratumoral T2 hypointense bands and marginal nodularity. **B.** Post-contrast fat-saturated T1WI shows feather-like enhancement (arrowheads). Tumor demonstrates water restriction on DWI (**C**) and ADC value of $1.01 \times 10^{-3} \text{ mm}^2/\text{s}$ on ADC map (**D**). ESS = endometrial stromal sarcoma

MR characteristic of UUS and high-grade ESS (Fig. 2) (35).

Adenosarcoma

AS: Clinicopathological Features and Diagnostic Challenges

Uterine adenosarcoma (AS) is extremely rare (3, 4). AS is a biphasic tumor comprising benign or atypical epithelial and low-grade malignant mesenchymal components. More than 70% of AS occurs in the endometrium, but occurrence in the myometrium, cervix, and extra-uterine tissues is reported (36). Most patients with diagnosed AS are postmenopausal women, but premenopausal patients including adolescents may be affected. AS is reported to show association with previous pelvic radiation or long-term unopposed estrogen therapy, mainly tamoxifen (3). The usual presentation includes abnormal vaginal bleeding or large endometrial polypoid-mass lesion. The majority of women with uterine AS present with early-stage tumors and have favorable outcome, with 5-year survival in 79% cases with stage I disease (37). Local recurrence of AS occurs in up to 30% of patients, particularly in the vagina (3). The current staging system incorporates the deep myometrial invasion because of its role as risk factor for recurrence (3). With regard to diagnosis based on pathology of small histological specimens, the sarcomatous stroma of AS can be of very low-grade, which may cause misdiagnosis of benign entity such as adenofibroma or endometrial polyp. AS treated as benign polypoid diseases may show complication of multiple episodes of recurrence (38, 39). Therefore, careful consideration of the MRI findings is crucial for selecting proper treatment in patients with AS.

AS: Radiological Advantages and Disadvantages

Adenosarcoma typically presents as a large well-demarcated polypoid mass located in the endometrial cavity, with tumor mass protruding into the cervical os or vagina in some cases (Fig. 3) (39). The mass usually demonstrates heterogeneous solid components and multi-septated cystic areas with lattice-like appearance due to the intervening septa. The cysts show low signal intensity on T1WI and high signal intensity on T2WI, whereas the solid areas demonstrate small T2 hyperintense foci scattered within the mass, representing glandular epithelial components or necrosis (4, 30, 38). Areas of high signal intensity on T1WI represent hemorrhage of the tumor. Post-gadolinium images demonstrate enhancement of the solid areas and

septata similar to that of the myometrium (30). Studies indicate presence of relatively low water-restriction on DWI, which corresponds to its low-grade (20, 38). In women with long-term tamoxifen treatment, AS shares similar imaging features with endometrial polyps, as lattice-like enhancement traversing the endometrial canal (39), with low degree multi-septate cystic areas. Cystic degeneration of the uterine leiomyoma may mimic AS and vice versa (40). AS with MRI feature of the myometrial, peritoneal, or intravascular invasion should be considered as sarcomatous overgrowth (30).

Uterine Carcinosarcoma

UCS: Clinicopathological Features and Diagnostic Challenges

Uterine carcinosarcoma, also known as malignant mixed mesodermal tumor or malignant mixed Müllerian tumor (MMMT), is a dedifferentiated carcinoma comprising carcinomatous and sarcomatous elements with highly aggressive behavior. In addition, carcinosarcoma is used for lesions with homologous sarcomatous component, whereas MMMT for lesions with heterologous sarcomatous component. Currently, based on molecular evidence, the metaplastic monoclonal or conversion theory is replacing the combination theory, hence it is recommend to use carcinosarcoma for all lesions with subdivision into homologous and heterologous groups (41). Despite incidence rate of UCS comprising less than 5% of all uterine malignancies, it leads to mortality rate of more than 16% (42). UCS typically occurs in postmenopausal women in their 60s or 70s. The most common presenting symptom is postmenopausal bleeding followed by bloody or watery discharge and abdominal pain (43). UCS shares similar risk factors with EC including advanced age, obesity, and exposure to exogenous estrogen, tamoxifen and pelvic radiation (43); and about 60% of UCS show extrauterine extension at diagnosis with distant metastasis in about 10% cases, even in patients with apparent early-stage disease (43). Surgery is considered as the primary treatment in patients with UCS, usually combined with ifosfamide/paclitaxel-based adjuvant chemotherapy (5). However, despite all the treatment efforts, the patients' overall survival remains dismal (43). In contrast to other uterine sarcomas, UCS is staged as EC per revised International Federation of Gynecology and Obstetrics (FIGO) 2009 guideline (5, 44). MRI shows potential for use in

preoperative staging in patients with EC (45, 46); however, there is limited available data regarding the accuracy of MRI in the staging of UCS.

