

Efficacy of Combination Treatment with Intracoronary Abciximab and Aspiration Thrombectomy on Myocardial Perfusion in Patients with ST-Segment Elevation Myocardial Infarction Undergoing Primary Coronary Stenting

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Purpose: We aimed to investigate whether combination therapy using intracoronary (IC) abciximab and aspiration thrombectomy (AT) enhances myocardial perfusion compared to each treatment alone in patients with ST-elevation myocardial infarction (STEMI) undergoing primary percutaneous coronary intervention (PCI). Materials and Methods: We enrolled 40 patients with STEMI, who presented within 6 h of symptom onset and had Thrombolysis in MI flow 0/1 or a large angiographic thrombus burden (grade 3/4). Patients were randomly divided into 3 groups: 10 patients who received a bolus of IC abciximab (0.25 mg/kg); 10 patients who received only AT; and 20 patients who received both treatments. The index of microcirculatory resistance (IMR) was measured with a pressure sensor/ thermistor-tipped guidewire following successful PCI. Microvascular obstruction (MVO) was assessed using cardiac magnetic resonance imaging on day 5. Results: IMR was lower in the combination group than in the IC abciximab group $(23.5\pm7.4 \text{ U vs. } 66.9\pm48.7 \text{ U}, p=0.001)$ and tended to be lower than in the AT group, with barely missed significance (23.5 \pm 7.4 U vs. 37.2 \pm 26.1 U, p=0.07). MVO was observed less frequently in the combination group than in the IC abciximab group (18.8% vs. 88.9%, p=0.002) and tended to occur less frequently than in the AT group (18.8% vs. 66.7%, p=0.054). No difference of IMR and MVO was found between the IC abciximab and the AT group (66.9±48.7 U vs. 37.2±26.1 U, p=0.451 for IMR; 88.9% vs. 66.7%, p=0.525 for MVO, respectively). Conclusion: Combination treatment using IC abciximab and AT may synergistically improve myocardial perfusion in patients with STEMI undergoing primary PCI (Trial Registration: clinicaltrials. gov Identifier: NCT01404507).

Key Words: Abciximab, thrombosuction, myocardial perfusion, myocardial infarction

INTRODUCTION

Timely reperfusion of jeopardized myocardium is the most effective way of restor-

ing left ventricular systolic function and reducing infarct size, thereby reducing the morbidity and mortality associated with ST-elevation myocardial infarction (STEMI). Microvascular obstruction (MVO) or no-reflow phenomenon refers to a state of poor myocardial perfusion at the microvascular level despite successful restoration of the patency of the epicardial coronary artery.¹⁻³ Ischemia itself, reperfusion injury, inflammation, or distal embolization of a thrombus and/or plaque debris can cause development of MVO during primary percutaneous coronary intervention (PCI) for STEMI.¹⁻⁵ Poor myocardial perfusion is associated with a higher occurrence of extensive infarction, left ventricular remodeling, and increased mortality than good myocardial perfusion.⁶⁻⁸ Thus, in the treatment of STEMI, attaining adequate myocardial perfusion is as important as achieving fast epicardial blood flow.

Many studies have assessed the effect of interventional treatments, such as aspiration thrombectomy (AT)⁹⁻¹³ or glycoprotein (Gp) IIb-IIIa inhibitors, ¹⁴⁻¹⁶ on the improvement of myocardial perfusion, which would thereby decrease infarct size in patients with STEMI. It can be hypothesized that combination of abciximab and AT might synergistically improve myocardial perfusion. Thus far, there are limited data about the benefits of combination treatment with intracoronary (IC) abciximab and AT as adjuncts to primary PCI for STEMI. ^{16,17}

MVO, visualized by cardiac magnetic resonance imaging (CMR), has been increasingly reported as a useful prognostic indicator in STEMI. 18,19 Fearon, et al. 20,21 reported that the index of microcirculatory resistance (IMR) can be a novel prognosticator for left ventricular remodeling and mortality in patients with STEMI. An elevated IMR was also linked to MVO as revealed by CMR in patients with STEMI. 22 Therefore, we sought to examine whether a combination of IC abciximab and AT is superior to each treatment alone in terms of improving myocardial perfusion, as assessed by IMR and MVO on CMR.

