

ORIGINAL ARTICLE

Fluorofenidone inhibits UV-A induced senescence in human dermal fibroblasts via the mammalian target of rapamycin-dependent SIRT1 pathway

Dan LEI,^{1,2,*}  Yingxue HUANG,^{1,*} Hongfu XIE,¹ Yuxin YI,¹ Juan LONG,¹ Shangqing LIN,¹ Chuchu HUANG,¹ Dan JIAN,¹ Ji Li¹

Departments of ¹Dermatology, ²Pediatrics, Xiangya Hospital, Central South University, Changsha, China

ABSTRACT

The aim of this study was to investigate the protective effect of fluorofenidone (5-methyl-1-[3-fluorophenyl]-2-[1H]-pyridone, AKF-PD) on ultraviolet (UV)-A-induced senescence in human dermal fibroblasts (HDF) and examine the mechanisms involved. HDF were treated with AKF-PD. Senescence-associated (SA)- β -galactosidase level, cell viability and expression of p16 were evaluated. In addition, UV-A-irradiated HDF were treated with AKF-PD, rapamycin and MHY1485; SA- β -galactosidase staining, 3-(4 5-dimethylthiazol-2-yl)-2 5-diphenyltetrazolium bromide assay and western blot for SIRT1 were performed; and phosphorylated mammalian target of rapamycin (p-mTOR) expression and reactive oxygen species (ROS) levels were measured. Intracellular ROS was detected by the 2',7'-dichlorofluorescein diacetate probe. Our results showed that AKF-PD substantially attenuated the changes of p16 expression, SA- β -galactosidase staining and cellular proliferation induced by UV-A irradiation in HDF. AKF-PD rescued the increased mTOR phosphorylation and reduced SIRT1 expression induced by UV-A irradiation in HDF. AKF-PD and rapamycin together had a synergistic effect on p-mTOR reduction and SIRT1 increase. mTOR activator MHY1485 partly blocked the above effects. Moreover, intracellular ROS level induced by UV-A irradiation could partly decrease by AKF-PD, and MHY1485 could reduce this effect. Our results indicated that AKF-PD could alleviate HDF senescence induced by UV-A-irradiation by inhibiting the p-mTOR and increasing SIRT1. Moreover, AKF-PD may be a potential treatment material for skin.

Key words: fluorofenidone, human dermal fibroblasts, mammalian target of rapamycin, SIRT1, skin photoaging.

INTRODUCTION

Repeat exposure to ultraviolet (UV) radiation contributes to skin photoaging. Clinical changes of skin photoaging include formation of fine and coarse wrinkles, increased skin thickness, dryness, laxity and pigmentation.¹ Histological features of photoaging may include hypertrophy of the epidermis and dermis and occasionally stratum corneum hyperkeratosis. Increased thickness of the basal membrane and irregular distribution of melanocytes along the basal membrane are also observed. UV light, depending on its wavelength, penetrates into the skin to different extents and interacts with skin cells.^{2–4} UV-A (320–400 nm) is able to cross the epidermis and reach the dermis, contributing to skin photoaging.^{5–7} UV radiation (UV-A and -B) act on melanocytes and other skin cells, such as keratinocytes, leading to DNA damage through oxidative stress and generation of reactive oxygen species (ROS). ROS activate signaling pathways associated with cell/tissue growth,

differentiation, senescence and photoaging.^{8–10} ROS generated in UV-A-irradiated human skin cells are primarily responsible for photoaging.^{1,11}

Mammalian target of rapamycin (mTOR) is a member of the phosphatidylinositol 3-kinase (PI3K)-related protein kinase subfamily and plays a critical role in the regulation of various cellular events such as cell growth, proliferation and aging. TOR complex (TORC)1 and TORC2 differ in subunit compositions and biologic functions. TORC1 is sensitive to rapamycin. Rapamycin-sensitive mTOR is associated with controlling aging and other aspects of nutrient-related physiology.^{12,13} Previous researchers showed that rapamycin treatment decreased ROS in normal diploid fibroblasts and increased the viability of human diploid fibroblasts.¹⁴ SIRT1 is a nucleocytoplasmic protein that belongs to the nicotinamide adenine dinucleotide⁺-dependent enzymes family. Recent studies have demonstrated that SIRT1 regulates cell survival and reduces cell aging. It is generally believed that SIRT1 inhibition is a hallmark of aging.^{15,16} A growing body of evidence

Correspondence: Ji Li, M.D., Ph.D., Dan Jian, M.D., Ph.D., Department of Dermatology, Xiangya Hospital, Central South University, 87 Xiangya Road, Changsha, Hunan 410008, China. Emails: lij_lxy@csu.edu.cn (J. L.) and 569085332@qq.com (D. J.)

