

Doxorubicin-induced cardiotoxicity and risk factors

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ABSTRACT

Doxorubicin (DOX) is an anthracycline antibiotic widely used as a chemotherapeutic agent to treat solid tumours and hematologic malignancies. Although useful in the treatment of cancers, the benefit of DOX is limited due to its cardiotoxic effect that is observed in a large number of patients. In the literature, there is evidence that the presence of various factors may increase the risk of developing DOX-induced cardiotoxicity. A better understanding of the role of these different factors in DOX-induced cardiotoxicity may facilitate the choice of the therapeutic approach in cancer patients suffering from various cardiovascular risk factors.

In this review, we therefore discuss the latest findings in both preclinical and clinical research suggesting a link between DOX-induced cardiotoxicity and various risk factors including sex, age, ethnicity, diabetes, dyslipidaemia, obesity, hypertension, cardiovascular disease and co-medications.

1. Introduction

Cancer is a life-threatening disease characterized by unregulated cell growth and the formation of malignant tumours. In 2020, an estimated 19.3 million people were diagnosed with cancer worldwide and nearly 10 million cancer deaths were recorded [1,2]. There are multiple treatment strategies for cancer that have contributed to steadily decrease its fatality rate since the 1960s [3]. However, following treatment, many cancer survivors may experience significant side-effects of the therapy.

One such treatment is Doxorubicin (DOX), an anthracycline antibiotic frequently used as a chemotherapy for the treatment of solid tumours and hematogenous malignancies [4]. However, its use is limited due to many cancer survivors developing congestive heart failure (CHF) when receiving this treatment [5]. In an Italian cohort of 2625 cancer patients treated with anthracyclines, 9 % of the patients experienced cardiotoxicity with a mean follow up time of 5.2 years (98 % of which occurred in the first year) [6]. Similarly, in a group of patients undergoing anticancer therapy in Spain with a mean follow up of 2 years, 37.5 % of patients experienced cardiotoxicity [7].

An early indicator for DOX-induced cardiotoxicity is a decrease in left ventricular ejection fraction (LVEF) from baseline [8]. The European Society of Cardiology (ESC) defines clinical cardiotoxicity as a 10 percentage (%) point decrease in LVEF from baseline to a value below 50 %

[9]. The American Society of Echocardiography and the European Association of Cardiovascular Imaging define clinical cardiotoxicity as a 10 % point decrease in LVEF from baseline to a value below 53 % and subclinical cardiotoxicity as preserved LVEF with a 15 % reduction in Global Longitudinal Strain (GLS) with/without an increase in serum biomarkers for cardiac injury such as troponin [10]. However, it is important to note that most research studies have used their own definition when referring to cardiotoxicity. Cardiotoxicity can occur at any time during or after treatment and is separated into three classes: acute, early and late onset or chronic cardiotoxicity [9]. Acute cardiotoxicity occurs during treatment and often presents as supraventricular arrhythmias, electrocardiograph (ECG) changes and left ventricular dysfunction [9]. These symptoms usually regress, however it may also progress into early or late cardiotoxicity [11]. Early cardiotoxicity occurs within the first year of treatment while late cardiotoxicity occurs several years later, but both are associated with the development of CHF [9,11,12].

Monitoring left ventricular systolic function with imaging modalities and cardiovascular biomarkers before and after completion of anthracycline based chemotherapy is therefore recommended to detect early myocardial damage (see Table 1). Although several imaging modalities exist, serial monitoring with two-dimensional (2D) echocardiography is routinely used in the clinical setting due to its widespread availability, avoidance of exposure to radiation, ability to obtain haemodynamic

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parameters and to assess cardiac structures [6,13,14]. However, one main challenge with 2D echocardiography is that it is not sensitive enough to detect small changes in LVEF [see review [13]]. 2D Speckle tracking echocardiography to measure myocardial global longitudinal strain (GLS) is a more sensitive method to detect a reduction in myocardial contractility prior to the onset of left ventricular systolic dysfunction [14]. In a population of breast cancer patients receiving an anthracycline based chemotherapy regimen, there was a >10 % reduction in LVEF in 23.3 % of patients at 3 months and in 25.3 % of patients at 6 months, however, LVEF remained above 50 % throughout follow up with no patients diagnosed with cardiotoxicity according to the criterion. On the other hand, a greater than 15 % reduction in GLS was observed in 61.6 % of patients at 3 months, and a relative but significant decrease in GLS in the whole population throughout follow up thus indicating that GLS is more sensitive to detect myocardial injury at an earlier timepoint following treatment [14]. Probing for cardiovascular biomarkers during treatment may assist to identify myocardial injury prior to the onset of changes in left ventricular function and could therefore assist in predicting patients at risk for a subsequent decline in left ventricular function [15]. The cardiac biomarker, high sensitivity troponin I, is released upon myocardial injury early during treatment and has demonstrated to predict a subsequent decline in LVEF [16]. Similarly, the neurohormone N-terminal pro-brain natriuretic peptide (NT pro-BNP) is released from cardiomyocytes in response to expansion and pressure overload [17]. Serum levels of NT pro-BNP increased during anthracycline treatment, an effect that was associated with a decline in left ventricular fractional shortening and ejection fraction [17]. In a different study, serum levels of NT pro-BNP increased prior to a decline in LVEF [18]. In contrast, others observed an increase in cardiac troponins I, T and NT pro-BNP during anthracycline treatment, however it was not related to changes in left ventricular dysfunction [19]. The discrepancies in findings between studies could be related to sample size, differences in the timing of assessment for left ventricular function and the biomarkers or differences in the dosage of anthracycline treatment administered where a higher cumulative dosage would have a stronger biomarker response [19]. Other biomarkers have also been considered including galectin-3, c-reactive protein and myeloperoxidase [15,20]. Galectin-3 is related to cardiac remodelling and fibrosis and c-reactive protein is involved in systemic inflammation. Both were increased in patients receiving anthracycline treatment; however, the effect was not associated with left ventricular dysfunction [15,19]. Similar observations were made with myeloperoxidase, an enzyme

related to oxidative stress, where the serum level of myeloperoxidases increased during anthracycline treatment but was not associated with left ventricular dysfunction [15]. However, patients with baseline levels of myeloperoxidase above the median had more severe myocardial injury after anthracycline treatment [15]. Furthermore, in a meta-analysis, there was no change in serum levels of galectin-3 while myeloperoxidase increased earlier than cardiac troponin I and NT pro-BNP during anthracycline therapy and was associated with an increased risk for cardiotoxicity [21].

Unfortunately, these conventional modalities to detect cardiotoxicity are only positive after damage to the myocardium has already been done. Currently, there is a need to identify patients at risk prior to the onset of any clinical manifestations [see review [22]]. A recent assessment for a biomarker utilizing technology within the omics field shows promise to offer a more targeted approach to identify patients at risk for developing anthracycline cardiotoxicity before and early during treatment [see reviews [22,23]]. Briefly, genomic studies have identified several single nucleotide polymorphisms (SNPs) and microRNAs that are associated with a greater risk for the development of anthracycline-induced cardiotoxicity. In preclinical models, the use of a metabolomic approach has allowed to identify more than 39 metabolites that are able to predict cardiotoxicity earlier than other biochemical or histopathological analysis [see review [22]].

