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- 3 Genovese MC, Kremer JM, van Vollenhoven RF, et al. Transaminase levels and hepatic events during tocilizumab treatment: pooled analysis of long-term clinical trial safety data in rheumatoid arthritis. *Arthritis Rheumatol* 2017; **69**: 1751–61.
- 4 Piano S, Dalbeni A, Vettore E, et al. Abnormal liver function tests predict transfer to intensive care unit and death in COVID-19. *Liver Int* 2020; published online June 11. <https://doi.org/10.1111/liv.14565>.

Severe COVID-19 manifests as a viral-induced autoimmune multiorgan disease with pneumonia, and associated cytokine-mediated hyperinflammation and coagulopathy.¹ A key pro-inflammatory cytokine involved in COVID-19 is interleukin-6 (IL-6), which induces synthesis of C-reactive protein (CRP) by hepatocytes.

We read with interest the observational study by Giovanni Guaraldi and colleagues,² in which baseline concentrations of IL-6 and CRP, as well the PaO₂/FiO₂ ratio, were higher in patients who received tocilizumab compared with patients who received standard of care in the Modena cohort. Moreover, 76% of patients treated with tocilizumab received concomitant glucocorticoids.² Preliminary unpublished data, from a Roche press release, regarding the COVACTA trial (NCT04320615) in severe COVID-19 pneumonia have revealed futility for tocilizumab compared with placebo for the primary end point after 4 weeks with no difference in mortality or need for ventilation.

Herold and colleagues³ reported on patients with severe COVID-19, showing that once IL-6 concentrations exceeded 80 pg/mL, the median time to mechanical ventilation was 1.5 days (range 0–4 days), and for CRP concentrations above 97 mg/mL, the median time to mechanical ventilation was 0 days (range 0–4 days). In another study,⁴ a composite score comprising SaO₂/FiO₂ ratio, and concentrations of CRP and IL-6 on admission, predicted clinical deterioration within 3 days of hospital admission, with an area under the receiver operating curve of 0.88.⁴

Another possibility for escalating treatment in patients with severe

COVID-19 is to use medium-dose systemic glucocorticoids to non-selectively suppress the cytokine cascade. In one study,⁵ treatment with dexamethasone at 6 mg/day in 2014 patients, compared with usual care in 4321 patients, resulted in a 35% relative reduction in mortality in ventilated patients and a 20% relative reduction in patients requiring oxygen alone.

Taken together, these observations suggest that it is time to adopt a personalised endotype-driven approach to facilitate earlier identification of patients with COVID-19 who might benefit from such selective or non-selective cytokine suppression.

CRWK reports personal fees from AstraZeneca, Chiesi, and Circassia, outside the submitted work. BJL and RC declare no competing interests.

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Authors' reply

In the TESEO retrospective observational study, we showed that tocilizumab was able to reduce the need for invasive mechanical ventilation, or death, or both, by 39% and overall mortality by 62%.¹ Nevertheless, much still needs to be learned, possibly from upcoming randomised clinical trials, to better understand the role of tocilizumab in

different clinical and epidemiological settings. Our study elicited several questions regarding the effect of tocilizumab outside the respiratory system, particularly its impact on thromboembolic events, its safety profile with regard to liver injury, and selection of patients for tocilizumab treatment in a personalised medicine approach.

We thank Jean-Jacques Mourad and Philippe Azria for raising a question about the observed number of arterial or venous thromboembolic events in our cohort. In the subset of 354 patients in the Modena cohort, all patients received low molecular weight heparin at a prophylactic dose; therefore, we were unable to evaluate the association between heparin use and risk of thromboembolic events. In our study, thromboembolic events were seen in ten (8%) of 132 patients in the tocilizumab group and two (1%) of 222 patients in the standard of care group. These events were reported by clinical suspicion or CT findings, and when they occurred they prompted a switch from prophylactic to therapeutic doses of heparin. Enoxaparin was administered subcutaneously at 4000 UI per day in the prophylactic group, and at 70 UI/kg twice a day in the therapeutic group. The risk of thromboembolic events in patients treated with tocilizumab versus standard of care, after adjusting for sex, age, comorbidity, and duration of symptoms, was an adjusted odds ratio of 0.65 (95% CI 0.09–4.89; $p=0.675$). Thus, tocilizumab treatment was not associated with the risk of thromboembolic events in our population. Nevertheless, our study was not powered to address a possible modulating effect of tocilizumab on immunothrombosis,² a major (but not the only) driver of thromboembolism.³

We thank Salvatore Piano and colleagues for suggesting a word of caution regarding the use of tocilizumab and liver injury. The extent of liver function test abnormalities observed during hospitalisation in patients, both those treated with tocilizumab

Published Online
August 17, 2020
[https://doi.org/10.1016/S2665-9913\(20\)30283-6](https://doi.org/10.1016/S2665-9913(20)30283-6)

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Published Online
August 17, 2020
[https://doi.org/10.1016/S2665-9913\(20\)30285-X](https://doi.org/10.1016/S2665-9913(20)30285-X)