UCS: Radiological Advantages and Disadvantages

Uterine carcinosarcoma most commonly presents as an endometrial mass causing distension of the endometrial cavity and endocervical canal, mimicking myoma delivery (Fig. 4) (47). UCS may be differentiated from EC based

on the higher ratio of anteroposterior dimension of the tumor to endometrial thickness (48). UCS typically presents as isointense signal to the myometrium on T1WI and as heterogeneously hyperintense signal on T2WI suggesting intratumoral hemorrhage or necrosis (47, 49); and shows prolonged enhancement, in contrast to EC that is usually weakly enhanced (17, 47, 49). Study shows that similar to the majority of malignant tumors, UCS demonstrates low ADC values on DWI which are significantly higher than

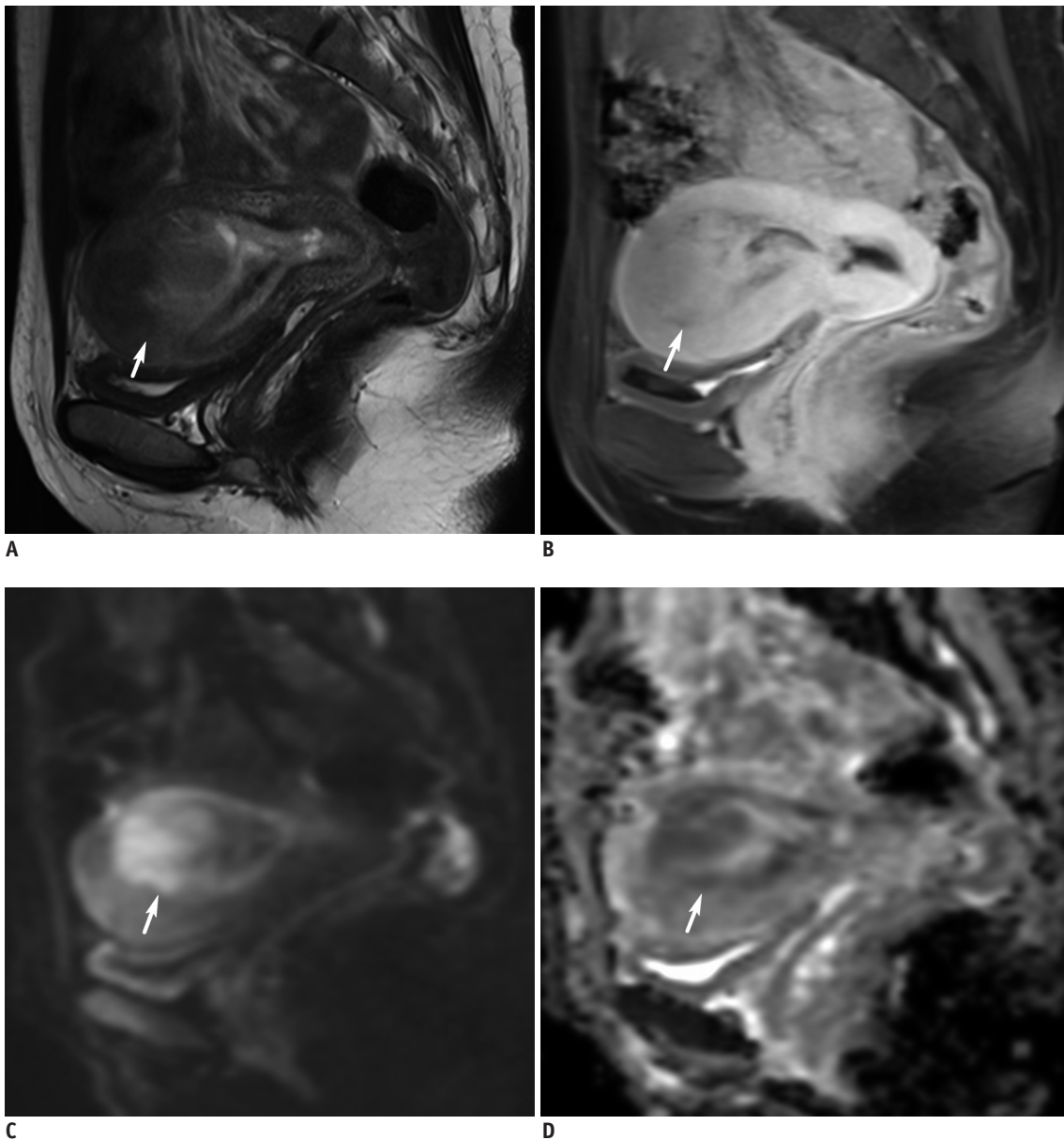


Fig. 3. MRI finding in representative case of AS. 31-year-old woman with 5.6-cm AS located within endometrial cavity (arrows), with superficial myometrial invasion and protrusion into uterine cervix.
A. Axial T2WI shows heterogeneous hyperintensity of tumor with small cyst. **B.** Post-contrast fat-saturated T1WI shows homogeneous and equal enhancement relative to myometrium with faint lattice-like pattern. Solid component of tumor demonstrates diffusion restriction on DWI (**C**) and low signal intensity on ADC map (**D**). ADC value of tumor is $1.19 \times 10^{-3} \text{ mm}^2/\text{s}$. AS = adenocarcinoma

that of grade II and III EC (50), corresponding to the hypocellular regions caused by intratumoral necrosis. The collective findings of relatively high mean ADC, low choline concentration and high lipid peak on MRS due to intratumoral heterogeneity comprising necrosis and epithelial cystic components may be compatible with the diagnosis of UCS (50). In addition, the ADC map has capability to distinguish between the carcinomatous and sarcomatous components of the UCS (51), based on the presence of

greater heterogeneity in the sarcomatous component (52). The presence of cervical stromal invasion and nodal enlargement at presentation are more common in patients with UCS than in those with EC (47). Preoperative DWI is useful to assess the deep myometrial or cervical stromal invasion in patients with uterine UCS; however, its limited diagnostic performance in detecting the adnexal invasion and lymphatic spread requires further improvement (53).