MATERIALS AND METHODS

Study population

We screened 256 consecutive patients between at least 18 years of age and less than 70 years of age with *de novo* STEMI, who presented within 6 h of symptoms onset and underwent primary PCI at our hospital between December 2010 and February 2012. Sixty-four patients having Killip

≥3, 18 with hemodynamic instability requiring hemodynamic support devices, and 90 who had preprocedural Thrombolysis in MI (TIMI) flow grade ≥ 2 or thrombus grade ≤ 2 were excluded. Twenty-six subjects refused to participate in this study. Other exclusion criteria were contraindications for CMR, atrial fibrillation, chronic kidney disease (Cr ≥3 mg/dL), neoplastic disease, platelet count <150000/mL, and hemoglobin <10 g/L. Angiographic inclusion criterion was preprocedural TIMI flow grade 0/1 or evidence of thrombus grade 3/4. In addition, the target lesion should be located in a native coronary artery in the proximal to mid segment with an estimated reference diameter of \geq 2.25 mm and ≤4.25 mm. IC thrombus was scored in 5 grades as previously described.²³ The final study cohort comprised 40 subjects, divided into 3 groups before primary PCI, according to a random-number table: 10 patients, who received only a bolus of IC abciximab (0.25 mg/kg), 10 patients, only AT, and 20 patients, both treatments (Fig. 1). Our study protocol was approved by the Ethical Review Board of Yonsei University Wonju College of Medicine (Wonju, Korea). Informed consent to participate in this study was obtained from all the patients.

Coronary angiography and antithrombotic regimens

All patients received aspirin (300 mg) and clopidogrel (300-600 mg) immediately after STEMI diagnosis by electrocardiogram (ECG). Aspirin (100 mg) and clopidogrel (75 mg) were administered for ≥12 months after PCI. After an intravenous (IV) bolus injection of unfractionated heparin (70 U/kg), IV infusion (1000 U/h) was continued, and, if necessary, additional boluses were administered to achieve an activated clotting time of 300 s. After passing through the lesion with a 0.014-inch guidewire, AT was performed before balloon predilation. Then, a bolus of IC abciximab (0.25 mg/ kg) was administered via the guiding catheter when the distal epicardial coronary flow was visible. The systemic IV infusion of abciximab was not permitted. Either one of IC abciximab or AT was omitted in 20 patients not allocated to the combination group. Stenting of the infarct-related artery was performed in all patients. Direct stenting, the type of stent, and post-stent adjuvant ballooning were at the discretion of the treating physician. Both TIMI flow²⁴ and myocardial blush⁶ were graded on the coronary angiogram as described previously. The duration of cine filming was prolonged by at least 3 cardiac cycles to make sure that the entire washout phase was included. Myocardial blush grade (MBG) was assessed during the same phase of the cardiac cycle. MBG

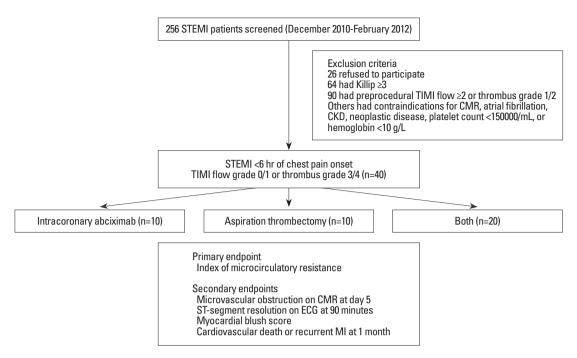


Fig. 1. Diagrammatical representation of the study. STEMI, ST-elevation myocardial infarction; TIMI, Thrombolysis in Myocardial Infarction; CMR, cardiac magnetic resonance imaging; CKD, chronic kidney disease; ECG, electrocardiogram; MI, myocardial infarction.

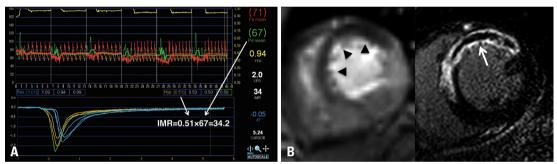


Fig. 2. Index of microcirculatory resistance (IMR) and cardiac magnetic resonance imaging (CMR). (A) IMR is 34.2 U as a consequence of 67 mm Hg, the distal mean coronary pressure multiplied by 0.51 s, the hyperemic mean transit time. (B, left) Early (2 min after contrast injection) gadolinium-enhanced CMR showed a central hypoenhanced area corresponding microvascular obstruction (MVO) in the anteroseptal myocardial infarction (arrowheads). (B, right) Delayed (10 min after contrast injection) contrast-enhanced CMR revealed hyperenhancement indicating an anteroseptal infarction with a central hypoenhanced zone of MVO (arrow).

and other quantitative coronary angiography parameters were measured and analyzed off-line using a primary diagnostic image review and analysis workstation (Centricity Cardiology CA 1000, Milwaukee, WI, USA) by an interventional cardiologist who was incognizant of the clinical information including the IMR result.