*These authors contributed equally to this work.

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supports the hypothesis that the aging process is regulated by a continuous cross-talk between ROS and SIRT1.^{17,18} In cardiomyocytes, mice neurocytes and rat endothelial cells, SIRT1 activation protected the cells from oxidative stress and decreased ROS production.^{18–20} Taken together, we suspected a relationship between SIRT1 and the mTOR pathways for controlling ROS production and the aging process.

Pyridone-derivative fluorofenidone (5-methyl-1-[3-fluorophenyl]-2-[1H]-pyridone, AKF-PD) and its analogs have been reported to exert strong antioxidative activity in several cell lines, tissues and animal models, including neurocytes, kidney tissue and mice and rat models.^{21–23} UV-A irradiation activates oxidative stress and induces ROS production in human skin cells, resulting in skin photoaging. Therefore, we hypothesized that AKF-PD can protect the skin from photoaging by reducing oxidative stress. However, the effect of AKF-PD on skin photoaging has not been studied. The goals of this study were to evaluate the protective effect of AKF-PD on UV-A-irradiated skin and examine the underlying mechanisms involved.

METHODS

Reagents

The AKF-PD powder used in this study were gifts from the School of Pharmacy, Central South University (Changsha, Hunan, China).

The following antibodies were used for western blotting: rabbit anti-phospho-mTOR Ser2448 and mTOR (both from Cell Signaling Technology, Danvers, MA, USA), rabbit anti-SIRT1 (Abcam, Cambridge, MA, USA) and mouse anti- β -actin (Sigma-Aldrich, St Louis, MO, USA). The following polymerase chain reaction (PCR) primers for SIRT1 were used in this study: forward, 50-acaacttgta cgacgaagac-30, and reverse, 50-aggagagta gtgaaagtgt-30(SangonBiotech, Shanghai, China). Primers specific to glyceraldehyde 3-phosphate dehydrogenase (GAPDH) RNA were used to standardize the amount of RNA in each sample.

Rapamycin was purchased from Beyotime Institute of Biotechnology, China. MHY1485 was purchased from Sigma-Aldrich.

Cell culture

Primary human dermal fibroblasts (HDF) were obtained from circumcised foreskins of healthy human donors aged 5–20 years and cultured at 37°C in a humidified incubator with 5% CO₂, maintained in Dulbecco's modified Eagle medium (Gibco, Grand Island, NY, USA) with penicillin (100 U/mL), streptomycin (100 ng/mL) and 10% fetal bovine serum (Gibco).

All procedures involving human subjects were approved by the Clinical Research Ethics Committee, Xiang Ya Hospital, Central South University Changsha, China. Informed written consent was obtained from all human subjects.

SA β -gal staining

Senescence-associated β -galactosidase (SA- β -gal) activity was measured by a β -galactosidase staining kit (BioVision, Mountain View, CA, USA) according to the manufacturer's

instructions. Cells in subconfluent cultures were washed with phosphate-buffered saline (PBS), fixed in fixing solution for 15 min at 24°C and incubated overnight at 37°C in staining solution. Blue-stained cells were counted in at least five fields at $\times 400$ magnification and relative SA- β -gal activity under each studied condition was expressed as the percentage of positive cells.

MTT assays

Cell viability was determined using the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay. Cells (2×10^3 cells/well) were seeded into 96-well plates and incubated at 37°C. After adhesion, cells were exposed to UV-A irradiation and grown in complete medium or complete medium with AKF-PD, rapamycin or MHY1485. Cells were incubated for 4 h in fresh medium containing 0.5 mg/mL MTT (Sigma-Aldrich) 24, 72 or 120 h after irradiation. After removing the MTT solution, dimethylsulfoxide (150 μ L/well) was added to each well to dissolve the formazan crystals. The absorbance was measured at 570 nm using a Synergy 2 Multi-Mode Microplate Reader (BioTek, Seattle, WA, USA). All experiments were performed in triplicate and the data presented are the means of three independent experiments \pm standard deviation.