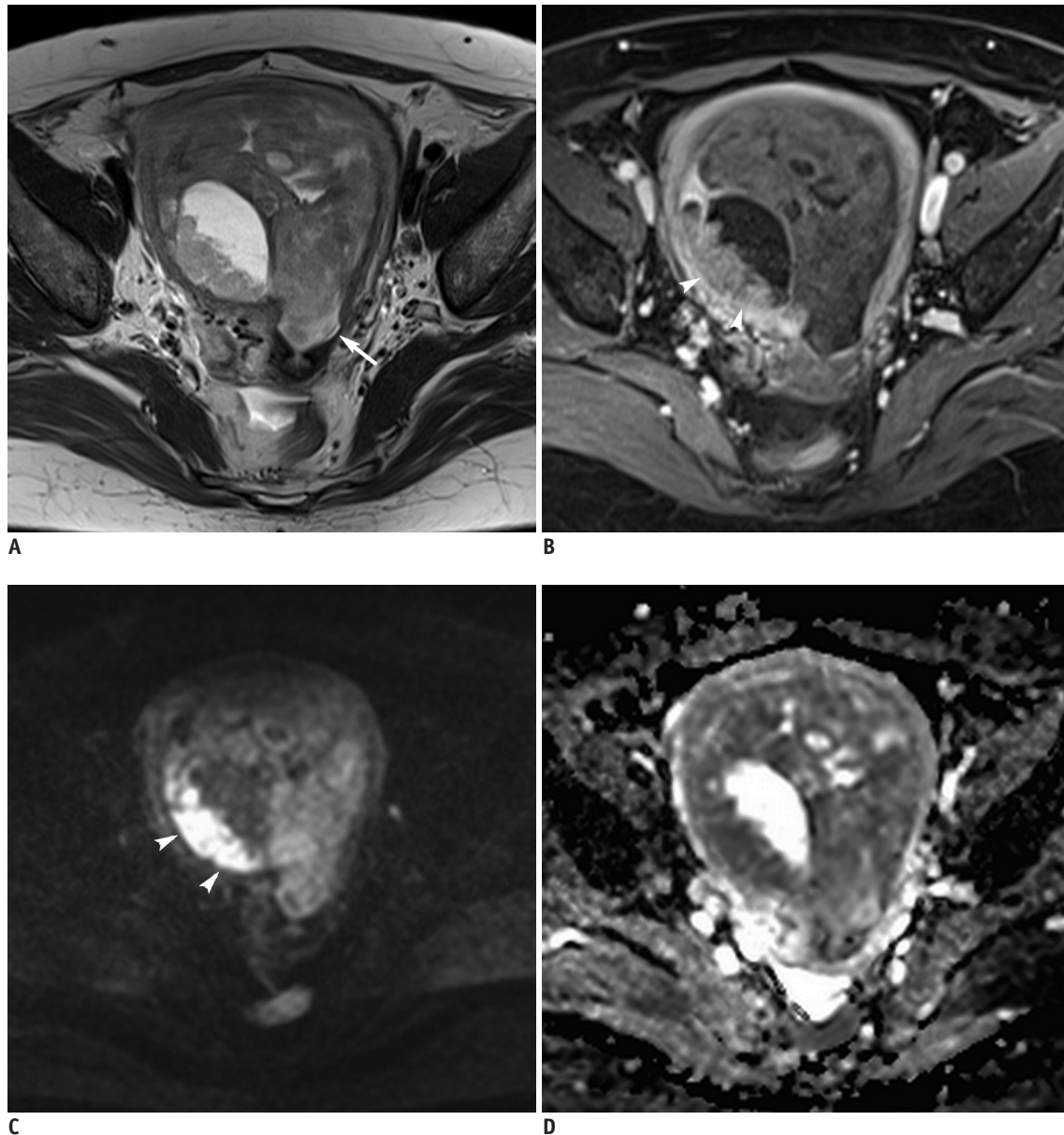


Fig. 4. MRI finding in representative case of uterine carcinosarcoma. 56-year-old woman with 10-cm carcinosarcoma causing distension of uterine cavity.
A. Axial T2WI shows bulky tumor in endometrial cavity with protrusion toward cervical canal, i.e., myoma delivery-like (arrow). Cystic or necrotic portion on right aspect of tumor is observed. **B.** Post-contrast fat-saturated T1WI and **(C)** DWI show focal irregular tumor/myometrial interface on right side (arrowheads), corresponding to presence of myometrial invasion based on histopathology. Tumor demonstrates water restriction on DWI and **(D)** ADC map. ADC value of tumor is $0.97 \times 10^{-3} \text{ mm}^2/\text{s}$.

Endometrial Carcinoma

EC: Clinicopathological Features and Diagnostic Challenges

Uterine MRI is mostly indicated in patients with EC, the most common malignancy in the pelvis of female patients in the United States over the past 20 years (1), with increasing incidence in Europe and Asia (2). EC is a relatively manageable disease for gynecological oncologists because patients presenting early symptom of irregular vaginal bleeding seek care at an early and treatable stage of the disease, which is expected to lead to a high survival rate (1). Ultrasonography is a standard tool to evaluate abnormal vaginal bleeding. Based on a 5-mm endometrial thickness threshold, the sensitivity for EC is reported as 96% and the specificity as 61% (54). However, in patients with uterine cancer, data shows that the mortality rate increases more rapidly than the incidence rate, which may be related to an increased rate of advanced-stage cancer and high-risk histology type (1). Optimizing the approach to stratify the patients' risks and accordingly develop individualized treatment is an important goal to improve the patient outcome.

Endometrial cancer has two pathogenetic types: type 1 cancers are well or moderately differentiated endometrioid adenocarcinoma with minimal invasion of the myometrium, which are commonly seen in premenopausal women and comprise the majority of EC; whereas, type 2 cancers are poorly differentiated endometrioid, clear cell, or serous papillary type, which may cause deep myometrial invasion, with predominant occurrence in older, post-menopausal populations (55). The recommended histopathologic criteria for determining high-risk disease includes high tumor grade (poorly differentiated), deep myometrial invasion (more than 50% myometrial thickness), lymphovascular space invasion (LVSI), non-endometrioid histology, and cervical stromal involvement (56).

EC: Myometrial Invasion Depth

Deep myometrial invasion is the determining factor of the FIGO stage and associated with involvement of the pelvic lymph node (5). The staging performance of MRI in patients with EC is summarized in Table 3. Standard treatment for EC confined to the uterus includes hysterectomy and bilateral salpingo-oophorectomy. Additional surgical pelvic or para-aortic lymphadenectomy is warranted in case of tumor showing deep myometrial invasion, depending on