Measurement of IMR

After successful primary stenting, a calibrated coronary pressure wire (St. Jude Medical, Minneapolis, MN, USA) was equalized to the guiding catheter pressure with the sensor positioned at the ostium of the guiding catheter, and then advanced beyond the culprit lesion. All pressure tracings were recorded on the RadiAnalyzer Xpress (St. Jude Medical) for

offline analysis. Coronary wedge pressure was measured after 30 s of balloon occlusion within the stented segment. The IMR [mm Hg.s, or units (U)] was defined as simultaneously measured distal coronary pressure divided by the inverse of the thermodilution-derived hyperemic mean transit time (hTmn) (Fig. 2A). The mean transit time at rest and during hyperemia was measured by the methods described previously.²⁵ The shaft of the pressure wire can act as a proximal thermistor by detecting changes in the temperature-dependent electrical resistance. The sensor near the tip of the wire simultaneously measures pressure and temperature, thereby acting as a distal thermistor. The transit time of room temperature saline injected into a coronary artery can be determined using a thermodilution technique. Three injections

of saline (3 mL, room temperature) were administered to the coronary artery, and the baseline mean transit time was measured. Pharmacologic hyperemia was then induced by an IV infusion of adenosine at 140 μ g/kg/min; 3 more injections of saline (3 mL, room temperature) were administered, and the hTmn was measured.

CMR protocol and analysis

CMR was performed on day 5 (median 5, range 3-9) using a 3-T magnetic resonance imaging system (Achieva Release 2.1; Philips, Eindhoven, the Netherlands), equipped with a dedicated cardiac software package, cardiac coil, and vectorcardiogram. Following the acquisition of localizing images, we obtained long- and short-axis cine images using a retrospectively gated breath-hold true fast imaging with steady-state free precession technique. The short-axis cine scans of 10-mm slices were used to determine the left ventricular mass, volume, and function. A bolus of contrast medium, gadolinium-diethylenetriamine pentaacetic acid was injected at a dose of 0.1 mmol/kg, and images were acquired for 60 heartbeats immediately following contrast infusion. Delayed enhancement images were then obtained by acquiring an inversion-recovery segmented gradient echo T1-weighted sequence 10-15 min after the bolus. All postprocessing and analyses of the left ventricular mass, volume, function, myocardial infarct size, and presence of MVO were performed using the Extended Brilliance Workstation (Philips, Eindhoven, the Netherlands) by a radiologist who experienced in CMR and was blind to all clinical and pressure wire data. Infarct size was assessed manually by planimetry on each short-axis slice, delineating the hyperenhanced area, including areas of hypoenhancement surrounded by the hyperenhanced area-the latter was considered as MVO (Fig. 2B). Transmurality was calculated as the average transmurality of all segments with evidence of infarction in a 17-segment model. 26,27 Infarct size was determined as a percentage of left ventricular mass as the sum of hyperenhanced pixels from each of the 6-8 short-axis images divided by the total number of pixels within the left ventricular myocardium multiplied by 100%.28

Main outcome measures

The primary endpoint was the IMR value for each group. The secondary endpoints were the presence of MVO on CMR, MBG on final coronary angiogram after successful coronary stenting and ST-segment resolution on ECG at 90 min after PCI. The occurrence of the composite of death

from cardiovascular causes or non-fatal reinfarction at 1 month was also compared.