Cell UV-A irradiation

Before UV-A irradiation, cells were washed and coated with a thin layer of PBS to prevent UV-A absorption by components of the medium. A Philips UV-A lamp with an emission spectrum between 320 and 400 nm was used for the experiment. The dose of UV-A irradiation was 10 J/cm² per day, which was verified with a UV light meter (Sigma, Shanghai, China) for 3 days. After UV-A irradiation, cells were incubated in complete medium and maintained with indicated compounds.

RNA extraction and miRNA real-time quantitative PCR

RNA were extracted from primary HDF using TRIzol. miRNA transcription was performed using a TaqMan miRNA reverse transcription kit according to the manufacturer's instructions with Eppendorf Master Cycler Nexus. The resultant first-strand cDNA was synthesized using a high-capacity RNA-to-cDNA kit to examine the expression levels of genes of interest. Quantitative PCR was performed using SYBR Green (Applied Biosystems, Foster City, CA, USA) on a 7500 Real Time PCR System (Applied Biosystems). GAPDH was used as an internal control. The comparative threshold (D_{Ct}) method was used to analyze the results of three independent experiments.

Western blotting

Cells were lysed in lysis buffer, and total cell lysates containing equal amounts of proteins were loaded onto 4–12% sodium dodecylsulfate polyacrylamide gel electrophoresis (SDS-PAGE) gels for electrophoresis and then transferred to polyvinylidene difluoride membranes (Pierce, Rockford, IL, USA). The membranes were blocked with 5% skim milk dissolved in PBS containing 0.02% Tween (Sigma-Aldrich) and incubated overnight

at 4°C with specific primary antibodies. The membranes were subsequently incubated with specific horseradish peroxidase (HRP)-conjugated secondary antibody for 1 h at room temperature. Bands of interest in western blots were visualized with a western blot HRP substrate (Millipore, Billerica, MA, USA).

ROS scavenging assay

Intracellular ROS scavenging assays were performed by measuring the fluorescence intensity of the 2',7'-dichlorofluorescein diacetate (DCF-DA) probe, which was proportional to the amount of ROS produced. Cells were given different treatment separately: UV-A, UV-A + AKF-PD and UV-A + MHY1485 + AKF-PD. Then, the cells were harvested and mixed with DCF-DA solution and incubated at 37°C for 1 h. Fluorescence intensity was measured using a BD FACSCalibur flow cytometer (BD Biosciences, San Jose, CA, USA).

Statistical analysis

Data were collected and analyzed to obtain the mean and standard deviation for three independent experiments.

Differences between groups were analyzed by one-way ANOVA, followed by further analysis by the least significant difference test. $P < 0.05$ was considered statistically significant.

RESULTS

AKF-PD protects HDF from UV-A-induced senescence

To determine the effects of AKF-PD on UV-A-induced cellular senescence, we measured SA-β-gal activity and the expression of a cellular senescence hallmark p16. Our data showed that the percentage of senescent cells (blue-stained SA-β-gal⁺ cells) substantially increased in UV-A-irradiated HDF, compared with that in the non-irradiated control, and that AKF-PD pretreatment suppressed this phenomenon in a dose-dependent manner (Fig. 1A). Western blot of p16 showed that UV-A increased p16 expression in HDF and that pretreatment with AKF-PD partly decreased this effect in a dose-dependent manner (Fig. 1B), which is in accordance with the results of SA-β-gal staining. These results indicated