Understanding the mechanisms how DOX targets cancer cells and induces cardiotoxicity is key to ensure its efficacy while protecting patients against the side effects of DOX. As largely reviewed in the literature, DOX kills cancer cells through two main mechanisms. Firstly, by intercalation with deoxyribonucleic acid [24], leading to double stranded breaks and secondly, by topoisomerase inhibition [25,26]. Some mechanisms involved in DOX-induced cardiotoxicity may be distinct from its anti-cancer therapeutic mechanisms while others may overlap [26]. There are two well-theorized mechanisms of DOX-induced cardiotoxicity. Firstly, upon its administration, DOX undergoes one electron reduction producing the reactive oxygen species (ROS), superoxide anion and hydrogen peroxide [27,28]. ROS react with iron (Fe^{2+} and Fe^{3+}) to produce the highly toxic hydroxyl radical promoting oxidative stress causing damage to DNA, proteins and lipids leading to cell death [28,29]. Secondly, DOX increases intracellular iron concentration through inhibiting the iron regulatory protein-1 (IRP-1) [30]. IRP-1 regulates the expression of genes involved in iron metabolism and homeostasis, thus its inhibition leads to increased intracellular iron levels and consequently, oxidative stress [31]. Cardiac tissue has a

Table 1

Current tools available for the early detection of anthracycline cardiotoxicity.

	Measurement	Advantage	Limitation
Imaging modalities			
2D echocardiography	LVEF	Accessible	Sensitivity
	Haemodynamics Cardiac structures	No exposure to radiation	Interobserver variability
3D echocardiography	LVEF	Reduced variability compared to 2D echocardiography	Costly
	Haemodynamics Cardiac structures		Operator dependence Limited availability
2D speckle tracking echocardiography	GLS	Sensitivity Predict subsequent decline in LVEF	Strain packages for different manufacturers vary. Abnormal strain cut off values yet to be standardized.
MUGA scan	LVEF	Reproducibility	Radiation Limited structural and functional information on other cardiac structures.
CMR imaging	LVEF	Reproducible	Costly
	Fibrosis	Characterization of myocardial tissue	Limited availability
	Oedema		
Biomarkers			
Troponin I	Myocardial injury	Sensitivity Reproducible Minimally invasive Availability	Standardization for routine clinical use yet to be determined.

CMR: Cardiac Magnetic Resonance; GLS: Global Longitudinal Strain; LVEF: Left Ventricular Ejection Fraction; MUGA: Multigated acquisition. [Adapted from: [13,16]].

relatively low anti-oxidative defence system which makes it more susceptible to DOX-induced ROS damage compared to other tissues [32]. In addition, DOX itself reduces the expression of anti-oxidative enzymes, glutathione and catalase, further impeding its anti-oxidative defence system and leaving the heart vulnerable to oxidative stress [33]. These two mechanisms are known as the “ROS and iron” hypothesis and are widely believed to be the major causes of DOX-induced cardiotoxicity, although many other mechanisms exist [26] [see review [34]].

Other mechanisms include targeting signalling molecules involved in apoptosis such as the pro-apoptotic gene P53, inhibition of the T-cell survival factor GATA-4 and degradation of the cell cycle regulator p300 [35–38]. DOX upregulates intracellular protein degradation by increasing the activity of the ubiquitin–proteasome system (UPS) causing degradation of essential proteins [39]. The oxidative stress also promotes dysfunction of the mitochondria [40]. This results in mitochondrial swelling and apoptosis, cristae disruption, increased number of lysosomes and chromatin shrinkage [41–44]. Finally, DOX has cardiotoxic mechanisms that overlap with its anticancer functions. For example, DOX causes more severe DNA damage through topoisomerase II α than topoisomerase II β , the former being highly expressed in cancer cells and immature human-induced pluripotent stem cell-derived cardiomyocytes [45,46]. Based on the current understanding of the signalling pathways involved in DOX-induced cardiotoxicity, several cardioprotective intervention strategies are currently explored to mitigate its cardiotoxic effect [see review [47]]. Briefly, modifying the administration of anthracycline chemotherapy which includes lower accumulative dosage, slow infusion, and treatment with liposomal DOX, has demonstrated to be of clinical benefit [48–50]. Concurrent or subsequent treatment with pharmacological therapies such as dexrazoxane, inhibitors of the renin-angiotensin-aldosterone system, beta adrenoceptor blockers are also investigated in clinical trials [19,51–55]. Unfortunately, many clinical trials aiming to reduce or prevent the onset of cardiotoxicity are neutral despite strong preclinical studies, highlighting flaws in the translation from bench to bedside [56,57].

There are well known risk factors associated with the development of

DOX-induced cardiotoxicity, the most common one being cumulative dosage [5]. Adult and paediatric cancer patients are most at risk when cumulative dosage exceeds 400–700 mg/m² and 300 mg/m², respectively [58]. However, subclinical cardiac dysfunction has also been observed at a lower dosage [58]. The method of administration also plays a role, where a greater risk is associated with bolus infusion compared to continuous infusion [59]. Other than the clinical application, there are factors related to the patient profile which act as confounders, increasing susceptibility to DOX-induced cardiotoxicity.

Individuals who bear these risk factors can be considered for other therapies while those who continue to receive DOX will need to be closely monitored to recognize and treat cardiotoxicity. In this mini-review, we therefore discuss important risk factors that may favour the risk of DOX-induced cardiotoxicity, including sex, age, ethnicity, diabetes, dyslipidaemia, obesity, hypertension, cardiovascular disease, and co-medications (Fig. 1).

2. Sex

Sex is a well-known risk factor for cardiovascular diseases in humans. It is estimated that 290 million women and 260 million men live with heart disease globally [60]. Contrastingly, an estimated 9.8 million men died of heart disease in 2019 compared to 9.2 million women [60]. Men also have a higher incidence of cancer worldwide as well as a higher total mortality due to cancer [61]. It is therefore important to consider sex-based susceptibility with cancer treatment as one sex may be more at risk of cardiotoxic effects caused by DOX (see Fig. 2).

Sex hormones are an important mechanism behind these differences since cardiac cells express both oestrogen receptors (ER) and androgen receptors (AR), thus making these cells specifically prone to changes function to the levels of circulating sex hormones [62]. Oestrogen, specifically, has shown cardioprotective effects, in part due to prevention of apoptosis as well as alleviation of left ventricular hypertrophy [63]. Oestrogen modulates a variety of cardioprotective pathways such as the phosphatidylinositol-3-kinase (PI3K) pathway and the

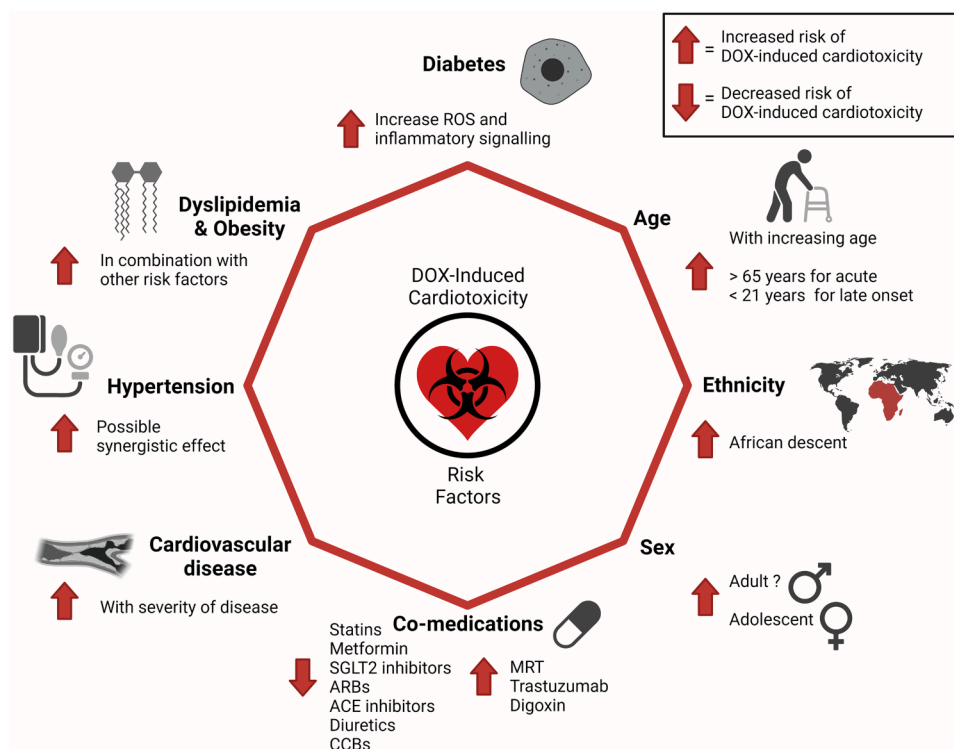


Fig. 1. Major risk factors for DOX-induced cardiotoxicity. Abbreviations: ACE = Angiotensin Converting Enzyme, ARB = Angiotensin Receptor Blockers, CCB = Calcium Channel Blockers, DOX = Doxorubicin, MRT = Mediastinal Radiation Therapy, ROS = Reactive Oxygen Species, SGLT2 = Sodium Glucose Transporter 2.