Statistical analyses

We hypothesized that combination treatment using a bolus of IC abciximab and AT would be superior to each treatment alone regarding post-PCI myocardial perfusion as assessed by IMR. On the basis of results from the previous studies, 20,22,29 we assumed the mean value of IMR of either the IC abciximab or the AT group to be approximately 34±14 U. Upon a superiority design, total 40 patients were needed to ensure a power of 80% to detect a 14 U decrease of IMR using a 2-tailed test, with a sample ratio of IC abciximab:AT: both at 1:1:2, bilateral risk at 5%, and the estimated dropout rate of 10%. Continuous variables are presented as mean±SD or median (range) and categorical variables as frequencies (percentages). The analysis of variance or Kruskal-Wallis test was used for comparing continuous variables. Post-hoc analysis was performed for the parameters found to be significant by analysis of variance. The chi-square test or Fisher's exact test was used for categorical variables. Pairwise p values from the chi-square tests were presented with a Bonferroni correction for multiple tests. The univariate logistic regression analyses were done to investigate the relation of IMR [>34 U (upper tertile); dependent variable] to clinical and laboratory variables, echocardiographic and angiographic parameters, and CMR parameters. Multiple logistic regression analysis was performed to assess the correlates of IMR from variables on the basis of the best results of the univariate regression analyses at the significance level of p<0.1. IMR was compared according to the presence of MVO, ST-segment resolution, or MBG using the unpaired t-test. All analyses were carried out with SPSS version 20.0 (SPSS inc., Chicago, IL, USA). A two-sided p value < 0.05 was regarded statistically significant.

RESULTS

Baseline characteristics

Baseline clinical and laboratory characteristics on the basis of treatment modalities are presented in Table 1. Mean age, diabetes mellitus history, hypertension, hyperlipidemia, and current smoking status were balanced between the groups. Most subjects (82.5%) were male. The AT group had lower body mass index as compared with the IC abciximab group (22.6 \pm 2.5 vs. 26.9 \pm 3.2, p=0.006). The distribution of dis-

Table 1. Baseline Clinical and Laboratory Characteristics

	IC abciximab (n=10)	AT (n=10)	Both (n=20)	p value
Age (yrs)	59±10	63±12	57±11	0.388
Males	9 (90)	6 (60)	18 (90)	0.097
Body mass index (kg/m ²)	26.9±3.2	22.6±2.5*	24.9±2.8	0.006
Medical history				
Diabetes mellitus	1 (10)	3 (30)	8 (40)	0.240
Hypertension	5 (50)	5 (50)	3 (15)	0.061
Hyperlipidemia	1 (10)	0	1 (10)	0.215
Current smoker	4 (40)	5 (5)	11 (55)	0.316
Discharge medications				
Aspirin	10 (100)	10 (100)	20 (100)	
Clopidogrel	10 (100)	10 (100)	20 (100)	
β-blocker	9 (90)	10 (100)	19 (95)	0.591
ACE inhibitor or ARB	9 (90)	7 (70)	15 (75)	0.525
Statin	10 (100)	10 (100)	19 (95)	0.599
Left ventricular EF (%)	49±5	48±5	53±9	0.207
Killip classification				0.535
1	7 (70)	9 (90)	16 (80)	
2	3 (30)	1 (10)	4 (20)	
Anterior MI	8 (80)	7 (70)	15 (75)	0.982
Ischemic time (min)	379 (151-449)	353 (130-450)	246 (20-460)	0.053
Laboratory findings				
Hemoglobin (g/dL)	13.9±2.1	13.6±1.6	15.1±1.4	0.047
Platelet (×10 ⁹ /L)	302.1±129.7	261.7±51.7	257.7±60.5	0.347
WBC (×10 ⁹ /L)	13.4±4.0	11.2±3.6	9.9±3.5	0.056
Creatinine (mg/dL)	0.8±0.2	0.7±0.2	0.8±0.2	0.143
Glucose (mg/dL)	148±31	133±26	162±64	0.303
Total cholesterol (mg/dL)	190±30	164±22	189±30	0.087
Triglyceride (mg/dL)	155±117	120±47	132±62	0.582
HDL cholesterol (mg/dL)	48±7	45±10	50±15	0.535
LDL cholesterol (mg/dL)	118±45	100±36	121±28	0.161
Hs-CRP (mg/L)	1.2±1.3	2.2±2.3	1.0±0.5	0.255
BNP (pg/mL)	64±112	53±67	20±13	0.173
Peak CK-MB (ng/mL)	230.2±88.6	226.2±114.5	172.7±121.3	0.307
Peak troponin I (ng/mL)	47.2±9.0	45.6±14.0	40.3±17.8	0.448

ACE, angiotensin-converting enzyme; ARB, angiotensin-receptor blocker; AT, aspiration thrombectomy; BNP, B-type natriuretic peptide; CK-MB, creatine kinase, muscle and brain; EF, ejection fraction; HDL, high-density lipoprotein; hs-CRP, high-sensitivity C-reactive protein; IC, intracoronary; LDL, low-density lipoprotein; MI, myocardial infarction; WBC, white blood cells.