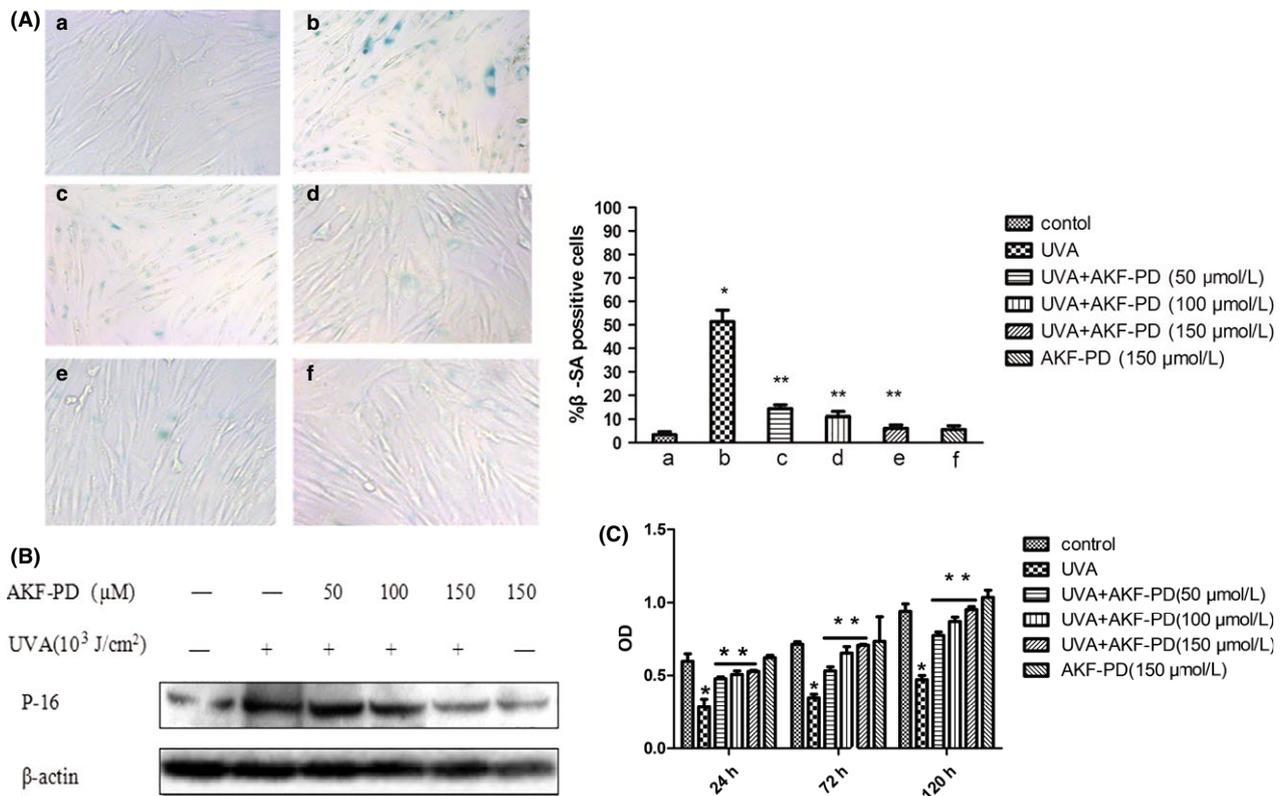


Figure 1. Protective effect of pyridone-derivative fluorofenidone (5-methyl-1-[3-fluorophenyl]-2-[1H]-pyridone, AKF-PD) on ultraviolet (UV)-A-irradiated human dermal fibroblast (HDF) senescence. (A) AKF-PD pretreatment improved senescence HDF induced by UV-A (stain, SA-β-galactosidase, original magnification ×400). (B) AKF-PD pretreatment partly suppressed the increased p16 expression induced by UV-A. (C) AKF-PD treatment partially increased HDF proliferation. *Significant differences between the UV-A-irradiated group and the non-irradiated control. **Significant differences between the AKF-PD + UV-A groups and UV-A-irradiated group ($n = 3, P < 0.01$).

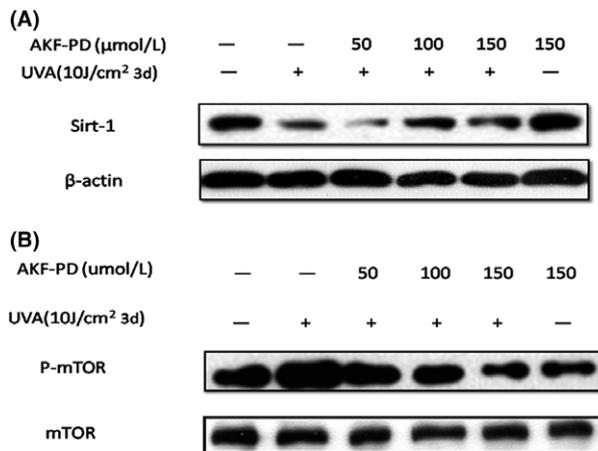


Figure 2. Ultraviolet (UV)-A irradiation-induced mammalian target of rapamycin (mTOR) pathway activation and SIRT1 protein expression inhibition reversed by pyridone-derivative fluorofenidone (5-methyl-1-[3-fluorophenyl]-2-[1H]-pyridone, AKF-PD) treatment in human dermal fibroblasts (HDF). (A) AKF-PD significantly reduced the inhibition of SIRT1 induced by UV-A. (B) AKF-PD treatment attenuated phosphorylated mammalian target of rapamycin (p-mTOR) activation.