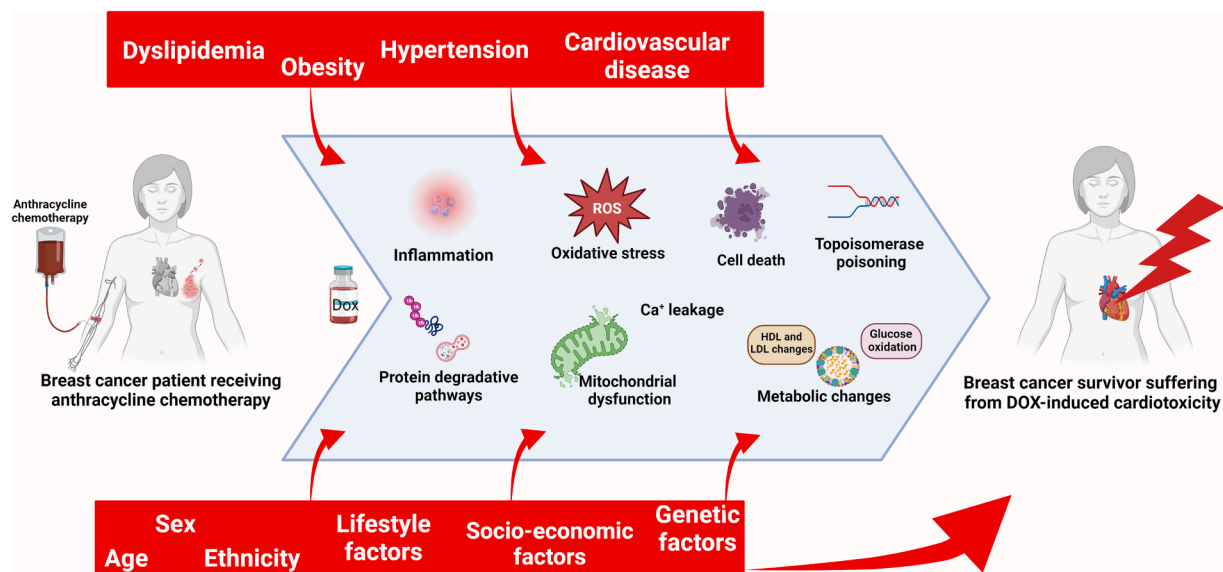


Fig. 2. Signalling pathways targeted by different risk factors in DOX-induced cardiotoxicity.

extracellular signal-regulated kinase (ERK) 1/2 pathway, both involved in apoptosis prevention and improved mitochondrial function [64,65]. Other than sex hormones, differences in health are further influenced by sex-specific lifestyle habits and risk factors such as smoking, diet, stress and alcohol consumption [66]. Additionally, sex-linked genes such as Y-linked DDX3Y and X-linked XIST have also been linked to susceptibility to cardiomyopathies, indicating that genetics may play a further role in sexual dimorphism in DOX-induced cardiotoxicity [67].

Most animal studies investigating the effects of DOX have generally been assessed in male rodents to reduce the variability of results caused by fluctuating oestrogen levels in female rodents [68]. However, DOX induced greater myocardial injury in certain strains of male mice and rats compared to females. Comparing 10 collaborative cross mouse strains receiving 25 mg/kg DOX, the authors observed no changes in susceptibility between sexes in six strains, male susceptibility in three strains and female susceptibility in one strain [69]. Indeed, troponin-T levels, used as a measurement of cardiac injury, were higher in male B6C3F1 mice compared to female mice when cumulative DOX dose exceeded 21 mg/kg [70]. Similarly, LVEF was significantly reduced in male Wistar rats but not in females when DOX was given at a cumulative dose of 14 mg/kg [71]. In addition, male rats had a 50 % mortality compared to no deaths in females [71]. In another adult rat model, male rats had significantly more severe cardiomyopathy scores and myocardial lesions compared to females [72]. Finally, in a study where cumulative dose was 16 mg/kg, female Wistar Kyoto rats were better protected against DOX-induced weight loss, blood pressure increase, cardiac dysfunction, and nephrotoxicity compared to male mice [73]. The majority of evidence suggests that male rodents are more at risk of cardiotoxicity than female rodents.

In rodent studies, there is also strong evidence to support female hormones as role-players in maintaining cardiac function with DOX treatment, particularly after cardiac stress. Female ovariectomised rats treated with a subclinical dose of DOX and subject to cardiac stress in the form of swim training showed divergence from non-ovariectomised rats in maintenance of cardiac function, thus indicating that ovarian hormones may play a role in reducing DOX-induced cardiotoxicity [74]. Similarly the use of oestrogen therapy in ovariectomized rats together with DOX, improved DOX treatment-induced a decrease in ejection fraction [75]. Treatment with oestrogen was also able to prevent the release of B-myosin heavy chain in cardiac tissue, which is known to be expressed in adult hearts during heart failure. In a study examining both male and female gonadectomized mice, the hypertrophic response to

DOX with adrenergic-induced cardiac stress was shown to be reduced in castrated male mice compared to non-castrated males, but no changes were seen in ovariectomized females [76]. Pre-exposure to DOX did not cause any sex-specific changes in cardiac function, but coupled with cardiac stress, DOX caused persistent cardiac atrophy in male mice only, which could not be prevented by gonadectomy, thus illustrating sexually dimorphic responses to DOX cardiotoxicity [76]. A study examining the effect of DOX treatment on cardiac contractile properties in gonadectomized rats showed that oestrogen (but not progesterone) was able to restore contractility in ovariectomized female rats, whereas testosterone was unable to restore contractility in castrated males [77].

Literature exploring sex differences in DOX induced cardiotoxicity in humans is scarce, with very few studies including adult participants. Notably, there is a difference in findings between adult and paediatric cancer patients.

Most studies report young girls being more at risk of cardiotoxicity compared to young boys [78–80]. This increased risk could theoretically relate to the low levels of oestrogen in the female body at a pre-pubescent age [81]. It is also hypothesized that females have a lower clearance of DOX than males due to their higher levels of fat mass since DOX clearance is reduced in obese patients [82,83]. A study analysing 150 children between the ages of 11 weeks and 21 years old treated with DOX, revealed a positive association between the female sex and cardiac dysfunction [78]. The two tests used in this study were resting and exercise gated nuclear angiography, and ECG monitoring of cycle ergometry [78]. A similar study evaluating 106 children diagnosed with DOX-induced cardiotoxicity, positively correlated female sex with a higher risk of cardiotoxicity [79]. This study used patient records to measure heart failure, cardiac-related deaths, and irregular cardiac function [79]. Using mortality records, young girls may be more at risk of death due to cardiotoxicity than boys [80]. Contrastingly, in other paediatric studies, neither sex was a risk factor for DOX-induced cardiotoxicity and in others, adult females were at higher risk [78,84–86]. These differences could be due to the cumulative dosage, grouping of paediatric and adult patients, the number of individuals of each sex in each study or a different definition used to define cardiotoxicity.