general medical conditions (5, 57). Among the imaging tools for evaluation of myometrial invasion, T2-weighted MRI is considered superior to CT and ultrasonography (58). Based on findings through MRI, the presence of intact endometrial/myometrial junction on T2WI and smooth, clear subendometrial enhancement (SEE) on DCE-MRI are indicative of the absence of myometrial invasion; whereas, the irregularity or disruption of SEE and presence of focal strong or irregular peritumoral enhancement (PTE) on DCE-MRI are indicative of myometrial invasion. Diagnosis of myometrial invasion based on the disruption of SEE alone may result in increased rate of false positives. Presence of a thin irregular PTE correlates with both the presence and depth of myometrial invasion (59). Over and since the recent decade, DWI is increasingly employed as an assessment tool of the myometrial invasion. The overall diagnostic performance of DWI may be superior to that of DCE-MRI in detecting the deep myometrial invasion, supported by recent reports using a 1.5T (45) or 3T MR system (46). Meta-analysis conducted in 2014 shows similar pooled sensitivity under DWI and DCE-MRI; although the specificity is slightly higher under DWI versus DCE-MRI, without significance (60). Further analysis is required to confirm the potential saving in the time and cost of DWI as replacement for additional intravenous contrast medium administration in patients undergoing DCE-MRI, especially elder patients with impaired renal function at risk for nephrogenic systemic fibrosis. Recent technological advancement such as reduced field-of-view DWI enables the correction of distortion and tumor delineation, leading to improved assessment of the deep myometrial invasion (61-63). Although not included in the updated 2009 FIGO staging system, clinical exclusion of myometrial involvement is critical in nulliparous patients younger than 40 years, because fertility-preserving treatment may be an option for such patients with pathologically proven type 1 cancer and normal serum levels of cancer antigen 125 (CA 125) (64). Uterine morphology should be carefully interpreted under condition of changes based on the patients' menopausal status. The myometrial-endometrial interfaces on T2WI may be obscure in postmenopausal women due to hormone-related atrophy and fibrous involution of the uterine smooth muscle tissue. In premenopausal patients with EC planning to undergo fertility-preserving treatment, DCE-MRI is superior to DWI in terms of excluding the possibility of the myometrial invasion (65).

Table 3. Diagnostic Performance of MRI for Endometrial Cancer

	Sensitivity (%)	Specificity (%)	Accuracy (%)	References
Any myometrial invasion				
Mixed age group				(46)
T2WI	88	73	83	
DWI	94	80	90	
DCE-MRI	85	60	77	
Premenopausal				(65)
DWI	25–75	37–63	42–58	
DCE-MRI	100	48–56	55–61	
Postmenopausal				(65)
DWI	77–81	53–65	73	
DCE-MRI	79–84	47–53	72–73	
Deep myometrial invasion				
Mixed age group				(45, 46, 60)
T2WI	57	81	77	
DWI	85–90	84–100	88–100	
DCE-MRI	71–100	61–93	82–94	
Premenopausal				(65)
DWI	N/A	94–100	94–100	
DCE-MRI	N/A	97–100	97–100	
Postmenopausal				(65)
DWI	90	95–98	93–95	
DCE-MRI	70–85	88–93	85–87	
Cervical stroma invasion				
Overall performance	50–100	78–97	69–95	(67, 68, 70)
T2WI	50–67	78–86	76–81	
DWI	92–100	90–96	92–95	
DCE-MRI	50–58	94–97	88–92	
Pelvic nodal metastases	50–85	90–99	77–99	(84, 86, 87)

DCE = dynamic contrast enhancement

EC: Cervical Stromal Invasion

The presence of cervical stromal invasion represents FIGO stage II disease in patients with EC (57), which is directly associated with higher risk of spread to the lymph nodes and a poor prognostic factor (56). Moreover, it is an indication for radical versus simple hysterectomy (5), and administration of adjuvant brachytherapy (66). MRI is more accurate than endocervical curettage and hysteroscopy in the prediction of stromal invasion (67). According to recent meta-analysis, the pooled specificity of conventional MRI in the prediction of cervical stromal invasion is 95%, whereas the sensitivity is only 57% (68). In general, stromal invasion of the cervix is most clearly depicted on the sagittal and axial oblique T2WI as an area of hypointense cervical stroma disrupted by tumors. DCE-MRI is considered as state-of-the-art standard for tumor delineation (68). However, diagnosis is difficult in case of the presence of endometrial tumors within the endocervical canal, with

widening of the internal os, and obliterating of the interface between the tumor and cervical stroma (69). Recent study indicates further improvement in the performance of DWI in detecting the cervical stromal invasion (Fig. 5) (70).

EC: Tumor ADC Value

The ADC values are associated with the tumor grades in patients with EC (65, 71). Nougaret et al. (72) report significantly lower volumetric ADC values in patients with grade III EC and tumors with lymphovascular invasion. Quartile ADC values are higher (73) but minimum tumor ADC values are lower in tumors showing invasion of the cervical stroma (74). A recent study shows that the choline-to-water ratio increases with the increasing tumor stage and large tumor size in patients with EC (75). Furthermore, the choline-to-noise ratio is reported as significantly higher in type 2 ECs than that in type 1 EC (76). Under condition of combined morphology and MRS test, the tumor