Data given as n (%), mean±SD or median (range).

charge medication use, including dual antiplatelet therapy, β -blocker, angiotensin converting enzyme inhibitor or angiotensin receptor blocker, or statin, was similar between the 3 groups. Ischemic times tended to be shorter in the combination group than in the other groups (p=0.053). No significant difference was observed in the frequency of anterior wall MI, Killip classification, left ventricular ejection fraction, B-type natriuretic peptide, peak creatine kinase, muscle and brain, or peak troponin I.

Coronary angiography and PCI data

Table 2 depicts the coronary angiography and PCI data. Approximately 75% of the patients underwent primary PCI for a coronary lesion in the left anterior descending artery. Most lesions had TIMI flow grade 0/1 (90%), collateral flow grade 0/1 (92.5%), and large thrombotic burden (80%), without significant differences between the groups. White or red thrombi were retrieved in 95% of the patients who were treated with AT. All PCI was attempted only for a cul-

^{*}p=0.006 vs. IC abciximab.

Table 2. Baseline Coronary Angiographic and Procedural Parameters

	IC abciximab (n=10)	AT (n=10)	Both (n=20)	p value
Infarct-related vessel				0.982
Left anterior descending artery	8 (80)	7 (70)	15 (75)	
Left circumflex artery	1 (10)	1 (10)	2 (10)	
Right coronary artery	1 (10)	2 (10)	3 (10)	
Procedure time (min)	43 (31-54)	46 (26-83)	43 (19-63)	0.539
Baseline TIMI flow grade 0/1	8 (80)	10 (100)	18 (90)	0.533
Collateral flow grade 0/1	8 (80)	10 (100)	19 (95)	0.411
Thrombus grade 3/4, after flow restoration	7 (70)	8 (80)	17 (85)	0.164
Result of AT				0.116
Negative	N/A	0	2 (10)	
White thrombi	N/A	3 (30)	1 (5)	
Red thrombi	N/A	7 (70)	17 (85)	
Procedural details				
Number of vessels per patient	1	1	1.1±0.3	0.368
Stents per patient	1.1±0.3	1.2±0.4	1	0.145
Total stent length (mm)	25.4±11.4	28.2±12.7	23.4±5.7	0.421
Stent diameter (mm)	3.24±0.44	3.13±0.36	3.25±0.47	0.762
Adjuvant ballooning after stenting	10 (100)	10 (100)	17 (85)	0.198
Distal embolization	2 (20)	1 (10)	0	0.138

TIMI, Thrombolysis in Myocardial Infarction; IC, intracoronary; AT, aspiration thrombectomy. Data given as n (%), mean±SD or median (range).

prit vessel. No difference regarding stent number per patient was observed. Two patients in the combination group had multi-vessel disease, whereas others had single-vessel disease. No difference was observed in stent diameter and the frequency of post-stent adjuvant ballooning among the groups. The incidence of PCI complications such as distal embolization or dissection was quite low and similar among the groups. All patients received either the everolimus-, zotarolimus-, or biolimus-eluting stents.

Comparison of myocardial perfusion parameters between the groups

We compared the myocardial perfusion status using following parameters: TIMI flow grade and MBG on final coronary angiography, IMR by the pressure wire immediately after primary PCI, ST-segment resolution on ECG at 90 min, and MVO on CMR at day 5 (Table 3). The combination group had higher TIMI flow grade and MBG than did the IC abciximab group. No difference was found between the IC abciximab and AT groups regarding TIMI flow grade and MBG. IMR values were different between the 3 groups (Fig. 3). Post hoc analysis revealed that IMR was lower in the combination group than in the IC abciximab group (23.5±7.4 U vs. 66.9±48.7 U, *p*=0.001) and tended to be lower than in the AT group (23.5±7.4 U vs. 37.2±26.1 U,

p=0.070). No difference of IMR was found between the IC abciximab and the AT groups (p=0.451). Fractional flow reserve, coronary flow reserve, coronary wedge pressure, and collateral flow index were similar between the groups. Thirty-one patients (77.5%) underwent CMR at day 5 after primary PCI. Four patients refused the exam and others could not complete the study because of claustrophobia (3 patients) and difficulty in breath-holding (2 patients). Ejection fraction, infarct size, and transmural extent of MI on CMR were not different between the groups. The incidence of MVO was not similar between the 3 groups (p=0.001). Post hoc analysis showed that the presence of MVO was lower in the combination group than in the IC abciximab group (18.8% vs. 88.9%, p=0.002) and tended to be lower than in the AT group with barely missed significance (18.8% vs. 66.7%, p=0.054). No difference in the presence of MVO was found between the IC abciximab and the AT groups (p=0.525).