In adults, one study reported a positive correlation between male sex and risk of cardiac disease when 77 % of patients received DOX treatment [87]. These data are only partially reliable since baseline rates of heart disease are higher in males than females and can thus skew the results. Furthermore, not all patients in the cohort received DOX therapy and this may possibly interfere with the resultant correlation. Similarly,

141 adult patients with a median age of 54 and a cumulative dose of 300 mg/m² of DOX indicated male sex as risk factor for subclinical cardiomyopathy, which was defined by decreased left ventricular fractional shortening [88]. Finally, a significantly larger proportion of men developed symptomatic HF and experienced cardiac-related deaths compared to women in a larger anthracycline study where 89 % of patients received DOX [89].

In childhood cases of cancer treated with DOX or anthracyclines in females who go on to become pregnant at a later stage, there is evidence to suggest that pregnancy exacerbates cardiovascular dysfunction induced by DOX. A population based-study in Canada has shown a higher risk for the development of heart failure, arrhythmias, valvular disease, pericardial disease, coronary artery disease, or cardiac-related death in patients diagnosed with cancer before the age of 21 when compared to matched controls without previous cancer diagnoses [90]. A study conducted in the Netherlands in survivors of childhood cancer, including 74.4 % of the study population who were treated with DOX at a cumulative mean dosage of 270 mg/m², found that pregnancy caused left ventricular dysfunction with abnormal baseline longitudinal strain, but individuals with normal baseline values had low risk of left ventricular dysfunction during pregnancy [91]. Interestingly, none of the patients with abnormal baseline went on to develop heart failure with pregnancy, echoing the findings of another study in the Netherlands, which showed a low risk of developing peripartum anthracycline-induced congestive heart failure in survivors of childhood cancer [85]. A study conducted in the Middle-East followed a group of 37 cancer survivors, who had received DOX treatment <500 mg/m² in their childhood (at least 2 years prior), through pregnancy [92]. Fractional shortening [93] was used as the defining measure for cardiac dysfunction, and women with normal function at baseline had no change in cardiac function during pregnancy, while those with cardiac dysfunction showed further reduced fractional shortening after pregnancy [92].

In conclusion, most animal studies elucidate a sexual dimorphism related to DOX-induced cardiotoxicity in most mice and rat strains wherein females are protected, and males are more at risk. On the other hand, clinical results allowing for a correlation between sex and disease in humans are limited and further complicated by puberty and lifestyle choices between sexes. If young females may be more at risk of developing cardiac complications than males when treated with anthracyclines, the data obtained in adults are inconclusive. Further large studies are necessary to investigate this correlation which seems to be age dependent [94].

3. Age

Aging is a well-known risk factor for both cardiovascular disease as well as cancer [60,95]. Thus, it would follow that the incidence of DOX-induced cardiotoxicity may also increase with age. However, since the three classes of cardiotoxicity present at different times, it may be that certain age groups will be more at risk of one type of cardiotoxicity than another. For example, acute and subacute DOX-induced cardiotoxicity are more often seen in older cancer patients whereas paediatric patients display acute conditions less frequently but are more prone to late-onset cardiotoxicity [96]. This is because young individuals can incur cardiomyocyte damage with no immediate signs of cardiac dysfunction, but may start to present symptoms as the heart comes under stress with age [97]. Older individuals, on the other hand, have hearts more sensitive to damage and are more likely to suffer soon after or during treatment [98].

Investigating the effect of age on DOX-induced cardiotoxicity is difficult because most publications focus either on paediatric studies or on adult studies, few including both demographics. Furthermore, 8-year or longer follow ups are more common in paediatric analyses and near non-existent in older age groups as many elderly individuals have a limited lifespan due to other health factors. In general, in an animal study, an increase in age was associated with greater oxidative stress,

inflammation, and anti-oxidant activity caused by DOX in a rat model using 72 male rats sorted into three age categories - young, adult, and elderly [99]. This sentiment is echoed in anthracycline clinical trial data which indicates an increased risk of cardiotoxicity with increasing patient age [98,100]. Additionally, increasing patient age has been associated with decreased DOX clearance, resulting in a higher risk of cardiomyopathy [101].

In adult studies, advancing age was a risk factor for subclinical cardiomyopathy when analysing age as a continuous variable in 141 patients with a median age of 54 and a cumulative dose of 300 mg/m² [88]. Supporting this, an increase in age was positively associated with a higher risk of cardiotoxic effects, measured by LVEF, 2 years after therapy involving 613 breast cancer patients [102]. Notably, these results only investigated age as a risk factor in women. Finally, a 3–4 year long DOX-plus-placebo study involving 620 patients of varying ages found an increased incidence of CHF in patients above 65 years old compared to those below [5]. It is also important to remember that the presence of co-morbidities (which may contribute to DOX-induced cardiotoxicity) is increasing when patients become older.

With regard to cancer treatment in children, a follow up study was performed on 115 childhood-cancer survivors where echocardiograms were obtained on average 7.8 years after completion of DOX treatment. The results showed that patients had significantly reduced left ventricular fractional shortening compared to the predicted normal value [103]. This paper, among others, has been cited as evidence that children are at a higher risk of cardiotoxic damage compared to other ages. However, it should be considered that the results were only compared to predicted healthy values and not DOX-treated individuals of other ages. Thus, these results in themselves are not categorically conclusive.

Overall, chances of heart complications are high during treatment, since acute cardiotoxicity is quite common, then decrease shortly after treatment, since subacute cardiotoxicity is rare, and then increase again over time as the likelihood of late-onset cardiotoxicity rises [11,104]. Children are more likely to incur heart complications many years after treatment whereas the elderly, usually those above 65 years old, are more likely to present disease conditions soon after treatment.

4. Ethnicity

Ethnicity is a well-known cardiovascular risk factor with black African individuals being less at risk of coronary heart disease than other races, but more at risk of presenting with ischemic strokes and intracerebral haemorrhages compared to white individuals [105]. On the other hand, black Americans have a higher mortality rate due to heart disease than all other ethnic groups [106]. Similarly, black women in the USA have a two-fold higher rate of chronic hypertension compared to white women [106]. Differences between countries may suggest socioeconomic reasons rather than ethnicity per se. When exploring the role of ethnicity in DOX-induced cardiotoxicity, it is also key to keep in mind that the physiology and the pathophysiology of cardiovascular disease may differ according to ethnicity [107,108].

Studies separating individuals into groups based on ancestry can give insight into ethnicity as a risk factor. Comparing 100 African American patients receiving DOX with 399 DOX-treated patients of unknown age and racial distribution, a significantly increased incidence of cardiotoxicity in the African American patients for all doses of DOX (from 450 mg/m² to 600 mg/m²) compared to the randomized study population was observed [109]. Similarly, an increased risk factor for DOX-induced cardiotoxicity was observed in African Americans compared to non-African individuals [79]. Furthermore, cancer survivors of African ancestry had an increased risk of cardiomyopathy compared to those of European ancestry [110]. Recently, a large cohort of 1084 cancer survivors treated with anthracyclines highlighted a higher incidence of HF in non-Hispanic blacks, Hispanics and Asians compared to the non-Hispanic white patients [111]. Outside of Western studies, a multi-ethnic Asian study reported that patients of Chinese ethnicity treated

with anthracyclines had a significantly lower preponderance of cardiotoxicity compared to individuals from the combined group composed of Malay, Indian, Caucasian and foreign national patients [112].