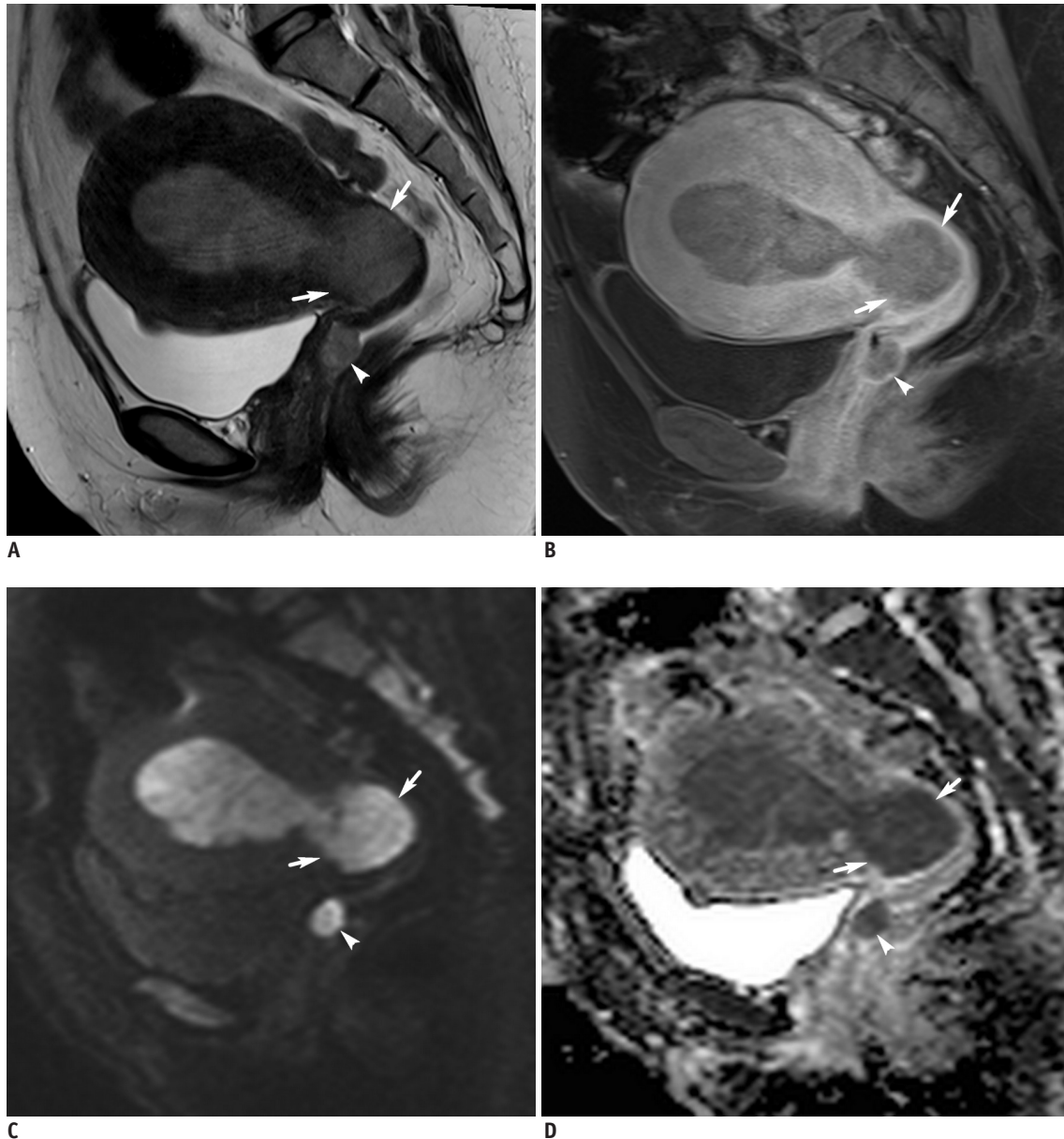


Fig. 5. MRI finding in representative case of EC with cervical stromal invasion. 44-year-old woman with 10.6-cm tumor with cervical stromal invasion. (A) Sagittal T2WI (B) post-contrast fat-saturated T1WI (C) DWI in $b = 1000 \text{ s/mm}^2$ (D) ADC map shows tumor with myometrial invasion and cervical stromal invasion (arrows). Satellite lesion at upper vaginal wall (arrowheads) with similar signal intensity as that of primary tumor is confirmed as metastasis. ADC value of tumor is $0.69 \times 10^{-3} \text{ mm}^2/\text{s}$. Based on histopathology, diagnosis was poorly differentiated endometrioid carcinoma. EC = endometrial cancer