Relation of IMR to clinical, angiographic, and CMR parameters

IMR was higher in subjects with MVO or MBG 0/1 than in those without MVO or with MBG 2/3 (53.4 \pm 44.3 U vs. 21.5 \pm 5.2 U for MVO, p=0.015; 75.2 \pm 50 U vs. 25.3 \pm 12.1 U for MBG, p=0.007). No difference of IMR was found in

Table 3. Comparison of Myocardial Perfusion Parameters According to the Treatment Modalities

	IC abciximab (n=10)	AT (n=10)	Both (n=20)	p value
Coronary angiography				
Final TIMI flow grade 3	6 (60)	8 (80)	20 (100)*	0.001
Final myocardial blush grade 2/3	3 (30)	8 (80)	19 (95) [†]	0.001
Pressure wire parameters				
Fractional flow reserve	0.93 ± 0.03	0.94 ± 0.05	0.91±0.05	0.246
IMR (mm Hg.s)	66.9±48.7	37.2±26.1	23.5±7.4 [‡]	0.001
Coronary flow reserve	1.8±0.9	1.1±0.6	1.4±0.7	0.186
Coronary wedge pressure (mm Hg)	27.9±5.5	27.6±10.3	24.7±5.9	0.448
Collateral flow index	0.29 ± 0.07	0.33 ± 0.09	0.32 ± 0.09	0.537
ST segment resolution ≥70%	2 (20)	3 (30)	13 (65)	0.063
CMR parameters§				
Days	7 (4-9)	5 (3-6)	4 (3-9)	0.134
Ejection fraction (%)	50±7	50±5	54±9	0.392
Infarct size (%)	25±9	24±13	20±12	0.554
Microvascular obstruction	8 (88.9)	4 (66.7)	3 (18.8)	0.001
Transmurality ≥75%	6 (66.7)	4 (66.7)	5 (31.3)	0.127

CMR, cardiac magnetic resonance imaging; IMR, index of microcirculatory resistance; IC, intracoronary; AT, aspiration thrombectomy; TIMI, Thrombolysis in Myocardial Infarction.

Data given as n (%), mean±SD or median (range).

p=0.002 vs. IC abciximab, p=0.054 vs. AT.

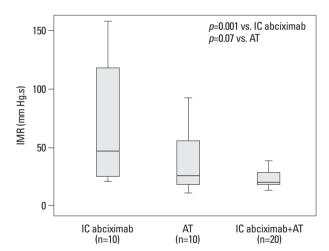


Fig. 3. Comparison of index of microcirculatory resistance (IMR) among the 3 groups. IMR was lower in the combination group than in the intracoronary (IC) abciximab group (23.5 \pm 7.4 U vs. 66.9 \pm 48.7 U, p=0.001) and tended to be lower than in the aspiration thrombectomy (AT) group, with barely missed significance (23.5 \pm 7.4 U vs. 37.2 \pm 26.1 U, p=0.07). No difference in IMR was found between the IC abciximab and the AT group (p=0.451).

the ST-segment resolution (41.6 \pm 33 U vs. 33 \pm 32 U, p=0.408) (Fig. 4). Combination treatment using IC abciximab and AT [odds ratio (OR) 0.091, confidence interval (CI) 0.017-0.501, p=0.006], body mass index (OR 1.245, CI 0.983-1.577, p=0.052), hypertension (OR 4.083, CI 0.998-

16.868, p=0.052), ischemic time (OR 1.008, CI 1.001-1.014, p=0.028), presence of MVO on CMR (OR 2.5, CI 1.345-4.646, p<0.001), and MBG 2/3 (OR 0.017, CI 0.002-0.174, p=0.001) were associated factors of high IMR (\geq 34 U) at the significance level of p<0.1. On multiple logistic regression analysis, the combination treatment (OR 0.111, CI 0.015-0.809, p=0.03) and body mass index (OR 1.346, CI 1.012-1.791, p=0.041) remained as independent parameters for the prediction of high IMR. One event that indicated recurrent MI occurred in the IC abciximab group, which was not related to the target vessel. No other event occurred during the 1-month follow-up period.