In summary, all current studies suggest that individuals of African ancestry appear to be more likely to suffer from DOX-induced cardiotoxicity compared to other races while Chinese patients may be at a lower risk compared to other races. It is important to note that these correlations have not yet been linked to genetic studies and it is possible that different socio-economic, factors may explain part of these findings [113].

5. Diabetes

Diabetes is a chronic condition characterized by abnormally high blood glucose levels [114]. Diabetes is significantly related to other diseases with an increased risk of both cancer and cardiovascular diseases in diabetic patients [115]. Diabetes can result in diabetic cardiomyopathy, which is characterised by the presence of cardiac dysfunction in diabetic patients in the absence of other risk factors such as hypertension and cardiovascular disease [116]. This condition is caused by a number of factors including diastolic and systolic stress on diabetic hearts as a result of mitochondrial dysfunction, inflammation, lipotoxicity, and cardiomyocyte apoptosis (amongst others) [117]. This predisposition to cardiomyopathy in diabetic individuals may suggest that diabetic patients could be at a higher risk for developing DOX-induced cardiotoxicity, in which case this treatment strategy should be carefully considered for diabetic cancer patients.

Indeed, experimental models highlight that diabetes can aggravate DOX-induced cardiotoxicity. Interestingly, DOX promotes hyperglycaemia and insulin resistance in non-diabetic Wistar rats [118]. Surprisingly, diabetes in db/db mice does not exacerbate this insulin resistance caused by DOX [119]. However, DOX upregulated pro-inflammatory signalling and downregulated anti-inflammatory signalling in diabetic rat muscle compared to non-diabetic rat muscle [119]. Db/db mice also had an increased mortality rate and a decreased in cardiac contractile function compared to db/+ non-diabetic mice [120]. This is likely attributed to the increase in ROS generated by DOX, leading to the activation of pro-inflammatory molecules such as the signalling factor Nuclear Factor kappa-light-chain-enhancer of activated B cells (NFκB) [119,120].

Supporting the findings of animal studies, in a recent meta-analysis study including 7488 patients, diabetes was associated with an increased risk of anthracycline-induced cardiac toxicity. Similarly, patients with diabetes have an increased risk of HF after DOX treatment compared to non-diabetic patients [121]. It is suggested that type 2 diabetes is a significant predictor of late-onset DOX-induced HF but not early-onset HF [122].

Interestingly, DOX-induced cardiotoxicity modulates many signalling pathways common to diabetes [123]. DOX inhibits peroxisome proliferator activated receptor gamma (PPAR γ) and causes lipotoxicity in cells. PPAR γ is known to relieve hyperglycaemic and high lipid conditions in diabetes as well as increasing insulin sensitivity, thus DOX inhibiting this pathway would create an excess of lipids causing lipotoxicity [124]. Much like diabetes, DOX is also known to decrease mitochondrial copy number and to reduce mitochondrial function [125]. In addition, DOX treatment reduces body weight, raises blood glucose, and serum lipid levels, effects which are also observed in patients with type II diabetes. As a result, lipotoxicity and any toxic effects caused by the abnormal metabolic state of the diabetic patient may be worsened by DOX. Additionally, it is proposed that diabetic patients would be pre-disposed to oxidative and inflammatory damage due to certain upregulated genes such as S100A8 and S100A9 which are biomarkers of inflammation that are upregulated in cardiovascular diseases [120,126].

In summary, diabetes is likely a confounding factor for DOX-induced cardiotoxicity. The mechanism behind this predisposition is not yet fully

elucidated but may involve, at least in part, an increase in lipotoxicity, hyperglycaemia, and mitochondrial damage caused by both DOX and diabetes. More research is necessary regarding the mechanisms underlying diabetes as a confounding factor for DOX-induced cardiotoxicity as this may benefit the management of diabetic patients receiving DOX.

6. Dyslipidaemia

Dyslipidaemia, defined as an abnormal level of cholesterol or fats in the blood, is a significant risk factor for cardiovascular disease [127]. Dyslipidaemia can result in the build-up of plaques in vessels, thus predisposing individuals to ischemic events [128]. Cancer itself can shift a patient's lipid profile by decreasing high density lipoprotein (HDL) and increasing low density lipoprotein (LDL) plasma levels, leading to an increased risk of atherosclerosis [129]. DOX is also known to induce dyslipidaemia in patients post-treatment [130]. As a result, concomitant therapies of hypolipidemic drugs are often envisaged [124,131].

A Sri Lankan study has reported dyslipidaemia to be a predictor of subclinical cardiotoxicity defined as a >10 % decrease in ejection fraction, 6 months after completion of anthracycline therapy [132]. The ANTEC study is an ongoing trial that aims to assess the prognostic value of coronary atherosclerotic lesions and the calcium score on CT scan prior to anthracycline chemotherapy for the occurrence of cardiotoxicity [133]. Hyperlipidaemia has however, been investigated in studies combining other cardiovascular risk factors, including hypertension and diabetes, suggesting that these patients had an increased risk of developing HF induced by anthracyclines compared to those with none of these risk factors [134]. In addition, having all three of these risk factors compounded the risk of HF, indicating that dyslipidaemia contributes to cardiac sensitivity when in combination with hypertension and diabetes [134]. However, dyslipidaemia was not analysed as a solitary risk factor [134].

In summary, although very little data are present in the literature, it is likely that dyslipidaemia will further enhance anthracycline-induced cardiotoxicity.

7. Obesity

Obesity is clinically defined as an unhealthy state of excess body fat. In 2016, 13 % of adults were considered obese globally [135].

Animal models use different diets to test the effect of obesity on DOX-induced cardiotoxicity. A moderately restricted diet in Sprague-Dawley rats showed protection against DOX-induced cardiotoxicity compared to a high fat, obesity-inducing diet which increased sensitivity to cardiotoxicity [136]. This study also reported that the moderate diet increased signalling in the Janus-kinase/signal transducer and activator of transcription 3 (JAK/STAT3) signalling, a well-known cardioprotective pathway [136]. However, this evidence could point to the contribution of diet to DOX-induced cardiotoxicity rather than the contribution of obesity itself since different diets are known to contribute to heart disease independently of body mass index (BMI) [137]. Overweight C57BL/6 mice have also shown systolic dysfunction 20 days after DOX administration compared to normal mice who presented with no dysfunction at the end of the treatment [138].

In humans, a meta-analysis of 15 studies involving anthracycline-treated breast cancer patients reported that obesity or being overweight were strongly associated with cardiotoxicity [139]. However, these results were not able to exclude obesity-related risk factors such as diabetes and pre-existing heart conditions. It is likely that obesity and being overweight contribute to DOX-induced cardiotoxicity through a variety of mechanisms, including, but not exclusive to, diabetes and hypertension. Later, the same group investigated 929 patients receiving anthracyclines, and found a significant association between obesity and cardiotoxicity independent of related risk factors [140]. However, only 7 % of these patients received DOX. The remaining 93 % received other anthracyclines such as epirubicin. A recent large-scale meta-analysis

including patients receiving anthracycline chemotherapy, highlighted that obesity was a risk factor for cardiotoxicity while being overweight was not associated with cardiotoxicity [141]. Others found no significant contribution of a BMI over 25 towards cardiotoxicity [102]. Finally, one study measured body fat percentage using X-ray absorptiometry in DOX-treated children and found that doxorubicinol clearance, the major metabolite of DOX, was decreased in children with a body fat percentage above 30 [142]. Two details should be noted from this study: firstly, DOX clearance itself was not significantly different between body fat percentage groups and secondly, 4 out of 6 individuals with a body fat percentage above 30 were, in fact, in the normal BMI range [142]. This data suggest that body fat percentage, and not BMI, may affect DOX pharmacokinetics. Fat cells known as adipocytes directly correlate with body fat percentage and are hypothesized to have dysregulated release of cytokines in obese individuals [143]. These adipokines have been shown to be protective against DOX cardiotoxicity in mice, perhaps illuminating a reason for the increased susceptibility in obese mice [143].