that 10 J/cm² UV-A irradiation for 3 days was a suitable irradiation dose for establishing a HDF senescence model under our experimental conditions and that AKF-PD improved this senescence state. MTT assays showed that UV-A irradiation decreased HDF proliferation compared with control and that AKF-PD treatment partially increased HDF proliferation (Fig. 1C).

Inhibition of SIRT1 expression and activation of mTOR pathway induced by UV-A are reduced by AKF-PD treatment

We observed that UV-A irradiation was able to attenuate the protein expression of SIRT1 compared with control and that administration of AKF-PD significantly reduced the inhibition in a dose-dependent manner (Fig. 2A), suggesting that SIRT1 expression may contribute to the protective effect of AKF-PD on UV-A-induced HDF senescence. Previous studies demonstrated that inhibition of phosphorylated (p)-mTOR reduced cellular ROS production.²⁴ In this study, UV-A irradiation activated p-mTOR and AKF-PD treatment attenuated this activation in a dose-dependent manner, similar to the effect on SIRT1 expression (Fig. 2B).

AKF-PD increases UV-A-induced SIRT1 inhibition and improved HDF senescence via inhibition of the mTOR pathways

Experiments described in last section showed that UV-A-induced mTOR pathway activation and inhibition of SIRT1 expression were reversed by AKF-PD treatment. SA-β-gal staining showed that the percentage of senescent cells decreased after AKF-PD treatment. In addition, percentage of senescent cells significantly decreased after AKF-PD and rapamycin treatment in UV-A-irradiated cells compared with that reported for

AKF-PD treatment alone (Fig. 3A). MHY1485 treatment suppressed the AKF-PD protective effect and increased the percentage of senescent cells (Fig. 3A). In accordance with the above results, the MTT assay demonstrated that AKF-PD + rapamycin treatment increased cell proliferation rate compared with AKF-PD treatment alone. AKF-PD + MHY1485 treatment decreased cell activity compared with AKF-PD treatment in UV-A-irradiated HDF (Fig. 3B). Moreover, our data indicate that AKF-PD treatment remitted the UV-A-induced inhibition of SIRT1 mRNA and protein expression and had a synergistic effect on these processes with the mTOR inhibitor, rapamycin. Treated with activator of mTOR, MHY1485, the effect of AKF-PD on SIRT1 expression reduced (Fig. 3 C,D). In addition, we found AKF-PD decreased the UV-A radiate induced intracellular ROS. This effect is also reduced when pre-treated with MHY1485 (Fig. 3E). The data suggested that AKF-PD attenuates UV-A-induced SIRT1 inhibition, increased ROS level and HDF senescence by inhibiting the mTOR pathways in HDF.

DISCUSSION

Skin aging is a complicated process influenced by intrinsic and extrinsic factors.⁶ Extrinsic aging develops through several environmental factors, among which UV radiation is the most important, contributing up to 80%. Many *in vitro* studies have shown that UV-A irradiation produces ROS and induces long-term growth arrest and alterations in cell morphology (post-mitotic phenotypes) and increases SA-β-gal activity, indicating cell senescence.^{25,26} Two layers, the epidermis and dermis, make up human skin. The dermis is composed of connective tissues, including fibroblasts, matrix proteins and other substances. It is reported that fibroblasts, which are more vulnerable to UV-A exposure than keratinocytes, are the dominating components of the dermis and contribute to producing connective tissues. UV-A photons can induce fibroblasts to synthesize metalloproteinase 1, which stimulates degradation of the collagenous extracellular matrix and accounts for most of the connective tissue damage.^{27,28} Cellular senescence of human skin fibroblasts has been reported as one of the most important causes of skin aging.²⁹ UV-A can induce senescence of human skin fibroblasts which will lead to loose, fragile of skin appearance and account for skin aging.