ADC values provide quantitative estimate to differentiate between the EC with invasion of the cervical stroma and the adenocarcinoma originating from the cervix (11). In contrast, the ADC map is useful for tumor delineation through visual inspection to distinguish the diffusion-restricted lesions from those with the T2 shine-through effect caused by benign fluid-containing structures, such as inflamed tissue and nabothian cysts of the cervix (8). Artificial intelligence (AI) and machine learning refer to

computer algorithms that show improved performance with increasing data input, and deep learning is the subtype that attracts particular interest in the field of radiology; however, the evidence related to use of these approaches in patients with uterine malignancy is limited. Recent report describes a machine learning approach using random forest prediction model based on 180 MRI-based texture features combining T2WI, DCE-MRI, and ADC map (77), indicating diagnostic accuracy in case of the deep myometrial invasion

of 81%, LVSI of 77%, and high-grade tumor of 78%. However, the preliminary results should be interpreted with caution; further study including an independent dataset is required to validate these results, because the small sample size relative to the number of features extracted may have resulted in over-fitting of the models.

EC: Lymph Node Metastasis

The prognosis in patients with EC with nodal involvement

is poor, with a 5-year overall survival rate of 51% (78). Since the presence of nodal metastasis significantly affects the patient's prognosis and provides indication of suitable therapeutic option, surgical staging including systematic lymphadenectomy is recommended as part of comprehensive case-management practice in such patients (79). The recent debate focused on the value of routine lymphadenectomy in patients with EC comprises a three-fold controversy: first, randomized trials suggest the absence of survival benefit