In conclusion, obesity is a risk factor for DOX-induced cardiotoxicity, both on its own and in combination with other comorbidities. Notably, BMI may be an inaccurate assessment tool, that has been questioned by researchers for years [144,145]. A more reliable way to assess the risk of DOX-induced cardiotoxicity in obese individuals might be to take further measurements where possible such as body fat percentage and adipokines level.

8. Hypertension

High blood pressure or hypertension is a common condition which severely increases the risk of many diseases, including heart disease [60]. Both experimental and clinical studies suggest that pre-existing hypertension could potentially increase susceptibility to DOX-induced cardiotoxicity.

Spontaneous hypertensive rats treated with DOX presented with changes in cardiac electrical activity, a greater weight loss, decreased systolic blood pressure, greater cardiac lesions and mortality compared to normotensive rats [146,147]. Similar findings were reported in 73 breast cancer patients receiving varying doses of DOX with pre-existing arterial hypertension that positively correlated with left ventricular systolic dysfunction 6 months after treatment [148]. Hypertension was found to be a significant risk factor for both early- and late-onset cardiotoxicity in 1153 American patients with more than 90 % of these patients receiving a cumulative dose above 250 mg/m² [122]. In a retrospective study involving 58,541 Korean patients receiving DOX, 2324 of whom went on to be diagnosed with DOX-induced HF, hypertension was found to be a predictor of HF [149]. A recent systematic study screening 1330 papers, highlighted that adult patients with elevated blood pressure have an increased vulnerability to cardiotoxicity related to anthracyclines [150].

In summary all data suggest that hypertension is a significant risk factor for DOX-induced cardiotoxicity. The mechanism behind this is likely due to early damage and stress placed on the heart by hypertension prior to treatment, predisposing individuals to further damage, but thorough investigation has yet to confirm this.

9. Pre-existing cardiovascular diseases

If DOX treatment leads to cardiovascular diseases in many individuals, there is evidence in the literature supporting that pre-existing cardiovascular disease may worsen the effects of DOX-induced cardiotoxicity [151].

Pre-existing cardiac disease, defined as patients with two or more records of ischemia, atherosclerosis and/or other heart disease, was shown to increase the risk of CHF in DOX-treated cancer patients compared to individuals with no cardiac comorbidities [121]. Similarly, cardiac hospitalization (CH) before cancer diagnosis, was the largest

predictor of CH within ten years after DOX treatment [87]. In contrast, pre-existing coronary heart disease showed no significant contribution towards cardiotoxicity two years after DOX treatment in a cohort of 613 breast cancer patients [102]. Similarly, patients with latent atherosclerosis did not have an increased risk of chemotherapy-induced cardiotoxicity [152]. However, in this latest study, very few breast cancer patients received DOX as a treatment as most patients received trastuzumab, possibly interfering with the correlation between DOX-induced cardiotoxicity and atherosclerosis [152]. Contradicting data could be attributed to the different types and severities of pre-existing heart disease in each case.

In summary, the severity and nature of pre-existing cardiovascular disease are likely to influence the possible side effect of DOX treatment. Severe conditions such as a history of ischemia, heart attacks and strokes would need to be weighed carefully when considering DOX as a treatment whereas latent or underlying conditions may interfere less with the treatment.

10. Co-medications/co-treatments

Many cancer patients treated with DOX often receive multiple therapies which may interfere with DOX and its side effects. Trastuzumab, mediastinal radiation therapy (MRT) and diclofenac sodium are example of drugs that may affect patients treated with DOX.

Trastuzumab is an antibody for the human epidermal growth factor receptor-2 (HER-2), a receptor which precipitates a survival signal in both cancer cells and cardiomyocytes. It is often used in cancer therapies to block this signalling pathway and reduce tumorigenic activity [153]. However, this pathway is also involved in cardioprotection. When trastuzumab was first approved by the Food and Drug Administration (FDA) in 2001, it was warned against using it with any anthracyclines, DOX included. This is because one of the trials for the drug showing a 4-fold increase in CHF in patients receiving the drug concomitantly with anthracycline therapies compared to either drug on its own [154]. This was confirmed in a recent retrospective study where trastuzumab was associated with a higher risk of DOX-induced cardiotoxicity [102]. Trastuzumab may exacerbate the cardiotoxic effects of anthracycline chemotherapy mainly through interfering with the cell survival signalling pathways in relation to HER2 [see review [155]]. Binding of trastuzumab on cardiomyocytes HER2 receptors prevents the activation of downstream cell survival pathways in response to DOX-mediated ROS production [156,157] thus potentiating DOX-mediated ROS production, oxidative stress and ultimately cardiomyocyte death. DOX in combination with trastuzumab further upregulates the expression of angiotensin II (ANG II), an inhibitor of NRG-1, a protein downstream of HER2 [158]. ANG II further activates NADPH oxidases within cardiomyocytes, increasing ROS production with subsequent oxidative stress and apoptosis [159]. In addition to inhibiting HER2 mediated cell survival signalling and promoting oxidative stress, trastuzumab alone or in combination with DOX further demonstrated to downregulate topoisomerase II β (topII β) [160].

MRT is a common anti-cancer therapy, often accompanying DOX therapy. Notably, patients receiving both treatments had an increased incidence of cardiac hospitalizations over a 10-year period compared to those receiving DOX alone [87,161].

Digoxin is a cardiac glycoside drug used to treat heart disease symptoms such as atrial flutters and HF. Similarly to MRT, digoxin increased myocardial damage in rabbits when administered with DOX compared to either on its own [162]. Contrastingly, recent experiments conducted in mice and zebrafishes showed that digoxin may, in fact, reduce the cardiotoxicity caused by DOX [163]. This possible interaction therefore requires further investigation.

Other drugs given to the patients who are treated for other comorbidities such as hypertension and diabetes may also interfere with DOX-induced cardiotoxicity (see Table 2). Metformin improves the cancer-killing activity of DOX and there are convincing preclinical data

Table 2
Animal studies testing the effect of co-mediations on DOX-induced cardiotoxicity.