One of the main factors of cellular senescence is p16, which inhibits cyclin-dependent kinases, leading to G1 cell cycle arrest. In our *in vitro* study, HDF exposed to 10 J/cm² UV-A per day for 3 days demonstrated increased SA-β-gal activity and p16 expression, and long-term growth arrest, indicating that this UV-A dose was sufficient for inducing HDF senescence. While AKF-PD significantly reduced increased SA-β-gal activity and p16 expression and decreased proliferation rate of UV-A-irradiated HDF, indicating that AKF-PD may be an effective agent for inhibiting HDF senescence, the underlying mechanism is unknown.

Pyridone derivatives, AKF-PD and pirfenidone (PFD), have antifibrotic and anti-inflammatory properties. Recently, an increasing number of studies have focused on the antioxidative activity of AKF-PD and PFD.^{30,31} Qin *et al.*^{21,32} demonstrated

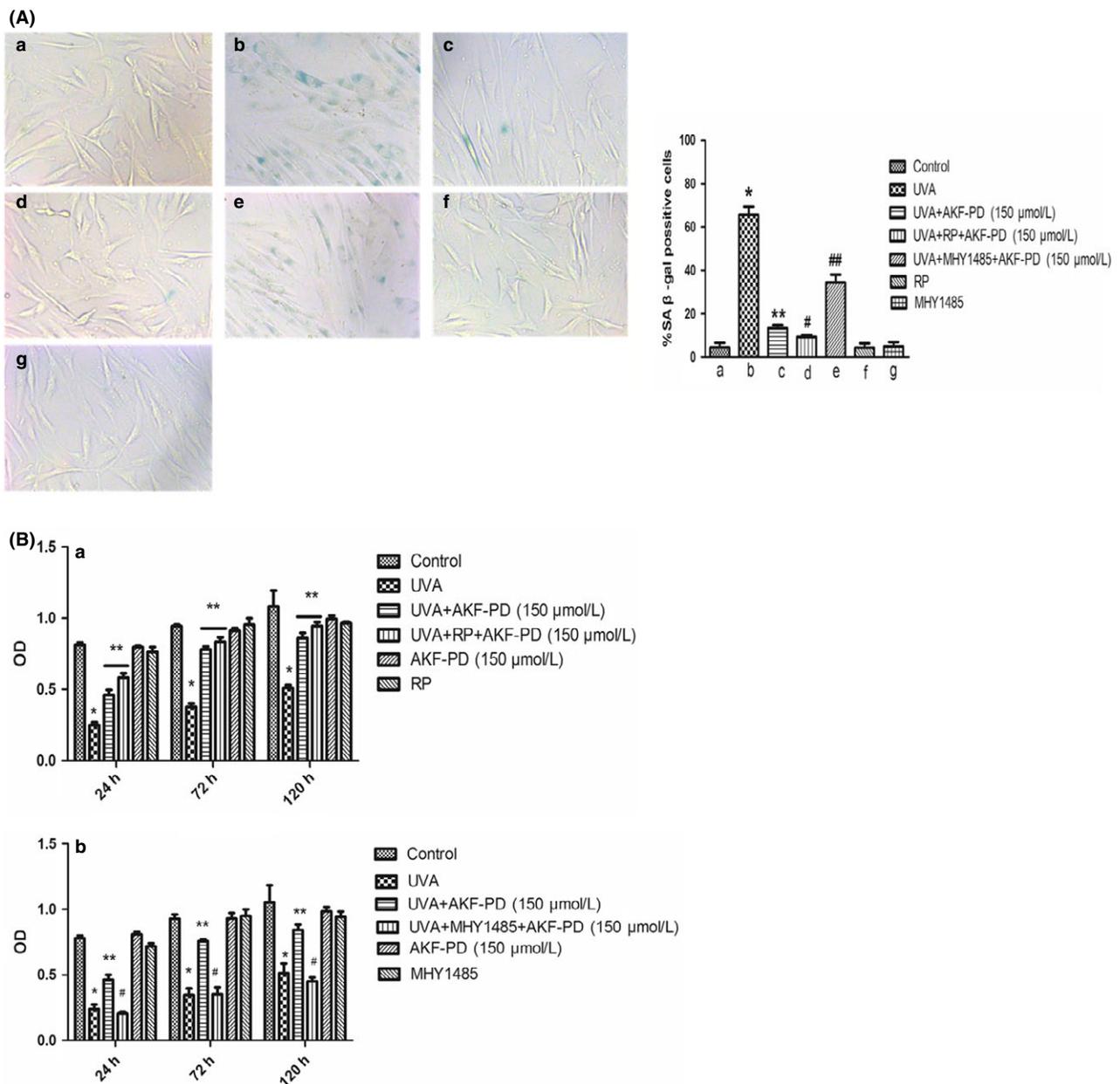


Figure 3. Pyridone-derivative fluorofenidone (5-methyl-1-[3-fluorophenyl]-2-[1H]-pyridone, AKF-PD) increased ultraviolet (UV)-A irradiation-induced SIRT1 inhibition and improved human dermal fibroblast (HDF) senescence by inhibiting the mTOR-dependent pathways. (A) AKF-PD decreased the HDF senescence through inhibiting p-mTOR (stain, SA-β-galactosidase, original magnification ×400). Significant difference between the *UV-A irradiated group