DISCUSSION

The main findings of the present study are as follows: 1) A combination of IC abciximab and AT seemed to be superior to each treatment alone in terms of enhancing myocardial perfusion, as assessed by on-site measurement of IMR after primary PCI for STEMI. 2) Higher IMR value was linked to lower MBG on coronary angiography and the presence of MVO on CMR.

^{*}p=0.008 vs. IC abciximab.

[†]p<0.001 vs. IC abciximab.

p=0.001 vs. IC abciximab, p=0.07 vs. AT.

[§]Only 31 patients underwent CMR (77.5%).

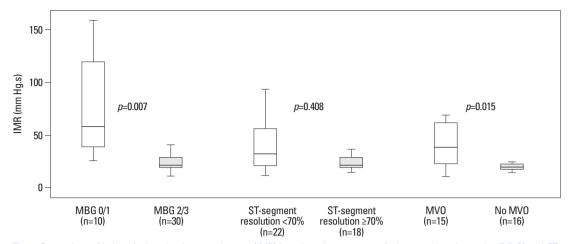


Fig. 4. Comparison of index of microcirculatory resistance (IMR) based on the presence of microvascular obstruction (MVO) and ST-segment resolution, or myocardial blush grade (MBG). IMR was higher in subjects with MVO or MBG 0/1 than those without MVO or with MBG 2/3 (53.4±44.3 U vs. 21.5±5.2 U, p=0.015 for MVO; 75.2±50 vs. 25.3±12.1, p=0.007 for MBG). No difference of IMR was found according to the ST-segment resolution (41.6±33 U vs. 33±32 U, p=0.408).

Even when TIMI 3 epicardial flow is restored, patients with poor myocardial perfusion have a higher mortality than those with good myocardial perfusion.⁶ To attain adequate myocardial perfusion in patients with STEMI, prompt and proper revascularization is important. AT seemed to be beneficial because it can reduce distal atherothrombotic embolism through retrieval of in situ thrombus. Svilaas, et al. 11,13 reported the advantages of manual thrombectomy over conventional PCI in terms of improving MBG as well as reducing the 1-year incidence of MI and cardiac death. Sardella, et al.¹² also reported reduction in infarct size on CMR 3 months after primary PCI in subjects treated with manual thrombectomy, compared to those treated with conventional PCI. However, other studies9,10,16 failed to demonstrate the superiority of AT to conventional PCI in the treatment of STEMI. One meta-analysis¹⁷ showed that manual AT without a distal protection device was better than PCI alone for STEMI patients. Thus, AT is regarded as an important adjunctive tool in the treatment of STEMI, but its routine use is not yet a class I indication in the updated guidelines. 30,31 It can be inferred that the benefit of AT might be enhanced in patients with a shorter ischemic time and heavy thrombotic burden. 11,12 Lesion- or clinical-specific studies aimed at revealing the benefits of AT as an adjunct for STEMI is warranted.

The effect of several medications, such as verapamil,³² adenosine,³³ nitroprusside,³⁴ nicorandil,³⁵ and Gp IIb-IIIa inhibitor,¹⁴⁻¹⁶ on preventing or reducing reperfusion injury has been investigated. However, their efficacy in improving myocardial perfusion was not consistent and remains debatable. Routine use of a Gp IIb-IIIa inhibitor such as abciximab is reasonable, but is not recommended as class I

indication by the current guidelines.^{30,31} This may be partly due to the potential increase in bleeding. Instead of a bolus injection followed by continuous infusion of abciximab, a single bolus administration of abciximab was proposed to decrease bleeding complications while maintaining antiischemic efficacy.15 It was also suggested that direct IC injection of abciximab might be superior to its IV injection for improving myocardial perfusion.³⁶⁻³⁹ High local doses of abciximab may facilitate the dissolution of the antibody to platelets inside the flow-limiting thrombus, thus resulting in improved dissolution of thrombi and microemboli at the ruptured plague and further downstream in the microcirculation. In fact, a few meta-analyses^{38,39} showed that IC abciximab was more effective in decreasing mortality than IV application. However, the largest randomized abciximab IC versus IV drug application in the STEMI (AIDA STEMI) trial⁴⁰ and other meta-analysis,⁴¹ including the AIDA STE-MI trial, showed no difference in mortality between IC and IV abciximab application. The neutral effect of IC versus IV abciximab might be due to its subsequent systemic IV infusion. In fact, the Intracoronary Abciximab and Aspiration Thrombectomy in Patients With Large Anterior Myocardial Infarction (INFUSE-AMI) trial¹⁶ revealed that IC abciximab via an infusion catheter reduces infarct size, as assessed by CMR after 30 days. All patients in our study and a majority of the patients in the INFUSE-AMI trial¹⁶ had only a bolus of IC abciximab without subsequent systemic IV infusion. Further studies comparing the efficacy of IC and IV abciximab bolus application without subsequent infusion are warranted.