Drug/medication	Drug concentration	DOX concentration	Animal	Study length from first dose of DOX	Outcomes	Reference
Digoxin	50ug/kg/d	12 mg/kg once	Wistar rats	7 days	Digoxin + DOX treated rats had a lower systolic volume and left ventricular volume in diastole compared to rats treated with DOX alone.	[204]
Atorvastatin	20 mg/kg/d	5 mg/kg/w for 4 weeks	Male C57BL/6 mice	6 weeks	Atorvastatin with DOX increased LVEF and Survivin levels compared to mice treated with DOX alone.	[177]
Atorvastatin	20 mg/kg/d or 40 mg/kg/d	5 mg/kg/w for 4 weeks	Male C57 mice	4 weeks	Atorvastatin increased TFEB, reduced myocardial fibrosis and enhanced lysosome function in mice receiving DOX alone.	[160]
Lovastatin	10 mg/kg/d for 5 or 10 days	1 × 10 mg/kg	Male and female Balb/c mice	5–10 days	Lovastatin attenuated cardiomyocyte damage caused by DOX and raised CK-MB and LDH levels compared to the mice receiving DOX alone.	[205]
Lovastatin	3 mg/kg 3× per week for 3 months	3 mg/kg/w for 5 weeks	Female C57BL/6 mice	3 months	Treatment with Lovastatin in DOX treated mice protected mice from a decrease in left ventricular posterior wall diameter with no change in ejection fraction. Lovastatin treatment also mitigated a decrease in mRNA levels of heat shock protein Hspa1b.	[206]
Fluvastatin	6/mg/kg/d for 7 days	3 × 7.5 mg/kg	Male and female Sprague Dawley rats	1 week	Fluvastatin reduced the decrease in iNOS, eNOS, NF-κB and caspase 3 caused by DOX treatment.	[179]
Fluvastatin	100 mg/kg/d for 9 days	20 mg/kg once	Male and female C57BL/6 mice	5 days	Co-treatment of DOX with Fluvastatin increased LV pressure and SOD activity compared to DOX treatment alone.	[207]
Metformin	250 mg/kg/d for 7 days	15 mg/kg once	Male Wistar rats	2 days	Pre-treatment with Metformin protected against an increase in LDH, CK-MB, caspase 3 and cardiac MDA associated with DOX treatment. Metformin pre-treatment also increased SOD activity in cardiomyocytes compared to DOX alone.	[166]
Metformin	500 mg/kg/d for 7 days	20 mg/kg twice	Male Wistar albino rats	6 days	Treatment with Metformin + DOX resulted in lower caspase 3 and TNF-α levels compared to DOX alone.	[167]
Metformin	250 mg/kg for 14 days	6 × 3 mg/kg	Female Sprague Dawley rats	2 weeks	Metformin reduced troponin T levels and cardiomyocyte damage caused by DOX.	[165]
Metformin	50 mg/kg/d or 500 mg/kg/d for 11 days	6 × 3 mg/kg	Male Wistar albino rats	10 days	Co-treatment of Metformin with DOX returned glutathione levels to normal or above normal and reduced cardiomyocyte injury observed with DOX alone.	[168]
Metformin	250 mg/kg/d for 14 days	4 × 4mg/kg	Male Wistar albino rats	2 weeks	Metformin protected against reduction in LVEF and cardiomyocyte apoptosis caused by DOX alone	[164]
Valsartan (ARB)	15 mg/kg/d for 28 days	5 mg/kg/w for 4 weeks	C57BL/6J mice	4 weeks	Valsartan + DOX significantly improved LVEF, reduced cardiac inflammation and myocardial apoptosis compared to DOX alone. Valsartan + Tolvaptan was more effective in restoring cardiac function against DOX cardiotoxicity compared to Valsartan alone.	[181]
Valsartan (ARB)	Sacubitril/Valsartan 60 mg/kg/d for 42 days	3 × 15 mg/kg/w	Male Sprague-Dawley rats	6 weeks	Valsartan/Sacubitril significantly reduced cardiomyocyte apoptosis and cardiac dysfunction caused by DOX and downregulated related proteins (BAX, caspase 3, GRP78, PERK)	[184]
Valsartan (ARB)	31md/kg/d for 18 days	10 × 1.5 mg/kg/d	Male Sprague-Dawley rats	18 days	Valsartan did not significantly change troponin T levels or ROS compared to DOX group.	[183]
Enalapril (ACE inhibitor)	60 mg/ml in drinking water every other week	15 mg/kg once or 4 mg/kg/w for 5 weeks	Male C57BL/6J mice	9 weeks	Enalapril protected against DOX induced cardiac dysfunction (LV volume) and cardiomyocyte atrophy in the chronic model (5 × 4 mg/kg/w) but not in the acute model (1 × 15 mg/kg).	[189]
Lisinopril (ACE inhibitor)	1 mg/kg/d for 7 days	2 mg/kg	Female New Zealand white Rabbits	24 weeks	Lisinopril reduced the loss of cardiomyocytes caused by DOX treatment and decreased ANP in the LV.	[191]
Captopril + Enalapril (ACE inhibitors)	10 mg/kg/d Captopril + 2 mg/kg/d Enalapril for 7 days	1 × 15 mg/kg	Male rats	30 hours	Pretreatment with ACE inhibitors reduced TBARS concentration in the heart and ameliorated the inhibition of SOD and LDH activity caused by DOX treatment.	[188]
Enalapril (ACE inhibitor)	10 mg/kg/d for 70 days	4.17 mg/kg/w for 6 weeks	Female Sprague-Dawley rats	9 weeks	Enalapril significantly attenuated the decrease in LV contractility and abolished DOX-induced increase in free radical formation.	[190]

(continued on next page)

Table 2 (continued)

Drug/medication	Drug concentration	DOX concentration	Animal	Study length from first dose of DOX	Outcomes	Reference
Fosinopril (ACE inhibitor)	25 mg/kg/d for 28 days	6 × 2.5 mg/kg	Male Sprague-Dawley rats	2 weeks	Fosinopril attenuated increased in both heart and LV weights induced by DOX treatment and lowered LDH and AST activity. Fosinopril also prevented DOX-induced decreases in Ca ²⁺ uptake in LV sarcoplasmic reticulum.	[192]
Mebudipine + Amlodipine (Calcium channel blockers)	0.5 mg/kg/d Mebudipine + 0.35 mg/kg/d amlodipine for 14 days	6 × 2.5 mg/kg	Male Wistar rats	43 days	Mebudipine and amlodipine reversed the increased plasma BET-1, AST, CK-MB, and LDH caused by DOX treatment.	[199]
Spirolactone (Potassium-sparing diuretic)	40 mg/kg/d for 14 days	10 mg/kg/d for 14 days	Male Sprague-Dawley rats	2 weeks	Spirolactone attenuated the decrease in LVEF and fractional shortening FS as well as the increase in cardiac fibrosis, apoptotic cell number, and cardiac collagen volume fraction caused by DOX treatment.	[208]
Empagliflozin (SGLT2 inhibitor) + Furosemide (Loop diuretic)	10 mg/kg/d empagliflozin or 20 mg/kg/d furosemide for 35 days	5 mg/kg/w for 5 weeks	Male C57Bl/6 mice	6 weeks	Empagliflozin attenuated a decrease in LVEF, longitudinal shortening and circumferential strain and decreased myocardial fibrosis associated with DOX treatment. Furosemide did not have any effect.	[173]
Hydrochlorothiazide (Diuretic)	10 mg/kg/d for 7 days	3 mg/kg/w for 5 weeks	Wistar albino rats	30 days	Co-treatment of DOX with Hydrochlorothiazide increased SOD and catalase activity and decrease TBARS levels compared to DOX alone.	[196]
Nifedipine (Calcium channel blocker)	10 mg/kg/d for 14 days	3 × 6 mg/kg	C57Bl/6 mice	2 weeks	Nifedipine reduced DOX-induced cardiomyocyte injury and apoptosis as well as reduced phosphorylation of CaMKII and NF-κB.	[201]
Verapamil (Calcium channel blocker)	25 mg/kg/d for 12 days	12 × 5 mg/kg	Male Swiss albino mice	4 weeks	Verapamil reduced DOX-induced cardiotoxicity through decreased levels of TNF-α and malondialdehyde in heart tissues coupled with decreased serum activity of CK-Mb and LDH.	[200]
Dapagliflozin (SGLT2 inhibitor)	1 mg/kg/d for 14 days	6 × 2.5 mg/kg	Male Sprague-Dawley albino rats	15 days	Co-treatment of DOX with Dapagliflozin significantly reduced plasma cardiac troponin T, pro-BNP and TNF-α levels compared to DOX alone.	[174]
Empagliflozin (SGLT2 inhibitor)	10 mg/kg/d for 10 days	7 × 2.17 mg/kg/d	Female C57Bl/6 mice	1 week	Co-treatment of DOX with Empagliflozin increased EF and prevented the reduction of radial and longitudinal strain compared to DOX alone. Empagliflozin also reduced expression of pro-inflammatory cytokines, NLRP3, MyD88 and NF-κB in the heart.	[172]
Empagliflozin (SGLT2 inhibitor)	10 mg/kg for 7 days	7 × 2.57 mg/kg/	Male Sprague-Dawley rats	2 weeks	Co-treatment of DOX with empagliflozin lowered LVEDD and LVESD and infiltrative cell proliferation while increasing normal cell morphology and LVEF compared to DOX alone.	[24]