and the non-irradiated control, **UV-A + AKF-PD group and UV-A-irradiated group, #UV-A + rapamycin (RP) + AKF-PD and UV-A + AKF-PD group, and ##UV-A + MHY1485 + AKF-PD and UV-A + AKF-PD group ($n = 3$, $P < 0.01$). (B) AKF-PD increased the cell proliferation by inhibiting phosphorylated mammalian target of rapamycin (p-mTOR). Significant differences between the *UV-A-irradiated group and non-irradiated control, **UV-A + AKF-PD group and UV-A-irradiated group, and #UV-A + MHY1485 + AKF-PD and UV-A + AKF-PD group ($n = 3$, $P < 0.01$). (C,D) AKF-PD increased SIRT1 expression by inhibiting p-mTOR. (E) AKF-PD decreased intracellular reactive oxygen species (ROS) by inhibiting p-mTOR. Significant differences between the *UV-A-irradiated group and non-irradiated control, **UV-A + AKF-PD group and UV-A-irradiated group, #UV-A + MHY1485 + AKF-PD and UV-A + AKF-PD group ($n = 3$, $P < 0.01$). (F) AKF-PD inhibits senescence in human skin fibroblasts via the mTOR-dependent SIRT1 pathway.

that AKF-PD served as an antioxidative agent by blocking nicotinamide adenine dinucleotide phosphate oxidase-dependent oxidative stress in rat proximal tubular epithelial cells, and

as an anti-Nox-mediated oxidative stress agent in AKF-PD-treated rats. AKF-PD was reported to have anti-oxidative activity in experimental rats, protecting hippocampal neurons and