A subgroup analysis of INFUSE-AMI¹⁶ and a meta-analy-

sis¹⁷ suggest that a combination of AT and abciximab administration is the most efficient treatment for decreasing infarct size and mortality as compared to each treatment alone or no treatment with AT or abciximab. These findings are consistent with those of our study. If most thrombotic materials are retrieved by AT, IC abciximab could further dissolve residual *in situ* thrombus as well as microemboli in the microvasculature. Thus, IC abciximab application alone without AT may have a limited effect on decreasing a heavy thrombotic burden.

There are several methods to assess the adequacy of myocardial perfusion such as MBG on coronary angiography, 6 ST-segment elevation recovery on ECG, 42 or MVO on CMR.² MBG can be easily assessed on angiography but is too subjective, and there is substantial inter- and intra-observer disagreement.6 High MBG and ST-segment resolution are not always consistent because of a potential electromechanical dissociation between microvascular blood flow and myocyte function.⁴² Meanwhile, the use of CMR has been increasing because it provides a comprehensive and multifaceted view of the heart, including left ventricular function and volumes, infarct visualization, viability, and MVO.¹⁸ A central hypoenhanced region within a hyperenhanced region corresponds to poor myocardial perfusion as assessed by MVO, which is a poor prognosis-related CMR parameter in patients with STEMI.¹⁹ Despite these advantages of CMR, its use is limited because of the following reasons. First, it is costly. Second, some patients, especially advanced-aged subjects, are not eligible for CMR because of claustrophobia or difficulty in breath-holding. Actually, because of the aforementioned reasons, only 77.5% of the patients underwent CMR in the present study. Fearon, et al. 20,21 reported that IMR obtained immediately after primary PCI can be a novel method for the prediction of left ventricular remodeling and mortality. IMR was also a determinant of myocardial viability as assessed by 18F-fluorodeoxyglucose positron emission tomography.²⁹ McGeoch, et al.²² observed that IMR was higher in patients with MVO on CMR. This corresponds well with our results that IMR was higher in subjects with MVO or MBG 0/1 than those without MVO or with MBG 2/3. Thus, IMR may be a useful semi-quantitative onsite tool to assess the state of myocardial perfusion and to predict mortality after primary PCI for STEMI. ECG or CMR can be used only as a prognostic indicator, whereas IMR may be used as a therapeutic guidance such as nicorandil application³⁵ as well as a prognostic marker.^{20,21,29,35}

There are several limitations in the present study. First, this is a single-centre study involving a small population.

Thus, we could not sufficiently compare clinical and safety endpoints such as mortality and bleeding complications. Second, the study population was highly selective (15.5% STEMIs screened were randomized), that is, high-risk patients such as cardiogenic shock patients were excluded while hemodynamically stable subjects, who presented within 6 h of symptom onset and had a large angiographic thrombus burden, were included. Therefore, our findings cannot be extrapolated to all STEMI patients undergoing primary PCI. Third, 25% of non-anterior MI included in this study may influence the IMR value because IMR may be different according to the extent of myocardial territory. However, the frequency of anterior MI was similar between the groups. Fourth, even though ischemic time was not an independent factor for the prediction of high IMR value, shorter ischemic time would affect better myocardial perfusion status in the combination group. Finally, we did not use an IC infusion catheter to deliver abciximab. Therefore, the drug might have leaked into the aorta or the subtending coronary vessel, resulting in inefficient delivery to the plaque rupture site and corresponding myocardium.

In conclusion, AT followed by a bolus of IC abciximab may be an efficient adjunctive combination therapy to enhance myocardial perfusion in patients with STEMI who presented within 6 h and have a large angiographic thrombotic burden. Onsite measurement of IMR following primary PCI may be useful for the semi-quantitative assessment of the adequacy of myocardial perfusion. A randomized, controlled trial powered for clinical and safety endpoints is required to confirm the benefits of combination treatment using IC abciximab and AT in STEMI.

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