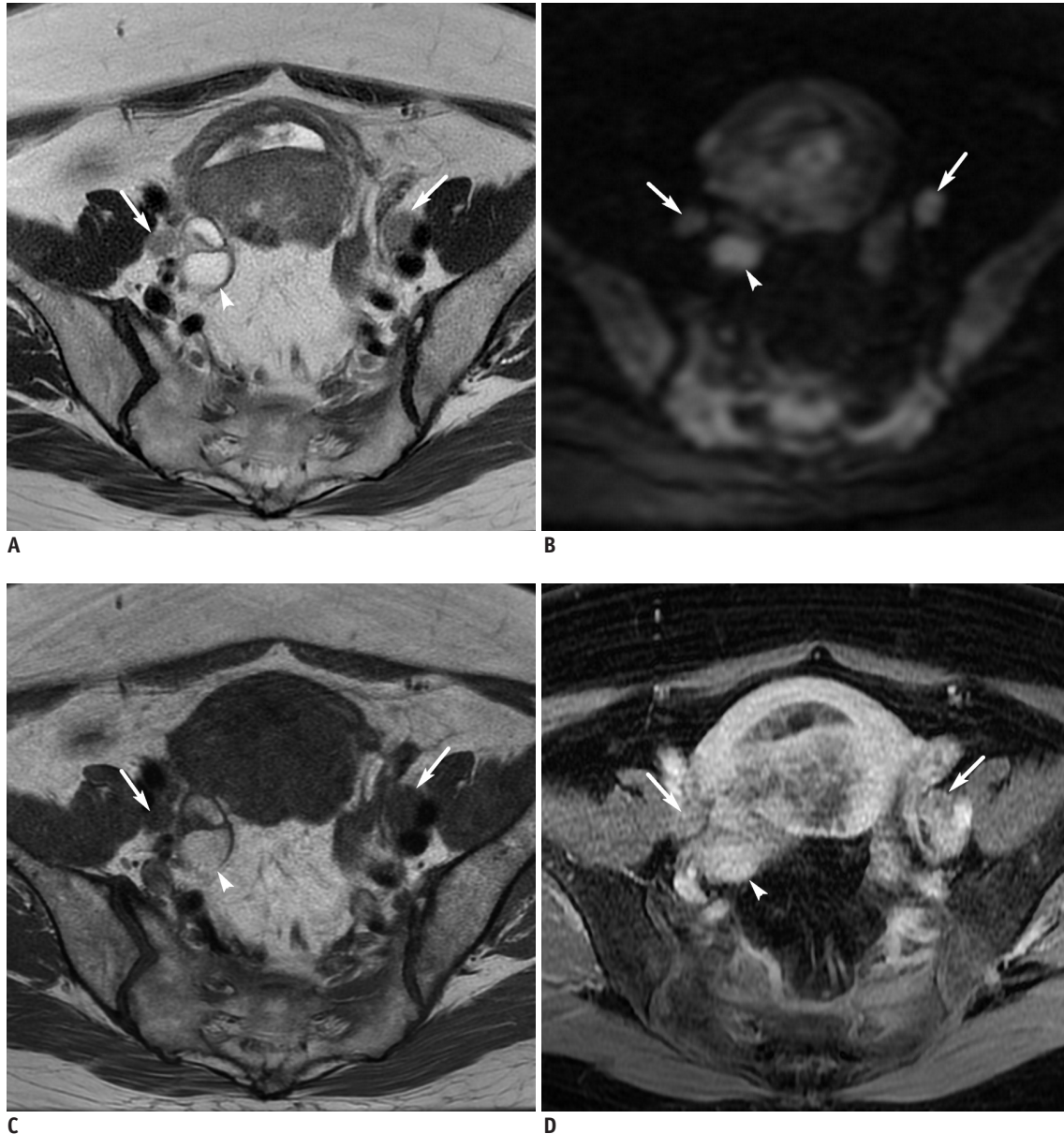


Fig. 6. MRI finding in representative case of EC with pelvic lymph node metastasis. 64-year-old woman with 9.5-cm endometrioid carcinoma with 93% myometrial invasion. (A) Axial T2WI, (B) DWI in $b = 1000 \text{ s/mm}^2$, (C) T1WI and (D) contrast-enhanced fat-saturated T1WI show enlarged bilateral external iliac lymph nodes (arrows) with diffusion-restriction. Right hydrosalpinx (arrowheads) with focal high signal intensity on DWI and hyperintensity on T1WI, representing hemorrhage. Bilateral pelvic lymph node metastasis and right ovarian metastasis was confirmed based on final pathology result. ADC value of tumor is $0.71 \text{ } \times 10^{-3} \text{ mm}^2/\text{s}$.

in patients undergoing systematic lymphadenectomy; second, potential post-operative morbidity following lymphadenectomy may jeopardize the patients' quality of life; and third, difficulty in procedural lymphadenectomy in obese patients is gradually increasing in a substantial proportion of the patient population (80, 81). Emerging evidence supports the survival benefit of systematic lymphadenectomy in select patients with EC at intermediate or high risk for nodal metastasis (82, 83). This highlights the importance of risk stratification in patients with indication of lymphadenectomy, to balance the therapeutic benefit against perioperative morbidity and mortality. However, in current clinical setting, optimal pre-operative risk assessment remains difficult (83).

With regard to evaluating the lymph node metastasis, threshold diameter of 10 mm in the short axis is commonly applied in the conventional MRI protocol, with sensitivity range, 24–73% (84). The criterion of combined size with relative ADC values on DWI shows potential in detecting the pelvic lymph node metastasis in patients with EC, providing better sensitivity and maintaining similar specificity, as compared with conventional MR (Fig. 6). Using this method, the threshold value in terms of detectable size of the lymph node with metastasis is short-axis of 5 mm (84). This issue is particularly important in patients with UCS at high risk of nodal metastasis than patients with EC (47). Park et al. (85) report that