ACE = angiotensin converting enzyme; ARB = angiotensin receptor blocker; AST = aspartate amino transferase; CaMKII = Ca²⁺/calmodulin-dependent protein kinase II; CK-MB = creatine kinase myocardial band; DIC = DOX-induced cardiotoxicity; DOX = doxorubicin; eNOS = endothelial nitric oxide synthase; iNOS = inducible nitric oxide synthase; LDH = lactate dehydrogenase; LVEDD = left ventricular end-diastolic diameter; LVEF = left ventricular ejection fraction; LVESD = left ventricular end-systolic diameter; MyD88 = Myeloid differentiation primary response 88; NF-κB = nuclear factor kappa-B; NLRP3 = NLR family pyrin domain containing 3; pro-BNP = pro b-type natriuretic peptide; ROS = reactive oxygen species; SGLT2 = sodium/glucose transporter 2; SOD = superoxide dismutase; TBARS = thiobarbituric acid reactive substances; TFEB = transcription factor EB; TNF-α = Tumour necrosis factor alpha.

suggesting that it may also reduce its cardiotoxicity. In rodents, Metformin alleviates LVEF reduction and cardiomyocyte damage caused by DOX [164,165]. Cellular mechanisms affected by metformin during DOX treatment include increasing antioxidants glutathione and superoxide dismutase [165–168].

Other drugs used in treatment of diabetes are sodium-glucose cotransporter-2 (SGLT2) inhibitors. Randomized control trials highlight a cardioprotective role of these drugs in non-chemotherapeutic patients [169–171]. Current animal studies using the specific SGLT2 inhibitors empagliflozin and dapagliflozin indicate that these drugs can limit myocardial fibrosis and improve LVEF in the presence of DOX [24,172–174]. This benefit was associated with reduced cellular expression of markers of cardiac injury and inflammation such as NLR family pyrin domain containing 3 (NLRP3), NF-κB and troponin T. The protective effects of SGLT2s are possibly related to their reduction of intracellular calcium and antioxidant properties [175–178].

Statins such as atorvastatin, lovastatin and torvastatin have all been shown to reduce DOX-induced cardiotoxicity in mice at concentrations

ranging from 3 mg/kg to 20 mg/kg (Table 2). While receiving the treatment prior and post-DOX has been shown to prevent cardiac damage associated with DOX, it is suggested that the prophylactic treatment is more effective [179]. The mechanism behind this protection is thought to relate to the anti-apoptotic, anti-inflammatory and antioxidant activities of the drugs [177,179]. A retrospective study conducted in the USA suggests that co-treatment of statins with anthracyclines reduced hospitalization due to HF [180]. In contrast, a double-blind, randomized placebo study reported that atorvastatin did not affect the decline in LVEF consecutive to the DOX treatment [56]. Larger clinical trials are required to confirm the benefit of statins against DOX-induced cardiotoxicity.

Valsartan is an angiotensin receptor blocker commonly used in patients suffering from hypertension, heart failure and diabetic kidney disease [181]. In rodents, valsartan improves cardiac function in DOX-treated animals while others suggest that Valsartan alone is not enough to alleviate chemical damage caused by DOX [182,183]. Indeed, valsartan, when given in combination with other drugs such as sacubitril

and tolvaptan, significantly reduced cardiac damage caused by DOX [181,182,184]. Several clinical trials have confirmed the efficacy of sacubitril/valsartan in alleviating DOX induced HF by reducing LVEF when given during and after treatment with anthracyclines [93,185,186].

Angiotensin Converting Enzyme (ACE) inhibitors may also benefit cancer patients treated with anthracyclines. Randomized control studies have reported ACE inhibitors to reduce cardiotoxicity induced by chemotherapy, indicating the potential of these drugs to protect against DOX-induced cardiotoxicity [20,53,187]. Rodent studies using the ACE inhibitors enalapril, lisinopril, captopril, and fosinopril have identified possible preventative protective effects of these drugs against DOX-induced cardiotoxicity [188–192]. Clinical studies have led to mixed results. For example, in a randomized control study with a follow up period of 26 months, patients receiving enalapril with DOX or daunorubicin showed better outcomes in terms of cardiac biomarkers and reduction in LVEF compared to controls [193]. A multi-study cohort, with a maximum follow-up of 21 months reported no difference in LVEF or risk of new heart failure diagnosis when an ACE inhibitor was given in patients receiving anthracycline therapy [194]. More studies with longer follow up would be helpful to assess the effect of ACE inhibitors on chronic cardiotoxicity in DOX patients.

Diuretics are another first-line treatment for hypertension. In animals, eplerenone and furosemide showed no beneficial effect against DOX-induced cardiotoxicity [173,189]. On the other hand, co-treatment of DOX with spironolactone in rodents showed promising reduction in cardiac biomarkers and an improvement in physical outcomes [195,196]. In clinical studies, spironolactone protected against reduced LVEF caused by DOX treatment compared to controls [197]. Of important note, hypertensive patients receiving DOX and thiazide diuretics had higher prevalence of HF compared to patients receiving renin angiotensin system inhibitors and calcium channel blockers (CCBs) [198].

In rodent studies, mebudipine, amlodipine, nifedipine and verapamil were all protective against DOX-induced cardiotoxicity [199–201]. This protective mechanism most likely relates to DOX's mechanism of increasing intracellular calcium by inhibiting sodium-calcium exchange channels and increasing calcium channel activity, ultimately leading to increased ROS, apoptosis and inflammation [see review [202]] [203]. Calcium channel blockers interact with this pathway, reducing intracellular calcium and presumably restoring some cellular functions by reducing ROS, apoptosis and inflammation.

In summary, trastuzumab and MRT appear to worsen DOX-induced cardiac damage while diabetic treatments metformin and SGLT2 inhibitors as well as lipid lowering statins reduce cardiac damage caused by DOX treatment. Hypertensive treatments including ARBS, ACE inhibitors diuretics and CCBs appear to have a protective effect against DOX-induced cardiotoxicity, it would be interesting for future studies to compare between these groups as some may be more protective than others. Finally, digoxin may worsen cardiotoxicity caused by DOX but additional studies are required to confirm these findings.

11. Conclusion

There is convincing evidence in the literature that many factors increase the risk of DOX-induced cardiotoxicity, although the mechanisms involved, and the degree of interaction is often unclear (Fig. 1).

Factors such as sex, age and ethnicity are the most complex to study. However, there is ample evidence to indicate that female sex is a risk factor in childhood. Aging positively correlates with increased risk of DOX-induced cardiotoxicity. While evidence suggests that individuals of African descent are more at risk of DOX-induced toxicity than others, whether this is due to genetic or social factors needs to be confirmed. Health complications such as diabetes, hypertension, dyslipidaemia, obesity, and cardiovascular disease are all likely candidates for risk factors of DOX-induced cardiotoxicity. Overall, knowledge on the effect

of multiple factors that can increase the risk for DOX-induced cardiotoxicity are very valuable to favour a personalized approach in the treatment regime of breast cancer patients, with the aim to maximize the chances of recovery of the cancer patients while minimizing the risk of side-effects of the therapy.

12. Ethics approval and consent to participate

Not applicable.

13. Consent for publication

Not applicable.

Credit authorship contribution statement

Carl Belger: Conceptualization, Writing – original draft, Writing – review & editing. **Carmelita Abrahams:** Conceptualization, Supervision, Writing – review & editing. **Aqeela Imamdin:** Writing – review & editing. **Sandrine Lecour:** Conceptualization, Funding acquisition, Supervision, Validation, Writing – review & editing.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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