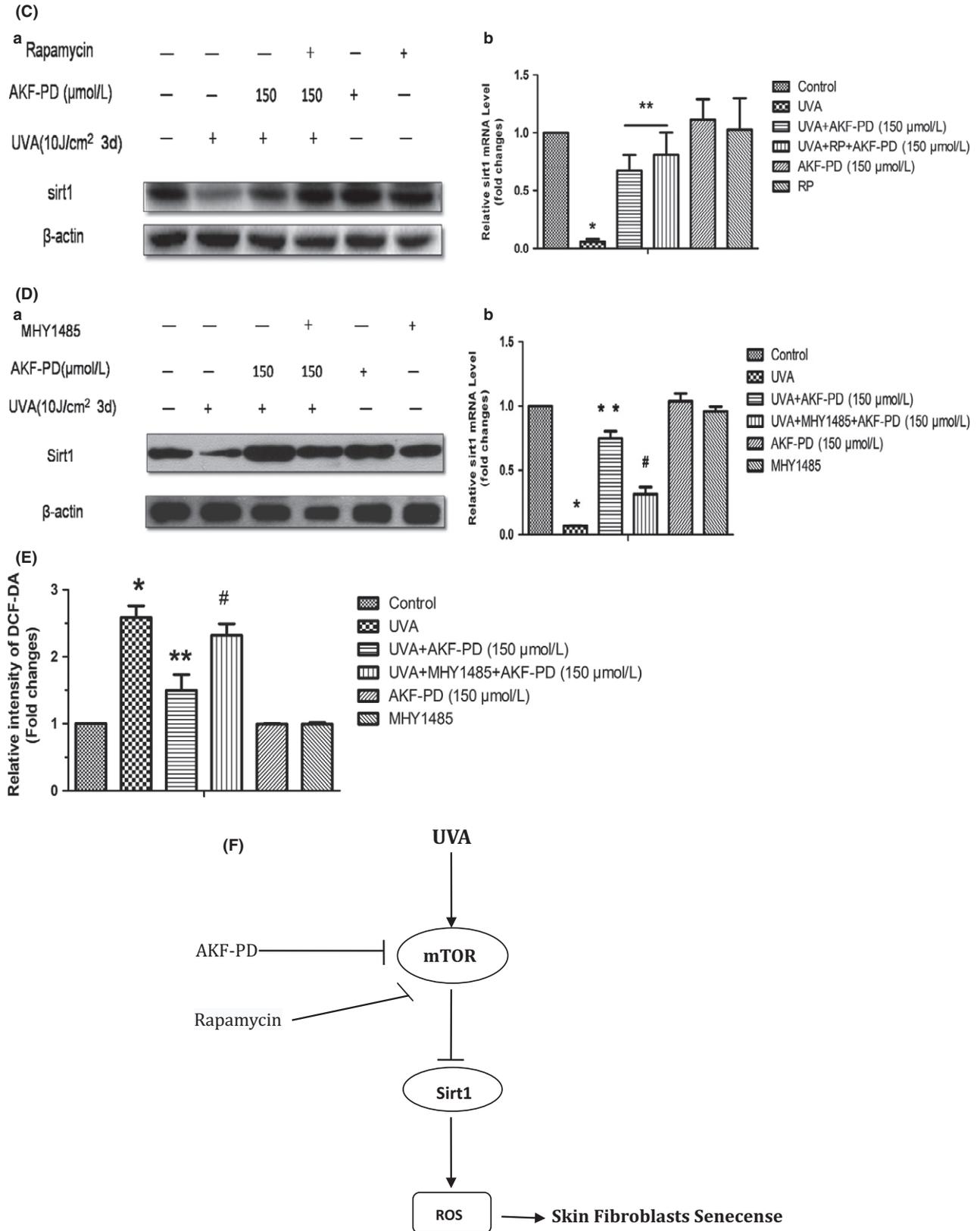


Figure 3. Continued

hepatocytes in cirrhosis,^{4,22,23} and exerting anti-oxidative activity in pulmonary interstitial cells.³¹

In most cases, UV-A irradiation acts indirectly on skin photoaging through generation of ROS. mTOR and SIRT1 play an important role in regulating the aging process and adjusting cellular oxidative status. Rapamycin treatment of aged oocytes decreased ROS activity and DNA fragmentation compared with untreated control. Zhuge *et al.*³³ demonstrated that activation of SIRT1 could rescue retinal pigment epithelial (RPE) cells from oxidative stress-induced senescence. In accordance with our hypothesis, our study showed that AKF-PD alleviated UV-A-irradiated HDF senescence by upregulating SIRT1 and inhibiting mTOR. We used a p-mTOR inhibitor, rapamycin, and a p-mTOR activator, MHY1485, to confirm the effect of AKF-PD on UV-A-induced HDF. When mTOR was inhibited, the percentage of senescent cells decreased, cell proliferation increased and SIRT1 expression increased after AKF-PD treatment. Activation of mTOR yielded opposite results. In our study, AKF-PD may regulate SIRT1 expression via an mTOR-dependent pathway in UV-A-irradiated HDF. The interaction between SIRT1 and the mTOR pathways is complex. In different cell lines, tissues, organs or physiological and pathological processes, different regulation mechanisms are at work. Zhang *et al.*²⁴ showed that rapamycin arrested the senescence of mesangial cells induced by high glucose and increased SIRT1 expression. Back *et al.*³⁴ demonstrated that inhibition of SIRT1 by mTOR fostered the survival of DNA damage-induced prematurely senescent squamous cell carcinoma cells. However, SIRT1 was reported to regulate the mTOR pathway in autophagy processes,³⁵ Alzheimer's disease model,³⁶ inhibition of acute and chronic pain and cell survival.³⁷

In our study, we reported that AKF-PD inhibited UV-A-induced senescence and increased SIRT1 expression in HDF via the mTOR-dependent signaling pathway (Fig. 3F). Recently, a study has been carried out to improve the pharmacokinetics of AKF-PD, by incorporating AKF-PD in β -cyclodextrin and hydroxypropyl- β -cyclodextrin to increase dissolution rate.³⁸ Therefore, AKF-PD may be developed as a potential cosmetic agent for prevention of skin photoaging.

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CONFLICT OF INTEREST: None declared.

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