PET-CT has better sensitivity and specificity than MRI for both pelvic and para-aortic lymph node metastases in patients with EC. With regard to detecting the pelvic lymph node in patients with EC, PET-CT shows better performance than MRI in terms of sensitivity (67–74% vs. 79%); whereas, specificity is similar between the two techniques (93%) (86). With regard to detecting the para-aortic lymph node, PET-CT shows better performance than MRI in terms of sensitivity (83% vs. 67%); whereas, specificity is similar between the two techniques (100%) (86). With combined DCE and DWI, MRI shows limited diagnostic accuracy in detecting metastasis to the pelvic lymph node, but high specificity in detecting metastasis to the pelvic lymph node (87). The retrospective fused PET and MRI-DWI (PET/MRI-DWI) shows equal performance to PET-CT, with sensitivity of 88% and specificity of 84% on per-patient basis; and PET/MRI-DWI show better performance than PET-CT, with sensitivity (89% vs. 70%) and specificity (92% vs. 91%) on per-lesion basis (88).

CONCLUSION

In summary, MRI and MRS play essential roles in the case-management of malignant uterine neoplasms, including tumor characterization, primary staging, and treatment planning. MRI shows characteristic features that may be used to differentiate the uterine sarcomas. Combined with DWI and DCE techniques, the advancements in MRI enable more precise assessment of the deep myometrial or cervical stromal invasion in patients with uterine malignancies; however, further investigation is needed to improve its limited diagnostic performance in patients with the adnexal invasion and lymphatic spread. Despite limited evidence-based applicability of AI and machine learning in patients with uterine malignancy, radiologists who are aware of the principles and potential applications of machine learning may have the opportunity to facilitate its translation to clinical use. Emerging technologies combined with AI in MRI have potential to progressively improve the case-management of uterine malignancies and improve the patients' outcomes.

Conflicts of Interest

The authors have no financial conflicts of interest.

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